

## Lakeland Trails in Keswick

## Derwentwater Trail Race 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
<b>Derwentwater Trail Race 15km</b>							
1.	64	Ben Livesey	m		U/A Lincoln,	1:06:06	1:06:06
2.	214	Jonathan Cox	m		Eden Runners	1:09:15	1:09:14
3.	25	Charlie Lowther	m		Eden	1:10:11	1:10:11
4.	301	Steve Cairns	m	Veteran 40	Tyne Bridge Harriers	1:11:50	1:11:48
5.	276	Chris Neil	m		Barrow Runners	1:12:38	1:12:36
6.	313	Matthew Duckworth	m		Clayton-le-moors harriers	1:14:39	1:14:36
7.	80	Daniel Pratt	m		U/A Shipley, West Yorkshire	1:15:05	1:15:04
8.	321	Neil Reissland	m	Veteran 50	U/A Wallington,	1:15:16	1:15:15
9.	230	Anthony Oliver	m	Veteran 40	HartlepoolBurn road harriers	1:16:36	1:16:35
10.	297	James Chapman	m		U/A Brampton, Cumbria	1:16:54	1:16:30
11.	4	Howard Seal	m	Veteran 40	Derwent AC Cockermouth	1:17:52	1:17:49
12.	296	Chris corless	m	Veteran 40	Team mountain fuel	1:18:05	1:18:02
13.	78	leon flesher	m	Veteran 40	thornton cleveleys	1:18:05	1:18:01
14.	251	Craig Robson	m		U/A Newcastle Upon Tyne,	1:18:06	1:18:05
15.	93	Duncan Hill	m	Veteran 40	Sale Manchester Harriers	1:18:19	1:18:17
16.	157	David Taylor	m		U/A Preston, Lancashire	1:18:23	1:18:21
17.	281	Jonathan Male	m		Barrow Runners	1:18:42	1:18:38
18.	114	Richard Bate	m		Dudley Kingswinford Running Club	1:18:56	1:18:55
19.	177	Daniel Wheat	m		Southwell Running Club	1:19:25	1:19:18
20.	72	Peter Roome	m	Veteran 50	Southport Waterloo AC	1:19:34	1:19:31
21.	76	Dale Grimshaw	m		Trawden AC	1:19:48	1:19:44
22.	255	Matthew Brodrick	m		U/A Middlesbrough,	1:19:51	1:19:50
23.	118	David Norman	m	Veteran 40	Dudley Kingswinford	1:19:56	1:19:55
24.	182	John Gorman	m		Sutton runners	1:20:15	1:20:11
25.	150	Adrian Blackledge	m	Veteran 40	Trawden AC	1:20:35	1:20:31
26.	166	Bruce Penhale	m	Veteran 50	Trafford AC	1:20:55	1:20:52
27.	324	Richard Wilson	m		Kendal AC	1:20:57	1:20:56
28.	84	Rachel Kane	f		U/A Carlisle, Cumbria	1:20:58	1:20:53
29.	238	mark smith	m		U/A Northampton, Northamptonshire	1:21:52	1:21:40
30.	300	Kevin Brennan	m	Veteran 40	St Helens Striders	1:22:46	1:22:39
31.	175	Zoltan Monostori	m		U/A Kendal,	1:23:28	1:23:24
32.	265	Paul Macfarlane	m		Helmhill / Batala	1:23:42	1:23:37
33.	134	Steve Sadler	m	Veteran 50	Richmond & Zetland Harriers	1:23:54	1:23:39
34.	298	richard hodgson	m		U/A brampton,	1:23:55	1:23:50
35.	203	Mike Allison	m	Veteran 50	U/A Penrith, Cumbria	1:23:55	1:23:54
36.	7	Rebecca Winter	f		Ackworth road runners	1:23:57	1:23:55
37.	81	Abigail Tiplady	f		U/A Stockton, Cleveland	1:23:57	1:23:53
38.	208	peter fishpool	m	Veteran 40	U/A driffield, east yorks	1:24:04	1:24:01
39.	257	John Evason	m		Ulverston Tri Club	1:24:07	1:23:57
40.	160	Josh Comley	m		U/A London, London	1:24:17	1:24:10
41.	162	Dave Almond	m		Northbrook Ac	1:24:32	1:24:22
42.	178	Adam Armata	m		U/A Carlisle ,	1:24:36	1:24:29
43.	145	Chris Stanley	m	Veteran 40	Trawden AC	1:24:42	1:24:37
44.	199	Roger Brewster	m	Veteran 60	clayton le moors harriers	1:24:47	1:24:43
45.	303	John Douglas	m	Veteran 40	Allithwaite Running Club	1:25:10	1:25:04
46.	269	Philippa Wakefield	f		Border Harriers	1:25:18	1:25:15
47.	135	Alex Potter	m	Veteran 50	Mugdock Runner	1:25:24	1:25:16
48.	41	Anthony Irving	m	Veteran 40	U/A Carlisle,	1:25:29	1:25:25
49.	275	Emma Neil	f		Barrow Runners	1:25:42	1:25:38
50.	181	Michael Richardson	m	Veteran 40	n/a	1:25:48	1:25:43
51.	200	Ewan Kirk	m		York Knivesmire Harriers	1:25:53	1:25:45
52.	54	Richard Hawkins	m		York Postal Harriers	1:26:10	1:26:03
53.	294	David Wilkinson	m	Veteran 50	Borrowdale Fell Runners	1:26:15	1:25:58
54.	193	Nick Cox	m	Veteran 40	U/A ambleside, cumbria	1:26:48	1:26:43
55.	83	Kristina Jackson	f		Allithwaite Running Club	1:26:50	1:26:45
56.	21	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:27:01	1:26:55
57.	159	Roger Gooding	m	Veteran 40	Springfield Striders	1:27:18	1:27:17
58.	168	Mark Homer	m	Veteran 50	Dudley Kingswinford	1:27:29	1:27:28
59.	117	Peter Hood	m	Veteran 50	Dudley Kingswinford (DK) Running Club	1:27:35	1:27:33
60.	271	Zygmunt Szelejewski	m		U/A London,	1:27:36	1:27:31
61.	228	Ian Helm	m	Veteran 40	N/A	1:27:43	1:27:37
62.	191	mark walker	m	Veteran 40	rochdale harriers and ac	1:28:04	1:27:57
63.	192	Christopher Fleming-Williams	m	Veteran 40	U/A Cockermouth, Cumbria	1:28:34	1:28:23
64.	85	Michael Storey	m		DH Runners	1:29:11	1:29:05
65.	327	Adrian Spencer	m		Barrow Runners	1:29:25	1:29:13
66.	23	Richard Smith	m	Veteran 50	U/A Potefrac, West Yorkshire	1:29:26	1:29:21
67.	284	Andrew Price	m	Veteran 40	Barrow Runners	1:29:40	1:29:30
68.	242	Ian Silburn	m		U/A Edenhall, Cumbria	1:29:54	1:29:46
69.	26	James Smith	m		U/A Keighley, West Yorkshire	1:30:05	1:29:53
70.	47	Amelie Thickitt	f		U/A Liverpool,	1:30:10	1:29:52
71.	219	Gary Corcoran	m	Veteran 40	Red rose runners	1:30:36	1:30:35
72.	9	Sarah Atkinson	f		U/A Kendal, Cumbria	1:30:37	1:30:33
73.	42	Siobonne Brewster	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:31:51	1:31:47
74.	59	Nick Higham	m	Veteran 40	Lancaster and Morecambe AC	1:32:05	1:31:43
75.	235	James Turner	m		Serpentine	1:32:15	1:32:06
76.	285	Lesley Jeffrey	f	Lady Veteran 40	Dunfries Harriers	1:32:18	1:32:11
77.	259	Kieran Lomas	m		Astley & Tyldesley Road Runners	1:32:26	1:32:16

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	266	David Cottingham	m		U/A Hemel Hempstead, Herts	1:32:41	1:32:33
79.	280	Louise Harmen	f		Barrow Runners	1:32:48	1:32:38
80.	312	Paul Dobson	m	Veteran 50	Keswick AC	1:32:50	1:32:43
81.	246	paul slone	m	Veteran 40	U/A great harwood, lincs	1:32:51	1:32:49
82.	92	Jamie Arkle	m		Eden Runners	1:33:34	1:33:31
83.	304	Daniel Bailey	m		U/A Darlington,	1:33:39	1:33:32
84.	73	Ian Pass	m	Veteran 40	St Helens Sutton	1:33:55	1:33:42
85.	186	Paul Leary	m	Veteran 50	Rochdale Harriers	1:34:27	1:34:15
86.	148	William Sharp	m	Veteran 60	U/A Ashington,	1:34:28	1:34:21
87.	58	Dave Raynor	m	Veteran 50	Red Rose Road Runners	1:34:30	1:34:12
88.	272	Rodney Lewis	m		U/A Brixton, London	1:34:36	1:34:22
89.	152	Robin Hall	m	Veteran 40	U/A LASSWADE,	1:34:45	1:34:32
90.	74	Glyn Smith	m	Veteran 70	Cambridge and Coleridge ac	1:34:51	1:34:36
91.	126	CARMEL SULLIVAN	f	Lady Veteran 50	WESHAM	1:34:51	1:34:49
92.	105	Gary Bonner	m	Veteran 50	Dudley Kingswinford Running Club	1:35:04	1:34:48
93.	137	Brian Tibbs	m	Veteran 50	Mugdock Runners	1:35:10	1:35:00
94.	171	Terry Griffiths	m	Veteran 40	Redway Runners	1:35:21	1:35:04
95.	311	Robert Woods	m		U/A Keswick, Cumbria	1:35:22	1:35:03
96.	179	Nickey Russell	f	Lady Veteran 40	U/A Lancaster, Lancs	1:35:40	1:35:35
97.	146	anne Macfarlane	f	Lady Veteran 50	Dumfries Running Club	1:35:40	1:35:36
98.	131	Malcolm Booth	m	Veteran 50	U/A Bearsden, east Dunbartonshire	1:35:44	1:35:34
99.	227	Scott Liddell	m	Veteran 60	U/A Warrington, Cheshire	1:35:45	1:35:35
100.	239	Joy Livermore	m	Veteran 40	U/A Preston, Lancashire	1:35:48	1:35:32
101.	39	Tom Wright	m	Veteran 40	U/A Lytham St.Annes, Lancashire	1:36:09	1:36:00
102.	30	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:36:42	1:36:37
103.	277	Andrew Unitt	m	Veteran 50	Barrow Runners	1:36:58	1:36:47
104.	262	Nathaniel Marshall	m		U/A Leeds, West+Yorkshire	1:37:00	1:36:49
105.	129	Catrina Macdonald	f		Morpeth harriers	1:37:06	1:37:00
106.	103	Anthony Bradshaw	m	Veteran 60	U/A Preston, Lancashire	1:37:09	1:36:53
107.	38	Andy Yates	m	Veteran 50	N/A	1:37:12	1:37:08
108.	98	anja coulthard	f		KESWICK AC	1:37:16	1:37:13
109.	267	Psul Roche	m	Veteran 50	Unattached	1:37:57	1:37:49
110.	113	stuart tromans	m	Veteran 40	U/A kingswinford, west midlands	1:38:05	1:37:49
111.	231	Claire Piercy	f	Lady Veteran 40	Yaxley runners	1:38:18	1:38:13
112.	194	Steven Lawes	m		U/A Cairneyhill, FIFE	1:38:18	1:38:12
113.	62	Andy Letheran	m	Veteran 50	U/A Kendal	1:38:19	1:38:05
114.	95	Richard Mordain	m		U/A Tynemouth, Tyne and Wear	1:38:31	1:38:13
115.	122	Andy Christian	m	Veteran 50	Sneyd Striders	1:38:45	1:38:29
116.	130	Lorna Macdonald	f		U/A Morpeth, Northumberland	1:38:50	1:38:45
117.	291	David Nichols	m		U/A Lancaster, Lancashire	1:38:56	1:38:48
118.	202	Melanie Koth	f	Lady Veteran 40	Lytham St Anne's Roadrunners	1:38:57	1:38:55
119.	237	Nathan Davies	m	Veteran 40	U/A Kendal, Cumbria	1:39:00	1:38:43
120.	229	Adam Campion	m	Veteran 40	Keswick Athletic Club	1:39:06	1:38:59
121.	329	David Oxtoby	m	Veteran 40	U/A Lancs,	1:40:26	1:40:08
122.	94	MICHAEL ARMSTRONG	m	Veteran 50	sunderland strollers	1:40:52	1:40:38
123.	282	Dave Robson	m	Veteran 50	Barrow Runners	1:41:09	1:40:57
124.	268	Michael Bowden	m	Veteran 40	Holcombe Harriers	1:41:16	1:41:03
125.	170	Ana Maria Wilson	f	Lady Veteran 40	Redway Runners	1:41:19	1:41:02
126.	139	David Stott	m	Veteran 50	Mugdock Runners	1:41:31	1:41:21
127.	302	Izzy Cairns	f		Tyne Bridge Harriers	1:41:45	1:41:33
128.	88	John Humphryes	m		U/A Chester, Cheshire	1:41:56	1:41:38
129.	318	MARK TREADWELL	m	Veteran 50	U/A PULBOROUGH, WEST SUSSEX	1:42:10	1:42:01
130.	172	Damien Handslip	m	Veteran 40	Nidd Valley Road Runners	1:42:13	1:42:04
131.	144	Alan Wardle	m	Veteran 50	U/A Stalybridge, Cheshire	1:42:14	1:41:59
132.	141	Lucy Woods	f	Lady Veteran 40	U/A doncaster, South Yorkshire	1:42:31	1:42:25
133.	167	David Moran	m		U/A Ormskirk, West Lancashire	1:42:44	1:42:36
134.	322	Noriko Sugiyama	f	Lady Veteran 40	Sesrpentine	1:42:52	
135.	28	peter reed	m	Veteran 60	Northumberland Fell Runners	1:43:02	1:42:55
136.	158	Mark Pemberton	m	Veteran 40	Trawden AC	1:43:06	1:43:00
137.	204	Nina Tomlin	f		Edinburgh Road Club	1:43:24	1:43:12
138.	225	Adam Fixter	m	Veteran 40	U/A Near Earl Shilton, Leicestershire	1:43:40	1:43:22
139.	222	Nick Sutcliffe	m	Veteran 40	London City Athletics Club	1:43:40	1:43:30
140.	221	Jo Tillman	f		U/A London,	1:43:45	1:43:35
141.	65	Kay McGreevy	f	Lady Veteran 50	BMF Glasgow	1:43:59	1:43:44
142.	260	Peter Leach	m		Lymm Runners	1:44:03	1:43:54
143.	330	Betham Lowe	m			1:44:04	1:43:48
144.	96	Peter Evans	m	Veteran 50	Kings Heath Running Club	1:44:06	1:43:53
145.	224	Sarah Elliott-Dick	f		U/A York, N. Yorks	1:44:19	1:44:06
146.	156	Billy Elliott	m	Veteran 50	Carnethy Hill Running Club	1:44:21	1:44:09
147.	261	Richard Wall-Morris	m		U/A London , London	1:44:27	1:44:18
148.	116	Debra Wardle	f	Lady Veteran 50	U/A Stalybridge, Cheshire	1:44:31	1:44:13
149.	274	Steve Webster	m	Veteran 40	unaffiliated	1:44:31	1:44:14
150.	205	John Kellett	m		U/A Liverpool, Merseyside	1:44:32	1:44:14
151.	86	Christina McGuire	f	Lady Veteran 50	Lancaster & Morecambe	1:45:00	1:44:54
152.	27	Larry Horne	m	Veteran 50	Eden runners	1:45:16	1:45:02
153.	112	Louise Robbins	f	Lady Veteran 40	U/A Salford,	1:45:21	1:45:07
154.	110	Graham Carson	m	Veteran 60	U/A London,	1:45:26	1:45:12
155.	195	mike hall	m	Veteran 50	U/A Warrington, Cheshire	1:45:44	1:45:23
156.	212	Steven Thornton	m	Veteran 40	U/A Newton Aycliffe, Co DURham	1:46:06	1:45:59
157.	305	Matthew Bailey	m		U/A Darlington,	1:46:16	1:46:07

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158.	77	Gill Cox	f		U/A Ambleside, Cumbria	1:46:22	1:46:13
159.	87	Claire Platt	f		Tri Preston	1:46:27	1:46:11
160.	124	Richard Froggatt	m	Veteran 40	U/A Brierley Hill, West Midlands	1:47:05	2:44:23
161.	37	Mark Askew	m	Veteran 40	Scunthorpe & District AC	1:47:42	1:47:23
162.	236	Susan Bibby	f	Lady Veteran 40	U/A cumbria,	1:47:58	1:47:51
163.	270	Kerry Braithwaite	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:48:02	1:47:54
164.	314	Bianca Bennet	f		Clayton-le-moors harriers	1:48:06	1:47:47
165.	154	Carl Dunk	m	Veteran 40	U/A Shipley,	1:48:18	
166.	323	Peter Hodgson	m	Veteran 40	U/A Bury,	1:49:20	1:49:00
167.	310	Emma Parkin	f		U/A Hawkesbury Upton,	1:49:27	1:49:15
168.	132	Helen Mactier	f	Lady Veteran 50	Mugdock runners	1:49:32	1:49:12
169.	79	Sarah Nutt	f		U/A Stockport,	1:49:43	
170.	68	David Devine	m	Veteran 50	U/A Glasgow, Scotland	1:49:44	1:49:29
171.	33	Richard Clements	m	Veteran 40	U/A Manchester,	1:50:44	1:50:28
172.	279	Monique Rainmaker	f	Lady Veteran 50	Barrow Runners	1:51:01	1:50:50
173.	155	Dorothy Elliott	f	Lady Veteran 40	Carnethy Hill Running Club	1:51:24	1:51:12
174.	24	Stephen Harding	m	Veteran 40	Jog Scotland	1:51:58	1:51:41
175.	250	Thomas Davison	m		U/A Stockton on Tees, County Durham	1:52:09	1:51:59
176.	306	Michael Law	m	Veteran 60	unattached	1:53:34	1:53:10
177.	125	michael edge	m	Veteran 50	wesham road runners	1:54:22	1:54:19
178.	201	Amy Bastow	f		U/A Chester,	1:54:29	1:54:11
179.	104	Simon Lunn	m	Veteran 40	Sleaford Town Runners	1:54:45	1:54:39
180.	254	STEVE LAYZELL	m	Veteran 60	U/A MILLOM,	1:55:20	1:55:08
181.	123	Kate Christian	f	Lady Veteran 50	Sneyd Striders	1:55:32	1:55:15
182.	248	Kate Lewis	f		U/A Bolton, Lancashire	1:55:42	1:55:33
183.	252	James Lewis	m		U/A Bolton,	1:55:42	1:55:33
184.	328	Jane Spencer	f		Barrow Runners	1:55:48	1:55:34
185.	174	Iain Robertson	m	Veteran 40	U/A Corbridge, Northumberland	1:56:07	1:55:52
186.	89	David Ferrier	m	Veteran 50	Keswick AC	1:57:12	1:56:57
187.	317	LORRAINE TREADWELL	f	Lady Veteran 50	U/A PULBOROUGH, WEST SUSSEX	1:59:12	1:58:51
188.	218	Tavienne Kelly	f	Lady Veteran 40	U/A Keswick , Cumbria	1:59:41	1:59:22
189.	258	Kerry Lomas	f		Astley & Tyldesley Road Runners	2:00:23	2:00:12
190.	151	Elleena Faulder	f		U/A Whitley bay, Tyne and wear	2:02:21	2:02:01
191.	307	Sally Law	f	Lady Veteran 70	unattached	2:02:24	2:02:00
192.	147	Sean Mcgleenan	m	Veteran 50	Dumfries running club	2:03:27	2:03:24
193.	35	Rebecca Greaves	f		U/A Blackpool,	2:05:09	2:04:48
194.	319	George Adamson	m	Veteran 60	North Shields Polytechnic AC	2:08:48	2:08:29
195.	283	Farah Robson	f	Lady Veteran 50	Barrow Runners	2:08:59	2:08:46
196.	316	Lucy Lamb	f	Lady Veteran 40	DH Runners	2:09:20	2:09:06
197.	184	RAY BESSANT	m	Veteran 50	U/A WIDNES, CHESHIRE	2:12:31	2:12:27
198.	183	ian grimshaw	m	Veteran 50	U/A ingleton, lincs	2:14:55	
199.	245	MARGARET WOODS	f	Lady Veteran 60	FELLSTRIDERS	2:18:17	2:18:03
200.	244	ANDREW WOODS	m	Veteran 60	Fell Striders	2:18:17	2:18:05
201.	308	Neal Jones	m		U/A Widnes, Cheshire	2:26:42	2:26:22
202.	309	Jo JONES	f	Lady Veteran 40	Widnes Running Club	2:26:42	2:26:22
203.	332	Lindsey Higham	f	Lady Veteran 40	Lancaster and Morecambe AC	2:38:15	2:37:53

Number of records: 203