

## Lakeland Trails in Staveley

## Kentmere Trail Race 17km

| Pos | Bib | Name              | M/F | Age Cat         | Club                               | Gun Time |
|-----|-----|-------------------|-----|-----------------|------------------------------------|----------|
| 1.  | 138 | Jonathan Cox      | m   |                 | Eden Runners                       | 1:10:07  |
| 2.  | 274 | Ben Mounsey       | m   |                 | Team inov-8                        | 1:11:59  |
| 3.  | 83  | Joe Kenny         | m   |                 | U/A Staveley                       | 1:13:00  |
| 4.  | 85  | Stephen McCarron  | m   | Veteran 40      | Team inov-8                        | 1:14:57  |
| 5.  | 67  | Bruce Duncan      | m   |                 | Team Inov-8                        | 1:17:26  |
| 6.  | 275 | James Gray        | m   |                 | Bowland Fell Runners               | 1:17:43  |
| 7.  | 277 | Wayne Gregson     | m   |                 | Tri Preston                        | 1:17:59  |
| 8.  | 234 | Jamie Arkle       | m   |                 | Eden Runners                       | 1:18:39  |
| 9.  | 51  | Matt Brown        | m   |                 | Team Inov-8                        | 1:18:41  |
| 10. | 135 | Daniel McParland  | m   |                 | Fabulous Finch Run Squad           | 1:18:46  |
| 11. | 186 | Richard Stirzaker | m   |                 | Rochdale Harriers & AC             | 1:19:14  |
| 12. | 137 | Sam Green         | m   |                 | Team Inov-8                        | 1:19:46  |
| 13. | 162 | Gary Vose         | m   | Veteran 40      | U/A Chorley, Lancashire            | 1:19:56  |
| 14. | 34  | Chris corless     | m   | Veteran 40      | Team mountain fuel                 | 1:20:23  |
| 15. | 251 | Leo Blamire       | m   |                 | U/A Castle Douglas,                | 1:21:02  |
| 16. | 207 | Dave Ramsay       | m   | Veteran 50      | Bentham Beagles                    | 1:22:15  |
| 17. | 53  | Stephen Cooper    | m   |                 | The Always Merk                    | 1:23:06  |
| 18. | 219 | Catherine Howard  | f   |                 | Knowsley harriers AC               | 1:23:08  |
| 19. | 272 | Bryon Powell      | m   |                 | IRUNFAR                            | 1:25:02  |
| 20. | 218 | Tim Ratcliffe     | m   |                 | FGH Security                       | 1:25:15  |
| 21. | 185 | Matthew Little    | m   | Veteran 40      | U/A Higherford, Nelson             | 1:25:19  |
| 22. | 73  | Peter Roome       | m   | Veteran 50      | Southport Waterloo AC              | 1:25:56  |
| 23. | 54  | Rob Langton       | m   |                 | U/A LONDON, LONDON                 | 1:26:15  |
| 24. | 74  | Mike Allison      | m   | Veteran 50      | Eden Runners                       | 1:26:22  |
| 25. | 156 | Darren Townend    | m   | Veteran 40      | U/A Harrogate ,                    | 1:26:31  |
| 26. | 175 | Frazer Durris     | m   | Veteran 40      | Trawden AC                         | 1:26:33  |
| 27. | 271 | Victoria Sewell   | f   |                 | York Knavesmire Harriers           | 1:26:57  |
| 28. | 167 | Simon West        | m   |                 | U/A Cleator, Cumbria               | 1:27:03  |
| 29. | 224 | EMMA TAYLOR       | f   |                 | ACCRINGTON ROAD RUNNERS            | 1:27:10  |
| 30. | 10  | Rebecca Winter    | f   |                 | Ackworth road runners              | 1:27:25  |
| 31. | 47  | Jane McCarthy     | f   | Lady Veteran 40 | Ilkley Harriers                    | 1:27:53  |
| 32. | 279 | Damian Kimmins    | m   | Veteran 40      | Keswick AC                         | 1:28:15  |
| 33. | 97  | Zoltan Monostori  | m   |                 | U/A Kendal,                        | 1:28:22  |
| 34. | 107 | Mike Page         | m   |                 | U/A Lancaster,                     | 1:28:37  |
| 35. | 55  | Angus McKendrick  | m   |                 | U/A Kendal, Cumbria                | 1:28:56  |
| 36. | 226 | Chris Reddy       | m   |                 | U/A Bolton, Greater Manchester     | 1:29:18  |
| 37. | 124 | Ian Thompson      | m   |                 | Heaton Harriers                    | 1:30:17  |
| 38. | 14  | Kristina Jackson  | f   |                 | Allithwaite Running Club           | 1:30:18  |
| 39. | 236 | Roberto Raso      | m   | Veteran 50      | Manchester Fronrunners             | 1:30:24  |
| 40. | 132 | Lucy Etchells     | f   |                 | Manchester Fronrunners             | 1:30:35  |
| 41. | 114 | Matt Lovett       | m   | Veteran 40      | U/A Mountsorrel, Leicestershire    | 1:30:37  |
| 42. | 105 | Ian Pass          | m   | Veteran 40      | St Helens Sutton                   | 1:30:47  |
| 43. | 213 | Ian Strafford     | m   | Veteran 40      | St.Bees Triers                     | 1:30:58  |
| 44. | 246 | Robert Ian Storer | m   | Veteran 40      | U/A Histon, Cambridgeshire         | 1:31:00  |
| 45. | 253 | Matthew Bowen     | m   |                 | U/A Bedfordshire , U.K.            | 1:31:06  |
| 46. | 101 | Phil Anderson     | m   |                 | U/A Preston, Lancs                 | 1:31:17  |
| 47. | 230 | mark smith        | m   |                 | U/A Northampton, Northamptonshire  | 1:31:24  |
| 48. | 229 | peter fishpool    | m   | Veteran 40      | U/A driffield, east yorks          | 1:31:50  |
| 49. | 24  | Thomas Yates      | m   |                 | Team Inov-8                        | 1:31:53  |
| 50. | 15  | Fiona Belgian     | f   |                 | Jog On The Tyne                    | 1:31:59  |
| 51. | 65  | Stuart Taylor     | m   | Veteran 40      | U/A Preston, Lancashire            | 1:32:15  |
| 52. | 270 | Peter Jobes       | m   |                 | U/A Gateshead,                     | 1:32:26  |
| 53. | 30  | Paul McVittie     | m   | Veteran 40      | U/A Durham,                        | 1:32:26  |
| 54. | 60  | Harry Vaneris     | m   |                 | U/A London,                        | 1:32:45  |
| 55. | 86  | Clare McCarron    | f   | Lady Veteran 40 | Team inov-8                        | 1:33:11  |
| 56. | 123 | Patrick Cooper    | m   |                 | Lordshill Road Runners             | 1:33:21  |
| 57. | 273 | Helen Stuart      | f   | Lady Veteran 40 | Team inov-8                        | 1:33:31  |
| 58. | 150 | Sophie Noon       | f   |                 | Derwent AC                         | 1:33:35  |
| 59. | 70  | Luke Healy        | m   |                 | U/A Wood Green,                    | 1:33:43  |
| 60. | 202 | Pedro Rodriguez   | m   |                 | U/A Liverpool,                     | 1:34:31  |
| 61. | 149 | Stephen Davenport | m   | Veteran 40      | U/A Warrington,                    | 1:34:50  |
| 62. | 39  | Nick Higham       | m   | Veteran 40      | Lancaster and Morecambe AC         | 1:34:53  |
| 63. | 139 | Dan Saunders      | m   |                 | Team Otter                         | 1:34:54  |
| 64. | 106 | Stephen Crook     | m   | Veteran 40      | U/A Wilmslow,                      | 1:35:08  |
| 65. | 147 | Andrew Stuart     | m   | Veteran 40      | U/A Lancaster, Lancashire          | 1:35:45  |
| 66. | 134 | Will Winder       | m   | Veteran 40      | U/A Sheffield,                     | 1:35:54  |
| 67. | 204 | Scott Liddell     | m   | Veteran 60      | U/A Warrington, Cheshire           | 1:36:09  |
| 68. | 278 | James Ashworth    | m   |                 | Team inov-8                        | 1:36:11  |
| 69. | 252 | Adam Bird         | m   |                 | Bramhall Runners                   | 1:36:12  |
| 70. | 23  | Andrew Pye        | m   | Veteran 40      | U/A Kendal, Cuumbria               | 1:36:18  |
| 71. | 203 | Alice Buttle      | f   |                 | U/A Sowerby Bridge,                | 1:36:26  |
| 72. | 176 | Justin Barritt    | m   |                 | U/A Manchester, Greater Manchester | 1:36:27  |
| 73. | 52  | Andy Letheran     | m   | Veteran 50      | U/A Kendal                         | 1:36:32  |
| 74. | 126 | Jonathan Buckley  | m   |                 | U/A Frizington, Cumbria            | 1:36:42  |
| 75. | 111 | Richard Hawkins   | m   |                 | York Postal Harriers               | 1:36:47  |
| 76. | 121 | Jane Fletcher     | f   |                 | Manchester Fronrunners             | 1:37:27  |
| 77. | 221 | Stuart Thomson    | m   | Veteran 40      | U/A Kendal, Cumbria                | 1:37:49  |

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|------|-----|-----------------------|-----|-----------------|---------------------------------------|----------|
| 78.  | 168 | Ian Crook             | m   | Veteran 40      | Barrow Striders                       | 1:37:54  |
| 79.  | 153 | Bruce Penhale         | m   | Veteran 50      | Trafford AC                           | 1:37:54  |
| 80.  | 193 | Tori Nixon            | f   | Lady Veteran 40 | U/A Lancaster,                        | 1:37:55  |
| 81.  | 99  | Daniel Towers         | m   |                 | U/A Kendal, Cumbria                   | 1:38:16  |
| 82.  | 184 | David Mills           | m   |                 | U/A Bury,                             | 1:38:19  |
| 83.  | 146 | Tracy Henderson       | f   | Lady Veteran 40 | Sedgefield Harriers                   | 1:38:22  |
| 84.  | 264 | Paul Ramsden          | m   | Veteran 40      | U/A Rotherham,                        | 1:38:29  |
| 85.  | 81  | Fiona Wise            | f   |                 | U/A Andover                           | 1:38:30  |
| 86.  | 157 | Michael Smith         | m   | Veteran 50      | Lymm Runners                          | 1:38:37  |
| 87.  | 191 | Melanie Rotherham     | f   | Lady Veteran 50 | U/A Nottingham,                       | 1:38:48  |
| 88.  | 194 | Simone Rouse          | f   |                 | U/A Lincoln, Lincolnshire             | 1:38:50  |
| 89.  | 269 | Kevin Wilson          | m   | Veteran 50      | Racing Team Dawson                    | 1:39:01  |
| 90.  | 267 | Danielle Burrows      | f   |                 | Garstang Running Club                 | 1:39:16  |
| 91.  | 44  | Ian Stainthorpe       | m   | Veteran 50      | Rochdale Harriers                     | 1:39:20  |
| 92.  | 239 | Richard Swift         | m   |                 | U/A Chester,                          | 1:39:47  |
| 93.  | 110 | Anna Reeves           | f   |                 | Sale Harriers Manchester              | 1:39:51  |
| 94.  | 256 | Mauro Rotondi         | m   | Veteran 40      | Radcliffe AC                          | 1:39:52  |
| 95.  | 196 | Brian Hazlewood       | m   | Veteran 40      | DH Runners                            | 1:40:00  |
| 96.  | 115 | Jonathon Foster       | m   | Veteran 40      | U/A Mountsorrel, Leicestershire       | 1:40:19  |
| 97.  | 46  | Chris Price           | m   | Veteran 50      | York Acorns                           | 1:40:22  |
| 98.  | 140 | Andrew Mitchinson     | m   | Veteran 40      | Team Otter                            | 1:40:27  |
| 99.  | 78  | Bev Jackson           | f   | Lady Veteran 50 | Altrincham And District Athletic Club | 1:40:58  |
| 100. | 170 | James Saxon           | m   | Veteran 40      | U/A Penrith, Cumbria                  | 1:41:10  |
| 101. | 199 | Mark Dawson           | m   |                 | NA                                    | 1:41:37  |
| 102. | 89  | Richard Hankins       | m   | Veteran 40      | Helsby Running Club                   | 1:41:58  |
| 103. | 163 | Martin Bewick         | m   |                 | U/A Newcastle,                        | 1:42:01  |
| 104. | 220 | Jason Potter          | m   |                 | U/A leeds, west yorkshire             | 1:42:07  |
| 105. | 169 | Andrew Taylor         | m   | Veteran 40      | Running 4CF                           | 1:42:28  |
| 106. | 178 | Robert Thompson       | m   | Veteran 40      | U/A Lytham St Annes, Lancashire       | 1:42:48  |
| 107. | 122 | leslie johnson        | m   | Veteran 40      | Northwich Running Club                | 1:43:00  |
| 108. | 148 | Stephen Stuart        | m   | Veteran 40      | U/A Banbury, Oxfordshire              | 1:43:07  |
| 109. | 247 | peter myerscough      | m   | Veteran 60      | Sunderland Strollers                  | 1:43:32  |
| 110. | 142 | Paul Ellis            | m   |                 | Team Otter                            | 1:43:33  |
| 111. | 91  | Toby Gregory          | m   |                 | U/A Preston, Lancashire               | 1:43:57  |
| 112. | 215 | Phillip Boylin        | m   |                 | U/A Hexham, Northumberland            | 1:44:01  |
| 113. | 190 | Zoe Schnepf           | f   |                 | Peel Road Runners                     | 1:44:05  |
| 114. | 88  | Nick Barr             | m   | Veteran 50      | Forres Harriers                       | 1:44:25  |
| 115. | 40  | Paul Smitham          | m   | Veteran 50      | GMFRS Mountain Running Club           | 1:44:27  |
| 116. | 108 | Chris Lawrence        | f   | Lady Veteran 50 | U/A Manchester, LANCS                 | 1:44:27  |
| 117. | 249 | Robin NAYLOR          | m   | Veteran 60      | N/A                                   | 1:44:33  |
| 118. | 166 | Nathan Davies         | m   | Veteran 40      | U/A Kendal, Cumbria                   | 1:45:00  |
| 119. | 66  | Helen Waddington      | f   | Lady Veteran 40 | Ilkley Harriers                       | 1:45:34  |
| 120. | 266 | Ben Hill              | m   |                 | U/A Manchester ,                      | 1:45:39  |
| 121. | 228 | Rob Calver            | m   | Veteran 40      | Chapel Allerton Runners               | 1:45:52  |
| 122. | 197 | anja coulthard        | f   |                 | KESWICK AC                            | 1:45:55  |
| 123. | 109 | Louise Robbins        | f   | Lady Veteran 40 | U/A Salford,                          | 1:46:13  |
| 124. | 68  | Andrew Owen-Griffiths | m   | Veteran 50      | U/A Athboy, Meath                     | 1:46:17  |
| 125. | 172 | Tricia Gill           | f   | Lady Veteran 50 | U/A Skipton,                          | 1:46:17  |
| 126. | 96  | Iain Nicholson        | m   | Veteran 40      | Bodyfit Cumbria                       | 1:46:27  |
| 127. | 255 | Andrew Butler         | m   | Veteran 40      | U/A ROCHDALE, GREATER MANCHESTER      | 1:46:39  |
| 128. | 71  | Abigail Chard         | f   | Lady Veteran 50 | U/A Halifax, West Yorkshire           | 1:47:17  |
| 129. | 243 | Michael Jubb          | m   |                 | U/A Ulverston, Cumbria                | 1:47:30  |
| 130. | 242 | Mark Haslam           | f   | Lady Veteran 40 | U/A Bolton, Lancs                     | 1:47:46  |
| 131. | 145 | Stephen Leahy         | m   |                 | U/A Kendal, Cumbria                   | 1:47:51  |
| 132. | 268 | steve fairclough      | m   | Veteran 50      | Bramhall Runners                      | 1:47:57  |
| 133. | 200 | Paul Gardiner         | m   | Veteran 50      | U/A Darlington, Durham                | 1:48:00  |
| 134. | 259 | Michael Mitchell      | m   |                 | U/A ULVERSTON, Please Select...       | 1:48:02  |
| 135. | 258 | Neil Croskery         | m   | Veteran 40      | U/A Preston, Lancashire               | 1:48:29  |
| 136. | 69  | Iain Asher            | m   | Veteran 50      | U/A Darwen, Lancashire                | 1:48:40  |
| 137. | 244 | Stella Reynolds       | f   | Lady Veteran 40 | Vegan Runners U.K.                    | 1:48:44  |
| 138. | 25  | Doug Bryden           | m   | Veteran 50      | Red Rose Road Runners                 | 1:49:42  |
| 139. | 262 | James Gibson          | m   |                 | U/A Darlington, Durham                | 1:50:37  |
| 140. | 26  | Kay McGreevy          | f   | Lady Veteran 50 | BMF Glasgow                           | 1:50:41  |
| 141. | 154 | Andrew Green          | m   | Veteran 40      | York Acorns                           | 1:51:12  |
| 142. | 112 | Jean Turner           | f   | Lady Veteran 50 | Telford Harriers                      | 1:51:14  |
| 143. | 174 | Phil Heaword          | m   |                 | Bramhall Runners                      | 1:51:19  |
| 144. | 183 | michael hoare         | m   | Veteran 40      | U/A nelson, lancashire                | 1:51:34  |
| 145. | 182 | Lawrence Collinson    | m   | Veteran 50      | U/A Nelson, Lancashire                | 1:51:35  |
| 146. | 45  | Andrew Bagshaw        | m   | Veteran 40      | Bramhall Runners                      | 1:51:51  |
| 147. | 160 | Andrew Tomlinson      | m   | Veteran 40      | Bramhall Runners                      | 1:52:09  |
| 148. | 158 | Adina Stan            | f   |                 | Bramhall runners                      | 1:52:09  |
| 149. | 189 | Andrew Buswell        | m   |                 | U/A Santo Stefano Ticino, MI          | 1:52:19  |
| 150. | 116 | Rachel Rongong        | f   | Lady Veteran 40 | U/A Stockport, Cheshire               | 1:52:21  |
| 151. | 117 | Jem Rongong           | m   | Veteran 40      | U/A Stockport, Cheshire               | 1:52:21  |
| 152. | 20  | Stuart Bell           | m   | Veteran 60      | Kendal AC                             | 1:52:34  |
| 153. | 265 | Ian Birkett           | m   | Veteran 40      | U/A Northwich, Cheshire               | 1:52:51  |
| 154. | 113 | julie graham          | f   | Lady Veteran 50 | Garstang                              | 1:52:58  |
| 155. | 217 | Ian Cunningham        | m   | Veteran 50      | British Airways AC                    | 1:53:09  |
| 156. | 195 | Andy Baker            | m   | Veteran 40      | DH Runners                            | 1:53:19  |
| 157. | 21  | Lisa Carter           | f   | Lady Veteran 40 | Radcliffe AC                          | 1:53:27  |

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|------|-----|----------------------|-----|-----------------|--------------------------------|----------|
| 158. | 161 | Kate Shaw            | f   | Lady Veteran 40 | Acre Street Runners            | 1:53:32  |
| 159. | 263 | Paul Milligan        | m   |                 | U/A leeds,                     | 1:54:09  |
| 160. | 210 | Nina Tomlin          | f   |                 | Stockport Harriers             | 1:54:10  |
| 161. | 63  | ALAN JONES           | m   | Veteran 60      | GARSTANG RUNNING CLUB          | 1:55:40  |
| 162. | 48  | Peter Hodgson        | m   | Veteran 50      | GMFRS Mountain Running Club    | 1:55:54  |
| 163. | 159 | Carol Bedwell        | f   | Lady Veteran 50 | U/A Wirral, Merseyside         | 1:55:56  |
| 164. | 155 | Tim Gibson           | m   | Veteran 40      | York Acorn Running Club        | 1:56:43  |
| 165. | 118 | Richard Winder       | m   | Veteran 40      | U/A Solihull, West Midlands    | 1:57:00  |
| 166. | 188 | darren allan         | m   | Veteran 40      | U/A BARNARD CASTLE,            | 1:57:19  |
| 167. | 222 | John Moran           | m   |                 | U/A Pontefract, West Yorkshire | 1:57:30  |
| 168. | 164 | Christopher Fawcett  | m   |                 | U/A Prudhoe , Northumberland   | 1:58:43  |
| 169. | 151 | Angela White         | f   | Lady Veteran 40 | CFR                            | 1:59:00  |
| 170. | 276 | Gary Burt            | m   | Veteran 40      | Ribble valley Tri Club         | 1:59:11  |
| 171. | 237 | Linda Rix            | f   | Lady Veteran 50 | Manchester Frontrunners        | 2:00:46  |
| 172. | 37  | Graham Schofield     | m   | Veteran 60      | Chorley Harriers               | 2:00:46  |
| 173. | 240 | Katie Urquhart       | f   |                 | U/A Lincoln, Lincolnshire      | 2:01:00  |
| 174. | 141 | Neil Reddin          | m   | Veteran 40      | Team Otter                     | 2:01:10  |
| 175. | 212 | Ali Strafford        | f   | Lady Veteran 50 | St.Bees Triers                 | 2:01:51  |
| 176. | 27  | David Devine         | m   | Veteran 50      | U/A Glasgow, Scotland          | 2:02:09  |
| 177. | 43  | Garry Owens          | m   | Veteran 60      | NFR                            | 2:02:18  |
| 178. | 208 | Ruth McDonald        | f   | Lady Veteran 50 | Bentham Beagles Running Club   | 2:02:23  |
| 179. | 261 | ian woodgate         | m   | Veteran 40      | club                           | 2:02:38  |
| 180. | 206 | Emma Walker          | f   |                 | Trawden AC                     | 2:03:34  |
| 181. | 79  | Helen Moffat         | f   | Lady Veteran 50 | U/A Liverpool, Merseyside      | 2:05:53  |
| 182. | 225 | neil ginley          | m   | Veteran 40      | asr                            | 2:06:55  |
| 183. | 238 | peter maddison       | m   | Veteran 50      | U/A Lincoln, Lincolnshire      | 2:07:13  |
| 184. | 254 | Kenny Goodliffe      | m   | Veteran 40      | U/A Oswaldtwistle , Lancashire | 2:07:51  |
| 185. | 119 | Pete Webb            | m   | Veteran 60      | U/A Oldham, Greater Manchester | 2:08:08  |
| 186. | 248 | PAULINE NAYLOR       | f   | Lady Veteran 50 | N/A                            | 2:09:40  |
| 187. | 62  | Natalie Deven        | f   | Lady Veteran 40 | Massey Ferguson RC             | 2:12:08  |
| 188. | 211 | Frances Tomlin       | f   |                 | U/A Edinburgh,                 | 2:12:41  |
| 189. | 102 | Lucie Gage           | f   | Lady Veteran 50 | Elswick Harriers               | 2:24:48  |
| 190. | 144 | Sarmid Al-Kamil      | m   | Veteran 50      | Bramhall Runners               | 2:26:33  |
| 191. | 192 | Ann-Marie Fairclough | f   | Lady Veteran 50 | Bramhall Runners               | 2:26:33  |

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