

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Sport Trail 5k						
1	331	Macauley Bond	m			0:28:47
2	355	Zander Gribbon	m	U16	New Marske Harriers	0:28:48
3	357	William Horobin	m	U16	Ackworth Road Runners	0:30:01
4	371	Sophie Mitchell	f	U16		0:30:48
5	337	Henry Carlile	m		Hinckley RC	0:31:28
6	345	Joe Eggett	m	U16		0:32:01
7	322	Louis Aplin	m	U16		0:35:12
8	806	Ben Mitchell	m	MV 40		0:35:30
9	332	Eve Briffett	f	U16	Lancaster and Morecambe Athletics Club	0:36:18
10	341	David Dodgson	m	MV 50		0:38:00
11	1264	Susan Fletcher	f	FV 40	Astley & Tyldesley Road Runners	0:38:04
12	333	Michael Brydon	m	MV 40		0:38:30
13	388	Reuben Tweddle	m	U16		0:38:38
14	385	Isaac Taylor	m	U16		0:39:12
15	356	Florrie Haddow	f	U16	Furness Fell Runners	0:39:22
16	386	Lynsey Taylor	f	FV 40		0:39:46
17	346	Kevin Eland	m			0:40:31
18	804	Mart Kissick	m	MV 40		0:40:49
19	323	Graeme Atkinson	m	MV 50		0:40:57
20	807	Betty O'boyle	f		St Gregory's Catholic High School	0:41:10
21	372	Jemima Oboyle	f	U16	St Gregory's High School	0:41:18
22	343	Peter Doran	m	MV 40		0:41:40
23	344	Tyler Doran	m	U16		0:41:41
24	375	Sara Rex	f	FV 50		0:41:42
25	358	Susan Jarvis	f			0:42:30
26	361	Ully Kritzler	m	MV 50	Lancaster and Morecambe Athletics Club	0:42:30
27	336	Gary Carlile	m	MV 50	Hinckley RC	0:43:02
28	800	Laura Cain	f			0:43:31
29	455	Jean WILKINSON	f	FV 50		0:44:40
30	34	Liz Gabbott	f			0:44:45
31	389	Bronwen Vincent	f	FV 50	Parbold Pink Panthers	0:45:48
32	808	Katie Welch	f	FV 50		0:46:40
33	354	Wendy Gravett	f	FV 40		0:47:15
34	392	Jill Whittaker	f	FV 60		0:48:01
35	380	Helen Shaw	f	FV 50		0:48:01
36	348	Charlotte Furness	f			0:48:17
37	350	Gary Gibson	m	MV 50		0:48:49
38	370	Thomas Metcalf	m	U16		0:50:09
39	334	EVIE BURGESS	f	U16		0:50:18
40	378	Dawn Saxby	f	FV 50	DCH Run Club	0:51:18
41	379	Sian Saxby	f	U16	DCH Run Club	0:51:21
42	58	Louise Rooney	f	FV 60		0:52:22
43	384	Keira Sullivan	f	U16		0:52:31
44	383	Daniel Sullivan	m	MV 40		0:52:31
45	347	Jenny Foster	f	FV 40		0:53:03
46	393	Peter WILKINSON	m	U16		0:54:17
47	359	Laura Johnson	f	FV 40		0:54:26
48	360	Carl Kirkham	m	MV 60		0:54:28
49	342	Hannah Dodgson	f			0:54:43
50	1008	Jo-anna Robson	f	FV 50		0:55:12
51	325	Lois Baker	f	U16		0:57:59
52	349	Raymond Furness	m	MV 60		0:58:08
53	382	Katie Smith	f			0:58:20
54	390	James Whiston	m	U16		0:58:28
55	1217	Philip Whiston	m	MV 40		0:58:28
56	368	Fritha McNicholl	f	FV 40		0:59:11
57	338	Natalie Carr	f	FV 40		0:59:55
58	365	Eloise Marsh	f	U16		1:02:06
59	366	Stephen Marsh	m	MV 40	Astley & Tyldesley Road Runners	1:02:07
60	377	Maureen Roberts	f	FV 60	Lancaster And Morecambe Athletics Club	1:04:40
61	329	Mary Bloye	f	FV 60		1:05:06
62	1237	Emily Bond	f			1:05:57
63	324	Laura Baker	f	FV 40		1:07:05



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
64	328	Lynn Bennett	f	FV 50		1:07:22
65	353	Sarah Gilson	f	FV 40		1:08:52
66	330	Sophie Bloye	f			1:09:13

Trail Challenge 18k

67	1206	Thomas Smith	m			1:22:20
68	1152	Daniel Hunter	m			1:30:05
69	317	Billy Williams	m			1:31:16
70	689	Sam Harding	m			1:32:35
71	1170	Ellen Mclachlan	f			1:33:03
72	928	Philip Jarvis	m	MV 40		1:33:31
73	753	Michael Smith	m			1:34:08
74	1330	Liam Graham	m		Team inov-8	1:34:10
75	1186	Andy Phillips	m	MV 40		1:35:40
76	1142	Ed Galloway	m			1:36:02
77	815	Andrew Booth	m	MV 40	Run Knutsford	1:36:58
78	282	Christian Rengers	m			1:37:02
79	699	Darren Horobin	m	MV 40		1:37:31
80	1131	Louise Dermott	f	FV 50	OMG	1:37:44
81	1127	Liam Crossey	m	MV 40		1:38:04
82	843	Harry Hodgson	m			1:38:22
83	833	Andrew Foster	m	MV 50	Liverpool Pembroke & Sefton	1:38:28
84	660	David Connolly	m	MV 40		1:39:27
85	885	Martin Skinner	m	MV 50	N/a	1:40:18
86	665	Matthew Croughan	m	MV 40	Meltham AC	1:41:41
87	784	David Wimpenny	m			1:41:46
88	897	Paul Waldram	m	MV 40		1:42:20
89	927	Thom Isom	m			1:43:06
90	725	Chris McKee	m			1:43:31
91	683	John Gray	m	MV 50	Meltham Ac	1:44:33
92	768	Duncan Trenholm	m			1:44:57
93	664	Ian Croft	m	MV 50	Red Rose Road Runners	1:45:17
94	1222	John Wilson	m	MV 40		1:45:47
95	766	Rachel Tomlinson	f	FV 40	Metham Ac	1:45:50
96	1187	Johnny Phillips	m			1:46:12
97	1107	Jordan Blackmon	m			1:46:34
98	1175	Jonathan Mock	m			1:47:01
99	1183	Stephen Orife	m			1:47:02
100	747	Michael Rogers	m	MV 40	None	1:47:27
101	1224	Philip Woolgar	m	MV 50	Metres To Miles	1:48:10
102	732	Alan Parker	m	MV 50		1:48:25
103	739	Paul Rawlinson	m	MV 40		1:48:32
104	853	Mark Judkowski	m	MV 60		1:48:34
105	764	Steve Tinniswood	m	MV 50		1:48:34
106	709	Andrew Kitts	m		Kirkby Milers AC	1:48:52
107	836	Salvatore Genovese	m	MV 50		1:49:00
108	779	Olivia Wiggans	f			1:49:45
109	670	Chris Davies	m	MV 40	Team inov-8	1:49:58
110	1220	Andy Williamson	m	MV 60	Tri Preston	1:50:15
111	788	Joe Wrigley	m		Black Combe Runners	1:50:35
112	878	Michelle Price	f			1:51:10
113	906	Alexander Wrigley	m			1:51:25
114	752	Brian Smith	m	MV 50	North East Veterans	1:51:26
115	877	Neil Pomfret	m	MV 50	Ilkley Harriers	1:51:40
116	1194	Raymond Riley	m	MV 40		1:52:00
117	278	Rachael Perowne	f	FV 40	Tyne Bridge Harriers	1:52:03
118	729	Claire Norman	f		Tyne Bridge Harriers	1:52:03
119	677	David Foster	m		Vegan Runners	1:52:08
120	700	Phil Hughes	m	MV 60		1:52:14
121	714	Owen Lewis	m	MV 40	Independent	1:52:23
122	855	Gina King	f		Stockton Striders	1:52:23
123	854	Alan King	m	MV 60	Stockton Striders	1:52:23
124	1157	Helen Jones	f			1:52:25
125	1146	Josh Hadden	m			1:53:05
126	848	Phil Horner	m	MV 40	Garstang RC	1:53:13



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
127	1123	Sandra Connell	f	FV 60		1:53:20
128	1223	Kevin Wilson	m	MV 50	Racing Team Dawson	1:54:30
129	819	Steven Capner	m	MV 40		1:54:38
130	1195	Siobhan Riley	f	FV 50		1:54:42
131	305	Andrew Teague	m			1:54:58
132	1125	Phil Coulthard	m			1:55:16
133	668	Ian Davenport	m	MV 50		1:55:18
134	263	Chee Lau	m	MV 40		1:55:53
135	748	Katie Samuelson	f	FV 40	Todmorden Harriers	1:56:04
136	717	George Lythgoe	m			1:56:26
137	1185	Lisa Pattinson	f	FV 40	N/A	1:56:31
138	687	Liam Hall	m			1:56:41
139	773	Helen waite	f	FV 40	Airecentre pacers	1:56:58
140	303	Peter Tasker	m	MV 40	Prestwich Ac	1:57:08
141	621	Glyn Williams	m	MV 50	Prestwich AC	1:57:08
142	1134	Andrew Edwards	m	MV 40	East Fife Triathlon Club	1:57:17
143	1112	Andy Buckroyd	m	MV 50	Macclesfield Harriers	1:57:21
144	705	Thomas Jones	m			1:57:46
145	896	Fay Waldram	f	FV 40		1:58:22
146	1207	Jason Swapp	m			1:58:41
147	648	Isabelle Bond	f			1:58:55
148	1193	Scot Riggans	m	MV 40		1:59:05
149	894	Jean Waddington	f	FV 40		1:59:24
150	691	Robert Harper	m	MV 50	Yorkshire Wolds Runners	1:59:25
151	1197	Carla Rodgers	f			1:59:46
152	781	George Wilson	m	MV 60		2:00:02
153	892	Neil Venables	m	MV 60		2:00:12
154	227	Gary Craven	m	MV 40		2:00:12
155	913	James Crossan	m			2:00:16
156	707	Kev Kendal	m	MV 40	Howgill Harriers	2:00:25
157	235	Catherine Eaton	f	FV 40		2:00:28
158	604	Laura Tattersall	f	FV 40		2:00:37
159	859	Philip Kitchen	m	MV 40		2:00:53
160	724	Peter McGivern	m	MV 40		2:00:55
161	931	Paul Mackey	m	MV 40		2:00:58
162	634	Alyson Adams	f	FV 50	Bramhall Runners	2:00:58
163	777	Michael Welsh	m	MV 50		2:01:20
164	1161	Beth Kennedy	f			2:01:31
165	736	Tony Priest	m	MV 50		2:01:57
166	832	Samantha Forrey	f			2:02:32
167	694	James Hilton	m		Danson Runners	2:02:33
168	688	Beki Hanns	f		Danson Runners	2:02:39
169	638	Joe Bamber	m			2:02:49
170	701	Sue Hughes	f	FV 40	Widnes wasps ladies running club	2:03:04
171	673	Julian Egan	m	MV 50		2:03:09
172	771	Rachel Verrall	f	FV 40		2:03:09
173	1162	Joanne King	f			2:03:13
174	1335	Richard Pennock	m	MV 50		2:03:17
175	735	Nicky Portergill	f	FV 50		2:03:25
176	1118	James Clark	m			2:03:42
177	874	Hilary Page	f	FV 60		2:04:06
178	1182	Katie O'sullivan	f	FV 40		2:04:09
179	903	dan williams	m			2:04:15
180	1109	Lorena Booth	f			2:04:16
181	1111	John Brady	m	MV 50		2:04:31
182	1203	Catherine Smith	f	FV 40		2:04:31
183	866	Anthony Maxwell	m	MV 60	Lostock AC	2:04:54
184	844	Lauren Hogarth	f			2:05:09
185	893	Kevin Verdam	m			2:05:09
186	864	Christina Marechal	f			2:05:26
187	1147	Fiona Haigh	f	FV 50	Team Fi & B	2:05:45
188	710	Matthew Lambert	m	MV 40		2:06:07
189	1151	Zachary Hopkins	m			2:06:12
190	886	Mike Smith	m	MV 60		2:06:15
191	1115	Richard Cater	m	MV 50	Helm Hill	2:06:40



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
192	1211	Angela Thompson	f	FV 50	Victoria Park Running Club	2:07:07
193	315	Andrew Wilkinson	m	MV 50	Wesham road runners	2:07:09
194	740	Jill Reed	f	FV 50		2:07:23
195	706	Vanessa Kay	f	FV 50		2:07:27
196	754	Roderick Smith	m	MV 60		2:07:55
197	780	Anthony Wilkinson	m	MV 60		2:07:55
198	676	Tim Farron	m	MV 50	Dallam Runners	2:07:59
199	1160	Mirjam Kallis	f		inov-8	2:08:07
200	1102	Liam Aplin	m	MV 40		2:08:15
201	264	Lee Lawrenson	m	MV 40		2:08:16
202	643	Lindsay Bennison	f	FV 50	The Fell Devils	2:08:23
203	1117	alan chevin	m	MV 60	team anstey	2:08:30
204	672	Paul Dyson	m	MV 40		2:08:35
205	1198	Gillian Rowland	f	FV 60		2:08:40
206	1119	Neil Clark	m	MV 50		2:09:03
207	744	Matt Rhodes	m	MV 40		2:09:14
208	1128	Jon Day	m	MV 50		2:09:31
209	856	Sue King	f	FV 50	Stockton Striders	2:09:45
210	1136	Alice Fantom	f			2:10:39
211	898	Luke Watkins	m			2:10:49
212	708	Ross Kirby	m	MV 40		2:10:57
213	851	Dawn Jones	f	FV 50	Harlow Athletic Club	2:11:09
214	741	Peter Reed	m	MV 70	Northumberland Fell Runners	2:11:11
215	761	Neil Taylor	m	MV 40		2:11:18
216	785	James Windebank	m	MV 40		2:11:28
217	769	Luis Valenzuela	m	MV 40		2:11:28
218	825	Simon Davis	m	MV 40		2:11:31
219	840	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	2:12:12
220	755	Carol Spoor	f	FV 40	Tri Preston	2:12:29
221	775	Cath Wardell	f	FV 40		2:12:33
222	873	Gillian O'boyle	f	FV 50		2:12:33
223	690	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	2:12:35
224	726	Nigel Meier	m	MV 50	N/a	2:12:37
225	774	martin walsh	m	MV 70	Bowland fell runners	2:12:40
226	745	SUZI RICHMOND	f	FV 40		2:12:57
227	647	Kathy Bloomfield	f	FV 40		2:12:57
228	646	Alex Blades	m	MV 40		2:13:01
229	727	Robert Myatt	m	MV 50		2:13:15
230	1340	Lou Bland	f	FV 50	Team inov-8	2:13:36
231	846	Matt Hones	m	MV 50		2:13:45
232	662	Jane Crawford	f	FV 40		2:13:45
233	663	Alicia Croft	f	FV 50	Red Rose Road Runners	2:13:56
234	1135	Ian Evans	m		SouthowRAM Runners	2:14:02
235	650	Bernard Brown	m	MV 50		2:14:05
236	783	Paul Wilson	m	MV 50		2:14:16
237	641	Gillian Bell	f	FV 40	Tynedale Harriers	2:14:19
238	737	David Proctor	m	MV 40		2:14:26
239	1141	Nick Gallavin	m	MV 40		2:14:30
240	1167	Katy Lewis	f	FV 50		2:14:59
241	645	Leonie Black	f	FV 40	Helme Hill Runners	2:15:12
242	863	Kate Lund	f	FV 40		2:15:13
243	830	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	2:15:22
244	653	Susan Chilton	f	FV 50	Lune Valley Hash House Harriers	2:15:34
245	659	Christopher Colebourn	m	MV 50		2:15:38
246	758	Joy Stevens	f			2:15:56
247	661	Grace Crawford	f	FV 40	Knutsford triathlon club	2:16:14
248	891	Simon Turner	m	MV 40		2:16:22
249	814	Jo Blackwood	f			2:16:30
250	860	Line Kjellerup	f	FV 40		2:16:38
251	1158	Nicky Jones	f	FV 50		2:16:39
252	746	Jason Robinson	m	MV 40		2:16:54
253	1214	Peter Wallwork	m	MV 40		2:16:55
254	841	Ben Higginson	m	MV 60	Preston Harriers	2:16:59
255	847	Claire Horner	f	FV 40	Garstang RC	2:17:02
256	1159	Simon Jones	m	MV 50		2:17:23



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257	655	Alex Clark	f	FV 40	York Solemates	2:17:40
258	666	Stephen Dale	m	MV 60	Yorkshire wolds runners	2:17:46
259	827	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	2:17:52
260	1177	Kirsty Myers	f	FV 40		2:18:17
261	1168	Daniel Maltman	m	MV 40		2:18:29
262	703	Matt Jarvis	m	MV 40		2:18:39
263	733	Ryan Parry	m	MV 40		2:18:41
264	1108	Jude Blackmore	f	FV 50		2:19:09
265	1154	Jade Jackson	f	FV 40		2:19:20
266	765	Hayley Todd	f			2:19:20
267	1192	Jonathan Richardson	m	MV 40	York Postal Harriers	2:19:20
268	1110	Jodi Bowyer	f			2:19:28
269	1169	Jacob Manton	m			2:19:32
270	1164	Clare Laybourn	f	FV 50		2:19:53
271	1171	Stewart Mcnicholl	m	MV 40		2:19:59
272	698	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	2:20:02
273	654	Janice Chruscht	f	FV 40	Airecentre Pacers	2:20:21
274	1190	Marina Quayle	f	FV 50		2:20:27
275	704	Isobel Johnston	f	FV 40		2:20:27
276	637	Christine Baker	f	FV 60		2:20:28
277	636	Anna Baker	f			2:20:29
278	1174	Steven Milsom	m	MV 40		2:20:37
279	719	Anthony Marechal	m	MV 60		2:21:37
280	759	Anne Stockley	f	FV 40	St Albans Striders	2:22:00
281	1172	Rebecca Meeten	f	FV 50		2:22:12
282	669	Lynda Davenport	f	FV 40		2:22:34
283	692	Emma Harris	f	FV 40		2:22:35
284	1212	Elizabeth Thornton	f			2:22:35
285	818	Carol Brough	f			2:22:51
286	958	Rachel Blakeley	f	FV 40		2:23:10
287	458	Sheila Williamson	f	FV 50		2:23:10
288	90	Tumkeen Badulla	f			2:23:11
289	730	Ian Oakey	m	MV 50	Settle Harriers	2:23:28
290	867	Sheila Maxwell	f	FV 60	Lostock AC	2:23:48
291	712	Tom Large	m	MV 40		2:23:53
292	1336	Emma Hadley	f	FV 40		2:24:24
293	757	Joe Stevens	m	MV 60		2:25:07
294	756	Jane Stevens	f	FV 50		2:25:07
295	763	Karen Thistlethwaite	f		Lonely Goat	2:25:26
296	1104	Richard Bartlett	m	MV 60		2:25:58
297	858	Rachel Kipling	f	FV 40		2:25:58
298	1122	Andrew Collett	m	MV 50		2:26:35
299	786	Tony Woodcock	m	MV 40	Lonely goat running club	2:27:22
300	696	Emma Holland	f			2:27:22
301	767	Ian Trencher	m	MV 40	Billinge Running Club	2:27:23
302	723	Shaun Mcfaul	m	MV 50		2:27:28
303	1163	Sharon Langton	f	FV 60		2:27:59
304	651	Colin Campbell	m	MV 50	Barrow and Furness Striders	2:28:20
305	1140	Shelley Franklin-King	f			2:28:21
306	820	Nina Carter-Brown	f			2:28:21
307	715	Steve Longney	m	MV 50	Yorkshire Wolds Runners	2:28:22
308	890	Graeme Tilbury	m	MV 40		2:28:31
309	1199	Casey Rust	f	FV 40		2:28:32
310	684	Jackie Greenwood	f	FV 60		2:28:47
311	711	Al Large	f	FV 40		2:30:14
312	813	Christina Bischoff	f	FV 40		2:31:07
313	686	Anneke Hackenbroich	f			2:31:11
314	901	Susan Averill	f	FV 50		2:31:56
315	1225	Em Yolland	f			2:32:00
316	1145	Cat Gooch	f	FV 40	Ponteland Runners	2:33:07
317	1105	Lisa Bennett	f		SouthowRAM Runners	2:33:30
318	685	Kevin Greenwood	m	MV 60		2:33:49
319	811	Emma Atherton	f	FV 40		2:33:50
320	667	Zoe Dale	f	FV 50	Yorkshire Wolds runners	2:33:59
321	782	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	2:33:59



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
322	1188	Jon Press	m	MV 40		2:34:35
323	1191	Marcela Reyes Otaiza	f	FV 40		2:34:45
324	750	Viv Sherry	f			2:34:46
325	721	Jane Marshall	f	FV 50	York Acorn Running Club	2:35:09
326	734	Chris Piper	m	MV 50		2:35:23
327	728	Joanne Neary	f	FV 50		2:36:55
328	743	Gwen Rhodes	f	FV 40		2:37:54
329	671	Sarah Duff	f	FV 40		2:37:54
330	640	Anthony Barnes	m	MV 40	St Albans Striders	2:38:37
331	658	Shiran Cleminson	f	FV 50	Boldmere bullets	2:38:47
332	1332	Anthony Metcalf	m	MV 40		2:39:45
333	642	Charlotte Bennett	f			2:40:27
334	675	Sonja Farish	f	FV 50	Parkside panthers	2:41:58
335	1133	Karen Eckworth	f	FV 60	Alton Runners	2:41:59
336	904	Carole Wood	f	FV 60		2:43:26
337	649	Jane Brockless	f	FV 50		2:45:04
338	635	Sarah Baird	f			2:45:16
339	1121	Wyn Clayton	f	FV 70	Women On The Run	2:48:57
340	1334	Louise Walsh	f	FV 50		2:51:26
341	1124	Dave Cope	m	MV 70		2:51:45
342	776	Colette Watling	f	FV 50	Didsbury Runners	2:55:20
343	772	LOUISE WAINWRIGHT	f	FV 50	Thornton CLEVELEYS RUNNING CLUB	3:02:45
344	749	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	3:02:58
345	1205	Jennifer Smith	f			3:03:55

Trail Challenge 18k - Early Start

346	535	Paul Lancashire	m	MV 40	Wesham Road Runners	1:32:06
347	476	Anna Blackwell	f	FV 40		1:35:37
348	497	Jason Denton	m	MV 50	Leigh Harriers	1:37:33
349	1130	Ryan Dempster	m			1:37:41
350	835	Paul Gardner	m	MV 40		1:37:44
351	612	Julian Waldron	m	MV 50		1:39:07
352	271	Tom Mattack	m		Liverpool Pembroke and Sefton Harriers AC	1:39:41
353	483	Craig Butterworth	m	MV 40	Hyde Village Striders	1:41:22
354	605	Stuart Taylor	m	MV 50		1:41:43
355	828	John Dickinson	m	MV 50	Liverpool Pembroke Sefton	1:41:44
356	491	Nick Cox	m	MV 50		1:41:53
357	555	Lily McElveen	f			1:42:13
358	606	Lewis Thomas	m	MV 50		1:42:47
359	543	Simon Lobas	m	MV 40	Swinton	1:43:48
360	508	James Futers	m		Wolfpack Running Club	1:44:19
361	585	Paul Scully	m	MV 50	Warrington Running Club	1:45:01
362	477	Joseph Bolger	m			1:45:07
363	550	Lee Marks	m	MV 40	Salford met ac	1:45:13
364	529	Stephen Jack	m			1:45:33
365	561	David Mortemore	m	MV 40		1:45:33
366	269	Rick Madden	m	MV 40	Ramsbottom Running Club	1:45:33
367	515	Jon Green	m	MV 50		1:45:38
368	845	Arran Hollyoak	m			1:45:59
369	521	Michael Hardman	m			1:46:03
370	551	Nick Martland	m	MV 50		1:48:00
371	809	Neil Ainsworth	m	MV 50		1:48:13
372	598	Jack Stephenson	m			1:48:21
373	615	Colin Sam Walton	m	MV 50	Wilmslow Running Club	1:48:54
374	579	James Rogers	m			1:48:56
375	525	Mike Horsfield	m	MV 40		1:50:02
376	514	Steven Glencross	m			1:50:40
377	537	Lee Latham	m	MV 40	Victoria Park Running Club	1:50:45
378	594	Matthew Soanes	m			1:50:51
379	571	Alison Piron	f	FV 40		1:50:56
380	905	Philip Wright	m		Gruppetto RC	1:51:09
381	507	Harriet Furness	f			1:51:26
382	526	Islay Horton	f	FV 40	South Cheshire Harriers	1:51:27
383	593	Matty Smith	m			1:51:57
384	1343	Pete Lashley	m	MV 50		1:52:18



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
385	554	Craig McCulloch	m			1:53:16
386	505	Michael Flintoff	m			1:53:17
387	467	David Bailey	m	MV 50	Biddulph Running Club	1:53:59
388	545	Mike Lowes	m	MV 50	Saltwell Harriers	1:55:42
389	546	Susan Lowes	f	FV 50	Saltwell Harriers	1:56:41
390	879	Curtis Radcliffe	m			1:58:06
391	565	Carly Nixon	f		Durham City Harriers	1:58:11
392	519	Angela Hall	f	FV 40		1:58:15
393	518	Andrew John Haley	m	MV 50	Lonsdale Fell Runners	1:58:15
394	628	Richard Hooper	m	MV 50		1:58:22
395	587	Andy Sheridan	m	MV 40		1:58:51
396	480	Neil Brooks	m	MV 50		1:59:28
397	516	Juliet Grieves	f	FV 50		2:01:27
398	576	Louise Robbins	f	FV 40		2:02:54
399	539	Chris Lawrence	f	FV 50		2:02:55
400	617	Laura Whittaker	f	FV 40		2:03:14
401	485	Dawn Chilton	f	FV 50		2:03:23
402	540	Sheona Lawrence-Silver	f			2:03:36
403	589	Kevin Silver	m	MV 50		2:03:36
404	578	Mark Robinson	m	MV 50		2:03:37
405	513	Justin Gill	m	MV 50	Clayton-le-Moors Harriers	2:04:47
406	512	Alison Gill	f	FV 40		2:04:48
407	602	Kate Sutton	f	FV 60	Wilmslow Running Club	2:05:17
408	618	Dawn Wicks	f	FV 50		2:06:02
409	596	Samuel Steen	m			2:06:05
410	528	Suzanne Hughes-Rudd	f	FV 40	Bodyfit Cumbria Running Club	2:06:08
411	549	John Maddy	m			2:06:14
412	597	Sara Steen	f			2:06:21
413	557	Fran Mckee	f			2:06:22
414	556	Nadia Mckane	f			2:06:48
415	478	Zoe Bridges	f	FV 50	Trail Running Association	2:06:56
416	479	Mike Brock	m	MV 40		2:06:56
417	607	LIZ THOMPSON	f	FV 40		2:06:58
418	470	Kirsty Barker	f	FV 50	Keswick AC	2:07:07
419	541	Tom Lawson	m	MV 40	Netherhall AC	2:07:33
420	950	David Walsh	m	MV 60		2:07:37
421	502	Joanne Fee	f	FV 50	Bodyfit Cumbria running club	2:07:53
422	614	John Walter	m	MV 70		2:08:40
423	580	Joanne Rogers	f	FV 50		2:09:12
424	834	Jacqui Foster	f	FV 50	Craven Energy	2:09:14
425	838	Julie Graham	f	FV 60	Garstang	2:09:16
426	627	David Goodyear	m	MV 50	Eccleshill Road Runners	2:09:59
427	488	Andrew Connor	m	MV 50		2:10:53
428	462	Kathryn Abbott	f	FV 50	Red Rose Road Runners	2:11:21
429	1337	Sarah Walker	f			2:11:44
430	620	ALEXA WILCOCK	f			2:11:44
431	601	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	2:12:32
432	472	Joanne Beck	f	FV 50		2:13:15
433	595	Esther Stanier	f		Red Rose Road Runners	2:13:59
434	622	Anne-marie Woodcock	f	FV 50	Lions Running Community	2:14:03
435	494	Victoria Crowther-Walsh	f	FV 40	Widnes waps	2:14:08
436	475	James Bickerstaff	m	MV 50	Lions	2:14:09
437	548	Karen Mackintosh	f	FV 60	Biddulph Running Club	2:14:53
438	568	Stuart O'connor	m	MV 50		2:14:56
439	567	Hannah O'connor	f			2:14:57
440	499	Jeremy Dyer	m	MV 60		2:15:11
441	577	Louise Roberts	f	FV 50		2:15:28
442	583	Skye Sarahs	f		Dumfries Running Club	2:16:49
443	608	Martina Trapani	f			2:16:54
444	559	Jon Meeten	m	MV 50		2:17:31
445	464	Mark Allitt	m	MV 60	Selby Striders	2:17:40
446	552	Michael Mason	m	MV 50		2:18:17
447	517	SIMON Hackett	m	MV 60	Lymm Runners	2:18:22
448	573	Christine Ramsbottom	f	FV 60		2:18:22
449	586	Jonathan Shaw	m	MV 60		2:19:05



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
450	592	Clare Smith	f	FV 40		2:19:17
451	880	Claire Renshaw	f	FV 40	Tri-Rivington	2:19:17
452	574	Gillian Ramsden	f	FV 50	Tri Rivington	2:19:17
453	468	Joanne Bailey	f	FV 50	Biddulph Running Club	2:19:31
454	482	Peter Burlingham	m	MV 40	Lonely Goat RC	2:20:03
455	609	Alison Unsworth	f	FV 50		2:20:26
456	463	Lesley Allison	f	FV 60	Eden Runners	2:20:50
457	1114	Janet Carling	f	FV 60	Nidd Valley	2:21:04
458	538	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	2:21:57
459	875	Blaine Patton	m	MV 40	Wolf Pack Running Club	2:23:00
460	900	Kirstie Whyatt	f	FV 40		2:23:23
461	534	Phil Jones	m	MV 40		2:23:49
462	560	Lynne Midgley-ward	f	FV 50	Ponteland Runners	2:24:16
463	501	Jayne Elliott	f	FV 50		2:24:25
464	570	Shirin Patel	f	FV 40		2:26:08
465	590	Rebecca Simms	f	FV 50	Darwen Dashers	2:27:00
466	652	Sarah Chalmers	f	FV 50		2:27:26
467	510	Jennifer Gilbert	f	FV 40	Perth Road Runners	2:29:33
468	887	Guy Stephens	m	MV 50		2:29:34
469	1202	Elisabeth Smart	f	FV 60		2:29:35
470	489	Asia Connor	f			2:30:35
471	582	Tara Rutherford	f	FV 40	Sunderland Strollers	2:31:14
472	631	Michelle Parshall	f	FV 50		2:36:21
473	520	Debbie Hallsworth	f		Derwent Ac	2:38:27
474	547	Julie Luckman	f	FV 50	Oldham and Royton Harriers	2:38:46
475	616	Lisa Whetter	f	FV 40		2:39:01
476	523	Gill Horne	f	FV 60	Biddulph Running Club	2:40:29
477	566	Alison Nordon	f	FV 50		2:43:48
478	465	Sarah Allitt	f	FV 50	Selby Striders	2:44:23
479	888	Neil Sutcliffe	m	MV 60		2:44:39
480	257	Anne Hurcombe	f	FV 40	Julie's Joggers	2:45:23
481	506	Sue France	f	FV 50	Julie's Joggers	2:45:23
482	524	Frankie Horsfield	f			2:46:06
483	563	GARY MOXON	m	MV 60		2:46:47
484	503	Evvie Feingold	f	FV 50	Prestwich AC	2:47:06
485	542	Linzi Lloyd-Henry	f	FV 50	Prestwich AC	2:47:10
486	527	Jo Houghton	f	FV 50	Prestwich Ac	2:47:15
487	490	Nichola Cooke	f	FV 40	Prestwich Ac	2:47:15
488	610	Catherine Vaneris	f	FV 40		2:47:16
489	626	Artem Dean	m			2:48:04
490	572	Steve Pridmore	m	MV 50		2:48:34
491	509	Linda Gant	f	FV 60		2:49:52
492	533	Vicky Johnston	f	FV 50	St Bees Triers	2:49:52
493	562	Terry Moss	m	MV 50		2:51:46
494	603	Joanne Tasker	f	FV 40	Prestwich AC	2:52:55
495	504	Ian Feingold	m	MV 50		2:52:55
496	633	Ty Turley	m	MV 40		3:02:06
497	629	Sue Parker	f	FV 40		3:08:43
498	625	Anne Claypole	f	FV 40		3:08:43
499	492	Amanda Craven	f	FV 40		3:08:43
500	498	Charlotte Dyer	f	FV 50	Keswick AC	3:09:37
501	591	Stephen Slocombe	m	MV 50		3:11:52
502	496	Carolyn Dawe	f		Manchester	3:12:40
503	531	Sonia Jameson	f	FV 40		3:14:00
504	530	Scott Jameson	m	MV 50		3:14:00
505	544	Carl Lockwood	m	MV 60		3:56:56

Trail Race 18k

506	2	Jonathan Cox	m		Eden Runners	1:08:17
507	280	Gareth Raven	m	MV 40	SALE HARRIERS	1:12:49
508	4	Lewis Bowness	m		Team inov-8	1:14:46
509	249	Andrew Heppell	m	MV 40	Gosforth Harriers	1:15:26
510	320	Dominic Wynn	m			1:17:55
511	307	Ian Thompson	m			1:18:36
512	265	Ted Leahy	m	MV 40	Ripon Runners	1:20:02



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
513	270	Rob Massey	m		Bollington Harriers	1:20:21
514	917	Adam Firth	m	MV 40		1:20:58
515	290	Jordan Scott	m		Morpeth Harriers	1:22:23
516	211	Craig Blakey	m			1:22:32
517	288	John Sammut	m	MV 40		1:22:33
518	240	Jon Gardiner	m			1:24:03
519	285	Katie Rowland	f		Kent Ac	1:24:42
520	916	Josh Ellis	m			1:24:53
521	287	Rober Ryder	m	MV 40		1:24:56
522	1339	Steve Paterson	m	MV 50	Team inov-8	1:26:27
523	205	Ollie Barker	m		Helm Hill	1:26:28
524	939	Matt Reed	m	MV 40	Sheffield Triathlon Club	1:27:24
525	274	Lizzie Nairn	f		Selby Striders	1:28:47
526	279	Gareth Price	m	MV 40		1:28:53
527	234	Mark Dowell	m	MV 50		1:28:58
528	262	Aashish Lamichhane	m			1:29:04
529	299	Gary Southwell	m	MV 50		1:29:44
530	292	Robert Sharkey	m	MV 40	Lostock Ac	1:30:13
531	200	Mike Allison	m	MV 60	Eden Runners	1:31:13
532	239	Jon French	m	MV 40		1:31:52
533	924	Toby Hall	m			1:32:34
534	293	Tom Shaw	m		North Endurance	1:33:22
535	918	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:33:29
536	212	Gordon Blunt	m	MV 40	Kendal Hockey Club	1:33:36
537	202	Liz Bailey	f	FV 40	Garstang	1:33:55
538	213	John Bohan	m	MV 40		1:33:59
539	204	John Barker	m		Bowland Fell Runners	1:34:42
540	242	Jonathan Goldsworthy	m	MV 40		1:35:16
541	910	Josh Comley	m	MV 40		1:35:26
542	1215	Neil Ward	m	MV 50	Ponteland Runners	1:36:27
543	925	Hannah Hoggren-Johnson	f	FV 40	Sheffield Triathlon Club	1:36:50
544	294	Tom Silver	m		Chorlton Runners	1:37:07
545	915	Chris Eggett	m	MV 50	Northumberland Fell Runners	1:37:11
546	244	James Grinbergs	m	MV 40	Eden Runners	1:37:19
547	231	Andrew Dawson	m	MV 40		1:37:20
548	208	Laura Bartlett	f			1:37:36
549	940	Melanie Rotherham	f	FV 50		1:38:52
550	230	Martin Davis	m	MV 60	Newquay Road Runners	1:39:01
551	206	Alan Barr	m	MV 50	Howgill Harriers	1:39:15
552	949	ben walker	m			1:40:24
553	219	Simon Brady	m	MV 40		1:40:35
554	228	Ian Crook	m	MV 50	Barrow Striders	1:40:47
555	214	Hayley Bond	f	FV 40	Riverside Runners	1:40:57
556	215	Philip Bond	m	MV 40	Riverside Runners	1:41:01
557	319	Anna Woolgar	f	FV 40	Chester Triathlon Club	1:41:18
558	297	Glyn Smith	m			1:41:39
559	311	Ian Whalley	m			1:41:58
560	217	Glenn Boulter	m	MV 40	Glaxo Hoad Hill Harriers	1:43:20
561	314	Liz Whitfield	f	FV 40	Helm Hill Runners	1:43:52
562	275	Dale Norman	m	MV 40		1:43:53
563	302	Stephen Stuart	m	MV 50		1:45:08
564	296	Gary Smith	m	MV 40		1:45:50
565	251	Ian Hewitt	m	MV 40	Eden Runners	1:46:00
566	247	David Hawkins	m	MV 40		1:46:57
567	267	Scott Liddell	m	MV 60		1:48:03
568	221	Matt Brookes	m	MV 40	Ripon Runners	1:48:13
569	286	Mark Rutherford	m	MV 40		1:48:41
570	310	Mark Walker	m	MV 50	Rochdale Harriers and AC	1:48:43
571	309	Carole Waddell	f	FV 40		1:48:59
572	298	Julie Smith	f	FV 50	The Fell Devils	1:49:17
573	276	Helen Palmer	f	FV 40		1:49:30
574	907	Grace Balmforth	f			1:49:37
575	291	Peter Senior	m	MV 40	Running Bear	1:50:30
576	243	Jane Greening	f	FV 40	Stocksfield Striders	1:51:02
577	258	Andy Jackson	m	MV 50	The Fell Devils	1:52:27



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
578	952	Josh Willis	m			1:52:34
579	266	Dan Lewis	m	MV 40		1:54:07
580	281	Graham Read	m	MV 50		1:54:08
581	272	LIAM MCDONNELL	m	MV 40	SOUTHPORT	1:54:48
582	225	Debbie Clark	f		Spey Runners	1:55:30
583	246	matthew hargreaves	m	MV 50	Cheshire Hash Harriers	1:55:37
584	203	John Bamforth	m	MV 50		1:57:57
585	223	Cathleen Casterton	f			1:58:57
586	250	Tony Hesketh	m	MV 70	Horwich Rmi Harriers	1:59:36
587	919	Sarah Fletcher	f	FV 40		1:59:53
588	254	David Horsfield	m	MV 50	The Fell Devils	2:05:28
589	937	Russell Pilling	m	MV 50		2:09:46
590	201	Mark Austin	m	MV 40		2:26:07
591	929	Alan Jones	m	MV 60	Garstang Running Club	2:30:16

Trail Run 10k

592	151	Harry Hedley	m			0:47:48
593	446	Richard Walker	m	MV 40		0:50:54
594	1331	Lee Procter	m	MV 40	Team inov-8	0:52:33
595	146	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:55:35
596	149	Mark Havenhand	m	MV 50	Sheffield Triathlon Club	0:56:33
597	1338	Anna Hoogkamer	f		Team inov-8	0:57:40
598	84	Jim Andrews	m	MV 50	Helm Hill Runners	0:57:54
599	148	Sarah Harrison	f	FV 40	Sheffield Triathlon Club	0:58:53
600	245	Stephen Hackley	m	MV 40		0:59:29
601	182	Dan Lowthorpe	m	MV 40		0:59:43
602	1288	Rob Kendrick	m		Mansfield Harriers	1:00:45
603	431	Ben Taylor	m			1:01:34
604	417	Jacob Ross	m			1:02:01
605	194	Kate Morris	f	FV 50	Sheffield Triathlon Club	1:02:13
606	133	Andy Firkin	m	MV 50	Lancaster and Morecambe ac	1:02:16
607	702	Anthony Irving	m	MV 40		1:02:35
608	1329	Mark Wilson	m	MV 50	No Drama Llamas Running	1:02:57
609	166	Fiona Jeffries	f	FV 50	Smiley Paces	1:03:05
610	1234	Harry Beaumont	m			1:03:18
611	404	Paula Pilling	f	FV 40	Ramsbottom Running Club	1:03:25
612	426	Matt Smith	m	MV 40		1:03:32
613	632	Tim Selves	m	MV 50		1:03:51
614	1283	Alan Huggon	m	MV 50	Border Reiver Runners	1:04:15
615	1281	Guy Holt	m			1:04:18
616	170	Robbie Jones	m	MV 50		1:04:38
617	448	michael watson	m	MV 40		1:04:48
618	87	David Atkinson	m	MV 50	Blengdale Runners	1:04:48
619	152	Margaret Henderson	f	FV 40		1:04:52
620	113	Robert Clayton	m		Lancaster & Morecambe AC	1:04:55
621	983	Tom Hadfield	m	MV 40		1:05:00
622	198	Philip Neal	m	MV 40	Quakers Running Club	1:05:04
623	447	Elizabeth Watson	f	FV 40	Derwent AC	1:05:17
624	1267	Scott Gillespie	m			1:05:28
625	1314	Karen Pickles	f	FV 50	Spensorough	1:06:20
626	1310	David Pattison	m	MV 50		1:06:20
627	132	Andrew Fairweather	m	MV 40	Red rose road runners	1:06:38
628	985	Christopher Hill	m			1:06:40
629	1014	Christopher Snelling	m	MV 40		1:07:37
630	127	MATTHEW DUNBAR	m	MV 50	SHEFFIELD TRI CLUB	1:07:47
631	157	Shaun Holland	m			1:07:59
632	89	Mark Bades	m	MV 50		1:08:03
633	1312	Louisa Phillips	f	FV 40		1:08:38
634	188	Katrina Mccaughan	f	FV 40		1:09:02
635	681	Samuel Gilmore	m			1:09:05
636	967	Richard Dodds	m	MV 40		1:09:34
637	966	Addam Darnell	m		Sheffield Triathlon Club	1:09:40
638	1004	Hannah Peel	f	FV 40	Sheffield Triathlon Club	1:09:40
639	1013	Chris Smith-duque	m	MV 40		1:09:41
640	85	Jo Andrews	f	FV 50		1:09:45



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
641	1243	Jennifer Casson	f			1:10:02
642	1229	Riad Arfin	m			1:10:06
643	1276	Timothy Hatch	m	MV 50		1:10:06
644	1300	David Macgillivray	m	MV 60	Dh Runners	1:10:09
645	1244	Andrew Cave	m	MV 50		1:10:10
646	102	Colin Briffett	m	MV 50	Lonsdale Fell Runners	1:10:11
647	172	Dorothy Kesterton	f	FV 70	Steel City Striders	1:10:11
648	402	Thomas Pearson	m			1:10:16
649	439	Aliki Traianou	f		Glasgow Triathlon Club	1:10:16
650	210	James Bellarby	m	MV 40		1:10:55
651	930	Jane Langham	f	FV 50	Smiley Paces	1:11:31
652	990	Robin Lee	m	MV 40		1:11:42
653	1201	Edward Scott	m			1:11:42
654	164	Beth Irving	f	FV 50		1:12:13
655	165	Lisa Jackson	f		Derwent AC Cockermouth	1:12:42
656	1257	Margaret Duncan	f	FV 50	Sheffield Triathlon Club	1:12:45
657	1210	David Taylor	m	MV 60	Cheshire Hash House Harriers	1:12:55
658	1017	Niki Stockton	f	FV 50		1:13:11
659	121	Felicity Cross	f	FV 60	Preston Harriers	1:13:18
660	183	Matthew MADDOCK	m	MV 40		1:13:20
661	1313	Will Phillips	m			1:13:55
662	1236	Christopher Bond	m	MV 40		1:14:14
663	101	Mark Bramall	m	MV 50	Sheffield triathlon club	1:14:34
664	173	Ashley King	m			1:14:41
665	1306	andrew mckenna	m	MV 40		1:14:48
666	99	Stephen Biscoomb	m	MV 60	Clayton-le-moors	1:14:58
667	413	Craig Rimmer	m			1:15:07
668	423	Lizzie Simmons	f	FV 40		1:15:19
669	716	Barry Lyonette	m	MV 60		1:15:42
670	415	Gerard Rooney	m	MV 60		1:15:56
671	473	Michael Bellwood	m		N/a	1:16:00
672	1002	David Offord	m	MV 50		1:16:50
673	107	Julian Burgess	m	MV 40		1:17:27
674	957	Christopher Billington	m	MV 40		1:17:27
675	1137	Ellena Farrow	f		Red Rose Road Runners	1:17:36
676	1258	James Dunn	m			1:17:41
677	438	Keith Tolley	m	MV 50		1:18:28
678	114	Melissa Coleman	f			1:18:34
679	160	John Howarth	m	MV 50		1:18:37
680	1009	Hilary Royston-bishop	f		Derwent Athletic Club	1:19:19
681	86	David Ashworth	m	MV 60		1:19:20
682	440	Angie Trippitt	f	FV 50		1:19:21
683	441	Lloyd Trippitt	m			1:19:22
684	93	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:19:47
685	94	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	1:19:47
686	106	Alanna Buckle	f			1:20:13
687	432	Jack Taylor	m			1:20:53
688	142	Barry Green	m	MV 60	None	1:21:00
689	144	Yvonne Grunder	f	FV 40		1:21:11
690	167	Glen Jeffries	m			1:21:12
691	187	Paul Mather	m	MV 40		1:21:13
692	399	Susanne Parry	f	FV 50		1:21:16
693	139	Lee Gillies	m	MV 40		1:21:28
694	207	John Barr	m	MV 70	St. Helens Striders	1:21:41
695	1208	Sharon Swift	f	FV 50	St Helen's Striders	1:21:41
696	1005	Claire Piela	f	FV 40		1:21:42
697	970	Alyson Eggett	f	FV 50		1:21:56
698	192	Liz Meekings	f	FV 40	Smiley Paces	1:22:02
699	96	Joanne Battersby	f	FV 50	Smiley Paces	1:22:20
700	186	Joanne Mather	f	FV 40		1:22:31
701	449	Bill Watts	m	MV 50	Riversway Road Runners	1:22:36
702	992	Sharon-lee Lukas	f	FV 50	Ladies Who Run	1:22:38
703	171	Gareth Kerr	m	MV 40		1:22:44
704	1289	Jill Kerr	f	FV 40		1:22:56
705	135	Helen Fulson	f	FV 40	Sheffield Triathlon Club	1:22:59



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
706	433	Clare Thomas	f	FV 40		1:23:09
707	1022	Abby Wade	f			1:23:09
708	197	Lesley Neal	f	FV 40	Quakers running club	1:23:25
709	414	Amy Robson	f			1:23:27
710	778	Patricia White	f	FV 60	Women on the Run	1:23:30
711	953	Mark Aldam	m	MV 50		1:23:40
712	122	Christopher D'Arcy	m	MV 50		1:23:40
713	984	Richard Harding	m	MV 40		1:23:42
714	436	Deborah Thorneycroft	f	FV 50		1:23:43
715	1271	Michael Harden	m			1:23:51
716	955	Kirsty Batchelor	f			1:24:09
717	1028	Gillian Woon	f	FV 40	Vegan Runners UK	1:24:26
718	405	Ash Podda	m			1:24:29
719	1307	Damian Moss	m	MV 50		1:24:38
720	195	Naomi Morrison	f	FV 50	Smiley Paces	1:24:50
721	190	Nigel Mcintyre	m	MV 50		1:24:53
722	442	Jean Turner	f	FV 60	Telford Harriers	1:24:56
723	153	Louise Higham	f	FV 50		1:25:14
724	988	Ruth Jacobs	f	FV 50	Smiley Paces	1:25:18
725	824	Stephen Cruickshank	m	MV 50		1:25:29
726	161	Rebecca Howe	f			1:25:54
727	770	Camila Varo	f			1:26:15
728	968	Catherine Doyle	f	FV 50		1:27:25
729	1023	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:27:33
730	411	Josh Riley	m			1:27:39
731	1308	Sam Nicholson	f	FV 50	Border Reiver Runners	1:27:55
732	174	Rachael Lagocka	f			1:28:02
733	134	Joanna Fox	f			1:28:11
734	981	jeanette grimes	f	FV 60		1:28:15
735	1227	Emily Aldridge	f			1:28:21
736	974	Sally Gardner	f	FV 50		1:28:41
737	179	David Littlefair	m	MV 50		1:29:15
738	980	Diana Griffiths	f		St Bees Triers	1:29:30
739	1019	Alison Swift	f	FV 40		1:29:33
740	1311	Kate Peers	f	FV 40		1:29:33
741	457	Isobel Williamson	f	FV 70		1:29:34
742	973	Helen Firth	f	FV 40		1:29:35
743	97	Thomas Baxendale	m			1:29:43
744	136	Kathryn Furness	f	FV 60		1:29:43
745	158	Catherine Hollyoak	f			1:29:43
746	189	Catherine McElhinney	f	FV 50	Southport Waterloo Athletics Club	1:30:18
747	105	Graham Brooks-Dale	m	MV 40		1:30:23
748	437	Katie Todd	f			1:31:03
749	137	Katie Fyall	f			1:31:09
750	117	Rebekah Cooke	f	FV 50		1:31:44
751	327	Rachel Bellwood	f			1:31:50
752	425	J Graham Smith	m	MV 50		1:32:06
753	116	Grace Constance-main	f			1:32:19
754	453	David Whiteley	m	MV 60		1:32:30
755	408	Shelley Regan	f			1:32:39
756	803	Caitlin Johnston	f		Hoad Hill Harriers	1:32:40
757	428	Jenny Stinton	f	FV 40		1:32:40
758	199	Lesley Nelson	f	FV 50		1:32:45
759	143	Melissa Grocock	f	FV 40		1:32:58
760	1025	William Williams	m	MV 60		1:33:23
761	434	Danny Thompson	m	MV 60		1:33:24
762	163	Chris Hutchinson	m	MV 60		1:33:51
763	147	James Harris	m			1:33:52
764	1000	Andrew O'boyle	m	MV 50		1:35:01
765	427	Louise Stevens	f	FV 50		1:35:12
766	959	Rachel Bodenham	f	FV 50		1:35:26
767	168	Allan Johnson	m	MV 70	Lakeside Lincoln	1:35:30
768	196	Jo Moss	f	FV 40		1:35:58
769	1232	Nicky Ball	f	FV 50		1:36:02
770	422	Frances Shoosmith	f	FV 50		1:36:03



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
771	1173	Louise Millo	f	FV 50		1:36:27
772	976	Laura Goldsworthy	f			1:36:43
773	403	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	1:36:47
774	409	Anna Richings	f	FV 50	Lancaster and Morecambe ac	1:36:48
775	865	Angela Martland	f	FV 40		1:36:49
776	131	Arwa Eskander	f	FV 40	Colt	1:36:51
777	972	Miras Eskander	m	MV 40	Chorlton Runners	1:36:55
778	460	John Wiseman	m	MV 50	Red Rose Road Runners	1:37:01
779	1342	Angela Dallinger	f	FV 40		1:37:01
780	1280	Hannah Hobson	f			1:37:11
781	679	Ian Gilbert	m	MV 60		1:37:15
782	140	Scott Grainger	m	MV 50		1:37:25
783	991	Laura Leitch	f			1:37:25
784	421	Alison Scally	f	FV 50		1:37:56
785	401	Chris Pearson	m	MV 60		1:38:05
786	112	Zoe Clarke	f	FV 50		1:38:12
787	960	David Carver	m	MV 50		1:38:15
788	141	Lorraine Grayston	f	FV 50		1:38:17
789	1101	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	1:39:55
790	1326	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	1:39:55
791	823	Ruth Craxford	f			1:40:13
792	416	Deborah Ross	f	FV 40		1:40:20
793	88	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	1:40:31
794	445	Jack Walker	m	MV 60		1:41:34
795	444	Alice Walker	f			1:41:34
796	83	Sandra Allan	f	FV 60	Fellside Ladies	1:41:51
797	130	Kerry Edwards	f	FV 50		1:42:02
798	1304	Christian Martin	m			1:42:25
799	1282	Tyler Howarth	f			1:42:27
800	1303	Alexandra Martin	f			1:42:33
801	1255	Sandra Devlin	f	FV 40		1:42:37
802	397	Laura O'Donnell	f	FV 40		1:42:39
803	412	Nicholas Riley	m	MV 50		1:43:00
804	1015	Laura Stanton	f	FV 40		1:43:51
805	996	Tracy Mault	f	FV 40		1:43:52
806	374	Helen Proctor	f	FV 50	Women on the Run Kendal	1:43:53
807	109	Deborah Catlow	f	FV 50	Blackburn Road Runners	1:44:05
808	145	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	1:44:16
809	1279	Sally Hislop	f	FV 50		1:45:18
810	1317	Victoria Rankin	f			1:46:09
811	406	Wayne Qualter	m	MV 50		1:46:09
812	429	Caitlin Stokes	f			1:46:47
813	125	Raymond Dang	m	MV 50	Eaglescliffe Running Group	1:47:43
814	407	Karen Quan-soon	f	FV 60		1:48:49
815	120	Robert Crosland	m	MV 60		1:49:17
816	1299	Karen M Fay	m	MV 50		1:49:17
817	1240	Debz Bunting	f	FV 60	Lancaster Runners	1:49:26
818	126	Alison Dick	f	FV 50	Red Rose Road Runners	1:49:29
819	1254	Jason Deacon	m	MV 50		1:49:39
820	1011	Tony Seddon	m	MV 50		1:50:03
821	155	Ruth Holden	f	FV 50		1:50:36
822	452	Carole Whiteley	f	FV 60	Women On The Run Kendal	1:50:49
823	150	Susan Heatley	f	FV 40	Red Rose Road Runners	1:50:56
824	962	Ursula Collie	f	FV 60		1:51:15
825	829	Martin Duffy	m	MV 40		1:52:31
826	95	David Battersby	m	MV 50		1:52:38
827	993	Joanna Mackenzie	f	FV 40		1:53:07
828	123	Michael D'Arcy	m	MV 50		1:53:14
829	191	Paul Mcmonagle	m	MV 40		1:53:47
830	185	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	1:55:36
831	450	Kirsty Waywell	f	FV 40	Thornton Cleveleys Running Club	1:55:37
832	1275	Anna Hatch	f	FV 50		1:56:10
833	964	Stephanie Costich	f			1:56:10
834	1228	Dawn Anderson	f	FV 50		1:56:14
835	418	Jackie Routledge	f	FV 60	Thornton Cleveleys	1:56:41



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
836	443	Laura Tyler	f			1:56:42
837	193	John Melling	m	MV 60		1:56:59
838	998	Edward Melling	m	MV 60		1:56:59
839	410	Benjamin Riley	m			1:57:02
840	110	Cheryl Chaffe	f	FV 50		1:57:09
841	1245	Rob Chaffe	m	MV 50		1:57:09
842	461	Pat Wyke	f	FV 60	Run in Wirral	1:57:10
843	396	Emma Nicholls	f	FV 40		1:57:11
844	176	Ann Leyland	f	FV 50		2:00:57
845	177	David Leyland	m	MV 50	Saddleworth Runners Club	2:00:57
846	180	Julie Loftus	f	FV 50		2:06:44
847	181	Philip Loftus	m	MV 60		2:06:44
848	1284	Chrissie Jackson	f	FV 40	Wotr	2:07:47
849	435	Rose Thompson	f	FV 60	Women On The Run - Kendal	2:07:48
850	1021	Rosalyn Turner	f	FV 60	WOTR	2:07:49
851	111	Gaynor Clarke	f			2:08:32
852	1239	Sarah Broad	f			2:08:52
853	128	Nicola Dunlop	f	FV 40		2:13:00
854	420	Vicki Rutland	f	FV 40		2:13:00
855	129	Dawn Eastwood	f	FV 50		2:13:00
856	156	Sarah Holland	f	FV 40		2:15:09

Trail Run 10k - Early Start

857	956	Dan Bell	m			0:56:37
858	1003	Jorden Partington	m	MV 40		1:03:09
859	975	Michael Garside	m	MV 40		1:04:00
860	77	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:07:13
861	70	Simon Thomas	m	MV 40		1:07:28
862	22	Nick Cook	m	MV 40		1:07:53
863	75	William Uttley	m	MV 40	Lancashire constabulary AC	1:07:58
864	259	Jack Colling	m			1:08:48
865	11	Andrew Blackwell	m	MV 40		1:09:34
866	56	Joseph Ritson	m	MV 60	Derwent Ac Cockermonth	1:11:00
867	10	Ann Birchall	f	FV 50	Ashington Hirst Running Club	1:11:43
868	1006	Howard Rand	m	MV 40		1:13:00
869	59	Duncan Rossall	m	MV 60		1:13:32
870	6	Paul Beaumont	m	MV 40		1:13:34
871	42	Graham Kenealy	m	MV 60	Ambleside AC	1:13:47
872	33	Christine Frank	f	FV 50		1:14:37
873	30	Elaine Fisher	f	FV 50	Ambleside AC	1:15:39
874	13	Dave Brisco	m	MV 50	St. Helens Striders	1:15:45
875	14	Shirley Buckley	f	FV 60	The Stragglers	1:16:09
876	260	Paul Abrams	m	MV 40		1:16:38
877	575	Kirsten Rhodes	f		N/A	1:17:40
878	459	Colin Wilson	m	MV 50		1:18:10
879	9	Adam Birch	m			1:18:44
880	52	Joanna Priestley	f		Riversway Roadrunners	1:18:55
881	995	Cecilia Marsh	f	FV 40		1:19:11
882	53	Gail Rason	f	FV 40		1:19:21
883	18	Lynda Carter	f	FV 40		1:20:20
884	48	Sharon Oconnell	f	FV 50	St. Helens Striders	1:20:34
885	7	Rob Bennion	m	MV 50		1:20:38
886	82	Rachel Summers	f	FV 50		1:20:51
887	57	Emma Robinson	f			1:21:14
888	41	Anna Jaques	f	FV 40	Selby Striders	1:21:19
889	39	Anna Holmes-Rand	f			1:21:47
890	21	Denis Cleary	m	MV 40	None	1:21:56
891	38	Nic Holmes	f	FV 40		1:21:57
892	76	mark bateman	m	MV 40		1:22:34
893	65	Shirley Spratt	f	FV 60		1:25:34
894	37	Pete Holding	m	MV 60		1:25:44
895	43	Andrea Lancaster	f	FV 40		1:25:50
896	1018	Sara Summers	f	FV 50		1:25:55
897	62	Emma Shaw	f			1:26:10
898	64	Claire Smith	f	FV 40	North Shields Poly Ac	1:26:25



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
899	184	Jane Marshall	f	FV 40	St Helens	1:26:49
900	29	James Featherstone	m	MV 60		1:27:27
901	623	Sue Woods	f	FV 50		1:28:32
902	46	Julie Melotte	f	FV 60	Stragglers	1:29:12
903	68	Hannah Swift	f		N/a	1:29:19
904	69	Peter Swift	m	MV 60	N/a	1:29:19
905	72	Paul Thornton	m	MV 50		1:29:27
906	79	Gill Nevin	f	FV 50	Rimrose Runners	1:31:30
907	71	Kate Thompson	f	FV 40		1:31:31
908	31	Andy Floyd	m	MV 50		1:31:49
909	209	Jayne Batt	f	FV 60		1:32:22
910	49	Helen Patten	f	FV 50	Red Rose Runners	1:32:32
911	51	Sam Perkins	f	FV 50		1:33:08
912	20	adele Cihlar	f	FV 50		1:33:11
913	26	Sadie Dyson	f	FV 40		1:33:11
914	47	Iain Melville	m	MV 60		1:33:25
915	12	Helen Bowerman	f	FV 50		1:33:45
916	963	Ali Cooper	f	FV 60		1:34:43
917	80	Tony Orr	m	MV 60		1:35:15
918	226	Malcolm Alderton	m	MV 60	Lions Running Community	1:35:50
919	261	Fiona Alderton	f	FV 60	Lions Running Community	1:35:50
920	1341	Emma Mason	f	FV 50		1:36:04
921	979	Rachel Grayson	f	FV 40	Quakers	1:36:28
922	986	Alison Hodges	f	FV 50	Blackball Bounders	1:38:12
923	35	Dave Haines	m	MV 40		1:38:16
924	61	Mandy Rothwell	f	FV 50		1:38:36
925	1007	Brian Richardson	m	MV 50	Blackhill Bounders	1:38:50
926	24	Rebecca Crellin	f		Cumberland Fell Runners	1:39:28
927	536	Chris Land	m	MV 50	Quakers	1:40:26
928	1016	Hannah Stirling	f			1:41:35
929	63	Lewis Sherratt	m			1:41:44
930	218	Cate Barnes	f			1:41:44
931	961	Paul Coldham	m	MV 50	DCH Run Club	1:42:22
932	98	Gerry Berry	f			1:42:28
933	40	Sarah Hopkins	f	FV 40		1:43:08
934	1287	Julie Kelly	f	FV 60	St Bees Triers	1:44:27
935	27	Elizabeth Eccles	f	FV 40	St. Helens Striders	1:44:50
936	801	Adrian Dunbar	m	MV 60	Craven Energy	1:45:40
937	60	Lorraine Rossall	f	FV 60		1:46:13
938	19	Elliot Chew	m			1:46:16
939	36	Sandra Heighton	f	FV 50	Women On The Run	1:46:24
940	16	Catherine Callaghan	f	FV 60	Wotr	1:46:33
941	73	Donna Thorpe	f	FV 40		1:47:56
942	44	Al Marron	f	FV 40		1:47:56
943	78	Nicola Machin	f	FV 40		1:47:57
944	630	Jon Parshall	m	MV 60		1:48:27
945	67	Laura Sweeting	f			1:49:47
946	15	Edgar Buhl	m	MV 40		1:49:47
947	74	Sarah Uttley	f	FV 40		1:50:41
948	55	Edwina Rickards Collinson	f	FV 60	Crocwalkers	1:51:08
949	25	Christina Davies	f	FV 40		1:53:15
950	28	Rosa Elliott	f	FV 60	Milesyclub	1:55:59
951	1263	Linda Farquhar	f	FV 70	St Bees Triers	1:57:48
952	969	Gill Dunbar	f	FV 60	Craven Energy	1:58:25
953	50	Marie Pembroke	f	FV 60	CROCWALKERS	2:01:36
954	954	Judy Bainbridge	f	FV 60		2:02:09
955	23	Alexandra Cranfield	f			2:03:39
956	1318	Chris Robson	m	MV 80		2:24:47

Number of records: 956

