

Lakeland Trails at Ullswater

Ullswater Plan C Short Run

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
Ullswater Plan C Short Run						
1.	460	Nick Sharp	m	Veteran 50	U/A Wakefield, West Yorkshire	0:50:54
2.	747	Andy Phillips	m		U/A Manchester, Greater Manchester	0:52:13
3.	644	Richard Wire	m		U/A Earlsfield,	0:52:14
4.	116	Matt Wackett	m		Knutsford Tri Club	0:52:26
5.	557	Chris Burns	m		U/A Preston, Lancashire	0:52:41
6.	45	martin muldoon	m	Veteran 40	U/A london,	0:52:57
7.	586	Lance Saxby	m	Veteran 50	U/A Harrogate N Yorks	0:53:06
8.	800	Joe Dorgham	m		U/A Liverpool,	0:53:07
9.	184	Kate Macfarlane	f		Penny Lane Striders	0:53:17
10.	828	Bromley Sibson	m		U/A Derby, Derbyshire	0:53:27
11.	149	Mark Blackwell	m	Veteran 40	WestCumbriaTri	0:53:33
12.	857	Jonathan Turner	m	Veteran 40	Ilkley Harriers	0:53:41
13.	851	Tom Corden	m	Veteran 40	U/A Nottingham,	0:53:59
14.	1034	Darran Carr	m	Veteran 40	U/A GRANGE-OVER-SANDS, CUMBRIA	0:54:14
15.	511	Scott Friend	m		Darwen Cricket Club	0:56:09
16.	114	Harry Wackett	m		U/A London, Westminster	0:56:12
17.	512	Henry Hoyle	m		U/A Great Limber, Lincolnshire	0:56:34
18.	302	Suzanne Toppin	f	Lady Veteran 40	Team Mountain Fuel	0:56:46
19.	755	John Pyrah	m		U/A London,	0:56:58
20.	676	Louise Winter	f	Lady Veteran 40	Keswick AC	0:57:07
21.	399	Louis McCarthy	m		Rochdale Harriers	0:57:37
22.	537	Mark Friend	m		U/A Manchester,	0:57:44
23.	1136	John Morley	m		U/A Ambleside,	0:57:56
24.	548	Lawrence Mannion	m	Veteran 50	U/A Kendal,	0:58:21
25.	1071	Nick Howe	m	Veteran 40	U/A Liverpool,	0:58:22
26.	327	Jeff McCarthy	m	Veteran 40	Rochdale Harriers	0:58:25
27.	430	Paul Ridley	m	Veteran 50	Riverside Runners	0:58:35
28.	1223	Adrian Gooding	m	Veteran 40	Quakers	1:04:31
29.	480	Steven Marsh	m	Veteran 60	U/A Penrith, Cumbria	1:04:47
30.	1009	Andy Yates	m	Veteran 50	U/A Colwyn Bay, Conwy	1:04:53
31.	473	Emily Hufton	f		U/A longridge, lancs	1:04:55
32.	324	Kevin Stead	m	Veteran 40	U/A Kendal,	1:05:02
33.	308	Jonny Grisedale	m	Veteran 40	Team inov-8.com	1:05:10
34.	802	phillip Johnson	m		U/A manchester,	1:05:12
35.	651	Catherine Marsh	f		U/A Goonhavern, Cornwall	1:05:26
36.	580	Jennifer Lapping	f	Lady Veteran 40	Jog on the Tyne	1:05:33
37.	397	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:05:55
38.	799	Eleanor Houghton	f		U/A Liverpool,	1:06:32
39.	343	Graham Ingham	m	Veteran 50	U/A Kirkham,	1:06:32
40.	554	Julia Gray Carnaffin	f	Lady Veteran 50	Jog on the Tyne	1:06:33
41.	831	Simon Eggleston	m	Veteran 50	U/A Sunderland, Tyne & Wear	1:07:02
42.	764	Andrew Draper	m		U/A Chorley, Lancashire	1:07:10
43.	530	Darren Davies	m	Veteran 40	U/A Preston ,	1:07:13
44.	523	Andrew MacKenzie	m	Veteran 50	U/A London,	1:07:15
45.	723	Sally Hale	f		U/A Arnold Nottingham	1:07:33
46.	1241	Tony Foster	m	Veteran 50	Wigan Harriers	1:07:37
47.	844	Chris Hopkinson	m	Veteran 40	Teamram	1:07:39
48.	728	Terry Moss	m	Veteran 40	U/A Preston	1:07:45
49.	346	Adam Birch	m		U/A Kendal, Cumbria	1:08:03
50.	374	Michael Johnson	m	Veteran 50	U/A London,	1:08:11
51.	406	Catherine Eversfield	f		Ilkley Harriers	1:08:11
52.	414	John young	m	Veteran 60	Ilkley Harriers AC	1:08:14
53.	1276	David Wilson	m	Veteran 50	U/A Sunderland ,	1:08:26
54.	403	Tom French	m		U/A Skipton, North Yorkshire	1:08:32
55.	787	Richard Dodds	m		U/A Southampton, Hampshire	1:08:37
56.	789	Chris Smith-Duque	m		U/A Southampton, Hants	1:08:37
57.	659	Stephanie Heys	f		U/A Wigan, Greater Manchester	1:09:06
58.	1216	Christopher Brookes	m	Veteran 40	U/A Preston , Lancashire	1:09:18
59.	372	Phil Stones	m	Veteran 60	U/A Cleator Moor, Cumbria	1:09:21
60.	318	Andy Neville	m		U/A Wesham, Lancs	1:09:25
61.	1018	Jon Horne	m	Veteran 60	Biddulph Running Club	1:09:43
62.	611	Katie Trace	f	Lady Veteran 40	Biddulph Running Club	1:09:43
63.	309	Jane Mellor	f	Lady Veteran 40	U/A Bridge of Weir,	1:09:48
64.	1175	Christian Oxley	m	Veteran 40	Stockton Striders	1:09:48
65.	773	Robyn Turner	f		U/A Blackburn,	1:09:50
66.	759	Matthew Elliott	m		U/A Manchester,	1:09:53
67.	535	Reece Davies	m		DCC	1:10:04
68.	413	Tony Mather	m	Veteran 50	U/A Stockport, Cheshire	1:10:11
69.	579	Katherine Rooney	f		U/A Glasgow,	1:10:12
70.	335	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:10:24
71.	781	Mark Darby	m		U/A Shrewsbury, Shropshire	1:10:30
72.	1113	alan parker	m	Veteran 50	U/A stoke on trent,	1:10:40
73.	333	Warren Anderson	m		U/A Slough,	1:10:42
74.	633	Alecia Johnstone	f		Red rose road runners	1:10:44
75.	750	Jason Spear	m	Veteran 50	U/A Chorley, Lancashire	1:10:45
76.	322	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	1:10:49
77.	337	Liz Bale	f		U/A Penrith,	1:10:54

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1248	Mathias Bruun	m	Veteran 50	FIF - Copenhagen	1:11:00
79.	1249	Mette Bundgaard	f	Lady Veteran 50	FIF - Copenhagen	1:11:00
80.	577	Barbara Deane	f		U/A Penrith,	1:11:05
81.	735	John Rudd	m	Veteran 50	U/A Dundee	1:11:07
82.	437	Kat McKay	f		U/A Glasgow,	1:11:09
83.	373	Bria Clegg	f		U/A Penrith, Cumbria	1:11:10
84.	476	PAUL TICKNER	m	Veteran 60	U/A Cockermouth, Cumbria	1:11:14
85.	874	Claire Holden	f		Lonsdale Fell Runners	1:11:19
86.	663	Kathy Appleby	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:11:25
87.	1229	Phil Abbott	m	Veteran 40	Long Eaton Running Club	1:11:31
88.	39	Kirsty Dumelow	f		Washlands Women Runners	1:11:34
89.	334	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	1:11:35
90.	368	Geoff Lowe	m	Veteran 60	The Herdy Maaa-shal	1:11:39
91.	390	Andy Rankine	m	Veteran 40	U/A Chorley, Lancashire	1:11:40
92.	1268	Lester Smith	m	Veteran 50	U/A Lancaster, Lancashire	1:11:42
93.	1267	Mark Mctigue	m	Veteran 40	U/A Lancaster, Lancashire	1:11:47
94.	1228	Chris Wilson	m	Veteran 50	U/A New Milton, Hants	1:11:48
95.	491	Sara Brookes	f	Lady Veteran 40	U/A Preston, Lancashire	1:11:49
96.	426	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:11:54
97.	674	Sean Lynn	m	Veteran 50	U/A Newcastle	1:11:58
98.	547	Louisa Phillips	f		U/A Manchester, Greater Manchester	1:12:02
99.	528	Chris Truckle	m	Veteran 40	U/A Preston, Lancashire	1:12:03
100.	459	Richard Docherty	m		Jarrow and Hebburn AC	1:12:05
101.	456	Antonia Docherty	f		Jarrow and Hebburn AC	1:12:05
102.	834	Steven Slaney	m	Veteran 40	Fylde Tri Club	1:12:09
103.	1153	Ian Davenport	m	Veteran 50	U/A Harrogate, North yorkshire	1:12:15
104.	474	Pamela Leon	f	Lady Veteran 50	Smiley Paces	1:12:18
105.	776	Andrew Byron	m		U/A London,	1:12:22
106.	576	Susan Richardson	f	Lady Veteran 50	St Bees Triers	1:12:25
107.	843	Andy White	m		U/A Stockport, Cheshire	1:12:28
108.	891	Maxine Fletcher	f	Lady Veteran 40	U/A Gargrave, Skipton	1:12:31
109.	550	Gill Hindle	f	Lady Veteran 50	Jog on the Tyne	1:12:32
110.	313	David Ellicott	m	Veteran 40	Keswick AC	1:12:34
111.	503	Sarah Lockett	f		U/A Frodsham , Cheshire	1:12:35
112.	829	Bryony Keyse	f		U/A Derby, Derbyshire	1:12:36
113.	824	Robin Sibson	m	Veteran 50	U/A Derby, Derbyshire	1:12:36
114.	832	Ruth Noonan	f	Lady Veteran 40	U/A Cockermouth, Cumbria	1:12:37
115.	826	Sarah Elson	f		U/A Derby, Derbyshire	1:12:37
116.	566	Stewart McNicholl	m	Veteran 40	U/A Morpeth , Northumberland	1:12:40
117.	631	Phil Hayes	m	Veteran 50	Thornton Cleveleys	1:12:43
118.	518	Neil Barrett	m	Veteran 40	U/A Preston, Lancashire	1:12:46
119.	323	Julie Paton	f	Lady Veteran 40	U/A Preston, Lancashire	1:12:49
120.	1103	Hayley Staunton	f		U/A warrington, cheshire	1:12:50
121.	837	Zoe Davidson	f	Lady Veteran 40	U/A Crewe,	1:12:51
122.	1243	Ric Jaques	m	Veteran 50	U/A Brampton,	1:12:54
123.	509	Rose Ward	f		Smiley Paces	1:13:04
124.	311	Kate Mellor	f		U/A Wetherby, West Yorkshire	1:13:05
125.	353	Rachel Summers	f	Lady Veteran 40	U/A Preston,	1:13:07
126.	629	Steven Robinson	m	Veteran 60	U/A Poulton le Fylde ,	1:13:08
127.	623	steven burgess	m	Veteran 50	thornton cleveleys running club	1:13:09
128.	783	Elizabeth Chaplin-Brice	f		U/A Keswick,	1:13:11
129.	559	Michelle Thompson	f		U/A Preston, Lancashire	1:13:17
130.	558	Dave Newton	m	Veteran 40	None	1:13:19
131.	653	Jim Horsman	m		U/A Witney,	1:13:20
132.	627	Gillian Pryor	f	Lady Veteran 40	Thornton Cleveleys Running Club	1:13:23
133.	556	Shane Rothwell	m	Veteran 40	U/A Lancaster,	1:13:35
134.	711	Hazel Clark	f		Ware Joggers	1:13:39
135.	370	Hilary Johnson	f	Lady Veteran 60	U/A London,	1:13:40
136.	731	Kathleen Proctor	f	Lady Veteran 60	U/A Keswick	1:13:51
137.	536	Gerry Garvey	m	Veteran 50	Muddy Boots Nursery	1:13:53
138.	432	Amy Silcock	f		U/A Frodsham,	1:13:54
139.	351	Wendy Navin	f	Lady Veteran 40	Cumberland AC	1:13:58
140.	77	David Cummins	m	Veteran 40	U/A chorley,	1:13:58
141.	777	Katie O'Sullivan	f	Lady Veteran 40	BMF	1:13:59
142.	662	Sharon Keating	f	Lady Veteran 40	U/A Lancaster , Lancashire	1:14:00
143.	472	John Reynolds	m	Veteran 50	U/A Wigton, Cumbria	1:14:00
144.	803	Martin Free	m	Veteran 40	U/A Huddersfield,	1:14:02
145.	861	Rachel Young	f		U/A Carlisle,	1:14:03
146.	614	Stewart Pyrah	m	Veteran 60	U/A Windermere, Cumbria	1:14:06
147.	364	Peter Phillips	m	Veteran 70	Loftus and Whitby AC	1:14:18
148.	849	Dawn Wicks	f	Lady Veteran 40	U/A Penrith, Cumbria	1:14:19
149.	632	Chloe Lace	f		U/A Wigan, Greater Manchester	1:14:22
150.	1259	John Price	m	Veteran 40	U/A Newcastle upon Tyne,	1:14:25
151.	771	megan ryder	f		U/A boston spa,	1:14:25
152.	770	john ryder	m	Veteran 40	U/A wetherby,	1:14:26
153.	514	Molly Butler	f		U/A Ely, Cambridgeshire	1:14:27
154.	567	Jessica McKinlay	f		Wallasey AC	1:14:34
155.	377	Robin Lees	m	Veteran 60	U/A Ambleside, Cumbria	1:14:39
156.	775	Anna Battersby	f		U/A London,	1:14:40
157.	501	David Bowden	m		Darwen Cricket Club	1:14:41

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	369	Jude Hannam	f	Lady Veteran 40	YacYak	1:14:41
159.	70	Ruth Ford	f	Lady Veteran 40	Washlands Women Runners	1:14:42
160.	835	Emma Bullock	f		U/A Wood Green,	1:14:55
161.	816	Rachel Bailey	f		U/A Marple Bridge,	1:15:11
162.	506	Nicola Sewell	f	Lady Veteran 50	Smiley Paces	1:15:14
163.	551	Ruth Jacobs	f	Lady Veteran 50	Smiley Paces	1:15:14
164.	361	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:15:15
165.	500	Mark Etherington	m	Veteran 50	U/A Preston, Lancs	1:15:16
166.	573	Norman Hindmarsh	m	Veteran 50	U/A Ashington, Northumberland	1:15:18
167.	385	Callum Grant-Cawdell	m		U/A London, Outside U.S./Canada	1:15:23
168.	784	peter reed	m	Veteran 60	Northumberland Fell Runners	1:15:26
169.	854	Iain McGregor	m		U/A Stockport,	1:15:39
170.	1282	Helen O'Neill	f		U/A ULVERSTON, CUMBRIA	1:15:42
171.	1255	Rebecca Thorpe	f		U/A Millom, Cumbria	1:15:45
172.	515	Sam Perkins	f	Lady Veteran 40	U/A Hexham,	1:15:49
173.	1030	Ross Singleton	m	Veteran 50	U/A Bristol,	1:15:51
174.	479	Shirley Spratt	f	Lady Veteran 50	U/A Congleton, Cheshire	1:15:51
175.	1036	Catherine Clennett	f	Lady Veteran 40	Stockton Striders	1:15:51
176.	564	Jackie Seigler	f	Lady Veteran 50	U/A London,	1:15:53
177.	139	Lauren Hadfield	f		Washlands Womens Runners	1:15:54
178.	769	Julie Gray	f	Lady Veteran 50	n/a	1:15:57
179.	866	Matthew Collison	m		U/A Hemel Hempstead,	1:15:59
180.	772	Mark Jesson	m	Veteran 50	Pendle Forest Orienteers	1:16:00
181.	381	Kristin Raassum	f		Serpentine	1:16:00
182.	785	James Chaplin-Brice	m		U/A Keswick,	1:16:14
183.	438	Rachel Gasior	f	Lady Veteran 40	Keighley and Craven Athletic Club	1:16:14
184.	642	Sally Riley	m	Veteran 40	U/A Hawkshead, Cumbria	1:16:14
185.	1061	Tom Lawson	m	Veteran 40	U/A Maryport, Cumbria	1:16:26
186.	422	Jean Turner	f	Lady Veteran 50	Telford Harriers	1:16:40
187.	429	Andrew Reid	m		U/A Merseyside,	1:16:43
188.	1258	Rachel Murray	f		U/A Millom, Cumbria	1:16:45
189.	307	Jo Grisedale	f	Lady Veteran 40	Team inov-8.com	1:16:52
190.	546	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:16:55
191.	888	Susan Taylor	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	1:16:57
192.	545	Jo Dixon	f		U/A Keswick , Cumbria	1:16:58
193.	462	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:17:05
194.	80	David Cummins	m	Veteran 40	U/A Chorley, Lancashire	1:17:07
195.	498	Beth Purser	f		Yac yak	1:17:07
196.	613	James Trace	m	Veteran 40	U/A Congleton, Cheshie	1:17:11
197.	856	Sophie Johnston	f		U/A Carlisle,	1:17:18
198.	664	John Cox	m		U/A Penrith, Cumbria	1:17:18
199.	818	Jessica Miller	f		U/A London,	1:17:18
200.	617	Gerry Shaw	f		Warrington Running Club	1:17:24
201.	654	Andy Shaw	m		U/A Newton - le - Willows, Merseyside	1:17:24
202.	581	Kate Elliott	f		U/A Manchester,	1:17:26
203.	499	Peter Adlard	m	Veteran 40	Wirral Vikings TRC	1:17:26
204.	520	Paul Evans	m	Veteran 50	Wirral Vikings	1:17:26
205.	453	Mark Cowan	m		Wirral Vikings TRC	1:17:26
206.	522	Lindy Evans	f	Lady Veteran 40	Wirral Vikings	1:17:27
207.	552	Helen Johnson	f	Lady Veteran 40	Wirral Vikings	1:17:27
208.	96	graham coupe	m	Veteran 40	Wirral Vikings TRC	1:17:27
209.	640	Joanne Battersby	f	Lady Veteran 50	Smiley Paces	1:17:29
210.	780	Samantha Darby	f		U/A Shrewsbury , Shropshire	1:17:35
211.	645	Kate Hodge	f		U/A earlsfield,	1:17:36
212.	365	Katrina Gittins	f	Lady Veteran 40	YacYak	1:17:37
213.	549	Graham Fisher	m	Veteran 40	Biddulph Running Club	1:17:38
214.	312	Gill Horne	f	Lady Veteran 60	Biddulph Running Club	1:17:38
215.	569	Sherron Pickervance	f	Lady Veteran 50	U/A Preston , Lancs	1:17:39
216.	326	Don Oldcorn	m	Veteran 40	U/A Wantage, Oxon	1:17:42
217.	855	Ross Crombie	m	Veteran 60	U/A West Bridgford,	1:17:42
218.	656	Kelly Meyrick	m	Veteran 40	U/A Kendal , Cumbria	1:17:52
219.	575	Monique Hindmarsh	m	Veteran 50	U/A Ashington, Northumberland	1:18:03
220.	779	Holly Blakemore	f		Warrington running club	1:18:10
221.	864	Richard Jackson	m	Veteran 40	U/A London,	1:18:13
222.	657	Annmarie White	f	Lady Veteran 40	U/A Kendal, Cumbria	1:18:14
223.	637	Alastair Coldham	m	Veteran 50	Wirral Vikings TRC	1:18:23
224.	521	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:18:26
225.	505	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:18:26
226.	882	Arran Heap	m		U/A Blackpool, GB	1:18:56
227.	376	Gerry Rooney	m	Veteran 60	U/A Carlisle,	1:19:01
228.	320	Kerry Edwards	f	Lady Veteran 40	U/A Cupar, Fife	1:19:04
229.	743	Hannah Noble	f		Washlands	1:19:16
230.	734	Rebecca Stringer	f	Lady Veteran 40	Washlands Womens Runners	1:19:16
231.	740	alison eley	f	Lady Veteran 40	washlands women runners	1:19:16
232.	513	Sian Hamilton	f	Lady Veteran 40	Washlands Women Runners	1:19:16
233.	1085	Michelle Cleaver	f		Washlands Women Runners	1:19:17
234.	467	Rachel Ashton	f	Lady Veteran 40	U/A Nottingham ,	1:19:18
235.	1240	Pauline Foster	f	Lady Veteran 50	Wigan Harriers	1:19:19
236.	1078	Jenny Foster	f		U/A Manchester,	1:19:23
237.	887	Kate Hutchinson	f		U/A Roslin, Midlothian	1:19:35

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	485	Claire Knowles	f	Lady Veteran 40	Jog on the Tyne	1:19:38
239.	568	Deborah Williams	f	Lady Veteran 40	Jog on the Tyne	1:19:39
240.	435	Sarah Dodd	f		U/A Barrow In Furness, Cumbria	1:19:42
241.	603	Fiona O'Brien	f	Lady Veteran 40	Jog on the Tyne	1:19:43
242.	848	Julie Martin	f	Lady Veteran 40	Kent Police AC	1:19:44
243.	605	Sue Cash	f	Lady Veteran 60	Wirral Vikings TRC	1:19:50
244.	896	Nicola Latimer	f	Lady Veteran 50	Wigton Road Runners	1:20:00
245.	362	Laura Robson	f		York Postal Harriers	1:20:02
246.	352	Sara Summers	f	Lady Veteran 50	U/A Preston,	1:20:02
247.	752	Jane Pye	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:20:06
248.	636	Louise Barden	f		U/A Kendal, Cumbria	1:20:15
249.	647	Carol Robinson	f	Lady Veteran 40	U/A Kendal, Cumbria	1:20:15
250.	571	Adam Pickervance	m	Veteran 40	U/A Preston , Lancs	1:20:27
251.	736	Linda O'Neill	f	Lady Veteran 50	U/A Dundee	1:20:48
252.	607	Paul Fiddler	m	Veteran 40	U/A Warrington, Cheshire	1:20:51
253.	756	Helen Dyche	f	Lady Veteran 40	Washland women runners	1:20:54
254.	544	Rachel Tejera	f		U/A Merstham, Surrey	1:20:55
255.	344	Lizzie Morley	f		U/A Ambleside, Cumbria	1:21:12
256.	1089	Steve Barnes	m	Veteran 40	U/A Newcastle upon Tyne,	1:21:21
257.	502	Sarah Hopkins	f	Lady Veteran 40	U/A Preston, Lancs	1:21:31
258.	768	Judith Benson	f	Lady Veteran 40	Ponteland Runners	1:21:32
259.	1111	Richard Cavner	m	Veteran 60	Northumberland Fell Runners Association	1:21:33
260.	471	Paul Avison	m	Veteran 40	Wirral Vikings	1:21:54
261.	1174	Tara Oxley	f		Stockton Striders	1:22:03
262.	450	Nick Kaufmann	m	Veteran 50	U/A Edgware, Middx	1:22:05
263.	668	Sandra Parry	f	Lady Veteran 50	Eden Runners	1:22:10
264.	635	Beverley Crate	f	Lady Veteran 40	U/A Bedlington , Northumberland	1:22:14
265.	540	Dave Fisher	m	Veteran 60	Wirral Vikings	1:22:22
266.	863	Nick Gulliver	m	Veteran 40	U/A London ,	1:22:29
267.	624	Angela Letman	f	Lady Veteran 50	Ellesmere port running club	1:22:29
268.	862	Lucinda Turner	f	Lady Veteran 40	U/A London,	1:22:31
269.	1087	Benjamin Hancock	m		U/A MIDDLESBROUGH, CLEVELAND	1:22:44
270.	858	Dawn Turner	f	Lady Veteran 50	Ilkley Harriers	1:22:51
271.	902	Jill Gregg	f		Parbold Pink Panthers	1:22:59
272.	897	Sarah Knight	f		Parbold Pink Panthers	1:22:59
273.	1026	Matt Carter	m	Veteran 40	U/A Berkhamsted,	1:23:04
274.	137	Claire Leigh	f	Lady Veteran 40	Washland Women Runners	1:23:11
275.	541	Cat Peters	f		U/A Penrith, Cumbria	1:23:13
276.	434	John Kirkham	m	Veteran 60	Holcombe Harriers	1:23:16
277.	1125	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:23:20
278.	400	Kate Whittington	f		U/A Ilkley, LEEDS	1:23:26
279.	404	Ken Whittington	m	Veteran 60	U/A Ilkley, WEST YORKSHIRE	1:23:26
280.	650	Trevor Robinson	m	Veteran 50	U/A Carlisle, Cumbria	1:23:31
281.	649	Alex Keegan	f	Lady Veteran 40	U/A Carlisle,	1:23:31
282.	394	Nicky Ball	f	Lady Veteran 50	U/A Bolton , Lancashire	1:23:33
283.	823	Stephen Noble	m	Veteran 40	U/A Leeds, West Yorkshire	1:23:42
284.	433	Michaela Ridley	f	Lady Veteran 40	Riverside Runners	1:23:54
285.	490	Laura Jackson	f		Washland Women Runners	1:23:55
286.	741	Anne Stockley	f	Lady Veteran 40	U/A St Albans, Herts	1:24:06
287.	457	Carol Mossop	f	Lady Veteran 50	Dumfries Running Club	1:24:24
288.	798	John Harrington	m		U/A Sheffield ,	1:24:28
289.	797	marie guttridge	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:24:29
290.	431	Caroline Noon	f	Lady Veteran 50	U/A London,	1:24:32
291.	1126	Jane Warner	f	Lady Veteran 50	Skeldersdale Boundary Harriers	1:25:06
292.	865	Jane Hurn	f		Parbold Pink Panthers	1:25:12
293.	715	Anthony Church	m	Veteran 50	U/A Vigo Village Kent	1:25:15
294.	591	Hilary Shaw	f	Lady Veteran 50	U/A Gateshead	1:25:17
295.	570	julie thomas	f	Lady Veteran 50	hampstead health park run	1:25:22
296.	1086	John Stout	m	Veteran 60	U/A Leigh, Greater Manchester	1:25:27
297.	886	Georgia Baldwin	f		U/A Carnforth , Lancashire	1:25:32
298.	876	Hannah Coupe	f	Lady Veteran 40	U/A Parbold, Lancs	1:25:33
299.	898	Sue Gill	f	Lady Veteran 40	Parbold Pink Panthers	1:25:33
300.	673	Sarah Gunn	f	Lady Veteran 50	U/A Nottingham	1:25:36
301.	555	Becky Viccars	f		U/A Nr Kendal,	1:26:35
302.	596	Samantha Sunderland	f	Lady Veteran 50		1:26:36
303.	595	Fiona Fawkes	f	Lady Veteran 50		1:26:38
304.	495	Lucy Hoyle	f		U/A Manchester,	1:26:50
305.	873	Judith Weston	f	Lady Veteran 50	Marsh House Harriers	1:26:53
306.	574	Heidi Martin	f		St Bees Triers	1:26:57
307.	590	Carol Gunn	f	Lady Veteran 50	St Bees Triers	1:27:01
308.	652	Jen Horsman	f		Witney Road Runners	1:27:06
309.	742	Anthony Barnes	m	Veteran 40	U/A London,	1:27:15
310.	409	Lisa Mather	f	Lady Veteran 40	U/A Stockport, Cheshire	1:27:26
311.	881	Paul Heap	m	Veteran 60	Bowland Pennine Mountain Rescue Team	1:27:38
312.	529	Tracey Brocklehurst	f	Lady Veteran 50	U/A Wigan, Lancashire	1:27:39
313.	348	Rachel Brownsmith	f		U/A Lancaster,	1:27:55
314.	845	Emma teggart	f		U/A Grange-Over-Sands , Cumbria	1:27:55
315.	316	Janet Holmes	f	Lady Veteran 60	St Helens Sutton AC	1:28:49
316.	708	Shiran Cleminson	f	Lady Veteran 40	Boldmere Bullets	1:29:20
317.	655	Christian Johannessen	m	Veteran 40	U/A Odense,	1:29:23

Lakeland Trails at Ullswater

Ullswater Plan C Short Run

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	648	Mike Oliver Fuglsang Klicman	m	Veteran 40	U/A Odense V, Fyn	1:29:24
319.	599	Sorcha Hodgson	f		U/A Kendal	1:30:01
320.	517	Marina Gromova	f	Lady Veteran 50	U/A London,	1:30:19
321.	416	Paula Byrne	f	Lady Veteran 60	U/A Arnside, Cumbria	1:30:23
322.	420	Mark Thornber	m	Veteran 60	U/A Arnside, Cumbria	1:30:23
323.	615	Charlotte Harper	f		U/A London,	1:30:27
324.	665	Rose Roberts	f	Lady Veteran 50	261 Fearless	1:30:40
325.	572	Bridget Peacock	f	Lady Veteran 40	U/A London,	1:30:49
326.	401	Louise Rooney	f	Lady Veteran 50	U/A Carlisle,	1:31:27
327.	442	Brenda Kirkham	f	Lady Veteran 60	U/A Bury, Greater Manchester	1:31:30
328.	436	Sophie Monkman	f		U/A Preston, Lancashire	1:31:31
329.	583	Jessica Stafford	f		U/A Preston	1:31:31
330.	477	Tracy Moor	f	Lady Veteran 40	Loftus and Whitby athletics	1:31:35
331.	1184	Alon Caspi	m	Veteran 60	Mornington Chasers	1:31:49
332.	895	Lorna Gamberini	f	Lady Veteran 50	Rocktart Runners	1:31:52
333.	893	David Cassels	m	Veteran 50	Rocktart Runners	1:31:52
334.	894	Ellena Gamberini	f		Rocktart Runners	1:31:53
335.	449	Sarah Winspear	f	Lady Veteran 40	U/A Riding Mill, Northumberland	1:32:00
336.	475	Dave Moor	m	Veteran 50	U/A Saltburn, Cleveland	1:32:17
337.	497	Angela Adlard	f	Lady Veteran 40	Wirral Vikings TRC	1:32:22
338.	494	Anna Kelsall	f	Lady Veteran 40	U/A Bolton, Manchester	1:32:29
339.	492	Gill Burns	f	Lady Veteran 50	U/A Edgworth,	1:32:29
340.	658	Mark Pryor	m	Veteran 40	Thornton Cleveleys	1:32:51
341.	732	Jennifer Crocker	f		U/A Manchester	1:32:55
342.	811	Joanne Bell	f	Lady Veteran 50	Washlands women runners	1:33:00
343.	1095	Helen Greenhalgh	f	Lady Veteran 40	Red Rose Road Runners	1:33:15
344.	1054	Beata Mihaly	f	Lady Veteran 40	U/A Sidcup, Kent	1:33:23
345.	489	Liane Thompson	f	Lady Veteran 50	U/A Barrow-in-Furness, Cumbria	1:33:39
346.	597	Claire Machin	f	Lady Veteran 40		1:33:39
347.	883	Amanda Ley	f	Lady Veteran 50	Colt	1:33:57
348.	900	Nicola Benson	f		City of Lancaster Triathlon Club	1:33:58
349.	884	Dawn McCracken	f	Lady Veteran 50	City of Lancaster Triathlon COLT	1:33:58
350.	906	Anne Greenney	f	Lady Veteran 40	U/A Carnforth, Lancashire	1:34:16
351.	885	Sarah Patterson	f	Lady Veteran 50	City of Lancaster Triathlon (COLT)	1:34:16
352.	609	Abby Wilson	f		U/A Chester,	1:34:18
353.	507	Cassandra Dowthwaite	f	Lady Veteran 40	Smiley Paces	1:34:19
354.	321	Karen Oldcorn	f	Lady Veteran 50	U/A Wantage, Oxon	1:34:26
355.	440	Catherine Wearing	f		U/A Lancaster,	1:34:36
356.	384	Lois Lee	f		SDC	1:34:36
357.	519	Sylvia Franklin	f	Lady Veteran 50	Washlands women runners	1:34:39
358.	478	Rachel TICKNER	f	Lady Veteran 60	U/A Cocker mouth, Cumbria	1:34:40
359.	620	Chris Ashford	m	Veteran 50	Teesdale AC	1:34:50
360.	622	Pamela Ashford	f	Lady Veteran 50	U/A Barnard Castle, Durham	1:34:51
361.	539	Vanessa Aldred	f	Lady Veteran 40	N/a	1:35:20
362.	538	Megan Todd	f	Lady Veteran 40	N/A	1:35:22
363.	619	Nicola Simmons	f	Lady Veteran 40	Wirral vikings TRC	1:36:26
364.	524	Robert Shanahan	m	Veteran 50	Wirral Viking	1:36:28
365.	469	Joanne Avison	f	Lady Veteran 40	Wirral Vikings TRC	1:36:28
366.	621	David Simmons	m	Veteran 40	Wirral vikings TRC	1:36:29
367.	565	Nick Wilson	m	Veteran 40	Wirral Vikings	1:36:30
368.	315	Torrie Sullivan	f		U/A Brampton, Cumbria	1:37:09
369.	484	Fiona Marsh	f	Lady Veteran 60	U/A Penrith , Cumbria	1:37:32
370.	877	Maxine Ward	f	Lady Veteran 50	Durham mums on the run	1:37:45
371.	880	Christina White	f	Lady Veteran 40	U/A Sedgfield , Cleveland	1:37:46
372.	878	Ann Kain	f	Lady Veteran 50	U/A Sedgfield , Cleveland	1:37:46
373.	812	Maddy Stretton	f		Washland womens runner	1:38:16
374.	805	Anna Stubbs	f	Lady Veteran 40	Washlands Women Runners	1:38:16
375.	808	Karen Jackson	f	Lady Veteran 50	Washlands Women Runners	1:38:56
376.	804	Sam Owen	f	Lady Veteran 40	Washland women	1:38:56
377.	423	JAMES SWIRE	m		U/A Southport,	1:39:43
378.	616	Georgina Newton	f		U/A Altrincham, Cheshire	1:39:45
379.	612	Janie Pyrah	f		U/A Altrincham ,	1:39:46
380.	525	Toby Brothers	f	Lady Veteran 50	Hampstead Heath Park Run	1:40:14
381.	389	Richard Cawdell	m	Veteran 60	U/A London,	1:40:14
382.	1167	Cynthia Carter	f	Lady Veteran 60	Crosby stormers	1:41:24
383.	786	caroline vitty	f	Lady Veteran 60	U/A liverpool,	1:41:24
384.	641	Sharon Ward	f	Lady Veteran 40	Smiley Paces	1:41:31
385.	454	Jane Slaney	f	Lady Veteran 40	U/A Blackpool, Lancashire	1:41:45
386.	1227	Iynn WILSON	f	Lady Veteran 50	U/A New Milton, Hants	1:42:58
387.	660	James Shaw	m	Veteran 60	U/A Gateshead,	1:43:27
388.	428	Hayley Hawthorne	f		Ackworth Road Runners	1:43:29
389.	669	Amanda Beresford	f		Roundhay Runners	1:43:56
390.	446	Edwina Rickards Collinson	f	Lady Veteran 60	U/A CARNFORTH,	1:44:37
391.	1049	Josephine Walsh	f	Lady Veteran 40	Red Rose Road Runners	1:45:46
392.	1288	Nina Colquhoun	f			1:45:47
393.	398	Sara Lloyd Williams	f		U/A Carlisle, Cumbria	1:45:48
394.	813	Joyce Hamilton	f	Lady Veteran 50	Dumfries running club	1:45:49
395.	405	Samuel Grimwade	m		U/A High Wycombe, Buckinghamshire	1:46:40
396.	336	Susan Strother	f	Lady Veteran 50	U/A Lytham St Annes, Lancashire	1:46:40
397.	418	David Watson	m	Veteran 50	Red rose road runners	1:46:44

Lakeland Trails at Ullswater

Ullswater Plan C Short Run

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	332	Joe Grimwade	m		U/A Shap , Cumbria	1:46:45
399.	340	Andrea Smith	f	Lady Veteran 50	U/A Lytham St Annes, Lancashire	1:46:45
400.	331	Natalie Lewis	f	Lady Veteran 40	Fellside Ladies, Kirkoswald	1:47:08
401.	451	Karen Braddon	f	Lady Veteran 60	Crocwalkers	1:48:15
402.	407	Allyson Miller	f	Lady Veteran 40	U/A Chorley, Lancashire	1:48:56
403.	601	Suzanne Fairless-Aitken	f	Lady Veteran 40	Jog on the Tyne	1:49:14
404.	819	Helen Thompson	f	Lady Veteran 40	U/A Silsden, West Yorkshire	1:49:44
405.	820	Mark Aked	m	Veteran 40	U/A Silsden, West Yorkshire	1:49:45

Number of records: 405