

Lakeland Trails in Staveley
Kentmere Trail Challenge 17km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Kentmere Trail Challenge 17km							
1.	554	Paul Macfarlane	m		U/A Kendal,	1:23:31	
2.	557	Tim Johnstone	m	Veteran 40	U/A Chorley, Lancashire	1:25:38	1:25:33
3.	787	Andy Rees	m	Veteran 40	U/A Durham, Durham	1:28:15	1:28:14
4.	470	Phill Beard	m	Veteran 40	N/a	1:28:46	1:28:45
5.	447	Richard Clark	m		U/A Preston, Lancashire	1:29:29	
6.	564	Simon massey	m	Veteran 40	Welly Bed Racers	1:29:53	1:29:50
7.	832	Graham Brownsmith	m	Veteran 40	U/A Lancaster, Lancashire	1:30:06	1:29:56
8.	398	steve brown	m	Veteran 50	U/A windermere, cumbria	1:30:54	1:30:50
9.	429	Paul Cresswell	m	Veteran 40	Skelmersdale boundary harriers	1:31:02	1:30:50
10.	715	Roger Cotterill	m	Veteran 50	U/A Alsager, Stoke-on-Trent	1:31:18	1:31:15
11.	502	Adrian Filipek	m		U/A Coniston, Cumbria	1:32:16	1:32:14
12.	835	Helen Smith	f		U/A Market Rasen, Lincolnshire	1:33:56	1:33:54
13.	537	Dave Vaughan	m		U/A Ormskirk,	1:34:25	1:34:13
14.	419	Stephen Huyton	m		U/A Ormskirk , Lancashire	1:34:37	
15.	659	Stuart Russell	m	Veteran 40	West Lancs Tri Club	1:34:46	
16.	723	Garrett McTernan	m		U/A Bedford, bedfordshire	1:34:56	1:34:49
17.	831	Shaun McGlynn	m		U/A Sunderland, Wearside	1:34:58	1:34:48
18.	612	Paul Wilson	m	Veteran 50	U/A Durham, Durham	1:35:04	1:34:56
19.	850	Nicholas Cooper	m	Veteran 50	Shelton Striders	1:35:25	1:35:21
20.	873	Jamie Frankland	m		U/A Preston, Lancashire	1:35:28	1:35:22
21.	937	Steven Gore	m		Red Rose Road Runners	1:35:33	1:35:30
22.	639	Matthew Anthony	m		U/A Glusburn, West Yorks	1:35:41	1:35:40
23.	888	David Bartlett	m		U/A Ulverston, Cumbria	1:36:19	1:35:53
24.	455	Andy Mingay	m		Eden Runners	1:36:24	1:36:24
25.	817	David Logan	m		U/A Brighouse,	1:36:38	
26.	363	terry moss	m	Veteran 40	U/A preston, lancashire	1:36:49	1:36:40
27.	435	Neil Gunn	m	Veteran 50	Macclesfield Harriers	1:37:09	1:37:02
28.	928	Claire Milton	f		U/A Salford,	1:37:11	1:36:48
29.	636	Andy Dodd	m	Veteran 40	Dow Schofield Watts Running Club	1:37:15	1:37:11
30.	617	Adam Barker	m		U/A Chorley, Lancs	1:37:23	1:37:21
31.	559	Geoffrey Carter	m	Veteran 40	U/A Cockermouth,	1:37:30	1:37:00
32.	929	Amit Sharma	m		U/A Skelmersdale, Lancashire	1:37:55	1:37:31
33.	862	iaian craig	m	Veteran 40	U/A Newcastle upon tyne, tyne and wear	1:38:12	1:38:02
34.	798	Jonathan Moss	m	Veteran 40	U/A Scunthorpe,	1:38:14	1:38:07
35.	923	Gary Clarke	m		Oswestry Olympians	1:38:38	1:38:26
36.	760	Leo Blamire	m		U/A Castle Douglas,	1:38:42	1:38:25
37.	737	Danny Roberts	m		U/A Sale, Cheshire	1:38:43	1:38:09
38.	897	simon wright	m	Veteran 50	U/A lytham st. annes, lancashire	1:38:45	1:38:23
39.	721	Richard Brazier	m		U/A Bedford, bedfordshire	1:39:06	1:39:00
40.	493	Paul Ross	m		U/A Rowlands Gill, Tyne and Wear	1:39:12	1:39:00
41.	436	Frank Tippin	m	Veteran 50	U/A Southport,	1:39:31	1:39:12
42.	845	Joeseph Henry	m		U/A Glossop, Derbyshire	1:39:48	1:39:12
43.	935	Stewart Hamilton-Arrandale	m		U/A Stockport, Cheshire	1:40:20	1:39:43
44.	597	Nick Howe	m		U/A Liverpool,	1:40:45	1:40:38
45.	742	Andrew Fleming	m		U/A Nottingham,	1:41:04	1:40:12
46.	878	Paul Lindley	m		U/A Liverpool, Merseyside	1:41:08	1:40:41
47.	670	Ray Webster	m	Veteran 50	U/A Manchester,	1:41:15	1:40:53
48.	869	Graham Lawton	m		U/A Lancaster, Lancs	1:41:16	1:40:52
49.	576	Steven Gagon	m	Veteran 40	U/A Manchester,	1:41:21	1:40:28
50.	872	Bjorn Abraham	m		U/A Ambleside, Cumbria	1:41:30	1:41:07
51.	708	Mark Essery	m	Veteran 40	U/A Chorley,	1:41:40	1:41:38
52.	909	Glen Carden	m	Veteran 40	U/A Liverpool,	1:41:43	1:41:16
53.	391	alan parker	m	Veteran 50	U/A stoke on trent,	1:41:45	1:41:27
54.	422	Mike Collins	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:41:55	1:41:51
55.	694	Jeff McCarthy	m	Veteran 40	Rochdale Harriers	1:42:14	1:42:11
56.	671	Alistair Bell	m		U/A Carlisle,	1:42:20	1:42:15
57.	690	Helen Palmer	f		U/A London,	1:42:20	1:41:24
58.	656	Danny Rurlander	m	Veteran 40	U/A lancaster,	1:42:38	1:42:33
59.	697	Dan Lewis	m		U/A Kirkoswald, Cumbria	1:42:41	1:42:39
60.	629	David McCluskey	m		U/A Warrington, Cheshire	1:42:44	1:42:18
61.	851	Nigel Meier	m	Veteran 40	n/a	1:43:14	1:42:15
62.	586	Jake Lane	m		U/A Haydock, Merseyside	1:43:56	1:43:30
63.	558	Gemma Preston	f		U/A Chorley, Lancashire	1:44:08	1:44:03
64.	939	Michael Shelton	m		Mornington Chasers	1:44:26	1:44:28
65.	930	William Roberts	m			1:44:32	1:43:45
66.	801	Lee Wightman	m		U/A Blackpool, Lancashire	1:44:33	1:44:31
67.	484	Phil Stones	m	Veteran 50	U/A Cleator Moor, Cumbria	1:44:39	1:43:58
68.	687	Adam Dunn	m		U/A Newcastle upon Tyne, --	1:44:41	1:44:19
69.	662	Gary Spriggs	m	Veteran 40	U/A St Helens, Lancashire	1:44:52	1:44:11
70.	910	Pete Lashley	m		U/A Milnthorpe, Cumbria	1:44:53	1:44:41
71.	531	Matthew Smith	m	Veteran 40	U/A Lancaster, Lancs	1:45:01	1:44:52
72.	921	Chris Edwards	m			1:45:06	1:44:43
73.	463	Nigel Wolstenholme	m		U/A Manchester,	1:45:15	1:45:05
74.	722	Jon Drea	m		U/A Woburn Sands, Bucks	1:45:20	1:45:13
75.	740	Dylan Lawton	m		N/A	1:45:36	1:44:45
76.	585	David Doughty	m	Veteran 50	U/A Southport, Merseyside	1:45:47	1:45:40
77.	685	Craig Hodgkiss	m	Veteran 40	U/A Durham, Durham	1:45:52	1:45:30

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78.	552	Chris Vincent	m	Veteran 50	U/A Ormskirk, Lancashire	1:46:18	1:45:35
79.	600	darren ernst	m		U/A Carlisle, Cumbria	1:46:24	1:46:21
80.	445	sandy walster	f		Cleethorpes ath	1:46:26	1:46:24
81.	648	David Alexander	m	Veteran 40	Settle Harriers	1:46:38	1:46:13
82.	714	John Field	m		U/A Skipton, North Yorkshire	1:46:49	1:46:25
83.	771	Claire Bates	f		U/A Stockport, Cheshire	1:47:05	1:46:59
84.	677	Les Ward	m	Veteran 50	U/A Ormskirk,	1:47:06	1:46:51
85.	442	Graeme Denman	m		N/A	1:47:12	1:46:10
86.	812	Joe Parkins	m	Veteran 40	U/A Kendal,	1:47:16	1:47:06
87.	712	Chris Ridley	m			1:47:21	1:46:37
88.	413	Darren Gillman	m	Veteran 40	Cambridge & Coleridge	1:47:56	1:47:35
89.	458	Jason Dixon	m	Veteran 40	U/A Kendal, Cumbria	1:48:01	1:47:58
90.	684	Stephen Davies	m		U/A Durham, Durham	1:48:06	1:47:44
91.	538	Mark Bond	m	Veteran 50	U/A Southport, Lancs	1:48:10	1:47:55
92.	778	Bob Muirhead	m		Team Penguin	1:48:16	1:48:01
93.	692	Barry Knowles	m	Veteran 40	U/A Bristol,	1:48:18	1:48:03
94.	736	Andrew Stannard	m		U/A Preston, Lancashire	1:48:18	1:48:08
95.	932	Dave Bartrum	m	Veteran 40	Alnwick Harriers	1:48:23	1:47:30
96.	428	Fiona Johnston	f	Lady Veteran 40	Parbold pink panthers	1:48:37	1:48:04
97.	748	Chris Lawrence	f	Lady Veteran 50	U/A Congleton, Cheshire	1:48:46	1:48:15
98.	532	Vic Knott	f		U/A Manchester ,	1:48:48	1:48:19
99.	411	Robert Bentley	m		U/A Manchester,	1:49:02	1:48:47
100.	357	Mark Robinson	m	Veteran 40	Parkside Panthers	1:49:04	1:48:36
101.	526	David Macdonald	m		U/A Merseyside,	1:49:11	1:48:17
102.	392	roger harrison	m	Veteran 60	cheshire hash house harriers	1:49:20	1:49:15
103.	495	Matthew Tyrer	m		U/A Heath charnock, Lancashire	1:49:39	1:49:33
104.	915	Michael Letheran	m		Fetch Everyone	1:49:42	1:49:22
105.	792	Jo Marsden	f	Lady Veteran 40	Tynedale Harriers	1:49:43	1:49:11
106.	567	nichola swinbourne	f		Hartlepool burn road harriers	1:49:45	1:49:03
107.	507	William Powis	m		U/A Newcastle upon Tyne, Tyne and Wear	1:49:50	1:49:06
108.	466	stuart rome	m		U/A Carlisle, Cumbria	1:49:57	1:49:56
109.	739	Jim Kellow	m		U/A Nottingham, Notts	1:50:00	1:49:09
110.	416	Mark Jesson	m	Veteran 40	Pendle Forest Orienteers	1:50:02	1:49:17
111.	818	James Hewitt	m		U/A Liverpool,	1:50:05	1:49:58
112.	350	Stuart Waring	m	Veteran 40	U/A Blackburn, Lancashire	1:50:08	1:49:55
113.	655	Jonathan Phillips	m		U/A Manchester,	1:50:18	1:50:17
114.	894	Gareth Vaughan	m		U/A Liverpool,	1:50:39	1:50:25
115.	370	Jonathan Watt	m	Veteran 50	U/A Altrincham, Cheshire	1:50:49	1:50:42
116.	591	Garry Richards	m	Veteran 50	U/A Wakefield ,	1:50:49	1:50:05
117.	840	Jennifer Lyon	f		U/A Lancaster, Lancashire	1:50:56	1:50:43
118.	499	Arthur Adams	m		U/A Kendal, Cumbria	1:51:02	1:50:27
119.	855	Mark Franey	m	Veteran 40	U/A Prenton,	1:51:11	1:50:07
120.	563	Julia Massey	f	Lady Veteran 40	Welly Bed Racers	1:51:29	1:51:25
121.	738	Christopher Billington	m	Veteran 40	U/A Southport,	1:51:42	1:51:32
122.	700	John Mercer	m	Veteran 50	U/A St Albans, Hertfordshire	1:51:50	1:51:07
123.	922	Dave Prescott	m	Veteran 40	Bridgnorth Running Club	1:51:52	1:51:49
124.	825	Stewart Lamb	m		U/A Lancaster , Lancs	1:51:53	1:51:26
125.	515	Francis Wooff	m	Veteran 50	Chorlton Runners	1:51:57	1:51:27
126.	490	Peter Houghton	m		U/A Chorley, Lancashire	1:51:59	1:51:54
127.	417	Robert Fry	m	Veteran 50	U/A Wigan,	1:52:08	1:51:23
128.	373	Stuart Bell	m	Veteran 50	Kendal AC	1:52:38	1:52:02
129.	432	Steve Spooner	m	Veteran 40	U/A Bollington, Cheshire	1:52:53	1:52:35
130.	863	George Craig	m	Veteran 40	U/A Tynemouth, Tyne and Wear	1:53:05	1:52:56
131.	663	Lisa Grandidge	f		U/A Sheffield,	1:53:11	1:52:59
132.	836	Alexandra McClellan	f		U/A Market Rasen, North Lincolnshire	1:53:13	1:53:03
133.	838	Lisa Hamilton-Arrandale	f		U/A Stockport, Cheshire	1:53:19	1:52:42
134.	686	Andy Buckroyd	m	Veteran 50	U/A Bollington, Cheshire	1:53:24	1:53:20
135.	777	Jonathan Smith	m	Veteran 40	Team Penguin	1:53:39	1:53:22
136.	483	Sarah Stephenson	f		U/A Grange Over Sands, Cumbria	1:53:42	
137.	880	Stephen Robertson	m	Veteran 50	red rose road runners	1:53:42	1:53:31
138.	393	rose egan	f	Lady Veteran 50	U/A West Kirby,	1:53:43	1:53:38
139.	830	Gill Wilkinson	f	Lady Veteran 50	Borrowdale Fell Runners	1:53:49	1:53:41
140.	590	Kath Padgett	f	Lady Veteran 50	U/A Wakefield ,	1:53:59	1:53:14
141.	924	Margaret Lupton	f	Lady Veteran 40	Red Rose Road Runners	1:54:18	1:53:49
142.	881	Helena Lewis	f	Lady Veteran 40	U/A Morecambe, Lancashire	1:54:26	1:53:34
143.	680	Stuart Whittaker	m	Veteran 50	Hartlepool burn road harriers	1:54:29	1:53:46
144.	931	Maureen Bartrum	f	Lady Veteran 40	Alnwick Harriers	1:54:30	1:53:37
145.	279	Emma Wragg	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:54:38	
146.	779	paul christian	m	Veteran 40	U/A Gateshead, Tyne and Wear	1:54:42	1:54:03
147.	826	Richard Pinches	m	Veteran 40	U/A Blackpool, Lancashire	1:54:48	1:54:18
148.	412	Katie Samuelson	f		Cambridge & Coleridge AC	1:54:52	1:54:33
149.	351	Tiffany Moorcroft	f	Lady Veteran 40	South Ribble Runners	1:54:56	1:54:51
150.	903	Richard Clements	m	Veteran 40	U/A Manchester,	1:55:12	1:54:38
151.	653	David Gilbert	m	Veteran 40	U/A Liverpool, Merseyside	1:55:15	1:55:13
152.	641	John Spindler	m	Veteran 50	Chorlton runners	1:55:18	1:54:48
153.	566	greg swinbourne	m	Veteran 40	Hartlepool burn road harriers	1:55:23	1:54:41
154.	640	Simon Heys	m	Veteran 50	Stockport Harriers	1:55:30	1:55:17
155.	811	jose bennett	f	Lady Veteran 50	jog on the tyne	1:55:50	1:55:10
156.	847	charlie birchall	f		U/A Ingleton, North Yorkshire	1:55:51	1:55:26
157.	377	Susan Tippin	f	Lady Veteran 50	U/A Southport,	1:56:03	1:55:45

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158.	852	Phil Noble	m	Veteran 50	U/A Southport, Merseyside	1:56:37	1:56:31
159.	746	Peter Lewis	m	Veteran 40	U/A SOUTHPORT, MERSEYSIDE	1:57:01	1:56:53
160.	895	Dan Poltawski	m		U/A Lancaster,	1:57:03	1:56:39
161.	365	Colin Sam Walton	m	Veteran 50	U/A Stockport, Cheshire	1:57:05	1:56:28
162.	366	mark cuerden	m	Veteran 50	U/A preston, lancs	1:57:07	1:56:09
163.	674	Mike Reeve	m	Veteran 50	U/A Stockport, Cheshire	1:57:11	1:56:53
164.	452	Helen Little	f	Lady Veteran 40	None	1:57:15	1:56:56
165.	885	Liz Handford	f	Lady Veteran 40	U/A Ormskirk, Lancashire	1:57:18	1:56:21
166.	842	oliver mathai	m	Veteran 60	U/A london,	1:57:38	1:56:43
167.	837	ANTHONY VINCENT	m	Veteran 50	U/A WIGAN, LANCS	1:57:50	1:57:04
168.	666	Andrew Jones	m	Veteran 50	non-affiliated	1:58:24	1:58:08
169.	423	Viv Samuelson	f		Swinton RC	1:58:27	1:58:08
170.	540	Tom Devine	m	Veteran 40	U/A Knaresborough, North Yorkshire	1:58:46	1:58:41
171.	767	David Bright	m	Veteran 50	U/A Chester- le- Street., Co. Durham.	1:59:01	1:58:52
172.	651	Neil MacNeill	m	Veteran 40	U/A Edinburgh, Midlothian	1:59:03	1:58:40
173.	844	Jonny Frodsham	m	Veteran 40	U/A Glossop, Derbyshire	1:59:07	1:58:31
174.	934	Paul Winn	m	Veteran 60	Holmfirth harriers	1:59:22	1:58:26
175.	898	Lynn Melvin	f	Lady Veteran 50	South Ribble runners	1:59:36	1:59:25
176.	620	Jane Pugh	f		U/A Newcastle-upon-Tyne,	1:59:38	1:59:14
177.	781	Steve Towers	m	Veteran 50	U/A carnforth,	1:59:51	1:59:27
178.	665	chris douglas	m	Veteran 50	U/A delph,	1:59:56	1:59:39
179.	628	Jane Nicholson	f	Lady Veteran 40	Altrincham and District Athletics Club	1:59:56	1:59:25
180.	549	Catherine Alderson	f	Lady Veteran 50	U/A Penrith, Cumbria	2:00:20	2:00:12
181.	624	Karl Alldred	m	Veteran 40	Spectrum Striders RC	2:00:20	1:59:49
182.	783	Richard Watson	m	Veteran 40	U/A Allithwaite, Cumbria	2:00:26	2:00:05
183.	562	Helen Jones	f		U/A Burntisland , Fife	2:00:29	2:00:19
184.	808	Michael Naylor	m	Veteran 50	U/A Cleveleys, Lancashire	2:00:34	2:00:26
185.	596	william grayson	m	Veteran 50	U/A manchester, lancs	2:00:53	2:00:15
186.	846	Ian Verber	m	Veteran 60	Black Combe Runners	2:01:05	2:00:36
187.	462	Alistair MacKenzie	m	Veteran 50	None	2:01:06	2:00:49
188.	752	Ralph Lavery	m		U/A Larne,	2:01:13	2:00:52
189.	514	John Thompson	m	Veteran 50	Sweatshop Chorley	2:01:15	2:00:21
190.	471	Catherine Clennett	f	Lady Veteran 40	Billingham Marsh House Harriers	2:01:25	2:00:53
191.	615	Nick Vickery	m	Veteran 50	Rayleigh Road Runners	2:01:27	2:01:01
192.	630	Andrew Collins	m		U/A Warrington, Cheshire	2:01:29	2:01:05
193.	661	Ruth Besford	f	Lady Veteran 40	St Helens Striders	2:01:30	2:00:49
194.	634	Catherine Keevil	f		BodyFit	2:01:31	2:01:26
195.	504	Charles Satterly	m	Veteran 40	Lancaster & Morecambe A/C	2:01:32	2:00:46
196.	866	Alan Platts	m	Veteran 50	U/A Kendal, Cumbria	2:01:39	2:00:47
197.	481	Ben Higginson	m	Veteran 60	Preston Harriers	2:01:42	2:00:50
198.	472	Chris Furphy	m	Veteran 50	U/A Guisborough,	2:01:52	2:01:19
199.	647	Donald Peacock	m	Veteran 50	U/A Durham, Durham	2:01:56	2:01:10
200.	622	Colin Newby	m	Veteran 50	U/A Newcastle Upon Tyne, Tyne and Wear	2:02:07	2:01:15
201.	775	MAXINE GEARY	f	Lady Veteran 40	Yoga Spirit International	2:02:10	2:01:13
202.	367	Tara Oxley	f		Stockton Striders A.C.	2:02:14	2:01:43
203.	426	susan heaney	f	Lady Veteran 50	U/A rochdale, lancs	2:02:19	2:02:00
204.	555	Jenny Wroe	f		U/A Kendal,	2:02:25	2:02:17
205.	871	Kathy Tedcastle	f		U/A Grange-over-sands, Cumbria	2:02:33	2:02:15
206.	762	Ian Butcher	m	Veteran 40	U/A Poulton-le-Fylde, Lancashire	2:02:34	2:02:06
207.	695	Deborah Porter	f	Lady Veteran 40	Red Rose Road Runners	2:02:37	2:02:10
208.	833	ann carney	f	Lady Veteran 50	U/A Manchester,	2:03:03	2:02:38
209.	378	IAN COOPER	m	Veteran 40	U/A WHITLEY BAY, TYNE AND WEAR	2:03:07	2:02:39
210.	823	claire wilson	f		Stockport Harriers	2:03:20	2:02:59
211.	450	Morag Donoghue	f	Lady Veteran 40	Alnwick Harriers	2:03:28	2:02:39
212.	619	Victoria Sewell	f		U/A Kendal, Cumbria	2:03:50	2:03:47
213.	902	Jim Buchanan	m	Veteran 70	Annan and District Athletic Club	2:04:02	2:03:37
214.	606	Nickie Smith	f	Lady Veteran 40	Bridgnorth Running Club	2:04:08	2:03:20
215.	410	Rob Walker	m	Veteran 50	U/A Bacup, Lancashire	2:04:11	2:03:36
216.	415	Gill Myers	f		Creation pt	2:04:13	2:03:10
217.	631	Natalie Carr	f		Bridgnorth Running Club	2:04:14	2:03:26
218.	603	Lisa Whetter	f	Lady Veteran 40	U/A Levens, Cumbria	2:04:21	2:04:12
219.	936	Alon Caspi	m	Veteran 50	Mornington Chasers	2:04:42	2:04:13
220.	475	Janice Metcalf	f	Lady Veteran 50	U/A Preston, Lancs.	2:04:43	2:04:11
221.	474	Alan Metcalf	m	Veteran 50	Preston Harriers	2:04:43	2:04:12
222.	789	Dean Lindsey	m	Veteran 40	U/A Clitheroe, Lancashire	2:04:49	2:04:23
223.	399	Igal Nagar	m	Veteran 50	U/A Sutton Coldfield, West Midlands	2:05:03	2:04:36
224.	913	Nicola Ridley	f			2:05:04	2:04:20
225.	448	Lisa Kallal	f	Lady Veteran 40	U/A London,	2:05:06	2:04:32
226.	731	John Edwards	m	Veteran 60	U/A Yarm, Cleveland	2:05:13	2:04:36
227.	769	Clair Crowther	f	Lady Veteran 40	U/A Hexham, Northumberland	2:05:17	2:04:38
228.	614	simon jones	m	Veteran 40	U/A sawbridgeworth, herts	2:05:18	2:04:36
229.	480	Christine Loughran	f	Lady Veteran 40	U/A Stoke on Trent, Staffordshire	2:05:32	2:05:21
230.	725	Jonathon Barron	m		U/A Lakeside, Ulverston,	2:05:52	2:05:49
231.	839	Mamta Naik	f	Lady Veteran 40	Chorlton Runners	2:05:53	2:05:28
232.	546	Richard Bartlett	m	Veteran 60	U/A ulverston, cumbria	2:05:55	2:05:34
233.	790	Ian Gibson	m	Veteran 50	Tynedale Harriers	2:05:59	2:05:24
234.	673	Patricia White	f	Lady Veteran 50	U/A Kendal, Cumbria	2:06:02	2:05:05
235.	843	tony Ainsworth	m	Veteran 40	U/A Kendal, Cumbria	2:06:05	2:05:53
236.	797	Joanne Moss	f	Lady Veteran 40	U/A Scunthorpe,	2:06:27	2:06:20
237.	360	Janice Allan	f	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	2:06:39	2:06:06

Lakeland Trails in Staveley

Kentmere Trail Challenge 17km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	744	Bernard Brown	m	Veteran 50	U/A St Helens, Merseyside	2:06:41	2:05:47
239.	901	Dean Pallister	m	Veteran 40	Allithwaite Running Club	2:06:43	2:06:31
240.	698	Alison Jepson	f		Airedale Dodgers	2:06:45	2:06:16
241.	482	Liam Moden	m	Veteran 40	U/A Haslingden, Lancashire	2:06:54	2:06:01
242.	675	Heather Moore	f	Lady Veteran 40	U/A Natland, Cumbria	2:07:04	2:07:00
243.	459	Dawn Stainer	f		U/A Kendal, Cumbria	2:07:10	2:06:52
244.	751	Jennifer Mulvena	f		U/A Larne,	2:07:17	2:06:56
245.	782	Alasdair Start	m		U/A Leyland,	2:07:31	2:07:17
246.	867	deborah Reekie	f		U/A holmrook, cumbria	2:07:31	2:07:18
247.	550	Christine Marshall	f	Lady Veteran 50	Keswick ac	2:07:47	2:07:39
248.	759	Chris Stone	m	Veteran 40	U/A Warrington, Cheshire	2:07:52	2:07:06
249.	646	James Outterside	m		U/A Cheadle, Cheshire	2:08:16	2:08:03
250.	607	David Chalmers	m	Veteran 60	U/A Symington, Lanarkshire	2:08:29	2:07:46
251.	879	Rachel Newbury	f	Lady Veteran 40	LWRG	2:08:58	2:08:21
252.	369	Gina Mumford	f	Lady Veteran 50	U/A Barford St Michael,	2:09:00	2:08:56
253.	889	Sandra Hutchinson	f	Lady Veteran 50	U/A Wigan, Gt manchester	2:09:07	2:08:10
254.	754	James Stacey	m		Warwick Wasps	2:09:13	2:08:45
255.	573	Michael Welsh	m	Veteran 40	U/A Northallerton, North Yorkshire	2:09:20	2:08:26
256.	724	Hannah Wilding	f		U/A Lakeside, Ulverston,	2:09:26	2:08:38
257.	387	Martin Henderson	m	Veteran 40	U/A Preston, Lancashire	2:09:33	2:08:35
258.	440	Dawn Saxby	f	Lady Veteran 50	U/A Harrogate, North Yorkshire	2:09:35	2:08:54
259.	642	Stephen Fellbaum	m	Veteran 50	MDOC	2:09:40	2:09:25
260.	371	sarah burlinson	f	Lady Veteran 40	U/A hyde, cheshire	2:09:43	2:08:47
261.	883	Catherine Newton	f		red rose road runners	2:09:43	2:09:15
262.	858	Ann Nicholson	f	Lady Veteran 60	cartmel	2:09:52	2:09:41
263.	774	Lucy Wallace	f	Lady Veteran 40	U/A Northwich, Cheshire	2:10:12	2:09:22
264.	645	Louise Lashley	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	2:10:17	2:09:27
265.	772	Nicky Owen	f	Lady Veteran 50	Cheshire Hash House Harriers	2:10:21	2:10:16
266.	384	Elisabeth Zambo	f	Lady Veteran 40	U/A Southampton,	2:10:24	2:10:15
267.	757	john wiseman	m	Veteran 50	U/A poynton, cheshire	2:10:25	2:09:53
268.	375	Gavin Spickett	m	Veteran 50	Tynedale Harriers	2:10:26	2:10:11
269.	594	Barbara Sloss	f	Lady Veteran 60	Clydeside Canicross	2:10:32	2:09:32
270.	682	linda boyles	f	Lady Veteran 50	U/A ashton-under-lyne, Lancashire	2:10:40	2:09:39
271.	703	Clare Laybourn	f	Lady Veteran 40	U/A Edinburgh,	2:10:41	2:10:30
272.	522	michelle armstrong	f	Lady Veteran 40	north east vets athletic club	2:10:46	2:09:59
273.	822	joanne mcwilliams	f		tri preston	2:10:52	2:09:58
274.	882	jennifer cottrell	f	Lady Veteran 40	Team Appley Bridge	2:11:10	2:10:22
275.	479	Luan Anderson	f	Lady Veteran 40	U/A York,	2:11:13	2:10:58
276.	707	Claire Newton	f		U/A Manchester, Greater Manchester	2:11:15	2:10:23
277.	732	Bernice Edwards	f		U/A Yarm, Cleveland	2:11:16	2:10:39
278.	506	Christine Gill	f	Lady Veteran 40	U/A Welshpool, Powys	2:11:24	2:11:14
279.	652	Alison MacDonald	f	Lady Veteran 50	Unattached - Edinburgh	2:11:35	2:11:12
280.	625	Sean Backhouse	m	Veteran 40	U/A Selby, North Yorkshire	2:11:36	2:10:36
281.	560	Diane Hawkes	f	Lady Veteran 40	Unaffiliated	2:11:40	2:10:35
282.	892	Laura Attwood	f		U/A Blaydon on Tyne, Tyne and Wear	2:11:45	2:11:02
283.	805	Yvonne Rippeth	f	Lady Veteran 40	U/A Bristol,	2:11:48	2:11:34
284.	500	Sarah Martin	f	Lady Veteran 40	U/A Bolton, Lancashire	2:11:56	2:11:30
285.	720	Ian Jones	m	Veteran 40	U/A blandford forum, dorset	2:12:12	2:11:31
286.	911	Chris Chew	m	Veteran 40	U/A Kendal, Cumbria	2:12:12	2:11:14
287.	749	Beverley Milburn	f	Lady Veteran 40	U/A Stockport, Cheshire	2:12:13	2:11:57
288.	525	Kath Lambert	f	Lady Veteran 40	U/A Leeds,	2:12:21	2:11:42
289.	711	Stephen Brohan	m	Veteran 40	U/A Worcester,	2:12:41	2:12:03
290.	649	Paul Bowes	m		U/A Southam, Warwickshire	2:12:51	2:12:34
291.	756	kevin burse	m	Veteran 40	U/A staines, middlesex	2:13:21	2:12:21
292.	794	ROB WHISTON	m	Veteran 60	U/A CREWE, CHESHIRE	2:13:30	2:13:10
293.	520	Becky Johnson	f	Lady Veteran 40	U/A Kendal, Cumbria	2:13:44	2:12:59
294.	519	Paul Johnson	m	Veteran 40	U/A Kendal, Cumbria	2:13:44	2:12:58
295.	524	Lucy Darling	f	Lady Veteran 40	Sandbach Striders	2:13:44	2:12:58
296.	776	Steven Tarling	m		Chorlton	2:13:50	2:13:26
297.	875	Gina Bellhouse	f	Lady Veteran 40	Southport Waterloo AC	2:13:51	2:13:47
298.	489	Jennie Davies	f	Lady Veteran 60	U/A Sedbergh, Cumbria	2:13:53	2:13:43
299.	747	Jon Shaw	m	Veteran 50	Macclesfield Harriers	2:13:55	2:13:24
300.	501	Paula Dalziel	f	Lady Veteran 50	U/A Bolton, Lancashire	2:14:08	2:13:39
301.	528	Jacqui Sutton-Riley	f	Lady Veteran 40	U/A Ulverston, Cumbria	2:14:23	2:14:00
302.	420	Dave Mangan	m	Veteran 50	Penny Lane Striders	2:14:31	2:13:48
303.	446	Catherine Potts	f		U/A Newton-le-willows,	2:14:34	2:13:46
304.	598	stefan wood	m		U/A York,	2:14:36	2:13:42
305.	785	Karl Allerton	m	Veteran 40	Lichfield Running Club	2:14:38	2:14:28
306.	795	Jenny Fairclough	f	Lady Veteran 50	Red Rose Road Runners	2:14:39	2:14:01
307.	914	Di Newton	f	Lady Veteran 60		2:14:50	2:14:05
308.	402	Jill Ezard	f	Lady Veteran 40	U/A Ilkley,	2:15:03	2:14:23
309.	864	Emma Houlihan	f		U/A Windermere, Cumbria	2:15:14	2:14:42
310.	906	Sandie Donald	f	Lady Veteran 40	Dumfries Running Club	2:15:18	2:14:17
311.	602	sue woods	f	Lady Veteran 50	U/A levens, cumbria	2:15:19	2:15:10
312.	461	Elizabeth MacKenzie	f	Lady Veteran 50	U/A Kendal, Cumbria	2:15:21	2:15:05
313.	927	Owen Lewis	m		Independent	2:15:28	2:14:39
314.	427	Jane Marshall	f	Lady Veteran 40	U/A York,	2:15:29	2:14:32
315.	829	Rebecca Tushingam	f		U/A Cheadle, Cheshire	2:16:02	2:15:46
316.	616	Clive Barker	m	Veteran 50	U/A Chorley, Lancs	2:16:08	2:15:17
317.	809	Vivienne Watson	f	Lady Veteran 40	U/A Hexham, Northumberland	2:16:11	2:15:35

Lakeland Trails in Staveley
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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	523	Alison Gould	f	Lady Veteran 40	U/A Tynemouth, tyne and wear	2:16:19	2:15:31
319.	449	carol davison	f	Lady Veteran 40	Alnwick Harriers	2:16:38	2:15:46
320.	727	Michael Grant	m	Veteran 60	HMCC	2:17:01	2:16:26
321.	623	Ruth Toller	f	Lady Veteran 60	Dundee Road Runners AC	2:17:10	2:16:17
322.	718	Alison Chapman	f	Lady Veteran 40	U/A Morecambe,	2:17:14	2:16:16
323.	719	David Chapman	m		U/A Morecambe,	2:17:15	2:16:17
324.	467	Allanah Bird	f	Lady Veteran 40	U/A Blackpool, Lancs	2:17:16	2:16:33
325.	468	Jacqueline Stewart-brown	f	Lady Veteran 40	U/A Blackpool, Lancs	2:17:17	2:16:34
326.	505	Emily Tarrant	f		U/A Barnsley, South Yorkshire	2:17:18	2:16:36
327.	891	Lewis Grant	m		U/A Dumfries,	2:17:18	2:16:41
328.	568	Stephen Morris	m	Veteran 50	Knaresborough Striders	2:17:26	2:16:38
329.	735	Kevin Borlase	m	Veteran 50	U/A Carlisle, Cumbria	2:17:34	2:16:54
330.	877	Lisa Holness	f	Lady Veteran 50	U/A Northwich, Cheshire	2:17:46	2:16:42
331.	498	Mandy Keenan	f	Lady Veteran 50	South Ribble Runners	2:17:48	2:16:55
332.	848	helen Pedley	f	Lady Veteran 40	dumfries Running Club	2:18:04	2:17:03
333.	530	Dave Butler	m	Veteran 40	U/A Penrith, Cumbria	2:18:07	2:17:01
334.	755	Bernadette Haddock	f		U/A Wigan, GTR Manchester	2:18:10	2:17:56
335.	761	Anita Hall	f	Lady Veteran 40	St Helens Striders	2:18:20	2:17:38
336.	810	Fiona Morris	f	Lady Veteran 40	U/A Prudhoe, Northumberland	2:18:25	2:17:45
337.	361	Paula Swan	f	Lady Veteran 40	U/A Dumfries, Dumfriesshire	2:18:54	2:18:21
338.	926	Nicola Caudle	f	Lady Veteran 40	Mossley Pikers	2:19:00	2:17:59
339.	904	Mary Conway	f	Lady Veteran 50	Red Rose Runners	2:19:02	2:18:50
340.	770	Phil Davies	m	Veteran 40	Airedale Dodgers	2:19:03	2:18:34
341.	874	Gillian Graves	f	Lady Veteran 50	U/A York, North Yorkshire	2:19:11	2:18:50
342.	627	joanne pennington	f		dumfries running club	2:19:16	2:18:15
343.	527	Carron Lane	f	Lady Veteran 50	Winston Runners	2:19:19	2:18:45
344.	431	Stephen Webster	m	Veteran 50	U/A Huddersfield, West Yorkshire	2:19:29	2:19:12
345.	799	Jon Tibke	m	Veteran 50	Lancaster And Morecambe A C	2:19:34	2:18:45
346.	741	Tony Boyle	m		U/A Liverpool,	2:19:38	2:19:01
347.	408	Tracy Twitchin	f	Lady Veteran 50	U/A Ormskirk, Lancs	2:19:45	2:19:16
348.	758	Clare Parker	f		U/A New Mills, Derbyshire	2:20:27	2:19:41
349.	870	STUART ADAMSON	m	Veteran 60	U/A BRADFORD, WEST YORKSHIRE	2:20:40	2:20:32
350.	510	Jennifer Williams	f	Lady Veteran 50	Stormers	2:20:49	2:20:43
351.	509	Alison Belford	f	Lady Veteran 50	Formby Stormers	2:20:50	2:20:44
352.	861	Anita Pickard	f	Lady Veteran 40	U/A Coxhoe, Durham	2:21:00	2:20:37
353.	518	Bridget Peacock	f	Lady Veteran 40	U/A London,	2:21:25	2:20:37
354.	551	Aimi Blueman	f	Lady Veteran 40	Nidd valley road runners	2:21:31	2:20:56
355.	443	Dawn Robinson	f		U/A Grange, Cumbria	2:21:37	2:21:08
356.	669	Marie Webster	f	Lady Veteran 40	U/A Manchester,	2:21:40	2:21:18
357.	676	Katie Lee	f		N/A	2:21:41	2:21:18
358.	635	Alice Sullivan	f	Lady Veteran 40	Mornington Chasers	2:21:44	2:20:54
359.	389	louise clayton	f	Lady Veteran 40	U/A kendal, cumbria	2:22:08	2:21:07
360.	404	Alison Gilchrist	f	Lady Veteran 50	Independent	2:22:08	2:21:07
361.	593	Sue Oliver	f	Lady Veteran 50	East london triathletes	2:22:19	2:21:31
362.	380	Jo Fallows	f	Lady Veteran 40	Manchester Harriers & AC	2:22:49	2:22:34
363.	425	Jan Rayner	f	Lady Veteran 40	Roundhay Runners	2:22:52	2:22:11
364.	824	Hilary Turner	f	Lady Veteran 60	Pickering running club	2:23:02	2:22:41
365.	806	Suzannah Dykes	f	Lady Veteran 40	Shorrocks Hill Running Club	2:23:05	2:22:33
366.	786	Haydn Esmond	m	Veteran 40	U/A Preston, Lancashire	2:23:20	2:22:26
367.	421	Peter Samuelson	m	Veteran 70	Spectrum striders	2:23:38	2:23:18
368.	807	Alison Webster	f	Lady Veteran 40	U/A Hightown, Merseyside	2:23:44	2:23:12
369.	465	Judith Weston	f	Lady Veteran 50	Marsh House Harriers	2:24:19	2:23:54
370.	409	John Bide	m	Veteran 50	UKnetrunner	2:24:20	2:23:36
371.	613	Sabine Schindler	f	Lady Veteran 40	U/A Durham, Durham	2:24:25	2:23:54
372.	896	samantha scanlon	f		Red Rose Runner	2:24:26	2:23:57
373.	395	Karen Campbell	f	Lady Veteran 50	Falkland Trail Runners	2:25:04	2:24:39
374.	890	Nicky Graves	f	Lady Veteran 40	Batala Drummers	2:25:10	2:24:32
375.	386	Anthony Jenner	m	Veteran 50	U/A Sunderland, Tyne and Wear	2:25:19	2:25:17
376.	385	Giselle Dudley	f	Lady Veteran 50	U/A Sunderland, Tyne and Wear	2:25:20	2:25:18
377.	791	Jane Gibson	f	Lady Veteran 50	U/A Hexham, Northumberland	2:25:27	2:24:52
378.	657	Joanna Ip	f	Lady Veteran 40	Glasgow Running Network	2:26:24	2:25:28
379.	578	BRONWEN VINCENT	f	Lady Veteran 50	PARBOLD PINK PANTHERS	2:26:35	2:25:48
380.	702	Patty Davies	f	Lady Veteran 40	U/A Ulverston, Cumbria	2:26:53	2:26:03
381.	611	Andy Barry	m	Veteran 40	U/A Darwen, Lancs	2:27:33	2:27:19
382.	610	Catherine Hornby	f	Lady Veteran 40	U/A Darwen, Lancashire	2:27:33	2:27:20
383.	581	amanda Benson	f		Roundhay Runners	2:28:05	2:27:24
384.	359	Lucy Maggiori	f	Lady Veteran 40	U/A Dumfries,	2:28:17	2:27:43
385.	352	Sharon White	f	Lady Veteran 40	U/A Kendal, Cumbria	2:28:18	2:27:23
386.	407	Anna McClarnon	f	Lady Veteran 40	U/A Eastleigh, Hampshire	2:28:36	2:28:27
387.	637	Joanne Dodd	f	Lady Veteran 40	U/A Wiswell, Lancashire	2:29:30	2:29:02
388.	638	John O'Hara	m	Veteran 40	U/A Wiswell, Lancashire	2:29:30	2:29:03
389.	876	Jane Petrie	f	Lady Veteran 50	Red Rose Road Runners	2:29:41	2:29:08
390.	650	dinesh patel	m	Veteran 50	U/A preston, lancashire	2:29:58	2:29:06
391.	397	Gerald Bradley	m	Veteran 40	U/A Newton Aycliffe, Durham	2:30:42	2:29:43
392.	362	Rosalind Dyde	f	Lady Veteran 50	winstonrunners	2:30:52	2:30:17
393.	569	Janet Morris	f	Lady Veteran 50	Knaresborough Striders	2:31:32	2:30:42
394.	710	Karen Daniels	f	Lady Veteran 40	U/A Bristol,	2:33:19	2:32:29
395.	933	Charmain Robson	f	Lady Veteran 70	St Bees Triers	2:33:52	2:33:08
396.	517	kim adamson	f	Lady Veteran 50	dumfries running club	2:34:29	2:33:28
397.	660	jacqueline rankin	f	Lady Veteran 40	U/A glasgow,	2:34:41	2:33:46

Lakeland Trails in Staveley
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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
398.	804	caroline walker	f	Lady Veteran 60	U/A goole, e yorkshire	2:34:59	2:34:39
399.	734	ZoI Whittington	f		U/A Knutsford, Cheshire	2:35:37	2:35:11
400.	820	Linda Clark	f	Lady Veteran 60	Jog on the Tyne	2:35:42	2:35:08
401.	403	caroline vitty	f	Lady Veteran 50	U/A liverpool,	2:35:50	2:34:46
402.	729	Cynthia Carter	f	Lady Veteran 60	Crosby stormers	2:35:51	2:34:46
403.	539	Margaret Thompson	f	Lady Veteran 60	Elvet Striders	2:36:36	2:36:04
404.	570	Anthony Metcalf	m		U/A Rossendale,	2:36:51	2:36:00
405.	476	Lisa Whitehead	f	Lady Veteran 40	Swinton	2:37:00	2:36:42
406.	654	Hannah Justice	f		U/A Stourbridge, West Midlands	2:38:49	2:38:04
407.	601	Rosa Elliott	f	Lady Veteran 50	U/A Sale, Cheshire	2:39:20	2:38:20
408.	430	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:39:26	2:38:27
409.	512	Dean Richards	m	Veteran 40	Bridgnorth Running Club	2:40:36	2:39:49
410.	511	Catrina West	f		Bridgnorth Running (We don't like running but we rather like drinking) Club	2:40:37	2:39:49
411.	773	Dave Dave Cope	m	Veteran 60	U/A Kendal,	2:41:47	2:40:46
412.	353	John David Peatfield	m	Veteran 60	U/A Bowston, Cumbria	2:41:48	2:40:45
413.	766	ruth pimblett-tattley	f	Lady Veteran 40	U/A hebden bridge, w yorks	2:41:55	2:41:08
414.	816	Marie Fallon	f	Lady Veteran 50	Jog on the Tyne	2:42:02	2:41:23
415.	374	Mark Farmer	m	Veteran 50	U/A Lincoln, Lincolnshire	2:43:49	
416.	456	Chris Carter	m		Creation pt	2:44:42	2:43:39
417.	664	Julie Grandidge	f		U/A Liverpool ,	2:45:08	2:44:55
418.	784	DEBORAH HILL	f	Lady Veteran 40	ST HELENS STRIDERS	2:45:50	2:45:08
419.	908	Victoria Kehoe	f	Lady Veteran 40	St Helens Striders	2:45:51	2:45:11
420.	681	Vikki Gregson	f	Lady Veteran 40	Tri Preston	2:45:59	2:45:03
421.	920	Kristel Kemp	f			2:45:59	2:45:03
422.	451	Dale Berry	m		U/A Nelson, Lancashire	2:46:11	2:46:02
423.	907	Wendy Ward	f	Lady Veteran 40	Red rose road runners	2:46:29	2:46:09
424.	621	Christopher Ramshaw	m	Veteran 50	U/A Newcastle Upon Tyne, Tyne and Wear	2:46:45	2:45:49
425.	886	Angela Brooks	f		Red Rose Road Runners	2:47:10	2:46:50
426.	788	Lydia Plackett	f	Lady Veteran 60	Red Rose Road Runners	2:47:23	2:46:54
427.	717	Graham Fawcett	m	Veteran 50	U/A Altrincham, Cheshire	2:47:27	2:47:10
428.	547	Miranda Bartlett	f	Lady Veteran 60	U/A ulverston, cumbria	2:47:35	2:47:15
429.	382	Maureen kelly	f	Lady Veteran 40	U/A Thornhill, Dumfriesshire	2:48:53	2:48:14
430.	383	Maureen Kelly	f	Lady Veteran 40	Leverets	2:48:53	2:48:15
431.	491	Julie Gardner	f	Lady Veteran 50	U/A Kendal,	2:49:08	2:48:59
432.	750	May Redfern	f	Lady Veteran 40	U/A York, North Yorkshire	2:49:56	2:49:31
433.	497	Dot Carr	f	Lady Veteran 60	U/A harrogate, yorkshire	2:51:34	2:51:00
434.	704	Catherine Mercer	f	Lady Veteran 50	U/A Wigan, Lancs	2:52:14	2:51:15
435.	821	Catherine Almond	f	Lady Veteran 60	Jog on the Tyne	2:53:18	2:52:46
436.	575	Steven Hamblett	m	Veteran 40	U/A Warrington, Cheshire	2:54:47	2:53:43
437.	912	Nick Haslam	m	Veteran 40	U/A Kendal, Cumbria	2:58:16	2:57:18
438.	918	Ian Ibbotsen	m	Veteran 50	U/A Windermere	2:58:19	2:57:22
439.	865	Emma Phillips	f		Penny Lane Striders	3:03:50	3:02:56
440.	828	Michelle O'Hara	f		U/A Edinburgh,	3:09:14	3:08:33
441.	487	Estelle Morel	f		U/A Newcastle-under-Lyme,	3:23:03	3:22:03

Number of records: 441