

Trail Run 10k

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Trail Run 10k						
1	299	Karl Dickenson	m		Lonely Goat Rc	0:54:20
2	1160	Bethan Lowe	f			0:54:38
3	163	Macauley Bond	m			0:56:00
4	638	Alex Heffron	m			0:57:51
5	937	Adam Firth	m	MV 40		0:58:09
6	949	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:58:29
7	654	Ben Harrison	m	MV 40		0:58:40
8	1159	Daniel McDonagh	m			0:59:39
9	1095	Amy Pickworth	f	FV 40	Darlington harriers	0:59:46
10	902	Gary O'Neill	m	MV 40	Furness Fell Runners	0:59:48
11	395	Gary Moran	m			1:00:27
12	297	Sophie Hunt	f			1:00:30
13	589	Ewen Turner	m			1:01:09
14	756	Michel Carrillo	m			1:01:39
15	748	Philip Mallaband	m	MV 40	Vegan Runners	1:02:09
16	739	Jorden Partington	m	MV 40		1:02:22
17	585	Joseph D'Arcy	m		Kirkbie Kendal	1:02:36
18	243	Jamie Quan-soon	m	MV 40		1:02:52
19	738	Michael Garside	m	MV 40		1:03:40
20	409	David Dalziel	m			1:04:27
21	1053	Chloe Frankish	f	FV 40		1:04:59
22	1096	Ruth Denham-Brown	f			1:05:03
23	666	Jack Ball	m		Settle Harriers	1:05:36
24	590	Dan Ackroyd	m	MV 40		1:06:10
25	147	Tania Huddleston	f			1:06:24
26	564	Samuel Gill	m			1:06:43
27	653	james Galloway-Booth	m			1:07:39
28	625	David Atkinson	m	MV 50	Blengdale Runners	1:07:55
29	70	Jennifer Casson	f	FV 40		1:08:03
30	457	Mark Wilson	m	MV 50	No Drama Llamas Running	1:08:17
31	725	Phil Anderson	m	MV 40		1:08:21
32	681	Paul Hartley	m	MV 50		1:09:08
33	578	Gary Stones	m		Hardley Runners	1:09:22
34	592	Kevin Eland	m			1:11:06
35	613	Gemma Alderson	f	FV 40		1:11:08
36	262	Simon Nield	m			1:11:13
37	431	JON SHARD	m	MV 50		1:12:01
38	978	Thomas Pearson	m			1:12:14
39	911	Ray Padgett	m	MV 70		1:12:16
40	628	Adrian Byrne	m			1:12:22
41	355	Mark Wilding	m	MV 50		1:12:24
42	643	John Birkett	m	MV 60		1:12:29
43	1052	Jonathan Frankish	m	MV 40		1:12:34
44	220	David Macgillivray	m	MV 60	Dh Runners	1:12:51
45	1111	Jack Doran	m			1:12:51
46	728	Dale Harrison	m			1:13:15
47	1036	Tony Rutter	m	MV 60	SROC	1:13:45
48	1089	Rebecca Clarke	f	FV 40		1:13:51
49	1005	Jonty Tarbuck	m	MV 50		1:14:02
50	1015	Brenda Rutter	f	FV 50		1:14:14
51	412	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	1:14:32
52	292	Sandra Myers	f	FV 50		1:14:45
53	667	David Ward	m	MV 40		1:14:47
54	416	Andy Froud	m	MV 50		1:14:47
55	1080	Claudia Pagoulatou	f	FV 50	Pensby Runners	1:15:37
56	38	Matthew MADDOCK	m	MV 40		1:15:51
57	474	Michael Bellwood	m			1:16:03
58	649	Gerard Rooney	m	MV 60	Dalston Caldew Runners	1:16:12
59	1170	Mirjam Kallis	f		Team inov-8	1:16:20
60	345	Michael Ball	m	MV 50		1:16:42
61	135	Stephen Biscomb	m	MV 60	Clayton-le-moors	1:16:48
62	919	Michael Johnson	m	MV 60		1:17:12
63	607	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	1:17:18



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64	405	Rebecca Fish	f			1:17:42
65	313	Pete Lashley	m	MV 50		1:17:47
66	569	Andrew Pilkington	m			1:17:50
67	242	Gareth Matthews	m			1:17:58
68	296	Michelle McCarthy	f			1:18:24
69	642	Wendy Birkett	f	FV 60	Ambleside Athletic Club	1:18:45
70	1088	Tracy Pinder	f	FV 40		1:18:59
71	19	Lorna Davies	f	FV 50	Knowle And Dorridge	1:19:07
72	1051	Iain Riley	m			1:19:08
73	1112	Stinky Pete	m			1:19:10
74	430	Nigel Forster	m	MV 50		1:19:23
75	671	Susan Bibby	f	FV 40		1:19:53
76	762	Isobel Taylor	f			1:20:01
77	1109	Ellie Taylor	f			1:20:01
78	52	Martin Slater	m	MV 40		1:20:02
79	641	Timon Robson	m	MV 50		1:20:07
80	451	John Heap	m	MV 40		1:21:08
81	574	Mark Barwell	m	MV 40		1:21:12
82	979	Sarah Adams	f	FV 40		1:21:12
83	327	Deborah Thorneycroft	f	FV 50		1:21:18
84	223	Richard Walker	m	MV 40		1:21:21
85	690	Lizzie Simmons	f	FV 40		1:21:22
86	102	Carl Wild	m	MV 40		1:21:27
87	573	Louise Johnson	f	FV 40	Hardley Runners	1:21:47
88	384	Richard Clements	m	MV 50	Hip Replacement Runners	1:21:50
89	44	Paul Abrams	m	MV 40		1:21:52
90	118	Will Douthwaite	m			1:22:17
91	276	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:22:27
92	639	David Moran	m			1:22:32
93	293	Dave Hill	m	MV 50		1:22:39
94	710	Nathan Greenwood	m			1:22:49
95	124	David Western	m	MV 60		1:22:51
96	271	Ann Cleave	f	FV 60	Red Rose Road Runners	1:22:52
97	669	Matthew Affolter	m	MV 50		1:23:14
98	398	Christopher Cox	m	MV 60		1:23:46
99	385	Belinda Schofield	f	FV 50		1:23:55
100	634	Simon Forshaw	m	MV 50		1:24:00
101	923	Ben Higginson	m	MV 60	Preston Harriers	1:24:10
102	316	Stuart Edwards	m	MV 60	Lonely Goat	1:24:44
103	697	Philip Loftus	m	MV 60		1:24:46
104	90	Richard Campbell	m	MV 40		1:25:19
105	245	Clive Elliott	m	MV 50		1:25:19
106	393	Emma Green	f			1:25:25
107	394	Daniel Hind	m			1:25:25
108	943	Garry Smith	m	MV 70	Milltown Milers	1:25:31
109	167	Mark Shaw	m	MV 50		1:25:32
110	51	Jean Turner	f	FV 60	Telford Harriers	1:25:34
111	170	Glyn MCGovern	m	MV 60		1:25:46
112	325	Karen Harper	f	FV 50	Sytaal Running Club	1:25:51
113	34	Sue Woods	f	FV 50		1:25:58
114	670	Pete Holding	m	MV 60		1:26:21
115	677	Katherine-Lee Lukas	f			1:26:29
116	755	Ellie Dwan	f			1:26:29
117	541	Hannah Leatherbarrow	f			1:26:30
118	917	Stephen Cruickshank	m	MV 50		1:26:53
119	516	Claire Schofield	f	FV 40		1:26:56
120	321	Robert Myatt	m	MV 50		1:27:01
121	300	Rebecca Modeley	f			1:27:16
122	551	Sharon-lee Lukas	f	FV 50		1:27:28
123	81	Anita Hall	f	FV 50	St Helens Striders	1:27:30
124	107	Graeme Atkinson	m	MV 50		1:27:34
125	1062	Collette Eames	f	FV 60	JogOnTheTYne	1:27:34
126	28	Jenny Nuttall	f	FV 40		1:27:45
127	381	Teresa Douglas	f	FV 60	Eden Runners	1:28:03
128	1083	Ciara Heaton	f			1:28:05
129	236	Tony Priest	m	MV 50		1:28:21



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130	123	Sandy McBride	f	FV 50		1:28:44
131	918	Hilary Johnson	f	FV 60		1:28:44
132	120	Joanna Whittington	f	FV 50		1:28:44
133	958	Claire Willis	f	FV 40		1:28:44
134	989	Louise Higham	f	FV 50		1:28:59
135	244	Nizam Ismail	m			1:29:01
136	318	Richard Porter	m			1:29:12
137	929	Mart Kissick	m	MV 40		1:29:46
138	988	Tony Orr	m	MV 60		1:29:59
139	1097	Stuart Arnold	m	MV 60		1:30:22
140	1034	Mark Aldam	m	MV 60		1:30:31
141	1039	Danielle McEwan	f			1:31:00
142	914	Rachel Summers	f	FV 50		1:31:14
143	1115	Claire Rawlinson	f			1:31:15
144	969	Andrew Wilkinson	m	MV 50		1:31:17
145	1098	Sally Gardner	f	FV 50		1:31:32
146	1090	emma Brierley	f	FV 50		1:31:32
147	443	Jonathan Shaw	m	MV 60		1:31:36
148	1033	Alan Davidson	m	MV 70		1:31:37
149	714	Natalie Wood	f			1:31:37
150	749	Rachael Holloway	f			1:31:57
151	583	Anthony Harvey	m			1:31:57
152	391	Amy Fern	f			1:32:07
153	478	James Williams	m	MV 40		1:32:22
154	178	Chloe Almond	f		Lancaster Runners	1:32:50
155	472	Tony Pilkington	m	MV 60	PENWORTHAM PANTHERS	1:33:14
156	1038	Peter Burlingham	m	MV 40		1:33:28
157	179	Matthew Almond	m	MV 40		1:33:42
158	53	Tracy Slater	f	FV 40		1:33:43
159	1157	Catherine Morton	f			1:33:48
160	473	Rachel Bellwood	f			1:33:54
161	269	Lesley Nixon	f	FV 50	Red Rose Road Runners	1:34:24
162	651	Danny Thompson	m	MV 60		1:34:25
163	1040	Katie Welch	f	FV 50		1:34:25
164	508	Keith Burlison	m	MV 50		1:34:26
165	1054	Hazel Ward	f	FV 60	Jog On The Tyne	1:34:50
166	295	Shelly Allen	f	FV 50		1:34:51
167	635	Carol Cox	f	FV 50		1:34:56
168	291	Paul Myers	m	MV 50		1:35:03
169	304	Shelley Regan	f	FV 40		1:35:06
170	624	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:35:10
171	482	Diane Burgess	f	FV 50	Styal	1:35:22
172	285	Jonathan Clarke	m	MV 50	Styal running club	1:35:22
173	413	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	1:35:27
174	586	Kathryn Stott	f			1:35:40
175	579	Lisa Whetter	f	FV 40		1:35:55
176	420	Anne Lewis	f	FV 70	Selby Swans tri club	1:36:02
177	576	Andrew Godfrey	m	MV 50	Milltown Milers	1:36:20
178	192	Melissa Grocock	f	FV 40		1:36:27
179	600	Catherine Aitken	f	FV 60		1:36:55
180	563	Natalie Hughes	f	FV 40		1:37:12
181	386	Jackie Frank	f	FV 40		1:37:34
182	540	Hollie Fountain	f			1:37:35
183	240	Angela Jones	f	FV 50	St Helens Striders	1:37:38
184	174	Sally Anderson	f	FV 50	Knowle And Dorridge Running Club	1:37:41
185	172	Tracy Davies	f	FV 50	Knowle & Dorridge Running Club	1:37:41
186	87	Anna Richings	f	FV 50	Lancaster and Morecambe ac	1:37:57
187	294	Jane Hill	f	FV 50		1:37:59
188	1001	Deborah Logue	f	FV 40		1:38:00
189	364	Charlotte Smedley	f			1:38:00
190	362	Victoria Cronquist	f	FV 40		1:38:00
191	941	Lauren Caldwell	f			1:38:09
192	562	Jennifer Sweeney	f	FV 40		1:38:18
193	206	Andrew Gudgeon	m	MV 50		1:38:20
194	205	Liza Tattersall	f	FV 50		1:38:20
195	543	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	1:38:36



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196	1107	Katri Kuusniemi	f	FV 40		1:39:05
197	588	Richard Turner	m	MV 70		1:39:59
198	1043	Lisa Whiteley	f			1:40:14
199	58	Jon Meeten	m	MV 50		1:40:26
200	340	Caron Parkes	f	FV 50		1:40:44
201	84	Jo Moss	f	FV 40		1:40:47
202	59	Rebecca Meeten	f	FV 50		1:40:47
203	57	Brian Winder	m	MV 70	Darwen Running Group	1:40:49
204	1002	Margaret Kaye	f	FV 60		1:40:51
205	1164	Helen Helme	f	FV 40		1:41:02
206	83	Faith Firkins	f	FV 50		1:41:28
207	1000	Peter Belford	m	MV 60		1:41:28
208	86	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	1:41:29
209	85	Rob Clayton	m	MV 40	Lancaster and Morecambe athletic club	1:41:30
210	82	Andrew Firkins	m	MV 50	Lancaster & Morecambe AC	1:41:30
211	555	Jane Hunter	f	FV 60		1:41:35
212	39	Ruth Shooter	f	FV 40	Ruth's Runners	1:41:47
213	679	Katie Sharp	f	FV 40		1:41:52
214	970	Joanna Amos	f	FV 50		1:42:13
215	717	Emma Hadley	f	FV 40		1:42:14
216	317	Yasmin Porter-bee	f			1:42:26
217	12	Tracey Brocklehurst	f	FV 50		1:42:40
218	1099	Helen Moriarty	f	FV 40		1:42:40
219	627	Tonia Thompson	f	FV 50	Jott	1:42:57
220	984	Andrew O'boyle	m	MV 50		1:43:05
221	983	Gillian O'boyle	f	FV 50		1:43:06
222	346	Sarah Ball	f	FV 40		1:43:10
223	422	Jane Harris	f	FV 60		1:43:57
224	999	Alison Belford	f	FV 60	Formby	1:44:06
225	139	Greg Murphy	m	MV 50		1:44:09
226	418	Kelly Gibson	f		Darlington Tri	1:44:20
227	168	mark taylor	m	MV 60	audenshaw asthmatics running society	1:44:23
228	610	Helen Craven	f	FV 50		1:44:26
229	92	Georgina Briffett	f	FV 40	Dallam Running Club	1:44:52
230	977	Chris Pearson	m	MV 60		1:45:58
231	239	Natasha Cruickshank	f	FV 40		1:46:04
232	311	Katy Dowdall	f			1:46:28
233	196	John Wiseman	m	MV 50	Red Rose Road Runners	1:47:15
234	1056	Karen Quan-soon	f	FV 60		1:47:18
235	990	Sally Hislop	f	FV 50		1:47:21
236	1074	Julie Dugdale	f	FV 50		1:47:22
237	158	Vicki Buss	f	FV 50		1:47:23
238	747	Val Braybrooks	f	FV 60	Halmer Harriers	1:47:47
239	149	Graham Collins	m	MV 60	Milltown Milers	1:48:00
240	542	David Rosen	m	MV 60	Lancaster & Morecambe AC	1:49:13
241	549	Ruth Patten	f			1:52:11
242	24	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	1:52:12
243	23	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	1:52:12
244	130	Juliet Singer	f	FV 50		1:52:22
245	194	Row Spencer	m	MV 70	Milltown Milers	1:53:43
246	190	Claire Maggs	f	FV 50		1:56:21
247	933	Sue Wassell	f	FV 70	Knowle & Dorridge Running Club	1:56:21
248	177	Jackie Paterson	f	FV 50	Knowle & Dorridge Rc	1:56:21
249	334	Claire Deeley	f	FV 60	Knowle And Dorridge Running Club	1:56:21
250	224	Wyn Clayton	f	FV 70	Women On The Run	1:57:25
251	698	Julie Loftus	f	FV 50		1:57:43
252	1155	Elizabeth Braithwaite	f	FV 50	Warrington Running Club	2:02:24
253	505	David Battersby	m	MV 50		2:04:47
254	237	Ruth Oatridge	f	FV 40		2:06:54
255	512	Zoe Ferguson	f	FV 60	DH Runners	2:07:47
256	248	Louise Hill	f	FV 40	Astley & Tyldesley Road Runners	2:07:47
257	238	Candice Heim-Sarac	f			2:08:22
258	252	Alison Spencer	f			2:09:49
259	455	Jaclyn Gray	f	FV 40		2:09:58
260	1075	Sarah Boyle	f	FV 50		2:11:25
261	730	Joanne Chard	f	FV 40	Women On The Run	2:11:32





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262	1072	Julie Bland	f	FV 50		2:12:15
263	1094	Laura Pilkington	f			2:12:56
264	1069	Adam Smith	m			2:13:24

Number of records: 264

