

Lakeland Trails Ullswater

Trail Challenge 14k

Pos	Bib	Name	Age	Club	Glenridd	Grasm	Langd	Time
Trail Challenge 14k								
1	550	Stephen Carter	MV 50	Ambleside Social Running Group	0	0	0	1:19:13
2	694	Harper Short	GU21		0	0	0	1:24:30
3	623	Daniel Carter	MV 50		0	0	0	1:24:40
4	606	Claire Williams	FV 50	West Cheshire AC	0	0	0	1:24:59
5	608	Zoe Dale	FV 50	Yorkshire Wolds runners	0	0	0	1:25:50
6	676	Terry Moss	MV 50		0	0	0	1:26:36
7	574	Mark Rigby	MV 60	Slaithwaite striders	0	0	0	1:31:57
8	568	Scott Rosevere	MV 40	Radcliffe AC	0	0	0	1:33:37
9	609	Philip Arrowsmith	MV 40		0	0	0	1:35:29
10	667	Aaron Langan	M		0	0	0	1:37:30
11	526	Norman Hindmarsh	MV 60		0	0	0	1:37:51
12	706	Paul Taylor	MV 50		0	0	0	1:39:19
13	628	Katherine Cox	F		0	0	0	1:39:35
14	542	Helen Phillips	FV 40	Ripon Runners	0	0	0	1:42:10
15	607	Stephen Dale	MV 60	Yorkshire wolds runners	0	0	0	1:46:02
16	631	Rachel Day	F		0	0	0	1:46:40
17	539	Anna McLulich	F		0	0	0	1:46:40
18	573	LOUISE RIGBY	FV 50	SLAITHWAITE STRIDERS	0	0	0	1:49:46
19	546	Robert Harper	MV 50	Yorkshire Wolds Runners	0	0	0	1:50:00
20	516	Ciara Harper	GU25	Yorkshire Wolds Runners	0	0	0	1:50:01
21	638	Heather Farrant	FV 40		0	0	0	1:51:10
22	701	John Stout	MV 70		0	0	0	1:51:51
23	89	Isla Rush	F		0	0	0	1:51:52
24	88	Penny Carroll	FV 60	Lyme Runners	0	0	0	1:53:20
25	640	Joe Fletcher	M		0	0	0	1:58:09
26	680	Alison Nordon	FV 50		0	0	0	2:03:12
27	551	Patrin Watanatada	FV 40	Ambleside Social Running Group	0	0	0	2:05:04
28	648	Anneke Hackenbroich	FV 40		0	0	0	2:11:13
29	693	John Scott	MV 50		0	0	0	2:11:17
30	512	Ruth Toller	FV 70	Dundee Road Runners	0	0	0	2:13:38

Trail Challenge 14k