

Lakeland Trails 2011 Autumn Series Results : Men

Name	Club	Category	Derwentwater	Coniston	Helvellyn	Total
SCOTNEY, Marcus	Dumfries Running Club		998	998	996	2992
METCALF, Alan	Preston Harriers	Vet50	987	983	983	2953
TRUDGEON, Steve	Harrogate Harriers	Vet50	979	981	980	2940
SEAL, Howard	Derwent AC		975	979	982	2936
BARK, Stephen	unattached - Horncastle		982	977	972	2931
BELLEW, Nick	Evenwood Road Runners		976	973	970	2919
ALLISON, Mike	Unattached - Penrith, Cumbria	Vet50	978	972	968	2918
LEARY, Paul	Rochdale Harriers	Vet40	984	967	963	2914
BEANLAND, Nick	Unattached - North Yorkshire		964	963	974	2901
DUNN, Mike	Unattached - Warrington		974	946	978	2898
FRY, Stephen	Unattached - Harrogate, N Yorks	Vet40	973	941	975	2889
ALMOND, Steve	Unattached - Barton	Vet40	956	966	954	2876
SANDERSON, Chris	Nothumberland Fell Runners	Vet40	965	945	966	2876
CROMPTON, Sam	Unattached, Kendal		939	959	949	2847
HIGHAM, Nick	Lancaster & Morecambe AC	Vet40	945	956	946	2847
SAGE, Jonathan	Unattached - Hull, E Yorkshire	Vet50	959	947	941	2847
HARRIS, Mike	Baxi Group, Preston	Vet40	955	943	940	2838
SPURLING, Tom	Unattached - Sacriston		966	955	898	2819
RAWLINSON, Paul	Unattached - Grange over Sands		927	930	944	2801
YATES, Andy	Unattached - Conwy	Vet40	938	908	930	2776
CROMPTON, Carl	Unattached - Staveley		913	927	933	2773
HOWARD, Scott	Unattached - Hartlepool	Vet40	895	924	938	2757
LANGTON, Rob	Unattached - Manchester		928	920	891	2739
BROWN, Steve	Unattached - Windermere	Vet40	923	891	908	2722
BURNS, Graeme	Unattached - Congleton, Cheshire	Vet40	908	886	903	2697
CAMPION, Adam	Keswick AC	Vet40	873	950	861	2684
BENNETT, Simon	Unattached - Clitheroe	Vet50	870	903	907	2680
NOBLE, Colin	Bridgnorth Running Club		919	896	857	2672
ROOKS, Adrian	Unattached - Hull, E Yorkshire	Vet50	859	901	905	2665
STONES, Philip	Unattached - Cleator Moor	Vet50	926	892	846	2664
MERCER, John	Unattached - Wigan	Vet40	910	836	910	2656
EARLE, Mark	Unattached - Cheshire	Vet60	888	863	872	2623
WOODWARD, Rob	Unattached, Kendal		871	857	892	2620
LASHLEY, Pete	Unattached - Milnthorpe	Vet40	826	881	865	2572
GREGORY, Ben	Stockport Harriers	Vet50	866	883	808	2557
WAUDE, Ian	Annan & District AC, Dumfriesshire	Vet50	887	792	843	2522
THORPE, Mark	Unattached - Preston, Lancashire	Vet40	845	784	883	2512
BUTLER, Alex	Unattached, Kendal	Vet40	840	807	850	2497
MOBBERLEY, Peter	Unattached - Whitley Bay	Vet40	839	822	833	2494
JOUGHIN, Shaun	Unattached - Guisborough		864	818	804	2486
HEATH, Janson	Rocktart Runners	Vet40	816	842	805	2463
RANK, Nicholas	Lincoln Wellington AC	Vet60	815	823	818	2456
GILLMAN, Darren	Spa Striders, Warwick	Vet40	868	834	753	2455
EDMONDSON, John	Newton Aycliffe AC	Vet60	822	815	814	2451
TOMKINSON, Andrew	Rochdale Harriers	Vet40	820	814	790	2424
GRACE, Ian	Chorley Harriers	Vet50	796	812	794	2402
HIGGINS, Phil	Unattached - Windermere	Vet40	831	782	774	2387
MALTBY, Tomas	Unattached - Manchester		798	806	782	2386
MICHAEL, Doug	Heaton Harriers	Vet50	844	738	801	2383
HEWITT, Dave	Warrior Orienteering Club	Vet50	789	789	775	2353
BUSHELL, Anthony	Lancashire Constabulary Athletics	Vet40	770	759	749	2278
PARSONS, John	Unattached, Kendal	Vet50	760	746	755	2261
WEBSTER, Stephen	Unattached - Holmfirth	Vet50	758	786	715	2259
GUEST, Jonathan	Unattached - Manchester		750	749	739	2238
LEATHEREN, Andy	Unattached, Kendal	Vet40	872	776	566	2214
CASSELS, David	Unattached - Ayrshire	Vet50	762	740	701	2203
JAMIESON, Christopher	Esk Valley Fell Club	Vet50	714	793	692	2199
LYONS, David	Unattached - Morecambe	Vet40	786	734	670	2190
SMITH, Mike	Olney Runners	Vet50	752	737	683	2172

BLADES, Gary	Unattached - Quorn	Vet40	717	744	705	2166
LAKER, Stephen	Unattached - Preston, Lancashire	Vet40	785	722	636	2143
ZARANKO, Tadeusz	Richmond and Zetland Harriers	Vet50	735	713	687	2135
TURNBULL, Stephen	Unattached - Hexham	Vet40	731	700	699	2130
WILSON, Chris	Ranelagh Harriers, Surrey		705	728	694	2127
TRAVIS, Andrew	Unattached - Lancaster	Vet40	730	671	685	2086
FIDDLER, Paul	Unattached - Warrington		720	685	680	2085
WALKER, Thomas	Team Sixteen		696	683	691	2070
BATES, Damian	Unattached - Saddleworth	Vet40	723	733	612	2068
FOSTER, Stephen	Unattached - Fife, Scotland	Vet40	673	708	684	2065
BENNION, Rob	Unattached - Preston, Lancashire	Vet40	708	677	678	2063
THOMPSON, Nick	Unattached - Huddersfield	Vet50	695	693	656	2044
FURPHY, Chris	Unattached - Guisborough	Vet40	667	684	644	1995
KASTAVUNIS, Chris	Unattached - Sale	Vet40	694	651	650	1995
BALL, Malcolm	North Norfolk Beach Runners	Vet70	684	691	616	1991
SPOONER, Steve	Unattached - Bollington	Vet40	683	641	667	1991
LLOYD, Adam	Midlands			991	995	1986
WILLIS, Sean	Saddleworth Runners	Vet40		989	993	1982
LEITCH, Douglas	Unattached - Skinflats	Vet40	674	673	634	1981
PICK, Thomas	Unattached - Cheltenham, Glos		679	663	638	1980
PEATE, Joseph	Unattached - Keighley, W Yorks	Vet40		987	991	1978
EDWARDS, Stephen	Unattached - Sale		990		986	1976
MILLS, Luke	Bridgnorth Running Club		666	688	622	1976
HUGHES, David	Unattached - Aldham	Vet40	654	662	652	1968
MASSAM, Stephen	Preston Harriers	Vet40	658	675	632	1965
MCLOON, Robert	Evenwood Road Runners	Vet50	977		977	1954
CLARKSON, Darren	Billingham Marsh House Harriers		980		967	1947
MAWSON, Steve	Cumbria		659	652	628	1939
RABY, Lee	Unattached - Whitehaven		660	653	626	1939
DOWELL, Mark	Leeds Bradford Tri Club	Vet40		965	971	1936
ECCLESTON, Philip	Horwich RMI Harriers		958	976		1934
RUSSELL-WHITE, Christopher	Unattached - Edinburgh	Vet50	646	657	627	1930
HOWARD, Simon	Rockart Runners	Vet40	649	640	635	1924
SKILLING, Chris	Unattached - Warrington		643	650	629	1922
STURGESS, Ian	Wyndham AC, Norwich	Vet50	962		958	1920
HUGHES, Martin	Chorley Harriers	Vet40		964	955	1919
FROY, Allan	Unattached - Cheltenham, Glos		668	629	621	1918
BURTON, David	Keswick AC	Vet50		962	952	1914
REILLY, Paul	Coniston Fell Running Club		968	934		1902
HOWES, Alistair	Unattached - Durham	Vet40	644	637	619	1900
DUFFY, Andrew	Unattached - Preston, Lancashire	Vet40	948		945	1893
SCHOFIELD, Chris	Helm Hill Runners	Vet40	937		951	1888
SMITH, Steve	Unattached - Knutsford	Vet40	952	936		1888
HESKETH, Tony	Horwich RMI Harriers	Vet60	951		934	1885
SPRATT, Damien	Unattached - London			948	926	1874
PHILLIPS, Steven	Chorlton Runners	Vet50	652	623	597	1872
MODEN, Liam	Unattached - Lancashire	Vet40	641	628	594	1863
BREGA, Josh	Unattached - Bury St Edmunds	U18		926	928	1854
JARDIN, David	Elswick Harriers	Vet40	947		904	1851
WATSON, Gerry	Norfolk	Vet50	925		922	1847
NORTON, Brian	Unattached - Blackburn	Vet40	619	613	611	1843
CHAMBERLAIN, Paul	Unattached - Berkhamsted		920		912	1832
GRAHAM, Peter	Unattached - Stoke On Trent		946	885		1831
HOWARD, John	Unattached - Ashton under Lyne	Vet60	627	615	587	1829
BODDY, Mike	Unattached - York	Vet40	924	900		1824
QUAYLE, Roger	Barrow & Furness Striders AC	Vet50	912		900	1812
HORNBY, John	Unattached - Ulverston	Vet60	624	607	579	1810
ROBSON, Chris	St Bees Tri	Vet70	623	606	580	1809
DUNCAN, Steve	Unattached - Lancashire		889		911	1800
PINDER, Graham	Glaxo Hoad Hill Harriers	Vet50	907	893		1800
HOLLOWAY, Ian	Unattached - North East	Vet60	617	604	577	1798

CLARK, Andrew	Unattached - Bury, Lancashire	Vet50	616	605	576	1797
MARSH, Tom	Otley Athletic Club		922		870	1792
THOMPSON, Russell	Unattached - Barrow in Furness	Vet40		868	909	1777
WILSON, Oliver	Unattached - Lockerbie		932	844		1776
BREWSTER, Trevor	Unattached - Leeds	Vet50	893		876	1769
DUFFIELD, Michael	Unattached - Ilkley, W Yorkshire	Vet40	890		877	1767
JAMES, David	Unattached, Kendal	Vet40		887	878	1765
VAN ALDERWEGEN, Damian	Sale Harriers		909		856	1765
RICE, David	Carlisle Triathlon Club		911	843		1754
RANKIN, Iain	Unattached - Macclesfield			866	885	1751
EVANS, John	Unattached - Brampton	Vet40	855		890	1745
HUMPHRIES, Simon	Unattached - Wigton, Cumbria	Vet40	886	850		1736
JACKSON, Paul	Cheshire Hash House Harriers	Vet50		884	851	1735
BLACKMAN, Simon	Unattached - Lincoln		891	841		1732
COLEBOURNE, James	Unattached - Backbarrow, Cumbria		860		868	1728
CARPENTER, Peter	Unattached - Ellesmere Port	Vet50	914		810	1724
WHITTINGTON, Tom	Unattached - Cheshire			853	871	1724
BIRCH, Martin	Helm Hill Runners	Vet40	865		832	1697
BREWSTER, Keith	Valley Striders, Leeds	Vet50	877		819	1696
GILLAND, Rob	Unattached - Liverpool	Vet40	878	809		1687
LOCKE, Colin	Unattached - Mistley	Vet50	853		834	1687
HORNE, Larry	Unattached - Penrith, Cumbria	Vet40		859	821	1680
MILLER, David	Unattached - Chorley, Lancs	Vet50	857	813		1670
BURRUS, Nick	Keswick AC	Vet40	849	820		1669
DICKSON, Kevin	Warrington Road Runners	Vet40	773		894	1667
THOMAS, Simon	Soup and Roll Cycling			819	845	1664
MAUDSLEY, Ian	Coniston Fell Running Club		921		734	1655
ACKROYD, Andrew	Otley Athletic Club	Vet50		845	807	1652
DALE, Wes	Unattached - Halifax		837		815	1652
MORTON, Phill	unattached - Wallsend		861		783	1644
LUND, Jamie	Unattached, Kendal		791	840		1631
SOUTHWARD, Tom	Glaxo Hoad Hill Harriers		850		776	1626
WATT, Jonathan	Unattached - Altrincham	Vet40		827	795	1622
GRIFFITHS, Nicholas	Unattached - Stockport	Vet40	803		803	1606
BLACKMORE, Johnathan	Unattached - Chesterfield	Vet40	776		827	1603
SPRIGGS, Gary	Unattached - St Helens	Vet40	778		812	1590
MUMFORD, Bill	Unattached : Barford St Michael	Vet50		796	793	1589
POOLE, Robert	Unattached - Windermere	Vet60	794		792	1586
SCHOFIELD, Graham	Chorley Harriers	Vet50	732	852		1584
SMITH, Craig	Bowness-on-Windermere, Cumbria		821	762		1583
TOMLINSON, Michael	Unattached - Bradford, W Yorks	Vet40		808	765	1573
SPEED, Simon	Unattached - leeds	Vet40		798	768	1566
STANNING, David	Borrowdale Fell Runners	Vet40	829		737	1566
TAYLOR, Nigel	Unattached - Preston, Lancashire		763	802		1565
CLARKE, Gary	Rocktart Runners		764		800	1564
PEART, David	Unattached - Washington	Vet40	782	774		1556
LEUNG, Martin	Unattached - Windermere	Vet40	775		778	1553
DAVIDSON, Alan	Unattached - Oxfordshire	Vet50		781	764	1545
TURNER, Andrew	Scarab Tri	Vet40	804		725	1529
PARKER, Graham	Unattached, Kendal	Vet40	800		722	1522
SIMS, Andrew	Unattached - Carlisle		801		721	1522
SLATCHER, Neil	Unattached - Lancaster			731	788	1519
MILLINGTON, Graham	Wigan Phoenix	Vet40	754	763		1517
LEUNG, Stephen	Unattached - Coventry	Vet40	734		781	1515
LING, Peter	Unattached - Cheshire	Vet40	753	756		1509
ROCHE, Paul	Merseyside Police	Vet50	748	745		1493
JACKSON, Martin	Unattached - Darlington		741	748		1489
WALKER, Ian	Unattached - West Yorks	Vet40		753	735	1488
BELL, Alan	Unattached - Gateshead	Vet40	749	736		1485
GINDER-POULSEN, Robert		Vet40	740		733	1473
MCEWEN, Nigel	Unattached - Milnthorpe	Vet60	766	707		1473

OUTTERSIDE, James	Unattached : Cheadle		746		716	1462
PETERS, Ian	Unattached - Ulverston	Vet50		727	728	1455
PARKER, Alan	Unattached - Stoke On Trent	Vet40	726	726		1452
MYATT, Robert	Unattached - Stoke On Trent	Vet40	725	725		1450
COPP, Jason	Unattached, Birmingham	Vet40	721	711		1432
BLINKHORN, Allan	Horwich RMI Harriers	Vet60	699	718		1417
OWEN, Phil	Elvet Striders, Durham	Vet40	710		707	1417
MCGONNELL, Paul	Unattached - Cumbernauld	Vet40	716	698		1414
MIDGLEY, John	Unattached - Lockerbie	Vet50		730	682	1412
STUTTARD, Edward	Unattached - Carnforth		703		681	1384
THOMPSON, Paul	Hornsea Harriers	Vet40	712	670		1382
RICHARDS, Lee	Unattached - Howden, E Yorks			723	658	1381
BROADBENT, Kurt	Unattached - Blackpool		676	692		1368
SPICKETT, Gavin	Tynedale Harriers	Vet50	677		690	1367
GRAHAM, Ron	Unattached - Keswick	Vet60	686	680		1366
JONES, Ryan	Unattached - Cambridge		678	687		1365
SAMUELSON, Peter	Spectrum Striders	Vet60	715	649		1364
SAMMUT, John	Unattached : Llandegfan		755		598	1353
WEAR, Mark	Unattached - Frizington	Vet40	670		677	1347
CORBETT, Anthony	Quakers Running Club, Durham	Vet40	653		693	1346
KENDAL, Kev	Trail Running Association			694	645	1339
JONES, Steve	Unattached : Bangor, N Wales		709		624	1333
MCDONALD, Kenny	Unattached - Bolton	Vet40	672		640	1312
CARLYLE, Michael	Rocktart Runners	Vet40	656		654	1310
COE, Peter	Unattached, Kendal	Vet50	733		570	1303
WILLIAMS, Ken	Unattached - Carnforth	Vet50	669	631		1300
WHISTON, Philip	Unattached - Cheshire		662	617		1279
DUNN, Mike	Headington Roadrunners	Vet60	680		596	1276
DAVIES, Mark	Rocktart Runners		633	642		1275
BRADLEY, Gerald	Unattached : West Cornforth	Vet40	637		604	1241
HASLAM, Nick	Unattached, Kendal	Vet40	614	608		1222
MITCHELL, Nigel	Unattached, Kendal	Vet50	639		581	1220
WHISTON, Rob	Unattached - Cheshire	Vet50		618	599	1217
SHEPHERD, Steve	Stainland Lions, Halifax	Vet50		620	590	1210
GRADWELL, Phil	Unattached - Culcheth			610	592	1202
HANNAH, Paul	Rosendale Harriers	Vet40	611		578	1189
GRAVES, Philip	City Of York AC			1000		1000
MADDAMS, Russell	Keswick AC		1000			1000
SMITH, James	Leeds City AC				1000	1000
BROWN, John	Salford Harriers	Vet40			999	999
MILLER, Chris	Harrogate Harriers			999		999
SANDERSON, Philip	Northumberland Fell Runners	Vet40	999			999
HOPE, Ben	Woodford Green				998	998
ABDELNOOR, Ben	Ambleside AC				997	997
MILLER, David	Serpentine Running Club		997			997
REEVES, Andrew	Serpentine Running Club	Vet40		997		997
O'BRIAN, Steven	Corstorphine AC			996		996
WINSKILL, Phil	Altrincham & District AC		996			996
HUSSAIN, Bashir		Vet40		995		995
SMITH, Stephen	Preston Harriers	Vet50	995			995
O'BRIAN, Christopher	Corstorphine AC			994		994
SELLORS, Rob	Manx Fell Runners, Isle of Man	Vet40	994			994
SPRAGUE, Andrew	Dudley Kingwinford RC	Vet40			994	994
BRENNAN, Steven	Glaxo Hoad Hill Harriers	Vet40		993		993
LOCKETT, David	Salford Harriers	Vet40	993			993
BOWN, Mark	TeamBath AC				992	992
MCCARRON, Steve	Sale Harriers			992		992

WARDMAN, James	Rothwell Harriers		992		992
BEETHAM, John	Keswick AC		991		991
ANDREW, Martin	Run3 Ambleside	Vet40		990	990
BARTON, Daniel	Keswick AC		989		989
CROWTHER, Edd	Vale Royal Athletics, Cheshire		988		988
VEZEY, Jacob	Harrogate Harriers			988	988
BREWSTER, Roger	Clayton Le Moors Harriers	Vet50		986	986
FRENCH, George	Garioch Road Runners		986		986
AUSTEN, Mark	Unattached - Carlisle	U18	985		985
JAGODZINSKI, Nik	Unattached : Cornwall			985	985
WAKELEY, Bryan	Unattached - Ambleside			985	985
GREEN, Shane		Vet40		984	984
MCCARRON, Andy	Unattached - Manchester			984	984
MCGLYNN, Paul	Rochdale Harriers		983		983
STUART, Andrew	Unattached - Lancaster	Vet40		982	982
NORBURY, Michael	Unattached - Huddersfield			981	981
WADDINGTON, Dave	Wigan Phoenix	Vet40	981		981
HALL, Alan	Serpentine Running Club	Vet40		980	980
REYNOLDS, Neal	GERMANY			979	979
JEFF, Nigel	Rockart Runners	Vet40		978	978
FEATHER, Thomas	Leeds Bradford Tri Club			976	976
MAYNARD, Andrew	Serpentine Running Club	Vet50		975	975
JONES, Thomas	Sale Harriers			974	974
BEARDMORE, Roger	Wymondham AC, Norwich	Vet50		973	973
BUCHANAN, Andrew	Unattached - Airdrie		972		972
TOWERS, Gavin	Unattached : Haverigg			971	971
WOODLAND, Roy	Unattached - Knutsford	Vet50	971		971
CAKETT, Andrew	Swamp Donkeys		970		970
CHAMBERS, Rob	Unattached - Skipton, N Yorks	Vet40		970	970
MILLS, David	Unattached, Kendal			969	969
STATON, Richard	Unattached - Grange over Sands	Vet40		969	969
WYATT, Cliff	Cheshire Hash House Harriers	Vet50	969		969
WOOD, Nigel	CFR			968	968
ASHWORTH, Darren	Rochdale Harriers	Vet40	967		967
QUINN, Martin	Chorley Harriers			965	965
NICHOLSON, John	Wakefield Triathlon Club			964	964
HOPPER, Jon	Unattached - Manchester		963		963
WAITE, John	Keswick AC			962	962
MAKIN, Stephen	Jim's Stag Do			961	961
MCKERNEY, John	Harrogate Harriers			961	961
ROBERTSON, Stuart	Unattached - Manchester		961		961
BREARLEY, Mick	Saltaire Striders	Vet50	960		960
KNIGHT, Glyn	Unattached - Northwich			960	960
PHILLIPS, Adrian	Unattached - West Yorkshire			960	960
WEAVER, Philip	Unattached - Stonehouse			959	959
ASKEW, David	Harrogate Harriers	Vet40		958	958
BARTLETT, Edward	Unattached - Sale			957	957
DRASDO, Duncan	Trafford AC	Vet40	957		957
DUBALE, Adam	Unattached - Manchester			957	957
TOLLITT, John	Unattached - Newcastle	Vet40		956	956
AUSTEN, Simon	Unattached - Carlisle	Vet40	954		954
BROOK, Ashley	Harrogate Harriers	Vet50		954	954
CASSON, Will	Glossopdale Harriers			953	953
FROST, Keith	Unattached - Newcastle	Vet50	953		953
SEAR, Jon	Unattached - Lancaster			953	953

LASHLEY, Stephen	Dallam Running Club	Vet40		952		952
DUDDY, Barry	Ayr Seaforth	Vet40		951		951
RYAN, Christopher	Unattached - Liverpool				950	950
WALSH, Mark	Humberside Fire & Rescue	Vet40	950			950
MCGOWAN, Glen	Unattached : Lutterworth	Vet50		949		949
REED, Daniel	Unattached - Keswick		949			949
NORMAN, David	Dudley Kingwinford RC	Vet40			948	948
BACON, Adrian	Unattached - Keswick				947	947
MCGILL, Craig	Unattached - Windermere	Vet40	944			944
WOODBRIDGE, Peter	GMP	Vet40		944		944
ALLINSON, Robert	Redcar Running Club				943	943
ROBINSON, Raymond	Rifle Regiment		943			943
SHAKESPEARE, Mick	Harrogate Harriers	Vet40		942		942
SHARPE, Charlie	Unattached - Warrington				942	942
TAYLOR, Brian	Ellenborough AC	Vet40	942			942
NEALE, Adam	Unattached : Cheadle		941			941
ASHTON, Joe	Unattached - Manchester			940		940
PAILING, Keith	Rothwell Harriers	Vet60	940			940
DENCH, Gary	Serpentine Running Club	Vet40		939		939
THOMAS, Dan	Unattached - Tregaron				939	939
GOODRICH, Patrick	Greater Manchester Police			938		938
COOPER, Gary	Shelton Striders	Vet50			937	937
COOPER, Nicholas	Shelton Striders	Vet50		937		937
BARRY, Sean	Unattached - Huddersfield		936			936
PAYNE, Jonathan	Unattached - London				936	936
BOWLES, Peter	Serpentine Running Club	Vet40		935		935
LLOYD, Tim	Unattached - Leeds				935	935
MADGE, Charles	Unattached - Middle Claydon		935			935
UNDERHILL, Kevan	Unattached - Northwich	Vet50	934			934
REEH, Johnathan	Unattached : Cheadle			933		933
TREADWELL, Mark	Unattached : Arundel	Vet40	933			933
ALEXANDER, James	Unattached - Tynemouth			932		932
WISHART, Nick	Unattached - Northwich	Vet40			932	932
BLOY, Kevin	Ayr Seaforth	Vet40		931		931
HINCH, Glenn	Unattached - West Yorkshire		931			931
ROBERTS, Harry	Unattached - Alnwick	U18			931	931
HUNT, Stephen	Unattached - Jarrow		930			930
HANDLEY, Neil	Toonie Express	Vet40		929		929
INGRAM, Steven	Gillingham Trotters		929			929
ROBERTS, Mike	Hardley Runners	Vet40			929	929
TUCKER, Nick	Serpentine Running Club	Vet40		928		928
LANGAN, Paul	Unattached - Ilkley, W Yorkshire	Vet40			927	927
HAWKER, Ian	Hardley Runners	Vet50			925	925
QUEENAN, Derek	TRI Lakeland			925		925
KENNARD, Robert	Dudley Kingwinford RC	Vet40			924	924
GEORGE, Neil	Unattached - Stevenage	Vet40		923		923
SAUNDERS, Marcus	Lincolnshire & District Runners	Vet40			923	923
LANCASTER, Joel	Serpentine Running Club			922		922
BARRY, Dominic	Unattached - York	Vet40			921	921
PENHALE, Bruce	Unattached - Manchester	Vet50		921		921
BARRY, Michael	Stockport Harriers				920	920
ACKLAM, Andy	Unattached - Preston, Lancashire	Vet40			919	919
ALBERT-LORINZ, Hunor	Serpentine Running Club			919		919
FLEMING, Mark	Unattached - Workington	Vet40	918			918
GRAHAM, David	Unattached - Carlisle	Vet40			918	918

MCCALMAN, Finlay	Wesham Road Runners	Vet40		918		918
HETHERINGTON, Andrew	Unattached - Penrith, Cumbria				917	917
HORAN, Mick	Holcombe Harriers			917		917
WALKER, Bruce	Unattached - Carlisle	Vet40	917			917
BLACOW, Peter	Unattached - Edinburgh		916			916
MACDONALD, Alasdair	UK Netrunner	Vet40		916		916
SPURGE, Paul	Portsmouth Joggers Club	Vet50			916	916
BOTTOMLEY, Michael	Unattached - Staffordshire				915	915
CLARKE, Peter	Todmorden Harriers	Vet50	915			915
GRACE, Ian	Unattached : Truro, Cornwall	Vet40		915		915
JOHNSON, Huw	Lancaster & Morecambe AC	Vet40		914		914
MARSHALL, Peter	Unattached - Bristol				914	914
HETHERINGTON, Paul	Unattached - Penrith, Cumbria				913	913
MILLER, Brian	Harrogate Harriers	Vet50		913		913
BARLOW, Lloyd	Manchester Harriers	Vet40		912		912
HENDERSON, Ian	Unattached : Inverness			911		911
MAGUIRE, Terry	Unattached - Liverpool	Vet40		910		910
EDWARDS, Tim	Unattached - Stoke On Trent	Vet40		909		909
PARRY, Matthew	West Suffolk College	U18		907		907
DEEMING, Gary	Unattached - Harrogate, N Yorks	Vet50		906		906
KNOTT, Stuart	Unattached - Rochdale		906			906
WATSON, Chris	Unattached : Mockerkin				906	906
MCCARTHY, Michael	London Irish AC	Vet40	905			905
STANFIELD, Dave	Wells City Harriers	Vet40		905		905
CARR, David	Unattached - Gateshead		904			904
WILLIS, Steve	Balancise	Vet40		904		904
DESPESEL, Nicolas	ENSCMu		903			903
JACKSON, Michael	Unattached - Rotherham		902			902
LOVELESS, Martin	Hardley Runners	Vet50			902	902
MARSH, Neil	Unattached - Warrington			902		902
HARDINGTON, Andrew	Unattached - Bolton		901			901
TERRY, Jeremy	Unattached - Skipton, N Yorks				901	901
RAYMOND, Jon	St Bees Tri		900			900
BLUNDELL, Paul	Hardley Runners	Vet40			899	899
LANGFIELD, Alex	Unattached, Birmingham		899			899
PIPER, Robert	Unattached - Sutton Coldfield	Vet40		899		899
LECK, Michael	Lancaster & Morecambe AC	Vet60		898		898
SHEPPARD, Phil	Unattached - Loughborough	Vet50	898			898
LUSTY, Kirk	Unattached - Burnley			897		897
MATHEWS, Harry	Elswick Harriers	Vet60	897			897
SADLER, Steve	Unattached - Hertfordshire	Vet40			897	897
BROWN, Liam	Pocklington Runners	Vet60	896			896
THOMAS, Lee	Unattached : Chester le Street				896	896
STOREY, Nigel	Glaxo Hoad Hill Harriers	Vet40		895		895
STURMAN, Matt	Unattached : Fishbourne	Vet60			895	895
BURNS, Daniel	Unattached - Barrow in Furness			894		894
TYSOME, Stephen	Trail Running Association	Vet40	894			894
WILLIAMS, Ben	Unattached - Camden				893	893
LEVINSON, Steve	Unattached - Ipswich	Vet50	892			892
SMITH, Richard	Ackworth Road Runners, W Yorks	Vet50		890		890
CORNS, Chris	Unattached - Manchester			889		889
QUILLIAM, Rob	Unattached - Reigate, Surrey				889	889
FISH, Michael	Vegan Runners				888	888
O'SULLIVAN, James	Dynamo G			888		888
WILSON, Nick	Unattached : Bedlington				887	887

FORTUN, Phil	Stone Masters Marathoners, Staffs				886	886
ATKINSON, Paul	Stockport Harriers		885			885
HOPE, Clive	Unattached - Hyde	Vet50			884	884
WRIGHT, Gary	Unattached - Mansfield		884			884
MERCER, Trevor	Unattached - Darwen, Lancashire	Vet60	883			883
EYRE, Michael	Serpentine Running Club			882		882
HUGHES, Ian	Dragons Running Club, Sale				882	882
WALKER, Mark	Unattached : Spennymoor		882			882
CLARK, Jeff	Barnsley Harriers	Vet40			881	881
WINSTANLEY, Dave	Unattached - Wigan	Vet40	881			881
BLACOW, STEVE				880		880
HOMER, Mark	Dudley Kingwinford RC	Vet50			880	880
LAND, Andy	Swinton Running Club	Vet40	880			880
BURNE, David	Unattached - Watford			879		879
COLLEY, Peter	Unattached : Kirkby Thore				879	879
MAGUIRE, Seamus	Unattached : Co Derry, N. Ireland	Vet40	879			879
SAXON, Mark	East Cheshire Harriers	Vet40		878		878
WILLISON, Roger	Sinfin Running Club	Vet40		877		877
COLLINS, James	Unattached - Cottingham		876			876
DUFFY, Shawn	Serpentine Running Club	Vet40		876		876
ATKINSON, Matt	Wilmslow Running Club		875			875
HOOD, Peter	Dudley Kingwinford RC	Vet50			875	875
STUART, Stephen	Unattached - Oxfordshire	Vet40		875		875
BARNES, Chris	Accrington Road Runners		874			874
HUGHES, Paul	Claremont Road Runners, N East				874	874
JACKSON, Simon	Unattached - Keswick			874		874
DAVIS, John	Reggaeboys Running Club				873	873
STEVENSON, David	Unattached - Cheshire	Vet40		873		873
LOCK, Ian	Unattached - Telford, W Midlands			872		872
RICE, Mervyn	Okehampton Running Club	Vet50		871		871
SLACK, JAMES				870		870
BLOXHAM, Alistair	Dumfries Running Club				869	869
LITHGOW, David	Unattached - Newcastle			869		869
WATSON, Richard	Unattached	Vet40	869			869
BAMFORTH, John	Unattached - Seascale, Cumbria	Vet40	867			867
BARON, David	Unattached - Blackpool	Vet40		867		867
CLEARY, Paul	Unattached - Alsager, Cheshire	Vet40			867	867
WRIGHT, Peter	Unattached : Southwick				866	866
QUECCHIA, Mario	Unattached : Hastings	Vet40		865		865
BENTLEY, Chris	Unattached - Sheffield			864		864
DICKINSON, Iain	Unattached - Liverpool				864	864
BENNETT, Robert	Benito		863			863
HUNTLEY, John	Unattached : Linlithgow	Vet40			863	863
ACKROYD, Andy	Otley AC	Vet50	862			862
GRIMA, Michael	St Patrick's AC	Vet40			862	862
HALL, John	Unattached - York			862		862
KEARNEY, John	Serpentine Running Club	Vet40		861		861
BROWNSMITH, Graham	Lancashire Constabulary Athletics				860	860
RICHARDSON, Brian	Unattached - Darlington	Vet40		860		860
COOPER, Jon	NYPAA	Vet40			859	859
ANNABLE, Richard	Skipton AC	Vet50		858		858

BATE, Richard	Dudley Kingwinford RC				858	858
REYNOLDS, Stuart	Unattached - Sutton Coldfield	Vet40	858			858
COLBY, Charles	Wesham Road Runners	Vet40	856			856
PEARCE, Dave	Unattached - Knutsford			856		856
COX, Nick	Unattached - Ambleside	Vet40		855		855
PRUE, Nigel	Delamere Spartans	Vet40			855	855
EYNON, Heath	Unattached - Accrington, Lancs	Vet40		854		854
HALL, Jonnie	Unattached - Haddington	Vet40			854	854
LOOKER, Ian	Unattached - West Yorkshire	Vet40	854			854
MITCHELL, Neil	Unattached : Alford				853	853
BILLINGTON, Christopher	Unattached - Southport		852			852
MEALEY, Liam	Kirkstall Harriers, Leeds				852	852
DAWSON, Harry	Unattached : Ripon			851		851
SMITHHURST, Martin	Unattached	Vet40	851			851
COLEMAN, Graham	Wymondham AC, Norwich	Vet40			849	849
LAWSON, Ashley	Unattached - Manchester			849		849
ANDERSON, David	Unattached - Salford				848	848
COLLINS, Jim	Unattached, Kendal	Vet40		848		848
DAVEY, Martin	Amphill & Flitwick Flyers	Vet50	848			848
DIXON, John	Unattached - Bebington				847	847
FLETCHER, Gordon	Batala mountain Runners	Vet60	847			847
HARTLEY, Chris	Unattached - Manchester	Vet50		847		847
ROSS, Andy	Unattached - Wigton, Cumbria	Vet40	846			846
WILCOCK, John	Unattached - Ulverston	Vet40		846		846
HUTTON, Mathew	Unattached - Penrith, Cumbria				844	844
DRYDEN, Mary	Unattached - Middlesborough	Vet40	843			843
COLLINS, Hugh	Unattached : Witney				842	842
CUMMINS, Michael	Unattached - Lancashire	Vet40	842			842
SPENCE, Ross	Unattached - Edinburgh				841	841
WHITE, Alan	Unattached - Tyne & Wear	Vet40	841			841
HART, Julian	Cobra	Vet40			840	840
JOHNSTON, Mark	Spectrum Striders			839		839
ROBERTS, Paul	Unattached - Manchester				839	839
CAWOOD, James	Unattached				838	838
ROSS, Alistair	Unattached - Solihull, W Midlands		838			838
SNAITH, Alex	Unattached - Manchester			838		838
HUNTER, Craig	Unattached - York			837		837
LAMB, James	Unattached - Lancaster				837	837
ALLEN, Charles	Burnham Joggers	Vet50	836			836
ANTONIAZZI, Primo	Unattached - Reigate, Surrey	Vet40			836	836
MACKENZIE, Colin	Unattached - Wolverhampton	Vet50		835		835
MADDOX, Joseph	Unattached - Liverpool				835	835
PRESTRIDGE, Jeff	Serpentine Running Club	Vet50	835			835
BROOKS, David	Blackpool, Wyre & Fylde AC		834			834
BIRKETT, John	Unattached, Kendal	Vet50		833		833
STEELE, John	Unattached - Wigton, Cumbria	Vet50	833			833
LITTLE, Chris	Unattached - Carlisle		832			832
STODDART, Ryan	Unattached			832		832
FENWICK, Michael	Swaledale Road Runners, N Yorks				831	831
MORRISSEY, Andrew	Dynamo G			831		831
ALLEN, Joshua	Unattached - Penrith, Cumbria		830			830
THOMPSON, Andrew	Unattached : Attleborough	Vet50			830	830
WRIGHT, Andrew-David	Unattached - Stockport			830		830
CUVIELLO, Steve	Wymondham AC, Norwich	Vet40			829	829
MCQUE, Kevin	Unattached - Stockport	Vet40		829		829

ATKINSON, Jonathan	Unattached - Ambleside		828			828
BIRD, Oliver	Unattached - Wallasey				828	828
KNOWLES, Barry	Unattached - Bristol	Vet40		828		828
ASHWORTH, David	Unattached - Bolton	Vet50	827			827
CUVIELLO, Steve	Wymondham AC, Norwich	Vet40			826	826
PIPER, Steve	Unattached - Sutton Coldfield			826		826
APPLETON, Russ	Unattached - South Woodham Ferrers				825	825
HUCKERBY, Alex	Unattached - Clevelys, Lancashire		825			825
STIRLING, Robert	Unattached - Stourbridge	Vet40		825		825
ANDERSON, James	Unattached - London				824	824
BRIERLEY, Ian	Unattached - Saddleworth	Vet40		824		824
HOWARD, Steve	Unattached - Warrington	Vet40	824			824
CURRY, Simon	Wooler Running Club				823	823
RURLANDER, Danny	Unattached - Lancaster		823			823
PEARSONS, Donald	Wooler Running Club	Vet50			822	822
DITCHFIELD, James	Unattached : Oban, Scotland			821		821
BROCAS, David	Unattached - London				820	820
BELL, Stuart	Kendal AC	Vet50	819			819
BREWSTER, Sammuel	Unattached - Bishop Auckland		818			818
ANDERSON, Robert	Unattached - Stockport	Vet50		817		817
CROSSLEY, Jonathan	Unattached : Rhuddlan	Vet40			817	817
CUMMINS, David	Unattached - Chorley, Lancs	Vet40	817			817
KYNASTON, Matt	Unattached - Liverpool			816		816
THOMPSON, Jason	Unattached - Burley-in-Wharfedale	Vet40			816	816
WOOD, Fred	Sunderland Strollers	Vet50	814			814
PATON, David	Unattached - Keswick	Vet40			813	813
PROCTOR, Phillip	Unattached - Ellesmere Port	Vet40	813			813
BURKITT, Nigel	Cleethorpes AC, Lincolnshire	Vet50	812			812
GOODALL, David	Cumberland AC	Vet40	811			811
PEARSON, Alex	Serpentine Running Club			811		811
TUFTS, Mark	Wymondham Running Club, Norfolk	Vet40			811	811
BUNKER, Chris	Carlisle Triathlon Club		810			810
JUDGE, Peter	Unattached - Marton	Vet40		810		810
SAVAGE, Alan	Unattached : Cramlington	Vet50	809			809
SPENCER, Richard	Shelton Striders	Vet40			809	809
MCCARTHY, Jeff	Unattached - Rochdale	Vet40	808			808
LANGFIELD, David	Unattached - Carlisle		807			807
CADMAN, Warren	Unattached - Lancaster				806	806
CURRY, Stephen	Elswick Harriers	Vet50	806			806
ALLEN, Craig	Unattached - Bolton		805			805
SMITH, William	St Albans Striders	Vet40		805		805
BEAUVIS, Clive	Ranelagh Harriers, Surrey	Vet60		804		804
TACK, Chris	Unattached - Tyne & Wear			803		803
HANLON, Bob	Unattached - Windermere	Vet50	802			802
MCLEAN, Stuart	Gumpster Harriers				802	802
DONE, Tim	wharfedale harriers	Vet40		801		801
VALE, Alastair	Unattached - Knutsford			800		800
CRAN, Ted	Unattached - Huddersfield			799		799
HOWARTH, Darren	Unattached - Rochdale		799			799
MOORE, John	Unattached - Leeds				799	799
HALLS, Matthew	Pennine Running Club				798	798
ANDREW, John	Unattached - Bury, Lancashire			797		797
CLARKE, Paul	Unattached - Wigan	Vet40			797	797

HOWE, Nick	Unattached - Liverpool		797			797
MAXWELL, Ed	Unattached : Didsbury	Vet40			796	796
BLAKE, Kevin	Unattached - Hull, E Yorkshire	Vet40		795		795
HUCKERBY, Nick	Unattached - Dunfermline		795			795
WILDE, Mark	Unattached - Wirral	Vet40		794		794
BRUCE, Adrian	Lancaster & Morecambe AC	Vet40	793			793
RENTON, Chris	Fetcheveryone	Vet40	792			792
KISIEL, Daniel	Unattached - London				791	791
LEWIS, Nic	Unattached - Macclesfield	Vet40		791		791
BONE, John	Unattached - Ulverston			790		790
PARKER, John	Unattached - Whitehaven	Vet40	790			790
WINTERBORN, Simon	Unattached - Lancaster	Vet40			789	789
BARBER, Graham	Unattached - Leeds	Vet60	788			788
SHORT, Stephen	Unattached - Consett	Vet50		788		788
JACKSON, Malcolm	Congleton Harriers	Vet40		787		787
SWEENEY, Derek	The Low Wood, Windermere	Vet50	787			787
WILKINS, Roger	Unattached, Kendal	Vet60			787	787
THOMAS, Keith	Unattached - Tregaron	Vet50			786	786
FROGGATT, Richard	Dudley Kingwinford RC	Vet40			785	785
HOLLAND, Tony	Unattached : Cramlington			785		785
LAW, Michael	Unattached - Ayrshire	Vet60	784			784
STEVENS, David	Gumpster Harriers	Vet50			784	784
BROADBENT, Mark	Unattached - Stockport		783			783
INGRAM, Michael	Unattached - Mortimer			783		783
BAYBUTT, Alex	Unattached - Wigan	Vet40	781			781
KISZOW, Stephen	Sunderland Strollers				780	780
MASSEY, Jonathan	Unattached - Manchester	Vet40	780			780
NAYLOR, Robert	Unattached - Hebden Bridge	Vet40		780		780
BIRKETT, Ian	Unattached - Northwich	Vet40			779	779
LEWIS, Peter	Unattached - Merseyside	Vet40	779			779
STEVENSON, Paul	Unattached - Nottingham	Vet50		779		779
BEAUMONT, Guy	Unattached - Barnsley	Vet40		778		778
BROWN, Ian	Unattached - Ilkley, W Yorkshire	Vet50	777			777
DAVIDSON, Geoff	Keswick AC	Vet60			777	777
POPE, Dominic	Unattached - Ulverston	Vet40		777		777
ELLIOTT, Matthew	Unattached - Sale			775		775
HOLLAND, Paul	Leeds City	Vet50	774			774
SINGLETON, Ross	Unattached - Bristol	Vet40		773		773
WRIGHT, Andrew	Unattached - Manchester				773	773
ADAMS, Alistair	Unattached : Hook Norton	Vet40		772		772
BOOTH, Austin	Unattached - Mansfield				772	772
HEAD, Graham	Unattached - Newton	Vet40	772			772
LAYBOURNE, Rob	Unattached - Chester Le Street				771	771
TOMLINSON, John	Unattached - Bolton	Vet40	771			771
YOXON, Chris	Unattached - Oxfordshire	Vet40		771		771
ROUTLEDGE, Matt	Unattached - Oxton	Vet40		770		770
WOODWARD, David	BMF Stamford				770	770
BUJAC, Chris	Unattached - Nelson		769			769
EDWARDS, Mark	Unattached - London			769		769
FARRELLY, Fin	Unattached - Shipley, W Yorkshire				769	769
ALLAN, Ross	Lauder Limpers	Vet40		768		768
CARTMELL, Tony	Unattached - Poulton le Fylde	Vet40	768			768
ATKINSON, Steve	Unattached - Stockport	Vet50		767		767
GRIBBIN, Matthew	Unattached - Stalybridge		767			767
JARRETT, David	Unattached - Northampton	Vet50			767	767

JONES, Philip	Fell Ponies	Vet50			766	766
WILLIAMS, Andrew	Serpentine Running Club				766	766
MAJOR, Steven	Unattached : Cramlington				765	765
SKELLY, Martin	Unattached - Liverpool		765			765
UFFINDALL, Matt	Unattached : Ripon				764	764
MCDONALD, Paddy	Haddington Pacemakers	Vet50			763	763
MCLNALLY, John	Unattached - Glasgow	Vet40			762	762
CLAYTON, Gary	Unattatched : Cheshunt	Vet40			761	761
DELVARD, Jason	Stockport Harriers				761	761
WHITTLE, Paul	Unattached - Blackburn	Vet40	761			761
WARD, Antony	Stockport Harriers	Vet40			760	760
WRIGHT, Jeremy	Unattached - Keighley, W Yorks	Vet40			760	760
LEES, Robin	Unattached - Ambleside	Vet60	759			759
MALE, Les	Unattached - Loughborough	Vet40			759	759
MASON, Steve	Unattached - Barrow in Furness				758	758
TARVIT, Ian	Vale Of Aylesbury, Buckinghamshire	Vet60			758	758
CONNER, David	Unattached - Bardon Mill	Vet40			757	757
FAIRCLOUGH, Nick	Serpentine Running Club	Vet40			757	757
HENEHAN, Peter	Horwich RMI Harriers	Vet60	757			757
NEWSTEAD, Peter	Unattached - Warrington	Vet40	756			756
PAULUS, Stephane	Unattached - Liverpool	Vet40			756	756
PRICE, Andy	Unattached - Loughborough	Vet40			755	755
HAYES, John	Stockport Harriers				754	754
PEACOCK, Robert	Unattached - High Spenborough				754	754
CARRUTH, Bob	Unattached - Bridge Of Weir	Vet40			752	752
MCCOY, Stephen	Unattached - Tyne & Wear	Vet40			752	752
FURSEY, Karl	Black Combe Runners				751	751
SAFRANAUSKAS, Rudy	Unattached - Shipley, W Yorkshire	Vet40	751			751
SANT, Peter	Unattached - London	Vet40			751	751
BARNARD, Mark	Unattached : Henley	Vet50			750	750
MAYER, Markus	Unattached - London	Vet40			750	750
COOPER, Gary	Unattached - Liverpool				748	748
BLUNDELL, Ian	Unattached - Preston, Lancashire	Vet40	747			747
COOPER, Terry	Unattached - Workington	Vet40			747	747
MCMASTER, John	Unattached - Warrington	Vet50			747	747
GUNN, Lol	Unattached - Durham				746	746
HATTON, Julian	Unattached - Darlington	Vet40			745	745
HUNT, Christopher	Unattached - Tyne & Wear		745			745
ENRIGHT, Steven	Cleethorpes AC, Lincolnshire	Vet50	744			744
ROGERSON, Peter	Unattached - Dumfries	Vet50			744	744
ALDERSON, Nick	Unattached - Tyne & Wear				743	743
FORSTER, Andy	Unattached - Stradbroke, Eye	Vet40			743	743
JOYCE, Carl	Unattached - Wirral	Vet40	743			743
HARRISON, Nigel	Unattached - Carlisle	Vet40			742	742
HIGHAM, Russell	Unattached		742			742
MASTALERZ, Pawel	Unattached - Windermere				742	742
BLANCHARD, Callum	Unattached - Bishop Auckland				741	741
CHAPPELL, James	Unattached - Cottingham				741	741
KYLE, Andrew	Unattached : Spennymoor				740	740
LEARY, Ron	Unattached - Hull, E Yorkshire	Vet40			739	739
GIBSON, Ian	Tynedale Harriers	Vet50	738			738
KIRBY, David	Unattached - Brampton				738	738
HARBER, Kevin	Unattached - St Albans		737			737

KING, Gerard	Unattached - Liverpool	Vet40			736	736
SHERWOOD, Todd	USA - Anchorage	Vet50	736			736
WILLIAMS, Jeremy	Unattached - Stockport			735		735
PIASECKI, Mathew	Unattached - Manchester				732	732
TONER, Alan	Unattached - Gateshead			732		732
CORN, John	Unattached - Macclesfield	Vet40			731	731
PEACOCK, Donald	Unattached - Durham	Vet50			730	730
GODFREY, Stephen	Unattached - Ackworth			729		729
NEATE, John	Dragons Running Club, Sale	Vet50	729			729
SEATTLE, Paul	Unattached : Rock Ferry	Vet40			729	729
GREENWELL, Robin	Unattached - Wolverhampton	Vet50	728			728
BEDFORD, Kevin	Tri UK	Vet50	727			727
TROMANS, Stuart	Dudley Kingwinford RC	Vet40			727	727
RICHARDS, John	Stockport Harriers				726	726
LATTIMER, Alan	Elswick Harriers	Vet40	724			724
ROACH, Peter	Unattached - Bebington	Vet50		724		724
RUTH, Sean	Unattached - Reigate, Surrey	Vet40			724	724
FIRTH, Dan	Unattached - Cheshire	Vet50			723	723
MCGLEENAN, Sean	Unattached - Dumfries	Vet50	722			722
HADFIELD, Tom	Unattached - Stockport			721		721
CHARLES, Duncan	Unattached - Shropshire	Vet50			720	720
DUNCAN, Kevin	Unattached - Lancaster			720		720
PARKINS, Joe	Unattached, Kendal	Vet40		719		719
STRICKLAND, Mark	Unattached - Holywell	Vet40			719	719
TOLLEY, Keith	Unattached - Buxton, Derbyshire	Vet40	719			719
BLACKBURN, Nick	Unattached - Northwich	Vet40			718	718
JONES, Graham	Unattached, Kendal	Vet50	718			718
STEPHENS, Tom	Unattached - Sherburn	Vet50		717		717
WILSON, Rob	Unattached - Newcastle				717	717
LOKER, Peter	Harrogate Harriers	Vet60		716		716
HAIGH, Stewart	Ackworth Road Runners, W Yorks	Vet60		715		715
BOYLAND, Ian	Unattached - Yeovil, Somerset			714		714
ROBERTS, Richard	Wooler Running Club	Vet40			714	714
BACON, Alan	Unattached - Liverpool				713	713
WALDRAM, Paul	Unattached - Bolton		713			713
BENTLEY, Robert	Unattached - Manchester				712	712
BOON, James	Unattached, Kendal			712		712
JONES, Simon	Unattached - Sawbridgeworth	Vet40			711	711
TOMLINSON, Jonathan	Unattached - Carlisle		711			711
BROADBENT, Mark	Scarab Tri				710	710
CROSS, Andy	Unattached, Kendal			710		710
ADAMSON, George	North Shields Polytechnic AC	Vet60		709		709
WEST, Simon	Unattached - Cleator Moor				709	709
MCCARTHY, John	Unattached - Warrington	Vet40			708	708
TICKNER, Paul	West Cumberland Orienteers	Vet50	707			707
ANDERTON, Mike	Unattached - St Helens	Vet40		706		706
LEES, John	Billingham Marsh House Harriers	Vet50			706	706
WYATT, Phillip	Allithwaite and District	Vet50	706			706
HORAN, Laura	Unattached - Bury, Lancashire			705		705
BROWNBILL, Steve	Unattached - Wirral	Vet40	704			704
GOLDEN, Colm	Unattached - Bristol				704	704
WILLINGTON, Keith	Unattached - Ambleside	Vet50		704		704
MCCARTHY, Craig	Unattached - Warrington				703	703
PLISNER, Peter	Unattached, Birmingham	Vet40		703		703
CURTIS, David	Quakers Running Club, Durham	Vet40	702			702

DEAN, Nigel	Unattached - Sale				702	702
RICKARDS, Hugh	Unattached - West Midlands	Vet40			702	702
BAXTER, Duncan	Unattached - Bury, Lancashire	Vet40		701		701
BEAK, Robbie	Unattached - Telford, W Midlands				701	701
COX, Peter	Unattached - Tonbridge				700	700
SMITH, Bryan	Unattached : Cramlington	Vet40		700		700
HAYWOOD, Keith	Fell Runners Association	Vet50			699	699
LUNT, Eric	Unattached - Manchester				698	698
SALKELD, Sammie	Unattached - Bedford	Vet40		698		698
ANDREWS, Darren	Unattached - Wigan				697	697
BARSTOW, John	Unattached - Ulverston	Vet50			697	697
OXLEY, David	unattached - Horncastle	Vet40		697		697
BEEDLES, John	Unattached - Altrincham				696	696
SATTERLY, Charles	Lancaster & Morecambe AC	Vet40			696	696
BRAY, Jon	Unattached - Manchester				695	695
TANFIELD, Danny	Unattached, Kendal				695	695
LOWIS, Ian	Carlisle Triathlon Club	Vet50		693		693
GLOSSOP, Christopher	Unattached - Chesterfield	Vet40		692		692
ARMSTRONG, Mark	Unattached - Bolton	U18		691		691
PERRETT, Trevor	Swamp Donkeys			690		690
WILKINSON, Peter	Saltwell Harriers	Vet50			690	690
LUCEY, Dan	Unattached - Cockermouth				689	689
NUTT, Rob	Unattached - Basingstoke			689		689
ROMAIN, Lena	Unattached - Manchester				689	689
JOYCE, Martin	Unattached - Basingstoke			688		688
MCINALLY, Patrick	Unattached - Edinburgh	Vet50			688	688
SHILLAW, Chris	Unattached - Tyne & Wear	Vet50		687		687
DAVIES, Mark	Rocktart Runners				686	686
SMITH, Stuart	Unattached - Lincolnshire	Vet60			686	686
OSBORNE, Mark	Unattached - Leeds	Vet40		685		685
BINKS, David	Allithwaite RC	Vet60		682		682
MCCOMB, Oliver	Unattached - London				682	682
REILLY, Colin	Unattached - Isle Of Man	Vet40		681		681
VERBER, Ian	Unattached - Broughton, Cumbria	Vet60			681	681
COWLEY, Peter	LSRC				679	679
CROSSLEY, Richard	Unattached - Staffordshire	Vet40			679	679
CARTER, Matt	Unattached - Berkhamsted				678	678
LOI, Su Han	Unattached - London				676	676
SMITH, James	Unattached - Halifax				676	676
LANGTON, Damien	Unattached - Manchester				675	675
THEAKSTON, Darren	Unattached - Manchester			675		675
ALSTON, Nicholas	Unattached - London				674	674
MITCHELL, Paul	Unattached - Telford, W Midlands				674	674
LUKEHURST, Tess	Fetcheveryone	Vet50			673	673
NORTON, Clive	Kingfisher Tri Club				672	672
SPURLING, Peter	Unattached : Chester le Street	Vet50			672	672
GRIMES, David	Unattached - Wirral	Vet60		671		671
KNIGHTON, Simon	Unattached - Aldbourne	Vet60			671	671
BARTLETT, Robin	Lancaster & Morecambe AC	Vet50			669	669
WEST, David	Unattached - West Kirby	Vet50			669	669
GRAHAM, Steve	Unattached - Wigton, Cumbria	Vet40			668	668
THOMPSON, Dave	Carlisle Triathlon Club	Vet50			668	668
COLLIER, Roger	Unattached - Salisbury, Wiltshire	Vet50			667	667

COPLAND, Colin	Bo'Ness	Vet50			666	666
GRAHAM, Peter	TRI Lakeland	Vet40		666		666
EDMONDS, John	Unattached - Leeds	Vet40		665		665
LEWIS, Dan	Unattached - Brampton				665	665
WOODLEY, Lawrie	Tattenhall Runners, Cheshire	Vet70	665			665
BARRETT, John	Unattached - Tyne & Wear	Vet40	664			664
BARTON, Ken	Ackworth Road Runners, W Yorks	Vet60		664		664
CHAMBERLIN, Nick	Stockport Harriers				664	664
EVANS, David	Unattached - Ormskirk				663	663
MORBY, David	Unattached - Halifax	Vet50	663			663
COLLING, Mark	Quakers Running Club, Durham	Vet40			662	662
SADLER, Jon	Unattached - Lincolnshire	Vet40		661		661
TYSON, Barry	Horwich RMI Harriers	Vet60	661			661
YATES, John	Unattached : Wilmslow				661	661
GREGORY, David	Manchester Harriers	Vet60		660		660
NEALE, Lee	Unattached : South Harting	Vet40			660	660
MICHAELIS, Charlie	Unattached : Stratford-upon-Avon	Vet50			659	659
WICKS, Andy	Unattached - Bardsea	Vet40		659		659
TATTERSALL, Alan	Ackworth Road Runners, W Yorks	Vet50		658		658
GOLDING, Christian	Unattached : Welford on Avon	Vet40			657	657
PHILLIPS, Kevin	Unattached - Macclesfield	Vet50	657			657
BROOME, Richard	Unattached - West Yorks	Vet40		656		656
PINKNEY, Ian	Unattached - Cleveland	Vet40		655		655
TINMOUTH, Philip	Unattached - Tyne & Wear	Vet40	655			655
WILLETT, Paul	Unattached - Bishop Auckland	Vet40			655	655
ROUTELEDGE, Jonathan	Ackworth Road Runners	Vet40		654		654
STOUT, John	Unattached - Aughton	Vet50			653	653
HUGHES, Mark	Unattached - Southport	Vet40			651	651
RUMID, David	Unattached - Tyne & Wear	Vet40	651			651
HOLOHAN, Andy	Unattached - Harrogate, N Yorks		650			650
ROLLASTON, L	Unattached - Stockport	Vet40			649	649
BANNISTER, Kevin	Hardley Runners	Vet60			648	648
MORGAN, Graham	Unattached - Shrewsbury			648		648
SMALL, Sandy	Unattached - Glasgow	Vet60	648			648
BANCROFT, Ian	Unattached - Warrington		647			647
DUDLEY, Benjamin	Unattached - Swindon, Wiltshire			647		647
JONES, Ian	Unattached - Blandford Forum	Vet40			647	647
AU-YONG, Alasdair	Unattached - Leicestershire				646	646
MILES, Richard	Unattached - Warwickshire	Vet40		646		646
COUPE, Stan	Unattached - Preston, Lancashire	Vet50		645		645
FISHER, Iain	Windmillers	Vet40	645			645
JOHNSON, Craig	Unattached - Hemel Hempstead			644		644
MCGLYNN, Shaun	Unattached - Sunderland				643	643
SHINTON, Mark	Unattached - West Midlands	Vet40		643		643
BROHAN, Stephen	Unattached - Worcester	Vet40	642			642
SINGLETON, John	Unattached - Ilkley, W Yorkshire	Vet40			642	642
WILSON, Graeme	Unattached - Edinburgh	Vet40			641	641
LOVELL, Ben	Unattached - Carnforth	Vet40	640			640
HUTTON, Jeffrey	Harrogate Harriers	Vet60		639		639
MURRAY, Andrew	Unattached - Gateshead				639	639
HUNTER, Bryan	Unattached - York	Vet60		638		638

SMITH, Craig	Bowness-on-Windermere, Cumbria		638			638
CANT, Simon	Unattached - Northumberland	Vet40			637	637
CLARK, Robert	AUSTRALIA	Vet40		636		636
WINCH, Jonathan	Unattached - Newcastle	Vet40	636			636
CHEW, Chris	Unattached, Kendal	Vet40		635		635
WATERWORTH, Andy	Unattached - Newcastle	Vet50	635			635
COLES, James	GMP			634		634
STEPHENSON, Ben	Unattached - Hadfield		634			634
JEFFRE, Doug	Unattached - Hexham	Vet50			633	633
THOMAS, Ian	Unattached - Manchester			633		633
BARKER, David	Unattached - St Bees		632			632
WILD, John	Unattached - Preston, Lancashire	Vet50		632		632
ATKINSON, Andrew	Carlisle Triathlon Club	Vet50	631			631
JOHNSON, Stephen	Unattached - Wigan				631	631
BELLINGHAM, Mathew	Unattached - Preston, Lancashire			630		630
GRAHAM, Peter	Unattached : Aspatria	Vet40			630	630
MACFIE, Jamie	Unattached - Morecambe		630			630
POSTLETHWAITE, Dave	St Bees	Vet40	629			629
MILES, Alan	Bushfield Joggers, Peterborough	Vet50	628			628
LOUGHRAN, Joe	Unattached - Stoke On Trent	Vet60		627		627
COOKSON, Paul	Run Fat Boy Run, Ambleside	Vet40	626			626
MCGONNELL, Mark	Unattached - North Lanarkshire	Vet40		626		626
BONE, James	Unattached, Kendal				625	625
ROBERTS, Glyn	Rocktart Runners	Vet60		625		625
TOMBS, Lance	Unattached - Hinckley	Vet50	625			625
THACKWRAY, Paul	Harrogate Harriers	Vet60		624		624
BARTLETT, Richard	Unattached : North Ferriby	Vet50			623	623
CLARK, Jim	Unattached - Hertfordshire		622			622
FRASER, Alasdair	Unattached - Leeds	Vet40		622		622
EGGLETON, Ian	Unattached - Cheshire	Vet60	621			621
ELLISON, Roland	Unattached - London			621		621
HEWITT, Stephen	Unattached - Warrington				620	620
STEPHENSON, Rosie	Unattached - Hadfield		620			620
BIRCH, Daniel	Unattached - Lincoln			619		619
JARVIS, Paul	Fell Runners Association	Vet50			618	618
THORPE, Martyn	Fell Runners Association	Vet40	618			618
WILKINSON, Ian	Unattached - Manchester				617	617
DUDLEY, Peter	Unattached - Preston, Lancashire	Vet50		616		616
HARRIS, Nigel	Unattached - Staffordshire	Vet40			615	615
MCMASTER, James	Unattached - Gateshead	Vet50	615			615
CARTWRIGHT, David	Long Distance Walkers Association	Vet70		614		614
LEE, Colin	Wooler Running Club	Vet50			614	614
LLOYD, Jim	Unattached - Hexham	Vet50			613	613
LOWE, Roger	Unattached - Bridgewater	Vet60	613			613
DODD, Brian	Ackworth Road Runners, W Yorks	Vet70		612		612
HAYES, Andy	Unattached - Wigton, Cumbria	Vet40	612			612
EVANS, Nigel	Unattached - Gloucestershire	Vet60		611		611
ADAMSON, Stuart	Unattached - Bradford, W Yorks	Vet50			610	610
BLACKER, John	Harrogate Harriers	Vet40		609		609
ROBSON, Dave	Elvet Striders, Durham	Vet60			609	609
MUSTOE, Matt	Unattached : Cobham				608	608

