

Lakeland Trails Ullswater

Trail Run 10k

Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
Trail Run 10k								
1	811	William Laye	M	Howgill Harriers	0	0	0	0:40:08
2	854	Macauley Bond	M		0	0	0	0:41:35
3	530	Thomas Procter	MU25		0	0	0	0:42:11
4	810	Kelli Roberts	F	Helm Hill	0	0	0	0:42:48
5	352	Toby Middleton	M		0	0	0	0:44:49
6	604	Ewan Taylor	M	Victoria Park Running Club,	0	0	0	0:45:58
7	855	Pete Booth	M		0	0	0	0:46:04
8	937	Joshua Vincent	M		0	0	0	0:46:19
9	770	Ruby Tomlinson	GU25	Clapham Pioneers	0	0	0	0:47:18
10	784	Rich Frost	MV 50		0	0	0	0:47:26
11	794	Chris Jones	MV 50	Claremont Road Runners	0	0	0	0:47:51
12	943	Claire Wilkinson	FV 40		0	0	0	0:48:03
13	39	Ben Ashton	MV 50	Ruddington Running Club	0	0	0	0:48:13
14	907	Katherine Mulligan	F		0	0	0	0:48:24
15	621	Simon Broxton	MV 50		0	0	0	0:49:00
16	87	Robert Leigh	M		0	0	0	0:49:03
17	668	Stephen Langan	MV 50		0	0	0	0:49:08
18	886	Isaac Heap	MU21		0	0	0	0:49:15
19	805	Trevor Hindle	MV 60	Goyt Valley Striders	0	0	0	0:49:23
20	243	Jon Meeten	MV 50	Didsbury Runners	0	0	0	0:50:21
21	827	Thomas Wilson	M	Rochdale Harriers	0	0	0	0:50:48
22	26	Mike Duff	MV 50	Ealing Eagles	0	0	0	0:51:03
23	593	Nigel Tillott	MV 60	Tewkesbury Ac	0	0	0	0:51:11
24	332	Andy Williams	MV 50		0	0	0	0:51:14
25	847	Paul Aitken	M		0	0	0	0:51:37
26	852	Mark Bennett	MV 40		0	0	0	0:51:39
27	596	Viv Winter	FV 50	TriLakeland	0	0	0	0:51:48
28	353	Harriet Lowndes	F		0	0	0	0:52:02
29	340	Soroush Pourhashemi	MV 40		0	0	0	0:52:03
30	835	Geoff Lowe	MV 60	The Herdy Maaa-shal	0	0	0	0:52:23
31	533	Martin Smithurst	MV 50		0	0	0	0:52:28
32	527	Paul Hodgson	MV 40		0	0	0	0:52:51
33	876	Ferit Eyuboglu	M		0	0	0	0:52:56
34	825	Martin Dick	MV 50	Red rose road runners	0	0	0	0:53:00
35	821	Andrew Fairweather	MV 40	Red rose road runner	0	0	0	0:53:01
36	566	Simon Northcott	MV 50	Peterborough and Nene Vally	0	0	0	0:53:01
37	649	Kevin Harber	MV 50		0	0	0	0:53:41
38	936	Richard Tunnicliffe	MU25		0	0	0	0:53:45
39	342	Alessandro BINOTTI	MV 40		0	0	0	0:54:02
40	780	Chris Griffiths	M		0	0	0	0:54:40
41	938	Nick Vincent	M		0	0	0	0:54:43
42	763	Sharon O'leary	FV 50		0	0	0	0:54:46
43	760	Emma Cross	FV 50		0	0	0	0:54:57
44	685	Helen Pennington	F		0	0	0	0:55:41

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Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
45	817	Mark Wilson	MV 50	No Drama Llamas Running	0	0	0	0:55:43
46	229	Richard Morrissey	MV 50		0	0	0	0:55:51
47	670	Jack Laskey	M		0	0	0	0:55:54
48	647	Sam Griffiths	M		0	0	0	0:55:56
49	624	Amy Constantine	F		0	0	0	0:55:56
50	880	Kris Gorbert	MV 40		0	0	0	0:55:58
51	952	Stephen Davenport	MV 50		0	0	0	0:56:10
52	666	Peter Jones	MV 50		0	0	0	0:56:30
53	620	Mark Broxton	MV 50		0	0	0	0:56:43
54	800	Ralph Liddell	MV 70	Eden Runners	0	0	0	0:57:16
55	757	Joanna Pears	FV 50	Ripon runners	0	0	0	0:58:54
56	561	Matthew Almond	MV 40	Lancaster Runners	0	0	0	0:58:57
57	793	Michael Wilson	MV 60	Chorley Athletic & Triathlon Club	0	0	0	0:58:59
58	818	Jimmy Hark	MV 40	Nob end run club	0	0	0	0:58:59
59	917	Andrew Smith	MV 40		0	0	0	0:59:00
60	896	Julia Kelly	FV 40		0	0	0	0:59:42
61	553	Karen Geldart	FV 50	Billingham Running Club	0	0	0	0:59:47
62	859	Peter Burlingham	MV 40		0	0	0	0:59:49
63	807	Victoria Eze	FV 60	Hampstead Heath Park Run	0	0	0	0:59:54
64	603	Felicia Singleton	FV 60	Victoria Park Running Club,	0	0	0	0:59:58
65	776	Stan Tomlinson	MV 60	BEDACC	0	0	0	1:00:09
66	545	Mark Procter	MV 50	Sleaford striders	0	0	0	1:00:09
67	899	Gill Leigh	FV 50		0	0	0	1:00:10
68	350	Paul Kelly	MV 50	St Helens striders	0	0	0	1:00:31
69	598	Gillian Bell	FV 50	Tynedale Harriers	0	0	0	1:00:34
70	888	Jim Higham	MV 50		0	0	0	1:00:37
71	697	Marta Snopinska	FV 40		0	0	0	1:00:45
72	759	Dawn Chilton	FV 50		0	0	0	1:00:54
73	774	Dean Graham	MV 40		0	0	0	1:01:10
74	534	Liam Talbot	M		0	0	0	1:01:16
75	689	Christine Rousell	FV 40		0	0	0	1:01:30
76	575	Amy de Nobriga	FV 40	Sowerby Bridge Snails	0	0	0	1:01:44
77	830	Catherine Elliott	FV 40	Styal	0	0	0	1:01:56
78	905	Andrew McGregor	MV 40		0	0	0	1:01:56
79	709	Andrew Walmsley	MV 50		0	0	0	1:01:57
80	790	Calum Bickerton	M	Backworth Cricket Club	0	0	0	1:02:01
81	768	Emma Laking	F		0	0	0	1:02:02
82	515	Sue Harrison	FV 50	Red Rose Road Runners	0	0	0	1:02:04
83	791	Laura Hindle	F	Blyth Running Club	0	0	0	1:02:11
84	898	Jade Lawson	F		0	0	0	1:02:24
85	629	Heather Crump	F		0	0	0	1:02:36
86	771	Glyn Arthur	MV 40		0	0	0	1:02:38
87	374	Tom Lewis	M		0	0	0	1:03:36
88	375	Casey Roe	F		0	0	0	1:03:36
89	245	Lisa Buss	F	Eden Runners	0	0	0	1:03:48

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Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
90	758	Olivia Aston	F		0	0	0	1:03:50
91	599	Sam Rowan	FV 50	Unaffiliated	0	0	0	1:03:52
92	869	Ellie Croxford	F		0	0	0	1:03:56
93	935	Simon Thorne	MV 60		0	0	0	1:04:00
94	803	Kim Ramshaw	FV 50	Eden Runners	0	0	0	1:04:01
95	820	Leia Moss	F	Nob End Run Club	0	0	0	1:04:11
96	663	Ben Jewers	M		0	0	0	1:04:25
97	831	Samantha Catarelli	F	Styal Rc	0	0	0	1:04:32
98	887	John Heap	MV 40		0	0	0	1:04:39
99	665	Helen Jones	FV 50		0	0	0	1:04:41
100	704	Chloe Suret	F		0	0	0	1:04:43
101	569	Gail Bristo	FV 50	Red Rose Road Runners	0	0	0	1:04:44
102	789	Stephen Campbell	MV 50	Arragons Ironman	0	0	0	1:04:47
103	897	Emily King	GU25		0	0	0	1:04:47
104	557	Alison Thorburn	FV 50	Eden Runners	0	0	0	1:04:52
105	562	Malcolm Collins	MV 50	Leigh Harriers	0	0	0	1:04:57
106	681	Sarah Nutt	FV 40		0	0	0	1:05:05
107	572	Nathalie Robinson	FV 40	Roefield Run Club	0	0	0	1:05:05
108	702	Rachel Summers	FV 50		0	0	0	1:05:08
109	637	David Evans	MV 50		0	0	0	1:05:10
110	501	Deborah Raisbeck	FV 50	Dans Running club	0	0	0	1:05:11
111	772	Robert Burgess	MV 50		0	0	0	1:05:15
112	892	Steve Jones	MV 50		0	0	0	1:05:16
113	381	Cliff Etherden	MV 70		0	0	0	1:05:20
114	889	Karen Higham	FV 50		0	0	0	1:05:28
115	883	Paul Haydon	MV 60		0	0	0	1:05:50
116	860	Anna Butler	F		0	0	0	1:05:59
117	861	Mike Butler	MV 60		0	0	0	1:05:59
118	932	Kelly Thistlethwaite	FV 40		0	0	0	1:06:00
119	511	Charlotte Harber	FV 50		0	0	0	1:06:01
120	560	Chloe Almond	F	Lancaster Runners	0	0	0	1:06:02
121	823	Donna Crabtree	FV 50	Red Rose Road Runners	0	0	0	1:06:04
122	822	Steve Bellamy	MV 40	Red Rose Road Runners	0	0	0	1:06:04
123	801	Elaine Malyn	FV 50	Eden runners	0	0	0	1:06:07
124	636	Mary Entwistle	FV 50		0	0	0	1:06:13
125	595	Tom Mitchell	MV 60	Tricentral	0	0	0	1:06:20
126	871	George Dadley	M		0	0	0	1:06:22
127	862	Janette Canfield	FV 50		0	0	0	1:06:42
128	630	Annie Dawson	FV 50		0	0	0	1:06:50
129	682	Don Oldcorn	MV 50		0	0	0	1:06:58
130	775	Evie Morton	F		0	0	0	1:07:21
131	712	Jenni Wisher	FV 50		0	0	0	1:07:22
132	816	Claire Madden	FV 40	New Marske Harriers	0	0	0	1:07:39
133	788	Steve Starkie	MV 40		0	0	0	1:07:44
134	802	Margaret Mossman	FV 50	Eden Runners	0	0	0	1:07:57

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Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
135	644	Laura Gardner	FV 40		0	0	0	1:08:16
136	260	Ian Hirst	MV 60	RRR	0	0	0	1:08:21
137	683	Jack Oldcorn	M		0	0	0	1:08:23
138	934	Laura Thompson	F		0	0	0	1:08:28
139	521	Nigel Routledge	MV 60	Loughton Athletics Club	0	0	0	1:08:29
140	944	Isobel Williamson	FV 70		0	0	0	1:08:33
141	547	Joe Harper	M		0	0	0	1:08:58
142	506	Karyn Harper	FV 50	Yorkshire Wolds Runners	0	0	0	1:08:58
143	549	William Tope	M		0	0	0	1:09:05
144	321	Samantha Sunderland	FV 60		0	0	0	1:09:05
145	600	Clare Canty	FV 40	Upper Wharfedale Runners	0	0	0	1:09:09
146	602	Charlotte Scott	FV 40	Upper Wharfedale Runners	0	0	0	1:09:10
147	601	Alison Eagle	FV 60	Upper Wharfedale Runners	0	0	0	1:09:10
148	700	Simon Speakman	MV 40		0	0	0	1:09:20
149	699	Holly Speakman	FV 40		0	0	0	1:09:21
150	927	Jayne Street	FV 50		0	0	0	1:09:26
151	832	Kay Shaw	FV 50	Styal RC	0	0	0	1:09:34
152	642	Robert Fry	MV 60		0	0	0	1:09:45
153	916	Mark Shaw	MV 60		0	0	0	1:09:57
154	766	Ellie Unsworth	GU25		0	0	0	1:10:20
155	633	Trish Dunlop	FV 50		0	0	0	1:10:22
156	523	John Edwards	MV 70		0	0	0	1:10:27
157	695	Rachael Simpson	F		0	0	0	1:11:10
158	711	Kelly Wilson	FV 40		0	0	0	1:11:15
159	541	Jason Spear	MV 50		0	0	0	1:11:35
160	244	Rebecca Meeten	FV 50	Didsbury Runners	0	0	0	1:11:47
161	879	Mark Gean-Hughes	MV 50		0	0	0	1:11:48
162	617	Heather Binney	FV 60		0	0	0	1:11:53
163	848	Rachel Ashton	FV 50		0	0	0	1:12:03
164	692	Rachel Scholes	F		0	0	0	1:12:04
165	588	Lynn Swift	FV 40	Sunnywood ladies on tour	0	0	0	1:12:04
166	837	Zoe Bridges	FV 50	Trail Running Association	0	0	0	1:12:08
167	509	Bernice Edwards	FV 40		0	0	0	1:12:08
168	502	Gail Outhwaite	FV 60	Team Catepillar	0	0	0	1:12:11
169	849	Judith Barker	FV 50		0	0	0	1:12:33
170	846	Chloe Addison	F		0	0	0	1:12:35
171	909	Mitchell Proud	M		0	0	0	1:12:35
172	913	Andrew Reid	MV 40		0	0	0	1:12:43
173	613	Richard Bacon	MV 70		0	0	0	1:12:57
174	804	Lauren Stevens	F	Evenwood road runners	0	0	0	1:13:13
175	525	Adrian Gibson	MV 50		0	0	0	1:13:13
176	513	Femke van Dreven	FV 50	Durham City Harriers	0	0	0	1:13:54
177	616	David Battersby	MV 50		0	0	0	1:14:00
178	953	Wayne wrigley	MV 50		0	0	0	1:14:28
179	786	James F-E	M		0	0	0	1:14:34

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Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
180	529	Phil Jones	MV 50		0	0	0	1:14:44
181	520	Mike Birtles	MV 50	Red Rose Road Runners	0	0	0	1:15:08
182	844	Jane Hornby	FV 40	Yorkshire Wolds Runners	0	0	0	1:15:34
183	645	Tina Gee	FV 60		0	0	0	1:15:37
184	778	Leigh Child	FV 50		0	0	0	1:15:38
185	850	Marianne Barker	FV 50		0	0	0	1:15:41
186	845	Steve Longney	MV 50	Yorkshire Wolds Runners	0	0	0	1:15:55
187	939	Jack Walker	MV 60		0	0	0	1:16:04
188	940	Joe Walker	M		0	0	0	1:16:04
189	519	Jennifer Pugh	FV 40		0	0	0	1:16:06
190	910	Amy Publicover	FV 40		0	0	0	1:16:08
191	626	Steph Cowling	F		0	0	0	1:16:09
192	929	Nicola Tasker	FV 40		0	0	0	1:16:14
193	690	Richard Sabey	MV 60		0	0	0	1:16:15
194	928	ADAM TASKER	MV 40		0	0	0	1:16:16
195	767	Hannah Harrison	FV 40		0	0	0	1:16:18
196	762	Lisa Leigh	FV 40		0	0	0	1:16:20
197	632	Amy Derbyshire	F		0	0	0	1:16:23
198	570	Gayle Cookson	FV 50	red rose road runners	0	0	0	1:16:28
199	505	Carole Frost	FV 60	Orchard Eagles Running Club	0	0	0	1:16:33
200	781	James Laking	M		0	0	0	1:17:04
201	552	Eric Brooks	MV 50	Beefit	0	0	0	1:17:06
202	915	Louise Roberts	FV 50		0	0	0	1:17:10
203	799	Lynn Dobinson	FV 40	Eden Runners	0	0	0	1:17:23
204	829	Jane Thomas	F	Sale Harriers	0	0	0	1:17:26
205	785	William Alty	MU25		0	0	0	1:17:56
206	902	Sarah Mackarel	F		0	0	0	1:18:12
207	901	David Mackarel	MV 40		0	0	0	1:18:12
208	635	Jennie Eklund	FV 40		0	0	0	1:18:35
209	839	Martin Bates	MV 60	Wesham Road Runners	0	0	0	1:18:55
210	933	Julie Thomas	FV 60		0	0	0	1:19:00
211	872	Helen Dangerfield	F		0	0	0	1:19:24
212	918	Katharine Smith	FV 40		0	0	0	1:19:25
213	833	Janet Stevens	FV 50	Styal Running Club	0	0	0	1:19:31
214	945	John Wiseman	MV 60		0	0	0	1:19:32
215	556	Angela Duff	FV 40	Ealing Eagles	0	0	0	1:19:44
216	754	Christine Gill	FV 50		0	0	0	1:19:46
217	634	Karen Eckworth	FV 60		0	0	0	1:19:51
218	809	joanna lorenz	FV 60	Hampstead Heath parkrun	0	0	0	1:19:52
219	678	Robert Mundy	MV 70		0	0	0	1:19:57
220	661	Bridget Hoult	FV 40		0	0	0	1:20:32
221	764	Laura Stanton	FV 40		0	0	0	1:20:33
222	782	Tracy Mault	FV 40		0	0	0	1:20:34
223	319	Ruth Smith	FV 60		0	0	0	1:20:37
224	558	Sara Lucas	FV 50	Elvet Striders	0	0	0	1:20:47

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Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
225	686	Jan Phillips	FV 40		0	0	0	1:20:49
226	591	Sandra Eaton	FV 50	Telford Harriers	0	0	0	1:20:49
227	540	Angela Salter	FV 50		0	0	0	1:20:49
228	657	Jacqueline Homan	FV 50		0	0	0	1:20:51
229	622	Judith Cansfield	FV 50		0	0	0	1:21:42
230	592	Paul Kirton	MV 50	Tetbury Dolphins Running Club	0	0	0	1:21:49
231	674	david martin	MV 60		0	0	0	1:21:49
232	576	Moz Morris	MV 50	stockton striders	0	0	0	1:22:10
233	577	Doreen Morris	FV 40	Stockton Striders AC	0	0	0	1:22:11
234	824	Alison Dick	FV 50	Red Rose Road Runners	0	0	0	1:23:23
235	826	Fiona Gutteridge	FV 40	Red Rose Road Runners	0	0	0	1:23:23
236	828	John Gore	MV 40	Rochdale Tri Club	0	0	0	1:24:01
237	587	Susanna Sewell	FV 50	Sunnywood Ladies on Tour	0	0	0	1:24:13
238	597	Neil Sutcliffe	MV 60	TriPreston	0	0	0	1:24:22
239	756	Kay Standing	FV 60	Mikeller Running Club Liverpool	0	0	0	1:24:29
240	653	Paul Heaton	MV 60		0	0	0	1:24:41
241	563	Carole Heaton	FV 60	Lions Running Community	0	0	0	1:24:41
242	677	Lorna Mundy	FV 40		0	0	0	1:25:24
243	864	Jocelyn Coppard	FV 60		0	0	0	1:28:28
244	877	Dawn Fahy	FV 60		0	0	0	1:28:28
245	658	Colette Hopwood	FV 50		0	0	0	1:28:34
246	578	Laura Tracey	FV 40	Sunflower Trail Ladies	0	0	0	1:28:42
247	582	Jo Oliver	FV 50	Sunnywood Ladies on Tour	0	0	0	1:28:43
248	580	Jo Critchley	FV 50	Sunnywood ladies	0	0	0	1:28:43
249	579	Julia Thornley	FV 50	Sunnywood Crazy Trail Girls	0	0	0	1:28:44
250	590	Jane Grantham	FV 50	Sunnywood on Tour	0	0	0	1:28:44
251	586	Lisa Riley	FV 40	Sunnywood Ladies on Tour	0	0	0	1:28:45
252	585	Clare Riley	FV 50	Sunnywood Ladies on tour	0	0	0	1:28:48
253	584	Amanda Peplow	FV 50	Sunnywood Ladies on Tour	0	0	0	1:29:11
254	86	Julie Luckman	FV 50	Oldham and Royton Harriers	0	0	0	1:29:28
255	906	Jane Mooney	FV 40		0	0	0	1:29:40
256	659	Darryl Hopwood	MV 60		0	0	0	1:29:48
257	615	Vik Barnes	FV 50		0	0	0	1:30:19
258	654	Charmaine Hebron	FV 50		0	0	0	1:30:20
259	930	Mark Taylor	MV 60		0	0	0	1:30:28
260	815	Hazel Hindle	FV 60	MDOC	0	0	0	1:30:45
261	765	Sylvia Taylor	FV 60		0	0	0	1:32:50
262	769	Jennifer Pruden	F		0	0	0	1:32:50
263	351	Gillian Kelly	FV 50	St Helens striders	0	0	0	1:33:48
264	836	Jane Malcolm	FV 50	The Kilted Lassies	0	0	0	1:35:29
265	857	Caroline Bowsher	FV 60		0	0	0	1:35:58
266	751	Clare Clarke	FV 60	Evenwood Road Runners	0	0	0	1:38:52
267	752	Gail Richards	FV 40	Evenwood Road Runners	0	0	0	1:38:52
268	679	Victoria Noble	FV 50		0	0	0	1:41:12
269	583	Elizabeth Partington	FV 50	Sunnywood Ladies on Tour	0	0	0	1:41:12

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270	581	Samantha Akik	FV 50	Sunnywood Ladies on Tour	0	0	0	1:41:12
271	589	Emma Taylor	FV 40	Sunnywood Ladies on Tour	0	0	0	1:41:12
272	914	Christine Richards	FV 50		0	0	0	1:43:01
273	908	Caroline Noon	FV 60		0	0	0	1:43:43
274	808	Nick Kaufmann	MV 60	Hampstead Heath parkrun	0	0	0	1:43:47
275	840	Caroline Lewis	FV 50	West 4 Harriers	0	0	0	1:43:49
276	863	Jonathon Colman	M		0	0	0	1:45:55
277	925	Betty Stephenson	FV 40		0	0	0	1:45:58
278	931	Chloe Taylor	F		0	0	0	1:46:00
279	926	Sam Stephenson	MV 40		0	0	0	1:46:12
280	656	Dave Holloway	MV 60		0	0	0	1:48:44
281	612	Patricia Bacon	FV 70		0	0	0	1:49:09

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