

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Run 10k - Early Start						
1	956	Dan Bell	m			0:56:37
2	1003	Jorden Partington	m	MV 40		1:03:09
3	975	Michael Garside	m	MV 40		1:04:00
4	77	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:07:13
5	70	Simon Thomas	m	MV 40		1:07:28
6	22	Nick Cook	m	MV 40		1:07:53
7	75	William Uttley	m	MV 40	Lancashire constabulary AC	1:07:58
8	259	Jack Colling	m			1:08:48
9	11	Andrew Blackwell	m	MV 40		1:09:34
10	56	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	1:11:00
11	10	Ann Birchall	f	FV 50	Ashington Hirst Running Club	1:11:43
12	1006	Howard Rand	m	MV 40		1:13:00
13	59	Duncan Rossall	m	MV 60		1:13:32
14	6	Paul Beaumont	m	MV 40		1:13:34
15	42	Graham Kenealy	m	MV 60	Ambleside AC	1:13:47
16	33	Christine Frank	f	FV 50		1:14:37
17	30	Elaine Fisher	f	FV 50	Ambleside AC	1:15:39
18	13	Dave Brisco	m	MV 50	St. Helens Striders	1:15:45
19	14	Shirley Buckley	f	FV 60	The Stragglers	1:16:09
20	260	Paul Abrams	m	MV 40		1:16:38
21	575	Kirsten Rhodes	f		N/A	1:17:40
22	459	Colin Wilson	m	MV 50		1:18:10
23	9	Adam Birch	m			1:18:44
24	52	Joanna Priestley	f		Riversway Roadrunners	1:18:55
25	995	Cecilia Marsh	f	FV 40		1:19:11
26	53	Gail Rason	f	FV 40		1:19:21
27	18	Lynda Carter	f	FV 40		1:20:20
28	48	Sharon Oconnell	f	FV 50	St. Helens Striders	1:20:34
29	7	Rob Bennion	m	MV 50		1:20:38
30	82	Rachel Summers	f	FV 50		1:20:51
31	57	Emma Robinson	f			1:21:14
32	41	Anna Jaques	f	FV 40	Selby Striders	1:21:19
33	39	Anna Holmes-Rand	f			1:21:47
34	21	Denis Cleary	m	MV 40	None	1:21:56
35	38	Nic Holmes	f	FV 40		1:21:57
36	76	mark bateman	m	MV 40		1:22:34
37	65	Shirley Spratt	f	FV 60		1:25:34
38	37	Pete Holding	m	MV 60		1:25:44
39	43	Andrea Lancaster	f	FV 40		1:25:50
40	1018	Sara Summers	f	FV 50		1:25:55
41	62	Emma Shaw	f			1:26:10
42	64	Claire Smith	f	FV 40	North Shields Poly Ac	1:26:25
43	184	Jane Marshall	f	FV 40	St Helens	1:26:49
44	29	James Featherstone	m	MV 60		1:27:27
45	623	Sue Woods	f	FV 50		1:28:32
46	46	Julie Melotte	f	FV 60	Stragglers	1:29:12
47	68	Hannah Swift	f		N/a	1:29:19
48	69	Peter Swift	m	MV 60	N/a	1:29:19



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Pos	Bib	Name	Gender	Age Group	Club	Time
49	72	Paul Thornton	m	MV 50		1:29:27
50	79	Gill Nevin	f	FV 50	Rimrose Runners	1:31:30
51	71	Kate Thompson	f	FV 40		1:31:31
52	31	Andy Floyd	m	MV 50		1:31:49
53	209	Jayne Batt	f	FV 60		1:32:22
54	49	Helen Patten	f	FV 50	Red Rose Runners	1:32:32
55	51	Sam Perkins	f	FV 50		1:33:08
56	20	adele Cihlar	f	FV 50		1:33:11
57	26	Sadie Dyson	f	FV 40		1:33:11
58	47	Iain Melville	m	MV 60		1:33:25
59	12	Helen Bowerman	f	FV 50		1:33:45
60	963	Ali Cooper	f	FV 60		1:34:43
61	80	Tony Orr	m	MV 60		1:35:15
62	226	Malcolm Alderton	m	MV 60	Lions Running Community	1:35:50
63	261	Fiona Alderton	f	FV 60	Lions Running Community	1:35:50
64	1341	Emma Mason	f	FV 50		1:36:04
65	979	Rachel Grayson	f	FV 40	Quakers	1:36:28
66	986	Alison Hodges	f	FV 50	Blackball Bounders	1:38:12
67	35	Dave Haines	m	MV 40		1:38:16
68	61	Mandy Rothwell	f	FV 50		1:38:36
69	1007	Brian Richardson	m	MV 50	Blackhill Bounders	1:38:50
70	24	Rebecca Crellin	f		Cumberland Fell Runners	1:39:28
71	536	Chris Land	m	MV 50	Quakers	1:40:26
72	1016	Hannah Stirling	f			1:41:35
73	63	Lewis Sherratt	m			1:41:44
74	218	Cate Barnes	f			1:41:44
75	961	Paul Coldham	m	MV 50	DCH Run Club	1:42:22
76	98	Gerry Berry	f			1:42:28
77	40	Sarah Hopkins	f	FV 40		1:43:08
78	1287	Julie Kelly	f	FV 60	St Bees Triers	1:44:27
79	27	Elizabeth Eccles	f	FV 40	St. Helens Striders	1:44:50
80	801	Adrian Dunbar	m	MV 60	Craven Energy	1:45:40
81	60	Lorraine Rossall	f	FV 60		1:46:13
82	19	Elliot Chew	m			1:46:16
83	36	Sandra Heighton	f	FV 50	Women On The Run	1:46:24
84	16	Catherine Callaghan	f	FV 60	Wotr	1:46:33
85	73	Donna Thorpe	f	FV 40		1:47:56
86	44	Al Marron	f	FV 40		1:47:56
87	78	Nicola Machin	f	FV 40		1:47:57
88	630	Jon Parshall	m	MV 60		1:48:27
89	67	Laura Sweeting	f			1:49:47
90	15	Edgar Buhl	m	MV 40		1:49:47
91	74	Sarah Uttley	f	FV 40		1:50:41
92	55	Edwina Rickards	f	FV 60	Crocwalkers	1:51:08
93	25	Christina Davies	f	FV 40		1:53:15
94	28	Rosa Elliott	f	FV 60	Mileshyclub	1:55:59
95	1263	Linda Farquhar	f	FV 70	St Bees Triers	1:57:48
96	969	Gill Dunbar	f	FV 60	Craven Energy	1:58:25
97	50	Marie Pembroke	f	FV 60	CROCWALKERS	2:01:36
98	954	Judy Bainbridge	f	FV 60		2:02:09
99	23	Alexandra Cranfield	f			2:03:39
100	1318	Chris Robson	m	MV 80		2:24:47

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Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Run 10k						
1	446	Richard Walker	m	MV 40		0:50:54
2	1331	Lee Procter	m	MV 40	Team inov-8	0:52:33
3	146	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:55:35
4	149	Mark Havenhand	m	MV 50	Sheffield Triathlon Club	0:56:33
5	1338	Anna Hoogkamer	f		Team inov-8	0:57:40
6	84	Jim Andrews	m	MV 50	Helm Hill Runners	0:57:54
7	148	Sarah Harrison	f	FV 40	Sheffield Triathlon Club	0:58:53
8	245	Stephen Hackley	m	MV 40		0:59:29
9	182	Dan Lowthorpe	m	MV 40		0:59:43
10	1288	Rob Kendrick	m		Mansfield Harriers	1:00:45
11	431	Ben Taylor	m			1:01:34
12	417	Jacob Ross	m			1:02:01
13	194	Kate Morris	f	FV 50	Sheffield Triathlon Club	1:02:13
14	133	Andy Firkin	m	MV 50	Lancaster and Morecambe ac	1:02:16
15	702	Anthony Irving	m	MV 40		1:02:35
16	1329	Mark Wilson	m	MV 50	No Drama Llamas Running	1:02:57
17	166	Fiona Jeffries	f	FV 50	Smiley Paces	1:03:05
18	1234	Harry Beaumont	m			1:03:18
19	404	Paula Pilling	f	FV 40	Ramsbottom Running Club	1:03:25
20	426	Matt Smith	m	MV 40		1:03:32
21	632	Tim Selves	m	MV 50		1:03:51
22	1283	Alan Huggon	m	MV 50	Border Reiver Runners	1:04:15
23	1281	Guy Holt	m			1:04:18
24	170	Robbie Jones	m	MV 50		1:04:38
25	448	michael watson	m	MV 40		1:04:48
26	87	David Atkinson	m	MV 50	Blengdale Runners	1:04:48
27	152	Margaret Henderson	f	FV 40		1:04:52
28	113	Robert Clayton	m		Lancaster & Morecambe AC	1:04:55
29	983	Tom Hadfield	m	MV 40		1:05:00
30	198	Philip Neal	m	MV 40	Quakers Running Club	1:05:04
31	447	Elizabeth Watson	f	FV 40	Derwent AC	1:05:17
32	1267	Scott Gillespie	m			1:05:28
33	1314	Karen Pickles	f	FV 50	Spenborough	1:06:20
34	1310	David Pattison	m	MV 50		1:06:20
35	132	Andrew Fairweather	m	MV 40	Red rose road runners	1:06:38
36	985	Christopher Hill	m			1:06:40
37	1014	Christopher Snelling	m	MV 40		1:07:37
38	127	MATTHEW DUNBAR	m	MV 50	SHEFFIELD TRI CLUB	1:07:47
39	157	Shaun Holland	m			1:07:59
40	89	Mark Bades	m	MV 50		1:08:03
41	1312	Louisa Phillips	f	FV 40		1:08:38
42	188	Katrina Mccaughan	f	FV 40		1:09:02
43	681	Samuel Gilmore	m			1:09:05
44	967	Richard Dodds	m	MV 40		1:09:34
45	966	Addam Darnell	m		Sheffield Triathlon Club	1:09:40
46	1004	Hannah Peel	f	FV 40	Sheffield Triathlon Club	1:09:40
47	1013	Chris Smith-duque	m	MV 40		1:09:41
48	85	Jo Andrews	f	FV 50		1:09:45
49	1243	Jennifer Casson	f			1:10:02
50	1229	Riad Arfin	m			1:10:06
51	1276	Timothy Hatch	m	MV 50		1:10:06

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Pos	Bib	Name	Gender	Age Group	Club	Time
52	1300	David Macgillivray	m	MV 60	Dh Runners	1:10:09
53	1244	Andrew Cave	m	MV 50		1:10:10
54	102	Colin Briffett	m	MV 50	Lonsdale Fell Runners	1:10:11
55	172	Dorothy Kesterton	f	FV 70	Steel City Striders	1:10:11
56	402	Thomas Pearson	m			1:10:16
57	439	Aliki Traianou	f		Glasgow Triathlon Club	1:10:16
58	210	James Bellarby	m	MV 40		1:10:55
59	930	Jane Langham	f	FV 50	Smiley Paces	1:11:31
60	990	Robin Lee	m	MV 40		1:11:42
61	1201	Edward Scott	m			1:11:42
62	164	Beth Irving	f	FV 50		1:12:13
63	165	Lisa Jackson	f		Derwent AC Cockermouth	1:12:42
64	1257	Margaret Duncan	f	FV 50	Sheffield Triathlon Club	1:12:45
65	1210	David Taylor	m	MV 60	Cheshire Hash House Harriers	1:12:55
66	1017	Niki Stockton	f	FV 50		1:13:11
67	121	Felicity Cross	f	FV 60	Preston Harriers	1:13:18
68	183	Matthew MADDOCK	m	MV 40		1:13:20
69	1313	Will Phillips	m			1:13:55
70	1236	Christopher Bond	m	MV 40		1:14:14
71	101	Mark Bramall	m	MV 50	Sheffield triathlon club	1:14:34
72	173	Ashley King	m			1:14:41
73	1306	andrew mckenna	m	MV 40		1:14:48
74	99	Stephen Biscomb	m	MV 60	Clayton-le-moors	1:14:58
75	413	Craig Rimmer	m			1:15:07
76	423	Lizzie Simmons	f	FV 40		1:15:19
77	716	Barry Lyonette	m	MV 60		1:15:42
78	415	Gerard Rooney	m	MV 60		1:15:56
79	473	Michael Bellwood	m		N/a	1:16:00
80	1002	David Offord	m	MV 50		1:16:50
81	107	Julian Burgess	m	MV 40		1:17:27
82	957	Christopher Billington	m	MV 40		1:17:27
83	1137	Ellena Farrow	f		Red Rose Road Runners	1:17:36
84	1258	James Dunn	m			1:17:41
85	438	Keith Tolley	m	MV 50		1:18:28
86	114	Melissa Coleman	f			1:18:34
87	160	John Howarth	m	MV 50		1:18:37
88	1009	Hilary Royston-bishop	f		Derwent Athletic Club	1:19:19
89	86	David Ashworth	m	MV 60		1:19:20
90	440	Angie Trippitt	f	FV 50		1:19:21
91	441	Lloyd Trippitt	m			1:19:22
92	93	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:19:47
93	94	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	1:19:47
94	106	Alanna Buckle	f			1:20:13
95	432	Jack Taylor	m			1:20:53
96	142	Barry Green	m	MV 60	None	1:21:00
97	144	Yvonne Grunder	f	FV 40		1:21:11
98	167	Glen Jeffries	m			1:21:12
99	187	Paul Mather	m	MV 40		1:21:13
100	399	Susanne Parry	f	FV 50		1:21:16
101	139	Lee Gillies	m	MV 40		1:21:28
102	207	John Barr	m	MV 70	St. Helens Striders	1:21:41
103	1208	Sharon Swift	f	FV 50	St Helen's Striders	1:21:41

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Pos	Bib	Name	Gender	Age Group	Club	Time
104	1005	Claire Piela	f	FV 40		1:21:42
105	970	Alyson Eggett	f	FV 50		1:21:56
106	192	Liz Meekings	f	FV 40	Smiley Paces	1:22:02
107	96	Joanne Battersby	f	FV 50	Smiley Paces	1:22:20
108	186	Joanne Mather	f	FV 40		1:22:31
109	449	Bill Watts	m	MV 50	Riversway Road Runners	1:22:36
110	992	Sharon-lee Lukas	f	FV 50	Ladies Who Run	1:22:38
111	171	Gareth Kerr	m	MV 40		1:22:44
112	1289	Jill Kerr	f	FV 40		1:22:56
113	135	Helen Fulson	f	FV 40	Sheffield Triathlon Club	1:22:59
114	433	Clare Thomas	f	FV 40		1:23:09
115	1022	Abby Wade	f			1:23:09
116	197	Lesley Neal	f	FV 40	Quakers running club	1:23:25
117	414	Amy Robson	f			1:23:27
118	778	Patricia White	f	FV 60	Women on the Run	1:23:30
119	953	Mark Aldam	m	MV 50		1:23:40
120	122	Christopher D'Arcy	m	MV 50		1:23:40
121	984	Richard Harding	m	MV 40		1:23:42
122	436	Deborah Thorneycroft	f	FV 50		1:23:43
123	1271	Michael Harden	m			1:23:51
124	955	Kirsty Batchelor	f			1:24:09
125	1028	Gillian Woon	f	FV 40	Vegan Runners UK	1:24:26
126	405	Ash Podda	m			1:24:29
127	1307	Damian Moss	m	MV 50		1:24:38
128	195	Naomi Morrison	f	FV 50	Smiley Paces	1:24:50
129	190	Nigel Mcintyre	m	MV 50		1:24:53
130	442	Jean Turner	f	FV 60	Telford Harriers	1:24:56
131	153	Louise Higham	f	FV 50		1:25:14
132	988	Ruth Jacobs	f	FV 50	Smiley Paces	1:25:18
133	824	Stephen Cruickshank	m	MV 50		1:25:29
134	161	Rebecca Howe	f			1:25:54
135	770	Camila Varo	f			1:26:15
136	968	Catherine Doyle	f	FV 50		1:27:25
137	1023	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:27:33
138	411	Josh Riley	m			1:27:39
139	1308	Sam Nicholson	f	FV 50	Border Reiver Runners	1:27:55
140	174	Rachael Lagocka	f			1:28:02
141	134	Joanna Fox	f			1:28:11
142	981	jeanette grimes	f	FV 60		1:28:15
143	1227	Emily Aldridge	f			1:28:21
144	974	Sally Gardner	f	FV 50		1:28:41
145	179	David Littlefair	m	MV 50		1:29:15
146	980	Diana Griffiths	f		St Bees Triers	1:29:30
147	1019	Alison Swift	f	FV 40		1:29:33
148	1311	Kate Peers	f	FV 40		1:29:33
149	457	Isobel Williamson	f	FV 70		1:29:34
150	973	Helen Firth	f	FV 40		1:29:35
151	97	Thomas Baxendale	m			1:29:43
152	136	Kathryn Furness	f	FV 60		1:29:43
153	158	Catherine Hollyoak	f			1:29:43
154	189	Catherine McElhinney	f	FV 50	Southport Waterloo Athletics Club	1:30:18
155	105	Graham Brooks-Dale	m	MV 40		1:30:23

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Pos	Bib	Name	Gender	Age Group	Club	Time
156	437	Katie Todd	f			1:31:03
157	137	Katie Fyall	f			1:31:09
158	117	Rebekah Cooke	f	FV 50		1:31:44
159	327	Rachel Bellwood	f			1:31:50
160	425	J Graham Smith	m	MV 50		1:32:06
161	116	Grace Constance-main	f			1:32:19
162	453	David Whiteley	m	MV 60		1:32:30
163	408	Shelley Regan	f			1:32:39
164	803	Caitlin Johnston	f		Hoad Hill Harriers	1:32:40
165	428	Jenny Stinton	f	FV 40		1:32:40
166	199	Lesley Nelson	f	FV 50		1:32:45
167	143	Melissa Grocock	f	FV 40		1:32:58
168	1025	William Williams	m	MV 60		1:33:23
169	434	Danny Thompson	m	MV 60		1:33:24
170	163	Chris Hutchinson	m	MV 60		1:33:51
171	147	James Harris	m			1:33:52
172	1000	Andrew O'boyle	m	MV 50		1:35:01
173	427	Louise Stevens	f	FV 50		1:35:12
174	959	Rachel Bodenham	f	FV 50		1:35:26
175	168	Allan Johnson	m	MV 70	Lakeside Lincoln	1:35:30
176	196	Jo Moss	f	FV 40		1:35:58
177	1232	Nicky Ball	f	FV 50		1:36:02
178	422	Frances Shoesmith	f	FV 50		1:36:03
179	1173	Louise Millo	f	FV 50		1:36:27
180	976	Laura Goldsworthy	f			1:36:43
181	403	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	1:36:47
182	409	Anna Richings	f	FV 50	Lancaster and Morecambe ac	1:36:48
183	865	Angela Martland	f	FV 40		1:36:49
184	131	Arwa Eskander	f	FV 40	Colt	1:36:51
185	972	Miras Eskander	m	MV 40	Chorlton Runners	1:36:55
186	460	John Wiseman	m	MV 50	Red Rose Road Runners	1:37:01
187	1342	Angela Dallinger	f	FV 40		1:37:01
188	1280	Hannah Hobson	f			1:37:11
189	679	Ian Gilbert	m	MV 60		1:37:15
190	140	Scott Grainger	m	MV 50		1:37:25
191	991	Laura Leitch	f			1:37:25
192	421	Alison Scally	f	FV 50		1:37:56
193	401	Chris Pearson	m	MV 60		1:38:05
194	112	Zoe Clarke	f	FV 50		1:38:12
195	960	David Carver	m	MV 50		1:38:15
196	141	Lorraine Grayston	f	FV 50		1:38:17
197	1101	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	1:39:55
198	1326	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	1:39:55
199	823	Ruth Craxford	f			1:40:13
200	416	Deborah Ross	f	FV 40		1:40:20
201	88	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	1:40:31
202	445	Jack Walker	m	MV 60		1:41:34
203	444	Alice Walker	f			1:41:34
204	83	Sandra Allan	f	FV 60	Fellside Ladies	1:41:51
205	130	Kerry Edwards	f	FV 50		1:42:02
206	1304	Christian Martin	m			1:42:25
207	1282	Tyler Howarth	f			1:42:27

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Pos	Bib	Name	Gender	Age Group	Club	Time
208	1303	Alexandra Martin	f			1:42:33
209	1255	Sandra Devlin	f	FV 40		1:42:37
210	397	Laura O'Donnell	f	FV 40		1:42:39
211	412	Nicholas Riley	m	MV 50		1:43:00
212	1015	Laura Stanton	f	FV 40		1:43:51
213	996	Tracy Mault	f	FV 40		1:43:52
214	374	Helen Proctor	f	FV 50	Women on the Run Kendal	1:43:53
215	109	Deborah Catlow	f	FV 50	Blackburn Road Runners	1:44:05
216	145	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	1:44:16
217	1279	Sally Hislop	f	FV 50		1:45:18
218	1317	Victoria Rankin	f			1:46:09
219	406	Wayne Qualter	m	MV 50		1:46:09
220	429	Caitlin Stokes	f			1:46:47
221	125	Raymond Dang	m	MV 50	Eaglescliffe Running Group	1:47:43
222	407	Karen Quan-soon	f	FV 60		1:48:49
223	695	Sarah Hoggarth	f	FV 50	Orchard Eagles Running Club	1:49:10
224	120	Robert Crosland	m	MV 60		1:49:17
225	1299	Karen M Fay	m	MV 50		1:49:17
226	1240	Debz Bunting	f	FV 60	Lancaster Runners	1:49:26
227	126	Alison Dick	f	FV 50	Red Rose Road Runners	1:49:29
228	1254	Jason Deacon	m	MV 50		1:49:39
229	1011	Tony Seddon	m	MV 50		1:50:03
230	155	Ruth Holden	f	FV 50		1:50:36
231	452	Carole Whiteley	f	FV 60	Women On The Run Kendal	1:50:49
232	150	Susan Heatley	f	FV 40	Red Rose Road Runners	1:50:56
233	962	Ursula Collie	f	FV 60		1:51:15
234	829	Martin Duffy	m	MV 40		1:52:31
235	95	David Battersby	m	MV 50		1:52:38
236	993	Joanna Mackenzie	f	FV 40		1:53:07
237	123	Michael D'Arcy	m	MV 50		1:53:14
238	191	Paul Mcmonagle	m	MV 40		1:53:47
239	185	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	1:55:36
240	450	Kirsty Waywell	f	FV 40	Thornton Cleveleys Running Club	1:55:37
241	1275	Anna Hatch	f	FV 50		1:56:10
242	964	Stephanie Costich	f			1:56:10
243	1228	Dawn Anderson	f	FV 50		1:56:14
244	418	Jackie Routledge	f	FV 60	Thornton Cleveleys	1:56:41
245	443	Laura Tyler	f			1:56:42
246	193	John Melling	m	MV 60		1:56:59
247	998	Edward Melling	m	MV 60		1:56:59
248	410	Benjamin Riley	m			1:57:02
249	110	Cheryl Chaffe	f	FV 50		1:57:09
250	1245	Rob Chaffe	m	MV 50		1:57:09
251	461	Pat Wyke	f	FV 60	Run in Wirral	1:57:10
252	396	Emma Nicholls	f	FV 40		1:57:11
253	176	Ann Leyland	f	FV 50		2:00:57
254	177	David Leyland	m	MV 50	Saddleworth Runners Club	2:00:57
255	1320	Dawn Saunders	f	FV 50	TCRC	2:06:11
256	154	Debbie Hindley	f	FV 40	Thornton-cleveleys Running Club	2:06:11
257	180	Julie Loftus	f	FV 50		2:06:44
258	181	Philip Loftus	m	MV 60		2:06:44
259	1284	Chrissie Jackson	f	FV 40	Wotr	2:07:47

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
260	435	Rose Thompson	f	FV 60	Women On The Run - Kendal	2:07:48
261	1021	Rosalyn Turner	f	FV 60	WOTR	2:07:49
262	111	Gaynor Clarke	f			2:08:32
263	1239	Sarah Broad	f			2:08:52
264	128	Nicola Dunlop	f	FV 40		2:13:00
265	420	Vicki Rutland	f	FV 40		2:13:00
266	129	Dawn Eastwood	f	FV 50		2:13:00
267	156	Sarah Holland	f	FV 40		2:15:09

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Challenge 18k - Early Start						
1	535	Paul Lancashire	m	MV 40	Wesham Road Runners	1:32:06
2	476	Anna Blackwell	f	FV 40		1:35:37
3	497	Jason Denton	m	MV 50	Leigh Harriers	1:37:33
4	1130	Ryan Dempster	m			1:37:41
5	835	Paul Gardner	m	MV 40		1:37:44
6	612	Julian Waldron	m	MV 50		1:39:07
7	271	Tom Mattack	m		Liverpool Pembroke and Sefton Harriers	1:39:41
8	483	Craig Butterworth	m	MV 40	Hyde Village Striders	1:41:22
9	605	Stuart Taylor	m	MV 50		1:41:43
10	828	John Dickinson	m	MV 50	Liverpool Pembroke Sefton	1:41:44
11	491	Nick Cox	m	MV 50		1:41:53
12	555	Lily McElveen	f			1:42:13
13	606	Lewis Thomas	m	MV 50		1:42:47
14	543	Simon Lobas	m	MV 40	Swinton	1:43:48
15	508	James Futers	m		Wolfpack Running Club	1:44:19
16	585	Paul Scully	m	MV 50	Warrington Running Club	1:45:01
17	477	Joseph Bolger	m			1:45:07
18	550	Lee Marks	m	MV 40	Salford met ac	1:45:13
19	529	Stephen Jack	m			1:45:33
20	561	David Mortemore	m	MV 40		1:45:33
21	269	Rick Madden	m	MV 40	Ramsbottom Running Club	1:45:33
22	515	Jon Green	m	MV 50		1:45:38
23	845	Arran Hollyoak	m			1:45:59
24	521	Michael Hardman	m			1:46:03
25	551	Nick Martland	m	MV 50		1:48:00
26	809	Neil Ainsworth	m	MV 50		1:48:13
27	598	Jack Stephenson	m			1:48:21
28	615	Colin Sam Walton	m	MV 50	Wilmslow Running Club	1:48:54
29	579	James Rogers	m			1:48:56
30	525	Mike Horsfield	m	MV 40		1:50:02
31	514	Steven Glencross	m			1:50:40
32	537	Lee Latham	m	MV 40	Victoria Park Running Club	1:50:45
33	594	Matthew Soanes	m			1:50:51
34	571	Alison Piron	f	FV 40		1:50:56
35	905	Philip Wright	m		Gruppetto RC	1:51:09
36	507	Harriet Furness	f			1:51:26
37	526	Islay Horton	f	FV 40	South Cheshire Harriers	1:51:27
38	593	Matty Smith	m			1:51:57
39	1343	Pete Lashley	m	MV 50		1:52:18
40	554	Craig McCulloch	m			1:53:16
41	505	Michael Flintoff	m			1:53:17
42	467	David Bailey	m	MV 50	Biddulph Running Club	1:53:59
43	545	Mike Lowes	m	MV 50	Saltwell Harriers	1:55:42
44	474	Katharine Bibby	f	FV 40		1:56:38
45	546	Susan Lowes	f	FV 50	Saltwell Harriers	1:56:41
46	624	Tim Castelyn	m	MV 40		1:58:04
47	879	Curtis Radcliffe	m			1:58:06
48	565	Carly Nixon	f		Durham City Harriers	1:58:11
49	519	Angela Hall	f	FV 40		1:58:15
50	518	Andrew John Haley	m	MV 50	Lonsdale Fell Runners	1:58:15
51	628	Richard Hooper	m	MV 50		1:58:22

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
52	587	Andy Sheridan	m	MV 40		1:58:51
53	480	Neil Brooks	m	MV 50		1:59:28
54	619	John Wiggans	m	MV 50		2:00:15
55	522	Andrew Hollowbread	m	MV 50		2:00:27
56	484	Rebecca Byrne	f		St Bees Trier	2:01:05
57	516	Juliet Grieves	f	FV 50		2:01:27
58	576	Louise Robbins	f	FV 40		2:02:54
59	539	Chris Lawrence	f	FV 50		2:02:55
60	617	Laura Whittaker	f	FV 40		2:03:14
61	485	Dawn Chilton	f	FV 50		2:03:23
62	540	Sheona Lawrence-Silver	f			2:03:36
63	589	Kevin Silver	m	MV 50		2:03:36
64	578	Mark Robinson	m	MV 50		2:03:37
65	513	Justin Gill	m	MV 50	Clayton-le-Moors Harriers	2:04:47
66	512	Alison Gill	f	FV 40		2:04:48
67	602	Kate Sutton	f	FV 60	Wilmslow Running Club	2:05:17
68	618	Dawn Wicks	f	FV 50		2:06:02
69	596	Samuel Steen	m			2:06:05
70	528	Suzanne Hughes-Rudd	f	FV 40	Bodyfit Cumbria Running Club	2:06:08
71	549	John Maddy	m			2:06:14
72	597	Sara Steen	f			2:06:21
73	557	Fran Mckee	f			2:06:22
74	556	Nadia Mckane	f			2:06:48
75	478	Zoe Bridges	f	FV 50	Trail Running Association	2:06:56
76	479	Mike Brock	m	MV 40		2:06:56
77	607	LIZ THOMPSON	f	FV 40		2:06:58
78	470	Kirsty Barker	f	FV 50	Keswick AC	2:07:07
79	541	Tom Lawson	m	MV 40	Netherhall AC	2:07:33
80	950	David Walsh	m	MV 60		2:07:37
81	502	Joanne Fee	f	FV 50	Bodyfit Cumbria running club	2:07:53
82	614	John Walter	m	MV 70		2:08:40
83	580	Joanne Rogers	f	FV 50		2:09:12
84	834	Jacqui Foster	f	FV 50	Craven Energy	2:09:14
85	838	Julie Graham	f	FV 60	Garstang	2:09:16
86	613	Thomas Walker	m		Team Sixteen	2:09:46
87	627	David Goodyear	m	MV 50	Eccleshill Road Runners	2:09:59
88	488	Andrew Connor	m	MV 50		2:10:53
89	462	Kathryn Abbott	f	FV 50	Red Rose Road Runners	2:11:21
90	1337	Sarah Walker	f			2:11:44
91	620	ALEXA WILCOCK	f			2:11:44
92	601	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	2:12:32
93	472	Joanne Beck	f	FV 50		2:13:15
94	595	Esther Stanier	f		Red Rose Road Runners	2:13:59
95	622	Anne-marie Woodcock	f	FV 50	Lions Running Community	2:14:03
96	494	Victoria Crowther-Walsh	f	FV 40	Widnes waps	2:14:08
97	475	James Bickerstaff	m	MV 50	Lions	2:14:09
98	548	Karen Mackintosh	f	FV 60	Biddulph Running Club	2:14:53
99	568	Stuart O'connor	m	MV 50		2:14:56
100	567	Hannah O'connor	f			2:14:57
101	499	Jeremy Dyer	m	MV 60		2:15:11
102	577	Louise Roberts	f	FV 50		2:15:28
103	583	Skye Sarahs	f		Dumfries Running Club	2:16:49

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
104	608	Martina Trapani	f			2:16:54
105	559	Jon Meeten	m	MV 50		2:17:31
106	464	Mark Allitt	m	MV 60	Selby Striders	2:17:40
107	552	Michael Mason	m	MV 50		2:18:17
108	517	SIMON Hackett	m	MV 60	Lymm Runners	2:18:22
109	573	Christine Ramsbottom	f	FV 60		2:18:22
110	586	Jonathan Shaw	m	MV 60		2:19:05
111	592	Clare Smith	f	FV 40		2:19:17
112	880	Claire Renshaw	f	FV 40	Tri-Rivington	2:19:17
113	574	Gillian Ramsden	f	FV 50	Tri Rivington	2:19:17
114	468	Joanne Bailey	f	FV 50	Biddulph Running Club	2:19:31
115	482	Peter Burlingham	m	MV 40	Lonely Goat RC	2:20:03
116	609	Alison Unsworth	f	FV 50		2:20:26
117	463	Lesley Allison	f	FV 60	Eden Runners	2:20:50
118	1114	Janet Carling	f	FV 60	Nidd Valley	2:21:04
119	538	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	2:21:57
120	875	Blaine Patton	m	MV 40	Wolf Pack Running Club	2:23:00
121	900	Kirstie Whyatt	f	FV 40		2:23:23
122	534	Phil Jones	m	MV 40		2:23:49
123	560	Lynne Midgley-ward	f	FV 50	Ponteland Runners	2:24:16
124	501	Jayne Elliott	f	FV 50		2:24:25
125	570	Shirin Patel	f	FV 40		2:26:08
126	590	Rebecca Simms	f	FV 50	Darwen Dashers	2:27:00
127	652	Sarah Chalmers	f	FV 50		2:27:26
128	510	Jennifer Gilbert	f	FV 40	Perth Road Runners	2:29:33
129	887	Guy Stephens	m	MV 50		2:29:34
130	1202	Elisabeth Smart	f	FV 60		2:29:35
131	489	Asia Connor	f			2:30:35
132	582	Tara Rutherford	f	FV 40	Sunderland Strollers	2:31:14
133	631	Michelle Parshall	f	FV 50		2:36:21
134	520	Debbie Hallsworth	f		Derwent Ac	2:38:27
135	547	Julie Luckman	f	FV 50	Oldham and Royton Harriers	2:38:46
136	616	Lisa Whetter	f	FV 40		2:39:01
137	523	Gill Horne	f	FV 60	Biddulph Running Club	2:40:29
138	564	Jackie Moxon	f	FV 50		2:43:07
139	566	Alison Nordon	f	FV 50		2:43:48
140	465	Sarah Allitt	f	FV 50	Selby Striders	2:44:23
141	888	Neil Sutcliffe	m	MV 60		2:44:39
142	257	Anne Hurcombe	f	FV 40	Julie's Joggers	2:45:23
143	506	Sue France	f	FV 50	Julie's Joggers	2:45:23
144	524	Frankie Horsfield	f			2:46:06
145	563	GARY MOXON	m	MV 60		2:46:47
146	503	Evvie Feingold	f	FV 50	Prestwich AC	2:47:06
147	542	Linzi Lloyd-Henry	f	FV 50	Prestwich AC	2:47:10
148	527	Jo Houghton	f	FV 50	Prestwich Ac	2:47:15
149	490	Nichola Cooke	f	FV 40	Prestwich Ac	2:47:15
150	610	Catherine Vaneris	f	FV 40		2:47:16
151	626	Artem Dean	m			2:48:04
152	572	Steve Pridmore	m	MV 50		2:48:34
153	509	Linda Gant	f	FV 60		2:49:52
154	533	Vicky Johnston	f	FV 50	St Bees Triers	2:49:52
155	562	Terry Moss	m	MV 50		2:51:46

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
156	603	Joanne Tasker	f	FV 40	Prestwich AC	2:52:55
157	504	Ian Feingold	m	MV 50		2:52:55
158	633	Ty Turley	m	MV 40		3:02:06
159	629	Sue Parker	f	FV 40		3:08:43
160	625	Anne Claypole	f	FV 40		3:08:43
161	492	Amanda Craven	f	FV 40		3:08:43
162	498	Charlotte Dyer	f	FV 50	Keswick AC	3:09:37
163	591	Stephen Slocombe	m	MV 50		3:11:52
164	496	Carolyn Dawe	f		Manchester	3:12:40
165	531	Sonia Jameson	f	FV 40		3:14:00
166	530	Scott Jameson	m	MV 50		3:14:00
167	544	Carl Lockwood	m	MV 60		3:56:56

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Challenge 18k						
1	1206	Thomas Smith	m			1:22:20
2	1152	Daniel Hunter	m			1:30:05
3	317	Billy Williams	m			1:31:16
4	689	Sam Harding	m			1:32:35
5	1170	Ellen Mclachlan	f			1:33:03
6	928	Philip Jarvis	m	MV 40		1:33:31
7	753	Michael Smith	m			1:34:08
8	1330	Liam Graham	m		Team inov-8	1:34:10
9	1186	Andy Phillips	m	MV 40		1:35:40
10	1142	Ed Galloway	m			1:36:02
11	862	Becky Lloyd	f			1:36:03
12	815	Andrew Booth	m	MV 40	Run Knutsford	1:36:58
13	282	Christian Rengers	m			1:37:02
14	699	Darren Horobin	m	MV 40		1:37:31
15	1131	Louise Dermott	f	FV 50	OMG	1:37:44
16	1127	Liam Crossey	m	MV 40		1:38:04
17	843	Harry Hodgson	m			1:38:22
18	833	Andrew Foster	m	MV 50	Liverpool Pembroke & Sefton	1:38:28
19	660	David Connolly	m	MV 40		1:39:27
20	885	Martin Skinner	m	MV 50	N/a	1:40:18
21	665	Matthew Croughan	m	MV 40	Meltham AC	1:41:41
22	784	David Wimpenny	m			1:41:46
23	897	Paul Waldram	m	MV 40		1:42:20
24	927	Thom Isom	m			1:43:06
25	725	Chris McKee	m			1:43:31
26	683	John Gray	m	MV 50	Meltham Ac	1:44:33
27	768	Duncan Trenholm	m			1:44:57
28	664	Ian Croft	m	MV 50	Red Rose Road Runners	1:45:17
29	1222	John Wilson	m	MV 40		1:45:47
30	766	Rachel Tomlinson	f	FV 40	Metham Ac	1:45:50
31	1187	Johnny Phillips	m			1:46:12
32	1107	Jordan Blackmon	m			1:46:34
33	1175	Jonathan Mock	m			1:47:01
34	1183	Stephen Orife	m			1:47:02
35	747	Michael Rogers	m	MV 40	None	1:47:27
36	1224	Philip Woolgar	m	MV 50	Metres To Miles	1:48:10
37	732	Alan Parker	m	MV 50		1:48:25
38	739	Paul Rawlinson	m	MV 40		1:48:32
39	853	Mark Judkowski	m	MV 60		1:48:34
40	764	Steve Tinniswood	m	MV 50		1:48:34
41	709	Andrew Kitts	m		Kirkby Milers AC	1:48:52
42	836	Salvatore Genovese	m	MV 50		1:49:00
43	779	Olivia Wiggans	f			1:49:45
44	670	Chris Davies	m	MV 40	Team inov-8	1:49:58
45	1220	Andy Williamson	m	MV 60	Tri Preston	1:50:15
46	788	Joe Wrigley	m		Black Combe Runners	1:50:35
47	878	Michelle Price	f			1:51:10
48	906	Alexander Wrigley	m			1:51:25
49	752	Brian Smith	m	MV 50	North East Veterans	1:51:26
50	877	Neil Pomfret	m	MV 50	Ilkley Harriers	1:51:40
51	1194	Raymond Riley	m	MV 40		1:52:00

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
52	278	Rachael Perowne	f	FV 40	Tyne Bridge Harriers	1:52:03
53	729	Claire Norman	f		Tyne Bridge Harriers	1:52:03
54	677	David Foster	m		Vegan Runners	1:52:08
55	700	Phil Hughes	m	MV 60		1:52:14
56	714	Owen Lewis	m	MV 40	Independent	1:52:23
57	855	Gina King	f		Stockton Striders	1:52:23
58	854	Alan King	m	MV 60	Stockton Striders	1:52:23
59	1157	Helen Jones	f			1:52:25
60	1146	Josh Hadden	m			1:53:05
61	848	Phil Horner	m	MV 40	Garstang RC	1:53:13
62	1123	Sandra Connell	f	FV 60		1:53:20
63	1223	Kevin Wilson	m	MV 50	Racing Team Dawson	1:54:30
64	819	Steven Capner	m	MV 40		1:54:38
65	1195	Siobhan Riley	f	FV 50		1:54:42
66	305	Andrew Teague	m			1:54:58
67	1125	Phil Coulthard	m			1:55:16
68	668	Ian Davenport	m	MV 50		1:55:18
69	263	Chee Lau	m	MV 40		1:55:53
70	748	Katie Samuelson	f	FV 40	Todmorden Harriers	1:56:04
71	717	George Lythgoe	m			1:56:26
72	1185	Lisa Pattinson	f	FV 40	N/A	1:56:31
73	687	Liam Hall	m			1:56:41
74	773	Helen waite	f	FV 40	Airecentre pacers	1:56:58
75	303	Peter Tasker	m	MV 40	Prestwich Ac	1:57:08
76	621	Glyn Williams	m	MV 50	Prestwich AC	1:57:08
77	611	Harry Vaneris	m	MV 40		1:57:08
78	1134	Andrew Edwards	m	MV 40	East Fife Triathlon Club	1:57:17
79	1112	Andy Buckroyd	m	MV 50	Macclesfield Harriers	1:57:21
80	705	Thomas Jones	m			1:57:46
81	896	Fay Waldram	f	FV 40		1:58:22
82	1207	Jason Swapp	m			1:58:41
83	648	Isabelle Bond	f			1:58:55
84	1193	Scot Riggans	m	MV 40		1:59:05
85	894	Jean Waddington	f	FV 40		1:59:24
86	691	Robert Harper	m	MV 50	Yorkshire Wolds Runners	1:59:25
87	1197	Carla Rodgers	f			1:59:46
88	781	George Wilson	m	MV 60		2:00:02
89	892	Neil Venables	m	MV 60		2:00:12
90	227	Gary Craven	m	MV 40		2:00:12
91	913	James Crossan	m			2:00:16
92	707	Kev Kendal	m	MV 40	Howgill Harriers	2:00:25
93	235	Catherine Eaton	f	FV 40		2:00:28
94	604	Laura Tattersall	f	FV 40		2:00:37
95	859	Philip Kitchen	m	MV 40		2:00:53
96	724	Peter McGivern	m	MV 40		2:00:55
97	931	Paul Mackey	m	MV 40		2:00:58
98	634	Alyson Adams	f	FV 50	Bramhall Runners	2:00:58
99	777	Michael Welsh	m	MV 50		2:01:20
100	1161	Beth Kennedy	f			2:01:31
101	736	Tony Priest	m	MV 50		2:01:57
102	832	Samantha Forrey	f			2:02:32
103	694	James Hilton	m		Danson Runners	2:02:33

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
104	688	Beki Hanns	f		Danson Runners	2:02:39
105	638	Joe Bamber	m			2:02:49
106	701	Sue Hughes	f	FV 40	Widnes wasps ladies running club	2:03:04
107	673	Julian Egan	m	MV 50		2:03:09
108	771	Rachel Verrall	f	FV 40		2:03:09
109	1162	Joanne King	f			2:03:13
110	1335	Richard Pennock	m	MV 50		2:03:17
111	735	Nicky Portergill	f	FV 50		2:03:25
112	1118	James Clark	m			2:03:42
113	874	Hilary Page	f	FV 60		2:04:06
114	1182	Katie O'sullivan	f	FV 40		2:04:09
115	903	dan williams	m			2:04:15
116	1109	Lorena Booth	f			2:04:16
117	1111	John Brady	m	MV 50		2:04:31
118	1203	Catherine Smith	f	FV 40		2:04:31
119	866	Anthony Maxwell	m	MV 60	Lostock AC	2:04:54
120	844	Lauren Hogarth	f			2:05:09
121	893	Kevin Verdum	m			2:05:09
122	864	Christina Marechal	f			2:05:26
123	1147	Fiona Haigh	f	FV 50	Team Fi & B	2:05:45
124	710	Matthew Lambert	m	MV 40		2:06:07
125	1151	Zachary Hopkins	m			2:06:12
126	886	Mike Smith	m	MV 60		2:06:15
127	1115	Richard Cater	m	MV 50	Helm Hill	2:06:40
128	1211	Angela Thompson	f	FV 50	Victoria Park Running Club	2:07:07
129	315	Andrew Wilkinson	m	MV 50	Wesham road runners	2:07:09
130	740	Jill Reed	f	FV 50		2:07:23
131	706	Vanessa Kay	f	FV 50		2:07:27
132	754	Roderick Smith	m	MV 60		2:07:55
133	780	Anthony Wilkinson	m	MV 60		2:07:55
134	676	Tim Farron	m	MV 50	Dallam Runners	2:07:59
135	1160	Mirjam Kallis	f		inov-8	2:08:07
136	1102	Liam Aplin	m	MV 40		2:08:15
137	264	Lee Lawrenson	m	MV 40		2:08:16
138	643	Lindsay Bennison	f	FV 50	The Fell Devils	2:08:23
139	1117	alan chevin	m	MV 60	team anstey	2:08:30
140	672	Paul Dyson	m	MV 40		2:08:35
141	1198	Gillian Rowland	f	FV 60		2:08:40
142	1119	Neil Clark	m	MV 50		2:09:03
143	744	Matt Rhodes	m	MV 40		2:09:14
144	1128	Jon Day	m	MV 50		2:09:31
145	856	Sue King	f	FV 50	Stockton Striders	2:09:45
146	1136	Alice Fantom	f			2:10:39
147	898	Luke Watkins	m			2:10:49
148	708	Ross Kirby	m	MV 40		2:10:57
149	851	Dawn Jones	f	FV 50	Harlow Athletic Club	2:11:09
150	741	Peter Reed	m	MV 70	Northumberland Fell Runners	2:11:11
151	761	Neil Taylor	m	MV 40		2:11:18
152	785	James Windebank	m	MV 40		2:11:28
153	769	Luis Valenzuela	m	MV 40		2:11:28
154	825	Simon Davis	m	MV 40		2:11:31
155	840	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	2:12:12

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
156	755	Carol Spoor	f	FV 40	Tri Preston	2:12:29
157	775	Cath Wardell	f	FV 40		2:12:33
158	873	Gillian O'boyle	f	FV 50		2:12:33
159	690	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	2:12:35
160	726	Nigel Meier	m	MV 50	N/a	2:12:37
161	774	martin walsh	m	MV 70	Bowland fell runners	2:12:40
162	745	SUZI RICHMOND	f	FV 40		2:12:57
163	647	Kathy Bloomfield	f	FV 40		2:12:57
164	646	Alex Blades	m	MV 40		2:13:01
165	727	Robert Myatt	m	MV 50		2:13:15
166	1340	Lou Bland	f	FV 50	Team inov-8	2:13:36
167	846	Matt Hones	m	MV 50		2:13:45
168	662	Jane Crawford	f	FV 40		2:13:45
169	663	Alicia Croft	f	FV 50	Red Rose Road Runners	2:13:56
170	1135	Ian Evans	m		SouthowRAM Runners	2:14:02
171	650	Bernard Brown	m	MV 50		2:14:05
172	783	Paul Wilson	m	MV 50		2:14:16
173	641	Gillian Bell	f	FV 40	Tynedale Harriers	2:14:19
174	737	David Proctor	m	MV 40		2:14:26
175	1141	Nick Gallavin	m	MV 40		2:14:30
176	1167	Katy Lewis	f	FV 50		2:14:59
177	645	Leonie Black	f	FV 40	Helme Hill Runners	2:15:12
178	863	Kate Lund	f	FV 40		2:15:13
179	830	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	2:15:22
180	653	Susan Chilton	f	FV 50	Lune Valley Hash House Harriers	2:15:34
181	659	Christopher Colebourn	m	MV 50		2:15:38
182	758	Joy Stevens	f			2:15:56
183	661	Grace Crawford	f	FV 40	Knutsford triathlon club	2:16:14
184	891	Simon Turner	m	MV 40		2:16:22
185	814	Jo Blackwood	f			2:16:30
186	860	Line Kjellerup	f	FV 40		2:16:38
187	1158	Nicky Jones	f	FV 50		2:16:39
188	746	Jason Robinson	m	MV 40		2:16:54
189	1214	Peter Wallwork	m	MV 40		2:16:55
190	841	Ben Higginson	m	MV 60	Preston Harriers	2:16:59
191	847	Claire Horner	f	FV 40	Garstang RC	2:17:02
192	1159	Simon Jones	m	MV 50		2:17:23
193	655	Alex Clark	f	FV 40	York Solemates	2:17:40
194	666	Stephen Dale	m	MV 60	Yorkshire wolds runners	2:17:46
195	827	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	2:17:52
196	1177	Kirsty Myers	f	FV 40		2:18:17
197	1168	Daniel Maltman	m	MV 40		2:18:29
198	703	Matt Jarvis	m	MV 40		2:18:39
199	733	Ryan Parry	m	MV 40		2:18:41
200	1108	Jude Blackmore	f	FV 50		2:19:09
201	857	Joanna Kinrade	f			2:19:20
202	1154	Jade Jackson	f	FV 40		2:19:20
203	765	Hayley Todd	f			2:19:20
204	1192	Jonathan Richardson	m	MV 40	York Postal Harriers	2:19:20
205	1110	Jodi Bowyer	f			2:19:28
206	1169	Jacob Manton	m			2:19:32
207	1164	Clare Laybourn	f	FV 50		2:19:53

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
208	1171	Stewart Mcnicholl	m	MV 40		2:19:59
209	698	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	2:20:02
210	654	Janice Chruscht	f	FV 40	Airecentre Pacers	2:20:21
211	1190	Marina Quayle	f	FV 50		2:20:27
212	704	Isobel Johnston	f	FV 40		2:20:27
213	637	Christine Baker	f	FV 60		2:20:28
214	636	Anna Baker	f			2:20:29
215	1174	Steven Milsom	m	MV 40		2:20:37
216	719	Anthony Marechal	m	MV 60		2:21:37
217	759	Anne Stockley	f	FV 40	St Albans Striders	2:22:00
218	1172	Rebecca Meeten	f	FV 50		2:22:12
219	669	Lynda Davenport	f	FV 40		2:22:34
220	692	Emma Harris	f	FV 40		2:22:35
221	1212	Elizabeth Thornton	f			2:22:35
222	818	Carol Brough	f			2:22:51
223	958	Rachel Blakeley	f	FV 40		2:23:10
224	458	Sheila Williamson	f	FV 50		2:23:10
225	90	Tumkeen Badulla	f			2:23:11
226	730	Ian Oakey	m	MV 50	Settle Harriers	2:23:28
227	867	Sheila Maxwell	f	FV 60	Lostock AC	2:23:48
228	712	Tom Large	m	MV 40		2:23:53
229	1336	Emma Hadley	f	FV 40		2:24:24
230	757	Joe Stevens	m	MV 60		2:25:07
231	756	Jane Stevens	f	FV 50		2:25:07
232	763	Karen Thistlethwaite	f		Lonely Goat	2:25:26
233	1104	Richard Bartlett	m	MV 60		2:25:58
234	858	Rachel Kipling	f	FV 40		2:25:58
235	1122	Andrew Collett	m	MV 50		2:26:35
236	786	Tony Woodcock	m	MV 40	Lonely goat running club	2:27:22
237	696	Emma Holland	f			2:27:22
238	767	Ian Trencher	m	MV 40	Billinge Running Club	2:27:23
239	723	Shaun Mcfaul	m	MV 50		2:27:28
240	1163	Sharon Langton	f	FV 60		2:27:59
241	651	Colin Campbell	m	MV 50	Barrow and Furness Striders	2:28:20
242	1140	Shelley Franklin-King	f			2:28:21
243	820	Nina Carter-Brown	f			2:28:21
244	715	Steve Longney	m	MV 50	Yorkshire Wolds Runners	2:28:22
245	890	Graeme Tilbury	m	MV 40		2:28:31
246	1199	Casey Rust	f	FV 40		2:28:32
247	684	Jackie Greenwood	f	FV 60		2:28:47
248	711	Al Large	f	FV 40		2:30:14
249	813	Christina Bischoff	f	FV 40		2:31:07
250	686	Anneke Hackenbroich	f			2:31:11
251	901	Susan Averill	f	FV 50		2:31:56
252	1225	Em Yolland	f			2:32:00
253	1145	Cat Gooch	f	FV 40	Ponteland Runners	2:33:07
254	1105	Lisa Bennett	f		SouthowRAM Runners	2:33:30
255	685	Kevin Greenwood	m	MV 60		2:33:49
256	811	Emma Atherton	f	FV 40		2:33:50
257	667	Zoe Dale	f	FV 50	Yorkshire Wolds runners	2:33:59
258	782	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	2:33:59
259	1188	Jon Press	m	MV 40		2:34:35

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
260	1191	Marcela Reyes Otaiza	f	FV 40		2:34:45
261	750	Viv Sherry	f			2:34:46
262	721	Jane Marshall	f	FV 50	York Acorn Running Club	2:35:09
263	734	Chris Piper	m	MV 50		2:35:23
264	728	Joanne Neary	f	FV 50		2:36:55
265	743	Gwen Rhodes	f	FV 40		2:37:54
266	671	Sarah Duff	f	FV 40		2:37:54
267	640	Anthony Barnes	m	MV 40	St Albans Striders	2:38:37
268	658	Shiran Cleminson	f	FV 50	Boldmere bullets	2:38:47
269	1332	Anthony Metcalf	m	MV 40		2:39:45
270	642	Charlotte Bennett	f			2:40:27
271	675	Sonja Farish	f	FV 50	Parkside panthers	2:41:58
272	1133	Karen Eckworth	f	FV 60	Alton Runners	2:41:59
273	904	Carole Wood	f	FV 60		2:43:26
274	649	Jane Brockless	f	FV 50		2:45:04
275	635	Sarah Baird	f			2:45:16
276	1121	Wyn Clayton	f	FV 70	Women On The Run	2:48:57
277	1334	Louise Walsh	f	FV 50		2:51:26
278	1124	Dave Cope	m	MV 70		2:51:45
279	776	Colette Watling	f	FV 50	Didsbury Runners	2:55:20
280	772	LOUISE WAINWRIGHT	f	FV 50	Thornton CLEVELEYS RUNNING CLUB	3:02:45
281	749	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	3:02:58
282	1205	Jennifer Smith	f			3:03:55

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
Trail Race 18k						
1	2	Jonathan Cox	m		Eden Runners	1:08:17
2	280	Gareth Raven	m	MV 40	SALE HARRIERS	1:12:49
3	4	Lewis Bowness	m		Team inov-8	1:14:46
4	249	Andrew Heppell	m	MV 40	Gosforth Harriers	1:15:26
5	320	Dominic Wynn	m			1:17:55
6	307	Ian Thompson	m			1:18:36
7	265	Ted Leahy	m	MV 40	Ripon Runners	1:20:02
8	270	Rob Massey	m		Bollington Harriers	1:20:21
9	917	Adam Firth	m	MV 40		1:20:58
10	290	Jordan Scott	m		Morpeth Harriers	1:22:23
11	211	Craig Blakey	m			1:22:32
12	288	John Sammut	m	MV 40		1:22:33
13	240	Jon Gardiner	m			1:24:03
14	285	Katie Rowland	f		Kent Ac	1:24:42
15	916	Josh Ellis	m			1:24:53
16	287	Rober Ryder	m	MV 40		1:24:56
17	1339	Steve Paterson	m	MV 50	Team inov-8	1:26:27
18	205	Ollie Barker	m		Helm Hill	1:26:28
19	939	Matt Reed	m	MV 40	Sheffield Triathlon Club	1:27:24
20	274	Lizzie Nairn	f		Selby Striders	1:28:47
21	279	Gareth Price	m	MV 40		1:28:53
22	234	Mark Dowell	m	MV 50		1:28:58
23	262	Aashish Lamichhane	m			1:29:04
24	299	Gary Southwell	m	MV 50		1:29:44
25	292	Robert Sharkey	m	MV 40	Lostock Ac	1:30:13
26	200	Mike Allison	m	MV 60	Eden Runners	1:31:13
27	239	Jon French	m	MV 40		1:31:52
28	924	Toby Hall	m			1:32:34
29	293	Tom Shaw	m		North Endurance	1:33:22
30	918	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:33:29
31	212	Gordon Blunt	m	MV 40	Kendal Hockey Club	1:33:36
32	202	Liz Bailey	f	FV 40	Garstang	1:33:55
33	213	John Bohan	m	MV 40		1:33:59
34	204	John Barker	m		Bowland Fell Runners	1:34:42
35	242	Jonathan Goldsworthy	m	MV 40		1:35:16
36	910	Josh Comley	m	MV 40		1:35:26
37	1215	Neil Ward	m	MV 50	Ponteland Runners	1:36:27
38	925	Hannah	f	FV 40	Sheffield Triathlon Club	1:36:50
39	294	Tom Silver	m		Chorlton Runners	1:37:07
40	915	Chris Eggett	m	MV 50	Northumberland Fell Runners	1:37:11
41	244	James Grinbergs	m	MV 40	Eden Runners	1:37:19
42	231	Andrew Dawson	m	MV 40		1:37:20
43	208	Laura Bartlett	f			1:37:36
44	940	Melanie Rotherham	f	FV 50		1:38:52
45	230	Martin Davis	m	MV 60	Newquay Road Runners	1:39:01
46	206	Alan Barr	m	MV 50	Howgill Harriers	1:39:15
47	949	ben walker	m			1:40:24
48	219	Simon Brady	m	MV 40		1:40:35
49	228	Ian Crook	m	MV 50	Barrow Striders	1:40:47
50	214	Hayley Bond	f	FV 40	Riverside Runners	1:40:57
51	215	Philip Bond	m	MV 40	Riverside Runners	1:41:01

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
52	319	Anna Woolgar	f	FV 40	Chester Triathlon Club	1:41:18
53	297	Glyn Smith	m			1:41:39
54	311	Ian Whalley	m			1:41:58
55	217	Glenn Boulter	m	MV 40	Glaxo Hoad Hill Harriers	1:43:20
56	314	Liz Whitfield	f	FV 40	Helm Hill Runners	1:43:52
57	275	Dale Norman	m	MV 40		1:43:53
58	302	Stephen Stuart	m	MV 50		1:45:08
59	296	Gary Smith	m	MV 40		1:45:50
60	251	Ian Hewitt	m	MV 40	Eden Runners	1:46:00
61	247	David Hawkins	m	MV 40		1:46:57
62	267	Scott Liddell	m	MV 60		1:48:03
63	221	Matt Brookes	m	MV 40	Ripon Runners	1:48:13
64	286	Mark Rutherford	m	MV 40		1:48:41
65	310	Mark Walker	m	MV 50	Rochdale Harriers and AC	1:48:43
66	309	Carole Waddell	f	FV 40		1:48:59
67	298	Julie Smith	f	FV 50	The Fell Devils	1:49:17
68	276	Helen Palmer	f	FV 40		1:49:30
69	907	Grace Balmforth	f			1:49:37
70	291	Peter Senior	m	MV 40	Running Bear	1:50:30
71	243	Jane Greening	f	FV 40	Stocksfield Striders	1:51:02
72	258	Andy Jackson	m	MV 50	The Fell Devils	1:52:27
73	952	Josh Willis	m			1:52:34
74	266	Dan Lewis	m	MV 40		1:54:07
75	281	Graham Read	m	MV 50		1:54:08
76	272	LIAM MCDONNELL	m	MV 40	SOUTHPORT	1:54:48
77	225	Debbie Clark	f		Spey Runners	1:55:30
78	246	matthew hargreaves	m	MV 50	Cheshire Hash Harriers	1:55:37
79	203	John Bamforth	m	MV 50		1:57:57
80	223	Cathleen Casterton	f			1:58:57
81	250	Tony Hesketh	m	MV 70	Horwich Rmi Harriers	1:59:36
82	919	Sarah Fletcher	f	FV 40		1:59:53
83	254	David Horsfield	m	MV 50	The Fell Devils	2:05:28
84	937	Russell Pilling	m	MV 50		2:09:46
85	201	Mark Austin	m	MV 40		2:26:07
86	929	Alan Jones	m	MV 60	Garstang Running Club	2:30:16

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
Sport Trail 5k						
1	331	Macauley Bond	m			0:28:47
2	355	Zander Gribbon	m	U16	New Marske Harriers	0:28:48
3	357	William Horobin	m	U16	Ackworth Road Runners	0:30:01
4	371	Sophie Mitchell	f	U16		0:30:48
5	337	Henry Carlile	m		Hinckley RC	0:31:28
6	345	Joe Eggett	m	U16		0:32:01
7	322	Louis Aplin	m	U16		0:35:12
8	806	Ben Mitchell	m	MV 40		0:35:30
9	332	Eve Briffett	f	U16	Lancaster and Morecambe Athletics Club	0:36:18
10	341	David Dodgson	m	MV 50		0:38:00
11	1264	Susan Fletcher	f	FV 40	Astley & Tyldesley Road Runners	0:38:04
12	333	Michael Brydon	m	MV 40		0:38:30
13	388	Reuben Tweddle	m	U16		0:38:38
14	385	Isaac Taylor	m	U16		0:39:12
15	356	Florrie Haddow	f	U16	Furness Fell Runners	0:39:22
16	386	Lynsey Taylor	f	FV 40		0:39:46
17	346	Kevin Eland	m			0:40:31
18	804	Mart Kissick	m	MV 40		0:40:49
19	323	Graeme Atkinson	m	MV 50		0:40:57
20	807	Betty O'boyle	f		St Gregory's Catholic High School	0:41:10
21	372	Jemima Oboyle	f	U16	St Gregory's High School	0:41:18
22	343	Peter Doran	m	MV 40		0:41:40
23	344	Tyler Doran	m	U16		0:41:41
24	375	Sara Rex	f	FV 50		0:41:42
25	358	Susan Jarvis	f			0:42:30
26	361	Ully Kritzler	m	MV 50	Lancaster and Morecambe Athletics Club	0:42:30
27	336	Gary Carlile	m	MV 50	Hinckley RC	0:43:02
28	800	Laura Cain	f			0:43:31
29	455	Jean WILKINSON	f	FV 50		0:44:40
30	34	Liz Gabbott	f			0:44:45
31	387	Charlotte Tweddle	f	FV 40	Eden Runners	0:45:43
32	1344	Bronwen Vincent	f	FV 50	Parbold Pink Panthers	0:45:48
33	808	Katie Welch	f	FV 50		0:46:40
34	354	Wendy Gravett	f	FV 40		0:47:15
35	392	Jill Whittaker	f	FV 60		0:48:01
36	380	Helen Shaw	f	FV 50		0:48:01
37	348	Charlotte Furness	f			0:48:17
38	350	Gary Gibson	m	MV 50		0:48:49
39	370	Thomas Metcalf	m	U16		0:50:09
40	334	EVIE BURGESS	f	U16		0:50:18
41	378	Dawn Saxby	f	FV 50	DCH Run Club	0:51:18
42	379	Sian Saxby	f	U16	DCH Run Club	0:51:21
43	389	T Bc	m			0:51:29
44	58	Louise Rooney	f	FV 60		0:52:22
45	384	Keira Sullivan	f	U16		0:52:31
46	383	Daniel Sullivan	m	MV 40		0:52:31
47	347	Jenny Foster	f	FV 40		0:53:03
48	393	Peter WILKINSON	m	U16		0:54:17
49	359	Laura Johnson	f	FV 40		0:54:26
50	360	Carl Kirkham	m	MV 60		0:54:28
51	342	Hannah Dodgson	f			0:54:43

Lakeland Trails in Staveley



Pos	Bib	Name	Gender	Age Group	Club	Time
52	1008	Jo-anna Robson	f	FV 50		0:55:12
53	325	Lois Baker	f	U16		0:57:59
54	349	Raymond Furness	m	MV 60		0:58:08
55	382	Katie Smith	f			0:58:20
56	390	James Whiston	m	U16		0:58:28
57	1217	Philip Whiston	m	MV 40		0:58:28
58	368	Fritha Mcnicholl	f	FV 40		0:59:11
59	338	Natalie Carr	f	FV 40		0:59:55
60	365	Eloise Marsh	f	U16		1:02:06
61	366	Stephen Marsh	m	MV 40	Astley & Tyldesley Road Runners	1:02:07
62	377	Maureen Roberts	f	FV 60	Lancaster And Morecambe Athletics Club	1:04:40
63	329	Mary Bloye	f	FV 60		1:05:06
64	1237	Emily Bond	f			1:05:57
65	324	Laura Baker	f	FV 40		1:07:05
66	328	Lynn Bennett	f	FV 50		1:07:22
67	353	Sarah Gilson	f	FV 40		1:08:52
68	330	Sophie Bloye	f			1:09:13