

Lakeland Trails 2023 Series Championships - 10k Trail Run Spring Series



Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1	Karl Dickenson	m		Lonely Goat Rc	996	1000	995	2991
2	Macauley Bond	m			997	998	996	2991
3	Ronnie Haddow	m	MV 50	Furness Fell Runners	987	994	993	2974
4	Gary O'Neill	m	MV 40	Furness Fell Runners	990	990	992	2972
5	Michel Carrillo	m	U25		978	986	991	2955
6	Gary Moran	m			979	989	987	2955
7	Mark Wilson	m	MV 50	No Drama Llamas Running	965	967	965	2897
8	Ray Padgett	m	MV 70		951	955	948	2854
9	David Bayliss	m	MV 40	Red Rose Road Runners	922	946	949	2817
10	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	932	940	919	2791
11	Tracy Pinder	f	FV 40		918	911	923	2752
12	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	869	885	942	2696
13	Richard Clements	m	MV 50	Hip Replacement Runners	843	890	927	2660
14	Paul Abrams	m	MV 40		875	889	893	2657
15	Howard Rand	m	MV 50		786	925	943	2654
16	Carl Wild	m	MV 40		852	893	884	2629
17	Deborah Thorneycroft	f	FV 50		858	897	873	2628
18	Shirley Spratt	f	FV 60		892	892	821	2605
19	Graeme Atkinson	m	MV 50		863	850	885	2598
20	Belinda Schofield	f	FV 50		837	877	882	2596
21	Ellie Dwan	f	U25		846	858	875	2579
22	Richard Campbell	m	MV 40		825	870	860	2555
23	Ben Higginson	m	MV 60	Preston Harriers	811	875	868	2554
24	Pete Holding	m	MV 60		821	860	838	2519
25	Robert Myatt	m	MV 50		823	854	840	2517
26	Rebecca Modeley	f			817	853	847	2517

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
27	Karen Harper	f	FV 50	Sytal Running Club	815	862	835	2512
28	Mart Kissick	m	MV 40		800	829	869	2498
29	Tony Priest	m	MV 50		854	843	801	2498
30	Mark Shaw	m	MV 50		785	865	823	2473
31	Jean Turner	f	FV 60	Telford Harriers	792	864	799	2455
32	Claire Smith	f	FV 40	North Shields Poly	808	837	802	2447
33	Sharon-lee Lukas	f	FV 50		803	852	791	2446
34	Joseph Ritson	m	MV 60	Derwent Ac Cockermonth	806	789	846	2441
35	Andrew Wilkinson	m	MV 50		793	820	807	2420
36	Anna Holmes-Rand	f	U21		788	807	814	2409
37	Nic Holmes	f	FV 50		789	806	813	2408
38	Amy Fern	f			787	810	805	2402
39	Katie Welch	f	FV 50		739	795	834	2368
40	Danny Thompson	m	MV 60		740	796	812	2348
41	Natasha Cruickshank	f	FV 40		773	708	796	2277
42	Helen Craven	f	FV 50		731	714	779	2224
43	Joanna Amos	f	FV 50		730	732	745	2207
44	Brian Winder	m	MV 70	Darwen Running Group	721	744	736	2201
45	Ruth Shooter	f	FV 40	Ruth's Runners	712	734	753	2199
46	mark taylor	m	MV 60	audenshaw asthmatics running society	713	715	755	2183
47	Jacqueline Shore	f	FV 60		720	721	735	2176
48	Vicky Evans	f	FV 50		710	686	757	2153
49	Louise Hill	f	FV 40	Astley & Tyldesley Road Runners	649	663	724	2036
50	Alison Spencer	f			653	655	725	2033
51	Jaclyn Gray	f	FV 40		650	654	720	2024
52	Sophie Hunt	f			0	988	980	1968
53	Jack Ball	m	U25	Settle Harriers	981	976	0	1957
54	William Trewby	m			984	0	973	1957
55	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	972	971	0	1943
56	Jon Meeten	m	MV 50		0	963	974	1937
57	Tania Huddleston	f			962	974	0	1936
58	Phil Anderson	m	MV 40		0	966	970	1936
59	Tom Gathercole	m			966	0	968	1934
60	Luisa Blake	f	U21		967	0	966	1933

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
61	Kevin Eland	m			963	960	0	1923
62	Jennifer Casson	f	FV 40		953	968	0	1921
63	Adrian Blake	m	MV 40		958	0	946	1904
64	David Macgillivray	m	MV 60	Dh Runners	947	950	0	1897
65	David Ward	m	MV 40		937	937	0	1874
66	David Chow	m	MV 50	Eden runners	925	0	945	1870
67	John Birkett	m	MV 60		910	952	0	1862
68	Martha Anderson-Taylor	f			0	921	938	1859
69	Thomas Gorst	m			928	0	922	1850
70	Frans Strydom	m	MV 40	Furness Fell Runners	891	0	950	1841
71	Claudia Pagoulatou	f	FV 50	Pensby Runners	907	933	0	1840
72	Sally McFarlane	f	FV 40	None	900	0	936	1836
73	Martin Slater	m	MV 40		0	902	928	1830
74	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	0	918	908	1826
75	Kirsten Abbott	f	U25		924	0	902	1826
76	Wendy Birkett	f	FV 60	Ambleside Athletic Club	899	912	0	1811
77	Michelle McCarthy	f			0	913	898	1811
78	Richard Walker	m	MV 40		908	895	0	1803
79	Lizzie Simmons	f	FV 40		909	894	0	1803
80	Nick Lewer	m	MV 70		0	896	907	1803
81	Jennifer Smith	f			906	0	894	1800
82	david CARTER	m	MV 50		873	0	911	1784
83	Sarah Adams	f	FV 40		874	898	0	1772
84	Nathan Greenwood	m			888	882	0	1770
85	Susan Bibby	f	FV 40		865	905	0	1770
86	Matthew Affolter	m	MV 50		883	879	0	1762
87	Will Douthwaite	m			872	887	0	1759
88	Nick Helliwell	m	MV 50		842	0	916	1758
89	Jackie Watts	f	FV 40		864	0	891	1755
90	David Moran	m			0	884	866	1750
91	Stuart Edwards	m	MV 60	Lonely Goat	0	873	865	1738
92	Simon Forshaw	m	MV 50		853	876	0	1729
93	Collette Eames	f	FV 60	JogOnTheTYne	0	849	878	1727
94	Philip Loftus	m	MV 60		826	872	0	1698

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
95	Dale Harrison	m			747	947	0	1694
96	Mike Parker	m	MV 40		866	0	827	1693
97	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	834	0	844	1678
98	Mary Clifford	f	FV 40		807	0	863	1670
99	Nizam Ismail	m			0	834	829	1663
100	Simon Robson	m	MV 40		877	0	782	1659
101	Tony Orr	m	MV 60		0	828	830	1658
102	Rachel Summers	f	FV 50		0	822	833	1655
103	Claire Willis	f	FV 40		0	838	809	1647
104	Georgia May	f			767	0	876	1643
105	Katherine-Lee Lukas	f	U21		0	859	773	1632
106	Peter Burlingham	m	MV 40		824	803	0	1627
107	Lesley Nixon	f	FV 50	Red Rose Road Runners	0	797	825	1622
108	Zara Gall	f	FV 40	Didsbury Ladies	797	0	819	1616
109	Tracy Slater	f	FV 40		0	801	808	1609
110	Shelly Allen	f	FV 50		0	792	806	1598
111	Chloe Almond	f		Lancaster Runners	0	805	793	1598
112	Leanne Topcuoglu	f	FV 40	ACF Standish	804	0	792	1596
113	emma Brierley	f	FV 50		0	817	778	1595
114	Claire Rawlinson	f			766	821	0	1587
115	Matthew Almond	m	MV 40		0	802	775	1577
116	Liza Tattersall	f	FV 50		0	755	816	1571
117	Sally Wilkinson	f	FV 50	Get Over Yourself	0	808	754	1562
118	Kathryn Abbott	f	FV 50	Red Rose Road Runners	805	0	751	1556
119	Anna Richings	f	FV 50	Lancaster and Morecambe ac	0	766	786	1552
120	Andrew Gudgeon	m	MV 50		0	756	794	1550
121	Dawn Saxby	f	FV 50	DCH Run Club	733	0	810	1543
122	Lisa Whiteley	f			0	749	790	1539
123	Melissa Grocock	f	FV 40		758	778	0	1536
124	Carol Cox	f	FV 50		742	791	0	1533
125	Rebecca Meeten	f	FV 50		0	745	788	1533
126	Jackie Frank	f	FV 40		757	771	0	1528
127	Alison Rayner	f	FV 50		749	0	774	1523
128	Jane Dring-Morris	f	FV 50	Leicestershire Orienteering Club	0	752	764	1516

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
129	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	746	753	0	1499
130	Nadine Scaife	f	FV 50		0	759	740	1499
131	Helen Bowerman	f	FV 50		735	761	0	1496
132	Melanie Burton	f	FV 40		703	0	785	1488
133	Vicki Buss	f	FV 50		0	702	762	1464
134	Helen Patten	f	FV 50	Red Rose Runners	700	0	761	1461
135	Jane Hunter	f	FV 60		723	735	0	1458
136	Joanne Lewis	f	FV 50		708	0	747	1455
137	John Wiseman	m	MV 50	Red Rose Road Runners	0	706	742	1448
138	Elaine Baker	f	FV 50	St Helens Striders	701	0	744	1445
139	Nicola Machin	f	FV 50		684	0	760	1444
140	Julie Kelly	f	FV 60	St Bees Triers	726	712	0	1438
141	Greg Murphy	m	MV 50		711	717	0	1428
142	Edward Melling	m	MV 60		680	0	743	1423
143	John Melling	m	MV 60		677	0	741	1418
144	David Rosen	m	MV 60	Lancaster & Morecambe AC	702	698	0	1400
145	Helen Hetherington	f	FV 70		704	693	0	1397
146	Ann Myatt	f	FV 60	Cheadle	674	0	721	1395
147	Christina Davies	f	FV 40		691	694	0	1385
148	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	715	659	0	1374
149	Linda Farquhar	f	FV 70	St Bees Triers	697	674	0	1371
150	Julie Dugdale	f	FV 50		667	703	0	1370
151	Julie Loftus	f	FV 50		660	675	0	1335
152	Sarah Boyle	f	FV 50		668	653	0	1321
153	Jackie Routledge	f	FV 60	Thornton Cleveleys	646	660	0	1306
154	Chris Holdsworth	m		Team inov-8	1000	0	0	1000
155	Billy Cartwright	m		Team Inov-8	0	0	1000	1000
156	Bethan Lowe	f	U25		0	999	0	999
157	Tom Levi	m		Thirsk & Sowerby Harriers	999	0	0	999
158	Nicola Jackson	f		Team Inov-8	0	0	999	999
159	Chris Gray	m	MV 40	Tri Lakeland	998	0	0	998
160	James Barsby	m			0	0	998	998
161	Alex Heffron	m			0	997	0	997
162	Adam Elkin	m	MV 40	Lancaster & Morecambe AC	0	0	997	997

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
163	Adam Firth	m	MV 40		0	995	0	995
164	Adrian Favill	m		Scunthorpe and District Running Club	995	0	0	995
165	Adrian Filipek	m			0	0	994	994
166	Craig Miller	m	MV 50		994	0	0	994
167	Ben Harrison	m	MV 40		0	993	0	993
168	Marcus Carter-Strutt	m	U25		993	0	0	993
169	Daniel McDonagh	m			0	992	0	992
170	Anna Hoogkamer	f			992	0	0	992
171	Amy Pickworth	f	FV 40	Darlington harriers	0	991	0	991
172	Joe Brown	m			991	0	0	991
173	Paul Lewis	m	MV 50		0	0	990	990
174	Tanya Blake Miller	f	FV 40		989	0	0	989
175	James Gaffney	m		-	0	0	989	989
176	Stuart Parry	m	MV 50	Northern Fells Running Club	988	0	0	988
177	Josh Glennon	m			0	0	988	988
178	Ewen Turner	m			0	987	0	987
179	Samuel Stretch	m			0	0	986	986
180	Matthew Ashton	m	MV 40	Bad Boy Running Club	986	0	0	986
181	Philip Mallaband	m	MV 40	Vegan Runners	0	985	0	985
182	Rachel Crow	f		BFR	985	0	0	985
183	Paul Macfarlane	m	MV 40	Helm Hill Runners	0	0	985	985
184	Jorden Partington	m	MV 40		0	984	0	984
185	Michael Cole	m	U21		0	0	984	984
186	Paul Myers	m	MV 50		0	983	0	983
187	Alex Parry	m	U21		983	0	0	983
188	Matt Marshall	m	MV 40		0	0	983	983
189	Joseph D'Arcy	m	U21	Kirkbie Kendal	0	982	0	982
190	Alan Huggon	m	MV 50	Border Reiver Runners	982	0	0	982
191	Thomas Bateson	m		LBC Tractors	0	0	982	982
192	Jamie Quan-soon	m	MV 40		0	981	0	981
193	Paul Jeffrey-Read	m	MV 50		0	0	981	981
194	Michael Garside	m	MV 40		0	980	0	980
195	Cameron Littler	m			980	0	0	980
196	David Dalziel	m			0	979	0	979

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
197	Mikey Hanna	m		LBC Tractors	0	0	979	979
198	Chloe Frankish	f	FV 40		0	978	0	978
199	Peter Llewellyn	m	MV 50	Mearley Runners	0	0	978	978
200	Ruth Denham-Brown	f			0	977	0	977
201	Simon Gora	m	MV 40	Garstang RC	0	0	977	977
202	Paul Amiss	m	MV 40		977	0	0	977
203	Richard Bergin	m		Nob End RC	976	0	0	976
204	Harrison Nicolson	m			0	0	976	976
205	Dan Ackroyd	m	MV 40		0	975	0	975
206	Neil Mistry	m			975	0	0	975
207	Decland Mernagh	m		LBC Tractors	0	0	975	975
208	Bob O'Neil	m	MV 40	Helm Hill	974	0	0	974
209	James Williams	m	MV 40		0	973	0	973
210	James Gray	m			973	0	0	973
211	Samuel Gill	m			0	972	0	972
212	Ben Goodwill	m			0	0	972	972
213	Jack Whitworth	m		LBC Tractors	0	0	971	971
214	Ellie price	f			971	0	0	971
215	james Galloway-Booth	m	U21		0	970	0	970
216	Andrew Anderson	m	MV 50	Dunbar Running Club	970	0	0	970
217	David Atkinson	m	MV 50	Blengdale Runners	0	969	0	969
218	Tanya Lambert	f	FV 50	Eden Runners	0	0	969	969
219	Georgia Marsh	f			969	0	0	969
220	Jack Wilson	m			968	0	0	968
221	Asa Carrington	m			0	0	967	967
222	Paul Hartley	m	MV 50		0	964	0	964
223	Stephen Jolly	m	MV 60	Allithwaite Running Club	964	0	0	964
224	Alan Parker	m	MV 50		0	0	964	964
225	Joseph Tyldesley	m			0	0	963	963
226	Gary Stones	m		Hardley Runners	0	962	0	962
227	Chris Shaw	m	MV 60	Dark Peak Fell Runners	0	0	962	962
228	Richard Newbert	m	MV 40		961	0	0	961
229	Matt Tinsley	m			0	0	961	961
230	Robert Storm	m	MV 50		960	0	0	960

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
231	Philip GLENNON	m	MV 60	Ambleside AC	0	0	960	960
232	Gemma Alderson	f	FV 40		0	959	0	959
233	Pete Davison	m	MV 50	Glaxo Hoad Hill Harriers	0	0	959	959
234	Daniel Tierney	m			959	0	0	959
235	Simon Nield	m			0	958	0	958
236	Joe Horrocks-Taylor	m			0	0	958	958
237	JON SHARD	m	MV 50		0	957	0	957
238	Ralph Liddell	m	MV 70	Eden Runners	957	0	0	957
239	Daniel Tierney	m			0	0	957	957
240	Thomas Pearson	m			0	956	0	956
241	Tom Halliwell	m		Nob End Run club	0	0	956	956
242	Jeff Conabere	m	MV 50		956	0	0	956
243	Colin Howard	m	MV 60	Furness Fell Runners	955	0	0	955
244	Richard Lambert	m	MV 50	Eden Runners	0	0	955	955
245	Adrian Byrne	m			0	954	0	954
246	Helen Hart	f			0	0	954	954
247	Brian McGinn	m	MV 40		954	0	0	954
248	Mark Wilding	m	MV 50		0	953	0	953
249	David Hull	m	MV 60		0	0	953	953
250	Richard Brown	m	MV 40	Belper Harriers	952	0	0	952
251	Kristopher Rath	m			0	0	952	952
252	Jonathan Frankish	m	MV 40		0	951	0	951
253	David Stephens	m	MV 60		0	0	951	951
254	Scott Houston	m			950	0	0	950
255	Jack Doran	m			0	949	0	949
256	Nick Brookes	m	MV 50		949	0	0	949
257	Adam Smith	m			0	948	0	948
258	Emily-Kate Turner	f			948	0	0	948
259	robert coakley	m			0	0	947	947
260	Carwyn Greaves	m			946	0	0	946
261	Tony Rutter	m	MV 60	SROC	0	945	0	945
262	Kelly Cassidy	f			945	0	0	945
263	Rebecca Clarke	f	FV 40		0	944	0	944
264	Tammy Connor	f	FV 40		0	0	944	944

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
265	Steve Wilkinson	m	MV 40		944	0	0	944
266	Jonty Tarbuck	m	MV 50		0	943	0	943
267	Barry Rayson	m			943	0	0	943
268	Brenda Rutter	f	FV 50		0	942	0	942
269	Rebecca Humphreys	f			942	0	0	942
270	John-Robert Welsh	m			941	0	0	941
271	Karen Lloyd	f	FV 40		0	0	941	941
272	Daniel Shard	m	MV 40		940	0	0	940
273	Jennifer Coakley	f			0	0	940	940
274	Dawn harrison	f	FV 50	loftus & whitby AC	939	0	0	939
275	Luke Wookey	m	MV 40		0	0	939	939
276	Jacqui Foster	f	FV 50	Ilkley Harriers	0	939	0	939
277	Sandra Myers	f	FV 50		0	938	0	938
278	Stuart Holding	m	MV 40	Wigan & District Harriers Ac	938	0	0	938
279	Carol Hatch	f	FV 60		0	0	937	937
280	Andy Froud	m	MV 50		0	936	0	936
281	Shaun Favill	m	MV 60	LINCSQUAD	936	0	0	936
282	Sarah Airey	f	FV 40		0	935	0	935
283	Martyn Anderton	m		Nob end running club	935	0	0	935
284	Paul Wilson	m			0	0	935	935
285	Basia Pawelczak	f		Blackpool Wyre And Fylde Ac	0	0	934	934
286	Andrea Donaldson	f			934	0	0	934
287	Nick Henry	m	MV 40		933	0	0	933
288	Alison Gill	f	FV 50		0	0	933	933
289	Matthew MADDOCK	m	MV 40		0	932	0	932
290	Grant Griffiths	m	MV 60		0	0	932	932
291	Michael Bellwood	m			0	931	0	931
292	Kate Platt	f	FV 40	Hay Hotfooters	931	0	0	931
293	Samantha Catarelli	f		Styal Rc	0	0	931	931
294	Hannah Heron	f	FV 40	Didsbury runners	930	0	0	930
295	Glenn Morris	m	MV 50	Running Bear	0	0	930	930
296	Dave Raynor	m	MV 60	Red Rose Road Runners	0	930	0	930
297	Gerard Rooney	m	MV 60	Dalston Caldew Runners	0	929	0	929
298	Tom Wild	m			929	0	0	929

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
299	Louise Jeffrey-read	f	FV 40		0	0	929	929
300	Mirjam Kallis	f		Team inov-8	0	928	0	928
301	Dickie Felton	m	MV 40		927	0	0	927
302	Simon Burgess	m			926	0	0	926
303	Alex Sharman	m			0	0	926	926
304	William Thomson	m	U25		0	0	925	925
305	Michael Ball	m	MV 50		0	924	0	924
306	Bradley Foster	m			0	0	924	924
307	Stephen Biscomb	m	MV 60	Clayton-le-moors	0	923	0	923
308	Andrew Johnson	m	MV 40		923	0	0	923
309	Ian Stainthorpe	m	MV 60		921	0	0	921
310	Emily Valentine	f	U25	Wigan Harriers	0	0	921	921
311	Michael Johnson	m	MV 60		0	920	0	920
312	Oliver Chanarin	m	MV 50		920	0	0	920
313	Mat Harrop	m	MV 40		0	0	920	920
314	Sally Caton	f	FV 40	Stainland Lions Running Club	919	0	0	919
315	Christine Frank	f	FV 50		0	919	0	919
316	Dale Gerrard	m			0	0	918	918
317	Rebecca Fish	f			0	917	0	917
318	Guy Platt	m	MV 40		917	0	0	917
319	Gillian Holland-Jones	f	FV 60	Styal Running Club	0	0	917	917
320	Pete Lashley	m	MV 50		0	916	0	916
321	Laura Fildes	f			916	0	0	916
322	Andrew Pilkington	m			0	915	0	915
323	Kathryn Holmes	f	FV 40		0	0	915	915
324	Jayne Taylor	f			915	0	0	915
325	Gareth Matthews	m			0	914	0	914
326	Laura Ashton	f	FV 40	Bad Boy Running Club	914	0	0	914
327	Susan Fletcher	f	FV 40	Astley & Tyldesley Road Runners	0	0	914	914
328	Rachel Dobson	f			913	0	0	913
329	Stuart Cairns	m	MV 40		0	0	913	913
330	Tim Cullimore	m	MV 40		0	0	912	912
331	Paul Wood	m	MV 60	Lonely Goat RC	912	0	0	912
332	Ben Poole	m			911	0	0	911

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
333	Lorna Davies	f	FV 50	Knowle And Dorridge	0	910	0	910
334	Sophia Padt	f			0	0	910	910
335	Iain Riley	m			0	909	0	909
336	Alicson Daniela Fernandes Urbz	f			0	0	909	909
337	Stinky Pete	m			0	908	0	908
338	Nigel Forster	m	MV 50		0	906	0	906
339	Sally Ledger	f			0	0	906	906
340	Laura Avey	f			905	0	0	905
341	Sam Humphreys	m			0	0	905	905
342	Isobel Taylor	f			0	904	0	904
343	Charlene Smith	f			0	0	904	904
344	Paul Blake	m	MV 60	Lonely Goat	904	0	0	904
345	Ellie Taylor	f			0	903	0	903
346	Peter EVANS	m	MV 50	Kings heath rc	903	0	0	903
347	Claire Hall	f	FV 40	Na	0	0	903	903
348	Iain Mclean	m	MV 50	Muthaduckas	902	0	0	902
349	Timon Robson	m	MV 50		0	901	0	901
350	David Harrow	m	MV 40		901	0	0	901
351	Paul Wilson	m	MV 60	Eden Runners	0	0	901	901
352	John Heap	m	MV 40		0	900	0	900
353	TREVESSA NEWTON	f	FV 50		0	0	900	900
354	Mark Barwell	m	MV 40		0	899	0	899
355	Kevan Wylie	m	MV 60		0	0	899	899
356	Alex Moran	m	MV 40	None	898	0	0	898
357	Fiona Jane Burgess	f			897	0	0	897
358	Joanne Devitt	f	FV 50	Knowle & Dorridge Running Club	0	0	897	897
359	Katie Wilkinson	f	FV 40		896	0	0	896
360	Andrew Devitt	m	MV 50	Knowle & Dorridge Running Club	0	0	896	896
361	Joel Stanier	m		Red Rose Road Runners	0	0	895	895
362	Sarah McGrath	f	FV 40	Ramsbottom Running Club	895	0	0	895
363	Tim Smith	m	MV 50		894	0	0	894
364	Holly Maxwell	f			893	0	0	893
365	Alex OBrien	m			0	0	892	892
366	Louise Johnson	f	FV 40	Hardley Runners	0	891	0	891

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
367	Charles Richardson	m			890	0	0	890
368	Carolyn Barker	f	FV 50	Burnden Roadrunners	0	0	890	890
369	Leigh Curran	m			889	0	0	889
370	Jenny Clark	f	FV 40	Blackpool Wyre & Fylde AC	0	0	889	889
371	Sam Birchall	m			0	0	888	888
372	Hanna Burgess	f			887	0	0	887
373	Garry Spivey	m	MV 70	Unattached	0	0	887	887
374	Gemma Favill	f		LINCSQUAD	886	0	0	886
375	David Dodgson	m	MV 50		0	0	886	886
376	Mark Austin	m	MV 40		0	886	0	886
377	Kristy Wonders	f	FV 40	North Shields Poly	885	0	0	885
378	Justin Wetters	m	MV 50	Goodgym Race Team	884	0	0	884
379	Dave Hill	m	MV 50		0	883	0	883
380	Emma Harnett	f	FV 40		0	0	883	883
381	Andy Hickson	m	MV 60	Mornington Chasers	882	0	0	882
382	David Western	m	MV 60		0	881	0	881
383	Tom Saxby	m	U25		881	0	0	881
384	Stephen Hanson	m	MV 40		0	0	881	881
385	Ann Cleave	f	FV 60	Red Rose Road Runners	0	880	0	880
386	Mike Harvey	m	MV 40		880	0	0	880
387	Katie Hanson	f		Selby striders	0	0	880	880
388	Delia Watts	f	FV 50	Smiley Paces	879	0	0	879
389	Andrew Eaton	m	MV 40		0	0	879	879
390	Christopher Cox	m	MV 60		0	878	0	878
391	Lynne Carruthers	f	FV 60	Dch	878	0	0	878
392	Ellie Mackay	f	FV 40		0	0	877	877
393	Suzanne Green	f	FV 50	Red Rose Runners	876	0	0	876
394	Victoria Hatton	f	FV 50		0	0	874	874
395	Lee Johnston	m	MV 50		0	0	872	872
396	Holly Harrow	f	FV 40		871	0	0	871
397	Christopher D'Arcy	m	MV 50		0	0	871	871
398	Ian Johnson	m	MV 50	Stainland Lions Running Club	870	0	0	870
399	Jessica Trewby	f			0	0	870	870
400	Clive Elliott	m	MV 50		0	869	0	869

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
401	Emma Green	f			0	868	0	868
402	Justin Hill	m	MV 40		868	0	0	868
403	Daniel Hind	m			0	867	0	867
404	Adam Pattinson	m	MV 40	Eden Runners	867	0	0	867
405	John Macholc	m	MV 60	Accrington Road Runner	0	0	867	867
406	Garry Smith	m	MV 70	Milltown Milers	0	866	0	866
407	Dave Thompson	m	MV 60		0	0	864	864
408	Glyn Mcgovern	m	MV 60		0	863	0	863
409	Jimmy Hark	m			862	0	0	862
410	Jonathan Frith	m	MV 40		0	0	862	862
411	Sue Woods	f	FV 50		0	861	0	861
412	Eleanor Ward	f			861	0	0	861
413	Imre Varga	m	MV 50		0	0	861	861
414	Nicky Owen	f	FV 60	Cheshire Hash House Harriers	860	0	0	860
415	Emma Frost	f			0	0	859	859
416	James Featherstone	m	MV 60		859	0	0	859
417	Harriet Barton	f			0	0	858	858
418	Hannah Leatherbarrow	f			0	857	0	857
419	David Hurst	m	MV 50		857	0	0	857
420	Wendy Johnson	f	FV 50	Eden Runners	0	0	857	857
421	Stephen Cruickshank	m	MV 50		0	856	0	856
422	Viki Sutton	f	FV 60		856	0	0	856
423	Iain Wilson	m			0	0	856	856
424	Claire Schofield	f	FV 40		0	855	0	855
425	Guy Bebbington	m	MV 40		855	0	0	855
426	Cathy Monaghan	f			0	0	855	855
427	Katherine France	f	FV 40		0	0	854	854
428	Rebecca Hodgson	f	FV 40		0	0	853	853
429	Paul Hutcheon	m	MV 50		0	0	852	852
430	Anita Hall	f	FV 50	St Helens Striders	0	851	0	851
431	Miriam Abbas	f			0	0	851	851
432	Ruth Chadwick	f	FV 40		851	0	0	851
433	Ritchie Head	m	MV 50		850	0	0	850
434	Iain Peacock	m	MV 40		0	0	850	850

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
435	James Skivington	m			849	0	0	849
436	Sharon Donald	f	FV 40	DCH Run Club	0	0	849	849
437	David Holliday	m	MV 50	DCH Run Club	0	0	848	848
438	Beth Abbott	f			848	0	0	848
439	Jenny Nuttall	f	FV 40		0	847	0	847
440	Nicola Brown	f	FV 40		847	0	0	847
441	Teresa Douglas	f	FV 60	Eden Runners	0	845	0	845
442	Cath Brownsell	f	FV 50		845	0	0	845
443	Taylor Coppell	f			0	0	845	845
444	Ciara Heaton	f			0	844	0	844
445	Graham Todd	m	MV 50		844	0	0	844
446	Nicola Joyce	f	FV 50		0	0	843	843
447	Rachel Ambler-Sergeant	f	FV 40		0	842	0	842
448	Nicola Stanley	f	FV 50		0	0	842	842
449	Sandy McBride	f	FV 50		0	841	0	841
450	Andrew Storm	m	MV 40		841	0	0	841
451	Sarah Robinson	f	FV 50		0	0	841	841
452	Hilary Johnson	f	FV 60		0	840	0	840
453	Kevin Greenwood	m	MV 60		840	0	0	840
454	Joanna Whittington	f	FV 50		0	839	0	839
455	Susanne Parry	f	FV 50		839	0	0	839
456	Stuart Tattersall	m	MV 50		0	0	839	839
457	Ian Woodgate	m	MV 50	Middleton Harriers	838	0	0	838
458	Gill Nevin	f	FV 50	Rimrose Runners	0	0	837	837
459	Imogen Jones	f	U21		0	0	836	836
460	Callum Clarke	m		Lone Ranger	836	0	0	836
461	Louise Higham	f	FV 50		0	835	0	835
462	Kyle Young	m		Lone Ranger #2	835	0	0	835
463	Richard Porter	m			0	833	0	833
464	Ellena Farrow	f			833	0	0	833
465	Stuart Brown	m	MV 50		832	0	0	832
466	Aidan Jones	m	U25		0	0	832	832
467	Jayne Batt	f	FV 60		0	832	0	832
468	Nigel Ezard	m	MV 50		831	0	0	831

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
469	Fiona Jones	f	FV 50		0	0	831	831
470	Mark Bottomley	m	MV 50	Idle Ac	830	0	0	830
471	Jake Kitching	m		N/a	829	0	0	829
472	Phil Chew	m	MV 60		828	0	0	828
473	Jamie McCreath	m	MV 40		0	0	828	828
474	Mark Allitt	m	MV 60	Snaith & Cowick Running Club	827	0	0	827
475	Niki Roberts	f	FV 40		0	827	0	827
476	Laura Stanley	f			0	0	826	826
477	Stuart Arnold	m	MV 60		0	825	0	825
478	Mark Aldam	m	MV 60		0	824	0	824
479	Josephine Murray	f	FV 60		0	0	824	824
480	Danielle McEwan	f			0	823	0	823
481	Martin Bates	m	MV 60	Wesham Road Runners	822	0	0	822
482	Ruth Lilllott	f	FV 60		0	0	822	822
483	Mark Wardley	m	MV 50	Red rose	820	0	0	820
484	Mandy Borthwick	f	FV 40	Billinge Running Club	0	0	820	820
485	Richard Quine	m	MV 50		819	0	0	819
486	Sally Gardner	f	FV 50		0	818	0	818
487	Isobel Williamson	f	FV 70		818	0	0	818
488	Rachel Seymour Mead	f	FV 40		0	0	818	818
489	Andrea Lancaster	f	FV 40		0	0	817	817
490	Glyn Arthur	m			816	0	0	816
491	Jonathan Shaw	m	MV 60		0	815	0	815
492	Charlotte Jones	f			0	0	815	815
493	Alan Davidson	m	MV 70		0	814	0	814
494	Stephen Shore	m			814	0	0	814
495	Natalie Wood	f			0	813	0	813
496	Matthew Shore	m			813	0	0	813
497	Rachael Holloway	f			0	812	0	812
498	Emily Ward	f	FV 40		812	0	0	812
499	Anthony Harvey	m			0	811	0	811
500	Alana Tinsley	f			0	0	811	811
501	Sam Nicholson	f	FV 50	Border Reiver Runners	810	0	0	810
502	Jim Lucas	m	MV 40		809	0	0	809

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
503	Tony Pilkington	m	MV 60	PENWORTHAM PANTHERS	0	804	0	804
504	Alison Carroll	f	FV 40		0	0	804	804
505	Peter Wallwork	m	MV 40		0	0	803	803
506	Clare Moody	f	FV 50	Smiley Paces	802	0	0	802
507	Nicola Sewell	f	FV 50	Smiley Paces	801	0	0	801
508	Catherine Morton	f			0	800	0	800
509	Jane O'Brien	f	FV 50		0	0	800	800
510	Rachel Bellwood	f			0	799	0	799
511	Jordan Nicholson	m			799	0	0	799
512	Louisa Dever	f	FV 50		798	0	0	798
513	Matthew Barker	m	MV 50		0	0	798	798
514	Charlotte Cole	f	U21		0	0	797	797
515	Helen Jack	f	FV 50		796	0	0	796
516	Julie EVANS	f	FV 50	Kings heath rc	795	0	0	795
517	James Laking	m			0	0	795	795
518	Keith Burlison	m	MV 50		0	794	0	794
519	Rachael Price	f	FV 40		794	0	0	794
520	Hazel Ward	f	FV 60	Jog On The Tyne	0	793	0	793
521	Claire Bartlett	f	FV 40		791	0	0	791
522	Shelley Regan	f	FV 40		0	790	0	790
523	Sharron Lewis	f	FV 50		790	0	0	790
524	Jamie Edgar	m			0	0	789	789
525	Diane Burgess	f	FV 50	Styal	0	788	0	788
526	Jonathan Clarke	m	MV 50	Styal running club	0	787	0	787
527	Paul Stubbins	m	MV 50		0	0	787	787
528	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	0	786	0	786
529	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	0	785	0	785
530	Kathryn Stott	f			0	784	0	784
531	Joanne Roberts	f	FV 40	Smiley Paces	784	0	0	784
532	Sally Gardner	f	FV 50		0	0	784	784
533	Lisa Whetter	f	FV 40		0	783	0	783
534	Rebecca Barnshaw	f	FV 40		783	0	0	783
535	Aleksandra Lupa	f			0	0	783	783
536	Anne Lewis	f	FV 70	Selby Swans tri club	0	782	0	782

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
537	Andrew Spink	m	MV 50		782	0	0	782
538	Nicky Grace	f	FV 40		781	0	0	781
539	Kirstie Whyatt	f	FV 40		0	0	781	781
540	Charlotte Richardson	f			780	0	0	780
541	Julie Walton	f	FV 60	Notts Women Runners	0	0	780	780
542	Andrew Godfrey	m	MV 50	Milltown Milers	0	779	0	779
543	Edith Mcdowall	f	FV 50		779	0	0	779
544	Ruth Hutchison	f			778	0	0	778
545	Catherine Aitken	f	FV 60		0	777	0	777
546	Tina Gee	f	FV 60		777	0	0	777
547	Sarah Walker	f	FV 40		0	0	777	777
548	Catherine Doyle	f	FV 50		776	0	0	776
549	Amanda Blessington	f	FV 50		0	0	776	776
550	Lisa Cox	f	FV 40		0	776	0	776
551	Anna Christina Denby	f	FV 40		775	0	0	775
552	Sue France	f	FV 50		0	775	0	775
553	Adrian Dunbar	m	MV 60	Craven Energy	774	0	0	774
554	Natalie Hughes	f	FV 40		0	773	0	773
555	Annabel Howell	f			772	0	0	772
556	Laura Astles	f			0	0	772	772
557	Allan Nicholson	m	MV 60		771	0	0	771
558	Emma Harvey-Robinson	f			0	0	771	771
559	Hollie Fountain	f			0	770	0	770
560	Lisa Hext	f	FV 50		770	0	0	770
561	Francesca Kelly	f			0	0	770	770
562	Angela Jones	f	FV 50	St Helens Striders	0	769	0	769
563	Keith Hext	m	MV 50		769	0	0	769
564	Stephanie Kelly	f			0	0	769	769
565	Sally Anderson	f	FV 50	Knowle And Dorrige Running Club	0	768	0	768
566	Petrina Cassell	f	FV 60	Eden Runners	0	0	768	768
567	Darren Fretwell	m	MV 40		768	0	0	768
568	Tracy Davies	f	FV 50	Knowle & Dorrige Running Club	0	767	0	767
569	Emma Bowden	f	FV 40		0	0	767	767
570	Sara Summers	f	FV 50		0	0	766	766

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
571	Jane Hill	f	FV 50		0	765	0	765
572	Paul Thornton	m	MV 50		0	0	765	765
573	Rosalie Liddell	f	FV 60	Eden Runners	765	0	0	765
574	Deborah Logue	f	FV 40		0	764	0	764
575	mark lee	m	MV 50		764	0	0	764
576	Charlotte Smedley	f			0	763	0	763
577	Allan Johnson	m	MV 70	Lakeside Lincoln	0	0	763	763
578	Charlotte Twigger	f	FV 40		763	0	0	763
579	Victoria Cronquist	f	FV 40		0	762	0	762
580	Sean Garner	m	MV 50		762	0	0	762
581	Dave Prescott	m	MV 50	Bridgnorth Running Club	761	0	0	761
582	Lauren Caldwell	f			0	760	0	760
583	Alison Hodges	f	FV 50	Blackhill Bounders	760	0	0	760
584	LOUISE WAINWRIGHT	f	FV 50	Thornton CLEVELEYS RUNNING CLUB	0	0	759	759
585	Brian Richardson	m	MV 60	Blackhill Bounders	759	0	0	759
586	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	0	0	758	758
587	Jennifer Sweeney	f	FV 40		0	757	0	757
588	Nicky Mohan	m	MV 50		756	0	0	756
589	Robert Mundy	m	MV 70		0	0	756	756
590	Sandra Allan	f	FV 60	Fellside Ladies	755	0	0	755
591	Laura Pilkington	f			0	754	0	754
592	Nicola Brown	f	FV 40		754	0	0	754
593	Kate James	f	FV 50		753	0	0	753
594	Terry Peet	m	MV 60		752	0	0	752
595	Michael Taylor	m	MV 40		0	0	752	752
596	Katri Kuusniemi	f	FV 40		0	751	0	751
597	Louise Siddle	f	FV 50		751	0	0	751
598	Richard Turner	m	MV 70		0	750	0	750
599	Arwa Eskander	f	FV 40	Colt	750	0	0	750
600	Susan Ridings	f	FV 60		0	0	750	750
601	Amanda Anderson	f	FV 50		0	0	749	749
602	David Battersby	m	MV 50		0	748	0	748
603	Rosie Sharp	f			748	0	0	748
604	Jonathan Fletcher	m	MV 50	Ripon Runner	0	0	748	748

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
605	Caron Parkes	f	FV 50		0	747	0	747
606	Jo Moss	f	FV 40		0	746	0	746
607	jeanette grimes	f	FV 60		0	0	746	746
608	Nicki Hewson	f	FV 40		745	0	0	745
609	Laura Beggs	f			744	0	0	744
610	Margaret Kaye	f	FV 60		0	743	0	743
611	Andrea Counce	f	FV 40		743	0	0	743
612	Helen Helme	f	FV 40		0	742	0	742
613	Faith Firkins	f	FV 50	Lancaster & Morecambe AC	0	741	0	741
614	Katie Jones	f	FV 40		741	0	0	741
615	Peter Belford	m	MV 60		0	740	0	740
616	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	0	739	0	739
617	Linda Hutcheon	f	FV 50		0	0	739	739
618	Rob Clayton	m	MV 40	Lancaster and Morecambe athletic club	0	738	0	738
619	Hannah Hobson	f			738	0	0	738
620	Angela Martland	f	FV 50		0	0	738	738
621	Andrew Firkins	m	MV 50	Lancaster & Morecambe AC	0	737	0	737
622	Caroline Peet	f	FV 60		737	0	0	737
623	Gabby Thorpe	f	FV 40		0	0	737	737
624	Nicola Browne	f	FV 40		736	0	0	736
625	Steve Twomlow	m	MV 40		734	0	0	734
626	Alice Bartle	f			0	0	734	734
627	Katie Sharp	f	FV 40		0	733	0	733
628	Megan Ablett	f	FV 50	Finedon Gladstone Running Club	0	0	733	733
629	Stephen Ablett	m	MV 50	Finedon Gladstone Running Club	0	0	732	732
630	Paul Coldham	m	MV 60	DCH Run Club	732	0	0	732
631	Emma Hadley	f	FV 40		0	731	0	731
632	Trevor Wright	m	MV 60	Finedon Gladstones	0	0	731	731
633	Yasmin Porter-bee	f			0	730	0	730
634	Steve Parry	m	MV 60		0	0	730	730
635	Paula Byrne	f	FV 60		729	0	0	729
636	Catherine Lowry	f		Finedon Gladstones	0	0	729	729
637	Christine Sutherland	f	FV 60		0	729	0	729
638	Tracey Brocklehurst	f	FV 50		0	728	0	728

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
639	Kerry Howard	f	FV 40		728	0	0	728
640	Laura Aldridge	f	FV 40	Finedon Gladstone's	0	0	728	728
641	Helen Moriarty	f	FV 40		0	727	0	727
642	Rachel Taylor	f			727	0	0	727
643	Dawn Anderson	f	FV 50		0	0	727	727
644	Tonia Thompson	f	FV 50	Jott	0	726	0	726
645	Sara Geary	f	FV 60	Lyme Runners	0	0	726	726
646	Andrew O'boyle	m	MV 50		0	725	0	725
647	Jules Telford	f	FV 60		725	0	0	725
648	Gillian O'boyle	f	FV 50		0	724	0	724
649	Emma Teggart	f	FV 40	Lonely goat	724	0	0	724
650	Sarah Ball	f	FV 40		0	723	0	723
651	Lynne Evans	f	FV 50		0	0	723	723
652	Jade Shorrock	f			0	0	722	722
653	Suzanne Crozier	f	FV 60	Monkey Runners	722	0	0	722
654	Jane Harris	f	FV 60		0	719	0	719
655	Tricia Wilson	f	FV 50	Pendle Parkrun	719	0	0	719
656	Mark Sullivan	m	MV 60		0	0	719	719
657	Alison Belford	f	FV 60	Formby	0	718	0	718
658	Judith Stockton	f	FV 40		718	0	0	718
659	Kim Griffiths	f	FV 60	Run in Wirral	0	0	718	718
660	Caitlin Stokes	f	U25		717	0	0	717
661	Gaynor Reid	f	FV 60		0	0	717	717
662	Kelly Gibson	f		Darlington Tri	0	716	0	716
663	Jan Molyneux	m	MV 50		716	0	0	716
664	Claire Logan	f	FV 40		714	0	0	714
665	Georgina Briffett	f	FV 40	Dallam Running Club	0	713	0	713
666	Chris Pearson	m	MV 60		0	709	0	709
667	Ann-marie Johnstone	f	FV 40		709	0	0	709
668	Katy Dowdall	f			0	707	0	707
669	Jessica Allason	f	FV 40		707	0	0	707
670	Lesley McGrail	f	FV 40	St Helens Striders	706	0	0	706
671	Karen Quan-soon	f	FV 60		0	705	0	705
672	Jenny Appleton	f	FV 40	St Helens Striders	705	0	0	705

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
673	Sally Hislop	f	FV 50		0	704	0	704
674	Val Braybrooks	f	FV 60	Halmer Harriers	0	701	0	701
675	Graham Collins	m	MV 60	Milltown Milers	0	700	0	700
676	Joshua Reed	m			699	0	0	699
677	Samantha Mitchell	f			698	0	0	698
678	Jocelyn Coppard	f	FV 50		696	0	0	696
679	Tony Seddon	m	MV 50		695	0	0	695
680	Despina Smith	f	FV 40	Didsbury Mums on the Run	694	0	0	694
681	Nigel Corbett	m	MV 50		693	0	0	693
682	Ruth Patten	f			0	692	0	692
683	Charlotte Bennett	f	U25		692	0	0	692
684	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	0	691	0	691
685	Gwen Woznikowska	f	FV 40	Susie Anton Pt Ladies On The Run	0	690	0	690
686	Tom Reid	m	MV 40		690	0	0	690
687	Juliet Singer	f	FV 50		0	689	0	689
688	James Clarke	m			689	0	0	689
689	Bryony Littler	f			688	0	0	688
690	Clare Hiscock	f	FV 40		687	0	0	687
691	Hilary Beach	f	FV 50		686	0	0	686
692	Clare Love	f	FV 40		685	0	0	685
693	Row Spencer	m	MV 70	Milltown Milers	0	684	0	684
694	Dawn Fahy	f	FV 60		683	0	0	683
695	Edwina Rickards Collinson	f	FV 60	Crocwalkers	0	683	0	683
696	Sarah Allitt	f	FV 50	Snaith & Cowick Running Club	682	0	0	682
697	Jennie Daniels	f	FV 50		0	682	0	682
698	Claire Maggs	f	FV 50		0	681	0	681
699	Ursula Collie	f	FV 60		681	0	0	681
700	Sue Wassell	f	FV 70	Knowle & Dorrige Running Club	0	680	0	680
701	Jackie Paterson	f	FV 50	Knowle & dorrige Rc	0	679	0	679
702	Janet Holmes	f	FV 60	St Helens Striders	679	0	0	679
703	Claire Deeley	f	FV 60	Knowle And Dorrige Running Club	0	678	0	678
704	J Graham Smith	m	MV 50		678	0	0	678
705	Wyn Clayton	f	FV 70	Women On The Run	0	677	0	677
706	Gareth McGuire	m			676	0	0	676

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
707	Katie McGuire	f			675	0	0	675
708	Carole Wood	f	FV 60		673	0	0	673
709	Andrea Jones	f	FV 50		0	673	0	673
710	Jo Moss	f			672	0	0	672
711	Gillian MacDonald	f			671	0	0	671
712	Edgar Buhl	m	MV 40		0	671	0	671
713	Christine Richards	f	FV 50		670	0	0	670
714	Laura Sweeting	f			0	670	0	670
715	Isobel Jenkins	f	FV 40		669	0	0	669
716	Elizabeth Braithwaite	f	FV 50	Warrington Running Club	0	666	0	666
717	Sharon Hill	f	FV 50	Parkside Panthers	666	0	0	666
718	Ruth Oatridge	f	FV 40		0	665	0	665
719	Vicky Willett	f	FV 40	Sbc Plodders	665	0	0	665
720	Zoe Ferguson	f	FV 60	DH Runners	0	664	0	664
721	Kirsty Pettit	f	FV 50	Keighley And Craven	664	0	0	664
722	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	663	0	0	663
723	James Kirkpatrick	m	MV 40		662	0	0	662
724	Candice Heim-Sarac	f			0	661	0	661
725	Natalie Lewis	f	FV 40	Fellside Ladies	661	0	0	661
726	Hazel Russell	f	FV 50	Ripon Runners	659	0	0	659
727	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	658	0	0	658
728	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	0	658	0	658
729	Jane Malcolm	f	FV 50	Jogscotland	657	0	0	657
730	Cheryl Chaffe	f	FV 50		656	0	0	656
731	Pat Wyke	f	FV 60	Run in Wirral	655	0	0	655
732	Lauren Dean-Ashton	f	FV 40		654	0	0	654
733	Joanne Chard	f	FV 40	Women On The Run	0	652	0	652
734	Beverley Mulholland	f			652	0	0	652
735	Julie Bland	f	FV 50		0	651	0	651
736	Jo Shuttleworth	f	FV 40		651	0	0	651
737	Karen Braddon	f	FV 70	Crocwalkers	0	650	0	650
738	Karen Livesey	f	FV 50	Thornton Cleveleys Running Club	648	0	0	648
739	Holly Unsworth	f			647	0	0	647
740	Yvonne Leech	f	FV 60	St.Bees Triers	645	0	0	645