



# Lakeland Trails 2023 Series Championships - 10k Trail Run - Overall



| Position | Name                 | Gender | Age Cat | Club                                 | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|--------------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1        | Karl Dickenson       | m      |         | Lonely Goat Rc                       | 996       | 1000     | 995      | 999  | 997     | 997     | 998       | 997       | 7979  |
| 2        | Ronnie Haddow        | m      | MV 50   | Furness Fell Runners                 | 987       | 994      | 993      | 997  | 995     | 992     | 991       | 993       | 7942  |
| 3        | Gary O'Neill         | m      | MV 40   | Furness Fell Runners                 | 990       | 990      | 992      | 996  | 993     | 990     | 992       | 992       | 7935  |
| 4        | Mart Kissick         | m      | MV 40   |                                      | 800       | 829      | 869      | 971  | 851     | 905     | 890       | 907       | 7022  |
| 5        | Claire Smith         | f      | FV 40   | North Shields Poly                   | 808       | 837      | 802      | 958  | 834     | 868     | 871       | 913       | 6891  |
| 6        | Mark Wilson          | m      | MV 50   | No Drama Llamas Running              | 965       | 967      | 965      | 0    | 936     | 966     | 947       | 973       | 6719  |
| 7        | Brian Winder         | m      | MV 70   | Darwen Running Group                 | 721       | 744      | 736      | 934  | 716     | 816     | 809       | 870       | 6346  |
| 8        | Helen Craven         | f      | FV 50   |                                      | 731       | 714      | 779      | 944  | 708     | 796     | 767       | 842       | 6281  |
| 9        | Shirley Spratt       | f      | FV 60   |                                      | 892       | 892      | 821      | 0    | 862     | 914     | 905       | 912       | 6198  |
| 10       | Graeme Atkinson      | m      | MV 50   |                                      | 863       | 850      | 885      | 973  | 801     | 904     | 901       | 0         | 6177  |
| 11       | Richard Campbell     | m      | MV 40   |                                      | 825       | 870      | 860      | 968  | 793     | 857     | 861       | 0         | 6034  |
| 12       | Macauley Bond        | m      |         |                                      | 997       | 998      | 996      | 0    | 994     | 0       | 996       | 995       | 5976  |
| 13       | Mark Shaw            | m      | MV 50   |                                      | 785       | 865      | 823      | 0    | 813     | 852     | 856       | 885       | 5879  |
| 14       | Katie Welch          | f      | FV 50   |                                      | 739       | 795      | 834      | 957  | 751     | 0       | 840       | 904       | 5820  |
| 15       | Danny Thompson       | m      | MV 60   |                                      | 740       | 796      | 812      | 949  | 741     | 0       | 786       | 867       | 5691  |
| 16       | Dawn Saxby           | f      | FV 50   | DCH Run Club                         | 733       | 0        | 810      | 935  | 748     | 800     | 788       | 831       | 5645  |
| 17       | David Chow           | m      | MV 50   | Eden runners                         | 925       | 0        | 945      | 0    | 922     | 951     | 934       | 933       | 5610  |
| 18       | mark taylor          | m      | MV 60   | audenshaw asthmatics running society | 713       | 715      | 755      | 0    | 704     | 762     | 741       | 823       | 5213  |
| 19       | Deborah Thorneycroft | f      | FV 50   |                                      | 858       | 897      | 873      | 0    | 879     | 896     | 795       | 0         | 5198  |
| 20       | Matthew Almond       | m      | MV 40   |                                      | 0         | 802      | 775      | 0    | 819     | 879     | 884       | 888       | 5047  |
| 21       | Chloe Almond         | f      |         | Lancaster Runners                    | 0         | 805      | 793      | 0    | 820     | 880     | 859       | 889       | 5046  |
| 22       | Rebecca Modeley      | f      |         |                                      | 817       | 853      | 847      | 0    | 0       | 838     | 787       | 886       | 5028  |
| 23       | Jaclyn Gray          | f      | FV 40   |                                      | 650       | 654      | 720      | 0    | 667     | 712     | 714       | 788       | 4905  |
| 24       | Ray Padgett          | m      | MV 70   |                                      | 951       | 955      | 948      | 0    | 956     | 948     | 0         | 0         | 4758  |
| 25       | Sally Barton         | f      | FV 60   | Glaxo Hoad Hill Harriers             | 869       | 885      | 942      | 0    | 920     | 941     | 0         | 0         | 4557  |
| 26       | david CARTER         | m      | MV 50   |                                      | 873       | 0        | 911      | 0    | 911     | 0       | 915       | 944       | 4554  |
| 27       | Richard Clements     | m      | MV 50   | Hip Replacement Runners              | 843       | 890      | 927      | 0    | 871     | 888     | 0         | 0         | 4419  |
| 28       | Belinda Schofield    | f      | FV 50   |                                      | 837       | 877      | 882      | 0    | 875     | 909     | 0         | 0         | 4380  |
| 29       | Lee Johnston         | m      | MV 50   |                                      | 0         | 0        | 872      | 0    | 865     | 865     | 857       | 895       | 4354  |
| 30       | Joseph Ritson        | m      | MV 60   | Derwent Ac Cockermouth               | 806       | 789      | 846      | 970  | 873     | 0       | 0         | 0         | 4284  |
| 31       | Nicola Stanley       | f      | FV 50   |                                      | 0         | 0        | 842      | 0    | 802     | 840     | 887       | 896       | 4267  |
| 32       | Ben Higginson        | m      | MV 60   | Preston Harriers                     | 811       | 875      | 868      | 0    | 850     | 861     | 0         | 0         | 4265  |
| 33       | Robert Myatt         | m      | MV 50   |                                      | 823       | 854      | 840      | 0    | 823     | 897     | 0         | 0         | 4237  |
| 34       | Karen Harper         | f      | FV 50   | Sytal Running Club                   | 815       | 862      | 835      | 0    | 843     | 0       | 834       | 0         | 4189  |

| Position | Name                      | Gender | Age Cat | Club                       | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------------|--------|---------|----------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 35       | Jean Turner               | f      | FV 60   | Telford Harriers           | 792       | 864      | 799      | 938  | 796     | 0       | 0         | 0         | 4189  |
| 36       | Tina Gee                  | f      | FV 60   |                            | 777       | 0        | 0        | 948  | 745     | 0       | 811       | 865       | 4146  |
| 37       | Jackie Frank              | f      | FV 40   |                            | 757       | 771      | 0        | 936  | 722     | 0       | 770       | 0         | 3956  |
| 38       | Rachel Crow               | f      |         | BFR                        | 985       | 0        | 0        | 0    | 987     | 981     | 969       | 0         | 3922  |
| 39       | Natasha Cruickshank       | f      | FV 40   |                            | 773       | 708      | 796      | 0    | 0       | 828     | 792       | 0         | 3897  |
| 40       | Paul Thornton             | m      | MV 50   |                            | 0         | 0        | 765      | 0    | 739     | 785     | 784       | 818       | 3891  |
| 41       | Ralph Liddell             | m      | MV 70   | Eden Runners               | 957       | 0        | 0        | 0    | 955     | 0       | 953       | 965       | 3830  |
| 42       | Alan Wilson               | m      | MV 50   | Glaxo Hoad Hill Harriers   | 0         | 918      | 908      | 0    | 965     | 968     | 0         | 0         | 3759  |
| 43       | David Bayliss             | m      | MV 40   | Red Rose Road Runners      | 922       | 946      | 949      | 0    | 940     | 0       | 0         | 0         | 3757  |
| 44       | Lucy Zaboklicka           | f      | FV 40   | Furness Fell Runners       | 932       | 940      | 919      | 0    | 0       | 933     | 0         | 0         | 3724  |
| 45       | Nick Lewer                | m      | MV 70   |                            | 0         | 896      | 907      | 0    | 0       | 928     | 0         | 938       | 3669  |
| 46       | Tracy Pinder              | f      | FV 40   |                            | 918       | 911      | 923      | 0    | 898     | 0       | 0         | 0         | 3650  |
| 47       | Vicky Evans               | f      | FV 50   |                            | 710       | 686      | 757      | 0    | 0       | 744     | 736       | 0         | 3633  |
| 48       | Jacqueline Shore          | f      | FV 60   |                            | 720       | 721      | 735      | 0    | 685     | 755     | 0         | 0         | 3616  |
| 49       | Carl Wild                 | m      | MV 40   |                            | 852       | 893      | 884      | 0    | 970     | 0       | 0         | 0         | 3599  |
| 50       | Edwina Rickards Collinson | f      | FV 60   | Crocwalkers                | 0         | 683      | 0        | 0    | 678     | 716     | 717       | 799       | 3593  |
| 51       | Andrea Lancaster          | f      | FV 40   |                            | 0         | 0        | 817      | 0    | 854     | 0       | 888       | 905       | 3464  |
| 52       | Ian Walker                | m      | MV 60   | Glaxo Hoad Hill Harriers   | 834       | 0        | 844      | 0    | 0       | 864     | 892       | 0         | 3434  |
| 53       | Pete Holding              | m      | MV 60   |                            | 821       | 860      | 838      | 0    | 876     | 0       | 0         | 0         | 3395  |
| 54       | Amy Fern                  | f      |         |                            | 787       | 810      | 805      | 962  | 0       | 0       | 0         | 0         | 3364  |
| 55       | Rachel Summers            | f      | FV 50   |                            | 0         | 822      | 833      | 0    | 0       | 839     | 854       | 0         | 3348  |
| 56       | Peter Burlingham          | m      | MV 40   |                            | 824       | 803      | 0        | 0    | 0       | 0       | 804       | 897       | 3328  |
| 57       | Sian Saxby                | f      | U21     | DCH Run Club               | 0         | 0        | 0        | 0    | 749     | 799     | 789       | 832       | 3169  |
| 58       | Carol Cox                 | f      | FV 50   |                            | 742       | 791      | 0        | 0    | 786     | 0       | 832       | 0         | 3151  |
| 59       | Anna Richings             | f      | FV 50   | Lancaster and Morecambe ac | 0         | 766      | 786      | 0    | 726     | 0       | 798       | 0         | 3076  |
| 60       | Helen Bowerman            | f      | FV 50   |                            | 735       | 761      | 0        | 0    | 718     | 824     | 0         | 0         | 3038  |
| 61       | Miriam Rosen              | f      | FV 70   | Lancaster & Morecambe AC   | 746       | 753      | 0        | 0    | 730     | 784     | 0         | 0         | 3013  |
| 62       | Stephen Walker            | m      | MV 40   | Tadcaster Harriers         | 0         | 0        | 0        | 0    | 998     | 0       | 999       | 998       | 2995  |
| 63       | Chris Gray                | m      | MV 40   | Tri Lakeland               | 998       | 0        | 0        | 0    | 0       | 995     | 997       | 0         | 2990  |
| 64       | Charlotte Bennett         | f      | U25     |                            | 692       | 0        | 0        | 0    | 0       | 737     | 731       | 821       | 2981  |
| 65       | Ann Myatt                 | f      | FV 60   | Cheadle                    | 674       | 0        | 721      | 0    | 0       | 834     | 729       | 0         | 2958  |
| 66       | Michel Carrillo           | m      | U25     |                            | 978       | 986      | 991      | 0    | 0       | 0       | 0         | 0         | 2955  |
| 67       | Gary Moran                | m      |         |                            | 979       | 989      | 987      | 0    | 0       | 0       | 0         | 0         | 2955  |
| 68       | Sophie Hunt               | f      |         |                            | 0         | 988      | 980      | 0    | 0       | 0       | 982       | 0         | 2950  |
| 69       | Jack Ball                 | m      | U25     | Settle Harriers            | 981       | 976      | 0        | 0    | 0       | 980     | 0         | 0         | 2937  |
| 70       | Joanne Lewis              | f      | FV 50   |                            | 708       | 0        | 747      | 0    | 721     | 0       | 760       | 0         | 2936  |
| 71       | Julie Kelly               | f      | FV 60   | St Bees Triers             | 726       | 712      | 0        | 0    | 729     | 758     | 0         | 0         | 2925  |
| 72       | Edward Melling            | m      | MV 60   |                            | 680       | 0        | 743      | 0    | 684     | 0       | 0         | 813       | 2920  |
| 73       | John Melling              | m      | MV 60   |                            | 677       | 0        | 741      | 0    | 669     | 0       | 0         | 830       | 2917  |
| 74       | Tom Halliwell             | m      |         | Nob End Run club           | 0         | 0        | 956      | 0    | 967     | 0       | 0         | 985       | 2908  |
| 75       | Tanya Blake Miller        | f      | FV 40   |                            | 989       | 0        | 0        | 0    | 934     | 0       | 981       | 0         | 2904  |
| 76       | Jennifer Casson           | f      | FV 40   |                            | 953       | 968      | 0        | 0    | 0       | 976     | 0         | 0         | 2897  |

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|----------|--------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 77       | Ruth Shooter       | f      | FV 40   | Ruth's Runners                  | 712       | 734      | 753      | 0    | 683     | 0       | 0         | 0         | 2882  |
| 78       | Martyn Anderton    | m      |         | Nob end running club            | 935       | 0        | 0        | 0    | 962     | 0       | 0         | 981       | 2878  |
| 79       | Jennifer Coakley   | f      |         |                                 | 0         | 0        | 940      | 0    | 0       | 0       | 961       | 975       | 2876  |
| 80       | Mark Wilding       | m      | MV 50   |                                 | 0         | 953      | 0        | 0    | 0       | 959     | 958       | 0         | 2870  |
| 81       | Colin Howard       | m      | MV 60   | Furness Fell Runners            | 955       | 0        | 0        | 0    | 948     | 963     | 0         | 0         | 2866  |
| 82       | David Macgillivray | m      | MV 60   | Dh Runners                      | 947       | 950      | 0        | 0    | 0       | 0       | 0         | 963       | 2860  |
| 83       | Christine Richards | f      | FV 50   |                                 | 670       | 0        | 0        | 0    | 666     | 0       | 715       | 802       | 2853  |
| 84       | Jacqui Foster      | f      | FV 50   | Ilkley Harriers                 | 0         | 939      | 0        | 987  | 0       | 899     | 0         | 0         | 2825  |
| 85       | Peter EVANS        | m      | MV 50   | Kings heath rc                  | 903       | 0        | 0        | 0    | 0       | 0       | 946       | 959       | 2808  |
| 86       | Sally Caton        | f      | FV 40   | Stainland Lions Running Club    | 919       | 0        | 0        | 0    | 933     | 0       | 931       | 0         | 2783  |
| 87       | Linda Farquhar     | f      | FV 70   | St Bees Triers                  | 697       | 674      | 0        | 0    | 682     | 721     | 0         | 0         | 2774  |
| 88       | Claudia Pagoulatou | f      | FV 50   | Pensby Runners                  | 907       | 933      | 0        | 0    | 0       | 923     | 0         | 0         | 2763  |
| 89       | Melanie Foster     | f      | FV 50   | Thornton-cleveleys Running Club | 715       | 659      | 0        | 0    | 662     | 709     | 0         | 0         | 2745  |
| 90       | Michelle McCarthy  | f      |         |                                 | 0         | 913      | 898      | 0    | 0       | 0       | 896       | 0         | 2707  |
| 91       | Mandy Bond         | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 860     | 918     | 0         | 925       | 2703  |
| 92       | Jennifer Smith     | f      |         |                                 | 906       | 0        | 894      | 0    | 895     | 0       | 0         | 0         | 2695  |
| 93       | Sarah Adams        | f      | FV 40   |                                 | 874       | 898      | 0        | 0    | 0       | 0       | 916       | 0         | 2688  |
| 94       | Andrew Eaton       | m      | MV 40   |                                 | 0         | 0        | 879      | 0    | 0       | 890     | 893       | 0         | 2662  |
| 95       | Paul Abrams        | m      | MV 40   |                                 | 875       | 889      | 893      | 0    | 0       | 0       | 0         | 0         | 2657  |
| 96       | Howard Rand        | m      | MV 50   |                                 | 786       | 925      | 943      | 0    | 0       | 0       | 0         | 0         | 2654  |
| 97       | Stuart Edwards     | m      | MV 60   | Lonely Goat                     | 0         | 873      | 865      | 0    | 889     | 0       | 0         | 0         | 2627  |
| 98       | Simon Forshaw      | m      | MV 50   |                                 | 853       | 876      | 0        | 0    | 0       | 0       | 897       | 0         | 2626  |
| 99       | David Hurst        | m      | MV 50   |                                 | 857       | 0        | 0        | 0    | 827     | 0       | 0         | 940       | 2624  |
| 100      | Julie EVANS        | f      | FV 50   | Kings heath rc                  | 795       | 0        | 0        | 0    | 0       | 0       | 895       | 919       | 2609  |
| 101      | Helen Jones        | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 872     | 889       | 820       | 2581  |
| 102      | Ellie Dwan         | f      | U25     |                                 | 846       | 858      | 875      | 0    | 0       | 0       | 0         | 0         | 2579  |
| 103      | Martin Bates       | m      | MV 60   | Wesham Road Runners             | 822       | 0        | 0        | 0    | 0       | 0       | 864       | 878       | 2564  |
| 104      | Anna Howard        | f      |         | Tadcaster Harriers              | 0         | 0        | 0        | 0    | 844     | 0       | 824       | 887       | 2555  |
| 105      | Jayne Batt         | f      | FV 60   |                                 | 0         | 832      | 0        | 0    | 833     | 867     | 0         | 0         | 2532  |
| 106      | Susanne Parry      | f      | FV 50   |                                 | 839       | 0        | 0        | 0    | 811     | 0       | 873       | 0         | 2523  |
| 107      | Collette Eames     | f      | FV 60   | JogOnTheTYne                    | 0         | 849      | 878      | 0    | 0       | 0       | 0         | 791       | 2518  |
| 108      | Jayne Dore         | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 758     | 863     | 891       | 0         | 2512  |
| 109      | Sue France         | f      | FV 50   |                                 | 0         | 775      | 0        | 942  | 0       | 795     | 0         | 0         | 2512  |
| 110      | Gillian Felton     | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 797     | 0       | 815       | 890       | 2502  |
| 111      | Tony Orr           | m      | MV 60   |                                 | 0         | 828      | 830      | 0    | 0       | 0       | 842       | 0         | 2500  |
| 112      | Tony Priest        | m      | MV 50   |                                 | 854       | 843      | 801      | 0    | 0       | 0       | 0         | 0         | 2498  |
| 113      | Caron Parkes       | f      | FV 50   |                                 | 0         | 747      | 0        | 953  | 0       | 791     | 0         | 0         | 2491  |
| 114      | Hazel Ward         | f      | FV 60   | Jog On The Tyne                 | 0         | 793      | 0        | 0    | 0       | 0       | 848       | 839       | 2480  |
| 115      | Liza Tattersall    | f      | FV 50   |                                 | 0         | 755      | 816      | 0    | 0       | 901     | 0         | 0         | 2472  |
| 116      | Andrew Gudgeon     | m      | MV 50   |                                 | 0         | 756      | 794      | 0    | 0       | 902     | 0         | 0         | 2452  |
| 117      | Sharon-lee Lukas   | f      | FV 50   |                                 | 803       | 852      | 791      | 0    | 0       | 0       | 0         | 0         | 2446  |
| 118      | Andrew Wilkinson   | m      | MV 50   |                                 | 793       | 820      | 807      | 0    | 0       | 0       | 0         | 0         | 2420  |

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|----------|------------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 119      | Anna Holmes-Rand       | f      | U21     |                                 | 788       | 807      | 814      | 0    | 0       | 0       | 0         | 0         | 2409  |
| 120      | Nic Holmes             | f      | FV 50   |                                 | 789       | 806      | 813      | 0    | 0       | 0       | 0         | 0         | 2408  |
| 121      | Kathryn Atkinson       | f      | FV 40   | Pendle Triathlon Club           | 0         | 785      | 0        | 0    | 0       | 807     | 783       | 0         | 2375  |
| 122      | Rosalie Liddell        | f      | FV 60   | Eden Runners                    | 765       | 0        | 0        | 0    | 782     | 0       | 813       | 0         | 2360  |
| 123      | Cheryl Chaffe          | f      | FV 50   |                                 | 656       | 0        | 0        | 914  | 0       | 0       | 779       | 0         | 2349  |
| 124      | David Battersby        | m      | MV 50   |                                 | 0         | 748      | 0        | 0    | 720     | 0       | 0         | 876       | 2344  |
| 125      | Dawn Fahy              | f      | FV 60   |                                 | 683       | 0        | 0        | 0    | 0       | 0       | 791       | 858       | 2332  |
| 126      | Alison Rayner          | f      | FV 50   |                                 | 749       | 0        | 774      | 0    | 0       | 802     | 0         | 0         | 2325  |
| 127      | Faith Firkins          | f      | FV 50   | Lancaster & Morecambe AC        | 0         | 741      | 0        | 0    | 781     | 0       | 797       | 0         | 2319  |
| 128      | Catherine Betley       | f      | FV 40   | N/a                             | 0         | 0        | 0        | 0    | 762     | 759     | 790       | 0         | 2311  |
| 129      | Caitlin Stokes         | f      | U25     |                                 | 717       | 0        | 0        | 0    | 0       | 754     | 0         | 822       | 2293  |
| 130      | Pat Wyke               | f      | FV 60   | Run in Wirral                   | 655       | 0        | 0        | 915  | 0       | 0       | 723       | 0         | 2293  |
| 131      | Josephine LOUISE Walsh | f      | FV 50   | Red Rose Road Runners           | 0         | 0        | 0        | 0    | 746     | 769     | 765       | 0         | 2280  |
| 132      | Stephen Perry          | m      | MV 60   | Lancaster and Morecambe ac      | 0         | 739      | 0        | 0    | 727     | 0       | 799       | 0         | 2265  |
| 133      | Melanie Burton         | f      | FV 40   |                                 | 703       | 0        | 785      | 0    | 0       | 776     | 0         | 0         | 2264  |
| 134      | Jules Telford          | f      | FV 60   |                                 | 725       | 0        | 0        | 0    | 706     | 0       | 0         | 833       | 2264  |
| 135      | Helen Helme            | f      | FV 40   |                                 | 0         | 742      | 0        | 0    | 747     | 0       | 757       | 0         | 2246  |
| 136      | John Wiseman           | m      | MV 50   | Red Rose Road Runners           | 0         | 706      | 742      | 0    | 0       | 0       | 0         | 795       | 2243  |
| 137      | Davina Bowling         | f      | FV 70   | Redrose Road Runners            | 0         | 0        | 0        | 0    | 0       | 705     | 710       | 796       | 2211  |
| 138      | Joanna Amos            | f      | FV 50   |                                 | 730       | 732      | 745      | 0    | 0       | 0       | 0         | 0         | 2207  |
| 139      | Helen Patten           | f      | FV 50   | Red Rose Runners                | 700       | 0        | 761      | 0    | 700     | 0       | 0         | 0         | 2161  |
| 140      | Yvonne O'malley        | f      | FV 40   | Jogscotland Penicuik            | 658       | 0        | 0        | 0    | 0       | 0       | 713       | 787       | 2158  |
| 141      | Georgina Briffett      | f      | FV 40   | Dallam Running Club             | 0         | 713      | 0        | 0    | 692     | 0       | 752       | 0         | 2157  |
| 142      | Jane Malcolm           | f      | FV 50   | Jogscotland                     | 657       | 0        | 0        | 0    | 0       | 0       | 712       | 786       | 2155  |
| 143      | Vicki Buss             | f      | FV 50   |                                 | 0         | 702      | 762      | 0    | 688     | 0       | 0         | 0         | 2152  |
| 144      | Nicola Machin          | f      | FV 50   |                                 | 684       | 0        | 760      | 0    | 699     | 0       | 0         | 0         | 2143  |
| 145      | David Rosen            | m      | MV 60   | Lancaster & Morecambe AC        | 702       | 698      | 0        | 0    | 0       | 714     | 0         | 0         | 2114  |
| 146      | Tony Seddon            | m      | MV 50   |                                 | 695       | 0        | 0        | 0    | 689     | 730     | 0         | 0         | 2114  |
| 147      | Greg Murphy            | m      | MV 50   |                                 | 711       | 717      | 0        | 0    | 680     | 0       | 0         | 0         | 2108  |
| 148      | Helen Hetherington     | f      | FV 70   |                                 | 704       | 693      | 0        | 0    | 698     | 0       | 0         | 0         | 2095  |
| 149      | Louise Hill            | f      | FV 40   | Astley & Tyldesley Road Runners | 649       | 663      | 724      | 0    | 0       | 0       | 0         | 0         | 2036  |
| 150      | Alison Spencer         | f      |         |                                 | 653       | 655      | 725      | 0    | 0       | 0       | 0         | 0         | 2033  |
| 151      | Bev Mason              | f      | FV 50   | Thornton Cleveleys Running Club | 0         | 658      | 0        | 0    | 661     | 710     | 0         | 0         | 2029  |
| 152      | Yvonne Leech           | f      | FV 60   | St.Bees Triers                  | 645       | 0        | 0        | 0    | 674     | 706     | 0         | 0         | 2025  |
| 153      | Jackie Routledge       | f      | FV 60   | Thornton Cleveleys              | 646       | 660      | 0        | 0    | 0       | 711     | 0         | 0         | 2017  |
| 154      | David Hatch            | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 1000      | 999       | 1999  |
| 155      | Bethan Lowe            | f      | U25     |                                 | 0         | 999      | 0        | 0    | 0       | 993     | 0         | 0         | 1992  |
| 156      | Andrew Carr            | m      |         | Westerlands CCC                 | 0         | 0        | 0        | 0    | 0       | 996     | 0         | 994       | 1990  |
| 157      | Adrian Filipek         | m      |         |                                 | 0         | 0        | 994      | 0    | 985     | 0       | 0         | 0         | 1979  |
| 158      | Daniel McDonagh        | m      |         |                                 | 0         | 992      | 0        | 0    | 0       | 986     | 0         | 0         | 1978  |
| 159      | Stuart Parry           | m      | MV 50   | Northern Fells Running Club     | 988       | 0        | 0        | 0    | 0       | 0       | 988       | 0         | 1976  |
| 160      | Alex Parry             | m      | U21     |                                 | 983       | 0        | 0        | 0    | 992     | 0       | 0         | 0         | 1975  |

| Position | Name                 | Gender | Age Cat | Club                         | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 161      | Paul Lewis           | m      | MV 50   |                              | 0         | 0        | 990      | 0    | 984     | 0       | 0         | 0         | 1974  |
| 162      | Steve Jones          | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 981     | 0       | 990       | 0         | 1971  |
| 163      | Jamie Quan-soon      | m      | MV 40   |                              | 0         | 981      | 0        | 0    | 0       | 987     | 0         | 0         | 1968  |
| 164      | Mike Mckee           | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 984     | 983       | 0         | 1967  |
| 165      | Stephen Entwistle    | m      | MV 60   | Wirral Vikings TRC           | 0         | 0        | 0        | 0    | 0       | 0       | 979       | 988       | 1967  |
| 166      | Neil Mistry          | m      |         |                              | 975       | 0        | 0        | 0    | 990     | 0       | 0         | 0         | 1965  |
| 167      | Alan Huggon          | m      | MV 50   | Border Reiver Runners        | 982       | 0        | 0        | 0    | 0       | 0       | 980       | 0         | 1962  |
| 168      | Paul Myers           | m      | MV 50   |                              | 0         | 983      | 0        | 0    | 0       | 0       | 975       | 0         | 1958  |
| 169      | William Trewby       | m      |         |                              | 984       | 0        | 973      | 0    | 0       | 0       | 0         | 0         | 1957  |
| 170      | Helen Johnson        | f      | FV 50   | Wirral Vikings               | 0         | 0        | 0        | 0    | 0       | 0       | 967       | 986       | 1953  |
| 171      | Andrew Mackenzie     | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 971       | 979       | 1950  |
| 172      | Julia Gray Carnaffin | f      | FV 60   | Jog On The Tyne              | 972       | 971      | 0        | 0    | 0       | 0       | 0         | 0         | 1943  |
| 173      | Jon Meeten           | m      | MV 50   |                              | 0         | 963      | 974      | 0    | 0       | 0       | 0         | 0         | 1937  |
| 174      | Tania Huddleston     | f      |         |                              | 962       | 974      | 0        | 0    | 0       | 0       | 0         | 0         | 1936  |
| 175      | Phil Anderson        | m      | MV 40   |                              | 0         | 966      | 970      | 0    | 0       | 0       | 0         | 0         | 1936  |
| 176      | Stephen Jolly        | m      | MV 60   | Allithwaite Running Club     | 964       | 0        | 0        | 0    | 0       | 972     | 0         | 0         | 1936  |
| 177      | Kevin McLelland      | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 956       | 980       | 1936  |
| 178      | Tom Gathercole       | m      |         |                              | 966       | 0        | 968      | 0    | 0       | 0       | 0         | 0         | 1934  |
| 179      | Luisa Blake          | f      | U21     |                              | 967       | 0        | 966      | 0    | 0       | 0       | 0         | 0         | 1933  |
| 180      | Pete Davison         | m      | MV 50   | Glaxo Hoad Hill Harriers     | 0         | 0        | 959      | 0    | 968     | 0       | 0         | 0         | 1927  |
| 181      | Peter Gibb           | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 952       | 972       | 1924  |
| 182      | Kevin Eland          | m      |         |                              | 963       | 960      | 0        | 0    | 0       | 0       | 0         | 0         | 1923  |
| 183      | Anton Moss           | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 957     | 0         | 962       | 1919  |
| 184      | Simon Byrne          | m      | MV 40   | St Bees Trier                | 0         | 0        | 0        | 0    | 966     | 0       | 951       | 0         | 1917  |
| 185      | Spencer Reynolds     | m      | MV 40   | Wirral Viking's              | 0         | 0        | 0        | 0    | 0       | 0       | 943       | 969       | 1912  |
| 186      | Adrian Blake         | m      | MV 40   |                              | 958       | 0        | 946      | 0    | 0       | 0       | 0         | 0         | 1904  |
| 187      | Melissa Gorst        | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 925       | 976       | 1901  |
| 188      | Pamela Booth         | f      | FV 40   | Wirral Vikings TRC           | 0         | 0        | 0        | 0    | 0       | 0       | 940       | 961       | 1901  |
| 189      | David Hull           | m      | MV 60   |                              | 0         | 0        | 953      | 0    | 941     | 0       | 0         | 0         | 1894  |
| 190      | Mark Cowan           | m      | MV 40   | Wirral Vikings Trc           | 0         | 0        | 0        | 0    | 0       | 0       | 938       | 953       | 1891  |
| 191      | David Taylor         | m      | MV 60   | Cheshire Hash House Harriers | 0         | 0        | 0        | 0    | 0       | 0       | 933       | 956       | 1889  |
| 192      | Thomas Pearson       | m      |         |                              | 0         | 956      | 0        | 0    | 932     | 0       | 0         | 0         | 1888  |
| 193      | Brenda Rutter        | f      | FV 50   |                              | 0         | 942      | 0        | 0    | 0       | 944     | 0         | 0         | 1886  |
| 194      | Phil Temple          | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 928     | 952     | 0         | 0         | 1880  |
| 195      | Nicola Hughes        | f      |         |                              | 0         | 0        | 0        | 0    | 918     | 960     | 0         | 0         | 1878  |
| 196      | Richard Newbert      | m      | MV 40   |                              | 961       | 0        | 0        | 916  | 0       | 0       | 0         | 0         | 1877  |
| 197      | Joanne Preston       | f      | FV 50   | Wirral Vikings TRC           | 0         | 0        | 0        | 0    | 0       | 0       | 921       | 954       | 1875  |
| 198      | David Ward           | m      | MV 40   |                              | 937       | 937      | 0        | 0    | 0       | 0       | 0         | 0         | 1874  |
| 199      | Sandra Myers         | f      | FV 50   |                              | 0         | 938      | 0        | 0    | 0       | 0       | 936       | 0         | 1874  |
| 200      | Stephen Biscomb      | m      | MV 60   | Clayton-le-moors             | 0         | 923      | 0        | 0    | 951     | 0       | 0         | 0         | 1874  |
| 201      | Caroline D'Arcy      | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 926     | 947     | 0         | 0         | 1873  |
| 202      | Dickie Felton        | m      | MV 40   |                              | 927       | 0        | 0        | 0    | 937     | 0       | 0         | 0         | 1864  |

| Position | Name                   | Gender | Age Cat | Club                     | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|------------------------|--------|---------|--------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 203      | Simon Cowling          | m      | MV 40   |                          | 0         | 0        | 0        | 0    | 0       | 935     | 929       | 0         | 1864  |
| 204      | John Birkett           | m      | MV 60   |                          | 910       | 952      | 0        | 0    | 0       | 0       | 0         | 0         | 1862  |
| 205      | Martha Anderson-Taylor | f      |         |                          | 0         | 921      | 938      | 0    | 0       | 0       | 0         | 0         | 1859  |
| 206      | Charlene Smith         | f      |         |                          | 0         | 0        | 904      | 0    | 0       | 953     | 0         | 0         | 1857  |
| 207      | Sarah Ward             | f      |         | Abbey Runners            | 0         | 0        | 0        | 0    | 0       | 938     | 918       | 0         | 1856  |
| 208      | Dawn Chilton           | f      | FV 50   |                          | 0         | 0        | 0        | 0    | 0       | 0       | 917       | 939       | 1856  |
| 209      | Dave Raynor            | m      | MV 60   | Red Rose Road Runners    | 0         | 930      | 0        | 0    | 0       | 922     | 0         | 0         | 1852  |
| 210      | Thomas Gorst           | m      |         |                          | 928       | 0        | 922      | 0    | 0       | 0       | 0         | 0         | 1850  |
| 211      | John Heap              | m      | MV 40   |                          | 0         | 900      | 0        | 0    | 0       | 0       | 949       | 0         | 1849  |
| 212      | Tammy Connor           | f      | FV 40   |                          | 0         | 0        | 944      | 0    | 904     | 0       | 0         | 0         | 1848  |
| 213      | Christine Frank        | f      | FV 50   |                          | 0         | 919      | 0        | 0    | 925     | 0       | 0         | 0         | 1844  |
| 214      | Victoria Eze           | f      | FV 60   | Hampstead Heath Park Run | 0         | 0        | 0        | 0    | 0       | 0       | 914       | 928       | 1842  |
| 215      | Frans Strydom          | m      | MV 40   | Furness Fell Runners     | 891       | 0        | 950      | 0    | 0       | 0       | 0         | 0         | 1841  |
| 216      | Alison Gill            | f      | FV 50   |                          | 0         | 0        | 933      | 0    | 907     | 0       | 0         | 0         | 1840  |
| 217      | Sally McFarlane        | f      | FV 40   | None                     | 900       | 0        | 936      | 0    | 0       | 0       | 0         | 0         | 1836  |
| 218      | TREVESSA NEWTON        | f      | FV 50   |                          | 0         | 0        | 900      | 0    | 931     | 0       | 0         | 0         | 1831  |
| 219      | Martin Slater          | m      | MV 40   |                          | 0         | 902      | 928      | 0    | 0       | 0       | 0         | 0         | 1830  |
| 220      | Imre Varga             | m      | MV 50   |                          | 0         | 0        | 861      | 967  | 0       | 0       | 0         | 0         | 1828  |
| 221      | Mark Austin            | m      | MV 40   |                          | 0         | 886      | 0        | 0    | 0       | 942     | 0         | 0         | 1828  |
| 222      | Kirsten Abbott         | f      | U25     |                          | 924       | 0        | 902      | 0    | 0       | 0       | 0         | 0         | 1826  |
| 223      | Matthew MADDOCK        | m      | MV 40   |                          | 0         | 932      | 0        | 0    | 0       | 893     | 0         | 0         | 1825  |
| 224      | Martin Fu              | m      |         |                          | 0         | 0        | 0        | 0    | 893     | 0       | 932       | 0         | 1825  |
| 225      | Harry Vaneris          | m      | MV 40   |                          | 0         | 0        | 0        | 0    | 977     | 847     | 0         | 0         | 1824  |
| 226      | Laura Avey             | f      |         |                          | 905       | 0        | 0        | 0    | 916     | 0       | 0         | 0         | 1821  |
| 227      | Jimmy Hark             | m      |         |                          | 862       | 0        | 0        | 0    | 0       | 0       | 0         | 957       | 1819  |
| 228      | Andrew Walmsley        | m      | MV 50   |                          | 0         | 0        | 0        | 0    | 0       | 911     | 904       | 0         | 1815  |
| 229      | Wendy Birkett          | f      | FV 60   | Ambleside Athletic Club  | 899       | 912      | 0        | 0    | 0       | 0       | 0         | 0         | 1811  |
| 230      | Lynne Carruthers       | f      | FV 60   | Dch                      | 878       | 0        | 0        | 0    | 0       | 0       | 927       | 0         | 1805  |
| 231      | Richard Walker         | m      | MV 40   |                          | 908       | 895      | 0        | 0    | 0       | 0       | 0         | 0         | 1803  |
| 232      | Lizzie Simmons         | f      | FV 40   |                          | 909       | 894      | 0        | 0    | 0       | 0       | 0         | 0         | 1803  |
| 233      | Sarah McGrath          | f      | FV 40   | Ramsbottom Running Club  | 895       | 0        | 0        | 0    | 0       | 907     | 0         | 0         | 1802  |
| 234      | Phil Chew              | m      | MV 60   |                          | 828       | 0        | 0        | 972  | 0       | 0       | 0         | 0         | 1800  |
| 235      | Jen Royle              | f      | FV 50   | Running4CF               | 0         | 0        | 0        | 945  | 0       | 0       | 0         | 848       | 1793  |
| 236      | Carolyn Barker         | f      | FV 50   | Burnden Roadrunners      | 0         | 0        | 890      | 0    | 0       | 900     | 0         | 0         | 1790  |
| 237      | Jo Storey              | f      | FV 40   | Jogonthetyne             | 0         | 0        | 0        | 0    | 0       | 0       | 911       | 879       | 1790  |
| 238      | Christopher Cox        | m      | MV 60   |                          | 0         | 878      | 0        | 0    | 0       | 903     | 0         | 0         | 1781  |
| 239      | Jacq Charles           | f      | FV 40   | Wirral Vikings Trc       | 0         | 0        | 0        | 0    | 0       | 0       | 867       | 914       | 1781  |
| 240      | Robbie Shuttleworth    | f      |         | Nob End Run Club         | 0         | 0        | 0        | 0    | 828     | 0       | 0         | 943       | 1771  |
| 241      | Nathan Greenwood       | m      |         |                          | 888       | 882      | 0        | 0    | 0       | 0       | 0         | 0         | 1770  |
| 242      | Susan Bibby            | f      | FV 40   |                          | 865       | 905      | 0        | 0    | 0       | 0       | 0         | 0         | 1770  |
| 243      | Dave Hill              | m      | MV 50   |                          | 0         | 883      | 0        | 0    | 0       | 0       | 886       | 0         | 1769  |
| 244      | Mark Gean-Hughes       | m      | MV 50   |                          | 0         | 0        | 0        | 0    | 0       | 0       | 849       | 918       | 1767  |

| Position | Name                | Gender | Age Cat | Club                                  | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 245      | Miriam Abbas        | f      |         |                                       | 0         | 0        | 851      | 0    | 0       | 0       | 913       | 0         | 1764  |
| 246      | Matthew Affolter    | m      | MV 50   |                                       | 883       | 879      | 0        | 0    | 0       | 0       | 0         | 0         | 1762  |
| 247      | Iain Peacock        | m      | MV 40   |                                       | 0         | 0        | 850      | 0    | 0       | 0       | 912       | 0         | 1762  |
| 248      | Will Douthwaite     | m      |         |                                       | 872       | 887      | 0        | 0    | 0       | 0       | 0         | 0         | 1759  |
| 249      | Ellie Murray        | f      | U25     |                                       | 0         | 0        | 0        | 0    | 881     | 878     | 0         | 0         | 1759  |
| 250      | Nick Helliwell      | m      | MV 50   |                                       | 842       | 0        | 916      | 0    | 0       | 0       | 0         | 0         | 1758  |
| 251      | Jackie Watts        | f      | FV 40   |                                       | 864       | 0        | 891      | 0    | 0       | 0       | 0         | 0         | 1755  |
| 252      | David Moran         | m      |         |                                       | 0         | 884      | 866      | 0    | 0       | 0       | 0         | 0         | 1750  |
| 253      | Gill Hindle         | f      | FV 50   | Jog On The Tyne                       | 0         | 0        | 0        | 0    | 0       | 0       | 910       | 840       | 1750  |
| 254      | Richard Porter      | m      |         |                                       | 0         | 833      | 0        | 0    | 0       | 912     | 0         | 0         | 1745  |
| 255      | Toby Brothers       | f      | FV 50   | Hampstead Heath Park Run              | 0         | 0        | 0        | 0    | 0       | 0       | 845       | 883       | 1728  |
| 256      | Stephen Hanson      | m      | MV 40   |                                       | 0         | 0        | 881      | 0    | 845     | 0       | 0         | 0         | 1726  |
| 257      | Katie Hanson        | f      |         | Selby striders                        | 0         | 0        | 880      | 0    | 846     | 0       | 0         | 0         | 1726  |
| 258      | Emma Frost          | f      |         |                                       | 0         | 0        | 859      | 0    | 867     | 0       | 0         | 0         | 1726  |
| 259      | Ruth Chadwick       | f      | FV 40   |                                       | 851       | 0        | 0        | 0    | 0       | 873     | 0         | 0         | 1724  |
| 260      | Victoria Hatton     | f      | FV 50   |                                       | 0         | 0        | 874      | 0    | 0       | 848     | 0         | 0         | 1722  |
| 261      | Dave Thompson       | m      | MV 60   |                                       | 0         | 0        | 864      | 0    | 856     | 0       | 0         | 0         | 1720  |
| 262      | Julie Thomas        | f      | FV 50   | Hampstead Health Park Run             | 0         | 0        | 0        | 0    | 0       | 0       | 836       | 884       | 1720  |
| 263      | Lisa Cox            | f      | FV 40   |                                       | 0         | 776      | 0        | 943  | 0       | 0       | 0         | 0         | 1719  |
| 264      | Andrew Firkins      | m      | MV 50   | Lancaster & Morecambe AC              | 0         | 737      | 0        | 0    | 978     | 0       | 0         | 0         | 1715  |
| 265      | Yolande Clarke      | f      | FV 50   | St Bees Triers                        | 0         | 0        | 0        | 0    | 838     | 877     | 0         | 0         | 1715  |
| 266      | Stephen Cruickshank | m      | MV 50   |                                       | 0         | 856      | 0        | 0    | 855     | 0       | 0         | 0         | 1711  |
| 267      | Rob Clayton         | m      | MV 40   | Lancaster and Morecambe athletic club | 0         | 738      | 0        | 0    | 972     | 0       | 0         | 0         | 1710  |
| 268      | Isobel Williamson   | f      | FV 70   |                                       | 818       | 0        | 0        | 0    | 0       | 891     | 0         | 0         | 1709  |
| 269      | Helen Lester        | f      | FV 50   | Wirral Vikings                        | 0         | 0        | 0        | 0    | 0       | 0       | 822       | 881       | 1703  |
| 270      | Emily Astley        | f      | FV 40   | Wirral Vikings                        | 0         | 0        | 0        | 0    | 0       | 0       | 821       | 882       | 1703  |
| 271      | Robert Shanahan     | m      | MV 50   | Wirral Viking                         | 0         | 0        | 0        | 0    | 0       | 0       | 820       | 880       | 1700  |
| 272      | Philip Loftus       | m      | MV 60   |                                       | 826       | 872      | 0        | 0    | 0       | 0       | 0         | 0         | 1698  |
| 273      | Jonathan Fletcher   | m      | MV 50   | Ripon Runner                          | 0         | 0        | 748      | 0    | 950     | 0       | 0         | 0         | 1698  |
| 274      | Sam Nicholson       | f      | FV 50   | Border Reiver Runners                 | 810       | 0        | 0        | 0    | 0       | 0       | 885       | 0         | 1695  |
| 275      | Dale Harrison       | m      |         |                                       | 747       | 947      | 0        | 0    | 0       | 0       | 0         | 0         | 1694  |
| 276      | Mike Parker         | m      | MV 40   |                                       | 866       | 0        | 827      | 0    | 0       | 0       | 0         | 0         | 1693  |
| 277      | Alan Davidson       | m      | MV 70   |                                       | 0         | 814      | 0        | 0    | 0       | 0       | 875       | 0         | 1689  |
| 278      | John Gore           | m      | MV 40   | Rochdale Tri Club                     | 0         | 0        | 0        | 0    | 0       | 0       | 776       | 910       | 1686  |
| 279      | Helen Jack          | f      | FV 50   |                                       | 796       | 0        | 0        | 0    | 0       | 887     | 0         | 0         | 1683  |
| 280      | Kerry Howard        | f      | FV 40   |                                       | 728       | 0        | 0        | 951  | 0       | 0       | 0         | 0         | 1679  |
| 281      | Louisa Graham       | f      | FV 40   |                                       | 0         | 0        | 0        | 0    | 800     | 0       | 878       | 0         | 1678  |
| 282      | Nicole Spibey       | f      | FV 40   |                                       | 0         | 0        | 0        | 0    | 0       | 822     | 0         | 854       | 1676  |
| 283      | Mark Aldam          | m      | MV 60   |                                       | 0         | 824      | 0        | 0    | 0       | 851     | 0         | 0         | 1675  |
| 284      | Clare Moody         | f      | FV 50   | Smiley Paces                          | 802       | 0        | 0        | 0    | 0       | 0       | 0         | 873       | 1675  |
| 285      | Tom Omalley         | m      |         |                                       | 0         | 0        | 0        | 930  | 0       | 745     | 0         | 0         | 1675  |
| 286      | Basia Nowak         | f      | FV 40   |                                       | 0         | 0        | 0        | 0    | 0       | 820     | 0         | 855       | 1675  |

| Position | Name                | Gender | Age Cat | Club                          | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|-------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 287      | Jane Marshall       | f      | FV 50   | York Acorn Running Club       | 0         | 0        | 0        | 928  | 0       | 743     | 0         | 0         | 1671  |
| 288      | Mary Clifford       | f      | FV 40   |                               | 807       | 0        | 863      | 0    | 0       | 0       | 0         | 0         | 1670  |
| 289      | Helen Newman        | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 0       | 0       | 812       | 856       | 1668  |
| 290      | Nizam Ismail        | m      |         |                               | 0         | 834      | 829      | 0    | 0       | 0       | 0         | 0         | 1663  |
| 291      | Simon Robson        | m      | MV 40   |                               | 877       | 0        | 782      | 0    | 0       | 0       | 0         | 0         | 1659  |
| 292      | Patricia Hynes      | f      | FV 60   |                               | 0         | 0        | 0        | 0    | 0       | 0       | 802       | 857       | 1659  |
| 293      | Shelley Regan       | f      | FV 40   |                               | 0         | 790      | 0        | 0    | 0       | 0       | 0         | 868       | 1658  |
| 294      | Judith Stockton     | f      | FV 40   |                               | 718       | 0        | 0        | 940  | 0       | 0       | 0         | 0         | 1658  |
| 295      | Sharon Donald       | f      | FV 40   | DCH Run Club                  | 0         | 0        | 849      | 0    | 808     | 0       | 0         | 0         | 1657  |
| 296      | Ruth Lilliot        | f      | FV 60   |                               | 0         | 0        | 822      | 0    | 0       | 0       | 835       | 0         | 1657  |
| 297      | Anita Hall          | f      | FV 50   | St Helens Striders            | 0         | 851      | 0        | 0    | 805     | 0       | 0         | 0         | 1656  |
| 298      | Claire Willis       | f      | FV 40   |                               | 0         | 838      | 809      | 0    | 0       | 0       | 0         | 0         | 1647  |
| 299      | Yvette Mcracken     | f      | FV 50   | Smiley Paces                  | 0         | 0        | 0        | 0    | 0       | 0       | 785       | 861       | 1646  |
| 300      | Georgia May         | f      |         |                               | 767       | 0        | 876      | 0    | 0       | 0       | 0         | 0         | 1643  |
| 301      | Ann-marie Johnstone | f      | FV 40   |                               | 709       | 0        | 0        | 932  | 0       | 0       | 0         | 0         | 1641  |
| 302      | Ben Brock           | m      | U25     |                               | 0         | 0        | 0        | 0    | 806     | 835     | 0         | 0         | 1641  |
| 303      | Katherine-Lee Lukas | f      | U21     |                               | 0         | 859      | 773      | 0    | 0       | 0       | 0         | 0         | 1632  |
| 304      | Emma Teggart        | f      | FV 40   | Lonely goat                   | 724       | 0        | 0        | 0    | 0       | 0       | 908       | 0         | 1632  |
| 305      | Alison Hodges       | f      | FV 50   | Blackhill Bounders            | 760       | 0        | 0        | 0    | 0       | 0       | 0         | 872       | 1632  |
| 306      | Brian Richardson    | m      | MV 60   | Blackhill Bounders            | 759       | 0        | 0        | 0    | 0       | 0       | 0         | 871       | 1630  |
| 307      | Rachel Bellwood     | f      |         |                               | 0         | 799      | 0        | 0    | 830     | 0       | 0         | 0         | 1629  |
| 308      | Chris Cuinu         | m      | MV 50   |                               | 0         | 0        | 0        | 0    | 783     | 0       | 0         | 846       | 1629  |
| 309      | Lada Cuinu          | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 784     | 0       | 0         | 845       | 1629  |
| 310      | Peter Reed          | m      | MV 70   | Northumberland Fell Runners   | 0         | 0        | 0        | 0    | 0       | 856     | 771       | 0         | 1627  |
| 311      | Louise Roberts      | f      | FV 50   | Border Reavers                | 0         | 0        | 0        | 0    | 759     | 0       | 0         | 866       | 1625  |
| 312      | Lesley Nixon        | f      | FV 50   | Red Rose Road Runners         | 0         | 797      | 825      | 0    | 0       | 0       | 0         | 0         | 1622  |
| 313      | Elaine Coupland     | f      | FV 60   | Jog On The Tyne               | 0         | 0        | 0        | 0    | 0       | 0       | 782       | 838       | 1620  |
| 314      | Zara Gall           | f      | FV 40   | Didsbury Ladies               | 797       | 0        | 819      | 0    | 0       | 0       | 0         | 0         | 1616  |
| 315      | Simon Turgoose      | m      | MV 50   | Oldham & Royton Harriers AC   | 0         | 0        | 0        | 0    | 0       | 0       | 777       | 835       | 1612  |
| 316      | Victoria Wilding    | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 0       | 806     | 805       | 0         | 1611  |
| 317      | Jennie Daniels      | f      | FV 50   |                               | 0         | 682      | 0        | 929  | 0       | 0       | 0         | 0         | 1611  |
| 318      | Tracy Slater        | f      | FV 40   |                               | 0         | 801      | 808      | 0    | 0       | 0       | 0         | 0         | 1609  |
| 319      | Alison Pye          | f      | FV 40   |                               | 0         | 0        | 0        | 0    | 754     | 0       | 851       | 0         | 1605  |
| 320      | Johnny Wild         | m      | MV 60   | Lytham St Anne's Road Runners | 0         | 786      | 0        | 0    | 0       | 818     | 0         | 0         | 1604  |
| 321      | Gerry Garvey        | m      | MV 50   | Muddy Boots Nursery           | 0         | 0        | 0        | 0    | 757     | 0       | 0         | 844       | 1601  |
| 322      | Shelly Allen        | f      | FV 50   |                               | 0         | 792      | 806      | 0    | 0       | 0       | 0         | 0         | 1598  |
| 323      | Rachael Price       | f      | FV 40   |                               | 794       | 0        | 0        | 0    | 0       | 0       | 803       | 0         | 1597  |
| 324      | Leanne Topcuoglu    | f      | FV 40   | ACF Standish                  | 804       | 0        | 792      | 0    | 0       | 0       | 0         | 0         | 1596  |
| 325      | emma Brierley       | f      | FV 50   |                               | 0         | 817      | 778      | 0    | 0       | 0       | 0         | 0         | 1595  |
| 326      | Nicky Grace         | f      | FV 40   |                               | 781       | 0        | 0        | 0    | 0       | 0       | 810       | 0         | 1591  |
| 327      | Kirstie Miller      | f      | FV 50   | Jog on the Tyne               | 0         | 0        | 0        | 0    | 0       | 0       | 749       | 841       | 1590  |
| 328      | Keith Burlison      | m      | MV 50   |                               | 0         | 794      | 0        | 0    | 795     | 0       | 0         | 0         | 1589  |



| Position | Name                | Gender | Age Cat | Club                             | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|----------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 329      | Claire Rawlinson    | f      |         |                                  | 766       | 821      | 0        | 0    | 0       | 0       | 0         | 0         | 1587  |
| 330      | Laura Leitch        | f      |         |                                  | 0         | 0        | 0        | 0    | 753     | 833     | 0         | 0         | 1586  |
| 331      | Julie Luckman       | f      | FV 50   | Oldham and Royton Harriers       | 0         | 0        | 0        | 0    | 0       | 0       | 747       | 836       | 1583  |
| 332      | Natalie Lewis       | f      | FV 40   | Fellside Ladies                  | 661       | 0        | 0        | 913  | 0       | 0       | 0         | 0         | 1574  |
| 333      | Jane Hill           | f      | FV 50   |                                  | 0         | 765      | 0        | 0    | 0       | 0       | 806       | 0         | 1571  |
| 334      | Tony Fahy           | m      | MV 70   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 761       | 809       | 1570  |
| 335      | Sally Wilkinson     | f      | FV 50   | Get Over Yourself                | 0         | 808      | 754      | 0    | 0       | 0       | 0         | 0         | 1562  |
| 336      | Deborah Mackay      | f      | FV 50   | Wirral Viking TRC                | 0         | 0        | 0        | 0    | 0       | 0       | 743       | 817       | 1560  |
| 337      | Niki Roberts        | f      | FV 40   |                                  | 0         | 827      | 0        | 0    | 731     | 0       | 0         | 0         | 1558  |
| 338      | Kathryn Abbott      | f      | FV 50   | Red Rose Road Runners            | 805       | 0        | 751      | 0    | 0       | 0       | 0         | 0         | 1556  |
| 339      | Catherine Ball      | f      | FV 50   | Wirral Viking Trc                | 0         | 0        | 0        | 0    | 0       | 0       | 751       | 801       | 1552  |
| 340      | Lizzie Coleshill    | f      | FV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 735       | 816       | 1551  |
| 341      | Andrea Counce       | f      | FV 40   |                                  | 743       | 0        | 0        | 0    | 807     | 0       | 0         | 0         | 1550  |
| 342      | Colin Burnett       | m      | MV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 750       | 800       | 1550  |
| 343      | mark lee            | m      | MV 50   |                                  | 764       | 0        | 0        | 0    | 0       | 782     | 0         | 0         | 1546  |
| 344      | Claire Penhallurick | f      | FV 40   | Lonely Goat Running Club         | 0         | 0        | 0        | 0    | 766     | 0       | 778       | 0         | 1544  |
| 345      | Yasmin Porter-bee   | f      |         |                                  | 0         | 730      | 0        | 0    | 0       | 811     | 0         | 0         | 1541  |
| 346      | Amanda Anderson     | f      | FV 50   |                                  | 0         | 0        | 749      | 0    | 791     | 0       | 0         | 0         | 1540  |
| 347      | Julie Murrell       | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 748       | 792       | 1540  |
| 348      | Lisa Whiteley       | f      |         |                                  | 0         | 749      | 790      | 0    | 0       | 0       | 0         | 0         | 1539  |
| 349      | Charlotte Twigger   | f      | FV 40   |                                  | 763       | 0        | 0        | 0    | 0       | 775     | 0         | 0         | 1538  |
| 350      | Melissa Grocock     | f      | FV 40   |                                  | 758       | 778      | 0        | 0    | 0       | 0       | 0         | 0         | 1536  |
| 351      | James Laking        | m      |         |                                  | 0         | 0        | 795      | 0    | 740     | 0       | 0         | 0         | 1535  |
| 352      | Rebecca Meeten      | f      | FV 50   |                                  | 0         | 745      | 788      | 0    | 0       | 0       | 0         | 0         | 1533  |
| 353      | Catherine Aitken    | f      | FV 60   |                                  | 0         | 777      | 0        | 0    | 755     | 0       | 0         | 0         | 1532  |
| 354      | Sara Summers        | f      | FV 50   |                                  | 0         | 0        | 766      | 0    | 0       | 0       | 763       | 0         | 1529  |
| 355      | Ruth Hunneysett     | f      | FV 40   | Jog on the Tyne                  | 0         | 0        | 0        | 0    | 0       | 0       | 738       | 790       | 1528  |
| 356      | Ashley Smith        | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 660     | 0       | 0         | 864       | 1524  |
| 357      | Sarah Parker        | f      | FV 40   | Jog on The Tyne                  | 0         | 0        | 0        | 0    | 0       | 0       | 734       | 789       | 1523  |
| 358      | Jennie Smith        | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 659     | 0       | 0         | 863       | 1522  |
| 359      | Richard Newman      | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 716       | 803       | 1519  |
| 360      | Mark Tomlinson      | m      | MV 60   | 12                               | 0         | 0        | 0        | 0    | 719     | 798     | 0         | 0         | 1517  |
| 361      | Jane Dring-Morris   | f      | FV 50   | Leicestershire Orienteering Club | 0         | 752      | 764      | 0    | 0       | 0       | 0         | 0         | 1516  |
| 362      | Neil Bower          | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 723     | 790     | 0         | 0         | 1513  |
| 363      | Jo Lally            | f      | FV 50   | Jog on The Tyne                  | 0         | 0        | 0        | 0    | 717     | 789     | 0         | 0         | 1506  |
| 364      | Gillian O'boyle     | f      | FV 50   |                                  | 0         | 724      | 0        | 0    | 0       | 0       | 781       | 0         | 1505  |
| 365      | Hannah Hobson       | f      |         |                                  | 738       | 0        | 0        | 0    | 765     | 0       | 0         | 0         | 1503  |
| 366      | Nadine Scaife       | f      | FV 50   |                                  | 0         | 759      | 740      | 0    | 0       | 0       | 0         | 0         | 1499  |
| 367      | Jo Perry            | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 725     | 0       | 758       | 0         | 1483  |
| 368      | LOUISE WAINWRIGHT   | f      | FV 50   | Thornton CLEVELEYS RUNNING CLUB  | 0         | 0        | 759      | 0    | 0       | 723     | 0         | 0         | 1482  |
| 369      | Lynn Shaw           | f      | FV 50   | Thornton Cleveleys Running Club  | 0         | 0        | 758      | 0    | 0       | 722     | 0         | 0         | 1480  |
| 370      | Karen Quan-soon     | f      | FV 60   |                                  | 0         | 705      | 0        | 0    | 0       | 773     | 0         | 0         | 1478  |

| Position | Name                          | Gender | Age Cat | Club                                 | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------------------|--------|---------|--------------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 371      | Katie Wishart                 | f      | FV 50   |                                      | 0         | 0        | 0        | 0    | 0       | 741     | 733       | 0         | 1474  |
| 372      | Lesley McGrail                | f      | FV 40   | St Helens Striders                   | 706       | 0        | 0        | 0    | 767     | 0       | 0         | 0         | 1473  |
| 373      | Jane Hunter                   | f      | FV 60   |                                      | 723       | 735      | 0        | 0    | 0       | 0       | 0         | 0         | 1458  |
| 374      | Jan Molyneux                  | m      | MV 50   |                                      | 716       | 0        | 0        | 0    | 0       | 0       | 740       | 0         | 1456  |
| 375      | Rebecca Davies                | f      |         |                                      | 0         | 0        | 0        | 0    | 0       | 729     | 724       | 0         | 1453  |
| 376      | jeanette grimes               | f      | FV 60   |                                      | 0         | 0        | 746      | 0    | 701     | 0       | 0         | 0         | 1447  |
| 377      | Elaine Baker                  | f      | FV 50   | St Helens Striders                   | 701       | 0        | 744      | 0    | 0       | 0       | 0         | 0         | 1445  |
| 378      | Despina Smith                 | f      | FV 40   | Didsbury Mums on the Run             | 694       | 0        | 0        | 0    | 0       | 747     | 0         | 0         | 1441  |
| 379      | Christine Sutherland          | f      | FV 60   |                                      | 0         | 729      | 0        | 0    | 703     | 0       | 0         | 0         | 1432  |
| 380      | Mark Sullivan                 | m      | MV 60   |                                      | 0         | 0        | 719      | 0    | 0       | 0       | 709       | 0         | 1428  |
| 381      | Hilary Beach                  | f      | FV 50   |                                      | 686       | 0        | 0        | 0    | 0       | 732     | 0         | 0         | 1418  |
| 382      | Ursula Collie                 | f      | FV 60   |                                      | 681       | 0        | 0        | 0    | 0       | 726     | 0         | 0         | 1407  |
| 383      | Chris Pearson                 | m      | MV 60   |                                      | 0         | 709      | 0        | 0    | 691     | 0       | 0         | 0         | 1400  |
| 384      | Laura Sweeting                | f      |         |                                      | 0         | 670      | 0        | 0    | 0       | 718     | 0         | 0         | 1388  |
| 385      | Edgar Buhl                    | m      | MV 40   |                                      | 0         | 671      | 0        | 0    | 0       | 717     | 0         | 0         | 1388  |
| 386      | Andrea Jones                  | f      | FV 50   |                                      | 0         | 673      | 0        | 0    | 0       | 713     | 0         | 0         | 1386  |
| 387      | Christina Davies              | f      | FV 40   |                                      | 691       | 694      | 0        | 0    | 0       | 0       | 0         | 0         | 1385  |
| 388      | Julie Dugdale                 | f      | FV 50   |                                      | 667       | 703      | 0        | 0    | 0       | 0       | 0         | 0         | 1370  |
| 389      | Holly Unsworth                | f      |         |                                      | 647       | 0        | 0        | 0    | 0       | 707     | 0         | 0         | 1354  |
| 390      | Karen Braddon                 | f      | FV 70   | Crocwalkers                          | 0         | 650      | 0        | 0    | 0       | 704     | 0         | 0         | 1354  |
| 391      | Julie Loftus                  | f      | FV 50   |                                      | 660       | 675      | 0        | 0    | 0       | 0       | 0         | 0         | 1335  |
| 392      | Sarah Boyle                   | f      | FV 50   |                                      | 668       | 653      | 0        | 0    | 0       | 0       | 0         | 0         | 1321  |
| 393      | Chris Holdsworth              | m      |         | Team inov-8                          | 1000      | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 1000  |
| 394      | Billy Cartwright              | m      |         | Team Inov-8                          | 0         | 0        | 1000     | 0    | 0       | 0       | 0         | 0         | 1000  |
| 395      | Matt Newell                   | m      |         |                                      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 1000      | 1000  |
| 396      | Russell Maddams               | m      | MV 50   | Keswick Ac                           | 0         | 0        | 0        | 0    | 1000    | 0       | 0         | 0         | 1000  |
| 397      | Laurence Hill                 | m      |         |                                      | 0         | 0        | 0        | 0    | 0       | 1000    | 0         | 0         | 1000  |
| 398      | Moritz van Driel              | m      |         |                                      | 0         | 0        | 0        | 1000 | 0       | 0       | 0         | 0         | 1000  |
| 399      | Tom Levi                      | m      |         | Thirsk & Sowerby Harriers            | 999       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 999   |
| 400      | Nicola Jackson                | f      |         | Team Inov-8                          | 0         | 0        | 999      | 0    | 0       | 0       | 0         | 0         | 999   |
| 401      | Lee Procter                   | m      | MV 40   | Team inov-8                          | 0         | 0        | 0        | 0    | 999     | 0       | 0         | 0         | 999   |
| 402      | Darren Coward                 | m      |         | Glaxo Hoad Hill Harriers             | 0         | 0        | 0        | 0    | 0       | 999     | 0         | 0         | 999   |
| 403      | James Barsby                  | m      |         |                                      | 0         | 0        | 998      | 0    | 0       | 0       | 0         | 0         | 998   |
| 404      | Richard Thomas Jackson-Taylor | m      |         |                                      | 0         | 0        | 0        | 0    | 0       | 998     | 0         | 0         | 998   |
| 405      | Markus Forsch                 | m      | MV 50   |                                      | 0         | 0        | 0        | 998  | 0       | 0       | 0         | 0         | 998   |
| 406      | Alex Heffron                  | m      |         |                                      | 0         | 997      | 0        | 0    | 0       | 0       | 0         | 0         | 997   |
| 407      | Adam Elkin                    | m      | MV 40   | Lancaster & Morecambe AC             | 0         | 0        | 997      | 0    | 0       | 0       | 0         | 0         | 997   |
| 408      | Matthew Halsall               | m      |         | Southport Waterloo                   | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 996       | 996   |
| 409      | Steven Worsley                | m      | MV 60   | Lancaster and morecambe ac           | 0         | 0        | 0        | 0    | 996     | 0       | 0         | 0         | 996   |
| 410      | Adam Firth                    | m      | MV 40   |                                      | 0         | 995      | 0        | 0    | 0       | 0       | 0         | 0         | 995   |
| 411      | Adrian Favill                 | m      |         | Scunthorpe and District Running Club | 995       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 995   |
| 412      | William Loewenhardt           | m      |         |                                      | 0         | 0        | 0        | 0    | 0       | 0       | 995       | 0         | 995   |

| Position | Name                 | Gender | Age Cat | Club                  | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|-----------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 413      | John Walmsley        | m      |         |                       | 0         | 0        | 0        | 995  | 0       | 0       | 0         | 0         | 995   |
| 414      | Craig Miller         | m      | MV 50   |                       | 994       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 994   |
| 415      | Fergal Duffy         | m      | MV 50   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 994       | 0         | 994   |
| 416      | William Houghton     | m      |         | Tyne Bridge Harriers  | 0         | 0        | 0        | 0    | 0       | 994     | 0         | 0         | 994   |
| 417      | Nicola Unsworth      | f      | FV 50   |                       | 0         | 0        | 0        | 994  | 0       | 0       | 0         | 0         | 994   |
| 418      | Ben Harrison         | m      | MV 40   |                       | 0         | 993      | 0        | 0    | 0       | 0       | 0         | 0         | 993   |
| 419      | Marcus Carter-Strutt | m      | U25     |                       | 993       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 993   |
| 420      | Adam Fox             | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 993       | 0         | 993   |
| 421      | Annabel Faith        | f      | FV 40   |                       | 0         | 0        | 0        | 993  | 0       | 0       | 0         | 0         | 993   |
| 422      | Anna Hoogkamer       | f      |         |                       | 992       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 992   |
| 423      | Neil Moffat          | m      | MV 60   | Dumfries Running Club | 0         | 0        | 0        | 992  | 0       | 0       | 0         | 0         | 992   |
| 424      | Amy Pickworth        | f      | FV 40   | Darlington harriers   | 0         | 991      | 0        | 0    | 0       | 0       | 0         | 0         | 991   |
| 425      | Joe Brown            | m      |         |                       | 991       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 991   |
| 426      | Joe Shingleton       | m      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 991       | 991   |
| 427      | Tom Willox           | m      |         | Helm Hill Runners     | 0         | 0        | 0        | 0    | 991     | 0       | 0         | 0         | 991   |
| 428      | Robert Inman         | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 0       | 991     | 0         | 0         | 991   |
| 429      | Adam Birch           | m      |         |                       | 0         | 0        | 0        | 991  | 0       | 0       | 0         | 0         | 991   |
| 430      | Stephen Newell       | m      | MV 50   | Ilkley Harriers       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 990       | 990   |
| 431      | John Pollard         | m      | MV 60   | Glossopdale Harriers  | 0         | 0        | 0        | 990  | 0       | 0       | 0         | 0         | 990   |
| 432      | James Gaffney        | m      |         | -                     | 0         | 0        | 989      | 0    | 0       | 0       | 0         | 0         | 989   |
| 433      | Ian Davidson         | m      | MV 50   |                       | 0         | 0        | 0        | 0    | 989     | 0       | 0         | 0         | 989   |
| 434      | Michael Williams     | m      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 989       | 0         | 989   |
| 435      | Andrew Baguley       | m      | MV 40   | Chorlton Runners      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 989       | 989   |
| 436      | Scott Keenan         | m      | MV 50   |                       | 0         | 0        | 0        | 989  | 0       | 0       | 0         | 0         | 989   |
| 437      | Jack Brookes         | m      | U21     | Tarleton Academy      | 0         | 0        | 0        | 0    | 0       | 989     | 0         | 0         | 989   |
| 438      | Josh Glennon         | m      |         |                       | 0         | 0        | 988      | 0    | 0       | 0       | 0         | 0         | 988   |
| 439      | Anthony Irving       | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 988     | 0       | 0         | 0         | 988   |
| 440      | Sarah power          | f      |         |                       | 0         | 0        | 0        | 988  | 0       | 0       | 0         | 0         | 988   |
| 441      | Neil Warren          | m      |         |                       | 0         | 0        | 0        | 0    | 0       | 988     | 0         | 0         | 988   |
| 442      | Ewen Turner          | m      |         |                       | 0         | 987      | 0        | 0    | 0       | 0       | 0         | 0         | 987   |
| 443      | Lindsay Bingaman     | f      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 987       | 0         | 987   |
| 444      | greg simpson         | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 987       | 987   |
| 445      | Samuel Stretch       | m      |         |                       | 0         | 0        | 986      | 0    | 0       | 0       | 0         | 0         | 986   |
| 446      | Matthew Ashton       | m      | MV 40   | Bad Boy Running Club  | 986       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 986   |
| 447      | Robbie Jones         | m      | MV 50   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 986       | 0         | 986   |
| 448      | Terry Moss           | m      | MV 50   |                       | 0         | 0        | 0        | 986  | 0       | 0       | 0         | 0         | 986   |
| 449      | Owen Ford            | m      | U21     |                       | 0         | 0        | 0        | 0    | 986     | 0       | 0         | 0         | 986   |
| 450      | Philip Mallaband     | m      | MV 40   | Vegan Runners         | 0         | 985      | 0        | 0    | 0       | 0       | 0         | 0         | 985   |
| 451      | Paul Macfarlane      | m      | MV 40   | Helm Hill Runners     | 0         | 0        | 985      | 0    | 0       | 0       | 0         | 0         | 985   |
| 452      | Ben Taylor           | m      | U21     |                       | 0         | 0        | 0        | 0    | 0       | 985     | 0         | 0         | 985   |
| 453      | Chris Percival       | m      | MV 50   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 985       | 0         | 985   |
| 454      | Nick Cox             | m      | MV 50   |                       | 0         | 0        | 0        | 985  | 0       | 0       | 0         | 0         | 985   |

| Position | Name              | Gender | Age Cat | Club                     | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------|--------|---------|--------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 455      | Jorden Partington | m      | MV 40   |                          | 0         | 984      | 0        | 0    | 0       | 0       | 0         | 0         | 984   |
| 456      | Michael Cole      | m      | U21     |                          | 0         | 0        | 984      | 0    | 0       | 0       | 0         | 0         | 984   |
| 457      | Jonathan Woodhead | m      |         | Allithwaite Running Club | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 984       | 984   |
| 458      | Alex Brown        | m      |         |                          | 0         | 0        | 0        | 0    | 0       | 0       | 984       | 0         | 984   |
| 459      | Amy Salt          | f      |         | Belper Harriers          | 0         | 0        | 0        | 984  | 0       | 0       | 0         | 0         | 984   |
| 460      | Matt Marshall     | m      | MV 40   |                          | 0         | 0        | 983      | 0    | 0       | 0       | 0         | 0         | 983   |
| 461      | Stephen Hackley   | m      | MV 40   |                          | 0         | 0        | 0        | 0    | 983     | 0       | 0         | 0         | 983   |
| 462      | Lauren Booth      | f      |         | Hoad Hill Harriers       | 0         | 0        | 0        | 0    | 0       | 983     | 0         | 0         | 983   |
| 463      | Olivia Wiggans    | f      |         | Red Rose Road Runners    | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 983       | 983   |
| 464      | Darren Wilson     | m      | MV 50   |                          | 0         | 0        | 0        | 983  | 0       | 0       | 0         | 0         | 983   |
| 465      | Joseph D'Arcy     | m      | U21     | Kirkbie Kendal           | 0         | 982      | 0        | 0    | 0       | 0       | 0         | 0         | 982   |
| 466      | Thomas Bateson    | m      |         | LBC Tractors             | 0         | 0        | 982      | 0    | 0       | 0       | 0         | 0         | 982   |
| 467      | Stephen Pope      | m      |         |                          | 0         | 0        | 0        | 0    | 982     | 0       | 0         | 0         | 982   |
| 468      | Charlotte Seward  | f      |         | Border Harriers          | 0         | 0        | 0        | 0    | 0       | 982     | 0         | 0         | 982   |
| 469      | Anna Hawthorne    | f      |         |                          | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 982       | 982   |
| 470      | Alice Sharples    | f      |         |                          | 0         | 0        | 0        | 982  | 0       | 0       | 0         | 0         | 982   |
| 471      | Paul Jeffrey-Read | m      | MV 50   |                          | 0         | 0        | 981      | 0    | 0       | 0       | 0         | 0         | 981   |
| 472      | Jordan Chew       | m      |         |                          | 0         | 0        | 0        | 981  | 0       | 0       | 0         | 0         | 981   |
| 473      | Michael Garside   | m      | MV 40   |                          | 0         | 980      | 0        | 0    | 0       | 0       | 0         | 0         | 980   |
| 474      | Cameron Littler   | m      |         |                          | 980       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 980   |
| 475      | Jimmy Hark        | m      | MV 40   | Nob end run club         | 0         | 0        | 0        | 0    | 980     | 0       | 0         | 0         | 980   |
| 476      | Tom Collins       | m      |         |                          | 0         | 0        | 0        | 980  | 0       | 0       | 0         | 0         | 980   |
| 477      | David Dalziel     | m      |         |                          | 0         | 979      | 0        | 0    | 0       | 0       | 0         | 0         | 979   |
| 478      | Mikey Hanna       | m      |         | LBC Tractors             | 0         | 0        | 979      | 0    | 0       | 0       | 0         | 0         | 979   |
| 479      | Danny Hirst       | m      | MV 40   | Andems Runners           | 0         | 0        | 0        | 0    | 979     | 0       | 0         | 0         | 979   |
| 480      | Aude Peltier      | f      | FV 40   |                          | 0         | 0        | 0        | 979  | 0       | 0       | 0         | 0         | 979   |
| 481      | Sam Leeming       | m      |         |                          | 0         | 0        | 0        | 0    | 0       | 979     | 0         | 0         | 979   |
| 482      | Chloe Frankish    | f      | FV 40   |                          | 0         | 978      | 0        | 0    | 0       | 0       | 0         | 0         | 978   |
| 483      | Peter Llewellyn   | m      | MV 50   | Mearley Runners          | 0         | 0        | 978      | 0    | 0       | 0       | 0         | 0         | 978   |
| 484      | Charlotte Jones   | f      |         |                          | 0         | 0        | 0        | 0    | 0       | 978     | 0         | 0         | 978   |
| 485      | Geoff Lowe        | m      | MV 60   | The Herdy Maaa-shal      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 978       | 978   |
| 486      | Cheryl Dean       | f      | FV 40   |                          | 0         | 0        | 0        | 0    | 0       | 0       | 978       | 0         | 978   |
| 487      | Cora Bryan        | f      |         |                          | 0         | 0        | 0        | 978  | 0       | 0       | 0         | 0         | 978   |
| 488      | Ruth Denham-Brown | f      |         |                          | 0         | 977      | 0        | 0    | 0       | 0       | 0         | 0         | 977   |
| 489      | Simon Gora        | m      | MV 40   | Garstang RC              | 0         | 0        | 977      | 0    | 0       | 0       | 0         | 0         | 977   |
| 490      | Paul Amiss        | m      | MV 40   |                          | 977       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 977   |
| 491      | Donna Cartwright  | f      | FV 40   | Radcliffe Ac             | 0         | 0        | 0        | 0    | 0       | 977     | 0         | 0         | 977   |
| 492      | Paul Jones        | m      |         |                          | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 977       | 977   |
| 493      | Matthew Holland   | m      |         |                          | 0         | 0        | 0        | 0    | 0       | 0       | 977       | 0         | 977   |
| 494      | Kathryn Tracey    | f      | FV 40   | Riverside Runners        | 0         | 0        | 0        | 977  | 0       | 0       | 0         | 0         | 977   |
| 495      | Richard Bergin    | m      |         | Nob End RC               | 976       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 976   |
| 496      | Harrison Nicolson | m      |         |                          | 0         | 0        | 976      | 0    | 0       | 0       | 0         | 0         | 976   |

| Position | Name                 | Gender | Age Cat | Club                         | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 497      | James Spearing       | m      |         |                              | 0         | 0        | 0        | 0    | 976     | 0       | 0         | 0         | 976   |
| 498      | Paul Ross            | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 976       | 0         | 976   |
| 499      | Andrew Hemsley       | m      | MV 50   | Walney Wind Cheetahs         | 0         | 0        | 0        | 976  | 0       | 0       | 0         | 0         | 976   |
| 500      | Dan Ackroyd          | m      | MV 40   |                              | 0         | 975      | 0        | 0    | 0       | 0       | 0         | 0         | 975   |
| 501      | Decland Mernagh      | m      |         | LBC Tractors                 | 0         | 0        | 975      | 0    | 0       | 0       | 0         | 0         | 975   |
| 502      | Justine Patton       | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 975     | 0         | 0         | 975   |
| 503      | Laura Whittaker      | f      | FV 40   |                              | 0         | 0        | 0        | 975  | 0       | 0       | 0         | 0         | 975   |
| 504      | Martyn Cottiss       | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 975     | 0       | 0         | 0         | 975   |
| 505      | Bob O'Neil           | m      | MV 40   | Helm Hill                    | 974       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 974   |
| 506      | Robert Davies        | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 974     | 0       | 0         | 0         | 974   |
| 507      | John Pyrah           | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 974     | 0         | 0         | 974   |
| 508      | Shaun Martin         | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 974       | 0         | 974   |
| 509      | Sean Roddy           | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 974       | 974   |
| 510      | Ellen Lovatt         | f      | FV 40   | Belper Harriers              | 0         | 0        | 0        | 974  | 0       | 0       | 0         | 0         | 974   |
| 511      | James Williams       | m      | MV 40   |                              | 0         | 973      | 0        | 0    | 0       | 0       | 0         | 0         | 973   |
| 512      | James Gray           | m      |         |                              | 973       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 973   |
| 513      | Graham Laybourn      | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 973     | 0       | 0         | 0         | 973   |
| 514      | Imogen Poore         | f      | U25     |                              | 0         | 0        | 0        | 0    | 0       | 973     | 0         | 0         | 973   |
| 515      | Neil Gordon          | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 973       | 0         | 973   |
| 516      | Samuel Gill          | m      |         |                              | 0         | 972      | 0        | 0    | 0       | 0       | 0         | 0         | 972   |
| 517      | Ben Goodwill         | m      |         |                              | 0         | 0        | 972      | 0    | 0       | 0       | 0         | 0         | 972   |
| 518      | Lewis Sherlock       | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 972       | 0         | 972   |
| 519      | Jack Whitworth       | m      |         | LBC Tractors                 | 0         | 0        | 971      | 0    | 0       | 0       | 0         | 0         | 971   |
| 520      | Ellie price          | f      |         |                              | 971       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 971   |
| 521      | David Kenwright      | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 971     | 0       | 0         | 0         | 971   |
| 522      | Mark Hughes          | m      | MV 40   | Lytham St Annes Road Runners | 0         | 0        | 0        | 0    | 0       | 971     | 0         | 0         | 971   |
| 523      | Adam Rawlings        | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 971       | 971   |
| 524      | james Galloway-Booth | m      | U21     |                              | 0         | 970      | 0        | 0    | 0       | 0       | 0         | 0         | 970   |
| 525      | Andrew Anderson      | m      | MV 50   | Dunbar Running Club          | 970       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 970   |
| 526      | Stuart Taylor        | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 970     | 0         | 0         | 970   |
| 527      | Karen Johnson        | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 970       | 0         | 970   |
| 528      | Kevin Harber         | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 970       | 970   |
| 529      | David Atkinson       | m      | MV 50   | Blengdale Runners            | 0         | 969      | 0        | 0    | 0       | 0       | 0         | 0         | 969   |
| 530      | Tanya Lambert        | f      | FV 50   | Eden Runners                 | 0         | 0        | 969      | 0    | 0       | 0       | 0         | 0         | 969   |
| 531      | Georgia Marsh        | f      |         |                              | 969       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 969   |
| 532      | Simon Phillips       | m      | MV 60   |                              | 0         | 0        | 0        | 0    | 969     | 0       | 0         | 0         | 969   |
| 533      | Alex Barnes          | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 969     | 0         | 0         | 969   |
| 534      | Wolfgang Altenau     | m      | MV 70   |                              | 0         | 0        | 0        | 969  | 0       | 0       | 0         | 0         | 969   |
| 535      | Jack Wilson          | m      |         |                              | 968       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 968   |
| 536      | Michael Allcock      | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 968       | 0         | 968   |
| 537      | Simon Parker         | m      | MV 60   | Cheshire Hash House Harriers | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 968       | 968   |
| 538      | Asa Carrington       | m      |         |                              | 0         | 0        | 967      | 0    | 0       | 0       | 0         | 0         | 967   |

| Position | Name                | Gender | Age Cat | Club                      | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 539      | Martin Poore        | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 967     | 0         | 0         | 967   |
| 540      | Anna McGill         | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 967       | 967   |
| 541      | Louis Rainford      | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 966       | 0         | 966   |
| 542      | Mark Broxton        | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 966       | 966   |
| 543      | Elainea Aitken      | f      | FV 40   |                           | 0         | 0        | 0        | 966  | 0       | 0       | 0         | 0         | 966   |
| 544      | Lucy Garrod         | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 965     | 0         | 0         | 965   |
| 545      | Mark Smyth          | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 965       | 0         | 965   |
| 546      | Alice Marsden       | f      |         |                           | 0         | 0        | 0        | 965  | 0       | 0       | 0         | 0         | 965   |
| 547      | Paul Hartley        | m      | MV 50   |                           | 0         | 964      | 0        | 0    | 0       | 0       | 0         | 0         | 964   |
| 548      | Alan Parker         | m      | MV 50   |                           | 0         | 0        | 964      | 0    | 0       | 0       | 0         | 0         | 964   |
| 549      | Ian Williamson      | m      | MV 50   | Chorlton Runners          | 0         | 0        | 0        | 0    | 964     | 0       | 0         | 0         | 964   |
| 550      | Helen Lawrenson     | f      | FV 50   | Blackpool Wyre & fylde AC | 0         | 0        | 0        | 0    | 0       | 964     | 0         | 0         | 964   |
| 551      | Stephen Gilks       | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 964       | 0         | 964   |
| 552      | Leanne Elwood       | f      | FV 40   | Smiley paces              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 964       | 964   |
| 553      | Rebecca Swindells   | f      | FV 40   |                           | 0         | 0        | 0        | 964  | 0       | 0       | 0         | 0         | 964   |
| 554      | Joseph Tyldesley    | m      |         |                           | 0         | 0        | 963      | 0    | 0       | 0       | 0         | 0         | 963   |
| 555      | Jodi Marcus         | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 963     | 0       | 0         | 0         | 963   |
| 556      | Claire Appelquist   | f      | FV 50   |                           | 0         | 0        | 0        | 963  | 0       | 0       | 0         | 0         | 963   |
| 557      | Liam Neill          | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 963       | 0         | 963   |
| 558      | Gary Stones         | m      |         | Hardley Runners           | 0         | 962      | 0        | 0    | 0       | 0       | 0         | 0         | 962   |
| 559      | Chris Shaw          | m      | MV 60   | Dark Peak Fell Runners    | 0         | 0        | 962      | 0    | 0       | 0       | 0         | 0         | 962   |
| 560      | Ben Jessop          | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 962       | 0         | 962   |
| 561      | Matt Roche          | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 962     | 0         | 0         | 962   |
| 562      | Matt Tinsley        | m      |         |                           | 0         | 0        | 961      | 0    | 0       | 0       | 0         | 0         | 961   |
| 563      | Peter Harbach       | m      | MV 50   | Carlisle                  | 0         | 0        | 0        | 0    | 961     | 0       | 0         | 0         | 961   |
| 564      | Daniel Andrews      | m      |         |                           | 0         | 0        | 0        | 961  | 0       | 0       | 0         | 0         | 961   |
| 565      | Christopher Brookes | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 961     | 0         | 0         | 961   |
| 566      | Robert Storm        | m      | MV 50   |                           | 960       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 960   |
| 567      | Philip GLENNON      | m      | MV 60   | Ambleside AC              | 0         | 0        | 960      | 0    | 0       | 0       | 0         | 0         | 960   |
| 568      | Sophie Lawton       | f      | U25     |                           | 0         | 0        | 0        | 0    | 960     | 0       | 0         | 0         | 960   |
| 569      | Katie Oxley         | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 960       | 0         | 960   |
| 570      | Alison McGourty     | f      | FV 40   | Smiley Paces              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 960       | 960   |
| 571      | Martina Forsch      | f      | FV 50   |                           | 0         | 0        | 0        | 960  | 0       | 0       | 0         | 0         | 960   |
| 572      | Gemma Alderson      | f      | FV 40   |                           | 0         | 959      | 0        | 0    | 0       | 0       | 0         | 0         | 959   |
| 573      | Daniel Tierney      | m      |         |                           | 959       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 959   |
| 574      | Emma Lawton         | f      | U25     |                           | 0         | 0        | 0        | 0    | 959     | 0       | 0         | 0         | 959   |
| 575      | Matthew Shepherd    | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 959       | 0         | 959   |
| 576      | Ellie Krukowski     | f      | FV 40   | St Bees Triers            | 0         | 0        | 0        | 959  | 0       | 0       | 0         | 0         | 959   |
| 577      | Simon Nield         | m      |         |                           | 0         | 958      | 0        | 0    | 0       | 0       | 0         | 0         | 958   |
| 578      | Joe Horrocks-Taylor | m      |         |                           | 0         | 0        | 958      | 0    | 0       | 0       | 0         | 0         | 958   |
| 579      | John Turner         | m      | MV 40   | Lonely Goat RC            | 0         | 0        | 0        | 0    | 958     | 0       | 0         | 0         | 958   |
| 580      | David Parfitt       | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 958     | 0         | 0         | 958   |

| Position | Name              | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 581      | Izzy Turner       | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 958       | 958   |
| 582      | JON SHARD         | m      | MV 50   |                                 | 0         | 957      | 0        | 0    | 0       | 0       | 0         | 0         | 957   |
| 583      | Daniel Tierney    | m      |         |                                 | 0         | 0        | 957      | 0    | 0       | 0       | 0         | 0         | 957   |
| 584      | Olivia Burke      | f      |         | Nob End                         | 0         | 0        | 0        | 0    | 957     | 0       | 0         | 0         | 957   |
| 585      | Jose Gonzalez     | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 957       | 0         | 957   |
| 586      | Jeff Conabere     | m      | MV 50   |                                 | 956       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 956   |
| 587      | Davinia Jackson   | f      | FV 40   | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 956     | 0         | 0         | 956   |
| 588      | Sarah Denman      | f      | FV 40   | St Theresa's AC                 | 0         | 0        | 0        | 956  | 0       | 0       | 0         | 0         | 956   |
| 589      | Richard Lambert   | m      | MV 50   | Eden Runners                    | 0         | 0        | 955      | 0    | 0       | 0       | 0         | 0         | 955   |
| 590      | Clare Edgar       | f      | FV 40   | Lancaster Runners               | 0         | 0        | 0        | 0    | 0       | 955     | 0         | 0         | 955   |
| 591      | John Halliday     | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 955       | 0         | 955   |
| 592      | Joanne Boreham    | f      | FV 50   | 4 Amigos                        | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 955       | 955   |
| 593      | Sophia Hodge      | f      |         | East Grinstead runners          | 0         | 0        | 0        | 955  | 0       | 0       | 0         | 0         | 955   |
| 594      | Adrian Byrne      | m      |         |                                 | 0         | 954      | 0        | 0    | 0       | 0       | 0         | 0         | 954   |
| 595      | Helen Hart        | f      |         |                                 | 0         | 0        | 954      | 0    | 0       | 0       | 0         | 0         | 954   |
| 596      | Brian McGinn      | m      | MV 40   |                                 | 954       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 954   |
| 597      | Joanne Unsworth   | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 954     | 0         | 0         | 954   |
| 598      | Nicholas Bee      | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 954       | 0         | 954   |
| 599      | Susanne PETERS    | f      | FV 50   | Cadencetri                      | 0         | 0        | 0        | 954  | 0       | 0       | 0         | 0         | 954   |
| 600      | Lauren Ford       | f      | U21     | Washlands Women Runners         | 0         | 0        | 0        | 0    | 954     | 0       | 0         | 0         | 954   |
| 601      | Stephen Parker    | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 953     | 0       | 0         | 0         | 953   |
| 602      | Richard Brown     | m      | MV 40   | Belper Harriers                 | 952       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 952   |
| 603      | Kristopher Rath   | m      |         |                                 | 0         | 0        | 952      | 0    | 0       | 0       | 0         | 0         | 952   |
| 604      | Sam Davis         | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 952       | 952   |
| 605      | Stacy Dale        | f      | FV 40   |                                 | 0         | 0        | 0        | 952  | 0       | 0       | 0         | 0         | 952   |
| 606      | Daniel Ford       | m      | MV 40   | Bunfit                          | 0         | 0        | 0        | 0    | 952     | 0       | 0         | 0         | 952   |
| 607      | Jonathan Frankish | m      | MV 40   |                                 | 0         | 951      | 0        | 0    | 0       | 0       | 0         | 0         | 951   |
| 608      | David Stephens    | m      | MV 60   |                                 | 0         | 0        | 951      | 0    | 0       | 0       | 0         | 0         | 951   |
| 609      | Dave Welch        | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 951       | 951   |
| 610      | Scott Houston     | m      |         |                                 | 950       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 950   |
| 611      | Sally Healy       | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 950     | 0         | 0         | 950   |
| 612      | Ben Howes         | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 950       | 0         | 950   |
| 613      | Graham Livesey    | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 950       | 950   |
| 614      | Alex Milner       | f      | FV 40   |                                 | 0         | 0        | 0        | 950  | 0       | 0       | 0         | 0         | 950   |
| 615      | Jack Doran        | m      |         |                                 | 0         | 949      | 0        | 0    | 0       | 0       | 0         | 0         | 949   |
| 616      | Nick Brookes      | m      | MV 50   |                                 | 949       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 949   |
| 617      | Thomas Dudley     | m      |         |                                 | 0         | 0        | 0        | 0    | 949     | 0       | 0         | 0         | 949   |
| 618      | Steven Robinson   | m      | MV 60   | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 949     | 0         | 0         | 949   |
| 619      | Jeremy Harris     | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 949       | 949   |
| 620      | Adam Smith        | m      |         |                                 | 0         | 948      | 0        | 0    | 0       | 0       | 0         | 0         | 948   |
| 621      | Emily-Kate Turner | f      |         |                                 | 948       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 948   |
| 622      | Dan Marechal      | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 948       | 0         | 948   |

| Position | Name              | Gender | Age Cat | Club                         | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------|--------|---------|------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 623      | Jenny Milburn     | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 948       | 948   |
| 624      | robert coakley    | m      |         |                              | 0         | 0        | 947      | 0    | 0       | 0       | 0         | 0         | 947   |
| 625      | Peter Jones       | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 947     | 0       | 0         | 0         | 947   |
| 626      | Gill Pomfret      | f      | FV 50   | Smiley Paces                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 947       | 947   |
| 627      | Loes van Driel    | f      |         |                              | 0         | 0        | 0        | 947  | 0       | 0       | 0         | 0         | 947   |
| 628      | Carwyn Greaves    | m      |         |                              | 946       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 946   |
| 629      | Raymond Riley     | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 946     | 0       | 0         | 0         | 946   |
| 630      | Tom Garrod        | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 946     | 0         | 0         | 946   |
| 631      | Kerry Trimble     | f      |         | Durham Fell Runners          | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 946       | 946   |
| 632      | Franco Spoto      | m      | MV 40   |                              | 0         | 0        | 0        | 946  | 0       | 0       | 0         | 0         | 946   |
| 633      | Tony Rutter       | m      | MV 60   | SROC                         | 0         | 945      | 0        | 0    | 0       | 0       | 0         | 0         | 945   |
| 634      | Kelly Cassidy     | f      |         |                              | 945       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 945   |
| 635      | Jason Gane        | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 945     | 0       | 0         | 0         | 945   |
| 636      | Julie Wisely      | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 0       | 945     | 0         | 0         | 945   |
| 637      | Hannah Ives       | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 945       | 0         | 945   |
| 638      | Stephanie Buckton | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 945       | 945   |
| 639      | Rebecca Clarke    | f      | FV 40   |                              | 0         | 944      | 0        | 0    | 0       | 0       | 0         | 0         | 944   |
| 640      | Steve Wilkinson   | m      | MV 40   |                              | 944       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 944   |
| 641      | Judith Wall       | f      | FV 50   | Manchester Triathlon Club    | 0         | 0        | 0        | 0    | 944     | 0       | 0         | 0         | 944   |
| 642      | Matt Brash        | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 944       | 0         | 944   |
| 643      | Jonty Tarbuck     | m      | MV 50   |                              | 0         | 943      | 0        | 0    | 0       | 0       | 0         | 0         | 943   |
| 644      | Barry Rayson      | m      |         |                              | 943       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 943   |
| 645      | Rachel Khaw       | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 943     | 0         | 0         | 943   |
| 646      | Ruth Ford         | f      | FV 40   | Washlands Women Runners      | 0         | 0        | 0        | 0    | 943     | 0       | 0         | 0         | 943   |
| 647      | Rebecca Humphreys | f      |         |                              | 942       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 942   |
| 648      | Andrew Baker      | m      |         |                              | 0         | 0        | 0        | 0    | 942     | 0       | 0         | 0         | 942   |
| 649      | Eric Roe          | m      | U25     |                              | 0         | 0        | 0        | 0    | 0       | 0       | 942       | 0         | 942   |
| 650      | Kate White        | f      | FV 50   | Ashbourne Running Club       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 942       | 942   |
| 651      | John-Robert Welsh | m      |         |                              | 941       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 941   |
| 652      | Karen Lloyd       | f      | FV 40   |                              | 0         | 0        | 941      | 0    | 0       | 0       | 0         | 0         | 941   |
| 653      | Steve Roe         | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 941       | 0         | 941   |
| 654      | Richard Coley     | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 941       | 941   |
| 655      | Elliot Chew       | m      |         |                              | 0         | 0        | 0        | 941  | 0       | 0       | 0         | 0         | 941   |
| 656      | Daniel Shard      | m      | MV 40   |                              | 940       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 940   |
| 657      | Bruce Austin      | m      | U21     |                              | 0         | 0        | 0        | 0    | 0       | 940     | 0         | 0         | 940   |
| 658      | Dawn harrison     | f      | FV 50   | loftus & whitby AC           | 939       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 939   |
| 659      | Luke Wookey       | m      | MV 40   |                              | 0         | 0        | 939      | 0    | 0       | 0       | 0         | 0         | 939   |
| 660      | Jessica Booth     | f      |         |                              | 0         | 0        | 0        | 0    | 939     | 0       | 0         | 0         | 939   |
| 661      | James Lillioth    | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 939       | 0         | 939   |
| 662      | Liam Woffindin    | m      |         |                              | 0         | 0        | 0        | 939  | 0       | 0       | 0         | 0         | 939   |
| 663      | Eric Austin       | m      | U21     |                              | 0         | 0        | 0        | 0    | 0       | 939     | 0         | 0         | 939   |
| 664      | Stuart Holding    | m      | MV 40   | Wigan & District Harriers Ac | 938       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 938   |



| Position | Name                  | Gender | Age Cat | Club                         | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-----------------------|--------|---------|------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 665      | Siobhan Riley         | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 938     | 0       | 0         | 0         | 938   |
| 666      | Carol Hatch           | f      | FV 60   |                              | 0         | 0        | 937      | 0    | 0       | 0       | 0         | 0         | 937   |
| 667      | Matthew Eastwood      | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 937       | 0         | 937   |
| 668      | Sarah Lee             | f      | FV 40   | Smiley paces                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 937       | 937   |
| 669      | Melanie Hunter-Steele | f      | FV 40   | St Theresa's                 | 0         | 0        | 0        | 937  | 0       | 0       | 0         | 0         | 937   |
| 670      | Michelle Thompson     | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 0       | 937     | 0         | 0         | 937   |
| 671      | Andy Froud            | m      | MV 50   |                              | 0         | 936      | 0        | 0    | 0       | 0       | 0         | 0         | 936   |
| 672      | Shaun Favill          | m      | MV 60   | LINCSQUAD                    | 936       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 936   |
| 673      | Joseph Prudhoe        | m      | MV 40   | N/A                          | 0         | 0        | 0        | 0    | 0       | 936     | 0         | 0         | 936   |
| 674      | Katy Parker           | f      | FV 60   | Cheshire Hash House Harriers | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 936       | 936   |
| 675      | Sarah Airey           | f      | FV 40   |                              | 0         | 935      | 0        | 0    | 0       | 0       | 0         | 0         | 935   |
| 676      | Paul Wilson           | m      |         |                              | 0         | 0        | 935      | 0    | 0       | 0       | 0         | 0         | 935   |
| 677      | Michael Lawton        | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 935     | 0       | 0         | 0         | 935   |
| 678      | Tom Clapham           | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 935       | 0         | 935   |
| 679      | Clare McCluskey       | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 935       | 935   |
| 680      | Basia Pawelczak       | f      |         | Blackpool Wyre And Fylde Ac  | 0         | 0        | 934      | 0    | 0       | 0       | 0         | 0         | 934   |
| 681      | Andrea Donaldson      | f      |         |                              | 934       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 934   |
| 682      | Dave Greene           | m      | MV 50   | Thornton Cleveleys           | 0         | 0        | 0        | 0    | 0       | 934     | 0         | 0         | 934   |
| 683      | Kerry Gray            | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 934       | 934   |
| 684      | Nick Henry            | m      | MV 40   |                              | 933       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 933   |
| 685      | Stuart Mcclelland     | m      | MV 40   |                              | 0         | 0        | 0        | 933  | 0       | 0       | 0         | 0         | 933   |
| 686      | Grant Griffiths       | m      | MV 60   |                              | 0         | 0        | 932      | 0    | 0       | 0       | 0         | 0         | 932   |
| 687      | Catherine Wignall     | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 932     | 0         | 0         | 932   |
| 688      | Helen Macleod         | f      | FV 40   | Eden Runners                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 932       | 932   |
| 689      | Michael Bellwood      | m      |         |                              | 0         | 931      | 0        | 0    | 0       | 0       | 0         | 0         | 931   |
| 690      | Kate Platt            | f      | FV 40   | Hay Hotfooters               | 931       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 931   |
| 691      | Samantha Catarelli    | f      |         | Styal Rc                     | 0         | 0        | 931      | 0    | 0       | 0       | 0         | 0         | 931   |
| 692      | beckie joyce          | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 0       | 931     | 0         | 0         | 931   |
| 693      | Oliver Sloper         | m      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 931       | 931   |
| 694      | Chris Fenwick         | m      |         |                              | 0         | 0        | 0        | 931  | 0       | 0       | 0         | 0         | 931   |
| 695      | Hannah Heron          | f      | FV 40   | Didsbury runners             | 930       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 930   |
| 696      | Glenn Morris          | m      | MV 50   | Running Bear                 | 0         | 0        | 930      | 0    | 0       | 0       | 0         | 0         | 930   |
| 697      | Julian Burgess        | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 930     | 0         | 0         | 930   |
| 698      | Rob Chaffe            | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 930       | 0         | 930   |
| 699      | Natasha Bleese        | f      |         | Nob end run club             | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 930       | 930   |
| 700      | Karen Smith           | f      | FV 50   | Ashington Hirst Running Club | 0         | 0        | 0        | 0    | 930     | 0       | 0         | 0         | 930   |
| 701      | Gerard Rooney         | m      | MV 60   | Dalston Caldew Runners       | 0         | 929      | 0        | 0    | 0       | 0       | 0         | 0         | 929   |
| 702      | Tom Wild              | m      |         |                              | 929       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 929   |
| 703      | Louise Jeffrey-read   | f      | FV 40   |                              | 0         | 0        | 929      | 0    | 0       | 0       | 0         | 0         | 929   |
| 704      | Jason Doggett         | m      |         |                              | 0         | 0        | 0        | 0    | 929     | 0       | 0         | 0         | 929   |
| 705      | James Snutch          | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 929     | 0         | 0         | 929   |
| 706      | Katie Pollitt         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 929       | 929   |



| Position | Name                  | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-----------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 749      | Ruth Robson           | f      |         |                                 | 0         | 0        | 0        | 920  | 0       | 0       | 0         | 0         | 920   |
| 750      | Dave Tonge            | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 919     | 0       | 0         | 0         | 919   |
| 751      | Sarah Yeates          | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 919     | 0         | 0         | 919   |
| 752      | Michael Lemmy         | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 919       | 0         | 919   |
| 753      | Sue Elliott           | f      | FV 60   | East Grinstead Runners          | 0         | 0        | 0        | 919  | 0       | 0       | 0         | 0         | 919   |
| 754      | Dale Gerrard          | m      |         |                                 | 0         | 0        | 918      | 0    | 0       | 0       | 0         | 0         | 918   |
| 755      | Bronwen Currie        | f      | FV 70   |                                 | 0         | 0        | 0        | 918  | 0       | 0       | 0         | 0         | 918   |
| 756      | Rebecca Fish          | f      |         |                                 | 0         | 917      | 0        | 0    | 0       | 0       | 0         | 0         | 917   |
| 757      | Guy Platt             | m      | MV 40   |                                 | 917       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 917   |
| 758      | Gillian Holland-Jones | f      | FV 60   | Styal Running Club              | 0         | 0        | 917      | 0    | 0       | 0       | 0         | 0         | 917   |
| 759      | Andrew Gray           | m      |         |                                 | 0         | 0        | 0        | 0    | 917     | 0       | 0         | 0         | 917   |
| 760      | Naomi Morrison        | f      | FV 50   | Smiley Paces                    | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 917       | 917   |
| 761      | Elle Leadbitter       | f      | U25     |                                 | 0         | 0        | 0        | 917  | 0       | 0       | 0         | 0         | 917   |
| 762      | Paul Scally           | m      | MV 50   | Llangollen running club         | 0         | 0        | 0        | 0    | 0       | 917     | 0         | 0         | 917   |
| 763      | Pete Lashley          | m      | MV 50   |                                 | 0         | 916      | 0        | 0    | 0       | 0       | 0         | 0         | 916   |
| 764      | Laura Fildes          | f      |         |                                 | 916       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 916   |
| 765      | Gary Gregson          | m      | MV 40   | Nob Enders                      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 916       | 916   |
| 766      | Ashleigh Stott        | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 916     | 0         | 0         | 916   |
| 767      | Andrew Pilkington     | m      |         |                                 | 0         | 915      | 0        | 0    | 0       | 0       | 0         | 0         | 915   |
| 768      | Kathryn Holmes        | f      | FV 40   |                                 | 0         | 0        | 915      | 0    | 0       | 0       | 0         | 0         | 915   |
| 769      | Jayne Taylor          | f      |         |                                 | 915       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 915   |
| 770      | Gillian Woon          | f      | FV 40   | Vegan Runners UK                | 0         | 0        | 0        | 0    | 0       | 915     | 0         | 0         | 915   |
| 771      | Rebecca Byrne         | f      |         | St Bees Trier                   | 0         | 0        | 0        | 0    | 915     | 0       | 0         | 0         | 915   |
| 772      | Roger and De Nobrega  | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 915       | 915   |
| 773      | Gareth Matthews       | m      |         |                                 | 0         | 914      | 0        | 0    | 0       | 0       | 0         | 0         | 914   |
| 774      | Laura Ashton          | f      | FV 40   | Bad Boy Running Club            | 914       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 914   |
| 775      | Susan Fletcher        | f      | FV 40   | Astley & Tyldesley Road Runners | 0         | 0        | 914      | 0    | 0       | 0       | 0         | 0         | 914   |
| 776      | Esther Rollinson      | f      |         |                                 | 0         | 0        | 0        | 0    | 914     | 0       | 0         | 0         | 914   |
| 777      | Rachel Dobson         | f      |         |                                 | 913       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 913   |
| 778      | Stuart Cairns         | m      | MV 40   |                                 | 0         | 0        | 913      | 0    | 0       | 0       | 0         | 0         | 913   |
| 779      | Christine Johnson     | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 913     | 0         | 0         | 913   |
| 780      | Sam Atkinson          | m      |         |                                 | 0         | 0        | 0        | 0    | 913     | 0       | 0         | 0         | 913   |
| 781      | Tim Cullimore         | m      | MV 40   |                                 | 0         | 0        | 912      | 0    | 0       | 0       | 0         | 0         | 912   |
| 782      | Paul Wood             | m      | MV 60   | Lonely Goat RC                  | 912       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 912   |
| 783      | SHONAGH MCEWEN        | f      |         |                                 | 0         | 0        | 0        | 0    | 912     | 0       | 0         | 0         | 912   |
| 784      | Scott Currie          | m      | MV 70   |                                 | 0         | 0        | 0        | 912  | 0       | 0       | 0         | 0         | 912   |
| 785      | Ben Poole             | m      |         |                                 | 911       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 911   |
| 786      | David Williams        | m      | MV 50   | Ambleside Ac                    | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 911       | 911   |
| 787      | Deborah Reekie        | f      | FV 40   |                                 | 0         | 0        | 0        | 911  | 0       | 0       | 0         | 0         | 911   |
| 788      | Lorna Davies          | f      | FV 50   | Knowle And DorrIDGE             | 0         | 910      | 0        | 0    | 0       | 0       | 0         | 0         | 910   |
| 789      | Sophia Padt           | f      |         |                                 | 0         | 0        | 910      | 0    | 0       | 0       | 0         | 0         | 910   |
| 790      | David Snutch          | m      | MV 60   | Birstall                        | 0         | 0        | 0        | 0    | 0       | 910     | 0         | 0         | 910   |

| Position | Name                            | Gender | Age Cat | Club                      | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------------------|--------|---------|---------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 791      | Jack Brain                      | m      |         |                           | 0         | 0        | 0        | 0    | 910     | 0       | 0         | 0         | 910   |
| 792      | Iain Riley                      | m      |         |                           | 0         | 909      | 0        | 0    | 0       | 0       | 0         | 0         | 909   |
| 793      | Alicson Daniela Fernandes Urban | f      |         |                           | 0         | 0        | 909      | 0    | 0       | 0       | 0         | 0         | 909   |
| 794      | Laura Burton                    | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 909       | 909   |
| 795      | Lucy Owens                      | f      | FV 40   | Stockton Striders         | 0         | 0        | 0        | 0    | 0       | 0       | 909       | 0         | 909   |
| 796      | Lauren Docksey                  | f      |         | Washlands Women Runners   | 0         | 0        | 0        | 0    | 909     | 0       | 0         | 0         | 909   |
| 797      | Stinky Pete                     | m      |         |                           | 0         | 908      | 0        | 0    | 0       | 0       | 0         | 0         | 908   |
| 798      | John Hocking                    | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 908     | 0         | 0         | 908   |
| 799      | George Eaton                    | m      | U25     |                           | 0         | 0        | 0        | 0    | 908     | 0       | 0         | 0         | 908   |
| 800      | Mark Twitchett                  | m      | MV 50   | Roundhay Runners          | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 908       | 908   |
| 801      | Suzanne Mercer                  | f      | FV 50   | Borders Triathletes       | 0         | 0        | 0        | 0    | 0       | 0       | 907       | 0         | 907   |
| 802      | Nigel Forster                   | m      | MV 50   |                           | 0         | 906      | 0        | 0    | 0       | 0       | 0         | 0         | 906   |
| 803      | Sally Ledger                    | f      |         |                           | 0         | 0        | 906      | 0    | 0       | 0       | 0         | 0         | 906   |
| 804      | Amanda Deane                    | f      |         | Furness Fell Runners      | 0         | 0        | 0        | 0    | 0       | 906     | 0         | 0         | 906   |
| 805      | Elizabeth De Nobrega            | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 906       | 906   |
| 806      | Chris Alder                     | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 906       | 0         | 906   |
| 807      | Justin Gill                     | m      | MV 50   | Clayton-le-Moors Harriers | 0         | 0        | 0        | 0    | 906     | 0       | 0         | 0         | 906   |
| 808      | Sam Humphreys                   | m      |         |                           | 0         | 0        | 905      | 0    | 0       | 0       | 0         | 0         | 905   |
| 809      | vicky hart                      | f      | FV 40   | Dumfries Running Club     | 0         | 0        | 0        | 0    | 905     | 0       | 0         | 0         | 905   |
| 810      | Isobel Taylor                   | f      |         |                           | 0         | 904      | 0        | 0    | 0       | 0       | 0         | 0         | 904   |
| 811      | Paul Blake                      | m      | MV 60   | Lonely Goat               | 904       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 904   |
| 812      | Ellie Taylor                    | f      |         |                           | 0         | 903      | 0        | 0    | 0       | 0       | 0         | 0         | 903   |
| 813      | Claire Hall                     | f      | FV 40   | Na                        | 0         | 0        | 903      | 0    | 0       | 0       | 0         | 0         | 903   |
| 814      | Karen King                      | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 903     | 0       | 0         | 0         | 903   |
| 815      | Andrew Creighton                | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 903       | 0         | 903   |
| 816      | Caroline Maxted                 | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 903       | 903   |
| 817      | Iain Mclean                     | m      | MV 50   | Muthaduckas               | 902       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 902   |
| 818      | Diane Hopper                    | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 902     | 0       | 0         | 0         | 902   |
| 819      | Annie Willetts                  | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 902       | 0         | 902   |
| 820      | Samuel Watts                    | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 902       | 902   |
| 821      | Timon Robson                    | m      | MV 50   |                           | 0         | 901      | 0        | 0    | 0       | 0       | 0         | 0         | 901   |
| 822      | David Harrow                    | m      | MV 40   |                           | 901       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 901   |
| 823      | Paul Wilson                     | m      | MV 60   | Eden Runners              | 0         | 0        | 901      | 0    | 0       | 0       | 0         | 0         | 901   |
| 824      | Callum Puttock                  | m      |         |                           | 0         | 0        | 0        | 0    | 901     | 0       | 0         | 0         | 901   |
| 825      | Chris Dunn                      | m      | MV 40   | Nob End running club      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 901       | 901   |
| 826      | Suzanne Hughes-Rudd             | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 900     | 0       | 0         | 0         | 900   |
| 827      | Christina Marechal              | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 900       | 0         | 900   |
| 828      | Alyson Rayner                   | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 900       | 900   |
| 829      | Mark Barwell                    | m      | MV 40   |                           | 0         | 899      | 0        | 0    | 0       | 0       | 0         | 0         | 899   |
| 830      | Kevan Wylie                     | m      | MV 60   |                           | 0         | 0        | 899      | 0    | 0       | 0       | 0         | 0         | 899   |
| 831      | Tabby Merrilees                 | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 899     | 0       | 0         | 0         | 899   |
| 832      | Gary Cash                       | m      | MV 70   | Wirral Vikings TRC        | 0         | 0        | 0        | 0    | 0       | 0       | 899       | 0         | 899   |

| Position | Name                | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 833      | Paul Shepherd       | m      | MV 50   | City of Hull AC                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 899       | 899   |
| 834      | Alex Moran          | m      | MV 40   | None                            | 898       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 898   |
| 835      | Leanne Batty        | f      | FV 40   | Thornton-Cleveleys running club | 0         | 0        | 0        | 0    | 0       | 898     | 0         | 0         | 898   |
| 836      | Dawn Jones          | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 898       | 0         | 898   |
| 837      | Nicola Whitfield    | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 898       | 898   |
| 838      | Fiona Jane Burgess  | f      |         |                                 | 897       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 897   |
| 839      | Joanne Devitt       | f      | FV 50   | Knowle & Dorridge Running Club  | 0         | 0        | 897      | 0    | 0       | 0       | 0         | 0         | 897   |
| 840      | Gemma Aden          | f      | FV 40   | St Helens Striders              | 0         | 0        | 0        | 0    | 897     | 0       | 0         | 0         | 897   |
| 841      | Katie Wilkinson     | f      | FV 40   |                                 | 896       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 896   |
| 842      | Andrew Devitt       | m      | MV 50   | Knowle & Dorridge Running Club  | 0         | 0        | 896      | 0    | 0       | 0       | 0         | 0         | 896   |
| 843      | Elizabeth Templeton | f      | U25     |                                 | 0         | 0        | 0        | 0    | 896     | 0       | 0         | 0         | 896   |
| 844      | Joel Stanier        | m      |         | Red Rose Road Runners           | 0         | 0        | 895      | 0    | 0       | 0       | 0         | 0         | 895   |
| 845      | Rebecca Maddock     | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 895     | 0         | 0         | 895   |
| 846      | Tim Smith           | m      | MV 50   |                                 | 894       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 894   |
| 847      | Paul Irving         | m      |         |                                 | 0         | 0        | 0        | 0    | 894     | 0       | 0         | 0         | 894   |
| 848      | Ginny Newman        | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 894     | 0         | 0         | 894   |
| 849      | Ian Massey          | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 894       | 0         | 894   |
| 850      | Fiona Hulley        | f      | FV 50   | Smiley Paces                    | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 894       | 894   |
| 851      | Holly Maxwell       | f      |         |                                 | 893       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 893   |
| 852      | LAURA ATKINSON      | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 893       | 893   |
| 853      | Alex OBrien         | m      |         |                                 | 0         | 0        | 892      | 0    | 0       | 0       | 0         | 0         | 892   |
| 854      | Mary Dawson         | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 892     | 0       | 0         | 0         | 892   |
| 855      | Angela Dallinger    | f      | FV 40   | Red Rose                        | 0         | 0        | 0        | 0    | 0       | 892     | 0         | 0         | 892   |
| 856      | Helen Tope          | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 892       | 892   |
| 857      | Louise Johnson      | f      | FV 40   | Hardley Runners                 | 0         | 891      | 0        | 0    | 0       | 0       | 0         | 0         | 891   |
| 858      | Gillian Doolan      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 891     | 0       | 0         | 0         | 891   |
| 859      | John Beer           | m      | MV 70   | The Stragglers                  | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 891       | 891   |
| 860      | Charles Richardson  | m      |         |                                 | 890       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 890   |
| 861      | Joanna Duncan       | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 890     | 0       | 0         | 0         | 890   |
| 862      | Leigh Curran        | m      |         |                                 | 889       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 889   |
| 863      | Jenny Clark         | f      | FV 40   | Blackpool Wyre & Fylde AC       | 0         | 0        | 889      | 0    | 0       | 0       | 0         | 0         | 889   |
| 864      | Diana Taylor        | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 889     | 0         | 0         | 889   |
| 865      | Sam Birchall        | m      |         |                                 | 0         | 0        | 888      | 0    | 0       | 0       | 0         | 0         | 888   |
| 866      | Marie Walker        | f      | FV 50   | Sedgefield Harriers             | 0         | 0        | 0        | 0    | 888     | 0       | 0         | 0         | 888   |
| 867      | Hanna Burgess       | f      |         |                                 | 887       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 887   |
| 868      | Garry Spivey        | m      | MV 70   | Unattached                      | 0         | 0        | 887      | 0    | 0       | 0       | 0         | 0         | 887   |
| 869      | Lesley Chapman      | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 887     | 0       | 0         | 0         | 887   |
| 870      | Gemma Favill        | f      |         | LINCSQUAD                       | 886       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 886   |
| 871      | David Dodgson       | m      | MV 50   |                                 | 0         | 0        | 886      | 0    | 0       | 0       | 0         | 0         | 886   |
| 872      | Richard Tickner     | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 886     | 0       | 0         | 0         | 886   |
| 873      | David Whiteley      | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 886     | 0         | 0         | 886   |
| 874      | Kristy Wonders      | f      | FV 40   | North Shields Poly              | 885       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 885   |

| Position | Name                | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 875      | Nicola Berry        | f      |         |                                 | 0         | 0        | 0        | 0    | 885     | 0       | 0         | 0         | 885   |
| 876      | Stephen Potter      | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 885     | 0         | 0         | 885   |
| 877      | Justin Wetters      | m      | MV 50   | Goodgym Race Team               | 884       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 884   |
| 878      | Michael Tucker      | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 884     | 0       | 0         | 0         | 884   |
| 879      | Charlotte Liley     | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 884     | 0         | 0         | 884   |
| 880      | Emma Harnett        | f      | FV 40   |                                 | 0         | 0        | 883      | 0    | 0       | 0       | 0         | 0         | 883   |
| 881      | Holly Mackenzie     | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 883     | 0       | 0         | 0         | 883   |
| 882      | Vicky Ward          | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 883     | 0         | 0         | 883   |
| 883      | Lauren Jones        | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 883       | 0         | 883   |
| 884      | Andy Hickson        | m      | MV 60   | Mornington Chasers              | 882       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 882   |
| 885      | Robin Henderson     | m      |         |                                 | 0         | 0        | 0        | 0    | 882     | 0       | 0         | 0         | 882   |
| 886      | Andrew Whitehead    | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 882     | 0         | 0         | 882   |
| 887      | Niamh Cuffe         | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 882       | 0         | 882   |
| 888      | David Western       | m      | MV 60   |                                 | 0         | 881      | 0        | 0    | 0       | 0       | 0         | 0         | 881   |
| 889      | Tom Saxby           | m      | U25     |                                 | 881       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 881   |
| 890      | Rachel Whitehead    | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 881     | 0         | 0         | 881   |
| 891      | Melanie Jerram      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 881       | 0         | 881   |
| 892      | Ann Cleave          | f      | FV 60   | Red Rose Road Runners           | 0         | 880      | 0        | 0    | 0       | 0       | 0         | 0         | 880   |
| 893      | Mike Harvey         | m      | MV 40   |                                 | 880       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 880   |
| 894      | Dawn Milburn        | f      |         |                                 | 0         | 0        | 0        | 0    | 880     | 0       | 0         | 0         | 880   |
| 895      | Nigel Eddy          | m      | MV 60   | Quakers running club            | 0         | 0        | 0        | 0    | 0       | 0       | 880       | 0         | 880   |
| 896      | Delia Watts         | f      | FV 50   | Smiley Paces                    | 879       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 879   |
| 897      | Jonathan Reeves     | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 879       | 0         | 879   |
| 898      | Ben Ross            | m      |         |                                 | 0         | 0        | 0        | 0    | 878     | 0       | 0         | 0         | 878   |
| 899      | Ellie Mackay        | f      | FV 40   |                                 | 0         | 0        | 877      | 0    | 0       | 0       | 0         | 0         | 877   |
| 900      | Neil King           | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 877     | 0       | 0         | 0         | 877   |
| 901      | Debbie Bullough     | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 877       | 0         | 877   |
| 902      | Lisa Nichols        | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 877       | 877   |
| 903      | Suzanne Green       | f      | FV 50   | Red Rose Runners                | 876       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 876   |
| 904      | Gary Tate           | m      | MV 40   | Thornton cleveleys running club | 0         | 0        | 0        | 0    | 0       | 876     | 0         | 0         | 876   |
| 905      | Anthony Marechal    | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 876       | 0         | 876   |
| 906      | Michael Carey       | m      |         | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 875     | 0         | 0         | 875   |
| 907      | Caitlin Fawkes      | f      | U25     |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 875       | 875   |
| 908      | Ben Metcalfe        | m      | U21     |                                 | 0         | 0        | 0        | 0    | 874     | 0       | 0         | 0         | 874   |
| 909      | Jean WILKINSON      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 874     | 0         | 0         | 874   |
| 910      | Margaret Dixon      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 874       | 0         | 874   |
| 911      | Samantha Sunderland | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 874       | 874   |
| 912      | Emma Hastings       | f      |         | JAG Outdoors                    | 0         | 0        | 0        | 0    | 872     | 0       | 0         | 0         | 872   |
| 913      | Joe Barnes-Babic    | m      | U21     |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 872       | 0         | 872   |
| 914      | Holly Harrow        | f      | FV 40   |                                 | 871       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 871   |
| 915      | Christopher D'Arcy  | m      | MV 50   |                                 | 0         | 0        | 871      | 0    | 0       | 0       | 0         | 0         | 871   |
| 916      | Esther Stanier      | f      |         | Red Rose Road Runners           | 0         | 0        | 0        | 0    | 0       | 871     | 0         | 0         | 871   |

| Position | Name                | Gender | Age Cat | Club                              | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|-----------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 917      | Ian Johnson         | m      | MV 50   | Stainland Lions Running Club      | 870       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 870   |
| 918      | Jessica Trewby      | f      |         |                                   | 0         | 0        | 870      | 0    | 0       | 0       | 0         | 0         | 870   |
| 919      | Patricia White      | f      | FV 60   | Women on the Run                  | 0         | 0        | 0        | 0    | 870     | 0       | 0         | 0         | 870   |
| 920      | Kate Peers          | f      | FV 40   |                                   | 0         | 0        | 0        | 0    | 0       | 870     | 0         | 0         | 870   |
| 921      | Charlotte Smallwood | f      | FV 40   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 870       | 0         | 870   |
| 922      | Clive Elliott       | m      | MV 50   |                                   | 0         | 869      | 0        | 0    | 0       | 0       | 0         | 0         | 869   |
| 923      | Andy Glen           | m      | MV 40   |                                   | 0         | 0        | 0        | 0    | 869     | 0       | 0         | 0         | 869   |
| 924      | Michelle Rushby     | f      | FV 50   | Stainland Lions Running Club      | 0         | 0        | 0        | 0    | 0       | 869     | 0         | 0         | 869   |
| 925      | Karen Lee           | f      | FV 50   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 869       | 0         | 869   |
| 926      | Kate Turnbull       | f      | FV 40   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 869       | 869   |
| 927      | Emma Green          | f      |         |                                   | 0         | 868      | 0        | 0    | 0       | 0       | 0         | 0         | 868   |
| 928      | Justin Hill         | m      | MV 40   |                                   | 868       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 868   |
| 929      | Geraldine O'Kane    | f      |         | Chorlton Runners                  | 0         | 0        | 0        | 0    | 868     | 0       | 0         | 0         | 868   |
| 930      | Nicole Nagle        | f      | U25     |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 868       | 0         | 868   |
| 931      | Daniel Hind         | m      |         |                                   | 0         | 867      | 0        | 0    | 0       | 0       | 0         | 0         | 867   |
| 932      | Adam Pattinson      | m      | MV 40   | Eden Runners                      | 867       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 867   |
| 933      | John Macholc        | m      | MV 60   | Accrington Road Runner            | 0         | 0        | 867      | 0    | 0       | 0       | 0         | 0         | 867   |
| 934      | Garry Smith         | m      | MV 70   | Milltown Milers                   | 0         | 866      | 0        | 0    | 0       | 0       | 0         | 0         | 866   |
| 935      | Jenny Howorth       | f      | U25     |                                   | 0         | 0        | 0        | 0    | 866     | 0       | 0         | 0         | 866   |
| 936      | Angela Wallace      | f      | FV 50   | Adwick Tri                        | 0         | 0        | 0        | 0    | 0       | 866     | 0         | 0         | 866   |
| 937      | Jayne Gissing       | f      | FV 40   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 866       | 0         | 866   |
| 938      | John Harris         | m      | MV 40   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 865       | 0         | 865   |
| 939      | David Britzman      | m      |         |                                   | 0         | 0        | 0        | 0    | 864     | 0       | 0         | 0         | 864   |
| 940      | Glyn McGovern       | m      | MV 60   |                                   | 0         | 863      | 0        | 0    | 0       | 0       | 0         | 0         | 863   |
| 941      | Robin Howson        | m      |         |                                   | 0         | 0        | 0        | 0    | 863     | 0       | 0         | 0         | 863   |
| 942      | Andrew Henworth     | m      | MV 50   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 863       | 0         | 863   |
| 943      | Jonathan Frith      | m      | MV 40   |                                   | 0         | 0        | 862      | 0    | 0       | 0       | 0         | 0         | 862   |
| 944      | Stewart Pyrah       | m      | MV 60   |                                   | 0         | 0        | 0        | 0    | 0       | 862     | 0         | 0         | 862   |
| 945      | Betty O'boyle       | f      | U21     | St Gregory's Catholic High School | 0         | 0        | 0        | 0    | 0       | 0       | 862       | 0         | 862   |
| 946      | Martha Henocq       | f      | FV 40   | Smiley Paces                      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 862       | 862   |
| 947      | Sue Woods           | f      | FV 50   |                                   | 0         | 861      | 0        | 0    | 0       | 0       | 0         | 0         | 861   |
| 948      | Eleanor Ward        | f      |         |                                   | 861       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 861   |
| 949      | Eleanor Forshaw     | f      | U25     |                                   | 0         | 0        | 0        | 0    | 861     | 0       | 0         | 0         | 861   |
| 950      | Nicky Owen          | f      | FV 60   | Cheshire Hash House Harriers      | 860       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 860   |
| 951      | Sandra Hutchinson   | f      | FV 50   |                                   | 0         | 0        | 0        | 0    | 0       | 0       | 860       | 0         | 860   |
| 952      | Rachel Savage       | f      | FV 40   | Smiley Paces                      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 860       | 860   |
| 953      | Gail Rason          | f      | FV 50   |                                   | 0         | 0        | 0        | 0    | 0       | 860     | 0         | 0         | 860   |
| 954      | James Featherstone  | m      | MV 60   |                                   | 859       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 859   |
| 955      | Katy Hulme          | f      |         |                                   | 0         | 0        | 0        | 0    | 0       | 859     | 0         | 0         | 859   |
| 956      | Jon Munday          | m      |         |                                   | 0         | 0        | 0        | 0    | 859     | 0       | 0         | 0         | 859   |
| 957      | Angie Wright        | f      | FV 50   | Smiley Paces                      | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 859       | 859   |
| 958      | Harriet Barton      | f      |         |                                   | 0         | 0        | 858      | 0    | 0       | 0       | 0         | 0         | 858   |

| Position | Name                 | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 959      | Jeff Tosh            | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 858     | 0       | 0         | 0         | 858   |
| 960      | Derek Delaney        | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 858     | 0         | 0         | 858   |
| 961      | Brad Treloar         | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 858       | 0         | 858   |
| 962      | Hannah Leatherbarrow | f      |         |                                 | 0         | 857      | 0        | 0    | 0       | 0       | 0         | 0         | 857   |
| 963      | Wendy Johnson        | f      | FV 50   | Eden Runners                    | 0         | 0        | 857      | 0    | 0       | 0       | 0         | 0         | 857   |
| 964      | Helen Tucker         | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 857     | 0       | 0         | 0         | 857   |
| 965      | Viki Sutton          | f      | FV 60   |                                 | 856       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 856   |
| 966      | Iain Wilson          | m      |         |                                 | 0         | 0        | 856      | 0    | 0       | 0       | 0         | 0         | 856   |
| 967      | Claire Schofield     | f      | FV 40   |                                 | 0         | 855      | 0        | 0    | 0       | 0       | 0         | 0         | 855   |
| 968      | Guy Bebbington       | m      | MV 40   |                                 | 855       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 855   |
| 969      | Cathy Monaghan       | f      |         |                                 | 0         | 0        | 855      | 0    | 0       | 0       | 0         | 0         | 855   |
| 970      | Julia Cunliffe       | f      | FV 70   | WOTR Kendal                     | 0         | 0        | 0        | 0    | 0       | 855     | 0         | 0         | 855   |
| 971      | John Walter          | m      | MV 70   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 855       | 0         | 855   |
| 972      | Katherine France     | f      | FV 40   |                                 | 0         | 0        | 854      | 0    | 0       | 0       | 0         | 0         | 854   |
| 973      | Jane Hornby          | f      | FV 40   | Yorkshire Wolds Runners         | 0         | 0        | 0        | 0    | 0       | 854     | 0         | 0         | 854   |
| 974      | Rebecca Hodgson      | f      | FV 40   |                                 | 0         | 0        | 853      | 0    | 0       | 0       | 0         | 0         | 853   |
| 975      | Tom Hipwell          | m      |         |                                 | 0         | 0        | 0        | 0    | 853     | 0       | 0         | 0         | 853   |
| 976      | Bob Preston          | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 853       | 0         | 853   |
| 977      | Penny Carroll        | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 853       | 853   |
| 978      | Steve Longney        | m      | MV 50   | Yorkshire Wolds Runners         | 0         | 0        | 0        | 0    | 0       | 853     | 0         | 0         | 853   |
| 979      | Paul Hutcheon        | m      | MV 50   |                                 | 0         | 0        | 852      | 0    | 0       | 0       | 0         | 0         | 852   |
| 980      | Jessica Beattie      | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 852       | 0         | 852   |
| 981      | Lily Graham          | f      | U21     |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 852       | 852   |
| 982      | Rhona Malcolm        | f      |         |                                 | 0         | 0        | 0        | 0    | 852     | 0       | 0         | 0         | 852   |
| 983      | Elinor Doherty       | f      | FV 40   | New Mills Jolly Joggers         | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 851       | 851   |
| 984      | Ritchie Head         | m      | MV 50   |                                 | 850       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 850   |
| 985      | Isabelle Harrison    | f      | U25     |                                 | 0         | 0        | 0        | 0    | 0       | 850     | 0         | 0         | 850   |
| 986      | Michele Philp        | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 850       | 0         | 850   |
| 987      | Suesanne Samara      | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 850       | 850   |
| 988      | James Skivington     | m      |         |                                 | 849       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 849   |
| 989      | Clare Laybourn       | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 849     | 0         | 0         | 849   |
| 990      | Greg Jones           | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 849     | 0       | 0         | 0         | 849   |
| 991      | Sophie Belghazi      | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 849       | 849   |
| 992      | David Holliday       | m      | MV 50   | DCH Run Club                    | 0         | 0        | 848      | 0    | 0       | 0       | 0         | 0         | 848   |
| 993      | Beth Abbott          | f      |         |                                 | 848       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 848   |
| 994      | Harry Bower          | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 848     | 0       | 0         | 0         | 848   |
| 995      | Jenny Nuttall        | f      | FV 40   |                                 | 0         | 847      | 0        | 0    | 0       | 0       | 0         | 0         | 847   |
| 996      | Nicola Brown         | f      | FV 40   |                                 | 847       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 847   |
| 997      | Simon Nicholson      | m      |         | Nob End RC                      | 0         | 0        | 0        | 0    | 847     | 0       | 0         | 0         | 847   |
| 998      | Fran Mckee           | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 847       | 0         | 847   |
| 999      | Hayley Cook          | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 847       | 847   |
| 1000     | Stephen Buston       | m      | MV 50   | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 846     | 0         | 0         | 846   |



| Position | Name                   | Gender | Age Cat | Club                      | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|------------------------|--------|---------|---------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1001     | Chris McKee            | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 846       | 0         | 846   |
| 1002     | Teresa Douglas         | f      | FV 60   | Eden Runners              | 0         | 845      | 0        | 0    | 0       | 0       | 0         | 0         | 845   |
| 1003     | Cath Brownsell         | f      | FV 50   |                           | 845       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 845   |
| 1004     | Taylor Coppel          | f      |         |                           | 0         | 0        | 845      | 0    | 0       | 0       | 0         | 0         | 845   |
| 1005     | Phil Hayes             | m      | MV 50   | TCRC                      | 0         | 0        | 0        | 0    | 0       | 845     | 0         | 0         | 845   |
| 1006     | Ciara Heaton           | f      |         |                           | 0         | 844      | 0        | 0    | 0       | 0       | 0         | 0         | 844   |
| 1007     | Graham Todd            | m      | MV 50   |                           | 844       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 844   |
| 1008     | Clare Cooper           | f      | FV 50   | Belper Harriers           | 0         | 0        | 0        | 0    | 0       | 844     | 0         | 0         | 844   |
| 1009     | Morven Walker          | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 844       | 0         | 844   |
| 1010     | Nicola Joyce           | f      | FV 50   |                           | 0         | 0        | 843      | 0    | 0       | 0       | 0         | 0         | 843   |
| 1011     | Steve Burgess          | m      | MV 60   | Thornton Cleveleys        | 0         | 0        | 0        | 0    | 0       | 843     | 0         | 0         | 843   |
| 1012     | Andrea Graham          | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 843       | 843   |
| 1013     | Kirstin Walker         | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 843       | 0         | 843   |
| 1014     | Rachel Ambler-Sergeant | f      | FV 40   |                           | 0         | 842      | 0        | 0    | 0       | 0       | 0         | 0         | 842   |
| 1015     | Joanna Taylor          | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 842     | 0         | 0         | 842   |
| 1016     | Zoe Bridges            | f      | FV 50   | Trail Running Association | 0         | 0        | 0        | 0    | 842     | 0       | 0         | 0         | 842   |
| 1017     | Sandy McBride          | f      | FV 50   |                           | 0         | 841      | 0        | 0    | 0       | 0       | 0         | 0         | 841   |
| 1018     | Andrew Storm           | m      | MV 40   |                           | 841       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 841   |
| 1019     | Sarah Robinson         | f      | FV 50   |                           | 0         | 0        | 841      | 0    | 0       | 0       | 0         | 0         | 841   |
| 1020     | Mary Entwistle         | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 841     | 0         | 0         | 841   |
| 1021     | Jo Fee                 | f      | FV 50   | CFR                       | 0         | 0        | 0        | 0    | 841     | 0       | 0         | 0         | 841   |
| 1022     | Sarah Hall             | f      | FV 40   | Roundhay Runners          | 0         | 0        | 0        | 0    | 0       | 0       | 841       | 0         | 841   |
| 1023     | Hilary Johnson         | f      | FV 60   |                           | 0         | 840      | 0        | 0    | 0       | 0       | 0         | 0         | 840   |
| 1024     | Kevin Greenwood        | m      | MV 60   |                           | 840       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 840   |
| 1025     | Simon Forshaw          | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 840     | 0       | 0         | 0         | 840   |
| 1026     | Joanna Whittington     | f      | FV 50   |                           | 0         | 839      | 0        | 0    | 0       | 0       | 0         | 0         | 839   |
| 1027     | Stuart Tattersall      | m      | MV 50   |                           | 0         | 0        | 839      | 0    | 0       | 0       | 0         | 0         | 839   |
| 1028     | Rowan Smith            | m      |         |                           | 0         | 0        | 0        | 0    | 839     | 0       | 0         | 0         | 839   |
| 1029     | Julie Jerram           | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 839       | 0         | 839   |
| 1030     | Ian Woodgate           | m      | MV 50   | Middleton Harriers        | 838       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 838   |
| 1031     | Hannah March           | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 838       | 0         | 838   |
| 1032     | Gill Nevin             | f      | FV 50   | Rimrose Runners           | 0         | 0        | 837      | 0    | 0       | 0       | 0         | 0         | 837   |
| 1033     | John Gatt              | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 837     | 0       | 0         | 0         | 837   |
| 1034     | Andy Johnson           | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 0       | 837       | 0         | 837   |
| 1035     | Fiona O'brien          | f      | FV 50   | Jog On The Tyne           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 837       | 837   |
| 1036     | Neil Brannelly         | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 837     | 0         | 0         | 837   |
| 1037     | Imogen Jones           | f      | U21     |                           | 0         | 0        | 836      | 0    | 0       | 0       | 0         | 0         | 836   |
| 1038     | Callum Clarke          | m      |         | Lone Ranger               | 836       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 836   |
| 1039     | Amanda Cirelli         | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 836     | 0         | 0         | 836   |
| 1040     | Laurence Allan         | m      |         |                           | 0         | 0        | 0        | 0    | 836     | 0       | 0         | 0         | 836   |
| 1041     | Louise Higham          | f      | FV 50   |                           | 0         | 835      | 0        | 0    | 0       | 0       | 0         | 0         | 835   |
| 1042     | Kyle Young             | m      |         | Lone Ranger #2            | 835       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 835   |

| Position | Name                  | Gender | Age Cat | Club                         | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-----------------------|--------|---------|------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1043     | Tiff McCullough       | f      |         |                              | 0         | 0        | 0        | 0    | 835     | 0       | 0         | 0         | 835   |
| 1044     | Lisa Leigh            | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 834       | 834   |
| 1045     | Ellena Farrow         | f      |         |                              | 833       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 833   |
| 1046     | Jasmin Howard         | f      |         | Furness Fell Runners         | 0         | 0        | 0        | 0    | 0       | 0       | 833       | 0         | 833   |
| 1047     | Stuart Brown          | m      | MV 50   |                              | 832       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 832   |
| 1048     | Aidan Jones           | m      | U25     |                              | 0         | 0        | 832      | 0    | 0       | 0       | 0         | 0         | 832   |
| 1049     | Austin Trelfa         | m      | MV 60   | Red Rose Road Runners        | 0         | 0        | 0        | 0    | 832     | 0       | 0         | 0         | 832   |
| 1050     | Fiona Wilson          | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 0       | 832     | 0         | 0         | 832   |
| 1051     | Nigel Ezard           | m      | MV 50   |                              | 831       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 831   |
| 1052     | Fiona Jones           | f      | FV 50   |                              | 0         | 0        | 831      | 0    | 0       | 0       | 0         | 0         | 831   |
| 1053     | Steve Parkes          | m      | MV 60   |                              | 0         | 0        | 0        | 0    | 831     | 0       | 0         | 0         | 831   |
| 1054     | Jessica Jackson       | f      |         | Ambleside                    | 0         | 0        | 0        | 0    | 0       | 831     | 0         | 0         | 831   |
| 1055     | Sean Barton           | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 831       | 0         | 831   |
| 1056     | Mark Bottomley        | m      | MV 50   | Idle Ac                      | 830       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 830   |
| 1057     | Emily Topping         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 830     | 0         | 0         | 830   |
| 1058     | Irene Williams        | f      | FV 50   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 830       | 0         | 830   |
| 1059     | Jake Kitching         | m      |         | N/a                          | 829       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 829   |
| 1060     | Matt Barker           | m      | MV 50   | Tri-Rivington                | 0         | 0        | 0        | 0    | 0       | 829     | 0         | 0         | 829   |
| 1061     | Tracey Shaw           | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 829     | 0       | 0         | 0         | 829   |
| 1062     | Sarah Calvert Calvert | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 829       | 0         | 829   |
| 1063     | Sarah Ibbotson        | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 829       | 829   |
| 1064     | Jamie McCreath        | m      | MV 40   |                              | 0         | 0        | 828      | 0    | 0       | 0       | 0         | 0         | 828   |
| 1065     | Beth Sunderland       | f      | U25     |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 828       | 828   |
| 1066     | Bertie Wooster        | m      | MV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 828       | 0         | 828   |
| 1067     | Mark Allitt           | m      | MV 60   | Snaith & Cowick Running Club | 827       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 827   |
| 1068     | Ella Sunderland       | f      | U21     |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 827       | 827   |
| 1069     | Lisa Kirkwood         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 827     | 0         | 0         | 827   |
| 1070     | ALEXA WILCOCK         | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 827       | 0         | 827   |
| 1071     | Laura Stanley         | f      |         |                              | 0         | 0        | 826      | 0    | 0       | 0       | 0         | 0         | 826   |
| 1072     | Chris Armitage        | m      |         |                              | 0         | 0        | 0        | 0    | 826     | 0       | 0         | 0         | 826   |
| 1073     | Isabel Gaytan         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 826       | 0         | 826   |
| 1074     | Claire Howarth        | f      | FV 40   | Chorlton Runners             | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 826       | 826   |
| 1075     | Emma Kirkwood         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 826     | 0         | 0         | 826   |
| 1076     | Stuart Arnold         | m      | MV 60   |                              | 0         | 825      | 0        | 0    | 0       | 0       | 0         | 0         | 825   |
| 1077     | Amy Smithson          | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 825     | 0         | 0         | 825   |
| 1078     | Jamie Armitage        | f      |         |                              | 0         | 0        | 0        | 0    | 825     | 0       | 0         | 0         | 825   |
| 1079     | Sharron Swales        | f      | FV 40   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 825       | 825   |
| 1080     | Laura Wilcock         | f      |         |                              | 0         | 0        | 0        | 0    | 0       | 0       | 825       | 0         | 825   |
| 1081     | Josephine Murray      | f      | FV 60   |                              | 0         | 0        | 824      | 0    | 0       | 0       | 0         | 0         | 824   |
| 1082     | Richard Sabey         | m      | MV 50   |                              | 0         | 0        | 0        | 0    | 824     | 0       | 0         | 0         | 824   |
| 1083     | Bruce Goodwin         | m      | MV 60   |                              | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 824       | 824   |
| 1084     | Danielle McEwan       | f      |         |                              | 0         | 823      | 0        | 0    | 0       | 0       | 0         | 0         | 823   |

| Position | Name                 | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1085     | Andrew Marshall      | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 823     | 0         | 0         | 823   |
| 1086     | Rachel Service       | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 823       | 0         | 823   |
| 1087     | Lucy Bowman          | f      | U21     |                                 | 0         | 0        | 0        | 0    | 822     | 0       | 0         | 0         | 822   |
| 1088     | Rach Stavert         | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 821     | 0         | 0         | 821   |
| 1089     | Catherine Bowman     | f      | FV 40   | Smiley Paces                    | 0         | 0        | 0        | 0    | 821     | 0       | 0         | 0         | 821   |
| 1090     | Mark Wardley         | m      | MV 50   | Red rose                        | 820       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 820   |
| 1091     | Mandy Borthwick      | f      | FV 40   | Billinge Running Club           | 0         | 0        | 820      | 0    | 0       | 0       | 0         | 0         | 820   |
| 1092     | Richard Quine        | m      | MV 50   |                                 | 819       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 819   |
| 1093     | Susan McGhee         | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 819       | 0         | 819   |
| 1094     | Carolyn Wright       | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 819       | 819   |
| 1095     | Katya Pell           | f      |         |                                 | 0         | 0        | 0        | 0    | 0       | 819     | 0         | 0         | 819   |
| 1096     | Sally Gardner        | f      | FV 50   |                                 | 0         | 818      | 0        | 0    | 0       | 0       | 0         | 0         | 818   |
| 1097     | Rachel Seymour Mead  | f      | FV 40   |                                 | 0         | 0        | 818      | 0    | 0       | 0       | 0         | 0         | 818   |
| 1098     | Judith Barker        | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 818     | 0       | 0         | 0         | 818   |
| 1099     | Diane Wood           | f      | FV 50   | Durham City Harriers            | 0         | 0        | 0        | 0    | 0       | 0       | 818       | 0         | 818   |
| 1100     | Nicky Ball           | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 817     | 0         | 0         | 817   |
| 1101     | Dionne Hamil         | f      | FV 40   | Durham City Harriers            | 0         | 0        | 0        | 0    | 0       | 0       | 817       | 0         | 817   |
| 1102     | Christine Robinson   | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 817     | 0       | 0         | 0         | 817   |
| 1103     | Glyn Arthur          | m      |         |                                 | 816       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 816   |
| 1104     | catherine jarvis     | f      | FV 40   | Durham city harriers            | 0         | 0        | 0        | 0    | 0       | 0       | 816       | 0         | 816   |
| 1105     | Luke Hough           | m      |         |                                 | 0         | 0        | 0        | 0    | 816     | 0       | 0         | 0         | 816   |
| 1106     | Jonathan Shaw        | m      | MV 60   |                                 | 0         | 815      | 0        | 0    | 0       | 0       | 0         | 0         | 815   |
| 1107     | Charlotte Jones      | f      |         |                                 | 0         | 0        | 815      | 0    | 0       | 0       | 0         | 0         | 815   |
| 1108     | Emily James          | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 815     | 0         | 0         | 815   |
| 1109     | Karen Hopper         | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 815     | 0       | 0         | 0         | 815   |
| 1110     | Nick Kaufmann        | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 815       | 815   |
| 1111     | Stephen Shore        | m      |         |                                 | 814       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 814   |
| 1112     | Vikki Wrigley        | f      | FV 40   | Thornton Cleveleys running club | 0         | 0        | 0        | 0    | 0       | 814     | 0         | 0         | 814   |
| 1113     | Jennifer Yin         | f      |         |                                 | 0         | 0        | 0        | 0    | 814     | 0       | 0         | 0         | 814   |
| 1114     | suzanne Corlett      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 814       | 0         | 814   |
| 1115     | Matt West            | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 814       | 814   |
| 1116     | Natalie Wood         | f      |         |                                 | 0         | 813      | 0        | 0    | 0       | 0       | 0         | 0         | 813   |
| 1117     | Matthew Shore        | m      |         |                                 | 813       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 813   |
| 1118     | Audrey Gresty        | f      | FV 60   | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 813     | 0         | 0         | 813   |
| 1119     | Rachael Holloway     | f      |         |                                 | 0         | 812      | 0        | 0    | 0       | 0       | 0         | 0         | 812   |
| 1120     | Emily Ward           | f      | FV 40   |                                 | 812       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 812   |
| 1121     | Catherine Maclachlan | f      | FV 50   | Lytham St Anne's Road Runners   | 0         | 0        | 0        | 0    | 0       | 812     | 0         | 0         | 812   |
| 1122     | Matthew Mchugh       | m      |         |                                 | 0         | 0        | 0        | 0    | 812     | 0       | 0         | 0         | 812   |
| 1123     | Clare Clarke         | f      | FV 50   | Evenwood Road Runners           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 812       | 812   |
| 1124     | Anthony Harvey       | m      |         |                                 | 0         | 811      | 0        | 0    | 0       | 0       | 0         | 0         | 811   |
| 1125     | Alana Tinsley        | f      |         |                                 | 0         | 0        | 811      | 0    | 0       | 0       | 0         | 0         | 811   |
| 1126     | Michelle Wallace     | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 811       | 811   |

| Position | Name              | Gender | Age Cat | Club                  | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------|--------|---------|-----------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1127     | Fiona Jackson     | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 0       | 810     | 0         | 0         | 810   |
| 1128     | Jennifer Pugh     | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 810     | 0       | 0         | 0         | 810   |
| 1129     | Gail Richards     | f      | FV 40   | Evenwood Road Runners | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 810       | 810   |
| 1130     | Jim Lucas         | m      | MV 40   |                       | 809       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 809   |
| 1131     | Lucy Johnson      | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 0       | 809     | 0         | 0         | 809   |
| 1132     | Jayne Parker-Weir | f      | FV 50   | DCH RunClub           | 0         | 0        | 0        | 0    | 809     | 0       | 0         | 0         | 809   |
| 1133     | matt Stapley      | m      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 808       | 0         | 808   |
| 1134     | Tony France       | m      | MV 60   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 808       | 808   |
| 1135     | Helen Field       | f      | FV 40   | Women on the run      | 0         | 0        | 0        | 0    | 0       | 808     | 0         | 0         | 808   |
| 1136     | Laura Stapley     | f      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 807       | 0         | 807   |
| 1137     | Anita France      | f      | FV 50   | Parbold Pink Panthers | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 807       | 807   |
| 1138     | Luke Davis        | m      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 806       | 806   |
| 1139     | Jenny Clare       | f      | FV 60   |                       | 0         | 0        | 0        | 0    | 0       | 805     | 0         | 0         | 805   |
| 1140     | Samuel Robinson   | m      | U25     |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 805       | 805   |
| 1141     | Tony Pilkington   | m      | MV 60   | PENWORTHAM PANTHERS   | 0         | 804      | 0        | 0    | 0       | 0       | 0         | 0         | 804   |
| 1142     | Alison Carroll    | f      | FV 40   |                       | 0         | 0        | 804      | 0    | 0       | 0       | 0         | 0         | 804   |
| 1143     | Andy Goodson      | m      | MV 60   |                       | 0         | 0        | 0        | 0    | 0       | 804     | 0         | 0         | 804   |
| 1144     | Hannah Ashford    | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 804     | 0       | 0         | 0         | 804   |
| 1145     | Emma Bell         | f      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 804       | 804   |
| 1146     | Peter Wallwork    | m      | MV 40   |                       | 0         | 0        | 803      | 0    | 0       | 0       | 0         | 0         | 803   |
| 1147     | Cat Altounyan     | f      |         |                       | 0         | 0        | 0        | 0    | 0       | 803     | 0         | 0         | 803   |
| 1148     | darren ashford    | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 803     | 0       | 0         | 0         | 803   |
| 1149     | Nicola Sewell     | f      | FV 50   | Smiley Paces          | 801       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 801   |
| 1150     | Anita Kirkman     | f      | FV 50   |                       | 0         | 0        | 0        | 0    | 0       | 801     | 0         | 0         | 801   |
| 1151     | Alexis Garland    | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 801       | 0         | 801   |
| 1152     | Catherine Morton  | f      |         |                       | 0         | 800      | 0        | 0    | 0       | 0       | 0         | 0         | 800   |
| 1153     | Jane O'Brien      | f      | FV 50   |                       | 0         | 0        | 800      | 0    | 0       | 0       | 0         | 0         | 800   |
| 1154     | Dan Babic         | m      | MV 60   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 800       | 0         | 800   |
| 1155     | Jordan Nicholson  | m      |         |                       | 799       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 799   |
| 1156     | Sally Nuttall     | f      |         |                       | 0         | 0        | 0        | 0    | 799     | 0       | 0         | 0         | 799   |
| 1157     | Louisa Dever      | f      | FV 50   |                       | 798       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 798   |
| 1158     | Matthew Barker    | m      | MV 50   |                       | 0         | 0        | 798      | 0    | 0       | 0       | 0         | 0         | 798   |
| 1159     | Ruth Wood         | f      |         |                       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 798       | 798   |
| 1160     | Kim Winstanley    | f      |         |                       | 0         | 0        | 0        | 0    | 798     | 0       | 0         | 0         | 798   |
| 1161     | Charlotte Cole    | f      | U21     |                       | 0         | 0        | 797      | 0    | 0       | 0       | 0         | 0         | 797   |
| 1162     | Amanda Berry      | f      | FV 60   | Red Rose Road Runners | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 797       | 797   |
| 1163     | Fiona Dridge      | f      | FV 40   |                       | 0         | 0        | 0        | 0    | 0       | 797     | 0         | 0         | 797   |
| 1164     | Martin Buttkereit | m      | MV 40   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 796       | 0         | 796   |
| 1165     | Sara Williamson   | f      | FV 50   | Chorlton Runners      | 0         | 0        | 0        | 0    | 794     | 0       | 0         | 0         | 794   |
| 1166     | Zoe Clarke        | f      | FV 60   |                       | 0         | 0        | 0        | 0    | 0       | 0       | 794       | 0         | 794   |
| 1167     | Claire Knowles    | f      | FV 40   | Jog On The Tyne       | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 794       | 794   |
| 1168     | Anne Hurcombe     | f      | FV 50   | Wigan Harriers        | 0         | 0        | 0        | 0    | 0       | 794     | 0         | 0         | 794   |

| Position | Name                 | Gender | Age Cat | Club                      | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|---------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1169     | Dawn Kaveney         | f      | FV 40   | Jog On The Tyne           | 0         | 0        | 0        | 0    | 0       | 0       | 793       | 0         | 793   |
| 1170     | Deborah Williams     | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 0         | 793       | 793   |
| 1171     | Fiona Headley        | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 793     | 0         | 0         | 793   |
| 1172     | John Swarbrick       | m      |         |                           | 0         | 0        | 0        | 0    | 0       | 792     | 0         | 0         | 792   |
| 1173     | Caroline Mack        | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 792     | 0       | 0         | 0         | 792   |
| 1174     | Claire Bartlett      | f      | FV 40   | Lancaster & Morecambe A/c | 791       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 791   |
| 1175     | Sharron Lewis        | f      | FV 50   |                           | 790       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 790   |
| 1176     | Tracey Long          | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 790     | 0       | 0         | 0         | 790   |
| 1177     | Jamie Edgar          | m      |         |                           | 0         | 0        | 789      | 0    | 0       | 0       | 0         | 0         | 789   |
| 1178     | Charles Satterly     | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 789     | 0       | 0         | 0         | 789   |
| 1179     | Diane Burgess        | f      | FV 50   | Styal                     | 0         | 788      | 0        | 0    | 0       | 0       | 0         | 0         | 788   |
| 1180     | Jindalae Armitage    | f      |         |                           | 0         | 0        | 0        | 0    | 788     | 0       | 0         | 0         | 788   |
| 1181     | Peter Haynes         | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 788     | 0         | 0         | 788   |
| 1182     | Jonathan Clarke      | m      | MV 50   |                           | 0         | 787      | 0        | 0    | 0       | 0       | 0         | 0         | 787   |
| 1183     | Paul Stubbins        | m      | MV 50   |                           | 0         | 0        | 787      | 0    | 0       | 0       | 0         | 0         | 787   |
| 1184     | Robyn Lomas          | f      |         | Smiley Paces              | 0         | 0        | 0        | 0    | 0       | 787     | 0         | 0         | 787   |
| 1185     | Sophie Williams      | f      |         |                           | 0         | 0        | 0        | 0    | 787     | 0       | 0         | 0         | 787   |
| 1186     | James Formstone      | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 0       | 786     | 0         | 0         | 786   |
| 1187     | Jennifer Reeve       | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 785     | 0       | 0         | 0         | 785   |
| 1188     | Kathryn Stott        | f      |         |                           | 0         | 784      | 0        | 0    | 0       | 0       | 0         | 0         | 784   |
| 1189     | Joanne Roberts       | f      | FV 40   | Selby Swans tri club      | 784       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 784   |
| 1190     | Sally Gardner        | f      | FV 50   |                           | 0         | 0        | 784      | 0    | 0       | 0       | 0         | 0         | 784   |
| 1191     | Lisa Whetter         | f      | FV 40   |                           | 0         | 783      | 0        | 0    | 0       | 0       | 0         | 0         | 783   |
| 1192     | Rebecca Barnshaw     | f      | FV 40   |                           | 783       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 783   |
| 1193     | Aleksandra Lupa      | f      |         |                           | 0         | 0        | 783      | 0    | 0       | 0       | 0         | 0         | 783   |
| 1194     | Claire Athis         | f      | FV 50   | Notts Women Runners       | 0         | 0        | 0        | 0    | 0       | 783     | 0         | 0         | 783   |
| 1195     | Anne Lewis           | f      | FV 70   |                           | 0         | 782      | 0        | 0    | 0       | 0       | 0         | 0         | 782   |
| 1196     | Andrew Spink         | m      | MV 50   |                           | 782       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 782   |
| 1197     | Kirstie Whyatt       | f      | FV 40   |                           | 0         | 0        | 781      | 0    | 0       | 0       | 0         | 0         | 781   |
| 1198     | John Tierney         | m      | MV 50   |                           | 0         | 0        | 0        | 0    | 0       | 781     | 0         | 0         | 781   |
| 1199     | Charlotte Richardson | f      |         | Milltown Milers           | 780       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 780   |
| 1200     | Julie Walton         | f      | FV 60   |                           | 0         | 0        | 780      | 0    | 0       | 0       | 0         | 0         | 780   |
| 1201     | Phil Ross            | m      | MV 60   |                           | 0         | 0        | 0        | 0    | 780     | 0       | 0         | 0         | 780   |
| 1202     | Stacey Williams      | f      | FV 40   |                           | 0         | 0        | 0        | 0    | 0       | 0       | 780       | 0         | 780   |
| 1203     | Kate Hore            | f      | FV 50   |                           | 0         | 0        | 0        | 0    | 0       | 780     | 0         | 0         | 780   |
| 1204     | Andrew Godfrey       | m      | MV 50   | Tynedale Harriers         | 0         | 779      | 0        | 0    | 0       | 0       | 0         | 0         | 779   |
| 1205     | Edith Mcdowall       | f      | FV 50   |                           | 779       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 779   |
| 1206     | Clare Egan           | f      |         |                           | 0         | 0        | 0        | 0    | 0       | 779     | 0         | 0         | 779   |
| 1207     | Gavin Spickett       | m      | MV 60   |                           | 0         | 0        | 0        | 0    | 779     | 0       | 0         | 0         | 779   |
| 1208     | Ruth Hutchison       | f      |         |                           | 778       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 778   |
| 1209     | Grace Constance-main | f      |         | stuart taylor             | 0         | 0        | 0        | 0    | 0       | 778     | 0         | 0         | 778   |
| 1210     | stuart taylor        | m      | MV 40   |                           | 0         | 0        | 0        | 0    | 778     | 0       | 0         | 0         | 778   |

| Position | Name                 | Gender | Age Cat | Club                             | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|----------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1211     | Sarah Walker         | f      | FV 40   | Lyme Runners                     | 0         | 0        | 777      | 0    | 0       | 0       | 0         | 0         | 777   |
| 1212     | Benjamin Howell      | m      |         |                                  | 0         | 0        | 0        | 0    | 0       | 777     | 0         | 0         | 777   |
| 1213     | Catherine Cooper     | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 777     | 0       | 0         | 0         | 777   |
| 1214     | Catherine Doyle      | f      | FV 50   |                                  | 776       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 776   |
| 1215     | Amanda Blessington   | f      | FV 50   |                                  | 0         | 0        | 776      | 0    | 0       | 0       | 0         | 0         | 776   |
| 1216     | Shaun Mccullough     | m      | MV 50   | Tri Preston                      | 0         | 0        | 0        | 0    | 776     | 0       | 0         | 0         | 776   |
| 1217     | Anna Christina Denby | f      | FV 40   |                                  | 775       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 775   |
| 1218     | Sally Parker-Kidd    | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 775       | 0         | 775   |
| 1219     | Heidi Atkins         | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 775     | 0       | 0         | 0         | 775   |
| 1220     | Adrian Dunbar        | m      | MV 60   |                                  | 774       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 774   |
| 1221     | Danielle Walters     | f      |         | Craven Energy                    | 0         | 0        | 0        | 0    | 0       | 774     | 0         | 0         | 774   |
| 1222     | Laura Pentland       | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 774       | 0         | 774   |
| 1223     | Joanna Whitear       | f      |         |                                  | 0         | 0        | 0        | 0    | 774     | 0       | 0         | 0         | 774   |
| 1224     | Natalie Hughes       | f      | FV 40   |                                  | 0         | 773      | 0        | 0    | 0       | 0       | 0         | 0         | 773   |
| 1225     | Keith Tolley         | m      | MV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 773       | 0         | 773   |
| 1226     | ROLAND Whitear       | m      |         | High Peak AC                     | 0         | 0        | 0        | 0    | 773     | 0       | 0         | 0         | 773   |
| 1227     | Annabel Howell       | f      |         |                                  | 772       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 772   |
| 1228     | Laura Astles         | f      |         |                                  | 0         | 0        | 772      | 0    | 0       | 0       | 0         | 0         | 772   |
| 1229     | Carol Graham         | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 772     | 0       | 0         | 0         | 772   |
| 1230     | Phil Dixon           | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 772       | 0         | 772   |
| 1231     | Debbie Scott         | f      | FV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 772     | 0         | 0         | 772   |
| 1232     | Allan Nicholson      | m      | MV 60   |                                  | 771       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 771   |
| 1233     | Emma Harvey-Robinson | f      |         |                                  | 0         | 0        | 771      | 0    | 0       | 0       | 0         | 0         | 771   |
| 1234     | Dean Saggars         | m      | MV 40   |                                  | 0         | 0        | 0        | 0    | 771     | 0       | 0         | 0         | 771   |
| 1235     | Debi Lee             | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 0       | 771     | 0         | 0         | 771   |
| 1236     | Hollie Fountain      | f      |         |                                  | 0         | 770      | 0        | 0    | 0       | 0       | 0         | 0         | 770   |
| 1237     | Lisa Hext            | f      | FV 50   |                                  | 770       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 770   |
| 1238     | Francesca Kelly      | f      |         |                                  | 0         | 0        | 770      | 0    | 0       | 0       | 0         | 0         | 770   |
| 1239     | Sarah McIntosh       | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 770     | 0       | 0         | 0         | 770   |
| 1240     | Chris Lee            | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 0       | 770     | 0         | 0         | 770   |
| 1241     | Angela Jones         | f      | FV 50   | St Helens Striders               | 0         | 769      | 0        | 0    | 0       | 0       | 0         | 0         | 769   |
| 1242     | Keith Hext           | m      | MV 50   |                                  | 769       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 769   |
| 1243     | Stephanie Kelly      | f      |         | Arunners                         | 0         | 0        | 769      | 0    | 0       | 0       | 0         | 0         | 769   |
| 1244     | Gavin Miskelly       | m      | MV 50   |                                  | 0         | 0        | 0        | 0    | 769     | 0       | 0         | 0         | 769   |
| 1245     | Carmel Woods         | f      | FV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 769       | 0         | 769   |
| 1246     | Sally Anderson       | f      | FV 50   | Knowle And Dorridge Running Club | 0         | 768      | 0        | 0    | 0       | 0       | 0         | 0         | 768   |
| 1247     | Petrina Cassell      | f      | FV 60   |                                  | 0         | 0        | 768      | 0    | 0       | 0       | 0         | 0         | 768   |
| 1248     | Darren Fretwell      | m      | MV 40   | Eden Runners                     | 768       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 768   |
| 1249     | Lynn Boylin          | f      | FV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 768     | 0         | 0         | 768   |
| 1250     | Lorna Schmidt        | f      | FV 50   | Astley & Tyldesley               | 0         | 0        | 0        | 0    | 768     | 0       | 0         | 0         | 768   |
| 1251     | Paul Woods           | m      | MV 60   |                                  | 0         | 0        | 0        | 0    | 0       | 0       | 768       | 0         | 768   |
| 1252     | Tracy Davies         | f      | FV 50   | Knowle & Dorridge Running Club   | 0         | 767      | 0        | 0    | 0       | 0       | 0         | 0         | 767   |

| Position | Name                  | Gender | Age Cat | Club                          | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-----------------------|--------|---------|-------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1253     | Emma Bowden           | f      | FV 40   |                               | 0         | 0        | 767      | 0    | 0       | 0       | 0         | 0         | 767   |
| 1254     | Tracy Loughrey        | f      | FV 50   | Astley&tyldesley Road Runners | 0         | 0        | 0        | 0    | 0       | 767     | 0         | 0         | 767   |
| 1255     | Kit Erlebach          | m      | MV 50   | Durham City Harriers          | 0         | 0        | 0        | 0    | 0       | 766     | 0         | 0         | 766   |
| 1256     | Linda Coffey          | f      | FV 70   | Darwen Dashers                | 0         | 0        | 0        | 0    | 0       | 0       | 766       | 0         | 766   |
| 1257     | Sarah Erlebach        | f      | FV 50   | Mums on the Run               | 0         | 0        | 0        | 0    | 0       | 765     | 0         | 0         | 765   |
| 1258     | Deborah Logue         | f      | FV 40   |                               | 0         | 764      | 0        | 0    | 0       | 0       | 0         | 0         | 764   |
| 1259     | Jennie Davies         | f      | FV 70   | Women On The Run              | 0         | 0        | 0        | 0    | 0       | 764     | 0         | 0         | 764   |
| 1260     | Peter Stockdale       | m      | MV 40   | Carlisle Tri                  | 0         | 0        | 0        | 0    | 764     | 0       | 0         | 0         | 764   |
| 1261     | Sophie Pryke          | f      |         |                               | 0         | 0        | 0        | 0    | 0       | 0       | 764       | 0         | 764   |
| 1262     | Charlotte Smedley     | f      |         |                               | 0         | 763      | 0        | 0    | 0       | 0       | 0         | 0         | 763   |
| 1263     | Allan Johnson         | m      | MV 70   | Lakeside Lincoln              | 0         | 0        | 763      | 0    | 0       | 0       | 0         | 0         | 763   |
| 1264     | Helen Moulton         | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 0       | 763     | 0         | 0         | 763   |
| 1265     | Catherine Roche       | f      |         |                               | 0         | 0        | 0        | 0    | 763     | 0       | 0         | 0         | 763   |
| 1266     | Victoria Cronquist    | f      | FV 40   |                               | 0         | 762      | 0        | 0    | 0       | 0       | 0         | 0         | 762   |
| 1267     | Sean Garner           | m      | MV 50   |                               | 762       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 762   |
| 1268     | Judith Cansfield      | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 0       | 0       | 762       | 0         | 762   |
| 1269     | Dave Prescott         | m      | MV 50   | Bridgnorth Running Club       | 761       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 761   |
| 1270     | Isobel Moore          | f      | U25     |                               | 0         | 0        | 0        | 0    | 0       | 761     | 0         | 0         | 761   |
| 1271     | JODIE STOTT           | f      | FV 40   |                               | 0         | 0        | 0        | 0    | 761     | 0       | 0         | 0         | 761   |
| 1272     | Lauren Caldwell       | f      |         |                               | 0         | 760      | 0        | 0    | 0       | 0       | 0         | 0         | 760   |
| 1273     | Rosalyn Turner        | f      | FV 60   | WOTR                          | 0         | 0        | 0        | 0    | 0       | 760     | 0         | 0         | 760   |
| 1274     | Mark Nicholls         | m      |         |                               | 0         | 0        | 0        | 0    | 760     | 0       | 0         | 0         | 760   |
| 1275     | Rosemary WEBSTER      | f      | FV 50   | head torches                  | 0         | 0        | 0        | 0    | 0       | 0       | 759       | 0         | 759   |
| 1276     | Jennifer Sweeney      | f      | FV 40   |                               | 0         | 757      | 0        | 0    | 0       | 0       | 0         | 0         | 757   |
| 1277     | Simone Connor         | f      | FV 50   |                               | 0         | 0        | 0        | 0    | 0       | 757     | 0         | 0         | 757   |
| 1278     | Nicky Mohan           | m      | MV 50   |                               | 756       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 756   |
| 1279     | Robert Mundy          | m      | MV 70   |                               | 0         | 0        | 756      | 0    | 0       | 0       | 0         | 0         | 756   |
| 1280     | Kirk Connor           | m      | MV 50   |                               | 0         | 0        | 0        | 0    | 0       | 756     | 0         | 0         | 756   |
| 1281     | Joyce Hill            | f      | FV 60   |                               | 0         | 0        | 0        | 0    | 0       | 0       | 756       | 0         | 756   |
| 1282     | Kalpani Vitharana     | f      |         |                               | 0         | 0        | 0        | 0    | 756     | 0       | 0         | 0         | 756   |
| 1283     | Sandra Allan          | f      | FV 60   | Fellside Ladies               | 755       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 755   |
| 1284     | Alison Leach          | f      | FV 70   |                               | 0         | 0        | 0        | 0    | 0       | 0       | 755       | 0         | 755   |
| 1285     | Laura Pilkington      | f      |         |                               | 0         | 754      | 0        | 0    | 0       | 0       | 0         | 0         | 754   |
| 1286     | Nicola Brown          | f      | FV 40   |                               | 754       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 754   |
| 1287     | SUE CASH              | f      | FV 70   | Wirral Vikings TRC            | 0         | 0        | 0        | 0    | 0       | 0       | 754       | 0         | 754   |
| 1288     | Kate James            | f      | FV 50   |                               | 753       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 753   |
| 1289     | Lisa Hodgkins         | f      | FV 50   | Penkridge Runners             | 0         | 0        | 0        | 0    | 0       | 753     | 0         | 0         | 753   |
| 1290     | Flora Maudsley-Barton | f      | FV 50   | Lymm Runners                  | 0         | 0        | 0        | 0    | 0       | 0       | 753       | 0         | 753   |
| 1291     | Terry Peet            | m      | MV 60   |                               | 752       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 752   |
| 1292     | Michael Taylor        | m      | MV 40   |                               | 0         | 0        | 752      | 0    | 0       | 0       | 0         | 0         | 752   |
| 1293     | Caroline Bones        | f      | FV 40   |                               | 0         | 0        | 0        | 0    | 752     | 0       | 0         | 0         | 752   |
| 1294     | SUE NEEDHAM           | f      | FV 60   | NOTFAST                       | 0         | 0        | 0        | 0    | 0       | 752     | 0         | 0         | 752   |

| Position | Name                 | Gender | Age Cat | Club                       | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|----------------------|--------|---------|----------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1295     | Katri Kuusniemi      | f      | FV 40   |                            | 0         | 751      | 0        | 0    | 0       | 0       | 0         | 0         | 751   |
| 1296     | Louise Siddle        | f      | FV 50   |                            | 751       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 751   |
| 1297     | Steve Needham        | m      | MV 70   | NOTFAST                    | 0         | 0        | 0        | 0    | 0       | 751     | 0         | 0         | 751   |
| 1298     | Richard Turner       | m      | MV 70   |                            | 0         | 750      | 0        | 0    | 0       | 0       | 0         | 0         | 750   |
| 1299     | Arwa Eskander        | f      | FV 40   | Colt                       | 750       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 750   |
| 1300     | Susan Ridings        | f      | FV 60   |                            | 0         | 0        | 750      | 0    | 0       | 0       | 0         | 0         | 750   |
| 1301     | Karen Culshaw        | f      | FV 40   | Penny Lane Striders        | 0         | 0        | 0        | 0    | 750     | 0       | 0         | 0         | 750   |
| 1302     | Alison Scally        | f      | FV 50   |                            | 0         | 0        | 0        | 0    | 0       | 750     | 0         | 0         | 750   |
| 1303     | Allanah Bird         | f      | FV 50   |                            | 0         | 0        | 0        | 0    | 0       | 749     | 0         | 0         | 749   |
| 1304     | Rosie Sharp          | f      |         |                            | 748       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 748   |
| 1305     | Deb Spendlove        | f      | FV 50   |                            | 0         | 0        | 0        | 0    | 0       | 748     | 0         | 0         | 748   |
| 1306     | Jo Moss              | f      | FV 40   |                            | 0         | 746      | 0        | 0    | 0       | 0       | 0         | 0         | 746   |
| 1307     | Carrie Courtney      | f      | FV 50   | Blackpool Freedom Runners  | 0         | 0        | 0        | 0    | 0       | 746     | 0         | 0         | 746   |
| 1308     | Stuart Milne         | m      |         |                            | 0         | 0        | 0        | 0    | 0       | 0       | 746       | 0         | 746   |
| 1309     | Nicki Hewson         | f      | FV 40   |                            | 745       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 745   |
| 1310     | Holly Seeger         | f      |         |                            | 0         | 0        | 0        | 0    | 0       | 0       | 745       | 0         | 745   |
| 1311     | Laura Beggs          | f      |         |                            | 744       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 744   |
| 1312     | Vikki Maltman        | f      | FV 40   |                            | 0         | 0        | 0        | 0    | 744     | 0       | 0         | 0         | 744   |
| 1313     | Brenda Lowry         | f      | FV 50   |                            | 0         | 0        | 0        | 0    | 0       | 0       | 744       | 0         | 744   |
| 1314     | Margaret Kaye        | f      | FV 60   |                            | 0         | 743      | 0        | 0    | 0       | 0       | 0         | 0         | 743   |
| 1315     | Charlotte Tweddle    | f      | FV 50   | Eden Runners               | 0         | 0        | 0        | 0    | 743     | 0       | 0         | 0         | 743   |
| 1316     | Carole Whiteley      | f      | FV 60   | Women On The Run Kendal    | 0         | 0        | 0        | 0    | 0       | 742     | 0         | 0         | 742   |
| 1317     | Jess Wilson          | f      |         |                            | 0         | 0        | 0        | 0    | 742     | 0       | 0         | 0         | 742   |
| 1318     | Gillian Graves       | f      | FV 60   |                            | 0         | 0        | 0        | 0    | 0       | 0       | 742       | 0         | 742   |
| 1319     | Katie Jones          | f      | FV 40   |                            | 741       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 741   |
| 1320     | Peter Belford        | m      | MV 60   |                            | 0         | 740      | 0        | 0    | 0       | 0       | 0         | 0         | 740   |
| 1321     | Mike Simons          | m      | MV 50   |                            | 0         | 0        | 0        | 0    | 0       | 740     | 0         | 0         | 740   |
| 1322     | Linda Hutcheon       | f      | FV 50   |                            | 0         | 0        | 739      | 0    | 0       | 0       | 0         | 0         | 739   |
| 1323     | Jane Wheeler         | f      | FV 50   |                            | 0         | 0        | 0        | 0    | 0       | 0       | 739       | 0         | 739   |
| 1324     | Cirian-marie Beddoes | f      | FV 40   |                            | 0         | 0        | 0        | 0    | 0       | 739     | 0         | 0         | 739   |
| 1325     | Angela Martland      | f      | FV 50   |                            | 0         | 0        | 738      | 0    | 0       | 0       | 0         | 0         | 738   |
| 1326     | Lisa Benbow          | f      | FV 40   |                            | 0         | 0        | 0        | 0    | 0       | 738     | 0         | 0         | 738   |
| 1327     | Jennie Eklund        | f      |         |                            | 0         | 0        | 0        | 0    | 738     | 0       | 0         | 0         | 738   |
| 1328     | Caroline Peet        | f      | FV 60   |                            | 737       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 737   |
| 1329     | Gabby Thorpe         | f      | FV 40   |                            | 0         | 0        | 737      | 0    | 0       | 0       | 0         | 0         | 737   |
| 1330     | Bev Ensor            | f      | FV 40   | Smiley Paces               | 0         | 0        | 0        | 0    | 0       | 0       | 737       | 0         | 737   |
| 1331     | Ellie Bailey         | f      |         |                            | 0         | 0        | 0        | 0    | 737     | 0       | 0         | 0         | 737   |
| 1332     | Nicola Browne        | f      | FV 40   |                            | 736       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 736   |
| 1333     | Christina Howarth    | f      |         |                            | 0         | 0        | 0        | 0    | 0       | 736     | 0         | 0         | 736   |
| 1334     | Amy Derbyshire       | f      |         |                            | 0         | 0        | 0        | 0    | 736     | 0       | 0         | 0         | 736   |
| 1335     | Emily Howarth        | f      |         |                            | 0         | 0        | 0        | 0    | 0       | 735     | 0         | 0         | 735   |
| 1336     | RACHAEL LATHAM       | f      | FV 40   | VICTORIA PARK RUNNING CLUB | 0         | 0        | 0        | 0    | 735     | 0       | 0         | 0         | 735   |



| Position | Name                | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1337     | Steve Twomlow       | m      | MV 40   |                                 | 734       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 734   |
| 1338     | Alice Bartle        | f      |         |                                 | 0         | 0        | 734      | 0    | 0       | 0       | 0         | 0         | 734   |
| 1339     | Bjorgvin Vigfusson  | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 734     | 0         | 0         | 734   |
| 1340     | Lorraine Hawkins    | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 734     | 0       | 0         | 0         | 734   |
| 1341     | Katie Sharp         | f      | FV 40   |                                 | 0         | 733      | 0        | 0    | 0       | 0       | 0         | 0         | 733   |
| 1342     | Megan Ablett        | f      | FV 50   | Finedon Gladstone Running Club  | 0         | 0        | 733      | 0    | 0       | 0       | 0         | 0         | 733   |
| 1343     | Leo Pyrah           | m      |         |                                 | 0         | 0        | 0        | 0    | 0       | 733     | 0         | 0         | 733   |
| 1344     | Jim Hawkins         | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 733     | 0       | 0         | 0         | 733   |
| 1345     | Stephen Ablett      | m      | MV 50   | Finedon Gladstone Running Club  | 0         | 0        | 732      | 0    | 0       | 0       | 0         | 0         | 732   |
| 1346     | Paul Coldham        | m      | MV 60   | DCH Run Club                    | 732       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 732   |
| 1347     | Alexia Taylor       | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 732     | 0       | 0         | 0         | 732   |
| 1348     | Chris Hutchinson    | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 732       | 0         | 732   |
| 1349     | Emma Hadley         | f      | FV 40   |                                 | 0         | 731      | 0        | 0    | 0       | 0       | 0         | 0         | 731   |
| 1350     | Trevor Wright       | m      | MV 60   | Finedon Gladstones              | 0         | 0        | 731      | 0    | 0       | 0       | 0         | 0         | 731   |
| 1351     | Angela McGough      | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 731     | 0         | 0         | 731   |
| 1352     | Steve Parry         | m      | MV 60   |                                 | 0         | 0        | 730      | 0    | 0       | 0       | 0         | 0         | 730   |
| 1353     | Susan Mutch         | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 730       | 0         | 730   |
| 1354     | Paula Byrne         | f      | FV 60   |                                 | 729       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 729   |
| 1355     | Catherine Lowry     | f      |         | Finedon Gladstones              | 0         | 0        | 729      | 0    | 0       | 0       | 0         | 0         | 729   |
| 1356     | Tracey Brocklehurst | f      | FV 50   |                                 | 0         | 728      | 0        | 0    | 0       | 0       | 0         | 0         | 728   |
| 1357     | Laura Aldridge      | f      | FV 40   | Finedon Gladstone's             | 0         | 0        | 728      | 0    | 0       | 0       | 0         | 0         | 728   |
| 1358     | Marie O'Brien       | f      | FV 50   | Birstall Running Club           | 0         | 0        | 0        | 0    | 0       | 728     | 0         | 0         | 728   |
| 1359     | Sam Robson          | f      | FV 60   | N/a                             | 0         | 0        | 0        | 0    | 728     | 0       | 0         | 0         | 728   |
| 1360     | Joyce Hamilton      | f      | FV 50   | Dumfries Running Club           | 0         | 0        | 0        | 0    | 0       | 0       | 728       | 0         | 728   |
| 1361     | Helen Moriarty      | f      | FV 40   |                                 | 0         | 727      | 0        | 0    | 0       | 0       | 0         | 0         | 727   |
| 1362     | Rachel Taylor       | f      |         |                                 | 727       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 727   |
| 1363     | Dawn Anderson       | f      | FV 50   |                                 | 0         | 0        | 727      | 0    | 0       | 0       | 0         | 0         | 727   |
| 1364     | John Bibby          | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 727       | 0         | 727   |
| 1365     | Iain Wood           | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 727     | 0         | 0         | 727   |
| 1366     | Tonia Thompson      | f      | FV 50   | Jott                            | 0         | 726      | 0        | 0    | 0       | 0       | 0         | 0         | 726   |
| 1367     | Sara Geary          | f      | FV 60   | Lyme Runners                    | 0         | 0        | 726      | 0    | 0       | 0       | 0         | 0         | 726   |
| 1368     | Michelle Green      | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 726       | 0         | 726   |
| 1369     | Andrew O'boyle      | m      | MV 50   |                                 | 0         | 725      | 0        | 0    | 0       | 0       | 0         | 0         | 725   |
| 1370     | Lauren Swarbrick    | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 725       | 0         | 725   |
| 1371     | Sandra Robinson     | f      | FV 40   | Manchester Ymca Harriers        | 0         | 0        | 0        | 0    | 0       | 725     | 0         | 0         | 725   |
| 1372     | Julie Tate          | f      | FV 60   | Thornton Cleveleys running club | 0         | 0        | 0        | 0    | 0       | 724     | 0         | 0         | 724   |
| 1373     | Shannon Perry       | f      | U25     |                                 | 0         | 0        | 0        | 0    | 724     | 0       | 0         | 0         | 724   |
| 1374     | Sarah Ball          | f      | FV 40   |                                 | 0         | 723      | 0        | 0    | 0       | 0       | 0         | 0         | 723   |
| 1375     | Lynne Evans         | f      | FV 50   |                                 | 0         | 0        | 723      | 0    | 0       | 0       | 0         | 0         | 723   |
| 1376     | Jade Shorrock       | f      |         |                                 | 0         | 0        | 722      | 0    | 0       | 0       | 0         | 0         | 722   |
| 1377     | Suzanne Crozier     | f      | FV 60   | Monkey Runners                  | 722       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 722   |
| 1378     | Tracey Preston      | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 722       | 0         | 722   |

| Position | Name              | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1379     | Karen Wilkinson   | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 721       | 0         | 721   |
| 1380     | Anna Hatch        | f      | FV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 720       | 0         | 720   |
| 1381     | Gill Morgan       | f      | FV 50   | A&T running club                | 0         | 0        | 0        | 0    | 0       | 720     | 0         | 0         | 720   |
| 1382     | Jane Harris       | f      | FV 60   |                                 | 0         | 719      | 0        | 0    | 0       | 0       | 0         | 0         | 719   |
| 1383     | Tricia Wilson     | f      | FV 50   | Pendle Parkrun                  | 719       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 719   |
| 1384     | Tim Hatch         | m      | MV 60   |                                 | 0         | 0        | 0        | 0    | 0       | 0       | 719       | 0         | 719   |
| 1385     | Kathryn Pearson   | f      | FV 50   | Astley & Tyldesley Road Runners | 0         | 0        | 0        | 0    | 0       | 719     | 0         | 0         | 719   |
| 1386     | Alison Belford    | f      | FV 60   | Formby                          | 0         | 718      | 0        | 0    | 0       | 0       | 0         | 0         | 718   |
| 1387     | Kim Griffiths     | f      | FV 60   | Run in Wirral                   | 0         | 0        | 718      | 0    | 0       | 0       | 0         | 0         | 718   |
| 1388     | Kate Wilkinson    | f      | FV 60   | Jog on tyne                     | 0         | 0        | 0        | 0    | 0       | 0       | 718       | 0         | 718   |
| 1389     | Gaynor Reid       | f      | FV 60   |                                 | 0         | 0        | 717      | 0    | 0       | 0       | 0         | 0         | 717   |
| 1390     | Kelly Gibson      | f      |         | Darlington Tri                  | 0         | 716      | 0        | 0    | 0       | 0       | 0         | 0         | 716   |
| 1391     | Elizabeth Barrett | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 715     | 0         | 0         | 715   |
| 1392     | Barney Smith      | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 715     | 0       | 0         | 0         | 715   |
| 1393     | Claire Logan      | f      | FV 40   |                                 | 714       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 714   |
| 1394     | Ian Staerck       | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 714     | 0       | 0         | 0         | 714   |
| 1395     | Alex Leek         | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 713     | 0       | 0         | 0         | 713   |
| 1396     | James Conyers     | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 712     | 0       | 0         | 0         | 712   |
| 1397     | Amanda Cutler     | f      | FV 50   | Red Rose Road Runners           | 0         | 0        | 0        | 0    | 0       | 0       | 711       | 0         | 711   |
| 1398     | Isobel Conyers    | f      | U21     |                                 | 0         | 0        | 0        | 0    | 711     | 0       | 0         | 0         | 711   |
| 1399     | Amy Britton       | f      |         |                                 | 0         | 0        | 0        | 0    | 710     | 0       | 0         | 0         | 710   |
| 1400     | Peter Jones       | m      | MV 60   | Marsh Lane Harriers             | 0         | 0        | 0        | 0    | 709     | 0       | 0         | 0         | 709   |
| 1401     | Christine Burgess | f      | FV 60   | Thornton Cleveleys Running Club | 0         | 0        | 0        | 0    | 0       | 708     | 0         | 0         | 708   |
| 1402     | Katy Dowdall      | f      |         |                                 | 0         | 707      | 0        | 0    | 0       | 0       | 0         | 0         | 707   |
| 1403     | Jessica Allason   | f      | FV 40   |                                 | 707       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 707   |
| 1404     | Fiona Tidbury     | f      | FV 60   | Eden Runners                    | 0         | 0        | 0        | 0    | 707     | 0       | 0         | 0         | 707   |
| 1405     | Jenny Appleton    | f      | FV 40   | St Helens Striders              | 705       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 705   |
| 1406     | Claire Leighton   | f      | FV 40   | Ashington Hirst Running Club    | 0         | 0        | 0        | 0    | 705     | 0       | 0         | 0         | 705   |
| 1407     | Sally Hislop      | f      | FV 50   |                                 | 0         | 704      | 0        | 0    | 0       | 0       | 0         | 0         | 704   |
| 1408     | Jon Hurst         | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 703     | 0         | 0         | 703   |
| 1409     | annie hurst       | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 0       | 702     | 0         | 0         | 702   |
| 1410     | garry grimes      | m      | MV 50   |                                 | 0         | 0        | 0        | 0    | 702     | 0       | 0         | 0         | 702   |
| 1411     | Val Braybrooks    | f      | FV 60   | Halmer Harriers                 | 0         | 701      | 0        | 0    | 0       | 0       | 0         | 0         | 701   |
| 1412     | Ben Mitchell      | m      | MV 40   |                                 | 0         | 0        | 0        | 0    | 0       | 701     | 0         | 0         | 701   |
| 1413     | Graham Collins    | m      | MV 60   | Milltown Milers                 | 0         | 700      | 0        | 0    | 0       | 0       | 0         | 0         | 700   |
| 1414     | Joshua Reed       | m      |         |                                 | 699       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 699   |
| 1415     | Samantha Mitchell | f      |         |                                 | 698       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 698   |
| 1416     | Dave Cope         | m      | MV 70   |                                 | 0         | 0        | 0        | 0    | 697     | 0       | 0         | 0         | 697   |
| 1417     | Jocelyn Coppard   | f      | FV 50   |                                 | 696       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 696   |
| 1418     | Sue Johnson       | f      | FV 60   | Stafford Harriers               | 0         | 0        | 0        | 0    | 696     | 0       | 0         | 0         | 696   |
| 1419     | Sarah Greaves     | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 695     | 0       | 0         | 0         | 695   |
| 1420     | Karen Chandisingh | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 694     | 0       | 0         | 0         | 694   |

| Position | Name                  | Gender | Age Cat | Club                             | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|-----------------------|--------|---------|----------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1421     | Nigel Corbett         | m      | MV 50   |                                  | 693       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 693   |
| 1422     | Helen Jones           | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 693     | 0       | 0         | 0         | 693   |
| 1423     | Ruth Patten           | f      |         |                                  | 0         | 692      | 0        | 0    | 0       | 0       | 0         | 0         | 692   |
| 1424     | Lenka Ward            | f      | FV 40   | Susie Anton Ladies On The Run    | 0         | 691      | 0        | 0    | 0       | 0       | 0         | 0         | 691   |
| 1425     | Gwen Woznikowska      | f      | FV 40   | Susie Anton Pt Ladies On The Run | 0         | 690      | 0        | 0    | 0       | 0       | 0         | 0         | 690   |
| 1426     | Tom Reid              | m      | MV 40   |                                  | 690       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 690   |
| 1427     | Richard Macfarlane    | m      | MV 40   |                                  | 0         | 0        | 0        | 0    | 690     | 0       | 0         | 0         | 690   |
| 1428     | Juliet Singer         | f      | FV 50   |                                  | 0         | 689      | 0        | 0    | 0       | 0       | 0         | 0         | 689   |
| 1429     | James Clarke          | m      |         |                                  | 689       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 689   |
| 1430     | Bryony Littler        | f      |         |                                  | 688       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 688   |
| 1431     | Clare Hiscock         | f      | FV 40   |                                  | 687       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 687   |
| 1432     | Emma Sanderson        | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 687     | 0       | 0         | 0         | 687   |
| 1433     | Chelsey Lightbown     | f      |         |                                  | 0         | 0        | 0        | 0    | 686     | 0       | 0         | 0         | 686   |
| 1434     | Clare Love            | f      | FV 40   |                                  | 685       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 685   |
| 1435     | Row Spencer           | m      | MV 70   | Milltown Milers                  | 0         | 684      | 0        | 0    | 0       | 0       | 0         | 0         | 684   |
| 1436     | Sarah Allitt          | f      | FV 50   | Snaith & Cowick Running Club     | 682       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 682   |
| 1437     | Claire Maggs          | f      | FV 50   |                                  | 0         | 681      | 0        | 0    | 0       | 0       | 0         | 0         | 681   |
| 1438     | Rosa Elliott          | f      | FV 60   | Girls That Jeff                  | 0         | 0        | 0        | 0    | 681     | 0       | 0         | 0         | 681   |
| 1439     | Sue Wassell           | f      | FV 70   | Knowle & Dorridge Running Club   | 0         | 680      | 0        | 0    | 0       | 0       | 0         | 0         | 680   |
| 1440     | Jackie Paterson       | f      | FV 50   | Knowle & Dorridge Rc             | 0         | 679      | 0        | 0    | 0       | 0       | 0         | 0         | 679   |
| 1441     | Janet Holmes          | f      | FV 60   | St Helens Striders               | 679       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 679   |
| 1442     | Julie Tweedy          | f      | FV 50   | Billingham Running Club          | 0         | 0        | 0        | 0    | 679     | 0       | 0         | 0         | 679   |
| 1443     | Claire Deeley         | f      | FV 60   | Knowle And Dorridge Running Club | 0         | 678      | 0        | 0    | 0       | 0       | 0         | 0         | 678   |
| 1444     | J Graham Smith        | m      | MV 50   |                                  | 678       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 678   |
| 1445     | Wyn Clayton           | f      | FV 70   | Women On The Run                 | 0         | 677      | 0        | 0    | 0       | 0       | 0         | 0         | 677   |
| 1446     | Kathryn Lees          | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 677     | 0       | 0         | 0         | 677   |
| 1447     | Gareth McGuire        | m      |         |                                  | 676       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 676   |
| 1448     | Lorna Vickery         | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 676     | 0       | 0         | 0         | 676   |
| 1449     | Katie McGuire         | f      |         |                                  | 675       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 675   |
| 1450     | David Watson          | m      | MV 50   | Red Rose Road Runners            | 0         | 0        | 0        | 0    | 675     | 0       | 0         | 0         | 675   |
| 1451     | Carole Wood           | f      | FV 60   |                                  | 673       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 673   |
| 1452     | Sue Parker            | f      | FV 40   |                                  | 0         | 0        | 0        | 0    | 673     | 0       | 0         | 0         | 673   |
| 1453     | Jo Moss               | f      |         |                                  | 672       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 672   |
| 1454     | Lucy Brock            | f      | U25     |                                  | 0         | 0        | 0        | 0    | 672     | 0       | 0         | 0         | 672   |
| 1455     | Gillian MacDonald     | f      |         |                                  | 671       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 671   |
| 1456     | Andy Brock            | m      | MV 60   | St Bees Triers                   | 0         | 0        | 0        | 0    | 671     | 0       | 0         | 0         | 671   |
| 1457     | Jill Hudson           | f      | FV 60   |                                  | 0         | 0        | 0        | 0    | 670     | 0       | 0         | 0         | 670   |
| 1458     | Isobel Jenkins        | f      | FV 40   |                                  | 669       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 669   |
| 1459     | Laurence Campbell     | f      | FV 50   |                                  | 0         | 0        | 0        | 0    | 668     | 0       | 0         | 0         | 668   |
| 1460     | Elizabeth Braithwaite | f      | FV 50   | Warrington Running Club          | 0         | 666      | 0        | 0    | 0       | 0       | 0         | 0         | 666   |
| 1461     | Sharon Hill           | f      | FV 50   | Parkside Panthers                | 666       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 666   |
| 1462     | Ruth Oatridge         | f      | FV 40   |                                  | 0         | 665      | 0        | 0    | 0       | 0       | 0         | 0         | 665   |

| Position | Name                | Gender | Age Cat | Club                            | Hawkshead | Staveley | Coniston | Mini | Keswick | Cartmel | Helvellyn | Ullswater | Total |
|----------|---------------------|--------|---------|---------------------------------|-----------|----------|----------|------|---------|---------|-----------|-----------|-------|
| 1463     | Vicky Willett       | f      | FV 40   | Sbc Plodders                    | 665       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 665   |
| 1464     | Moyna Milne         | f      | FV 50   |                                 | 0         | 0        | 0        | 0    | 665     | 0       | 0         | 0         | 665   |
| 1465     | Zoe Ferguson        | f      | FV 60   | DH Runners                      | 0         | 664      | 0        | 0    | 0       | 0       | 0         | 0         | 664   |
| 1466     | Kirsty Pettit       | f      | FV 50   | Keighley And Craven             | 664       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 664   |
| 1467     | Tina Pye            | f      | FV 40   |                                 | 0         | 0        | 0        | 0    | 664     | 0       | 0         | 0         | 664   |
| 1468     | Rosie Egan          | f      | FV 50   | Cheshire Hash House Harriers    | 663       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 663   |
| 1469     | Lucy Richardson     | f      |         |                                 | 0         | 0        | 0        | 0    | 663     | 0       | 0         | 0         | 663   |
| 1470     | James Kirkpatrick   | m      | MV 40   |                                 | 662       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 662   |
| 1471     | Candice Heim-Sarac  | f      |         |                                 | 0         | 661      | 0        | 0    | 0       | 0       | 0         | 0         | 661   |
| 1472     | Hazel Russell       | f      | FV 50   | Ripon Runners                   | 659       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 659   |
| 1473     | Lauren Dean-Ashton  | f      | FV 40   |                                 | 654       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 654   |
| 1474     | Joanne Chard        | f      | FV 40   | Women On The Run                | 0         | 652      | 0        | 0    | 0       | 0       | 0         | 0         | 652   |
| 1475     | Beverley Mulholland | f      |         |                                 | 652       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 652   |
| 1476     | Julie Bland         | f      | FV 50   |                                 | 0         | 651      | 0        | 0    | 0       | 0       | 0         | 0         | 651   |
| 1477     | Jo Shuttleworth     | f      | FV 40   |                                 | 651       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 651   |
| 1478     | Karen Livesey       | f      | FV 50   | Thornton Cleveleys Running Club | 648       | 0        | 0        | 0    | 0       | 0       | 0         | 0         | 648   |