

## Helvellyn Trail Race 15k

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
1	1153	Brogan McCawley	m		Leeds City AC	0:58:29
2	682	Joe Gridale	m			1:03:50
3	924	Paul Reilly	m	MV 40	Coniston Fell Runners	1:04:30
4	656	James Forrest	m	MV 40		1:05:45
5	401	John Cull	m	U21		1:08:09
6	294	Macauley Bond	m			1:08:52
7	710	Paul Heron	m	MV 40		1:09:04
8	1157	Jacob Mennell	m			1:09:16
9	914	Barrie Quigley	m			1:09:27
10	628	Peter Dinsmore	m			1:11:27
11	560	Lorenzo Brunero	m			1:11:27
12	775	Jordan Lee	m			1:12:28
13	943	Andrew Rutter	m	U25		1:12:42
14	662	Nicole Frisby	f		Springfield Striders	1:12:46
15	287	James A Jackson	m			1:12:58
16	962	John Singleton-Hardy	m		Lancaster	1:13:42
17	1177	Helen Sharman	f		Keswick AC	1:13:51
18	1099	Martin Bewick	m	MV 40		1:15:03
19	532	David Bartlett	m			1:15:06
20	270	Nick Saxton	m			1:15:08
21	507	Jim Andrews	m	MV 50	Ambleside	1:15:19
22	390	Ben Ashton	m	MV 50	DOrunning	1:15:22
23	1141	Michael Ives	m			1:15:31
24	1192	Laura Whitehouse	f			1:15:33
25	668	Katie Georgeson	f	FV 40		1:15:40
26	902	Sonny Playforth	m			1:15:53
27	353	Phil O'Sullivan	m			1:16:09
28	650	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:16:40
29	688	Stuart Haigh	m	MV 40	North Shields Polytechnic	1:16:52
30	608	Michelle Crowley	f	FV 40	Ambleside AC	1:17:02
31	234	Ewan Head	m	U21		1:17:04
32	1108	Mark Cameron	m	MV 50		1:17:06
33	632	Simon Dodd	m	MV 40		1:17:12
34	571	David Calder	m	MV 60	Westerlands Cross Country Club	1:17:14
35	1103	Eilidh Brown	f	U25		1:17:17
36	281	Neil Ward	m	MV 50	Ponteland Runners	1:17:19
37	945	Steven Rutter	m			1:17:25
38	936	Heidi Rogers	f			1:18:02
39	357	Bruce Penhale	m	MV 60		1:18:03
40	1160	Aoife Moss	f			1:18:05
41	346	Paul Mcgreevy	m	MV 50	In2 The Wild	1:18:07
42	960	Kash Singh	m			1:18:07
43	577	Andy Cartridge	m			1:18:13
44	1159	Ray Monk	m	MV 50		1:19:09
45	769	Jack Lawton	m	U25		1:19:23
46	527	Lee Barker-field	m	MV 50		1:19:25
47	837	Callum Meadows	m		40% run club	1:19:26
48	244	Jack Lee-Thompson	m			1:19:52
49	550	Carlos Botello	m			1:19:59
50	851	Paul Morris	m	MV 70	Keswick AC	1:20:04
51	274	Benn Stephenson	m	MV 40		1:20:12
52	1097	Alan Barr	m	MV 50	Howgill Harriers	1:20:42
53	986	Andrew Stuart	m	MV 50		1:23:27
54	789	Martin Loveless	m	MV 60	Hardley Runners	1:24:05
55	343	Adam Long	m		40% club	1:24:07



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56	338	Michiel Kieft	m	MV 40		1:24:24
57	549	Paul Blundell	m	MV 60	Hardley runners	1:24:31
58	308	Mike Duff	m	MV 40	Ealing Eagles	1:24:38
59	354	John Orrell	m	MV 50	Hoghton Flyers	1:24:40
60	993	Natalie Swarbrick	f	FV 40		1:24:49
61	931	Simon Robb	m			1:25:16
62	642	Matthew Eustace	m	MV 40		1:25:33
63	757	Mihir Joshi	m	MV 40		1:25:56
64	373	Ian Stainthorpe	m	MV 60	Rochdale Harriers	1:26:49
65	1056	William Whall	m	MV 50	North Norfolk Beach Runners	1:26:59
66	145	Nicola Hughes	f			1:27:26
67	279	Dave Tonge	m	MV 60		1:27:27
68	1147	Phil Kitchman	m	MV 50		1:27:39
69	573	Peter Cantwell	m	MV 40		1:27:42
70	91	Kay Mcgreevy	f	FV 60	In2 The Wild	1:27:45
71	942	Gillian Rowland	f	FV 60		1:27:49
72	944	Brenda Rutter	f	FV 60		1:28:27
73	987	Stephen Stuart	m	MV 50		1:29:09
74	1080	Albert Wood	m			1:29:54
75	541	Karl Bescoby	m	MV 50	Chorlton Runners	1:29:54
76	905	Nick Postill	m			1:30:23
77	791	Jason Loveridge	m			1:30:27
78	580	Marieke Chalmers	f	FV 40		1:32:19
79	762	Stuart Kane	m	MV 40	Lancashire Constabulary	1:32:46
80	868	Rozanne Nolte	f			1:33:52
81	508	Jo Andrews	f	FV 50	Ambleside	1:35:37
82	304	Leon Dack	m	U25		1:36:09
83	696	Kate Harrison	f		Abbey Runners	1:36:12
84	963	Simon Slatter	m		4ZERO	1:36:14
85	1102	Kate Bowden	f	FV 50	Glossopdale Harriers	1:36:26
86	431	Ben Clay	m		Slaithwaite Striders	1:37:57
87	574	Elizabeth Carmo-silva	f	FV 40		1:38:16
88	879	Doug Orr	m	MV 40		1:38:16
89	964	Laurel Sleet	f			1:39:31
90	319	Paul Gibbons	m	MV 60		1:42:27
91	611	Peter Cushion	m	MV 50	Wirral Vikings Trc	1:42:32
92	70	Rebecca Egerton	f			1:42:39
93	125	Anne Cox	f	FV 60		1:42:41
94	528	Nicholas Barlow	m		4ZERO Run Club	1:46:12
95	250	Miguel Menes	m			1:47:32
96	523	Josie Bamford	f		4Zero	1:48:29
97	167	Femke van Dreven	f	FV 50	Durham City Harriers	1:49:22
98	407	Ellaney Hayden	m		40% Club	1:50:32
99	365	Alasdair Roxburgh	m		Skelmersdale Boundary Harriers	1:58:15
100	417	Claire Pepper	f	FV 40		1:58:15

Number of records: 100

