

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
Kentmere Trail Run10km						
1.	1583	Ben Abdelnoor	m		Ambleside Athletics Club	0:46:39
2.	1576	Sarah McCormack	f		Ambleside Athletics Club	0:48:47
3.	1085	Andrew Maltman	m		U/A Hawick,	0:50:01
4.	1556	Lee Procter	m		Team Inov-8	0:50:12
5.	1139	Paul Graham	m		Derwent AC	0:51:25
6.	1087	Robbie Robson	m		South Axholme Academy	0:53:19
7.	1153	andrew foster	m	Veteran 40	U/A southport,	0:53:48
8.	1485	Wayne Laird	m		Border Warrior	0:54:27
9.	1069	Graham Jordan	m		Middleton Harriers	0:55:45
10.	1248	Nick Sharp	m	Veteran 50	U/A Wakefield, West Yorkshire	0:56:16
11.	1571	Anthony Irving	m	Veteran 40	U/A Carlisle,	0:56:24
12.	1107	sean barry	m	Veteran 40	U/A huddersfield,	0:57:35
13.	1101	Simon Maughan	m	Veteran 50	U/A Blackburn, Lancashire	0:57:58
14.	1072	John Armitstead	m		Helm Hill	0:58:09
15.	1520	Alastair Skelton	m	Veteran 40	U/A Glasgow,	0:58:30
16.	1212	Louis McCarthy	m		U/A Rochdale , Lancs	0:58:35
17.	1450	Malcolm Rudge	m		U/A Kendal,	0:58:53
18.	1507	Gary Reynolds	m		U/A Preston , Lancashire	0:58:57
19.	1489	Nadia Shaw	f		None	0:59:52
20.	1075	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	0:59:58
21.	1141	Jane Thomas	f		Sale Harriers	1:00:08
22.	1301	Christopher Snell	m		U/A Kendal, Cumbria	1:00:18
23.	1211	Jeff McCarthy	m	Veteran 40	Rochdale Harriers	1:00:34
24.	1309	david atkinson	m	Veteran 50	blengdale runners	1:00:51
25.	1303	Adrian Hadley	m		U/A Whitehaven, Cumbria	1:00:56
26.	1511	Niamh Jackson	f		Kirkstall Harriers	1:00:57
27.	1582	Asa Fitzgerald	m		U/A south shields,	1:01:05
28.	1183	Wayne Barber	m	Veteran 40	U/A Kendal, Cumbria	1:01:06
29.	1321	William Hamilton	m		U/A Manchester, Greater Manchester	1:01:08
30.	1415	Rob Goodall	m		U/A London ,	1:01:18
31.	1056	Adam Birch	m		U/A Kendal, Cumbria	1:01:28
32.	1572	Siobonne Brewster	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:01:29
33.	1514	Chris Cobb	m		Roudhay Runners	1:01:41
34.	1092	Lois Lee	f		U/A Prestatyn , Denbighshire	1:02:07
35.	1382	Simon Stickley	m		U/A Preston, Lancashire	1:02:40
36.	1510	Matthew Blakeley	m	Veteran 40	Roundhay Runners	1:02:54
37.	1159	Michael Watson	m	Veteran 40	Banned out the multi	1:02:55
38.	1358	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:03:32
39.	1564	Robert Foster	m	Veteran 40	North Shields Poly AC	1:03:32
40.	1393	John Barker	m		Red Rose Runners	1:03:52
41.	1243	Peter Llewellyn	m	Veteran 40	Bowland Fell Runners	1:04:01
42.	1573	Kirsty Reade	f	Lady Veteran 40	Run247	1:04:07
43.	1251	Jonny Grisedale	m	Veteran 40	Helm Hill	1:04:22
44.	1068	Lee Lawrenson	m		U/A Preston, Lancs	1:04:25
45.	1232	pete coe	m	Veteran 60	U/A Kendal,	1:04:37
46.	1525	David Hull	m	Veteran 50	U/A Nr Chorley, Lancashire	1:04:38
47.	1385	Michael Fordyce	m	Veteran 50	U/A Carlisle, Cumbria	1:04:44
48.	1116	KRISTIAN ROBINSON	m	Veteran 40	Rochdale Harriers	1:04:50
49.	1521	Marianne Wilson	f	Lady Veteran 40	North Highland Harriers	1:04:52
50.	1198	Lawrence Mannion	m	Veteran 50	U/A Kendal,	1:05:12
51.	1536	Stephen Gilks	m		U/A Shipley,	1:05:16
52.	1106	jon shard	m	Veteran 40	U/A manchester, lancashire	1:05:18
53.	1578	Courtney Benson	f		Howgill harriers	1:05:19
54.	1365	Felicity Smith	f	Lady Veteran 40	Elswick	1:05:29
55.	1551	Scott Brahim	m		U/A Kendal,	1:05:42
56.	1433	Lucy Ray	f		U/A Near Lancaster, Lancashire	1:06:00
57.	1463	Anna Woolgar	f	Lady Veteran 40	Chester tri	1:06:07
58.	1533	Toby Fisher	m		U/A Workington, Cumbria	1:06:17
59.	1124	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:06:23
60.	1552	Jane Disley	f	Lady Veteran 40	Black Coombe Runners	1:06:26
61.	1288	Haris Kaloudis	m		U/A Lancaster,	1:06:29
62.	1496	Rosanna Marshallsay	f		N/A	1:06:36
63.	1117	David Stephens	m	Veteran 50	Clwydian Range Runners	1:06:37
64.	1409	Charles Thompson	m	Veteran 50	U/A Hawkshead, Cumbria	1:06:57
65.	1172	Paul Mounsey	m	Veteran 60	Na	1:07:00
66.	1189	Tony Swann	m	Veteran 50	AlbaRosaCC	1:07:04
67.	1484	Matthew Randall	m		U/A Bedale , North Yorkshire	1:07:18
68.	1472	Nathan Allen	m		U/A Windermere,	1:07:39
69.	1443	Simon Barton	m	Veteran 60	Hoad Hill Harriers	1:07:43
70.	1411	karen johnson	f		U/A Ulverston,	1:08:01
71.	1444	Rob Phillips	m	Veteran 40	U/A Heversham,	1:08:06
72.	1412	Steve Watson	m	Veteran 50	U/A Gleaston, Ulverston	1:08:11
73.	1479	Phil Stones	m	Veteran 60	U/A Cleator Moor, Cumbria	1:08:20
74.	1253	Martin Levi	m	Veteran 40	U/A Manchester,	1:08:24
75.	1293	Katherine France	f	Lady Veteran 40	U/A Kendal, Cumbria	1:08:25
76.	1502	Stephanie Heys	f		U/A Wigan, Greater Manchester	1:08:41
77.	1281	Jonathan Evans	m	Veteran 40	Red Rose	1:08:48

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
78.	1516	Lisa Bolton	f		Red rose road runners	1:08:49
79.	1214	Tom Low	m		U/A Lytham, Lancashire	1:08:49
80.	1083	Larry Horne	m	Veteran 50	Eden runners	1:09:08
81.	1458	John Lafferty	m		U/A Glasgow,	1:09:23
82.	1457	Katherine Rooney	f		U/A Glasgow,	1:09:23
83.	1486	KATE WILSON	f	Lady Veteran 40	U/A KENDAL, CUMBRIA	1:09:24
84.	1362	Przemyslaw Dziewiatkowski	m		U/A Kendal,	1:09:25
85.	1334	Guy Davies	m		HRG	1:09:31
86.	1289	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	1:09:34
87.	1060	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:09:35
88.	1406	Chantelle Martin	f		U/A Manchester,	1:09:35
89.	1490	Stephanie Shaw	f		None	1:09:37
90.	1102	Sarah Dove	f	Lady Veteran 40	U/A Blackburn, Lancashire	1:10:05
91.	1454	John Webster	m	Veteran 50	U/A Harrogate, North Yorkshire	1:10:05
92.	1270	Linda Aspinall	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:10:16
93.	1426	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	1:10:19
94.	1202	Simon Picot	m		U/A London, England	1:10:20
95.	1376	Stuart Edwards	m	Veteran 50	U/A North Shields, Tyne and Wear	1:10:24
96.	1513	Vic Taylor	f		U/A Kendal, Cumbria	1:10:29
97.	1188	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	1:10:34
98.	1452	Richard Chandler	m	Veteran 50	Carnethy	1:10:48
99.	1073	Jo Haigh	f	Lady Veteran 60	U/A Skipton, North Yorkshire	1:11:06
100.	1546	Ted Smedley	m	Veteran 40	U/A Prescott, Merseyside	1:11:13
101.	1413	Ian Wade	m	Veteran 50	North Norfolk Beach Runners	1:11:21
102.	1550	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:11:27
103.	1247	Ellie Mackay	f		U/A Kendal,	1:11:27
104.	1509	Edward Bather	m		U/A Leeds,	1:11:36
105.	1169	andy hayes	m	Veteran 50	U/A wigton, England	1:11:39
106.	1110	Sara Brookes	f	Lady Veteran 40	U/A Preston, Lancashire	1:11:43
107.	1098	Joe Lyon	m		U/A Wigan, Lancs	1:11:58
108.	1086	Jane Mellor	f		U/A Bridge of Weir,	1:12:02
109.	1208	Julian Coulthard	m	Veteran 50	Border Harriers	1:12:17
110.	1392	Julie Gray	f	Lady Veteran 50	n/a	1:12:20
111.	1175	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:12:22
112.	1579	Sarah Busnett	f	Lady Veteran 40	U/A	1:12:23
113.	1217	David Shakespeare	m		U/A Leicester ,	1:12:27
114.	1388	gary clay	m	Veteran 50	U/A huddersfield, west yorkshire	1:12:30
115.	1070	Mark Wilson	m	Veteran 40	Skipton Athletics Club	1:12:34
116.	1129	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	1:12:40
117.	1455	emma wrathall	f	Lady Veteran 40	U/A preston, lancashire	1:12:40
118.	1209	Catherine Eaton	f		Tyne Bridge Harriers	1:12:43
119.	1512	Joanna Heaton	f		Roundhay runners	1:12:44
120.	1275	Matthew Ward	m	Veteran 40	U/A Stockport, Cheshire	1:12:46
121.	1108	Martin Bellamy	m	Veteran 40	U/A Keighley, West Yorkshire	1:12:49
122.	1403	Vicki Rogerson	f		Bentham beagles	1:13:03
123.	1130	dawn jones	f	Lady Veteran 40	U/A sawbridgeworth, herts	1:13:05
124.	1250	Keith Tolley	m	Veteran 50	U/A Buxton,	1:13:05
125.	1132	Helen Hall	f	Lady Veteran 40	Ripon Runners	1:13:12
126.	1380	Philippa Bather	f		U/A Manchester,	1:13:13
127.	1125	Andrew Taylor	m	Veteran 50	U/A Burnley, Lancashire	1:13:29
128.	1317	Robin Lees	m	Veteran 60	U/A Ambleside, Cumbria	1:13:31
129.	1050	Daniel Sullivan	m		U/A Brampton, Cumbria	1:13:33
130.	1163	Kirsten Blower	f		U/A Macclesfield, Cheshire	1:13:54
131.	1294	Kate Brayshaw	f	Lady Veteran 40	U/A Kendal,	1:14:00
132.	1327	Darren Higginbotham	m	Veteran 40	U/A Bury, Lancashire	1:14:10
133.	1548	Viv Riley	f	Lady Veteran 50	Black Coombe Runners	1:14:16
134.	1535	Libby Dixon	f	Lady Veteran 40	U/A Ambleside, cumbria	1:14:20
135.	1244	Richard Tickner	m	Veteran 60	U/A Kendal,	1:14:26
136.	1190	Hannah Scott	f		U/A London,	1:14:27
137.	1497	Simon Osmond	m	Veteran 40	U/A Carnforth, Lancashire	1:14:35
138.	1210	Andrew Eaton	m		Tyne Bridge Harriers	1:14:36
139.	1374	Derek Woolley	m	Veteran 60	U/A Heysham, Lancashire	1:14:38
140.	1441	Jordan Elbro	f		U/A Chester,	1:14:43
141.	1524	Diana Birkett	f	Lady Veteran 50	U/A Northwich, Cheshire	1:14:46
142.	1379	Kerry Grant-Rush	f	Lady Veteran 40	U/A Wolverhampton,	1:14:47
143.	1300	Steve Crame	m	Veteran 50	U/A Kendal, Cumbria	1:15:17
144.	1534	Andrian Harsono	m		U/A Ulverston, Cumbria	1:15:18
145.	1053	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:15:20
146.	1491	Stephen James	m	Veteran 40	Fylde Coast Runners	1:15:26
147.	1508	Stewart Bailey	m	Veteran 40	Cheshire Hash House Harriers	1:15:28
148.	1434	William Owen	m	Veteran 40	U/A Leyland ,	1:15:37
149.	1308	Lisa Suddes	f	Lady Veteran 50	U/A Shap, Cumbria	1:15:40
150.	1199	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:15:40
151.	1099	David Lyon	m	Veteran 50	U/A Wigan, Lancs	1:15:40
152.	1420	Andrew Reid	m		U/A Merseyside,	1:15:42
153.	1154	Ian Hartwell	m		U/A Manchester,	1:15:49
154.	1286	Stephen Edwards	m	Veteran 40	Sweatshop Running Community	1:15:51
155.	1084	Glyn McGovern	m	Veteran 50	U/A Altrincham,	1:16:03
156.	1342	Laura Davies	f		U/A Liverpool, Merseyside	1:16:05
157.	1351	John Wiseman	m	Veteran 50	Red Rose Road Runners	1:16:19

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
158.	1470	Lorna Evans	f		U/A Preston, Lancashire	1:16:29
159.	1499	Katharine Shrine	f	Lady Veteran 40	U/A Carnforth, Cumbria	1:16:35
160.	1062	Noelle Kirk	f	Lady Veteran 50	U/A Arnside, Cumbria	1:16:45
161.	1204	Mel Jones	m	Veteran 60	Swinton Running Club	1:16:47
162.	1528	David Beuzeval	m	Veteran 40	U/A Minlthorpe,	1:16:53
163.	1291	Catherine Haggerty	f		U/A St Helens,	1:16:53
164.	1488	John Stout	m	Veteran 60	U/A Aughton, Lancashire	1:16:55
165.	1260	Louise Addy	f		U/A Kendal, Cumbria	1:16:57
166.	1387	James Gaffney	m		-	1:17:07
167.	1122	Katie Roberts	f		U/A Bolton, Lancs	1:17:08
168.	1215	Ben Rigg	m		N/A	1:17:13
169.	1466	Hannah Brookfield	f		U/A Aughton, Lancashire	1:17:14
170.	1261	Jason Spear	m	Veteran 40	U/A Chorley , Lancashire	1:17:28
171.	1136	David Ellicott	m	Veteran 40	Keswick AC	1:17:30
172.	1230	Lindsey McGahey	f	Lady Veteran 40	Women on the Run	1:17:36
173.	1227	Jenny Cruden	f		U/A EGREMONT, Cumbria	1:17:37
174.	1487	Anthony Stacey	m	Veteran 60	U/A Burnley, Lancashire	1:17:40
175.	1467	Daniel Brookfield	m		U/A Ormskirk, Lancashire	1:17:42
176.	1093	Charles Holdsworth	m	Veteran 50	U/A Leeds,	1:17:53
177.	1462	Philip Robinson	m	Veteran 50	U/A Harrogate, North Yorkshire	1:17:54
178.	1354	Jacobus Du Plessis	m	Veteran 40	U/A Prescott, Merseyside	1:17:57
179.	1505	Daniel Tomlinson	m		Fleetwood rugby club	1:17:59
180.	1506	Paul Bamber	m		U/A Thornton Cleveleys, Lancashire	1:17:59
181.	1161	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:18:06
182.	1570	Edward Stuttard	m	Veteran 40	U/A CARNFORTH, Lancashire	1:18:11
183.	1197	Peter Lane	m		U/A Newark, Nottinghamshire	1:18:16
184.	1148	Viki Sutton	f	Lady Veteran 50	U/A Lancaster,	1:18:16
185.	1097	Mark Dobbin	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:18:20
186.	1460	Holly Foss	f		U/A Birmingham, West Midlands	1:18:21
187.	1326	liz lamb	f	Lady Veteran 60	durham city harriers	1:18:27
188.	1277	Felicity Cross	f	Lady Veteran 60	Preston Harriers	1:18:39
189.	1052	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:18:39
190.	1180	Jen Sowerby	f	Lady Veteran 40	Howgill Harriers	1:18:48
191.	1555	Alyson Blakeley	f	Lady Veteran 40	Roundhay Runners	1:18:53
192.	1090	Dean Wellings	m	Veteran 40	Scunthorpe and district athletics club	1:18:56
193.	1446	Antony Marsh	m	Veteran 40	U/A Preston, Lancs	1:19:13
194.	1356	Nicky Owen	f	Lady Veteran 50	Cheshire Hash House Harriers	1:19:18
195.	1386	Julie Haygarth	f		U/A Kirkby Stephen, Cumbria	1:19:37
196.	1306	James Rodgers	m		U/A Long Preston,	1:19:39
197.	1307	Sharon Rodgers	f		U/A Huntingdon, Cambridgeshire	1:19:39
198.	1220	Charlotte Coote	f	Lady Veteran 40	U/A Stockport, Cheshire	1:20:01
199.	1375	David Hallam	m	Veteran 40	None	1:20:06
200.	1113	Kerry Edwards	f	Lady Veteran 40	U/A Cupar, Fife	1:20:06
201.	1541	Gemma AYRE	f		U/A Cockermouth ,	1:20:10
202.	1111	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	1:20:17
203.	1399	Julie Egglestone	f	Lady Veteran 40	U/A Appleby, Cumbria	1:20:23
204.	1453	Elizabeth Chandler	f	Lady Veteran 50	Carnethy	1:20:32
205.	1271	Martin White	m	Veteran 50	CFR	1:20:34
206.	1311	Louise Higham	f	Lady Veteran 50	U/A Heswall, Wirral	1:20:35
207.	1249	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:20:39
208.	1335	Eleanor Rawling	f	Lady Veteran 60	U/A Abingdon, Oxfordshire	1:20:55
209.	1133	Phil Kidman	m	Veteran 50	N/A	1:20:57
210.	1383	Claire Piela	f		U/A Preston, Lancashire	1:21:03
211.	1285	Patricia White	f	Lady Veteran 50	U/A Kendal, Cumbria	1:21:21
212.	1407	Rachel Hay	f	Lady Veteran 40	U/A Manchester,	1:21:26
213.	1442	James Humphreys	m	Veteran 40	U/A Bury,	1:21:27
214.	1266	Mark Wardley	m	Veteran 40	Fylde Coast Running	1:21:29
215.	1265	Gail Bristo	f	Lady Veteran 40	Fylde Coast Running	1:21:29
216.	1473	Barbara Deane	f		U/A Penrith,	1:21:33
217.	1373	Joanna Castaldi	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:21:35
218.	1580	Andrew Woodhead	m		U/A Preston, Lancashire	1:21:45
219.	1240	andrew marrison	m	Veteran 40	U/A kendal, Cumbria	1:21:46
220.	1304	Claudia Hammond-Price	f		Manchester YMCA Harriers	1:21:50
221.	1254	Richard Pole	m	Veteran 40	U/A Manchester,	1:21:57
222.	1417	John Mcalister	m		U/A London,	1:22:08
223.	1416	Bex McDermott	f		U/A London,	1:22:08
224.	1526	Naomi Sharples	f	Lady Veteran 50	U/A Bury, Lancashire	1:22:23
225.	1067	Alison Pye	f		U/A Kendal, Cumbria	1:22:24
226.	1431	Janet Lovelace	f	Lady Veteran 50	U/A Lytham St Annes, Lancs	1:22:27
227.	1471	Tony Orr	m	Veteran 50	U/A burton in kendal, cumbria	1:22:34
228.	1519	Catherine Barton	f	Lady Veteran 40	U/A Carnforth, Lancashire	1:22:36
229.	1272	Pete Holding	m	Veteran 60	U/A Kendal, Cumbria	1:22:39
230.	1287	Dan Babic	m	Veteran 50	Independent	1:22:45
231.	1330	Chris Taylor	m		U/A Bury, Lancs	1:22:48
232.	1297	Andrew Whitehead	m	Veteran 50	U/A Carnforth, Lancashire	1:22:49
233.	1518	Deborah Birch	f		U/A Lancaster, Lancashire	1:22:59
234.	1569	Kelly Brown	f		U/A Kendal ,	1:23:04
235.	1404	Helen Nichols	f		U/A Millom, Cumbria	1:23:05
236.	1430	Paula Nolan	f	Lady Veteran 40	U/A Knutsford,	1:23:16
237.	1096	Kate Mellor	f		U/A Wetherby, West Yorkshire	1:23:25

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
238.	1184	Joanna Outterside	f		U/A Cheadle, Cheshire	1:23:29
239.	1178	Tracey Barker	f	Lady Veteran 40	U/A Rowlands Gill, --- Please Select ---	1:23:32
240.	1581	Rebecca Hanson	f		U/A Manchester,	1:23:36
241.	1448	Elizabeth Islam	f		U/A Sabden,	1:23:37
242.	1123	Peter Phillips	m	Veteran 60	Loftus and Whitby AC	1:23:42
243.	1158	Andrew Evans	m	Veteran 40	U/A Birkenhead,	1:23:43
244.	1522	Alison Hodges	f	Lady Veteran 50	Blackhill Bounders	1:23:58
245.	1559	brian richardson	m	Veteran 50	blackhill bounders	1:23:58
246.	1147	Sarah Wright	f	Lady Veteran 40	U/A Penrith, Cumbria	1:23:59
247.	1059	Jackie Frank	f	Lady Veteran 40	U/A Redcar,	1:24:01
248.	1400	Sally Handscombe	f	Lady Veteran 40	Bentham Beagles	1:24:10
249.	1201	Katharina Schraut	f		U/A Edinburgh,	1:24:10
250.	1397	Ian Kirk	m	Veteran 60	U/A Arnside, Cumbria	1:24:15
251.	1149	Catherine Cuthbert	f	Lady Veteran 40	U/A Wallasey, Wirral	1:24:16
252.	1465	Jo Bonham	f	Lady Veteran 40	U/A Barrow in Furness, Cumbria	1:24:23
253.	1066	Tom French	m		U/A Skipton, North Yorkshire	1:24:26
254.	1229	Paul Crawford	m	Veteran 50	U/A Altrincham, Cheshire	1:24:31
255.	1177	Karen Hooper	f	Lady Veteran 40	U/A Durham, County Durham	1:24:31
256.	1360	Jill Leader	f	Lady Veteran 50	U/A Windermere, Cumbria	1:24:46
257.	1332	Kirsten McFarlane	f	Lady Veteran 40	U/A Manchester, Greater Manchester	1:24:46
258.	1369	Jodi Bowyer	f		U/A Lancaster ,	1:24:47
259.	1429	Lisa Guenther	f		U/A Lancaster,	1:24:54
260.	1492	Claire Brewer	f	Lady Veteran 40	U/A Blackburn ,	1:24:54
261.	1428	Anna Hindmarch	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:25:06
262.	1445	Melanie Waszkiel	f	Lady Veteran 40	U/A Heversham,	1:25:08
263.	1320	Colin Hill	m		U/A Manchester, Greater Manchester	1:25:10
264.	1258	Sarah Manton	f	Lady Veteran 50	U/A Saddleworth, Oldham	1:25:10
265.	1259	Rex Shepherdson	m	Veteran 50	U/A Saddleworth, Oldham	1:25:11
266.	1575	Andrea Hobbs	f	Lady Veteran 50	None	1:25:14
267.	1170	ANDREW WOODS	m	Veteran 60	Fell Striders	1:25:17
268.	1290	laura cain	f		U/A kendal, cumbria	1:25:17
269.	1078	Martin Nesbitt	m	Veteran 50	U/A Whitley Bay, Tyne and Wear	1:25:23
270.	1421	Ryan Crellin	m		Cumberland Fell Runners	1:25:34
271.	1063	Rebecca Crellin	f		U/A Frizington, Cumbria	1:25:34
272.	1435	Caroline Watts	f	Lady Veteran 40	Wray women's running club	1:25:35
273.	1333	Mick Hayes	m		U/A Preston,	1:25:40
274.	1357	Jenna Robinson	f		U/A Holmfirth,	1:25:44
275.	1269	Catherine Thomson	f	Lady Veteran 40	U/A Manchester,	1:25:54
276.	1577	Kev Kendal	m	Veteran 40	Howgill Harriers	1:26:11
277.	1566	Stephen Tysome	m	Veteran 40	Trail Running Association	1:26:17
278.	1283	Rachel Seymour Mead	f	Lady Veteran 40	U/A Manchester, Manchester	1:26:30
279.	1422	Julie Wisely	f	Lady Veteran 40	U/A Manchester ,	1:26:30
280.	1549	Claire Hutchinson	f	Lady Veteran 40	U/A Liverpool,	1:26:30
281.	1156	Peter Eastham	m	Veteran 40	U/A Wakefield,	1:26:35
282.	1166	Anna Gibbons	f		n/a	1:26:42
283.	1164	Joanne Illingworth	f		U/A Mobberley, Cheshire	1:26:43
284.	1200	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:26:52
285.	1562	Michaela Rayner	f	Lady Veteran 50	Craven Energy	1:27:00
286.	1263	Graham Lancaster	m	Veteran 60	U/A Whitefield, Manchester	1:27:01
287.	1267	Steve Beckett	m	Veteran 60	U/A Durham, Co. Durham	1:27:05
288.	1155	Vanessa Gowland	f	Lady Veteran 40	U/A Wakefield,	1:27:08
289.	1544	Sally Conroy	f	Lady Veteran 40	U/A Kendal ,	1:27:47
290.	1185	Helen Borking	f	Lady Veteran 50	Women on the Run	1:27:50
291.	1182	Jackie Tomlinson	f		U/A Bolton,	1:27:55
292.	1219	Kay Blundell	f	Lady Veteran 40	U/A Manchester, Greater Manchester	1:27:55
293.	1065	Janine Jordan	f		Middleton Harriers	1:28:15
294.	1324	Tracy Stewart	f	Lady Veteran 50	U/A Leeds,	1:28:17
295.	1405	Rachel Hindle	f	Lady Veteran 40	U/A Grange-over-Sands, Cumbria	1:28:41
296.	1295	Hannah Stevens	f	Lady Veteran 40	EDMC	1:28:49
297.	1395	Deborah Cummings	f	Lady Veteran 40	U/A St Helens, Merseyside	1:28:54
298.	1394	Mark Cummings	m	Veteran 40	U/A St Helens, Merseyside	1:28:55
299.	1226	Rick Boyfield	m	Veteran 50	North Norfolk Beach Runners	1:28:56
300.	1225	Shay Boyfield	f	Lady Veteran 40	North Norfolk Beach Runners	1:28:56
301.	1543	Robin Stebbings	m	Veteran 60	Unattached	1:28:57
302.	1477	Niki herbert	f		U/A warrington,	1:29:04
303.	1464	Dawn Lamb	f		Muckle Toon Joggers	1:29:28
304.	1235	Becky Goulding	f		U/A Brighouse, West Yorkshire	1:29:51
305.	1456	Isabelle Bond	f		U/A Southport,	1:29:56
306.	1439	Toni-Anne Vaughan	f		U/A Ormskirk, West Lancashire	1:29:57
307.	1329	Heather Barbrooke	f	Lady Veteran 50	U/A Wirral, Merseyside	1:29:59
308.	1366	Jenny Mabbutt	f		U/A Accrington , Lancashire	1:30:06
309.	1391	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:30:19
310.	1493	Tracey Brocklehurst	f	Lady Veteran 50	U/A Wigan, Lancashire	1:30:20
311.	1176	Cassian Donnelly	f		U/A Whitehaven, Cumbria	1:30:22
312.	1174	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:30:36
313.	1437	Scott Lofthouse	m		U/A Altrincham, Cheshire	1:30:37
314.	1436	Rebecca Lofthouse	f		U/A Altrincham, Cheshire	1:30:37
315.	1424	Louise Rigby	f	Lady Veteran 40	U/A Huddersfield, West Yorkshire	1:30:46
316.	1312	kaye edwards	f	Lady Veteran 50	U/A heswall, wirral	1:30:46
317.	1150	Jennifer Turner	f	Lady Veteran 40	Chorton Runners	1:30:54

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
318.	1474	Lizzie Boutwood	f	Lady Veteran 50	U/A St Albans, Herts	1:31:09
319.	1282	Kate Ridings	f		Lancaster Women's Running Group	1:31:10
320.	1257	Denna Franchitti	f		U/A East Calder,	1:31:18
321.	1438	Julia Graham	f		U/A Stalybridge , Cheshire	1:31:35
322.	1305	Michael Thompson	m		U/A Cheadle Hulme, Cheshire	1:32:02
323.	1344	John Harrison	m	Veteran 70	U/A Carlisle, Cumbria	1:32:08
324.	1256	Natalie Stewart	f		U/A Lochinver,	1:32:22
325.	1298	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:32:28
326.	1480	Anna Kaye	f		U/A Newcastle upon Tyne, Tyne & Wear	1:32:29
327.	1527	Katherine Owen	f	Lady Veteran 50	U/A Bury, Lancs	1:33:07
328.	1118	Susan Ridings	f	Lady Veteran 50	Clwydian Range Runners	1:33:14
329.	1483	Margaret Kaye	f	Lady Veteran 50	U/A Carlisle, Cumbria	1:33:14
330.	1134	DAVID LASH	m	Veteran 60	U/A SEAHAM, CO. DURHAM	1:33:15
331.	1538	Kirsty Carruthers	f		U/A Morpeth, Northumberland	1:33:16
332.	1171	MARGARET WOODS	f	Lady Veteran 60	FELLSTRIDERS	1:33:17
333.	1401	Nicky Shepherd	f	Lady Veteran 40	U/A Blackpool, LANCASHIRE	1:33:20
334.	1322	Darren Finch	m	Veteran 40	U/A Belton, North Lincs	1:33:22
335.	1221	Natalie Finch	f		U/A preston, Lancashire	1:33:22
336.	1273	Soraya Weir	f		U/A preston, Lancashire	1:33:22
337.	1195	paul bancroft	m	Veteran 50	U/A preston, lancs	1:33:25
338.	1194	samantha walshaw	f	Lady Veteran 40	U/A preston,	1:33:25
339.	1494	Joanne Chard	f	Lady Veteran 40	Women on the Run	1:33:26
340.	1252	Sophie Ashton	f		U/A Bolton, Lancashire	1:33:32
341.	1368	Dalby Paul	m	Veteran 40	U/A Middlesbrough,	1:33:37
342.	1313	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:33:53
343.	1418	Penny Wilson	f	Lady Veteran 40	U/A Cocker mouth, Cumbria	1:33:55
344.	1419	Louise Wilson	f		U/A Cocker mouth, Cumbria	1:33:55
345.	1314	Theresa Murray	f	Lady Veteran 50	U/A Crook, Cumbria	1:34:01
346.	1302	Christine Sutherland	f	Lady Veteran 50	U/A Penrith, Cumbria	1:34:01
347.	1359	Emma Cattermole	f	Lady Veteran 40	U/A Kendal, Cumbria	1:34:03
348.	1408	Rebecca Douglas	f		U/A Ulverston, Cumbria	1:34:04
349.	1530	Margaret Robinson	f	Lady Veteran 50	U/A Huddersfield, West yorkshire	1:34:04
350.	1529	Chris Robinson	m	Veteran 60	U/A Huddersfield, West Yorkshire	1:34:09
351.	1242	Nicola Dinsdale	f		Ribble valley Tri Club	1:34:32
352.	1461	Jess Foss	f		U/A Birmingham, West Midlands	1:34:40
353.	1246	Penny Hunt	f	Lady Veteran 50	U/A Settle, N Yorks	1:34:50
354.	1280	Lesley Davidson	f	Lady Veteran 60	Horwich RMI Harriers	1:35:05
355.	1274	Lynn Smith	f	Lady Veteran 50	Horwich RMI Harriers	1:35:05
356.	1537	Marc Carruthers	m		U/A Stonehaven,	1:35:12
357.	1167	Briony Mawson	f	Lady Veteran 50	U/A Tadcaster, North Yorkshire	1:35:20
358.	1168	Anne Molloy	f	Lady Veteran 50	U/A Halifax, West Yorkshire	1:35:22
359.	1276	Gilly Hayton	f		PB	1:35:30
360.	1179	Fiona Salt	f	Lady Veteran 40	The Salts	1:35:31
361.	1162	Neil Anderson	m	Veteran 60	U/A Preston, Lancs	1:35:52
362.	1079	Paul Coldham	m	Veteran 50	U/A Keswick, Cumbria	1:36:05
363.	1231	Catherine Thorpe	f		U/A cockermouth, cumbria	1:36:19
364.	1390	David Watson	m	Veteran 40	Red rose road runners	1:36:19
365.	1186	Andrew O'Boyle	m	Veteran 50	U/A Warrington, Cheshire	1:36:23
366.	1187	Gillian O'boyle	f	Lady Veteran 40	U/A warrington, Cheshire	1:36:23
367.	1459	Paula Fitzgerald	f		U/A South Shields, Tyne and Wear	1:36:30
368.	1292	Karen Cummings	f	Lady Veteran 40	U/A St Helens, Merseyside	1:36:31
369.	1051	Rachel Brownsmith	f		U/A Lancaster,	1:36:43
370.	1447	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:36:53
371.	1584	Vicky Moss	f		Bollys Warriors	1:36:55
372.	1475	Ruth Wynn	f	Lady Veteran 40	U/A Manchester,	1:37:02
373.	1531	Lizzie Robinson	f		U/A Huddersfield, West Yorkshire	1:37:06
374.	1055	Laura Sweeting	f		U/A bristol, Somerset (county)	1:37:17
375.	1370	Rachel Robinson	f	Lady Veteran 40	U/A Hyde, Cheshire	1:37:31
376.	1082	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:37:36
377.	1076	Liane Thompson	f	Lady Veteran 50	U/A Barrow-in-Furness, Cumbria	1:37:36
378.	1196	Nigel Laisby	m	Veteran 50	U/A Kendal, Cumbria	1:37:42
379.	1157	Lynn Jones	f	Lady Veteran 50	U/A Kendal,	1:37:42
380.	1367	Helen Dalby	f		U/A Middlesbrough,	1:37:49
381.	1396	Despina Smith	f	Lady Veteran 40	U/A Manchester ,	1:38:03
382.	1482	Leanne Murray	f		U/A Sale, Cheshire	1:38:07
383.	1542	Amrit Kaur	f		U/A Manchester ,	1:38:07
384.	1545	Abi Burns	f		U/A Sheffield,	1:38:34
385.	1539	Ruth Little	f		U/A Sheffield, UK	1:38:34
386.	1384	Helene Ghosh	f	Lady Veteran 40	U/A Gomersal,	1:38:38
387.	1338	Alison Leach	f	Lady Veteran 60	U/A Darwen, Lancashire	1:38:42
388.	1145	Amanda Beresford	f		Roundhay Runners	1:38:44
389.	1561	Bernice Edwards	f		U/A Yarm, Cleveland	1:38:48
390.	1268	Helen Boyle	f		U/A Liverpool,	1:38:48
391.	1560	Tony Boyle	m	Veteran 40	U/A Liverpool,	1:38:50
392.	1112	Nancy Ryan	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:38:54
393.	1563	Carol Richardson	f	Lady Veteran 50	Carol	1:39:05
394.	1323	Heather Minshull	f	Lady Veteran 40	U/A Bolton,	1:39:06
395.	1469	Jenny Peers	f	Lady Veteran 40	Warrington running club	1:39:12
396.	1363	Andy Bennett	m		U/A Morecambe, Lancashire	1:39:18
397.	1476	Catherine Roberts	f		U/A Settle, N Yorkshire	1:39:23

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time
398.	1540	PAUL WRIGHT	m	Veteran 40	U/A WARRINGTON, CHESHIRE	1:39:31
399.	1173	Mandy Rothwell	f	Lady Veteran 50	U/A Manchester, LANCS	1:39:55
400.	1310	Sally Hislop	f	Lady Veteran 50	U/A Heswall, Wirral	1:40:01
401.	1296	Carol Dent	f	Lady Veteran 60	Crocwalkers	1:40:24
402.	1336	Linda Coffey	f	Lady Veteran 60	Darwen Dashers	1:40:45
403.	1319	Edward NUSSEY	m		U/A Liverpool, Merseyside	1:40:48
404.	1318	Hannah Davies	f		U/A Liverpool, Merseyside	1:40:48
405.	1427	DENNIS FENNA	m	Veteran 50	U/A ORMSKIRK, LANCASHIRE	1:40:58
406.	1236	Emily Thompson	f	Lady Veteran 40	Friday Club	1:41:06
407.	1532	Anita Clarke	f		U/A Lichfield,	1:41:11
408.	1218	Lyndsey Clark	f	Lady Veteran 40	U/A Edinburgh,	1:41:12
409.	1224	Ann Myatt	f	Lady Veteran 50	Cheadle	1:41:34
410.	1500	David Roberts	m	Veteran 50	U/A Barrowford, Lancashire	1:41:53
411.	1361	Rachael Dodds	f	Lady Veteran 40	Roundhay Runners	1:42:50
412.	1239	Amanda Brooks	f	Lady Veteran 40	U/A Preston, Lancs	1:43:22
413.	1501	Angela Silva Brockbank	f	Lady Veteran 40	U/A Arnside,	1:43:24
414.	1135	Belinda Chavasse	f	Lady Veteran 40	Team Inov-8	1:43:30
415.	1315	Nicola Kennelly	f	Lady Veteran 40	U/A CONISTON, CUMBRIA	1:43:48
416.	1316	Greg Kennelly	m	Veteran 40	U/A Coniston,	1:43:49
417.	1237	Jo Warren	f	Lady Veteran 50	EDMC	1:43:49
418.	1347	Alan Townsend	m	Veteran 60	U/A Radstock,	1:44:44
419.	1151	Julie Gardner	f	Lady Veteran 50	U/A Kendal,	1:45:32
420.	1371	Mary Moden	f	Lady Veteran 40	U/A Hyde, Cheshire	1:45:54
421.	1353	Emma Bullock	f		U/A Wood Green,	1:46:53
422.	1495	Nicola Hardy	f		Burden Road Runners	1:47:35
423.	1081	Dot Carr	f	Lady Veteran 70	U/A harrogate, yorkshire	1:49:33
424.	1061	Leigh Tomlinson	f	Lady Veteran 40	U/A Slyne with hest, Lancashire	1:50:18
425.	1264	louisa corlett	f	Lady Veteran 40	U/A whitworth, lancashire	1:51:40
426.	1203	Kate Jones	f	Lady Veteran 50	U/A Eccles,	1:52:00
427.	1547	Clare Crawford	f	Lady Veteran 50	U/A Altrincham, Cheshire	1:52:01
428.	1345	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	1:56:00
429.	1120	Sarah Austin	f	Lady Veteran 40		1:58:20
430.	1553	Karen Braddon	f	Lady Veteran 60	Croc Walkers	2:02:38
431.	1554	Edwina Rickards-Collinson	f	Lady Veteran 50	Croc Walkers	2:02:38
432.	1364	Bill Kelly	m	Veteran 60	Burden Road Runners	2:05:32
433.	1088	Sarah Robson	f	Lady Veteran 40	U/A Near Doncaster, North Lincolnshire	2:08:50
434.	1057	Richard Bowman	m		Marple Runners	2:12:26
435.	1058	Helen Walker	f	Lady Veteran 40	Marple Runners	2:12:26
436.	1331	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	2:12:40

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