



Lakeland Roads Langdale Marathon

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
1	1	602	Jason Bennett	M		2:50:48
2	2	2	Andy Fairley	MV 50	Wootton Road Runners	3:01:54
3	3	178	Mark Hermitage	MU25		3:06:13
4	4	615	Rob Grantham	MV 50		3:12:09
5	5	684	Phil Lynch	MV 40		3:13:09
6	6	570	David Birtwistle	MV 40	Blackburn Road Runners	3:14:36
7	7	558	Louis Torr	MU25		3:16:37
8	8	198	Matthew Clark	MV 40		3:21:32
9	9	200	Daniel Jones	M		3:22:27
10	10	225	David Wilson	MV 40		3:24:00
11	11	223	Matthew Bantick	M		3:24:42
12	12	667	Dan Edwards	MV 50	Chorley Harriers	3:25:23
13	13	578	Dan Miller	M	Billinge running club	3:25:40
14	14	125	Matthew Gilbert	MU25		3:30:09
15	1	632	Joanna Wilson	F		3:30:20
16	15	607	Alexander Daniels	MV 50		3:32:39
17	16	630	Jay Warner	MV 40		3:33:02
18	2	549	Yvie Ryan	FV 40		3:37:40
19	17	525	Michael Hobbs	MV 50	Cirencester AC	3:37:56
20	3	622	Tara Malone	FV 40		3:38:21
21	18	145	Nicholas Tipper	MV 40		3:39:53
22	19	522	Nick Hall	M		3:40:33
23	20	502	Jonathan Bell	M		3:41:18
24	21	527	Reece Hopkins	M		3:43:54
25	22	583	Simon Thompson	MV 40	Keswick AC	3:45:01
26	23	621	Andy Macdonald	MV 50		3:45:07
27	24	195	Peter THOMSON	M	Bath Trail Runners	3:45:17
28	25	217	Chris Parker	MV 40		3:45:44
29	26	526	Charlie Hodgkiss	M		3:47:02
30	4	623	Nikki Marshall	FV 40		3:47:12
31	5	603	Louise Blizzard	FV 50		3:48:25
32	27	197	Daniel Burns	M		3:52:33
33	28	220	Philip Green	MV 40	Saint Edmund Pacers	3:53:06
34	6	657	Amy Burton	F		3:55:42
35	7	611	Clare Foreman	FV 40		3:55:49
36	29	575	Daryl Hibberd	MV 40	Valley Striders AC	3:56:31
37	30	620	Steven Kell	MV 50		3:57:43
38	31	185	David Sims	MV 40	RUN DMC	3:59:24
39	32	199	James Cole-Boyle	M		3:59:39
40	33	576	Howard Lindow	MV 40	Hoad hill harriers	4:00:09
41	34	187	Rory Thomson	M		4:00:10
42	35	142	Justin Frost	MV 50		4:00:20

43	36	133	Luke Mitchell	M		4:00:38
44	37	509	James Cooke	MV 40	Calder Valley Fell Runners	4:00:58
45	38	516	Chris Foden	MV 50		4:05:20
46	8	715	Rebecca Willmott	F	Vegan Runners	4:05:50
47	39	177	Oliver Hamer	MU21		4:06:21
48	9	650	Helen Allison	FV 50	Pennine	4:06:24
49	10	659	Elizabeth Clarke	FV 40		4:06:55
50	40	606	Liam Crouch	M		4:07:53
51	11	580	Mumtaz Patel	FV 50	Burnden Roadrunners	4:08:09
52	41	533	NEIL KENNY	MV 60	Caistor Running Club	4:08:11
53	12	50	Olga Goffin	FV 40	Almost Athletes	4:08:30
54	42	201	Gareth Morgan	MV 40		4:09:20
55	13	186	Milena Szczesniak	FV 40		4:09:51
56	43	550	Harvey Scowcroft	M		4:10:04
57	44	725	Jason George	MV 50		4:11:45
58	45	691	Liam Munnelly	M		4:11:53
59	14	628	Anna Theophilus	FV 40		4:12:20
60	46	556	Matthew Thomson	M		4:12:34
61	47	218	Chris Ramsay	MV 50	Slack AF R.C.	4:12:36
62	48	196	Nigel Tillott	MV 60	Tewkesbury RC	4:13:19
63	15	52	Helen Murfitt	FV 40	Wellingborough and District Athletics Club	4:16:45
64	49	702	Christopher Rowland	MV 40		4:17:02
65	50	534	Philip Kiernan	MV 50		4:17:13
66	51	584	Alek Walker	MV 40	Wesham Road Runners	4:18:14
67	52	541	Liam Nyklewicz-Betney	M		4:18:21
68	53	546	Will Reynolds	M		4:20:27
69	54	543	Henry Perowne	M		4:20:35
70	55	530	David Jeffery	MV 50		4:20:56
71	56	614	Dougie Gordon	MV 40		4:23:07
72	16	604	Antonia Chennells	F		4:23:11
73	57	532	Lee Kenny	MV 50		4:24:16
74	58	222	mark wakefield	MV 40	Royal Wootton Bassett hounds rc	4:24:36
75	59	521	Matthew Haines	MV 40		4:25:17
76	60	118	Brendan Ashton	MV 50		4:26:18
77	17	239	Debbie Clark	F		4:26:55
78	61	140	Oliver Waugh-Swain	M		4:27:24
79	18	6	rebecca bolt	FV 50	Witney Road Runners	4:27:43
80	62	503	Richard Bendall	MV 40		4:27:50
81	19	679	Vicky Kehoe	FV 50		4:28:48
82	63	132	Shane Miller	M		4:30:23
83	64	624	Nicholas May	MV 40		4:30:35
84	65	626	Philip McCorkell	MV 40		4:30:35
85	66	141	Nick Davies	MV 60		4:31:33
86	20	555	emily taylor	FV 40		4:31:45
87	67	130	Steve Martin	MV 40	Beacon Runners	4:31:47
88	68	121	Alexander Clemmett	M		4:31:52

89	69	511	Max Cummings	M		4:33:06
90	70	203	Donald Smith	MV 50		4:34:08
91	71	625	Greg McComb	MV 50		4:36:50
92	72	515	Dane England	M		4:38:37
93	21	54	Jen Milsom	FV 50		4:41:53
94	73	579	Martyn Minchella	MV 40	Cumberland AC	4:42:23
95	74	189	Red Williams	MV 60		4:42:47
96	75	126	Richard Hermitage	MV 70		4:42:48
97	76	182	Paul Marshall	MV 40		4:45:31
98	77	120	George Carter	M		4:45:54
99	78	714	Harry Warne	M	Thornton Cleveleys Running Club	4:47:10
100	79	128	Mike King	M		4:47:11
101	80	559	Lee Vallett	MV 40	Bacon Butty Brigade	4:49:11
102	81	101	Henry Beckley	M		4:49:12
103	82	609	Mike Ellis	MV 50		4:49:47
104	83	538	Christian Monaghan	M		4:49:55
105	84	224	Stefano Ferrari	MV 40		4:50:08
106	85	613	Adam Goodger	MV 40		4:50:11
107	86	519	Jay Gibson	M		4:50:17
108	87	184	Billy Shepherd	M		4:50:17
109	88	127	Adam Hopkinson	M		4:51:49
110	89	174	Kevin Duncan	MV 40		4:52:08
111	22	33	Kate Savage	FV 50		4:52:38
112	90	169	Alex Ball	M		4:54:17
113	23	51	Gail Bone	FV 50	St Bees Triers	4:55:53
114	91	180	Tom Langridge	MV 40		4:55:59
115	92	143	Paul Hollis	MV 50		4:57:28
116	24	53	Anne Dawson	FV 40		4:57:30
117	93	175	Freddie Freddie Clark	MU25	Team Murphys	4:57:52
118	94	524	Paul Hill	MV 50	Black Combe Runners	4:58:38
119	25	585	Rosie Williams	FV 50	Sevenoaks AC	4:59:07
120	26	514	Andrea Donaldson	FV 40	St Bees Triers	5:03:40
121	95	577	Adam Lowe	MV 50		5:07:44
122	96	537	Richard Mark Milner	MV 60		5:07:45
123	27	557	Emily Tobin	FV 40		5:10:16
124	28	35	Danielle Roper	FV 40	Port Talbot harriers	5:12:11
125	97	552	I Spriggs	MV 50		5:12:31
126	29	34	Emma Graham	FV 50	St Bees Triers	5:12:34
127	30	619	Kate Kate	F		5:12:34
128	98	610	Jamie Ferris	M		5:12:35
129	31	572	Karen Hamilton	FV 50		5:13:34
130	99	172	Ian Caveney	MV 40		5:13:59
131	100	582	MICHAEL THOMPSON	MV 50	Quakers Running Club	5:14:59
132	101	561	C. A. Vulliamy	MV 50		5:16:49
133	102	508	Gary Cattermole	MV 60		5:17:25
134	103	504	Mark Blewitt	MV 50		5:18:57
135	104	726	Noel Bresland	MV 50		5:19:53

136	32	531	Kate Kendall	FV 40		5:20:21
137	105	190	Robert Winder	MV 40	Windermere	5:21:35
138	33	539	Lucy Murphy	F		5:22:00
139	106	574	Ian Hayden	MV 50	Low Fell RC	5:22:36
140	34	40	Emma Feerick	F		5:22:48
141	35	627	Veronica Singleton-Lawley	FV 60		5:23:22
142	107	695	John ONeill	MV 60		5:23:33
143	108	608	RICHARD DUNNING	MV 40		5:25:48
144	109	507	Martyn Broughton	MV 40		5:26:23
145	110	518	Danny Gallagher	M		5:32:20
146	111	566	Byron Wood	M		5:32:20
147	112	236	Chris Jackson	M		5:36:36
148	113	675	Andrew Haley	MV 60	Lancaster & Morecambe ac	5:37:46
149	114	144	Carl Horth	MV 40		5:38:13
150	115	506	Andrew Bradshaw	MV 40		5:38:33
151	116	540	Steven Mycock	MV 40		5:38:33
152	36	600	Lucy Austins	F		5:40:55
153	117	135	Julian Pollard	MV 50		5:43:02
154	118	138	Dan Thomas	MV 40		5:45:52
155	119	662	sunil duggal	MV 40		5:51:54
156	37	523	Janet Hill	FV 70	Croft Ambrey	5:53:22
157	38	194	Gemma Drew	F	Methley striders	5:55:41
158	120	547	Ben Robins	MU25		5:58:17
159	121	616	Piers Gray	M		5:58:17
160	122	176	Scott Griffin	M		6:08:47