

# Lakeland Trails Ullswater

## Trail Challenge 14k

| Pos                 | Bib | Name                | Age   | Club                    | Glenriddi | Grasm | Langd | Time    |
|---------------------|-----|---------------------|-------|-------------------------|-----------|-------|-------|---------|
| Trail Challenge 14k |     |                     |       |                         |           |       |       |         |
| 1                   | 240 | Tyler Hill          | M     | Burnden road runners    | 0         | 0     | 0     | 1:08:36 |
| 2                   | 370 | Timothy Forber      | M     | Lancaster & Morecambe   | 0         | 0     | 0     | 1:11:22 |
| 3                   | 309 | Ant Naylor          | MV 40 |                         | 0         | 0     | 0     | 1:13:31 |
| 4                   | 376 | Victoria Higgins    | F     |                         | 0         | 0     | 0     | 1:14:49 |
| 5                   | 367 | Anton Cwaczko       | MV 40 |                         | 0         | 0     | 0     | 1:15:44 |
| 6                   | 324 | Christoph Thomas    | M     |                         | 0         | 0     | 0     | 1:17:13 |
| 7                   | 365 | Lauren Ford         | GU25  | Washlands Women Runners | 0         | 0     | 0     | 1:18:54 |
| 8                   | 219 | Jack O'Sullivan     | M     |                         | 0         | 0     | 0     | 1:21:22 |
| 9                   | 230 | Will Nicolson       | MV 40 |                         | 0         | 0     | 0     | 1:22:03 |
| 10                  | 366 | Sebastian Graham    | MU25  |                         | 0         | 0     | 0     | 1:23:04 |
| 11                  | 337 | Helen Young         | FV 40 |                         | 0         | 0     | 0     | 1:23:07 |
| 12                  | 313 | Steven Pleasant     | MV 50 |                         | 0         | 0     | 0     | 1:23:12 |
| 13                  | 314 | Sean Redmile        | M     |                         | 0         | 0     | 0     | 1:23:27 |
| 14                  | 306 | Hanif Meeran        | MV 50 |                         | 0         | 0     | 0     | 1:23:45 |
| 15                  | 242 | Nick Fletcher       | MV 50 | Clapham Pioneers        | 0         | 0     | 0     | 1:23:51 |
| 16                  | 318 | Gary Smith          | MV 50 |                         | 0         | 0     | 0     | 1:23:55 |
| 17                  | 333 | Gary Wintersgill    | MV 50 |                         | 0         | 0     | 0     | 1:24:05 |
| 18                  | 274 | Kier Barry          | MU21  |                         | 0         | 0     | 0     | 1:24:07 |
| 19                  | 269 | Brad Arthur         | MU21  |                         | 0         | 0     | 0     | 1:24:07 |
| 20                  | 257 | Stuart Taylor       | MV 50 | Ormskirk Mountain Goats | 0         | 0     | 0     | 1:25:32 |
| 21                  | 282 | Michael Devlin      | MV 40 |                         | 0         | 0     | 0     | 1:25:57 |
| 22                  | 224 | Jose Gonzalez       | M     |                         | 0         | 0     | 0     | 1:26:06 |
| 23                  | 305 | Stacey Mckenna-seed | FV 40 |                         | 0         | 0     | 0     | 1:27:47 |
| 24                  | 329 | Bryan Waters        | MV 50 |                         | 0         | 0     | 0     | 1:28:54 |
| 25                  | 328 | Sam Ward            | M     |                         | 0         | 0     | 0     | 1:30:13 |
| 26                  | 357 | Tony Coyne          | MV 50 | Belle Vue Racers        | 0         | 0     | 0     | 1:30:57 |
| 27                  | 272 | Mark Austin         | MV 50 |                         | 0         | 0     | 0     | 1:31:24 |
| 28                  | 310 | Mark Pearson        | MV 50 |                         | 0         | 0     | 0     | 1:31:37 |
| 29                  | 217 | Chris Green         | MV 50 |                         | 0         | 0     | 0     | 1:31:44 |
| 30                  | 28  | Mary White          | FV 70 | Horwich Harriers        | 0         | 0     | 0     | 1:32:02 |
| 31                  | 275 | Jo Brooks           | FV 50 |                         | 0         | 0     | 0     | 1:33:07 |
| 32                  | 225 | Tim Hazell          | MV 60 |                         | 0         | 0     | 0     | 1:33:19 |
| 33                  | 380 | Thomas Rosser       | MV 50 |                         | 0         | 0     | 0     | 1:34:13 |
| 34                  | 265 | Joe Stevens         | MV 60 | Team Joe                | 0         | 0     | 0     | 1:34:17 |
| 35                  | 372 | Peter Wintersgill   | M     |                         | 0         | 0     | 0     | 1:35:24 |
| 36                  | 226 | Garth Houlton       | M     |                         | 0         | 0     | 0     | 1:35:30 |
| 37                  | 228 | Dan Marechal        | M     |                         | 0         | 0     | 0     | 1:35:37 |
| 38                  | 302 | Anna Lightfoot      | F     |                         | 0         | 0     | 0     | 1:35:51 |
| 39                  | 270 | Graeme Atkinson     | MV 50 |                         | 0         | 0     | 0     | 1:36:15 |
| 40                  | 363 | Ruth Ford           | FV 50 | Washlands Women Runners | 0         | 0     | 0     | 1:36:45 |
| 41                  | 358 | Peter Solomon       | M     |                         | 0         | 0     | 0     | 1:36:48 |
| 42                  | 364 | Daniel Ford         | MV 50 | Bunfit                  | 0         | 0     | 0     | 1:37:19 |
| 43                  | 361 | Steve Bennett       | MV 60 | Penny Lane Striders     | 0         | 0     | 0     | 1:37:58 |
| 44                  | 287 | David Fraser        | M     |                         | 0         | 0     | 0     | 1:38:10 |

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| 45  | 335 | Damon Wright       | MV 40 |                                  | 0         | 0     | 0     | 1:38:16 |
| 46  | 373 | Lynne Carruthers   | FV 60 | Dch                              | 0         | 0     | 0     | 1:38:28 |
| 47  | 254 | Tim Miles          | MV 40 | Millom Striders                  | 0         | 0     | 0     | 1:38:52 |
| 48  | 360 | Holly Mackenzie    | FV 40 |                                  | 0         | 0     | 0     | 1:39:25 |
| 49  | 304 | Caroline Maxted    | FV 40 |                                  | 0         | 0     | 0     | 1:40:24 |
| 50  | 330 | Samuel Watts       | MV 40 |                                  | 0         | 0     | 0     | 1:40:24 |
| 51  | 334 | Emma Wragg         | FV 50 |                                  | 0         | 0     | 0     | 1:42:18 |
| 52  | 345 | John Garraway      | MV 70 |                                  | 0         | 0     | 0     | 1:42:37 |
| 53  | 241 | Emma Phillips      | FV 40 | Chester Road Runners             | 0         | 0     | 0     | 1:42:56 |
| 54  | 339 | Jasmine Morgan     | GU21  | Teesdale AC                      | 0         | 0     | 0     | 1:43:05 |
| 55  | 338 | Joseph Mott        | MU25  | Teesdale AC                      | 0         | 0     | 0     | 1:43:06 |
| 56  | 325 | Lucy Thompson      | F     |                                  | 0         | 0     | 0     | 1:43:27 |
| 57  | 268 | Andrew Hemsley     | MV 60 | Walney Wind Cheetahs             | 0         | 0     | 0     | 1:44:23 |
| 58  | 271 | Millie Atkinson    | GU25  |                                  | 0         | 0     | 0     | 1:44:51 |
| 59  | 311 | Issy Pettit        | F     |                                  | 0         | 0     | 0     | 1:44:51 |
| 60  | 286 | Max Evans          | MU25  |                                  | 0         | 0     | 0     | 1:45:16 |
| 61  | 227 | ian loke           | MV 50 |                                  | 0         | 0     | 0     | 1:46:32 |
| 62  | 283 | Lynsey Dewhurst    | FV 40 |                                  | 0         | 0     | 0     | 1:46:37 |
| 63  | 266 | Darren Gillman     | MV 50 | Todmorden Harriers               | 0         | 0     | 0     | 1:46:38 |
| 64  | 237 | Chris Price        | MV 60 | Ambleside SRG                    | 0         | 0     | 0     | 1:46:41 |
| 65  | 213 | Christina Marechal | F     |                                  | 0         | 0     | 0     | 1:47:11 |
| 66  | 233 | Sara Master        | FV 40 |                                  | 0         | 0     | 0     | 1:47:27 |
| 67  | 317 | Georgina Shires    | F     |                                  | 0         | 0     | 0     | 1:47:49 |
| 68  | 292 | Eva Hall           | F     |                                  | 0         | 0     | 0     | 1:47:53 |
| 69  | 322 | Mike Swift         | MV 60 |                                  | 0         | 0     | 0     | 1:48:00 |
| 70  | 341 | Ian Midgley        | MV 50 |                                  | 0         | 0     | 0     | 1:48:09 |
| 71  | 347 | Anne Orde          | FV 60 |                                  | 0         | 0     | 0     | 1:48:57 |
| 72  | 231 | Ruth Perkins       | FV 40 |                                  | 0         | 0     | 0     | 1:49:07 |
| 73  | 312 | Elizabeth Pleasant | FV 50 |                                  | 0         | 0     | 0     | 1:49:18 |
| 74  | 281 | Alison Crossley    | FV 50 |                                  | 0         | 0     | 0     | 1:49:55 |
| 75  | 290 | Wendy Gregory      | FV 60 |                                  | 0         | 0     | 0     | 1:49:58 |
| 76  | 262 | Michelle donnelly  | FV 50 | Southport Strollers running club | 0         | 0     | 0     | 1:50:18 |
| 77  | 208 | Nicola Latimer     | FV 50 |                                  | 0         | 0     | 0     | 1:51:33 |
| 78  | 267 | Katie Samuelson    | FV 40 | Todmorden Harriers               | 0         | 0     | 0     | 1:52:55 |
| 79  | 308 | Amie Naylor        | FV 50 |                                  | 0         | 0     | 0     | 1:52:59 |
| 80  | 359 | Ella Bradley       | GU21  |                                  | 0         | 0     | 0     | 1:53:01 |
| 81  | 354 | Sinead Hennessy    | FV 40 |                                  | 0         | 0     | 0     | 1:53:02 |
| 82  | 346 | Kathryn Tranter    | F     |                                  | 0         | 0     | 0     | 1:53:06 |
| 83  | 276 | Sarah Burlinson    | FV 50 |                                  | 0         | 0     | 0     | 1:53:38 |
| 84  | 216 | Luke Donnelly      | M     |                                  | 0         | 0     | 0     | 1:53:40 |
| 85  | 303 | Jamie Marmons      | M     |                                  | 0         | 0     | 0     | 1:53:44 |
| 86  | 296 | Susie Ironside     | FV 40 |                                  | 0         | 0     | 0     | 1:54:17 |
| 87  | 278 | Dorothy Cassidy    | FV 40 |                                  | 0         | 0     | 0     | 1:54:17 |
| 88  | 222 | Rebecca Steven     | F     | St Bees Triers                   | 0         | 0     | 0     | 1:55:46 |
| 89  | 201 | Tracy Berry        | FV 40 | Liverpool Pembroke Sefton        | 0         | 0     | 0     | 1:57:26 |

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| 90  | 234 | Phil Berry         | MV 40 | Liverpool Pembroke Sefton AC     | 0         | 0     | 0     | 1:57:27 |
| 91  | 331 | Joanne Whiteley    | FV 40 |                                  | 0         | 0     | 0     | 1:58:00 |
| 92  | 301 | Sarah Lenehan      | FV 40 |                                  | 0         | 0     | 0     | 1:58:00 |
| 93  | 298 | Sarah Kenworthy    | FV 40 |                                  | 0         | 0     | 0     | 1:58:02 |
| 94  | 279 | Amanda Cirelli     | FV 50 |                                  | 0         | 0     | 0     | 1:58:20 |
| 95  | 221 | Tom Pearson        | M     | Quays Running Club               | 0         | 0     | 0     | 1:58:20 |
| 96  | 291 | Binuka Gurung      | F     |                                  | 0         | 0     | 0     | 1:58:23 |
| 97  | 263 | Paul donnelly      | MV 50 | Southport Strollers running club | 0         | 0     | 0     | 1:58:40 |
| 98  | 256 | Sarah Hoggarth     | FV 50 | Orchard Eagles Running Club      | 0         | 0     | 0     | 1:58:46 |
| 99  | 259 | Lisa Lawson        | FV 40 | Ramsbottom Running Club          | 0         | 0     | 0     | 1:59:33 |
| 100 | 300 | Rob Lawson         | MV 40 |                                  | 0         | 0     | 0     | 1:59:34 |
| 101 | 205 | Becky Aindow       | GU25  |                                  | 0         | 0     | 0     | 2:00:12 |
| 102 | 248 | Mike Rosher        | MV 50 | Eden runners                     | 0         | 0     | 0     | 2:00:31 |
| 103 | 214 | Val Snewin         | FV 60 |                                  | 0         | 0     | 0     | 2:02:55 |
| 104 | 206 | Helen Barclay      | FV 50 |                                  | 0         | 0     | 0     | 2:03:42 |
| 105 | 343 | Robert Heminsley   | MV 60 |                                  | 0         | 0     | 0     | 2:05:44 |
| 106 | 344 | Simon Wright       | MV 60 |                                  | 0         | 0     | 0     | 2:05:45 |
| 107 | 235 | Rheanna Szeplaki   | F     |                                  | 0         | 0     | 0     | 2:09:18 |
| 108 | 232 | James Szeplaki     | M     |                                  | 0         | 0     | 0     | 2:09:19 |
| 109 | 251 | Ros Eyles          | FV 50 | Hungerford Hares                 | 0         | 0     | 0     | 2:09:20 |
| 110 | 950 | Dan Wallis         | MV 70 |                                  | 0         | 0     | 0     | 2:11:10 |
| 111 | 218 | Kelly Horley       | F     |                                  | 0         | 0     | 0     | 2:11:33 |
| 112 | 280 | Emma Craghill      | FV 40 |                                  | 0         | 0     | 0     | 2:11:52 |
| 113 | 356 | Sacha Cooper       | FV 50 | Ramsbottom Running Club          | 0         | 0     | 0     | 2:12:41 |
| 114 | 211 | Lynn Boylin        | FV 60 | Astley & Tyldesley               | 0         | 0     | 0     | 2:14:45 |
| 115 | 220 | Tracy Loughrey     | FV 50 | Astley&tyldesley Road Runners    | 0         | 0     | 0     | 2:14:48 |
| 116 | 203 | Gill Morgan        | FV 50 | A&T running club                 | 0         | 0     | 0     | 2:14:54 |
| 117 | 238 | Megan Shaw         | F     | Astley and Tyldesley Road        | 0         | 0     | 0     | 2:14:54 |
| 118 | 315 | Katie Robertson    | FV 50 |                                  | 0         | 0     | 0     | 2:21:16 |
| 119 | 288 | Aileen Galvin      | FV 50 |                                  | 0         | 0     | 0     | 2:21:16 |
| 120 | 207 | Jane Kershaw       | F     |                                  | 0         | 0     | 0     | 2:24:31 |
| 121 | 212 | Deborah Brotherton | FV 60 | Hardlopen Alkmaar                | 0         | 0     | 0     | 2:25:07 |
| 122 | 362 | Caroline Bennett   | FV 60 | Penny Lane Striders              | 0         | 0     | 0     | 2:25:08 |
| 123 | 215 | Wayne Lee Farr     | MV 50 | N/a                              | 0         | 0     | 0     | 2:26:38 |
| 124 | 202 | Gail Farr          | FV 50 | west hull ladies                 | 0         | 0     | 0     | 2:27:09 |
| 125 | 42  | Chris Davies       | MV 40 | Team inov-8                      | 0         | 0     | 0     | 2:29:11 |
| 126 | 252 | Robyn Johnson      | F     | Hyde Park Harriers               | 0         | 0     | 0     | 2:34:12 |
| 127 | 297 | Samantha Jackson   | FV 50 |                                  | 0         | 0     | 0     | 2:35:16 |
| 128 | 236 | Sarah Jackson      | FV 50 | Ambleside SRG                    | 0         | 0     | 0     | 2:35:16 |

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