

Lakeland Trails 2023 Series Championships - 10k Trail Run Series - Autumn



Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
1	Karl Dickenson	m		Lonely Goat Rc	997	997	998	997	3989
2	Ronnie Haddow	m	MV 50	Furness Fell Runners	995	992	991	993	3971
3	Gary O'Neill	m	MV 40	Furness Fell Runners	993	990	992	992	3967
4	Mark Wilson	m	MV 50	No Drama Llamas Running	944	969	950	973	3836
5	David Chow	m	MV 50	Eden runners	935	956	940	933	3764
6	Mart Kissick	m	MV 40		876	921	903	907	3607
7	Lee Johnston	m	MV 50		886	888	878	895	3547
8	Matthew Almond	m	MV 40		850	898	899	888	3535
9	Chloe Almond	f		Lancaster Runners	851	899	879	889	3518
10	Nicola Stanley	f	FV 50		835	868	902	896	3501
11	Mark Shaw	m	MV 50		846	879	877	885	3487
12	Brian Winder	m	MV 70	Darwen Running Group	770	852	840	870	3332
13	Paul Thornton	m	MV 50		787	830	818	818	3253
14	Helen Craven	f	FV 50		763	836	804	842	3245
15	mark taylor	m	MV 60	Judenshaw asthmatics running socie	761	815	780	823	3179
16	Shirley Spratt	f	FV 60		716	766	750	912	3144
17	Claire Smith	f	FV 40	North Shields Poly	712	760	744	913	3129
18	Sian Saxby	f	U21	DCH Run Club	693	742	729	832	2996
19	Stephen Walker	m	MV 40	Tadcaster Harriers	998	0	999	998	2995
20	Dawn Saxby	f	FV 50	DCH Run Club	692	743	728	831	2994
21	Macauley Bond	m			994	0	996	995	2985
22	Rachel Crow	f		BFR	988	983	971	0	2942
23	Edwina Rickards Collinson	f	FV 60	Crocwalkers	669	711	713	799	2892
24	Ralph Liddell	m	MV 70	Eden Runners	959	0	956	965	2880
25	Jaclyn Gray	f	FV 40		664	709	710	788	2871
26	Graeme Atkinson	m	MV 50		834	920	913	0	2667

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
27	Deborah Thorneycroft	f	FV 50		899	914	827	0	2640
28	Anna Howard	f		Tadcaster Harriers	869	0	853	887	2609
29	Richard Campbell	m	MV 40		828	882	881	0	2591
30	Jayne Dore	f	FV 50		801	886	904	0	2591
31	Mandy Bond	f	FV 50		883	769	0	925	2577
32	Rebecca Modeley	f			0	866	821	886	2573
33	Gillian Felton	f	FV 50		832	0	844	890	2566
34	Katie Welch	f	FV 50		796	0	863	904	2563
35	Tina Gee	f	FV 60		792	0	842	865	2499
36	Danny Thompson	m	MV 60		789	0	820	867	2476
37	Catherine Betley	f	FV 40	N/a	804	812	822	0	2438
38	david CARTER	m	MV 50		725	0	755	944	2424
39	Josephine LOUISE Walsh	f	FV 50	Red Rose Road Runners	793	822	802	0	2417
40	Charlotte Bennett	f	U25		0	800	773	821	2394
41	Andrea Lancaster	f	FV 40		715	0	747	905	2367
42	Davina Bowling	f	FV 70	Redrose Road Runners	0	783	764	796	2343
43	Helen Jones	f	FV 40		0	761	748	820	2329
44	Christine Richards	f	FV 50		663	0	711	802	2176
45	David Hatch	m			0	0	1000	999	1999
46	Chris Gray	m	MV 40	Tri Lakeland	0	995	997	0	1992
47	Andrew Carr	m		Westerlands CCC	0	996	0	994	1990
48	Steve Jones	m	MV 40		983	0	990	0	1973
49	Mike Mckee	m	MV 40		0	986	983	0	1969
50	Stephen Entwistle	m	MV 60	Wirral Vikings TRC	0	0	979	988	1967
51	Tom Halliwell	m		Nob End Run club	971	0	0	985	1956
52	Helen Johnson	f	FV 50	Wirral Vikings	0	0	969	986	1955
53	Andrew Mackenzie	m	MV 50		0	0	973	979	1952
54	Martyn Anderton	m		Nob end running club	966	0	0	981	1947
55	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	969	971	0	0	1940
56	Jennifer Coakley	f			0	0	964	975	1939
57	Kevin McLelland	m	MV 40		0	0	959	980	1939
58	Peter Gibb	m	MV 40		0	0	955	972	1927
59	Mark Wilding	m	MV 50		0	963	961	0	1924
60	Simon Byrne	m	MV 40	St Bees Trier	970	0	954	0	1924

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
61	Tanya Blake Miller	f	FV 40		942	0	981	0	1923
62	Colin Howard	m	MV 60	Furness Fell Runners	954	966	0	0	1920
63	Spencer Reynolds	m	MV 40	Wirral Viking's	0	0	948	969	1917
64	Ray Padgett	m	MV 70		960	953	0	0	1913
65	Melissa Gorst	f			0	0	931	976	1907
66	Pamela Booth	f	FV 40	Wirral Vikings TRC	0	0	945	961	1906
67	Nicola Hughes	f			931	964	0	0	1895
68	David Taylor	m	MV 60	Cheshire Hash House Harriers	0	0	939	956	1895
69	Caroline D'Arcy	f	FV 50		937	952	0	0	1889
70	Joanne Preston	f	FV 50	Wirral Vikings TRC	0	0	927	954	1881
71	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	933	946	0	0	1879
72	Sally Caton	f	FV 40	Stainland Lions Running Club	941	0	937	0	1878
73	Simon Cowling	m	MV 40		0	943	935	0	1878
74	Sarah Ward	f		Abbey Runners	0	945	924	0	1869
75	Dawn Chilton	f	FV 50		0	0	923	939	1862
76	Victoria Eze	f	FV 60	Hampstead Heath Park Run	0	0	921	928	1849
77	Martin Fu	m			911	0	938	0	1849
78	Andrew Walmsley	m	MV 50		0	926	916	0	1842
79	Belinda Schofield	f	FV 50		895	924	0	0	1819
80	Andrew Eaton	m	MV 40		0	908	906	0	1814
81	Robbie Shuttleworth	f		Nob End Run Club	857	0	0	943	1800
82	Richard Clements	m	MV 50	Hip Replacement Runners	892	906	0	0	1798
83	Ellie Murray	f	U25		901	897	0	0	1798
84	David Hurst	m	MV 50		856	0	0	940	1796
85	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	0	887	905	0	1792
86	Mark Gean-Hughes	m	MV 50		0	0	870	918	1788
87	Robert Myatt	m	MV 50		852	915	0	0	1767
88	Martin Bates	m	MV 60	Wesham Road Runners	0	0	884	878	1762
89	Yolande Clarke	f	FV 50	St Bees Triers	864	896	0	0	1760
90	Ben Higginson	m	MV 60	Preston Harriers	875	884	0	0	1759
91	Toby Brothers	f	FV 50	Hampstead Heath Park Run	0	0	866	883	1749
92	Julie Thomas	f	FV 50	Hampstead Health Park Run	0	0	860	884	1744
93	Rachel Summers	f	FV 50		0	867	875	0	1742
94	Anton Moss	m			0	776	0	962	1738

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95	Susanne Parry	f	FV 50		844	0	890	0	1734
96	Peter Burlingham	m	MV 40		0	0	835	897	1732
97	Helen Lester	f	FV 50	Wirral Vikings	0	0	851	881	1732
98	Emily Astley	f	FV 40	Wirral Vikings	0	0	850	882	1732
99	Robert Shanahan	m	MV 50	Wirral Viking	0	0	849	880	1729
100	Louisa Graham	f	FV 40		833	0	895	0	1728
101	Karen Harper	f	FV 50	Sytal Running Club	868	0	858	0	1726
102	John Gore	m	MV 40	Rochdale Tri Club	0	0	810	910	1720
103	Peter EVANS	m	MV 50	Kings heath rc	0	0	758	959	1717
104	Nick Lewer	m	MV 70		0	772	0	938	1710
105	Nicole Spibey	f	FV 40		0	856	0	854	1710
106	Mark Cowan	m	MV 40	Wirral Vikings Trc	0	0	756	953	1709
107	Basia Nowak	f	FV 40		0	854	0	855	1709
108	Hazel Ward	f	FV 60	Jog On The Tyne	0	0	869	839	1708
109	Ben Brock	m	U25		839	864	0	0	1703
110	Patricia Hynes	f	FV 60		0	0	833	857	1690
111	Peter Reed	m	MV 70	Northumberland Fell Runners	0	881	808	0	1689
112	Phil Temple	m	MV 40		728	957	0	0	1685
113	Natasha Cruickshank	f	FV 40		0	859	824	0	1683
114	Dawn Fahy	f	FV 60		0	0	823	858	1681
115	Yvette Mccracken	f	FV 50	Smiley Paces	0	0	819	861	1680
116	Victoria Wilding	f	FV 50		0	843	836	0	1679
117	Carol Cox	f	FV 50		821	0	856	0	1677
118	Alison Pye	f	FV 40		799	0	872	0	1671
119	Julie EVANS	f	FV 50	Kings heath rc	0	0	749	919	1668
120	Louise Roberts	f	FV 50	Border Reavers	802	0	0	866	1668
121	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	0	844	817	0	1661
122	Laura Leitch	f			798	862	0	0	1660
123	Jacq Charles	f	FV 40	Wirral Vikings Trc	0	0	743	914	1657
124	Elaine Coupland	f	FV 60	Jog On The Tyne	0	0	816	838	1654
125	David Battersby	m	MV 50		773	0	0	876	1649
126	Faith Firkins	f	FV 50	Lancaster & Morecambe AC	819	0	829	0	1648
127	Simon Turgoose	m	MV 50	Oldham & Royton Harriers AC	0	0	811	835	1646
128	Gerry Garvey	m	MV 50	Muddy Boots Nursery	800	0	0	844	1644

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129	Ann Myatt	f	FV 60	Cheadle	0	863	772	0	1635
130	Jo Storey	f	FV 40	Jogonthetyne	0	0	754	879	1633
131	Caitlin Stokes	f	U25		0	809	0	822	1631
132	Kirstie Miller	f	FV 50	Jog on the Tyne	0	0	787	841	1628
133	Julie Luckman	f	FV 50	Oldham and Royton Harriers	0	0	785	836	1621
134	Claire Penhallurick	f	FV 40	Lonely Goat Running Club	808	0	812	0	1620
135	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	782	829	0	0	1611
136	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	780	0	831	0	1611
137	Neil Bower	m	MV 50		776	834	0	0	1610
138	Anna Richings	f	FV 50	Lancaster and Morecambe ac	779	0	830	0	1609
139	Mark Tomlinson	m	MV 60	12	772	837	0	0	1609
140	Tony Fahy	m	MV 70		0	0	798	809	1607
141	Ashley Smith	m	MV 50		741	0	0	864	1605
142	Jo Lally	f	FV 50	Jog on The Tyne	771	833	0	0	1604
143	Jennie Smith	f	FV 50		740	0	0	863	1603
144	Deborah Mackay	f	FV 50	Wirral Viking TRC	0	0	781	817	1598
145	Jules Telford	f	FV 60		762	0	0	833	1595
146	Gill Hindle	f	FV 50	Jog On The Tyne	0	0	753	840	1593
147	Catherine Ball	f	FV 50	Wirral Viking Trc	0	0	789	801	1590
148	Helen Helme	f	FV 40		794	0	794	0	1588
149	Colin Burnett	m	MV 60		0	0	788	800	1588
150	Helen Newman	f	FV 50		0	0	731	856	1587
151	Jackie Frank	f	FV 40		775	0	807	0	1582
152	Julie Murrell	f	FV 50		0	0	786	792	1578
153	Katie Wishart	f	FV 50		0	801	775	0	1576
154	Jo Perry	f	FV 40		778	0	795	0	1573
155	John Melling	m	MV 60		742	0	0	830	1572
156	Joanne Lewis	f	FV 50		774	0	797	0	1571
157	Ruth Hunneysett	f	FV 40	Jog on the Tyne	0	0	778	790	1568
158	Sarah Parker	f	FV 40	Jog on The Tyne	0	0	776	789	1565
159	Edward Melling	m	MV 60		751	0	0	813	1564
160	Tony Seddon	m	MV 50		755	793	0	0	1548
161	Lada Cuiu	f	FV 50		703	0	0	845	1548
162	Chris Cuiu	m	MV 50		702	0	0	846	1548

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163	Lizzie Coleshill	f	FV 60		0	0	720	816	1536
164	Richard Newman	m	MV 50		0	0	712	803	1515
165	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	0	0	709	787	1496
166	Jane Malcolm	f	FV 50	Jogscotland	0	0	708	786	1494
167	Harry Vaneris	m	MV 40		736	753	0	0	1489
168	Jayne Batt	f	FV 60		711	759	0	0	1470
169	Georgina Briffett	f	FV 40	Dallam Running Club	674	0	790	0	1464
170	Yvonne Leech	f	FV 60	St.Bees Triers	746	703	0	0	1449
171	Vicky Evans	f	FV 50		0	721	721	0	1442
172	Rebecca Davies	f			0	717	717	0	1434
173	Rosalie Liddell	f	FV 60	Eden Runners	701	0	732	0	1433
174	Helen Bowerman	f	FV 50		685	747	0	0	1432
175	Julie Kelly	f	FV 60	St Bees Triers	686	727	0	0	1413
176	Jacqueline Shore	f	FV 60		672	726	0	0	1398
177	Linda Farquhar	f	FV 70	St Bees Triers	671	714	0	0	1385
178	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	659	706	0	0	1365
179	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	658	707	0	0	1365
180	Russell Maddams	m	MV 50	Keswick Ac	1000	0	0	0	1000
181	Matt Newell	m			0	0	0	1000	1000
182	Laurence Hill	m			0	1000	0	0	1000
183	Lee Procter	m	MV 40	Team inov-8	999	0	0	0	999
184	Darren Coward	m		Glaxo Hoad Hill Harriers	0	999	0	0	999
185	Richard Thomas Jackson-Taylor	m			0	998	0	0	998
186	Steven Worsley	m	MV 60	Lancaster and morecambe ac	996	0	0	0	996
187	Matthew Halsall	m		Southport Waterloo	0	0	0	996	996
188	William Loewenhardt	m			0	0	995	0	995
189	William Houghton	m		Tyne Bridge Harriers	0	994	0	0	994
190	Fergal Duffy	m	MV 50		0	0	994	0	994
191	Bethan Lowe	f	U25		0	993	0	0	993
192	Adam Fox	m	MV 40		0	0	993	0	993
193	Alex Parry	m	U21		992	0	0	0	992
194	Tom Willox	m		Helm Hill Runners	991	0	0	0	991
195	Robert Inman	m	MV 40		0	991	0	0	991
196	Joe Shingleton	m			0	0	0	991	991

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197	Stephen Newell	m	MV 50	Ilkley Harriers	0	0	0	990	990
198	Ian Davidson	m	MV 50		990	0	0	0	990
199	Jamie Quan-soon	m	MV 40		0	989	0	0	989
200	Michael Williams	m			0	0	989	0	989
201	Anthony Irving	m	MV 40		989	0	0	0	989
202	Andrew Baguley	m	MV 40	Chorlton Runners	0	0	0	989	989
203	Daniel McDonagh	m			0	988	0	0	988
204	Stuart Parry	m	MV 50	Northern Fells Running Club	0	0	988	0	988
205	Adrian Filipek	m			987	0	0	0	987
206	Lindsay Bingaman	f			0	0	987	0	987
207	greg simpson	m	MV 40		0	0	0	987	987
208	Ben Taylor	m	U21		0	987	0	0	987
209	Paul Lewis	m	MV 50		986	0	0	0	986
210	Robbie Jones	m	MV 50		0	0	986	0	986
211	Stephen Hackley	m	MV 40		985	0	0	0	985
212	Lauren Booth	f		Hoad Hill Harriers	0	985	0	0	985
213	Chris Percival	m	MV 50		0	0	985	0	985
214	Stephen Pope	m			984	0	0	0	984
215	Jonathan Woodhead	m		Allithwaite Running Club	0	0	0	984	984
216	Charlotte Seward	f		Border Harriers	0	984	0	0	984
217	Alex Brown	m			0	0	984	0	984
218	Olivia Wiggans	f		Red Rose Road Runners	0	0	0	983	983
219	Sophie Hunt	f			0	0	982	0	982
220	Jack Ball	m	U25	Settle Harriers	0	982	0	0	982
221	Jimmy Hark	m	MV 40	Nob end run club	982	0	0	0	982
222	Anna Hawthorne	f			0	0	0	982	982
223	Danny Hirst	m	MV 40	Andems Runners	981	0	0	0	981
224	Charlotte Jones	f			0	981	0	0	981
225	Alan Huggon	m	MV 50	Border Reiver Runners	0	0	980	0	980
226	Andrew Firkins	m	MV 50	Lancaster & Morecambe AC	980	0	0	0	980
227	Donna Cartwright	f	FV 40	Radcliffe Ac	0	980	0	0	980
228	Jennifer Casson	f	FV 40		0	979	0	0	979
229	James Spearing	m			979	0	0	0	979
230	Robert Davies	m	MV 40		978	0	0	0	978

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231	Justine Patton	f			0	978	0	0	978
232	Geoff Lowe	m	MV 60	The Herdy Maaa-shal	0	0	0	978	978
233	Cheryl Dean	f	FV 40		0	0	978	0	978
234	Paul Jones	m			0	0	0	977	977
235	Matthew Holland	m			0	0	977	0	977
236	John Pyrah	m			0	977	0	0	977
237	Graham Laybourn	m	MV 50		977	0	0	0	977
238	Rob Clayton	m	MV 40	ncaster and Morecambe athletic club	976	0	0	0	976
239	Paul Ross	m			0	0	976	0	976
240	Imogen Poore	f	U25		0	976	0	0	976
241	Paul Myers	m	MV 50		0	0	975	0	975
242	Stephen Jolly	m	MV 60	Allithwaite Running Club	0	975	0	0	975
243	David Kenwright	m	MV 40		975	0	0	0	975
244	Carl Wild	m	MV 40		974	0	0	0	974
245	Shaun Martin	m			0	0	974	0	974
246	Sean Roddy	m	MV 40		0	0	0	974	974
247	Mark Hughes	m	MV 40	Lytham St Annes Road Runners	0	974	0	0	974
248	Stuart Taylor	m	MV 50		0	973	0	0	973
249	Simon Phillips	m	MV 60		973	0	0	0	973
250	Pete Davison	m	MV 50	Glaxo Hoad Hill Harriers	972	0	0	0	972
251	Karen Johnson	f	FV 40		0	0	972	0	972
252	Alex Barnes	m			0	972	0	0	972
253	Adam Rawlings	m			0	0	0	971	971
254	Michael Allcock	m			0	0	970	0	970
255	Martin Poore	m	MV 50		0	970	0	0	970
256	Kevin Harber	m	MV 50		0	0	0	970	970
257	Simon Parker	m	MV 60	Cheshire Hash House Harriers	0	0	0	968	968
258	Lucy Garrod	f	FV 50		0	968	0	0	968
259	Louis Rainford	m			0	0	968	0	968
260	Ian Williamson	m	MV 50	Chorlton Runners	968	0	0	0	968
261	Mark Smyth	m	MV 40		0	0	967	0	967
262	Jodi Marcus	f	FV 40		967	0	0	0	967
263	Helen Lawrenson	f	FV 50	Blackpool Wyre & fylde AC	0	967	0	0	967
264	Anna McGill	f	FV 40		0	0	0	967	967

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265	Stephen Gilks	m	MV 40		0	0	966	0	966
266	Mark Broxton	m	MV 50		0	0	0	966	966
267	Peter Harbach	m	MV 50	Carlisle	965	0	0	0	965
268	Matt Roche	m			0	965	0	0	965
269	Ben Jessop	m	MV 40		0	0	965	0	965
270	Sophie Lawton	f	U25		964	0	0	0	964
271	Leanne Elwood	f	FV 40	Smiley paces	0	0	0	964	964
272	David Macgillivray	m	MV 60	Dh Runners	0	0	0	963	963
273	Katie Oxley	f			0	0	963	0	963
274	Emma Lawton	f	U25		963	0	0	0	963
275	Matthew Shepherd	m			0	0	962	0	962
276	John Turner	m	MV 40	Lonely Goat RC	962	0	0	0	962
277	David Parfitt	m			0	962	0	0	962
278	Olivia Burke	f		Nob End	961	0	0	0	961
279	Davinia Jackson	f	FV 40	Thornton Cleveleys Running Club	0	961	0	0	961
280	Jose Gonzalez	m			0	0	960	0	960
281	Clare Edgar	f	FV 40	Lancaster Runners	0	960	0	0	960
282	Alison McGourty	f	FV 40	Smiley Paces	0	0	0	960	960
283	Joanne Unsworth	f			0	959	0	0	959
284	Charlene Smith	f			0	958	0	0	958
285	Stephen Parker	m	MV 60		958	0	0	0	958
286	John Halliday	m			0	0	958	0	958
287	Izzy Turner	f			0	0	0	958	958
288	Stephen Biscomb	m	MV 60	Clayton-le-moors	957	0	0	0	957
289	Jimmy Hark	m			0	0	0	957	957
290	Nicholas Bee	m			0	0	957	0	957
291	Jonathan Fletcher	m	MV 50	Ripon Runner	956	0	0	0	956
292	Thomas Dudley	m			955	0	0	0	955
293	Sally Healy	f			0	955	0	0	955
294	Joanne Boreham	f	FV 50	4 Amigos	0	0	0	955	955
295	Steven Robinson	m	MV 60	Thornton Cleveleys Running Club	0	954	0	0	954
296	Peter Jones	m	MV 50		953	0	0	0	953
297	Ben Howes	m			0	0	953	0	953
298	John Heap	m	MV 40		0	0	952	0	952

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
299	Sam Davis	m			0	0	0	952	952
300	Raymond Riley	m	MV 40		952	0	0	0	952
301	Tom Garrod	m	MV 50		0	951	0	0	951
302	Jason Gane	m	MV 40		951	0	0	0	951
303	Dave Welch	m	MV 60		0	0	0	951	951
304	Dan Marechal	m			0	0	951	0	951
305	Julie Wisely	f	FV 50		0	950	0	0	950
306	Judith Wall	f	FV 50	Manchester Triathlon Club	950	0	0	0	950
307	Graham Livesey	m	MV 40		0	0	0	950	950
308	Brenda Rutter	f	FV 50		0	949	0	0	949
309	Jeremy Harris	m			0	0	0	949	949
310	Hannah Ives	f			0	0	949	0	949
311	Andrew Baker	m			949	0	0	0	949
312	David Hull	m	MV 60		948	0	0	0	948
313	Rachel Khaw	f			0	948	0	0	948
314	Jenny Milburn	f	FV 40		0	0	0	948	948
315	Mark Austin	m	MV 40		0	947	0	0	947
316	Jessica Booth	f			947	0	0	0	947
317	Gill Pomfret	f	FV 50	Smiley Paces	0	0	0	947	947
318	Eric Roe	m	U25		0	0	947	0	947
319	Steve Roe	m	MV 50		0	0	946	0	946
320	Siobhan Riley	f	FV 50		946	0	0	0	946
321	Kerry Trimble	f		Durham Fell Runners	0	0	0	946	946
322	Dickie Felton	m	MV 40		945	0	0	0	945
323	Stephanie Buckton	f			0	0	0	945	945
324	Joseph Prudhoe	m	MV 40	N/A	0	944	0	0	944
325	James Lilliot	m			0	0	944	0	944
326	Michael Lawton	m	MV 50		943	0	0	0	943
327	Matthew Eastwood	m			0	0	943	0	943
328	Sandra Myers	f	FV 50		0	0	942	0	942
329	Kate White	f	FV 50	Ashbourne Running Club	0	0	0	942	942
330	Dave Greene	m	MV 50	Thornton Cleveleys	0	942	0	0	942
331	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	0	941	0	0	941
332	Tom Clapham	m			0	0	941	0	941

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
333	Richard Coley	m	MV 50		0	0	0	941	941
334	Thomas Pearson	m			940	0	0	0	940
335	Catherine Wignall	f	FV 40		0	940	0	0	940
336	Jason Doggett	m			939	0	0	0	939
337	beckie joyce	f	FV 50		0	939	0	0	939
338	Mark Ogilvie	m	MV 50		938	0	0	0	938
339	Julian Burgess	m	MV 40		0	938	0	0	938
340	Sarah Lee	f	FV 40	Smiley paces	0	0	0	937	937
341	James Snutch	m	MV 40		0	937	0	0	937
342	Seonaid Hume	f			936	0	0	0	936
343	Rob Chaffe	m	MV 50		0	0	936	0	936
344	Katy Parker	f	FV 60	Cheshire Hash House Harriers	0	0	0	936	936
345	Alex Hay	m	MV 50		0	936	0	0	936
346	Clare McCluskey	f			0	0	0	935	935
347	Callum Grogan	m			0	935	0	0	935
348	Will Charles	m	MV 40		934	0	0	0	934
349	Kerry Gray	f	FV 40		0	0	0	934	934
350	David Hill	m			0	0	934	0	934
351	Alanna Buckle	f		Allithwaite Running Club	0	934	0	0	934
352	Claudia Pagoulatou	f	FV 50	Pensby Runners	0	933	0	0	933
353	Lynne Carruthers	f	FV 60	Dch	0	0	933	0	933
354	Steve Mason	m	MV 50		0	0	932	0	932
355	Helen Macleod	f	FV 40	Eden Runners	0	0	0	932	932
356	Dave Tonge	m	MV 60		932	0	0	0	932
357	Christopher Bligh	m	MV 50	Thornton Cleveleys running club	0	932	0	0	932
358	Oliver Sloper	m			0	0	0	931	931
359	Gavin Prudhoe	m			0	931	0	0	931
360	Sarah Yeates	f			0	930	0	0	930
361	Natasha Bleese	f		Nob end run club	0	0	0	930	930
362	Ben Melia	m			0	0	930	0	930
363	Andrew Gray	m			930	0	0	0	930
364	Laura Avey	f			929	0	0	0	929
365	Katie Pollitt	f			0	0	0	929	929
366	Gillian Woon	f	FV 40	Vegan Runners UK	0	929	0	0	929

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
367	Christine Woods	f	FV 60	Durham City Harriers	0	0	929	0	929
368	Stacey Hardy	f			0	0	928	0	928
369	Rebecca Byrne	f		St Bees Trier	928	0	0	0	928
370	Christine Johnson	f	FV 60		0	928	0	0	928
371	Richard Porter	m			0	927	0	0	927
372	Esther Rollinson	f			927	0	0	0	927
373	Amy Rickerby	f	U25		0	0	0	927	927
374	Sarah Fairbairn	f	FV 40	Durham city harriers	0	0	926	0	926
375	Sam Atkinson	m			926	0	0	0	926
376	Morven Lowe	f	FV 40	Smiley Paces	0	0	0	926	926
377	SHONAGH MCEWEN	f			925	0	0	0	925
378	Michael Lemmy	m	MV 50		0	0	925	0	925
379	David Snutch	m	MV 60	Birstall	0	925	0	0	925
380	Jack Brain	m			924	0	0	0	924
381	Hannah Miller	f			0	0	0	924	924
382	Sean Fletcher	m			0	0	0	923	923
383	John Hocking	m	MV 40		0	923	0	0	923
384	George Eaton	m	U25		923	0	0	0	923
385	Sarah Adams	f	FV 40		0	0	922	0	922
386	Tammy Connor	f	FV 40		922	0	0	0	922
387	Sarah Sigsworth	f			0	0	0	922	922
388	Amanda Deane	f		Furness Fell Runners	0	922	0	0	922
389	Natasha Mladek	f			0	0	0	921	921
390	Karen King	f	FV 50		921	0	0	0	921
391	Miriam Abbas	f			0	0	920	0	920
392	Phil Holden	m	MV 60		0	0	0	920	920
393	Diane Hopper	f	FV 40		920	0	0	0	920
394	Christopher Cox	m	MV 60		0	919	0	0	919
395	Iain Peacock	m	MV 40		0	0	919	0	919
396	Callum Puttock	m			919	0	0	0	919
397	Carolyn Barker	f	FV 50	Burnden Roadrunners	0	918	0	0	918
398	Emma Teggart	f	FV 40	Lonely goat	0	0	918	0	918
399	Suzanne Hughes-Rudd	f	FV 40		918	0	0	0	918
400	Jacqui Foster	f	FV 50	Ilkley Harriers	0	917	0	0	917

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
401	Tabby Merrilees	f	FV 50		917	0	0	0	917
402	Suzanne Mercer	f	FV 50	Borders Triathletes	0	0	917	0	917
403	Naomi Morrison	f	FV 50	Smiley Paces	0	0	0	917	917
404	Tracy Pinder	f	FV 40		916	0	0	0	916
405	Leanne Batty	f	FV 40	Thornton-Cleveleys running club	0	916	0	0	916
406	Gary Gregson	m	MV 40	Nob Enders	0	0	0	916	916
407	Roger and De Nobrega	m	MV 40		0	0	0	915	915
408	Gemma Aden	f	FV 40	St Helens Striders	915	0	0	0	915
409	Andrew Creighton	m	MV 50		0	0	915	0	915
410	Elizabeth Templeton	f	U25		914	0	0	0	914
411	Annie Willetts	f	FV 50		0	0	914	0	914
412	Jennifer Smith	f			913	0	0	0	913
413	Rebecca Maddock	f	FV 40		0	913	0	0	913
414	Paul Irving	m			912	0	0	0	912
415	Ginny Newman	f	FV 60		0	912	0	0	912
416	Christina Marechal	f			0	0	912	0	912
417	Matthew MADDOCK	m	MV 40		0	911	0	0	911
418	Gary Cash	m	MV 70	Wirral Vikings TRC	0	0	911	0	911
419	David Williams	m	MV 50	Ambleside Ac	0	0	0	911	911
420	Mary Dawson	f	FV 40		910	0	0	0	910
421	Dawn Jones	f	FV 50		0	0	910	0	910
422	Angela Dallinger	f	FV 40	Red Rose	0	910	0	0	910
423	Simon Forshaw	m	MV 50		0	0	909	0	909
424	Isobel Williamson	f	FV 70		0	909	0	0	909
425	Laura Burton	f	FV 40		0	0	0	909	909
426	Gillian Doolan	f	FV 50		909	0	0	0	909
427	Michelle McCarthy	f			0	0	908	0	908
428	Mark Twitchett	m	MV 50	Roundhay Runners	0	0	0	908	908
429	Joanna Duncan	f	FV 40		908	0	0	0	908
430	Marie Walker	f	FV 50	Sedgefield Harriers	907	0	0	0	907
431	Ian Massey	m	MV 40		0	0	907	0	907
432	Diana Taylor	f	FV 40		0	907	0	0	907
433	Richard Tickner	m	MV 60		906	0	0	0	906
434	Elizabeth De Nobrega	f	FV 40		0	0	0	906	906

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
435	Helen Jack	f	FV 50		0	905	0	0	905
436	Nicola Berry	f			905	0	0	0	905
437	Michael Tucker	m	MV 40		904	0	0	0	904
438	David Whiteley	m	MV 60		0	904	0	0	904
439	Stephen Potter	m	MV 50		0	903	0	0	903
440	Holly Mackenzie	f	FV 40		903	0	0	0	903
441	Caroline Maxted	f	FV 40		0	0	0	903	903
442	Vicky Ward	f	FV 50		0	902	0	0	902
443	Samuel Watts	m			0	0	0	902	902
444	Robin Henderson	m			902	0	0	0	902
445	Dave Hill	m	MV 50		0	0	901	0	901
446	Chris Dunn	m	MV 40	Nob End running club	0	0	0	901	901
447	Andrew Whitehead	m	MV 50		0	901	0	0	901
448	Sam Nicholson	f	FV 50	Border Reiver Runners	0	0	900	0	900
449	Rachel Whitehead	f			0	900	0	0	900
450	Dawn Milburn	f			900	0	0	0	900
451	Alyson Rayner	f	FV 40		0	0	0	900	900
452	Paul Shepherd	m	MV 50	City of Hull AC	0	0	0	899	899
453	Nicola Whitfield	f			0	0	0	898	898
454	Lauren Jones	f			0	0	898	0	898
455	Ben Ross	m			898	0	0	0	898
456	Niamh Cuffe	f			0	0	897	0	897
457	Neil King	m	MV 60		897	0	0	0	897
458	Pete Holding	m	MV 60		896	0	0	0	896
459	Nigel Eddy	m	MV 60	Quakers running club	0	0	896	0	896
460	Gary Tate	m	MV 40	Thornton cleveleys running club	0	895	0	0	895
461	Michael Carey	m		Thornton Cleveleys Running Club	0	894	0	0	894
462	Fiona Hulley	f	FV 50	Smiley Paces	0	0	0	894	894
463	Debbie Bullough	f	FV 50		0	0	894	0	894
464	Ben Metcalfe	m	U21		894	0	0	0	894
465	LAURA ATKINSON	f	FV 40		0	0	0	893	893
466	Jean WILKINSON	f	FV 50		0	893	0	0	893
467	Emma Hastings	f		JAG Outdoors	893	0	0	0	893
468	Anthony Marechal	m	MV 60		0	0	893	0	893

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
469	Alan Davidson	m	MV 70		0	0	892	0	892
470	Ruth Chadwick	f	FV 40		0	892	0	0	892
471	Helen Tope	f			0	0	0	892	892
472	Patricia White	f	FV 60	Women on the Run	891	0	0	0	891
473	Margaret Dixon	f	FV 50		0	0	891	0	891
474	John Beer	m	MV 70	The Stragglers	0	0	0	891	891
475	Esther Stanier	f		Red Rose Road Runners	0	891	0	0	891
476	Kate Peers	f	FV 40		0	890	0	0	890
477	Andy Glen	m	MV 40		890	0	0	0	890
478	Michelle Rushby	f	FV 50	Stainland Lions Running Club	0	889	0	0	889
479	Joe Barnes-Babic	m	U21		0	0	889	0	889
480	Geraldine O'Kane	f		Chorlton Runners	889	0	0	0	889
481	Emma Frost	f			888	0	0	0	888
482	Charlotte Smallwood	f	FV 40		0	0	888	0	888
483	Karen Lee	f	FV 50		0	0	887	0	887
484	Jenny Howorth	f	U25		887	0	0	0	887
485	Nicole Nagle	f	U25		0	0	886	0	886
486	Stewart Pyrah	m	MV 60		0	885	0	0	885
487	Robin Howson	m			885	0	0	0	885
488	John Harris	m	MV 40		0	0	885	0	885
489	Eleanor Forshaw	f	U25		884	0	0	0	884
490	Katy Hulme	f			0	883	0	0	883
491	Andrew Henworth	m	MV 50		0	0	883	0	883
492	Jon Munday	m			882	0	0	0	882
493	Betty O'boyle	f	U21	St Gregory's Catholic High School	0	0	882	0	882
494	Jeff Tosh	m	MV 40		881	0	0	0	881
495	Sandra Hutchinson	f	FV 50		0	0	880	0	880
496	Julia Cunliffe	f	FV 70	WOTR Kendal	0	880	0	0	880
497	Helen Tucker	f	FV 40		880	0	0	0	880
498	Dave Thompson	m	MV 60		879	0	0	0	879
499	Stephen Cruickshank	m	MV 50		878	0	0	0	878
500	Mark Aldam	m	MV 60		0	878	0	0	878
501	Tom Hipwell	m			877	0	0	0	877
502	Lisa Nichols	f	FV 50		0	0	0	877	877

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
503	Isabelle Harrison	f	U25		0	877	0	0	877
504	John Walter	m	MV 70		0	0	876	0	876
505	Clare Laybourn	f	FV 50		0	876	0	0	876
506	Victoria Hatton	f	FV 50		0	875	0	0	875
507	Caitlin Fawkes	f	U25		0	0	0	875	875
508	Stephen Buston	m	MV 50	Thornton Cleveleys Running Club	0	874	0	0	874
509	Samantha Sunderland	f	FV 50		0	0	0	874	874
510	Greg Jones	m	MV 40		874	0	0	0	874
511	Bob Preston	m	MV 50		0	0	874	0	874
512	Clare Moody	f	FV 50	Smiley Paces	0	0	0	873	873
513	Phil Hayes	m	MV 50	TCRC	0	873	0	0	873
514	Jessica Beattie	f	FV 40		0	0	873	0	873
515	Harry Bower	m	MV 50		873	0	0	0	873
516	Alison Hodges	f	FV 50	Blackhill Bounders	0	0	0	872	872
517	Simon Nicholson	m		Nob End RC	872	0	0	0	872
518	Clare Cooper	f	FV 50	Belper Harriers	0	872	0	0	872
519	Katie Hanson	f		Selby striders	871	0	0	0	871
520	Brian Richardson	m	MV 60	Blackhill Bounders	0	0	0	871	871
521	Steve Burgess	m	MV 60	Thornton Cleveleys	0	871	0	0	871
522	Michele Philp	f	FV 40		0	0	871	0	871
523	Stephen Hanson	m	MV 40		870	0	0	0	870
524	Joanna Taylor	f			0	870	0	0	870
525	Mary Entwistle	f	FV 50		0	869	0	0	869
526	Kate Turnbull	f	FV 40		0	0	0	869	869
527	Shelley Regan	f	FV 40		0	0	0	868	868
528	Fran Mckee	f			0	0	868	0	868
529	Jo Fee	f	FV 50	CFR	867	0	0	0	867
530	Chris McKee	m			0	0	867	0	867
531	Simon Forshaw	f	FV 50		866	0	0	0	866
532	Tony Orr	m	MV 60		0	0	865	0	865
533	Rowan Smith	m			865	0	0	0	865
534	Amanda Cirelli	f	FV 50		0	865	0	0	865
535	Sarah Hall	f	FV 40	Roundhay Runners	0	0	864	0	864
536	John Gatt	m	MV 40		863	0	0	0	863

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
537	Martha Henocq	f	FV 40	Smiley Paces	0	0	0	862	862
538	Laurence Allan	m			862	0	0	0	862
539	Hannah March	f			0	0	862	0	862
540	Tiff Mccullough	f			861	0	0	0	861
541	Emily Topping	f			0	861	0	0	861
542	Andy Johnson	m			0	0	861	0	861
543	Rachel Savage	f	FV 40	Smiley Paces	0	0	0	860	860
544	Matt Barker	m	MV 50	Tri-Rivington	0	860	0	0	860
545	Austin Trelfa	m	MV 60	Red Rose Road Runners	860	0	0	0	860
546	Ruth Lilliot	f	FV 60		0	0	859	0	859
547	Steve Parkes	m	MV 60		859	0	0	0	859
548	Angie Wright	f	FV 50	Smiley Paces	0	0	0	859	859
549	Tracey Shaw	f	FV 40		858	0	0	0	858
550	Amy Smithson	f			0	858	0	0	858
551	Jasmin Howard	f		Furness Fell Runners	0	0	857	0	857
552	Andrew Marshall	m	MV 40		0	857	0	0	857
553	Sarah Calvert Calvert	f			0	0	855	0	855
554	Rach Stavert	f	FV 50		0	855	0	0	855
555	Chris Armitage	m			855	0	0	0	855
556	Jamie Armitage	f			854	0	0	0	854
557	Isabel Gaytan	f			0	0	854	0	854
558	Richard Sabey	m	MV 50		853	0	0	0	853
559	Penny Carroll	f	FV 60		0	0	0	853	853
560	Nicky Ball	f	FV 50		0	853	0	0	853
561	Rachel Service	f			0	0	852	0	852
562	Lily Graham	f	U21		0	0	0	852	852
563	Emily James	f	FV 40		0	851	0	0	851
564	Elinor Doherty	f	FV 40	New Mills Jolly Joggers	0	0	0	851	851
565	Vikki Wrigley	f	FV 40	Thornton Cleveleys running club	0	850	0	0	850
566	Suesanne Samara	f			0	0	0	850	850
567	Sophie Belghazi	f			0	0	0	849	849
568	Judith Barker	f	FV 50		849	0	0	0	849
569	Audrey Gresty	f	FV 60	Thornton Cleveleys Running Club	0	849	0	0	849
570	Jen Royle	f	FV 50	Running4CF	0	0	0	848	848

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
571	Susan McGhee	f	FV 50		0	0	848	0	848
572	Karen Hopper	f	FV 40		848	0	0	0	848
573	Catherine Maclachlan	f	FV 50	Lytham St Anne's Road Runners	0	848	0	0	848
574	Yasmin Porter-bee	f			0	847	0	0	847
575	Jennifer Yin	f			847	0	0	0	847
576	Hayley Cook	f			0	0	0	847	847
577	Diane Wood	f	FV 50	Durham City Harriers	0	0	847	0	847
578	Fiona Jackson	f	FV 40		0	846	0	0	846
579	Dionne Hamil	f	FV 40	Durham City Harriers	0	0	846	0	846
580	Matthew Mchugh	m			845	0	0	0	845
581	Lucy Johnson	f	FV 40		0	845	0	0	845
582	catherine jarvis	f	FV 40	Durham city harriers	0	0	845	0	845
583	suzanne Corlett	f	FV 50		0	0	843	0	843
584	Jennifer Pugh	f	FV 40		843	0	0	0	843
585	Andrea Graham	f	FV 50		0	0	0	843	843
586	Jenny Clare	f	FV 60		0	842	0	0	842
587	Jayne Parker-Weir	f	FV 50	DCH RunClub	842	0	0	0	842
588	Sharon Donald	f	FV 40	DCH Run Club	841	0	0	0	841
589	Nicky Grace	f	FV 40		0	0	841	0	841
590	Andy Goodson	m	MV 60		0	841	0	0	841
591	Andrea Counce	f	FV 40		840	0	0	0	840
592	Cat Altounyan	f			0	840	0	0	840
593	Alison Rayner	f	FV 50		0	839	0	0	839
594	matt Stapley	m			0	0	839	0	839
595	Anita Hall	f	FV 50	St Helens Striders	838	0	0	0	838
596	Laura Stapley	f			0	0	838	0	838
597	Anita Kirkman	f	FV 50		0	838	0	0	838
598	Jane Hill	f	FV 50		0	0	837	0	837
599	Hannah Ashford	f	FV 40		837	0	0	0	837
600	Fiona O'brien	f	FV 50	Jog On The Tyne	0	0	0	837	837
601	darren ashford	m	MV 40		836	0	0	0	836
602	John Swarbrick	m			0	835	0	0	835
603	Rachael Price	f	FV 40		0	0	834	0	834
604	Lisa Leigh	f	FV 40		0	0	0	834	834

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
605	Robyn Lomas	f			0	832	0	0	832
606	Dan Babic	m	MV 60		0	0	832	0	832
607	Jean Turner	f	FV 60	Telford Harriers	831	0	0	0	831
608	James Formstone	m	MV 40		0	831	0	0	831
609	Keith Burlison	m	MV 50		830	0	0	0	830
610	Sarah Ibbotson	f	FV 40		0	0	0	829	829
611	Sara Williamson	f	FV 50	Chorlton Runners	829	0	0	0	829
612	Martin Buttkereit	m	MV 40		0	0	828	0	828
613	Claire Athis	f	FV 50		0	828	0	0	828
614	Beth Sunderland	f	U25		0	0	0	828	828
615	Ella Sunderland	f	U21		0	0	0	827	827
616	Clare Egan	f			0	827	0	0	827
617	Caroline Mack	f	FV 50		827	0	0	0	827
618	Amanda Anderson	f	FV 50		826	0	0	0	826
619	Zoe Clarke	f	FV 60		0	0	826	0	826
620	Grace Constance-main	f			0	826	0	0	826
621	Claire Howarth	f	FV 40	Chorlton Runners	0	0	0	826	826
622	Tracey Long	f	FV 50		825	0	0	0	825
623	Sharron Swales	f	FV 40		0	0	0	825	825
624	Dawn Kaveney	f	FV 40		0	0	825	0	825
625	Benjamin Howell	m			0	825	0	0	825
626	Melanie Burton	f	FV 40		0	824	0	0	824
627	Charles Satterly	m	MV 50	Lancaster & Morecambe A/c	824	0	0	0	824
628	Bruce Goodwin	m	MV 60		0	0	0	824	824
629	Karen Quan-soon	f	FV 60		0	823	0	0	823
630	Jindalae Armitage	f			823	0	0	0	823
631	Sophie Williams	f			822	0	0	0	822
632	Lynn Boylin	f	FV 60	Astley & Tyldesley	0	821	0	0	821
633	Tracy Loughrey	f	FV 50	Astley&tyldesley Road Runners	0	820	0	0	820
634	Jennifer Reeve	f	FV 40		820	0	0	0	820
635	Kit Erlebach	m	MV 50	Durham City Harriers	0	819	0	0	819
636	Carolyn Wright	f	FV 40		0	0	0	819	819
637	Sarah Erlebach	f	FV 50	Mums on the Run	0	818	0	0	818
638	Phil Ross	m	MV 60		818	0	0	0	818

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
639	Jennie Davies	f	FV 70	Women On The Run	0	817	0	0	817
640	Gavin Spickett	m	MV 60	Tynedale Harriers	817	0	0	0	817
641	stuart taylor	m	MV 40		816	0	0	0	816
642	Helen Moulton	f	FV 50		0	816	0	0	816
643	Gillian O'boyle	f	FV 50		0	0	815	0	815
644	Nick Kaufmann	m	MV 60		0	0	0	815	815
645	Catherine Cooper	f	FV 50	Lyme Runners	815	0	0	0	815
646	Stacey Williams	f	FV 40		0	0	814	0	814
647	Matt West	m	MV 50		0	0	0	814	814
648	Isobel Moore	f	U25		0	814	0	0	814
649	Carol Graham	f	FV 50		814	0	0	0	814
650	Cheryl Chaffe	f	FV 50		0	0	813	0	813
651	Rosalyn Turner	f	FV 60	WOTR	0	813	0	0	813
652	Dean Saggars	m	MV 40		813	0	0	0	813
653	Sarah McIntosh	f	FV 40		812	0	0	0	812
654	Clare Clarke	f	FV 50	Evenwood Road Runners	0	0	0	812	812
655	Simone Connor	f	FV 50		0	811	0	0	811
656	Michelle Wallace	f	FV 40		0	0	0	811	811
657	Gavin Miskelly	m	MV 50	Arunners	811	0	0	0	811
658	Lorna Schmidt	f	FV 50	Arunners	810	0	0	0	810
659	Kirk Connor	m	MV 50		0	810	0	0	810
660	Gail Richards	f	FV 40	Evenwood Road Runners	0	0	0	810	810
661	Lesley McGrail	f	FV 40	St Helens Striders	809	0	0	0	809
662	Phil Dixon	m	MV 50		0	0	809	0	809
663	Tony France	m	MV 60		0	0	0	808	808
664	Allanah Bird	f	FV 50		0	808	0	0	808
665	Hannah Hobson	f			807	0	0	0	807
666	Deb Spendlove	f	FV 50		0	807	0	0	807
667	Anita France	f	FV 50	Parbold Pink Panthers	0	0	0	807	807
668	Despina Smith	f	FV 40	Didsbury Mums on the Run	0	806	0	0	806
669	Peter Stockdale	m	MV 40	Carlisle Tri	806	0	0	0	806
670	Luke Davis	m			0	0	0	806	806
671	Carmel Woods	f	FV 60		0	0	806	0	806
672	Samuel Robinson	m	U25		0	0	0	805	805

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
673	Paul Woods	m	MV 60		0	0	805	0	805
674	Catherine Roche	f			805	0	0	0	805
675	Carrie Courtney	f	FV 50	Blackpool Freedom Runners	0	805	0	0	805
676	Tom Omalley	m			0	804	0	0	804
677	Emma Bell	f			0	0	0	804	804
678	Jane Marshall	f	FV 50	York Acorn Running Club	0	803	0	0	803
679	Linda Coffey	f	FV 70	Darwen Dashers	0	0	803	0	803
680	JODIE STOTT	f	FV 40		803	0	0	0	803
681	Carole Whiteley	f	FV 60	Women On The Run Kendal	0	802	0	0	802
682	Sophie Pryke	f			0	0	801	0	801
683	Sara Summers	f	FV 50		0	0	800	0	800
684	Judith Cansfield	f	FV 50		0	0	799	0	799
685	Christina Howarth	f			0	799	0	0	799
686	Ruth Wood	f			0	0	0	798	798
687	Emily Howarth	f			0	798	0	0	798
688	Caroline Bones	f	FV 40		797	0	0	0	797
689	Bjorgvin Vigfusson	m			0	797	0	0	797
690	Amanda Berry	f	FV 60	Red Rose Road Runners	0	0	0	797	797
691	Rosemary WEBSTER	f	FV 50	head torches	0	0	796	0	796
692	Leo Pyrah	m			0	796	0	0	796
693	John Wiseman	m	MV 50	Red Rose Road Runners	0	0	0	795	795
694	Hilary Beach	f	FV 50		0	795	0	0	795
695	Karen Culshaw	f	FV 40	Penny Lane Striders	795	0	0	0	795
696	Claire Knowles	f	FV 40	Jog On The Tyne	0	0	0	794	794
697	Angela McGough	f	FV 40		0	794	0	0	794
698	Joyce Hill	f	FV 60		0	0	793	0	793
699	Deborah Williams	f	FV 50	Jog On The Tyne	0	0	0	793	793
700	Marie O'Brien	f	FV 50	Birstall Running Club	0	792	0	0	792
701	Alison Leach	f	FV 70		0	0	792	0	792
702	Collette Eames	f	FV 60	JogOnTheTYne	0	0	0	791	791
703	Ursula Collie	f	FV 60		0	791	0	0	791
704	Vikki Maltman	f	FV 40		791	0	0	0	791
705	SUE CASH	f	FV 70	Wirral Vikings TRC	0	0	791	0	791
706	Julie Tate	f	FV 60	Thornton Cleveleys running club	0	790	0	0	790

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
707	Jess Wilson	f			790	0	0	0	790
708	LOUISE WAINWRIGHT	f	FV 50	hornton CLEVELEYS RUNNING CLUB	0	789	0	0	789
709	James Laking	m			788	0	0	0	788
710	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	0	788	0	0	788
711	Laura Sweeting	f			0	787	0	0	787
712	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	786	0	0	0	786
713	Edgar Buhl	m	MV 40		0	786	0	0	786
714	Lorraine Hawkins	f	FV 50		785	0	0	0	785
715	Elizabeth Barrett	f	FV 50		0	785	0	0	785
716	David Rosen	m	MV 60	Lancaster & Morecambe AC	0	784	0	0	784
717	Stuart Milne	m			0	0	784	0	784
718	Jim Hawkins	m	MV 50		784	0	0	0	784
719	Holly Seeger	f			0	0	783	0	783
720	Alexia Taylor	f	FV 40		783	0	0	0	783
721	Brenda Lowry	f	FV 50		0	0	782	0	782
722	Ben Mitchell	m	MV 40		0	782	0	0	782
723	Sam Robson	f	FV 60	N/a	781	0	0	0	781
724	Jack Brookes	m	U21	Tarleton Academy	0	780	0	0	780
725	Jan Molyneux	m	MV 50		0	0	779	0	779
726	Neil Warren	m			0	779	0	0	779
727	Sam Leeming	m			0	778	0	0	778
728	Shannon Perry	f	U25		777	0	0	0	777
729	Christopher Brookes	m	MV 40		0	777	0	0	777
730	Bev Ensor	f	FV 40	Smiley Paces	0	0	777	0	777
731	Bruce Austin	m	U21		0	775	0	0	775
732	Eric Austin	m	U21		0	774	0	0	774
733	Chris Hutchinson	m	MV 60		0	0	774	0	774
734	Michelle Thompson	f	FV 50		0	773	0	0	773
735	Lucy Clarkson	f			0	771	0	0	771
736	John Bibby	m	MV 40		0	0	771	0	771
737	Michelle Green	f	FV 40		0	0	770	0	770
738	Dave Raynor	m	MV 60	Red Rose Road Runners	0	770	0	0	770
739	Lauren Swarbrick	f	FV 40		0	0	769	0	769
740	Barney Smith	m	MV 50		769	0	0	0	769

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
741	Paul Scally	m	MV 50	Llangollen running club	0	768	0	0	768
742	Karen Wilkinson	f	FV 50		0	0	768	0	768
743	Ian Staerck	m	MV 40		768	0	0	0	768
744	Ashleigh Stott	f			0	767	0	0	767
745	Anna Hatch	f	FV 60		0	0	767	0	767
746	Alex Leek	m	MV 50		767	0	0	0	767
747	Tim Hatch	m	MV 60		0	0	766	0	766
748	James Conyers	m	MV 50		766	0	0	0	766
749	Sarah McGrath	f	FV 40	Ramsbottom Running Club	0	765	0	0	765
750	Isobel Conyers	f	U21		765	0	0	0	765
751	Amanda Cutler	f	FV 50	Red Rose Road Runners	0	0	765	0	765
752	Andrew Gudgeon	m	MV 50		0	764	0	0	764
753	Peter Jones	m	MV 60	Marsh Lane Harriers	764	0	0	0	764
754	Liza Tattersall	f	FV 50		0	763	0	0	763
755	Mark Sullivan	m	MV 60		0	0	763	0	763
756	Charlotte Liley	f	FV 50		0	762	0	0	762
757	Neil Gordon	m			0	0	761	0	761
758	Helen Patten	f	FV 50	Red Rose Runners	760	0	0	0	760
759	Lewis Sherlock	m			0	0	760	0	760
760	Nicola Machin	f	FV 50		759	0	0	0	759
761	Liam Neill	m			0	0	759	0	759
762	Helen Hetherington	f	FV 70		758	0	0	0	758
763	Angela Wallace	f	FV 50	Adwick Tri	0	758	0	0	758
764	Matt Brash	m			0	0	757	0	757
765	Gail Rason	f	FV 50		0	757	0	0	757
766	Dave Cope	m	MV 70		757	0	0	0	757
767	Chris Pearson	m	MV 60		756	0	0	0	756
768	Derek Delaney	m	MV 60		0	756	0	0	756
769	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	0	755	0	0	755
770	Vicki Buss	f	FV 50		754	0	0	0	754
771	Steve Longney	m	MV 50	Yorkshire Wolds Runners	0	754	0	0	754
772	Emma Sanderson	f	FV 40		753	0	0	0	753
773	Neil Brannelly	m	MV 50		0	752	0	0	752
774	Lucy Owens	f	FV 40	Stockton Striders	0	0	752	0	752

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
775	Chelsey Lightbown	f			752	0	0	0	752
776	Fiona Wilson	f	FV 50		0	751	0	0	751
777	Chris Alder	m	MV 40		0	0	751	0	751
778	Ruth Shooter	f	FV 40	Ruth's Runners	750	0	0	0	750
779	Jessica Jackson	f		Ambleside	0	750	0	0	750
780	Greg Murphy	m	MV 50		749	0	0	0	749
781	Lisa Kirkwood	f			0	749	0	0	749
782	Julie Tweedy	f	FV 50	Billingham Running Club	748	0	0	0	748
783	Emma Kirkwood	f			0	748	0	0	748
784	David Watson	m	MV 50	Red Rose Road Runners	747	0	0	0	747
785	Melanie Jerram	f	FV 50		0	0	746	0	746
786	Katya Pell	f			0	746	0	0	746
787	Lucy Brock	f	U25		745	0	0	0	745
788	Jonathan Reeves	m	MV 50		0	0	745	0	745
789	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	0	745	0	0	745
790	Helen Field	f	FV 40	Women on the run	0	744	0	0	744
791	Andy Brock	m	MV 60	St Bees Triers	744	0	0	0	744
792	Jill Hudson	f	FV 60		743	0	0	0	743
793	Jayne Gissing	f	FV 40		0	0	742	0	742
794	Fiona Dridge	f	FV 40		0	741	0	0	741
795	Brad Treloar	m			0	0	741	0	741
796	Sue France	f	FV 50		0	740	0	0	740
797	Morven Walker	f			0	0	740	0	740
798	Kirstin Walker	f			0	0	739	0	739
799	Anne Hurcombe	f	FV 50	Wigan Harriers	0	739	0	0	739
800	Neil Mistry	m			738	0	0	0	738
801	Julie Jerram	f	FV 50		0	0	738	0	738
802	Fiona Headley	f	FV 50		0	738	0	0	738
803	Caron Parkes	f	FV 50		0	737	0	0	737
804	Sean Barton	m	MV 50		0	0	737	0	737
805	Owen Ford	m	U21		737	0	0	0	737
806	Peter Haynes	m	MV 50		0	736	0	0	736
807	Irene Williams	f	FV 50		0	0	736	0	736
808	mark lee	m	MV 50		0	735	0	0	735

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
809	Martyn Cottiss	m	MV 50		735	0	0	0	735
810	Bertie Wooster	m	MV 40		0	0	735	0	735
811	Lauren Ford	f	U21	Washlands Women Runners	734	0	0	0	734
812	John Tierney	m	MV 50		0	734	0	0	734
813	ALEXA WILCOCK	f	FV 40		0	0	734	0	734
814	Laura Wilcock	f			0	0	733	0	733
815	Kate Hore	f	FV 50		0	733	0	0	733
816	Daniel Ford	m	MV 40	Bunfit	733	0	0	0	733
817	Charlotte Twigger	f	FV 40		0	732	0	0	732
818	Ruth Ford	f	FV 40	Washlands Women Runners	732	0	0	0	732
819	David Bayliss	m	MV 40	Red Rose Road Runners	731	0	0	0	731
820	Danielle Walters	f			0	731	0	0	731
821	TREVESSA NEWTON	f	FV 50		730	0	0	0	730
822	Debbie Scott	f	FV 60		0	730	0	0	730
823	Alexis Garland	f	FV 40		0	0	730	0	730
824	Karen Smith	f	FV 50	Ashington Hirst Running Club	729	0	0	0	729
825	Debi Lee	f	FV 50		0	729	0	0	729
826	Chris Lee	m	MV 50		0	728	0	0	728
827	Sally Parker-Kidd	f	FV 40		0	0	727	0	727
828	Christine Frank	f	FV 50		727	0	0	0	727
829	Laura Pentland	f	FV 40		0	0	726	0	726
830	David Sumner	m	MV 60		726	0	0	0	726
831	Lisa Hodgkins	f	FV 50	Penkrigde Runners	0	725	0	0	725
832	Keith Tolley	m	MV 60	High Peak AC	0	0	725	0	725
833	SUE NEEDHAM	f	FV 60	NOTFAST	0	724	0	0	724
834	Lauren Docksey	f		Washlands Women Runners	724	0	0	0	724
835	Flora Maudsley-Barton	f	FV 50	Lymm Runners	0	0	724	0	724
836	Alison Gill	f	FV 50		723	0	0	0	723
837	Steve Needham	m	MV 70	NOTFAST	0	723	0	0	723
838	Gillian Graves	f	FV 60		0	0	723	0	723
839	Justin Gill	m	MV 50	Clayton-le-Moors Harriers	722	0	0	0	722
840	Jane Wheeler	f	FV 50		0	0	722	0	722
841	Alison Scally	f	FV 50		0	722	0	0	722
842	vicky hart	f	FV 40	Dumfries Running Club	721	0	0	0	721

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
843	Stuart Edwards	m	MV 60	Lonely Goat	720	0	0	0	720
844	Mike Simons	m	MV 50		0	720	0	0	720
845	Susan Mutch	f	FV 60		0	0	719	0	719
846	Lesley Chapman	f	FV 60		719	0	0	0	719
847	Cirian-marie Beddoes	f	FV 40		0	719	0	0	719
848	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	718	0	0	0	718
849	Lisa Benbow	f	FV 40		0	718	0	0	718
850	Joyce Hamilton	f	FV 50	Dumfries Running Club	0	0	718	0	718
851	David Britzman	m			717	0	0	0	717
852	Pat Wyke	f	FV 60	Run in Wirral	0	0	716	0	716
853	Iain Wood	m	MV 50		0	716	0	0	716
854	Tracey Preston	f	FV 50		0	0	715	0	715
855	Sandra Robinson	f	FV 40	Manchester Ymca Harriers	0	715	0	0	715
856	Rhona Malcolm	f			714	0	0	0	714
857	Kate Wilkinson	f	FV 60	Jog on tyne	0	0	714	0	714
858	Zoe Bridges	f	FV 50	Trail Running Association	713	0	0	0	713
859	Gill Morgan	f	FV 50	A&T running club	0	713	0	0	713
860	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	0	712	0	0	712
861	Rachel Bellwood	f			710	0	0	0	710
862	Andrea Jones	f	FV 50		0	710	0	0	710
863	Lucy Bowman	f	U21		709	0	0	0	709
864	Jackie Routledge	f	FV 60	Thornton Cleveleys	0	708	0	0	708
865	Catherine Bowman	f	FV 40	Smiley Paces	708	0	0	0	708
866	Christine Robinson	f	FV 60		707	0	0	0	707
867	Luke Hough	m			706	0	0	0	706
868	Sally Nuttall	f			705	0	0	0	705
869	Christine Burgess	f	FV 60	Thornton Cleveleys Running Club	0	705	0	0	705
870	Holly Unsworth	f			0	704	0	0	704
871	Kim Winstanley	f			704	0	0	0	704
872	Karen Braddon	f	FV 70	Crocwalkers	0	702	0	0	702
873	Jon Hurst	m	MV 50		0	701	0	0	701
874	Shaun Mccullough	m	MV 50		700	0	0	0	700
875	annie hurst	f	FV 50		0	700	0	0	700
876	Heidi Atkins	f	FV 50	Tri Preston	699	0	0	0	699

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
877	Joanna Whitear	f			698	0	0	0	698
878	ROLAND Whitear	m			697	0	0	0	697
879	Mark Nicholls	m			696	0	0	0	696
880	Kalpani Vitharana	f			695	0	0	0	695
881	Catherine Aitken	f	FV 60		694	0	0	0	694
882	Charlotte Tweddle	f	FV 50	Eden Runners	691	0	0	0	691
883	Jennie Eklund	f			690	0	0	0	690
884	Ellie Bailey	f			689	0	0	0	689
885	Amy Derbyshire	f			688	0	0	0	688
886	Niki Roberts	f	FV 40		687	0	0	0	687
887	Amy Britton	f			684	0	0	0	684
888	Fiona Tidbury	f	FV 60	Eden Runners	683	0	0	0	683
889	Claire Leighton	f	FV 40	Ashington Hirst Running Club	682	0	0	0	682
890	Christine Sutherland	f	FV 60		681	0	0	0	681
891	garry grimes	m	MV 50		680	0	0	0	680
892	jeanette grimes	f	FV 60		679	0	0	0	679
893	Sue Johnson	f	FV 60	Stafford Harriers	678	0	0	0	678
894	Sarah Greaves	f	FV 40		677	0	0	0	677
895	Karen Chandisingh	f	FV 50		676	0	0	0	676
896	Helen Jones	f	FV 40		675	0	0	0	675
897	Richard Macfarlane	m	MV 40		673	0	0	0	673
898	Rosa Elliott	f	FV 60	Girls That Jeff	670	0	0	0	670
899	Kathryn Lees	f	FV 40		668	0	0	0	668
900	Lorna Vickery	f	FV 50		667	0	0	0	667
901	Sue Parker	f	FV 40		666	0	0	0	666
902	Laurence Campbell	f	FV 50		665	0	0	0	665
903	Moyna Milne	f	FV 50		662	0	0	0	662
904	Tina Pye	f	FV 40		661	0	0	0	661
905	Lucy Richardson	f			660	0	0	0	660