Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
Helvellyn Trail Run 10k						
1	1	8	Alex Robinson	M	Holmfirth Harriers	0:36:35
2	2	731	Paul Atack	MV 50		0:39:47
3	3	742	Matty Brown	M		0:39:52
4	4	806	Ken Montgomery	MV 40	Halifax Harrier	0:40:12
5	5	774	Michael. Horan	MV 50		0:42:17
6	6	834	Colin Sandie	M		0:42:44
7	7	751	Joshua Elliott	M	Meltham ac	0:42:50
8	8	943	Christopher Joyce	MV 40		0:42:55
9	9	762	Mark Griffiths	MV 40		0:45:02
10	10	1029	Ashley Fryer	M	Ellenborough AC	0:45:35
11	11	802	Michael McGovern	MV 50	Moorfoot runners	0:45:42
12	12	865	Nicholas Bee	M		0:46:17
13	1	734	Laura Bartlett	FV 40		0:46:23
14	2	784	A Jordan	FV 40		0:46:32
15	3	785	Jo Ann Kaye	F		0:46:38
16	13	729	Ben Armitage	M		0:46:55
17	14	750	Fergal Duffy	MV 50		0:47:01
18	15	876	Simon Broxton	MV 50		0:47:38
19	16	758	Charlie Garner	M		0:48:18
20	17	866	Dan Bennett	M		0:48:32
21	18	926	Dominic Harrison	M		0:48:53
22	19	829	Jake Robinson	M		0:48:53
23	4	760	Martha Gosney	F		0:49:28
24	20	813	Simon Northcott	MV 50		0:49:57
25	5	814	Sharon O'Leary	FV 50		0:50:17
26	21	906	Mathew Fairhurst	M		0:50:56
27	6	76	Amy Cope	FV 40	Watford Joggers	0:50:58
28	22	102	James Mountain	M		0:51:21
29	23	730	Tom Armitage	M		0:51:25
30	24	231	Graham Livesey	MV 50		0:51:27
31	7	788	Kerry Law	FV 40	Moorfoot Runners	0:51:29
32	25	1008	Paul WEYERS	MV 40	Manchester	0:51:34
33	26	154	Mark Broxton	MV 50		0:51:40
34	8	995	Alice Tolley	GU21	High Peak AC	0:51:51
35	27	153	Glyn Arthur	MV 40		0:51:59
36	9	767	Jemma Harris	FV 40	Running bears	0:52:08
37	28	831	Tim Rowland	M		0:52:12
38	29	838	Paul Smith	MV 50		0:52:16
39	30	559	Tom Room	MV 40	Relish Running / Bath Trail Runners	0:52:18
40	31	944	Ashley Kaye	MV 40		0:52:23
41	10	58	Katie Rowland	F	Kent Ac	0:52:27
42	11	997	Lindsay Turnbull	FV 50	Morpeth Harriers	0:52:38
43	32	757	Luke Foster	M		0:53:01
44	33	821	Will Phillips	M		0:53:35
45	34	828	Iain Riley	M		0:53:48
46	35	815	sam oakes	M		0:53:58
47	12	314	Lorraine Cowell	FV 50	Non	0:54:18
48	36	282	Paul Myers	MV 50	Rivington running club	0:54:23
49	13	241	Hannah Whitelam	FV 40		0:54:26
50	37	733	Lee Barlow	MV 40	Nob End Run Club	0:54:31
51	38	795	Ralph Liddell	MV 70	Eden Runners	0:54:35
52	14	817	Emma Parkin	FV 40		0:54:36
53	39	887	Richard Cleworth	MV 50		0:55:32
54	40	223	Jonathan Elder	M	Unique Performance Coaching	0:55:33
55	15	260	Hannah Scott	FV 40		0:55:34
56	16	1028	Sandra Myers	FV 50	Billinge running club	0:55:38
57	41	222	Kevin Eland	MV 40		0:55:46
58	42	230	Peter Jones	MV 50		0:55:57
59	43	756	Stephen Forster	MV 50	Wharfedale Harriers	0:56:04
60	17	950	Caroline Lewis	FV 50	West 4 Harriers	0:56:05
61	18	78	Kerry Hallsworth	FV 50	Caistor Running Club	0:56:15
62	19	739	Francesca Birch-Frois	F		0:56:21
63	44	286	Mark Wilson	MV 50	No Drama Llamas Running	0:56:42
64	45	161	Stephen Palmer	MV 50	Birtley AC	0:57:09
65	46	839	Derek Snalam	MV 60		0:57:23
66	20	976	Lizzie Robinson	F		0:57:32

Helvellyn Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
67	21	935	Elizabeth Hughes	FV 40	Skelmersdale Boundary Harriers	0:57:39
68	47	759	Stephen Gornall	MV 60		0:57:45
69	48	285	Josh Snalam	MV 40	Hoad Hill Harriers	0:57:59
70	22	803	Christie Mclean-Ward	F		0:58:07
71	49	801	Liam Marsden	M		0:58:08
72	23	59	Carole-Anne Stewart	FV 50		0:58:34
73	24	737	Kathleen Batty	FV 40	Northern Fells Running Club	0:58:43
74	25	970	Helen Phillips	FV 40	Ripon Runners	0:59:00
75	50	875	Jason Bowman	MV 50		0:59:10
76	51	728	Neal Allard	M		0:59:13
77	26	769	Jordan Harrison	F		0:59:29
78	27	978	Janice Royle	FV 60		0:59:50
79	52	772	Jim Higham	MV 50		0:59:52
80	53	948	Matt Lannaghan	MU21		1:00:18
81	28	820	Joanna Pears	FV 50	Ripon runners	1:00:23
82	29	253	Sarah Ward	F	Abbey Runners	1:00:24
83	54	236	Andy Phelps	MV 40		1:00:46
84	55	618	Glyn Williams	MV 50	Prestwich AC	1:00:46
85	30	457	Stephanie Green	FV 50	Kendal Tri Club	1:01:08
86	31	799	Julie Markley	FV 40		1:01:14
87	32	850	Lynne Whitfield	FV 50	Erme Valley Harriers	1:01:32
88	33	49	Dawn Chilton	FV 50		1:01:46
89	34	55	Karen Higham	FV 50		1:01:49
90	56	162	Edward Scott	M		1:02:16
91	57	787	Matthew Lamprey	M		1:02:16
92	58	824	Dave Raynor	MV 60	Red Rose Road Runners	1:02:34
93	35	736	Jayne Batt	FV 60		1:03:25
94	59	732	Graeme Atkinson	MV 50		1:03:27
95	36	745	Suzy Cleary	FV 50		1:03:27
96	60	822	Tom Pope	M		1:03:34
97	61	225	David Gelsthorpe	MV 40		1:03:35
98	62	238	Neil Vidler	MV 50		1:03:49
99	63	845	Matthew Walton	M		1:03:53
100	37	224	Carol Embleton	FV 40		1:03:55
101	38	805	Suzanne Mitchell	FV 60		1:03:58
102	64	746	Jason Copper	MV 50		1:04:19
103	39	940	Melanie Jerram	FV 50		1:04:26
104	65	986	Joe Stevens	MV 60		1:04:28
105	66	240	Simon Whelan	MV 60		1:04:35
106	40	235	Stephanie Nicol	FV 40		1:04:37
107	41	903	Laura Disley	FV 40		1:04:38
108	42	232	Sarah Livesey	F		1:04:54
109	67	836	Martin Scott	MV 40		1:04:55
110	43	841	Amy Taylor	F		1:05:04
111	44	771	Lisa Herring	FV 40		1:05:22
112	68	280	Paul Kelly	MV 50	St Helens striders	1:06:04
113	69	226	Bruce Howorth	MV 60		1:06:16
114	45	955	Holly Mackenzie	FV 40		1:06:29
115	46	291	Raegan Wignall	F		1:07:18
116	70	858	Mark Aldam	MV 60		1:07:40
117	71	947	John Lannaghan	MV 50		1:07:45
118	72	277	Simon Forshaw	MV 50		1:07:49
119	47	819	Anna Parsons	F		1:08:03
120	48	480	Jo Houghton	FV 60	Prestwich AC	1:08:37
121	73	281	Steve Longney	MV 60	Yorkshire Wolds Runners	1:08:38
122	49	770	Sam Hartley	F		1:08:42
123	50	229	Helen Jones	FV 50		1:08:44
124	74	797	lewis litherland	M		1:08:45
125	51	1004	Vanessa Walters	FV 40		1:09:00
126	52	833	Amar Saggar	FV 50		1:09:30
127	53	808	Jess Morris	F		1:09:31
128	75	776	Graham Ibbetson	MV 50		1:09:44
129	54	890	Fiona Copper	FV 60	Barton and district athletic club	1:09:49
130	55	800	Al Marron	FV 50		1:09:51
131	76	467	Tim Harper	M		1:09:52
132	77	747	Alan Davidson	MV 70		1:10:05
133	56	81	Louise Marr	FV 40		1:10:08
134	57	48	Helen Baxter	FV 50	Wigton Road Runners	1:10:58

Helvellyn Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
135	58	79	Ciara Harper	GU25	Yorkshire Wolds Runners	1:11:16
136	59	38	Karyn Harper	FV 60	Yorkshire Wolds Runners	1:11:19
137	60	56	Laura Hurst	F		1:11:32
138	61	221	Toby Brothers	FV 60	Hampstead Heath Park Run	1:11:32
139	62	764	Katie Hall	F		1:11:35
140	78	766	Chris Hargreaves	MV 40	Rivington Run Club	1:11:36
141	79	735	Martin Bates	MV 60	Wesham Road Runners	1:12:04
142	80	848	Sean Welsh	M		1:12:13
143	81	158	Dave Hill	MV 50	Billinge Running Club	1:12:14
144	63	239	Susan Vidler	FV 50	South Cheshire Harriers	1:12:17
145	82	951	MARK LOBB	MV 40		1:12:29
146	64	51	Carol Cox	FV 50		1:12:57
147	65	738	Victoria Baxter	FV 50		1:12:58
148	66	915	Tina Gee	FV 60		1:12:59
149	83	744	Richard Cawdell	MV 70	Highgate Harriers	1:13:00
150	67	954	Sophie Mackay	F		1:13:04
151	68	75	Amanda Cirelli	FV 50		1:13:23
152	84	157	Jonathan Harley	MV 40	Lonely Goat RC	1:13:24
153	85	780	Nicholas Jinks	MV 60		1:13:29
154	86	1003	Peter Wallwork	MV 40		1:13:30
155	69	880	Amy Butler	F		1:13:53
156	87	777	Mahfuzul Islam	MV 50		1:13:53
157	70	28	Teresa Palmer	FV 50	Birtley Athletics	1:14:29
158	71	112	Vicky Camy	FV 50		1:14:30
159	72	852	Elizabeth Wilcox	FV 40		1:14:58
160	88	283	Steve Parkes	MV 60		1:15:00
161	89	816	michael parkes	MV 60		1:15:02
162	73	842	Jean Turner	FV 60	Wooler running club	1:15:05
163	74	796	Rosalie Liddell	FV 70	Eden Runners	1:15:10
164	90	155	Scott Burrow	MV 50	Kendal shit runners	1:15:38
165	75	743	Judith Cansfield	FV 50		1:16:12
166	76	29	Jayne Parker-Weir	FV 50	DCH RunClub	1:16:23
167	77	27	Sharon Holliday	FV 50	DCH Coaching	1:16:23
168	91	1002	Dan Wallis	MV 70		1:17:11
169	78	840	Hannah Stockham	F		1:17:20
170	79	791	Jill Leader	FV 60		1:17:27
171	80	54	Hilary Graham	FV 70	Tynedale Harriers	1:17:54
172	81	740	Helen Bowerman	FV 50		1:18:19
173	82	77	Dawn Fahy	FV 60		1:18:22
174	83	159	Jane Hill	FV 50		1:19:34
175	84	798	joanna lorenz	FV 60	Hampstead Heath parkrun	1:20:23
176	85	925	Elizabeth Hare	FV 60		1:20:30
177	86	763	Fiona Gutteridge	FV 40	Red Rose Road Runners	1:21:19
178	87	749	Zoe Detko	F		1:23:06
179	88	57	Gail Richards	FV 40	Evenwood Road Runners	1:24:57
180	89	50	Jocelyn Coppard	FV 60		1:25:54
181	90	361	Gillian Bamborough	FV 60		1:25:57
182	91	30	Torrie Sullivan	FV 40		1:26:01
183	92	855	Brian Winder	MV 70	Trailblazers	1:26:47
184	93	853	Johnny Wild	MV 60	Lytham St Anne's Road Runners	1:27:01
185	94	160	Chris Hutchinson	MV 60		1:27:26
186	92	779	Lola Jimenez	FV 40	Southport Strollers	1:28:31
187	93	844	Josephine LOUISE Walsh	FV 50	Ambleside social running group	1:28:36
188	94	811	Laura Newsham	FV 40		1:29:11
189	95	233	Jane S Mooney	FV 40		1:30:05
190	96	761	Karin Goss	FV 70	Clayton Le Moors Harriers	1:30:07
191	97	812	Caroline Noon	FV 60		1:30:10
192	98	279	Gillian Kelly	FV 50	St. Helens Sutton	1:31:17
193	99	53	Wendy Fraser	FV 60		1:32:15
194	100	52	Amanda Forbes	FV 60		1:32:15
195	101	479	Katherine Horner	FV 40	Common Runners	1:35:56
196	102	220	Caroline Bowsher	FV 60		1:37:17
197	103	47	Rachel Battersby	FV 50		1:37:17
198	95	193	Nick Kaufmann	MV 60	Hampstead Heath parkrun	1:40:02
199	96	624	Phil Wilson	MV 60	Thornton Cleveleys running club	1:41:14
200	104	622	Helen Wilson	FV 60		1:41:24
201	105	992	Emma Thompson	F		1:42:11
202	106	847	Nina Watters	FV 40	Rivington Run Club	1:42:12

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
203	107	284	Christine Richards	FV 50	Lakeland Trails Club	1:43:54
204	108	781	Kirsten Johnson	FV 40	Hash House Harriers	1:50:02

Number of records: 204