

Ultimate Trails

Pos	Bib	Name	M/F	Age Cat	Club	Glen	Gras	Stckl	Chip Time	Gun Time
Ultimate Trails 55km										
1.	816	Keith Siddle	m	Veteran 40	OneLife Racing	1:46:13.1	1:38:52.6	2:04:55.9	6:45:30	6:45:21
2.	503	Ian Harrington	m	Veteran 40	Ambleside AC	1:35:09.5	1:37:02.4	2:20:03.8	6:49:03	6:48:50
3.	743	Russell Cottam	m	Veteran 50	Lincoln District Runners	1:29:40.6	1:28:47.0	2:31:35.6	6:49:54	6:49:41
4.	694	Alistair Baxter	m		U/A Aberdeen, Aberdeen City	1:45:03.8	1:36:37.9	2:12:36.4	6:56:59	6:56:49
5.	677	Niall Bourke	m		Pudsey and Bramley AC	1:34:08.1	1:36:10.3	2:23:53.2	7:02:12	7:01:59
6.	531	Martin Bailey	m	Veteran 40	Newcastle (Staffs) AC	1:44:42.1	1:47:28.3	2:21:45.0	7:11:55	7:11:44
7.	854	Sgt Yale	m		1RRF, Tidworth	1:34:26.7	1:41:33.4	2:23:49.1	7:12:54	7:13:01
8.	820	Adrian Mitchison	m	Veteran 40	Total Racing (Newcastle)	1:46:12.6	1:38:52.8	2:25:02.1	7:18:22	7:18:13
9.	821	Michael Fisher	m		U/A Knebworth, Hertfordshire	1:34:40.6	1:38:38.0	2:38:53.4	7:18:46	7:18:38
10.	915	Ivan Holroyd	m	Veteran 40	U/A Keswick, Cumbria	1:46:52.8	1:41:03.4	2:18:16.0	7:18:47	7:18:58
11.	517	JAMES BALDOCK	m		U/A HALESOWEN, West Midlands	1:42:28.4	1:40:34.2	2:29:26.4	7:22:04	7:21:54
12.	590	Robert Sharkey	m		Lostock AC & Tri	1:40:52.8	1:41:12.8	2:28:41.3	7:22:15	7:22:05
13.	953	Sophie Moore	f		U/A Sheffield,	1:45:59.4	1:50:22.2	2:20:41.6	7:22:32	7:22:31
14.	1033	Edward Clifford	m		U/A London,	1:45:42.8	1:50:38.9	2:20:40.2	7:22:34	7:22:32
15.	674	Andrew Adams	m	Veteran 50	U/A Birmingham	1:42:19.2	1:42:49.2	2:40:39.7	7:24:25	7:24:25
16.	807	neild waring	m	Veteran 40	U/A Penrith,	1:53:50.4	1:45:23.5	2:31:26.6	7:25:14	7:25:28
17.	515	darren moore	m	Veteran 40	Ambleside AC	1:46:18.7	1:42:18.1	2:23:50.3	7:26:06	7:25:52
18.	824	Marcus Gates	m	Veteran 50	Dallam Running Club	1:56:18.4	1:39:24.6	2:22:40.5	7:27:28	7:27:53
19.	571	CHARLES COLBY	m	Veteran 40	Bowland Fell Runners	1:47:36.5	1:46:28.2	2:23:13.6	7:31:24	7:31:15
20.	887	Joanne Hazell	f		DH Runners	1:49:11.4	1:52:26.5	2:27:26.5	7:32:01	7:31:49
21.	960	Mike White	m	Veteran 50	Stubbington Green Runners	1:45:03.5	1:40:22.5	2:33:33.7	7:33:18	7:33:12
22.	707	matthew johnson	m	Veteran 40	U/A wokingham, berkshire	1:42:02.2	1:36:24.3	2:40:00.6	7:34:17	7:34:09
23.	712	Mike Aisbitt	m	Veteran 40	Skelmersdale Boundary Harriers	1:51:06.1	1:42:49.1	2:25:25.1	7:35:23	7:35:18
24.	629	simon blackman	m	Veteran 40	Lincoln & District Runners	1:45:25.4	1:45:37.2	2:30:01.1	7:36:06	7:36:03
25.	703	Howard Avery	m		Wigan Harriers	1:39:08.6	1:42:06.6	2:31:19.2	7:37:50	7:37:45
26.	682	Owen Panton	m		U/A Manchester, Lancashire	1:46:10.1	1:49:06.1	2:27:20.0	7:37:32	7:37:51
27.	1036	Richard Stirzaker	m		Rochdale Harriers & AC	1:44:12.1	1:38:40.8	2:34:22.5	7:39:45	7:39:33
28.	736	steven rooke	m		carlisle sheepmount runners club	1:49:14.5	1:52:15.3	2:27:38.6	7:40:31	7:40:19
29.	725	Rob Salt	m	Veteran 50	U/A Loughborough, Leics	1:46:17.0	1:45:33.0	2:30:49.3	7:41:25	7:41:14
30.	888	Jan De Rydt	m		Oban Mountain Goats	1:46:43.9	1:46:42.9	2:32:54.6	7:41:59	7:41:54
31.	530	jon green	m	Veteran 40	U/A blackpool, lancs	1:49:17.4	1:51:20.1	2:32:20.7	7:43:59	7:43:50
32.	910	Dan Grundy	m	Veteran 40	Warrington Running Club	1:39:16.3	1:44:00.9	2:47:33.7	7:44:09	7:43:59
33.	604	mark walker	m	Veteran 40	rochdale harriers and ac	1:53:49.9	1:49:25.7	2:35:01.1	7:44:34	7:44:21
34.	610	Paul Leary	m	Veteran 50	Rochdale Harriers	1:44:23.9	1:48:38.8	2:45:41.7	7:44:43	7:44:30
35.	585	John Mayall	m	Veteran 50	Rochdale Harriers & AC	1:53:52.7	1:48:01.8	2:36:21.1	7:44:47	7:44:34
36.	554	Alexandra Hoff	f		SWEDEN, Falkenbergs RR	2:05:19.1	1:52:09.3	2:18:59.5	7:44:09	7:44:42
37.	1016	Marc Dziasko	m		U/A London,	1:50:32.2	1:47:47.6	2:35:29.9	7:51:11	7:51:19
38.	698	Thomas Pomfrett	m		U/A Ilkley, West Yorkshire	1:48:09.5	1:52:23.8	2:36:29.5	7:52:57	7:52:48
39.	676	scott thornton	m		carlisle sheepmount	1:49:15.8	1:55:57.8	2:37:11.9	7:53:51	7:53:39
40.	606	liz Noakes	f	Lady Veteran 50	Town and Country Harriers	2:05:25.3	1:53:24.1	2:23:55.8	7:54:41	7:54:46
41.	804	Jeni Richards	f	Lady Veteran 50	Abergele Harriers	1:54:11.3	1:54:56.5	2:35:40.6	7:54:47	7:54:46
42.	727	Emma Buckland	f	Lady Veteran 40	Cambridge & Coleridge AC	1:49:17.8	1:51:58.6	2:43:29.3	7:56:48	7:56:43
43.	683	John Nelson	m	Veteran 50	Alchester running club	1:42:19.4	1:36:44.2	2:52:48.0	8:03:11	8:03:14
44.	919	Suzanne Smith	f	Lady Veteran 40	Keswick AC	1:49:08.2	2:03:59.3	2:38:08.6	8:03:06	8:03:22
45.	575	David Rogers	m		U/A Goring by Sea,	1:56:39.6	1:50:40.9	2:37:29.6	8:02:59	8:03:41
46.	1032	kate standeven	f	Lady Veteran 40	U/A Bath,	1:53:54.8	1:56:08.5	2:44:00.4	8:04:04	8:04:29
47.	1035	Barry Guckian	m		Leitrim Lock-Jumpers	2:07:49.4	1:56:27.9	2:28:44.0	8:05:04	8:05:12
48.	732	Stu Kane	m		U/A Preston, Lancashire	1:53:55.5	1:55:35.8	2:36:36.2	8:07:22	8:07:20
49.	951	leanne hayter	f		U/A hexham, northumberland	2:10:13.9	2:01:43.7	2:30:52.7	8:06:44	8:07:27
50.	700	Tamsin Cass	f		Tynedale Harriers	2:02:58.4	1:56:45.5	2:32:45.3	8:09:33	8:09:45
51.	649	Stuart Trevallion	m	Veteran 40	Bedford Harriers	1:49:23.0	1:55:08.4	2:46:40.3	8:09:51	8:09:50
52.	1022	Nicholas Gary Cooper	m	Veteran 50	U/A DERby	1:58:28.2	1:54:55.3	2:42:38.2	8:10:43	8:11:03
53.	751	John Deasey	m	Veteran 50	Rochdale Harriers & AC	1:48:03.0	1:56:16.3	2:49:30.3	8:11:25	8:11:13
54.	829	Marcus Hawthorn	m	Veteran 50	U/A Darlington, Co Durham	1:56:14.3	1:52:53.8	2:40:29.8	8:14:08	8:14:23
55.	697	Colin Mcevoy	m		Wigan & District H & AC	1:51:20.5	1:55:07.3	2:44:38.5	8:14:24	8:14:35
56.	954	Richard Halward	m		U/A Manchester,	1:59:00.5	1:55:10.8	2:36:09.7	8:14:19	8:14:49
57.	735	Hannah McMahon	f		U/A Saltburn,	2:00:34.8	1:59:33.5	2:42:40.7	8:16:03	8:16:42
58.	878	iain craig	m	Veteran 40	U/A Newcastle upon tyne, tyne and wear	2:01:51.0	1:59:04.1	2:42:13.4	8:16:48	8:17:16
59.	844	Phillip Carr	m	Veteran 40	U/A Nottingham, Nottinghamshire	2:03:19.4	1:55:44.4	2:43:58.1	8:17:02	8:17:16
60.	798	Steve Ward	m	Veteran 50	U/A Broughton-in-Furness, Cumbria	2:08:23.2	2:02:40.8	2:32:08.7	8:16:52	8:17:26
61.	696	Neil stantiall	m	Veteran 40	Stubbington Green Runners	1:53:19.7	1:55:06.5	2:43:03.3	8:18:26	8:18:19
62.	625	Jon Leigh	m	Veteran 50	Stubbington Green	1:53:20.3	1:52:17.7	2:45:50.5	8:18:27	8:18:19
63.	830	Pete Jones	m	Veteran 50	U/A Manchester, Gtr Manchester	2:01:56.7	1:49:24.8	2:34:03.7	8:19:19	8:19:44
64.	918	David Cowburn	m	Veteran 40	U/A Leyland,	1:57:24.5	2:00:24.4	2:37:06.9	8:20:28	8:20:24
65.	1030	Jill Lawson	f	Lady Veteran 40		2:05:51.1	2:02:57.1	2:37:08.4	8:20:33	8:20:48
66.	623	Rob Chambers	m	Veteran 40	U/A skipton, north yorkshire	1:56:26.7	1:50:32.4	2:46:08.4	8:21:48	8:21:43
67.	612	Julian Hughes	m	Veteran 40	U/A Whitley Bay,	1:54:09.9	1:44:11.9	2:40:04.6	8:23:08	8:23:12
68.	890	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:58:50.6	1:54:28.1	2:42:21.9	8:24:35	8:25:06
69.	621	Tiffany Hanley	f	Lady Veteran 40	Hardley Runners	2:03:16.9	2:05:21.6	2:38:36.4	8:25:30	8:25:29
70.	570	ANGELA COLBY	f	Lady Veteran 40	Bowland Fell Runners	2:05:24.3	2:09:52.9	2:44:23.9	8:29:23	8:29:14
71.	800	Jonathan Pierce	m	Veteran 50	U/A Wheaton Aston, Staffordshire	1:56:55.8	2:00:55.4	2:50:17.4	8:30:00	8:29:53
72.	825	MARTIN LOVELESS	m	Veteran 50	HARDLEY RUNNERS	2:03:19.3	2:05:25.8	2:38:31.5	8:30:14	8:30:14
73.	943	marcus saunders	m	Veteran 40	LINCOLN AND DISTRICT RUNNERS	1:49:57.6	2:00:05.7	2:54:54.8	8:31:39	8:31:37
74.	914	Michelle Liddle	f	Lady Veteran 40	U/A Wigan, Lancs	1:59:31.9	2:01:48.0	2:55:15.0	8:35:10	8:35:09
75.	640	Sarah Sawyer	f		U/A Hove,	2:03:15.0	2:16:04.7	2:44:47.7	8:37:20	8:37:09
76.	641	Tom Sawyer	m		U/A Hove, East Sussex	2:03:13.8	2:16:00.4	2:44:52.6	8:37:20	8:37:10
77.	667	Karl Limbert	m	Veteran 40	U/A Maidstone, Kent	2:13:40.7	2:00:36.0	2:45:33.0	8:38:57	8:39:03
78.	923	Kevin Coughlan	m		U/A Sale, Cheshire	1:49:06.0	1:55:52.0	2:49:05.8	8:39:30	8:39:44
79.	708	Edward Campbell	m		LVIS	2:07:19.7	2:03:31.6	2:49:00.3	8:39:34	8:40:09

Ultimate Trails

Pos	Bib	Name	M/F	Age Cat	Club	Glen	Gras	Stckl	Chip Time	Gun Time
80.	904	Luke Higgins	m		Saddleworth Runners	1:57:13.4	2:04:30.6	2:47:41.8	8:40:49	8:40:57
81.	537	Joan Hanson	f	Lady Veteran 40	U/A Durham, County Durham	2:12:29.0	2:05:44.8	2:43:04.5	8:41:39	8:41:39
82.	578	martin davey	m	Veteran 50	amphill & flitwick flyers	2:03:05.8	1:59:20.8	2:56:00.8	8:41:47	8:41:56
83.	643	Andy Yates	m	Veteran 50	U/A Colwyn Bay, Conwy	1:46:19.5	1:59:00.1	3:03:28.9	8:44:15	8:44:05
84.	595	Gregor Love	m	Veteran 40	Glasgow Triathlon Club	1:58:32.4	2:00:46.1	2:48:06.9	8:44:07	8:44:24
85.	596	Allan Ferguson	m	Veteran 40	U/A Motherwell	1:58:33.4	2:00:45.1	2:48:02.2	8:44:07	8:44:24
86.	614	Ian MacNamee	m	Veteran 40	U/A Breaston, Derby	1:53:14.2	2:03:39.6	3:01:20.9	8:44:46	8:44:38
87.	687	David Vaughan	m		U/A Ormskirk, West Lancashire	2:01:55.6	1:56:06.2	2:53:51.4	8:46:46	8:46:41
88.	795	Paul Brunt	m	Veteran 40	Shelton Striders	2:12:49.9	1:59:10.4	2:47:24.6	8:46:22	8:46:43
89.	636	Mark Bond	m	Veteran 50	U/A Southport, Lancs	2:01:53.4	1:56:13.8	2:53:41.3	8:47:24	8:47:21
90.	946	Paul Weaving	m	Veteran 50	Cumberland Fell Runners	2:09:07.2	2:05:16.4	2:49:17.0	8:48:04	8:48:31
91.	600	Clare Fogden	f		U/A Manchester,	2:07:08.1	2:11:54.2	2:53:08.3	8:48:37	8:48:41
92.	902	Bernard Shannon	m	Veteran 40	Cambridge & Coleridge AC	1:54:57.5	2:33:27.3	2:50:19.2	8:48:54	8:49:06
93.	940	Stephen Symons	m	Veteran 40	Manchester YMCA Harriers	2:09:14.4	2:08:54.8	2:42:35.6	8:50:29	8:50:49
94.	849	John McCowlliff	m		1RRF, Tidworth	1:53:20.2	2:04:56.5	2:54:45.9	8:52:12	8:52:19
95.	586	Jeff McCarthy	m	Veteran 40	Rochdale Harriers	1:53:53.0	2:00:13.4	3:07:10.7	8:53:10	8:52:59
96.	605	Emma Postlethwaite	f	Lady Veteran 40	Town and Country Harriers	2:18:53.5	2:09:55.3	2:43:33.5	8:54:14	8:54:19
97.	576	Brendan Rendall	m		U/A Ballymena,	2:22:14.7	2:04:40.7	2:45:34.1	8:54:16	8:55:06
98.	671	Rodger O'Connor	m		St Finbarrs	1:59:02.6	2:02:47.3	3:12:19.2	8:55:24	8:55:44
99.	611	william smith	m	Veteran 50	st albans striders	2:00:22.2	2:09:01.0	2:58:36.3	8:56:00	8:56:03
100.	922	Peter Little	m	Veteran 40	High Harrington	1:56:17.2	2:05:16.8	3:06:29.8	8:55:15	8:56:09
101.	900	Shaun McGlynn	m		U/A Sunderland, Wearside	1:56:07.3	2:27:16.7	2:50:16.1	8:57:25	8:57:21
102.	911	Jason Brown	m	Veteran 40	U/A Carnforth, Lancs	2:07:59.1	2:00:35.9	2:51:07.3	8:56:58	8:57:29
103.	699	Adrian Bruce	m	Veteran 40	U/A Adderbury, Oxfordshire	2:13:37.6	2:12:18.2	2:49:37.5	8:57:12	8:57:43
104.	787	Lee Waring	m		U/A Wigan, Lancashire	1:58:39.9	1:59:11.9	2:56:38.1	8:58:01	8:58:05
105.	873	Pete Connolly	m	Veteran 40	Chester Triathlon Club	1:57:14.9	1:59:45.0	2:56:25.6	8:57:45	8:58:06
106.	833	David Lunan	m	Veteran 60	U/A Leyland, Lancashire	2:09:51.7	2:12:19.0	2:51:20.1	8:57:51	8:58:08
107.	929	Ben Justin	m		U/A Hayfield, Derbyshire	2:08:08.4	2:14:41.3	2:59:20.8	8:59:38	8:59:45
108.	780	Kate Charlton	f	Lady Veteran 40	U/A Hexham, Northumberland	2:14:45.0	2:17:00.7	2:50:12.5	9:00:01	9:00:44
109.	695	Sarah Jones	f	Lady Veteran 40	Ambleside AC	2:07:58.5	2:11:36.1	2:54:40.4	9:00:48	9:00:45
110.	689	linda hayles	f	Lady Veteran 60	calder valley	2:04:03.2	2:14:22.7	2:56:16.1	9:03:06	9:02:57
111.	588	Stuart Waring	m	Veteran 40	U/A Blackburn, Lancashire	2:12:00.4	2:09:04.1	2:51:30.0	9:04:50	9:05:03
112.	811	stephen harthan	m	Veteran 40	mossley hill A/C	1:59:05.8	2:03:21.2	3:13:41.9	9:05:11	9:05:03
113.	742	Peta Rowand	f	Lady Veteran 40	U/A Ambleside, Cumbria	2:12:20.2	2:10:48.1	3:00:48.3	9:06:02	9:06:14
114.	928	Patricia Justin	f	Lady Veteran 50	Pennine Fell Runners	2:08:06.6	2:14:45.4	3:00:20.8	9:06:16	9:06:23
115.	745	Jane Ives	f	Lady Veteran 40	Elvet Striders	2:12:30.9	2:16:10.9	2:53:09.8	9:06:36	9:06:36
116.	927	Samuel Trevena	m		NORWAY, Vegan Runners Norway	2:10:15.3	2:06:33.8	3:06:35.8	9:06:24	9:06:58
117.	748	Lisa Spratling	f	Lady Veteran 40	U/A Penrith, Cumbria	2:12:53.7	2:10:42.5	2:55:53.8	9:07:41	9:07:46
118.	627	Kev Illingworth	m		Lancs Constabulary	1:57:27.8	2:10:42.2	3:02:30.1	9:08:32	9:08:33
119.	739	Kieran Inkester	m		U/A Bedale, North Yorkshire	2:22:15.9	2:01:22.2	2:53:38.6	9:09:00	9:09:48
120.	529	Gillian Cszmadia	f	Lady Veteran 50	Wrexham AC	2:12:02.9	2:09:46.2	2:59:59.6	9:09:32	9:10:12
121.	753	Ian Andrews	m	Veteran 40	U/A Torpoint, Cornwall	2:03:19.4	2:06:05.3	3:04:16.2	9:12:48	9:13:32
122.	810	nigel whitcher	m	Veteran 50	stubbington green runners	1:56:28.0	2:25:47.5	3:01:27.3	9:13:44	9:13:38
123.	717	Nigel Forster	m	Veteran 40	U/A Whitehaven, Cumbria	2:04:39.5	2:12:31.0	3:01:21.0	9:15:25	9:16:02
124.	729	Darren Bradley	m	Veteran 40	Shelton Striders	2:12:54.6	2:13:49.6	2:54:24.4	9:16:32	9:16:54
125.	568	Pat Boden	f	Lady Veteran 60	York Knavesmire Harriers	2:20:32.8	2:24:13.6	2:56:55.8	9:18:53	9:18:42
126.	874	scott crighton	m		U/A coppull, lancashire	1:58:38.3	2:19:27.4	3:00:54.0	9:18:48	9:18:46
127.	770	Joshua Vincent	m		U/A Wigan, Lancs	2:04:21.7	2:13:26.3	3:04:58.6	9:18:57	9:18:46
128.	542	ALAN JONES	m	Veteran 60	Garstang Running Club	2:15:24.9	2:24:01.1	2:54:00.5	9:18:59	9:18:51
129.	1031	Laura Ruxton	f		Dallam Running Club	2:14:38.8	2:19:01.0	3:01:04.9	9:18:43	9:18:55
130.	523	Chris Carter	m		Creation pt	2:06:59.3	2:12:41.0	3:04:06.4	9:18:44	9:19:00
131.	557	DAMON WHEATLEY	m	Veteran 40	Team Derby Runner	2:04:11.5	2:17:47.1	3:03:24.8	9:18:22	9:19:00
132.	565	Martin Carter	m	Veteran 50	Hay Hotfooters	2:07:13.3	2:12:08.4	3:06:33.1	9:19:55	9:20:12
133.	680	DOMINIC SCOTT	m	Veteran 50	U/A Fodsham Cheshire	2:11:47.5	2:26:31.2	3:03:10.0	9:20:51	9:20:51
134.	581	Peter Marshall	m	Veteran 40	U/A Bristol, Somerset	2:09:37.7	2:12:21.5	3:04:22.0	9:21:19	9:22:05
135.	731	Chris Marritt	m		U/A Altrincham,	2:01:55.3	2:21:08.1	3:08:10.1	9:22:09	9:22:06
136.	580	Lorna Templeton	f	Lady Veteran 40	U/A Bristol, Somerset	2:09:38.0	2:12:31.1	3:04:51.2	9:21:20	9:22:07
137.	552	John Price	m	Veteran 50	Hay Hotfooters	2:07:11.0	2:12:23.9	3:06:14.4	9:21:54	9:22:10
138.	534	Helen Halsall	f	Lady Veteran 50	U/A Altrincham, Cheshire	2:08:06.0	2:24:17.7	3:05:10.1	9:23:44	9:23:38
139.	939	Claire Hoolohan	f		Chorlton Runners	2:11:13.9	2:09:11.8	3:00:50.4	9:24:33	9:24:41
140.	648	Mark Davies	m	Veteran 50	Hay Hotfooters	2:12:11.7	2:21:42.8	2:59:55.1	9:25:13	9:25:31
141.	647	Imme Davies	f	Lady Veteran 40	Hay Hotfooters	2:12:11.8	2:21:16.0	2:59:15.6	9:25:14	9:25:31
142.	838	Tim Norman	m	Veteran 50	Cheshire Tally Ho	1:56:04.4	2:25:07.9	2:59:18.3	9:26:38	9:26:28
143.	822	Aneta Pieczykolan-Moreton	f	Lady Veteran 40	U/A Witney, Oxfordshire	2:16:10.7	2:17:52.5	3:11:42.2	9:26:06	9:26:42
144.	1034	Sarah Holton	f	Lady Veteran 40	U/A CAMBERLEY, Surrey	2:11:53.6	2:21:37.4	3:07:18.1	9:28:36	9:28:28
145.	661	Bridie O'Dowd	f	Lady Veteran 40	U/A Glasgow,	2:10:58.3	2:31:34.9	3:04:27.6	9:27:49	9:28:37
146.	550	Dave Squirrel	m	Veteran 50	U/A Great Eccleston, Lancashire	2:08:06.9	2:16:00.6	3:09:49.7	9:29:08	9:29:00
147.	705	Kevin Duncan	m		U/A Lancaster, Lancashire	2:17:12.1	2:12:05.3	3:02:46.1	9:30:57	9:31:17
148.	913	Matthew Barker	m	Veteran 40	U/A Ilkley, West Yorkshire	2:07:05.3	2:15:52.8	3:15:22.4	9:32:39	9:33:31
149.	846	George Craig	m	Veteran 40	U/A Tynemouth, Tyne and Wear	2:10:50.1	2:20:14.0	3:06:33.4	9:34:13	9:34:41
150.	626	Stephen Toward	m	Veteran 40	Gainsborough & Morton Striders	2:15:25.4	2:14:46.3	3:09:48.8	9:36:29	9:36:44
151.	891	Garry Hobson	m	Veteran 50	Scunthorpe and District	2:11:51.9	2:20:50.2	3:01:19.0	9:36:54	9:37:04
152.	938	colin fell	m	Veteran 50	U/A Carlisle, Cumbria	2:20:45.5	2:24:17.8	2:58:44.6	9:38:12	9:38:36
153.	819	Leman Harris	m	Veteran 40	Onelife Racing	2:05:58.4	2:26:54.3	3:12:13.0	9:38:49	9:38:55
154.	669	Ed Chipperfield	m		U/A Long Crendon, Buckinghamshire	2:57:15.0	1:58:46.6	2:52:48.1	9:38:20	9:39:02
155.	961	Stuart Obbard	m		Trek and Run	2:07:57.0	2:17:36.4	3:07:10.9	9:40:14	9:40:17
156.	752	Julie Ashman	f	Lady Veteran 40	Stubbington Green	2:21:06.4	2:29:07.4	3:13:47.9	9:40:25	9:40:56
157.	657	Jill Irving	f	Lady Veteran 40	Glasgow Running Network	2:28:46.7	2:39:44.1	2:46:57.4	9:40:53	9:41:40
158.	513	John Corn	m	Veteran 40	U/A Macclesfield, Cheshire	2:01:35.5	2:16:44.9	3:21:59.9	9:41:54	9:42:04
159.	855	Rachel Poynter	f		Eden Runners	2:12:13.6	2:11:13.9	3:10:26.6	9:42:36	9:42:29
160.	879	Rob Fordham	m		U/A Glasgow,	2:23:27.8	2:18:14.4	3:01:16.0	9:43:46	9:44:13

Ultimate Trails

Pos	Bib	Name	M/F	Age Cat	Club	Glen	Gras	Stckl	Chip Time	Gun Time
161.	526	Tracey Apperley	f	Lady Veteran 40	U/A Newmarket, Suffolk	2:12:16.4	2:43:27.3	3:00:31.6	9:45:21	9:45:15
162.	651	Mark Tinkler	m	Veteran 50	Bedford Harriers	2:12:59.8	2:36:02.5	2:56:29.5	9:45:35	9:45:45
163.	650	Helen Woolley	f	Lady Veteran 40	Bedford Harriers	2:12:59.2	2:35:56.7	2:56:41.6	9:45:36	9:45:45
164.	633	Gerry Sheppard	m	Veteran 50	U/A Bourne End, Bucks	2:08:00.5	2:28:33.8	3:18:22.7	9:46:05	9:46:08
165.	894	William Arnot	m	Veteran 50	Anster Haddies	2:12:02.0	2:17:38.6	3:11:52.2	9:48:49	9:48:47
166.	645	Liz Cook	f	Lady Veteran 40	U/A Wigan, Lancs	2:04:16.0	2:17:14.7	3:16:40.5	9:48:15	9:48:49
167.	893	Peter Peddie	m	Veteran 50	Anster Haddies	2:12:00.9	2:17:41.2	3:13:15.8	9:48:56	9:48:53
168.	892	christine bowie	f	Lady Veteran 50	Anster Haddies	2:11:59.6	2:17:40.5	3:12:19.4	9:48:57	9:48:53
169.	572	Janice Allan	f	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	2:23:31.4	2:25:40.4	3:02:56.6	9:48:57	9:49:23
170.	905	Celina Kiefas-Stennett	f		U/A Manchester,	2:13:46.3	2:23:25.4	3:17:48.4	9:49:22	9:49:30
171.	1014	Alistair Wylie	m	Veteran 40	U/A Newcastle upon Tyne, Tyne and Wear	2:08:32.8	2:11:29.1	3:17:02.6	9:49:24	9:50:02
172.	772	Anthony Vincent	m	Veteran 50	U/A Wigan, Lancs	2:09:30.4	2:35:07.4	3:08:16.4	9:50:18	9:50:05
173.	660	julie brown	f	Lady Veteran 40	U/A Glasgow,	2:25:18.6	2:18:05.7	3:12:09.8	9:52:28	9:53:17
174.	921	Keith Bevan	m	Veteran 40	Serpentine	2:18:07.3	2:18:45.7	3:11:12.3	9:54:18	9:54:47
175.	1013	jonathan logan	m	Veteran 50	Tyne Bridge Harriers	2:18:28.8	2:23:53.5	3:02:59.4	9:54:41	9:54:48
176.	613	Rob Walker	m	Veteran 50	U/A Bacup, Lancashire	2:23:55.6	2:26:42.9	3:03:17.7	9:54:31	9:55:08
177.	792	Mel Corrigan	f	Lady Veteran 40	sedbergh school	2:27:59.3	2:24:20.4	3:08:30.7	9:55:35	9:55:53
178.	936	Paul Waldron	m	Veteran 40	Tavistock AC	2:22:50.6	2:33:29.4	3:05:43.5	9:55:56	9:56:12
179.	926	John Thompson	m	Veteran 50	Sweatshop Chorley	2:18:11.2	2:23:40.3	3:07:05.2	9:57:00	9:56:59
180.	567	Kay Shaw	f	Lady Veteran 40	Styal running club	2:23:30.9	2:34:33.6	3:06:16.1	9:59:43	10:00:13
181.	551	Lorna Seal	f	Lady Veteran 40	Styal Running Club	2:23:31.4	2:34:41.2	3:06:12.9	9:59:47	10:00:18
182.	756	Tim Jackson	m	Veteran 50	U/A Carnforth, Lancs	2:25:08.5	2:23:50.2	3:09:28.6	10:04:10	10:04:46
183.	863	Peter Roome	m	Veteran 50	Southport Waterloo AC	2:23:21.7	2:23:51.4	3:13:39.9	10:04:39	10:05:20
184.	864	Diane Hawkes	f	Lady Veteran 40	Unaffiliated	2:23:23.2	2:23:49.7	3:13:36.4	10:04:39	10:05:20
185.	856	Alistair Jacob	m	Veteran 50	U/A London,	2:21:09.0	2:14:49.2	3:28:08.0	10:07:35	10:08:14
186.	644	rebecca tydd	f	Lady Veteran 40	U/A Honiton, Devon	2:24:01.7	2:28:09.0	3:20:56.9	10:08:28	10:09:06
187.	556	Mike Churchyard	m	Veteran 40	Heathfield Road Runners	2:17:11.6	2:29:14.4	3:22:16.3	10:09:53	10:10:01
188.	764	catherine broome	f	Lady Veteran 50	achille ratti	2:24:25.4	2:26:09.3	3:10:26.4	10:10:56	10:11:22
189.	1026	jonathan broome	m	Veteran 40	achille Ratti	2:24:25.3	2:26:09.5	3:10:25.8	10:10:55	10:11:22
190.	635	David Elsworth	m	Veteran 40	U/A Brough, E Yorkshire	2:07:41.9	2:28:22.2	3:24:49.7	10:11:36	10:11:50
191.	767	Tom Devine	m	Veteran 40	U/A Knaresborough, North Yorkshire	2:13:55.4	2:32:49.9	3:28:12.2	10:11:25	10:11:58
192.	950	Jo Francis Nichols	f	Lady Veteran 50	Black Combe Runners	2:12:11.1	2:28:53.6	3:23:42.4	10:12:37	10:12:28
193.	656	Mark Mitchell	m		U/A Norwich,	2:35:15.0	2:31:09.5	3:26:34.8	10:14:42	10:15:04
194.	544	Nigel Peters	m	Veteran 50	U/A Holmfirth, West Yorkshire	2:16:05.4	2:35:22.2	3:17:20.8	10:14:58	10:15:43
195.	958	Damian Ashcroft	m	Veteran 50	U/A Hemphall, Norfolk	2:25:22.2	2:30:00.8	3:17:50.7	10:16:07	10:16:36
196.	765	David Kemble	m	Veteran 40	U/A norley, cheshire	2:15:49.0	2:25:01.7	3:11:39.0	0:00:00	10:17:18
197.	959	Emma Hill	f		Desford Striders	2:19:09.7	2:22:02.4	3:13:43.0	10:17:05	10:17:39
198.	618	Amanda Benson	f		Roundhay Runners	2:33:04.5	2:29:04.4	3:16:09.5	10:17:12	10:18:02
199.	908	Kay McGreevy	f	Lady Veteran 50	BMF Glasgow	2:07:56.5	2:34:16.8	3:30:31.9	10:19:19	10:19:16
200.	909	Fiona Steele	f	Lady Veteran 50	British Military Fitness	2:07:54.8	2:34:17.9	3:30:33.7	10:19:20	10:19:16
201.	639	paul hartshorn	m	Veteran 50	U/A romford, essex	2:14:52.5	2:37:02.4	3:20:56.6	10:19:10	10:19:16
202.	779	Maria Cook	f	Lady Veteran 40	Parbold Pink Panthas	2:31:27.0	2:40:40.9	3:14:47.4	10:19:21	10:19:30
203.	957	Gail Stonehouse	f	Lady Veteran 40	Parbold Pink Panthas	2:31:29.3	2:40:38.4	3:14:49.3	10:19:26	10:19:35
204.	760	David Bayliss	m		Fylde Coast Running	2:15:58.9	2:29:37.4	3:19:24.3	10:19:13	10:19:59
205.	882	Andrew Travis	m	Veteran 40	U/A Lancaster,	2:15:46.1	2:25:56.4	3:22:21.9	10:20:19	10:20:38
206.	945	Andrew Wood	m	Veteran 40	U/A Leigh, Lancashire	2:17:02.2	2:33:50.5	3:22:11.2	10:22:28	10:22:22
207.	818	Mark Cannell	m	Veteran 40	U/A Wigan	2:08:15.5	2:24:37.5	3:32:16.1	10:22:25	10:22:43
208.	664	Emiyne AKIN	f		Didcot Runners	2:25:13.0	2:32:13.3	3:40:19.5	10:26:56	10:27:30
209.	713	Jenny Pullen	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	2:36:30.0	2:34:30.4	3:17:34.9	10:28:44	10:29:21
210.	1024	Paton David	m	Veteran 50	NA	2:02:56.6	2:21:04.8	3:42:57.8	10:31:05	10:31:00
211.	925	Mat Harrop	m	Veteran 40	U/A Scarborough, North Yorkshire	2:22:48.7	2:29:47.0	3:38:17.1	10:33:11	10:33:02
212.	932	Pella Frost	f		U/A London, London	2:17:40.8	2:25:40.1	3:31:25.2	10:33:00	10:33:42
213.	823	Richard Moreton	m	Veteran 50	U/A Witney, Oxfordshire	2:14:44.3	2:26:30.6	3:46:54.8	10:33:15	10:33:51
214.	685	Sean O'Farrell	m	Veteran 40	Bioticfit	2:27:37.8	2:35:57.5	3:29:37.7	10:36:31	10:36:52
215.	858	Mark Brennan	m	Veteran 50	U/A Stockport, Cheshire	2:26:45.8	2:36:54.2	3:29:30.9	10:36:31	10:36:54
216.	740	Clair Crowther	f	Lady Veteran 40	U/A Hexham, Northumberland	2:41:56.9	2:43:57.4	3:15:30.6	10:37:30	10:38:11
217.	589	Sue Cousen	f	Lady Veteran 40	Heysham, Lancashire	2:20:07.5	2:41:34.6	3:26:50.7	10:38:17	10:38:19
218.	802	Dawn Stainer	f		U/A Kendal, Cumbria	2:33:22.8	2:29:53.3	3:30:07.5	10:40:15	10:40:30
219.	1028	Ashley Holden	f		U/A Kendal, Cumbria	2:33:23.9	2:29:35.4	3:30:16.0	10:40:16	10:40:30
220.	768	Bex Barton	f		Helm Hill	2:33:23.6	2:29:51.3	3:30:02.5	10:40:17	10:40:30
221.	632	Mandy Keenan	f	Lady Veteran 50	South Ribble Runners	2:22:23.5	2:31:04.1	3:45:54.1	10:43:10	10:43:10
222.	867	Claire Buchanan	f	Lady Veteran 40	U/A Grangemouth, Falkirk	2:28:03.7	2:38:21.1	3:22:01.1	10:44:28	10:44:59
223.	662	allison pollard	f	Lady Veteran 50	U/A glasgow,	2:25:17.0	2:24:30.5	3:38:42.3	10:44:09	10:44:59
224.	716	Morven Walsh	f	Lady Veteran 40	Dunoon hill runners	2:29:25.7	2:30:55.6	3:28:16.4	10:44:27	10:44:59
225.	646	paul webster	m	Veteran 60	shelton striders derby	2:27:58.6	2:34:34.2	3:26:48.7	10:44:39	10:45:02
226.	715	Jamie Laing	m		Dunoon hill runners	2:29:28.1	2:30:53.6	3:28:15.9	10:44:32	10:45:02
227.	845	David Simpson	m	Veteran 40	U/A Cairns, Queensland	2:18:07.6	2:29:50.9	3:49:45.5	10:45:36	10:46:02
228.	608	Andrew Goodson	m	Veteran 50	U/A Bowness on Windermere, Cumbria	2:23:45.5	2:37:57.7	3:25:59.0	10:48:24	10:48:16
229.	659	Ann Lister	f	Lady Veteran 60	Glasgow Running Network	2:28:50.3	2:44:18.8	3:28:39.1	10:47:55	10:48:45
230.	897	Liz Burns	f	Lady Veteran 40	U/A Knightswood gate , Glasgow	2:28:41.3	2:44:28.3	3:28:44.2	10:47:55	10:48:45
231.	665	Mary Beckett	f		Eden Runners	2:17:04.3	2:41:03.7	3:34:15.7	10:49:17	10:49:11
232.	718	Kathryn Bryant	f		U/A Wigton,	2:17:05.9	2:41:01.7	3:34:06.8	10:49:18	10:49:11
233.	942	Pip Fitzpatrick	f	Lady Veteran 40	Manchester YMCA Harriers	2:17:41.9	2:43:50.5	3:38:11.3	10:48:58	10:49:19
234.	599	Lucy Barnes	f		U/A Lancaster,	2:25:51.0	2:42:33.8	3:33:30.7	10:49:21	10:49:25
235.	866	María McCalmont	f	Lady Veteran 50	U/A Lanarkshire,	2:26:09.1	2:42:15.7	3:33:28.9	10:49:10	10:49:26
236.	956	Clare Archbold	f	Lady Veteran 40	Borrowdale Fell Runners	2:33:09.5	2:42:16.6	3:26:03.4	10:49:43	10:49:56
237.	532	David Chalmers	m	Veteran 60	U/A Symington, Lanarkshire	2:25:29.0	2:30:07.0	3:34:32.1	10:49:28	10:49:57
238.	553	Catherine Smith	f		Saltaire Striders	2:23:25.9	2:38:44.1	3:36:23.6	10:52:50	10:53:14
239.	749	Eilidh Simpson	f	Lady Veteran 50	U/A East Kilbride, Lanarkshire	2:32:56.1	2:44:28.3	3:21:53.3	10:53:09	10:53:23
240.	871	Pete Dobbs	m		U/A Milton Keynes, Buckinghamshire	2:31:00.2	2:42:22.1	3:23:27.1	10:54:35	10:54:45
241.	901	Jeanette Kindstr*mmmer	f	Lady Veteran 40	SWEDEN	2:37:40.4	2:44:26.6	3:25:22.2	10:54:31	10:55:04

Ultimate Trails

Pos	Bib	Name	M/F	Age Cat	Club	Glen	Gras	Stckl	Chip Time	Gun Time
242.	719	Patricia White	f	Lady Veteran 50	U/A Kendal, Cumbria	2:16:15.1	2:46:23.6	3:35:10.8	10:55:52	10:55:53
243.	773	Janet Farrow	f	Lady Veteran 40	Parbold Pink Panthers	2:31:33.4	2:41:43.4	3:24:06.9	10:56:04	10:56:12
244.	679	Jane Warner	f	Lady Veteran 50	Skelmersdale Boundary Harriers	2:31:29.8	2:41:47.1	3:24:12.1	10:56:02	10:56:12
245.	666	Dave Mangan	m	Veteran 50	Penny Lane Striders	2:46:53.0	2:48:54.5	3:22:31.0	10:56:36	10:57:11
246.	628	samantha sunderland	f	Lady Veteran 50	U/A dalton-in-furness, cumbria	2:28:32.3	2:46:58.2	3:26:34.3	10:57:46	10:57:35
247.	762	Fiona Fawkes	f	Lady Veteran 50	U/A Barrow-in-Furness , Cumbria	2:28:33.4	2:47:01.9	3:26:34.0	10:57:46	10:57:36
248.	747	Alan Thomas	m	Veteran 50	Elterwater Hostel	2:30:18.3	2:31:49.1	3:26:37.2	10:58:42	10:58:33
249.	1027	Dan Shiels	m	Veteran 40	U/A Kendal, Cumbria	2:33:20.5	2:44:43.7	3:29:22.0	11:03:35	11:04:11
250.	766	Matt Ford	m	Veteran 50	U/A Ulverston, Cumbria	2:30:27.3	2:43:02.3	3:33:00.5	11:05:06	11:05:41
251.	601	Jonathan Jamison	m	Veteran 40	North Shields Poly	2:11:30.1	2:35:13.7	3:54:37.9	11:07:28	11:07:31
252.	555	Olivia Trimbee	f	Lady Veteran 50	U/A Seaford,	2:36:51.8	2:42:58.6	3:37:31.8	11:09:47	11:10:22
253.	569	penny moreton	f	Lady Veteran 50	Black Combe Runners	2:37:56.7	2:45:28.8	3:28:53.1	11:11:50	11:12:17
254.	518	Neville Holmes	m	Veteran 40	U/A Millom, Cumbria	2:37:54.2	2:45:30.9	3:28:54.8	11:11:50	11:12:17
255.	875	Gavin Shurmer	m	Veteran 40	U/A Radlett, England	2:28:03.0	2:44:11.0	3:40:10.3	11:19:38	11:19:59
256.	877	Richard Smith	m	Veteran 50	Thame Runners	2:28:04.9	2:42:52.1	3:41:25.4	11:19:36	11:19:59
257.	754	James Butler	m		Fylde Coast Runners	2:16:31.4	2:31:03.6	4:03:52.7	11:21:51	11:22:33
258.	860	Gemma Wandless	f		U/A newcastle upon Tyne, tyne and Wear	2:34:44.0	2:53:00.9	3:59:09.1	11:28:23	11:29:01
259.	584	Neil Elsander	m	Veteran 40	U/A Chester-le-street, Durham	2:28:04.9	2:52:16.3	3:50:27.9	11:31:01	11:31:04
260.	848	Michael Rafferty	m	Veteran 40	U/A Cramlington	2:37:04.3	2:46:56.3	3:30:35.5	11:31:41	11:32:26
261.	886	Philip Black	m		U/A Witney, Oxfordshire	2:26:18.6	2:47:03.6	3:38:16.6	11:32:09	11:32:26
262.	583	Ben Crowder	m		U/A Burnopfield, Newcastle upon Tyne	2:28:10.7	4:43:50.5		11:33:00	11:33:04
263.	815	Wendy Fraser	f	Lady Veteran 50	U/A Stockton on Tees, Cleveland	2:37:14.1	2:54:40.2	3:38:38.1	11:32:43	11:33:15
264.	859	Samuel Wisniewski	m		U/A Lancaster, Lancashire	2:06:58.5	2:27:45.0	4:25:06.4	11:33:15	11:33:16
265.	681	Elizabeth Sloan	f	Lady Veteran 40	Glasgow Running Network	2:25:15.7	2:57:30.7	3:43:25.2	11:32:39	11:33:29
266.	722	Lorna Sutherland	f	Lady Veteran 40	U/A Glasgow ,	2:32:53.4	2:49:53.8	3:43:25.4	11:32:41	11:33:30
267.	801	David Cowell	m		U/A Carnforth, Lancashire	2:31:17.8	2:42:00.0	3:49:00.8	11:33:37	11:33:36
268.	733	Andree Rose	f	Lady Veteran 40	U/A Tarporlety, Cheshire	2:40:29.1	2:55:30.7	3:35:22.9	11:36:27	11:37:13
269.	906	Yvonne Cox	f		U/A Manchester,	2:19:18.6	2:54:06.9	3:52:33.7	11:38:16	11:39:01
270.	826	Peter Hodgson	m	Veteran 40	U/A Bury,	2:19:17.2	2:54:04.0	3:52:34.2	11:38:18	11:39:02
271.	835	Lorna Gamberini	f	Lady Veteran 50	Rocktart Runners	2:37:10.0	2:53:32.1	3:50:45.0	11:43:50	11:44:40
272.	896	Janette Elrick	f	Lady Veteran 50	U/A Glasgow, West Dumbartonshire	2:37:12.7	2:53:28.1	3:50:37.9	11:43:51	11:44:40
273.	836	David Cassels	m	Veteran 50	Rocktart runners	2:37:10.1	2:53:32.2	3:50:35.2	11:43:50	11:44:40
274.	539	Joanne Fenwick	f	Lady Veteran 40	U/A Sunderland,	2:36:34.7	2:47:42.9	3:46:57.6	11:45:38	11:45:56
275.	603	Katherine Halshaw	f		Sunderland Strollers	2:36:33.7	2:47:42.6	3:47:02.0	11:45:40	11:45:57
276.	1029	Maxine Grimshaw	f	Lady Veteran 50	walkB4Urun	2:39:41.1	3:06:05.1	3:33:37.7	11:55:29	11:55:35
277.	744	Justine Howlett	f	Lady Veteran 40	Team Derby Runner	2:32:12.6	3:07:35.4	3:40:02.5	11:55:01	11:55:39
278.	741	Herbie Kaur	f		Derby runners	2:32:13.9	3:07:35.5	3:39:44.7	11:55:01	11:55:39
279.	702	Zoë Whittington	f		U/A Knutsford, Cheshire	2:46:34.2	3:08:59.5	3:25:13.7	11:56:17	11:56:11
280.	701	Tom Whittington	m		Macclesfield Harriers	2:46:32.7	3:09:00.4	3:25:10.2	11:56:19	11:56:12
281.	691	phillip brierley	m	Veteran 40	U/A Blackpool, Lancashire	2:18:38.3	2:51:06.9	4:12:14.7	12:01:14	12:02:06
282.	672	Rebecca Greaves	f		U/A Blackpool,	2:18:36.8	2:51:07.0	4:12:18.0	12:01:14	12:02:06
283.	579	Dave Dave Cope	m	Veteran 60	U/A Kendal,	2:54:11.1	2:53:55.9	3:31:40.8	12:02:46	12:03:40
284.	840	John David Peatfield	m	Veteran 60	U/A Bowdall, Cumbria	2:54:12.2	2:53:55.2	3:52:25.5	12:02:47	12:03:40
285.	723	Joanna Wright	f	Lady Veteran 40	U/A Glasgow,	2:55:20.3	3:12:27.8	3:45:00.2	12:13:45	12:14:33
286.	881	Victoria Garnett	f		U/A Glasgow,	2:45:41.2	3:04:45.5	3:48:01.6	12:18:06	12:18:36
287.	880	Steph Field	f		U/A Glasgow,	2:31:55.8	3:08:41.3	3:59:38.2	12:18:05	12:18:36
288.	876	Michael Kirkum	m		U/A Irvine	2:46:38.1	2:59:43.6	3:58:00.6	12:28:09	12:28:04
289.	619	Jan Rayner	f	Lady Veteran 40	Roundhay Runners	2:37:30.0	2:52:34.6	4:05:19.2	12:28:24	12:29:15
290.	944	ian rayner	m	Veteran 50	U/A leeds, west yorkshire	2:37:13.8	2:52:51.4	4:04:43.2	12:29:06	12:29:58
291.	563	Lily Dyu	f	Lady Veteran 40	U/A HEREFORD,	2:36:42.6	2:57:55.4	4:11:29.9	12:29:27	12:30:07
292.	607	Geraint Lloyd-Williams	m	Veteran 50	Rhyl Cycling Club	2:45:00.9	3:07:55.6	4:03:32.8	12:38:24	12:39:03
293.	564	Chris Councell	m	Veteran 40	U/A Hereford,	2:37:24.5	2:57:22.3	4:12:00.0	12:38:44	12:39:24
294.	594	Ingaret Howells	f	Lady Veteran 40	U/A Ipswich, Suffolk	2:57:00.2	3:14:31.7	3:54:41.8	12:48:38	12:49:01
295.	842	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:52:55.3	3:17:04.5	3:56:10.6	12:48:18	12:49:01
296.	582	Leo Ponton	m	Veteran 50	Talkin Tarn Amateur Rowing Club	2:24:02.9	3:12:37.2	4:19:51.8	12:48:22	12:49:01
297.	561	Sally Winterton	f	Lady Veteran 40	Shelton Striders	3:01:51.5	3:09:02.0	3:59:35.3	12:55:05	12:55:29
298.	514	Sharon White	f	Lady Veteran 40	U/A Kendal, Cumbria	2:56:11.7	3:13:40.9	3:59:47.0	12:54:45	12:55:29
299.	870	Wasim Haque	m	Veteran 40	U/A Hounslow, Middlesex	2:45:46.6	3:22:06.7	4:01:52.1	12:56:21	12:56:40
300.	630	Joe Kenny	m	Veteran 50	Not affiliated	2:31:59.2	3:00:00.4	4:12:02.8	12:56:19	12:56:49
301.	916	Kirsty Bushrod	f		U/A Sheffield ,	2:31:30.1	3:00:39.5	4:12:05.1	12:56:20	12:56:49
302.	790	Gemma Leadbetter	f		Dumfries Running Club	2:51:57.2	3:17:13.9	3:56:52.5	12:59:24	12:59:37
303.	720	joanne pennington	f		dumfries running club	2:51:54.6	3:16:21.2	3:57:46.0	12:59:23	12:59:37
304.	547	kim adamson	f	Lady Veteran 50	dumfries running club	2:52:02.0	3:17:18.6	4:01:34.5	12:59:27	12:59:38
305.	548	christina adamson	f		dumfries running club	2:51:54.4	3:16:11.7	4:02:29.7	12:59:27	12:59:38
306.	560	Amanda Paton	f	Lady Veteran 40	U/A Keswick, Cumbria	2:52:59.0	3:17:56.5	4:11:14.8	13:00:07	13:00:50
307.	750	Gail Cass	f	Lady Veteran 60	Jog on the Tyne	2:54:33.6	3:19:23.3	4:09:14.6	13:00:06	13:00:50
308.	828	Carron Lane	f	Lady Veteran 50	Winston Runners	2:36:51.4	3:01:33.8	4:04:54.7	13:03:43	13:04:09
309.	834	Rosalind Dyde	f	Lady Veteran 50	Winston Runners	2:40:41.8	3:31:28.1	4:01:20.4	13:03:41	13:04:09
310.	831	john heycock	m	Veteran 40	U/A port Talbot ,	2:19:12.6	2:56:02.3	4:32:57.0	13:03:42	13:04:09
311.	931	MichAel Kirkum	m	Veteran 50	U/A Kilwinning,	3:01:54.6	3:16:18.7	4:01:03.8	13:05:09	13:05:04
312.	806	Rachael Liddle	f		Saltwell Harriers	3:06:42.5	3:24:28.5	4:13:02.5	13:48:17	13:49:08

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