

## Lakeland Trails at Helvellyn

## Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1129	Tommy Holland	m		U/A Edgworth,	1:04:54
2.	1359	James Shirley	m		U/A Liverpool, Merseyside	1:06:14
3.	1384	Sam Barton	m		U/A Bowness, Cumbria	1:06:33
4.	1377	Daniel Jenkinson	m		U/A Lancaster,	1:06:36
5.	1528	Charlie Huins	m		U/A London,	1:06:42
6.	1329	Paul Law	m		U/A Kendal, Cumbria	1:07:09
7.	1570	Anthony Irving	m	Veteran 40	U/A Carlisle,	1:10:05
8.	1317	philip lonsdale	m	Veteran 50	U/A durham,	1:10:18
9.	1569	David Connolly	m	Veteran 40	U/A Burscough, Lancs	1:11:25
10.	1029	Stuart Airey	m	Veteran 40	Eden runners	1:11:26
11.	1490	Stephen Entwistle	m	Veteran 50	Wirral Vikings TRC	1:11:59
12.	1232	Andy Phillips	m		U/A Manchester, Greater Manchester	1:12:17
13.	1092	Richard George Spowart	m		U/A Spennymoor, Durham	1:12:26
14.	1448	Gary Lingard	m	Veteran 40	U/A Ulverston,	1:12:37
15.	1137	Hadrian Howarth	m	Veteran 40	U/A Rickmansworth,	1:12:43
16.	1356	Steve Sears	m	Veteran 50	U/A Brighouse, West Yorkshire	1:13:25
17.	1519	Neil Marshall	m	Veteran 40	U/A Chester, Cheshire	1:13:31
18.	1295	CHRISTOPHER ROBERTS	m	Veteran 40	Unattached	1:13:36
19.	1358	David Logan	m	Veteran 40	U/A Brighouse,	1:14:25
20.	1166	Mark Johnson	m		Sweatshop Running Community	1:14:54
21.	1032	Steve Platten	m	Veteran 40	City of Hull AC	1:15:00
22.	1185	Matthew Shard	m	Veteran 40	U/A Bristol, North Somerset	1:15:01
23.	1187	Gary Smith	m	Veteran 50	COLT	1:15:24
24.	1525	Rodney Lewis	m		U/A Brixton, London	1:15:26
25.	1375	Huw Lloyd	m		U/A Richmond, North Yorkshire	1:15:34
26.	1361	Kevin Asher	m	Veteran 40	U/A London ,	1:15:34
27.	1450	Christopher Morris	m		Team Windmill	1:15:36
28.	1520	Jim Macfarlane	m	Veteran 40	U/A Newcastle upon Tyne,	1:15:38
29.	1407	Robert Macfarlane	m	Veteran 40	U/A Cambridge,	1:15:38
30.	1354	Johnny Johnson	m	Veteran 50	U/A Guisborough,	1:15:40
31.	1122	Jonathan Fletcher	m	Veteran 50	Ripon Runner	1:15:46
32.	1589	Louise Dermott	f	Lady Veteran 50	U/A Ormskirk, Lancashire	1:15:52
33.	1352	Helen Banks	f		U/A Tynemouth, Tyne and Wear	1:16:09
34.	1350	Tom Banks	m		U/A North Shields, Tyne and Wear	1:16:09
35.	1527	Richard Jack	m		U/A Cockermouth, Cumbria	1:16:20
36.	1130	Iain Holland	m		U/A Edgworth,	1:16:34
37.	1123	Samantha Crooks	f		U/A Newcastle,	1:16:38
38.	1547	Etienne Pansegrouw	m		U/A Southport ,	1:16:48
39.	1575	Katherine Rooney	f		U/A Glasgow,	1:16:53
40.	1458	Tom Shaw	m		U/A Barrow in Furness,	1:17:09
41.	1502	Robert Allinson	m	Veteran 40	U/A Redcar	1:17:17
42.	1571	Gareth Webb	m	Veteran 40	Sale Harriers Manchester	1:17:19
43.	1386	Arran Hollyoak	m		U/A Ilkley, West Yorkshire	1:17:20
44.	1028	Simon Dodd	m	Veteran 40	U/A Brampton, Cumbria	1:17:22
45.	1567	denis cleary	m	Veteran 40	none	1:17:32
46.	1091	john spowart	m		U/A Spennymoor, Durham	1:17:41
47.	1554	Michael Neil-Boss	m		Lonely Goat Running Club	1:17:45
48.	1351	Robert Pattinson	m	Veteran 50	Motherwell Ac	1:17:48
49.	1583	Molly Broome	f		Achille Ratti	1:17:55
50.	1204	Rob Corinaldi	m	Veteran 50	Vale Royal	1:18:00
51.	1311	Alan Wood	m	Veteran 50	Lonely Goat RC	1:18:06
52.	1069	Adrian Gooding	m	Veteran 40	Quakers	1:18:16
53.	1229	carl ward	m	Veteran 50	U/A driffield, east yorkshire	1:18:21
54.	1328	Charlotte Foley	f		U/A East Boldon, Tyne and Wear	1:18:25
55.	1336	Callum Wort	m		U/A St Albans,	1:18:37
56.	1467	David Oxtoby	m	Veteran 40	Kenilworth Runners	1:18:38
57.	1093	Gary Minns	m	Veteran 40	U/A Bishop Auckland,	1:18:48
58.	1098	Jeremy Crate	m	Veteran 50	U/A Bedlington , Northumberland	1:18:57
59.	1279	Daniel Donohue	m		U/A Morecambe, Lancashire	1:19:06
60.	1237	Nick Howe	m	Veteran 40	U/A Liverpool,	1:19:32
61.	1160	Gareth Brinn	m		U/A Leamington Spa,	1:19:32
62.	1101	alan parker	m	Veteran 50	U/A stoke on trent,	1:19:38
63.	1596	Pete Lashley	m	Veteran 50	Unattached	1:19:42
64.	1195	Michael Burke	m	Veteran 40	Swinton running club	1:19:48
65.	1452	Paul White	m		U/A Durham, County Durham	1:19:52
66.	1436	Charlotte Neate	f		U/A Allithwaite ,	1:19:58
67.	1116	Scott White	m	Veteran 40	Cambridge & Coleridge	1:20:06
68.	1298	Stuart McKechnie	m	Veteran 50	U/A Witney,	1:20:16
69.	1134	Paul Cornwell	m	Veteran 40	Biddulph Running Club	1:20:23
70.	1414	Chris Wynne	m	Veteran 60	U/A Ormskirk,	1:20:38
71.	1050	Mike Holmes	m	Veteran 40	U/A Skipton,	1:20:49
72.	1355	Gavin Birchall	m	Veteran 40	U/A Preston,	1:20:50
73.	1190	Mat Bend	m	Veteran 40	U/A Leyland, Lancas	1:20:51
74.	1348	Joanna Murnane	f		U/A Bridge of Weir, Renfrewshire	1:21:00
75.	1468	Barbara Holmes	f	Lady Veteran 60	LSARRC	1:21:10
76.	1447	Tom Leslie	m		U/A Morpeth, Northumberland	1:21:29
77.	1102	Rebecca Howard	f		Quakers	1:21:32

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1078	Neil Carrick	m	Veteran 40	West Cumbria Tri	1:21:44
79.	1555	Jon Broome	m	Veteran 50	Achille Ratti	1:21:46
80.	1036	Hannah Bryan	f		U/A Darlington,	1:21:47
81.	1509	Salvatore Genovese	m	Veteran 50	U/A Garstang, Lancashire	1:21:48
82.	1277	jon shard	m	Veteran 40	U/A manchester, lancashire	1:22:26
83.	1146	David Bailey	m	Veteran 50	BRC	1:22:37
84.	1013	Igal Nagar	m	Veteran 60	U/A Sutton Coldfield, West Midlands	1:23:01
85.	1259	jack ryder	m		U/A liverpool, merseyside	1:23:08
86.	1068	Lindsay Hailey	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	1:23:10
87.	1183	Andrew Hollowbread	m	Veteran 50	U/A DURHAM, Co Durham	1:23:12
88.	1225	Melanie Phair	f		U/A High Wycombe ,	1:23:21
89.	1394	Josh Comley	m	Veteran 40	U/A London, London	1:23:53
90.	1505	Cath Fenn	f	Lady Veteran 40	Northbrook AC	1:24:11
91.	1097	David Spowart	m		U/A Spennymoor, Durham	1:24:16
92.	1341	colin fitton	m	Veteran 50	U/A Wrenthorpe, Please Select	1:24:25
93.	1591	Mary Fairclough	f	Lady Veteran 40	U/A Ilkley, West Yorkshire	1:24:26
94.	1244	Michael Burkitt	m	Veteran 50	U/A Lancaster, Lancashire	1:24:40
95.	1514	Mike Stokes	m	Veteran 40	U/A Ormskirk, Lancashire	1:24:46
96.	1042	terry moss	m	Veteran 40	U/A preston, lancashire	1:24:52
97.	1182	Philip Love	m	Veteran 40	U/A Leeds, West Yorkshire	1:25:02
98.	1214	Ian Abbott	m	Veteran 50	U/A Nottingham,	1:25:09
99.	1428	Olivia Hack	f		Pebbles	1:25:11
100.	1167	Joanna Fitch	f		U/A Wandsworth, London	1:25:13
101.	1205	Sally Hale	f		U/A Arnold, Nottingham	1:25:19
102.	1054	Andrew Clitheroe	m		U/A Carlisle,	1:25:24
103.	1215	Amy Naylor	f		Knaresborough Striders	1:25:26
104.	1158	Anthony Tomkins	m		U/A Abergavenny (Y Fenni), Gwent	1:25:26
105.	1314	Katherine Stewart	f		Winslow Warriors	1:25:27
106.	1250	GARETH TOSH	m	Veteran 50	U/A Halifax,	1:25:32
107.	1319	dawn jones	f	Lady Veteran 40	Harlow Athletic Club	1:25:36
108.	1156	Sarah Smallwood	f	Lady Veteran 50	U/A Chorley, Lancashire	1:25:40
109.	108	Claire Humphris	f	Lady Veteran 40	U/A Potters bar,	1:25:54
110.	1592	Frank Tippin	m	Veteran 60	U/A	1:25:56
111.	1297	Amy Butler	f	Lady Veteran 40	Olney runners	1:25:59
112.	1535	Joe Trotter	m		U/A Glasgow,	1:26:15
113.	1465	Matt McCairn	m	Veteran 40	U/A St Helens, Merseyside	1:26:25
114.	1423	Louise Chicken	f	Lady Veteran 40	Tynedale harriers	1:26:31
115.	1475	David Wallbank	m	Veteran 50	Team windmill	1:26:35
116.	1046	Neil Brooks	m	Veteran 50	U/A Preston , Lancashire	1:26:36
117.	1241	Katie O'Sullivan	f	Lady Veteran 40	U/A Liverpool,	1:26:39
118.	1545	George Craig	m	Veteran 40	U/A Tynemouth, Tyne and Wear	1:26:44
119.	1009	Dawn Winstanley	f	Lady Veteran 50	U/A Preston, Lancashire	1:26:45
120.	1021	Tim Bateman	m	Veteran 40	U/A Preston , Lancashire	1:26:59
121.	1138	Andrew Harrison	m	Veteran 50	U/A Sheffield,	1:27:02
122.	1075	sandra connell	f	Lady Veteran 60	U/A Liverpool,	1:27:03
123.	1335	Suzanne Pritchard	f	Lady Veteran 50	U/A St Albans,	1:27:03
124.	1334	Rebecca Pritchard	f		U/A St Albans,	1:27:04
125.	1378	James Brown	m		SISU RUN	1:27:10
126.	1344	Helen Paterson	f		U/A London,	1:27:11
127.	1399	RAY Foulkes	m	Veteran 50	Redcar running club	1:27:14
128.	1051	jim little	m	Veteran 40	U/A cheshire,	1:27:15
129.	1588	Charmain Brenyah	f		U/A Chinnor hill, Oxfordshire	1:27:19
130.	1500	Warren Anderson	m		U/A Newcastle upon Tyne,	1:27:22
131.	1372	Liz Anderson	f		U/A Newcastle upon Tyne,	1:27:22
132.	1427	Luke Thomas	m		Vibes	1:27:26
133.	1045	Zoe Blanks	f		knavsmire Harriers	1:27:35
134.	1393	Helen Palmer	f	Lady Veteran 40	U/A London,	1:27:39
135.	1008	Andrew Hemsley	m	Veteran 50	Walney Wind Cheetahs	1:27:46
136.	1453	Peter Cross	m		U/A Durham,	1:27:48
137.	1338	Thomas Jones	m		U/A Manchester,	1:27:56
138.	1019	Dave Raynor	m	Veteran 50	Red Rose Road Runners	1:28:04
139.	1039	Adam Wilcock	m		U/A Old Langho, Lancashire	1:28:17
140.	1266	Garry Spivey	m	Veteran 60	Meltham A.C.	1:28:17
141.	1429	Cherryl ORRICK	f	Lady Veteran 40	ST HELENS STRIDERS	1:28:43
142.	1503	Julia Hopwood-Turner	f		U/A Stockport	1:28:46
143.	1422	Julie Cook	f	Lady Veteran 40	Tynedale Harriers	1:28:47
144.	1584	Rebecca Broome	f		Achille Ratti	1:28:48
145.	1178	Laura Preston	f		U/A Glasgow,	1:29:07
146.	1406	Rebecca Bennewith	f		U/A Newcastle upon Tyne,	1:29:10
147.	1206	Jonathan Richardson	m	Veteran 40	York Postal Harriers	1:29:11
148.	1400	Angela Jackson	f		U/A Preston,	1:29:15
149.	1067	Lucy Saunders	f		U/A Grange Over Sands, Cumbria	1:29:17
150.	1369	Ivor Stirling	m		U/A Lancaster,	1:29:25
151.	1245	Kelly Temple	f	Lady Veteran 40	U/A York,	1:29:27
152.	1560	Andrew Howard	m	Veteran 50	U/A Northwich, Cheshire	1:29:30
153.	1003	Ruth Owen-Hughes	f	Lady Veteran 50	U/A Yarm,	1:30:09
154.	1202	Mandy Livingstone	f	Lady Veteran 50	U/A WGC , Hertfordshire	1:30:26
155.	1053	Owen Davies	m	Veteran 70	U/A Kendal,	1:30:34
156.	1546	Daniel Trainor	m	Veteran 40	U/A St Helens, Merseyside	1:30:39
157.	1566	David Ashcroft	m	Veteran 50	U/A Warrington,	1:30:41

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	1416	Karen Jones	f	Lady Veteran 40	U/A ORMSKIRK,	1:30:52
159.	1030	Dan Stolworthy	m		U/A Huddersfield, West Yorkshire	1:30:56
160.	285	Vanessa Kay	f	Lady Veteran 50	U/A Dundee, Scotland	1:31:05
161.	1114	Richard Pennock	m	Veteran 40	U/A Bridgend,	1:31:19
162.	1307	John Glass	m		U/A Lancaster, Lancs	1:31:37
163.	1337	Alexander Sugden	m		U/A Halifax, West Yorkshire	1:31:38
164.	1302	Michael Wild	m	Veteran 40	U/A Oldham, Lancashire	1:31:40
165.	1360	Tim Cliffe	m	Veteran 40	U/A Alsager , Cheshire	1:31:53
166.	1415	Louise Lashley	f	Lady Veteran 40	U/A	1:31:57
167.	1088	Darren Gillman	m	Veteran 40	Trail Running Association	1:31:57
168.	1260	megan ryder	f		U/A galgate, lancashire	1:32:03
169.	1258	john ryder	m	Veteran 40	U/A boston spa, yorkshire	1:32:03
170.	1449	Emma Simm	f		U/A St Albans,	1:32:12
171.	1251	Graham Fisher	m	Veteran 40	Biddulph Running Club	1:32:13
172.	1018	Neil Barrett	m	Veteran 40	U/A Preston, Lancashire	1:32:23
173.	1339	Andrew Sloan	m		U/A Halifax,	1:32:29
174.	1196	Helen Robins	f		U/A Welwyn Garden City, Herts	1:32:31
175.	1563	Eugene Mcgee	m		U/A Ulverston, Cumbria	1:32:40
176.	1345	Howard Sidery	m	Veteran 60	Lions Running Community	1:32:47
177.	1362	Ben Hill	m	Veteran 40	U/A Manchester ,	1:32:55
178.	1010	Nicholas Schaffer	m	Veteran 50	Millom Striders	1:33:07
179.	1263	Andrew O'Boyle	m	Veteran 50	U/A Warrington, Cheshire	1:33:08
180.	99	Jon Meeten	m	Veteran 50	U/A Manchester,	1:33:15
181.	1389	Ric Jaques	m	Veteran 50	U/A Brampton,	1:33:17
182.	1562	Billy Mcgee	m		U/A Lancaster , Lancashire	1:33:19
183.	1597	Rob Wennington	m	Veteran 50	N/A	1:33:23
184.	1270	Paul Haydon	m	Veteran 50	U/A Great Ayton, North Yorksire	1:33:24
185.	1017	Gerry Shaw	f		St Helens Striders	1:33:25
186.	1561	John Walsh	m	Veteran 40	Daves stag	1:33:26
187.	1087	Katie Samuelson	f	Lady Veteran 40	Cambridge & Coleridge AC	1:33:40
188.	1209	John Waring	m		U/A Warrington, Cheshire	1:33:45
189.	1147	Elizabeth Sloan	f	Lady Veteran 40	Glasgow Running Network	1:33:47
190.	1154	Paul Collins	m	Veteran 50	Garscube Harriers	1:33:56
191.	1271	Jan Wyles	f	Lady Veteran 50	U/A Wilmslow , Cheshire	1:34:03
192.	1035	Gerry Rooney	m	Veteran 60	U/A Carlisle,	1:34:11
193.	1456	Michael Clarke	m		U/A Newcastle Upon tyne,	1:34:12
194.	1220	John Wiseman	m	Veteran 50	Red Rose Road Runners	1:34:24
195.	1521	damien langton	m	Veteran 40	U/A manchester,	1:34:41
196.	1522	James Tipping	m	Veteran 40	U/A Wilmslow,	1:34:42
197.	1159	Zoe Bradley	f		U/A Nottingham, Nottinghamshire	1:34:42
198.	1144	Find Jorgensen	m	Veteran 60	U/A Bjornemyr, Akershus	1:34:52
199.	1581	Matt Atkinson	m	Veteran 40	U/A Kendal, Cumbria	1:35:06
200.	1559	Simon Stockman	m	Veteran 50	Warrington Road Runners	1:35:07
201.	1501	Sarah Bibby	f	Lady Veteran 40	Redcar RC	1:35:10
202.	1391	Andrew Price	m	Veteran 50	Team inov-8	1:35:11
203.	1262	richard mayson	m	Veteran 60	unattached	1:35:12
204.	1431	Steve Meyfroidt	m	Veteran 50	U/A Penrith, Cumbria	1:35:16
205.	1194	Kay Drummond	f	Lady Veteran 40	Birtley ac	1:35:34
206.	1438	Josh Pearson	m		U/A Preston,	1:35:38
207.	1301	Dominic Wood	m	Veteran 40	U/A Salford, Lancashire	1:35:40
208.	1181	Marie Cornell	f		U/A Eaglescliffe ,	1:35:46
209.	1212	Malcolm Brown	m	Veteran 60	Hook Norton Harriers	1:36:07
210.	1217	Alan Pryce	m	Veteran 60	U/A Alton, Hampshire	1:36:08
211.	1557	Vicki Brown	f	Lady Veteran 40	Blackhill Bounders	1:36:09
212.	1474	Bob Barford	m	Veteran 50	U/A Laceby, Lincolnshire	1:36:09
213.	1072	Jayne Dore	f	Lady Veteran 40	U/A Formby,	1:36:20
214.	1303	Craig Booth	m	Veteran 40	U/A Kendal, Cumbria	1:36:22
215.	1340	Alan davidson	m	Veteran 60	U/A Witney,	1:36:35
216.	1380	Peter Burlingham	m		Lonely Goat RC	1:36:47
217.	1161	Alex Jeffrey	m		U/A Lightcliffe,	1:36:52
218.	1224	Ginny Newman	f	Lady Veteran 50	U/A Manchester,	1:36:53
219.	1461	Michael Bellwood	m		N/A	1:36:56
220.	1142	David Cummins	m	Veteran 50	U/A Preston, Lancashire	1:37:03
221.	1304	Kathryn Abbott	f	Lady Veteran 50	RED ROSE ROAD RUNNERS	1:37:05
222.	1056	mark wardley	m	Veteran 40	U/A preston, lancs	1:37:06
223.	1055	Gail Bristo	f	Lady Veteran 40	Red Rose Road Runners	1:37:07
224.	1143	Michael Cummins	m	Veteran 50	U/A Lancashire,	1:37:10
225.	1071	Rachel Summers	f	Lady Veteran 40	U/A Preston,	1:37:12
226.	1309	Richard Mairs	m		U/A West Auckland, Durham	1:37:12
227.	1233	Brian Rose	m	Veteran 40	Billingham Marsh House Harriers	1:37:14
228.	1006	Margaret Lupton	f	Lady Veteran 50	Red Rose Road Runners	1:37:24
229.	1476	John Walter	m	Veteran 60	U/A Penrith, Cumbria	1:38:10
230.	1366	Richard Dove	m	Veteran 40	U/A Leeds, Yorkshire	1:38:13
231.	1022	Michelle Cresswell	f	Lady Veteran 40	U/A Kendal, Cumbria	1:38:14
232.	1580	Rebecca Atkinson	f		Helm Hill Runners	1:38:17
233.	1524	Joe Stevens	m	Veteran 50	U/A Ormskirk, Lancashire	1:38:25
234.	1529	Jon Trubshaw	m	Veteran 50	U/A Ormskirk, Lancashire	1:38:25
235.	1385	Catherine Hollyoak	f		U/A Ilkley, West Yorkshire	1:38:30
236.	1294	Rachel Blake	f	Lady Veteran 40	U/A Bingley , West Yorks	1:38:31
237.	1548	mark shaw	m	Veteran 50	U/A Audenshaw, MANCHESTER	1:38:34

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	1079	Clement Bidwell	m		U/A Salford,	1:38:36
239.	1061	Amanda Seago	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:38:38
240.	1012	Ferg Ryan	m	Veteran 40	SW Running Crew	1:38:39
241.	1011	Chris Ryan	m	Veteran 40	SW Running Crew	1:38:39
242.	1379	Ross Crombie	m	Veteran 60	U/A West Bridgford,	1:38:46
243.	1421	Charlotte Woods	f		U/A Leeds,	1:38:49
244.	1342	Simon Clarke	m	Veteran 40	U/A Maryport, Cumbria	1:38:54
245.	1320	simon jones	m	Veteran 40	U/A Bishops Stortford, herts	1:38:55
246.	1219	JOHN INGRAM	m	Veteran 60	U/A OLNEY, BUCKS	1:38:57
247.	1404	David Postlethwaite	m	Veteran 50	U/A Leyland, Lancashire	1:38:59
248.	1526	Jodi Bowyer	f		U/A Lancaster ,	1:38:59
249.	1269	Julie Gilson	f	Lady Veteran 50	Na	1:39:02
250.	1446	Mark Liptrott	m	Veteran 40	U/A Ormskirk, Lancashire	1:39:03
251.	1316	Michael Madden	m		U/A Altrincham , Cheshire	1:39:04
252.	1398	Richard Meade	m	Veteran 40	U/A Stockport, Greater Manchester	1:39:04
253.	1565	Alan chorley	m	Veteran 40	U/A warrington, Cheshire	1:39:13
254.	1305	Victoria Jefferies	f		U/A Lancaster,	1:39:27
255.	1126	Dawn Wicks	f	Lady Veteran 40	U/A Penrith, Cumbria	1:39:32
256.	1026	John Stout	m	Veteran 60	U/A Leigh, Greater Manchester	1:39:42
257.	1451	Phil Holden	m	Veteran 50	U/A Bolton, Lancashire	1:39:43
258.	1482	Gail Maxfield	f	Lady Veteran 60	U/A Bolton	1:39:55
259.	91	Hazel Small	f	Lady Veteran 50	U/A Edinburgh,	1:40:01
260.	1242	Helen Jones	f		U/A Burntisland , Fife	1:40:04
261.	1275	Chris Bailey	m		U/A Marple Bridge,	1:40:22
262.	1127	Edward Ryder	m	Veteran 40	None	1:40:23
263.	1139	Alicia Croft	f	Lady Veteran 40	Red rose road runners	1:40:30
264.	1324	Chris Dessent	m	Veteran 40	U/A Hebden Bridge, West Yorkshire	1:40:30
265.	1120	Steve Navesey	m	Veteran 50	U/A South Chailey,	1:40:37
266.	1136	Laura Stanley	f		U/A Manchester,	1:40:54
267.	1549	Emma Shaw	f		U/A Lancashire, Lancashire	1:40:56
268.	1198	Phillip Donkersley	m		U/A Lancaster, Lancashire	1:40:58
269.	1310	Harriet Keighley	f		Darlington Triathlon Club	1:40:58
270.	1408	Shaneeen Platten	f	Lady Veteran 40	City of Hull AC	1:41:02
271.	338	Janet Kay	f	Lady Veteran 50	U/A Hull, East Yorkshire	1:41:02
272.	1226	Sara King	f	Lady Veteran 50	U/A Marlow, Bucks	1:41:03
273.	1001	Robert Myatt	m	Veteran 50	U/A Stoke on trent, Staffordshire	1:41:05
274.	1031	Gary Morton	m		U/A Brighouse, West Yorkshire	1:41:07
275.	1043	Karen Sutherland	f	Lady Veteran 50	U/A Richmond, North Yorkshire	1:41:08
276.	1052	amanda Bentley	f	Lady Veteran 40	Warrington Running Club	1:41:10
277.	1363	Russ Kelly	m	Veteran 40	Redcar Running club	1:41:14
278.	1409	tom lissimore	m		U/A London, England	1:41:19
279.	1106	charles larsson	m	Veteran 50	newcastle staffs	1:41:40
280.	1370	Hannah Stirling	f		U/A Wilmslow,	1:41:53
281.	1419	Simon Wood	m		U/A Lytham,	1:41:54
282.	348	Michael Hargreaves	m		U/A Ulverston, Cumbria	1:41:56
283.	1007	Tara Hilton	f		U/A Ulverston, Cumbria	1:41:57
284.	1208	Sarah Hoggarth	f	Lady Veteran 50	Orchard Eagles Running Club	1:42:05
285.	141	Stu Johnson	m		Tynedale Rfc	1:42:10
286.	1024	Steven Houghton	m	Veteran 40	U/A Beetham , Cumbria	1:42:17
287.	1534	Rebecca Trottet	f		U/A Glasgow,	1:42:20
288.	1556	Kate Broome	f	Lady Veteran 50	Achille Ratti	1:42:39
289.	1246	Thomas Harkin	m		Oisins Gaa	1:42:41
290.	1222	Raphael Dunne	m	Veteran 40	U/A Irby, Merseyside	1:42:46
291.	154	Ben Smithers	m		Red Rose Road Runners	1:42:48
292.	1299	Debbie Whitehead	f	Lady Veteran 50	Farnham Runners	1:42:54
293.	1073	Shiran Yakobi	f	Lady Veteran 40	RSCAC	1:43:30
294.	1349	Martin Donohue	m		U/A Wigan , Lancs	1:43:31
295.	825	Sarah Hollister	f		U/A Milnthorpe , Cumbria	1:43:43
296.	1410	Kathryn Holmes	f	Lady Veteran 40	U/A Bingley,	1:43:50
297.	1210	Mel Waring	m	Veteran 50	U/A St. Helens, Merseyside	1:43:52
298.	1405	Geoff Livermore	m	Veteran 50	U/A Bingley, West Yorkshire	1:43:53
299.	1531	Jackie Harland	f	Lady Veteran 50	U/A Warrington, Cheshire	1:43:56
300.	1095	MARTIN Simpson	m		Red Rose Road Runners	1:43:57
301.	1150	Lesley Mackenzie	f	Lady Veteran 50	none	1:44:01
302.	1238	dylan cass	m	Veteran 40	mersey tri	1:44:01
303.	1175	Sue Cullum	f	Lady Veteran 50	Liss Runners	1:44:13
304.	1312	Alison Ormerod	f	Lady Veteran 40	U/A Lytham, Lancashire	1:44:20
305.	1315	Charlotte Ing	f		U/A Bingley,	1:44:29
306.	1276	Angela Irving	f	Lady Veteran 40	U/A Silloth, Cumbria	1:44:29
307.	1292	Nadine Scaife	f	Lady Veteran 40	U/A Keighley, West yorkshire	1:44:37
308.	1145	Joanne Bailey	f	Lady Veteran 50	BRC	1:44:55
309.	1441	Marina Quayle	f	Lady Veteran 50	U/A Keswick, Cumbria	1:44:55
310.	826	Dawn Saxby	f	Lady Veteran 50	U/A	1:44:56
311.	1437	James Wood	m		U/A Preston,	1:45:04
312.	1168	Jill Irving	f	Lady Veteran 40	Glasgow Running Network	1:45:07
313.	1321	Alison Formby	f	Lady Veteran 40	Pinetops Running Club	1:45:20
314.	1064	Michael Nelson	m	Veteran 50	U/A Barrow in Furness, Cumbria	1:45:32
315.	1107	Heather Stephenson	f	Lady Veteran 40	U/A Wallsend, Tyne and Wear	1:45:46
316.	1440	Jon Merritt	m	Veteran 60	U/A Keswick, Cumbria	1:45:47
317.	1455	Anne-Marie Woodcock	f	Lady Veteran 40	U/A Bamber Bridge, Lancashire	1:45:55

## Lakeland Trails at Helvellyn

## Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	1207	Nigel Ash	m	Veteran 50	U/A Coventry,	1:46:01
319.	641	jess morris	f		U/A Ainsdale, southport	1:46:06
320.	1587	Sarah Dunne	f		U/A Chester-Le-Street , Durham	1:46:07
321.	1133	Lorna Aust	f	Lady Veteran 50	Stamford striders	1:46:10
322.	1491	Claire Hutchinson	f	Lady Veteran 40	U/A Liverpool	1:46:12
323.	1418	Jo McCallum	f		Ramsbottom Running Club	1:46:13
324.	1518	Marie Findlay	f	Lady Veteran 40	Leverets	1:46:38
325.	1016	KIRSTY BARKER	f	Lady Veteran 50	U/A WIGTON, Cumbria	1:46:48
326.	1066	Stewart Mcnicholl	m	Veteran 40	U/A Morpeth , Northumberland	1:46:52
327.	1460	Jill Leader	f	Lady Veteran 60	U/A Windermere, Cumbria	1:46:52
328.	1576	Gary Burt	m	Veteran 50	U/A Blackburn, Lancashire	1:46:56
329.	1084	Jane Marshall	f	Lady Veteran 40	U/A York,	1:47:09
330.	1430	Anita Hall	f	Lady Veteran 50	St Helens Striders	1:47:10
331.	1278	Timothy McWilliams	m	Veteran 50	U/A Wakefield , W Yorks	1:47:13
332.	1086	Phil Kinner	m	Veteran 40	U/A Ashby De La Zouch,	1:47:18
333.	1495	Paul Carter	m	Veteran 50	Wigan Harriers	1:47:24
334.	1494	Michelle Jones	f	Lady Veteran 40	Wigan Harriers	1:47:24
335.	1511	Jessica Miller	f		U/A London,	1:47:36
336.	1000	Steven OHara	m	Veteran 40	U/A Sunderland, Tyne & Wear	1:47:53
337.	1544	Lesley Strickland	f	Lady Veteran 50	Hartlepool Burn Road Harriers	1:47:57
338.	1586	Darren Dunne	m	Veteran 40	U/A Chester-le-Street,, Durham	1:47:58
339.	1162	Helen Jeffrey	f		U/A HALIFAX, West Yorkshire	1:48:07
340.	1082	Deborah Reekie	f	Lady Veteran 40	U/A holmrook, cumbria	1:48:09
341.	1074	katy lewis	f	Lady Veteran 50	U/A Liverpool,	1:48:16
342.	1040	Alexa Wilcock	f		U/A Old Langho, Lancashire	1:48:28
343.	1041	Hannah Swift	f		U/A Wigan, Lancashire	1:48:29
344.	1193	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:48:32
345.	1200	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:48:33
346.	1512	Kate Ridings	f		Lancaster Women's Running Group	1:49:07
347.	1498	Heather Santar	f	Lady Veteran 50	U/A Huddersfield	1:49:08
348.	1110	Gail Farr	f	Lady Veteran 50	west hull.ladies	1:49:09
349.	1111	wayne Farr	m	Veteran 50	U/A HULL, East Yorkshire	1:49:38
350.	1240	Michael Gray	m	Veteran 50	Thornton and cleveleys RC	1:49:47
351.	1094	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:49:47
352.	1470	Holly Maxwell	f		St bees triers	1:49:50
353.	1471	Michael Maxwell	m		St bees triers	1:49:50
354.	1496	Julie Farron	f	Lady Veteran 50	Atherton RC	1:49:51
355.	1466	Kathryn Atkinson	f	Lady Veteran 40	Pendle Triathlon Club	1:50:07
356.	1197	Sian Mitchell	f	Lady Veteran 40	Garden City Runners	1:50:09
357.	1124	Karen Park	f	Lady Veteran 50	West Hull Ladies	1:50:10
358.	1109	Jane Allen	f	Lady Veteran 40	West Hull ladies RRC	1:50:10
359.	1151	Cindy McNeill	f	Lady Veteran 50	U/A Glasgow,	1:50:16
360.	1235	Jan Davies	f	Lady Veteran 50	U/A RHAYADER, Powys	1:50:31
361.	1353	michelle johnson	f	Lady Veteran 50	Catherines Anyone Can Run	1:50:34
362.	1462	Mary Hardacre	f		Lions Running Community	1:50:34
363.	1435	Michael Price	m	Veteran 50	Team inov-8	1:50:34
364.	1089	Debs White	f	Lady Veteran 40	Cambridge and Coleridge	1:50:38
365.	1417	Clare Agar	f		Redcar running club	1:50:43
366.	1364	Ronni Kirkham	f	Lady Veteran 50	Redcar running club	1:50:43
367.	1376	Jeannie Wilde	f	Lady Veteran 50	Redcar running club	1:50:44
368.	1426	Barry Thomas	m	Veteran 50	Vicar's Cross Vet	1:50:51
369.	1184	Clive Farmer	m	Veteran 60	Redway Runners	1:50:55
370.	1332	Dave Higson	m	Veteran 50	U/A kendal, cumbria	1:51:06
371.	1331	Fiona Little	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:52:01
372.	1119	Martin Williams	m	Veteran 60	Stockport Harriers	1:52:18
373.	1118	Jackie Seigler	f	Lady Veteran 50	U/A London,	1:52:19
374.	1132	David Aust	m	Veteran 50	Stamford striders	1:52:22
375.	1558	Ken Brown	m	Veteran 50	Blackhill Bounders	1:52:26
376.	1243	Sarah Haworth	f	Lady Veteran 40	U/A Castle Douglas, Kirkcudbrightshire	1:52:33
377.	1060	Jo Gibson	f		U/A Kendal , Cumbria	1:52:43
378.	1388	Artem Dean	m		U/A Ilkley, West Yorkshire	1:53:34
379.	1272	Ann Lister	f	Lady Veteran 70	Glasgow Running Network	1:53:55
380.	1234	Lisa Kallal	f	Lady Veteran 40	U/A London,	1:54:10
381.	726	Jo Colvin	f	Lady Veteran 40	U/A Bolton, Lancs	1:54:16
382.	1532	Tracey Coleman	f	Lady Veteran 40	VPRC	1:55:10
383.	1537	Sophie Owens	f	Lady Veteran 40	Stockton Striders	1:55:24
384.	1536	Lucy Owens	f	Lady Veteran 40	Stockton Striders	1:55:24
385.	1256	Sarah Brown	f	Lady Veteran 40	Derwent Valley Trail Runners	1:55:54
386.	1179	Amy Thomson	f	Lady Veteran 40	U/A York,	1:56:04
387.	1382	Richard Bartlett	m	Veteran 60	U/A ulverston, cumbria	1:56:45
388.	1257	Andrew Mcglashan	m	Veteran 40	Derwent valley trail runners	1:56:56
389.	1248	Gavin Spickett	m	Veteran 60	Tynedale Harriers	1:57:06
390.	1594	Jennie Davies	f	Lady Veteran 60	Women on the Run	1:57:06
391.	1273	Sue Strang	f	Lady Veteran 50	U/A Wilmslow , Cheshire	1:57:24
392.	1221	Helen Ormerod-Pateman	f		Red Rose Road Runners	1:57:34
393.	1550	mark taylor	m	Veteran 50	U/A manchester, lancashire	1:57:46
394.	1188	marie guttridge	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:58:29
395.	1191	John Harrington	m		U/A Sheffield ,	1:58:29
396.	1599	Mandy Beard	f	Lady Veteran 50	Swinton running club	1:59:13
397.	1211	Yvonne Bland	f	Lady Veteran 50	U/A Alton,	1:59:23

## Lakeland Trails at Helvellyn

## Helvellyn Trail Challenge 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	1218	Laura Peill	f		Runstrong	1:59:28
399.	1579	Vicky Willett	f	Lady Veteran 40	SBC Plodders	1:59:38
400.	1033	Sara Winn	f	Lady Veteran 40	U/A YORK, North Yorkshire	1:59:40
401.	1585	Rachel Collie	f	Lady Veteran 40	U/A Edinburgh , Midlothian	1:59:41
402.	1533	Tex Barker	m	Veteran 50	VPRC	1:59:50
403.	1538	Samantha Ruderham	f		Lonely goat running club	2:00:03
404.	1530	Philip Harland	m	Veteran 60	U/A Warrington, Cheshire	2:00:07
405.	1543	Sara Owen	f	Lady Veteran 40	U/A Arnside, Cumbria	2:00:20
406.	1192	Ros Bodi	f	Lady Veteran 50	U/A Sandy, Bedfordshire	2:01:43
407.	1199	Linda Dickson	f	Lady Veteran 50	U/A Glasgow,	2:01:48
408.	1573	Darren Maggs	m	Veteran 50	U/A Solihull ,	2:01:56
409.	1572	Claire Maggs	f	Lady Veteran 40	U/A Solihull, West Midlands	2:01:56
410.	1128	Helen Greenhalgh	f	Lady Veteran 40	Red Rose Road Runners	2:01:58
411.	1037	Claire Shaw	f		Red Rose Running Club	2:01:58
412.	1201	Wendy Ward	f	Lady Veteran 40	Red rose road runners	2:01:58
413.	1090	Charlotte Dyer	f	Lady Veteran 50	Fen Edge Runners	2:02:01
414.	1034	Louise Rooney	f	Lady Veteran 50	U/A Carlisle,	2:02:24
415.	1397	Carole Heaton	f	Lady Veteran 50	Lions Running Community	2:02:54
416.	1346	Caroline Sidery	f	Lady Veteran 50	Lions Running Community	2:03:05
417.	1085	Alison Nordon	f	Lady Veteran 40	U/A Paisley,	2:03:08
418.	1493	Lorna Mundy	f	Lady Veteran 40	U/A Brdaford	2:03:25
419.	1582	Mark Batley	m	Veteran 40	U/A York,	2:03:33
420.	1265	Anthony Mayson	m		Lancaster & Morecambe Athletics Club	2:03:54
421.	1343	Fiona Clarke	f		U/A Maryport, Cumbria	2:04:17
422.	1083	Viv Samuelson	f	Lady Veteran 40	Swinton RC	2:04:32
423.	1473	Mary Conway	f	Lady Veteran 60	Red Rose Runners	2:05:24
424.	1424	Amanda Berry	f	Lady Veteran 50	Red Rose Road Runners	2:05:24
425.	1367	Lenka Habsudova	f		U/A Manchester,	2:05:30
426.	1268	Elaine Mercer	f	Lady Veteran 40	Women on the rum	2:05:30
427.	1169	Jeanette McCormack	f	Lady Veteran 50	Kirkby Stormers	2:05:46
428.	1170	MARIE CAVEEN	f	Lady Veteran 60	Kirkby Stormers	2:05:47
429.	1523	Jack Gilmour	m		Wimbledon Windmilers	2:06:34
430.	1176	Laura Cullum	f		Striders of Croydon	2:06:34
431.	1254	STUART ADAMSON	m	Veteran 60	U/A BRADFORD, WEST YORKSHIRE	2:06:48
432.	1267	Catherine Hunt	f	Lady Veteran 40	Women on the Run	2:07:05
433.	1322	Susan Burns	f	Lady Veteran 50	Pinetops Running Club	2:07:23
434.	1396	Cathy Jones	f	Lady Veteran 50	U/A Liverpool,	2:07:24
435.	1115	Mark Farmer	m	Veteran 50	U/A Lincoln, Lincolnshire	2:07:29
436.	1313	Joanne Dixon	f	Lady Veteran 40	U/A Blackpool, Lancashire	2:07:55
437.	1289	Rebecca Meeten	f	Lady Veteran 50	U/A Manchester,	2:08:00
438.	1125	Jean Freeman	f	Lady Veteran 50	U/A Ipswich, Select	2:08:29
439.	1432	Simone Connor	f	Lady Veteran 40	U/A Dalbeattie ,	2:08:33
440.	1433	Kirk Connor	m	Veteran 40	U/A Dalbeattie ,	2:08:33
441.	1140	Emily Alston	f	Lady Veteran 40	Edinburgh Running Network	2:08:52
442.	1108	Cath Dyson	f	Lady Veteran 40	West Hull Ladies	2:08:52
443.	1173	Lorna Sutherland	f	Lady Veteran 50	U/A Glasgow ,	2:09:01
444.	1387	Sarah Holland	f		U/A Ilkley, West Yorkshire	2:09:22
445.	1165	Joanna Wright	f	Lady Veteran 50	U/A Glasgow,	2:09:40
446.	1539	katy Moore	f	Lady Veteran 40	U/A Hebden Bridge,	2:10:09
447.	1177	Stephen Kellegher	m	Veteran 40	U/A Liverpool ,	2:16:14
448.	1027	Amanda Simpson	f		RunSmart	2:16:53
449.	1478	Victoria Maxfield	f		U/A Bolton	2:18:26
450.	1564	Adam Ashcroft	m		U/A Warrington ,	2:18:57
451.	1568	Paul Moonan	m	Veteran 50	Liverpool	2:18:58
452.	1059	Tracy Woods	f	Lady Veteran 50	Red Rose Road Runners	2:19:26
453.	1472	Rebecca Dean	f	Lady Veteran 40	Victoria Park Running Club	2:20:22
454.	1469	Emma Shaw	f		Victoria Park Running Club Warrington	2:20:23
455.	1253	Sharon Peterkin	f	Lady Veteran 40	Radcliffe AC	2:20:24
456.	1223	Helen Wilkinson	f	Lady Veteran 50	U/A Lutterworth,	2:21:07
457.	1510	Sarah Berry	f	Lady Veteran 40	U/A Consett, Durham	2:21:27
458.	1506	Tricia Collins	f	Lady Veteran 60	Blackhill Bounders	2:21:27
459.	1395	Alison Dick	f	Lady Veteran 50	Red rose road runners	2:25:14
460.	1300	Fiona Gutteridge	f		Red Rose Road Runners	2:25:16
461.	1239	Jo Reely	f	Lady Veteran 40	Boldmere Bullets	2:25:51
462.	1081	Josephine Walsh	f	Lady Veteran 40	Red Rose Road Runners	2:26:41
463.	1180	Kirsty Fleming	f	Lady Veteran 40	Kelvin Runners	2:26:47
464.	1216	Beverley Pryce	f	Lady Veteran 50	U/A Alton, Hampshire	2:27:24
465.	1264	Jaclyn Gray	f	Lady Veteran 40	U/A Workington , Cumbria	2:27:45
466.	1174	Caroline Rixon	f	Lady Veteran 50	U/A Alton, Hampshire	2:27:54
467.	1383	Miranda Bartlett	f	Lady Veteran 60	U/A ulverston, cumbia	2:29:03
468.	1598	Marie Davies	f	Lady Veteran 50	Razzers Runners	2:36:16
469.	1203	Ashlin Corinaldi	f	Lady Veteran 50	Razzers Runners	2:36:17
470.	214	Gina Biggs	f			2:37:01
471.	1486	Nina Colquhoun	f		Red Rose Road Runners	2:37:06
472.	1131	Maria Sowerby	f	Lady Veteran 60	Stamford Striders	2:46:05
473.	1255	Bev Thomas	f	Lady Veteran 60	U/A Huddersfield , West Yorkshire	2:54:29
474.	1249	Claire Tosh	f	Lady Veteran 50	U/A Halifax,	2:54:29

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