

Trail Run 10k

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Trail Run 10k						
1	452	Andy Coley-Maud	m	MV 40	Helm Hill	0:45:20
2	953	William Laye	m		Howgill Harriers	0:53:02
3	659	Mark Long	m	MV 40		0:54:06
4	306	Matt Stephenson	m	MV 40		0:54:50
5	369	Paul Atack	m	MV 50		0:55:15
6	954	Sophie Likeman	f		Cumberland Fell Runners	0:55:59
7	982	Max Worrall	m	U21		0:56:58
8	798	Colin Sandie	m			0:57:03
9	945	Christopher Hargreaves	m	MV 40		0:57:25
10	870	Gareth Treharne	m	MV 50		0:57:59
11	993	Cathleen Casterton	f			0:58:18
12	1040	Will Parry	m	MV 50	London Frontrunners	0:58:47
13	998	Jonathan Cowie	m	MV 40		0:59:05
14	690	Tony Mills	m	MV 50	Valley Striders AC	0:59:13
15	469	Matthew Cox	m			0:59:27
16	987	Simon Blake	m	MV 40		0:59:41
17	1045	Jamie Quan-Soon	m	MV 40		0:59:56
18	785	Simon Rogers	m	MV 40	Kilbarchan Aac	1:01:09
19	176	Daniel Graham	m	MV 40		1:02:09
20	1020	Stu Hodgson	m	MV 50	Eden Runners	1:02:16
21	1003	Megan Ellery	f			1:05:07
22	1060	Peter Sunnucks	m	MV 40		1:05:35
23	436	Jennifer Casson	f	FV 40		1:05:43
24	889	Anna Ward	f			1:05:53
25	289	Ian Williamson	m	MV 50	Chorlton Runners	1:06:09
26	1015	Maya Greenall	f	U21		1:06:15
27	355	Paul Aitken	m			1:06:47
28	481	Rachel Crow	f			1:07:02
29	873	Fay Tuffen	f	FV 50		1:07:11
30	247	Isaac Heap	m	U21		1:07:48
31	547	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:07:57
32	821	Alfie Smith	m	U21		1:08:15
33	551	Chris Griffiths	m			1:08:21
34	977	Matt Tinsley	m	MV 40		1:08:28
35	652	Robert Leigh	m			1:09:12
36	1072	Elizabeth Wood	f			1:09:27
37	1063	Ryan Thorburn	m			1:09:57
38	513	Andrew Fairweather	m	MV 40	Red rose road runner	1:10:10
39	442	James Chambers	m	MV 40		1:10:19
40	317	Simon Darlington	m	MV 50		1:10:34
41	124	Liz Whitfield	f	FV 40	Helm Hill	1:11:05
42	1027	Ashley Kaye	m			1:11:07
43	1062	Roger Taylor	m	MV 50	Preston Harriers	1:11:09
44	1010	Tom Gathercole	m			1:11:14
45	300	Graham Jones	m	MV 50	St Helens Striders	1:11:16
46	213	Darren Wilson	m	MV 50		1:11:20
47	223	Alan Boyd	m	MV 50		1:11:26
48	847	Tom Swindells	m	MV 40		1:11:28
49	754	Martin Poore	m	MV 50	Heaton Harriers & AC	1:11:38
50	743	Daniel Phillips	m	MV 40		1:11:41
51	822	Andrew Smith	m	MV 40		1:11:41
52	679	Anna McDonald	f	U25	Chorlton Runners	1:12:07
53	812	Justin Shearn	m	MV 40		1:12:07
54	983	Robyn Anderson	f	FV 50	Preston Harriers	1:12:17
55	131	Caroline Lewis	f	FV 50	West 4 Harriers	1:12:37



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56	791	Brenda Rutter	f	FV 60		1:13:03
57	495	Hilary Dickie	f			1:13:05
58	1053	Neil Rotherham	m	MV 60		1:13:09
59	238	Richard Dawson	m	MV 40		1:13:20
60	911	Mark Wilson	m	MV 50	No Drama Llamas Running	1:13:26
61	753	Imogen Poore	f			1:13:31
62	519	Jonathan Fletcher	m	MV 50	Ripon Runners	1:13:41
63	931	Ben Cunliffe	m	MV 50		1:13:41
64	964	Oliver Pirie	m	MV 50		1:13:41
65	406	Chris Bolger	m	MV 40		1:13:42
66	1000	Andrea Donaldson	f	FV 40	St Bees Triers	1:13:53
67	540	Thomas Gorst	m			1:14:11
68	729	Alan Parker	m	MV 60		1:14:25
69	641	Pete Lashley	m	MV 50		1:14:50
70	427	Zane Butler	m			1:15:09
71	67	Rachael McCullough	f	FV 40		1:15:11
72	1048	Paul Rawlinson	m	MV 40		1:15:25
73	944	Tom Halliwell	m	MV 40	Nob End Run club	1:15:32
74	903	Philip Whitfield	m	MV 50	Eden Runners	1:15:54
75	531	Julie Gate	f	FV 50	Eden Runners	1:16:07
76	240	Steve Dodds	m	MV 50		1:16:10
77	528	Katie Fyall	f			1:16:11
78	501	Jayne Dore	f	FV 50		1:16:25
79	1038	Mike Park	m	MV 50		1:16:25
80	472	Danny Craigie	m	MV 40		1:16:37
81	456	Sandra Connell	f	FV 60		1:16:42
82	671	Grant Malyn	m		London Front Runners	1:16:46
83	612	Emma Jamieson	f			1:16:59
84	123	Eleanor Ward	f			1:17:06
85	681	Matthew McEwan	m			1:17:10
86	437	Gary Cattermole	m	MV 60		1:17:13
87	248	John Heap	m	MV 40		1:17:15
88	996	Lewis Corran	m			1:17:19
89	174	Harry Gawler	m	MV 40		1:17:19
90	995	GEMMA CORRAN	f			1:17:19
91	371	Graeme Atkinson	m	MV 50		1:17:32
92	824	Donna Smith	f	FV 40		1:17:52
93	789	Gillian Rowland	f	FV 60		1:18:04
94	672	Julie Markley	f	FV 40		1:18:05
95	958	Julie McDonnell	f	FV 50		1:18:32
96	471	Donna Crabtree	f	FV 50	Red Rose Road Runners	1:18:34
97	391	Steve Bellamy	m	MV 40	Red Rose Road Runners	1:18:34
98	525	Katherine France	f	FV 40		1:18:51
99	199	Derek Snalam	m	MV 60		1:18:51
100	909	Abbey Wilson	f		Yorkshire Wolds Runners	1:19:05
101	399	John Birkett	m	MV 60		1:19:11
102	250	david hill	m			1:19:39
103	69	Lucy Merlo	f	FV 50	Littleborough Runners	1:19:50
104	740	Jonathan Penkett	m			1:20:19
105	739	Hannah Penkett	f			1:20:19
106	224	Rebecca Brigg	f	FV 40		1:20:34
107	1046	Susie Ravasio	f	FV 40		1:20:34
108	460	Stanley Cooper	m	U21		1:20:37
109	670	Elaine Malyn	f	FV 50	Eden runners	1:20:52
110	295	Suzanne Blackledge	f	FV 40		1:20:53
111	445	Janice Chruscht	f	FV 40	Airecentre Pacers	1:21:09
112	58	Ellena Farrow	f			1:21:28



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
113	539	Caroline Glover	f	FV 60		1:21:30
114	602	Suzanne Hughes-Rudd	f	FV 50		1:21:32
115	95	Lauren Burch	f			1:21:33
116	862	Deborah Thorneycroft	f	FV 60		1:21:46
117	43	Jane Mellor	f	FV 40		1:21:55
118	934	Lynsey Dewhurst	f	FV 40		1:21:58
119	545	Vivienne Gough	f	FV 50		1:22:00
120	353	Stephen Adams	m	MV 60		1:22:28
121	154	Glyn Arthur	m			1:22:31
122	1044	Aneesa Quan-Soon	f	FV 40		1:22:34
123	698	Sophie Moore	f			1:22:41
124	434	Alon Caspi	m	MV 60		1:22:45
125	312	Liam Aplin	m	MV 50		1:22:47
126	1051	Lucy Roocroft	f			1:22:57
127	169	Christopher D'Arcy	m	MV 50		1:23:08
128	957	Alex McDonnell	m	MV 50		1:23:16
129	451	Richard Clements	m	MV 50	Hip Replacement Runners	1:23:25
130	803	Belinda Schofield	f	FV 50		1:23:27
131	640	Louise Lashley	f	FV 50		1:23:34
132	332	Josh Snalam	m			1:23:39
133	27	Caroline D'Arcy	f	FV 50		1:23:42
134	861	Alison Thorburn	f	FV 50		1:23:45
135	271	Iain Peacock	m	MV 40		1:24:02
136	62	Frances Harley	f	U25		1:24:08
137	530	Charlie Garner	m	U25		1:24:08
138	651	Gill Leigh	f	FV 50		1:24:21
139	383	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	1:24:45
140	172	Stuart Edwards	m	MV 60	Lonely Goat	1:24:46
141	88	Sara Williamson	f	FV 50	Chorlton Runners	1:24:47
142	1057	Eddie Sikora	m	MV 50		1:24:51
143	686	Andrew Melvin	m	MV 40		1:25:08
144	974	Ryan Thompson	m			1:25:40
145	969	Korinne Shaw	f			1:25:40
146	487	Alan Davidson	m	MV 70		1:25:42
147	936	Jeremy Dyer	m	MV 60		1:25:43
148	979	James Whiston	m	U21		1:25:50
149	508	Catherine Elliott	f	FV 50	Chorlton Runners	1:25:57
150	696	Lucie Moore	f		Summit CrossFit	1:26:05
151	480	Rebecca Cronin	f			1:26:05
152	132	Helen Michael	f	FV 40		1:26:18
153	875	Jean Turner	f	FV 60	Wooler running club	1:26:26
154	961	Teresa Onions	f	FV 60		1:26:32
155	382	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:26:33
156	1070	Claire Willis	f	FV 50		1:26:40
157	655	Katy Lewis	f	FV 60		1:26:44
158	38	Alexia Taylor	f	FV 40		1:26:50
159	276	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	1:27:05
160	710	Robert Myatt	m	MV 60		1:27:29
161	492	Marian de Silver	f	FV 60	Dallam running club	1:27:34
162	277	Derek Sweeney	m	MV 60		1:27:38
163	181	Robin HILLIER	m	MV 40		1:27:41
164	111	Andrea Lancaster	f	FV 50		1:27:55
165	811	Mark Shaw	m	MV 60		1:28:37
166	1023	Jasmin Howard	f		Furness Fell Runners	1:28:48
167	498	Margaret Dixon	f	FV 60		1:28:56
168	1024	Graham Ibbetson	m	MV 50		1:28:56
169	703	Margaret Mossman	f	FV 50	Eden Runners	1:29:23



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
170	356	Mark Aldam	m	MV 60		1:29:33
171	842	Rachel Summers	f	FV 50		1:29:42
172	66	Sarah Mackarel	f			1:29:45
173	310	Alan Wilson	m	MV 60	Glaxo Hoad Hill Harriers	1:29:59
174	116	Christine Ramsbottom	f	FV 60	lymm runners	1:30:12
175	514	David Faulkner	m	MV 60	Lymm Runners	1:30:13
176	177	SIMON Hackett	m	MV 60	Lymm Runners	1:30:13
177	1021	Susie Hodgson	f	FV 40		1:30:38
178	884	Alyshia Wallen	f			1:30:42
179	885	Sharia Wallen	f	FV 40		1:30:43
180	815	Gail Sikora	f	FV 50	Penny Lane Striders	1:30:43
181	489	John Davis	m	MV 40	Eden Runners	1:30:48
182	214	Paul Wilson	m	MV 50	Yorkshire wolds runners	1:31:02
183	890	Hazel Ward	f	FV 70	Jog On The Tyne	1:31:16
184	948	Kathryn Hopkirk	f	FV 60		1:31:31
185	157	Matt Beaudin	m			1:31:49
186	499	Phil Dixon	m	MV 60		1:32:00
187	666	Deborah Lyons-gravett	f	FV 50		1:32:23
188	688	Sarah Meyers	f	FV 40		1:32:41
189	75	Sam Redgate	f	FV 40	Elver Striders	1:32:41
190	609	Mahfuzul Islam	m	MV 40		1:32:44
191	532	Ang Gee	f	FV 40	Littleborough Runners	1:32:44
192	546	Julie Graham	f	FV 60	Garstang	1:32:46
193	985	Sarah Beck	f			1:32:47
194	1069	Miranda Wild	f			1:32:47
195	1009	Sally Gardner	f	FV 50		1:32:59
196	1064	Oli Tomlinson	f	FV 50	FFR	1:32:59
197	848	Edward Swinden	m	MV 50		1:33:00
198	685	Iain Melville	m	MV 60		1:33:01
199	106	Eleanor Higgins	f			1:33:09
200	886	Pete Wallwork	m	MV 40		1:33:16
201	89	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	1:33:18
202	424	Chris Bunker	m	MV 40		1:33:22
203	843	Sara Summers	f	FV 50		1:33:23
204	435	Anne Caspi	f	FV 60		1:33:24
205	114	Sarah-Jane Linton	f	FV 40		1:33:27
206	375	Angela Bamford	f	FV 60		1:33:28
207	102	Gillian Felton	f	FV 50		1:33:34
208	790	Faye Ruscoe	f	FV 40		1:33:38
209	579	Ben Higginson	m	MV 70	Preston Harriers	1:33:39
210	168	Stuart Cook	m	MV 50		1:33:51
211	230	Angie Cook	f	FV 50		1:33:51
212	940	Heather Freeman-Dawson	f	FV 40		1:33:53
213	386	Jayne Batt	f	FV 60		1:34:06
214	1037	Lesley Nixon	f	FV 50	Red Rose Road Runners	1:34:18
215	732	Sally Parkinson	f	FV 50		1:34:21
216	192	Tony Priest	m	MV 50		1:34:30
217	534	Caroline Gemmell	f	FV 40		1:34:45
218	781	Daniel Rogers	m	U25		1:34:46
219	782	David Rogers	m	MV 50		1:34:46
220	128	Louisa Graham	f	FV 40		1:34:55
221	834	Nicola Stanley	f	FV 50		1:34:58
222	379	Judith Barker	f	FV 50		1:34:58
223	314	Luke Bell	m			1:35:02
224	1036	FIONA MCKEAN	f	FV 60	eden runners	1:35:21
225	396	Rebecca Bibby	f	FV 40		1:36:19
226	604	Jane Hunter	f	FV 60		1:36:28



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227	1022	Chloe Hornby	f			1:36:45
228	1011	Lesley Glover	f	FV 60		1:36:46
229	1018	Sue Head	f	FV 60		1:36:46
230	905	Catherine Wignall	f	FV 40		1:36:49
231	557	Isobel Hall	f	FV 60	Jogging Pals	1:37:01
232	133	Juliet Rodgers	f	FV 60		1:37:03
233	206	Andrew Turnbull	m	MV 40		1:37:19
234	61	Melissa Grocock	f	FV 40		1:37:30
235	1030	Mark Lobb	m	MV 40		1:37:33
236	896	Rosemary WEBSTER	f	FV 60	head torches	1:37:41
237	714	Caroline Noon	f	FV 60		1:37:42
238	63	Anna Hindmarch	f	FV 50		1:37:48
239	251	Sally Hislop	f	FV 50		1:38:02
240	226	Richard Campbell	m	MV 40		1:38:07
241	31	Heather HILLIER	f	FV 40		1:38:10
242	107	Joyce Hill	f	FV 70		1:38:21
243	972	Godfrey Supka	m	MV 60	Kendal Tri Club	1:38:24
244	370	Emma Atherton	f	FV 40		1:38:54
245	403	Katie Blackburn	f	FV 40		1:39:10
246	81	Amy Smithson	f			1:39:17
247	764	Shelley Regan	f	FV 40		1:39:31
248	322	Jamie Kinloch	m			1:39:46
249	1007	Sarah Fulwood	f	FV 40		1:40:01
250	244	John Gravett	m	MV 60	Keswick	1:40:09
251	1031	Nicola Loftus	f		N/A	1:40:25
252	721	Tony Orr	m	MV 60		1:40:51
253	660	joanna lorenz	f	FV 60	Hampstead Heath parkrun	1:41:43
254	555	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	1:42:22
255	64	Samantha Howes	f			1:42:22
256	577	Rachel Hickman	f			1:42:24
257	708	John Munro	m			1:42:51
258	268	Bev Navesey	f	FV 60		1:42:52
259	210	Robert Webster	m	MV 60		1:42:54
260	970	Angela Shorrocks	f	FV 50		1:42:55
261	849	Lucy Swinden	f	FV 40		1:44:02
262	94	Tracey Brocklehurst	f	FV 60		1:44:03
263	807	Tony Seddon	m	MV 50	Team Caterpillar	1:44:08
264	385	Martin Bates	m	MV 60	Wesham Road Runners	1:44:33
265	992	Cynthia Carter	f	FV 70	Crosby Stormers	1:44:42
266	626	Nick Kaufmann	m	MV 60	Hampstead Heath parkrun	1:45:01
267	502	Alex Durance	m	MV 50		1:45:05
268	329	David Rand	m	MV 40	Penny Lane Striders	1:45:10
269	78	Nadine Scaife	f	FV 50		1:45:43
270	380	Becki Barnes	f	FV 50	Wigan and district harriers ac	1:46:06
271	863	Jane Thwaites	f	FV 70		1:46:13
272	615	Becky Johnson	f	FV 50		1:46:13
273	56	Lucy Darling	f	FV 50		1:46:13
274	986	Amanda Berry	f	FV 60	Red Rose Road Runners	1:46:13
275	293	Rachel Aitken	f	FV 40		1:46:14
276	654	Joanne Lewis	f	FV 50		1:46:35
277	854	Mark Taylor	m	MV 60		1:46:45
278	410	Helen Bowerman	f	FV 50		1:46:54
279	968	Louise Rooney	f	FV 60		1:47:03
280	36	Gail Richards	f	FV 40	Evenwood Road Runners	1:47:11
281	24	Clare Clarke	f	FV 50	Evenwood Road Runners	1:47:11
282	47	Alison Barnes	f	FV 50	Women on the Run - Kendal	1:47:12
283	162	Hilary Borthwick	f	FV 50		1:47:12



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284	1136	Susannah Cogger	f	FV 40	Women on the Run	1:47:12
285	932	Christina Davies	f	FV 40		1:47:41
286	462	Dave Cope	m	MV 70		1:47:59
287	814	Jacqueline Shore	f	FV 60		1:48:17
288	328	Daniel Pressler	m	MV 40		1:48:18
289	728	Paula Park	f	FV 40		1:48:29
290	833	Kay Standing	f	FV 60	Mikeller Running Club Liverpool	1:49:11
291	215	Brian Winder	m	MV 70	Trailblazers	1:49:41
292	692	Darren Mitchell	m	MV 50		1:50:28
293	526	Alana Fraser	f			1:50:39
294	79	Holly Seeger	f			1:51:07
295	101	Dawn Fahy	f	FV 60		1:51:13
296	25	Jocelyn Coppard	f	FV 60		1:51:13
297	784	Hannah Rogers	f	FV 40		1:51:27
298	453	Ursula Collie	f	FV 60		1:52:24
299	33	Alex Kitching	f			1:52:43
300	897	Katie Welch	f	FV 60		1:54:35
301	619	Phil Jones	m	MV 50		1:54:35
302	266	Jane Mooney	f	FV 40		1:55:18
303	801	Sian Saxby	f	U21	DCH Run Club	1:55:35
304	800	Dawn Saxby	f	FV 60	DCH Run Club	1:55:35
305	152	Ian Wright	m	MV 50	Finedon Gladstones	1:57:55
306	311	Stephen Ablett	m	MV 50	Finedon Gladstone Running Club	1:57:55
307	260	colin lloyd	m	MV 50		1:57:56
308	44	Laura Aldridge	f	FV 40	Finedon Gladstones	1:57:56
309	20	Megan Ablett	f	FV 60	Finedon Gladstone Running Club	1:57:56
310	325	sue pawson	f	FV 60		1:57:56
311	980	Philip Whiston	m	MV 40		1:58:47
312	30	Charlotte Dyer	f	FV 50	Lonely Goat Running Club	2:00:05
313	65	Wendy Johnson	f	FV 50	HI Runners	2:00:21
314	709	Ann Myatt	f	FV 60	Cheadle	2:00:56
315	49	Helen Billingham	f	FV 60		2:02:28
316	254	Andrea Jones	f	FV 50		2:02:28
317	319	Joyce Hamilton	f	FV 50	Dumfries Running Club	2:04:46
318	51	Caroline Bowsher	f	FV 60		2:04:46
319	678	Emily McCoombe	f	FV 40	Lonely Goats	2:08:04
320	899	Hannah Wheldon	f	FV 40		2:08:04
321	330	Christine Richards	f	FV 50		2:09:58

Number of records: 321

