



Lakeland Trails 2022 Dirty Double Results - 14-18k Trail Run



Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
1	Jonathan Cox	m		Eden Runners	1000	1000	2000
2	Steve Paterson	m	MV 50		988	996	1984
3	Joe Dorgham	m			982	998	1980
4	Mohammed Jabbar	m		Transition	984	994	1978
5	Mathew Carver	m			980	989	1969
6	Ben Ashton	m	MV 40	DORunning	979	979	1958
7	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	969	973	1942
8	James Grinbergs	m	MV 40	Eden Runners	962	980	1942
9	Graham Coupe	m	MV 50	Wirral Vikings Trc	966	976	1942
10	Karen Robertson	f	FV 50	Northumberland Fell Runners	967	974	1941
11	Christopher Bridge	m			949	983	1932
12	Matthew Croughan	m	MV 40	Meltham AC	930	968	1898
13	Paul Morris	m	MV 60	Keswick AC	924	947	1871
14	Sara Lewis	f		Meltham Ac	928	941	1869
15	Amy Lowe	f		Washlands Women Runners	932	922	1854
16	Matthew Wernham	m	MV 60	Farnham Runners	913	939	1852
17	Chris Brearton	m	MV 40	Wirral Vikings	895	944	1839
18	David Sargent	m			890	940	1830
19	John Gray	m	MV 50	Meltham Ac	889	937	1826
20	Serena Miles	f	FV 50	Olney Runners	894	930	1824
21	George Clayson	m	MV 50	Brighton And Hove Athletics	904	915	1819
22	Harry Lewis	m			919	895	1814
23	Richard Hermitage	m	MV 60		875	927	1802
24	Eleanor Houghton	f			870	921	1791
25	Laura Owen	f		Warrington Running Club	846	924	1770
26	Chris Barnes	m	MV 50	Olney Runners AC	840	914	1754
27	Ian Croft	m	MV 50	Red Rose Road Runners	900	835	1735
28	Terry Moss	m	MV 50		849	884	1733
29	Colin Gilchrist	m	MV 40	Fleetwood tri club	823	901	1724
30	Find Jorgensen	m	MV 60		812	894	1706
31	Howard Rand	m	MV 40		807	898	1705
32	Chris Davies	m	MV 40	Team inov-8	800	904	1704
33	James Morris	m	MV 40		805	885	1690
34	Joanna Fitch	f			783	903	1686
35	Jayne Ashe	f			786	897	1683
36	Sally Anderson	f		Saddleworth runners	790	889	1679
37	Ian Davenport	m	MV 50		785	891	1676
38	Julie Cook	f	FV 50	Tynedale Harriers	804	870	1674
39	Nicholas Schaffer	m	MV 60	Millom Striders	813	860	1673
40	Jessica Hall	f			770	896	1666
41	Kev Kendal	m	MV 50	Howgill Harriers	781	875	1656
42	Sandra Connell	f	FV 60		789	862	1651
43	Sarah Darley	f	FV 40	Vegan Runners UK	762	876	1638
44	Owen Lewis	m	MV 40	Independent	787	848	1635
45	Lauren Webster	f			755	872	1627
46	Kenny Goodliffe	m	MV 40		766	861	1627
47	Lauren Docksey	f			794	829	1623

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
48	Robert Hardy	m	MV 40		753	869	1622
49	Mary Jones	f	FV 40	Olney Runners	821	800	1621
50	Sarah McAuliffe	f		Olney Runners	820	799	1619
51	Peter Mylett	m	MV 40	Wirral Vikings Trc	735	878	1613
52	Jen Moss	f		HI Runners	725	867	1592
53	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	760	823	1583
54	Ross Kirby	m	MV 40		721	856	1577
55	Neil Brooks	m	MV 50		742	830	1572
56	Neil Venables	m	MV 60		740	827	1567
57	Roger Grimble	m			610	955	1565
58	Andrew Wright	m	MV 40		716	845	1561
59	Nigel Dean	m	MV 50		715	844	1559
60	Katharine Greenwood	f	FV 50		720	833	1553
61	Taylor Carver	f			677	874	1551
62	Adrian Kamis	m	MV 50	East Hull Harriers	578	965	1543
63	Leigh Jenkins	f		Chester Triathlon Club	724	817	1541
64	Laura Ashford	f		Chester Tri Club	718	816	1534
65	Keith Whitehead	m	MV 60	Knowle & Dorrige Running Club	687	846	1533
66	Owen Davies	m	MV 70		699	828	1527
67	Terry Charles	m	MV 60	Wirral Vikings Trc	603	923	1526
68	Sarah Nutt	f	FV 40		751	773	1524
69	Andrew Hollowbread	m	MV 50		741	782	1523
70	Paul Haydon	m	MV 50	F.r.a.	711	811	1522
71	Russell Pilling	m	MV 60		688	825	1513
72	Ben Cheetham	m			689	824	1513
73	Ruth Ford	f	FV 40	Washlands Women Runners	717	786	1503
74	Ryan Parry	m	MV 40		671	815	1486
75	Emma Cousins	f			658	818	1476
76	Darren Gillman	m	MV 50	Todmorden Harriers	826	642	1468
77	Alicia Croft	f	FV 50	Red Rose Road Runners	630	834	1464
78	Jenny Dilworth	f	FV 50		660	785	1445
79	Alex Abbott	f	FV 40		640	805	1445
80	Hannah O'connor	f			647	796	1443
81	Sue Woods	f	FV 50		649	793	1442
82	Stuart O'connor	m	MV 50		646	795	1441
83	Catherine Bowman	f	FV 40	Smiley Paces	669	764	1433
84	Nathalie Robinson	f	FV 40	Roefield Run Club	650	774	1424
85	John Stout	m	MV 60		642	781	1423
86	Anna Holmes-Rand	f			637	777	1414
87	Steven Ohara	m	MV 40		614	789	1403
88	Andrew Wilkinson	m	MV 50	Wesham road runners	750	644	1394
89	David Aust	m	MV 50	Stamford Striders	635	758	1393
90	Anthony Barnes	m	MV 40		627	765	1392
91	Katy Lewis	f	FV 50		625	760	1385
92	Guy Simpson	m	MV 40	Eden Runners	620	757	1377
93	Nicholas Whitehead	m	MV 50		604	767	1371
94	Janet Kay	f	FV 50	East hull harriers	579	780	1359
95	Hannah Swift	f			609	748	1357
96	Lorna Aust	f	FV 50	Stamford Striders	596	759	1355
97	Sarah Collins	f		Lonely Goat RC	595	756	1351
98	Debbie Hallsworth	f		Derwent Ac	585	750	1335
99	David Ellicott	m	MV 40	Askern District RC	580	752	1332
100	Karen Thistlethwaite	f		Lonely Goat RC	582	745	1327
101	Sheila Williamson	f	FV 50		566	761	1327

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
102	Rachel Blakeley	f	FV 40		565	762	1327
103	Katie Samuelson	f	FV 40	Todmorden Harriers	685	640	1325
104	Hannah Stirling	f			598	721	1319
105	Jane Marshall	f	FV 50	York Acorn Running Club	597	719	1316
106	Anne Stockley	f	FV 40	Keswick AC	583	730	1313
107	Lee Latham	m	MV 40	Victoria Park Running Club	569	743	1312
108	Mike Ferneyhough	m	MV 50		573	738	1311
109	Alison Ferneyhough	f	FV 50		574	737	1311
110	RACHAEL LATHAM	f	FV 40	VICTORIA PARK RUNNING CLUB	568	742	1310
111	Nic Holmes	f	FV 40		527	776	1303
112	Rachel Finn	f	FV 50		551	747	1298
113	Kathryn Greenlees	f	FV 40		554	740	1294
114	Sandra Gilchrist	f	FV 40	Fleetwood tri club	564	724	1288
115	Della Lansley	f	FV 50		599	687	1286
116	Yvonne Bland	f	FV 50		563	714	1277
117	Rachel Ashton	f	FV 40		544	725	1269
118	Gail Farr	f	FV 50	west hull ladies	556	701	1257
119	Debbie Whitehead	f	FV 50	Farnham Runners	545	704	1249
120	Linda Whitehead	f	FV 60	Knowle & Dorridge Running Club	521	723	1244
121	Sandi Carman	f	FV 50	Smiley Paces	561	681	1242
122	James Murrin	m	MV 40		528	710	1238
123	Lisa Kallal	f	FV 50		529	708	1237
124	Karen Lillie	f	FV 50	Lonely goat	512	722	1234
125	Wayne Lee Farr	m	MV 50	N/a	533	697	1230
126	Lorna Mundy	f	FV 40		524	705	1229
127	Alison Nordon	f	FV 50		500	689	1189
128	Nichola Cooke	f	FV 40	Prestwich Ac	498	691	1189
129	Menna Goodwin	f	FV 50	Warrington	508	676	1184
130	Rachel Cartwright	f	FV 40	Warrington Running Club	509	672	1181
131	Katie Storey	f		Liverpool Running Bugs	501	669	1170
132	Thomas Murrin	m	MV 40		489	675	1164
133	Paul Cameron	m	MV 40		476	670	1146
134	Phil Owen	m	MV 50	Fetcheveryone	477	660	1137
135	Catherine Wernham	f	FV 60	Farnham Runners	454	679	1133
136	Wendy Fraser	f	FV 60		468	664	1132
137	Catherine Jones	f	FV 60		473	657	1130
138	Maria Sowerby	f	FV 60	Stamford Striders	447	656	1103
139	Lauren Dean-Ashton	f	FV 40		449	639	1088
140	Dan Bell	m			0	999	999
141	Alasdair Russell	m		Kendal AC	999	0	999
142	Keith Wigley	m		Swaledale Runners	998	0	998
143	Richard Wilson	m	MV 40	Kendal AC	997	0	997
144	Dominic Holloway	m			0	997	997
145	Ted Leahy	m	MV 40	Ripon Runners	996	0	996
146	Stephen Pearce	m	MV 40	Eden Runners	0	995	995
147	andrew wallace	m	MV 40		995	0	995
148	Matthew Moran	m			994	0	994
149	Jim Andrews	m	MV 50	Helm Hill Runners	0	993	993
150	Matthew Turnbull	m	MV 40	Ponteland Runners	993	0	993
151	Paul Macfarlane	m	MV 40	Helm Hill Runners	0	992	992
152	Ben Swarbrick	m			992	0	992
153	Matt Wilson	m	MV 40	Kendal AC	991	0	991
154	Martin Mcgill	m	MV 40	Gosforth Harriers	0	991	991
155	Ewan Ling	m		Congleton Harriers	0	990	990

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
156	Daniel Brookfield	m			990	0	990
157	Stephen Leahy	m			989	0	989
158	Robert Simpson	m			0	988	988
159	Thomas Mountain	m			0	987	987
160	Anthony Staffieri	m			987	0	987
161	Stuart Wilson	m			986	0	986
162	Ross Hemmings	m	MV 40		0	986	986
163	Tom Broadbent	m	MV 40		0	985	985
164	Peter German	m	MV 40		985	0	985
165	Neil Ainsworth	m	MV 50		0	984	984
166	Andrew Johnson	m			983	0	983
167	Alistair Holl	m	MV 40		0	982	982
168	Rob Mills	m		Ponteland Runners	981	0	981
169	Ian Hodgson	m	MV 50		0	981	981
170	Jack Harrison	m			978	0	978
171	Damien Brook	m			0	978	978
172	Tom Shaw	m		North Endurance	977	0	977
173	Mike Nolan	m	MV 50		0	977	977
174	Stephanie Fauset	f	FV 40	Smiley Paces	976	0	976
175	David Walker	m	MV 50	Sedgefield Harriers	975	0	975
176	Lee Rudd	m	MV 50	Wrekin Road Runners	0	975	975
177	Steve Abbott	m	MV 40	Wesham Road Runners	974	0	974
178	Tim Goldfarb	m			973	0	973
179	Mike Allison	m	MV 60	Eden Runners	0	972	972
180	Lee Gilbertson	m	MV 40		972	0	972
181	Sam Holloway	m		Viceroy's Triathlon Club	0	971	971
182	Andy Johnson	m			971	0	971
183	Lewis Thomas	m	MV 50		0	970	970
184	Peter Cushion	m	MV 40	Wirral Vikings Trc	970	0	970
185	Katrina Hamilton	f		Wigan Harriers AC	0	969	969
186	Billy Stephens	m			968	0	968
187	Philip Foscoe	m			0	967	967
188	Philip Woodley	m		West Cheshire Athletics Club	0	966	966
189	Ciaron Roddy	m		Red Rose Runners	965	0	965
190	David James Upcott	m			964	0	964
191	Billy Harkness	m	MV 40		0	964	964
192	Vicky Penn	f	FV 40	Smiley Paces	963	0	963
193	Chris Ryan	m	MV 40	Sw Running Crew	0	963	963
194	Sally Buckworth	f	FV 50		0	962	962
195	Neil Stephenson	m			961	0	961
196	Isobel Robinson	f			0	961	961
197	Louise Little	f			0	960	960
198	Joel Pilkington	m			960	0	960
199	Joe Allaby	m		Poynton Runners	959	0	959
200	Baz Green	m	MV 40	Cookham Running Club	0	959	959
201	Melanie Funnell	f	FV 40	Shropshire Shufflers	958	0	958
202	Giles Ruck	m	MV 50		0	958	958
203	Matt Routledge	m	MV 50	UTS	957	0	957
204	James Alexander	m	MV 40		0	957	957
205	Peter Hood	m	MV 60	Wolverhampton and Bilston	956	0	956
206	Stephen Davenport	m	MV 40		0	956	956
207	Christopher Wild	m			955	0	955
208	Tomasz Pelowski	m			954	0	954
209	Matthew Cox	m			0	954	954

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
210	Mark Bades	m	MV 50		0	953	953
211	Ally Robson	m	MV 40	Ponteland	953	0	953
212	David Pattison	m	MV 50		0	952	952
213	Gina Howorth	f	FV 40		952	0	952
214	Stephen Robson	m	MV 40	York Knavesmire Harriers	951	0	951
215	Craig Shakespeare	m	MV 40	SWRC	0	951	951
216	Helen Thompson	f		Poynton Runners	950	0	950
217	David Broadbent	m	MV 40		0	950	950
218	Matt Washburn	m	MV 40		0	949	949
219	Debbie Clark	f		Spey Runners	0	948	948
220	Sophie Pilkington	f		Red Rose Road Runners	948	0	948
221	James Doddrell	m			947	0	947
222	Rachel Ross Russell	f	FV 50	Rzh	946	0	946
223	Andrew Duggan	m	MV 50	Wrekin Road Runners	0	946	946
224	David Pollitt	m	MV 50	Leigh Harriers	945	0	945
225	Steven Marsh	m	MV 60		0	945	945
226	Michael Robinson	m		Ackworth road runners	944	0	944
227	Chris Bishop	m			0	943	943
228	Aaron Rickard	m			943	0	943
229	Sheridan Stride	f	FV 40		0	942	942
230	Richard Bowes	m	MV 40	The Stragglers	942	0	942
231	Gavin Birkett	m	MV 40		941	0	941
232	Scott Macdonald	m			940	0	940
233	Richie Coss	m	MV 40		939	0	939
234	Danny Garrod	m			0	938	938
235	Andrew Watson	m			938	0	938
236	Andrew Mainwaring	m	MV 40		937	0	937
237	andrew lewis	m			0	936	936
238	Jamie O'Callaghan	m			936	0	936
239	Andrew Stuart	m	MV 50		935	0	935
240	Nick Martland	m	MV 50		0	935	935
241	Sally Gilliver	f	FV 60	Wilmslow Running Club	0	934	934
242	Antony Beynon	m	MV 40		934	0	934
243	Paul Lewis	m	MV 50		933	0	933
244	Chris Hall	m	MV 40		0	933	933
245	Nick Jones	m	MV 40		0	932	932
246	Cristiano Vizzotto	m			0	931	931
247	Ciaran O'Neill	m			931	0	931
248	LIAM MCDONNELL	m	MV 40	SOUTHPORT	0	929	929
249	Stuart Taylor	m	MV 50		929	0	929
250	Jo Andrews	f	FV 50		0	928	928
251	Kyle Balnave	m	MV 40		927	0	927
252	Paul White	m			0	926	926
253	David Bull	m	MV 40		926	0	926
254	James Crossan	m			925	0	925
255	Michael Duffield	m	MV 50	Ilkley Harriers	0	925	925
256	Chris Shearlock	m	MV 40		923	0	923
257	Tomo Armstead	m			922	0	922
258	Phil Harold	m	MV 50	Poynton Runners	921	0	921
259	Phil Nixon	m	MV 40		0	920	920
260	Matt Garnett	m		Goodgym Race Team	920	0	920
261	Courtney Benson	f			0	919	919
262	Jonathan Goldsworthy	m	MV 40		918	0	918
263	Bruce Helme	m	MV 40		0	918	918

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
264	Joseph Matthews	m			0	917	917
265	James Brown	m		SISU RUN	917	0	917
266	Graham Kenealy	m	MV 60	Ambleside AC	0	916	916
267	Jack Whitworth	m		LBC Tractors	916	0	916
268	Ben Read	m			915	0	915
269	Steven Price	m			914	0	914
270	Ferg Ryan	m	MV 40	Sw Running Crew	0	913	913
271	William Fitch	m			0	912	912
272	tony gill	m	MV 50		912	0	912
273	Sam Goodall	m	MV 40		911	0	911
274	John Green	m	MV 50		0	911	911
275	Jon Meeten	m	MV 50		0	910	910
276	Michael Worthington	m	MV 50		910	0	910
277	Ben Houseman	m	MV 40		0	909	909
278	Austin Jarrett	m	MV 50	Dawn Jarrett	909	0	909
279	Tom Wright	m	MV 40		0	908	908
280	Dominique Boyle	f		Shaw Hill Runners	908	0	908
281	Raymond Riley	m	MV 40		0	907	907
282	Katherine Lafferty	f			907	0	907
283	Richard Kenyon	m	MV 40		906	0	906
284	Jo Dixon	f	FV 40		0	906	906
285	Michelle Price	f			905	0	905
286	Chris March	m			0	905	905
287	LUKE MCGOWAN	m			903	0	903
288	Ryan Martindale	m			902	0	902
289	Katrina Seymour	f	FV 40	SWRC	0	902	902
290	Chris Turner	m	MV 60	NYP Tri	901	0	901
291	Carly Harding	f	FV 40		0	900	900
292	Gareth Harding	m	MV 40		0	899	899
293	EDWARD FORSTER	m	MV 40		899	0	899
294	Al Neal	m	MV 40		898	0	898
295	Hilary Neal	f	FV 40		897	0	897
296	Julian Clarke	m	MV 50		896	0	896
297	Sarah Morris	f	FV 50		893	0	893
298	Simon Taylor	m	MV 40		0	893	893
299	Laurie Diaz-steptoe	m			892	0	892
300	Vicky Russell	f	FV 50		0	892	892
301	Rob Copley	m			891	0	891
302	Laura Mingins	f			0	890	890
303	Simon Robb	m			888	0	888
304	Emma Lynch	f			0	888	888
305	Nicola Waterworth	f	FV 40	Macclesfield Harriers	0	887	887
306	Andy Mellor	m	MV 40		887	0	887
307	Elaine Fisher	f	FV 50	Ambleside AC	0	886	886
308	Mikey Goodman	m			886	0	886
309	Stephen Stuart	m	MV 50		885	0	885
310	David Tittensor	m	MV 50	Wigan harriers a/c	884	0	884
311	Matt Herd	m	MV 40		0	883	883
312	Joe Sheils	m			883	0	883
313	Adam Smith	m			882	0	882
314	Richard Campbell	m	MV 40		0	882	882
315	Lee Marks	m	MV 40	Salford met ac	881	0	881
316	Roxanna Abhari	f			0	881	881
317	Simon Lobas	m	MV 40		880	0	880

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
318	Luca Bertinetto	m			0	880	880
319	Hannah Caulfield	f	FV 40		0	879	879
320	Tom Willox	m		Helm Hill Runners	879	0	879
321	Lyndon Levett	m	MV 50		878	0	878
322	Niamh Richmond	f			0	877	877
323	Mikey Hanna	m		LBC Tractors	877	0	877
324	Laura Molyneux	f	FV 40		876	0	876
325	Decland Mernagh	m		LBC Tractors	874	0	874
326	Simon Brady	m	MV 40		873	0	873
327	Gordon Davies	m	MV 50	Vegan Runners	0	873	873
328	Jonny Hughes	m			872	0	872
329	Darren Horobin	m	MV 40		871	0	871
330	Richard Pennock	m	MV 50		0	871	871
331	Rachael Shaw	f			869	0	869
332	Anthony Blight	m	MV 50	Blackpool wyre and fylde	868	0	868
333	Siobhan Riley	f	FV 50		0	868	868
334	Lucy Allaby	f			867	0	867
335	Tim Lavin	m			866	0	866
336	Alex Green	m			0	866	866
337	Kevin Webster	m			865	0	865
338	Rosie Walker	f			0	865	865
339	Chris Carruthers	m			864	0	864
340	Aude Peltier	f	FV 40		0	864	864
341	Michael Welsh	m	MV 50		0	863	863
342	Duncan Ross Russell	m	MV 50		863	0	863
343	Maureen Laney	f	FV 60	Unattached	862	0	862
344	Tim Kings	m	MV 50		861	0	861
345	Gary Smith	m	MV 40		860	0	860
346	Jenny Ruscoe	f	FV 40		0	859	859
347	Darren Atkinson	m			859	0	859
348	Lloyd Allen	m	MV 50	Kirkstall Harriers	858	0	858
349	Chris Cox	m	MV 60		0	858	858
350	Michael Jordan	m			857	0	857
351	Claire Purcell	f	FV 50	Red Kite Runners	0	857	857
352	Andy Carpenter	m	MV 50		856	0	856
353	Anthony Connolly	m	MV 40		855	0	855
354	Philip Loftus	m	MV 60		0	855	855
355	Harry Hodgson	m			854	0	854
356	Gary Wintersgill	m	MV 50		0	854	854
357	Matt Brookes	m	MV 40	Ripon Runners	853	0	853
358	Adam Hiles	m			0	853	853
359	Graeme Atkinson	m	MV 50		0	852	852
360	Jane Langham	f	FV 50	Smiley Paces	852	0	852
361	Paul Spriggs	m	MV 50	Wrekin Road Runners	0	851	851
362	Carol Reid	f	FV 40	Valley Striders	851	0	851
363	Tim Castelyn	m	MV 40		0	850	850
364	Alex Kelly	m			850	0	850
365	Tim Farron	m	MV 50	Dallam Runners	0	849	849
366	Michael Gregson	m	MV 60	Tri Preston	848	0	848
367	Phil Horner	m	MV 40	Garstang RC	847	0	847
368	Alexandra Mounsey	f		caster And Morecambe Athletics C	0	847	847
369	kate Prior	f		Ilkley Harriers	845	0	845
370	John McConnell	m	MV 50		844	0	844
371	Nicola Hughes	f			843	0	843

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
372	Claire Kerridge	f			0	843	843
373	Edward Cross	m	MV 40		842	0	842
374	Christopher Oakey	m	MV 40		0	842	842
375	Kevin Brooks	m	MV 40	Black Combe Runners	841	0	841
376	James Pack	m			0	841	841
377	Richard Pack	m	MV 40		0	840	840
378	Eleanor Gallon	f	FV 40	Kirkstall Harriers	839	0	839
379	Clare Thomas	f	FV 40		0	839	839
380	Steven Beahan	m	MV 50		838	0	838
381	Andrew Stevenson	m	MV 40		0	838	838
382	Grace Frost	f			0	837	837
383	Fiona Panes	f	FV 50		837	0	837
384	Sam Peet	m		St Bees Triers	0	836	836
385	Rebecca Shaw	f		Ilkley harriers	836	0	836
386	Therese Sheehan	f		Kirkstall Harriers	835	0	835
387	Michael Harte	m	MV 50	Poynton Runners	834	0	834
388	Andi Herrick	f	FV 50	Smiley Paces	833	0	833
389	Melanie Williamson	f	FV 40	Chorlton Runners	832	0	832
390	Gareth Hughes	m	MV 40		0	832	832
391	Hannah Hughes	f	FV 40		0	831	831
392	Emily Hart	f			831	0	831
393	Karen Stevens	f	FV 40	Smiley Paces	830	0	830
394	Jonathan Davis	m	MV 40		829	0	829
395	Paul Bretherton	m	MV 50		828	0	828
396	Gillian Glynn	f	FV 50		827	0	827
397	Mikesh Udani	m			0	826	826
398	Debbie Torr	f	FV 40		825	0	825
399	Marek Majtyka	m	MV 40		824	0	824
400	Paul Mackey	m	MV 40	Manchester Muckers RC	822	0	822
401	Louise Lowe	f		Craven Energy	0	822	822
402	Helen Gomm	f	FV 40		0	821	821
403	Catherine Charlton	f	FV 40		0	820	820
404	Allen Smith	m	MV 60	Buckley RR	819	0	819
405	Michael Cummins	m	MV 50		0	819	819
406	Matt Wright	m			818	0	818
407	Louise Chicken	f	FV 50	Tynedale Harriers	817	0	817
408	Ceri Nicholas	f	FV 50	Buckley RR	816	0	816
409	Thomas Bateson	m		LBC Tractors	815	0	815
410	Michelle Foulerton	f	FV 40		0	814	814
411	Laura Spencer	f	FV 40	Goodgym	814	0	814
412	Kate Lund	f	FV 40		0	813	813
413	Margaret Lupton	f	FV 50	Red Rose Road Runners	0	812	812
414	Simon Eggleston	m	MV 50	South Shields Harrers	811	0	811
415	Hannah Fletcher	f			0	810	810
416	Claire Allan	f		Dalston Caldew Runners	810	0	810
417	Peter Cross	m			0	809	809
418	Ian Mckay	m	MV 50		809	0	809
419	Nick Allan	m		Dalston Caldew Runners	808	0	808
420	Emma Brown	f	FV 40		0	808	808
421	Luke Watkins	m			0	807	807
422	Anne Cox	f	FV 50		0	806	806
423	Alison McGourty	f	FV 40	Smiley Paces	806	0	806
424	Jenny Wroe	f	FV 40		0	804	804
425	Steve Rolls	m	MV 50		0	803	803

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
426	Holly Gilbertson	f			803	0	803
427	Mark Shorting	m	MV 40	North Shields Polytechnic AC	802	0	802
428	su hall	f	FV 40		0	802	802
429	Mike Swift	m	MV 60		0	801	801
430	Paul Hodgin	m	MV 40		801	0	801
431	Jenny Jakeman	f		Team Inov-8	799	0	799
432	Michael Rogers	m	MV 40	None	798	0	798
433	Amy Butler	f	FV 40	Olney Runners	0	798	798
434	Kate Peers	f	FV 40		0	797	797
435	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	797	0	797
436	Jennifer Lapping	f	FV 40	Jog On The Tyne	796	0	796
437	Kerry Wilson	f			795	0	795
438	Kevin Hodgson	m	MV 50		0	794	794
439	Ian Lockhart	m	MV 40		793	0	793
440	Basia Pawelczak	f		Blackpool Wyre And Fylde Ac	792	0	792
441	Simon Cowling	m	MV 40		0	792	792
442	Louise Liddle	f		Derwent Valley Runners	0	791	791
443	Callum Hodgson	m			791	0	791
444	Catherine Doyle	f	FV 50		0	790	790
445	Joanne Marsden	f	FV 50		788	0	788
446	Amanda Fuller	f	FV 40	Blackpool Wyre & Fylde Ac	0	788	788
447	Simon Scarr	m	MV 50	BW&FAC	0	787	787
448	Michael Bellwood	m			784	0	784
449	Beth Abbott	f			0	784	784
450	Phil Jones	m	MV 40		0	783	783
451	Mike Lowes	m	MV 50	Saltwell Harriers	782	0	782
452	Dan Lewis	m	MV 40		780	0	780
453	Sam Lewis	m			779	0	779
454	Hilary Coates	f	FV 40		0	779	779
455	Larrissa Penny	f			778	0	778
456	John Deakin	m	MV 40		0	778	778
457	John Wiggans	m	MV 50	Red Rose Road Runners	777	0	777
458	Matthew Hodson	m			776	0	776
459	Paul Coates	m	MV 50		0	775	775
460	Joe Gregson	m			775	0	775
461	Rebecca Byrne	f		St Bees Trier	774	0	774
462	Louise Anderson	f	FV 50		773	0	773
463	Fleur Roberts	f	FV 40	Smiley Paces	772	0	772
464	Emma Lomas	f			0	772	772
465	Sharon Barry	f	FV 50	Tri-lakeland	771	0	771
466	Gary Lomas	m	MV 50		0	771	771
467	Jo Dixon	f	FV 50	Blackpool Freedom Runners	0	770	770
468	Alison Ormerod	f	FV 40		0	769	769
469	Christine Dewsbury	f	FV 40	Stockport Tri club	769	0	769
470	Lesley Allison	f	FV 60	Eden Runners	0	768	768
471	Charlotte Black	f	FV 40	Stockport Tri Club	768	0	768
472	Janet Grint	f	FV 40	Stockport tri	767	0	767
473	Paula Lawson	f	FV 40		0	766	766
474	Georgina Gavins	f			765	0	765
475	amy kirk	f			764	0	764
476	Gogs Davies	m	MV 50	Vegan Runners UK	763	0	763
477	David Cummins	m	MV 50		0	763	763
478	Andrew Slatter	m			761	0	761
479	Leonie Hayler	f	FV 50	Tynedale Harriers	759	0	759

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
480	Rebecca Leahy	f		Women on the Run (Kendal)	758	0	758
481	Glyn Jones	m	MV 50		757	0	757
482	Joanne Beahan	f	FV 50		756	0	756
483	Nadine Scaife	f	FV 50		0	755	755
484	Sam Dixon	f	FV 50		0	754	754
485	Gill Pomfret	f	FV 50	Smiley Paces	754	0	754
486	Elizabeth Watson	f	FV 50		0	753	753
487	Glyn Williams	m	MV 50	Prestwich AC	752	0	752
488	Tim Bray	m	MV 40		0	751	751
489	Sarah Hoggarth	f	FV 50	Orchard Eagles Running Club	0	749	749
490	Kate Morley	f			749	0	749
491	David Miller	m	MV 60	Chorley A. & T.	748	0	748
492	Clare Clarke	f	FV 50	10 caKers	747	0	747
493	Heather Brown	f	FV 40	Stocksfield Striders	0	746	746
494	Ray Foulkes	m	MV 50	Redcar Running Club	746	0	746
495	Martin Tilbury	m	MV 50		745	0	745
496	Fran Connolly	f	FV 40	Blackpool Wyre & Fylde AC	744	0	744
497	Emma Young	f			0	744	744
498	Nadia Mckane	f			743	0	743
499	Becky Morris	f			0	741	741
500	Gillian Rowland	f	FV 60		739	0	739
501	Jackie Frank	f	FV 40		0	739	739
502	Daisy Munn	f			738	0	738
503	Anton Mirafsari	m		Gateshead Harriers	737	0	737
504	James Watts	m			736	0	736
505	Amy Frost	f			0	736	736
506	Jill Robertson	f	FV 50		0	735	735
507	Fiona Haigh	f	FV 50	Team Fi & B	734	0	734
508	Sophie Burlison	f			0	734	734
509	Leonie Bell	f	FV 40		733	0	733
510	Keith Burlison	m	MV 50		0	733	733
511	Neil Hawkes	m	MV 50		732	0	732
512	Sue Mackie	f	FV 50		0	732	732
513	Michael Harrison	m	MV 40		731	0	731
514	Karen Pope	f	FV 40		0	731	731
515	Steve Watson	m	MV 50		730	0	730
516	Judith Benson	f	FV 40		0	729	729
517	Gary Bigland	m	MV 40		729	0	729
518	Cathleen Casterton	f			728	0	728
519	Laura Anderson	f			0	728	728
520	John Wilks	m	MV 50	Tri Lakeland	727	0	727
521	Amy Butler	f			0	727	727
522	Rachel Bailey	f			726	0	726
523	Megan Butler	f			0	726	726
524	Rebecca White	f	FV 40	Ilkley Harriers	723	0	723
525	Wendy Birkett	f	FV 60		722	0	722
526	James Bickerstaffe	m	MV 50	Lions Running Community	0	720	720
527	Holly Arnold	f		Fellside Ladies	719	0	719
528	Anthony Boyle	m	MV 40		0	718	718
529	Chris Ledson	f	FV 50		0	717	717
530	Tracy Rees-clarke	f	FV 50	Blackwater Valley Runners	0	716	716
531	Judith OKELY	f			0	715	715
532	Thomas Harkin	m	MV 40	Manchester Muckers RC	714	0	714
533	howard Okely	m	MV 70		0	713	713

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
534	Christopher D'Arcy	m	MV 50		713	0	713
535	John Newton	m	MV 50		712	0	712
536	Jane Searle	f	FV 50		0	712	712
537	Tracey J Burlinson Campbell	f	FV 50	Lonely Goat Running Club	0	711	711
538	Chris Green	m	MV 50		710	0	710
539	Rebecca Meeten	f	FV 50		0	709	709
540	Lee Clark	m	MV 40	Team Acf	709	0	709
541	Jen Powley	f	FV 40		708	0	708
542	Steve Douglas	m	MV 60		0	707	707
543	Nicky Steels	f	FV 40	Keswick AC	707	0	707
544	Alan Davidson	m	MV 70		706	0	706
545	Karen Eckworth	f	FV 60	Alton Runners	0	706	706
546	Adam Ralph	m			705	0	705
547	Fiona Little	f	FV 40		704	0	704
548	Anthony Maxwell	m	MV 60	Lostock AC	703	0	703
549	Rachel Summers	f	FV 50		0	703	703
550	Emma Thacker	f	FV 40		702	0	702
551	Emma Brierley	f	FV 40		0	702	702
552	Dan Stolworthy	m			701	0	701
553	Ann-Marie Tulloch	f	FV 40		700	0	700
554	Sara Summers	f	FV 50		0	700	700
555	Katie Cross	f	FV 40		0	699	699
556	Hilary Dickinson	f	FV 60	Tynedale Harriers & A C	698	0	698
557	Emma Seery	f	FV 40		0	698	698
558	Susan Lowes	f	FV 50	Saltwell Harriers	697	0	697
559	J Graham Smith	m	MV 50		0	696	696
560	Dawn Jarrett	f	FV 50		696	0	696
561	Mark Shaw	m	MV 50		0	695	695
562	Andy Sheridan	m	MV 40		695	0	695
563	Chris Land	m	MV 50	Quakers	0	694	694
564	Diane Wright	f	FV 50	Calder Valley Fell Runners	694	0	694
565	Rebecca Hardacre	f			693	0	693
566	Jayne Dore	f	FV 50		0	693	693
567	Helen Foster	f	FV 40		692	0	692
568	Emily Dore	f			0	692	692
569	Sharon Stones	f	FV 60		691	0	691
570	Emily Hudson	f	FV 40		690	0	690
571	Louise Stevens	f	FV 50		0	690	690
572	Barbara Mead-Mason	f	FV 50	Blackpool Freedom Runners	0	688	688
573	Lotty Bradford	f	FV 40	Keswick AC	686	0	686
574	Lesley Ross	f	FV 60		0	686	686
575	Chris Redfern	m	MV 50	Saltwell Harriers	0	685	685
576	Naomi Le Voi	f		Jag outdoors	684	0	684
577	Melanie Haughan	f	FV 50	Suncity tri	0	684	684
578	lisa MacDonald	f	FV 40		0	683	683
579	Jodie Berry	f		RunTheWorldMcr	683	0	683
580	Paul Kirton	m	MV 50	Tetbury Dolphins Running Club	682	0	682
581	Ken Haughan	m	MV 40	Suncity tri	0	682	682
582	Fiona Lobban	f	FV 50		681	0	681
583	darren hill	m			680	0	680
584	Andrew Higgins	m	MV 50	Bollington Harriers	0	680	680
585	Jack Forshaw	m		TTC	679	0	679
586	Mark Taylor	m	MV 60		0	678	678
587	Rebecca Gregson	f		Tri Preston	678	0	678

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
588	Jane Oakey	f			0	677	677
589	Sarah Lord	f	FV 50	DH Runners	676	0	676
590	Simon Forshaw	f	FV 50		675	0	675
591	Lyn Williamson	f	FV 50	Edinburgh Running Network	0	674	674
592	Julia Guste	f			674	0	674
593	Meg Daintith	f	FV 50	Warrington Runing Club	673	0	673
594	Laura Tracey	f			0	673	673
595	Rachel Clark	f	FV 50	Belper Harriers	672	0	672
596	Jane Grantham	f	FV 40		0	671	671
597	Angie Wright	f	FV 50	Smiley Paces	670	0	670
598	Fiona Hulley	f	FV 50	Smiley Paces	668	0	668
599	Cheryl Chaffe	f	FV 50		0	668	668
600	Rob Chaffe	m	MV 50		0	667	667
601	Rachel Savage	f	FV 40		667	0	667
602	Lisa Riley	f	FV 40		0	666	666
603	Kit Erlebach	m	MV 50	Durham City Harriers	666	0	666
604	Mandy DYE	f	FV 50		665	0	665
605	Julia Thornley	f	FV 50		0	665	665
606	Elizabeth Gribbin	f			664	0	664
607	Alison Unsworth	f	FV 50		663	0	663
608	Penny Green	f	FV 40		0	663	663
609	Jude Beckett	f	FV 40		0	662	662
610	Charles Larsson	m	MV 50	Silverdale Tv	662	0	662
611	Ian Glendenning	f	FV 50		661	0	661
612	Sharon Jackson	f	FV 50		0	661	661
613	Craig Booth	m	MV 50		659	0	659
614	Angela Nicholson	f	FV 50		0	659	659
615	Marie Breeze	f	FV 40		0	658	658
616	Robert Terry	m	MV 50	Belper Harriers	657	0	657
617	Catherine Sunderland-Hughes	f	FV 50		656	0	656
618	Louise Street	f	FV 40		0	655	655
619	Emily Morrow	f			655	0	655
620	Jennifer Hale	f		Witherslack Warriors	0	654	654
621	Jessica Wood	f			654	0	654
622	Stephen Penney	m	MV 50		0	653	653
623	Karen Ashcroft	f	FV 40		653	0	653
624	Josephine LOUISE Walsh	f	FV 50	Red Rose Road Runners	0	652	652
625	NIKKI CRYER	f			652	0	652
626	Katie Battersby	f		Smiley Paces	651	0	651
627	Emma Penney	f	FV 50	This Mum Runs	0	651	651
628	Em Yolland	f			0	650	650
629	Debora Edwards	f	FV 50		0	649	649
630	Lucy Price	f	FV 40		0	648	648
631	Helyn McConnell	f	FV 50	SE Fitness	648	0	648
632	Kirsten Johnson	f	FV 40	Red Kite Runners	0	647	647
633	Chris Lane	m	MV 50		0	646	646
634	Louise Roberts	f	FV 50		645	0	645
635	Karen Wilkinson	f	FV 50		0	645	645
636	Carol Robinson	f	FV 40		644	0	644
637	Jacqueline Shore	f	FV 60		0	643	643
638	Jill Gregg	f	FV 40	Parbold Pink Panthers	643	0	643
639	Viv Samuelson	f	FV 40		0	641	641
640	Joanne Battersby	f	FV 50	Steel City Striders	641	0	641
641	Heather Taylor	f	FV 40	Wearside Triathlon	639	0	639

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
642	Pat Wyke	f	FV 60	Run in Wirral	0	638	638
643	Bob Preston	m	MV 50		638	0	638
644	Jill Reed	f	FV 50		636	0	636
645	Nick Pape	m	MV 50	Hermitage Harriers	634	0	634
646	Darren Eccles	m	MV 40		633	0	633
647	Parish Minton	f		10cakers	632	0	632
648	Linda Field	f	FV 50		631	0	631
649	Val Houghton	f	FV 50		629	0	629
650	Jane Davies	f	FV 50		628	0	628
651	Stuart Bond	m			626	0	626
652	Andrew Turnbull	m	MV 40	St Bees Triers	624	0	624
653	Dan May	m			623	0	623
654	Kirstie May	f			622	0	622
655	Sandy Petrie	m	MV 70		621	0	621
656	Kathryn Green	f	FV 50		619	0	619
657	Ken Brown	m	MV 60		618	0	618
658	Vicki Brown	f	FV 50		617	0	617
659	Kate Stolworthy	f			616	0	616
660	Scott Burrow	m	MV 50		615	0	615
661	Kirsty Martindale	f	FV 50	Women On The Run	613	0	613
662	Michael Matthews	m			612	0	612
663	Clare Moody	f	FV 40	Smiley Paces	611	0	611
664	Jennifer Pugh	f	FV 40		608	0	608
665	Colin Hill	m			607	0	607
666	Sharon Duthie	f	FV 50		606	0	606
667	Lynne Terry	f	FV 50		605	0	605
668	Tricia Griffiths	f	FV 60		602	0	602
669	Russ Kelly	m	MV 50	Redcar Running Club	601	0	601
670	Sarah Wilding	f	FV 40		600	0	600
671	Chris Probert	m	MV 60	Penny Lane Striders	594	0	594
672	Richard Quine	m	MV 50		593	0	593
673	Kathryn Abbott	f	FV 50	Red Rose Road Runners	592	0	592
674	Sam Davis	m			591	0	591
675	Elizabeth Bailey	f	FV 40	Garstang Running Club	590	0	590
676	Claire Horner	f	FV 40	Garstang RC	589	0	589
677	Amanda Walsh	f	FV 50		588	0	588
678	Joanne Heron	f	FV 50		587	0	587
679	Shevonne McLarnon	f	FV 40	Kirkstall Harriers	586	0	586
680	Laura Leitch	f			584	0	584
681	Marie Walker	f	FV 50	Sedgefield Harriers	581	0	581
682	Hannah Coupe	f	FV 40		577	0	577
683	Charlotte Casson	f			576	0	576
684	Jennifer Burtonwood	f	FV 50	ckpool Wyre And Fylde Athletics C	575	0	575
685	Daniel Small	m			572	0	572
686	Nicola Whitfield	f			571	0	571
687	Malcolm Adams	m	MV 70	Poynton Runners	570	0	570
688	Zena Cassels	f	FV 40	Women on the run	567	0	567
689	Gary Anderson	m	MV 50		562	0	562
690	Tiffany Mccullough	f			560	0	560
691	David Munday	m	MV 50		559	0	559
692	Alison Ford	f	FV 50	SE Fitness	558	0	558
693	Katie Learman	f	FV 50		557	0	557
694	Judith Barker	f	FV 50		555	0	555
695	David Eatough	m	MV 50		553	0	553

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
696	John Cunningham	m	MV 50	Davenport Runners	552	0	552
697	Janet Finn	f	FV 50		550	0	550
698	John Hetherington	m	MV 60	Bodyfit Cumbria	549	0	549
699	Rachel Bellwood	f		N/A	548	0	548
700	Kati Wood	f		Lancaster Runners	547	0	547
701	Diane Cawley	f	FV 40		546	0	546
702	Joanne Slinger	f	FV 40		543	0	543
703	Kirstie Whyatt	f	FV 40		542	0	542
704	Andrea Howarth	f			541	0	541
705	Vish Parekh	m	MV 40		540	0	540
706	Chris Lee	m			539	0	539
707	Abigail Jardine	f	FV 40	Eden Runners	538	0	538
708	Deborah Easton	f	FV 40		537	0	537
709	Helen Lyon	f			536	0	536
710	Gabrielle Wenham	f		Parbold Pink Panthers	535	0	535
711	Fiona Petrie	f	FV 60		534	0	534
712	Rhian Broomhead	f	FV 40		532	0	532
713	Tim Ford	m	MV 50		531	0	531
714	Genna Robb	f			530	0	530
715	James Bostock	m	MV 40		526	0	526
716	Carrie Bostock	f	FV 40	10CaKers	525	0	525
717	Luke Bell	m			523	0	523
718	Faye Cox	f			522	0	522
719	Michael Leahy	m	MV 70		520	0	520
720	Ronni Kirkham	f	FV 50	Esk valley	519	0	519
721	Clare Agar	f	FV 40	Redcar Running Club	518	0	518
722	Jean Ann Wilde	f	FV 50		517	0	517
723	Ali Cooper	f	FV 60		516	0	516
724	Mark Finn	m	MV 50		515	0	515
725	Anthony Brewis	m	MV 40		514	0	514
726	Sheila Maxwell	f	FV 60	Lostock AC	513	0	513
727	Maxine Grimshaw	f	FV 60	RED Community	511	0	511
728	Martin Duffy	m	MV 40		510	0	510
729	Tabitha Stanmore	f			507	0	507
730	Suze Rickard	f			506	0	506
731	Sorcha Hodgson	f			505	0	505
732	Paula Byrne	f	FV 60		504	0	504
733	Tony Pilkington	m	MV 60	MV65	503	0	503
734	Laura Pilkington	f			502	0	502
735	Sarah Erlebach	f	FV 50	Mums on the Run	499	0	499
736	Jo Houghton	f	FV 50	Prestwich AC	497	0	497
737	Richard Payne	m	MV 60	Quakers Running Club	496	0	496
738	Claire St John	f	FV 40	KPOOL WYRE & FYLDE ATHLETICS	495	0	495
739	Jez Makin	m	MV 50	Darlington Harriers & AC	494	0	494
740	Lynne Hardwick	f	FV 40		493	0	493
741	Jonathan Clubb	m	MV 40		492	0	492
742	Chloe Slee	f		Goodgym Race Team	491	0	491
743	Jackie Moxon	f	FV 60		490	0	490
744	Sarah Bowden	f	FV 40		488	0	488
745	Marie Clay	f	FV 40	N/a	487	0	487
746	Deborah Williams	f	FV 40	Jog On The Tyne	486	0	486
747	Claire Knowles	f	FV 40	Jog On The Tyne	485	0	485
748	GARY MOXON	m	MV 60		484	0	484
749	Marie Guttridge	f	FV 40		483	0	483

Position	Name	Gender	Age Cat	Club	Helvellyn	Ullswater	DD
750	John Harrington	m			482	0	482
751	Michael Kirkham	m	MV 50	Tri Rivington	481	0	481
752	Eleanor Forshaw	f			480	0	480
753	Wendy Hope	f	FV 40	Blackpool Fylde & Wyre AC	479	0	479
754	Elizabeth Gartshore	f	FV 60	Pensby Runners	478	0	478
755	Rowan Luck	f	FV 40	Woodthorpe Huffers & Puffers	475	0	475
756	Debbie Crouch	f	FV 50	Woodthorpe Huffers & Puffers	474	0	474
757	Lucy Glendenning	f	FV 50		472	0	472
758	Kiera Glendenning	f			471	0	471
759	Richard Walker	m	MV 40		470	0	470
760	Lizzie Simmons	f	FV 40		469	0	469
761	Amanda Forbes	f	FV 60		467	0	467
762	Donna Thorpe	f	FV 40		466	0	466
763	Al Marron	f	FV 40		465	0	465
764	Maree Barugh	f	FV 40		464	0	464
765	Sarah Baird	f			463	0	463
766	Elaine Hudson	f	FV 40		462	0	462
767	Beverley Miller	f	FV 60	Hyde Park harriers	461	0	461
768	Helen Dutton	f			460	0	460
769	Helen Greenhalgh	f	FV 40	Wesham Road Runners	459	0	459
770	Dawn Anderson	f	FV 50		458	0	458
771	Samantha Tinsdale	f	FV 40		457	0	457
772	Anne Gash	f	FV 50		456	0	456
773	Charntel Clark	f			455	0	455
774	Megan Skelhorn	f			453	0	453
775	Andy Skelhorn	m	MV 60		452	0	452
776	Gillian Kelly	f	FV 40	St. Helens Sutton	451	0	451
777	Paul Kelly	m	MV 40		450	0	450
778	Katie Lee	f			448	0	448
779	Caroline Rixon	f	FV 60		446	0	446
780	Jeanette McCormack	f	FV 60		445	0	445
781	Marie Caveen	f	FV 70		444	0	444