

## Lakeland Trails in Staveley

## Kentmere Sport Trail 5K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1863	Shane McQuillan	m		U/A Kendal , Cumbria	0:29:11
2.	1110	Erin Keeler-Clarke	f	Under 16 Girl	Houghton Harriers	0:29:20
3.	1902	Ella Parry	f	Under 16 Girl	U/A Carlisle,	0:30:03
4.	1874	Ethan Leeder	m	Under 16	U/A Warrington, CHESHIRE	0:32:28
5.	1895	William Horobin	m	Under 16	Ackworth Road Runners	0:32:39
6.	1886	Alex Parry	m	Under 16	U/A Carlisle, Cumbria	0:32:50
7.	1921	Finley Grisedale	m	Under 16	Team inov-8.com	0:33:47
8.	1889	Jamie Ryan	m	Under 16	U/A Hale,	0:34:00
9.	1842	Mark Wilding	m	Veteran 50	U/A Dalton in furness, Cumbria	0:34:12
10.	1903	Charles Satterly	m	Veteran 50	Lancaster & Morecambe AC	0:35:08
11.	1883	Harry Fox	m	Under 16	U/A Lancaster,	0:35:13
12.	1912	Harvey Wilding	m		U/A Dalton in furness , Cumbria	0:35:17
13.	1834	David Dodgson	m	Veteran 50	U/A Formby ,	0:35:43
14.	1809	Luke Ghani	m		Garstang Community Academy	0:35:54
15.	1865	John Wiseman	m	Veteran 50	Red Rose Road Runners	0:36:44
16.	1910	Ali Cunliffe	f		Ribby Hall Tri Club	0:37:07
17.	1835	Carl Dodgson	m		U/A Cannock, Staffordshire	0:37:40
18.	1445	Kathryn Lowery	f	Lady Veteran 50	U/A Crewe, Cheshire	0:37:43
19.	1905	Angela White	f	Lady Veteran 50	U/A Carlisle, Cumbria	0:38:02
20.	1875	Harvey Leeder	m	Under 16	U/A Warrington, CHESHIRE	0:38:50
21.	1878	Alex Ghani	m	Under 16	Garstang Community Academy	0:39:15
22.	1893	Harrison Flint	m	Under 16	U/A Chorley, Lancashire	0:39:23
23.	1920	Emma Gleghorn	f		U/A cheadle,	0:39:40
24.	1919	Graham Macham	m	Veteran 40	U/A Chorley , Lancashire	0:39:40
25.	1900	Kate Mellor	f		U/A Wetherby, West Yorkshire	0:39:51
26.	1839	Susan Harrison	f	Lady Veteran 60	U/A Carlisle, Cumbria	0:40:00
27.	1880	Niamh Turner	f	Under 16 Girl	U/A Leeds,	0:40:04
28.	1804	Billie Cope	f		U/A Solihull, West mids	0:40:13
29.	1849	Judith Cansfield	f	Lady Veteran 50	U/A Carnforth, Cumbria	0:40:20
30.	1828	Paul Winrow	m		U/A Wilmslow,	0:40:30
31.	1877	Alfie Smith	m	Under 16	U/A Kendal, Cumbria	0:41:01
32.	1879	Betty O'Boyle	f	Under 16 Girl	St Gregory's Catholic High School	0:41:24
33.	1851	Catherine Irish	f	Lady Veteran 40	None	0:41:37
34.	1862	Jordan Quan-Soon	m		U/A Preston , Lancashire	0:41:43
35.	1805	Joseph Bushby	m		U/A Burnley, Lancashire	0:41:54
36.	1857	Lisa Inman	f		U/A Grange-Over-Sands, Cumbria	0:42:05
37.	1924	Molly Laybourn	f	Under 16 Girl	U/A Edinburgh,	0:42:07
38.	1916	Graham Laybourn	m	Veteran 50	U/A Edinburgh ,	0:42:08
39.	1867	Karen Rollison	f	Lady Veteran 50	U/A Newcastle, TYNE AND WEAR	0:42:38
40.	1844	Simon Nottingham	m		U/A Milnthorpe,	0:42:40
41.	1841	Victoria Wilding	f	Lady Veteran 40	U/A Dalton in furness , Cumbria	0:42:42
42.	1906	Martin White	m	Veteran 50	U/A Carlisle, Cumbria	0:42:55
43.	1885	Isla Newsham	f	Under 16 Girl	Chester Tri Club	0:43:06
44.	1909	Gareth Taylor	m	Veteran 40	U/A Manchester,	0:43:11
45.	1825	Andrew Chick	m	Veteran 50	U/A Grantham, Lincolnshire	0:43:30
46.	1911	Olivia Wilding	f		U/A Dalton in furness , Cumbria	0:43:39
47.	1377	David Lowery	m	Veteran 50	U/A Crewe, Cheshire	0:43:46
48.	1840	Amy Stephens	f	Lady Veteran 40	U/A Grange-Over-Sands ,	0:43:54
49.	1888	Hannah Gall	f	Under 16 Girl	U/A Manchester,	0:44:07
50.	1817	Catherine Aitken	f	Lady Veteran 50	U/A Congleton , Cheshire	0:44:10
51.	1821	Claire Morrey	f		Unattached	0:45:15
52.	1923	Robert Paterson	m	Under 16	U/A Maghull,	0:45:25
53.	1914	Ian Paterson	m	Veteran 40	U/A Maghull, Merseyside	0:45:26
54.	1856	ele scott	f	Lady Veteran 50	U/A workington, Cumbria	0:45:34
55.	1823	Helen Turner	f	Lady Veteran 40	U/A Leeds,	0:45:37
56.	1890	Matthew Ryan	m	Under 16	U/A Hale,	0:45:37
57.	1901	Sara Rex	f	Lady Veteran 50	U/A Shifnal, Shropshire	0:45:38
58.	1847	Simon Ryan	m	Veteran 40	U/A Hale, Cheshire	0:45:40
59.	1887	Lauren Gall	f	Under 16 Girl	U/A Manchester,	0:45:45
60.	1846	Iain Gall	m	Veteran 40	U/A Manchester,	0:45:45
61.	1896	Georgina Briffett	f	Lady Veteran 40	Lancaster Runners	0:45:56
62.	1824	Caroline Chick	f	Lady Veteran 50	U/A Grantham, Lincolnshire	0:46:08
63.	1814	CHRIS BAKER	m	Veteran 40	U/A RICHMOND, NORTH YORKSHIRE	0:46:20
64.	1815	LUCY STERRY	f		U/A RICHMOND, NORTH YORKSHIRE	0:46:20
65.	1848	Michelle Milburn	f	Lady Veteran 40	U/A Askam-in-Furness, Cumbria	0:46:23
66.	1833	janet frost	f	Lady Veteran 50	Hyde Village Striders	0:46:26
67.	1836	Helen Vale	f		U/A Cannock, Staffordshire	0:46:37
68.	1822	Zoe Berman	f		U/A Bristol, Avon	0:46:54
69.	1913	Bethany Glover	f		U/A Chorley,	0:46:56
70.	1802	Bob Ashton	m	Veteran 60	U/A Oldham, Lancashire	0:46:59
71.	1803	Linda Ashton	f	Lady Veteran 50	U/A Oldham, Lancashire	0:46:59
72.	1812	Libby Gorman	f		U/A Sutton, Surrey	0:47:06
73.	1861	Karen Quan-Soon	f	Lady Veteran 50	U/A Preston , Lancashire	0:47:30
74.	1899	Maf Servante-Haddow	f	Lady Veteran 40	U/A ULVERSTON, Cumbria	0:47:31
75.	1826	Anna Chick	f		U/A Grantham, Lincs	0:48:35
76.	1827	Claire Gilligan	f	Lady Veteran 40	U/A Wilmslow,	0:48:37
77.	1855	sue millar	f	Lady Veteran 50	U/A Brigham, Cumbria	0:48:53

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78.	1852	Helen Hicks	f		U/A Newcastle upon Tyne,	0:49:09
79.	1858	Adele Murray	f		U/A Newcastle upon Tyne,	0:49:09
80.	1922	Esmay Wright	f	Under 16 Girl	Thorp Academy	0:49:41
81.	1859	elizabeth harrison	f		U/A Wigan,	0:49:42
82.	1869	Sue Rodman	f	Lady Veteran 50	U/A Stoke on Trent, Staffordshire	0:49:59
83.	724	Gilly Wright	f	Lady Veteran 40	Thorp Academy	0:50:04
84.	1908	Heather Robinson	f		U/A Grange-Over-Sands, Cumbria	0:50:24
85.	1870	Abigail Jardine	f		U/A Penrith, Cumbria	0:52:22
86.	1904	Jenn McDonough	f		U/A Bamber Bridge,	0:52:22
87.	1917	Neil Anderson	m	Veteran 60	U/A Preston, Lancs	0:52:37
88.	1872	James Maher	m		U/A Derby,	0:52:53
89.	1871	Alison Maher	f	Lady Veteran 50	U/A Derby,	0:52:53
90.	1894	Tilly Cannon	f	Under 16 Girl	U/A Neston, South Wirral	0:53:52
91.	1829	Nicola Joyce	f	Lady Veteran 50	U/A PRESTON, Lancashire	0:54:55
92.	1830	Mary Bloye	f	Lady Veteran 50	U/A PRESTON, Lancashire	0:54:56
93.	1864	Catherine Cannon	f	Lady Veteran 40	Wirral Vikings	0:54:59
94.	1918	Susan Sutcliffe	f	Lady Veteran 50	U/A Sedbergh, Cumbria	0:55:00
95.	1882	Lauren Fox	f	Under 16 Girl	U/A Lancaster,	0:55:00
96.	1832	Paul Fox	m	Veteran 40	U/A Lancaster,	0:55:25
97.	1860	Sophie Howard	f		U/A Bury,	0:55:32
98.	1818	Wendy Sanders	f	Lady Veteran 50	U/A Glossop, Derbyshire	0:56:26
99.	1845	Sharon Hill	f	Lady Veteran 50	Parkside Panthers	0:56:32
100.	1854	Julie Eve	f	Lady Veteran 50	Not got one	0:56:41
101.	1915	William Hetherington	m		U/A Dalton in furness , Cumbris	0:57:19
102.	1925	Emily Lindsey	f	Under 16 Girl	U/A Clitheroe, 3563	1:00:57
103.	1891	Ruby Islam	f	Under 16 Girl	Sabden	1:00:57
104.	1850	Elizabeth Islam	f		U/A Sabden,	1:02:00
105.	1838	Jennifer Hale	f		U/A Ulverston, Cumbria	1:02:21
106.	1843	Claire Pearson	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	1:03:28
107.	1811	Sue Zergi	f	Lady Veteran 50	U/A Scunthorpe , North Lincolnshire	1:03:59
108.	1866	Vincent Holme	m	Veteran 50	U/A Preston, Lancashire	1:04:08
109.	1868	Becca Muir	f		U/A Cockermouth, Cumbria	1:04:08
110.	1816	Gillian Holmes	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:06:07
111.	1819	Michael Sanders	m	Veteran 50	U/A Glossop , Derbyshire	1:06:58
112.	1837	Adrian Hale	m	Veteran 40	U/A Ulverston, Cumbria	1:16:19

Number of records: 112