

Lakeland Trails at Helvellyn

Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
Helvellyn Trail Challenge 15K						
1.	1562	Daniel Thacker	m		U/A Salford, Greater Manchester	1:08:57
2.	1080	Darran Carr	m	Veteran 40	U/A GRANGE-OVER-SANDS, CUMBRIA	1:10:51
3.	1056	Daniel Bradbury	m	Veteran 40	U/A Crewe, Cheshire	1:10:54
4.	1193	Leon Flesher	m	Veteran 40	Thornton cleveleys running club	1:11:22
5.	1081	Sam Carr	m		Liverpool Pembroke & Sefton	1:12:50
6.	1159	Joe Dorgham	m		U/A Liverpool,	1:14:06
7.	1099	denis cleary	m	Veteran 40	none	1:14:29
8.	1431	Stuart Parry	m	Veteran 40	U/A Carlisle,	1:14:38
9.	1306	Peter Jobes	m		U/A Gateshead,	1:16:05
10.	1360	Philip Lonsdale	m	Veteran 50	U/A Durham ,	1:16:13
11.	1485	Mark Saunders	m	Veteran 40	U/A Wymondham, Norfolk	1:16:13
12.	1611	Daniel Whatmough	m		U/A Radcliffe, Greater Manchester	1:16:20
13.	1298	Anthony Irving	m	Veteran 40	U/A Carlisle,	1:16:36
14.	1436	Andy Phillips	m		U/A Manchester, Greater Manchester	1:16:52
15.	1058	Colin Bretherton	m	Veteran 40	U/A Ormskirk, Lancashire	1:16:57
16.	1026	Nigel Barnes	m	Veteran 40	Steel City Striders	1:17:09
17.	1498	James Shirley	m		USS	1:17:16
18.	1068	Richard Brown	m	Veteran 40	Belper Harriers	1:17:39
19.	1256	Josephine Harbison	f		U/A Carnforth,	1:17:46
20.	1127	Liam Crossey	m		U/A Manchester, Greater Manchester	1:17:56
21.	1137	Robert Davenport	m		U/A St Helens, Merseyside	1:18:35
22.	1266	Liam Heaphy	m		U/A Warrington,	1:20:36
23.	1563	Robert Thirkell	m	Veteran 50	U/A East Boldon, Tyne and Wear	1:21:03
24.	1195	Jonathan Fletcher	m	Veteran 50	Ripon Runner	1:21:13
25.	1564	Cadeyrn Thomas	m		U/A Bury, Lancashire	1:21:17
26.	1010	Mark Aldred	m		U/A Durham,	1:21:24
27.	1149	Gary Dempsey	m		Blackhill Bounders	1:22:06
28.	1636	Roy Young	m		North Shields Poly	1:22:29
29.	1295	David Husselbee	m	Veteran 40	Derby Mercury	1:22:30
30.	1526	john spowart	m		U/A Spennymoor, Durham	1:22:34
31.	1527	Richard George Spowart	m		U/A Spennymoor, Durham	1:22:40
32.	1008	David Aiken	m		Darlington Harriers & AC	1:22:53
33.	1358	Charlotte Logie	f	Lady Veteran 40	South Cheshire Harriers	1:23:30
34.	1464	Craig Rimmer	m		U/A Warrington,	1:23:31
35.	1395	John Morley	m		Mrs	1:23:34
36.	1299	Max Irving	m		U/A Carnforth, Lancs	1:23:46
37.	1278	Aaron Hollyoak	m		U/A Menston,	1:23:51
38.	1125	Jeremy Crate	m	Veteran 50	U/A Bedlington , Northumberland	1:23:54
39.	1160	Andrew Draper	m		U/A Chorley, Lancashire	1:24:35
40.	1240	Andrew Green	m	Veteran 40	U/A York , North Yorkshire	1:24:36
41.	1598	carl ward	m	Veteran 40	U/A driffield, east yorkshire	1:25:13
42.	1291	Nick Howe	m	Veteran 40	U/A Liverpool,	1:25:53
43.	1441	Nick Postill	m		U/A Ormskirk,	1:26:05
44.	1279	Mike Holmes	m	Veteran 40	U/A Skipton,	1:26:17
45.	1510	Gary Smith	m	Veteran 50	COLT	1:26:38
46.	1568	Steven Thornton	m	Veteran 40	U/A Newton Aycliffe, Durham	1:26:41
47.	1019	Greg Atkins	m		U/A London,	1:26:46
48.	1478	megan ryder	f		U/A boston spa,	1:26:54
49.	1444	Chris Price	m	Veteran 50	York Acorns	1:27:53
50.	1207	Stu Francis	m	Veteran 40	U/A Stockport , Cheshire	1:28:00
51.	1552	nichola swinbourne	f		Hartlepool burn road harriers	1:28:09
52.	1427	Christian Oxley	m	Veteran 40	Stockton Striders	1:28:09
53.	1031	Rob Batey	m		Team BDE	1:28:10
54.	1456	Ben Read	m		U/A Caversfield,	1:28:14
55.	1175	Matthew Elliott	m		U/A Manchester,	1:28:27
56.	1285	Eleanor Houghton	f		U/A Liverpool,	1:28:35
57.	1415	Andrew O'Boyle	m	Veteran 50	U/A Warrington, Cheshire	1:28:38
58.	1311	dawn jones	f	Lady Veteran 40	Harlow Athletic Club	1:28:41
59.	1104	Paul Clemmens	m	Veteran 60	Rotherham Harriers	1:29:07
60.	1410	Alex Newton	m			1:29:18
61.	1062	Dave Brooks	m		U/A Coxhoe , Durham	1:29:21
62.	1061	Christopher Brookes	m	Veteran 40	U/A Preston , Lancashire	1:29:22
63.	1630	Simon Wood	m		U/A Lytham,	1:29:27
64.	1621	Terry Wilkinson	m	Veteran 40	U/A Durham,	1:29:40
65.	1400	Terry Moss	m	Veteran 40	U/A Preston	1:29:59
66.	1499	Katie Shorroock	f	Lady Veteran 40	U/A Leamington Spa, Warwickshire	1:30:21
67.	1452	John Pyrah	m		U/A London,	1:30:55
68.	1077	adrian byrom	m	Veteran 50	ackworth rr	1:30:57
69.	1309	phillip Johnson	m		U/A manchester,	1:31:02
70.	1430	alan parker	m	Veteran 50	U/A stoke on trent,	1:31:24
71.	1182	Nigel Ezard	m	Veteran 40	U/A Ilkley	1:31:34
72.	1249	Sally Hale	f		U/A Arnold Nottingham	1:31:44
73.	1475	John Rudd	m	Veteran 50	U/A Dundee	1:31:52
74.	1602	Luke Watson	m	Veteran 40	U/A Manchester,	1:32:01
75.	1133	Mark Darby	m		U/A Shrewsbury, Shropshire	1:32:02
76.	1551	greg swinbourne	m	Veteran 50	Hartlepool burn road harriers	1:32:05
77.	1345	Simon Lawlor	m	Veteran 40	Hartlepool Burn Road Harriers	1:32:07

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1384	John Menendez	m		U/A Sheffield, South Yorkshire	1:32:15
79.	1470	Nick Rogerson	m	Veteran 40	U/A Wallsend,	1:32:30
80.	1625	Cefn Willis	m	Veteran 40	USS	1:32:41
81.	1352	Ian Lewis	m		St Bee's Triers	1:32:43
82.	1380	Shaun McMullen	m	Veteran 50	U/A Kendal,	1:32:45
83.	1199	Nigel Forster	m	Veteran 50	U/A Whitehaven, Cumbria	1:33:05
84.	1582	Robyn Turner	f		U/A Blackburn,	1:33:06
85.	1092	Abigail Chard	f	Lady Veteran 50	U/A Halifax, West Yorkshire	1:33:11
86.	1317	Find Jorgensen	m	Veteran 60	U/A Bjornemyr, Akershus	1:33:16
87.	1111	sandra connell	f	Lady Veteran 60	U/A Liverpool,	1:33:17
88.	1075	Janet Burthem	f	Lady Veteran 50	U/A Prestatyn, Denbighshire	1:33:31
89.	1003	Ian Abbott	m	Veteran 50	U/A Nottingham,	1:33:32
90.	1525	David Spowart	m		U/A Spennymoor, Durham	1:33:40
91.	1332	James Kirkpatrick	m		U/A Wakefield,	1:33:40
92.	1473	Sam Rowan	f	Lady Veteran 40	Unaffiliated	1:33:48
93.	1381	Nigel Meier	m	Veteran 50	n/a	1:33:58
94.	1041	Phill Berry	m		Lions Running Community	1:34:26
95.	1437	Louisa Phillips	f		U/A Manchester, Greater Manchester	1:34:26
96.	1140	Hilary Davies	f		U/A Whitley Bay,	1:34:28
97.	1143	Laura Davies	f		U/A Whitley Bay,	1:34:28
98.	1052	Michael Bowden	m	Veteran 40	Holcombe Harriers	1:34:42
99.	1591	Paul Waldram	m	Veteran 40	U/A Bolton,	1:35:10
100.	1581	Robert Turner	m	Veteran 40	U/A Blackburn,	1:35:25
101.	1423	Katie O'Sullivan	f	Lady Veteran 40	BMF	1:35:29
102.	1549	anna sundberg	f	Lady Veteran 50	Stockholm city triathlon	1:35:49
103.	1605	Carole Webster	f	Lady Veteran 40	U/A Warrington,	1:35:52
104.	1136	Ian Davenport	m	Veteran 50	U/A Harrogate, North yorkshire	1:36:13
105.	1277	Andrew Hollowbread	m	Veteran 50	U/A DURHAM, Co Durham	1:36:17
106.	1169	Andrew Edwards	m	Veteran 40	U/A Cupar, Fife	1:37:03
107.	1205	RAy Foulkes	m	Veteran 50	Redcar running club	1:37:13
108.	1044	Ian Birkett	m	Veteran 40	U/A Northwich, Cheshire	1:37:16
109.	1265	kathryn heaphy	f		U/A stamford, Lincs	1:37:20
110.	1628	Dawn Winstanley	f	Lady Veteran 50	U/A Preston, Lancashire	1:37:33
111.	1443	Andrew Price	m	Veteran 40	Team inov-8.com	1:37:40
112.	1626	Chris Wilson	m	Veteran 50	U/A New Milton, Hants	1:37:41
113.	1362	Kayleigh Lord	f		U/A Salford, Manchester	1:37:44
114.	1435	Richard Pennock	m	Veteran 40	U/A Bridgend,	1:37:54
115.	1520	Branwell Spencer	m	Veteran 40	U/A Neston , Cheshire	1:37:57
116.	1349	Andrew Laycock	m	Veteran 40	U/A Skipton,	1:38:02
117.	1531	Hayley Staunton	f		U/A warrington, cheshire	1:38:05
118.	1071	Michael Burkitt	m	Veteran 50	U/A Lancaster, Lancashire	1:38:35
119.	1618	John Wiggans	m	Veteran 40	Red Rose Road Runners	1:38:38
120.	1145	James Davis	m		U/A Carlisle,	1:38:49
121.	1629	Kristy Wonders	f		North Shields Poly	1:38:58
122.	1315	simon jones	m	Veteran 40	U/A Bishops Stortford, herts	1:39:07
123.	1153	Angela Dixon	f	Lady Veteran 40	Elvet Striders	1:39:10
124.	1402	Chris Muir	m	Veteran 40	U/A Nantwich , Cheshire	1:39:11
125.	1051	Louise Bowden	f	Lady Veteran 40	Radcliffe athletic club	1:39:14
126.	1222	Darren Gillman	m	Veteran 40	Cambridge & Coleridge AC	1:39:48
127.	1144	Owen Davies	m	Veteran 70	U/A	1:39:50
128.	1060	Julian Brook	m	Veteran 40	U/A Grundisburgh,	1:40:09
129.	1250	Dean Hamer	m		U/A Whitefield, Manchester	1:40:15
130.	1262	Bob Hartley	m	Veteran 40	U/A Sheffield, South Yorkshire	1:40:52
131.	1284	Jon Home	m	Veteran 60	Biddulph Running Club	1:41:14
132.	1561	Robert Terry	m	Veteran 40	Belper Harriers	1:41:39
133.	1243	Katharine Greenwood	f	Lady Veteran 50	U/A Stockton-on-Tees,	1:41:56
134.	1181	Jill Ezard	f	Lady Veteran 40	U/A Ilkley,	1:42:04
135.	1409	Ginny Newman	f	Lady Veteran 50	U/A Manchester,	1:42:12
136.	1637	Jack Youngs	m	Veteran 50	U/A Barnsley , South Yorkshire	1:42:33
137.	1191	Graham Fisher	m	Veteran 40	Biddulph Running Club	1:42:56
138.	1458	peter reed	m	Veteran 60	Northumberland Fell Runners	1:43:14
139.	1113	David Cooper	m	Veteran 60	Ackworth Road Runners	1:43:33
140.	1305	Mark Jesson	m	Veteran 50	Pendle Forest Orienteers	1:43:40
141.	1339	Cameron Lane	m		U/A Coleford, Gloucestershire	1:43:57
142.	1492	John Sergeant	m	Veteran 50	U/A Bolton, Lancs	1:44:08
143.	1097	Amanda Cirelli	f	Lady Veteran 50	U/A Blackpool	1:44:51
144.	1348	Beth Laycock	f	Lady Veteran 40	U/A Skipton	1:44:51
145.	1126	Ross Crombie	m	Veteran 60	U/A West Bridgford	1:44:59
146.	1045	Katy Blake	f		U/A Harrogate,	1:45:01
147.	1547	Jacob Sturgess	m		U/A Romiley,	1:45:10
148.	1131	John Cunningham	m	Veteran 50	U/A Stockport, Cheshire	1:45:19
149.	1168	Dave Eatough	m	Veteran 40	U/A Stockport, Cheshire	1:45:20
150.	1373	Darren Mayock	m		USS	1:45:20
151.	1216	Catherine Gardiner	f		U/A Menston,	1:45:23
152.	1529	Laura Stanley	f		U/A Manchester,	1:45:26
153.	1595	Peter Wallwork	m	Veteran 40	U/A Wilmslow, Cheshire	1:45:28
154.	1426	Ruth Owen-Hughes	f	Lady Veteran 50	U/A Yarm,	1:45:30
155.	1416	Valerie O'Donnell	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:45:37
156.	1448	Kathleen Proctor	f	Lady Veteran 60	NBRC Keswick	1:45:39
157.	1237	Julie Gray	f	Lady Veteran 50	n/a	1:45:40

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	1447	Michael Price	m	Veteran 50	Team inov-8.com	1:45:47
159.	1344	Angela Lawlor	f	Lady Veteran 40	Hartlepool Burn Road Harriers	1:45:49
160.	1023	Angela Bamford	f	Lady Veteran 50	Altrincham and District AC	1:46:13
161.	1226	John Goss	m		U/A London,	1:46:17
162.	1503	Steven Slaney	m	Veteran 40	Fylde Tri Club	1:46:35
163.	1500	Guy Simpson	m	Veteran 40	U/A Penrith, Cumbria	1:46:39
164.	1312	Elizabeth Jones	f		U/A Ansdell, Lancashire	1:46:50
165.	1614	Andrew Whiles	m	Veteran 50	Redcar Running Club	1:46:59
166.	1454	Kristin Raassum	f		Serpentine	1:47:00
167.	1412	Leanne Nield	f		U/A Lytham St. Annes, Lancashire	1:47:00
168.	1387	Janice Metcalf	f	Lady Veteran 50	U/A Preston, Lancs.	1:47:10
169.	1386	Alan Metcalf	m	Veteran 50	Preston Harriers	1:47:12
170.	1219	Claire Gilchrist	f		U/A Newcastle upon Tyne, Tyne and Wear	1:47:13
171.	1383	Ben Melrose	m		U/A Newcastle,	1:47:13
172.	1337	Paul Lacey	m	Veteran 40	U/A High Wycombe, Buckinghamshire	1:47:35
173.	1128	Richard Crossley	m	Veteran 50	U/A Stafford, Staffs	1:47:45
174.	1090	Elizabeth Chaplin-Brice	f		U/A Keswick,	1:47:57
175.	1091	James Chaplin-Brice	m		U/A Keswick,	1:47:57
176.	1086	Alon Caspi	m	Veteran 60	Mornington Chasers	1:48:23
177.	1150	Vicki Dempsey	f		Blackhill Bounders	1:49:07
178.	1208	Martin Free	m	Veteran 40	U/A Huddersfield,	1:49:08
179.	1231	Kerry Grant-Rush	f	Lady Veteran 40	U/A Wolverhampton,	1:49:09
180.	1087	Anne Caspi	f	Lady Veteran 50	Mornington Chasers	1:49:41
181.	1232	Nick Grant-Rush	m	Veteran 40	U/A Wolverhampton ,	1:49:41
182.	1514	Chris Smith-Duque	m		U/A Southampton, Hants	1:49:47
183.	1155	Richard Dodds	m		U/A Southampton, Hampshire	1:49:51
184.	1417	Steven OHara	m		U/A Sunderland, Tyne & Wear	1:50:01
185.	1204	Jenny Foster	f		U/A Manchester,	1:50:13
186.	1490	Jen Scott	f		U/A Cambridge, Cambridgeshire	1:50:17
187.	1334	John Kleiser	m	Veteran 40	Delamere Spartans	1:50:35
188.	1163	Darren Dunne	m	Veteran 40	U/A Chester-le-Street,, Durham	1:50:38
189.	1146	Joseph Dawson	m		U/A Leeds,	1:50:48
190.	1411	Jamie Nicolls	m	Veteran 40	U/A Hebden Bridge, West Yorkshire	1:50:49
191.	1158	Jayne Dore	f	Lady Veteran 40	U/A Formby,	1:50:58
192.	1021	Marie Bainbridge	f	Lady Veteran 40	Derwent Valley Trail Runners	1:51:05
193.	1346	Tom Lawson	m	Veteran 40	U/A Maryport, Cumbria	1:51:22
194.	1055	Emma Boyd	f	Lady Veteran 40	Fellsideladies	1:51:25
195.	1184	Jo Falconer	f	Lady Veteran 40	Fellside Ladies	1:51:25
196.	1476	Edward Ryder	m	Veteran 40	None	1:51:32
197.	1556	Christopher Taylor	m	Veteran 60	Ackworth Road Runners	1:51:33
198.	1316	Glyn Jones	m	Veteran 40	Outlaw	1:51:36
199.	1217	Julie Gettings	f	Lady Veteran 40	Tring Running Club	1:51:37
200.	1404	Robert Myatt	m	Veteran 50	U/A Stoke on trent, Staffordshire	1:51:38
201.	1318	Jane Joughin	f	Lady Veteran 50	None	1:52:00
202.	1319	Shaun Joughin	m	Veteran 40	U/A Guisborough, Redcar and Cleveland	1:52:01
203.	1533	Andrew Stevens	m	Veteran 40	U/A Wigton, Cumbria	1:52:06
204.	1236	Michael Gray	m	Veteran 50	Thornton and cleveleys RC	1:52:10
205.	1502	Ross Singleton	m	Veteran 50	U/A Bristol,	1:52:15
206.	1094	Rachel Chester	f	Lady Veteran 50	Wymondham Athletic Club	1:52:43
207.	1537	Hannah Stirling	f		U/A Wilmslow,	1:52:47
208.	1599	John Waring	m		U/A Warrington, Cheshire	1:52:53
209.	1014	Amanda Anderson	f	Lady Veteran 40	U/A Topcliffe, North Yorkshire	1:52:55
210.	1379	Ruth McDonald	f	Lady Veteran 50	Bentham Beagles Running Club	1:52:57
211.	1203	David Foster	m		Vegan runners	1:53:03
212.	1047	Holly Blakemore	f		Warrington running club	1:53:06
213.	1353	katy lewis	f	Lady Veteran 50	U/A Liverpool,	1:53:12
214.	1117	Louise Corrigan	f		Swinton RC	1:53:17
215.	1114	Elaine Corcoran	f	Lady Veteran 40	Trawden AC	1:53:17
216.	1326	Russ Kelly	m	Veteran 40	Redcar Running club	1:53:18
217.	1180	Sue Evison	f		U/A Darlington,	1:53:22
218.	1027	Steve Barnes	m	Veteran 40	U/A Newcastle upon Tyne,	1:53:32
219.	1370	Jessica Mather	f		U/A Warrington,	1:53:35
220.	1442	Liz Preston	f		U/A St Helens, Merseyside	1:53:37
221.	1474	Mark Rowntree	m	Veteran 50	U/A Wetherby, West Yorks	1:53:42
222.	1272	Andrea Hobbs	f	Lady Veteran 50	U/A Bolton le Sands, Lancashire	1:53:43
223.	1554	liza tattersall	f	Lady Veteran 40	U/A carnforth, lancashire	1:53:43
224.	1134	Samantha Darby	f		U/A Shrewsbury , Shropshire	1:54:18
225.	1361	Susan Lonsdale	f		Atherton Running Club	1:54:25
226.	1532	Heather Stephenson	f	Lady Veteran 40	U/A Wallsend, Tyne and Wear	1:54:25
227.	1012	Janice Allan	f	Lady Veteran 50	U/A Dumfries, Dumfries & Galloway	1:54:41
228.	1293	Linda Hull	f	Lady Veteran 50	U/A Richmond, N. YORKS	1:54:47
229.	1287	Chris Howard	m		USS	1:54:53
230.	1613	Richard Wheatley	m	Veteran 50	Redhill Road Runners	1:55:03
231.	1007	Miriam Ager	f		U/A Banbury,	1:55:15
232.	1290	Miriam Howarth	f		Chester Road Runners	1:55:19
233.	1078	Andrew Byron	m		U/A London,	1:55:29
234.	1034	Anna Battersby	f		U/A London,	1:55:30
235.	1512	Michael Smith	m	Veteran 60	Olney Runners	1:55:57
236.	1129	Nikki Cryer	f		U/A Bicester, Oxfordshire	1:56:01
237.	1538	jon stock	m	Veteran 50	U/A penarth,	1:56:01

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	1253	Benjamin Hancock	m		U/A MIDDLESBROUGH, CLEVELAND	1:56:21
239.	1543	John Stout	m	Veteran 60	U/A Leigh, Greater Manchester	1:56:28
240.	1459	Deborah Reekie	f	Lady Veteran 40	U/A holmrook, cumbria	1:56:55
241.	1213	Chris Furphy	m	Veteran 50	Stockton Striders	1:56:56
242.	1105	Catherine Clennett	f	Lady Veteran 40	Stockton Striders	1:56:57
243.	1040	Judith Benson	f	Lady Veteran 40	Ponteland Runners	1:57:42
244.	1085	Nicki Cartwright	f	Lady Veteran 50	U/A St. Neots, Cambridgeshire	1:57:53
245.	1161	Stephen Draper	m		U/A Chorley, Lancashire	1:58:12
246.	1079	Colin Campbell	m	Veteran 50	U/A askam-in-furness, cumbria	1:58:19
247.	1616	Debs White	f	Lady Veteran 40	Cambridge and Coleridge	1:58:24
248.	1545	Rebecca Stringer	f	Lady Veteran 40	Washlands Womens Runners	1:58:29
249.	1100	Michelle Cleaver	f		Washlands Women Runners	1:58:29
250.	1257	Chloe Hardman	f		U/A Bury,	1:58:50
251.	1065	Rhian Broomhead	f		U/A Sale,	1:59:02
252.	1587	Emma Vincent	f		U/A Ambleside ,	1:59:23
253.	1089	Richard Cavnar	m	Veteran 60	Northumberland Fell Runners Association	1:59:50
254.	1351	Elizabeth Lewis	f	Lady Veteran 40	U/A Broad Haven, Pembrokeshire	2:00:14
255.	1227	Jake Gotham	m	Veteran 40	U/A Carmarthen, Sir Gaerfyrddin	2:00:15
256.	1603	Michael Watson	m	Veteran 50	Redcar Running Club	2:00:30
257.	1011	Elsbeth Alexander	f	Lady Veteran 40	Redcar Running Club	2:00:30
258.	1043	Diana Birkett	f	Lady Veteran 50	U/A Northwich, Cheshire	2:00:39
259.	1102	Shiran Cleminson	f	Lady Veteran 40	Boldmere Bullets	2:00:44
260.	1428	Tara Oxley	f		Stockton Striders	2:00:47
261.	1282	Molly Hopkinshaw	f		U/A Whitchurch On Thames, Berkshire	2:00:51
262.	1281	Bryony Hopkinshaw	f		U/A London,	2:00:51
263.	1335	Alexandra Knopp	f		U/A Whitley Bay, Tyne And Wear	2:01:05
264.	1248	Joshua Haist	m		U/A Whitley Bay, Tyne and Wear	2:01:06
265.	1002	Leon Aaron	m	Veteran 40	U/A Blackpool , Lancashire	2:01:18
266.	1301	Laura Jackson	f		Washland Women Runners	2:01:22
267.	1259	John Harrington	m		U/A Sheffield ,	2:01:23
268.	1246	marie guttridge	f	Lady Veteran 40	U/A Liverpool, Merseyside	2:01:24
269.	1001	Bonnie Aaron	f		U/A Blackpool, Lancashire	2:01:28
270.	1313	Lisa Jones	f	Lady Veteran 40	Valley Striders	2:01:47
271.	1489	Kate Schweizer	f	Lady Veteran 40	quakers Running Club	2:01:57
272.	1112	Shirley Conner	f	Lady Veteran 50	U/A Darlington, Co Durham	2:01:57
273.	1152	Hannah Dickinson	f		U/A Warrington ,	2:02:15
274.	1206	Garance Fourie	f		U/A London,	2:02:15
275.	1421	Elizabeth Orr	f		U/A burton in kendal, Please select	2:02:21
276.	1422	Tony Orr	m	Veteran 50	U/A Burton in Kendal Cumbria	2:02:21
277.	1084	Matt Carter	m	Veteran 40	U/A Berkhamsted,	2:02:39
278.	1157	Martin Donohue	m		U/A Wigan , Lancs	2:02:40
279.	1000	Gill Nevin	f	Lady Veteran 40	Crosby Stormers	2:02:42
280.	1088	Petrina Cassell	f	Lady Veteran 60	U/A Barford St Michael, Oxfordshire	2:03:07
281.	1166	Jeremy Dyer	m	Veteran 50	Fen edge runners	2:03:23
282.	1539	Anne Stockley	f	Lady Veteran 40	U/A St Albans, Herts	2:03:42
283.	1156	Helen Donohue	f		U/A Wigan, Lancs	2:03:54
284.	1577	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	2:03:59
285.	1025	Anthony Barnes	m	Veteran 40	U/A London,	2:04:08
286.	1271	Carolyn Hiron	f	Lady Veteran 50	WilmslowRC	2:04:13
287.	1376	Bernard McCarron	m	Veteran 50	U/A Lostock Gralam,	2:04:13
288.	1274	Sarah Holland	f		U/A Leeds, West Yorkshire	2:04:20
289.	1455	Stuart Ramsay	m		U/A Manchester,	2:04:23
290.	1022	Peter Baines	m		Lune Valley Hash House Harriers	2:04:24
291.	1174	alison eley	f	Lady Veteran 40	washlands women runners	2:04:32
292.	1413	Hannah Noble	f		Washlands	2:04:32
293.	1164	Helen Dyche	f	Lady Veteran 40	Washland women runners	2:04:32
294.	1327	Kev Kendal	m	Veteran 40	Howgill Harriers	2:04:41
295.	1039	Courtney Benson	f		Howgill harriers	2:04:41
296.	1357	Philip Loftus	m	Veteran 50	U/A Bolton, Lancashire	2:04:48
297.	1190	Mark Finn	m	Veteran 50	U/A Bolton, Lancashire	2:04:48
298.	1600	Jane Warner	f	Lady Veteran 50	Skelmersdale Boundary Harriers	2:04:58
299.	1228	Robert Gould	m	Veteran 70	U/A	2:05:14
300.	1420	Linda O'Neill	f	Lady Veteran 50	U/A Dundee	2:06:13
301.	1369	Jane Marshall	f	Lady Veteran 40	U/A York,	2:06:13
302.	1388	Beata Mihaly	f	Lady Veteran 40	U/A Sidcup, Kent	2:06:31
303.	1496	mark shaw	m	Veteran 50	U/A Audenshaw, MANCHESTER	2:06:40
304.	1132	Raymond Dang	m	Veteran 50	Eaglescliffe Running Group	2:06:49
305.	1296	Claire Hutchinson	f	Lady Veteran 40	U/A Liverpool,	2:07:05
306.	1559	mark taylor	m	Veteran 50	U/A manchester, lancashire	2:07:17
307.	1391	Jan Molyneux	f	Lady Veteran 50	Swinton Running Club	2:08:39
308.	1392	Karen Moody	f	Lady Veteran 40	U/A Liverpool	2:08:54
309.	1189	Anna Finn	f	Lady Veteran 40	100 Marathon club	2:09:14
310.	1323	Joanne Keenan	f	Lady Veteran 50	U/A Wetherby,	2:09:29
311.	1178	Dyfed Evans	m	Veteran 50	U/A York,	2:09:32
312.	1487	Dawn Saxby	f	Lady Veteran 50	U/A Harrogate, North Yorkshire	2:09:45
313.	1107	Paul Coldham	m	Veteran 50	U/A Keswick, Cumbria	2:09:45
314.	1263	Sarah Haworth	f	Lady Veteran 40	U/A Castle Douglas, Kirkcudbrightshire	2:09:56
315.	1038	Joanne Bell	f	Lady Veteran 50	Washlands women runners	2:10:46
316.	1612	Jane Wheatley	f	Lady Veteran 40	U/A Nottingham, Notts	2:11:30
317.	1620	Jeannie Wilde	f	Lady Veteran 40	Redcar running club	2:11:35

Lakeland Trails at Helvellyn

Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	1006	Clare Agar	f		Redcar running club	2:11:35
319.	1523	Gavin Spickett	m	Veteran 60	Tynedale Harriers	2:12:08
320.	1165	Charlotte Dyer	f	Lady Veteran 50	Fen Edge Runners	2:12:11
321.	1122	Kate Craggs	f	Lady Veteran 40	U/A Hartlepool,	2:12:12
322.	1439	Cecilia Pipe	f	Lady Veteran 40	U/A Cambridge,	2:12:19
323.	1462	Carol Reid	f		U/A Leeds,	2:12:27
324.	1631	Jacqueline Woods	f	Lady Veteran 40	U/A Leeds,	2:12:27
325.	1209	Paul Freeman	m	Veteran 50	U/A Gloucester,	2:12:32
326.	1183	cath Fairlam	f	Lady Veteran 40	wigton road runners	2:12:38
327.	1544	Maddy Stretton	f		Washland womens runner	2:12:56
328.	1569	Donna Thorpe	f	Lady Veteran 40	U/A Hornby, Lancs	2:13:17
329.	1368	Al Marron	f	Lady Veteran 40	U/A Lancaster , Lancashire	2:13:17
330.	1521	Julie Spencer	f	Lady Veteran 50	U/A Neston, Cheshire	2:13:53
331.	1623	Vicky Willett	f	Lady Veteran 40	SBC Plodders	2:14:03
332.	1491	Katie Scott	f		U/A Shevington, Lancashire	2:14:04
333.	1366	Gareth Maguire	m	Veteran 40	U/A Hale,	2:14:10
334.	1546	Anna Stubbs	f	Lady Veteran 40	Washlands Women Runners	2:14:54
335.	1242	Helen Greenhalgh	f	Lady Veteran 40	Red Rose Road Runners	2:15:14
336.	1142	Jennie Davies	f	Lady Veteran 60	Women on the run	2:15:21
337.	1214	Lucie Gage	f	Lady Veteran 50	Elswick Harriers	2:15:40
338.	1331	Ronni Kirkham	f	Lady Veteran 50	Redcar running club	2:15:49
339.	1425	Lynne Owen	f	Lady Veteran 40	Ackworth road runners	2:16:12
340.	1393	katy Moore	f	Lady Veteran 40	U/A Hebden Bridge,	2:16:17
341.	1438	ruth pimblett-tattley	f	Lady Veteran 50	U/A hebden bridge, w yorks	2:16:30
342.	1434	Ian Patterson	m	Veteran 40	Preston Harriers	2:16:40
343.	1584	Julie Tyrer	f	Lady Veteran 40	U/A Preston,	2:16:49
344.	1548	Andy Suddrick	m	Veteran 40	U/A Sheffield, South Yorkshire	2:17:38
345.	1286	Anna Howard	f		U/A Scarborough,	2:17:40
346.	1289	Rebecca Howard	f		Quakers	2:17:40
347.	1321	Margaret Kaye	f	Lady Veteran 50	U/A Carlisle, Cumbria	2:17:41
348.	1212	ALasdair Fuller	m		U/A Lincoln,	2:18:17
349.	1119	Elizabeth Coupe	f		U/A Lincoln, Lincoln	2:18:17
350.	1365	Lucy Maggiori	f	Lady Veteran 40	U/A Dumfries,	2:19:21
351.	1396	Janet Morris	f	Lady Veteran 60	Knaresborough Striders	2:20:22
352.	1336	Nicola Knowles	f	Lady Veteran 40	U/A Manchester,	2:20:30
353.	1565	Amy Thomson	f	Lady Veteran 40	U/A York,	2:20:39
354.	1238	Christina Greatwood	f		U/A Castle Cary , Somerset	2:21:27
355.	1096	David Churchward	m		U/A Newton Abbot,	2:21:27
356.	1466	Elaine Robinson	f	Lady Veteran 50	U/A Barnsley , South Yorkshire	2:21:40
357.	1414	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:22:29
358.	1482	Viv Samuelson	f	Lady Veteran 40	Swinton RC	2:22:56
359.	1480	Katie Samuelson	f	Lady Veteran 40	Cambridge & Coleridge AC	2:22:56
360.	1230	Vicki Grant	f		U/A Holme, Cumbria	2:23:39
361.	1424	Sam Owen	f	Lady Veteran 40	Washland women	2:24:15
362.	1300	Karen Jackson	f	Lady Veteran 50	Washlands Women Runners	2:24:15
363.	1576	Karen Travis	f		U/A York,	2:24:28
364.	1560	Lynne Terry	f	Lady Veteran 40	U/A Belper, Derbyshire	2:25:07
365.	1067	Nicola Brown	f	Lady Veteran 40	Jog Derbyshire	2:26:15
366.	1394	STEVEN MOORE	m	Veteran 60	NORDIC WALKING UK	2:26:30
367.	1294	Alison Hussenbee	f	Lady Veteran 50	Derby Mercury	2:26:44
368.	1615	ROB WHISTON	m	Veteran 60	U/A CREWE, CHESHIRE	2:26:49
369.	1406	Zandile Nare	f		U/A Whitley Bay,	2:27:58
370.	1596	Josephine Walsh	f	Lady Veteran 40	Red Rose Road Runners	2:28:29
371.	1186	Heath Farrington	m	Veteran 40	U/A Southport ,	2:28:49
372.	1588	caroline vitty	f	Lady Veteran 60	U/A liverpool,	2:30:41
373.	1083	Cynthia Carter	f	Lady Veteran 60	Crosby stormers	2:30:41
374.	1139	Corrin Davies	f		U/A Warwick, Warwickshire	2:31:16
375.	1536	Katrina Stewart	f		U/A Warwick,	2:31:16
376.	1307	Ann Johansson	f	Lady Veteran 50	U/A Stockholm,	2:31:57
377.	1609	Steve Webster	m	Veteran 50	U/A Huddersfield, West Yorkshire	2:31:57
378.	1460	Jo Reely	f	Lady Veteran 40	Boldmere Bullets	2:32:13
379.	1245	Samantha Growney	f		USS	2:33:46
380.	1592	Lauren Walker	f		USS	2:33:46
381.	1013	Jane Allen	f		West Hull ladies RRC	2:34:59
382.	1167	Cath Dyson	f	Lady Veteran 40	U/A Huddersfield,	2:34:59
383.	1594	Sally Wallwin	f	Lady Veteran 50	U/A Belper, Derbyshire	2:40:37
384.	1481	Peter Samuelson	m	Veteran 70	Spectrum striders	2:43:03
385.	1234	Jaclyn Gray	f	Lady Veteran 40	U/A Workington , Cumbria	2:45:53
386.	1580	Chris Robson	m	Veteran 80	U/A St Bees, Cumbria	2:46:37
387.	1403	Jenny Murphy	f		USS	2:48:06
388.	1515	Steven Snape	m	Veteran 50	U/A BOLTON, Lancs	3:06:08
389.	1583	Joyce Tyldesley	f	Lady Veteran 50	U/A BOLTON, Lancs	3:06:09
390.	1511	Megan Smith	f	Lady Veteran 60	U/A Sheffield,	3:06:59
391.	1509	Derek Smith	m	Veteran 60	U/A Sheffield,	3:06:59
392.	1340	Sarah Langford	f	Lady Veteran 40	Washland Women Runners	3:19:02
393.	1229	Margaret Grahamslaw	f	Lady Veteran 60	Washlands Women	3:19:03
394.	1356	Carl Lockwood	m	Veteran 50	U/A Leeds, West Yorkshire	3:30:35
395.	1280	Julie Honeybourne	f	Lady Veteran 60	Washlands woman runners	3:30:48
396.	1330	Linda Kirke	f	Lady Veteran 50	Washlands Women Runners	3:30:49
397.	1292	Mairead Hughes	f		U/A Manchester , Greater Manchester	1:21:58

Lakeland Trails at Helvellyn

Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	99	Luci Dobbin	f		U/A London,	1:40:55
399.	215	Teagan Morton	f		U/A Manchester,	1:54:09

Number of records: 399