



Lakeland Trails 2022 Spring Series Championships - 14-18k Trail Run



Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1	Tom Shaw	m		North Endurance	971	966	986	2923
2	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	959	965	977	2901
3	James Grinbergs	m	MV 40	Eden Runners	956	945	958	2859
4	Matthew Croughan	m	MV 40	Meltham AC	888	919	935	2742
5	Alan Parker	m	MV 50		876	874	898	2648
6	Chris Davies	m	MV 40	Team inov-8	838	859	927	2624
7	LIAM MCDONNELL	m	MV 40	SOUTHPORT	831	818	939	2588
8	Sandra Connell	f	FV 60		795	825	867	2487
9	Ian Davenport	m	MV 50		774	815	853	2442
10	Katie Samuelson	f	FV 40	Todmorden Harriers	753	810	820	2383
11	Andrew Hollowbread	m	MV 50		724	772	822	2318
12	Mirjam Kallis	f		inov-8	736	702	847	2285
13	Julian Egan	m	MV 50		695	753	791	2239
14	Andrew Wilkinson	m	MV 50	Wesham road runners	715	711	785	2211
15	Katie O'sullivan	f	FV 40		717	741	752	2210
16	David Walsh	m	MV 60		673	707	806	2186
17	Mike Smith	m	MV 60		609	721	764	2094
18	Nigel Meier	m	MV 50	N/a	634	665	772	2071
19	Peter Reed	m	MV 70	Northumberland Fell Runners	654	679	724	2057
20	Luke Watkins	m			636	683	732	2051
21	Lewis Bowness	m			0	998	996	1994
22	Ted Leahy	m	MV 40	Ripon Runners	995	994	0	1989
23	Helen Smith	f		Wharfedale Harriers	990	0	995	1985
24	Robert Myatt	m	MV 50		574	660	748	1982
25	Craig Blakey	m			992	989	0	1981
26	Jon Gardiner	m			0	987	992	1979
27	Steve Paterson	m	MV 50		0	983	989	1972
28	Katy Lewis	f	FV 50		590	641	737	1968
29	Gareth Price	m	MV 40		974	979	0	1953
30	Gary Southwell	m	MV 50		976	976	0	1952
31	Mike Allison	m	MV 60	Eden Runners	969	973	0	1942
32	Ed Galloway	m			0	953	974	1927
33	Jill Reed	f	FV 50		587	710	624	1921
34	Becky Lloyd	f			0	952	961	1913
35	Tom Silver	m		Chorlton Runners	960	947	0	1907
36	Anna Blackwell	f	FV 40		952	955	0	1907
37	Andrew Dawson	m	MV 40		0	944	952	1896
38	Neil Ward	m	MV 50	Ponteland Runners	944	951	0	1895
39	John Bohan	m	MV 40		933	961	0	1894
40	Andy Phillips	m	MV 40		931	954	0	1885
41	Paul Gardner	m	MV 40		942	938	0	1880
42	Nicky Jones	f	FV 50		522	628	728	1878
43	Jonathan Goldsworthy	m	MV 40		919	957	0	1876
44	Simon Brady	m	MV 40		946	926	0	1872
45	Bruce Penhale	m	MV 60		913	0	948	1861
46	Paul Scully	m	MV 50	Warrington Running Club	953	901	0	1854
47	Glenn Boulter	m	MV 40	Glaxo Hoad Hill Harriers	0	909	942	1851
48	David Connolly	m	MV 40		917	930	0	1847
49	Louise Dermott	f	FV 50	OMG	907	939	0	1846
50	Hayley Bond	f	FV 40	Riverside Runners	893	924	0	1817
51	Nick Cox	m	MV 50		901	915	0	1816
52	Philip Bond	m	MV 40	Riverside Runners	892	923	0	1815
53	Stephen Stuart	m	MV 50		0	899	908	1807

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
54	Aileen Gibson	f	FV 40		904	0	902	1806
55	Rachel Tomlinson	f	FV 40	Metham Ac	0	891	915	1806
56	Jon Green	m	MV 50		903	893	0	1796
57	Clare Laybourn	f	FV 50		511	596	682	1789
58	Louisa Phillips	f	FV 40		851	0	929	1780
59	David Hawkins	m	MV 40		895	884	0	1779
60	Ian Croft	m	MV 50	Red Rose Road Runners	879	897	0	1776
61	Joe Wrigley	m		Black Combe Runners	918	855	0	1773
62	Salvatore Genovese	m	MV 50		0	864	906	1770
63	John Gray	m	MV 50	Meltham Ac	863	903	0	1766
64	Mark Walker	m	MV 50	Rochdale Harriers and AC	894	869	0	1763
65	Andrew Robertson	m			845	0	900	1745
66	Matthew Soanes	m			0	852	888	1740
67	Neil Ainsworth	m	MV 50		859	877	0	1736
68	Matt Brookes	m	MV 40	Ripon Runners	860	876	0	1736
69	Paul Rawlinson	m	MV 40		862	873	0	1735
70	Andrew Teague	m			0	817	912	1729
71	David Parkes	m	MV 50		797	0	920	1717
72	Mike Horsfield	m	MV 40		840	858	0	1698
73	Steven Glencross	m			832	854	0	1686
74	Helen Jones	f			852	832	0	1684
75	Neil Pomfret	m	MV 50	Ilkley Harriers	836	843	0	1679
76	Howard Rand	m	MV 40		782	0	887	1669
77	David Miller	m	MV 60	Chorley A. & T.	800	0	862	1662
78	Andy Buckroyd	m	MV 50	Macclesfield Harriers	0	799	857	1656
79	Phil Horner	m	MV 40	Garstang RC	806	828	0	1634
80	Pete Lashley	m	MV 50		798	836	0	1634
81	Glyn Williams	m	MV 50	Prestwich AC	830	802	0	1632
82	Sonja Farish	f	FV 50	Parkside panthers	460	507	665	1632
83	Mike Lowes	m	MV 50	Saltwell Harriers	812	812	0	1624
84	Lee Latham	m	MV 40	Victoria Park Running Club	769	853	0	1622
85	Robert Harper	m	MV 50	Yorkshire Wolds Runners	0	783	836	1619
86	Richard Hawkins	m	MV 40	York Postal Harriers	731	0	882	1613
87	Michael Welsh	m	MV 50		0	764	845	1609
88	Shiran Cleminson	f	FV 50	Boldmere bullets	434	512	653	1599
89	Mark Robinson	m	MV 50		0	744	854	1598
90	Owen Lewis	m	MV 40	Independent	759	835	0	1594
91	Louisa Porter	f	FV 50	Blackpool Freedom Runners	763	0	825	1588
92	Steven Capner	m	MV 40		767	820	0	1587
93	Paul Amit	m	MV 40		835	0	750	1585
94	Peter McGivern	m	MV 40		0	768	788	1556
95	Anthony Maxwell	m	MV 60	Lostock AC	0	734	817	1551
96	Garance Fourie	f			697	0	844	1541
97	Martin Tilbury	m	MV 50		700	0	835	1535
98	Tony Priest	m	MV 50		772	761	0	1533
99	Tim Farron	m	MV 50	Dallam Runners	0	703	828	1531
100	Richard Pennock	m	MV 50		0	749	781	1530
101	Kev Kendal	m	MV 50	Howgill Harriers	756	773	0	1529
102	Jean Waddington	f	FV 40		742	784	0	1526
103	Susan Lowes	f	FV 50	Saltwell Harriers	720	805	0	1525
104	Jane Mellor	f	FV 40		698	0	826	1524
105	Richard Hooper	m	MV 50		729	790	0	1519
106	Darren Gillman	m	MV 50	Todmorden Harriers	847	0	642	1489
107	Ross Kirby	m	MV 40		0	681	803	1484
108	Kirsten Rhodes	f		N/A	696	0	782	1478
109	David Proctor	m	MV 40		0	646	832	1478
110	Thomas Walker	m		Team Sixteen	0	687	787	1474
111	Trevor Billington	m			685	0	789	1474
112	Tom Lawson	m	MV 40	Netherhall AC	754	708	0	1462

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
113	Fiona Haigh	f	FV 50	Team Fi & B	710	728	0	1438
114	Polly Gould	f			676	0	756	1432
115	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	0	666	766	1432
116	Paul Wilson	m	MV 50		0	648	783	1431
117	Neil Brooks	m	MV 50		637	782	0	1419
118	ALEXA WILCOCK	f			743	672	0	1415
119	Daniel Maltman	m	MV 40		0	611	800	1411
120	Jason Robinson	m	MV 40		0	626	780	1406
121	Carl Wild	m	MV 40		621	0	779	1400
122	Peter Wallwork	m	MV 40		0	624	765	1389
123	Terry Moss	m	MV 50		897	482	0	1379
124	Suzanne Hughes-Rudd	f	FV 40	Bodyfit Cumbria Running Club	653	724	0	1377
125	Anna Holmes-Rand	f			626	0	745	1371
126	Joanne Beck	f	FV 50		702	659	0	1361
127	Stephen Dale	m	MV 60	Yorkshire wolds runners	0	617	742	1359
128	Darren Eccles	m	MV 40		605	0	751	1356
129	Martina Trapani	f			0	625	727	1352
130	Liam Aplin	m	MV 40		646	701	0	1347
131	Zoe Dale	f	FV 50	Yorkshire Wolds runners	0	526	818	1344
132	Anne-marie Woodcock	f	FV 50	Lions Running Community	684	652	0	1336
133	James Bickerstaff	m	MV 50	Lions	683	649	0	1332
134	martin walsh	m	MV 70	Bowland fell runners	660	664	0	1324
135	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	631	669	0	1300
136	Jo Colvin	f	FV 40		535	0	763	1298
137	Steve Longney	m	MV 50	Yorkshire Wolds Runners	0	545	744	1289
138	Jon Meeten	m	MV 50		667	620	0	1287
139	Jeremy Dyer	m	MV 60		645	640	0	1285
140	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	0	594	689	1283
141	Andrew Connor	m	MV 50		596	682	0	1278
142	Sheila Maxwell	f	FV 60	Lostock AC	0	569	700	1269
143	Karen Thistlethwaite	f		Lonely Goat	0	561	706	1267
144	Mark Shaw	m	MV 50		494	0	768	1262
145	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	0	525	716	1241
146	Claire Horner	f	FV 40	Garstang RC	601	622	0	1223
147	Nic Holmes	f	FV 40		479	0	743	1222
148	Em Yolland	f			0	531	685	1216
149	Phil Jones	m	MV 40		638	568	0	1206
150	Matt Jarvis	m	MV 40		594	610	0	1204
151	Alan Jones	m	MV 60	Garstang Running Club	664	537	0	1201
152	Steven Ohara	m	MV 40		496	0	702	1198
153	Catherine Vaneris	f	FV 40		0	490	707	1197
154	Alicia Croft	f	FV 50	Red Rose Road Runners	541	655	0	1196
155	Susan Chilton	f	FV 50	Lune Valley Hash House Harriers	560	635	0	1195
156	Viv Sherry	f			0	522	669	1191
157	Jane Marshall	f	FV 50	York Acorn Running Club	0	521	668	1189
158	Peter Burlingham	m	MV 40	Lonely Goat RC	593	593	0	1186
159	Ryan Parry	m	MV 40		568	609	0	1177
160	Paul Thornton	m	MV 50		477	0	692	1169
161	Carol Brough	f			577	576	0	1153
162	Lynda Davenport	f	FV 40		566	579	0	1145
163	Emma Harris	f	FV 40		565	578	0	1143
164	Alison Nordon	f	FV 50		0	503	640	1143
165	Hayley Todd	f			540	601	0	1141
166	Elizabeth Thornton	f			564	577	0	1141
167	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	551	582	0	1133
168	Dave Cope	m	MV 70		0	483	641	1124
169	Cat Gooch	f	FV 40	Ponteland Runners	576	530	0	1106
170	Andrew Collett	m	MV 50		549	556	0	1105
171	Amanda Craven	f	FV 40		0	472	625	1097

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Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
172	Lesley Allison	f	FV 60	Eden Runners	504	585	0	1089
173	Chris Land	m	MV 50	Quakers	432	0	656	1088
174	Ian Trencher	m	MV 40	Billinge Running Club	534	552	0	1086
175	Carl Lockwood	m	MV 60		0	466	619	1085
176	Jonathan Richardson	m	MV 40	York Postal Harriers	482	600	0	1082
177	Jacqueline Shore	f	FV 60		444	0	638	1082
178	Steve Webster	m	MV 60		433	0	639	1072
179	Sharon Langton	f	FV 60		515	549	0	1064
180	Kirstie Whyatt	f	FV 40		491	571	0	1062
181	Lynne Midgley-ward	f	FV 50	Ponteland Runners	486	566	0	1052
182	Frankie Horsfield	f			550	496	0	1046
183	Asia Connor	f			503	536	0	1039
184	Rebecca Meeten	f	FV 50		455	580	0	1035
185	Evvie Feingold	f	FV 50	Prestwich AC	539	494	0	1033
186	Jo Houghton	f	FV 50	Prestwich Ac	538	492	0	1030
187	Emma Atherton	f	FV 40		484	527	0	1011
188	Shirin Patel	f	FV 40		451	557	0	1008
189	Jonathan Cox	m		Eden Runners	0	1000	0	1000
190	Billy Cartwright	m		Inov8 / Matlock AC	1000	0	0	1000
191	Philip Hinchcliffe	m		Holmfirth Harriers	0	0	1000	1000
192	Will Smith	m	MV 40	Halifax Harriers	999	0	0	999
193	Gareth Raven	m	MV 40	SALE HARRIERS	0	999	0	999
194	Lewis Hinchcliffe	m			0	0	999	999
195	Will Dixon	m		Exeter University Triathlon Club	998	0	0	998
196	Alex Haine	m			0	0	998	998
197	Andrew Heppell	m	MV 40	Gosforth Harriers	0	997	0	997
198	Adam Cooper	m		Belle Vue Racers	997	0	0	997
199	Tim Campbell	m	MV 40	Astley & Tyldesley Road Runners	0	0	997	997
200	Nichola Jackson	f		Inov 8 / Keswick AC	996	0	0	996
201	Dominic Wynn	m			0	996	0	996
202	Ian Thompson	m			0	995	0	995
203	Gavin Chatterton	m	MV 40	Leeds City AC	994	0	0	994
204	Jack Gribbin	m		Ilkley Harriers	0	0	994	994
205	Tim Chadwick	m		Skipton ac	993	0	0	993
206	Rob Massey	m		Bollington Harriers	0	993	0	993
207	Bobby Jones	m			0	0	993	993
208	Adam Firth	m	MV 40		0	992	0	992
209	Thomas Smith	m			0	991	0	991
210	J Gardiner	m			991	0	0	991
211	Jacob Tonkin	m		Keswick AC	0	0	991	991
212	Jordan Scott	m		Morpeth Harriers	0	990	0	990
213	Jim Harlock	m	MV 50	City Of Hull Ac	0	0	990	990
214	Sam Carr	m		Liverpool Pembroke & Sefton	989	0	0	989
215	David Walker	m	MV 50	Sedgefield Harriers	988	0	0	988
216	John Sammut	m	MV 40		0	988	0	988
217	Adam Taylor	m		Kendal AAC	0	0	988	988
218	Nick Hayes	m	MV 40		987	0	0	987
219	N.N. 164				0	0	987	987
220	Katie Rowland	f		Kent Ac	0	986	0	986
221	Jonathan Leith	m	MV 40		986	0	0	986
222	Josh Ellis	m			0	985	0	985
223	Helen Thompson	f		Poynton Runners	985	0	0	985
224	Daniel Scott	m			0	0	985	985
225	Tom Hubbard	m			984	0	0	984
226	Rober Ryder	m	MV 40		0	984	0	984
227	Lucy Rawlinson	f		Leigh Harriers	0	0	984	984
228	Andrew Mallagh	m	MV 50	Delamere Spartans	983	0	0	983
229	Richard Bate	m		Mercia Fell Runners	0	0	983	983
230	Ollie Barker	m		Helm Hill	0	982	0	982

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Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
231	Jason Millward	m	MV 40	Team inov-8	982	0	0	982
232	Peter Mason	m	MV 40	City of Hull AC	0	0	982	982
233	Matt Reed	m	MV 40	Sheffield Triathlon Club	0	981	0	981
234	Martin Hibbert	m	MV 50		981	0	0	981
235	Philip Cuthbert	m	MV 40	Wallasey AC	0	0	981	981
236	Scott Cunliffe	m	MV 40	Clayton-le-moors Harriers	980	0	0	980
237	Lizzie Nairn	f		Selby Striders	0	980	0	980
238	Karen Smith	f		St Bees Triers	0	0	980	980
239	Helen Thurston	f	FV 40	Ilkley Harriers	979	0	0	979
240	Stephen Walker	m	MV 40	Beverley Ac	0	0	979	979
241	Mark Dowell	m	MV 50		0	978	0	978
242	Lauren Graham	f			978	0	0	978
243	Tim Savage	m	MV 50	City of Hull AC	0	0	978	978
244	Oliver Jackson	m			977	0	0	977
245	Aashish Lamichhane	m			0	977	0	977
246	Tim Pattle	m	MV 40		0	0	976	976
247	Ross Whitaker	m			975	0	0	975
248	Daniel Hunter	m			0	975	0	975
249	Bethan Lowe	f			0	0	975	975
250	Robert Sharkey	m	MV 40	Lostock Ac	0	974	0	974
251	Phil Thompson	m	MV 40		973	0	0	973
252	Sam Bayer	m			0	0	973	973
253	Jenny Gillies	f	FV 40		972	0	0	972
254	Billy Williams	m			0	972	0	972
255	Ben Birtles	m	MV 40	City of Hull	0	0	972	972
256	Jon French	m	MV 40		0	971	0	971
257	Philip Lonsdale	m	MV 50		0	0	971	971
258	Paul Lancashire	m	MV 40	Wesham Road Runners	0	970	0	970
259	Mary Mccutcheon	f	FV 50	Giffnock North Aac	970	0	0	970
260	Paul Whittemore	m			0	0	970	970
261	Toby Hall	m			0	969	0	969
262	Peter Cushion	m	MV 40	Wirral Vikings Trc	0	0	969	969
263	Sam Harding	m			0	968	0	968
264	Graham Strickland	m	MV 40		968	0	0	968
265	Nigel Barnes	m	MV 40		0	0	968	968
266	Ellen Mclachlan	f			0	967	0	967
267	Benji Byrne	m	MV 40		967	0	0	967
268	Kate Gibson	f			0	0	967	967
269	Jo Sutton	f			966	0	0	966
270	Paul Cartwright	m	MV 60	City Of Hull Ac	0	0	966	966
271	Jo Buckley	f	FV 40	Bingley Harriers	965	0	0	965
272	Peter Hood	m	MV 60	Wolverhampton And Bilston	0	0	965	965
273	Samuel Ashton	m		Burnden Road Runners	964	0	0	964
274	Philip Jarvis	m	MV 40		0	964	0	964
275	Eleanor Fowler	f	FV 40	Badgers	0	0	964	964
276	Gordon Blunt	m	MV 40	Kendal Hockey Club	0	963	0	963
277	Andy Baguley	m	MV 40	Chorlton Runners	963	0	0	963
278	Rob ALEXANDER	m	MV 40	City Of Hull Ac	0	0	963	963
279	Owen Panton	m			962	0	0	962
280	Liz Bailey	f	FV 40	Garstang	0	962	0	962
281	Christian Harrison	m			0	0	962	962
282	Paul Wareing	m	MV 50	Chorley Athletic & Try	961	0	0	961
283	Michael Smith	m			0	960	0	960
284	Rob Moss	m			0	0	960	960
285	Liam Graham	m			0	959	0	959
286	Gary Bonner	m	MV 50	Sedgley Striders	0	0	959	959
287	Mark Young	m	MV 50		958	0	0	958
288	John Barker	m		Bowland Fell Runners	0	958	0	958
289	Peter Heyes	m	MV 50		957	0	0	957

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Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
290	Phill Beard	m	MV 50	N/a	0	0	957	957
291	Josh Comley	m	MV 40		0	956	0	956
292	Stephen Ray	m			0	0	956	956
293	Michael Smith	m	MV 40		955	0	0	955
294	David Stainthorpe	m	MV 50	Selby Striders	0	0	955	955
295	Paul Milner	m	MV 50		954	0	0	954
296	Bill Hulme	m	MV 40	Non aff.	0	0	954	954
297	Douglas McClintick	m			0	0	953	953
298	leon aston	m	MV 40		951	0	0	951
299	John Smith	m	MV 60	City Of Hull Ac	0	0	951	951
300	Mark Hudson	m	MV 60	Liverpool Pembroke Sefton	950	0	0	950
301	Hannah Hoggren-Johnson	f	FV 40	Sheffield Triathlon Club	0	950	0	950
302	Freddie Jewell	m			0	0	950	950
303	Stephen Robson	m	MV 40	York Knavesmire Harriers	949	0	0	949
304	Andrew Booth	m	MV 40	Run Knutsford	0	949	0	949
305	Graham Coupe	m	MV 40	Wirral Vikings Trc	0	0	949	949
306	Christian Rengers	m			0	948	0	948
307	Benjamin Johnson	m			948	0	0	948
308	William Mcallister	m		Parkside Panthers	947	0	0	947
309	Pedro Riera	m			0	0	947	947
310	Chris Eggett	m	MV 50	Northumberland Fell Runners	0	946	0	946
311	Sarah Morris	f	FV 50		0	0	946	946
312	Jackie Moxon	f	FV 50		440	505	0	945
313	Brian Ghatan	m	MV 40		945	0	0	945
314	Ben Hall	m	MV 40	Elswick Harriers	0	0	945	945
315	Daniel McDonagh	m			0	0	944	944
316	Sam Harding	m			943	0	0	943
317	Neil Sutcliffe	m	MV 60		442	501	0	943
318	Darren Horobin	m	MV 40		0	943	0	943
319	David Sargent	m			0	0	943	943
320	Jason Denton	m	MV 50	Leigh Harriers	0	942	0	942
321	Laura Bartlett	f			0	941	0	941
322	Craig Downs	m	MV 50	GATESHEAD	941	0	0	941
323	David Norman	m	MV 50	Wolverhampton & Bilston AC	0	0	941	941
324	Sam Goodall	m	MV 40		940	0	0	940
325	Ryan Dempster	m			0	940	0	940
326	Rupert Wilks	m	MV 50	City Of Hull Ac	0	0	940	940
327	John Schofield	m			939	0	0	939
328	Andrew Pye	m	MV 40		938	0	0	938
329	Ruth Mackenzie	f			0	0	938	938
330	Liam Crossey	m	MV 40		0	937	0	937
331	Ian Bowker	m	MV 50	Marple Runners	937	0	0	937
332	Will Hastings	m			0	0	937	937
333	Harry Hodgson	m			0	936	0	936
334	Ed Ashton	m	MV 50	Burden Road Runners	936	0	0	936
335	Andy Firkin	m	MV 50	Lancaster and Morecambe ac	0	0	936	936
336	Paul Morris	m	MV 60	Hockley Trail Runners	935	0	0	935
337	Andrew Foster	m	MV 50	Liverpool Pembroke & Sefton	0	935	0	935
338	Melanie Rotherham	f	FV 50		0	934	0	934
339	Colin Rigby	m	MV 50	Horwich RMI	934	0	0	934
340	Joy Livermore	f	FV 40	The Bield, Valley Road	0	0	934	934
341	Martin Davis	m	MV 60	Newquay Road Runners	0	933	0	933
342	Steve Worthington	m			0	0	933	933
343	Peter Burke	m			932	0	0	932
344	Julian Waldron	m	MV 50		0	932	0	932
345	Adam Barker	m	MV 50		0	0	932	932
346	Alan Barr	m	MV 50	Howgill Harriers	0	931	0	931
347	Lynne Callaghan	f	FV 40	Trentham RC	0	0	931	931
348	GARY MOXON	m	MV 60		435	495	0	930

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
349	Andrew Dobinson	m	MV 50	Sunderland strollers	930	0	0	930
350	Eugene Grant	m	MV 50		0	0	930	930
351	Tom Mattack	m		pool Pembroke and Sefton Harriers	0	929	0	929
352	David Pollitt	m	MV 50	Leigh Harriers	929	0	0	929
353	Neil Piggot	m	MV 40		928	0	0	928
354	Martin Skinner	m	MV 50	N/a	0	928	0	928
355	Abby Huxtable	f		Pocklington Runners	0	0	928	928
356	ben walker	m			0	927	0	927
357	Andrew Rutter	m			927	0	0	927
358	Tom Coupe	m			926	0	0	926
359	Chris Birkett	m	MV 40		0	0	926	926
360	Patrick Stapleton	m			925	0	0	925
361	Ian Crook	m	MV 50	Barrow Striders	0	925	0	925
362	Ed Potter	m			0	0	925	925
363	Alice Bernstein	f			924	0	0	924
364	N.N. 1220				0	0	924	924
365	Simon Winstler	m		Red Rose Road Runners	923	0	0	923
366	Andrew Tomlinson	m	MV 40		0	0	923	923
367	Jonathan Lupton	m	MV 40		922	0	0	922
368	Anna Woolgar	f	FV 40	Chester Triathlon Club	0	922	0	922
369	Lesley Fisher	f	FV 60	Burnden Road Runners	0	0	922	922
370	Michael Treece-birch	m	MV 40		921	0	0	921
371	Craig Butterworth	m	MV 40	Hyde Village Striders	0	921	0	921
372	Joanne Grant	f	FV 50	Milltown Milers	0	0	921	921
373	Glyn Smith	m			0	920	0	920
374	David Bartlett	m			920	0	0	920
375	Sam Coward	m			0	0	919	919
376	Stuart Taylor	m	MV 50		0	918	0	918
377	Nicola Hughes	f			0	0	918	918
378	John Dickinson	m	MV 50	Liverpool Pembroke Sefton	0	917	0	917
379	Geoff Dale	m	MV 40		0	0	917	917
380	David Wimpenny	m			0	916	0	916
381	Colin Mcevoy	m	MV 40	Trentham Rc	916	0	0	916
382	Sophie Lee	f		City of Hull AC	0	0	916	916
383	Fred Frost	m			915	0	0	915
384	Ian Whalley	m			0	914	0	914
385	Chris Willocks	m			914	0	0	914
386	Merlin Duff	m			0	0	914	914
387	Lily McElveen	f			0	913	0	913
388	Bruce Sawyer	m	MV 40		0	0	913	913
389	Paul Waldram	m	MV 40		0	912	0	912
390	Julie Robertson	f	FV 50	Radcliffe AC	912	0	0	912
391	Lewis Thomas	m	MV 50		0	911	0	911
392	Colin Bretherton	m	MV 40		911	0	0	911
393	Stevie Mulgrave	m			0	0	911	911
394	Thom Isom	m			0	910	0	910
395	Sara Lewis	f		Meltham Ac	910	0	0	910
396	Harry Gawler	m			0	0	910	910
397	Mike Collins	m	MV 50		909	0	0	909
398	David Pattison	m	MV 50		0	0	909	909
399	Chris McKee	m			0	908	0	908
400	Cecilia Fellows	f	FV 40		908	0	0	908
401	Simon Lobas	m	MV 40	Swinton	0	907	0	907
402	Michelle Thompson	f	FV 40	Morpeth Harriers AC	0	0	907	907
403	Liz Whitfield	f	FV 40	Helm Hill Runners	0	906	0	906
404	Andrew Vincent	m	MV 50	Bollington Harriers	906	0	0	906
405	Maria Armstrong	f	FV 40	Tynedale Harriers	905	0	0	905
406	Dale Norman	m	MV 40		0	905	0	905
407	John Pollard	m	MV 60	Glossopdale Harriers	0	0	905	905

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
408	James Futers	m		Wolfpack Running Club	0	904	0	904
409	Steven Cullen	m	MV 40		0	0	904	904
410	Richard Hankins	m	MV 50	Helsby Running Club	0	0	903	903
411	Isobel Robinson	f			902	0	0	902
412	Duncan Trenholm	m			0	902	0	902
413	Hazel McWilliams	f	FV 50		0	0	901	901
414	Joseph Bolger	m			0	900	0	900
415	Ian Stainthorpe	m	MV 60	Rochdale Harriers	900	0	0	900
416	Rebecca Devereux	f	FV 40		899	0	0	899
417	Nicholas Barr	m	MV 60	Forres Harriers	0	0	899	899
418	Charlotte Dyer	f	FV 50	Keswick AC	427	471	0	898
419	Lee Marks	m	MV 40	Salford met ac	0	898	0	898
420	Christopher Bennett	m	MV 50	Gog Triathlon Club	898	0	0	898
421	Boris Psodorov	m		Keswick AC	0	0	897	897
422	Stephen Jack	m			0	896	0	896
423	Phil Harold	m	MV 50	Poynton Runners	896	0	0	896
424	Simon Hawkyard	m	MV 60		0	0	896	896
425	David Mortemore	m	MV 40		0	895	0	895
426	Marjoiljn Spoorenberg	f			0	0	895	895
427	Rick Madden	m	MV 40	Ramsbottom Running Club	0	894	0	894
428	Nick Howe	m	MV 40		0	0	894	894
429	John Lafferty	m			0	0	893	893
430	John Wilson	m	MV 40		0	892	0	892
431	Katherine Rooney	f			0	0	892	892
432	James Waterhouse	m	MV 40		891	0	0	891
433	Bob Hartley	m	MV 50		0	0	891	891
434	Sonia Jameson	f	FV 40		422	468	0	890
435	John Birkett	m	MV 60	N/a	890	0	0	890
436	Gary Smith	m	MV 40		0	890	0	890
437	Andrew Carmichael	m	MV 40		0	0	890	890
438	Rosie Halsall	f			889	0	0	889
439	Arran Hollyoak	m			0	889	0	889
440	Robin Cattermole	m	MV 50		0	0	889	889
441	Ian Hewitt	m	MV 40	Eden Runners	0	888	0	888
442	Michael Hardman	m			0	887	0	887
443	Gregory Atkins	m			887	0	0	887
444	Steven Marsh	m	MV 60		886	0	0	886
445	Johnny Phillips	m			0	886	0	886
446	Lindsay Smith	f		Derwent Valley Running Club	0	0	886	886
447	Jordan Blackmon	m			0	885	0	885
448	Becky Taylor	f	FV 40	Vegan Runners	885	0	0	885
449	Mary Hall	f	FV 40	Elswick Harriers	0	0	885	885
450	Adam Green	m			884	0	0	884
451	Wayne Murtagh	m	MV 40	City of Hull ac	0	0	884	884
452	Michal Parka	m		Glaxo Hoad Hill Harriers	0	0	883	883
453	Lewis Mcintyre	m	MV 60		883	0	0	883
454	Jonathan Mock	m			0	883	0	883
455	Stephen Orife	m			0	882	0	882
456	Shaun McDermott	m			882	0	0	882
457	Michael Rogers	m	MV 40	None	0	881	0	881
458	Michael Brinkhuijsen	m	MV 40		881	0	0	881
459	Rosie Taylor	f			0	0	881	881
460	Nick Martland	m	MV 50		0	880	0	880
461	Kevin Mackay	m	MV 60		880	0	0	880
462	Rachel Love	f	FV 50	City of Hull AC	0	0	880	880
463	Scott Liddell	m	MV 60		0	879	0	879
464	Joanna Fitch	f			0	0	879	879
465	Philip Woolgar	m	MV 50	Metres To Miles	0	878	0	878
466	Nathan Horsfall	m			878	0	0	878

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
467	Lesley Stainthorpe	f	FV 40	Selby Striders	0	0	878	878
468	Craig Dugdale	m			877	0	0	877
469	Jonathan Antill	m	MV 40		0	0	877	877
470	Adam Smith	m			0	0	876	876
471	James Lynch	m		Chester Triathlon Club	875	0	0	875
472	Jack Stephenson	m			0	875	0	875
473	Justin Wetters	m	MV 50	Goodgym Race Team	0	0	875	875
474	Annie Bedford	f	FV 40		874	0	0	874
475	Emma Giles	f	FV 40	Selby Striders	0	0	874	874
476	Chris Miles	m			873	0	0	873
477	Paula Fenteman	f	FV 40	Selby Striders	0	0	873	873
478	Mark Judkowski	m	MV 60		0	872	0	872
479	Charlie Allen	m			872	0	0	872
480	Adrian Craven	m	MV 50	Selby Striders	0	0	872	872
481	Steve Tinniswood	m	MV 50		0	871	0	871
482	Andrew Phillips	m			871	0	0	871
483	Tom Webster	m			0	0	871	871
484	Mark Rutherford	m	MV 40		0	870	0	870
485	James Johnston	m			870	0	0	870
486	Philippa Leach	f	FV 60		0	0	870	870
487	Bridget Houlston	f	FV 40		869	0	0	869
488	Anthony Mclaughlan	m	MV 50	Highfield Old Fellers	0	0	869	869
489	Jenny Unsworth	f			868	0	0	868
490	Andrew Kitts	m		Kirkby Milers AC	0	868	0	868
491	Ian Dewar	m	MV 40		0	0	868	868
492	Mathew Yates	m			867	0	0	867
493	Colin Sam Walton	m	MV 50	Wilmslow Running Club	0	867	0	867
494	James Rogers	m			0	866	0	866
495	Az Alam	m	MV 40		866	0	0	866
496	Louise Chicken	f	FV 50	Tynedale Harriers	0	0	866	866
497	Vidur Paliwal	m			865	0	0	865
498	Carole Waddell	f	FV 40		0	865	0	865
499	James Bartholomew	m	MV 50		0	0	865	865
500	Ed Chipperfield	m	MV 40		864	0	0	864
501	David Macdonald	m	MV 50		0	0	864	864
502	Julie Smith	f	FV 50	The Fell Devils	0	863	0	863
503	Andrew Stuart	m	MV 50		0	0	863	863
504	Helen Palmer	f	FV 40		0	862	0	862
505	Nick Cook	m	MV 40		861	0	0	861
506	Grace Balmforth	f			0	861	0	861
507	Karen Jones	f	FV 40		0	0	861	861
508	Olivia Wiggans	f			0	860	0	860
509	Paul Dye	m	MV 50	St Bees Triers	0	0	860	860
510	Leonie Hayler	f	FV 50	Tynedale Harriers	0	0	859	859
511	David Macgillivray	m	MV 60	Dh Runners	858	0	0	858
512	Sharon Pendleton	f		Dockside Runners	0	0	858	858
513	Nick Rome	m	MV 50		857	0	0	857
514	Andy Williamson	m	MV 60	Tri Preston	0	857	0	857
515	Peter Senior	m	MV 40	Running Bear	0	856	0	856
516	John Rudd	m	MV 50	Dundee Road Runners	856	0	0	856
517	Al Topping	m			0	0	856	856
518	Simon Thomas	m	MV 40		855	0	0	855
519	Emily Topping	f	FV 40		0	0	855	855
520	Mark Smith	m	MV 50		854	0	0	854
521	Mark Geldart	m	MV 40		853	0	0	853
522	Lucy Khan	f	FV 50	City Of Hull Ac	0	0	852	852
523	Alison Piron	f	FV 40		0	851	0	851
524	Gerard Rooney	m	MV 60		0	0	851	851
525	Jayne Ashe	f			850	0	0	850

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
526	Jane Greening	f	FV 40	Stocksfield Striders	0	850	0	850
527	Neil Crossman	m	MV 40		0	0	850	850
528	Philip Wright	m		Gruppetto RC	0	849	0	849
529	Daniel Scott	m	MV 40		849	0	0	849
530	Neil Coulson	m	MV 40		0	0	849	849
531	Rob Tuffin	m	MV 40		848	0	0	848
532	Michelle Price	f			0	848	0	848
533	Mandy Clarke	f	FV 50	Bingley Harriers	0	0	848	848
534	Alexander Wrigley	m			0	847	0	847
535	Brian Smith	m	MV 50	North East Veterans	0	846	0	846
536	Anthony Rutter	m	MV 60		846	0	0	846
537	Lee Craven	m	MV 50		0	0	846	846
538	Harriet Furness	f			0	845	0	845
539	Matthew McVey	m			844	0	0	844
540	Islay Horton	f	FV 40	South Cheshire Harriers	0	844	0	844
541	Jennifer Lapping	f	FV 40	Jog On The Tyne	843	0	0	843
542	Stuart Brighthouse	m	MV 50		0	0	843	843
543	Matty Smith	m			0	842	0	842
544	Katie Trace	f	FV 40	Biddulph Running Club	842	0	0	842
545	Susan Black	f	FV 50	Tynedale Harriers	0	0	842	842
546	Raymond Riley	m	MV 40		0	841	0	841
547	Lewis Quinn	m			841	0	0	841
548	Joanne Marsden	f	FV 50		0	0	841	841
549	Rachael Perowne	f	FV 40	Tyne Bridge Harriers	0	840	0	840
550	Ewan Taylor	m		Victoria Park Running Club, Warringt	0	0	840	840
551	Claire Norman	f		Tyne Bridge Harriers	0	839	0	839
552	andrew lewis	m			839	0	0	839
553	Felicia Singleton	f	FV 50		0	0	839	839
554	David Foster	m		Vegan Runners	0	838	0	838
555	Garry Smith	m	MV 70	Milltown Milers	0	0	838	838
556	Phil Hughes	m	MV 60		0	837	0	837
557	Corinne Cummings	f	FV 50		837	0	0	837
558	Julie Cook	f	FV 50	Tynedale Harriers	0	0	837	837
559	Gordon Nicoll	m	MV 60	Trincham and district athletic club	834	0	0	834
560	Gina King	f		Stockton Striders	0	834	0	834
561	Paul Hodgin	m	MV 40		0	0	834	834
562	Suzy Overton	f	FV 40		833	0	0	833
563	Alan King	m	MV 60	Stockton Striders	0	833	0	833
564	Sally Precious	f	FV 50	City Of Hull	0	0	833	833
565	Andy Jackson	m	MV 50	The Fell Devils	0	831	0	831
566	Richard Toller	m	MV 60	Dundee Road Runners Ac	0	0	831	831
567	Josh Willis	m			0	830	0	830
568	Laura Kenny	f	FV 40		0	0	830	830
569	Josh Hadden	m			0	829	0	829
570	James Haythornthwaite	m			829	0	0	829
571	Lee Fletcher	m	MV 40	City of Hull Athletic Club	0	0	829	829
572	Matt Hanley	m	MV 40	COLT	828	0	0	828
573	Craig McCulloch	m			0	827	0	827
574	Craig MacWilliam	m	MV 50	Lenzie Velo	827	0	0	827
575	Claire Peek	f			0	0	827	827
576	Michael Flintoff	m			0	826	0	826
577	Chris Craven	m			826	0	0	826
578	Craig Cooper	m			825	0	0	825
579	David Bailey	m	MV 50	Biddulph Running Club	0	824	0	824
580	Ashley Kaye	m			824	0	0	824
581	Stacy Dale	f	FV 40		0	0	824	824
582	Jonathan Clemens	m	MV 50		823	0	0	823
583	Dan Lewis	m	MV 40		0	823	0	823
584	Donald Nichol	m	MV 60	ramsbottom running club	0	0	823	823

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
585	Graham Read	m	MV 50		0	822	0	822
586	Callum Mcculloch	m	MV 50		822	0	0	822
587	Sophie Sinclair	f			821	0	0	821
588	Kevin Wilson	m	MV 50	Racing Team Dawson	0	821	0	821
589	Phil Smith	m	MV 50		0	0	821	821
590	Steven Rutter	m			820	0	0	820
591	Siobhan Riley	f	FV 50		0	819	0	819
592	Peter Collinson	m	MV 50		819	0	0	819
593	Victoria Brooker	f		Ambleside AC	0	0	819	819
594	Andy Howlett	m	MV 50		818	0	0	818
595	Hayley Hodgson	f	FV 50	Unattached	817	0	0	817
596	Phil Coulthard	m			0	816	0	816
597	David Green	m	MV 50		816	0	0	816
598	Patrick Mclean	m	MV 40		0	0	816	816
599	Alex Birch	m			815	0	0	815
600	Gareth Amos	m	MV 40	Davenport Runners	0	0	815	815
601	Rachel Calow	f			814	0	0	814
602	Debbie Clark	f		Spey Runners	0	814	0	814
603	Kath Sibley	f	FV 40		0	0	814	814
604	matthew hargreaves	m	MV 50	Cheshire Hash Harriers	0	813	0	813
605	Jen Houlsworth	f			813	0	0	813
606	Rachel Atherton	f	FV 40		0	0	813	813
607	Paul Furness	m	MV 50	Beverley AC	0	0	812	812
608	Chee Lau	m	MV 40		0	811	0	811
609	Ben Ogden	m		Didsbury Runners	811	0	0	811
610	Jeannine Ursell	f	FV 40		0	0	811	811
611	Phill James	m	MV 50		810	0	0	810
612	Sarah Hastings	f	FV 50		0	0	810	810
613	Laura Taylor	f			809	0	0	809
614	George Lythgoe	m			0	809	0	809
615	Georgia Villalobos	f	FV 40	Prudhoe plodders	0	0	809	809
616	Lisa Pattinson	f	FV 40	N/A	0	808	0	808
617	Ben Devereux	m	MV 40		808	0	0	808
618	Danielle Glover	f			0	0	808	808
619	Neil Dunlop	m	MV 50		807	0	0	807
620	Katharine Bibby	f	FV 40		0	807	0	807
621	Christopher Wardrope	m	MV 40		0	0	807	807
622	Liam Hall	m			0	806	0	806
623	Andrew Haley	m	MV 50	Lonsdale Fell Runners	805	0	0	805
624	Steve Rolls	m	MV 50		0	0	805	805
625	Zoe Hooton	f		Lancaster & Morecambe Ac	0	0	804	804
626	Joseph Matthews	m			804	0	0	804
627	Helen waite	f	FV 40	Airecentre pacers	0	804	0	804
628	Peter Tasker	m	MV 40	Prestwich Ac	0	803	0	803
629	Kerry Law	f		Moorfoot Runners	803	0	0	803
630	Brenda Rutter	f	FV 50		802	0	0	802
631	Stephen Perry	m	MV 60	Lancaster And Morecambe Ac	0	0	802	802
632	Simon Taylor	m	MV 40		801	0	0	801
633	Harry Vaneris	m	MV 40		0	801	0	801
634	Alison Jackson-Hedges	f	FV 40	Trentham Running Club	0	0	801	801
635	Andrew Edwards	m	MV 40	East Fife Triathlon Club	0	800	0	800
636	Gemma Aden	f		St Helens Striders	799	0	0	799
637	Cecilia Marsh	f	FV 40		0	0	799	799
638	Thomas Jones	m			0	798	0	798
639	John Summers	m	MV 40		0	0	798	798
640	John Bamforth	m	MV 50		0	797	0	797
641	Daniel Shercliff	m	MV 40		0	0	797	797
642	Tim Castelyn	m	MV 40		0	796	0	796
643	Martyn Wigglesworth	m	MV 40		796	0	0	796

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
644	Sam Jones	f		Penwortham Panthers	0	0	796	796
645	Curtis Radcliffe	m			0	795	0	795
646	Chris Pilkington	m		BookofPilx	0	0	795	795
647	Carly Nixon	f		Durham City Harriers	0	794	0	794
648	Abbie Walker	f		Sedgefield Harriers	794	0	0	794
649	Helen Duncan	f		City Of Hull Ac	0	0	794	794
650	Nathalie Connell	f			793	0	0	793
651	Angela Hall	f	FV 40		0	793	0	793
652	Daniel Martino	m	MV 40		0	0	793	793
653	Lea Rutter	m	MV 50	toria Park Running Club, Warringt	792	0	0	792
654	Andrew John Haley	m	MV 50	Lonsdale Fell Runners	0	792	0	792
655	Paul Abrams	m	MV 40		0	0	792	792
656	Helen Lawrenson	f	FV 50	Wesham Road Runners	791	0	0	791
657	Fay Waldram	f	FV 40		0	791	0	791
658	Laura Owen	f		Warrington Running Club	790	0	0	790
659	Elaine Shepherd	f	FV 50		0	0	790	790
660	Michael Battye	m			789	0	0	789
661	Jason Swapp	m			0	789	0	789
662	Becky Ingham	f			788	0	0	788
663	Andy Sheridan	m	MV 40		0	788	0	788
664	Steven Reynolds	m	MV 40		787	0	0	787
665	Isabelle Bond	f			0	787	0	787
666	Cathleen Casterton	f			0	786	0	786
667	Jonathan Mccabe	m	MV 40		786	0	0	786
668	Victoria Pearman	f		Allithwaite Running Club	0	0	786	786
669	Scot Riggans	m	MV 40		0	785	0	785
670	James Morris	m	MV 40		785	0	0	785
671	Catriona Curtis	f	FV 40		784	0	0	784
672	Abbey Wilson	f		Yorkshire Wolds Runners	0	0	784	784
673	James Chambers	m	MV 40	York Knavesmire Harriers	783	0	0	783
674	Tony Hesketh	m	MV 70	Horwich Rmi Harriers	0	781	0	781
675	Allen Smith	m	MV 60	Buckley RR	781	0	0	781
676	Ceri Nicholas	f	FV 50	Buckley RR	780	0	0	780
677	Carla Rodgers	f			0	780	0	780
678	Sarah Fletcher	f	FV 40		0	779	0	779
679	Nicholas Unsworth	m		Bowland Fell Runners	779	0	0	779
680	Laura Davies	f			778	0	0	778
681	George Wilson	m	MV 60		0	778	0	778
682	Caroline Ford	f	FV 40	Parbold Pink Panthers	0	0	778	778
683	Neil Venables	m	MV 60		0	777	0	777
684	Dorothy Pelly	f	FV 60	Ambleside Ac	777	0	0	777
685	Ian Lucas	m	MV 60	Witham Running Club	0	0	777	777
686	Kev Elliott	m	MV 40		776	0	0	776
687	Gary Craven	m	MV 40		0	776	0	776
688	Greg Swinbourne	m	MV 50	Hartlepool burn road harriers	0	0	776	776
689	John Wiggans	m	MV 50		0	775	0	775
690	Andrew Hopkinson	m	MV 50		775	0	0	775
691	Hannah McClintick	f			0	0	775	775
692	James Crossan	m			0	774	0	774
693	Deborah Wallwork	f	FV 40		0	0	774	774
694	Marie Watson	f		Ilkley Harriers	773	0	0	773
695	Graham Schofield	m	MV 60	Chorley Harriers	0	0	773	773
696	Catherine Eaton	f	FV 40		0	771	0	771
697	Andrew Bagshaw	m	MV 50		771	0	0	771
698	N.N. 1182				0	0	771	771
699	Sophie Owen	f			770	0	0	770
700	Laura Tattersall	f	FV 40		0	770	0	770
701	Dave Arnold	m	MV 40		0	0	770	770
702	Philip Kitchen	m	MV 40		0	769	0	769

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
703	Anna Howard	f		Knaresborough striders	0	0	769	769
704	Gillian Doolan	f	FV 50		768	0	0	768
705	Paul Mackey	m	MV 40		0	767	0	767
706	Diane Cawley	f	FV 40		0	0	767	767
707	David Taylor	m	MV 60	Cheshire Hash House Harriers	766	0	0	766
708	Alyson Adams	f	FV 50	Bramhall Runners	0	766	0	766
709	Rebecca Byrne	f		St Bees Trier	0	765	0	765
710	Megan Ryder	f			765	0	0	765
711	John Ryder	m	MV 50	Tadcaster harriers	764	0	0	764
712	Juliet Grieves	f	FV 50		0	763	0	763
713	Leonie Bell	f	FV 40		762	0	0	762
714	Beth Kennedy	f			0	762	0	762
715	Lee Clark	m	MV 40	Team Acf	0	0	762	762
716	Neil Hawkes	m	MV 50		761	0	0	761
717	Susan Smerdon	f	FV 40	Widnes running club	0	0	761	761
718	Samantha Forrey	f			0	760	0	760
719	Claire Blennerhassett	f	FV 40		760	0	0	760
720	Jen Husdan	f			0	0	760	760
721	James Hilton	m		Danson Runners	0	759	0	759
722	Amanda Cirelli	f	FV 50		0	0	759	759
723	Conor Hull	m	MV 40		758	0	0	758
724	Beki Hanns	f		Danson Runners	0	758	0	758
725	Belinda Schofield	f	FV 50		0	0	758	758
726	Joe Bamber	m			0	757	0	757
727	Greg Willis	m	MV 40		757	0	0	757
728	Richard Clements	m	MV 50	Hip Replacement Runners	0	0	757	757
729	Louise Robbins	f	FV 40		0	756	0	756
730	Gary Morton	m			0	0	755	755
731	Chris Lawrence	f	FV 50		0	755	0	755
732	Alex Hymers	m			755	0	0	755
733	Sue Hughes	f	FV 40	Widnes wasps ladies running club	0	754	0	754
734	Andrea Keen	f	FV 40	City of Hull	0	0	754	754
735	Damian Moss	m	MV 50		0	0	753	753
736	Rachel Verrall	f	FV 40		0	752	0	752
737	Andrew Tabern	m	MV 40		752	0	0	752
738	Sarah Nutt	f	FV 40		751	0	0	751
739	Joanne King	f			0	751	0	751
740	Stuart Matthews	m	MV 50	FRA	750	0	0	750
741	Laura Whittaker	f	FV 40		0	750	0	750
742	Gary Cattermole	m	MV 50		749	0	0	749
743	Natalie Bell	f		City of Hull AC	0	0	749	749
744	Sam Hall	m			748	0	0	748
745	Dawn Chilton	f	FV 50		0	748	0	748
746	Nicky Portergill	f	FV 50		0	747	0	747
747	Jeff Graham	m	MV 50		747	0	0	747
748	John Miller	m	MV 50		0	0	747	747
749	Sheona Lawrence-Silver	f			0	746	0	746
750	Helen Young	f	FV 40	York Knavesmire Harriers	746	0	0	746
751	Laura Porter	f	FV 40	Penny Lane Striders	0	0	746	746
752	Kevin Silver	m	MV 50		0	745	0	745
753	Daniel Walker	m	MV 40		745	0	0	745
754	Callum Clarke	m		Lone Ranger	744	0	0	744
755	James Clark	m			0	743	0	743
756	Hilary Page	f	FV 60		0	742	0	742
757	Scott Jowett	m	MV 50		741	0	0	741
758	Simon Yates	m	MV 50		0	0	741	741
759	Susan Dowker-Thompson	f	FV 50	Black Combe Runners	740	0	0	740
760	dan williams	m			0	740	0	740
761	Jacinta Yates	f	FV 40		0	0	740	740

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
762	Rupert Rhodes	m			739	0	0	739
763	Lorena Booth	f			0	739	0	739
764	Liam Blyth	m	MV 40		0	0	739	739
765	Wendy Birkett	f	FV 60	Ambleside Athletic Club	738	0	0	738
766	John Brady	m	MV 50		0	738	0	738
767	Martyn Precious	m	MV 50	Unattached	0	0	738	738
768	Catherine Smith	f	FV 40		0	737	0	737
769	Catherine Mitchell	f	FV 40		737	0	0	737
770	Justin Gill	m	MV 50	Clayton-le-Moors Harriers	0	736	0	736
771	Sue Smith	f	FV 40		0	0	736	736
772	Raphael Dunne	m	MV 40		735	0	0	735
773	Alison Gill	f	FV 40		0	735	0	735
774	Emma Fance	f		Victoria Park Running Club, Warringt	0	0	735	735
775	Mel Daggett	f			734	0	0	734
776	Patrick Loughlin	m			0	0	734	734
777	Lauren Hogarth	f			0	733	0	733
778	Al Atcheson	m			733	0	0	733
779	Eve Frost	f			0	0	733	733
780	Richard Mayson	m	MV 60	Unattached	732	0	0	732
781	Kevin Verdam	m			0	732	0	732
782	Kate Sutton	f	FV 60	Wilmslow Running Club	0	731	0	731
783	Donna Wood	f	FV 40	Milltown Milers	0	0	731	731
784	Christina Marechal	f			0	730	0	730
785	Ben Mitchell	m	MV 40		730	0	0	730
786	Colin Copland	m	MV 60		0	0	730	730
787	David Horsfield	m	MV 50	The Fell Devils	0	729	0	729
788	Andrea Hobbs	f	FV 50	None	0	0	729	729
789	Rachel Blake	f	FV 40		728	0	0	728
790	Dawn Wicks	f	FV 50		0	727	0	727
791	Colin Wilson	m	MV 50		727	0	0	727
792	Samuel Steen	m			0	726	0	726
793	Kate Corby	f	FV 40		726	0	0	726
794	Louise Steel	f	FV 40		0	0	726	726
795	Nick Johnson	m	MV 50		725	0	0	725
796	Matthew Lambert	m	MV 40		0	725	0	725
797	Gayle Clarke	f	FV 40	None	0	0	725	725
798	Zachary Hopkins	m			0	723	0	723
799	Matilda Niedojadlo	f			723	0	0	723
800	Victoria Wehrmeyer	f	FV 40		0	0	723	723
801	John Maddy	m			0	722	0	722
802	Bee Masters	f	FV 40	NA	722	0	0	722
803	Dan Barnett	m	MV 40		0	0	722	722
804	Paul Haydon	m	MV 50	F.r.a.	721	0	0	721
805	Caroline Stephens	f			0	0	721	721
806	Sara Steen	f			0	720	0	720
807	Clare Pain	f	FV 40		0	0	720	720
808	Fran Mckee	f			0	719	0	719
809	Ellen Stantschew	f	FV 40	Howgill Harriers	719	0	0	719
810	Jennie Bateson	f	FV 40		0	0	719	719
811	Richard Cater	m	MV 50	Helm Hill	0	718	0	718
812	Paul Cowell	m	MV 50	Bramhall Runners	718	0	0	718
813	Jennifer Hill	f	FV 40		0	0	718	718
814	Nadia Mckane	f			0	717	0	717
815	Ruth Beesley	f	FV 40		0	0	717	717
816	Zoe Bridges	f	FV 50	Trail Running Association	0	716	0	716
817	Rachel Thomas	f	FV 50		716	0	0	716
818	Mike Brock	m	MV 40		0	715	0	715
819	Caroline Mack	f	FV 50		0	0	715	715
820	Nick Taylor	m	MV 50	Victoria Park Running Club Warringt	714	0	0	714

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
821	LIZ THOMPSON	f	FV 40		0	714	0	714
822	John Mack	m	MV 40		0	0	714	714
823	Charlie O'hare	m		Walney Wind Cheetahs	713	0	0	713
824	Angela Thompson	f	FV 50	Victoria Park Running Club	0	713	0	713
825	Rebecca Hanson	f	FV 40		0	0	713	713
826	Kirsty Barker	f	FV 50	Keswick AC	0	712	0	712
827	Janice Metcalf	f	FV 50		712	0	0	712
828	Andrew Godfrey	m	MV 40	Milltown Milers	0	0	712	712
829	Melissa Metcalf	f			711	0	0	711
830	Alexandra Miron	f			0	0	711	711
831	James Fialho	m			0	0	710	710
832	Vanessa Kay	f	FV 50		0	709	0	709
833	Marianne Pourikkou-James	f			709	0	0	709
834	Hannah Swift	f		N/a	0	0	709	709
835	Sophie Newbould	f		Skipton Ac	708	0	0	708
836	Roger Grimble	m			0	0	708	708
837	Jodie Bolland	f		Skipton AC	707	0	0	707
838	Mel Beamish	f			706	0	0	706
839	Joanne Fee	f	FV 50	Bodyfit Cumbria running club	0	706	0	706
840	Roderick Smith	m	MV 60		0	705	0	705
841	Andrew Devitt	m	MV 50	Knowle & Dorridge Running Club	705	0	0	705
842	Paul Hatton	m	MV 60		0	0	705	705
843	Joanne Devitt	f	FV 50	Knowle & Dorridge Running Club	704	0	0	704
844	Anthony Wilkinson	m	MV 60		0	704	0	704
845	Grace Hatton	f			0	0	704	704
846	Stuart Berry	m	MV 60		703	0	0	703
847	Paul Heaton	m	MV 60		0	0	703	703
848	Tamsin Gregory	f	FV 40		701	0	0	701
849	Linda Clark	f	FV 60		0	0	701	701
850	Lee Lawrenson	m	MV 40		0	700	0	700
851	Lindsay Bennison	f	FV 50	The Fell Devils	0	699	0	699
852	Karen Geldart	f	FV 50		699	0	0	699
853	Colleen Thundercliffe	f	FV 50	City Of Hull Ac	0	0	699	699
854	alan chevin	m	MV 60	team anstey	0	698	0	698
855	Suzie Hilton-bell	f	FV 40	City Of Hull	0	0	698	698
856	Paul Dyson	m	MV 40		0	697	0	697
857	Jo Burgoyne	f	FV 50	City of Hull	0	0	697	697
858	Tony Pilkington	m	MV 60	MV65	0	0	696	696
859	Gillian Rowland	f	FV 60		0	696	0	696
860	John Walter	m	MV 70		0	695	0	695
861	N.N. 1574				0	0	695	695
862	Robert Clay	m			694	0	0	694
863	Neil Clark	m	MV 50		0	694	0	694
864	Paul Denyer	m	MV 50	St Bees Triers	0	0	694	694
865	Julia Carefoot	f	FV 40		693	0	0	693
866	Joanne Rogers	f	FV 50		0	693	0	693
867	Amanda Denyer	f	FV 40		0	0	693	693
868	Matt Rhodes	m	MV 40		0	692	0	692
869	Lizzie Lupton	f		Durham City Harriers	692	0	0	692
870	Mark Williams	m	MV 40		691	0	0	691
871	Jacqui Foster	f	FV 50	Craven Energy	0	691	0	691
872	Niki Ray	f	FV 40		0	0	691	691
873	Julie Graham	f	FV 60	Garstang	0	690	0	690
874	Catherine Lee	f		Elswick Harriers	690	0	0	690
875	Emma Hastie	f	FV 40	Parbold Pink panthers	0	0	690	690
876	Mr Lowes	m	MV 40	Elswick Harreris	689	0	0	689
877	Jon Day	m	MV 50		0	689	0	689
878	Laura Pilkington	f			0	0	688	688
879	Sue King	f	FV 50	Stockton Striders	0	688	0	688

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
880	Sarah Nalborczyk	f			688	0	0	688
881	shaun stanton	m	MV 50		687	0	0	687
882	Joanne Slinger	f	FV 40		0	0	687	687
883	Russell Pilling	m	MV 50		0	686	0	686
884	Alison Allen	f	FV 60	Datchet Dashers	686	0	0	686
885	Rhian Broomhead	f	FV 40		0	0	686	686
886	David Goodyear	m	MV 50	Eccleshill Road Runners	0	685	0	685
887	Alice Fantom	f			0	684	0	684
888	Cheryl Stanley	f	FV 40		0	0	684	684
889	Graham Collins	m	MV 60	Milltown Milers	0	0	683	683
890	Hannah Caulfield	f	FV 40		682	0	0	682
891	Pat Richardson	f	FV 60		681	0	0	681
892	Lisa Kallal	f	FV 50		0	0	681	681
893	Karl Ormrod	m			680	0	0	680
894	Dawn Jones	f	FV 50	Harlow Athletic Club	0	680	0	680
895	Gay Goodson	f	FV 40		0	0	680	680
896	Amanda Gould-Sadler	f	FV 50		679	0	0	679
897	Vic Atkinson	f	FV 50		0	0	679	679
898	Neil Taylor	m	MV 40		0	678	0	678
899	Craig Soeters	m	MV 50	GRC	678	0	0	678
900	Wendy Lynch	f	FV 50	Low Fell Running Club	0	0	678	678
901	Vicky Russell	f	FV 50		677	0	0	677
902	Kathryn Abbott	f	FV 50	Red Rose Road Runners	0	677	0	677
903	Robert Clayton	m		Lancaster & Morecambe AC	0	0	677	677
904	Jo Moss	f	FV 40		0	0	676	676
905	James Windebank	m	MV 40		0	676	0	676
906	Luis Valenzuela	m	MV 40		0	675	0	675
907	Gillian Campbell	f	FV 40	Chorlton Runners	675	0	0	675
908	Faith Firkins	f	FV 50		0	0	675	675
909	Roy Young	m	MV 40	North Shields Poly	674	0	0	674
910	Anna Richings	f	FV 50	Lancaster and Morecambe ac	0	0	674	674
911	Simon Davis	m	MV 40		0	674	0	674
912	Mark Taylor	m	MV 60		0	0	673	673
913	Sarah Walker	f			0	673	0	673
914	Emma Robinson	f			672	0	0	672
915	Sarah Jackson-Hedges	f	FV 50	Trentham Running Club	0	0	672	672
916	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	0	671	0	671
917	Cathy Monaghan	f			671	0	0	671
918	Claire St John	f	FV 40	KPOOL WYRE & FYLDE ATHLETICS	0	0	671	671
919	Rebecca Hodgson	f	FV 40		670	0	0	670
920	Carol Spoor	f	FV 40	Tri Preston	0	670	0	670
921	Catherine Almond	f	FV 60		0	0	670	670
922	Catherine Elliott	f	FV 50	Chorlton Runners	669	0	0	669
923	Cath Wardell	f	FV 40		0	668	0	668
924	Ben Brennan	m	MV 50	Thornton Cleveleys Running Club	668	0	0	668
925	Gillian O'boyle	f	FV 50		0	667	0	667
926	Robert Mundy	m	MV 60		0	0	667	667
927	Christina Loveridge	f	FV 40	Bbrc	666	0	0	666
928	Eoin Matthews	m			0	0	666	666
929	Stephen Lester	m	MV 60	Cumberland Fell Runners	665	0	0	665
930	Teresa Shrestha	f	FV 50		0	0	664	664
931	SUZI RICHMOND	f	FV 40		0	663	0	663
932	Andrew Halcro-johnston	m	MV 40	York Postal Harriers	663	0	0	663
933	Fiona Knox	f	FV 50		0	0	663	663
934	Michael Harrison	m	MV 40		662	0	0	662
935	Kathy Bloomfield	f	FV 40		0	662	0	662
936	Row Spencer	m	MV 70	Milltown Milers	0	0	662	662
937	Ginny Newman	f	FV 60		661	0	0	661
938	Alex Blades	m	MV 40		0	661	0	661

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
939	Linda Gant	f	FV 60	N/a	0	0	661	661
940	Karen Blackley	f	FV 50		0	0	660	660
941	Andy Forster	m	MV 50		659	0	0	659
942	Paul Wallis	m	MV 50		0	0	659	659
943	Sally Wade	f	FV 60	Run York Plus	658	0	0	658
944	Lou Bland	f	FV 50		0	658	0	658
945	Jason Stanley	m	MV 40		0	0	658	658
946	Matt Hones	m	MV 50		0	657	0	657
947	Duncan Green	m		Trafford Fit	657	0	0	657
948	John Kelsey	m	MV 50		0	0	657	657
949	Jane Crawford	f	FV 40		0	656	0	656
950	Gary Crosbie	m			656	0	0	656
951	Kev Illingworth	m	MV 40		655	0	0	655
952	Jessica Gould	f			0	0	655	655
953	Esther Stanier	f		Red Rose Road Runners	0	654	0	654
954	N.N. 1373				0	0	654	654
955	Ian Evans	m		SouthowRAM Runners	0	653	0	653
956	Jo Fee	f	FV 50	Bodyfit Cumbria running club	652	0	0	652
957	Darren Maggs	m	MV 50		0	0	652	652
958	Bernard Brown	m	MV 50		0	651	0	651
959	Allison Mcintyre	f	FV 50		651	0	0	651
960	Claire Maggs	f	FV 50		0	0	651	651
961	Victoria Crowther-Walsh	f	FV 40	Widnes waps	0	650	0	650
962	Darren Bernstein	m	MV 40		650	0	0	650
963	Susie Hanley	f	FV 40	Milltown Milers	0	0	650	650
964	Marie Walker	f	FV 50	Sedgefield Harriers	649	0	0	649
965	Claire Brierley	f	FV 50		0	0	649	649
966	Kathryn Holmes	f	FV 40	Bingley Harriers	648	0	0	648
967	Kay Campbell	f	FV 40	Rl Hughes Primary School	0	0	648	648
968	Gillian Bell	f	FV 40	Tynedale Harriers	0	647	0	647
969	Chris Taylor	m	MV 40		647	0	0	647
970	Marianne Manson	f	FV 40	Dockside Runners	0	0	647	647
971	Susan Fletcher	f	FV 50	Fit Mums And Friends	0	0	646	646
972	Nick Gallavin	m	MV 40		0	645	0	645
973	Karen Scott	f	FV 40	City of Hull AC	0	0	645	645
974	Karen Mackintosh	f	FV 60	Biddulph Running Club	0	644	0	644
975	Gary Oakford	m	MV 50		644	0	0	644
976	Paul Amos	m	MV 50		0	0	644	644
977	Carole Heaton	f	FV 50	Lions Running Community	0	0	643	643
978	Stuart O'connor	m	MV 50		0	643	0	643
979	Leanne Gillespie	f	FV 40		643	0	0	643
980	Mark Molloy	m	MV 50	Warrington Running Club	642	0	0	642
981	Hannah O'connor	f			0	642	0	642
982	Phillip Morton	m	MV 40		641	0	0	641
983	Erin Roxburgh	f			640	0	0	640
984	Mark Laidlaw	m			639	0	0	639
985	Leonie Black	f	FV 40	Helme Hill Runners	0	639	0	639
986	Kate Lund	f	FV 40		0	638	0	638
987	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	0	637	0	637
988	Timothy Mcwilliams	m	MV 50		0	0	637	637
989	Louise Roberts	f	FV 50		0	636	0	636
990	Lenka Ward	f	FV 40	Susie Anton Ladies On The Run	0	0	636	636
991	Paul Roche	m	MV 60		635	0	0	635
992	Gwen Woznikowska	f		Susie Anton Pt Ladies On The Run	0	0	635	635
993	Christopher Colebourn	m	MV 50		0	634	0	634
994	John Bibby	m	MV 40		0	0	634	634
995	Joy Stevens	f			0	633	0	633
996	Jennifer Todd	f	FV 50	Lymm Runners	633	0	0	633
997	Gillian MacDonald	f			0	0	633	633

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
998	Grace Crawford	f	FV 40	Knutsford triathlon club	0	632	0	632
999	David Ellicott	m	MV 40	Askern District RC	632	0	0	632
1000	Mark Gray	m	MV 50	Blackpool Freedom Runners	0	0	632	632
1001	Simon Turner	m	MV 40		0	631	0	631
1002	Hayley Gray	f	FV 40		0	0	631	631
1003	Sarah Coates	f			630	0	0	630
1004	Jo Blackwood	f			0	630	0	630
1005	Julie Dugdale	f	FV 50		0	0	630	630
1006	Line Kjellerup	f	FV 40		0	629	0	629
1007	James Coates	m	MV 40		629	0	0	629
1008	Sarah Boyle	f	FV 50		0	0	629	629
1009	Ian Anderson	m	MV 50		628	0	0	628
1010	Julie Bland	f	FV 50		0	0	628	628
1011	Skye Sarahs	f		Dumfries Running Club	0	627	0	627
1012	Emily Hudson	f	FV 40		627	0	0	627
1013	Gabby Thorpe	f	FV 40		0	0	627	627
1014	Vivienne Watson	f	FV 50		0	0	626	626
1015	Paul Dixon	m	MV 50		625	0	0	625
1016	Jen Dixon	f	FV 50		624	0	0	624
1017	Ben Melrose	m			623	0	0	623
1018	Ben Higginson	m	MV 60	Preston Harriers	0	623	0	623
1019	Roberta Whyte	f	FV 60	Linlithgow Athletic Club	0	0	623	623
1020	Luke Harris	m			622	0	0	622
1021	Katy Hartley	f			0	0	622	622
1022	Simon Jones	m	MV 50		0	621	0	621
1023	Matthew Butler	m	MV 40		0	0	621	621
1024	Richard Sabey	m	MV 50		620	0	0	620
1025	Roza Housby	f			0	0	620	620
1026	Karen Bennett	f	FV 50	Lymm Runners	619	0	0	619
1027	Alex Clark	f	FV 40	York Solemates	0	619	0	619
1028	Mark Allitt	m	MV 60	Selby Striders	0	618	0	618
1029	Mandy Williams	f	FV 40		618	0	0	618
1030	Paul Kirton	m	MV 50	Tetbury Dolphins Running Club	617	0	0	617
1031	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	0	616	0	616
1032	Gerry Garvey	m	MV 50	Muddy Boots Nursery	616	0	0	616
1033	Kirsty Myers	f	FV 40		0	615	0	615
1034	Karen Sutherland	f	FV 50		615	0	0	615
1035	Michael Mason	m	MV 50		0	614	0	614
1036	Jennifer Pugh	f	FV 40		614	0	0	614
1037	SIMON Hackett	m	MV 60	Lymm Runners	0	613	0	613
1038	David Rand	m	MV 40	Penny Lane Striders	613	0	0	613
1039	Elly Bate	f	FV 40		612	0	0	612
1040	Christine Ramsbottom	f	FV 60		0	612	0	612
1041	Felicity Doe	f			611	0	0	611
1042	Emma Shaw	f			610	0	0	610
1043	Jonathan Shaw	m	MV 60		0	608	0	608
1044	Frank Tippin	m	MV 60		608	0	0	608
1045	Jude Blackmore	f	FV 50		0	607	0	607
1046	Fiona Eaton	f	FV 50	Lymm Runners	607	0	0	607
1047	Daniel Clapham	m			606	0	0	606
1048	Clare Smith	f	FV 40		0	606	0	606
1049	Claire Renshaw	f	FV 40	Tri-Rivington	0	605	0	605
1050	Gillian Ramsden	f	FV 50	Tri Rivington	0	604	0	604
1051	Ann Revell	f	FV 50	Sunderland Harriers	604	0	0	604
1052	Nicola Hadden	f	FV 40	Sunderland Harriers & AC	603	0	0	603
1053	Joanna Kinrade	f			0	603	0	603
1054	Sarah Beattie	f	FV 40	Bramhall Runners	602	0	0	602
1055	Jade Jackson	f	FV 40		0	602	0	602
1056	Mary Ellen Entwistle	f	FV 50		600	0	0	600

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1057	Jodi Bowyer	f			0	599	0	599
1058	Jayne Southwell	f	FV 50		599	0	0	599
1059	Sandra Cheveaux	f	FV 50		598	0	0	598
1060	Joanne Bailey	f	FV 50	Biddulph Running Club	0	598	0	598
1061	Philip Harland	m	MV 60	Victoria Park Running Club	597	0	0	597
1062	Jacob Manton	m			0	597	0	597
1063	Stewart Mcnicholl	m	MV 40		0	595	0	595
1064	Gillian Holland-Jones	f	FV 60	Styal Running Club	595	0	0	595
1065	Kay Shaw	f	FV 50		592	0	0	592
1066	Janice Chruscht	f	FV 40	Airecentre Pacers	0	592	0	592
1067	Callum Alderton	f			591	0	0	591
1068	Alison Unsworth	f	FV 50		0	591	0	591
1069	Marina Quayle	f	FV 50		0	590	0	590
1070	Tania Wild	f	FV 40	Lymm Running Club	589	0	0	589
1071	Isobel Johnston	f	FV 40		0	589	0	589
1072	Christine Baker	f	FV 60		0	588	0	588
1073	Chris Miller	m			588	0	0	588
1074	Anna Baker	f			0	587	0	587
1075	Steven Milsom	m	MV 40		0	586	0	586
1076	Chris Gumbley	m	MV 60		586	0	0	586
1077	Jade Hall	f			585	0	0	585
1078	Janet Carling	f	FV 60	Nidd Valley	0	584	0	584
1079	Debbie Murray	f	FV 50	North Highland Harriers	584	0	0	584
1080	John Heathcote	m	MV 60		583	0	0	583
1081	Anthony Marechal	m	MV 60		0	583	0	583
1082	Michelle Tolley	f	FV 40		582	0	0	582
1083	Emily Winter	f			581	0	0	581
1084	Anne Stockley	f	FV 40	St Albans Striders	0	581	0	581
1085	Darryl Cribbens	m	MV 40		580	0	0	580
1086	Sophie Hodge	f			579	0	0	579
1087	Janet Carr	f	FV 40	Darwen Dashers	578	0	0	578
1088	Carole Frost	f	FV 60	Orchard Eagles Running Club	575	0	0	575
1089	Blaine Patton	m	MV 40	Wolf Pack Running Club	0	575	0	575
1090	Rachel Blakeley	f	FV 40		0	574	0	574
1091	Sheila Williamson	f	FV 50		0	573	0	573
1092	Jane Marshall	f	FV 40	St Helens	573	0	0	573
1093	Tumkeen Badulla	f			0	572	0	572
1094	Sally Lambert	f	FV 50	Wray Runners	572	0	0	572
1095	Stephen Dobbs	m	MV 60	UK Net Runners	571	0	0	571
1096	Ian Twiselton	m	MV 60		570	0	0	570
1097	Ian Oakey	m	MV 50	Settle Harriers	0	570	0	570
1098	Peter Cheung	m	MV 60		569	0	0	569
1099	Tom Large	m	MV 40		0	567	0	567
1100	David Faulkner	m	MV 60	Lymm Runners	567	0	0	567
1101	Emma Hadley	f	FV 40		0	565	0	565
1102	Jayne Elliott	f	FV 50		0	564	0	564
1103	Joe Stevens	m	MV 60		0	563	0	563
1104	Eileen Lymburn	f	FV 70	Jog On The Tyne	563	0	0	563
1105	Nicola Watt	f	FV 50		562	0	0	562
1106	Jane Stevens	f	FV 50		0	562	0	562
1107	Mark Avison	m	MV 60	Border Reiver Runners	561	0	0	561
1108	Richard Bartlett	m	MV 60		0	560	0	560
1109	Rebecca Mckenna	f	FV 40	St Helens Striders	559	0	0	559
1110	Rachel Kipling	f	FV 40		0	559	0	559
1111	Mark Austin	m	MV 40		0	558	0	558
1112	Chrissie Lawson	f			558	0	0	558
1113	Hilary Graham	f	FV 60	Tynedale Harriers	557	0	0	557
1114	John Stout	m	MV 60		556	0	0	556
1115	Rebecca Simms	f	FV 50	Darwen Dashers	0	555	0	555

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1116	Claire Shingler	f	FV 40		555	0	0	555
1117	William Shingler	m	MV 40		554	0	0	554
1118	Tony Woodcock	m	MV 40	Lonely goat running club	0	554	0	554
1119	paula brown	f	FV 40	Sunderland Harriers	553	0	0	553
1120	Emma Holland	f			0	553	0	553
1121	Michaela Rayner	f	FV 50	Craven Energy	552	0	0	552
1122	Sarah Chalmers	f	FV 50		0	551	0	551
1123	Shaun Mcfaul	m	MV 50		0	550	0	550
1124	Myfanwy Taylor	f	FV 60	Bmf	548	0	0	548
1125	Colin Campbell	m	MV 50	Barrow and Furness Striders	0	548	0	548
1126	Shelley Franklin-King	f			0	547	0	547
1127	Jane Maloney	f	FV 60	Easingwold Running Club	547	0	0	547
1128	Nina Carter-Brown	f			0	546	0	546
1129	Craig Booth	m	MV 50		546	0	0	546
1130	Richard Cheeseman	m	MV 60		545	0	0	545
1131	Graeme Tilbury	m	MV 40		0	544	0	544
1132	Christy Evans	f	FV 50		544	0	0	544
1133	Casey Rust	f	FV 40		0	543	0	543
1134	Anita Hall	f	FV 50	St Helens Striders	543	0	0	543
1135	Julie Wareing	f	FV 50		542	0	0	542
1136	Jackie Greenwood	f	FV 60		0	542	0	542
1137	Jennifer Gilbert	f	FV 40	Perth Road Runners	0	541	0	541
1138	Guy Stephens	m	MV 50		0	540	0	540
1139	Elisabeth Smart	f	FV 60		0	539	0	539
1140	Al Large	f	FV 40		0	538	0	538
1141	Andrew Turnbull	m	MV 40	St Bees Triers	537	0	0	537
1142	Keith Burlison	m	MV 50		536	0	0	536
1143	Christina Bischoff	f	FV 40		0	535	0	535
1144	Anneke Hackenbroich	f			0	534	0	534
1145	Tara Rutherford	f	FV 40	Sunderland Strollers	0	533	0	533
1146	Cressida Graves	f	FV 50		533	0	0	533
1147	Susan Averill	f	FV 50		0	532	0	532
1148	Andrew Marsh	m		Leeds	532	0	0	532
1149	Stuart Cowie	m	MV 50		531	0	0	531
1150	Jill Robertson	f	FV 50		530	0	0	530
1151	Lisa Bennett	f		SouthowRAM Runners	0	529	0	529
1152	Claire Robinson	f	FV 40	North East Marathon Club	529	0	0	529
1153	Kevin Greenwood	m	MV 60		0	528	0	528
1154	Debbie Millington	f	FV 40	Lonely Goat Running Club	528	0	0	528
1155	Anna King	f	FV 40		527	0	0	527
1156	Chris Cash	m	MV 60	Darwen Dashers	526	0	0	526
1157	Nadine Scaife	f	FV 50		525	0	0	525
1158	Tom Harrington	m	MV 40		524	0	0	524
1159	Jon Press	m	MV 40		0	524	0	524
1160	Marcela Reyes Otaiza	f	FV 40		0	523	0	523
1161	Kate Harrington	f	FV 40		523	0	0	523
1162	Kelly Clark	f	FV 40		521	0	0	521
1163	Chris Piper	m	MV 50		0	520	0	520
1164	Austin Trelfa	m	MV 60	Red Rose Road Runners	520	0	0	520
1165	Michelle Parshall	f	FV 50		0	519	0	519
1166	Helen Clark	f	FV 50	Bollington Harriers	519	0	0	519
1167	Joanne Neary	f	FV 50		0	518	0	518
1168	Alison Ormerod	f	FV 40		518	0	0	518
1169	Jo Dixon	f	FV 50	Blackpool Freedom Runners	517	0	0	517
1170	Gwen Rhodes	f	FV 40		0	517	0	517
1171	Sarah Duff	f	FV 40		0	516	0	516
1172	Nicholas Whitehead	m	MV 50		516	0	0	516
1173	Debbie Hallsworth	f		Derwent Ac	0	515	0	515
1174	Mark Lobb	m			514	0	0	514

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1175	Anthony Barnes	m	MV 40		0	514	0	514
1176	Rosemary WEBSTER	f	FV 50	head torches	513	0	0	513
1177	Julie Luckman	f	FV 50	Oldham and Royton Harriers	0	513	0	513
1178	David Bishop	m	MV 60		512	0	0	512
1179	Lisa Whetter	f	FV 40		0	511	0	511
1180	Gillian Brightwell	f	FV 60	ellingborough & District Athletic Cl	510	0	0	510
1181	Anthony Metcalf	m	MV 40		0	510	0	510
1182	Hannah Stirling	f			509	0	0	509
1183	Charlotte Bennett	f			0	509	0	509
1184	Gill Horne	f	FV 60	Biddulph Running Club	0	508	0	508
1185	Aleksandra Atman	f	FV 40		508	0	0	508
1186	Mark Gill	m	MV 40		507	0	0	507
1187	Paul Hands	m	MV 50	Lions Running Community	506	0	0	506
1188	Karen Eckworth	f	FV 60	Alton Runners	0	506	0	506
1189	Nikki Bones	f	FV 40		505	0	0	505
1190	Carole Wood	f	FV 60		0	504	0	504
1191	Sarah Allitt	f	FV 50	Selby Striders	0	502	0	502
1192	Pete Wareham	m	MV 50		502	0	0	502
1193	Sharon Hill	f	FV 50	Parkside Panthers	501	0	0	501
1194	Richard Stokes	m	MV 60	FRA	500	0	0	500
1195	Jane Brockless	f	FV 50		0	500	0	500
1196	Sarah Baird	f			0	499	0	499
1197	Sandrine Hewitt	f	FV 40	Aycliffe Running Club	499	0	0	499
1198	Kerry Edwards	f	FV 50		498	0	0	498
1199	Anne Hurcombe	f	FV 40	Julie's Joggers	0	498	0	498
1200	Sue France	f	FV 50	Julie's Joggers	0	497	0	497
1201	Angela Bamford	f	FV 50		497	0	0	497
1202	Thomas Pick	m			495	0	0	495
1203	Linzi Lloyd-Henry	f	FV 50	Prestwich AC	0	493	0	493
1204	Barbara Mead-Mason	f	FV 50	Blackpool Freedom Runners	493	0	0	493
1205	Andrea Chapman	f	FV 40		492	0	0	492
1206	Nichola Cooke	f	FV 40	Prestwich Ac	0	491	0	491
1207	Jonathan Clarke	m	MV 50	Styal running club	490	0	0	490
1208	Lynda Bennett	f			489	0	0	489
1209	Artem Dean	m			0	489	0	489
1210	Wendy Jones	f	FV 50		488	0	0	488
1211	Steve Pridmore	m	MV 50		0	488	0	488
1212	Wyn Clayton	f	FV 70	Women On The Run	0	487	0	487
1213	Debbie Whitehead	f	FV 50	Farnham Runners	487	0	0	487
1214	Linda Gant	f	FV 60		0	486	0	486
1215	Vicky Johnston	f	FV 50	St Bees Triers	0	485	0	485
1216	STEPHEN MCCOY	m	MV 50		485	0	0	485
1217	Louise Walsh	f	FV 50		0	484	0	484
1218	Annette Wilson	f	FV 50		483	0	0	483
1219	Laura Mann	f			481	0	0	481
1220	Joanne Tasker	f	FV 40	Prestwich AC	0	481	0	481
1221	Ian Feingold	m	MV 50		0	480	0	480
1222	Carrie Bostock	f	FV 40	10CaKers	480	0	0	480
1223	Colette Watling	f	FV 50	Didsbury Runners	0	479	0	479
1224	Ty Turley	m	MV 40		0	478	0	478
1225	Tracey J Burlinson Campbell	f	FV 50	Lonely Goat Running Club	478	0	0	478
1226	LOUISE WAINWRIGHT	f	FV 50	hornton CLEVELEYS RUNNING CLU	0	477	0	477
1227	Lynn Shaw	f	FV 50	Thornton Cleveleys Running Club	0	476	0	476
1228	Anne Avison	f	FV 60		476	0	0	476
1229	Martin Wedgwood	m	MV 50		475	0	0	475
1230	Jennifer Smith	f			0	475	0	475
1231	Sue Parker	f	FV 40		0	474	0	474
1232	James Trace	m	MV 40	Biddulph Running Club	474	0	0	474
1233	Lesley Jones	f	FV 60		473	0	0	473

TRAILS								
Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1234	Anne Claypole	f	FV 40		0	473	0	473
1235	Phil Jones	m	MV 60		472	0	0	472
1236	Gary Burt	m	MV 50		471	0	0	471
1237	Stephen Slocombe	m	MV 50		0	470	0	470
1238	Helen Mathews	f	FV 40		470	0	0	470
1239	Tracy Davies	f	FV 50	Knowle & Dorridge Running Club	469	0	0	469
1240	Carolyn Dawe	f		Manchester	0	469	0	469
1241	Sue Wassell	f	FV 70	Knowle & Dorridge Running Club	468	0	0	468
1242	Scott Jameson	m	MV 50		0	467	0	467
1243	Joanne Simpson	f	FV 40		467	0	0	467
1244	Anna Morris	f	FV 40		466	0	0	466
1245	Joanne Chard	f	FV 40	Women On The Run	465	0	0	465
1246	Laura Chiswell	f	FV 40		464	0	0	464
1247	Diane Hamblett	f	FV 50		463	0	0	463
1248	Jennifer Chambers	f	FV 40	Tattenhall Runners	462	0	0	462
1249	Angela Shorrock	f	FV 50		461	0	0	461
1250	David Adams	m	MV 50		459	0	0	459
1251	Pam Adams	f	FV 50		458	0	0	458
1252	Michael Smith	m	MV 50		457	0	0	457
1253	Martin Downes	m	MV 50		456	0	0	456
1254	Simone Connor	f	FV 50		454	0	0	454
1255	Kirk Connor	m	MV 50		453	0	0	453
1256	Jennifer Lewis	f	FV 40		452	0	0	452
1257	Sunna Van Loo	f	FV 40		450	0	0	450
1258	Jennifer Dennington	f	FV 40		449	0	0	449
1259	Janet Carter	f	FV 50		448	0	0	448
1260	Lorna Quigley	f	FV 50		447	0	0	447
1261	Carol Bedwell	f	FV 50		446	0	0	446
1262	Jayne Windeatt	f	FV 40		445	0	0	445
1263	Karen Travis	f		York Postal Harriers	443	0	0	443
1264	Marie Fallon	f	FV 60	Lonely Goat Running	441	0	0	441
1265	Geb Hewlett	m	MV 40		439	0	0	439
1266	Kevin Webster	m			438	0	0	438
1267	Laura Robertson	f			437	0	0	437
1268	Anthony Metcalfe	m			436	0	0	436
1269	Sarah Anderson	f	FV 50	Beverley AC	431	0	0	431
1270	Jennifer Webber	f	FV 40		430	0	0	430
1271	Ronald Weston	m	MV 70		429	0	0	429
1272	Gill Dunbar	f	FV 60		428	0	0	428
1273	Michelle Jacks	f	FV 40	Victoria park running club	426	0	0	426
1274	Dawn Reed	f	FV 50	Lymm Runners	425	0	0	425
1275	Claire Hopkins	f	FV 40	Mums2marathons	424	0	0	424
1276	Jo Reely	f	FV 50	Boldmere Bullets	423	0	0	423
1277	Diane Leatherbarrow	f	FV 50		421	0	0	421
1278	Denise Peyton	f	FV 50		420	0	0	420
1279	Diane Morrison	f	FV 50	Burden Road Runners	419	0	0	419
1280	Fiona Ashton	f	FV 50	Burn den road runners	418	0	0	418
1281	Miranda Bartlett	f	FV 60		417	0	0	417
1282	Emma Barnett	f	FV 40		416	0	0	416
1283	Susan Rigg	f	FV 50		415	0	0	415
1284	Lucie Gage	f	FV 50	Newburn Running Group	414	0	0	414
1285	Jill Welsby	f	FV 50		413	0	0	413