

PUMA Lakeland Trails 2010 Series Results : Women

Name	Club	Category	Hawkshead	Kentmere	Derwent	Coniston	Total
ARMSTRONG, Angela	Carlisle Triathlon Club		497	496	492	495	1980
WOODLEY, Helen	Unattached - Ulverston		494	495	493	494	1976
WOODLEY, Kath	Unattached - Ulverston		493	488	478	486	1945
FORD, Sally	Unattached - Kirkby Lonsdale		448	494	491	496	1929
SAMUELSON-DEAN, Katie	Unattached - Cambridge		485	491	466	471	1913
EAKETTS, Karen	Unattached	Lady Vet 40	477	482	476	474	1909
GOODCHILD, Stephanie	Manchester YMCA	Lady Vet 40	474	481	472	466	1893
QUIRK, Carole	Skelmersdale Boundary Harriers	Lady Vet 50	475	465	452	449	1841
SHUTTLEWORTH, Michelle	St Bees Triers		453	464	427	481	1825
COULTHARD, Anja	Unattached		427	466	464	465	1822
BUTTERFIELD, Becky	Lancaster and Morecambe AC		482	442	462	431	1817
MCDUGAL, Rachael	Dumfries Running Club		437	462	440	426	1765
DAVISON, Marie-Helene	Unattached - Blaydon		472	467	387	417	1743
MCGRATH, Karen	Worthing Striders	Lady Vet 40	386	415	433	425	1659
ROYLE, Eileen	Radcliffe AC	Lady Vet 60	396	433	410	410	1649
MURPHY, Joanne	Tynedale Harriers	Lady Vet 40	409	428	378	399	1614
THORPE, Lynda	Unattached - Castleford	Lady Vet 40	374	429	381	374	1558
SHERIFF, Jane	Garstang Running Club		356	392	395	401	1544
WHETTER, Lisa	Unattached, Kendal		357	412	380	388	1537
STEAD, Wendy	Muller Running Club	Lady Vet 40	365	427	376	367	1535
COATES, Dawn	Unattached - Penrith	Lady Vet 40	344	411	361	389	1505
KIPPAX, Liz	Unattached - Waterhouses	Lady Vet 50	308	416	368	404	1496
RIDEHALGH, Sarah	Accrington Road Runners		500		498	498	1496
LOCKE, Liz	Unattached - Ulverston	Lady Vet 40	353	376	374	385	1488
SUNDERLAND, Samantha	Unattached - Dalton In Furness	Lady Vet 40	316	418	377	351	1462
STEAD, Rita	Muller Running Club	Lady Vet 50	361	422	345	333	1461
WISE, Fiona	Unattached - Middle Claydon			487	485	489	1461
METCALF, Janice	Preston Harriers	Lady Vet 40	378	397	391	291	1457
LITTLE, Fiona	Unattached - Carlisle		328	389	362	377	1456
HOLMES, Laura	City of Hull AC		483	476		478	1437
BATES, Lucy	Unattached - Oldham		339	357	350	381	1427
NICHOLLS, Jan	Sale Harriers	Lady Vet 40	484	479		459	1422
WHITEHOUSE, Helen	Dallam Running Club	Lady Vet 50	239	398	388	397	1422
GRAHAM, Emma	St Bees Triers		480		449	484	1413
BURNS, Annie	Nidd Valley Road Runners	Lady Vet 50	322	408	357	306	1393
CUMMINGS, Ann	Unattached - Cockermouth	Lady Vet 50	466	470	446		1382
CLENNETT, Cat	Billingham Marsh House Harriers		327	388	294	372	1381
MARSDEN, Joanne	Tynedale Harriers		452	460		455	1367
NUMMELA, Miia	Unattached - Leeds		311	379	341	329	1360
GREENWOOD, Judy	Nidd Valley Road Runners	Lady Vet 50	313	375	333	337	1358
BURRUS, Cath	Keswick AC	Lady Vet 40	454		456	447	1357
COLLINSON, Caroline	Preston Harriers	Lady Vet 40	337	370	330	317	1354
GOES, Eva	Unattached - Mistley	Lady Vet 50	340	414	281	310	1345
BENSON, Tracey	Lancaster & Morecambe AC			469	422	448	1339
MAINES, Morna	Mossley Hill Athletics Club		442		444	444	1330
WILSON, Paula	Dumfries Running Club		281	387	314	343	1325
JOHNSON, Sue	Stafford Harriers	Lady Vet 50	444	455		418	1317
LAW, Sally	Unattached - Ayrshire	Lady Vet 60		456	436	423	1315
CRITCHLEY, Carole	Unattached	Lady Vet 40	285	358	334	335	1312
PELLY, Dorothy	Unattached - Sheffield	Lady Vet 50	486		445	365	1296
OLIVER, Jan	Tynedale Harriers	Lady Vet 50	465		382	441	1288
WILSON, Helen	Garstang Running Club	Lady Vet 40	436	440		406	1282
CLARKE, Miranda	Manchester YMCA			419	424	434	1277
WOODS, Sue	Unattached - Levens	Lady Vet 40	276	365	298	332	1271
BEDDARD, Rachael	Unattached - Cambridge	Lady Vet 40	238	361	346	323	1268
SMART, Elisabeth	Dumfries Running Club	Lady Vet 50	410	423		422	1255
FITZPATRICK, Pip	Manchester YMCA		400	443		373	1216
BUCKLEY, Victoria	Stockport Harriers	Lady Vet 40		432	384	390	1206
ALLAN, Janice	Unattached - Dumfries	Lady Vet 40	300	374	337	177	1188

ARMSTRONG, Michelle	North East Vets AC	Lady Vet 40	375	431		375	1181
ROBSON, Charm	St Bees Tri	Lady Vet 70	248	337	268	320	1173
PARDOE, Elaine	Unattached - Manchester	Lady Vet 40	345	393		429	1167
SHEPHERD, Sue	Unattached - Sowerby Bridge	Lady Vet 50	227	360	279	290	1156
VITTY, Caroline	Unattached - Liverpool	Lady Vet 50	270	346	269	248	1133
RILEY, Gaynor	Unattached - Ilkley	Lady Vet 40	257	298	282	295	1132
MUMFORD, Gina	Unattached - Barford St Michael	Lady Vet 40	358	401		368	1127
TABERNER, Julie	Unattached - St Annes	Lady Vet 50	221	306	299	298	1124
LOWIS, Margaret	Carlisle Triathlon Club	Lady Vet 50	351		383	379	1113
CLAYTON, Louise	Unattached - Kendal		335	385		366	1086
GIBSON, Jane	Tynedale Harriers	Lady Vet 50	230	330	261	263	1084
CALLANDER, Susan	Dumfries Running Club	Lady Vet 50	329	405	347		1081
ELLIOTT, Catherine	Unattached - Manchester		373	420		288	1081
MERCER, Catherine	Unattached - Wigan	Lady Vet 40	267	348	233	228	1076
AMBLER, Jane	Razzers Runners		307	410	348		1065
KIRKBRIDE, Sue	Unattached - Nuneaton	Lady Vet 40	338		349	356	1043
KIRWAN, Mary	Unattached - Liverpool	Lady Vet 40	205	324	275	229	1033
NORDON, Alison	Unattached - Paisley		181	335	266	250	1032
ANSON, Morven	Unattached - Silloth		370	367	284		1021
PARK, Rachael	Unattached - Preston	Lady Vet 40	179	299	242	292	1012
TELLER, Christine	Unattached - Austwick	Lady Vet 40		380	327	305	1012
CARNEY, Ann	Chorlton Runners	Lady Vet 50		399	297	315	1011
MARTIN, Heidi	Unattached - Cumbria		216	327	251	204	998
WATTS, Jenny	Unattached - Northumberland			498	499		997
EVANS, Carol	Settle Harriers	Lady Vet 40		497	497		994
SHEFFIELD, Rebecca	Unattached - Colne, Lancashire				494	497	991
GOWANS, Deborah	Accrington Road Runners	Lady Vet 40	496			492	988
MOUSLEY, Victoria	Accrington Road Runners		498			490	988
HOLMES, Kathryn	Manchester Harriers	Lady Vet 40		353	295	334	982
ETHERDEN, Kath	SELOC	Lady Vet 50	203	307	231	238	979
CLEMENT, Yvonne	Unattached - Brampton	Lady Vet 40	184	313	257	224	978
HULL, Catherine	Springfield Striders, Essex			490	486		976
BLUCK, Kim	Tynedale Harriers	Lady Vet 40			482	491	973
MODDER, Alexandra	Penny Lane Striders	Lady Vet 40	208	317	230	217	972
BRENNAN, Renell	Glaxo Hoad Hill Harriers	Lady Vet 40	487	484			971
SCHOFIELD, Mandy	Unattached - Liverpool	Lady Vet 40	207	316	229	216	968
HAYES, Melanie	Unattached - Manchester	Lady Vet 40		483	481		964
HURR, Kate	Carlisle Triathlon Club		467	486			953
BARKER, Anita	Unattached - Cocker mouth	Lady Vet 40			468	473	941
HURREN, Sharron	Wymondham Athletic Club		458			483	941
PERREAULT, Katy	Unattached - Alderley Edge				470	470	940
NESMITH, Sharon	Unattached - Ambleside	Lady Vet 40	492	447			939
ALLEN, Rachel	Todmorden Harriers	Lady Vet 40	201	319	222	194	936
PRICE, Helen	Harrogate Harriers	Lady Vet 40			467	469	936
ARTACHO, Morgane	Unattached - Glasgow			473	459		932
BROOKS, Susan	Unattached - Stockport	Lady Vet 40	253		356	314	923
READER, Kim	Wymondham Athletic Club		463			460	923
WISE, Sally	Unattached - Middle Claydon			468		452	920
YATES, Jane	Unattached - Penrith	Lady Vet 40	191	301	218	210	920
GAMBERINI, Lorna	Unattached - Cocker mouth	Lady Vet 40	226		354	338	918
FLETCHER, Maxine	Wooler Running Club		456		455		911
COURTNEY, Lucy	Unattached - Hexham		441			456	897
ASTALL, Laura	Unattached - Dearham		275	364	256		895
CHUTER, Hilary	Lancaster and Morecambe AC	Lady Vet 50	178	294	221	193	886
LEWIS, Jennifer	Unattached - Manchester			336	276	269	881
MAGGIORI, Lucy	Unattached - Dumfries	Lady Vet 40	234	359	288		881
LEWIS, Maggie	Unattached - Eastleigh	Lady Vet 40	274		292	313	879
DUGGAN, Elizabeth	Kendal AC	Lady Vet 60	301		277	299	877
BAINES, Lynn	Unattached - Carnforth	Lady Vet 40			439	437	876
BUTLER, Nicky	Keswick AC	Lady Vet 40	424		450		874
ROBINSON, Rhiannon	Tynedale Harriers	Lady Vet 40	438	436			874

LOCKWOOD, Joanna	Unattached - Market Drayton				431	436	867
MOODIE, Christine	Unattached - Edinburgh	Lady Vet 40	435		430		865
MCCULLOUGH, Aimee	Spectrum Striders		457			407	864
MOLLARD, Pascaline	Unattached - Edinburgh			450	413		863
RUSSELL, Helen	Unattached - Oldham		245		285	328	858
FAZAELI, Tahera	Womens Running Network		273	358		225	856
MCBLANE, Kate	Unattached - Derbyshire			409	447		856
PAGE, Hilary	Unattached - Hebden Bridge	Lady Vet 50		434		421	855
CHILTON, Susan	Lune Valley Hash House Harriers	Lady Vet 40	425			415	840
PLACKETT, Lydia	Womens Running Network	Lady Vet 60	150	289	214	185	838
TONES, Michelle	Unattached - Leeds	Lady Vet 40		437	400		837
KENYON, Caroline	Unattached - Liverpool	Lady Vet 50	258	320	258		836
ROBERTS, Amanda	Unattached - Sheffield	Lady Vet 40	426	404			830
IVES, Jane	Elvet Striders, Durham	Lady Vet 40		403	412		815
WARNER, Jane	Skelmersdale Boundary Harriers	Lady Vet 40	387			419	806
BROCKIE, Rachel	Unattached - Edinburgh		354	451			805
LSHMAN, Kirsten	Unattached - Settle, N Yorks			413	389		802
BLUNDELL, Jane	South Ribble Runners	Lady Vet 40		325	245	226	796
HANDS, Jill	South Ribble Runners			326	246	222	794
WILKINSON, Lisa	Halifax Harriers	Lady Vet 50		321	250	215	786
HORNBY, Cath	Unattached - Lancashire	Lady Vet 40	391	394			785
SKILLING, Angela	Unattached - Warrington	Lady Vet 40	172	355		256	783
DURRANT, Amy	South Cheshire Harriers				369	411	780
MATHER, Sandra	Unattached - Kendal	Lady Vet 40	369		411		780
STURGESS, Karen	Unattached - Keswick	Lady Vet 40			397	383	780
CROSS, Felicity	Preston Harriers	Lady Vet 50	383			387	770
HICKEY, Jeanette	Unattached - Darwen	Lady Vet 40	255	312		201	768
BEAUMONT, Katherine	Unattached - Lower Bentham		366		390		756
FOX, Sue	Unattached - Leeds	Lady Vet 50			373	382	755
BEAVIS, Elizabeth	Unattached, Kendal		231		255	265	751
BESFORD, Ruth	Unattached - St Helens				393	355	748
TAYLOR, Lisa	Derwentside AC	Lady Vet 40		426		322	748
COLLIER, Lindsay	Mossley Hill Athletics Club		382		364		746
CAMPBELL, Shirley	Unattached - Gawsworth	Lady Vet 50	392			353	745
TOMLIN, Nina	Unattached - Glossop		401		343		744
HUGHES, Stella	Unattached - Stockport	Lady Vet 40			396	347	743
SNEATH, Georgina	Unattached - West Yorkshire			297	238	208	743
CARR, Dot	Unattached - Harrogate	Lady Vet 60	210	304	228		742
OUTTERSIDE, Joanna	Unattached : Cheadle			342	399		741
CLARK, Lindsey	Unattached - Lancaster	Lady Vet 40	259		240	241	740
BLACKLEDGE, Suzanne	Unattached - Manchester		355	384			739
ANDREW, Christine	Biddulph Running Club	Lady Vet 40	332	400			732
RIMINGTON, Jane	Unattached - Windermere	Lady Vet 40	357		372		729
KENNELLY, Julia	Wyndham Athletic Club		349			376	725
SCHNEIDER, Fiona	Ilkley Harriers	Lady Vet 50		402		321	723
WOODBURN, Jane	Skelmersdale Boundary Harriers	Lady Vet 40	360			354	714
CUMPSTEY, Catherine	Unattached - Clitheroe			369		341	710
MOYER, Julie	Unattached - Kendal	Lady Vet 50	326	383			709
KRYNEN, Hilde		Lady Vet 40			392	316	708
COOPER, Ali	Unattached, Kendal	Lady Vet 50			303	395	698
MAIDMENT, Rebecca	Unattached - Egremont		346	352			698
DRAKE, Wendy	Unattached - Blackburn	Lady Vet 40		381		308	689
SUMNER, Lisa	Unattached - Grange over Sands		347			324	671
WISE, Naomi	Unattached - Middle Claydon	Lady Vet 40		391		278	669
WISE, Jess	Unattached - Middle Claydon			390		276	666
GRIMSHAW, Maxine	WalkB4URun	Lady Vet 40	147		272	245	664
MORRISON, Nicola	Unattached - Dumfries		310	354			664
WALKER, Denise	Unattached - York	Lady Vet 40	303			360	663
BULLOCK, Vicki	Unattached - Clitheroe			368		294	662
HARDING, Emma	Unattached - Bristol		433		226		659
MAKINSON, Jan	WalkB4URun	Lady Vet 50		277	202	175	654

COOPER, Karen	Shelton Striders	Lady Vet 40	287	366			653
GILCHRIST, Alison	Unattached - Bristol	Lady Vet 50		363		286	649
ATKINSON, Chris	Unattached - Lancaster	Lady Vet 40	261	377			638
TOWNEND, Sally	Unattached - Oldham	Lady Vet 40			310	325	635
SAVILLE, Kate	Unattached - Oldham		317			297	614
MILES, Jenny	Fetcheveryone	Lady Vet 50		345	265		610
RUMSEY, Jan	Unattached - Workington	Lady Vet 50		303	304		607
DUKES, Ann	Southampton Running Sisters	Lady Vet 70	149	281		176	606
BONHAM, Jo	Unattached - Barrow in Furness	Lady Vet 40			301	304	605
BRADLEY, Claire	Unattached - Warwickshire	Lady Vet 40	280		320		600
MCMASTER, Janet	Unattached - Gateshead	Lady Vet 40	143	286		169	598
LAKER, Lynda	Unattached - Preston	Lady Vet 40	188		216	189	593
WAISTELL, Zoe	Unattached - Hinckley				273	318	591
SMITH, Danielle	Unattached - Grange over Sands		235	350			585
SCHWEITZER, Pamela	Unattached - Gateshead			332		247	579
WINCH, Julie	Unattached - Newcastle	Lady Vet 40		333		246	579
WHITMORE, Eloise	Unattached - Manchester				308	270	578
JEFFS, Ella	Dallam Running Club	Lady Vet 50			293	282	575
HAMPSHIRE, Mary	Otley AC	Lady Vet 40	293			279	572
FLANAGAN, Harriet	Unattached - Leeds		298		270		568
LEWIS, Anne	Unattached	Lady Vet 50	278		289		567
COMERFORD, Christine	Middleton Harriers	Lady Vet 50		278	286		564
HUTCHINSON, Liz	Unattached - Timperley	Lady Vet 40	256	305			561
SAINSBURY, Helen	Unattached - Earby		265		296		561
MCNAMARA, Adelle	Southport Strollers		228		322		550
BELL, Fiona	Unattached - Newcastle			311	237		548
CHAPLIN, Julia	Unattached, Kendal				278	264	542
KNAPPETT, Nikki	Unattached - Cheshire	Lady Vet 40		315	227		542
MODEN, Mary	Rossendale Harriers	Lady Vet 40		340		199	539
SEAR, Lorna	Womens Trail Running Club		244	293			537
HULL, Stephanie	Unattached - Halifax	Lady Vet 40	224	309			533
SHORE, Jacqueline	Unattached - Chorley, Lancs	Lady Vet 50			274	253	527
ALLEN, Marie	Barrow and Furness Striders	Lady Vet 40	262		262		524
CLAYTON, Diane	WalkB4URun	Lady Vet 40	146		201	174	521
KNOWLES, Jackie	Womens Running Network	Lady Vet 40	266			249	515
KAY, Catherine	Unattached - Salisbury, Wiltshire			276	234		510
TICKNER, Rachel	Cockermouth	Lady Vet 50	199	308			507
MADDAMS, Pippa	Keswick AC				500		500
PARTRIDGE, Susan	Leeds City AC			500			500
WILKINSON, Vic	Bingley Harriers					500	500
ADAMS, Lizzie	Hallamshire Harriers					499	499
HYDER, Melanie	Helm Hill		499				499
WAITES, Jo	Calder Valley Fell Runners			499			499
SAMUELSON, Viv	Unattached - Stockport				264	234	498
MCKEOWN, Clare	Border Harriers				496		496
MEAD, Gill	Unattached - Cheshire	Lady Vet 40			495		495
THREADGILL, Kim	Unattached - Edinburgh		495				495
RICHMOND, Nicola	Canterbury Harriers	Lady Vet 40		288	205		493
WILCOX, Ruth	Leeds City AC					493	493
WRIGHT, Janet	Aire Valley Runners	Lady Vet 40		493			493
SPROT, Kathy	Hallamshire Harriers			492			492
WATKINSON-POWELL, Anna	Unattached - Norwich		491				491
BELL, Gail	Sedgefield Harriers		490				490
CHINNERY, Rachel	Tynedale Harriers	Lady Vet 40			490		490
CLARKE, Mandy	Bingley Harriers	Lady Vet 40		489			489
COUSINS, Annie	Unattached - Kendal		489				489

SIMMONDS, Tamsin	Unattached				489		489
CROFTS, Tanya	Wymondham Running Club, Norfolk					488	488
DAVIES, Helen	Mossley Hill AC, Liverpool				488		488
MARTIN, Marian	Spectrum Striders	Lady Vet 50	488				488
HILL, Laura	Unattached - Buxton, Derbyshire	Lady Vet 40				487	487
HOWORTH, Gina	Wallsend Harriers				487		487
MACLAINE, Claire	Unattached - Cheshire				254	233	487
AUBREY, Kathleen	Unattached, Kendal	Lady Vet 40		485			485
WILLIAMS, Sharon	Ilkley Harriers	Lady Vet 40				485	485
BADHAM, Rachel	West 4 Harriers				484		484
SULLIVAN, Carmel	Wesham Road Runners	Lady Vet 40			483		483
NEWTON, Jackie	Stockport Harriers	Lady Vet 40				482	482
REGAN, Paula	Unattached - Kendal		481				481
BROCKIE, Rachel	Unattached - Huddersfield				480		480
MARSHALL, Louise	Unattached - Carnforth				480		480
STEPTO, Michela	Stockport Harriers	Lady Vet 40				480	480
BRANNIGAN, Erin	Cancer Care		479				479
BROWNHILL, Alison	West 4 Harriers, London	Lady Vet 40			479		479
CHILD, Anna	Unattached - Lancaster					479	479
ROBBINS, Louise	Unattached - Salford				478		478
WRIGLEY, Lorna	Unattached - Harrogate		478				478
BARWICK, Lindsay	Unattached - Accrington, Lancs				477		477
HODKINSON, Jane	Blackburn Harriers AC	Lady Vet 40				477	477
LAWRENCE, Chris	Congleton Harriers	Lady Vet 40			477		477
GILLIES, Maureen	Lothian Running Club	Lady Vet 40				476	476
SIER, Julia	Dallam Running Club		476				476
HOLCROFT, Victoria	Skelmersdale Boundary Harriers				475		475
MASON, Nina	Elvet Striders, Durham				475		475
MOORE, Julie	Trismart	Lady Vet 40				475	475
PEERS, Pat	Pensby Runners	Lady Vet 40			474		474
WILKINSON, Sue	Keswick AC	Lady Vet 40			474		474
ASHTON, Lucy	Unattached - London				473		473
DIXON, Angela	Skelmersdale Boundary Harriers		473				473
JACKSON, Jane	Carnethy Hill Runners	Lady Vet 40				472	472
PRICE, Elizabeth	Bingley Harriers	Lady Vet 40			472		472
BEAUSIRE, Anna	West 4 Harriers	Lady Vet 40				471	471
MORAN, Michele	North East Vets AC	Lady Vet 40			471		471
WHALLEY, Catheryn	Unattached - Cheshire	Lady Vet 40	471				471
ROBERTS, Lisa	Unattached - Kendal	Lady Vet 40	470				470
HESKETH, Marian	Preston Harriers	Lady Vet 50			469		469
PARKER, Sheila	Unattached	Lady Vet 50	469				469
HAMLET, Vanessa	Rosendale Harriers	Lady Vet 40				468	468
HODGSON, Susan	Unattached - Hipperholme		468				468
GARTY, Laura	Unattached - Oswestry					467	467
MACCOLL, Lorna	Unattached - Hebden Bridge	Lady Vet 40	237			230	467
PATON, Amanda	CoCo	Lady Vet 40	166	300			466
JEYNES, Anne	Mossley Hill AC, Liverpool				465		465
DALY, Allison	LIFE					464	464
GORMAN, Sarah	Horwich RMI Harriers		464				464
SMALLBONE, Gabrielle	Unattached - Bristol	Lady Vet 40	225			239	464
HADLEY, Liz	Dudley Kingwinford RC				463		463
LAXTON-KANE, Martha	Milltown Milers				463		463
NELHAMS, Sally	Unattached - Sedbergh	Lady Vet 40				463	463
ARKWRIGHT, Janet-Alison	Keighley and Craven AC		462				462
BIRKETT, Wendy	Unattached, Kendal	Lady Vet 50				462	462

HIRD, Maxine	Unattached - London				461		461
MCGUIRE, Christina	Lancaster & Morecambe AC	Lady Vet 40			461		461
STRACHAN, Stephanie	Cherwell Runners & Joggers	Lady Vet 40				461	461
THORNTON, Joanne	Centurion Running Club		461				461
BEAR, Angie	Wymondham Running Club, Norfolk	Lady Vet 50				460	460
STAPLEY, Tracey	Unattached - Oxfordshire		460				460
HIGGINS, Andrea	Milltown Milers	Lady Vet 50			459		459
LOCKETT, Jane	Unattached - Newcastle upon Tyne		459				459
DAVISON, Nicola	Keswick AC				458		458
HORSBURGH, Jill	Lothian Running Club	Lady Vet 50				458	458
RIDOUT, Alice	Horsforth Harriers				458		458
ARMSTRONG, Maria	One Life Triathlon					457	457
CROWLEY-FOXWELL, Michelle	Ambleside AC	Lady Vet 40			457		457
STEPHENSON, Ellen	Moss Park Strollers				457		457
EBERLIN, Cathie	Unattached - Abberley	Lady Vet 40	455				455
HIGGINS, Jane	Unattached - London					454	454
KUNICKA, Majka	Unattached - Sheffield					454	454
RIVATELLI, Daniela	GERMANY - Stuttgart	Lady Vet 40			454		454
JOHNSON, Sarah	Unattached - Manchester					453	453
KING, Sandy	Southville Running Club				453		453
MCTAGGART, Lynne	Unattached - Dalry	Lady Vet 40				453	453
JUSTIN, Trish	Unattached - Derbyshire	Lady Vet 50			452		452
HAZELL, Joanne	Unattached - Carlisle					451	451
JAMES, Leah	Unattached - Barnsley		451				451
MITTON, Marie	Unattached - Carnforth	Lady Vet 40				451	451
CLARK, Hazel	Ware Joggers					450	450
LUND, Ruth	CVFR		450				450
DE SILVER, Marian	Brighton & Hove AC	Lady Vet 50			449		449
POYNTER, Kirsten	North York Moors AC		449				449
BILL, Sarah	Unattached - Staffordshire				448		448
HAMILTON, Francesca	Unattached - Penrith, Cumbria					448	448
MCLAREN, Christine	Unattached		447				447
BEDFORD, Emma	Manchester YMCA				446		446
LAWRENCE, Helen	Unattached - Carlisle		446				446
SENDLHOFFER, Britta	Ambleside AC					446	446
WILLACY, Kerry	Unattached - Dumfries		159	287			446
GRAY, Ellie	Unattached - Grange over Sands		445				445
HUGHES, Liz	Unattached - London	Lady Vet 40				445	445
MARTIN, Maria	Rhyader AC, Powys, Wales	Lady Vet 40			445		445
GRAHAM, Susan	Dumfries Running Club	Lady Vet 50	162	282			444
WARD, Diane	Unattached - Workington	Lady Vet 40			444		444
BRIGHT, Joanne	Unattached - Keswick					443	443
DAY, Julia	Horsforth Harriers	Lady Vet 40				443	443
HAMOR, Fiona	Unattached - Rossendale	Lady Vet 40	443				443
MITCHELL, Sally	Goyt Valley Striders	Lady Vet 50				442	442
MOIR, Sarah	Unattached - Keswick					442	442
BEEVOR-REID, Charlotte	Unattached - Penrith, Cumbria					441	441
BLACK, Susan	Tynedale Harriers	Lady Vet 40			441		441
BELLHOUSE, Gina	Unattached - Southport	Lady Vet 40	155	285			440
COLLINGRIDGE, Hannah	Fell Running Association		161	279			440
COULSON, Sophie	Unattached - Salford					440	440
RIDLEY, Lucy	Unattached - Ambleside		440				440
SCOTT, Norna	Fell Running Association		160	280			440
CASS, Gail	Unattached - Maryport	Lady Vet 50	165	274			439

DICKINSON, Lucy	North West Air ambulance		439				439
GRAHAM, Julie	Garstang Running Club	Lady Vet 40		439			439
STOKES, Jo	Oswestry Olympians					439	439
BLACKBURN, Anna	Unattached Aspatria	Lady Vet 50			438		438
FANCOURT, Julie	Unattached, Kendal			438			438
SCAIFE, Anne	Harrogate Harriers	Lady Vet 40				438	438
ROBERTS, Laura	Unattached - Carnforth				437		437
GLEDHILL, Susan	Stainland Lions, Halifax				435		435
HART-OAKES, Claire	Unattached - Derbyshire			435			435
HORSBURGH, Jen	Unattached - Windermere					435	435
CHAMBERLAIN, Zoe	Unattached - Berkhamsted		434				434
MAUN, Helen					434		434
BEETHAM, Louise	Unattached - Ambleside	Lady Vet 40				433	433
CLARK, Louise	West 4 Harriers				432		432
MORRIS, Carole	Accrington Road Runners	Lady Vet 40				432	432
SHORT, Joanne	Unattached - Carlisle		432				432
SMALLWOOD, Mary	Mossley Hill Athletics Club	Lady Vet 50	431				431
GRIFFITHS, Louise	Unattached - Liverpool		430				430
KEAST, Sarah	Unattached, Longridge, Lanacashire	Lady Vet 40		430			430
MALONE, Emma	FRANCE - La Chappelle D'Abondance	Lady Vet 40				430	430
BUTTERWORTH-COWELL, Carol	Darwen Dashers	Lady Vet 40	429				429
EDMONDSON, Linda	Wrekin Road Runners	Lady Vet 40			429		429
GIBSON, Ailie	Annan & District AC, Dumfriesshire				428		428
HEATH, Lisa	Unattached - Newcastle Under Lyme					428	428
LEONARD, Angela	Manchester YMCA	Lady Vet 40	428				428
DONE, Val	Unattached - Keighley, W Yorks	Lady Vet 40				427	427
MILES, Sally	Unattached - Warwickshire	Lady Vet 40			426		426
HUTCHINSON, Eadaoin	Unattached, Kendal			425			425
MAGER, Rachel	Unattached - Oxfordshire				425		425
EDWARDS, Sarah	Abbey Runners, Leeds					424	424
KITE, Stacey	Pudsey Pacers, Leeds			424			424
BUMBY, Kerrie	Unattached, Kendal		423				423
MACNAB, Sheila	Gala Harriers	Lady Vet 50			423		423
COLLISON, Cherry	Lostock AC		422				422
EDWARDS, Carol	Thames Valley Orienteering Club	Lady Vet 50	421				421
EVANS, Zoe	Elvet Striders			421			421
KELLY, Tina	Keighley & Craven AC				421		421
ADAMS, Sally	Parbold Pink Panthers	Lady Vet 40				420	420
BANKS, Rachel	Unattached - York				420		420
FORREST, Karlyn	Preston Harriers		420				420
SIM, Anne	Unattached - Windermere				419		419
TEMPLE-PHILLIPS, Sarah	Unattached - Stonehouse		419				419
BARLOW, Stef	Elvet Striders, Durham				418		418
DAILEY, Paula	Unattached - Newcastle upon Tyne		418				418
CARRUTHERS, Nicola	Unattached - Carlisle				417		417
LANE, Laura	Unattached - St Albans			417			417
THOMAS, Rachael	Unattached - Southampton		417				417
BUCKLEY, Vicky	Unattached - Kendal	Lady Vet 40	416				416
BUTLER, Jennifer	Keswick AC					416	416
WHITTAKER, Susan	Unattached - Carnforth	Lady Vet 40			416		416
LUCAS, Susan	Lancaster and Morecambe AC	Lady Vet 60	415				415

MANNINGS, Heather	Unattached - Holmfirth		202		213		415
TEMPLE, Kelly	Unattached - York				415		415
DAVIES, Anne	Unattached - Glossop	Lady Vet 40	414				414
KINGSBURY, Julia	Unattached - Keswick				414		414
SMITH, Fay	Unattached - Bolton					414	414
KELLY, Jane	Unattached - Boosbeck	Lady Vet 40	413				413
SWIFT, Anna	Unattached - Wigton, Cumbria					413	413
LAWLEY, Sarah	Unattached - Appleby					412	412
TURNER, Elizabeth	Unattached - Liverpool	Lady Vet 40	412				412
HEYWOOD, Sue	Saddleworth Running Club	Lady Vet 60	411				411
MANTON, Sarah	Unattached - Saddleworth	Lady Vet 40				409	409
MASON, Denise	Elvet Striders, Durham				409		409
DERBY, Lucy	Moss Park Strollers				408		408
HIGGINS, Amanda	Unattached - Stourbridge		408				408
TRAYFOOT, Helen	FRANCE - La Chappelle D'Abondance	Lady Vet 40				408	408
CRITCHLOW, Anna	West 4 Harriers, London	Lady Vet 40			407		407
MCFADDEN, Fran	Springwell Running Club		407				407
O'DOWD, Janet	Unattached - St Helens	Lady Vet 40		407			407
CLARKSON, Christine	Unattached - Swadlincote				406		406
GAVIN, Caroline	Unattached - Wigan		406				406
LAMBERT, Kath	Unattached - Leeds			406			406
ALPIN, Emma	Unattached - Northumberland					405	405
COLLINS, Patricia	Unattached - Cambridge		405				405
JOHNSON, Hannah	Thomlinson Junior School				405		405
RICHARDSON, Joanne	Helm Hill Runners				404		404
STYLES, Suzie	Unattached - Leeds	Lady Vet 40	404				404
BARROW, Laura	Stoneclough Striders, Bolton					403	403
OWEN, Nicky	Cheshire Hash House Harriers	Lady Vet 50			403		403
ROSTRON, Donna	Baxi		403				403
HODGSON, Tracey	Keighley and Craven AC		402				402
HOUGHTON, Georgia	Unattached, Kendal				402		402
HOULSBY, Gill	Unattached - Windermere					402	402
SMITH, Vicky	Unattached - Glasgow				401		401
GOLDSWORTH, Anita		Lady Vet 40				400	400
DOWNIE, Ruth	Unattached - Washington		399				399
AGER, Jennifer	Unattached - Keswick					398	398
ELLIS, Karen	Unattached - Ellon	Lady Vet 40	398				398
ROBERTS, Sally	Unattached - Salford				398		398
SWAILES, Sarah	Unattached - West Kirby		397				397
WILSON, Lynn	Unattached - Hants	Lady Vet 40			211	186	397
ASHFORTH, Janice	Hallamshire Harriers	Lady Vet 50				396	396
LABBETT, Julie	Unattached - Penrith	Lady Vet 40	204			192	396
RICHARDSON, Mandie	Unattached - Manchester	Lady Vet 40		396			396
ALLARS, Sarah	Unattached - Tadcaster		395				395
SIMPSON, Eilidh	Unattached - East Kilbride	Lady Vet 40		395			395
ALMOND, Tracy	Chapel Allerton Road Runners					394	394
BIBBY, Sarah	Redcar Running Club				394		394
WALLIS, Dolores	Unattached - Bedford	Lady Vet 40	394				394
BISIKER, Jane	Stafford Harriers	Lady Vet 40				393	393
SHARPLES, Rachael	Unattached - Manchester		393				393
ENTWISTLE, Mary	Lancaster & Morecambe AC					392	392
JONES, Sarah	Ambleside AC					391	391
MADDEN, Anya	Unattached - Wallasey		390				390
CLARKE, Andrea	PB Fitness Running Club	Lady Vet 40	389				389
COPPLESTON, Bethan	Greater Manchester Police		388				388

MOSS, Sarah	Unattached - Hebden Bridge	Lady Vet 40	177		210		387
STEVENS, Tracy	Wymondham Running Club, Norfolk	Lady Vet 40				386	386
TURNER, Suzanne	Unattached, Kendal				386		386
WILSON, Claire	Stockport Harriers			386			386
GREEN, Stephanie	Unattached - Wigton, Cumbria	Lady Vet 40			385		385
THOMPSON, Jude	Unattached - London		385				385
CARR, Claire	Parbold Pink Panthers	Lady Vet 40				384	384
CLARK, Nadine	Unattached - Staines	Lady Vet 40	384				384
WINTER, Dagmar	Tynedale Harriers	Lady Vet 40			382		382
LEWIS, Jo	Unattached - Brampton	Lady Vet 40	381				381
FARREN, Hilary	Rosendale Harriers	Lady Vet 40				380	380
WATERS, Elizabeth	Unattached - Warrington		380				380
BOWRING, Sharon	Unattached - Leeds		379				379
RICHARDS, Oona		Lady Vet 40			379		379
MCCLEERY, Amanda	Allithwaite and District RC				378		378
SMITH, Kath	Carlisle Triathlon Club	Lady Vet 50				378	378
O'TOOLE, Orna	Unattached - York		377				377
COATES, Jill	Riversway Road Runners	Lady Vet 50	376				376
GODDARD, Hayley	Chorlton Runners				375		375
SUTHERLAND, Paula	Unattached - Hebden Bridge	Lady Vet 40	157		217		374
BARR, Nicola	Unattached - Prescot				373		373
DERBY, Lucy	Unattached - Manchester				372		372
LEE, Amy	Unattached - Liverpool		372				372
ASHTON, Felicity	Unattached - Hartlepool	Lady Vet 40	371				371
FORMBY, Alison	Pinetops Running Club				371		371
O'CONNOR, Debra	Unattached - Liverpool	Lady Vet 40				371	371
SPARROW, Julie	New Marske Harriers	Lady Vet 50			371		371
BAILEY, Sarah	Go Team Go				370		370
SULLIVAN, Cath	Unattached - Chorley, Lancs	Lady Vet 40				370	370
WING, Laura	Unattached - Solihull, W Midlands					369	369
ATKINS, Lydia	Stafford Harriers		368				368
DONNAN, Rachel	Unattached - Highgate		367				367
MORRIS, Mercy	Women's Running Network	Lady Vet 40			367		367
BEDWELL, Carol	Unattached - Merseyside	Lady Vet 40			366		366
FROST, Hilda	Elswick Harriers	Lady Vet 40			365		365
BONHAM, Phillippa	Unattached - Doncaster	Lady Vet 40				364	364
WRAGG, Emma	Unattached - Glossop	Lady Vet 40	364				364
GILLESPIE, Christine	Keswick AC					363	363
MARTIN, Shelley	West 4 Harriers				363		363
PLEASANT, Elizabeth	Unattached - Hyde	Lady Vet 40	363				363
FISHER, Claire	St Bees Tri				362		362
HAWORTH, Linda	Unattached	Lady Vet 40	362				362
MCGINLEY, Sarah	Unattached - London					362	362
HOGAN, Jane	Unattached - Ormskirk	Lady Vet 40	174			187	361
JAMESON, Joanne	Unattached - Stonehouse					361	361
YOUNG, Kirsty	Mid Argyll Tri Club				360		360
GORAJALA, Rachel	Manchester Harriers				359		359
LATHAM, Emma	Unattached - Waterloo		359				359
ORFORD, Rebecca	Holme Pierrepont RC, Notts	Lady Vet 50				359	359
RADCLIFFE, Diane	Unattached - Manchester	Lady Vet 50				358	358
WATSON, Wendy	Neurocare Physiotherapy				358		358
DALE, Katharine	FRANCE - La Chappelle D'Abondance	Lady Vet 40				357	357
LLOYD, Kim	Unattached - Hexham	Lady Vet 40			356		356
BAILLIE-SMITH, Hilary	Unattached - Penrith, Cumbria					355	355

NOLAN, Nicky	Unattached - Alderley Edge	Lady Vet 40	151		204		355
DUNN, Barbara	Unattached	Lady Vet 50			353		353
MERCER, Sarah	Unattached - Wigan		169			184	353
HALL, Sue					352		352
MCCONVILLE, Sally	Dudley Kingwinford RC	Lady Vet 40				352	352
WESTWOOD, Lindsay	Unattached - Stanley		352				352
PORTER, Laura	Unattached - Liverpool				351		351
PURDY, Vivienne	Unattached - Penrith, Cumbria	Lady Vet 40		351			351
MCVEY, Julie	Unattached - Liverpool		350				350
WEBSTER, Beth	Unattached - Sunderland					350	350
AKERS, Ruth	Keswick AC			349			349
PERRIN, Paula	Unattached - Salford					349	349
POULTON, Emma	Unattached - Sunderland					348	348
THOMPSON, Liz	Unattached - Tarporley		348				348
GARRETT, Rachel	Unattached - Windermere			347			347
BOWLES, Jane	Unattached - Leyland, Lancashire	Lady Vet 40				346	346
COTTERILL, Cathryn	Women's Running Network	Lady Vet 40				345	345
KING, Kira	Run Fat Boy Run, Ambleside			344			344
LARSON, Angela	Pinetops Running Club	Lady Vet 40			344		344
PROCTER, Angela	Elvet Striders, Durham					344	344
HALLWORTH, Louise	Chorlton Runners	Lady Vet 40		343			343
MCHUGH, Cat	Unattached - Bolton		343				343
ANDREWS, Hilary	Unattached - Skipton, N Yorks	Lady Vet 50			342		342
TAYLOR, AnnMarie	Unattached - Bolton		342				342
WING, Abbie	Unattached - Solihull, W Midlands					342	342
ALLWOOD, Cressida	Unattached	Lady Vet 40	341				341
JACKSON, Jen	Unattached - London			341			341
MORRIS, Fiona	Gala Harriers	Lady Vet 50			340		340
WEST, Viv	Unattached - Windermere	Lady Vet 50				340	340
BURNS, Susan	Pinetops Running Club	Lady Vet 40			339		339
SCOTT, Sarah	Unattached - Leigh, Lancashire			339			339
THURMAN, Kate	Unattached - Sale					339	339
HALE, Janine	Pinetops Running Club				338		338
HINES, Emma	Unattached - Ash Vale			338			338
DARWELL, Synne	Unattached - Carnforth				336		336
MEYRICK, Gurcharnjit	Unattached - West Molesey		336				336
WATSON, Eva	Unattached - Shipley, W Yorkshire	Lady Vet 40				336	336
KAAG, Sierra	Unattached, Kendal				335		335
BODDY, Diane	Unattached - Lytham St Annes		334				334
RUSBRIDGE, Deb	Arragons Cumbrian Tri Club			334			334
WATTON, Emma	Howgill Harriers		333				333
BROOKSBANK, Sarah	Unattached - York				332		332
KNOWLES, Hannah	Stockport Harriers				331		331
MASON, Anna	Unattached - Leamington Spa			331			331
NEESON, Mary	Unattached - Grange over Sands	Lady Vet 60				331	331
REILLY, Niamh	Biddulph Running Club		331				331
BUNNAGE, Vicky	Unattached - Coniston					330	330
COOMBS, Jo	Leeds Bradford Tri Club	Lady Vet 40	330				330
GRIFFITHS, Rachel	Unattached - Altrincham				329		329
RAYNER, Jan	Unattached - Leeds	Lady Vet 40		329			329
ILLINGWORTH, Andrea	Unattached - Settle, N Yorks	Lady Vet 40		328			328
SMITH, Helen	Keswick AC				328		328
LAFFERTY, Joanne	Unattached - London					327	327

SOULBY, Shelagh	Unattached, Kendal	Lady Vet 50			326		326
WHITFIELD, Susan	Unattached - Craven Arms	Lady Vet 40				326	326
SLACK, Sarah	Unattached		325				325
YENDELL, Suzy	Unattached - Glasgow				325		325
BURTON, Tanya	Unattached - Manchester		324				324
MCINTOSH, Eleanor	Unattached, Kendal				324		324
ASTON, Sian	Unattached - Lytham St Annes			323			323
REES, Nathalie	Chester Triathlon Club	Lady Vet 40			323		323
WILCOCKS, Tracey	Unattached - Ripponden	Lady Vet 40	323				323
HUGHES, Hazel	Unattached - Stocksfield	Lady Vet 60		322			322
HARRISON, Judith	Unattached - Upper Batley	Lady Vet 40			321		321
TAYLOR, Caroline	Unattached - Ripponden	Lady Vet 40	321				321
ROBINSON, Melanie	Unattached - Barrowford		320				320
ADDISON, Dawn	Biddulph Running Club	Lady Vet 40	319				319
ROBERTS, Becky	Unattached - West Didsbury				319		319
WILSON, Sarah	Fetcheveryone					319	319
BENTLEY, Louise	Edgworth Cricket Running Club	Lady Vet 40			318		318
MERCER, Helen	Unattached - Wigan		318				318
ROCKCLIFFE, Karen	Run Fat Boy Run, Ambleside			318			318
GODDARD, Sue	Chorlton Runners	Lady Vet 50			317		317
MACDONALD, Catriona	Unattached - Morpeth				316		316
WALLACE, Pauline	Hartlepool Burn Road Runners	Lady Vet 40	145			171	316
COBBETT, Dawn	Worthing Striders	Lady Vet 50			315		315
COLLINS, Cheryl	Unattached - Wigan		315				315
EDWARDS, Bernice	Unattached - Yarm		314				314
NAIK, Mamta	Chorlton Runners	Lady Vet 40		314			314
ROE, Sarah	Chorlton Runners				313		313
FROGATT, Cindy	Dudley Kingswinford	Lady Vet 40	312				312
LENZNER, Luzie	GERMANY - Berlin					312	312
MACDONALD, Angharad	Unattached - Keswick				312		312
LAMB, Abigail	Unattached - Barnsley					311	311
LYSONS, Alison	Women's Running Network	Lady Vet 40			311		311
IRELAND, Jan	Eden Runners	Lady Vet 40		310			310
FELTON, Gillian	Unattached - Leeds	Lady Vet 40				309	309
GROAT, Alison	Unattached - Dumfries		309				309
HADDOCK, Bernadette	Unattached - Wigan				309		309
AIRD, Alice	Unattached - East Molesey				307		307
HENNESSEY, Emma						307	307
BRIGGS, Sarah	Unattached - Brampton	Lady Vet 40	306				306
DUNN, Jacqui	FIT Club, Newcastle	Lady Vet 40			306		306
DUNN, Lindsay	FIT Club, Newcastle				305		305
OLIVER, Penny	Unattached - Penrith	Lady Vet 40	305				305
PLATT, Jennie	Unattached - Prescot		304				304
COOK, Lynn	Mossley Hill AC, Liverpool	Lady Vet 50				303	303
CAMPION, Peggy	Unattached - Workington			302			302
MACDONALD, Margaret	Unattached - Morpeth	Lady Vet 40			302		302
PARKER, Nicola	Unattached - Carnforth	Lady Vet 40	302				302
UNWIN, Jen	Parbold Pink Panthers	Lady Vet 40				302	302
ANDERSON, Emily						301	301
EIVSON, Irene	Unattached - Llanymynech	Lady Vet 40				300	300
WILSON, Kirstie	Unattached - Cleator Moor	Lady Vet 40			300		300
NAPTHEN, Sally	Chester Tri	Lady Vet 40	299				299
SHUFFLEBOTTOM, Tracy	Biddulph Running Club	Lady Vet 40	297				297
BROWN, Angie	Blyth Running Club		296				296
EVANS, Dawn	Mossley Hill AC, Liverpool					296	296
ROPER, Helen	Unattached - Sheffield			296			296

GLOSSOP, Jenny	Unattached - Ashington		295				295
PRATT, Megan	Unattached - Sheffield			295			295
DAVISON, Tamela	Unattached - Newcastle	Lady Vet 40	294				294
HILL, Jane	Rock Tarts - Shropshire	Lady Vet 40				293	293
ALLEN, Judith	Unattached - Ilkley, W Yorkshire	Lady Vet 60		292			292
KNIGHT, Cindy	Biddulph Running Club	Lady Vet 40	292				292
BURBAGE, Sue	Unattached - Waterhouses	Lady Vet 40		291			291
CARRAGHER, Debra	Unattached - Formby				291		291
HINDLE, Rachel	Unattached - York		291				291
BROWN, Caroline	Unattached - Chorley		290				290
POMFRET, Mary	Blackburn Harriers	Lady Vet 50		290			290
VAUGHAN, Jacqui	Bexhil Runners	Lady Vet 50			290		290
JACKSON-HENDERSON, Laury	Unattached - Chorley	Lady Vet 40	289				289
WINTER, Nicola	Unattached - Windermere					289	289
KENT, Sher	Unattached - Winchester	Lady Vet 50	288				288
ALGER, Alison	Unattached - Ulverston	Lady Vet 40			287		287
BURNSIDE, Elizabeth	Unattached - Mold	Lady Vet 40				287	287
DURN, Beth	Unattached - Sale		286				286
MATTHEWS, Helen	Unattached - Coniston					285	285
DEAKIN, Judith	Preston Harriers	Lady Vet 60	284				284
KIMBER, Caroline	Unattached - Holmfirth					284	284
TURNER, Marianne	Unattached - Grange over Sands	Lady Vet 50		284			284
CUMMINS, Jane	Unattached - Thirsk, N Yorks	Lady Vet 40		283			283
EZARD, Jill	Unattached - Ilkley, W Yorkshire	Lady Vet 40			283		283
GUITTAP, Frances	Unattached - St Bees		283				283
ROSS, Jane	Ashford Athletic, Kent	Lady Vet 40				283	283
THOMAS-FRIEND, Rachel	Unattached - Lincoln		282				282
ATKIN, Louise	Unattached - Manchester	Lady Vet 40				281	281
BELLINGHAM, Claire	Unattached - Johnstone	Lady Vet 40				280	280
WATSON, Sonia	Unattached - Keighley, W Yorks	Lady Vet 40			280		280
WADE, Rachel	Unattached - Ormskirk		279				279
BEER, Amy-Jane	Unattached - York		277				277
VINCENT, Bronwen	Parbold Pink Panthers	Lady Vet 40				277	277
AMBLER, Christine	Unattached - Northwich	Lady Vet 50		275			275
WRIGHT, Melanie	Unattached - Preston, Lancashire					275	275
HILL, Susan	Unattached	Lady Vet 60				274	274
SUTTON, Kate						273	273
BELL, Jan	Unattached - Kirkbymoorside	Lady Vet 50				272	272
EASTBURN, Cheryl	Team Jo		272				272
EDWARDS, Joyce	Stone Masters Marathoners, Staffs	Lady Vet 60			271		271
MAXTED, Claire	Eye Runners, Peterborough					271	271
WALKE, Margaret	Allen Valley Striders	Lady Vet 50	271				271
BARKER, Kirsty	Unattached - Wigton	Lady Vet 40	269				269
READ, Naomi	Unattached - London					268	268
SOUTHWORTH, Susan	Unattached - Preston	Lady Vet 40	268				268
BAILEY, Kathryn	Unattached - Oldham	Lady Vet 40				267	267
CRELLIN, Rebecca	Unattached - Frizington				267		267
ATKINSON, Lydia	Unattached - Barrow in Furness	Lady Vet 40				266	266
MEYRICK, Kathryn	Unattached - Windermere	Lady Vet 40	264				264
FRASER, Sandra	Unattached - Leeds	Lady Vet 40			263		263
PHILLIPS, Lynn	Unattached - Nuneaton		263				263
DALE, Catherine	Unattached - Barnsley					262	262
HIGGINS, Clare	Unattached - Oldham	Lady Vet 40				261	261

ANDREW, Suzanne	Unattached - Bury, Lancashire					260	260
JOHNSTON, Claire	Unattached - Widnes					260	260
MERRICK, Amanda	Unattached - Manchester	Lady Vet 40	260				260
DYKES, Suzannah	Shorrocks Hill Running Club					259	259
KIRK, Lou						259	259
DUDLEY, Giselle	Unattached - Sunderland	Lady Vet 40				258	258
MURPHY, Renee	Unattached - Sidcup, Kent					257	257
WALKER, Caroline	Unattached - Goole	Lady Vet 50				255	255
LONGNEY, Claire	Unattached, Kendal	Lady Vet 40				254	254
WHITE, Anne	Unattached - Chaigley	Lady Vet 40	254				254
TURNER, Ruth	Wesham Road Runners	Lady Vet 50				253	253
GUILFOYLE, Michelle	Unattached - Nuneaton	Lady Vet 40				252	252
SCHLINKERT, Claire	Unattached - London					252	252
SPRAGG, Lynn	Silverdale Stragglers		252				252
GIBSON, Patricia	Unattached - Windermere	Lady Vet 40				251	251
SMITH, Charlotte	Me		251				251
GRUFFUDD JONES, Ceri	Y Felinheli, Wales		250				250
BODENHAM, Rachel	Unattached - Carnforth					249	249
DIXON, Leslie	Unattached - Carlisle	Lady Vet 40	249				249
RICHARDS, Angela	Unattached - Carnforth	Lady Vet 40				248	248
GREENWOOD, Jill	Womens Running Network	Lady Vet 40	247				247
WYNNE-WORSLEY, Catherine	Unattached - Cowpe					247	247
LEE, Munny	Keighley and Craven AC		246				246
CARRUTHERS, Sheila	Shepshed Running Club	Lady Vet 60				244	244
FERGUSON, Zoe	Unattached - Wigton, Cumbria	Lady Vet 50				244	244
CARRUTHERS, Alice	Unattached - Huddersfield					243	243
KNOWLES, Amy	Unattached - Stockport					243	243
MACCLAIN, Claire	Unattached		243				243
MCGILVRAY, Lisa	Unattached - Glasgow	Lady Vet 40				242	242
ROBINSON, Brenda	Rochdale Harriers	Lady Vet 60	242				242
LAING, Liz	Unattached - Wakefield	Lady Vet 40				241	241
MCGOWAN, Karen	Unattached - Thornton Hough	Lady Vet 40	241				241
JANAWAY, Jane	Unattached - Chester	Lady Vet 40	240				240
TURNER, Jane	Unattached - Northumberland	Lady Vet 40				240	240
TADEO, Andrea	Unattached - Southport	Lady Vet 40				239	239
SCHENKEL, Susanna	FRANCE - La Chappelle D'Abondance	Lady Vet 40				237	237
HEMSLEY-ROSE, Sare	Unattached - Whitehaven	Lady Vet 40				236	236
PEISER, Gillian	Penny Lane Striders		236				236
TAYLOR, Kristy	Unattached - Sale					236	236
LAYTON, Margaret	Wimbledon Windmilers	Lady Vet 60				235	235
WHITE, Susan	Unattached - Somerset	Lady Vet 50				235	235
LALLY, Jo	Tynedale Harriers	Lady Vet 40	233				233
DERITIS, Vicki	Unattached - Newcastle	Lady Vet 40				232	232
GALLAGHER, Nicola	Unattached - Carlisle		232				232
TERRY, Janet	Unattached - Wakefield	Lady Vet 50				232	232
WESSELS, Nina	Unattached - London	Lady Vet 40				231	231
PETERS, Joanne	Unattached - Wallasey		229				229
TURNER, Hilary	Unattached - Goole	Lady Vet 60				227	227
JOHNSON, Helen	Unattached - Liverpool					225	225
HAWORTH, Shirley	Unattached - Liverpool					224	224
HILTON, Margaret	Unattached	Lady Vet 50	223				223
OLIVER, Helen	Unattached - Northwich	Lady Vet 40				223	223
WILLIAMS, Linda	Unattached - Ulverston	Lady Vet 50				223	223
NICKSON, Cheryl	Unattached - Higher Walton	Lady Vet 50	222				222
KIRTON, Kath	Unattached - Chorley, Lancs					221	221

ELLIOTT, Pauline	Allen Valley Striders	Lady Vet 40	220				220
STARK, Linda	Unattached - Melrose, Scotland	Lady Vet 50				220	220
TURNBULL, Jackie	Hilly, Ron Hill & Bridgedale				220		220
CULL, Jane	South Ribble Runners		219				219
MCBRIDE, Kathryn	Unattached - Manchester					219	219
TELFORD, Kathryn	Unattached - Leeds				219		219
WELLS, Karen	Unattached - Ulverston					218	218
WILLIAMSON, Julie	Unattached - Wigan	Lady Vet 40	218				218
TEMPLEMAN, Sue	Unattached - Frizington	Lady Vet 40	217				217
ADAMS, Michelle	Unattached - Maryport	Lady Vet 40			215		215
WALLER, Alice			215				215
FELGATE, Helen	Unattached - Leeds	Lady Vet 50	214				214
SAXBY, Fiona	Unattached - Neston					214	214
KNOTT, Pam	Spectrum Striders					213	213
SWEENEY, Elaine	Unattached - Southport	Lady Vet 40	213				213
CROWE, Sarah	Unattached - Thurso, Scotland					212	212
SWIFT, Hannah	Unattached - Manchester				212		212
VAUGHN, Toni-Anne	Unattached - Ormskirk		212				212
GEE, Kathryn	Unattached - Bolton	Lady Vet 40				211	211
YELL, Dawn	Unattached - Liverpool		211				211
CROWTHER, Clare	Unattached - Knutsford	Lady Vet 50			209		209
SWART, Liza	Unattached - Manchester	Lady Vet 40				209	209
TUCKER, Judith	Unattached - London	Lady Vet 50	209				209
NORBURY, Rosemary	Unattached - Huddersfield	Lady Vet 50			208		208
LAWSON, Maria	Unattached - Stockton on Tees					207	207
RAMSDEN, Vicky	Unattached - Wakefield	Lady Vet 50			207		207
ATKINS, Kathryn	Unattached - Leeds	Lady Vet 50	206				206
KUWALL, Sue	FRANCE - La Chappelle D'Abondance	Lady Vet 40				206	206
MILES, Rosalyn	Manchester Harriers	Lady Vet 40			206		206
LEWIS, Pauline	Unattached - Long Newton					205	205
CARR, Elaine	Unattached - Johnstone	Lady Vet 40				203	203
GRAINGER, Joanne	Unattached - West Midlands				203		203
THOMAS, Rebecca	Unattached - Ulverston					202	202
CHEESMAN, Julie	Unattached - Manchester	Lady Vet 60				200	200
JOHNSON, Carla	Felixstowe Road Runners, Suffolk		200				200
GILBERT, Lisa	Unattached - Millington		198				198
SURTEES, Tracey	Unattached - Long Newton					198	198
KITA, Isabelle	Striders Of Croyden	Lady Vet 40				197	197
MASTIN, Jane	Unattached - Ambleside	Lady Vet 40	197				197
ELLCOTT, Ruth	Unattached - Leigh, Lancashire					196	196
HOTCHKISS, Susan	Unattached	Lady Vet 40	196				196
WATSON, Diane	Unattached - Wigton, Cumbria	Lady Vet 40				195	195
WILSON, Lisa	Unattached - Tideswell		195				195
SIMPSON, Michelle	Baxi Group		194				194
WALDRON, Caroline	Baxi Group		193				193
MASSEY, Rachel	Unattached	Lady Vet 40	192				192
BISHOP, Joanne	Wigan Phoenix					191	191
FAIRCLOUGH, Clare	Unattached - Manchester	Lady Vet 40				190	190
KIRKBY, Paula	Womens Running Network		190				190
NICKSON, Jayne	Unattached - Higher Walton		189				189
VISIKER, Richard	Stafford Harriers	Lady Vet 40				188	188
SPENCER, Sonia	Unattached - Burscough	Lady Vet 40	187				187
WHEELER, Nicola	Unattached - Whitehaven		186				186
WICKS, Abigail	Unattached - Whitehaven		185				185
MILLS, Jo	Unattached - Bridgnorth					183	183

RUSSELL, Katherine	Unattached - Stocksfield		183				183
FRITH, Vanessa	Unattached - Driffield, W Yorks					182	182
STARK, Linda	Unattached - Melrose	Lady Vet 50	182				182
GREGORY, Jane	Unattached - Driffield, W Yorks	Lady Vet 40				181	181
KO, Minjung	Unattached - Reading		180				180
MCGREEN, Jane	Unattached - West Midlands	Lady Vet 50				180	180
FRASER, Elizabeth	Unattached - Ilkley, W Yorkshire	Lady Vet 50				179	179
STARKEY, Julie	Unattached - Wigan					178	178
BLANCHARD, Jill	Manchester Harriers	Lady Vet 40	176				176
GIDLEY, Hazel	Unattached - Surbiton		175				175
DEARNLEY, Sarah	Unattached - Lincoln		173				173
SOUTHALL, Helen	Unattached - Cheshire	Lady Vet 40				173	173
BRECKON, Norma	Unattached - Stockton on Tees	Lady Vet 50				172	172
KANE, Annette	Silverdale Stragglers	Lady Vet 50	171				171
HODGSON, Christine	Unattached - Tyne & Wear	Lady Vet 50				170	170
MCDUGAL, Jean	Unattached - Lockerbie	Lady Vet 60	170				170
ECCLESTON, Nicola	Unattached - Cannock	Lady Vet 40	168				168
SPENCE, Carolyn	Scarborough AC	Lady Vet 40				168	168
SCOTT, Gillian	Unattached - North Shields	Lady Vet 40	167				167
WILSON, Pat	Unattached - Scarborough	Lady Vet 40				167	167
PRITCHARD, Sharon	Unattached - Brampton	Lady Vet 40	164				164
MCKAY, Tina	Cleethorpes AC	Lady Vet 50	158				158
COTTAM, Sharon	Riversway Road Runners		156				156
SAUNDERS, Kate	Unattached - Oxford		154				154
SAGE, Catherine	Unattached - Oxford		153				153
SADLER, Ann	Unattached - Hertford	Lady Vet 50	152				152
LOCKWOOD, Alison	Unattached - Barnsley	Lady Vet 40	148				148
LATHAM, Jody	Greater Manchester Police CID		144				144