

Lakeland Trails 2023 Series Championships - 10k Trail Run Series - Autumn



Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
1	Karl Dickenson	m		Lonely Goat Rc	997	997	998	997	3989
2	Ronnie Haddow	m	MV 50	Furness Fell Runners	995	992	991	993	3971
3	Gary O'Neill	m	MV 40	Furness Fell Runners	993	990	992	992	3967
4	Mark Wilson	m	MV 50	No Drama Llamas Running	936	966	947	973	3822
5	David Chow	m	MV 50	Eden runners	922	951	934	933	3740
6	Shirley Spratt	f	FV 60		862	914	905	912	3593
7	Mart Kissick	m	MV 40		851	905	890	907	3553
8	Claire Smith	f	FV 40	North Shields Poly	834	868	871	913	3486
9	Lee Johnston	m	MV 50		865	865	857	895	3482
10	Matthew Almond	m	MV 40		819	879	884	888	3470
11	Chloe Almond	f		Lancaster Runners	820	880	859	889	3448
12	Nicola Stanley	f	FV 50		802	840	887	896	3425
13	Mark Shaw	m	MV 50		813	852	856	885	3406
14	Brian Winder	m	MV 70	Darwen Running Group	716	816	809	870	3211
15	Sian Saxby	f	U21	DCH Run Club	749	799	789	832	3169
16	Dawn Saxby	f	FV 50	DCH Run Club	748	800	788	831	3167
17	Paul Thornton	m	MV 50		739	785	784	818	3126
18	Helen Craven	f	FV 50		708	796	767	842	3113
19	mark taylor	m	MV 60	udenshaw asthmatics running socie	704	762	741	823	3030
20	Stephen Walker	m	MV 40	Tadcaster Harriers	998	0	999	998	2995
21	Macauley Bond	m			994	0	996	995	2985
22	Rachel Crow	f		BFR	987	981	969	0	2937
23	Edwina Rickards Collinson	f	FV 60	Crocwalkers	678	716	717	799	2910
24	Jaclyn Gray	f	FV 40		667	712	714	788	2881
25	Ralph Liddell	m	MV 70	Eden Runners	955	0	953	965	2873
26	david CARTER	m	MV 50		911	0	915	944	2770

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
27	Mandy Bond	f	FV 50		860	918	0	925	2703
28	Andrea Lancaster	f	FV 40		854	0	888	905	2647
29	Graeme Atkinson	m	MV 50		801	904	901	0	2606
30	Helen Jones	f	FV 40		0	872	889	820	2581
31	Deborah Thorneycroft	f	FV 50		879	896	795	0	2570
32	Anna Howard	f		Tadcaster Harriers	844	0	824	887	2555
33	Jayne Dore	f	FV 50		758	863	891	0	2512
34	Richard Campbell	m	MV 40		793	857	861	0	2511
35	Rebecca Modeley	f			0	838	787	886	2511
36	Gillian Felton	f	FV 50		797	0	815	890	2502
37	Katie Welch	f	FV 50		751	0	840	904	2495
38	Tina Gee	f	FV 60		745	0	811	865	2421
39	Danny Thompson	m	MV 60		741	0	786	867	2394
40	Catherine Betley	f	FV 40	N/a	762	759	790	0	2311
41	Charlotte Bennett	f	U25		0	737	731	821	2289
42	Josephine LOUISE Walsh	f	FV 50	Red Rose Road Runners	746	769	765	0	2280
43	Davina Bowling	f	FV 70	Redrose Road Runners	0	705	710	796	2211
44	Christine Richards	f	FV 50		666	0	715	802	2183
45	David Hatch	m			0	0	1000	999	1999
46	Chris Gray	m	MV 40	Tri Lakeland	0	995	997	0	1992
47	Andrew Carr	m		Westerlands CCC	0	996	0	994	1990
48	Steve Jones	m	MV 40		981	0	990	0	1971
49	Mike Mckee	m	MV 40		0	984	983	0	1967
50	Stephen Entwistle	m	MV 60	Wirral Vikings TRC	0	0	979	988	1967
51	Helen Johnson	f	FV 50	Wirral Vikings	0	0	967	986	1953
52	Tom Halliwell	m		Nob End Run club	967	0	0	985	1952
53	Andrew Mackenzie	m	MV 50		0	0	971	979	1950
54	Martyn Anderton	m		Nob end running club	962	0	0	981	1943
55	Jennifer Coakley	f			0	0	961	975	1936
56	Kevin McLelland	m	MV 40		0	0	956	980	1936
57	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	965	968	0	0	1933
58	Peter Gibb	m	MV 40		0	0	952	972	1924
59	Anton Moss	m			0	957	0	962	1919
60	Mark Wilding	m	MV 50		0	959	958	0	1917

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
61	Simon Byrne	m	MV 40	St Bees Trier	966	0	951	0	1917
62	Tanya Blake Miller	f	FV 40		934	0	981	0	1915
63	Spencer Reynolds	m	MV 40	Wirral Viking's	0	0	943	969	1912
64	Colin Howard	m	MV 60	Furness Fell Runners	948	963	0	0	1911
65	Peter EVANS	m	MV 50	Kings heath rc	0	0	946	959	1905
66	Ray Padgett	m	MV 70		956	948	0	0	1904
67	Melissa Gorst	f			0	0	925	976	1901
68	Pamela Booth	f	FV 40	Wirral Vikings TRC	0	0	940	961	1901
69	Mark Cowan	m	MV 40	Wirral Vikings Trc	0	0	938	953	1891
70	David Taylor	m	MV 60	Cheshire Hash House Harriers	0	0	933	956	1889
71	Phil Temple	m	MV 40		928	952	0	0	1880
72	Nicola Hughes	f			918	960	0	0	1878
73	Joanne Preston	f	FV 50	Wirral Vikings TRC	0	0	921	954	1875
74	Caroline D'Arcy	f	FV 50		926	947	0	0	1873
75	Nick Lewer	m	MV 70		0	928	0	938	1866
76	Sally Caton	f	FV 40	Stainland Lions Running Club	933	0	931	0	1864
77	Simon Cowling	m	MV 40		0	935	929	0	1864
78	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	920	941	0	0	1861
79	Sarah Ward	f		Abbey Runners	0	938	918	0	1856
80	Dawn Chilton	f	FV 50		0	0	917	939	1856
81	Victoria Eze	f	FV 60	Hampstead Heath Park Run	0	0	914	928	1842
82	Martin Fu	m			893	0	932	0	1825
83	Harry Vaneris	m	MV 40		977	847	0	0	1824
84	Andrew Walmsley	m	MV 50		0	911	904	0	1815
85	Julie EVANS	f	FV 50	Kings heath rc	0	0	895	919	1814
86	Jo Storey	f	FV 40	Jogonthetyne	0	0	911	879	1790
87	Belinda Schofield	f	FV 50		875	909	0	0	1784
88	Andrew Eaton	m	MV 40		0	890	893	0	1783
89	Jacq Charles	f	FV 40	Wirral Vikings Trc	0	0	867	914	1781
90	Robbie Shuttleworth	f		Nob End Run Club	828	0	0	943	1771
91	David Hurst	m	MV 50		827	0	0	940	1767
92	Mark Gean-Hughes	m	MV 50		0	0	849	918	1767
93	Richard Clements	m	MV 50	Hip Replacement Runners	871	888	0	0	1759
94	Ellie Murray	f	U25		881	878	0	0	1759

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
95	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	0	864	892	0	1756
96	Gill Hindle	f	FV 50	Jog On The Tyne	0	0	910	840	1750
97	Martin Bates	m	MV 60	Wesham Road Runners	0	0	864	878	1742
98	Toby Brothers	f	FV 50	Hampstead Heath Park Run	0	0	845	883	1728
99	Robert Myatt	m	MV 50		823	897	0	0	1720
100	Julie Thomas	f	FV 50	Hampstead Health Park Run	0	0	836	884	1720
101	Yolande Clarke	f	FV 50	St Bees Triers	838	877	0	0	1715
102	Ben Higginson	m	MV 60	Preston Harriers	850	861	0	0	1711
103	Helen Lester	f	FV 50	Wirral Vikings	0	0	822	881	1703
104	Emily Astley	f	FV 40	Wirral Vikings	0	0	821	882	1703
105	Peter Burlingham	m	MV 40		0	0	804	897	1701
106	Robert Shanahan	m	MV 50	Wirral Viking	0	0	820	880	1700
107	Jayne Batt	f	FV 60		833	867	0	0	1700
108	Rachel Summers	f	FV 50		0	839	854	0	1693
109	Hazel Ward	f	FV 60	Jog On The Tyne	0	0	848	839	1687
110	John Gore	m	MV 40	Rochdale Tri Club	0	0	776	910	1686
111	Susanne Parry	f	FV 50		811	0	873	0	1684
112	Louisa Graham	f	FV 40		800	0	878	0	1678
113	Karen Harper	f	FV 50	Sytal Running Club	843	0	834	0	1677
114	Nicole Spibey	f	FV 40		0	822	0	854	1676
115	Basia Nowak	f	FV 40		0	820	0	855	1675
116	Helen Newman	f	FV 50		0	0	812	856	1668
117	Patricia Hynes	f	FV 60		0	0	802	857	1659
118	Dawn Fahy	f	FV 60		0	0	791	858	1649
119	Yvette Mccracken	f	FV 50	Smiley Paces	0	0	785	861	1646
120	Ben Brock	m	U25		806	835	0	0	1641
121	Chris Cuinu	m	MV 50		783	0	0	846	1629
122	Lada Cuinu	f	FV 50		784	0	0	845	1629
123	Peter Reed	m	MV 70	Northumberland Fell Runners	0	856	771	0	1627
124	Louise Roberts	f	FV 50	Border Reavers	759	0	0	866	1625
125	Natasha Cruickshank	f	FV 40		0	828	792	0	1620
126	Elaine Coupland	f	FV 60	Jog On The Tyne	0	0	782	838	1620
127	Carol Cox	f	FV 50		786	0	832	0	1618
128	Simon Turgoose	m	MV 50	Oldham & Royton Harriers AC	0	0	777	835	1612

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129	Victoria Wilding	f	FV 50		0	806	805	0	1611
130	Alison Pye	f	FV 40		754	0	851	0	1605
131	Gerry Garvey	m	MV 50	Muddy Boots Nursery	757	0	0	844	1601
132	David Battersby	m	MV 50		720	0	0	876	1596
133	Rosalie Liddell	f	FV 60	Eden Runners	782	0	813	0	1595
134	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	0	807	783	0	1590
135	Kirstie Miller	f	FV 50	Jog on the Tyne	0	0	749	841	1590
136	Laura Leitch	f			753	833	0	0	1586
137	Julie Luckman	f	FV 50	Oldham and Royton Harriers	0	0	747	836	1583
138	Faith Firkins	f	FV 50	Lancaster & Morecambe AC	781	0	797	0	1578
139	Caitlin Stokes	f	U25		0	754	0	822	1576
140	Tony Fahy	m	MV 70		0	0	761	809	1570
141	Ann Myatt	f	FV 60	Cheadle	0	834	729	0	1563
142	Deborah Mackay	f	FV 50	Wirral Viking TRC	0	0	743	817	1560
143	Catherine Ball	f	FV 50	Wirral Viking Trc	0	0	751	801	1552
144	Lizzie Coleshill	f	FV 60		0	0	735	816	1551
145	Colin Burnett	m	MV 60		0	0	750	800	1550
146	Claire Penhallurick	f	FV 40	Lonely Goat Running Club	766	0	778	0	1544
147	Helen Bowerman	f	FV 50		718	824	0	0	1542
148	Julie Murrell	f	FV 50		0	0	748	792	1540
149	Jules Telford	f	FV 60		706	0	0	833	1539
150	Ruth Hunneysett	f	FV 40	Jog on the Tyne	0	0	738	790	1528
151	Stephen Perry	m	MV 60	Lancaster and Morecambe ac	727	0	799	0	1526
152	Anna Richings	f	FV 50	Lancaster and Morecambe ac	726	0	798	0	1524
153	Ashley Smith	m	MV 50		660	0	0	864	1524
154	Sarah Parker	f	FV 40	Jog on The Tyne	0	0	734	789	1523
155	Jennie Smith	f	FV 50		659	0	0	863	1522
156	Richard Newman	m	MV 50		0	0	716	803	1519
157	Mark Tomlinson	m	MV 60	12	719	798	0	0	1517
158	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	730	784	0	0	1514
159	Neil Bower	m	MV 50		723	790	0	0	1513
160	Jo Lally	f	FV 50	Jog on The Tyne	717	789	0	0	1506
161	Helen Helme	f	FV 40		747	0	757	0	1504
162	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	0	0	713	787	1500

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163	John Melling	m	MV 60		669	0	0	830	1499
164	Jane Malcolm	f	FV 50	Jogscotland	0	0	712	786	1498
165	Edward Melling	m	MV 60		684	0	0	813	1497
166	Jackie Frank	f	FV 40		722	0	770	0	1492
167	Julie Kelly	f	FV 60	St Bees Triers	729	758	0	0	1487
168	Jo Perry	f	FV 40		725	0	758	0	1483
169	Joanne Lewis	f	FV 50		721	0	760	0	1481
170	Vicky Evans	f	FV 50		0	744	736	0	1480
171	Katie Wishart	f	FV 50		0	741	733	0	1474
172	Rebecca Davies	f			0	729	724	0	1453
173	Georgina Briffett	f	FV 40	Dallam Running Club	692	0	752	0	1444
174	Jacqueline Shore	f	FV 60		685	755	0	0	1440
175	Tony Seddon	m	MV 50		689	730	0	0	1419
176	Linda Farquhar	f	FV 70	St Bees Triers	682	721	0	0	1403
177	Yvonne Leech	f	FV 60	St. Bees Triers	674	706	0	0	1380
178	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	662	709	0	0	1371
179	Bev Mason	f	FV 50	Thornton Cleveleys Running Club	661	710	0	0	1371
180	Matt Newell	m			0	0	0	1000	1000
181	Russell Maddams	m	MV 50	Keswick Ac	1000	0	0	0	1000
182	Laurence Hill	m			0	1000	0	0	1000
183	Lee Procter	m	MV 40	Team inov-8	999	0	0	0	999
184	Darren Coward	m		Glaxo Hoad Hill Harriers	0	999	0	0	999
185	Richard Thomas Jackson-Taylor	m			0	998	0	0	998
186	Matthew Halsall	m		Southport Waterloo	0	0	0	996	996
187	Steven Worsley	m	MV 60	Lancaster and morecambe ac	996	0	0	0	996
188	William Loewenhardt	m			0	0	995	0	995
189	Fergal Duffy	m	MV 50		0	0	994	0	994
190	William Houghton	m		Tyne Bridge Harriers	0	994	0	0	994
191	Bethan Lowe	f	U25		0	993	0	0	993
192	Adam Fox	m	MV 40		0	0	993	0	993
193	Alex Parry	m	U21		992	0	0	0	992
194	Joe Shingleton	m			0	0	0	991	991
195	Tom Willox	m		Helm Hill Runners	991	0	0	0	991
196	Robert Inman	m	MV 40		0	991	0	0	991

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197	Neil Mistry	m			990	0	0	0	990
198	Stephen Newell	m	MV 50	Ilkley Harriers	0	0	0	990	990
199	Ian Davidson	m	MV 50		989	0	0	0	989
200	Michael Williams	m			0	0	989	0	989
201	Andrew Baguley	m	MV 40	Chorlton Runners	0	0	0	989	989
202	Jack Brookes	m	U21	Tarleton Academy	0	989	0	0	989
203	Stuart Parry	m	MV 50	Northern Fells Running Club	0	0	988	0	988
204	Anthony Irving	m	MV 40		988	0	0	0	988
205	Neil Warren	m			0	988	0	0	988
206	Jamie Quan-soon	m	MV 40		0	987	0	0	987
207	Lindsay Bingaman	f			0	0	987	0	987
208	greg simpson	m	MV 40		0	0	0	987	987
209	Daniel McDonagh	m			0	986	0	0	986
210	Robbie Jones	m	MV 50		0	0	986	0	986
211	Owen Ford	m	U21		986	0	0	0	986
212	Adrian Filipek	m			985	0	0	0	985
213	Ben Taylor	m	U21		0	985	0	0	985
214	Chris Percival	m	MV 50		0	0	985	0	985
215	Paul Lewis	m	MV 50		984	0	0	0	984
216	Jonathan Woodhead	m		Allithwaite Running Club	0	0	0	984	984
217	Alex Brown	m			0	0	984	0	984
218	Stephen Hackley	m	MV 40		983	0	0	0	983
219	Lauren Booth	f		Hoad Hill Harriers	0	983	0	0	983
220	Olivia Wiggans	f		Red Rose Road Runners	0	0	0	983	983
221	Sophie Hunt	f			0	0	982	0	982
222	Stephen Pope	m			982	0	0	0	982
223	Charlotte Seward	f		Border Harriers	0	982	0	0	982
224	Anna Hawthorne	f			0	0	0	982	982
225	Jack Ball	m	U25	Settle Harriers	0	980	0	0	980
226	Alan Huggon	m	MV 50	Border Reiver Runners	0	0	980	0	980
227	Jimmy Hark	m	MV 40	Nob end run club	980	0	0	0	980
228	Danny Hirst	m	MV 40	Andems Runners	979	0	0	0	979
229	Sam Leeming	m			0	979	0	0	979
230	Andrew Firkins	m	MV 50	Lancaster & Morecambe AC	978	0	0	0	978

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231	Charlotte Jones	f			0	978	0	0	978
232	Geoff Lowe	m	MV 60	The Herdy Maaa-shal	0	0	0	978	978
233	Cheryl Dean	f	FV 40		0	0	978	0	978
234	Donna Cartwright	f	FV 40	Radcliffe Ac	0	977	0	0	977
235	Paul Jones	m			0	0	0	977	977
236	Matthew Holland	m			0	0	977	0	977
237	Jennifer Casson	f	FV 40		0	976	0	0	976
238	James Spearing	m			976	0	0	0	976
239	Paul Ross	m			0	0	976	0	976
240	Paul Myers	m	MV 50		0	0	975	0	975
241	Justine Patton	f			0	975	0	0	975
242	Martyn Cottiss	m	MV 50		975	0	0	0	975
243	Robert Davies	m	MV 40		974	0	0	0	974
244	John Pyrah	m			0	974	0	0	974
245	Shaun Martin	m			0	0	974	0	974
246	Sean Roddy	m	MV 40		0	0	0	974	974
247	Graham Laybourn	m	MV 50		973	0	0	0	973
248	Imogen Poore	f	U25		0	973	0	0	973
249	Neil Gordon	m			0	0	973	0	973
250	Stephen Jolly	m	MV 60	Allithwaite Running Club	0	972	0	0	972
251	Rob Clayton	m	MV 40	ncaster and Morecambe athletic club	972	0	0	0	972
252	Lewis Sherlock	m			0	0	972	0	972
253	David Kenwright	m	MV 40		971	0	0	0	971
254	Mark Hughes	m	MV 40	Lytham St Annes Road Runners	0	971	0	0	971
255	Adam Rawlings	m			0	0	0	971	971
256	Carl Wild	m	MV 40		970	0	0	0	970
257	Stuart Taylor	m	MV 50		0	970	0	0	970
258	Karen Johnson	f	FV 40		0	0	970	0	970
259	Kevin Harber	m	MV 50		0	0	0	970	970
260	Simon Phillips	m	MV 60		969	0	0	0	969
261	Alex Barnes	m			0	969	0	0	969
262	Pete Davison	m	MV 50	Glaxo Hoad Hill Harriers	968	0	0	0	968
263	Michael Allcock	m			0	0	968	0	968
264	Simon Parker	m	MV 60	Cheshire Hash House Harriers	0	0	0	968	968



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265	Martin Poore	m	MV 50		0	967	0	0	967
266	Anna McGill	f	FV 40		0	0	0	967	967
267	Louis Rainford	m			0	0	966	0	966
268	Mark Broxton	m	MV 50		0	0	0	966	966
269	Lucy Garrod	f	FV 50		0	965	0	0	965
270	Mark Smyth	m	MV 40		0	0	965	0	965
271	Ian Williamson	m	MV 50	Chorlton Runners	964	0	0	0	964
272	Helen Lawrenson	f	FV 50	Blackpool Wyre & fylde AC	0	964	0	0	964
273	Stephen Gilks	m	MV 40		0	0	964	0	964
274	Leanne Elwood	f	FV 40	Smiley paces	0	0	0	964	964
275	David Macgillivray	m	MV 60	Dh Runners	0	0	0	963	963
276	Jodi Marcus	f	FV 40		963	0	0	0	963
277	Liam Neill	m			0	0	963	0	963
278	Ben Jessop	m	MV 40		0	0	962	0	962
279	Matt Roche	m			0	962	0	0	962
280	Peter Harbach	m	MV 50	Carlisle	961	0	0	0	961
281	Christopher Brookes	m	MV 40		0	961	0	0	961
282	Sophie Lawton	f	U25		960	0	0	0	960
283	Katie Oxley	f			0	0	960	0	960
284	Alison McGourty	f	FV 40	Smiley Paces	0	0	0	960	960
285	Emma Lawton	f	U25		959	0	0	0	959
286	Matthew Shepherd	m			0	0	959	0	959
287	John Turner	m	MV 40	Lonely Goat RC	958	0	0	0	958
288	David Parfitt	m			0	958	0	0	958
289	Izzy Turner	f			0	0	0	958	958
290	Jimmy Hark	m			0	0	0	957	957
291	Olivia Burke	f		Nob End	957	0	0	0	957
292	Jose Gonzalez	m			0	0	957	0	957
293	Davinia Jackson	f	FV 40	Thornton Cleveleys Running Club	0	956	0	0	956
294	Clare Edgar	f	FV 40	Lancaster Runners	0	955	0	0	955
295	John Halliday	m			0	0	955	0	955
296	Joanne Boreham	f	FV 50	4 Amigos	0	0	0	955	955
297	Joanne Unsworth	f			0	954	0	0	954
298	Nicholas Bee	m			0	0	954	0	954

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
299	Lauren Ford	f	U21	Washlands Women Runners	954	0	0	0	954
300	Charlene Smith	f			0	953	0	0	953
301	Stephen Parker	m	MV 60		953	0	0	0	953
302	Sam Davis	m			0	0	0	952	952
303	Daniel Ford	m	MV 40	Bunfit	952	0	0	0	952
304	Stephen Biscomb	m	MV 60	Clayton-le-moors	951	0	0	0	951
305	Dave Welch	m	MV 60		0	0	0	951	951
306	Jonathan Fletcher	m	MV 50	Ripon Runner	950	0	0	0	950
307	Sally Healy	f			0	950	0	0	950
308	Ben Howes	m			0	0	950	0	950
309	Graham Livesey	m	MV 40		0	0	0	950	950
310	John Heap	m	MV 40		0	0	949	0	949
311	Thomas Dudley	m			949	0	0	0	949
312	Steven Robinson	m	MV 60	Thornton Cleveleys Running Club	0	949	0	0	949
313	Jeremy Harris	m			0	0	0	949	949
314	Dan Marechal	m			0	0	948	0	948
315	Jenny Milburn	f	FV 40		0	0	0	948	948
316	Peter Jones	m	MV 50		947	0	0	0	947
317	Gill Pomfret	f	FV 50	Smiley Paces	0	0	0	947	947
318	Raymond Riley	m	MV 40		946	0	0	0	946
319	Tom Garrod	m	MV 50		0	946	0	0	946
320	Kerry Trimble	f		Durham Fell Runners	0	0	0	946	946
321	Jason Gane	m	MV 40		945	0	0	0	945
322	Julie Wisely	f	FV 50		0	945	0	0	945
323	Hannah Ives	f			0	0	945	0	945
324	Stephanie Buckton	f			0	0	0	945	945
325	Brenda Rutter	f	FV 50		0	944	0	0	944
326	Judith Wall	f	FV 50	Manchester Triathlon Club	944	0	0	0	944
327	Matt Brash	m			0	0	944	0	944
328	Rachel Khaw	f			0	943	0	0	943
329	Ruth Ford	f	FV 40	Washlands Women Runners	943	0	0	0	943
330	Andrew Baker	m			942	0	0	0	942
331	Eric Roe	m	U25		0	0	942	0	942
332	Mark Austin	m	MV 40		0	942	0	0	942

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
333	Kate White	f	FV 50	Ashbourne Running Club	0	0	0	942	942
334	David Hull	m	MV 60		941	0	0	0	941
335	Steve Roe	m	MV 50		0	0	941	0	941
336	Richard Coley	m	MV 50		0	0	0	941	941
337	David Bayliss	m	MV 40	Red Rose Road Runners	940	0	0	0	940
338	Bruce Austin	m	U21		0	940	0	0	940
339	Jessica Booth	f			939	0	0	0	939
340	James Lilliot	m			0	0	939	0	939
341	Eric Austin	m	U21		0	939	0	0	939
342	Siobhan Riley	f	FV 50		938	0	0	0	938
343	Dickie Felton	m	MV 40		937	0	0	0	937
344	Matthew Eastwood	m			0	0	937	0	937
345	Sarah Lee	f	FV 40	Smiley paces	0	0	0	937	937
346	Michelle Thompson	f	FV 50		0	937	0	0	937
347	Sandra Myers	f	FV 50		0	0	936	0	936
348	Joseph Prudhoe	m	MV 40	N/A	0	936	0	0	936
349	Katy Parker	f	FV 60	Cheshire Hash House Harriers	0	0	0	936	936
350	Michael Lawton	m	MV 50		935	0	0	0	935
351	Tom Clapham	m			0	0	935	0	935
352	Clare McCluskey	f			0	0	0	935	935
353	Dave Greene	m	MV 50	Thornton Cleveleys	0	934	0	0	934
354	Kerry Gray	f	FV 40		0	0	0	934	934
355	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	0	933	0	0	933
356	Thomas Pearson	m			932	0	0	0	932
357	Catherine Wignall	f	FV 40		0	932	0	0	932
358	Helen Macleod	f	FV 40	Eden Runners	0	0	0	932	932
359	TREVESSA NEWTON	f	FV 50		931	0	0	0	931
360	beckie joyce	f	FV 50		0	931	0	0	931
361	Oliver Sloper	m			0	0	0	931	931
362	Julian Burgess	m	MV 40		0	930	0	0	930
363	Rob Chaffe	m	MV 50		0	0	930	0	930
364	Natasha Bleese	f		Nob end run club	0	0	0	930	930
365	Karen Smith	f	FV 50	Ashington Hirst Running Club	930	0	0	0	930
366	Jason Doggett	m			929	0	0	0	929

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
367	James Snutch	m	MV 40		0	929	0	0	929
368	Katie Pollitt	f			0	0	0	929	929
369	David Hill	m			0	0	928	0	928
370	Lynne Carruthers	f	FV 60	Dch	0	0	927	0	927
371	Mark Ogilvie	m	MV 50		927	0	0	0	927
372	Alex Hay	m	MV 50		0	927	0	0	927
373	Amy Rickerby	f	U25		0	0	0	927	927
374	Steve Mason	m	MV 50		0	0	926	0	926
375	Morven Lowe	f	FV 40	Smiley Paces	0	0	0	926	926
376	Lucy Clarkson	f			0	926	0	0	926
377	Callum Grogan	m			0	925	0	0	925
378	Christine Frank	f	FV 50		925	0	0	0	925
379	Seonaid Hume	f			924	0	0	0	924
380	Alanna Buckle	f		Allithwaite Running Club	0	924	0	0	924
381	Ben Melia	m			0	0	924	0	924
382	Hannah Miller	f			0	0	0	924	924
383	Claudia Pagoulatou	f	FV 50	Pensby Runners	0	923	0	0	923
384	Christine Woods	f	FV 60	Durham City Harriers	0	0	923	0	923
385	Sean Fletcher	m			0	0	0	923	923
386	David Sumner	m	MV 60		923	0	0	0	923
387	Stacey Hardy	f			0	0	922	0	922
388	Sarah Sigsworth	f			0	0	0	922	922
389	Dave Raynor	m	MV 60	Red Rose Road Runners	0	922	0	0	922
390	Will Charles	m	MV 40		921	0	0	0	921
391	Christopher Bligh	m	MV 50	Thornton Cleveleys running club	0	921	0	0	921
392	Natasha Mladek	f			0	0	0	921	921
393	Gavin Prudhoe	m			0	920	0	0	920
394	Sarah Fairbairn	f	FV 40	Durham city harriers	0	0	920	0	920
395	Phil Holden	m	MV 60		0	0	0	920	920
396	Dave Tonge	m	MV 60		919	0	0	0	919
397	Sarah Yeates	f			0	919	0	0	919
398	Michael Lemmy	m	MV 50		0	0	919	0	919
399	Andrew Gray	m			917	0	0	0	917
400	Naomi Morrison	f	FV 50	Smiley Paces	0	0	0	917	917

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
401	Paul Scally	m	MV 50	Llangollen running club	0	917	0	0	917
402	Sarah Adams	f	FV 40		0	0	916	0	916
403	Laura Avey	f			916	0	0	0	916
404	Gary Gregson	m	MV 40	Nob Enders	0	0	0	916	916
405	Ashleigh Stott	f			0	916	0	0	916
406	Gillian Woon	f	FV 40	Vegan Runners UK	0	915	0	0	915
407	Rebecca Byrne	f		St Bees Trier	915	0	0	0	915
408	Roger and De Nobrega	m	MV 40		0	0	0	915	915
409	Esther Rollinson	f			914	0	0	0	914
410	Miriam Abbas	f			0	0	913	0	913
411	Christine Johnson	f	FV 60		0	913	0	0	913
412	Sam Atkinson	m			913	0	0	0	913
413	Richard Porter	m			0	912	0	0	912
414	Iain Peacock	m	MV 40		0	0	912	0	912
415	SHONAGH MCEWEN	f			912	0	0	0	912
416	David Williams	m	MV 50	Ambleside Ac	0	0	0	911	911
417	David Snutch	m	MV 60	Birstall	0	910	0	0	910
418	Jack Brain	m			910	0	0	0	910
419	Laura Burton	f	FV 40		0	0	0	909	909
420	Lucy Owens	f	FV 40	Stockton Striders	0	0	909	0	909
421	Lauren Docksey	f		Washlands Women Runners	909	0	0	0	909
422	Emma Teggart	f	FV 40	Lonely goat	0	0	908	0	908
423	John Hocking	m	MV 40		0	908	0	0	908
424	George Eaton	m	U25		908	0	0	0	908
425	Mark Twitchett	m	MV 50	Roundhay Runners	0	0	0	908	908
426	Alison Gill	f	FV 50		907	0	0	0	907
427	Sarah McGrath	f	FV 40	Ramsbottom Running Club	0	907	0	0	907
428	Suzanne Mercer	f	FV 50	Borders Triathletes	0	0	907	0	907
429	Amanda Deane	f		Furness Fell Runners	0	906	0	0	906
430	Elizabeth De Nobrega	f	FV 40		0	0	0	906	906
431	Chris Alder	m	MV 40		0	0	906	0	906
432	Justin Gill	m	MV 50	Clayton-le-Moors Harriers	906	0	0	0	906
433	vicky hart	f	FV 40	Dumfries Running Club	905	0	0	0	905
434	Tammy Connor	f	FV 40		904	0	0	0	904

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
435	Christopher Cox	m	MV 60		0	903	0	0	903
436	Karen King	f	FV 50		903	0	0	0	903
437	Andrew Creighton	m	MV 50		0	0	903	0	903
438	Caroline Maxted	f	FV 40		0	0	0	903	903
439	Andrew Gudgeon	m	MV 50		0	902	0	0	902
440	Diane Hopper	f	FV 40		902	0	0	0	902
441	Annie Willetts	f	FV 50		0	0	902	0	902
442	Samuel Watts	m			0	0	0	902	902
443	Liza Tattersall	f	FV 50		0	901	0	0	901
444	Callum Puttock	m			901	0	0	0	901
445	Chris Dunn	m	MV 40	Nob End running club	0	0	0	901	901
446	Carolyn Barker	f	FV 50	Burnden Roadrunners	0	900	0	0	900
447	Suzanne Hughes-Rudd	f	FV 40		900	0	0	0	900
448	Christina Marechal	f			0	0	900	0	900
449	Alyson Rayner	f	FV 40		0	0	0	900	900
450	Jacqui Foster	f	FV 50	Ilkley Harriers	0	899	0	0	899
451	Tabby Merrilees	f	FV 50		899	0	0	0	899
452	Gary Cash	m	MV 70	Wirral Vikings TRC	0	0	899	0	899
453	Paul Shepherd	m	MV 50	City of Hull AC	0	0	0	899	899
454	Tracy Pinder	f	FV 40		898	0	0	0	898
455	Leanne Batty	f	FV 40	Thornton-Cleveleys running club	0	898	0	0	898
456	Dawn Jones	f	FV 50		0	0	898	0	898
457	Nicola Whitfield	f			0	0	0	898	898
458	Simon Forshaw	m	MV 50		0	0	897	0	897
459	Gemma Aden	f	FV 40	St Helens Striders	897	0	0	0	897
460	Michelle McCarthy	f			0	0	896	0	896
461	Elizabeth Templeton	f	U25		896	0	0	0	896
462	Jennifer Smith	f			895	0	0	0	895
463	Rebecca Maddock	f	FV 40		0	895	0	0	895
464	Paul Irving	m			894	0	0	0	894
465	Ginny Newman	f	FV 60		0	894	0	0	894
466	Ian Massey	m	MV 40		0	0	894	0	894
467	Fiona Hulley	f	FV 50	Smiley Paces	0	0	0	894	894
468	Matthew MADDOCK	m	MV 40		0	893	0	0	893

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
469	LAURA ATKINSON	f	FV 40		0	0	0	893	893
470	Mary Dawson	f	FV 40		892	0	0	0	892
471	Angela Dallinger	f	FV 40	Red Rose	0	892	0	0	892
472	Helen Tope	f			0	0	0	892	892
473	Isobel Williamson	f	FV 70		0	891	0	0	891
474	Gillian Doolan	f	FV 50		891	0	0	0	891
475	John Beer	m	MV 70	The Stragglers	0	0	0	891	891
476	Joanna Duncan	f	FV 40		890	0	0	0	890
477	Stuart Edwards	m	MV 60	Lonely Goat	889	0	0	0	889
478	Diana Taylor	f	FV 40		0	889	0	0	889
479	Marie Walker	f	FV 50	Sedgefield Harriers	888	0	0	0	888
480	Helen Jack	f	FV 50		0	887	0	0	887
481	Lesley Chapman	f	FV 60		887	0	0	0	887
482	Dave Hill	m	MV 50		0	0	886	0	886
483	Richard Tickner	m	MV 60		886	0	0	0	886
484	David Whiteley	m	MV 60		0	886	0	0	886
485	Sam Nicholson	f	FV 50	Border Reiver Runners	0	0	885	0	885
486	Nicola Berry	f			885	0	0	0	885
487	Stephen Potter	m	MV 50		0	885	0	0	885
488	Michael Tucker	m	MV 40		884	0	0	0	884
489	Charlotte Liley	f	FV 50		0	884	0	0	884
490	Holly Mackenzie	f	FV 40		883	0	0	0	883
491	Vicky Ward	f	FV 50		0	883	0	0	883
492	Lauren Jones	f			0	0	883	0	883
493	Robin Henderson	m			882	0	0	0	882
494	Andrew Whitehead	m	MV 50		0	882	0	0	882
495	Niamh Cuffe	f			0	0	882	0	882
496	Rachel Whitehead	f			0	881	0	0	881
497	Melanie Jerram	f	FV 50		0	0	881	0	881
498	Dawn Milburn	f			880	0	0	0	880
499	Nigel Eddy	m	MV 60	Quakers running club	0	0	880	0	880
500	Jonathan Reeves	m	MV 50		0	0	879	0	879
501	Ben Ross	m			878	0	0	0	878
502	Neil King	m	MV 60		877	0	0	0	877

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
503	Debbie Bullough	f	FV 50		0	0	877	0	877
504	Lisa Nichols	f	FV 50		0	0	0	877	877
505	Pete Holding	m	MV 60		876	0	0	0	876
506	Gary Tate	m	MV 40	Thornton cleveleys running club	0	876	0	0	876
507	Anthony Marechal	m	MV 60		0	0	876	0	876
508	Alan Davidson	m	MV 70		0	0	875	0	875
509	Michael Carey	m		Thornton Cleveleys Running Club	0	875	0	0	875
510	Caitlin Fawkes	f	U25		0	0	0	875	875
511	Ben Metcalfe	m	U21		874	0	0	0	874
512	Jean WILKINSON	f	FV 50		0	874	0	0	874
513	Margaret Dixon	f	FV 50		0	0	874	0	874
514	Samantha Sunderland	f	FV 50		0	0	0	874	874
515	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	873	0	0	0	873
516	Clare Moody	f	FV 50	Smiley Paces	0	0	0	873	873
517	Ruth Chadwick	f	FV 40		0	873	0	0	873
518	Alison Hodges	f	FV 50	Blackhill Bounders	0	0	0	872	872
519	Emma Hastings	f		JAG Outdoors	872	0	0	0	872
520	Joe Barnes-Babic	m	U21		0	0	872	0	872
521	Brian Richardson	m	MV 60	Blackhill Bounders	0	0	0	871	871
522	Esther Stanier	f		Red Rose Road Runners	0	871	0	0	871
523	Patricia White	f	FV 60	Women on the Run	870	0	0	0	870
524	Kate Peers	f	FV 40		0	870	0	0	870
525	Charlotte Smallwood	f	FV 40		0	0	870	0	870
526	Andy Glen	m	MV 40		869	0	0	0	869
527	Michelle Rushby	f	FV 50	Stainland Lions Running Club	0	869	0	0	869
528	Karen Lee	f	FV 50		0	0	869	0	869
529	Kate Turnbull	f	FV 40		0	0	0	869	869
530	Shelley Regan	f	FV 40		0	0	0	868	868
531	Geraldine O'Kane	f		Chorlton Runners	868	0	0	0	868
532	Nicole Nagle	f	U25		0	0	868	0	868
533	Emma Frost	f			867	0	0	0	867
534	Jenny Howorth	f	U25		866	0	0	0	866
535	Angela Wallace	f	FV 50	Adwick Tri	0	866	0	0	866
536	Jayne Gissing	f	FV 40		0	0	866	0	866



Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
537	John Harris	m	MV 40		0	0	865	0	865
538	David Britzman	m			864	0	0	0	864
539	Robin Howson	m			863	0	0	0	863
540	Andrew Henworth	m	MV 50		0	0	863	0	863
541	Stewart Pyrah	m	MV 60		0	862	0	0	862
542	Betty O'boyle	f	U21	St Gregory's Catholic High School	0	0	862	0	862
543	Martha Henocq	f	FV 40	Smiley Paces	0	0	0	862	862
544	Eleanor Forshaw	f	U25		861	0	0	0	861
545	Sandra Hutchinson	f	FV 50		0	0	860	0	860
546	Rachel Savage	f	FV 40	Smiley Paces	0	0	0	860	860
547	Gail Rason	f	FV 50		0	860	0	0	860
548	Katy Hulme	f			0	859	0	0	859
549	Jon Munday	m			859	0	0	0	859
550	Angie Wright	f	FV 50	Smiley Paces	0	0	0	859	859
551	Jeff Tosh	m	MV 40		858	0	0	0	858
552	Derek Delaney	m	MV 60		0	858	0	0	858
553	Brad Treloar	m			0	0	858	0	858
554	Helen Tucker	f	FV 40		857	0	0	0	857
555	Dave Thompson	m	MV 60		856	0	0	0	856
556	Stephen Cruickshank	m	MV 50		855	0	0	0	855
557	Julia Cunliffe	f	FV 70	WOTR Kendal	0	855	0	0	855
558	John Walter	m	MV 70		0	0	855	0	855
559	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	0	854	0	0	854
560	Tom Hipwell	m			853	0	0	0	853
561	Bob Preston	m	MV 50		0	0	853	0	853
562	Penny Carroll	f	FV 60		0	0	0	853	853
563	Steve Longney	m	MV 50	Yorkshire Wolds Runners	0	853	0	0	853
564	Jessica Beattie	f	FV 40		0	0	852	0	852
565	Lily Graham	f	U21		0	0	0	852	852
566	Rhona Malcolm	f			852	0	0	0	852
567	Mark Aldam	m	MV 60		0	851	0	0	851
568	Elinor Doherty	f	FV 40	New Mills Jolly Joggers	0	0	0	851	851
569	Isabelle Harrison	f	U25		0	850	0	0	850
570	Michele Philp	f	FV 40		0	0	850	0	850

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
571	Suesanne Samara	f			0	0	0	850	850
572	Clare Laybourn	f	FV 50		0	849	0	0	849
573	Greg Jones	m	MV 40		849	0	0	0	849
574	Sophie Belghazi	f			0	0	0	849	849
575	Victoria Hatton	f	FV 50		0	848	0	0	848
576	Jen Royle	f	FV 50	Running4CF	0	0	0	848	848
577	Harry Bower	m	MV 50		848	0	0	0	848
578	Simon Nicholson	m		Nob End RC	847	0	0	0	847
579	Fran Mckee	f			0	0	847	0	847
580	Hayley Cook	f			0	0	0	847	847
581	Katie Hanson	f		Selby striders	846	0	0	0	846
582	Stephen Buston	m	MV 50	Thornton Cleveleys Running Club	0	846	0	0	846
583	Chris McKee	m			0	0	846	0	846
584	Stephen Hanson	m	MV 40		845	0	0	0	845
585	Phil Hayes	m	MV 50	TCRC	0	845	0	0	845
586	Clare Cooper	f	FV 50	Belper Harriers	0	844	0	0	844
587	Morven Walker	f			0	0	844	0	844
588	Steve Burgess	m	MV 60	Thornton Cleveleys	0	843	0	0	843
589	Andrea Graham	f	FV 50		0	0	0	843	843
590	Kirstin Walker	f			0	0	843	0	843
591	Tony Orr	m	MV 60		0	0	842	0	842
592	Joanna Taylor	f			0	842	0	0	842
593	Zoe Bridges	f	FV 50	Trail Running Association	842	0	0	0	842
594	Mary Entwistle	f	FV 50		0	841	0	0	841
595	Jo Fee	f	FV 50	CFR	841	0	0	0	841
596	Sarah Hall	f	FV 40	Roundhay Runners	0	0	841	0	841
597	Simon Forshaw	f	FV 50		840	0	0	0	840
598	Rowan Smith	m			839	0	0	0	839
599	Julie Jerram	f	FV 50		0	0	839	0	839
600	Hannah March	f			0	0	838	0	838
601	John Gatt	m	MV 40		837	0	0	0	837
602	Andy Johnson	m			0	0	837	0	837
603	Fiona O'brien	f	FV 50	Jog On The Tyne	0	0	0	837	837
604	Neil Brannelly	m	MV 50		0	837	0	0	837

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
605	Amanda Cirelli	f	FV 50		0	836	0	0	836
606	Laurence Allan	m			836	0	0	0	836
607	Ruth Lilliot	f	FV 60		0	0	835	0	835
608	Tiff Mccullough	f			835	0	0	0	835
609	Lisa Leigh	f	FV 40		0	0	0	834	834
610	Jasmin Howard	f		Furness Fell Runners	0	0	833	0	833
611	Austin Trelfa	m	MV 60	Red Rose Road Runners	832	0	0	0	832
612	Fiona Wilson	f	FV 50		0	832	0	0	832
613	Steve Parkes	m	MV 60		831	0	0	0	831
614	Jessica Jackson	f		Ambleside	0	831	0	0	831
615	Sean Barton	m	MV 50		0	0	831	0	831
616	Rachel Bellwood	f			830	0	0	0	830
617	Emily Topping	f			0	830	0	0	830
618	Irene Williams	f	FV 50		0	0	830	0	830
619	Matt Barker	m	MV 50	Tri-Rivington	0	829	0	0	829
620	Tracey Shaw	f	FV 40		829	0	0	0	829
621	Sarah Calvert Calvert	f			0	0	829	0	829
622	Sarah Ibbotson	f	FV 40		0	0	0	829	829
623	Beth Sunderland	f	U25		0	0	0	828	828
624	Bertie Wooster	m	MV 40		0	0	828	0	828
625	Ella Sunderland	f	U21		0	0	0	827	827
626	Lisa Kirkwood	f			0	827	0	0	827
627	ALEXA WILCOCK	f	FV 40		0	0	827	0	827
628	Chris Armitage	m			826	0	0	0	826
629	Isabel Gaytan	f			0	0	826	0	826
630	Claire Howarth	f	FV 40	Chorlton Runners	0	0	0	826	826
631	Emma Kirkwood	f			0	826	0	0	826
632	Amy Smithson	f			0	825	0	0	825
633	Jamie Armitage	f			825	0	0	0	825
634	Sharron Swales	f	FV 40		0	0	0	825	825
635	Laura Wilcock	f			0	0	825	0	825
636	Richard Sabey	m	MV 50		824	0	0	0	824
637	Bruce Goodwin	m	MV 60		0	0	0	824	824
638	Andrew Marshall	m	MV 40		0	823	0	0	823

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
639	Rachel Service	f			0	0	823	0	823
640	Lucy Bowman	f	U21		822	0	0	0	822
641	Rach Stavert	f	FV 50		0	821	0	0	821
642	Catherine Bowman	f	FV 40	Smiley Paces	821	0	0	0	821
643	Susan McGhee	f	FV 50		0	0	819	0	819
644	Carolyn Wright	f	FV 40		0	0	0	819	819
645	Katya Pell	f			0	819	0	0	819
646	Judith Barker	f	FV 50		818	0	0	0	818
647	Diane Wood	f	FV 50	Durham City Harriers	0	0	818	0	818
648	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	0	818	0	0	818
649	Nicky Ball	f	FV 50		0	817	0	0	817
650	Dionne Hamil	f	FV 40	Durham City Harriers	0	0	817	0	817
651	Christine Robinson	f	FV 60		817	0	0	0	817
652	catherine jarvis	f	FV 40	Durham city harriers	0	0	816	0	816
653	Luke Hough	m			816	0	0	0	816
654	Emily James	f	FV 40		0	815	0	0	815
655	Karen Hopper	f	FV 40		815	0	0	0	815
656	Nick Kaufmann	m	MV 60		0	0	0	815	815
657	Vikki Wrigley	f	FV 40	Thornton Cleveleys running club	0	814	0	0	814
658	Jennifer Yin	f			814	0	0	0	814
659	suzanne Corlett	f	FV 50		0	0	814	0	814
660	Matt West	m	MV 50		0	0	0	814	814
661	Audrey Gresty	f	FV 60	Thornton Cleveleys Running Club	0	813	0	0	813
662	Catherine Maclachlan	f	FV 50	Lytham St Anne's Road Runners	0	812	0	0	812
663	Matthew Mchugh	m			812	0	0	0	812
664	Clare Clarke	f	FV 50	Evenwood Road Runners	0	0	0	812	812
665	Yasmin Porter-bee	f			0	811	0	0	811
666	Michelle Wallace	f	FV 40		0	0	0	811	811
667	Nicky Grace	f	FV 40		0	0	810	0	810
668	Fiona Jackson	f	FV 40		0	810	0	0	810
669	Jennifer Pugh	f	FV 40		810	0	0	0	810
670	Gail Richards	f	FV 40	Evenwood Road Runners	0	0	0	810	810
671	Lucy Johnson	f	FV 40		0	809	0	0	809
672	Jayne Parker-Weir	f	FV 50	DCH RunClub	809	0	0	0	809

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
673	Sharon Donald	f	FV 40	DCH Run Club	808	0	0	0	808
674	matt Stapley	m			0	0	808	0	808
675	Tony France	m	MV 60		0	0	0	808	808
676	Helen Field	f	FV 40	Women on the run	0	808	0	0	808
677	Andrea Caunce	f	FV 40		807	0	0	0	807
678	Laura Stapley	f			0	0	807	0	807
679	Anita France	f	FV 50	Parbold Pink Panthers	0	0	0	807	807
680	Jane Hill	f	FV 50		0	0	806	0	806
681	Luke Davis	m			0	0	0	806	806
682	Anita Hall	f	FV 50	St Helens Striders	805	0	0	0	805
683	Jenny Clare	f	FV 60		0	805	0	0	805
684	Samuel Robinson	m	U25		0	0	0	805	805
685	Andy Goodson	m	MV 60		0	804	0	0	804
686	Hannah Ashford	f	FV 40		804	0	0	0	804
687	Emma Bell	f			0	0	0	804	804
688	Rachael Price	f	FV 40		0	0	803	0	803
689	Cat Altounyan	f			0	803	0	0	803
690	darren ashford	m	MV 40		803	0	0	0	803
691	Alison Rayner	f	FV 50		0	802	0	0	802
692	Anita Kirkman	f	FV 50		0	801	0	0	801
693	Alexis Garland	f	FV 40		0	0	801	0	801
694	Dan Babic	m	MV 60		0	0	800	0	800
695	Sally Nuttall	f			799	0	0	0	799
696	Ruth Wood	f			0	0	0	798	798
697	Kim Winstanley	f			798	0	0	0	798
698	Amanda Berry	f	FV 60	Red Rose Road Runners	0	0	0	797	797
699	Fiona Dridge	f	FV 40		0	797	0	0	797
700	Jean Turner	f	FV 60	Telford Harriers	796	0	0	0	796
701	Martin Buttkereit	m	MV 40		0	0	796	0	796
702	John Wiseman	m	MV 50	Red Rose Road Runners	0	0	0	795	795
703	Keith Burlison	m	MV 50		795	0	0	0	795
704	Sue France	f	FV 50		0	795	0	0	795
705	Sara Williamson	f	FV 50	Chorlton Runners	794	0	0	0	794
706	Zoe Clarke	f	FV 60		0	0	794	0	794

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
707	Claire Knowles	f	FV 40	Jog On The Tyne	0	0	0	794	794
708	Anne Hurcombe	f	FV 50	Wigan Harriers	0	794	0	0	794
709	Dawn Kaveney	f	FV 40		0	0	793	0	793
710	Deborah Williams	f	FV 50	Jog On The Tyne	0	0	0	793	793
711	Fiona Headley	f	FV 50		0	793	0	0	793
712	John Swarbrick	m			0	792	0	0	792
713	Caroline Mack	f	FV 50		792	0	0	0	792
714	Collette Eames	f	FV 60	JogOnTheTYne	0	0	0	791	791
715	Caron Parkes	f	FV 50		0	791	0	0	791
716	Amanda Anderson	f	FV 50		791	0	0	0	791
717	Tracey Long	f	FV 50		790	0	0	0	790
718	Charles Satterly	m	MV 50	Lancaster & Morecambe A/c	789	0	0	0	789
719	Jindalae Armitage	f			788	0	0	0	788
720	Peter Haynes	m	MV 50		0	788	0	0	788
721	Robyn Lomas	f			0	787	0	0	787
722	Sophie Williams	f			787	0	0	0	787
723	James Formstone	m	MV 40		0	786	0	0	786
724	Jennifer Reeve	f	FV 40		785	0	0	0	785
725	Claire Athis	f	FV 50		0	783	0	0	783
726	mark lee	m	MV 50		0	782	0	0	782
727	Gillian O'boyle	f	FV 50		0	0	781	0	781
728	John Tierney	m	MV 50		0	781	0	0	781
729	Phil Ross	m	MV 60		780	0	0	0	780
730	Stacey Williams	f	FV 40		0	0	780	0	780
731	Kate Hore	f	FV 50		0	780	0	0	780
732	Cheryl Chaffe	f	FV 50		0	0	779	0	779
733	Clare Egan	f			0	779	0	0	779
734	Gavin Spickett	m	MV 60	Tynedale Harriers	779	0	0	0	779
735	Grace Constance-main	f			0	778	0	0	778
736	stuart taylor	m	MV 40		778	0	0	0	778
737	Benjamin Howell	m			0	777	0	0	777
738	Catherine Cooper	f	FV 50	Lyme Runners	777	0	0	0	777
739	Melanie Burton	f	FV 40		0	776	0	0	776
740	Shaun Mccullough	m	MV 50		776	0	0	0	776

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
741	Charlotte Twigger	f	FV 40		0	775	0	0	775
742	Sally Parker-Kidd	f	FV 40		0	0	775	0	775
743	Heidi Atkins	f	FV 50	Tri Preston	775	0	0	0	775
744	Danielle Walters	f			0	774	0	0	774
745	Laura Pentland	f	FV 40		0	0	774	0	774
746	Joanna Whitear	f			774	0	0	0	774
747	Karen Quan-soon	f	FV 60		0	773	0	0	773
748	Keith Tolley	m	MV 60	High Peak AC	0	0	773	0	773
749	ROLAND Whitear	m			773	0	0	0	773
750	Carol Graham	f	FV 50		772	0	0	0	772
751	Phil Dixon	m	MV 50		0	0	772	0	772
752	Debbie Scott	f	FV 60		0	772	0	0	772
753	Dean Saggars	m	MV 40		771	0	0	0	771
754	Debi Lee	f	FV 50		0	771	0	0	771
755	Sarah McIntosh	f	FV 40		770	0	0	0	770
756	Chris Lee	m	MV 50		0	770	0	0	770
757	Gavin Miskelly	m	MV 50	Arunners	769	0	0	0	769
758	Carmel Woods	f	FV 60		0	0	769	0	769
759	Lynn Boylin	f	FV 60	Astley & Tyldesley	0	768	0	0	768
760	Lorna Schmidt	f	FV 50	Arunners	768	0	0	0	768
761	Paul Woods	m	MV 60		0	0	768	0	768
762	Lesley McGrail	f	FV 40	St Helens Striders	767	0	0	0	767
763	Tracy Loughrey	f	FV 50	Astley&tyldesley Road Runners	0	767	0	0	767
764	Kit Erlebach	m	MV 50	Durham City Harriers	0	766	0	0	766
765	Linda Coffey	f	FV 70	Darwen Dashers	0	0	766	0	766
766	Hannah Hobson	f			765	0	0	0	765
767	Sarah Erlebach	f	FV 50	Mums on the Run	0	765	0	0	765
768	Jennie Davies	f	FV 70	Women On The Run	0	764	0	0	764
769	Peter Stockdale	m	MV 40	Carlisle Tri	764	0	0	0	764
770	Sophie Pryke	f			0	0	764	0	764
771	Sara Summers	f	FV 50		0	0	763	0	763
772	Helen Moulton	f	FV 50		0	763	0	0	763
773	Catherine Roche	f			763	0	0	0	763
774	Judith Cansfield	f	FV 50		0	0	762	0	762

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
775	Isobel Moore	f	U25		0	761	0	0	761
776	JODIE STOTT	f	FV 40		761	0	0	0	761
777	Rosalyn Turner	f	FV 60	WOTR	0	760	0	0	760
778	Mark Nicholls	m			760	0	0	0	760
779	Rosemary WEBSTER	f	FV 50	head torches	0	0	759	0	759
780	Simone Connor	f	FV 50		0	757	0	0	757
781	Kirk Connor	m	MV 50		0	756	0	0	756
782	Joyce Hill	f	FV 60		0	0	756	0	756
783	Kalpani Vitharana	f			756	0	0	0	756
784	Catherine Aitken	f	FV 60		755	0	0	0	755
785	Alison Leach	f	FV 70		0	0	755	0	755
786	SUE CASH	f	FV 70	Wirral Vikings TRC	0	0	754	0	754
787	Lisa Hodgkins	f	FV 50	Penkridge Runners	0	753	0	0	753
788	Flora Maudsley-Barton	f	FV 50	Lymm Runners	0	0	753	0	753
789	Caroline Bones	f	FV 40		752	0	0	0	752
790	SUE NEEDHAM	f	FV 60	NOTFAST	0	752	0	0	752
791	Steve Needham	m	MV 70	NOTFAST	0	751	0	0	751
792	Karen Culshaw	f	FV 40	Penny Lane Striders	750	0	0	0	750
793	Alison Scally	f	FV 50		0	750	0	0	750
794	Allanah Bird	f	FV 50		0	749	0	0	749
795	Deb Spendlove	f	FV 50		0	748	0	0	748
796	Despina Smith	f	FV 40	Didsbury Mums on the Run	0	747	0	0	747
797	Carrie Courtney	f	FV 50	Blackpool Freedom Runners	0	746	0	0	746
798	Stuart Milne	m			0	0	746	0	746
799	Tom Omalley	m			0	745	0	0	745
800	Holly Seeger	f			0	0	745	0	745
801	Vikki Maltman	f	FV 40		744	0	0	0	744
802	Brenda Lowry	f	FV 50		0	0	744	0	744
803	Jane Marshall	f	FV 50	York Acorn Running Club	0	743	0	0	743
804	Charlotte Tweddle	f	FV 50	Eden Runners	743	0	0	0	743
805	Carole Whiteley	f	FV 60	Women On The Run Kendal	0	742	0	0	742
806	Jess Wilson	f			742	0	0	0	742
807	Gillian Graves	f	FV 60		0	0	742	0	742
808	James Laking	m			740	0	0	0	740



Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
809	Jan Molyneux	m	MV 50		0	0	740	0	740
810	Mike Simons	m	MV 50		0	740	0	0	740
811	Jane Wheeler	f	FV 50		0	0	739	0	739
812	Cirian-marie Beddoes	f	FV 40		0	739	0	0	739
813	Lisa Benbow	f	FV 40		0	738	0	0	738
814	Jennie Eklund	f			738	0	0	0	738
815	Bev Ensor	f	FV 40	Smiley Paces	0	0	737	0	737
816	Ellie Bailey	f			737	0	0	0	737
817	Christina Howarth	f			0	736	0	0	736
818	Amy Derbyshire	f			736	0	0	0	736
819	Emily Howarth	f			0	735	0	0	735
820	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	735	0	0	0	735
821	Bjorgvin Vigfusson	m			0	734	0	0	734
822	Lorraine Hawkins	f	FV 50		734	0	0	0	734
823	Leo Pyrah	m			0	733	0	0	733
824	Jim Hawkins	m	MV 50		733	0	0	0	733
825	Hilary Beach	f	FV 50		0	732	0	0	732
826	Alexia Taylor	f	FV 40		732	0	0	0	732
827	Chris Hutchinson	m	MV 60		0	0	732	0	732
828	Angela McGough	f	FV 40		0	731	0	0	731
829	Niki Roberts	f	FV 40		731	0	0	0	731
830	Susan Mutch	f	FV 60		0	0	730	0	730
831	Marie O'Brien	f	FV 50	Birstall Running Club	0	728	0	0	728
832	Sam Robson	f	FV 60	N/a	728	0	0	0	728
833	Joyce Hamilton	f	FV 50	Dumfries Running Club	0	0	728	0	728
834	John Bibby	m	MV 40		0	0	727	0	727
835	Iain Wood	m	MV 50		0	727	0	0	727
836	Ursula Collie	f	FV 60		0	726	0	0	726
837	Michelle Green	f	FV 40		0	0	726	0	726
838	Lauren Swarbrick	f	FV 40		0	0	725	0	725
839	Sandra Robinson	f	FV 40	Manchester Ymca Harriers	0	725	0	0	725
840	Julie Tate	f	FV 60	Thornton Cleveleys running club	0	724	0	0	724
841	Shannon Perry	f	U25		724	0	0	0	724
842	LOUISE WAINWRIGHT	f	FV 50	Thornton CLEVELEYS RUNNING CLUB	0	723	0	0	723

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
843	Pat Wyke	f	FV 60	Run in Wirral	0	0	723	0	723
844	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	0	722	0	0	722
845	Tracey Preston	f	FV 50		0	0	722	0	722
846	Karen Wilkinson	f	FV 50		0	0	721	0	721
847	Anna Hatch	f	FV 60		0	0	720	0	720
848	Gill Morgan	f	FV 50	A&T running club	0	720	0	0	720
849	Tim Hatch	m	MV 60		0	0	719	0	719
850	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	0	719	0	0	719
851	Laura Sweeting	f			0	718	0	0	718
852	Kate Wilkinson	f	FV 60	Jog on tyne	0	0	718	0	718
853	Edgar Buhl	m	MV 40		0	717	0	0	717
854	Elizabeth Barrett	f	FV 50		0	715	0	0	715
855	Barney Smith	m	MV 50		715	0	0	0	715
856	David Rosen	m	MV 60	Lancaster & Morecambe AC	0	714	0	0	714
857	Ian Staerck	m	MV 40		714	0	0	0	714
858	Alex Leek	m	MV 50		713	0	0	0	713
859	Andrea Jones	f	FV 50		0	713	0	0	713
860	James Conyers	m	MV 50		712	0	0	0	712
861	Jackie Routledge	f	FV 60	Thornton Cleveleys	0	711	0	0	711
862	Amanda Cutler	f	FV 50	Red Rose Road Runners	0	0	711	0	711
863	Isobel Conyers	f	U21		711	0	0	0	711
864	Amy Britton	f			710	0	0	0	710
865	Mark Sullivan	m	MV 60		0	0	709	0	709
866	Peter Jones	m	MV 60	Marsh Lane Harriers	709	0	0	0	709
867	Christine Burgess	f	FV 60	Thornton Cleveleys Running Club	0	708	0	0	708
868	Holly Unsworth	f			0	707	0	0	707
869	Fiona Tidbury	f	FV 60	Eden Runners	707	0	0	0	707
870	Claire Leighton	f	FV 40	Ashington Hirst Running Club	705	0	0	0	705
871	Karen Braddon	f	FV 70	Crocwalkers	0	704	0	0	704
872	Jon Hurst	m	MV 50		0	703	0	0	703
873	Christine Sutherland	f	FV 60		703	0	0	0	703
874	annie hurst	f	FV 50		0	702	0	0	702
875	garry grimes	m	MV 50		702	0	0	0	702
876	jeanette grimes	f	FV 60		701	0	0	0	701

Position	Name	Gender	Age Cat	Club	Keswick	Cartmel	Helvellyn	Ullswater	Autumn
877	Ben Mitchell	m	MV 40		0	701	0	0	701
878	Helen Patten	f	FV 50	Red Rose Runners	700	0	0	0	700
879	Nicola Machin	f	FV 50		699	0	0	0	699
880	Helen Hetherington	f	FV 70		698	0	0	0	698
881	Dave Cope	m	MV 70		697	0	0	0	697
882	Sue Johnson	f	FV 60	Stafford Harriers	696	0	0	0	696
883	Sarah Greaves	f	FV 40		695	0	0	0	695
884	Karen Chandisingh	f	FV 50		694	0	0	0	694
885	Helen Jones	f	FV 40		693	0	0	0	693
886	Chris Pearson	m	MV 60		691	0	0	0	691
887	Richard Macfarlane	m	MV 40		690	0	0	0	690
888	Vicki Buss	f	FV 50		688	0	0	0	688
889	Emma Sanderson	f	FV 40		687	0	0	0	687
890	Chelsey Lightbown	f			686	0	0	0	686
891	Ruth Shooter	f	FV 40	Ruth's Runners	683	0	0	0	683
892	Rosa Elliott	f	FV 60	Girls That Jeff	681	0	0	0	681
893	Greg Murphy	m	MV 50		680	0	0	0	680
894	Julie Tweedy	f	FV 50	Billingham Running Club	679	0	0	0	679
895	Kathryn Lees	f	FV 40		677	0	0	0	677
896	Lorna Vickery	f	FV 50		676	0	0	0	676
897	David Watson	m	MV 50	Red Rose Road Runners	675	0	0	0	675
898	Sue Parker	f	FV 40		673	0	0	0	673
899	Lucy Brock	f	U25		672	0	0	0	672
900	Andy Brock	m	MV 60	St Bees Triers	671	0	0	0	671
901	Jill Hudson	f	FV 60		670	0	0	0	670
902	Laurence Campbell	f	FV 50		668	0	0	0	668
903	Moyna Milne	f	FV 50		665	0	0	0	665
904	Tina Pye	f	FV 40		664	0	0	0	664
905	Lucy Richardson	f			663	0	0	0	663