



Lakeland Trails 2023 Sport Trail 5k Series Championships



Pos	Name	Gender	Age Cat	Club	Staveley	Keswick	Cartmel	Helvellyn	TOTAL
1	Sophie Mitchell	f	U16		998	995	998	996	3987
2	Caroline Bowsher	f	FV 60		959	941	952	938	3790
3	Florrie Haddow	f	U16	Furness Fell Runners	0	989	989	989	2967
4	Eve Hollowbread	f	U16	Durham City Harriers	0	974	985	984	2943
5	Nicola Joyce	f	FV 50		982	0	961	941	2884
6	Mary Bloye	f	FV 60		966	0	953	940	2859
7	Lynn Bennett	f	FV 50		946	0	946	937	2829
8	Angela Bell	f	FV 50		0	939	949	935	2823
9	Zander Gribbon	m	U16	New Marske Harriers	1000	0	0	1000	2000
10	Robbie Temple	m	U16		0	1000	1000	0	2000
11	Charlie Barnes	m	U16		0	998	0	999	1997
12	Will Brayshaw	m	U16	Kendal AAC	997	0	999	0	1996
13	Keir Gardner-Aston	m	U16	Helm Hill Runners	999	996	0	0	1995
14	Jos Robson	m	U16	Westhill park	995	997	0	0	1992
15	Eve Briffett	f	U16	Lancaster and Morecambe Athletics Club	996	992	0	0	1988
16	Freddie Parslow	m	U21	Helm Hill	992	0	992	0	1984
17	Isaac Heap	m	U16		989	0	0	993	1982
18	Andrea Counce	f	FV 40		987	0	982	0	1969
19	Eloise Temple	f	U16		0	981	987	0	1968
20	Joshua Shaw	m	U21		981	0	980	0	1961
21	Ian Johnson	m	MV 50	Stainland Lions Running Club	0	987	0	974	1961
22	Craig Miller	m	MV 50		0	986	0	973	1959
23	Jemima Oboyle	f	U21	St Gregory's High School	983	0	0	972	1955
24	Lisa Shaw	f	FV 40		978	0	974	0	1952
25	Chris Simmons	m	MV 40		0	968	0	968	1936
26	Sam Morris	m	U16		0	0	971	959	1930
27	James Morris	m	MV 40	Keswick AC	0	0	970	957	1927
28	James Whiston	m	U16		0	957	966	0	1923

Pos	Name	Gender	Age Cat	Club	Staveley	Keswick	Cartmel	Helvellyn	TOTAL
29	Philip Whiston	m	MV 40		0	954	962	0	1916
30	Jane Mooney	f	FV 40		960	0	954	0	1914
31	Freya Thompson	f			0	958	0	950	1908
32	izzy cruickshank	f	U16		957	949	0	0	1906
33	Claire Mckee	f	FV 40		0	0	959	946	1905
34	Rebecca Davies	f			958	944	0	0	1902
35	Jo-anna Robson	f	FV 50		956	945	0	0	1901
36	Chris Robson	m	MV 80	St Bees Triers	941	936	0	0	1877
37	Alastair Willett	m	U16	CE Energy	0	999	0	0	999
38	Logan MacNamara	m	U16	Craven Energy Triathlon Club	0	0	0	998	998
39	james Galloway-Booth	m	U21		0	0	0	997	997
40	Jacob Clarkson	m	U16		0	0	997	0	997
41	Mathew Clarkson	m	MV 40		0	0	996	0	996
42	Samuel Pegler	m		Almost Athletes RC	0	0	0	995	995
43	Noah Zaboklicki	m	U16	Furness Fell Runners	0	0	995	0	995
44	Simon Broxton	m	MV 50		0	0	0	994	994
45	Emily Thompson	f	U16		0	0	994	0	994
46	Daniel Temple	m	U16		0	994	0	0	994
47	Benjamin D'Arcy	m	U16	Kirkbie Kendal School	994	0	0	0	994
48	Ollie Brookes	m	U16		0	0	993	0	993
49	Hailey Fletcher	f		Sedbergh school running club	0	993	0	0	993
50	ava brierley	f	U16	Ambleside	993	0	0	0	993
51	Rob Coakley	m			0	0	0	992	992
52	Susan Fletcher	f	FV 40	Astley & Tyldesley Road Runners	991	0	0	0	991
53	Nick Davies	m	MV 60		0	0	991	0	991
54	Joseph Leckie	m	U21		0	991	0	0	991
55	Daisy Ritson	f	U16		0	0	0	991	991
56	Zack Booth	m	U16		0	0	0	990	990
57	Richard Bibb	m	MV 50	Shepshed	0	990	0	0	990
58	Joe Tinsley	m	U16		990	0	0	0	990
59	Henry Watts	m	U16		0	0	990	0	990
60	Thomas Welch	m	U16		988	0	0	0	988
61	Sara Brookes	f	FV 40		0	0	988	0	988
62	Mark Broxton	m	MV 50		0	0	0	988	988
63	Joseph Lawlor	m	U25		0	988	0	0	988

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64	Charlie Harber	f	FV 40		0	0	0	987	987
65	Iain Robertson	m	MV 50	Falkland Trail Runners	0	0	986	0	986
66	greg simpson	m	MV 40		0	0	0	986	986
67	Betty O'boyle	f	U21	St Gregory's Catholic High School	986	0	0	0	986
68	Stirling Griggs	m	U16		0	0	0	985	985
69	Daniel Swinden	m	U16		0	985	0	0	985
70	Arabella Gribbon	f	U16	New Marske Harriers	985	0	0	0	985
71	Jackie Watts	f	FV 40		0	0	984	0	984
72	Anton Moss	m			0	984	0	0	984
73	Angela Gribbon	f	FV 40		984	0	0	0	984
74	Katie Lawton	f			0	983	0	0	983
75	Graham Livesey	m	MV 40		0	0	0	983	983
76	Eloise Hallas	f	U16	Archbishop temple school	0	0	983	0	983
77	Josh Moss	m	MV 50		0	982	0	0	982
78	Alice Tolley	f	U21	City of Sheffield and Dearne	0	0	0	982	982
79	Laura Jessop	f	FV 40		0	0	0	981	981
80	Jessica Banner	f	FV 40		0	0	981	0	981
81	Martyn Green	m	MV 60		0	0	0	980	980
82	Duncan Roche	m	MV 60	Millom Striders	0	980	0	0	980
83	Ceri Owens	f	FV 40		980	0	0	0	980
84	Nicholas Milne	m	U16		0	979	0	0	979
85	Gavin Fisk	m	MV 50		0	0	979	0	979
86	Ben Rigg	m		Wrea Green, Lancashire	0	0	0	979	979
87	Alana Tinsley	f			979	0	0	0	979
88	Edward Swinden	m	MV 50	Chorlton Runners	0	978	0	0	978
89	Alison Pye	f	FV 40		0	0	978	0	978
90	Abigail Patel	f			0	0	0	978	978
91	Sophie Groves	f		Almost Athletes RC	0	0	0	977	977
92	Nicola Hardy	f	FV 40	Burnden Road Runners	0	977	0	0	977
93	Laura Robertson	f	FV 50	Falkland Trail Runners	0	0	977	0	977
94	Anne Cox	f	FV 60		977	0	0	0	977
95	Victoria Wilding	f	FV 40		976	0	0	0	976
96	Simon Northcott	m	MV 40	Peterborough and Nene Vally Athletic Club	0	0	0	976	976
97	Fiona Cass	f			0	976	0	0	976
98	Catherine COWARD	f			0	0	976	0	976

Pos	Name	Gender	Age Cat	Club	Staveley	Keswick	Cartmel	Helvellyn	TOTAL
99	William Gilbert	m	U16		975	0	0	0	975
100	Paul Mackley	m			0	975	0	0	975
101	Macquarie Griggs	m	U16		0	0	0	975	975
102	Alexis Stewart	f	U16		0	0	975	0	975
103	Michael Bateson	m	MV 50		974	0	0	0	974
104	Nikky Majtanova	f	FV 40		0	0	973	0	973
105	Leah Watson	f		Nob End Run Club	0	973	0	0	973
106	Kate Shipton	f	FV 50		973	0	0	0	973
107	Robert Webster	m	MV 50		972	0	0	0	972
108	Nick Wisely	m	MV 50		0	0	972	0	972
109	aisha jenkinson	f		nob end run club	0	972	0	0	972
110	Louise Rooney	f	FV 60		971	0	0	0	971
111	Judith Cansfield	f	FV 50		0	971	0	0	971
112	Hilary Charnock	f			0	0	0	971	971
113	Michael Charnock	m			0	0	0	970	970
114	Lauren Wright	f			0	970	0	0	970
115	Jade Screen	f			970	0	0	0	970
116	Ruby-Kate McGeehin	f	U16	Team Lakeland Trails	0	0	969	0	969
117	Iris Gasquez	f			969	0	0	0	969
118	Helen Lawton	f	FV 50		0	969	0	0	969
119	Emma Pennells	f		Crossgates Harriers	0	0	0	969	969
120	Maxine Burton	f			968	0	0	0	968
121	Andrea Donaldson	f	FV 40	St Bees Triers	0	0	968	0	968
122	Olivia Wilding-Hetherington	f			0	0	0	967	967
123	Iana Hughes	f		Nob End run club	0	967	0	0	967
124	Kirsten Marshall	f	FV 40		967	0	0	0	967
125	Anne-Marie Hallas	f	FV 40		0	0	967	0	967
126	Kevin Harber	m	MV 50		0	0	0	966	966
127	Chris Dunn	m	MV 40	Nob End running club	0	966	0	0	966
128	Suzanne Jones	f	FV 50		0	0	965	0	965
129	Nancy Lawton	f	FV 50	St Bees Triers	0	965	0	0	965
130	Dawn Saxby	f	FV 50	DCH Run Club	965	0	0	0	965
131	Annie Jessop	f	FV 40		0	0	0	965	965
132	Victoria Haworth	f			964	0	0	0	964
133	Louise Evans	f			0	0	0	964	964

Pos	Name	Gender	Age Cat	Club	Staveley	Keswick	Cartmel	Helvellyn	TOTAL
134	Jens Farrow	m	U16	St Michaels	0	0	964	0	964
135	Connie Young	f		MPT fitness	0	964	0	0	964
136	Rosie Brown	f			0	0	0	963	963
137	Helen E Eddie	f	FV 40		0	0	963	0	963
138	fleur Coward	f			0	963	0	0	963
139	Carole Hodgkinson	f	FV 70		963	0	0	0	963
140	Lillian Chambers	f			0	962	0	0	962
141	Emma Warwick	f	FV 40		962	0	0	0	962
142	Beth Rengers	f			0	0	0	962	962
143	Stephanie Hartley	f	FV 50		961	0	0	0	961
144	Rachel Johnstone	f			0	0	0	961	961
145	Laurence Parkinson	m	U16	All Saints RC School York	0	961	0	0	961
146	Tracy Lightfoot	f	FV 50		0	0	0	960	960
147	John Wiseman	m	MV 50	Red Rose Road Runners	0	0	960	0	960
148	Hannah Neal	f	FV 40		0	960	0	0	960
149	Richard Parkinson	m	MV 40	City of York AC	0	959	0	0	959
150	Paul Morris	m	MV 70	Keswick AC	0	0	0	958	958
151	Andy Curtis	m	MV 50		0	0	958	0	958
152	Erin Rogers	f	U16		0	0	957	0	957
153	Oliver Hunter	m		Nob End Run Club	0	956	0	0	956
154	Nick Kaufmann	m	MV 60		0	0	0	956	956
155	Ellie William McBride	f	U16		0	0	956	0	956
156	Steph Thompson	f			955	0	0	0	955
157	Sarah Roscoe	f	FV 40		0	0	955	0	955
158	Mia Lympany	f			0	0	0	955	955
159	Doug Lindsay	m	MV 40		0	955	0	0	955
160	Maureen Roberts	f	FV 60	Lancaster Runners	954	0	0	0	954
161	Genna Robb	f			0	0	0	954	954
162	Thomas Hardy	m	U16		0	953	0	0	953
163	Jamie Edgar	m			0	0	0	953	953
164	Dave Thomas	m	MV 50	None	953	0	0	0	953
165	Reuben Tweddle	m	U16	Queen Elizabeth Grammar School, Penrith	0	952	0	0	952
166	Laura Johnson	f	FV 40		0	0	0	952	952
167	Caroline Roden-davies	f	FV 70	Lincoln and District Runners	952	0	0	0	952
168	Michelle Hardcastle	f	FV 50		0	0	0	951	951

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169	Luke Rigby	m		Nobenders	0	951	0	0	951
170	Esther Morison	f	FV 50		951	0	0	0	951
171	Alison Clifford	f	FV 40		0	0	951	0	951
172	Niki Stockton	f	FV 50		0	0	950	0	950
173	Lucy Swinden	f		Chorlton Runners	0	950	0	0	950
174	Jo Shuttleworth	f	FV 40		950	0	0	0	950
175	Stephanie Costich	f			949	0	0	0	949
176	Megan Harker	f	U16	Ulverston Victoria High School	0	0	0	949	949
177	Suzi Saunders	f	FV 40		948	0	0	0	948
178	Marissa Yeadon	f	U16	Ulverston Victoria High School	0	0	0	948	948
179	Lois Baker	f	U16		0	948	0	0	948
180	Lisa Whitehead	f	FV 50		0	0	948	0	948
181	Susan Williams	f	FV 50		0	0	947	0	947
182	Leo Maudsley-Barton	f	U21	Loreto Vlth	0	0	0	947	947
183	Gary Milne	m	MV 50		0	947	0	0	947
184	Fritha Mount	f	FV 40		947	0	0	0	947
185	Sue Thompson	f	FV 60		0	946	0	0	946
186	Sian Saxby	f	U16	DCH Run Club	945	0	0	0	945
187	Jane S Mooney	f	FV 40		0	0	0	945	945
188	Emma Smith	f	FV 40		0	0	945	0	945
189	Melanie Snutch	f	FV 60	Birstall	0	0	944	0	944
190	Joanne Rizzi	f	FV 40		944	0	0	0	944
191	Holly Maxwell	f		St bees triers	0	0	0	944	944
192	Ken Whittington	m	MV 70		0	943	0	0	943
193	Jennifer HAYHURST	f	FV 50		943	0	0	0	943
194	Clare Jarosz	f	FV 40		0	0	0	943	943
195	Sarah Baird	f			0	0	0	942	942
196	Georgia Davies	f	U16		942	0	0	0	942
197	Ann Whittington	f	FV 60		0	942	0	0	942
198	Berni Gibson	f	FV 60		940	0	0	0	940
199	Ann Carr	f	FV 60		0	940	0	0	940
200	Melanie Smethurst	f	FV 40		939	0	0	0	939
201	Alison Harker	f	FV 50		0	0	0	939	939
202	Gill Barlow	f	FV 50		0	938	0	0	938
203	David Rosen	m	MV 70	Lancaster & Morecambe AC	0	937	0	0	937

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204	Ruth Wood	f			0	0	0	936	936
205	Paige Lomax	f		Nob End Run Club	0	935	0	0	935
206	Jennifer Parker	f			0	934	0	0	934
207	Susan Beardsworth	f	FV 40	None	0	933	0	0	933
208	Lauren Hatton	f		None	0	932	0	0	932