

Langdale Half Marathon

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
Langdale Half Marathon						
1	1	571	David Bishop	M	HUUB Performance Project	1:17:44
2	2	701	Roger Prudon	M	Lancaster and Morecambe Athletics Club	1:21:39
3	3	681	Joe Kenny	M		1:22:50
4	4	694	Grzegorz Niewiadomski	MV 40	Lancaster Morecambe Athletic Club	1:23:59
5	5	707	Scott Smith	MV 50	Hoad Hill Harriers	1:24:59
6	6	3	Mark Leadbeatter	MV 40		1:25:14
7	7	437	Jonathon O'Donnell	M	Chorlton runners	1:25:28
8	8	11	Ben Blain	M		1:25:31
9	9	413	Sam Brankin	M	Kingstone Runners	1:27:33
10	10	323	Pierrick Joassard	M		1:31:15
11	11	320	Leslie Isaac	MV 50		1:31:45
12	12	168	Matt Wilmshurst	MV 40	Lancaster and Morecambe AC	1:33:22
13	13	445	Luke Shears	MU25	Stocksfield Striders	1:34:42
14	14	568	Michael Abrams-Cohen	M	Abbey Runners	1:34:46
15	15	444	Jaysson Sawyer	MV 40	Ilkley Harriers	1:35:30
16	16	403	Harry Wren	MV 40		1:36:03
17	17	658	Kevin Clark	MV 40	Harrogate harriers	1:36:31
18	1	687	Lucy Milling	GU25		1:36:53
19	18	274	Dougie Burke	M		1:36:55
20	19	364	Jeremy Pearson	MV 50		1:37:33
21	20	717	Strickland Wilson	M		1:38:32
22	21	419	Fergal Cummins	MV 50	Westbury Harriers	1:38:47
23	22	421	paul hagan	MV 40	Phoenix striders	1:39:04
24	2	156	Isabel Nixon	F		1:39:13
25	3	428	Masako Kondo	FV 40	Abbey Runners	1:39:15
26	23	365	Sam Pilgrim	M	Town and Country Harriers	1:39:53
27	24	669	Teddy Ferguson	MU25		1:40:48
28	25	672	David Gleave	MV 40	Tri Lakeland	1:41:32
29	26	269	Tom Broadbent	MV 40		1:41:32
30	27	718	Richard Wood	MV 50	Linlithgow Athletics Club	1:41:39
31	28	411	Thomas Beioley	M	Mikkeller Running Club Liverpool	1:42:38
32	29	357	Alex O'Mahony	M		1:44:07
33	30	690	Sam Moore	M		1:44:21
34	31	311	Alexander Henry	M		1:44:35
35	32	209	James Hanson	MV 40		1:44:40
36	33	453	Paul Woolley	MV 50	Datchet Dashers	1:44:42
37	34	191	Rick Bolt	MV 50	Witney Road Runners	1:45:01
38	35	324	Chris Jones	M	Hoad Hill Harriers	1:45:47
39	36	440	Liam Reeve	M	Billinge Running Club	1:45:57
40	37	295	Robert Eames	MV 40		1:46:04
41	38	673	John Greener	MV 50	Saint Edmunds Pacers	1:46:15
42	39	676	Nathaniel Hancock	MV 40	Harrogate Harriers & AC	1:47:01
43	40	115	Joe Bolt	MU25		1:47:47
44	41	147	Sam Boulton	MV 50		1:47:57
45	42	668	Luke Everitt	M	Kendal	1:48:12
46	43	166	Andy Drake	MV 50		1:48:20
47	44	661	Brian Clifford	MV 50	St Bees Triers	1:48:24
48	4	46	Andrea Cobo	F	Abbey Runners	1:48:38
49	45	406	Piotr Zarobkiewicz	MV 40		1:48:59
50	46	720	Paul Yates	MV 50		1:49:01
51	47	116	Chris Bone	MV 40	St Bees Triers	1:49:38
52	48	342	James McErlean	MV 60		1:49:41
53	49	710	Matt Taylor	MV 50	Blackburn Road Runners	1:49:44
54	50	109	Lasse Nyhegn	M		1:49:50
55	51	158	Caleb Phillips	M		1:49:50
56	52	104	Anders Christensen	M		1:49:51
57	53	211	Dominic Rostron	M		1:49:52
58	54	652	Gary Atkinson	MV 50	LMAC	1:49:52
59	5	272	Crina Bulprich	FV 40	Ambleside AC Club	1:50:35
60	55	401	John Worthington	MV 60		1:51:10
61	56	407	Martin Ayre	MV 40		1:51:17
62	57	266	Andrew Brankin	MV 60	Kingstone runners Barnsley	1:51:34
63	58	279	Hunter Charlton	M		1:51:52
64	6	258	Rachel Belvedere	F		1:52:07
65	59	581	Jonathan Spink	MV 50	Kirkstall Harriers	1:52:09
66	7	423	Daisy Hunter	F	Mikkeller Liverpool Running Club	1:52:14

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67	60	304	Mark Gould	MV 40		1:52:47
68	61	378	Richard Sandwell	M		1:53:10
69	62	412	Guy Brain	M		1:53:25
70	8	447	Ellie Simmonds	GU25	Helm Hill Runners	1:53:29
71	9	408	Taslima Ayre	F		1:53:41
72	63	288	Adam Darby	M		1:53:53
73	64	722	Jake McGill	M		1:54:04
74	10	686	Joanne Mcleod	FV 60	Hoad Hill Harriers	1:54:40
75	65	151	Edward Hill	M		1:55:20
76	66	414	Mark Bray	MV 50	Kingstone Runners	1:55:34
77	11	439	Laura Phillips	F	Abbey Runners	1:55:40
78	67	618	Nick Jones	MV 40	North Wales Police	1:55:55
79	12	371	Sarah Raubenheimer	F		1:56:15
80	68	381	Ray Smith	M		1:56:18
81	69	417	wai kin chu	MV 50		1:56:43
82	70	212	MARTIN SINCLAIR	MV 50		1:56:49
83	71	716	Matthew Wilson	M		1:56:58
84	72	424	KIERAN IRELAND	M	walney wind cheetahs	1:57:00
85	73	703	Ben Roycroft	M		1:57:03
86	74	310	Paul Hellewell	MV 40		1:57:11
87	75	660	Martin Clarke	MV 50		1:57:26
88	76	377	Danny Rurlander	MV 50		1:57:41
89	77	420	Michael Cummins	MV 50		1:58:01
90	78	335	Sam Lomas	M		1:58:27
91	79	290	David Dervan	MV 50		1:58:34
92	80	226	Steve Cartledge	MV 50		1:58:39
93	81	396	Rob Wells	MV 50		1:58:57
94	13	409	Francesca Bale	F		1:59:29
95	82	569	Tony Bastin	MV 60	Abbey Runners Leeds	1:59:36
96	14	330	Joanna Knapman	FV 40	Manchester Triathlon Club	1:59:40
97	83	298	Mike Fairley	MV 50		1:59:45
98	84	165	James Charlesworth	MV 40		1:59:45
99	15	443	Rachael Rutherford	F	Totley AC	1:59:51
100	85	677	William Hindle	MU21		1:59:52
101	86	325	Chris Jones	MV 40		1:59:56
102	87	307	Josef Harding	MU25		2:00:20
103	88	405	Steve Yates	MV 50		2:00:20
104	16	351	Catherine Musetti	FV 60	Ambleside AC	2:00:33
105	89	704	Michael Sandelands	MV 50	Cumberland AC	2:01:08
106	90	317	Dave Hughes	MV 40		2:01:11
107	91	416	david brown	MV 50		2:01:17
108	92	149	Kev Daniels	MV 40		2:01:28
109	93	666	Lee Eccles	M		2:01:46
110	94	395	Tom Webster	M		2:02:21
111	95	277	Josh Cann	MU25		2:02:29
112	96	721	Philip Baron	MV 60		2:02:42
113	97	275	Matthew Burke	M	Mikkeller Running Club Liverpool	2:02:56
114	17	449	Katrina Stephens	FV 40	Marple Runners	2:03:13
115	18	708	Lesley Strickland	FV 50	Hartlepool Burn Road Harriers	2:04:47
116	98	233	Benjamin Bavington-Allen	M		2:04:58
117	99	671	Jack Fox	M		2:05:03
118	19	505	Rowan Booth	FV 40	Slack AF running	2:05:12
119	100	698	Maksym Piwonski	MV 40		2:05:18
120	101	697	Piotr Piaton	MV 40		2:05:18
121	20	344	Evie Milligan	F		2:05:18
122	21	206	Natalie Dicks	FV 40		2:05:27
123	102	430	Ashley Lindsey	MV 50		2:05:37
124	103	706	John Paul Smith	MV 60		2:05:55
125	22	41	Kate Henry	F		2:05:58
126	104	179	Adam Horner	M		2:06:08
127	105	282	James Clist	M		2:06:37
128	23	332	Noel Lee	GU21	Lancaster Royal Grammar School	2:06:42
129	106	651	Ray Anderson	MV 50		2:06:52
130	107	392	Luke Wallwork	M		2:06:57
131	24	450	Andrea Vaughan	FV 50	Meirionnydd Running Club	2:07:01
132	108	397	Tom Weston	MV 50		2:07:19
133	25	183	Rebecca Ross	F		2:08:07
134	26	250	Hannah Ackerley	F		2:08:15

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135	27	345	Nicole Mills	F		2:09:07
136	109	689	Raymond Mooney	MV 60	Stainland Lions	2:09:13
137	28	564	Kim Wilkes	FV 40		2:09:29
138	29	308	Charlotte Hardy	F		2:09:36
139	30	44	Lucy Pullen	GU25		2:09:37
140	31	328	Anne Kenny	FV 50		2:09:53
141	110	429	Peter Laddiman	MV 70	Norfolk Harriers	2:09:55
142	32	368	eleanor priestley	FV 40		2:09:58
143	111	171	Paul Carroll	MV 50	Running Bear	2:10:38
144	112	163	Chris Wilson	M		2:10:44
145	33	370	Michaela Pupakova	F		2:10:53
146	113	654	Reece Billington	M		2:10:57
147	114	719	Dacre Wroe	MV 40		2:11:13
148	34	629	hayley tierney	FV 40	West Midlands Police	2:11:26
149	115	268	Thomas Brewster	M		2:11:51
150	35	29	Lisa Tyrer	FV 50		2:11:55
151	36	293	Poppy Dyer	F	Helm Hill	2:12:02
152	116	292	Matthew Duckett	M		2:12:15
153	117	284	Tom Collier	M		2:12:18
154	118	285	joseph Cooke	M		2:12:19
155	37	688	Nicola Molloy	F	Glaxo hoad hill harriers	2:12:25
156	119	655	Stephen Braithwaite	MV 50		2:12:33
157	120	711	Graham Tinsley	MV 60	Ripon Runners	2:12:49
158	38	617	Deborah Hitching	FV 50	Essex Police	2:12:52
159	39	261	Louise Bladen	FV 50		2:13:02
160	1	724	Sami Padley	NB		2:13:20
161	40	43	ELIZABETH Mainwaring	F		2:13:33
162	121	114	Jake Whitworth	M		2:13:52
163	122	434	Louis Meyer	M	MFR	2:13:55
164	41	360	Carole Page	FV 60	Tring RC	2:14:02
165	42	384	Lucy Stephenson	F		2:14:04
166	123	670	James Fowler	M		2:14:37
167	43	441	Ruth Roberts	FV 50	Phoenix Striders	2:14:48
168	124	337	Tim Long	MV 60		2:14:58
169	125	382	Adam Soliman	M		2:14:59
170	126	137	Luke Rowden	M		2:15:23
171	127	105	Andrew Convery	MV 40		2:15:27
172	128	348	Robert Monkman	M		2:15:29
173	129	388	Sam Thompson	M		2:15:34
174	130	678	Luke Irving	M		2:15:36
175	131	358	Sean O'Mahony	MV 60		2:15:51
176	132	262	Steve Bladen	MV 50		2:15:53
177	133	287	Paul Cutler	MV 60		2:16:00
178	44	510	Taylor Coppell	F		2:16:01
179	134	271	jeremy brown	MV 60		2:16:18
180	135	297	Rob England	M		2:16:25
181	45	374	Kasia Robuta-Shaw	F		2:16:45
182	46	356	Sally Nutter	FV 50	Keswick AC	2:17:05
183	136	299	Barney Fowlds	MV 50		2:17:52
184	47	435	Sarah Minchella	FV 40	Cumberland AC	2:17:59
185	48	259	Mrs Hannah Bennett-Fowlds	FV 40		2:18:02
186	137	452	Gary Willars	MV 60		2:18:28
187	49	699	Sophie Player	F		2:18:32
188	138	361	Stuart Page	MV 60	Tring RC	2:18:33
189	139	535	Dan Lambert	MV 40		2:18:38
190	140	347	John Mitton	MV 50		2:18:47
191	141	231	John Naughton	MV 50		2:18:56
192	50	42	Milanda Johnston	F		2:18:56
193	142	313	Matthew Holden	MV 40		2:19:02
194	143	391	Ronan Wade	MV 40		2:19:02
195	144	100	Luke John	M		2:19:03
196	145	366	Ady Powell	MV 50		2:19:23
197	51	338	Meg Loudon	F		2:19:28
198	146	393	Andrew Walmsley	MV 70		2:20:19
199	52	216	Nicola Swann	FV 50	Otley A.C	2:20:25
200	53	318	Helen Hunt	FV 40	redcar running club	2:20:27
201	54	300	Kate Furber	F		2:20:30
202	147	353	Stuart Nobbs	MV 40		2:20:59

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203	55	333	Kirsten Leigh	F		2:21:05
204	148	255	Steve Balback	MV 60		2:21:38
205	56	372	Jackie Robinson	FV 50		2:22:05
206	149	162	Mark Tyrer	MV 50		2:22:14
207	57	723	Catherine Rees	FV 40		2:22:16
208	150	321	Adrian Jefferies	MV 50		2:22:30
209	151	380	Thomas Sims	M		2:22:31
210	152	400	Nathan Woods	M	MRC Liverpool	2:22:36
211	153	188	Wayne Walls	MV 40		2:23:05
212	154	693	Cormac Murray	M		2:23:57
213	155	383	Franco Spoto	MV 40		2:24:06
214	156	692	Ben Murray	MV 40		2:24:25
215	58	336	Amy Long	F		2:25:01
216	59	410	Caroline Batty	FV 50	Kingstone runners	2:25:19
217	60	48	Marie Hemingway	FV 40	Eden Runners	2:25:19
218	61	385	Sarah Stringer	FV 40		2:25:38
219	157	210	Adam Jeffs	MV 40		2:25:47
220	62	312	Robyn Hill	FV 40		2:27:00
221	63	427	Jacqueline Keasley	FV 60		2:27:07
222	64	349	Emily Morley	F		2:27:22
223	65	386	Gillian Stubbens	FV 60		2:27:26
224	66	415	Annette Brown	FV 40	Netherhall AC	2:28:19
225	67	573	Laura Hastings	F	Helm Hill Runners	2:28:27
226	158	150	Michael Harrison	MV 40		2:28:36
227	159	355	Nick Norman	MV 60		2:29:19
228	160	432	Francis Mccombs	MV 60	Liverpool Running Club	2:29:52
229	68	214	Lee-Victoria Davies	FV 50	Southport Strollers	2:29:55
230	69	286	Tamsin Cooke	FV 40	Calder Valley Fell Runners	2:30:15
231	70	213	Caroline Withers	F		2:30:52
232	161	263	Andrew Bonner	M		2:30:53
233	162	326	Sam Kay	M		2:31:13
234	163	273	Carl Bungay	M		2:31:30
235	164	712	Benedict Toal	M		2:31:30
236	71	39	Amy Dower	F	Calder Valley Fell Runners	2:31:46
237	72	154	Hannah Lederer	F		2:32:17
238	73	164	Monika Aldelime	FV 50	Southport Strollers Running Club	2:33:29
239	165	123	William Douglas	MV 40		2:34:16
240	166	363	David Pattison	MV 50		2:34:27
241	167	685	Stuart Magowan	MV 40		2:34:29
242	168	682	Ciaran Larkin	MV 40	N/A	2:34:31
243	74	294	Lucy Eames	F		2:35:12
244	75	257	Jennie Bateson	FV 40		2:35:33
245	76	30	Julie Tyrka	FV 50		2:35:58
246	169	256	Alan Bartrum	MV 50	Terrington St Clement Running Club	2:36:30
247	77	205	Jo Bartrum	FV 50	Terrington St Clement Running Club	2:36:30
248	78	446	Nicola Shillham	FV 50		2:37:17
249	170	398	P Whitworth	MV 50		2:37:43
250	79	23	Signe Bonefeld	F		2:38:27
251	80	25	Anne Enevoldsen	F		2:38:27
252	81	207	Sally Galler	F		2:40:23
253	171	373	Keith Robinson	MV 70	Redhill Runners	2:40:23
254	172	170	Dominic Carroll	M		2:40:58
255	82	24	Michelle donnelly	FV 50	Southport Strollers running club	2:41:51
256	83	354	Alison Nordon	FV 50		2:42:27
257	84	45	Kayleigh Wilding	F	CDF Runners	2:42:34
258	85	612	Karen Fuggle Tobar	F	Essex Police	2:42:51
259	86	431	Karen McAllister	FV 50	Netherhall AC	2:44:08
260	87	314	Elizabeth Hollier	FV 60		2:44:11
261	88	367	georgia preston	GU21		2:46:13
262	89	26	Megan Jones	F		2:46:13
263	90	296	Susan Earley	FV 60		2:47:10
264	91	267	Jane Brankin	FV 60	Kingstone runners Barnsley	2:47:53
265	173	227	Philip Cowling	MV 40		2:48:33
266	174	376	Robert Ross	M		2:51:15
267	92	270	Melissa Brough	F		2:51:20
268	93	346	Anna Milner	FV 60		2:52:40
269	94	27	Beth Smith	F		2:53:03
270	95	705	Sam Sefer	F		2:53:59

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271	96	402	selina wray	FV 40		2:54:58
272	97	567	Diane Wright	FV 50	Calder Valley Fell Runners	2:56:33
273	98	31	Dorothy Robinson	FV 60	netherhall	2:56:47
274	175	501	David Battersby	MV 50		2:59:13
275	176	563	DAVID WARD	MV 40		2:59:48
276	99	418	Patricia Coleman	FV 60	White Cliffs Athletic and Running Club	3:00:47
277	177	152	Richard Hiscock	MV 60	Red Rose Road Runners	3:01:13
278	178	113	Joseph Whittingham	M		3:01:14
279	179	529	Gary Jackson	MV 60		3:01:55
280	180	520	Andy Goff	MV 40		3:05:21
281	181	155	Andy Lee	MV 40		3:08:09
282	182	107	David Goodyear	MV 60		3:09:12
283	100	315	Kelly Horley	F		3:12:59
284	101	390	trish uttley	FV 60		3:20:47
285	102	394	Lydia Wardman	F		3:21:02
286	103	36	Charlotte Bowen	F	North Wales Police	3:27:30
287	183	202	Aled Morris	M	North Wales Police	3:27:30

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