



Lakeland Trails 2021 Series Championships - 10k Trail Run 'Best of Three'



Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1	Gary Bailey	m	MV 40	Pudsey & Bramley Ac	998	0	0	997	1000	1000	998	999	2999
2	Louie Clark	m			0	0	1000	1000	0	0	0	996	2996
3	Lee Procter	m	MV 40	Team inov-8	998	0	0	0	996	0	0	1000	2994
4	Ronnie Haddow	m	MV 50	Furness Fell Runners	997	0	995	994	994	998	996	998	2993
5	Owain Clark	m		Leven Valley AC	0	0	998	995	0	996	993	997	2991
6	Nick Lewthwaite	m	MV 40		983	995	982	977	0	989	983	986	2970
7	Karen Pickles	f	FV 50	Pudsey & Bramley Ac	988	0	0	984	982	993	985	988	2969
8	Oliver Lees	m	MV 40		978	0	0	0	983	0	989	992	2964
9	Lauren Booth	f		Hoad Hill Harriers	0	997	987	0	980	0	0	0	2964
10	Susie Anton	f		Susie Anton Pt & Fitness&wellness	941	994	945	970	0	979	969	981	2954
11	Liam Graham	m			0	0	966	988	0	0	990	0	2944
12	Stuart Clark	m	MV 50		0	0	977	982	0	0	0	977	2936
13	Harry Vaneris	m	MV 40		979	0	944	958	969	981	971	976	2936
14	John Wilson	m	MV 40		972	0	0	0	966	0	975	979	2926
15	David Hull	m	MV 50		0	986	936	946	0	0	963	972	2921
16	Andy Brayshaw	m	MV 40		970	987	919	943	940	0	958	964	2921
17	Vicki Greenall	f	FV 50		960	0	963	0	973	985	0	0	2921
18	James Galloway-Booth	m			0	0	968	0	0	984	0	968	2920
19	Philip Neal	m	MV 40		0	0	0	953	0	976	0	983	2912
20	Mark Blundell	m	MV 50	Edge Pistols	0	991	949	0	963	0	0	0	2903
21	David Macgillivray	m	MV 60	Dh Runners	957	0	946	0	962	0	0	971	2890
22	Jessica Booth	f			0	0	935	956	0	968	962	0	2886
23	Ann Birchall	f	FV 50	Ashington Hirst Running Club	0	0	956	957	0	0	967	0	2880
24	Andrew Firkins	m	MV 50	Lancaster & Morecambe AC	966	0	0	981	0	0	929	0	2876
25	Joanne Mcleod	f	FV 50		953	0	952	962	959	0	0	0	2874
26	Lara Dickinson	f			940	0	0	0	0	0	960	966	2866
27	Stef Williams	f	FV 50	Ponteland Runners	867	938	904	947	951	954	940	959	2864
28	Sarah Ward	f		Abbey Runners	964	0	0	921	972	0	0	0	2857
29	Liam Hall	m			956	0	937	0	957	0	893	915	2850

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
30	Gerard Rooney	m	MV 60		936	978	926	0	927	0	0	0	2841
31	Graham Kenealy	m	MV 50		0	0	0	920	0	956	0	955	2831
32	Dawn Chilton	f	FV 50		895	958	883	0	859	0	927	940	2825
33	Carl Wild	m			915	967	940	918	863	0	0	0	2825
34	Andrew Reid	m	MV 40		920	0	915	923	0	944	935	936	2815
35	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	937	0	941	0	933	0	0	0	2811
36	Jo Bonham	f	FV 50		926	0	0	0	0	931	901	946	2803
37	Elaine Fisher	f	FV 50		0	0	0	907	0	953	0	943	2803
38	Wendy Birkett	f	FV 60		939	0	907	0	0	0	948	0	2794
39	Sharon-lee Lukas	f	FV 50	Ladies Who Run	891	948	866	860	894	945	0	0	2787
40	Susanne Parry	f	FV 40		0	0	897	929	910	0	926	930	2785
41	David Williams	m	MV 50	Ponteland Runners	866	923	864	884	845	934	924	917	2781
42	Lawrence Mannion	m	MV 50		872	0	959	0	950	0	0	0	2781
43	Lynda Davenport	f	FV 40		902	0	851	904	873	942	912	923	2777
44	Rachel Summers	f	FV 50		0	921	0	757	0	929	906	0	2756
45	Nicola Mapes	f			0	0	0	0	903	0	895	954	2752
46	Gillian Webb	f	FV 40		884	940	0	0	0	920	0	0	2744
47	Pete Holding	m	MV 60		869	0	880	0	851	940	0	920	2740
48	Shirley Spratt	f	FV 60		0	0	857	894	852	0	918	912	2724
49	Michael Lewthwaite	m	MV 50	U/a	909	0	898	915	0	0	0	0	2722
50	Sandy McBride	f	FV 50		894	0	0	0	0	0	902	924	2720
51	Paul Coldham	m	MV 50	DCH Run Club	731	892	727	963	700	861	794	795	2716
52	Richard Hudson	m			904	0	894	0	917	0	0	0	2715
53	Jessica Clifton	f	FV 40		905	0	893	0	916	0	0	0	2714
54	Suzanne Green	f	FV 50	Red Rose Runners	881	0	837	865	833	924	873	904	2709
55	Jacq Charles	f	FV 40	Wirral Vikings Trc	0	0	889	0	0	0	907	908	2704
56	Stuart Edwards	m	MV 50	Lonely Goat	908	0	0	910	884	0	0	0	2702
57	Lorraine Thompson	f	FV 40	N/A	913	0	879	0	908	0	0	0	2700
58	Jean Turner	f	FV 60	Telford Harriers	0	915	804	847	792	892	858	881	2688
59	Anthony Marechal	m	MV 60		901	0	885	901	0	0	0	0	2687
60	Stephen Perry	m	MV 60	Lancaster And Morecambe Ac	856	0	0	900	0	0	928	0	2684
61	Claire Gall	f	FV 40		880	0	0	888	875	0	0	906	2674
62	Claire Gilchrist	f			0	0	0	864	891	919	0	0	2674
63	Angie Trippitt	f	FV 50		0	920	846	824	799	905	0	0	2671
64	Roy Barton	m	MV 50		0	0	863	0	0	0	914	891	2668

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65	Joanne Boreham	f	FV 50		0	0	0	850	0	908	848	896	2654
66	Bernice Blundell	f	FV 50	Edge Pistols	0	950	868	0	834	0	0	0	2652
67	Deborah Thorneycroft	f	FV 50		878	0	0	876	844	0	878	894	2650
68	Jeff Mccully	m	MV 50	Walney Wind Cheetah	0	0	0	0	0	910	851	886	2647
69	Ian Walker	m	MV 50	Glaxo Hoad Hill Harriers	892	0	833	0	827	0	917	0	2642
70	Zoe Bridges	f	FV 50	Trail Running Association	816	0	0	0	0	0	908	916	2640
71	Michael Holmes	m	MV 50	Lonely goat rc	883	0	810	0	818	0	856	901	2640
72	Lizzie Simmons	f	FV 40		897	0	875	0	864	0	0	0	2636
73	Tricia Griffiths	f	FV 50		0	0	849	0	872	0	0	914	2635
74	Jo Moss	f	FV 40		863	0	0	898	0	0	871	0	2632
75	Anna Richings	f	FV 50	Lancaster And Morecambe Athletics	857	0	0	899	0	0	870	0	2626
76	Sara Summers	f	FV 50		0	945	765	0	0	911	0	0	2621
77	Brian Winder	m	MV 70	Darwen Running Group	808	916	805	825	736	878	782	809	2619
78	Sam Robson	f	FV 50	N/a	795	0	930	0	0	879	0	0	2604
79	Richard Campbell	m	MV 40		820	0	769	807	0	897	845	846	2588
80	JEANETTE GRIMES	f	FV 60		0	884	0	801	765	866	796	832	2582
81	Jackie Frank	f	FV 40		801	0	847	853	789	0	855	861	2569
82	Chris Furphy	m	MV 50	Stockton Striders	846	0	836	0	0	0	0	883	2565
83	Angela Martland	f	FV 40		0	914	781	803	0	0	0	847	2564
84	Anna Holmes-Rand	f			893	0	828	0	843	0	0	0	2564
85	Catherine Clennett	f	FV 50	Stockton Striders	845	0	835	0	0	0	0	882	2562
86	John Wiseman	m	MV 50	Red Rose Road Runners	0	908	756	811	760	0	0	839	2558
87	Jane Taylor	f	FV 50	Women On The Run	865	0	869	808	0	0	0	0	2542
88	Amanda Walsh	f	FV 50		876	0	855	0	801	0	0	0	2532
89	Stewart Grieve	m	MV 40		890	0	753	0	869	0	0	0	2512
90	Chris Lees	m	MV 50	Hambleton Athletics & Running Club	0	0	0	759	0	0	773	965	2497
91	Hilde Krijnen	f	FV 50		871	0	812	0	814	0	0	0	2497
92	Helen Patten	f	FV 50	Red Rose Runners	0	0	0	0	744	904	0	848	2496
93	Rebecca Crellin	f		Cumberland Fell Runners	818	0	0	832	0	0	839	0	2489
94	Julie Jerram	f	FV 50		0	0	796	0	0	0	846	845	2487
95	Dawn Saxby	f	FV 50	DCH Run Club	0	893	729	0	0	862	0	0	2484
96	Rach Stavert	f	FV 50		825	0	844	0	804	0	0	0	2473
97	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	0	0	0	794	0	0	820	843	2457
98	Robert Myatt	m	MV 50		753	0	814	0	832	0	811	801	2457
99	Julie Maycock	f	FV 40		807	0	0	0	758	885	0	0	2450

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100	Charlotte Bennett	f			814	0	780	0	723	0	802	831	2447
101	Howard Rand	m	MV 40		748	0	827	0	842	0	0	0	2417
102	Nic Holmes	f	FV 40		885	0	825	0	701	0	0	0	2411
103	Helen Bowerman	f	FV 50		788	0	788	0	766	0	823	0	2399
104	Lenka Ward	f		Susie Anton Ladies On The Run	761	0	750	0	0	0	813	823	2397
105	Kathryn Atkinson	f	FV 40	Pendle Triathlon Club	0	0	0	0	749	0	819	828	2396
106	Mahfuzul Islam	m	MV 40		783	0	747	0	757	855	0	0	2395
107	Gwen Woznikowska	f		Susie Anton Pt Ladies On The Run	755	0	749	0	0	0	814	824	2393
108	David Watson	m	MV 50	Red Rose Road Runners	765	901	0	0	724	0	0	0	2390
109	Deborah Catlow	f	FV 50	Blackburn Road Runners	0	0	745	0	0	0	815	827	2387
110	Ben Kay	m	MV 40		762	0	720	0	0	888	0	0	2370
111	Niki Stockton	f	FV 50		727	888	0	0	666	0	751	0	2366
112	Ann Myatt	f	FV 60	Cheadle	754	0	0	0	668	0	810	800	2364
113	Alison Spiby	f	FV 50		781	0	757	0	690	0	808	0	2346
114	Emily Sinkinson	f		Red Rose Road Runners	0	0	0	0	730	0	801	814	2345
115	Karen Quan-soon	f	FV 60		813	0	766	0	759	0	0	0	2338
116	Kate Houlden	f	FV 50	Women On The Run, Kendal	736	0	743	0	0	837	0	0	2316
117	Sinead Kay	f	FV 40	Jogging Pals	763	0	719	0	0	833	0	0	2315
118	Ruth Seton	f	FV 40		764	0	735	802	0	0	0	0	2301
119	Deborah Lund	f	FV 40		0	0	740	758	0	0	790	0	2288
120	Ken Whittington	m	MV 60		759	0	0	813	715	0	0	0	2287
121	Leslie Mault	m	MV 70		738	0	772	776	0	0	0	0	2286
122	Janet Holmes	f	FV 60	St Helens Striders	729	0	724	0	0	826	0	0	2279
123	Dot Carr	f	FV 70		733	0	712	0	667	827	0	0	2272
124	Louise Rooney	f	FV 60		792	0	770	0	699	0	0	0	2261
125	Gill Morgan	f	FV 50	A&T running club	777	0	739	738	0	0	0	0	2254
126	Tina Pye	f	FV 40		726	0	0	729	650	0	744	778	2251
127	Chris Robson	m	MV 80		724	0	701	0	0	823	0	0	2248
128	Siobhan Grimshaw	f	FV 50	Blackburn Road Runners	746	0	733	750	682	0	0	0	2229
129	Carole Whiteley	f	FV 60	Women On The Run Kendal	749	0	0	0	693	0	779	0	2221
130	Alexandra White	f	FV 40	Davenport Runners	780	0	741	0	686	0	0	0	2207
131	Susan Higgins	f	FV 50	Windermere Ladies On The Run	745	0	0	753	685	0	0	0	2183
132	Ellen Pope	f	FV 60	Blackburn Road Runners	0	0	732	749	683	0	0	0	2164
133	Katy Fawcett	f	FV 40		741	0	711	0	661	0	0	0	2113
134	Steven Worsley	m	MV 50	Lancaster and morecambe ac	0	0	0	996	0	0	995	0	1991

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135	Daniel Brookfield	m			995	0	993	0	0	0	0	0	1988
136	Karl Dickenson	m		Lonely Goat Rc	0	0	994	0	993	0	0	0	1987
137	Sharon Dixon	f	FV 50	Furness Fell Runners	0	0	0	985	0	0	0	990	1975
138	Thomas Deakin	m			987	0	0	0	987	0	0	0	1974
139	Gavin Rowlands	m			0	0	0	0	997	0	976	0	1973
140	Steve Jones	m	MV 40		0	0	979	0	0	0	991	0	1970
141	Paul Macfarlane	m	MV 40	Helmhill / Drum Nation	0	0	0	0	984	0	979	0	1963
142	Kevin Scott	m	MV 50		0	0	976	0	0	0	984	0	1960
143	Thomas Pearson	m			974	0	0	0	981	0	0	0	1955
144	Fergal Duffy	m	MV 50		0	963	0	0	991	0	0	0	1954
145	Philip Higgins	m	MV 50		973	0	0	0	978	0	0	0	1951
146	John Lafferty	m			0	972	978	0	0	0	0	0	1950
147	Ben Taylor	m			0	0	0	972	976	0	0	0	1948
148	John Birkett	m	MV 60		981	0	0	0	0	0	966	0	1947
149	Chester Clapham	m			959	0	0	0	0	0	982	0	1941
150	Andrew Laidlow	m	MV 50		967	0	0	971	0	0	0	0	1938
151	Steve Howell	m	MV 50	Quakers Running Club	0	977	950	0	0	0	0	0	1927
152	Gerard Hurst	m	MV 60		0	0	0	0	0	0	980	945	1925
153	Richard Mitchell	m			0	0	0	0	965	0	0	958	1923
154	David Pattison	m	MV 40		0	0	0	0	975	0	945	0	1920
155	Norman Hindmarsh	m	MV 50		0	0	0	0	0	0	970	947	1917
156	Rob Coakley	m			0	0	0	0	0	0	968	942	1910
157	Philip Blakeley	m			0	0	925	0	985	0	0	0	1910
158	John Gray	m	MV 50		948	0	962	0	0	0	0	0	1910
159	Don Oldcorn	m	MV 50		0	0	0	0	0	0	946	961	1907
160	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	923	981	0	0	0	0	0	0	1904
161	Andrew O'boyle	m	MV 50		934	0	0	0	0	0	964	0	1898
162	Graham Ingham	m	MV 50		0	0	0	936	961	0	0	0	1897
163	Andrew Mcgregor	m	MV 40		0	0	0	0	0	0	943	953	1896
164	Robert Clayton	m			0	0	0	964	0	0	930	0	1894
165	Nicholas Atherton	m	MV 40		0	969	0	0	920	0	0	0	1889
166	Alecia Johnstone	f			938	0	948	0	0	0	0	0	1886
167	Sam Johnson	m			929	0	0	0	0	955	0	0	1884
168	Hannah Brookfield	f			0	0	920	0	964	0	0	0	1884
169	Claudia Hammond-Price	f			0	0	0	945	938	0	0	0	1883

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170	David Offord	m	MV 50		952	0	928	0	0	0	0	0	1880
171	Isabella Cuthbert	f			0	0	916	0	0	963	0	0	1879
172	Lesley Chapman	f	FV 60	Teesdale AC	0	954	0	924	0	0	0	0	1878
173	Carol Hatch	f	FV 60		0	0	0	0	0	0	934	941	1875
174	Lindsay Sutcliffe	f	FV 40	Knaresborough Striders	0	0	0	0	0	947	916	0	1863
175	Fiona Milne	f			0	0	0	0	0	0	933	929	1862
176	Lisa Bolton	f	FV 40	Red Rose Runners	0	0	917	940	0	0	0	0	1857
177	Jacqui Wilson	f	FV 50		0	0	0	0	0	0	921	935	1856
178	Martin Wilson	m			0	0	0	0	930	0	0	926	1856
179	Andrew Connor	m	MV 50		0	924	0	0	0	932	0	0	1856
180	Martin Tilbury	m	MV 40		932	0	924	0	0	0	0	0	1856
181	Nick Sharp	m	MV 50		870	0	986	0	0	0	0	0	1856
182	David Fox	m	MV 40		943	0	0	0	912	0	0	0	1855
183	Justin Gill	m	MV 40	Clayton-le-Moors Harriers	0	0	891	0	0	0	0	963	1854
184	John Croxford	m	MV 60		0	0	0	0	0	948	0	903	1851
185	Jonty Tarbuck	m	MV 40		921	0	929	0	0	0	0	0	1850
186	Lesley Neal	f	FV 40		0	0	0	0	0	915	0	928	1843
187	Catherine Elliott	f	FV 40		931	0	0	0	911	0	0	0	1842
188	Emma Harris	f	FV 40		0	0	0	0	0	0	911	925	1836
189	Paul Wilson	m	MV 60	Eden Runners	0	0	0	0	0	0	896	931	1827
190	Nicola Brown	f			0	944	0	0	0	0	883	0	1827
191	Kelly Barrett	f			0	0	0	0	0	0	913	910	1823
192	Mark James	m	MV 60	Lancaster Runner's	914	0	905	0	0	0	0	0	1819
193	Tony Bond	m	MV 50		930	0	886	0	0	0	0	0	1816
194	Andrew Whitehead	m	MV 50		910	0	0	0	904	0	0	0	1814
195	Martin Barrett	m	MV 50		0	0	0	0	0	0	903	909	1812
196	Katherine France	f	FV 40		0	0	903	0	909	0	0	0	1812
197	Nick Lewer	m	MV 70		0	0	887	0	0	0	922	0	1809
198	Kathryn Barrett	f	FV 50	Darwen dashers	0	0	876	0	0	933	0	0	1809
199	David Dodgson	m	MV 50		0	956	0	0	853	0	0	0	1809
200	Kay Nolan	f	FV 40		886	0	0	0	0	922	0	0	1808
201	Elaine Shepherd	f	FV 50		0	0	0	0	0	0	863	944	1807
202	Kristy Wonders	f	FV 40	North Shields Poly	0	0	0	0	0	0	919	888	1807
203	Asia Connor	f			0	925	0	0	0	875	0	0	1800
204	Jordan Quan-soon	m			919	0	0	0	880	0	0	0	1799

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205	Graeme Kehoe	m	MV 40		0	0	0	0	889	0	909	0	1798
206	Claire Smith	f	FV 40	North Shields Poly Ac	0	0	0	0	0	0	876	921	1797
207	Steve Foreman	m	MV 40	Sedgefield Harriers	823	0	0	974	0	0	0	0	1797
208	Beth Irving	f	FV 40		0	0	0	875	918	0	0	0	1793
209	Richard Clements	m	MV 50		907	0	0	0	886	0	0	0	1793
210	Simon Robson	m	MV 40		935	0	0	0	858	0	0	0	1793
211	Belinda Schofield	f	FV 50		906	0	0	0	885	0	0	0	1791
212	Marie Walker	f	FV 50	Sedgefield Harriers	888	0	0	902	0	0	0	0	1790
213	Lisa Inman	f		Witherslack Warriors	0	942	0	846	0	0	0	0	1788
214	Lada Rotshtein	f	FV 50		0	929	0	0	0	0	0	857	1786
215	Chris Cuinu	m	MV 50		0	927	0	0	0	0	0	858	1785
216	Chris Hutchinson	m	MV 60		0	0	0	0	0	901	882	0	1783
217	Abigail Mcaninly	f	FV 40	Durham	900	0	0	0	867	0	0	0	1767
218	Nick Kaufmann	m	MV 60		0	0	0	0	0	0	877	887	1764
219	John Craig	m	MV 40	Victoria Park City Of Glasgow	0	0	0	0	0	0	866	893	1759
220	Gillian Woon	f	FV 40	Vegan Runners UK	0	0	0	0	0	0	869	890	1759
221	Lynda Carter	f	FV 40		0	0	0	890	0	0	868	0	1758
222	Tim Castelyn	m	MV 40		0	0	884	0	874	0	0	0	1758
223	Helen Turton	f	FV 40	Vegan Runners UK	0	0	0	0	0	0	867	889	1756
224	ian campbell	m	MV 40	Ashington Hirst Running Club	882	0	872	0	0	0	0	0	1754
225	Hannah Crowley	f			0	0	0	0	0	0	857	895	1752
226	Kim Stockdale	f	FV 40		0	0	0	903	849	0	0	0	1752
227	Rebecca Byrne	f		St Bees Trier	0	0	0	0	826	0	925	0	1751
228	Tina Gee	f	FV 60		0	0	0	842	0	906	0	0	1748
229	Jim Higham	m	MV 40		0	0	0	0	0	0	849	892	1741
230	Debra Hodgson	f	FV 50		0	0	0	0	0	0	862	879	1741
231	Nicola Phillips	f	FV 50		0	0	0	0	847	894	0	0	1741
232	Jennifer Hickson	f	FV 50	Mornington Chasers	0	0	0	0	0	0	861	878	1739
233	Julie Wisely	f	FV 40		0	0	0	0	848	887	0	0	1735
234	Peter Lane	m	MV 40	Notfast Rc	839	0	896	0	0	0	0	0	1735
235	Sarah Jones	f	FV 50		0	0	0	859	0	0	875	0	1734
236	Jason Spear	m	MV 50	Lions Running Community	0	0	0	0	0	0	872	859	1731
237	Jonathan Potter	m			0	0	0	0	0	0	850	880	1730
238	Nicola Hartley	f	FV 50		0	0	856	0	0	0	0	874	1730
239	Felicity Cross	f	FV 60	Preston Harriers	861	0	867	0	0	0	0	0	1728

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
240	Kathrin Meyrick	f	FV 50		0	0	842	0	0	0	884	0	1726
241	Jessica Durant	f		Rugby Triathlon Club	0	0	0	0	0	0	837	885	1722
242	Kathryn Greenlees	f			0	0	859	0	862	0	0	0	1721
243	David Whiteley	m	MV 60		847	0	0	0	0	0	860	0	1707
244	Jason Wrennall	m	MV 40		922	0	0	0	785	0	0	0	1707
245	Ben Higginson	m	MV 60	Preston Harriers	889	0	816	0	0	0	0	0	1705
246	Sam Davis	m			0	0	0	0	850	0	853	0	1703
247	Elaine Coupland	f	FV 50	Jog On The Tyne	0	0	0	0	0	0	843	856	1699
248	Amanda Gray	f	FV 50		853	0	843	0	0	0	0	0	1696
249	Susan Sharp	f	FV 60		873	0	817	0	0	0	0	0	1690
250	Dawn Cole	f	FV 50		0	0	0	848	0	0	841	0	1689
251	Rachel Bodenham	f	FV 40		835	0	0	0	0	0	0	853	1688
252	Petrina Cassell	f	FV 60	Eden Runners	0	0	0	0	0	0	838	844	1682
253	Diane Hamblett	f	FV 50		0	0	0	0	0	0	830	851	1681
254	Zara Gall	f	FV 40	Didsbury Ladies	0	0	0	0	796	884	0	0	1680
255	Sharon Donald	f	FV 40	DCH Run Club	0	0	0	812	0	0	0	866	1678
256	Tony Orr	m	MV 60		844	0	0	833	0	0	0	0	1677
257	Paul Amos	m	MV 50		0	0	783	0	0	889	0	0	1672
258	Stephen Tysome	m	MV 50		842	0	0	0	830	0	0	0	1672
259	Gemma Swart	f	FV 40		0	905	0	765	0	0	0	0	1670
260	Tony Pilkington	m	MV 60	MV60	0	0	838	0	831	0	0	0	1669
261	Toni Tan	f	FV 40		786	0	0	0	0	881	0	0	1667
262	Kevin Gelder	m	MV 50		859	0	0	0	806	0	0	0	1665
263	Jayne Batt	f	FV 60		799	0	854	0	0	0	0	0	1653
264	Catherine Cuthbert	f	FV 40		0	0	759	0	0	891	0	0	1650
265	Andrew Jones	m	MV 40		840	0	809	0	0	0	0	0	1649
266	Michael Price	m		Team Inov-8	836	0	813	0	0	0	0	0	1649
267	Gordon Blunt	m	MV 40	Kendal Hockey Club	0	0	990	0	658	0	0	0	1648
268	Sharon Hill	f	FV 50	Parkside Panthers	0	0	819	0	0	0	827	0	1646
269	Liza Swart	f	FV 50		0	897	0	747	0	0	0	0	1644
270	Caron Parkes	f	FV 50		0	0	0	0	747	890	0	0	1637
271	Emma Lomas	f			0	0	0	0	782	0	0	850	1632
272	Tracey Brocklehurst	f	FV 50		0	0	0	0	0	0	812	820	1632
273	Gary Lomas	m	MV 50		0	0	0	0	781	0	0	849	1630
274	Claire Atherton	f			0	0	0	722	0	0	0	907	1629

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
275	Tracy Foreman	f	FV 40	Sedgefield Harriers	822	0	0	806	0	0	0	0	1628
276	Gavin Fisk	m	MV 40		809	0	0	0	817	0	0	0	1626
277	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	725	900	0	0	0	0	0	0	1625
278	Michael Milburn	m	MV 60		834	0	785	0	0	0	0	0	1619
279	Rebecca Modeley	f			0	0	841	0	773	0	0	0	1614
280	Sarah Freeman	f			0	0	840	0	772	0	0	0	1612
281	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	833	0	0	0	777	0	0	0	1610
282	Katie Haworth	f			0	0	0	0	0	0	795	813	1608
283	Jane Newby	f	FV 40		0	906	0	0	698	0	0	0	1604
284	Audrey Oldham	f	FV 50	Fylde Coast Runners	728	875	0	0	0	0	0	0	1603
285	Michael Thompson	m			0	0	0	838	764	0	0	0	1602
286	Arwa Eskander	f	FV 40	Colt	0	0	0	0	746	0	0	855	1601
287	Chris Pearson	m	MV 60		826	0	0	0	774	0	0	0	1600
288	Carrie Bostock	f	FV 40	10CaKers	0	903	0	0	697	0	0	0	1600
289	Alison Dick	f	FV 50	Red Rose Road Runners	0	0	0	0	0	0	788	811	1599
290	Rachel Grayson	f	FV 40	Quakers	0	0	0	775	0	0	0	821	1596
291	Suzanne Crozier	f	FV 50	Monkey Runners	0	0	0	0	0	0	780	812	1592
292	Lee Johnston	m	MV 40		848	0	0	0	742	0	0	0	1590
293	Sue Kearney	f	FV 50		815	0	771	0	0	0	0	0	1586
294	Sarah Carlick	f	FV 40		787	0	798	0	0	0	0	0	1585
295	Sam Perkins	f	FV 40		0	0	0	0	0	0	769	815	1584
296	Sarah Hopkins	f	FV 40		830	0	0	0	753	0	0	0	1583
297	Sarah Boyle	f	FV 50		0	0	0	789	0	0	793	0	1582
298	Jenny Mabbutt	f			0	0	0	0	750	0	826	0	1576
299	Sarah Bettinson	f	FV 40		791	0	0	785	0	0	0	0	1576
300	Tony Mather	m	MV 50		0	0	0	0	0	0	775	796	1571
301	Tracy Buer	f	FV 40		770	0	799	0	0	0	0	0	1569
302	Emma Teggart	f		Lonely goat	0	0	0	0	735	0	833	0	1568
303	Zoe Clarke	f	FV 50		0	0	829	0	737	0	0	0	1566
304	Angie Shorrocks	f	FV 50		768	0	0	798	0	0	0	0	1566
305	Helen Gray	f	FV 40		0	886	0	0	675	0	0	0	1561
306	Lisa Mather	f	FV 50		0	0	0	0	0	0	768	792	1560
307	Alison Unsworth	f	FV 50		851	0	708	0	0	0	0	0	1559
308	Cathryn Hardwick	f	FV 40		0	0	726	0	0	832	0	0	1558
309	Claire Logan	f			824	0	0	0	734	0	0	0	1558

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
310	Rebecca Rendle	f	FV 60	Women On The Run	796	0	0	0	0	0	761	0	1557
311	Yvonne O'malley	f	FV 40	Jogscotland Penicuik	0	0	0	0	0	0	765	791	1556
312	Jane Malcolm	f	FV 50	Jogscotland	0	0	0	0	0	0	766	790	1556
313	David Hardwick	m	MV 40		0	0	725	0	0	831	0	0	1556
314	Nicola Machin	f	FV 40		0	0	0	0	706	846	0	0	1552
315	Matt Boot	m	MV 40		837	0	714	0	0	0	0	0	1551
316	Sarah Anderson	f	FV 50	Beverley AC	0	0	0	0	0	0	756	793	1549
317	Heather Allen	f	FV 40		0	0	700	0	0	0	847	0	1547
318	Samantha Gothard	f	FV 40		0	0	0	763	0	0	0	782	1545
319	Catherine Haggerty	f			772	0	0	772	0	0	0	0	1544
320	Lorna Coy	f	FV 40		829	0	715	0	0	0	0	0	1544
321	Jo-anna Robson	f	FV 40		773	0	0	770	0	0	0	0	1543
322	Karen Cummings	f	FV 50		771	0	0	771	0	0	0	0	1542
323	Caitlin Stokes	f			0	0	0	0	707	0	0	830	1537
324	Gemma Birtles	f	FV 40	Hambleton Athletics & Running Club	0	0	0	760	0	0	774	0	1534
325	Sarah Johnson	f			0	0	0	0	705	0	0	826	1531
326	Paula Byrne	f	FV 60		767	0	761	0	0	0	0	0	1528
327	Mark Thornber	m	MV 60		766	0	762	0	0	0	0	0	1528
328	Laura Hanson	f			0	0	0	784	743	0	0	0	1527
329	Debbie Cail	f	FV 50		0	0	0	0	0	0	740	777	1517
330	Tracy Mault	f	FV 40		739	0	0	777	0	0	0	0	1516
331	Ian Reid	m	MV 40		744	0	0	762	0	0	0	0	1506
332	Nicola Stanley	f	FV 40		789	0	0	0	716	0	0	0	1505
333	Laura Sweeting	f			734	0	0	769	0	0	0	0	1503
334	Gillian Holmes	f	FV 50		0	0	705	0	0	0	0	780	1485
335	Catherine Aitken	f	FV 50		750	0	0	0	731	0	0	0	1481
336	Ann Whittington	f	FV 60		760	0	0	0	714	0	0	0	1474
337	Theresa Murray	f	FV 50		776	0	0	0	694	0	0	0	1470
338	Susan Winn	f	FV 50	Women On The Run	797	0	0	0	673	0	0	0	1470
339	Suzanne Collett	f	FV 40	Women On The Run	0	0	0	0	664	0	0	805	1469
340	David Stirling	m	MV 60		0	0	0	783	684	0	0	0	1467
341	Christina Davies	f	FV 40	Team Inov-8	0	0	717	733	0	0	0	0	1450
342	Rosalyn Turner	f	FV 60	Wotr	0	0	0	0	663	0	0	786	1449
343	Hayley Fleming	f		Women on the run kendal	775	0	0	0	674	0	0	0	1449
344	Rose Thompson	f	FV 50	Women On The Run - Kendal	0	0	0	0	662	0	0	785	1447

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
345	Julie Kelly	f	FV 60	St Bees Triers	0	0	0	766	679	0	0	0	1445
346	Kerry Williams	f	FV 40		0	0	0	0	642	0	0	802	1444
347	Mark Sullivan	m	MV 60		0	0	703	0	0	0	741	0	1444
348	Linda Farquhar	f	FV 70	St Bees Triers	0	0	0	754	657	0	0	0	1411
349	Alison Medlicott	f	FV 50	Warrington Running Club	0	0	742	0	659	0	0	0	1401
350	David Rosen	m	MV 60	Lancaster & Morecambe AC	732	0	0	0	656	0	0	0	1388
351	Rebecca Moon	f	FV 40		0	0	734	0	652	0	0	0	1386
352	Ellen Barkworth	f	FV 60	Blackburn Road Runners	0	0	0	718	655	0	0	0	1373
353	Harry Bond	m		Buxton AC	0	0	0	0	0	0	1000	0	1000
354	Simon Fawcett	m	MV 40		0	1000	0	0	0	0	0	0	1000
355	Matt Knowles	m		Lancaster and Morecambe Athletics Club	1000	0	0	0	0	0	0	0	1000
356	Shaun Mochan	m			0	0	0	0	0	0	999	0	999
357	Richard Wilson	m	MV 40	Kendal AC	0	0	0	0	0	999	0	0	999
358	Andrew Bell	m		Cartmel	0	0	0	0	999	0	0	0	999
359	Antal Farago	m			0	0	0	999	0	0	0	0	999
360	Liam Gregory	m			0	999	0	0	0	0	0	0	999
361	Matthew Smith	m			999	0	0	0	0	0	0	0	999
362	Joshua Erlebach	m		Durham City Harriers	0	0	999	0	0	0	0	0	999
363	James Barsby	m			0	0	0	0	998	0	0	0	998
364	Craig Marsh	m		Keswick Ac	0	0	0	998	0	0	0	0	998
365	Anna Hoogkamer	f		Team inov-8	0	998	0	0	0	0	0	0	998
366	Tim Chadwick	m		Skipton Ac	0	0	0	0	0	0	997	0	997
367	Keith Townley	m			0	0	0	0	0	997	0	0	997
368	Emily Gibbins	f		Ilkley harriers	0	0	997	0	0	0	0	0	997
369	Stephen Entwistle	m	MV 50	Wirral Vikings TRC	0	996	0	0	0	0	0	0	996
370	Sean Rickard	m			996	0	0	0	0	0	0	0	996
371	Ian Marsh	m			0	0	996	0	0	0	0	0	996
372	Jim Andrews	m	MV 50		0	0	0	0	0	0	0	995	995
373	Daniel Atkins	m			0	0	0	0	0	995	0	0	995
374	Andrew Thomas	m			0	0	0	0	995	0	0	0	995
375	Stuart Parry	m	MV 40	Northern Fells Running Club	0	0	0	0	0	0	0	994	994
376	Patrick Mochan	m			0	0	0	0	0	0	994	0	994
377	Jiri Bittner	m	MV 40		0	0	0	0	0	994	0	0	994
378	Gary Lane	m	MV 50	Howgill Harriers	994	0	0	0	0	0	0	0	994
379	Christopher Durkin	m	MV 40		0	0	0	0	0	0	0	993	993

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
380	Jack Akister	m			0	0	0	993	0	0	0	0	993
381	Liam Crossey	m	MV 40		0	993	0	0	0	0	0	0	993
382	Mark Havenhand	m	MV 50	Sheffield Triathlon Club	993	0	0	0	0	0	0	0	993
383	Simon Blake	m	MV 40		0	0	0	0	0	0	992	0	992
384	Rachael Croft	f	FV 40		0	0	0	0	0	992	0	0	992
385	Anthony Irving	m	MV 40		0	0	0	0	992	0	0	0	992
386	Stephen Hackley	m	MV 40		0	0	0	992	0	0	0	0	992
387	Archie McKnespiey	m			0	992	0	0	0	0	0	0	992
388	Gawain Wyatt	m			992	0	0	0	0	0	0	0	992
389	Michael Clarkson	m			0	0	992	0	0	0	0	0	992
390	Dan Bell	m			0	0	0	0	0	0	0	991	991
391	Christoph Hachmann	m			0	0	0	0	0	991	0	0	991
392	Ryan Parker	m	MV 40	Cumberland Fell Runners	0	0	0	991	0	0	0	0	991
393	Stu Taylor	m	MV 40		991	0	0	0	0	0	0	0	991
394	Phil Burns	m	MV 40	Stockport Harriers	0	0	991	0	0	0	0	0	991
395	Jane Thomas	f		Sale Harriers	0	0	0	0	0	990	0	0	990
396	Robert Turner	m			0	0	0	0	990	0	0	0	990
397	Andrew Clokey	m	MV 40	Lancaster and Morecambe ac	0	0	0	990	0	0	0	0	990
398	Harvey Wooldridge	m	MV 50		0	990	0	0	0	0	0	0	990
399	Alex Snaith	m			990	0	0	0	0	0	0	0	990
400	Josh Comley	m	MV 40		0	0	0	0	0	0	0	989	989
401	Pauline Munro	f	FV 50	Bingley	0	0	0	0	989	0	0	0	989
402	Mark Sandford	m	MV 40	Lonely Goat Running Club	0	0	0	989	0	0	0	0	989
403	Emma McKnespiey	f	FV 40	DH Runners	0	989	0	0	0	0	0	0	989
404	Ian Morgan	m	MV 50		989	0	0	0	0	0	0	0	989
405	Joe Taylor	m			0	0	989	0	0	0	0	0	989
406	Jonathan Poirrette	m	MV 50		0	0	0	0	0	0	988	0	988
407	Robin Lowery	m			0	0	0	0	0	988	0	0	988
408	Alex Hay	m	MV 50		0	0	0	0	988	0	0	0	988
409	John Pollard	m	MV 60	Glossopdale Harriers	0	988	0	0	0	0	0	0	988
410	Brent Stevenson	m	MV 50	Unattached	0	0	988	0	0	0	0	0	988
411	Judith Wall	f	FV 40	Manchester Triathlon Club	0	0	0	0	0	0	0	987	987
412	Josh Watkins-Smith	m			0	0	0	0	0	0	987	0	987
413	Adrian Filipek	m			0	0	0	0	0	987	0	0	987
414	Philip Mallaband	m	MV 40	Vegan Runners	0	0	0	987	0	0	0	0	987

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
415	Lara Clayson	f		Brighton And Hove Athletics	0	0	0	0	0	0	986	0	986
416	Nichola McNally	f	FV 50	Penistone Footpath Runners	0	0	0	0	0	986	0	0	986
417	Matthew Marshall	m	MV 40		0	0	0	0	986	0	0	0	986
418	Harry Fry	m		Manchester	0	0	0	986	0	0	0	0	986
419	Kate Morris	f	FV 50	Sheffield Triathlon Club	986	0	0	0	0	0	0	0	986
420	David McDougle	m			0	0	0	0	0	0	0	985	985
421	Robert Van	m			0	985	0	0	0	0	0	0	985
422	Ella Parry	f		Eden Runners	985	0	0	0	0	0	0	0	985
423	Taylor Leah	f			0	0	985	0	0	0	0	0	985
424	Rosie Ogg	f			0	0	0	0	0	0	0	984	984
425	Mark Hamilton	m			0	984	0	0	0	0	0	0	984
426	Ian Walker	m	MV 60		984	0	0	0	0	0	0	0	984
427	Matthew Ashton	m	MV 40		0	0	984	0	0	0	0	0	984
428	Myles Heywood	m			0	0	0	0	0	983	0	0	983
429	Brendan Loughrey	m	MV 50	Astley & tyldesley road runners	0	0	0	983	0	0	0	0	983
430	Kelly Wilby	f	FV 40		0	983	0	0	0	0	0	0	983
431	Jamie Quan-soon	m	MV 40		0	0	983	0	0	0	0	0	983
432	Geoff Lowe	m	MV 60	The Herdy Maaa-shal	0	0	0	0	0	0	0	982	982
433	Andrew Phillips	m			0	0	0	0	0	982	0	0	982
434	Jo Kilkenny	f	FV 40	Ambleside ac	0	982	0	0	0	0	0	0	982
435	Steven Macuras	m	MV 40	Preston Harriers	982	0	0	0	0	0	0	0	982
436	Bruce Sawyer	m	MV 40		0	0	0	0	0	0	981	0	981
437	Alan Huggon	m	MV 50	Border Reiver Runners	0	0	981	0	0	0	0	0	981
438	Colin Walton	m	MV 40		0	0	0	0	0	0	0	980	980
439	Ian Hanratty	m			0	0	0	0	0	980	0	0	980
440	Alex Heffron	m			0	0	0	980	0	0	0	0	980
441	Alex Brown	f			0	980	0	0	0	0	0	0	980
442	Barry Pritchard	m	MV 40		980	0	0	0	0	0	0	0	980
443	Stephen Johnson	m			0	0	980	0	0	0	0	0	980
444	Chris Wynne	m	MV 60		0	0	0	0	979	0	0	0	979
445	Dan Charnley	m		Lancaster & Morecambe Athletics Club	0	0	0	979	0	0	0	0	979
446	Hugh Weston	m	MV 60		0	979	0	0	0	0	0	0	979
447	Neville Harrison	m			0	0	0	0	0	0	0	978	978
448	Freddie Price	m			0	0	0	0	0	0	978	0	978
449	Michelle Turner	f			0	0	0	0	0	978	0	0	978

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
520	Sophie Newbould	f		Skipton Ac	0	0	0	0	0	0	961	0	961
521	Jyoti Walters	f			0	0	0	0	0	961	0	0	961
522	Alexander Sharman	m			0	0	0	961	0	0	0	0	961
523	Karen Allan	f	FV 60		0	961	0	0	0	0	0	0	961
524	Stephen Biscomb	m	MV 60	Clayton Le Moors	961	0	0	0	0	0	0	0	961
525	Hailey Fletcher	f		Sedbergh school running club	0	0	961	0	0	0	0	0	961
526	Joanne Andrews	f	FV 40		0	0	0	0	0	0	0	960	960
527	Darryl Cribbens	m	MV 40		0	0	0	0	0	960	0	0	960
528	Chris Keep	m	MV 40		0	0	0	0	960	0	0	0	960
529	Philip Kitchen	m	MV 40		0	0	0	960	0	0	0	0	960
530	Darren Entwistle	m	MV 40		0	960	0	0	0	0	0	0	960
531	Naomi Erlebach	f		Durham City Harriers	0	0	960	0	0	0	0	0	960
532	Simon Collins	m	MV 40		0	0	0	0	0	0	959	0	959
533	Stanley Wade	m	MV 60		0	0	0	0	0	959	0	0	959
534	Eleanor Cole	f			0	0	0	959	0	0	0	0	959
535	Paul Billingham	m	MV 50		0	959	0	0	0	0	0	0	959
536	Paul Stubbins	m	MV 40		0	0	0	0	0	958	0	0	958
537	Tom Hadfield	m	MV 40		0	0	0	0	958	0	0	0	958
538	John Foote	m	MV 40		958	0	0	0	0	0	0	0	958
539	Jonathan Hughes	m			0	0	958	0	0	0	0	0	958
540	caitlin taylor	f			0	0	0	0	0	0	0	957	957
541	Christopher Mckee	m			0	0	0	0	0	0	957	0	957
542	Chris Peachey	m	MV 50	Chorlton Runners	0	0	0	0	0	957	0	0	957
543	Tracey Mullan	f	FV 40	Thornton Cleveleys Running Club	0	957	0	0	0	0	0	0	957
544	Kieran Parker	m			0	0	957	0	0	0	0	0	957
545	Fiona Taylor	f			0	0	0	0	0	0	0	956	956
546	Billy Price	m			0	0	0	0	0	0	956	0	956
547	Simon Osmond	m	MV 40		0	0	0	0	956	0	0	0	956
548	John Crossley	m	MV 50		0	0	0	0	0	0	955	0	955
549	George Wrona	m			0	0	0	0	955	0	0	0	955
550	sue white	f			0	0	0	955	0	0	0	0	955
551	Anne-marie Pearson	f			0	955	0	0	0	0	0	0	955
552	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	955	0	0	0	0	0	0	0	955
553	Sean Mitchell	m	MV 40	Barnet & District Ac	0	0	955	0	0	0	0	0	955
554	Richard Mathias	m	MV 50		0	0	0	0	0	0	954	0	954

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
555	Stephen Caffrey	m			0	0	0	0	954	0	0	0	954
556	Carlos Correia	m	MV 60	North shields poly	0	0	0	954	0	0	0	0	954
557	Abbie Walker	f		Sedgefield Harriers	954	0	0	0	0	0	0	0	954
558	Laura Taylor	f			0	0	954	0	0	0	0	0	954
559	Simon Bolton	m	MV 50		0	0	0	0	0	0	953	0	953
560	Ben Worrall	m			0	0	0	0	953	0	0	0	953
561	Tom Johnson	m			0	953	0	0	0	0	0	0	953
562	Liam Conway	m		Wigan Harriers	0	0	953	0	0	0	0	0	953
563	Elizabeth Templeton	f			0	0	0	0	0	0	0	952	952
564	Katherine Lafferty	f			0	0	0	0	0	0	952	0	952
565	Rebecca Graham	f	FV 40	Team Nidderdale	0	0	0	0	0	952	0	0	952
566	Michael Devlin	m	MV 40		0	0	0	0	952	0	0	0	952
567	Aaron Dodd	m	MV 40		0	0	0	952	0	0	0	0	952
568	Fiona Earl	f	FV 50	Kimberworth Striders	0	952	0	0	0	0	0	0	952
569	Neil warburton	m	MV 40		0	0	0	0	0	0	0	951	951
570	Simon Taylor	m	MV 40		0	0	0	0	0	0	951	0	951
571	Kyle Fahey	m			0	0	0	0	0	951	0	0	951
572	Lorna Belford	f			0	0	0	951	0	0	0	0	951
573	Carol Downing	f	FV 50	Howgill Harriers	0	951	0	0	0	0	0	0	951
574	Ian Mills	m	MV 40		951	0	0	0	0	0	0	0	951
575	Tessa Young	f			0	0	951	0	0	0	0	0	951
576	Andrew Tabern	m	MV 40		0	0	0	0	0	0	0	950	950
577	John Yates	m	MV 40		0	0	0	0	0	0	950	0	950
578	Catherine Fahey	f			0	0	0	0	0	950	0	0	950
579	Rowan Ranner	f	FV 40	Helm Hill	0	0	0	950	0	0	0	0	950
580	Nigel Lawson	m	MV 50		950	0	0	0	0	0	0	0	950
581	Victoria Sutton	f	FV 50		0	0	0	0	0	0	0	949	949
582	Rosie Cooper	f			0	0	0	0	0	0	949	0	949
583	Craig Booth	m	MV 50		0	0	0	0	0	949	0	0	949
584	Luke Ward	m			0	0	0	0	949	0	0	0	949
585	Lee Holman	m	MV 40		0	0	0	949	0	0	0	0	949
586	Charles Ellis	m			0	949	0	0	0	0	0	0	949
587	Alex Salgarth	m			949	0	0	0	0	0	0	0	949
588	Chris Burstow	m			0	0	0	0	0	0	0	948	948
589	Michael Ball	m	MV 40		0	0	0	0	948	0	0	0	948

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
590	Louise Wareing	f	FV 40	Lancaster And Morecambe Ac	0	0	0	948	0	0	0	0	948
591	Ryan McCarthy	m			0	0	0	0	0	0	947	0	947
592	Daniel Wright	m	MV 40		0	0	0	0	947	0	0	0	947
593	Darren Wilson	m	MV 40		0	947	0	0	0	0	0	0	947
594	Glen Jeffries	m			947	0	0	0	0	0	0	0	947
595	Alex Hankinson-lawley	m			0	0	947	0	0	0	0	0	947
596	Dan Simpson	m			0	0	0	0	0	946	0	0	946
597	Kenneth Peckitt	m	MV 40		0	0	0	0	946	0	0	0	946
598	Jacqueline Burton	f	FV 50		0	946	0	0	0	0	0	0	946
599	Rob Bennion	m	MV 50		946	0	0	0	0	0	0	0	946
600	Christopher Hill	m		Dragons Running Club Sale	0	0	0	0	945	0	0	0	945
601	Paul Wilson	m	MV 50	Yorkshire Wolds Runners	945	0	0	0	0	0	0	0	945
602	Dean Cruden	m			0	0	0	0	0	0	944	0	944
603	Megan Whitehouse	f			0	0	0	0	944	0	0	0	944
604	Elizabeth Wignall	f		Lancaster& Morecambe AC	0	0	0	944	0	0	0	0	944
605	Joseph Ritson	m	MV 60	Derwent Ac Cockermouth	944	0	0	0	0	0	0	0	944
606	Sally Lambert	f	FV 50		0	0	0	0	0	943	0	0	943
607	Dianne Stanford	f	FV 50		0	0	0	0	943	0	0	0	943
608	Alan Brown	m	MV 60		0	943	0	0	0	0	0	0	943
609	Simon Cocker	m	MV 60		0	0	943	0	0	0	0	0	943
610	Ian Kilshaw	m	MV 60		0	0	0	0	0	0	942	0	942
611	Amanda Brooks	f	FV 50		0	0	0	0	942	0	0	0	942
612	David Lynn	m	MV 40		0	0	0	942	0	0	0	0	942
613	Eryn Barber	f			942	0	0	0	0	0	0	0	942
614	Spencer Dowdeswell	m			0	0	942	0	0	0	0	0	942
615	Lydia Kilshaw	f			0	0	0	0	0	0	941	0	941
616	Tim Ward	m	MV 50		0	0	0	0	0	941	0	0	941
617	Lisa Sim	f			0	0	0	0	941	0	0	0	941
618	Gary Moran	m			0	0	0	941	0	0	0	0	941
619	Gemma Prescott	f	FV 40		0	941	0	0	0	0	0	0	941
620	Alexandra Battersby	f		Tyne Bridge Harriers	0	0	0	0	0	0	0	939	939
621	Toby Walker	m			0	0	0	0	0	0	939	0	939
622	Maggie Derry	f	FV 40		0	0	0	0	0	939	0	0	939
623	Sandra Connell	f	FV 60		0	0	0	0	939	0	0	0	939
624	David Brooks	m	MV 50	Bowland Bimblers	0	0	0	939	0	0	0	0	939

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
625	Sophie Pick	f			0	939	0	0	0	0	0	0	939
626	Mark Taylor	m	MV 60		0	0	939	0	0	0	0	0	939
627	Louisa Graham	f			0	0	0	0	0	0	0	938	938
628	Lara Butterfield	f			0	0	0	0	0	0	938	0	938
629	Pamela Curtis	f	FV 50	None	0	0	0	0	0	938	0	0	938
630	Naomi Smith	f			0	0	0	938	0	0	0	0	938
631	Tom Kirkup	m			0	0	938	0	0	0	0	0	938
632	Anastasia Chew	f		Queen's Park harriers	0	0	0	0	0	0	0	937	937
633	Francesca Mckee	f			0	0	0	0	0	0	937	0	937
634	Louisa Stobbart	f			0	0	0	0	0	937	0	0	937
635	Andy Wilby	m	MV 50		0	0	0	0	937	0	0	0	937
636	Christina Mcguire	f	FV 50	Lancaster & Morecambe	0	0	0	937	0	0	0	0	937
637	Emma Lunn	f	FV 40		0	937	0	0	0	0	0	0	937
638	Ashleigh Atkinson	f			0	0	0	0	0	0	936	0	936
639	Helen Clayman	f	FV 50		0	0	0	0	0	936	0	0	936
640	Andrew Short	m	MV 40		0	0	0	0	936	0	0	0	936
641	Louise Griffin	f	FV 50	Tynedale Harriers	0	936	0	0	0	0	0	0	936
642	Paul Mather	m	MV 40		0	0	0	0	0	935	0	0	935
643	Ellen Whitehouse	f			0	0	0	0	935	0	0	0	935
644	Becky Ingham	f			0	0	0	935	0	0	0	0	935
645	Phil Jones	m	MV 40		0	935	0	0	0	0	0	0	935
646	Sonia Harris	f	FV 50	Manchester Tri Club	0	0	0	0	0	0	0	934	934
647	Katherine Whitehouse	f	FV 50		0	0	0	0	934	0	0	0	934
648	Iain Riley	m			0	0	0	934	0	0	0	0	934
649	Laura Oldroyd	f		Knutsford Tri Club	0	934	0	0	0	0	0	0	934
650	Angela Grace	f	FV 40		0	0	934	0	0	0	0	0	934
651	Abby Wade	f			0	0	0	0	0	0	0	933	933
652	Anthony Cape	m	MV 40		0	0	0	933	0	0	0	0	933
653	Heather Moorhouse	f			0	933	0	0	0	0	0	0	933
654	Margaret Duncan	f	FV 50	Sheffield Triathlon Club	933	0	0	0	0	0	0	0	933
655	Duncan Roy	m	MV 40		0	0	933	0	0	0	0	0	933
656	Clare Thomas	f	FV 40		0	0	0	0	0	0	0	932	932
657	Andrew Quinn	m			0	0	0	0	0	0	932	0	932
658	Belinda Barclay	f	FV 40		0	0	0	0	932	0	0	0	932
659	Sonia McGraffin	f	FV 40		0	0	0	932	0	0	0	0	932

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
660	Edelin Bulmer	f			0	932	0	0	0	0	0	0	932
661	Kieran Lowcock	m			0	0	932	0	0	0	0	0	932
662	Glyn Arthur	m			0	0	0	0	0	0	931	0	931
663	Dave Poole	m	MV 50		0	0	0	0	931	0	0	0	931
664	Andy Toppin	m	MV 50		0	0	0	931	0	0	0	0	931
665	Gary Burt	m	MV 50		0	931	0	0	0	0	0	0	931
666	Tim Lawton	m			0	0	931	0	0	0	0	0	931
667	Lorna Evans	f			0	0	0	0	0	930	0	0	930
668	Judith Correia	f	FV 50	North shields Poly	0	0	0	930	0	0	0	0	930
669	Amanda Anderson	f	FV 50		0	930	0	0	0	0	0	0	930
670	Lucy Ward	f	FV 40	Pocklington Runners	0	0	0	0	929	0	0	0	929
671	John Mack	m	MV 40		0	0	0	0	0	928	0	0	928
672	Alex Butcher	m			0	0	0	0	928	0	0	0	928
673	Ruby Cole	f		Manchester	0	0	0	928	0	0	0	0	928
674	Jane Isaac	f	FV 40		0	928	0	0	0	0	0	0	928
675	Charlotte Hopkinson	f	FV 50		928	0	0	0	0	0	0	0	928
676	Jenny Ruscoe	f	FV 40		0	0	0	0	0	0	0	927	927
677	Caroline Mack	f	FV 50		0	0	0	0	0	927	0	0	927
678	Paul Davis	m			0	0	0	927	0	0	0	0	927
679	Tony Hesketh	m	MV 70	Horwich Rmi Harriers	927	0	0	0	0	0	0	0	927
680	Laura Ashton	f	FV 40		0	0	927	0	0	0	0	0	927
681	Paul Naylor	m	MV 60	Eden Runners	0	0	0	0	0	926	0	0	926
682	Mark Twitchett	m	MV 50	Roundhay Runners	0	0	0	0	926	0	0	0	926
683	Zoe Johnson	f			0	0	0	926	0	0	0	0	926
684	Emma Lacey	f			0	926	0	0	0	0	0	0	926
685	Emily Bartram	f			0	0	0	0	0	925	0	0	925
686	Ian Henry	m			0	0	0	0	925	0	0	0	925
687	Mark Simmill	m	MV 60	Lancaster and Morecambe	0	0	0	925	0	0	0	0	925
688	Julie Paton	f	FV 40		925	0	0	0	0	0	0	0	925
689	Derek Henry	m	MV 60		0	0	0	0	924	0	0	0	924
690	Sally Barton	f	FV 60	Hoad Hill Harriers	924	0	0	0	0	0	0	0	924
691	Andy Hickson	m	MV 60	Mornington Chasers	0	0	0	0	0	0	923	0	923
692	Joanne Mather	f	FV 40		0	0	0	0	0	923	0	0	923
693	Stuart Berry	m	MV 60		0	0	0	0	923	0	0	0	923
694	Kit Erlebach	m	MV 40	Durham City Harriers	0	0	923	0	0	0	0	0	923

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
695	Monique Hindmarsh	m	MV 50		0	0	0	0	0	0	0	922	922
696	Andrew Leece	m	MV 50		0	0	0	0	922	0	0	0	922
697	Hannah Caulfield	f	FV 40	Darwen Dashers RC	0	0	0	922	0	0	0	0	922
698	Emma Goligher	f	FV 40	Sedbergh School Running Club	0	922	0	0	0	0	0	0	922
699	Daniel Mitchell	m	MV 40	Elvet Striders	0	0	922	0	0	0	0	0	922
700	Peter Marks	m		Chorlton Runners	0	0	0	0	0	921	0	0	921
701	Paula Nolan	f	FV 40		0	0	0	0	921	0	0	0	921
702	Gillian Doolan	f	FV 50		0	0	921	0	0	0	0	0	921
703	Ben Kennard	m	MV 40	Bosnia FC	0	0	0	0	0	0	920	0	920
704	Gemma Davies	f	FV 40		0	0	0	0	0	0	0	919	919
705	Philip Pasco	m			0	0	0	0	919	0	0	0	919
706	David Mccluskey	m	MV 40		0	0	0	919	0	0	0	0	919
707	Rachel Harrison	f			0	919	0	0	0	0	0	0	919
708	Jo Pickavance	f	FV 40		0	0	0	0	0	0	0	918	918
709	Bella Bell	f			0	0	0	0	0	918	0	0	918
710	Cheryl Chaffe	f	FV 50	Run In Wirral	0	918	0	0	0	0	0	0	918
711	Gary Pargeter	m	MV 50		918	0	0	0	0	0	0	0	918
712	Adam Ward	m			0	0	918	0	0	0	0	0	918
713	Ryan Phillips	m			0	0	0	0	0	917	0	0	917
714	Paul Wood	m	MV 60	Lonely Goat RC	0	0	0	917	0	0	0	0	917
715	Chris Leese	m	MV 70		0	917	0	0	0	0	0	0	917
716	Simon Godfrey	m	MV 40		917	0	0	0	0	0	0	0	917
717	Laura McLean	f			0	0	0	0	0	916	0	0	916
718	Ian Bell	m	MV 50		0	0	0	916	0	0	0	0	916
719	Christina Loveridge	f	FV 40	Bbrc	916	0	0	0	0	0	0	0	916
720	Claire Faulkner	f		Chapel Allerton Runners	0	0	0	0	0	0	915	0	915
721	Sarah Lewis-Briggs	f	FV 60	Head Torches Around The Tarn - Brampton	0	0	0	0	915	0	0	0	915
722	Mo McGeorge	f	FV 40		0	0	0	0	0	914	0	0	914
723	James Stanford	m	MV 50		0	0	0	0	914	0	0	0	914
724	Kate Brayshaw	f	FV 40	Helm Hill	0	0	0	914	0	0	0	0	914
725	Bethan Murray	f			0	0	914	0	0	0	0	0	914
726	Nathalie Robinson	f		Roefield Run Club	0	0	0	0	0	0	0	913	913
727	Katie Whitehouse	f	FV 40		0	0	0	0	0	913	0	0	913
728	Adam Hargreaves	m			0	0	0	0	913	0	0	0	913
729	Rachel Atherton	f	FV 40	Preston	0	0	0	913	0	0	0	0	913

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
765	Janet Shaw	f	FV 50	-	0	0	0	0	0	0	0	902	902
766	Tamsin Gregory	f	FV 40		0	0	0	0	0	902	0	0	902
767	Helen Jones	f			0	0	0	0	902	0	0	0	902
768	Beth Harrington	f	FV 40	10caKers	0	902	0	0	0	0	0	0	902
769	Andy Murray	m	MV 50		0	0	902	0	0	0	0	0	902
770	Rebecca Fish	f			0	0	0	0	901	0	0	0	901
771	Keith Patterson	m	MV 50	North Shields Poly	0	0	901	0	0	0	0	0	901
772	Rebecca Mann	f			0	0	0	0	0	0	0	900	900
773	Gillian Tomlinson	f	FV 50	Houghton Harriers Ac	0	0	0	0	0	0	900	0	900
774	Jodie Slater	f			0	0	0	0	0	900	0	0	900
775	Kathy Appleby	f	FV 50		0	0	0	0	900	0	0	0	900
776	Paul Fairclough	m	MV 40	Red Rose Runner	0	0	900	0	0	0	0	0	900
777	Lesley Jeffrey	f	FV 50		0	0	0	0	0	0	0	899	899
778	Donna Powell	f			0	0	0	0	0	0	899	0	899
779	Anya Watt	f			0	0	0	0	0	899	0	0	899
780	Simon Eggleston	m	MV 50		0	0	0	0	899	0	0	0	899
781	Helen Hardy	f	FV 50		0	899	0	0	0	0	0	0	899
782	Rob Bales	m	MV 40		899	0	0	0	0	0	0	0	899
783	Luke Kenealy	m			0	0	899	0	0	0	0	0	899
784	Neil Jeffrey	m	MV 50		0	0	0	0	0	0	0	898	898
785	Daniel Robinson	m			0	0	0	0	0	0	898	0	898
786	Lucy Brown	f	FV 40		0	0	0	0	0	898	0	0	898
787	Michelle Bolden	f	FV 40		0	0	0	0	898	0	0	0	898
788	Vincent Saggars	m	MV 50		0	898	0	0	0	0	0	0	898
789	Steve Platt	m	MV 50		898	0	0	0	0	0	0	0	898
790	Lisa Leigh	f			0	0	0	0	0	0	0	897	897
791	Jon Gilson	m	MV 50		0	0	0	0	0	0	897	0	897
792	Mark Liptrott	m	MV 50		0	0	0	0	897	0	0	0	897
793	Keith Burlison	m			0	0	0	897	0	0	0	0	897
794	Ewan Copp	m			0	0	0	0	0	896	0	0	896
795	Mike Lewthwaite	m	MV 50		0	0	0	0	896	0	0	0	896
796	Andrea Mcgeehin	f		St Bees Triers	0	0	0	896	0	0	0	0	896
797	Scott Currie	m	MV 70		0	896	0	0	0	0	0	0	896
798	Mhoraig Macfarlane	f		Dumfries	896	0	0	0	0	0	0	0	896
799	Steven Slaney	m	MV 50	Fylde Tri Club	0	0	0	0	0	895	0	0	895

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
800	Ellie Dwan	f			0	0	0	0	895	0	0	0	895
801	Helen Rennie	f	FV 40	Keswick AC	0	0	0	895	0	0	0	0	895
802	Rebecca Green	f			0	895	0	0	0	0	0	0	895
803	Helen Field	f		Women on the run	0	0	895	0	0	0	0	0	895
804	Hazel Stone	f	FV 40		0	0	0	0	0	0	894	0	894
805	Phil Blakeley	m			0	894	0	0	0	0	0	0	894
806	Gaynor Wardle	f	FV 40		0	0	0	0	0	893	0	0	893
807	Josh Snalam	m			0	0	0	0	893	0	0	0	893
808	Iain Taylor	m		Lancaster & Morecambe AC	0	0	0	893	0	0	0	0	893
809	Glyn MCGovern	m	MV 50		0	0	0	0	0	0	892	0	892
810	Helen Cox	f	FV 50		0	0	0	0	892	0	0	0	892
811	Hannah Niblett	f			0	0	0	892	0	0	0	0	892
812	Alison Gill	f	FV 40		0	0	892	0	0	0	0	0	892
813	Chris Tait	m	MV 60		0	0	0	0	0	0	891	0	891
814	stephen pepper	m	MV 40		0	0	0	891	0	0	0	0	891
815	Emily Johnson	f			0	891	0	0	0	0	0	0	891
816	Chris Miller	m			0	0	0	0	0	0	890	0	890
817	Mike Harvey	m			0	0	0	0	890	0	0	0	890
818	Pat Wyke	f	FV 60		0	890	0	0	0	0	0	0	890
819	Stephen Hancock	m	MV 50	Lostock AC	0	0	890	0	0	0	0	0	890
820	Kate Priest	f	FV 40		0	0	0	0	0	0	889	0	889
821	Sarah Ashcroft	f	FV 40	LYTHAM ST. ANNES	0	0	0	889	0	0	0	0	889
822	Helen Craven	f	FV 40	Selby Striders	0	889	0	0	0	0	0	0	889
823	Tiff McCullough	f			0	0	0	0	0	0	888	0	888
824	Mark Syratt	m	MV 40		0	0	0	0	888	0	0	0	888
825	Sophie Patterson	f			0	0	888	0	0	0	0	0	888
826	Tim Hatch	m	MV 50		0	0	0	0	0	0	887	0	887
827	Rosie Thompson	f	FV 50		0	0	0	0	887	0	0	0	887
828	Eleanor Akers	f			0	0	0	887	0	0	0	0	887
829	Sarah Cornell	f	FV 50		0	887	0	0	0	0	0	0	887
830	Robin Lees	m	MV 70		887	0	0	0	0	0	0	0	887
831	Rachel Ibbett	f	FV 40		0	0	0	0	0	0	886	0	886
832	Claire Howarth	f	FV 40	Chorlton Runners	0	0	0	0	0	886	0	0	886
833	Martha Smith	f			0	0	0	886	0	0	0	0	886
834	Peter Hutchinson	m			0	0	0	0	0	0	885	0	885

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
835	Andrew Smith	m	MV 50	Lancaster	0	0	0	885	0	0	0	0	885
836	Vicky Casey	f	FV 40		0	885	0	0	0	0	0	0	885
837	Andy Walton	m			0	0	0	0	0	0	0	884	884
838	Sam Massey	f	FV 40	Rosley	0	0	0	0	0	883	0	0	883
839	Caroline Clark	f	FV 40		0	0	0	0	883	0	0	0	883
840	Johanne Topp	f			0	0	0	883	0	0	0	0	883
841	Harry Wingate	m			0	883	0	0	0	0	0	0	883
842	Jenny Milburn	f	FV 40		0	0	0	0	0	882	0	0	882
843	Jeff Borradaile	m	MV 50		0	0	0	0	882	0	0	0	882
844	Natalie Appleton	f		Cumberland AC	0	0	0	882	0	0	0	0	882
845	Alison Wingate	f	FV 50	Kirkby Milers Athletics Club	0	882	0	0	0	0	0	0	882
846	Robert Thomas	m	MV 50		0	0	882	0	0	0	0	0	882
847	Keriana Tracey	f	FV 40		0	0	0	0	0	0	881	0	881
848	Charmayne Brierley	f	FV 50		0	0	0	0	881	0	0	0	881
849	Victoria Allen	f	FV 40		0	0	0	881	0	0	0	0	881
850	Melissa Conlan	f	FV 40		0	881	0	0	0	0	0	0	881
851	Georgina Hampson	f			0	0	881	0	0	0	0	0	881
852	Nigel Eddy	m	MV 60	Quakers running club	0	0	0	0	0	0	880	0	880
853	Scott Burrow	m	MV 50		0	0	0	0	0	880	0	0	880
854	Jonathan Allen	m	MV 40		0	0	0	880	0	0	0	0	880
855	Carole Harrison	f	FV 50		0	880	0	0	0	0	0	0	880
856	Caroline Turner	f	FV 40	None	0	0	0	0	0	0	879	0	879
857	Jen Meadows	f		Radcliffe Runners	0	0	0	0	879	0	0	0	879
858	Sheryl Parkinson	f	FV 40	Cumberland AC	0	0	0	879	0	0	0	0	879
859	Tracy Lever	f	FV 40	Kimberworth Striders	0	879	0	0	0	0	0	0	879
860	Lindsay Spink	f	FV 40	N/a	879	0	0	0	0	0	0	0	879
861	Christine Johnson	f	FV 60		0	0	0	0	878	0	0	0	878
862	Gayle Gerrard	f	FV 40	Burnden Road Runners	0	0	0	878	0	0	0	0	878
863	James Lawson	m			0	878	0	0	0	0	0	0	878
864	Fiona Bannister	f	FV 40	Leven Valley AC	0	0	878	0	0	0	0	0	878
865	Sally Lucas	f	FV 40		0	0	0	0	0	0	0	877	877
866	Rebecca Hanratty	f		St Bees Triers	0	0	0	0	0	877	0	0	877
867	Roger Collier	m	MV 60		0	0	0	0	877	0	0	0	877
868	Stephen Hollywood	m	MV 50	Ashington Hirst Running Club	0	0	0	877	0	0	0	0	877
869	Sharon Daniel	f	FV 40		0	877	0	0	0	0	0	0	877

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
870	Kim Rigg	f	FV 50		877	0	0	0	0	0	0	0	877
871	Jude Horsnell	f	FV 50		0	0	877	0	0	0	0	0	877
872	Nigel Ash	m	MV 50	Trail Running Assoc	0	0	0	0	0	0	0	876	876
873	Diana Griffiths	f		St Bees Triers	0	0	0	0	0	876	0	0	876
874	Katharine Murugesan	f	FV 40		0	0	0	0	876	0	0	0	876
875	Helen Catling	f			0	876	0	0	0	0	0	0	876
876	Jasmine Hartley	f			0	0	0	0	0	0	0	875	875
877	Helen Richey	f	FV 40		875	0	0	0	0	0	0	0	875
878	Sarah Colyer	f	FV 50		0	0	0	0	0	0	874	0	874
879	Patsy Naylor	f	FV 60	Eden Runners	0	0	0	0	0	874	0	0	874
880	Lynsey Taylor	f	FV 40		0	0	0	874	0	0	0	0	874
881	Frances McGlynn	f	FV 70		0	874	0	0	0	0	0	0	874
882	Ruth Chadwick	f			874	0	0	0	0	0	0	0	874
883	Kathryn Jacobs	f	FV 40		0	0	874	0	0	0	0	0	874
884	Cate Barnes	f			0	0	0	0	0	0	0	873	873
885	Siobhan O'donnell	f	FV 50		0	0	0	0	0	873	0	0	873
886	Catherine Callender	f	FV 40		0	0	0	873	0	0	0	0	873
887	Sarah Scambler	f	FV 60		0	873	0	0	0	0	0	0	873
888	Jayne Dore	f	FV 50		0	0	873	0	0	0	0	0	873
889	Juilian Elstgeet	m			0	0	0	0	0	0	0	872	872
890	Penny Green	f	FV 40		0	0	0	0	0	872	0	0	872
891	Suzanne Mullock	f		STOCKPORT	0	0	0	872	0	0	0	0	872
892	Michael Price	m			0	0	0	0	0	0	0	871	871
893	Tracy Davies	f	FV 50	Knowle & Dorrige Running Club	0	0	0	0	0	871	0	0	871
894	Cheryl Westerman	f	FV 40	Methley Striders	0	0	0	0	871	0	0	0	871
895	Richard Whall	m	MV 40		0	0	0	871	0	0	0	0	871
896	Trevor Hatton	m	MV 50		0	0	871	0	0	0	0	0	871
897	Eve Taylor	f	FV 60	Stockport Tri Club	0	0	0	0	0	0	0	870	870
898	Claire Maggs	f	FV 50		0	0	0	0	0	870	0	0	870
899	Gary Callaghan	m			0	0	0	0	870	0	0	0	870
900	Gina Bardon	f	FV 40		0	0	0	870	0	0	0	0	870
901	Joanna Vlies	f			0	0	870	0	0	0	0	0	870
902	Ian Taylor	m	MV 70	Stockport Tri Club	0	0	0	0	0	0	0	869	869
903	Adam Jackson	m	MV 50		0	0	0	0	0	869	0	0	869
904	Peter Bardon	m	MV 50		0	0	0	869	0	0	0	0	869

**LAKELAND
TRAILS**

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
905	Katie Learman	f	FV 50		0	0	0	0	0	0	0	868	868
906	Jackie Paterson	f	FV 50	Knowle & dorridge Rc	0	0	0	0	0	868	0	0	868
907	Toby West	m	MV 40	Lonely Goat Rc	0	0	0	0	868	0	0	0	868
908	David Moran	m			0	0	0	868	0	0	0	0	868
909	Alison Holmes	f	FV 50	Whitchurch Tri Club	868	0	0	0	0	0	0	0	868
910	Karen Holmes	f	FV 50		0	0	0	0	0	0	0	867	867
911	Sally Anderson	f	FV 40	Knowle And Dorridge Running Club	0	0	0	0	0	867	0	0	867
912	Pauline Kesek	f	FV 60	Wrekin Road Runners	0	0	0	867	0	0	0	0	867
913	Andrew Melling	m	MV 40		0	0	0	0	866	0	0	0	866
914	Simon Brown	m	MV 60	Lonely Goat Rc	0	0	0	866	0	0	0	0	866
915	Steve Lee	m	MV 50		0	0	0	0	0	0	0	865	865
916	Nicola Dinsdale	f		Ribble Valley Tri Club	0	0	0	0	0	0	865	0	865
917	Lucy Roberts	f			0	0	0	0	0	865	0	0	865
918	Linda Edmondson	f	FV 50		0	0	0	0	865	0	0	0	865
919	David Lomas	m	MV 50	Littleborough Runners	0	0	865	0	0	0	0	0	865
920	Emily Riddell	f			0	0	0	0	0	0	0	864	864
921	Wayne Robson	m	MV 50		0	0	0	0	0	0	864	0	864
922	Claire Conway	f			0	0	0	0	0	864	0	0	864
923	Stuart Doherty	m	MV 50	North Bolton Runners / Seloc	864	0	0	0	0	0	0	0	864
924	Avril Riddell	f	FV 60	Serpentine running club	0	0	0	0	0	0	0	863	863
925	Jennifer Lewis	f	FV 40		0	0	0	0	0	863	0	0	863
926	Charles Larsson	m	MV 50	Silverdale Tv	0	0	0	863	0	0	0	0	863
927	Amelia Tudor Beamish	f			0	0	0	0	0	0	0	862	862
928	Joanne Peacock	f	FV 50		0	0	0	862	0	0	0	0	862
929	William Williams	m	MV 60		862	0	0	0	0	0	0	0	862
930	Amie Stott	f		Hackbridge Harriers	0	0	862	0	0	0	0	0	862
931	David Webster	m			0	0	0	0	861	0	0	0	861
932	David Ratcliffe	m	MV 70	Helm Hill Runners	0	0	0	861	0	0	0	0	861
933	Natalie Stott	f		Hackbridge Harriers	0	0	861	0	0	0	0	0	861
934	Alison Schmutz	f	FV 50		0	0	0	0	0	0	0	860	860
935	Scott Bartlett	m	MV 50	Bexley Ac	0	0	0	0	0	860	0	0	860
936	Nicholas Hayes	m			0	0	0	0	860	0	0	0	860
937	Emma Renwick	f	FV 40	Tri Life Warriors	860	0	0	0	0	0	0	0	860
938	Mike Stott	m	MV 50	Hackbridge Harriers	0	0	860	0	0	0	0	0	860
939	Clarissa Murphy	f			0	0	0	0	0	0	859	0	859

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
940	Lauren Pearsall	f	FV 40		0	0	0	0	0	859	0	0	859
941	Neal Pearsall	m	MV 40		0	0	0	0	0	858	0	0	858
942	David Baker	m	MV 50	Notfast	0	0	0	858	0	0	0	0	858
943	Clare Gelder	f	FV 40		858	0	0	0	0	0	0	0	858
944	Caroline Squires	f	FV 50	Lancaster Runners	0	0	858	0	0	0	0	0	858
945	Jane Wood	f	FV 40		0	0	0	0	0	857	0	0	857
946	Paul Fino	m	MV 50		0	0	0	0	857	0	0	0	857
947	Jenny Malone	f			0	0	0	857	0	0	0	0	857
948	Melanie Conaghan	f	FV 40		0	0	0	0	0	856	0	0	856
949	Paul Brown	m	MV 40		0	0	0	0	856	0	0	0	856
950	Wolfgang Altenau	m	MV 70		0	0	0	856	0	0	0	0	856
951	Laura Fisher	f	FV 40		0	0	0	0	855	0	0	0	855
952	Ian Paterson	m	MV 40		0	0	0	855	0	0	0	0	855
953	David Cummins	m	MV 50		855	0	0	0	0	0	0	0	855
954	Elizabeth Hocking	f	FV 40		0	0	0	0	0	0	0	854	854
955	Rachel Ashton	f	FV 40	DOrunning	0	0	0	0	0	0	854	0	854
956	Chris Parkes	m	MV 50	Bollington Harriers	0	0	0	0	0	854	0	0	854
957	Damian Moss	m	MV 50		0	0	0	0	854	0	0	0	854
958	Arlene Huntley	f	FV 40		0	0	0	854	0	0	0	0	854
959	Michael Cummins	m	MV 50		854	0	0	0	0	0	0	0	854
960	Clare Love	f	FV 40		0	0	0	0	0	853	0	0	853
961	Paula Holdsworth	f	FV 40		0	0	853	0	0	0	0	0	853
962	Grant Griffiths	m	MV 60		0	0	0	0	0	0	0	852	852
963	Irene Williams	f	FV 50		0	0	0	0	0	0	852	0	852
964	Emma Haggie	f	FV 40		0	0	0	0	0	852	0	0	852
965	Jason Smith	m			0	0	0	852	0	0	0	0	852
966	Louisa Dever	f	FV 50		852	0	0	0	0	0	0	0	852
967	Breton Holdsworth	m	MV 40	Clayton Le Moor Harriers	0	0	852	0	0	0	0	0	852
968	Gareth Amos	m	MV 40	Davenport Runners	0	0	0	0	0	851	0	0	851
969	Elin Brooks	f			0	0	0	851	0	0	0	0	851
970	Victoria Williams	f	FV 40	Davenport runners	0	0	0	0	0	850	0	0	850
971	N.N. 933				850	0	0	0	0	0	0	0	850
972	Liesl Allcock	f	FV 50		0	0	850	0	0	0	0	0	850
973	Zoe Bothwell	f	FV 40		0	0	0	0	0	849	0	0	849
974	Jane Bailey	f			0	0	0	849	0	0	0	0	849

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1010	Karen Eckworth	f	FV 50	Alton Runners	0	0	0	0	0	0	0	837	837
1011	Kathy Allan	f	FV 40		0	0	0	0	837	0	0	0	837
1012	Graham Lancaster	m	MV 60	Whitefield	0	0	0	837	0	0	0	0	837
1013	Phil Halse	m	MV 40	Low Fell Running Club	0	0	0	0	0	0	0	836	836
1014	Bev Navesey	f	FV 50		0	0	0	0	0	0	836	0	836
1015	Gabrielle Thorpe	f	FV 40		0	0	0	0	0	836	0	0	836
1016	Bridget Broadhurst	f	FV 60	Tynedale Harriers	0	0	0	0	836	0	0	0	836
1017	Selina Sweetman	f			0	0	0	836	0	0	0	0	836
1018	Clare Magrath	f		Low Fell Running Club	0	0	0	0	0	0	0	835	835
1019	Karen Harper	f	FV 50	Sytal Running Club	0	0	0	0	0	0	835	0	835
1020	Jane Slaney	f	FV 50		0	0	0	0	0	835	0	0	835
1021	Amber Wilson	f			0	0	0	0	835	0	0	0	835
1022	Peter Belford	m	MV 60		0	0	0	835	0	0	0	0	835
1023	Vicki Halse	f		Low Fell Running Club	0	0	0	0	0	0	0	834	834
1024	Oliver Ridley	m			0	0	0	0	0	0	834	0	834
1025	Lucy Hill	f	FV 40		0	0	0	0	0	834	0	0	834
1026	Ian Hadlow	m	MV 60		0	0	0	834	0	0	0	0	834
1027	Lesley Skelton	f	FV 50		0	0	834	0	0	0	0	0	834
1028	Jane Welch	f	FV 60	Watford Joggers	0	0	0	0	0	0	0	833	833
1029	Dawn Fahy	f	FV 60		0	0	0	0	0	0	832	0	832
1030	Nicky Ball	f	FV 50		832	0	0	0	0	0	0	0	832
1031	Rebecca Bibby	f		Helm Hill Runners	0	0	832	0	0	0	0	0	832
1032	Sophie Pryke	f			0	0	0	0	0	0	831	0	831
1033	Malc Shipton	m	MV 70	Flying monk triathlon club	0	0	0	831	0	0	0	0	831
1034	Barney Smith	m	MV 40		831	0	0	0	0	0	0	0	831
1035	jo fowler	f	FV 40		0	0	831	0	0	0	0	0	831
1036	Andy Donnelly	m	MV 40		0	0	0	0	0	830	0	0	830
1037	Camila Varo	f			0	0	0	830	0	0	0	0	830
1038	Jo Clayton	f	FV 50		0	0	830	0	0	0	0	0	830
1039	Phil Dawson	m	MV 40		0	0	0	0	0	0	0	829	829
1040	Siobhan Gascoigne	f	FV 60		0	0	0	0	0	0	829	0	829
1041	Suzanne Havercroft	f	FV 50		0	0	0	0	0	829	0	0	829
1042	Caleb Polley	m	MV 40		0	0	0	0	829	0	0	0	829
1043	Fiona Leslie	f	FV 50	Chorlton Runners	0	0	0	829	0	0	0	0	829
1044	Michael Price	m	MV 50		0	0	0	0	0	0	828	0	828

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1045	Ghazal Ghahri-Saremi	f	FV 40		0	0	0	0	0	828	0	0	828
1046	Richard Popple	m	MV 40		0	0	0	0	828	0	0	0	828
1047	Jane Grimshaw	f	FV 50		0	0	0	828	0	0	0	0	828
1048	Craig Richardson	m	MV 50		828	0	0	0	0	0	0	0	828
1049	Jean WILKINSON	f	FV 50		0	0	0	827	0	0	0	0	827
1050	Melissa Lovett	f			827	0	0	0	0	0	0	0	827
1051	Helen Hetherington	f	FV 60	Bodyfit Cumbria	0	0	0	826	0	0	0	0	826
1052	Terry Peet	m	MV 60		0	0	826	0	0	0	0	0	826
1053	Mark Fearn	m	MV 50	Bollington Harriers	0	0	0	0	0	0	0	825	825
1054	Faye Simcock	f			0	0	0	0	0	0	825	0	825
1055	Jo Summers	f	FV 40	Worksop Harriers	0	0	0	0	0	825	0	0	825
1056	Louise Shorten	f	FV 40		0	0	0	0	825	0	0	0	825
1057	Jason Deacon	m	MV 50		0	0	0	0	0	0	824	0	824
1058	Jane Mcgreen	f	FV 60	N/a	0	0	0	0	0	824	0	0	824
1059	Amanda Peffer	f	FV 40	Na	0	0	0	0	824	0	0	0	824
1060	Alice Marsden	f			0	0	824	0	0	0	0	0	824
1061	Hannah Swift	f		N/a	0	0	0	0	823	0	0	0	823
1062	Jo Caisley	f	FV 50		0	0	0	823	0	0	0	0	823
1063	Lucy Currie	f			0	0	823	0	0	0	0	0	823
1064	Amanda Berry	f	FV 60	Red Rose Road Runners	0	0	0	0	0	0	0	822	822
1065	Gill Horne	f	FV 60	Biddulph Running Club	0	0	0	0	0	0	822	0	822
1066	John Thompson	m	MV 50		0	0	0	0	822	0	0	0	822
1067	Emma Bzik	f	FV 40		0	0	0	822	0	0	0	0	822
1068	Gaby Wolferink	f			0	0	822	0	0	0	0	0	822
1069	Trish Taylor	f	FV 50		0	0	0	0	0	0	821	0	821
1070	Elliot Keane	m			0	0	0	0	821	0	0	0	821
1071	Michelle Tatton	f		Levenshulme	0	0	0	821	0	0	0	0	821
1072	Deborah Ross	f	FV 40		821	0	0	0	0	0	0	0	821
1073	Rene Wolferink	m			0	0	821	0	0	0	0	0	821
1074	Phil Aspden	m	MV 40		0	0	0	0	820	0	0	0	820
1075	Fiona Clarke	f			0	0	0	820	0	0	0	0	820
1076	Di Blackshaw	f	FV 40		0	0	820	0	0	0	0	0	820
1077	Richard Borrell	m	MV 50	Bollington Harriers	0	0	0	0	0	0	0	819	819
1078	Dawn Kaveney	f	FV 40		0	0	0	0	819	0	0	0	819
1079	Steve Beckett	m	MV 60		0	0	0	819	0	0	0	0	819

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1080	Clare Laybourn	f	FV 50		819	0	0	0	0	0	0	0	819
1081	Michelle Borrell	f	FV 50		0	0	0	0	0	0	0	818	818
1082	Ian Robson	m			0	0	0	0	0	0	818	0	818
1083	Faith Firkins	f	FV 50		0	0	0	818	0	0	0	0	818
1084	Andrew Bird	m	MV 50		0	0	818	0	0	0	0	0	818
1085	Sarah Baird	f			0	0	0	0	0	0	0	817	817
1086	Litsa Smith	f	FV 40		0	0	0	0	0	0	817	0	817
1087	Sam Wiltshire	m			0	0	0	817	0	0	0	0	817
1088	Kathryn Holmes	f	FV 50	Bramhall Runners	817	0	0	0	0	0	0	0	817
1089	Christine Jepson	f	FV 40	Jog on the Tyne	0	0	0	0	0	0	0	816	816
1090	Rosie Morris	f			0	0	0	0	0	0	816	0	816
1091	Janet Carling	f	FV 60	Nidd Valley	0	0	0	0	816	0	0	0	816
1092	Heather Wells	f	FV 40	Gateshead	0	0	0	816	0	0	0	0	816
1093	Tracey Pratchett	f	FV 50	Lancaster Athletics Club	0	0	0	0	815	0	0	0	815
1094	Sean McGleenan	m	MV 60	Dumfries Running Club	0	0	0	815	0	0	0	0	815
1095	Andrea Lancaster	f	FV 40		0	0	815	0	0	0	0	0	815
1096	Kristina Antonova	f		Harrogate	0	0	0	814	0	0	0	0	814
1097	Catherine Campbell	f	FV 40		0	0	0	0	813	0	0	0	813
1098	Elliot Chew	m			0	0	0	0	812	0	0	0	812
1099	Ciara Harper	f		Yorkshire Wilds Runners	812	0	0	0	0	0	0	0	812
1100	Cressida Graves	f	FV 50		0	0	0	0	811	0	0	0	811
1101	Paula Edwards	f	FV 40	Sheffield Triathlon Club	811	0	0	0	0	0	0	0	811
1102	Clare Dowty	f	FV 50		0	0	811	0	0	0	0	0	811
1103	Martin Dick	m	MV 50		0	0	0	0	0	0	0	810	810
1104	Amy Britton	f			0	0	0	0	810	0	0	0	810
1105	Dianne Sandford	f	FV 40	Ahrc	0	0	0	810	0	0	0	0	810
1106	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	810	0	0	0	0	0	0	0	810
1107	Rachel Donaldson	f	FV 50	Sittingbourne Striders	0	0	0	0	0	0	809	0	809
1108	Paul Tickner	m	MV 60		0	0	0	0	809	0	0	0	809
1109	Liz Bamber	f	FV 40		0	0	0	809	0	0	0	0	809
1110	Gail O'Hare	f	FV 50	Chorlton Old Birds	0	0	0	0	0	0	0	808	808
1111	Robert Whitehouse	m	MV 50		0	0	0	0	808	0	0	0	808
1112	Lizzie Morley	f			0	0	808	0	0	0	0	0	808
1113	Claire Deane	f	FV 50	Chorlton Old Birds	0	0	0	0	0	0	0	807	807
1114	Jane Dring-Morris	f	FV 50	Leicestershire Orienteering Club	0	0	0	0	0	0	807	0	807

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1150	Katy Hartley	f			0	0	0	0	0	0	0	797	797
1151	Rebecca Mccreadie	f	FV 40	Deeside Orienteering Club	0	0	0	0	0	0	797	0	797
1152	Terry Grech	m	MV 50		0	0	0	0	797	0	0	0	797
1153	Hilary Shaw	f	FV 50		0	0	0	797	0	0	0	0	797
1154	Phil Dixon	m	MV 50		0	0	797	0	0	0	0	0	797
1155	Mike Hamilton	m	MV 50		0	0	0	796	0	0	0	0	796
1156	Nicola Browne	f	FV 40		0	0	0	0	795	0	0	0	795
1157	Rachel Tickner	f	FV 60		0	0	0	795	0	0	0	0	795
1158	Natalie Bibby	f	FV 40		0	0	795	0	0	0	0	0	795
1159	Judith Gate	f			0	0	0	0	0	0	0	794	794
1160	Amanda O'Hare	f	FV 40	Lonely Goat RC	0	0	0	0	794	0	0	0	794
1161	Anna Blakeley	f	FV 40		794	0	0	0	0	0	0	0	794
1162	Helen Honeyman	f	FV 60		0	0	794	0	0	0	0	0	794
1163	Rachel Taylor	f	FV 40		0	0	0	0	793	0	0	0	793
1164	Elaine Simmill	f	FV 60	Lancaster and Morecambe	0	0	0	793	0	0	0	0	793
1165	Rachel Blakeley	f	FV 40	Macclesfield Harriers	793	0	0	0	0	0	0	0	793
1166	Ruth Younger	f			0	0	793	0	0	0	0	0	793
1167	Jackie Rothwell	f	FV 50		0	0	0	0	0	0	792	0	792
1168	Emily Jackson	f		DH Runners	0	0	0	792	0	0	0	0	792
1169	Alison Wright	f	FV 40		0	0	792	0	0	0	0	0	792
1170	Harriet Benson	f			0	0	0	0	0	0	791	0	791
1171	Jayne Elliott	f	FV 50		0	0	0	0	791	0	0	0	791
1172	Hugh Boyle	m	MV 50		0	0	0	791	0	0	0	0	791
1173	Jane Nicholson	f	FV 50		0	0	791	0	0	0	0	0	791
1174	Rachel Gasior	f	FV 40	Keighley And Craven Athletic Club	0	0	0	0	790	0	0	0	790
1175	Jane Bradley	f			0	0	0	790	0	0	0	0	790
1176	Anna Dove	f	FV 40		790	0	0	0	0	0	0	0	790
1177	Tracey Martin	f	FV 40	Widnes Wasps	0	0	790	0	0	0	0	0	790
1178	John Graham	m	MV 70	No	0	0	0	0	0	0	0	789	789
1179	Clarissa Hocking	f			0	0	0	0	0	0	789	0	789
1180	David Allen	m			0	0	789	0	0	0	0	0	789
1181	Rebecca House	f	FV 40		0	0	0	0	0	0	0	788	788
1182	John Croxford	m	MV 50		0	0	0	0	788	0	0	0	788
1183	Daiva Naraviciene	f			0	0	0	788	0	0	0	0	788
1184	Nina Caulkin	f	FV 40		0	0	0	0	0	0	0	787	787

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1220	Gemma Elysee	f	FV 40	Orchard Eagles	0	0	778	0	0	0	0	0	778
1221	Natalie Swift	f	FV 40		0	0	0	0	0	0	777	0	777
1222	Joanne Chard	f	FV 40	Women On The Run	0	0	777	0	0	0	0	0	777
1223	Ian Swift	m	MV 40		0	0	0	0	0	0	776	0	776
1224	Toni Goodwin	f			0	0	0	0	776	0	0	0	776
1225	Mark Ryan	m	MV 40		0	0	776	0	0	0	0	0	776
1226	Ruth Crook	f			0	0	0	0	775	0	0	0	775
1227	Michelle Turner	f	FV 40		0	0	775	0	0	0	0	0	775
1228	David Oldacres	m	MV 40	Hambleton Athletics and Running club	0	0	0	774	0	0	0	0	774
1229	Pete Agnew	m	MV 50		774	0	0	0	0	0	0	0	774
1230	Frank Beaver	m	MV 40		0	0	774	0	0	0	0	0	774
1231	Pauline Oldacres	f	FV 50	Hambleton Athletics and Running club	0	0	0	773	0	0	0	0	773
1232	Rosin Dickinson	f	FV 50		0	0	773	0	0	0	0	0	773
1233	Laura Mann	f	FV 40		0	0	0	0	0	0	772	0	772
1234	Tracey Preston	f	FV 50		0	0	0	0	0	0	771	0	771
1235	Brian Hanley	m	MV 50	Red Rose Road Runners	0	0	0	0	771	0	0	0	771
1236	Emily Grabham	f	FV 40		0	0	0	0	0	0	770	0	770
1237	Nicole Spibey	f			0	0	0	0	770	0	0	0	770
1238	Basia Nowak	f	FV 40		0	0	0	0	769	0	0	0	769
1239	Rhea Hall-Spencer	f			769	0	0	0	0	0	0	0	769
1240	Will Cooper	m		Tri Rivington	0	0	0	0	768	0	0	0	768
1241	Edgar Buhl	m	MV 40		0	0	0	768	0	0	0	0	768
1242	Fiona Batty	f			0	0	768	0	0	0	0	0	768
1243	Julie Dugdale	f	FV 50		0	0	0	0	0	0	767	0	767
1244	Paul Cooper	m	MV 50	Tri Rivington	0	0	0	0	767	0	0	0	767
1245	Christine Gill	f	FV 50		0	0	0	767	0	0	0	0	767
1246	Ben Safrany	m			0	0	767	0	0	0	0	0	767
1247	Anna Hatch	f	FV 50		0	0	0	0	0	0	764	0	764
1248	Frances Braithwaite	f	FV 40	Dh Runner	0	0	0	764	0	0	0	0	764
1249	Carole Wood	f	FV 60		0	0	764	0	0	0	0	0	764
1250	Vicky Camy	f	FV 40		0	0	0	0	0	0	763	0	763
1251	Louise Jones	f		Billinge Running Club	0	0	0	0	763	0	0	0	763
1252	Ann Spencer-dowdeswell	f	FV 50	Knowle And Dorridge	0	0	763	0	0	0	0	0	763
1253	Sarah Maddison	f	FV 50	Rimrose Runners	0	0	0	0	0	0	762	0	762
1254	Jordan Chew	m			0	0	0	0	762	0	0	0	762

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1255	Bill Watts	m	MV 50	Riversway Road Runners	0	0	0	0	761	0	0	0	761
1256	Elizabeth Mounsey	f	FV 60		0	0	0	761	0	0	0	0	761
1257	Bernadette Gordon	f	FV 40		0	0	0	0	0	0	760	0	760
1258	Paula Dowse	f			0	0	760	0	0	0	0	0	760
1259	Matthew Gordon	m	MV 50		0	0	0	0	0	0	759	0	759
1260	Sophie Holmes	f			0	0	0	0	0	0	758	0	758
1261	Jane Giddins	f	FV 50		758	0	0	0	0	0	0	0	758
1262	Angela Green	f			0	0	758	0	0	0	0	0	758
1263	Marie Baxandall	f	FV 60	FROCS	0	0	0	0	0	0	757	0	757
1264	Doug Service	m	MV 50		757	0	0	0	0	0	0	0	757
1265	Polly Cudby	f			0	0	0	0	756	0	0	0	756
1266	Chandani Rathour	f			0	0	0	756	0	0	0	0	756
1267	Rachel Service	f			756	0	0	0	0	0	0	0	756
1268	Gail Greenwood	f	FV 50		0	0	0	0	0	0	755	0	755
1269	Martin O'neill	m	MV 40		0	0	0	0	755	0	0	0	755
1270	Julie Herdman	f	FV 50		0	0	0	755	0	0	0	0	755
1271	John Parry-Billings	m	MV 50		0	0	755	0	0	0	0	0	755
1272	Brydie Greenwood	f			0	0	0	0	0	0	754	0	754
1273	Jeanelle De Gruchy	f	FV 50		0	0	0	0	754	0	0	0	754
1274	Alison Hardiker	f	FV 40		0	0	754	0	0	0	0	0	754
1275	Shirley Carr	f	FV 60		0	0	0	0	0	0	753	0	753
1276	Debbie East	f			0	0	0	0	0	0	752	0	752
1277	Kady Hall	f			0	0	0	0	752	0	0	0	752
1278	Laura Stanton	f	FV 40		0	0	0	752	0	0	0	0	752
1279	Jennifer Szedler	f		Red Rose Road Runners	752	0	0	0	0	0	0	0	752
1280	Sean Barton	m	MV 50		0	0	752	0	0	0	0	0	752
1281	Gayle Cookson	f	FV 40	Red Rose Runners	0	0	0	0	751	0	0	0	751
1282	Rebecca Bedford	f			0	0	0	751	0	0	0	0	751
1283	Georgina Briffett	f	FV 40	Dallam Running Club	751	0	0	0	0	0	0	0	751
1284	Flora Maudsley-Barton	f	FV 40	Lymm Runners	0	0	751	0	0	0	0	0	751
1285	Kate Wilkinson	f	FV 60	Jog on tyne	0	0	0	0	0	0	750	0	750
1286	Jean Ruane	f	FV 60	Froc	0	0	0	0	0	0	749	0	749
1287	Theresa Wilkie	f	FV 60	Frocs	0	0	0	0	0	0	748	0	748
1288	Hayley Ciotkowski	f			0	0	0	0	748	0	0	0	748
1289	Christine Southam	f	FV 60	DH Runners	0	0	0	748	0	0	0	0	748

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1290	Sarah Erlebach	f	FV 40	Durham Dodderers	0	0	748	0	0	0	0	0	748
1291	Sharon Andrews	f	FV 40	Methley Striders	0	0	0	0	0	0	747	0	747
1292	Christine Sutherland	f	FV 60		747	0	0	0	0	0	0	0	747
1293	Noel Harmes	m	MV 40		0	0	0	0	0	0	746	0	746
1294	Kathryn Pearson	f	FV 50	Astley & Tyldesley Road Runners	0	0	0	746	0	0	0	0	746
1295	Karen Lamb	f	FV 40		0	0	746	0	0	0	0	0	746
1296	Jane Sewell	f	FV 60		0	0	0	0	0	0	745	0	745
1297	Tiffany Mccullough	f			0	0	0	0	745	0	0	0	745
1298	Steve Ablett	m	MV 50		0	0	0	745	0	0	0	0	745
1299	Steve Parry	m	MV 50		0	0	0	744	0	0	0	0	744
1300	Helen Hall	f			0	0	744	0	0	0	0	0	744
1301	Karen Christie	f	FV 50		0	0	0	0	0	0	743	0	743
1302	Meg Ablett	m	MV 50		0	0	0	743	0	0	0	0	743
1303	Stephen Carter	m	MV 60		743	0	0	0	0	0	0	0	743
1304	Hazel Ward	f	FV 60	Jog On The Tyne	0	0	0	0	0	0	742	0	742
1305	Ian Sturdgess	m	MV 60	Finedon Gladstones	0	0	0	742	0	0	0	0	742
1306	Paul Grundy	m	MV 60		742	0	0	0	0	0	0	0	742
1307	Rachel Taylor	f			0	0	0	0	741	0	0	0	741
1308	Trevor Wright	m	MV 60		0	0	0	741	0	0	0	0	741
1309	Nancy Ryan	f	FV 40		0	0	0	0	740	0	0	0	740
1310	Laura Aldridge	f	FV 40	Finedon Gladstone's	0	0	0	740	0	0	0	0	740
1311	Sandra Devlin	f	FV 40		740	0	0	0	0	0	0	0	740
1312	Suzanne Fairless-aitken	f	FV 40	Jog On The Tyne	0	0	0	0	0	0	739	0	739
1313	Sarah Davies	f	FV 50	Didsbury Runners	0	0	0	0	739	0	0	0	739
1314	Lucy Jackson	f		DH Runners	0	0	0	739	0	0	0	0	739
1315	Lizzie Coleshill	f	FV 60		0	0	0	0	0	0	738	0	738
1316	Sandra Heighton	f	FV 50	Women On The Run	0	0	0	0	738	0	0	0	738
1317	Matt Dunn	m	MV 40	Orchard Eagles	0	0	738	0	0	0	0	0	738
1318	Debbie Hindley	f	FV 40	Thornton cleveleys running club	0	0	0	0	0	0	737	0	737
1319	Lynn Boylin	f	FV 50	Astley & Tyldesley	0	0	0	737	0	0	0	0	737
1320	Chrissie Jackson	f	FV 40	Wotr	737	0	0	0	0	0	0	0	737
1321	Liz Mounsey	f	FV 60		0	0	737	0	0	0	0	0	737
1322	Kate Hendley	f	FV 50	Thornton cleveleys running club	0	0	0	0	0	0	736	0	736
1323	Tracy Loughrey	f	FV 50	Astley&tyldesley Road Runners	0	0	0	736	0	0	0	0	736
1324	Jennifer Hale	f			0	0	736	0	0	0	0	0	736

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1325	Vikki Wrigley	f	FV 40		0	0	0	0	0	0	735	0	735
1326	Paul Cornwell	m	MV 40	Biddulph Running Club	0	0	0	735	0	0	0	0	735
1327	Josephine LOUISE Walsh	f	FV 40	Red Rose Road Runners	735	0	0	0	0	0	0	0	735
1328	Janet Wood	f	FV 50	A Team Runners	0	0	0	0	0	0	734	0	734
1329	Rob Smith	m			0	0	0	734	0	0	0	0	734
1330	Nin Fletcher	f	FV 40	A Team Runners	0	0	0	0	0	0	733	0	733
1331	Lisa Paxton	f	FV 40	Women On The Run	0	0	0	0	733	0	0	0	733
1332	Fiona Lindsay	f	FV 40		0	0	0	0	732	0	0	0	732
1333	Nicola Jackson	f	FV 50	Dh Runners	0	0	0	732	0	0	0	0	732
1334	Lorraine Syme-smith	f	FV 60		0	0	0	731	0	0	0	0	731
1335	Elizabeth Phillipson	f		St. Helens Striders	0	0	731	0	0	0	0	0	731
1336	Steven Moran	m			0	0	0	730	0	0	0	0	730
1337	Christina Davies	f		Team Inov-8	730	0	0	0	0	0	0	0	730
1338	Karen Mason	f	FV 50	St Helens Striders	0	0	730	0	0	0	0	0	730
1339	David Draper	m	MV 40		0	0	0	0	729	0	0	0	729
1340	Catriona Porter	f	FV 50	Women On The Run	0	0	0	0	728	0	0	0	728
1341	Sam Lund	m	MV 40	Todmorden Harriers	0	0	0	728	0	0	0	0	728
1342	Graham Stenson	m			0	0	728	0	0	0	0	0	728
1343	Edith Mcdowall	f	FV 50		0	0	0	0	727	0	0	0	727
1344	David Sumner	m	MV 50		0	0	0	727	0	0	0	0	727
1345	Ian Mcdowall	m	MV 60		0	0	0	0	726	0	0	0	726
1346	Adrienne Harris	f	FV 60	Dh Runners	0	0	0	726	0	0	0	0	726
1347	Peter Swift	m	MV 60		0	0	0	0	725	0	0	0	725
1348	Michelle Mackay	f	FV 40		0	0	0	725	0	0	0	0	725
1349	Lisa Kempster	f	FV 40	Lonely Goat	0	0	0	724	0	0	0	0	724
1350	Jane Bond	f	FV 50		0	0	0	723	0	0	0	0	723
1351	Val Hall	f	FV 60	Orchard Eagles	0	0	723	0	0	0	0	0	723
1352	Sarah Draper	f	FV 40		0	0	0	0	722	0	0	0	722
1353	Cath Malone	f	FV 40		0	0	722	0	0	0	0	0	722
1354	Simon Turgoose	m	MV 50		0	0	0	0	721	0	0	0	721
1355	Kerry Mckenna	m	MV 40		0	0	0	721	0	0	0	0	721
1356	Claire Mason	f			0	0	721	0	0	0	0	0	721
1357	Julie Luckman	f	FV 50	Rochdale Triathlon Club	0	0	0	0	720	0	0	0	720
1358	Nicola Thorpe	f			0	0	0	720	0	0	0	0	720
1359	Antonia Robinson	f	FV 50		0	0	0	0	719	0	0	0	719

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1360	Barbara Earnshaw	f	FV 50		0	0	0	719	0	0	0	0	719
1361	Zita Kane	f	FV 50		0	0	0	0	718	0	0	0	718
1362	Stuart Crook	m	MV 50		0	0	718	0	0	0	0	0	718
1363	Rebecca McCormick	f			0	0	0	0	717	0	0	0	717
1364	Wendy Johnson	f	FV 50		0	0	716	0	0	0	0	0	716
1365	Lorraine Rossall	f	FV 60		0	0	0	0	713	0	0	0	713
1366	Dawn Evans	f	FV 50	Ramsbottom Running Club	0	0	713	0	0	0	0	0	713
1367	Duncan Rossall	m	MV 60		0	0	0	0	712	0	0	0	712
1368	Aaron Devereaux	m	MV 50		0	0	0	0	711	0	0	0	711
1369	Jeanette McCormack	f	FV 60	Kirkby Stormers	0	0	0	0	710	0	0	0	710
1370	Graham Nuttall	m	MV 60		0	0	710	0	0	0	0	0	710
1371	Marie Guttridge	f	FV 40		0	0	0	0	709	0	0	0	709
1372	Angela Nuttall	f	FV 60		0	0	709	0	0	0	0	0	709
1373	Karen McCormick	f	FV 50		0	0	0	0	708	0	0	0	708
1374	Jo McCallum	f		Ramsbottom Running Club	0	0	707	0	0	0	0	0	707
1375	Iain Dixon	m	MV 50		0	0	706	0	0	0	0	0	706
1376	Mags Cook	f	FV 60	Roundhay Runners	0	0	0	0	704	0	0	0	704
1377	Hannah Beattie	f			0	0	704	0	0	0	0	0	704
1378	Jayne Erlam	f	FV 50		0	0	0	0	703	0	0	0	703
1379	Sandra Rolston	f	FV 60	Red Rose Road Runners	0	0	0	0	702	0	0	0	702
1380	Helen Underhill	f	FV 40		0	0	702	0	0	0	0	0	702
1381	Paul Hancock	m	MV 50		0	0	699	0	0	0	0	0	699
1382	Tanya Hancock	f	FV 50		0	0	698	0	0	0	0	0	698
1383	Jo Houghton	f	FV 50	Prestwich Ac	0	0	697	0	0	0	0	0	697
1384	Annie Sloane	f	FV 60	Belper Harrieers	0	0	0	0	696	0	0	0	696
1385	Fiona Belgian	f	FV 40	Jog On The Tyne	0	0	0	0	695	0	0	0	695
1386	Andy Curtis	m	MV 50		0	0	0	0	692	0	0	0	692
1387	Jessica Phoenix	f			0	0	0	0	691	0	0	0	691
1388	Jenny Guilder	f			0	0	0	0	689	0	0	0	689
1389	Philomena Shotton	f	FV 60	Kirkby Stormers	0	0	0	0	688	0	0	0	688
1390	Vicki Grant	f			0	0	0	0	687	0	0	0	687
1391	Jackie Salt	f	FV 40	Julie's Joggers	0	0	0	0	681	0	0	0	681
1392	Christine Strong	f	FV 50		0	0	0	0	680	0	0	0	680
1393	Bev Dodd	f	FV 40	Millom Striders	0	0	0	0	678	0	0	0	678
1394	Kate Potter	f			0	0	0	0	677	0	0	0	677

Position	Name	Gender	Age Cat	Club	Staveley	Mini-Marathon 10k	Hawkshead	Keswick	Cartmel	Coniston	Helvellyn	Ullswater	Best 3
1395	Phil Foley	m	MV 40		0	0	0	0	676	0	0	0	676
1396	Yvonne Clement	f	FV 50		0	0	0	0	672	0	0	0	672
1397	Sean Daniels	m	MV 50		0	0	0	0	671	0	0	0	671
1398	Rachel Latham	f	FV 40		0	0	0	0	670	0	0	0	670
1399	Kathryn Hodson	f	FV 50		0	0	0	0	669	0	0	0	669
1400	Steve Mccormack	m	MV 60		0	0	0	0	665	0	0	0	665
1401	Jasmine Lawrence	f			0	0	0	0	660	0	0	0	660
1402	Marianne Rintoul	f	FV 50	Blackburn Roadrunners	0	0	0	0	654	0	0	0	654
1403	Jennie Daniels	f	FV 40		0	0	0	0	653	0	0	0	653
1404	Vicki Hanley	f	FV 50	Nordic Walking Preston	0	0	0	0	651	0	0	0	651
1405	Ian Gilliver	m	MV 60	MDOC	0	0	0	0	649	0	0	0	649
1406	Phil Hill	m	MV 60	Roundhay Runners	0	0	0	0	648	0	0	0	648
1407	Helen Spencer	f	FV 50		0	0	0	0	647	0	0	0	647
1408	Garry Chambers	m			0	0	0	0	646	0	0	0	646
1409	Penny Hill	f	FV 50	Roundhay Runners	0	0	0	0	645	0	0	0	645
1410	Kate Whittington-smith	f			0	0	0	0	644	0	0	0	644
1411	Sue France	f	FV 50	Julie's Joggers	0	0	0	0	643	0	0	0	643
1412	Lucy Wood	f	FV 40		0	0	0	0	641	0	0	0	641