

Lakeland Trails 2023 Dirty Double Results - 14-18k Trail Run



| Position | Name | Gender | Age Cat | Club | Helvellyn | Ullswater | DD |
|----------|------------------|--------|---------|--|-----------|-----------|------|
| 1 | Jonathan Cox | m | | Eden Runners | 1000 | 1000 | 2000 |
| 2 | Ewan Sewell | m | | | 999 | 998 | 1997 |
| 3 | Victoria Sewell | f | | Knavesmire Harriers | 995 | 993 | 1988 |
| 4 | Jamie Arkle | m | | Mercia Fell | 993 | 994 | 1987 |
| 5 | Philip Foscoe | m | | | 973 | 991 | 1964 |
| 6 | Lucy wasinski | f | FV 40 | Glossopdale Harriers | 961 | 985 | 1946 |
| 7 | Peter Cushion | m | MV 50 | Wirral Vikings Trc | 962 | 983 | 1945 |
| 8 | James Grinbergs | m | MV 40 | Eden Runners | 965 | 977 | 1942 |
| 9 | Ted Leahy | m | MV 40 | Ripon Runners | 998 | 943 | 1941 |
| 10 | Mark Griffiths | m | MV 40 | Manchester Ymca Harriers | 959 | 976 | 1935 |
| 11 | Kevin Scott | m | MV 50 | Eden runners | 951 | 963 | 1914 |
| 12 | Matthew Smith | m | MV 40 | | 935 | 972 | 1907 |
| 13 | John Wilson | m | MV 50 | Massey Ferguson Running Club | 931 | 962 | 1893 |
| 14 | Andrew Pye | m | MV 40 | | 916 | 974 | 1890 |
| 15 | Matthew Wernham | m | MV 60 | Farnham Runners | 919 | 938 | 1857 |
| 16 | Jane Harris | f | FV 40 | Tewkesbury running club | 918 | 937 | 1855 |
| 17 | Steve Platten | m | MV 40 | City of Hull AC | 897 | 952 | 1849 |
| 18 | Richard Brown | m | MV 40 | Belper Harriers | 892 | 948 | 1840 |
| 19 | Chris Brearton | m | MV 40 | Wirral Vikings TRC | 879 | 955 | 1834 |
| 20 | Debbie Howard | f | FV 50 | Furness Fell Runners | 876 | 940 | 1816 |
| 21 | Michael Devlin | m | MV 40 | | 865 | 947 | 1812 |
| 22 | Graham Coupe | m | MV 50 | Wirral Vikings Trc | 908 | 898 | 1806 |
| 23 | Caroline Duncan | f | FV 40 | | 853 | 950 | 1803 |
| 24 | LIAM MCDONNELL | m | MV 40 | SOUTHPORT | 858 | 923 | 1781 |
| 25 | Kerry Grinbergs | f | FV 40 | Eden runners | 850 | 926 | 1776 |
| 26 | Terry Moss | m | MV 50 | | 842 | 930 | 1772 |
| 27 | Sam Goodall | m | MV 40 | Nidderdale Fell and Trail | 854 | 913 | 1767 |
| 28 | Jonathan Watt | m | MV 60 | | 824 | 933 | 1757 |
| 29 | Steven Ohara | m | MV 40 | | 825 | 932 | 1757 |
| 30 | Paul Phillips | m | MV 50 | | 802 | 941 | 1743 |
| 31 | Gillian Rowland | f | FV 60 | | 827 | 912 | 1739 |
| 32 | Kay Mcgreevy | f | FV 60 | | 815 | 916 | 1731 |
| 33 | Joanna Fitch | f | | | 807 | 919 | 1726 |
| 34 | Gillian Bell | f | FV 40 | Tynedale Harriers | 821 | 904 | 1725 |
| 35 | Matt Brookes | m | MV 40 | Ripon Runners | 818 | 905 | 1723 |
| 36 | Ewan Taylor | m | | Victoria Park Running Club, Warrington | 823 | 885 | 1708 |
| 37 | Chris Turner | m | MV 60 | Nidderdale Fell and Trail | 810 | 891 | 1701 |
| 38 | Kelvin Dickinson | m | MV 50 | Wirral AC | 799 | 900 | 1699 |
| 39 | Caroline Hall | f | FV 50 | Wirral AC | 800 | 899 | 1699 |
| 40 | Mark Gould | m | MV 40 | | 702 | 988 | 1690 |
| 41 | David Morrell | m | | | 778 | 911 | 1689 |
| 42 | John Waring | m | | | 795 | 890 | 1685 |
| 43 | Rosie Warnett | f | FV 40 | Sedgefield Harriers | 777 | 907 | 1684 |
| 44 | Andrew Mcgregor | m | MV 40 | | 782 | 894 | 1676 |
| 45 | William Fitch | m | | | 767 | 902 | 1669 |
| 46 | Martin Slater | m | MV 40 | | 771 | 892 | 1663 |
| 47 | Ian Croft | m | MV 50 | Red Rose Road Runners | 870 | 788 | 1658 |
| 48 | Sandra Connell | f | FV 60 | | 792 | 862 | 1654 |
| 49 | Harry Hardcastle | m | U21 | | 759 | 893 | 1652 |
| 50 | Don Oldcorn | m | MV 50 | | 768 | 879 | 1647 |

| Position | Name | Gender | Age Cat | Club | Helvellyn | Ullswater | DD |
|----------|---------------------|--------|---------|---|-----------|-----------|------|
| 51 | Roger Harrison | m | MV 60 | Cheshire Hash House Harriers | 763 | 872 | 1635 |
| 52 | Ully Kritzler | m | MV 50 | Manchester and Morecambe Athletics Club | 756 | 871 | 1627 |
| 53 | Jo Rolls | f | FV 40 | Keswick AC | 737 | 883 | 1620 |
| 54 | Darren Gillman | m | MV 50 | Todmorden Harriers | 774 | 845 | 1619 |
| 55 | Anne Macfarlane | f | FV 60 | Dumfries Running Club | 729 | 889 | 1618 |
| 56 | Hannah O'connor | f | | | 754 | 859 | 1613 |
| 57 | Andy Buckroyd | m | MV 60 | Macclesfield Harriers | 757 | 856 | 1613 |
| 58 | Stuart O'connor | m | MV 50 | | 753 | 858 | 1611 |
| 59 | Bryn Wilson | m | | | 875 | 736 | 1611 |
| 60 | Andrew Hemsley | m | MV 50 | Walney Wind Cheetahs | 732 | 877 | 1609 |
| 61 | Julie Cook | f | FV 50 | Tynedale Harriers | 726 | 882 | 1608 |
| 62 | Peter Mylett | m | MV 40 | Wirral Vikings Trc | 747 | 844 | 1591 |
| 63 | Shaneen Platten | f | FV 40 | City of Hull AC | 748 | 830 | 1578 |
| 64 | Paul Lyndon-Hogg | m | MV 50 | | 723 | 854 | 1577 |
| 65 | Aidan Egleston | m | MV 50 | Telford Harriers | 722 | 853 | 1575 |
| 66 | Michelle Farnhill | f | | | 731 | 837 | 1568 |
| 67 | Katarzyna Babinska | f | | | 724 | 839 | 1563 |
| 68 | Michael Albert | m | MV 50 | Wearside Triathlon | 709 | 852 | 1561 |
| 69 | Helen Milner | f | FV 50 | Tewkesbury Tri Club | 710 | 841 | 1551 |
| 70 | Anthony Finn | m | MV 60 | | 716 | 835 | 1551 |
| 71 | Adrian Kamis | m | MV 60 | East Hull Harriers | 579 | 970 | 1549 |
| 72 | Louise Anderson | f | FV 50 | | 714 | 827 | 1541 |
| 73 | Polly Gould | f | | | 701 | 823 | 1524 |
| 74 | Laura Whittaker | f | FV 40 | | 698 | 821 | 1519 |
| 75 | Owen Davies | m | MV 70 | | 688 | 824 | 1512 |
| 76 | Sarah Lord | f | FV 50 | DH Runners | 728 | 781 | 1509 |
| 77 | Nick Pape | m | MV 50 | Hermitage Harriers | 691 | 818 | 1509 |
| 78 | Matt Carter | m | MV 50 | | 707 | 802 | 1509 |
| 79 | Chris Green | m | MV 50 | | 692 | 817 | 1509 |
| 80 | Andrew Wright | m | MV 40 | | 697 | 812 | 1509 |
| 81 | Nigel Dean | m | MV 50 | | 696 | 811 | 1507 |
| 82 | Charlie Shaw | f | U25 | | 662 | 833 | 1495 |
| 83 | Andrew Sherif | m | MV 40 | | 661 | 834 | 1495 |
| 84 | John Glass | m | U25 | | 663 | 816 | 1479 |
| 85 | Christina Loveridge | f | FV 40 | Bbrc | 679 | 792 | 1471 |
| 86 | Jill Reed | f | FV 50 | | 680 | 780 | 1460 |
| 87 | Sarah Hoggarth | f | FV 50 | Orchard Eagles Running Club | 657 | 801 | 1458 |
| 88 | Ben Cheetham | m | | | 674 | 778 | 1452 |
| 89 | Mark Austin | m | MV 40 | | 633 | 813 | 1446 |
| 90 | Alicia Croft | f | FV 50 | Red Rose Road Runners | 647 | 789 | 1436 |
| 91 | Lisa Harrop | f | FV 50 | | 603 | 832 | 1435 |
| 92 | Rosie Egan | f | FV 50 | Cheshire Hash House Harriers | 659 | 770 | 1429 |
| 93 | Robert Terry | m | MV 50 | Belper Harriers | 656 | 771 | 1427 |
| 94 | Ryan Parry | m | MV 40 | | 624 | 794 | 1418 |
| 95 | Felicia Singleton | f | FV 50 | Victoria Park Running Club, Warrington | 638 | 776 | 1414 |
| 96 | Emma Bartlett | f | FV 40 | | 628 | 785 | 1413 |
| 97 | Victoria Pearman | f | | Allithwaite Running Club | 595 | 810 | 1405 |
| 98 | Laura Tracey | f | | | 572 | 831 | 1403 |
| 99 | Chris Probert | m | MV 60 | Penny Lane Striders | 666 | 733 | 1399 |
| 100 | Helen Hollingworth | f | | | 620 | 777 | 1397 |
| 101 | Russell Pilling | m | MV 60 | North Shields Poly | 632 | 763 | 1395 |
| 102 | Paul Lee | m | MV 50 | Relentless OCR | 634 | 745 | 1379 |
| 103 | Russ Valentine | m | MV 60 | Falkland Trail Runners | 719 | 653 | 1372 |
| 104 | Mary Entwistle | f | FV 50 | | 648 | 722 | 1370 |
| 105 | Rachel Finn | f | FV 50 | | 600 | 764 | 1364 |
| 106 | Amanda Cirelli | f | FV 50 | | 639 | 721 | 1360 |
| 107 | Katy Lewis | f | FV 60 | | 598 | 750 | 1348 |
| 108 | Janet Kay | f | FV 60 | East hull harriers | 580 | 768 | 1348 |

