

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Kentmere Trail Run10km							
1.	1359	Paul Graham	m		Derwent AC	0:50:02	0:50:02
2.	1255	Jim Andrews	m	Veteran 50	Unattached	0:54:40	0:54:39
3.	1138	Thomas Young	m		U/A Gateshead, Tyne and wear	0:55:11	0:55:06
4.	1421	Simon Edens	m	Veteran 40	U/A Leeds,	0:55:17	0:55:09
5.	1043	Thomas Feather	m		Leeds Bradford Tri Club	0:55:35	0:55:34
6.	1158	Paul Hughes	m		Claremont Road Runners	0:55:43	0:55:38
7.	1230	Tom Whittington	m		Macclesfield Harriers	0:56:27	0:56:26
8.	1386	Mike newham	m		U/A Dalton-in-Furness,	0:56:43	0:56:24
9.	1307	John Toller	m		U/A Dundee,	0:57:13	0:57:13
10.	1408	Gary Baines	m		U/A Hamilton , Lanarkshire	0:58:20	0:58:16
11.	1080	Liam Gorman	m		U/A Grange over sands, Cumbria	0:58:40	0:58:37
12.	1276	Will Varley	m		Newton Harriers	0:58:49	0:58:22
13.	1328	Elsie Roberts	f		Ambleside AC	0:58:59	0:58:54
14.	1023	Helen Woodley	f	Lady Veteran 40	U/A Ulverston, Cumbria	0:59:06	0:59:03
15.	1285	Robert Myatt	m		U/A Liverpool,	0:59:12	0:59:11
16.	1099	Thomas Deakin	m		U/A Stockport, Cheshire	0:59:21	0:59:14
17.	1024	Tim Palmer	m	Veteran 50	Helsby RC	0:59:32	0:59:30
18.	1113	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	0:59:33	0:59:29
19.	1227	Suzanne Toppin	f	Lady Veteran 40	U/A Penrith, Cumbria	0:59:42	0:59:42
20.	1264	john allton	m	Veteran 40	U/A Northwich, Cheshire	0:59:51	0:59:48
21.	1009	anthony kavanagh	m	Veteran 40	arragons cumbrian tri club	1:00:22	1:00:19
22.	1174	Tom Green	m		U/A Edinburgh,	1:02:21	1:02:05
23.	1348	David Culverwell	m	Veteran 40	U/A Corbridge, Northumberland	1:02:27	1:02:20
24.	1344	Terry Bates	m	Veteran 50	U/A Overton, Lancs	1:02:32	1:02:30
25.	1444	Ben Farrelly	m		Salford Mets	1:02:41	1:02:32
26.	1400	Hugh Tuffen	m	Veteran 40	U/A Lancaster, Lancashire	1:02:44	1:02:31
27.	1432	Kath Atherton	f		U/A Ulverston, Cumbria	1:02:51	1:02:48
28.	1022	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:03:07	1:03:03
29.	1280	Lawrence Mannion	m	Veteran 50	U/A Kendal,	1:03:13	1:03:12
30.	1117	jon shard	m	Veteran 40	U/A manchester, lancashire	1:03:40	1:03:38
31.	1398	Andrew Quinn	m		U/A Lancaster, Lancashire	1:03:57	1:03:49
32.	1274	Nick Edmondson	m		U/A Waddington, Lancashire	1:04:04	1:03:34
33.	1292	Andrew Bennett	m		U/A Morecambe, Lancashire	1:04:09	1:04:06
34.	1140	Will Charles	m		U/A Runcorn, Cheshire	1:04:18	1:04:14
35.	1002	Mark Heaney	m	Veteran 50	U/A Rochdale, Lancashire	1:04:19	1:04:17
36.	1153	Daniel Salthouse	m	Veteran 40	U/A Sheffield, South Yorkshire	1:04:56	1:04:16
37.	1327	Simon Robson	m		U/A York, North Yorkshire	1:05:11	1:05:01
38.	1100	Jackie Chapman	f	Lady Veteran 50	Lakeland Orienteering Club	1:05:22	1:05:21
39.	1237	Andrew Backhouse	m	Veteran 40	U/A Windermere,	1:05:28	1:05:26
40.	1298	Harvey Woods	m		U/A Wilmslow,	1:05:32	1:05:17
41.	1051	Peter Evans	m	Veteran 50	Kings Heath Running Club	1:05:52	1:05:47
42.	1259	Lucy Ashton	f		U/A London,	1:05:56	1:05:40
43.	1272	Jan Rogers	f	Lady Veteran 50	Chester Tri Club	1:06:20	1:06:13
44.	1078	Martin Burn	m	Veteran 40	U/A Millom,	1:06:35	1:06:28
45.	1059	Stephen Clements	m	Veteran 50	U/A Penrith, Cumbria	1:07:27	1:07:16
46.	1218	kevin surplice	m	Veteran 40	West lands tri club	1:07:31	1:07:25
47.	1007	Sam Perkins	f		U/A Hexham,	1:08:03	1:07:58
48.	1368	Anne Budenberg	f	Lady Veteran 50	Vale Royal	1:08:16	1:08:10
49.	1190	Stefano Cossu	m		Warrington Running Club	1:08:25	1:07:53
50.	1070	Wayne Barber	m	Veteran 40	U/A Kendal, Cumbria	1:08:36	1:07:59
51.	1257	Adrian Blake	m		U/A Bury, Lancs	1:08:38	1:08:35
52.	1449	Paul Vousden	m			1:08:48	1:08:44
53.	1112	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, cumbria	1:08:51	1:08:47
54.	1164	Sarah Elliott	f	Lady Veteran 40	U/A Lancaster , Lancashire	1:08:55	1:08:51
55.	1352	Rosie Kenyon	f		U/A Liverpool, Merseyside	1:09:23	1:09:17
56.	1367	Amy Robinson	f		U/A Blackburn, Lancashire	1:09:25	1:08:57
57.	1031	Peter Hatch	m	Veteran 50	U/A Billingham,	1:09:51	1:09:39
58.	1345	Andrew Reid	m		U/A Merseyside,	1:09:54	1:09:35
59.	1013	John Tomlinson	m	Veteran 50	U/A Bolton,	1:09:59	1:09:23
60.	1262	Richard Tickner	m	Veteran 50	U/A Kendal, Cumbria	1:10:05	1:09:57
61.	1410	Alan Kelly	m	Veteran 40	U/A Edinburgh,	1:10:35	1:10:22
62.	1169	Simon Maybury	m	Veteran 50	RMOC	1:10:45	1:10:37
63.	1423	clive holloway	m		U/A lancaster,	1:10:48	1:10:18
64.	1208	Emma Spooner	f		U/A Morecambe, Lancs	1:10:53	1:10:39
65.	1148	Alison Hardy	f		U/A Stockton Heath, Warrington	1:10:54	1:10:44
66.	1107	Jonty Tarbuck	m	Veteran 40	U/A Newcastle upon Tyne,	1:11:01	1:10:41
67.	1409	Michael Kelly	m		U/A Glasgow,	1:11:19	1:11:06
68.	1147	Di Blackshaw	f		U/A Manchester,	1:11:20	1:11:11
69.	1419	Dawn Winstanley	f	Lady Veteran 40	U/A Preston, Lancashire	1:11:40	1:11:31
70.	1374	Michael Johnston	m		n/a	1:11:42	1:11:08
71.	1438	Matthew Elliott	m		U/A Manchester,	1:11:42	1:11:22
72.	1125	dawn jones	f	Lady Veteran 40	U/A sawbridgeworth, herts	1:11:46	1:11:41
73.	1261	Gillian Weatherill	f	Lady Veteran 40	Wallsend Harriers	1:11:50	1:11:32
74.	1004	Robert Ginder-Poulsen	m	Veteran 40	U/A Cheadle, Cheshire	1:11:53	1:11:35
75.	1401	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:11:57	1:11:44
76.	1319	Matt Tinsley	m		U/A Preston , Lancashire	1:11:58	1:11:29
77.	1369	Daniel Hotchkiss	m	Veteran 40	N/A	1:11:59	1:11:37

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	1375	Jenny Simpson	f		North Shields Poly	1:12:00	1:11:21
79.	1076	Kevin McDermott	m		U/A NEWCASTLE UPON TYNE, Tyne & Wear	1:12:02	1:11:58
80.	1350	James Alexander	m		U/A Tynemouth, Tyne & Wear	1:12:06	1:12:01
81.	1121	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	1:12:14	1:12:05
82.	1039	Michael Ball	m	Veteran 40	U/A Swindon, Wiltshire	1:12:15	1:12:12
83.	1384	Ray Padgett	m	Veteran 60	U/A Grange over Sands, Cumbria	1:12:22	1:12:04
84.	1313	James Wright	m		U/A Birmingham,	1:12:24	1:11:46
85.	1325	paddy farrelly	m	Veteran 50	Salford Mets	1:12:26	1:12:17
86.	1371	Ian Waddingham	m		Red Rose Road Runners	1:12:39	1:12:01
87.	1193	Geoff howarth	m		U/A warrington, cheshire	1:12:47	1:12:02
88.	1427	gina mccabe	f		U/A workington , Cumbria	1:12:49	1:12:41
89.	1025	Angie Trippitt	f	Lady Veteran 40	Kendal Tri Club	1:12:56	1:12:52
90.	1340	Robin Lees	m	Veteran 60	U/A Ambleside, Cumbria	1:12:57	1:12:50
91.	1376	Michael Gilboy	m		U/A North Shields, Tyne and Wear	1:12:58	1:12:25
92.	1211	Nicola Carter	f		U/A Warrington,	1:13:06	1:12:22
93.	1015	Chloe Ainsworth	f		U/A Wigan,	1:13:12	1:13:01
94.	1235	Martin Baines	m	Veteran 40	Mossley Pikers	1:13:29	1:12:43
95.	1315	Derek Woolley	m	Veteran 60	U/A Heysham, Lancashire	1:13:41	1:13:23
96.	1393	Joanne Malcolmson	f		Red rose road runners	1:13:46	1:12:56
97.	1020	Glenn Cundy	m	Veteran 40	U/A Warrington, Cheshire	1:13:50	1:13:16
98.	1160	Ben Davis	m	Veteran 40	U/A Hebden Bridge,	1:14:01	1:13:39
99.	1159	Pete Jenkinson	m	Veteran 40	U/A Stockport,	1:14:16	1:13:53
100.	1287	james firth	m		U/A Kendal, Cumbria	1:14:16	1:13:48
101.	1084	paul beaumont	m	Veteran 40	U/A Burscough, Lancashire	1:14:17	1:14:03
102.	1334	Hans Ebben	m	Veteran 50	U/A Hedel,	1:14:27	1:14:25
103.	1001	Julia Sayburn	f	Lady Veteran 50	U/A Grange over sands, Cumbria	1:14:29	1:14:19
104.	1250	Anna Stavrianakis	f		FitBitch Running Club	1:14:30	1:14:05
105.	1440	Kevin Rosborough	m	Veteran 40		1:14:32	1:13:54
106.	1397	Katie Greaves	f		Chorton Runners	1:14:33	1:14:25
107.	1283	Lindsay Crawford	f		U/A Edinburgh,	1:14:34	1:14:00
108.	1332	Louis Meyer	m		U/A Poulton-le-fylde,	1:14:40	1:14:13
109.	1260	Samantha Trevett	f		U/A Coulsdon, Surrey	1:14:43	1:14:08
110.	1003	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:14:50	1:14:33
111.	1447	Anne Caspi	f	Lady Veteran 50	Mornington Chasers	1:15:35	1:14:49
112.	1197	Aidan Jolly	m	Veteran 50	U/A Mossley, Ashton-Under-Lyne	1:15:43	1:14:57
113.	1030	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	1:15:50	1:15:38
114.	1360	Carolyn Middleton	f		U/A bowness-on-Windermere , cumbria	1:15:54	1:15:34
115.	1028	Gary Pargeter	m	Veteran 50	U/A Northwich, Cheshire	1:15:59	1:15:42
116.	1253	Rupert Worden	m		U/A Chester, CHESHIRE	1:16:00	1:15:12
117.	1067	Alison Saunders	f		The Northern Collective	1:16:08	1:15:56
118.	1430	Kate Wilson	f			1:16:11	1:15:55
119.	1349	Mark Ronald	m	Veteran 40	U/A Newcastle upon-tyne ,	1:16:14	1:16:08
120.	1442	Cindy Hughes	f		Garstang AC	1:16:22	1:16:13
121.	1114	JO ANDREWS	f	Lady Veteran 40	U/A windermere, cumbria	1:16:22	1:16:13
122.	1415	Dean Graham	m		Hardly AC	1:16:27	1:16:08
123.	1318	Graeme Lewis	m		U/A Nantwich, Cheshire	1:16:30	1:16:01
124.	1069	Dave Walton	m	Veteran 60	LOC	1:16:35	1:16:33
125.	1407	John Grey	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:16:39	1:16:13
126.	1402	Ian Grey	m		U/A Cramlington, Northumberland	1:16:39	1:16:13
127.	1399	Josie Sanderson	f		U/A Kendal,	1:16:51	1:16:38
128.	1033	JACQ JONES	f		Delamere Spartans	1:17:00	1:17:00
129.	1346	Michael Jones	m	Veteran 60	Altrincham AC	1:17:04	1:16:43
130.	1414	Steve Starkie	m		U/A Whitehaven,	1:17:10	1:16:51
131.	1213	Jonathan Newbegin	m	Veteran 50	U/A Leeds, West Yorks	1:17:13	1:16:36
132.	1173	Felicity Green	f		U/A Edinburgh,	1:17:19	1:17:02
133.	1281	Shawn Gibson	m		U/A Kendal,	1:17:20	1:16:42
134.	1300	Joseph Cave	m	Veteran 40	U/A Lytham St Anne's , Lancashire	1:17:22	1:17:11
135.	1284	John Clark	m	Veteran 40	U/A Buckfastleigh, Devon	1:17:42	1:17:17
136.	1012	Pamela Mcildowie	f	Lady Veteran 40	U/A Glasgow,	1:17:44	1:17:29
137.	1006	Vicky Collingwood	f		U/A Stocksfield, Northumberland	1:17:46	1:17:38
138.	1418	Katherine Hislop	f		U/A Ellesmere Port, Cheshire	1:17:47	1:17:37
139.	1240	Gerry Burns	m	Veteran 50	U/A Kendal,	1:17:54	1:17:37
140.	1441	Andrew Marrison	m	Veteran 40	U/A kendal, Cumbria	1:18:01	1:17:21
141.	1016	Matthew Ward	m		U/A Stockport, Cheshire	1:18:14	1:17:35
142.	1279	Hilde Krynen	f	Lady Veteran 40	U/A Kendal, Cumbria	1:18:14	1:18:12
143.	1362	John Parry	m		U/A Grange-over-Sands, Cumbria	1:18:20	1:18:00
144.	1339	Joanne Sumner	f		U/A Poulton-le-Fylde, Lancashire	1:18:24	1:17:40
145.	1019	Michael Church	m		U/A Vigo Village, Kent	1:18:31	1:18:07
146.	1102	Andrew Whitehead	m	Veteran 40	U/A Carnforth, Lancashire	1:18:37	1:18:14
147.	1296	Melanie Graham	f		U/A Whitehaven , Cumbria	1:18:42	1:17:59
148.	1186	Ute Halbmeyer	f	Lady Veteran 40	LT B.Huebner	1:18:45	1:18:36
149.	1286	Laura Stainton	f		U/A Kendal, Cumbria	1:18:49	1:18:21
150.	1406	Kate Lowe	f		U/A Hexham,	1:18:58	1:18:42
151.	1029	Jackie Frank	f		U/A Redcar,	1:19:08	1:18:54
152.	1377	Ian Beadle	m	Veteran 40	U/A durham, durham	1:19:14	1:18:54
153.	1273	Jen Duckworth	f		U/A Skipton, North Yorkshire	1:19:15	1:18:47
154.	1275	Abigail Watson	f		U/A Clitheroe , Lancashire	1:19:15	1:18:47
155.	1195	Hazel Shackleton	f		U/A Warrington, Cheshire	1:19:21	1:18:37
156.	1309	Jeremy Davis	m		U/A Leeds,	1:19:34	1:18:50
157.	1120	Lucy Davies	f		Bridgnorth Running Club	1:19:38	1:19:34

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	1011	Jennifer Palmer	f	Lady Veteran 40	Helsby Running Club	1:19:50	1:19:37
159.	1312	Evonne Carr	f		U/A Manchester, LANCS	1:19:51	1:19:13
160.	1439	Hannah Rosborough	f	Lady Veteran 40		1:19:52	1:19:14
161.	1379	Karenza Passmore	f	Lady Veteran 40	U/A Langley Park, Durham	1:20:17	1:19:56
162.	1317	Zoe Crook	f	Lady Veteran 40	U/A Nateby, Lancashire	1:20:28	1:19:53
163.	1142	Amanda Prescott	f	Lady Veteran 40	Bridgnorth Running Club	1:20:53	1:20:49
164.	1207	Sara Wyatt	f	Lady Veteran 40	U/A Hexham,	1:20:54	1:20:42
165.	1083	Vicky Gore	f		Red Rose Road Runners	1:21:02	1:20:25
166.	1145	Kerry Mee	f		U/A Newcastle-upon-Tyne, Tyne and Wear	1:21:25	1:21:06
167.	1010	Carolyn Burns	f	Lady Veteran 40	U/A Penrith, Cumbria	1:21:37	1:21:36
168.	1372	Emma Johnson	f		Red Rose road runners	1:21:44	1:21:07
169.	1057	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:21:45	1:21:35
170.	1056	Nick Sharp	m	Veteran 40	U/A Wakefield, West Yorkshire	1:21:45	1:21:36
171.	1322	Catherine Elliott	f	Lady Veteran 40	U/A Manchester,	1:21:51	1:21:21
172.	1068	Chris Burstow	m		U/A Bowness on Windermere, Cumbria	1:21:55	1:21:34
173.	1133	Michael Patten	m		Preston Harriers	1:22:14	1:21:35
174.	1087	Claire Welburn	f		U/A Basingstoke,	1:22:16	1:21:53
175.	1243	nicola short	f	Lady Veteran 40	U/A whitley bay, tyne and wear	1:22:23	1:22:11
176.	1446	Rebecca Hanson	f		U/A Manchester,	1:22:33	1:22:21
177.	1061	Toby Brothers	f	Lady Veteran 50	Hampstead Heath Park Run	1:22:44	1:21:59
178.	1037	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:22:55	1:22:51
179.	1088	sarah barry	f	Lady Veteran 40	U/A huddersfield,	1:22:59	1:22:38
180.	1165	Jane Hylton	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:23:00	1:22:45
181.	1448	Niki Roberts	f			1:23:01	1:22:17
182.	1179	Sally Cape	f	Lady Veteran 40	Red Rose Road Runners	1:23:05	1:22:36
183.	1202	Steve Twomlow	m		Kings Heath Running Club	1:23:07	1:23:00
184.	1310	Marina Carmichael	f	Lady Veteran 50	U/A Milnthorpe, Cumbria	1:23:07	1:22:51
185.	1311	Debbie Horrocks	f	Lady Veteran 40	U/A Milnthorpe, Cumbria	1:23:09	1:22:52
186.	1308	Helen Wood	f		Rodillian Runners	1:23:12	1:22:28
187.	1306	Jackie Welburn	f		U/A Nottingham ,	1:23:13	1:22:50
188.	1437	Kate Lee	f		U/A Manchester,	1:23:15	1:22:51
189.	1188	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:23:17	1:22:32
190.	1291	Irene Williams	f	Lady Veteran 40	U/A Coventry, West Midlands	1:23:50	1:23:49
191.	1403	Jessica Booth	f		U/A Salford, Greater Manchester	1:23:55	1:23:23
192.	1404	Daniel Thacker	m		U/A Salford, Greater Manchester	1:23:56	1:23:24
193.	1026	Laura Robson	f		York Postal Harriers	1:23:57	1:23:45
194.	1429	John Stout	m	Veteran 60	U/A Aughton, Lancashire	1:23:58	1:23:31
195.	1268	David Cassels	m	Veteran 50	Rocktart Runners	1:24:04	1:23:26
196.	1134	William Patten	m	Veteran 60	U/A Preston, Lancashire	1:24:04	1:23:24
197.	1269	Ellena Gamberini	f		Rocktart Runners	1:24:04	1:23:26
198.	1405	louise weller	f	Lady Veteran 50	styal running club	1:24:17	1:24:04
199.	1277	Helen Jackson	f		U/A London,	1:24:29	1:24:19
200.	1200	Helen McIntyre	f		U/A Warrington, Cheshire	1:24:37	1:23:54
201.	1064	Sue Kearney	f	Lady Veteran 50	U/A Bolton, Lancs	1:24:40	1:24:25
202.	1347	Maggie Jones	f	Lady Veteran 50	Altrincham AC	1:24:41	1:24:19
203.	1018	Anthony Church	m	Veteran 50	U/A Vigo Village, Kent	1:24:48	1:24:22
204.	1151	Sarah Wright	f	Lady Veteran 40	U/A Penrith, Cumbria	1:24:49	1:24:44
205.	1363	David Middlebrough	m	Veteran 40	Me	1:25:03	1:24:57
206.	1104	Heather Mannings	f	Lady Veteran 40	U/A Holmfirth, West Yorkshire	1:25:06	1:24:52
207.	1445	Kate Maynard	f		ASICS	1:25:10	1:24:35
208.	1191	Melissa Giusti	f		Warrington Running Club	1:25:18	1:24:46
209.	1050	Julie Evans	f	Lady Veteran 40	Kings Heath Running Club	1:25:26	1:25:20
210.	1333	Robert Douglas	m	Veteran 40	U/A Shaw, Lancashire	1:25:31	1:25:12
211.	1176	karen kilner	f	Lady Veteran 40	U/A delph,	1:25:59	1:25:42
212.	1329	Ruth Bowden	f		U/A High wycombe ,	1:26:08	1:25:32
213.	1212	Mary Newbegin	f	Lady Veteran 50	U/A Leeds, West Yorks	1:26:17	1:25:41
214.	1209	Katie Burstow	f		U/A Windermere, Cumbria	1:26:21	1:25:55
215.	1105	amy wright	f		U/A tarporley, cheshire	1:26:27	1:26:06
216.	1098	Helen Bowers	f	Lady Veteran 40	U/A kirkby lonsdale, lancashire	1:26:29	1:26:23
217.	1052	Kate Broome	f	Lady Veteran 50	Achille Ratti	1:26:31	1:26:16
218.	1082	alison jackson	f	Lady Veteran 50	U/A windermere, cumbria	1:26:37	1:26:05
219.	1249	Jennifer Luff	f	Lady Veteran 40	U/A Bishop Auckland, Durham	1:27:18	1:26:54
220.	1065	Louise Corrigan	f		Swinton RC	1:27:47	1:27:13
221.	1320	Neil Callwood	m	Veteran 70	Clare college Cambridge	1:27:48	1:27:41
222.	1358	gavin fisk	m	Veteran 40	U/A manchester,	1:27:49	1:27:17
223.	1167	Philip Loftus	m	Veteran 50	U/A Bolton, Lancashire	1:27:50	1:27:19
224.	1365	Adam Pearson	m		Little Fury Things	1:28:02	1:27:54
225.	1361	Kate Murray	f		U/A Edinburgh,	1:28:05	1:27:31
226.	1185	Graham Lancaster	m	Veteran 50	U/A Whitefield, Manchester	1:28:22	1:27:41
227.	1192	Steve Beckett	m	Veteran 50	U/A Durham, Co. Durham	1:28:22	1:27:40
228.	1149	Jamie Kinloch	m		U/A Glasgow,	1:28:32	1:27:58
229.	1129	Jane Giddins	f	Lady Veteran 40	U/A Nottingham,	1:28:37	1:28:22
230.	1143	Sally Handscombe	f	Lady Veteran 40	Bentham Beagles	1:29:03	1:28:41
231.	1103	Claire Shaw	f		Red Rose Running Club	1:29:04	1:28:27
232.	1146	Chris Mee	m		U/A Newcastle-upon-Tyne, Tyne and Wear	1:29:17	1:28:57
233.	1144	Louise Atkin	f	Lady Veteran 50	U/A Manchester,	1:29:20	1:28:37
234.	1054	Rachel Lee	f	Lady Veteran 50	DH Runners	1:29:23	1:29:10
235.	1422	paula ainsley	f	Lady Veteran 40	U/A york, north yorkshire	1:29:24	1:29:13
236.	1034	Jayne Hall	f	Lady Veteran 50	U/A Egremont, Cumbria	1:29:26	1:28:55
237.	1221	claire bellingham	f	Lady Veteran 40	U/A Johnstone, Scotland	1:29:32	1:28:49

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	1135	Andrea McCluskey	f	Lady Veteran 40	U/A Warrington, Cheshire	1:29:33	1:28:53
239.	1175	Tracey Barker	f	Lady Veteran 40	U/A Rowlands Gill, --- Please Select ---	1:29:37	1:28:56
240.	1086	Jim Dean	m	Veteran 70	U/A Kendal, Cumbria	1:29:41	1:29:39
241.	1073	Lorraine Yuill	f	Lady Veteran 40	U/A Lancaster ,	1:29:54	1:29:45
242.	1124	Tara McCully	f		none	1:29:56	1:29:46
243.	1123	Anthony McCully	m	Veteran 50	none	1:29:56	1:29:46
244.	1251	Natalie Hirst	f		U/A Livingston, West Lothian	1:30:03	1:29:49
245.	1203	karen hooper	f		Elvet Striders	1:30:04	1:29:23
246.	1355	Catherine Scaife	f	Lady Veteran 40	U/A Wallsend, Tyne and Wear	1:30:14	1:29:42
247.	1357	Vicky Cuthbertson	f	Lady Veteran 40	U/A Gateshead, Tyne & Wear	1:30:14	1:29:42
248.	1131	Elizabeth Moffat	f	Lady Veteran 40	U/A Ambleside, Cumbria	1:30:18	1:30:01
249.	1038	Dave Hall	m	Veteran 50	Honister 92	1:30:21	1:29:45
250.	1297	Anne Lewis	f	Lady Veteran 60	Independent	1:30:47	1:30:27
251.	1047	Tracy Brown	f		Sedgefield Harriers	1:30:51	1:30:37
252.	1048	Steve Foreman	m	Veteran 40	Sedgefield Harriers	1:30:51	1:30:38
253.	1177	Nicki Hewson	f		U/A Solihull,	1:31:07	1:31:02
254.	1254	Lisa Hinze	f	Lady Veteran 40	U/A Chester, Flintshire	1:31:16	1:30:27
255.	1302	Craig Hazeldine	m	Veteran 50	U/A Blackpool, Lancashire	1:31:19	1:30:54
256.	1335	Carlita Rossou	f	Lady Veteran 50	U/A Hedel,	1:31:31	1:31:29
257.	1424	Jan Molyneux	f	Lady Veteran 40	U/A Manchester,	1:31:37	1:31:02
258.	1127	Sarah Vickery	f	Lady Veteran 40	Rayleigh Road Runners	1:31:47	1:31:02
259.	1224	Maureen Lees	f	Lady Veteran 40	U/A Strathaven, Lanarkshire	1:32:03	1:31:18
260.	1428	Eilidh Simpson	f	Lady Veteran 50	U/A East Kilbride, Lanarkshire	1:32:04	1:31:19
261.	1413	jennifer Hayward	f	Lady Veteran 50	U/A Lincoln, Lincolnshire	1:32:16	1:32:02
262.	1132	Natasha Goodbrand	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:32:19	1:32:02
263.	1370	Susan Hotchkiss	f	Lady Veteran 50	N/A	1:32:19	1:31:52
264.	1323	Laraine Lindsey	f		U/A Clitheroe,	1:32:22	1:31:50
265.	1210	Amelie Baron	f		U/A Windermere, Cumbria	1:32:24	1:31:59
266.	1239	James Spelling	m		U/A Crawley, West Sussex	1:32:28	1:32:01
267.	1116	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:32:29	1:32:04
268.	1387	Laura Lindley	f		U/A Liverpool, Merseyside	1:32:35	1:32:22
269.	1412	Ian Scott	m	Veteran 50	U/A Liverpool, Merseyside	1:32:35	1:32:22
270.	1295	Adam Stephenson	m		U/A Kendal, Cumbria	1:32:36	1:32:14
271.	1042	Niki Stockton	f	Lady Veteran 40	Swinton Running Club	1:32:37	1:32:06
272.	1162	David Ellicott	m		U/A Askern, South Yorkshire	1:32:50	1:32:27
273.	1106	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:32:56	1:32:53
274.	1000	joe dobbs	m	Veteran 70	independent	1:32:58	1:32:18
275.	1278	Gilly Hayton	f		PB	1:32:59	1:32:18
276.	1035	Rachael Hamblin	f	Lady Veteran 40	U/A Brampton, Cumbria	1:33:08	1:32:44
277.	1396	Philip Curwen	m	Veteran 60	U/A preston, LANCS	1:33:10	1:32:52
278.	1314	Zoe Kitchen	f		U/A Morecambe, Lancashire	1:33:13	1:33:10
279.	1316	Briony Theobald	f		U/A Kendal, Cumbria	1:33:34	1:33:09
280.	1060	Laura Clements	f	Lady Veteran 50	U/A Penrith, Cumbria	1:33:41	1:33:31
281.	1330	Isabelle Bond	f		U/A Southport,	1:33:50	1:33:22
282.	1206	Nikki Saunders	f	Lady Veteran 40	U/A Hexham, Northumberland	1:33:51	1:33:39
283.	1392	Leanne Morgan-Hillam	f		U/A Wigan, Lancashire	1:34:20	1:34:02
284.	1343	Linda Bates	f	Lady Veteran 40	U/A Morecambe, Lancs	1:34:39	1:34:12
285.	1304	Rachel Brownsmith	f		U/A Lancaster,	1:34:43	1:34:17
286.	1364	Maria Middlebrough	f	Lady Veteran 50	U/A Haslingden, Lancashire	1:34:47	1:34:40
287.	1382	Kath Saunders	f	Lady Veteran 50	DH Runners	1:34:48	1:34:33
288.	1425	Isla Fitzgerald	f	Lady Veteran 40	U/A kendal ,	1:34:52	1:34:36
289.	1388	Sarah Corbett	f		Me	1:34:52	1:34:37
290.	1351	neil stirling	m	Veteran 70	U/A cartmel, cumbria	1:35:18	1:34:41
291.	1157	Janine Jordan	f		U/A Oldham,	1:35:18	1:34:48
292.	1045	Nick Archer	m	Veteran 40	U/A Manchester,	1:35:32	1:34:56
293.	1166	Carolyn Harker	f		U/A Kendal , Cumbria	1:35:41	1:35:00
294.	1141	samantha hodgson	f	Lady Veteran 40	U/A grange over sands, cumbria	1:36:04	1:35:37
295.	1178	Rachel Brine	f		U/A Manchester,	1:36:31	1:35:49
296.	1046	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:36:58	1:36:24
297.	1321	Juliet Rodgers	f	Lady Veteran 50	U/A London,	1:37:06	1:36:19
298.	1385	Alasdair McKelvie	m	Veteran 50	U/A Brough, East Yorkshire	1:37:22	1:37:13
299.	1115	Sue Goldrick	f	Lady Veteran 50	U/A Manchester,	1:37:32	1:37:01
300.	1136	Andrew Jones	m		U/A Prescott, Merseyside	1:37:51	1:37:12
301.	1090	Anna Walton	f	Lady Veteran 40	None	1:38:02	1:37:38
302.	1017	Martin Stanley	m	Veteran 40	U/A Wirral, Merseyside	1:38:33	1:38:10
303.	1196	Jenny Scott	f	Lady Veteran 40	U/A Sale, Cheshire	1:38:34	1:38:11
304.	1156	Penny Wilmott	f	Lady Veteran 40	U/A Newcastle upon Tyne,	1:38:46	1:38:12
305.	1182	Margaret Robinson	f	Lady Veteran 50	U/A Huddersfield, West yorkshire	1:38:48	1:38:15
306.	1181	Chris Robinson	m	Veteran 50	U/A Huddersfield, West Yorkshire	1:38:57	1:38:25
307.	1126	Nicola Cave	f	Lady Veteran 40	U/A Lytham St Anne's , Lancashire	1:39:03	1:38:52
308.	1021	Ron McCormack	m	Veteran 60	Alnwick Harriers	1:39:16	1:39:08
309.	1431	Michelle McCrory	f		U/A Manchester,	1:39:39	1:39:24
310.	1095	Sheila Gillie	f	Lady Veteran 60	U/A Lancaster,	1:39:43	1:39:14
311.	1337	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:40:05	1:39:29
312.	1137	Peter Lane	m		U/A Bury St Edmunds, Suffolk	1:40:21	1:39:41
313.	1093	Charles Crossland	m		U/A Holmfirth,	1:40:34	1:39:54
314.	1378	Heidi Martin	f		St.Bees Triers	1:40:37	1:40:15
315.	1305	Alicia Knott	f		U/A Stockport, Cheshire	1:40:45	1:40:20
316.	1150	Gillian McCready	f	Lady Veteran 40	U/A Glasgow,	1:41:00	1:40:26
317.	1220	Frances Webber	f		U/A Worcester,	1:41:32	1:40:44

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	1223	Catharine Yates	f	Lady Veteran 40	U/A Worcester, worcs	1:41:32	1:40:44
319.	1219	Anna Brohan	f		U/A Worcester,	1:41:33	1:40:45
320.	1168	Julie Loftus	f	Lady Veteran 40	U/A Bolton, Lancashire	1:41:41	1:41:09
321.	1183	Ursula Collie	f	Lady Veteran 50	U/A Richmond, North Yorks	1:42:01	1:41:46
322.	1417	Sally Hislop	f	Lady Veteran 40	U/A Heswall, Wirral	1:42:25	1:42:14
323.	1180	Julie Spencer	f	Lady Veteran 40	U/A Neston, Cheshire	1:42:31	1:42:01
324.	1130	Gillian O'boyle	f	Lady Veteran 40	U/A warrington, Cheshire	1:43:47	1:43:00
325.	1027	Helen Scott	f		U/A Osgodby,	1:44:26	1:44:14
326.	1187	Louise Murray	f	Lady Veteran 50	U/A Manchester,	1:45:14	1:44:31
327.	1094	Hilary Chuter	f	Lady Veteran 50	U/A Lancaster,	1:45:15	1:44:45
328.	1049	Kathryn Wesley	f	Lady Veteran 50	U/A Livingston, West Lothian	1:45:18	1:44:32
329.	1270	David Gamberini	m		Rocktart Runners	1:49:29	1:48:47
330.	1395	Helen Warwick	f	Lady Veteran 40	None	1:49:56	1:49:10
331.	1248	Briony Fane	f	Lady Veteran 50	U/A London, London	1:50:08	1:49:21
332.	1341	Antoinette Edwards	f	Lady Veteran 40	U/A Manchester, Lancashire	1:50:08	1:49:21
333.	1267	Lorna Gamberini	f	Lady Veteran 50	Rocktart Runners	1:50:28	1:49:46
334.	1172	Judy Lightfoot	f	Lady Veteran 50	U/A Carlisle, Cumbria	1:50:28	1:49:48
335.	1058	Emma Nicholls	f		U/A Millom, Cumbria	1:50:30	1:49:11
336.	1184	Rosie KAur	f	Lady Veteran 40	U/A Frodsham,	1:50:31	1:50:02
337.	1354	Caroline Noon	f	Lady Veteran 50	U/A London,	1:50:40	1:49:55
338.	1189	Rose Dodd Adkins	f	Lady Veteran 40	U/A Holmfirth, West Yorkshire	1:50:55	1:50:08
339.	1155	Anne Kirkwood	f	Lady Veteran 40	U/A Glasgow, Scotland	1:50:58	1:50:16
340.	1391	Debbie Chisnall	f	Lady Veteran 40	U/A Wigan, Lancashire	1:51:01	1:50:42
341.	1436	Andrew Wood	m	Veteran 40	U/A Leigh, Lancashire	1:51:01	1:50:42
342.	1170	Charlotte Maybury	f	Lady Veteran 50	FRCC	1:51:28	1:51:03
343.	1128	Jane Patel	f	Lady Veteran 50	COLT	1:51:50	1:51:07
344.	1163	Hannah Phillips	f		U/A Manchester,	1:55:59	1:55:10
345.	1443	Chris Robson	m	Veteran 70	st bees trier	2:04:13	2:04:12
346.	1161	Samantha Crampton	f		U/A Esh Winning,	2:04:18	2:04:16
347.	1109	Jennifer Taylor	f		U/A Ulverston, Cumbria	2:04:36	2:04:35
348.	1201	Margaret Lawson	f	Lady Veteran 70	U/A Newcastle Upon Tyne, Tyne and Wear	2:08:50	2:08:48
349.	1119	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	2:11:55	2:11:50
350.	1118	Gina Scorer	f	Lady Veteran 40	U/A Durham, Durham	2:11:57	2:11:52
351.	1199	Erica Gardner	f	Lady Veteran 40	U/A Manchester,	2:21:22	2:20:53
352.	1198	Stephen Ivey	m	Veteran 40	U/A Manchester, Gtr Manchester	2:21:23	2:20:54

Number of records: 352