

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR	10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2019 14-18K Series Results : Men													
1.	Holdsworth, Chris	Team inov-8		1000	1000	1000							3000
2.	Brunger, Paul	Derwent Valley Running Club		997	998	994							2989
3.	Jackson, David	Horwich RMI Harriers		998	996	985							2979
4.	corless, Chris	Team mountain fuel		992	989	972							2953
5.	crawley, ryan	U/A Carlisle, Cumbria		981	987	978							2946
6.	foster, andrew	liverpool pembroke & sefton		980	982	969							2931
7.	Birket, Matthew	Manchester Road Runners		965	986	976							2927
8.	Roome, Peter	Southport Waterloo AC		978	979	964							2921
9.	gregory, paul	unattached		976	981	960							2917
10.	Smith, Chris	Keswick AC		986	970	961							2917
11.	Connolly, David	U/A Burscough, Lancs		966	977	959							2902
12.	Bretherton, Colin	U/A Ormskirk, Lancashire		971	978	943							2892
13.	Fishpool, Peter	U/A		967	958	944							2869
14.	Bittner, Jiri	U/A Sedbergh , Cumbria		971	922	948							2841
15.	Pye, Andrew	U/A Kendal, Cuumbria		951	953	913							2817
16.	Spowart, Richard George	U/A Spennymoor, Durham		927	924	937							2788
17.	Davies, Chris	U/A Witton le wrar, Durham		937	929	889							2755
18.	spowart, john	U/A Spennymoor, Durham		908	923	918							2749
19.	Cuthbert, philip	wallasey ac		898	930	917							2745
20.	Brophy, Dominic	U/A kirkham, Lancashire		925	916	887							2728
21.	Stainthorpe, Ian	Rochdale Harriers		918	840	946							2704
22.	Smith, Gary	COLT		902	906	891							2699
23.	MacNamee, Ian	Erewash Valley Running Club		910	898	886							2694
24.	Crate, Jeremy	U/A Bedlington , Northumberland		888	896	901							2685
25.	Lashley, Pete			886	892	880							2658
26.	Minns, Gary	U/A Bishop Auckland,		885	897	870							2652
27.	Fawdington, Rob	U/A Linlithgow, West Lothian		851	914	869							2634
28.	coupe, graham	Wirral Vikings TRC		926	824	839							2589
29.	parker, alan	U/A stoke on trent,		837	879	859							2575
30.	Nagar, Igal	U/A Sutton Coldfield, West Midlands		855	866	849							2570
31.	kelly, paul	U/A St helens,		895	857	813							2565
32.	Yates, Andy	U/A Colwyn Bay, Conwy		847	849	851							2547

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
33.	Wright, Tom	U/A Lytham St.Annes, Lancashire		839	876	818						2533
34.	Cattermole, Gary	U/A Kendal, cumbria		859	869	800						2528
35.	Ryan, Chris	SW Running Crew		861	767	877						2505
36.	Meeten, Jon	U/A Manchester,		852	836	804						2492
37.	Carrick, Neil	West Cumbria Tri		831	842	806						2479
38.	Ryan, Fergus	SWRC		858	788	827						2473
39.	Tippin, Frank			799	833	840						2472
40.	Clemmens, Paul	Rotherham Harriers		854	795	780						2429
41.	Paterson, Neil	U/A Hexham, Northumberland		779	823	815						2417
42.	wilson, john	U/A Lytham, Lancashire		836	797	781						2414
43.	Cowell, Damian	Warrington Running Club		817	808	784						2409
44.	Gillman, Darren	Trail Running Association		697	873	838						2408
45.	burgess, steven	thornton cleveleys running club		789	902	711						2402
46.	Cruickshank, Stephen	U/A Formby,		825	775	797						2397
47.	Moston, David	Wirral Vikings		897	757	742						2396
48.	Davenport, Ian	U/A Harrogate, North yorkshire		804	805	783						2392
49.	Hollowbread, Andrew	U/A DURHAM, Co Durham		802	793	762						2357
50.	Burkitt, Michael	U/A Lancaster, Lancashire		803	815	713						2331
51.	Poole, Simon	St Helens Striders		798	773	757						2328
52.	Jackson, Andrew	Unattached		771	784	761						2316
53.	Aldam, Mark	U/A Kendal,		787	790	725						2302
54.	ARMSTRONG, MICHAEL	sunderland strollers		751	796	746						2293
55.	Barrett, Neil	U/A Preston, Lancashire		782	765	745						2292
56.	Brocklehurst, Mark	Warrington Youth Club		778	744	753						2275
57.	ryder, john	U/A wetherby,		759	848	668						2275
58.	Simpson, MARTIN	Red Rose Road Runners		687	777	802						2266
59.	Lawson, Tom	U/A Maryport, Cumbria		792	760	709						2261
60.	Furphy, Chris	U/A Guisborough,		769	735	733						2237
61.	knowles, Timothy	none		795	835	601						2231
62.	Medlicott, Peter	Warrington Road Runners		701	821	700						2222
63.	Bateman, Tim	U/A Preston , Lancashire		786	725	704						2215
64.	Nelson, Michael	U/A Barrow in Furness, Cumbria		766	740	708						2214
65.	Spear, Jason	U/A Chorley, Lancashire		776	741	693						2210

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
66.	Welsh, Michael	U/A Northallerton, North Yorkshire		761	727	710						2198
67.	Longworth, Stephen	U/A Sheffield, South Yorkshire		801	689	707						2197
68.	Schofield, Graham	Chorley Harriers		756	737	703						2196
69.	Watson, Richard	U/A Allithwaite, Cumbria		743	719	732						2194
70.	Rankine, Andy	U/A Chorley, Lancashire		764	715	690						2169
71.	Jardine, James	U/A Penrith, Cumbria		753	693	721						2167
72.	Pleasance, Robert	U/A Manchester, Greater Manchester		820	701	642						2163
73.	Skelton, Richard	None of the above		745	730	663						2138
74.	Myatt, Robert	U/A Stoke on trent, Staffordshire		768	710	654						2132
75.	Bidwell, Clement	U/A Salford,		731	714	683						2128
76.	Harris, John	U/A Bradford, County (optional)		730	703	671						2104
77.	TRELFA, AUSTIN	Red Rose Road Runners		728	708	659						2095
78.	Mcnicholl, Stewart	U/A Morpeth , Northumberland		720	694	650						2064
79.	Kinner, Phil	U/A Ashby De La Zouch,		696	733	633						2062
80.	Lomas, Martin	U/A Warrington, Cheshire		685	641	716						2042
81.	Stout, John	U/A Leigh, Greater Manchester		698	698	644						2040
82.	Towers, Paul	U/A Morecambe,		771	660	600						2031
83.	tattersall, John	York Acorn running club		710	680	620						2010
84.	Jenner, Anthony	U/A Sunderland, Tyne and Wear		689	678	631						1998
85.	Cox, Jonathan	Eden Runners			999	998						1997
86.	Raven, Gareth			996		999						1995
87.	Spickett, Gavin	Tynedale Harriers		704	658	630						1992
88.	Metcalfe, Anthony	Ramsbottom Running Club		700	664	623						1987
89.	Henderson, Steven	Sale Harriers Manchester			992	986						1978
90.	Gibson, Andrew	U/A Cockermouth, Cumbria		690	662	622						1974
91.	Gregson, Wayne	Endurance Store			991	981						1972
92.	Sutcliffe, Neil	Blackburn Road Runners		688	659	619						1966
93.	Webster, Garry	U/A Ambleside, Cumbria		684	661	618						1963
94.	Roberts, Ian	LIVERPOOL PEMBROKE AND SEFTON HARRIERS			983	980						1963
95.	Carr, Sam	Liverpool Pembroke & Sefton		979		970						1949
96.	Allison, Mike	Eden Runners		973		963						1936
97.	Ionsdale, philip	U/A durham,		955	964							1919
98.	Thornton, Scott	U/A Carlisle, Cumbria		962	955							1917

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99.	SWIRE, JAMES	U/A Southport, Merseyside		680	636	596						1912
100.	Crompton, Sam	U/A Crosthwaite , Cumbria			960	947						1907
101.	Abram, Stephen	U/A Warrington , Cheshire		963		942						1905
102.	Graham, Chris	U/A winderemere,		942	962							1904
103.	cleary, denis	none		950	947							1897
104.	Siddoway, Jack	U/A Newcastle Upon Tyne			971	926						1897
105.	Madge, Luke	U/A Chopwell , Newcastle Upon Tyne		953	942							1895
106.	Leeson, Nigel	Macclesfield Canoe Club		948	938							1886
107.	Perren, Steve	Meltham			946	939						1885
108.	Oldendorp, Ben	U/A Blackpool , Lancashire		919	954							1873
109.	Phillips, Andy	U/A Manchester, Greater Manchester			936	929						1865
110.	Palmer, Mark	Achille Ratti		869	994							1863
111.	Barr, Alan	Howgill Harriers			935	924						1859
112.	George, Tom	U/A SELBY,		957		897						1854
113.	Pollock, Jason	Border Reiver Runners		920	921							1841
114.	Hatton, Richard	U/A Mr ulverston, Cumbria			919	921						1840
115.	Croft, Ian	Red rose road runners		928	910							1838
116.	Logan, David	U/A Brighouse,			940	896						1836
117.	Hough, Luke	U/A Chorley, Lancashire			912	914						1826
118.	Hargreaves, Christopher	Red rose runners		916		907						1823
119.	Parker, Steve	U/A Chester, Cheshire			917	890						1807
120.	Towler, George	U/A Urmston,		939		867						1806
121.	Whalley, Ian	U/A Huddersfield, West Yorkshire		930		848						1778
122.	Elder, John	U/A Oldmeldrum, Aberdeenshire		871		905						1776
123.	Horobin, Darren	U/A Hemsworth,		921		854						1775
124.	Elliott, Paul	Meltham ac			886	875						1761
125.	Smith, Richard	U/A Ackworth, West Yorkshire		906	855							1761
126.	Bennett, Christopher	GOG Triathlon Club			882	873						1755
127.	Taylor, Stuart	U/A Preston, Lancashire		917		836						1753
128.	TOSH, GARETH	U/A Halifax,		844	893							1737
129.	Boylin, Philip	U/A Hexham, Northumberland		865	854							1719
130.	Waterhouse, Steve	U/A Blackpool ,		894	816							1710
131.	WrightRosie, Simon	U/A MILLOM, Cumbria		849	861							1710

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132.	Gooding, Adrian	Quakers		882		823						1705
133.	Gibson, Mark	U/A Whitehaven, Cumbria		841		864						1705
134.	Clarke, Stephen	U/A Kelsall, Cheshire			871	828						1699
135.	Mitchell, Iain	Red Rose Road Runners		873		816						1689
136.	Bayliss, David	Red Rose Road Runners			834	852						1686
137.	Tilbury, Martin	U/A Sale, Cheshire		772	908							1680
138.	Cairns, Stuart	U/A Whitley Bay, Tyne and Wear		821	856							1677
139.	roberts, rich	elswick		872	802							1674
140.	Rogerson, Nick	U/A Wallsend,		863	810							1673
141.	Newby, Colin	U/A Newcastle Upon Tyne, Tyne and Wear			950	723						1673
142.	Henshaw, Paul	U/A Altrincham ,		814	857							1671
143.	Neill, Paul	Warrington Running Club		874		786						1660
144.	Wilcock, Adam	U/A Old Langho, Lancashire			878	764						1642
145.	Gilbert, David	U/A Liverpool, Merseyside		842		798						1640
146.	Lloyd, Christian	Meltham AC			850	790						1640
147.	Charles, Philip	U/A Glasgow,		850	781							1631
148.	Cleworth, John	U/A Timperley Cheshire		902		722						1624
149.	Charles, Terry	Wirral Vikings TRC.		820		803						1623
150.	Lewis, Dan	Keswick AC			843	773						1616
151.	Brooks, Neil	U/A Preston		826	785							1611
152.	Hodgson, Callum	U/A London,		799		811						1610
153.	Davidson, Andrew	U/A Altrincham, Cheshire		723	887							1610
154.	Johnson, Simon	U/A Kendal, Cumbria		797	812							1609
155.	Wood, Mike	U/A Ryton, Tyne &Wear		807	801							1608
156.	Jordan, David	U/A Kendal, Cumbria		853		751						1604
157.	Harper, Tim	U/A Nottingham, Nottinghamshire		773	829							1602
158.	Lester, Stephen	Cumberland Fell Runners			831	768						1599
159.	Hill, Paul	N/A		800	794							1594
160.	Robinson, Steven	Thornton Cleveleys Running Club		790		795						1585
161.	O'Boyle, Andrew	U/A Warrington, Cheshire		877		701						1578
162.	Spowart, David	U/A Spennymoor, Durham		815		758						1573
163.	Kelly, Graham	U/A Liverpool, Merseyside		788	778							1566
164.	Alldred, Karl	U/A Warrington, Cheshire		830	734							1564

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165.	Taylor, Alan	U/A Rochdale, Greater Manchester			875	689						1564
166.	Mitchell, Michael	U/A ULVERSTON, Please Select...		833	729							1562
167.	harrison, roger	cheshire hash house harriers		809	752							1561
168.	Cookson, Paul	U/A Altrincham, Cheshire		879		678						1557
169.	Aiken, David	Quakers Running Club			908	646						1554
170.	Greener, Richard	U/A Newbiggin-on-Lune,			806	748						1554
171.	Humphreys, James	U/A Bury,		846		706						1552
172.	Owen, Jamie	U/A leyland,		836		715						1551
173.	Owen, William	U/A Leyland ,		837		714						1551
174.	Roche, Paul	U/A Chester,		750	792							1542
175.	Donkersley, Philip	U/A Lancaster, Lancashire			870	655						1525
176.	Bell, Stuart	Kendal AC			772	747						1519
177.	Bamforth, John	U/A Wigton, Cumbria			755	763						1518
178.	Moss, Paul	Garstang Running Club			754	754						1508
179.	McMullen, Shaun	U/A Kendal,			768	730						1498
180.	Mylett, Peter	Wirral Vikings TRC			758	740						1498
181.	Cowie, Stuart	U/A Warrington, Cheshire			759	737						1496
182.	Rayner, Ian	Roundhay Runners			748	743						1491
183.	Price, Michael	Team inov-8		752	738							1490
184.	Wallace, Neil	U/A Carlisle, Cumbria			728	759						1487
185.	Howe, Gary	U/A Manchester, Lancashire			750	727						1477
186.	Swift, Mike	U/A Manchester, Manchester		774		680						1454
187.	Stokes, Richard	FRA		747	702							1449
188.	Borrill, Jason	U/A Littleborough, Lancashire			723	724						1447
189.	Lewis, Owen	Independent		712		728						1440
190.	Haddow, Patrick	U/A Fleetwood, Lancashire		822		616						1438
191.	Clarke, Andrew	Running Rebels		737	700							1437
192.	Maxwell, Anthony	U/A Bolton,			713	717						1430
193.	Conway, Darren	U/A Lancaster , Lancashire			743	687						1430
194.	Davies, Mark	U/A Formby, Merseyside			709	697						1406
195.	Hall, Andrew	U/A Appley Bridge,		727	673							1400
196.	mckernan, alec	U/A Southport, Merseyside			712	686						1398
197.	Arthur, Dave	U/A Oxford, Oxfordshire			647	749						1396

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198.	Deed, Alan	Trawden Athletic club		709	683							1392
199.	Stevens, Joe	U/A Ormskirk, Lancashire		732		657						1389
200.	trubshaw, jon	U/A Ormskirk, Lancashire		733		656						1389
201.	Cannell, Mark	U/A Wigan, Lancashire			722	664						1386
202.	Cranham, Matthew	Skelmersdale boundary Harriers			666	718						1384
203.	Wightman, Colin	Merseytri			699	672						1371
204.	Taylor, Ian	None			707	660						1367
205.	Oulton, Greg	Lytham St Annes Road Runners		724		628						1352
206.	Higson, Dave	U/A kendal, cumbria			704	648						1352
207.	Merritt, Jon	U/A Keswick, Cumbria			688	662						1350
208.	Morris, Roy	BTR Road Runners		694	651							1345
209.	McCarthy, John	U/A Warrington, Cheshire			705	636						1341
210.	Plant, Mike	U/A Warrington,		683	640							1323
211.	Balson, Matthew	U/A Kirkham, Lancashire		703		607						1310
212.	Pearce, Craig	N/A			669	635						1304
213.	Carr, Paul	st helens striders			668	632						1300
214.	Bell, Cameron	U/A Lewes, East Sussex			649	625						1274
215.	Ward, gary	St Helens Striders			656	614						1270
216.	Ronaldson, Cameron	U/A Manchester , Lancashire		999								999
217.	Miller, Dan	Endurance store trail team		998								998
218.	Doey, Matthew	Kendal AAC			997							997
219.	Scott, Jordan	Morpeth Harriers				997						997
220.	Mcparlant, Daniel	U/A New Longton, Lancashire				996						996
221.	Gregory, Michael	Ulverston Tri Club		995								995
222.	Ware, Eddie	U/A London, - -			995							995
223.	Fabes, Stephen	Mornington Chasers				995						995
224.	Simpson, Andy	Barrow Runners		994								994
225.	Green, Sam	Team Inov 8		993								993
226.	Wilson, Richard	Kendal AC			993							993
227.	Williams, Joshua	U/A Glossop, Derbyshire				993						993
228.	O'Neill, Shane	U/A Edgware, Middx				992						992
229.	Singleton, Paul	Ambleside AC		991								991
230.	Jones, Craig	YMCA Manchester Harriers				991						991

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
231.	Griffiths, Paul	U/A Liverpool,		990								990
232.	Heppell, Andrew	Gosforth Harriers				990						990
233.	Moon, Jonathan	Sowerby Bridge Snails R.C		989								989
234.	Marsh, Craig	Keswick AC				989						989
235.	Hartley, Dan	Black Combe Runners		988								988
236.	Klavon, Martin	U/A Huddersfield, West Yorkshire			988							988
237.	Thacker, Daniel	U/A Salford, Greater Manchester				988						988
238.	Sisson, William	U/A Grange over sands,		987								987
239.	Pearson, Christopher	Vegan Runners				987						987
240.	Nicholson, Tom	Lancaster University Running Club		985								985
241.	Bettinson, Guy	St Bees Triers			985							985
242.	Hewitt, James	U/A Orrell, Lancashire		984								984
243.	oldfield, martin	darwen dashers			984							984
244.	Clark, Matt	Helm Hill				984						984
245.	Taylor, Adam	Kendal AAC		983								983
246.	Firth, Adam	U/A ALTRINCHAM, Cheshire				983						983
247.	Anthony, Matt	U/A Manchester,		982								982
248.	Moore, Benedict	Gosforth Harriers				982						982
249.	Lyons, Adam	U/A Lisburn,			980							980
250.	Blamire, Leo	U/A Castle Douglas,				979						979
251.	Greenwood, John	U/A Keighley, West Yorkshire		977								977
252.	Johnston, Connor	Victoria Park Harriers				977						977
253.	Bacon, Phil	U/A Birkenhead			976							976
254.	Upton, Sam	Witney Road Runners				975						975
255.	Gudgeon, Ben	U/A Heysham, Lancashire		975								975
256.	Durriss, Frazer	Trawden AC			975							975
257.	Coupe, Robert	Black Combe Runners		974								974
258.	Kaul, Robert	U/A Ashbourne, Derbyshire			974							974
259.	Robertson, Struan	U/A Dunblane ,				974						974
260.	Carvello, James	Roundhay Runners			973							973
261.	Cooper, Stephen	U/A Ealing, London				973						973
262.	Lowrie, Bryan	U/A Grange over sands ,		972								972
263.	Merton, Colin	Windrush Triathlon Club			972							972

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264.	Lawson, Shaun	Easingwold				971						971
265.	Baratta, Francisco	Team inov-8		970								970
266.	husson, Sylvain	U/A Liverpool, Merseyside		969								969
267.	Grimshaw, Andrew	U/A Leyland, Lancashire			969							969
268.	Coward, Darren	Glaxo hoad hill harriers		968								968
269.	brosse, yulan	U/A grassington, SKIPTON			968							968
270.	Kibble, Jeremy	Metro Aberdeen Running Club				968						968
271.	Astles, Chris	U/A wimblodsley,			967							967
272.	Bourke, Maurice	U/A Newcastle,				967						967
273.	Shimmin, Saul	U/A Bolton,			966							966
274.	goikoetxea, ander	U/A Lincoln,				966						966
275.	Little, Matthew	Trawden running club			965							965
276.	Gora, Simon	Garstang RC				965						965
277.	cushion, peter	wirral vikings trc		964								964
278.	Jackson, Robert	ProwBoBob			963							963
279.	Goldsmith, Bryan	Mornington Chasers				962						962
280.	Tadeusiak, Andrzej	U/A LANCASTER, Lancashire		961								961
281.	Bethune, Iain	Run Sandymoor			961							961
282.	Armstrong, Dayle	U/A Carlisle, Cumbria		960								960
283.	Hunter, Daniel	U/A Carlisle, Cumbria		959								959
284.	Mason, Michael	U/A Ormskirk , Lancashire			959							959
285.	Strachan, Andrew	U/A Manchester,		958								958
286.	Griffiths, Mark	Manchester YMCA Harriers				958						958
287.	Walker, David	Sedgefield Harriers			957							957
288.	Johnson, Rob	U/A Stockport,				957						957
289.	Blakeley, Matthew	Roundhay Runners		956								956
290.	Barritt, Justin	U/A Manchester, Greater Manchester			956							956
291.	Gray, Jonathan	Richmond & Zetland harriers				956						956
292.	Gwilym, Matthew	U/A Belmont, Durham				955						955
293.	Anderson, Dougal	U/A Carlisle, Cumbria		954								954
294.	Chapman, Shane	U/A SWADLINCOTE, ---Please Select---				954						954
295.	Barnes, George	York acorn r c				953						953
296.	Rodriguez, Pedro	U/A Liverpool,		952								952

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Dale, Graham	U/A Wigan, Lancashire			952							952
298.	Sutton, Dan	Swinton Running Club				952						952
299.	Clokey, Andrew	U/A Lancaster , Lancashire			951							951
300.	Armstrong, John	Mornington Chasers				951						951
301.	Woodley, Philip	West Cheshire AC				950						950
302.	Moss, Marcus	Roundhay Runners		949								949
303.	Coleman, Dom	U/A BURY, Greater Manchester			949							949
304.	Wilson, John	Northbrook AC				949						949
305.	Calder, David	Westerlands Cross Country Club			948							948
306.	Boardman, Steven	U/A Preston, Lancashire		947								947
307.	Holmes, Nick	Tattenhall runners		946								946
308.	Sykes, Rich	Spa Striders		945								945
309.	Duncan, Mark	Lanehead Runners			945							945
310.	Mallender, Stuart	Team Nidderdale				945						945
311.	Whittle, Paul	U/A Bickerstaffe, Lancashire		944								944
312.	Duff, Raymond	U/A Dumfries,			944							944
313.	Crook, Ian	Barrow Striders			943							943
314.	Woodruffe, Stephen	Red rose Road runners		943								943
315.	Spencer, Adrian	Barrow Runners		941								941
316.	Hankins, Richard	Helsby Running Club			941							941
317.	Jarrett, Austin	Dawn Jarrett				941						941
318.	Evans, Tom	N/A		940								940
319.	Newby, Colin	U/A Kirkby-in-Furness, Cumbria				940						940
320.	Hemming, Rob	U/A Edinburgh,		939								939
321.	Burne, Dave	U/A Wendover , Bucks			939							939
322.	Dalziel, David	U/A Appleby-in-Westmorland, Cumbria		938								938
323.	Roberts, Aaron	Trail Tuesday				938						938
324.	Jobes, Peter	Heaton Harriers & AC			937							937
325.	Ferguson, Dave	U/A Carlisle ,		936								936
326.	Lancashire, Paul	Wesham Road Runners				936						936
327.	Maudsley, Ian	U/A Sale, Cheshire		935								935
328.	Lawrenson, Lee	Red Rose Road Runners				935						935
329.	Vincent, Robert	U/A Leeds,		934								934

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
330.	Hoyle, Ben	U/A Penrith, Cumbria			934							934
331.	Wilson, Kevin	Racing Team Dawson				934						934
332.	Beckett, Neil	UTS Run Club		933								933
333.	Cannon Jones, Nick	U/A Ulverston			933							933
334.	Pollitt, David	Leigh Harriers				933						933
335.	Entwistle, Stephen	Wirral Vikings TRC		932								932
336.	Snaith, Alex	U/A MANCHESTER, GREATER MANCHESTER			932							932
337.	Stratton, Thomas	U/A Radcliffe,				932						932
338.	Buckell, James	U/A MILTON KEYNES, Bucks		931								931
339.	sale, Andrew	merseytri			931							931
340.	thomas, kevin	gosforth harriers				931						931
341.	Pyrah, John	U/A London,		930								930
342.	Page, Mike	U/A Lancaster,				930						930
343.	Herrington, Isaac	U/A Ilkley,		929								929
344.	Rice, David	Keswick AC			928							928
345.	Sutherland, Andrew	U/A Milnthorpe, Cumbria				928						928
346.	White, Scott	Cambridge & Coleridge			927							927
347.	Penhale, Bruce	Trafford AC				927						927
348.	johnson, leslie	Northwich Running Club			926							926
349.	Cobb, Chris	Roudhay Runners			925							925
350.	Daniels, Simon	Gosforth Harriers & AC				925						925
351.	Burns, Alex	U/A Kendal ,		924								924
352.	Stockton, Daniel	The Fell Devils		923								923
353.	Ashton, Carl	U/A WARRINGTON,				923						923
354.	Stockdale, Kev	Preesall Fire		922								922
355.	Everard, Gordon	Lancaster & Morecambe AC				922						922
356.	Davies, David	U/A Nr. Ulverston, Cumbria			920							920
357.	Read, Aidan	U/A Southport,				919						919
358.	Haughton, Nick	U/A Lancaster, Lancashire			918							918
359.	Woolgar, Philip	Metres to Miles				916						916
360.	Johnston, Nicholas	U/A Morpeth,		915								915
361.	Newman, James	None			915							915
362.	Barnes, Pat	U/A Leeds, Yorkshire				915						915

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Mellor, Andy	U/A Sale,		914								914
364.	reed, peter	Northumberland Fell Runners		913								913
365.	Barr, Nick	Forres Harriers			913							913
366.	Hughes, Daniel	Red Rose Road Runners		912								912
367.	Clarke, Ben	Team Nidderdale				912						912
368.	Aldred, Mark	U/A Durham,		911								911
369.	Kirk, Tom				911							911
370.	Dunn, Stephen	Blackpool wyre and Fylde AC				911						911
371.	Kinrade, Richard	U/A Liverpool , Merseyside				910						910
372.	Day, Mark	U/A High Peak, Derbyshire		909								909
373.	Heaton, Gavin	U/A Stockport,			909							909
374.	Ashwin, Thomas	Wirral Vikings trc				909						909
375.	Thirkell, Robert	U/A East Boldon, Tyne and Wear				908						908
376.	Williams, Barry	Mersey Tri		907								907
377.	McGinley, Adam	U/A Carlisle, Cumbria			907							907
378.	Weir, Jacob	U/A Preston,				906						906
379.	McGurk, Stuart	Kendal		905								905
380.	Holmes, Mark	U/A Southport , Merseyside			905							905
381.	Smart, Chris	Sowerby Bridge Snails		904								904
382.	Shepherd, Andrew	Tunbridge Wells Harriers			904							904
383.	Davies, David	U/A Lowick, Cumbria				904						904
384.	Garcia Rodriguez, Oscar	Aguas Nuevas		903								903
385.	Pilkington, Chris	U/A Preston, Lancashire			903							903
386.	Garside, Ciaran	U/A Stockport,				903						903
387.	Clements, Mike	U/A Southport,			902							902
388.	Harvey, Mike	North Shields Poly				902						902
389.	Heaphy, Liam	U/A Warrington, Cheshire		901								901
390.	Newman, Mark	U/A Cambridge,			901							901
391.	DIXON, IAN	U/A STOCKPORT, CHESHIRE		900								900
392.	Harrod, Andy	Lonsdale Fell Runners			900							900
393.	Hall, Jonty	U/A Altrincham ,				900						900
394.	Macgregor, Hugh	U/A Glasgow,		899								899
395.	Busfield, Malcolm	Ashbourne Running Club			899							899

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	Bryan, Andrew	U/A Preston,				899						899
397.	Stuart, Andrew	U/A Lancaster, Lancashire				898						898
398.	Johnstone, Chris	Lonely Goat Running Club		896								896
399.	Raso, Roberto	Manchester Frontrunners			895							895
400.	Cash, Dan	U/A Bristol, Avon				895						895
401.	Casstles, Toby	U/A Rainford, Merseyside		894								894
402.	Lockhart, Jim	U/A Uddingston ,			894							894
403.	Swann, Mark	U/A Croston,				894						894
404.	Cox, Nick	U/A ambleside, cumbria				893						893
405.	Melling, Kevin	U/A		893								893
406.	Jackson, Andy	The Fell Devils		892								892
407.	Tose, Jonathan	U/A Newcastle Upon Tyne, Tyne and Wear				892						892
408.	Bailey, Mark	Glaxo Hoad Hill Harriers		891								891
409.	Birkett, John	n/a			891							891
410.	Stevenson, David	U/A Wilmslow, Cheshire		890								890
411.	Robinson, Ian	U/A Beckermest,			890							890
412.	Robson, Dave	Barrow Runners		889								889
413.	Dunlop, Neil	U/A Linlithgow, West Lothian			889							889
414.	Cairns, Kevin	St Helens Striders			888							888
415.	Crook, Stephen	U/A Wilmslow,				888						888
416.	Brookes, Christopher	U/A Preston , Lancashire		887								887
417.	Field, Stephen	Blue lagooners			885							885
418.	McQuade, Richard	Gosforth Harriers				885						885
419.	rowlandson, dean	U/A grange over sands, cumbria		884								884
420.	Price, Thomas	U/A WIGAN, Greater Manchester			884							884
421.	Hardy, Robert	U/A Leeds, West Yorkshire				884						884
422.	ward, carl	U/A driffield, east yorkshire		883								883
423.	Edwards, Bleddyn	Cardiff Triathletes			883							883
424.	Donohue, Mark	U/A Leeds, West Yorkshire				883						883
425.	Day, Alastair	U/A Hexham, Northumberland				882						882
426.	Johnson, phillip	U/A manchester,		881								881
427.	Barker, Adam	U/A Altrincham, Cheshire			881							881
428.	Dawson, Andrew	Spectrum Striders				881						881

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
429.	Raynor, Dave	Red Rose Road Runners		880								880
430.	Whettlock, Phillip	Queensbury RC			880							880
431.	Lawson, Euan	U/A Sedbergh, Cumbria		879								879
432.	Liddell, Scott	U/A Warrington,				879						879
433.	Bend, Matthew	na		878								878
434.	Dunk, Carl	U/A Shipley,			878							878
435.	Wilson, Matthew	U/A Workington, Cumbria				878						878
436.	Hodgson, Richard	Wray Runners			877							877
437.	mcgougan, craig	Lochaber AC		876								876
438.	Smithson, Richard	SRC				876						876
439.	Robertson, Paul	Wirral Vikings		875								875
440.	Mitchinson, Andrew	Team Otter			875							875
441.	Beech, Michael	U/A Skipton, North Yorkshire		874								874
442.	Drury, Tom	U/A Christmas Common, Oxfordshire			874							874
443.	Burke, Michael	Swinton running club				874						874
444.	Hargreaves, Aaron	U/A Huddersfield, West Yorkshire			872							872
445.	norman, mark	Chorlton runners				872						872
446.	Baglee, David	U/A Penrith, Cumbria				871						871
447.	Strachan, Euan	U/A Glasgow,		870								870
448.	Fox, Wayne	St. Bees Triers			870							870
449.	Beard, Phill	N/a		868								868
450.	Gallacher, Rob	U/A Newcastle upon Tyne, Tyne and Wear			868							868
451.	Burnett, Neil	Solo				868						868
452.	Anstiss, Tom	U/A Morecambe, Lancashire		867								867
453.	Sheldon, Keith	U/A Watnall, Nottinghamshire			867							867
454.	Kershaw, Stuart	Me		866								866
455.	Lobas, Simon	Swinton				866						866
456.	Crooks, Steve	U/A Hartlepool ,			865							865
457.	Holmes, Mike	U/A Skipton,				865						865
458.	Lawlor, Simon	Hartlepool Burn Road Harriers		864								864
459.	Hall, Richard	Bramhall Runners			864							864
460.	Gardiner, Paul	U/A Darlington			863							863
461.	Davenport, Stephen	U/A Warrington,				863						863

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Wilkinson, Terry	U/A Durham,		862								862
463.	Hardwick, Rob	Penny Lane Striders			862							862
464.	McCarthy, Jeff	Rochdale Harriers				862						862
465.	Nicholson, Calvin	U/A Stockton-on-Tees, Durham				861						861
466.	HOWARD, RYLAND	U/A Todmorden, West Yorkshire			860							860
467.	nichol, donald	burnden road runners				860						860
468.	Bateson, Tom	U/A Rochdale, Lancs			859							859
469.	Martin, Michael	U/A Glasgow, South Lanarkshire			858							858
470.	Stewart, Robin	Meltham AC				858						858
471.	Shevelan, John	Black Combe Runners		857								857
472.	MacKenzie, Andrew	U/A London,				857						857
473.	Lindsay, Douglas	U/A Glasgow,		856								856
474.	Williams, Anthony	Mornington Chasers				856						856
475.	Mckee, Christopher	U/A Gateshead,				855						855
476.	Little, Stuart	U/A Newcastle upon Tyne,			853							853
477.	Wilson, Matthew	U/A Oldham, Lancs				853						853
478.	Smith-Duque, Christopher	U/A Newcastle Upon Tyne,			852							852
479.	Dodds, Richard	U/A Newcastle Upon Tyne,			851							851
480.	Wood, Jonathan	U/A Halifax, West Yorkshire				850						850
481.	Manson, Paul	U/A Glasgow,		848								848
482.	Forster, Nigel	U/A Whitehaven, Cumbria			847							847
483.	Varelis, George E.	U/A Newcastle upon Tyne,				847						847
484.	Hayes, John	U/A Stockport , Cheshire		846								846
485.	ryder, jack	U/A liverpool, merseyside			846							846
486.	Stuart, Stephen	U/A Banbury, Oxfordshire				846						846
487.	Williams, Andy	U/A Leamington Spa,		845								845
488.	Collins, Paul	Wirral A.C.			845							845
489.	MacNeill, Neil	U/A Edinburgh ,				845						845
490.	Stevens, Neil	U/A Morecambe, Lancashire			844							844
491.	Toller, Richard	Dundee Road Runners AC				844						844
492.	Johnson, Ralph	U/A Blackburn,		843								843
493.	Perry, Stephen	Lancaster and Morecambe ac				843						843
494.	barnes, jerry	york acorn running club				842						842

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Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
495.	Taylor, Matthew	U/A Horwich,			841							841
496.	Miyazaki, Masayuki	U/A Yokohamashi, Kanagawa				841						841
497.	Harris, Matt	U/A Warrington , Cheshire	840									840
498.	Sinclair, Mike	Astley and Tyldesley Road Runners			839							839
499.	Taylor, David	u/a	838									838
500.	kings, tim	U/A KENDAL,			838							838
501.	Collinson, Lawrence	None			837							837
502.	Parry, Huw	North Shields Polytechnic				837						837
503.	Marsh, Steven	U/A Penrith, Cumbria	835									835
504.	Luff, Vaughan	U/A London,			835							835
505.	Cornish, Nathan	U/A Staveley				835						835
506.	Groom, Jason	U/A NOTTINGHAM,				834						834
507.	Levi, Martin	U/A Manchester,				833						833
508.	Scales, Chris	U/A Grange-over-Sands, Cumbria	832									832
509.	Clarke, Samuel	U/A Cambridge, Cambs			832							832
510.	Brinkhuijsen, Michael	U/A Preston, Lancashire				832						832
511.	Parkinson, Geoffrey	Cleveleys road club				831						831
512.	Halcro-Johnston, Andrew	U/A York,	830									830
513.	Rudd, John	Perth Road Runners			830							830
514.	Neve, Kevin	U/A Blackpool , Lancs				830						830
515.	Odling, Simon	U/A Warwick, Leamington Spa	829									829
516.	Rawcliffe, Chris	BWAFAC				829						829
517.	Sharp, Gordon	The Fell Devils	828									828
518.	Taylor, Andrew	Running 4CF			828							828
519.	rigby, mark	U/A Huddersfield, West Yorkshire	827									827
520.	Holmes, Paul	U/A Keswick , Cumbria			827							827
521.	Lee, Graeme	Meltham AC			826							826
522.	Morris, Glenn	U/A Lancaster,				826						826
523.	earle, mark	U/A knutsford, cheshire	826									826
524.	Hill, Edward	Wakefield Triathlon Club			825							825
525.	Miller, David	Chorley				825						825
526.	March, Chris	U/A Mold,	824									824
527.	Mock, Jonathan	U/A Gateshead , Tyne and Wear				824						824

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
528.	searson, peter	U/A liverpool, merseyside		823								823
529.	Martland, Nick	U/A York,			822							822
530.	Hovell, Mark	U/A Liverpool, Merseyside		822								822
531.	Michael, Doug	Heaton Harriers				822						822
532.	Gourlay, Ross	Roundhay Runners				821						821
533.	Cross, Adrian	U/A Arnside, CUMBRIA			820							820
534.	Johnson, Stuart	Tynedale rfc				820						820
535.	Richmond, John	UCLan		819								819
536.	Bacon, Tim	U/A Stowmarket , Suffolk			819							819
537.	pickard, michael	U/A leeds,				819						819
538.	Burns, Scott	U/A Kendal,		818								818
539.	Walker, Stewart	U/A Egremont, CUMBRIA			818							818
540.	Thorpe, Mark	U/A Preston, Lancashire			817							817
541.	Bowman, Paul	City of Hull AC				817						817
542.	Stephenson, Ian	U/A Swarland, Northumberland		816								816
543.	Scarfe, Dougie	Lytchett Manor Striders		814								814
544.	Zwolinski, Andy	Ashbourne RC			814							814
545.	braithwaite, stephen	U/A kendal, cumbria				814						814
546.	Watson, Luke	U/A Manchester,		813								813
547.	Buckroyd, Andy	Macclesfield Harriers			813							813
548.	Watson, Ben	U/A Manchester,		812								812
549.	McGrath, Daniel	U/A Ramsbottom , Lancs				812						812
550.	Leivers, John	U/A Nottingham, Nottinghamshire		811								811
551.	Farrell, Benedict	U/A manchester,			811							811
552.	Jackson, Paul	Chorley Athletic and Triathlon Club		810								810
553.	Auluck, Nicholas	None				810						810
554.	Lewis, James	North Shields Poly				809						809
555.	Deakin, Barry	Swinton Running Club		808								808
556.	Campbell-Molloy, David	U/A Sheffield,			807							807
557.	Spriggs, Gary	St Helens Striders				807						807
558.	Sutcliffe, Gary	Trawden AC		806								806
559.	Brookes, Nick	U/A Standish,		805								805
560.	Lovett, Will	U/A Kendal, Cumbria				805						805

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Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
561.	Mullen, Matt	U/A Leeds,			804							804
562.	Morris, Richard	U/A Ilkley, West Yorkshire			803							803
563.	Lambert, Matt	U/A Darlington,				801						801
564.	O'Neill, Stuart	U/A Lindal - In - Furness, Cumbria			800							800
565.	Lyden, Hunter	U/A Manchester,			799							799
566.	hayes, andy	U/A wigton, England				799						799
567.	Allonby, Vince	U/A Ulverston, Cumbria			798							798
568.	Glaysher, Marc	U/A Liverpool		796								796
569.	Norris, Tim	U/A Plymouth, Devon				796						796
570.	Philipson, George	U/A Tadcaster, North Yorkshire		795								795
571.	Wilson, Stephen	U/A Grange-Over-Sands, Cumbria		794								794
572.	Moffat, Neil	Dumfries Running Club				794						794
573.	Green, Steve	U/A Cockermouth, Cumbria		793								793
574.	Shelton, Mike	Peel Road Runners				793						793
575.	Allen, Charles	Datchet Dashers				792						792
576.	Chandler, Richard	Carnethy		791								791
577.	Dobson, Jonathan	U/A Wigan, Lancashire			791							791
578.	Dixon, Jon	Easingwold RC				791						791
579.	Cliffe, Tim	U/A Alsager , Cheshire			789							789
580.	Renton, Alex	Mornington Chasers				789						789
581.	Woof, Brian	U/A Kendal, Cumbria				788						788
582.	Fischer, David	U/A BURY ST. EDMUNDS,			787							787
583.	Pick, Chris	Rosendale Harriers				787						787
584.	Birkett, Ian	U/A Northwich, Cheshire			786							786
585.	Grundy, Darren	U/A Blackpool, Lancashire		785								785
586.	Wallis, Rob	Poynton Runners				785						785
587.	ANDERSON, JIMMY	U/A BARROW-IN-FURNESS, CUMBRIA		784								784
588.	Carlisle, Bruce	U/A Whitley Bay,		783								783
589.	Tetlow, Daniel	St Helens Striders			783							783
590.	Thomas, Peter	N/A			782							782
591.	Pickles, Sean	Rosendale Harriers				782						782
592.	Holt, Stuart	U/A Oldham, Lancashire		781								781
593.	Brook, Julian	U/A Grundisburgh,		780								780

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
594.	Thomas, Ben	Cambridge Triathlon Club			780							780
595.	Volmer, Joris	U/A Nethy Bridge			779							779
596.	Bergman, Paul	Easingwold RC				779						779
597.	McLeod, David	U/A Edinburgh ,				778						778
598.	Donley, Dale	U/A York		777								777
599.	Dye, Paul	St Bees Triers				777						777
600.	Boundy, Francis	U/A Windsor,			776							776
601.	Green, Andrew	U/A York,				776						776
602.	Smith, David	U/A Manchester,		775								775
603.	WIGNALL, STEVEN	U/A PRESTON, LANCS				775						775
604.	Stevenson, Paul	U/A Selby, North Yorkshire			774							774
605.	Howard, Neil	Team Nidderdale				774						774
606.	Hodgson, Darren	U/A Altrincham, Cheshire				772						772
607.	Lazenby, Charles	U/A Kingston-Apon-Hull, East Yorkshire			771							771
608.	Strengers, Jaap	U/A London, Merton				771						771
609.	Garutti, Claudio	U/A Amsterdam,		770								770
610.	Smitham, Paul	GMFRS				770						770
611.	hoare, michael	U/A nelson, lancashire			769							769
612.	Hunt, Tom	U/A Barrow-in-furness, Cumbria				769						769
613.	Stacey, James	Nuffield Gym Warwick Run Club		767								767
614.	Wardell, Ross	U/A NORTHAMPTON,				767						767
615.	McIntyre, Dominick	Fetcheveryone			766							766
616.	Shaw, Stephen	-				766						766
617.	Laycock, Andrew	U/A Skipton,		765								765
618.	Wilkinson, Bob	U/A Clitheroe, Lancashire				765						765
619.	Clarke, Simon	U/A Maryport, Cumbria			764							764
620.	Lowi, Andy	U/A Milton Keynes, Buckinghamshire		763								763
621.	Harper, Joe	Yorkshire Wolds Runners			763							763
622.	Apps, Tim	U/A Milton Keynes, Buckinghamshire		762								762
623.	fairclough, steve	Bramhall Runners			762							762
624.	Burke, Simon	N/A			761							761
625.	Floyd, Ian	St Helens Striders		760								760
626.	Hunt, Mark	U/A Solihull, West Midlands				760						760

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
627.	Terry, Robert	Belper Harriers		758								758
628.	Fowler, Anthony	U/A Southport, Merseyside		757								757
629.	Winnett, Andy	U/A Milton Keynes,			756							756
630.	Aplin, Liam	Team 40+				756						756
631.	Watt, Jonathan	U/A Altrincham, Cheshire				755						755
632.	Whitehead, Keith	Knowle and Dorrige Running Club		755								755
633.	Fisher, Martyn	Almost Athletes		754								754
634.	Walsh, David	Team inov-8			753							753
635.	Lovering, Mark	U/A Chorley, Lancashire				752						752
636.	Oâ€™Regan, Paul	U/A Edinburgh,			751							751
637.	Johnson, Johnny	U/A Guisborough,				750						750
638.	Batey, Rob	Team BDE		749								749
639.	JONES, ALAN	GARSTANG RUNNING CLUB			749							749
640.	Fleming, Nick	U/A Largs ,		748								748
641.	Haxon, John	U/A Cramlington,			747							747
642.	Molloy, Mark	Warrington Running Club			746							746
643.	Pennock, Richard	N/A		746								746
644.	Ellams, Tim	U/A LIVERPOOL, Merseyside			745							745
645.	Wareham, Pete	U/A Grange-Over-Sands, Cumbria		744								744
646.	Davies, Owen	U/A Sedbergh,				744						744
647.	Essery, Mark	U/A Chorley,		742								742
648.	Stevens, Matthew	U/A Mayfield,			742							742
649.	Darby, Mark	U/A Shrewsbury, Shropshire		741								741
650.	Connolly, Pete	Wirral Vikings Trail Running Club				741						741
651.	Eccles, Darren	St. Helens striders		740								740
652.	Addy, Chris	U/A Penrith,		739								739
653.	Hamer, Adam	U/A Oswaldtwistle, Lancashire			739							739
654.	Avison, Paul	Wirral Vikings				739						739
655.	Doak, Tim	Lonely Goat RC		738								738
656.	fitton, colin	U/A Wrenthorpe, Please Select				738						738
657.	Fletcher, Gordon	Batala		736								736
658.	Basey, Christopher	Delamere Spartans			736							736
659.	Smithers, Ben	Red Rose Road Runners				736						736

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
660.	Sanz, Luis	n/a		735								735
661.	Wilkie, Stuart	U/A Hartlebury, Worcs				735						735
662.	Hitchin, Andy	Warrington Running Club		734								734
663.	Hatch, Timothy	U/A Morpeth,				734						734
664.	Brackley, David	U/A Warrington,			732							732
665.	Smith, Liam	U/A Morpeth, Northumberland			731							731
666.	Walton, Colin Sam	Wilmslow Running Club				731						731
667.	Cavner, Richard	N F R		729								729
668.	Ackroyd, Dan	U/A York,				729						729
669.	Cheung, David	U/A Lancaster, Lancashire		726								726
670.	Hills, Mark	U/A Kings hill , Kent			726							726
671.	mayson, richard	unattached				726						726
672.	Newton, Dave	U/A		725								725
673.	Harper, Robert	Yorkshire Wolds Runners			724							724
674.	Burt, Gary	U/A Blackburn, Lancashire		722								722
675.	weyers, paul	U/A manchester,			721							721
676.	Jaques, Ric	U/A Brampton,			720							720
677.	Glass, John	U/A Lancaster, Lancs				720						720
678.	Fallon, Timothy	U/A LONDON, London		719								719
679.	Brown, Malcolm	Hook Norton Harriers				719						719
680.	Crossley, Richard	U/A Stafford, Staffs			718							718
681.	Hewson, Matthew	U/A Holystone, North Tyneside		718								718
682.	ginley, neil	asr		717								717
683.	Twiselton, Ian	U/A Sheffield,			717							717
684.	Smith, Michael	Olney Runners		716								716
685.	Brooker, Jason	Stocksfield Striders			716							716
686.	Atherton, Joe	U/A birmingham, WEST MIDLANDS		715								715
687.	O'Neill, Martin	U/A Liverpool, Merseyside		714								714
688.	Boyes, Jonny	U/A golborne, cheshire				712						712
689.	Duffy, Martin	U/A Swinton,		711								711
690.	Cheung, Peter	U/A Ambleside, Cumbria			711							711
691.	Hammill, John	Batala		708								708
692.	Horne, Alex	U/A Manchester, Greater Manchester		707								707

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
693.	Bogacki, geoff	U/A South Hykeham,		706								706
694.	Melrose, Ben	U/A Newcastle,			706							706
695.	Brennan, Mark	U/A Stockport, Cheshire		705								705
696.	Richardson, Jonathan	York Postal Harriers				705						705
697.	Poltawski, Dan	U/A Lancaster,		702								702
698.	Stanley, Jason	U/A HaLe, Cheshire				702						702
699.	Aaron, Leon	U/A Blackpool , Lancashire		699								699
700.	Massey, Robert	BW&FAC				699						699
701.	Monostori, Zoltan	U/A Kendal,				698						698
702.	davidson, Alan	U/A Witney,			697							697
703.	Grundy, Mark	Bramhall Runners			696							696
704.	Nelson, David	Mornington Chasers				696						696
705.	Amos, Steve	Cobra running and triathlon		695								695
706.	Bruce, Robert	U/A Lancaster, Lancashire			695							695
707.	Harrison, Paul	U/A Wigan, Greater Manchester				695						695
708.	Ralston, Stephen	Lonsdale Fell Runners				694						694
709.	Gallienne, Peter	BTR RR		693								693
710.	McCarron, Bernard	Macclesfield Harriers		692								692
711.	Amit, Paul	U/A St Helens, Merseyside			692							692
712.	Meyfroidt, Steve	U/A Penrith, Cumbria				692						692
713.	conrad, matt	U/A Nottingham,		691								691
714.	Albon-Crouch, Peter	U/A Bristol, Gloucestershire			691							691
715.	jones, simon	U/A Bishops Stortford, herts				691						691
716.	Dyer, Jeremy	Fen edge runners			690							690
717.	Tomkins, Anthony	U/A Abergavenny (Y Fenni), Gwent				688						688
718.	pennell, gareth	U/A york, yorkshire			687							687
719.	Wilkinson, Simon	U/A Carlisle,		686								686
720.	Peckitt, Kenneth	U/A Stockport,			686							686
721.	Houghton, Peter	U/A Chorley, Lancashire				685						685
722.	Watson, Dominic	Razzers Runners			685							685
723.	Owen, David	U/A Nr Wigan,			684							684
724.	Finch, Ivan	U/A preston, Lancashire				684						684
725.	Webster, Steve	U/A Huddersfield, West Yorkshire		682								682

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
726.	Beuzeval, David	U/A Minlthorpe,			682							682
727.	Taylor, David	Cheshire Hash House Harriers				682						682
728.	Hill, Anthony	U/A Warrington, Cheshire	681									681
729.	Walsh, David	U/A Walkden, Manchester				681						681
730.	Loftus, Philip	U/A Bolton, Lancashire			681							681
731.	Ingle, Nicola	Acre street runners	679									679
732.	Ramsden, Philip	Horsforth Harriers			679							679
733.	Pathy, Nim	U/A Enfield, Middlesex				679						679
734.	Ferguson, Robin	U/A Alston, Cumbria			677							677
735.	Butler, Matthew	U/A Staveley, Cumbria				677						677
736.	Wilson, Paul	Yorkshire Wolds Runners			676							676
737.	Harrison, Richard	Didsbury Runners				676						676
738.	Travis, Joseph	U/A Shrewsbury,				675						675
739.	Pocock, Doug	U/A London,			674							674
740.	Caspi, Alon	Mornington Chasers				674						674
741.	atkinson, paul	U/A Ulverston,				673						673
742.	Haynes, Peter	U/A Albrighton, Shropshire			672							672
743.	Trencher, Ian	U/A Wigan, Lancashire			671							671
744.	Hughes, Gareth	U/A Stockport ,				670						670
745.	Washington, Jonathan	U/A Dalton-in-Furness, Cumbria			670							670
746.	Crombie, Ross	U/A West Bridgford,				669						669
747.	Finn, Mark	U/A Bolton, Lancashire			667							667
748.	Vernon, Garry	Fetcheveryone RC				667						667
749.	Maltman, Daniel	U/A Wilmslow, Cheshire				666						666
750.	Fetherstone, Michael	U/A Preston, Lancashire			665							665
751.	Wallwork, Peter	U/A Wilmslow, Cheshire				665						665
752.	Mundy, Robert	Ripon Runners			663							663
753.	Shaw, Jonathan	U/A Macclesfield,				661						661
754.	Glass, James	U/A Lancaster, Lancs				658						658
755.	Nicholls, Karl	U/A Rugby,			657							657
756.	Hawley, Michael	U/A Egremont,			655							655
757.	Leese, Chris	U/A York, North Yorkshire			654							654
758.	Procter, Robert	U/A Shipley, West Yorkshire				653						653

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
759.	Brown, Darren	U/A Kendal, Cumbria				652						652
760.	Heap, Paul	Bowland Pennine Mountain Rescue Team			652							652
761.	Jones, Richard	Blackwater Valley Runners				651						651
762.	Roberts, James	BTR Road Runners			650							650
763.	Carter, Darren	Warrington running club				649						649
764.	Jones, Simon	Adderbury Running Club			648							648
765.	McAvoy, William	U/A Leeds,				647						647
766.	Burne, Oliver	U/A Linslade,			646							646
767.	Allin, Steven	U/A Chorley, Lancashire			645							645
768.	Orr, Tony	U/A burton in kendal, cumbria				645						645
769.	Milsom, Steven	U/A Preston,			644							644
770.	Towers, Liam	U/A Lancaster, Lancashire			643							643
771.	Tilbury, Graeme	U/A Edinburgh,				643						643
772.	Townsend, David	U/A Brackley, Northants			642							642
773.	Edwards, John	U/A Yarm, Cleveland				641						641
774.	Swenson, Tim	U/A Saltaire, West Yorkshire				640						640
775.	Matthews, Peter	U/A Selby, N Yorks			639							639
776.	Barlow, Alun	U/A Tynemouth,				639						639
777.	Rawlings, Jeremy	U/A Weston-super-Mare, Somerset			638							638
778.	Webb, Peter	U/A Oldham, Lancs				638						638
779.	White, Alistair	U/A Consett, United Kingdom			637							637
780.	Brown, Ken	Blackhill Bounders				637						637
781.	Gray, John	Meltham ac				634						634
782.	Brown, Bernard	U/A St Helens, Merseyside				629						629
783.	Rayner, Richard	Warrington Running Club				627						627
784.	Osmond, Andrew	U/A Preston, Lancashire				626						626
785.	Dykes, Andrew	None				624						624
786.	Cookson, Paul	U/A Ambleside, Cumbria				621						621
787.	Dean, Artem	U/A Harrogate				617						617
788.	Boyle, Tony	U/A Liverpool,				615						615
789.	Hawden, Graham	Rothwell & District Harriers				613						613
790.	Tan, Jason	U/A Stanmore,				612						612
791.	Finch, Dean	U/A preston, lancashire				611						611

2019 Spring Series

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
792.	Weir, Simon	U/A Preston , Uk				610						610
793.	Wood, Andy	Easingwold Running Club				609						609
794.	Barker, Matthew	Burnden Road Runners				608						608
795.	johnstone, stewart	Warrington running club				606						606
796.	Dave Cope, Dave	U/A Kendal,				605						605
797.	Meggitt, Neil	U/A York,				604						604
798.	Farmer, Mark	U/A Lincoln, Lincolnshire				603						603
799.	MOORE, STEVEN	NORDIC WALKING UK				602						602
800.	Ramshaw, Christopher	U/A Newcastle Upon Tyne, Tyne and Wear				599						599
801.	Swindells, Phil	U/A Preston , Lancashire				598						598
802.	Alfred, Rowan	U/A Huntingdon,				597						597
803.	Rickart, Dave	Warrington Running Club				595						595

Number of records: 803