

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos | Bib  | Name                       | M/F | Age Cat         | Club                                  | Time      |
|-----|------|----------------------------|-----|-----------------|---------------------------------------|-----------|
| 1.  | 847  | leon flesher               | m   | Veteran 40      | thornton cleveleys                    | 1:06:20.9 |
| 2.  | 867  | Robert Kaul                | m   | Veteran 40      | U/A Ashbourne, Derbyshire             | 1:07:01.8 |
| 3.  | 913  | William McAllister         | m   |                 | Parkside Panthers                     | 1:07:14.2 |
| 4.  | 940  | Richard Harrold            | m   |                 | U/A Edinburgh,                        | 1:10:24.9 |
| 5.  | 850  | Mark Saunders              | m   | Veteran 40      | U/A Wymondham, Norfolk                | 1:10:24.9 |
| 6.  | 584  | Stuart Parry               | m   | Veteran 40      | U/A Carlisle,                         | 1:11:56.6 |
| 7.  | 860  | Jason Blagden              | m   | Veteran 40      | Wesham Road Runners                   | 1:12:31.8 |
| 8.  | 686  | Scott White                | m   | Veteran 40      | Cambridge & Coleridge                 | 1:13:46.3 |
| 9.  | 662  | Craig Little               | m   |                 | U/A Carlisle,                         | 1:13:53.2 |
| 10. | 1168 | John Crayston              | m   |                 |                                       | 1:13:55.6 |
| 11. | 928  | David Lash                 | m   | Veteran 40      | Sunderland Harriers                   | 1:13:59.5 |
| 12. | 547  | Barry Lewin                | m   | Veteran 50      | Mossley Hill Athletic Club            | 1:14:03.9 |
| 13. | 978  | Philip Cornforth           | m   | Veteran 40      | Knaresborough Striders                | 1:14:16.5 |
| 14. | 1115 | Iain Rankin                | m   | Veteran 40      | U/A Macclesfield, Cheshire            | 1:14:59.1 |
| 15. | 724  | Mike Innerdale             | m   | Veteran 40      | U/A Appleby,                          | 1:15:40.6 |
| 16. | 1035 | Richard Gordon             | m   | Veteran 40      | U/A Penrith, Cumbria                  | 1:15:46.6 |
| 17. | 832  | Tim Apps                   | m   | Veteran 40      | U/A Milton Keynes, Buckinghamshire    | 1:15:50.0 |
| 18. | 820  | Jonathan Fletcher          | m   | Veteran 50      | Ripon Runners                         | 1:16:10.1 |
| 19. | 1019 | Neil MacNeill              | m   | Veteran 40      | U/A Edinburgh, Midlothian             | 1:17:04.1 |
| 20. | 810  | RICHARD HALLY              | m   | Veteran 40      | Red Rose Road Runners                 | 1:17:18.6 |
| 21. | 517  | simon wright               | m   | Veteran 50      | U/A lytham st. annes, lancashire      | 1:17:32.5 |
| 22. | 938  | Andrew McDonald            | m   | Veteran 40      | U/A Dalton-in-Furness, Cumbria        | 1:17:37.9 |
| 23. | 605  | Gary Dempsey               | m   |                 | Blackhill Bounders                    | 1:18:08.9 |
| 24. | 765  | Andrew Yates               | m   | Veteran 50      |                                       | 1:18:11.2 |
| 25. | 616  | Dean Gibbins               | m   |                 | U/A High Wycombe, Bucks               | 1:18:21.2 |
| 26. | 570  | Malcolm Busfield           | m   | Veteran 40      | Ashbourne Running Club                | 1:18:23.0 |
| 27. | 586  | Richard Brown              | m   |                 | Belper Ten Twenty                     | 1:18:50.1 |
| 28. | 618  | Hannah Davison             | m   |                 | U/A High Wycombe , Buckinghamshire    | 1:19:23.0 |
| 29. | 1145 | Frank Tippin               | m   | Veteran 60      | U/A Southport,                        | 1:19:42.0 |
| 30. | 1050 | Steve Platten              | m   | Veteran 40      | U/A Hull, East Yorkshire              | 1:19:46.9 |
| 31. | 924  | Gary Smith                 | m   | Veteran 50      | COLT                                  | 1:20:11.3 |
| 32. | 954  | Richard Wall-Morris        | f   |                 | U/A London , London                   | 1:20:20.0 |
| 33. | 710  | Stuart Herrington          | m   | Veteran 40      | Ilkley Harriers                       | 1:20:24.3 |
| 34. | 1058 | Andrew Hemsley             | m   | Veteran 50      | U/A Penrith, Cumbria                  | 1:20:33.5 |
| 35. | 744  | Michael Mitchell           | m   |                 | U/A ULVERSTON, Please Select...       | 1:20:55.0 |
| 36. | 829  | Shaun Joughin              | m   | Veteran 40      | U/A Guisborough, Redcar and Cleveland | 1:21:09.5 |
| 37. | 936  | John Moran                 | m   |                 | U/A Pontefract, West Yorkshire        | 1:21:14.2 |
| 38. | 886  | Philip Boylin              | m   |                 | U/A Hexham, Northumberland            | 1:21:18.7 |
| 39. | 1072 | Rebecca Howard             | f   |                 | Quakers                               | 1:21:25.8 |
| 40. | 643  | Marcus Moss                | m   | Veteran 40      | U/A Leeds, West Yorkshire             | 1:21:41.1 |
| 41. | 1160 | Maxine Bazin               | f   |                 | Team Inov8                            | 1:21:45.5 |
| 42. | 964  | James Buckell              | m   | Veteran 40      | U/A MILTON KEYNES, Bucks              | 1:21:46.5 |
| 43. | 770  | Jenn Ruddick               | f   |                 | Clapham Chasers                       | 1:21:51.6 |
| 44. | 1016 | Wayne Rebanks              | m   | Veteran 40      | U/A Penrith, Cumbria                  | 1:22:09.0 |
| 45. | 1153 | Isobel Graham              | f   | Lady Veteran 50 | U/A Carlisle, Cumbria                 | 1:22:15.1 |
| 46. | 1073 | David Aiken                | m   |                 | Darlington Harriers & AC              | 1:22:31.9 |
| 47. | 1069 | Stewart Hamilton-Arrandale | m   |                 | U/A Stockport, Cheshire               | 1:22:40.8 |
| 48. | 692  | Tim Palmer                 | m   | Veteran 40      | None                                  | 1:22:50.6 |
| 49. | 951  | Flora Devlin               | f   |                 | U/A Edinburgh, Midlothian             | 1:23:05.4 |
| 50. | 1088 | Christian Oxley            | m   | Veteran 40      | Superfan                              | 1:23:16.6 |
| 51. | 783  | Stefano Cossu              | m   | Veteran 40      | Warrington Running Club               | 1:23:18.0 |
| 52. | 500  | Sarah Fanthorpe-Smith      | f   |                 | Goyt Valley Striders                  | 1:23:39.8 |
| 53. | 946  | Craig Rimmer               | m   |                 | U/A Warrington,                       | 1:23:44.6 |
| 54. | 1070 | Peter Little               | m   | Veteran 40      |                                       | 1:23:47.7 |
| 55. | 1083 | Neil Pomfret               | m   | Veteran 40      | Ilkley Harriers                       | 1:23:49.6 |
| 56. | 647  | Jon Horne                  | m   | Veteran 60      | Biddulph Running Club                 | 1:23:58.4 |
| 57. | 1066 | Pete Lashley               | m   | Veteran 40      | U/A Milnthorpe                        | 1:24:11.1 |
| 58. | 719  | Joanne Wilson              | f   | Lady Veteran 40 | Wigton Road Runners                   | 1:24:12.4 |
| 59. | 852  | Trudy COYLE                | f   | Lady Veteran 40 | U/A Largs,                            | 1:24:13.2 |
| 60. | 689  | John Burthem               | m   | Veteran 50      | U/A Bolton, Lancashire                | 1:24:23.7 |
| 61. | 695  | Jamie Lund                 | m   | Veteran 40      | Unattached - Kendal                   | 1:24:27.2 |
| 62. | 745  | Nigel Forster              | m   | Veteran 40      | U/A Whitehaven, Cumbria               | 1:24:33.7 |
| 63. | 1014 | Jeremy Loughran            | m   | Veteran 50      | U/A Stoke on Trent, Staffordshire     | 1:24:39.3 |
| 64. | 890  | Graham Flynn               | m   | Veteran 50      | U/A Liverpool,                        | 1:24:58.4 |
| 65. | 1121 | alan parker                | m   | Veteran 50      | U/A stoke on trent,                   | 1:25:05.3 |
| 66. | 1017 | Andrew Hallam              | m   | Veteran 50      | U/A Chorley, Lancs                    | 1:25:12.1 |
| 67. | 956  | Peter Leach                | m   |                 | Lymm Runners                          | 1:25:19.9 |

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                   | M/F | Age Cat         | Club                                | Time      |
|------|------|------------------------|-----|-----------------|-------------------------------------|-----------|
| 68.  | 896  | greg swinbourne        | m   | Veteran 40      | Hartlepool burn road harriers       | 1:25:23.0 |
| 69.  | 897  | nichola swinbourne     | f   |                 | Hartlepool burn road harriers       | 1:25:30.5 |
| 70.  | 1067 | Stewart Lamb           | m   |                 | U/A Lancaster , Lancs               | 1:25:32.3 |
| 71.  | 766  | Paul Dye               | m   | Veteran 50      | St Bees Triers                      | 1:25:43.6 |
| 72.  | 1140 | Jonathan Watt          | m   | Veteran 50      | U/A Altrincham, Cheshire            | 1:25:54.3 |
| 73.  | 900  | Ian Skynner            | m   | Veteran 40      | Roby Runners                        | 1:26:02.0 |
| 74.  | 917  | Paul Chapman           | m   | Veteran 40      | Ramblers' Shack Runners             | 1:26:03.6 |
| 75.  | 703  | Anastasia Chernetskaya | f   |                 | U/A London,                         | 1:26:13.6 |
| 76.  | 784  | David Bayliss          | m   |                 | Red Rose Road Runners               | 1:26:19.0 |
| 77.  | 711  | Steve Tilsley          | m   | Veteran 50      | Ashbourne Running Club              | 1:26:23.2 |
| 78.  | 613  | Andy Zwolinski         | m   | Veteran 40      | Ashbourne RC                        | 1:26:28.2 |
| 79.  | 568  | dawn jones             | f   | Lady Veteran 40 | U/A sawbridgeworth, herts           | 1:26:29.2 |
| 80.  | 881  | Charlotte Earl         | f   |                 | Basingstoke & Mid Hants AC          | 1:26:37.6 |
| 81.  | 846  | Krissy Lloyd           | f   |                 | Basingstoke and Mid Hants AC        | 1:26:37.6 |
| 82.  | 848  | Dave Stanley           | m   |                 | Basingstoke and Mid Hants AC        | 1:26:37.7 |
| 83.  | 845  | Trev Perrett           | m   |                 | Basingstoke and Mid Hants AC        | 1:26:37.8 |
| 84.  | 1116 | Mike Clements          | m   | Veteran 50      | U/A Southport,                      | 1:26:41.3 |
| 85.  | 1044 | Katie Samuelson        | f   |                 | Cambridge & Coleridge AC            | 1:26:43.1 |
| 86.  | 920  | Ian Padley             | m   | Veteran 50      | U/A Carnforth, Cumbria              | 1:26:45.9 |
| 87.  | 994  | Richard Pennock        | m   | Veteran 40      | U/A Bridgend,                       | 1:26:51.3 |
| 88.  | 785  | Chris Brookes          | m   |                 | U/A Preston, Lancs                  | 1:27:15.3 |
| 89.  | 1158 | Mark Aldred            | m   |                 | U/A Durham,                         | 1:27:17.6 |
| 90.  | 764  | Maddy Turnbull         | f   | Lady Veteran 40 | Marple Runners                      | 1:27:45.9 |
| 91.  | 645  | Simon Tomlinson        | m   |                 | U/A Hebden Bridge,                  | 1:27:46.2 |
| 92.  | 629  | claire jane reycastle  | f   | Lady Veteran 40 | Super Fast Mums                     | 1:27:53.6 |
| 93.  | 879  | roger harrison         | m   | Veteran 60      | cheshire hash house harriers        | 1:27:54.4 |
| 94.  | 1080 | Justine Carruthers     | f   | Lady Veteran 40 | Eden Runners                        | 1:27:55.1 |
| 95.  | 944  | Alistair Adams         | m   | Veteran 50      | U/A Hook Norton, Oxfordshire        | 1:27:57.5 |
| 96.  | 945  | Chris Yoxon            | m   | Veteran 50      | U/A Hook Norton, Oxfordshire        | 1:27:57.5 |
| 97.  | 713  | Jorgensen Find         | m   | Veteran 50      | Norway                              | 1:28:25.3 |
| 98.  | 1079 | Igal Nagar             | m   | Veteran 50      | U/A Sutton Coldfield, West Midlands | 1:28:34.3 |
| 99.  | 1084 | Damian Cowell          | m   | Veteran 40      | Warrington Running Club             | 1:28:40.1 |
| 100. | 1125 | Terry Wilkinson        | m   | Veteran 40      | U/A Durham,                         | 1:28:45.8 |
| 101. | 1159 | Ian Abbott             | m   | Veteran 50      | U/A Nottingham,                     | 1:28:46.2 |
| 102. | 968  | Roy Young              | m   |                 | North Shields Poly                  | 1:28:54.7 |
| 103. | 939  | Rachel Devlin          | f   |                 | U/A Edinburgh,                      | 1:29:11.0 |
| 104. | 961  | Hannah Mayson          | f   |                 | U/A Lancaster ,                     | 1:29:11.3 |
| 105. | 540  | Sarah Davies           | f   | Lady Veteran 40 | U/A Leeds, West Yorkshire           | 1:29:18.3 |
| 106. | 718  | Michael Bowden         | m   | Veteran 40      | Holcombe Harriers                   | 1:29:24.9 |
| 107. | 702  | Ross Fraser            | m   |                 | U/A London,                         | 1:29:31.1 |
| 108. | 667  | Thomas Lehm            | m   | Veteran 50      | U/A Kendal, Cumbria                 | 1:29:33.8 |
| 109. | 941  | Sophie Harney          | f   |                 | U/A Hitchin , Hertfordshire         | 1:29:33.9 |
| 110. | 833  | Darren Entwistle       | m   | Veteran 40      | U/A Bury, Lancashire                | 1:29:38.2 |
| 111. | 973  | David Gallimore        | m   | Veteran 40      | U/A Warrington, Cheshire            | 1:29:50.3 |
| 112. | 806  | MICHAEL SALMON         | m   | Veteran 50      | U/A HORWICH, LANCS                  | 1:29:52.1 |
| 113. | 614  | Shane Harris           | m   | Veteran 40      | Blackhill Bounders                  | 1:30:00.8 |
| 114. | 771  | Bruce Ruddick          | m   | Veteran 50      | U/A Crosby on Eden, Cumbria         | 1:30:09.4 |
| 115. | 821  | Mark Whalley           | m   |                 | U/A Manchester,                     | 1:30:15.7 |
| 116. | 1037 | Dean Lindsey           | m   | Veteran 50      | U/A Clitheroe, Lancashire           | 1:30:16.0 |
| 117. | 1163 | Mark Rigby             | m   |                 |                                     | 1:30:23.0 |
| 118. | 683  | Daniel Bradbury        | m   | Veteran 40      | U/A Crewe, Cheshire                 | 1:30:26.8 |
| 119. | 676  | Chris Muir             | m   | Veteran 40      | U/A Nantwich , Cheshire             | 1:30:27.0 |
| 120. | 756  | Therasa Paul           | f   | Lady Veteran 50 | U/A Kendal, Cumbria                 | 1:30:34.4 |
| 121. | 874  | Sally Hale             | f   |                 | U/A Arnold, Nottingham              | 1:30:35.3 |
| 122. | 507  | David Bentham          | m   | Veteran 60      | Sarawak Sandflies                   | 1:30:37.3 |
| 123. | 574  | Matthew Stevens        | m   | Veteran 40      | U/A Ashbourne,                      | 1:30:45.4 |
| 124. | 1117 | Ian Davenport          | m   | Veteran 50      | U/A Harrogate, North yorkshire      | 1:31:05.8 |
| 125. | 866  | Mark Hills             | m   | Veteran 40      | U/A Kings hill , Kent               | 1:31:09.6 |
| 126. | 615  | Hannah Gibbins         | f   |                 | U/A High Wycombe, Bucks             | 1:31:19.2 |
| 127. | 577  | Martin Ashby           | m   | Veteran 50      | U/A Macclesfield,                   | 1:31:20.6 |
| 128. | 576  | Clare Simpson          | f   |                 | U/A Wilmslow,                       | 1:31:20.6 |
| 129. | 977  | Anna Cornforth         | f   |                 | Knaresborough Striders              | 1:31:27.5 |
| 130. | 687  | Chris Vincent          | m   | Veteran 50      | U/A Ormskirk, Lancashire            | 1:31:27.9 |
| 131. | 949  | Sarah Clifford         | f   |                 | U/A Edinburgh,                      | 1:31:32.2 |
| 132. | 502  | Karla Napoleon         | f   |                 | U/A Leeds, West Yorkshire           | 1:31:39.1 |
| 133. | 893  | Russell Willett        | m   |                 | U/A Kirkby Thore,                   | 1:31:44.0 |
| 134. | 573  | Chris Kell             | m   | Veteran 50      | U/A Blyth, Northumberland           | 1:32:09.8 |

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                | M/F | Age Cat         | Club                                   | Time      |
|------|------|---------------------|-----|-----------------|--|-----------|
| 135. | 865  | Nigel Howitt        | m   | Veteran 40      | U/A Seaton Sluice, Northumberland      | 1:32:09.9 |
| 136. | 974  | David Stephenson    | m   |                 | U/A Ottringham,                        | 1:32:18.8 |
| 137. | 621  | Caroline Rowland    | f   | Lady Veteran 40 | U/A Ulverston, Cumbria                 | 1:32:28.5 |
| 138. | 999  | Alexandra Mounsey   | f   |                 | Lancaster and Morecambe Athletics Club | 1:32:41.8 |
| 139. | 988  | Catherine Kenning   | f   |                 | U/A Wigton, Cumbria                    | 1:32:51.1 |
| 140. | 1049 | Shaneen Platten     | f   | Lady Veteran 40 | U/A Hull, East Yorkshire               | 1:32:56.9 |
| 141. | 1063 | Kevin Mather        | m   | Veteran 50      | U/A Warrington,                        | 1:33:06.4 |
| 142. | 725  | David Johnson       | m   | Veteran 50      | U/A Grasmere, Cumbria                  | 1:33:11.4 |
| 143. | 965  | Ashley Leach        | m   |                 | U/A Liverpool, Merseyside              | 1:33:17.3 |
| 144. | 808  | Paul Land           | m   | Veteran 40      | U/A Liverpool, Merseyside              | 1:33:22.2 |
| 145. | 976  | Mark Gill           | m   |                 | U/A Ilkley,                            | 1:33:26.5 |
| 146. | 1087 | Tara Oxley          | f   |                 | Stockton Striders A.C.                 | 1:33:51.1 |
| 147. | 953  | Hayley Staunton     | f   |                 | U/A warrington, cheshire               | 1:34:10.2 |
| 148. | 780  | Gerard Browne       | m   | Veteran 40      | U/A Lytham St Annes, Lancashire        | 1:34:23.5 |
| 149. | 935  | Hannah Wright       | f   |                 | U/A Lancaster, Lancashire              | 1:34:26.9 |
| 150. | 1051 | Phill Berry         | m   |                 | Preston Harriers                       | 1:34:28.0 |
| 151. | 972  | Ian Waddingham      | m   | Veteran 40      | Red Rose Road Runners                  | 1:34:35.5 |
| 152. | 1103 | Nikki Fulcher       | f   |                 | Preston Harriers                       | 1:34:37.9 |
| 153. | 876  | Anne Caspi          | f   | Lady Veteran 50 | Mornington Chasers                     | 1:34:54.0 |
| 154. | 1122 | Richard Caverner    | m   | Veteran 60      | Northumberland Fell Runners            | 1:35:03.8 |
| 155. | 585  | Robert Terry        | m   | Veteran 40      | Belper Harriers                        | 1:35:05.2 |
| 156. | 933  | Tony Griffiths      | m   | Veteran 40      | Macclesfield Harriers                  | 1:35:12.0 |
| 157. | 554  | Paul Zergi          | m   | Veteran 50      | U/A Scunthorpe,                        | 1:35:23.4 |
| 158. | 550  | Paul Parkinson      | m   | Veteran 50      | U/A Liverpool, Merseyside              | 1:35:32.2 |
| 159. | 562  | Tim Hen             | m   | Veteran 50      | U/A Brough, East Yorkshire             | 1:35:33.9 |
| 160. | 817  | Andy Buckroyd       | m   | Veteran 50      | U/A Bollington, Cheshire               | 1:35:40.2 |
| 161. | 763  | Joanne Adams        | f   |                 | U/A Blackpool, Lancashire              | 1:35:41.1 |
| 162. | 898  | Stuart Whittaker    | m   | Veteran 50      | Hartlepool burn road harriers          | 1:35:48.7 |
| 163. | 747  | Heather Crump       | f   |                 | Aberystwyth AC                         | 1:35:51.9 |
| 164. | 1161 | Owen Davies         | m   |                 |  | 1:35:58.1 |
| 165. | 626  | Becky Pidgeon       | f   |                 | U/A Bristol,                           | 1:36:02.1 |
| 166. | 625  | Sara Foster         | f   |                 | U/A Darlington ,                       | 1:36:02.1 |
| 167. | 849  | Rachel Chester      | f   | Lady Veteran 50 | Wyndham Athletic Club                  | 1:36:04.2 |
| 168. | 755  | Daniel Topping      | m   |                 | U/A Burnley, Lancashire                | 1:36:09.9 |
| 169. | 922  | Ben Melrose         | m   |                 | U/A Newcastle,                         | 1:36:18.5 |
| 170. | 1002 | Katharine Greenwood | f   | Lady Veteran 50 | U/A Stockton-on-Tees,                  | 1:36:29.2 |
| 171. | 1013 | Robert Myatt        | m   | Veteran 50      | U/A Stoke on trent, Staffordshire      | 1:36:37.8 |
| 172. | 800  | Gregor Smith        | m   | Veteran 40      | U/A Berkhamsted,                       | 1:36:38.7 |
| 173. | 919  | Vic Taylor          | f   |                 | U/A Kendal, Cumbria                    | 1:36:40.0 |
| 174. | 998  | Andrew Edwards      | m   | Veteran 40      | U/A Cupar, Fife                        | 1:36:41.5 |
| 175. | 955  | John Stout          | m   | Veteran 60      | U/A Aughton, Lancashire                | 1:36:59.1 |
| 176. | 661  | David Hardwick      | m   |                 | U/A Altrincham, Cheshire               | 1:37:07.3 |
| 177. | 1041 | Ian Rayner          | m   | Veteran 50      | Roundhay Runners                       | 1:37:11.6 |
| 178. | 680  | Neil Ward           | m   | Veteran 40      | Ponteland Runners                      | 1:37:16.1 |
| 179. | 812  | Megan Smith         | f   |                 | Wendy's Wonders                        | 1:37:39.3 |
| 180. | 604  | Hazel Thompson      | f   |                 | U/A Edinburgh, Midlothian              | 1:37:48.9 |
| 181. | 606  | Vicki Dempsey       | f   |                 | Blackhill Bounders                     | 1:37:49.1 |
| 182. | 1026 | Mark Jesson         | m   | Veteran 50      | Pendle Forest Orienteers               | 1:37:49.3 |
| 183. | 601  | Ian Hoskins         | m   | Veteran 50      | U/A Huddersfield, West Yorkshire       | 1:38:02.9 |
| 184. | 602  | Michelle Rogerson   | f   | Lady Veteran 40 | U/A Huddersfield, West Yorkshire       | 1:38:03.1 |
| 185. | 853  | Lisa O'neil         | f   | Lady Veteran 50 | U/A Cockermouth, Cumbria               | 1:38:05.2 |
| 186. | 971  | Ali Garrigan        | f   |                 | Chorlton Runners                       | 1:38:09.5 |
| 187. | 799  | Ross Singleton      | m   | Veteran 50      | U/A Bristol,                           | 1:38:16.1 |
| 188. | 774  | Ben Rigg            | m   |                 | N/A                                    | 1:38:18.4 |
| 189. | 701  | Adrian Taylor       | m   |                 | U/A HUDDERSFIELD, WEST YORKSHIRE       | 1:38:24.5 |
| 190. | 1046 | Darren Gillman      | m   | Veteran 40      | Cambridge & Coleridge                  | 1:38:30.9 |
| 191. | 923  | David Williams      | m   | Veteran 40      | Ambleside AC                           | 1:38:33.7 |
| 192. | 801  | Steve Alder         | m   | Veteran 40      | U/A London , London                    | 1:38:37.8 |
| 193. | 969  | Marie Stolbrink     | f   |                 | U/A Liverpool,                         | 1:38:45.0 |
| 194. | 1032 | Michael Quinn       | m   | Veteran 50      | U/A Warwick,                           | 1:39:02.4 |
| 195. | 1162 | Ian Jempson         | m   |                 | U/A Wigton, Cumbria                    | 1:39:05.2 |
| 196. | 751  | Richard Graham      | m   | Veteran 50      | U/A Brampton, Cumbria                  | 1:39:16.8 |
| 197. | 1042 | Heidi Haigh         | f   | Lady Veteran 40 | Fylde Coast Harriers                   | 1:39:24.1 |
| 198. | 750  | Martin Tilbury      | m   | Veteran 40      | U/A Sale, Cheshire                     | 1:39:34.5 |
| 199. | 712  | Jan Carrier         | f   | Lady Veteran 50 | iLKLEY harriers                        | 1:39:50.5 |
| 200. | 543  | Guy Simpson         | m   | Veteran 40      | U/A Penrith, Cumbria                   | 1:39:54.5 |
| 201. | 782  | Melissa Giusti      | f   |                 | Warrington Running Club                | 1:40:14.4 |

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                        | M/F | Age Cat         | Club                                   | Time      |
|------|------|-----------------------------|-----|-----------------|--|-----------|
| 202. | 1165 | Rachel Ford                 | f   |                 |  | 1:40:15.4 |
| 203. | 1059 | Dawn Saxby                  | f   | Lady Veteran 50 | U/A Harrogate, North Yorkshire         | 1:40:31.6 |
| 204. | 987  | Zoe Foulerton               | f   | Lady Veteran 40 | Swaledale runners                      | 1:40:35.6 |
| 205. | 809  | John Hobson                 | m   | Veteran 50      | U/A Richmond, Surrey                   | 1:40:38.2 |
| 206. | 1054 | Lesley Goodson              | f   | Lady Veteran 50 | North Wales Road Runners Club          | 1:40:39.9 |
| 207. | 916  | Kerry Grant-Rush            | f   | Lady Veteran 40 | U/A Wolverhampton,                     | 1:40:41.8 |
| 208. | 813  | Dorota Synowiec             | f   |                 | U/A Oldham, Greater Manchester         | 1:40:49.1 |
| 209. | 811  | Wendy Adams                 | f   |                 | U/A London,                            | 1:40:55.8 |
| 210. | 655  | Mark Aldam                  | m   | Veteran 50      | U/A Kendal,                            | 1:40:56.9 |
| 211. | 1147 | Jayne Dore                  | f   | Lady Veteran 40 | U/A Formby,                            | 1:40:59.0 |
| 212. | 819  | Amanda Anderson             | f   | Lady Veteran 40 | U/A Brompton on Swale, North Yorkshire | 1:41:02.3 |
| 213. | 672  | Andrew Clarke               | m   | Veteran 40      | U/A Kendal , Cumbria                   | 1:41:07.4 |
| 214. | 671  | Deborah Clarke              | f   | Lady Veteran 40 | U/A Kendal , Cumbria                   | 1:41:07.5 |
| 215. | 798  | Matt Carter                 | m   | Veteran 40      | U/A Berkhamsted,                       | 1:41:07.9 |
| 216. | 793  | Nicola Sproson              | f   | Lady Veteran 40 | Nics Nordic Walks                      | 1:41:21.6 |
| 217. | 530  | Ian Rae                     | m   | Veteran 60      | U/A Runcorn , Cheshire                 | 1:41:23.8 |
| 218. | 565  | Nick Vickery                | m   | Veteran 50      | Rayleigh RAT Runners                   | 1:41:24.4 |
| 219. | 623  | Michele Philp               | f   | Lady Veteran 40 | U/A Wylam, Northumberland              | 1:41:26.4 |
| 220. | 694  | Kate Lund                   | f   | Lady Veteran 40 | U/A Kendal,                            | 1:41:28.7 |
| 221. | 948  | Vikki Flemington            | f   |                 | U/A Manchester,                        | 1:41:29.6 |
| 222. | 864  | Clare Laybourn              | f   | Lady Veteran 40 | U/A Edinburgh,                         | 1:41:34.0 |
| 223. | 781  | Emma Puzylo                 | f   |                 | Northwich Running Club                 | 1:41:39.2 |
| 224. | 551  | Jenny Mitchell              | f   | Lady Veteran 40 | Runnum                                 | 1:41:59.4 |
| 225. | 1094 | Louise Corrigan             | f   |                 | Swinton RC                             | 1:42:08.5 |
| 226. | 520  | Elaine Tompkins             | f   | Lady Veteran 40 | U/A Colne, Lancashire                  | 1:42:08.6 |
| 227. | 657  | Audrey Duncan               | f   | Lady Veteran 60 | Sunderland Strollers                   | 1:42:10.1 |
| 228. | 515  | Charlotte Atkinson          | f   | Lady Veteran 40 | U/A Leeds,                             | 1:42:17.2 |
| 229. | 675  | Jayne Mitchell              | f   |                 | U/A Wittering ,                        | 1:42:19.3 |
| 230. | 705  | John Haxon                  | m   |                 | U/A Cramlington,                       | 1:42:20.1 |
| 231. | 1001 | Janice Allan                | f   | Lady Veteran 50 | U/A Dumfries, Dumfries & Galloway      | 1:42:23.8 |
| 232. | 1078 | Patty Davies                | f   | Lady Veteran 50 | U/A Ulverston, Cumbria                 | 1:42:26.2 |
| 233. | 915  | Marie Bainbridge            | f   | Lady Veteran 40 | Derwent Valley Trail Runners           | 1:42:26.7 |
| 234. | 854  | Julie Peckett               | f   | Lady Veteran 50 | Smiley Paces                           | 1:42:28.1 |
| 235. | 925  | mark wardley                | m   | Veteran 40      | U/A preston, lancs                     | 1:42:32.2 |
| 236. | 932  | Joanna Castaldi             | f   | Lady Veteran 40 | U/A Lancaster, Lancashire              | 1:42:32.4 |
| 237. | 1006 | samantha sunderland         | f   | Lady Veteran 50 | U/A dalton-in-furness, cumbria         | 1:42:33.0 |
| 238. | 1055 | Andrew Goodson              | m   | Veteran 50      | U/A Bowness on Windermere, Cumbria     | 1:42:33.2 |
| 239. | 921  | Dawn Wicks                  | f   | Lady Veteran 40 | U/A Penrith, Cumbria                   | 1:42:49.8 |
| 240. | 986  | Ruth Farquharson            | f   |                 | U/A Aberdeen,                          | 1:43:00.7 |
| 241. | 840  | Tracy Wells                 | f   | Lady Veteran 40 | Washlands Women                        | 1:43:12.8 |
| 242. | 722  | Judith Benson               | f   | Lady Veteran 40 | Ponteland Runners                      | 1:43:16.5 |
| 243. | 837  | Lisa Shaw                   | f   |                 | Washlands Women Runners                | 1:43:19.7 |
| 244. | 659  | Rebecca Watson              | f   | Lady Veteran 40 | U/A Nottingham, Nottinghamshire        | 1:43:35.4 |
| 245. | 738  | Ross McGowan                | m   |                 | U/A Dundee,                            | 1:43:45.5 |
| 246. | 588  | Tracey J Burlinson Campbell | f   | Lady Veteran 40 | Newcastle Fronrunners                  | 1:44:02.4 |
| 247. | 875  | Alon Caspi                  | m   | Veteran 50      | Mornington Chasers                     | 1:44:07.7 |
| 248. | 985  | sara cameron                | f   |                 | U/A Glasgow, Glasgow                   | 1:44:37.8 |
| 249. | 566  | Georgina Westwood           | f   | Lady Veteran 40 | Telford Harriers                       | 1:44:38.9 |
| 250. | 506  | Caroline Hollick            | f   | Lady Veteran 40 | U/A Leeds,                             | 1:44:40.3 |
| 251. | 635  | Andrew Stevens              | m   | Veteran 40      | U/A Wigton, Cumbria                    | 1:44:41.3 |
| 252. | 862  | Catherine Henderson         | f   |                 | U/A Edinburgh,                         | 1:44:47.3 |
| 253. | 903  | Claire Leigh                | f   | Lady Veteran 40 | Washlands women runners                | 1:44:55.8 |
| 254. | 851  | Fiona Bone                  | f   | Lady Veteran 40 | Hatch Warren Runners                   | 1:44:57.9 |
| 255. | 630  | Anna Bowker                 | f   |                 | U/A BRADFORD, West Yorkshire           | 1:45:00.5 |
| 256. | 632  | Jonathan Collett            | m   |                 | U/A Leeds, West Yorkshire              | 1:45:00.5 |
| 257. | 631  | Joanna Hill                 | f   |                 | U/A Hebden Bridge ,                    | 1:45:00.6 |
| 258. | 553  | nancy FALLOWS               | f   | Lady Veteran 40 | U/A Altrincham, Cheshire               | 1:45:09.5 |
| 259. | 556  | Jane Nicholson              | f   | Lady Veteran 40 | Altrincham and District Athletics Club | 1:45:09.6 |
| 260. | 962  | David Dobson                | m   | Veteran 50      | U/A Frodsham,                          | 1:45:13.2 |
| 261. | 1020 | Alison MacDonald            | f   | Lady Veteran 50 | Unattached - Edinburgh                 | 1:45:21.5 |
| 262. | 642  | Joanne Sunderland           | f   | Lady Veteran 40 | U/A Leeds, West Yorkshire              | 1:45:32.2 |
| 263. | 1104 | Jill Ezard                  | f   | Lady Veteran 40 | U/A Ilkley,                            | 1:45:50.8 |
| 264. | 1142 | Fiona Fawkes                | f   | Lady Veteran 50 | U/A Barrow-in-Furness , Cumbria        | 1:45:58.7 |
| 265. | 646  | Nicola Underhill            | f   |                 | Horsforth Harriers                     | 1:45:59.9 |
| 266. | 682  | Joanne Anderson             | f   | Lady Veteran 40 | Sunderland Strollers                   | 1:46:01.7 |
| 267. | 762  | John Billett                | m   | Veteran 60      | DH Runners                             | 1:46:05.6 |
| 268. | 814  | Tom Sloanes                 | m   | Veteran 50      | Sunderland Strollers                   | 1:46:05.6 |

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                 | M/F | Age Cat         | Club                                 | Time      |
|------|------|----------------------|-----|-----------------|--------------------------------------|-----------|
| 269. | 685  | Debs White           | f   | Lady Veteran 40 | Cambridge and Coleridge              | 1:46:18.6 |
| 270. | 707  | Flora Henderson      | f   |                 | U/A Kendal, Cumbria                  | 1:46:24.8 |
| 271. | 693  | Victoria Ritson      | f   |                 | U/A Washington, Tyne and Wear        | 1:46:26.0 |
| 272. | 883  | amy baker            | f   |                 | U/A thirsk, north yorkshire          | 1:46:49.4 |
| 273. | 882  | simon robinson       | m   |                 | U/A thirsk,                          | 1:46:50.2 |
| 274. | 610  | Angela Irving        | f   |                 | U/A Silloth, Cumbria                 | 1:46:52.0 |
| 275. | 627  | Jordan Elbro         | f   |                 | U/A Chester,                         | 1:46:52.8 |
| 276. | 880  | rose egan            | f   | Lady Veteran 50 | U/A West Kirby,                      | 1:47:02.4 |
| 277. | 908  | Andrea Hobbs         | f   | Lady Veteran 50 | None                                 | 1:47:05.0 |
| 278. | 815  | sue rosin            | f   | Lady Veteran 40 | formby stormers                      | 1:47:12.7 |
| 279. | 600  | Steve Boyer          | m   | Veteran 50      | Stainland Lions Running Club         | 1:47:34.9 |
| 280. | 1004 | Neil Stoker          | m   | Veteran 40      | U/A Bolton-le-Sands, Lancashire      | 1:47:39.5 |
| 281. | 1048 | Steve Spooner        | m   | Veteran 50      | U/A Bollington, Cheshire             | 1:47:45.0 |
| 282. | 505  | Jane Wood            | f   | Lady Veteran 40 | U/A Leeds, West Yorkshire            | 1:48:10.5 |
| 283. | 1137 | Abi Catt             | f   |                 | U/A Coniston, Cumbria                | 1:48:27.2 |
| 284. | 979  | Lois Tack            | f   |                 | N/A                                  | 1:48:28.6 |
| 285. | 746  | Karen Holmes         | f   | Lady Veteran 40 | U/A Penrith , Cumbria                | 1:48:28.8 |
| 286. | 975  | Katy Blake           | f   |                 | U/A Harrogate,                       | 1:48:30.2 |
| 287. | 664  | John Crombie         | m   | Veteran 60      | U/A Kilmarnock,                      | 1:48:30.9 |
| 288. | 581  | Ashley Hogg          | m   | Veteran 40      | U/A Leamington Spa, Warwickshire     | 1:48:34.2 |
| 289. | 1052 | Jack Pellew          | m   |                 | Newcastle Hash House Harriers        | 1:48:36.9 |
| 290. | 967  | Kristy Wonders       | f   |                 | North Shields Poly                   | 1:48:43.7 |
| 291. | 708  | Colin Henderson      | m   | Veteran 50      | Helm Hill                            | 1:48:43.9 |
| 292. | 970  | Gemma Thompson       | f   |                 | North Shields Poly                   | 1:48:56.6 |
| 293. | 1025 | sarah barry          | f   | Lady Veteran 40 | U/A huddersfield,                    | 1:49:08.0 |
| 294. | 700  | Natalie Beveridge    | f   |                 | U/A Oxford,                          | 1:49:10.5 |
| 295. | 905  | Paula Dailey         | f   | Lady Veteran 40 | U/A Newcastle Upon Tyne, Tyne & Wear | 1:49:12.8 |
| 296. | 983  | Stephen Harding      | m   | Veteran 40      | Jog Scotland                         | 1:49:16.3 |
| 297. | 715  | Steven OHara         | m   |                 | U/A Sunderland, Tyne & Wear          | 1:49:25.8 |
| 298. | 732  | Ann Lister           | f   | Lady Veteran 60 | Glasgow Running Network              | 1:49:32.3 |
| 299. | 531  | jon stock            | m   | Veteran 50      | U/A penarth, vale of glamorgan       | 1:49:34.2 |
| 300. | 1061 | Emma Pitt            | f   | Lady Veteran 40 | Team pie                             | 1:49:44.2 |
| 301. | 1131 | Jacqui Sutton-Riley  | f   | Lady Veteran 40 | U/A Ulverston, Cumbria               | 1:49:47.3 |
| 302. | 653  | PAULA HAINES         | f   | Lady Veteran 40 | Jogging pals                         | 1:49:58.1 |
| 303. | 1133 | Shiran Yakobi        | f   | Lady Veteran 40 | RSCAC                                | 1:50:20.1 |
| 304. | 981  | Lee McConkey         | m   |                 | Warrington running club              | 1:50:31.5 |
| 305. | 1143 | Sue Kearney          | f   | Lady Veteran 50 | U/A Bolton, Lancs                    | 1:50:32.2 |
| 306. | 892  | Jorgen Leren         | m   |                 | Norway                               | 1:50:42.4 |
| 307. | 730  | Nicola Knowles       | f   | Lady Veteran 40 | U/A Manchester,                      | 1:50:43.0 |
| 308. | 1144 | Kate Broome          | f   | Lady Veteran 50 | Achille Ratti                        | 1:50:58.7 |
| 309. | 958  | Darren Roberts       | m   | Veteran 40      | Warrington Running Club              | 1:51:02.4 |
| 310. | 957  | Kathryn Roberts      | f   | Lady Veteran 50 | Warrington Running Club              | 1:51:02.6 |
| 311. | 549  | Maria Parkinson      | f   | Lady Veteran 50 | Mossley Hill Athletics Club          | 1:51:05.7 |
| 312. | 796  | Marilyn Small        | f   | Lady Veteran 60 | Smiley Paces                         | 1:51:08.2 |
| 313. | 1139 | janet gibson         | f   | Lady Veteran 50 | U/A york, north yorkshire            | 1:51:11.5 |
| 314. | 891  | Angela Bamford       | f   | Lady Veteran 50 | Altrincham and District AC           | 1:51:14.1 |
| 315. | 855  | Claire Hutchinson    | f   | Lady Veteran 40 | U/A Liverpool,                       | 1:51:17.2 |
| 316. | 611  | Mahfuzul Islam       | m   | Veteran 40      | U/A Sabden,                          | 1:51:26.2 |
| 317. | 510  | Jennie Davies        | f   | Lady Veteran 60 | U/A Sedbergh, Cumbria                | 1:51:45.2 |
| 318. | 1138 | Sue Oliver           | f   | Lady Veteran 50 | East london triathletes              | 1:51:46.5 |
| 319. | 648  | Jennifer Chambers    | f   | Lady Veteran 40 | Tattenhall Runners                   | 1:51:59.1 |
| 320. | 767  | Michael Gray         | m   | Veteran 40      | Thornton and cleveleys RC            | 1:52:02.8 |
| 321. | 526  | Jayne Batt           | f   | Lady Veteran 50 | U/A York,                            | 1:52:12.8 |
| 322. | 544  | Helen Makinson       | f   | Lady Veteran 50 | Mossley Hill Athletics Club          | 1:52:13.4 |
| 323. | 546  | Theresa Lewin        | f   | Lady Veteran 50 | Mossley Hill Athletic Club           | 1:52:13.4 |
| 324. | 966  | Nicola Latimer       | f   | Lady Veteran 40 | Wigton Road Runners                  | 1:52:26.8 |
| 325. | 1164 | Shelley Briggs       | f   |                 |                                      | 1:52:39.8 |
| 326. | 1166 | Amanda Casken        | f   |                 |                                      | 1:52:40.0 |
| 327. | 522  | Alison Formby        | f   | Lady Veteran 40 | U/A Formby,                          | 1:52:47.5 |
| 328. | 696  | Kathryn Money        | f   | Lady Veteran 50 | U/A Lincoln, Lincolnshire            | 1:53:02.3 |
| 329. | 706  | Rebecca Hetherington | f   |                 | U/A Cramlington,                     | 1:53:11.5 |
| 330. | 878  | julie thomas         | f   | Lady Veteran 50 | hampstead health park run            | 1:53:30.3 |
| 331. | 1034 | deborah Reekie       | f   |                 | U/A holmrook, cumbria                | 1:53:36.0 |
| 332. | 795  | Victoria Wingate     | f   |                 | U/A Liverpool,                       | 1:53:47.1 |
| 333. | 868  | Natalie grobbelaar   | f   |                 | Northwich running club               | 1:53:48.6 |
| 334. | 608  | Sian Lewis           | f   |                 | Northwich Running Club               | 1:53:48.8 |
| 335. | 652  | Gillian Morris       | f   | Lady Veteran 40 | U/A Kendal, Cumbria                  | 1:53:50.9 |

# Lakeland Trails in Helvellyn

## Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                     | M/F | Age Cat         | Club                          | Time      |
|------|------|--------------------------|-----|-----------------|-------------------------------|-----------|
| 336. | 990  | Claire Machin            | f   | Lady Veteran 40 | Independent                   | 1:53:51.0 |
| 337. | 731  | julie brown              | f   | Lady Veteran 40 | U/A Glasgow,                  | 1:53:52.9 |
| 338. | 1039 | Alasdair Start           | m   |                 | U/A Leyland,                  | 1:54:01.0 |
| 339. | 1106 | Andrew Woodhead          | m   |                 | U/A Preston, Lancashire       | 1:54:40.1 |
| 340. | 1028 | Rebecca Hanson           | f   |                 | U/A Manchester,               | 1:54:40.2 |
| 341. | 1008 | Anthony Jenner           | m   | Veteran 50      | U/A Sunderland, Tyne and Wear | 1:54:41.6 |
| 342. | 757  | Gray Millen              | m   | Veteran 40      | U/A darlington, Durham        | 1:54:57.8 |
| 343. | 902  | Joanne Bell              | f   | Lady Veteran 50 | Washlands women runners       | 1:55:00.8 |
| 344. | 538  | Anna Stubbs              | f   | Lady Veteran 40 | Washlands Women Runners       | 1:55:02.7 |
| 345. | 525  | Helen Farrell            | f   | Lady Veteran 40 | U/A York,                     | 1:55:08.5 |
| 346. | 663  | Angela Robinson          | f   | Lady Veteran 40 | Jogging Pals                  | 1:55:09.4 |
| 347. | 1029 | helen clark              | f   | Lady Veteran 50 | U/A macclesfield, cheshire    | 1:55:09.4 |
| 348. | 1076 | Mike Smith               | m   | Veteran 50      | U/A Olney,                    | 1:55:19.9 |
| 349. | 1154 | Gavin Spickett           | m   | Veteran 60      | Tynedale Harriers             | 1:55:33.3 |
| 350. | 984  | Fiona McGruer            | f   |                 | U/A Glasgow,                  | 1:55:37.4 |
| 351. | 931  | Catherine Higson         | f   |                 | U/A Keswick, Cumbria          | 1:55:41.1 |
| 352. | 1124 | Giselle Dudley           | f   | Lady Veteran 50 | U/A Sunderland, Tyne and Wear | 1:56:08.3 |
| 353. | 822  | Donna Griffiths          | f   | Lady Veteran 40 | Maldwyn harriers              | 1:56:21.9 |
| 354. | 714  | Judith Weston            | f   | Lady Veteran 50 | Marsh House Harriers          | 1:56:25.1 |
| 355. | 761  | Josette Billett          | f   | Lady Veteran 60 | DH Runners                    | 1:56:37.5 |
| 356. | 729  | Emily Walton             | f   |                 | U/A Stratford upon Avon,      | 1:56:38.5 |
| 357. | 728  | Lloyd Walton             | m   |                 | U/A Stratford upon Avon,      | 1:56:39.2 |
| 358. | 559  | Holly Simon              | f   |                 | U/A Isle of Arran,            | 1:56:47.7 |
| 359. | 802  | Annie Adams              | f   | Lady Veteran 50 | U/A Frinton on Sea, Essex     | 1:56:55.3 |
| 360. | 1111 | Hannah Moorhouse         | f   | Lady Veteran 40 | U/A Cheshire                  | 1:56:56.3 |
| 361. | 670  | Jessica Patten           | f   |                 | U/A Penrith, Cumbria          | 1:57:04.2 |
| 362. | 534  | Anna Bach                | f   | Lady Veteran 40 | U/A Staffordshire,            | 1:57:08.7 |
| 363. | 716  | Alison Ewing             | f   | Lady Veteran 50 | Warrington Running Club       | 1:57:12.1 |
| 364. | 603  | Joanna Myerscough        | f   | Lady Veteran 40 | U/A Reading, Berkshire        | 1:57:13.5 |
| 365. | 950  | david taylor             | m   | Veteran 60      | U/A darwen,                   | 1:57:21.9 |
| 366. | 1011 | Karen Moody              | f   | Lady Veteran 40 | U/A Liverpool,                | 1:57:27.5 |
| 367. | 739  | LiZ Taylor               | f   |                 | U/A Hull,                     | 1:58:01.7 |
| 368. | 740  | Steve Taylor             | m   |                 | U/A Hull,                     | 1:58:14.1 |
| 369. | 1114 | Edward Ryder             | m   | Veteran 40      | None                          | 1:58:15.6 |
| 370. | 1146 | Phil Benn                | m   | Veteran 40      | U/A Manchester, Lancashire    | 1:58:34.7 |
| 371. | 1009 | Anouska Kent             | f   |                 | U/A Oldham, Lancashire        | 1:58:41.0 |
| 372. | 856  | Fay Smalls               | f   | Lady Veteran 40 | Colchester Harriers           | 1:59:03.5 |
| 373. | 620  | Hannah Stevens           | f   | Lady Veteran 40 | EDMC                          | 1:59:37.6 |
| 374. | 834  | dyfed evans              | m   | Veteran 50      | U/A york,                     | 1:59:41.3 |
| 375. | 835  | jo keenan                | f   | Lady Veteran 50 | U/A york,                     | 1:59:41.5 |
| 376. | 906  | Caroline Bones           | f   |                 | Warrington running club       | 1:59:49.9 |
| 377. | 952  | Laura Cheers             | f   |                 | Warrington Running Club       | 1:59:50.1 |
| 378. | 1152 | Bonnie Aaron             | f   |                 | U/A Blackpool, Lancashire     | 2:00:00.4 |
| 379. | 993  | Ruth Dewey               | f   | Lady Veteran 40 | U/A Altrincham, Cheshire      | 2:00:26.4 |
| 380. | 807  | jayne land               | f   | Lady Veteran 40 | U/A liverpool , MERSEYSIDE    | 2:00:27.1 |
| 381. | 904  | Branwell Spencer         | m   | Veteran 40      | U/A Neston , Cheshire         | 2:00:30.0 |
| 382. | 992  | Paul Dewey               | m   | Veteran 50      | U/A Altrincham,               | 2:00:49.0 |
| 383. | 816  | ANDREW WOODS             | m   | Veteran 60      | Fell Striders                 | 2:01:01.0 |
| 384. | 512  | MARGARET WOODS           | f   | Lady Veteran 60 | FELLSTRIDERS                  | 2:01:02.3 |
| 385. | 1090 | Laraine Lindsey          | f   | Lady Veteran 40 | U/A Clitheroe, Lancashire     | 2:01:05.2 |
| 386. | 797  | Caroline Johns           | f   | Lady Veteran 40 | U/A Selby, North Yorkshire    | 2:01:16.0 |
| 387. | 637  | Nicola Webster           | f   | Lady Veteran 40 | U/A Bunbury, Cheshire         | 2:01:23.5 |
| 388. | 636  | Jen Duckett              | f   |                 | U/A Tarporley, Cheshire       | 2:01:23.6 |
| 389. | 509  | Harriet Bradfield-Morgan | f   | Lady Veteran 40 | U/A Burnley, Lancashire       | 2:01:43.9 |
| 390. | 759  | STUART ADAMSON           | m   | Veteran 60      | U/A BRADFORD, WEST YORKSHIRE  | 2:02:09.1 |
| 391. | 1089 | Julie Spencer            | f   | Lady Veteran 40 | U/A Neston, Cheshire          | 2:03:12.6 |
| 392. | 887  | Jeanette McCormack       | f   | Lady Veteran 50 | Kirkby Stormers               | 2:04:01.7 |
| 393. | 884  | Suzannah Dykes           | f   | Lady Veteran 40 | Shorrocks Hill Running Club   | 2:04:02.6 |
| 394. | 885  | Alison Webster           | f   | Lady Veteran 40 | Formby Stormers               | 2:04:05.4 |
| 395. | 996  | Jane Marshall            | f   | Lady Veteran 40 | U/A York,                     | 2:04:06.1 |
| 396. | 1109 | Josephine Walsh          | f   | Lady Veteran 40 | Red Rose Road Runners         | 2:04:11.3 |
| 397. | 679  | Lynne Midgley-ward       | f   | Lady Veteran 40 | Ponteland Runners             | 2:04:15.2 |
| 398. | 752  | Anna Wakeford Holder     | f   |                 | U/A London ,                  | 2:04:23.0 |
| 399. | 753  | Jamie Wakeford Holder    | m   |                 | U/A London ,                  | 2:04:23.2 |
| 400. | 794  | Alison Wingate           | f   | Lady Veteran 40 | U/A Liverpool, Merseyside     | 2:04:24.9 |
| 401. | 1068 | Margaret Wilson          | f   | Lady Veteran 60 | U/A Poulton-le-Fylde,         | 2:04:26.7 |
| 402. | 567  | Alice Melville           | f   | Lady Veteran 40 | U/A Newcastle upon Tyne,      | 2:04:27.0 |

## Lakeland Trails in Helvellyn

### Helvellyn Trail Challenge 15km

| Pos  | Bib  | Name                | M/F | Age Cat         | Club                                 | Time      |
|------|------|---------------------|-----|-----------------|--------------------------------------|-----------|
| 403. | 773  | dinesh patel        | m   | Veteran 50      | U/A preston, lancashire              | 2:04:27.7 |
| 404. | 894  | marie guttridge     | f   | Lady Veteran 40 | U/A Liverpool, Merseyside            | 2:04:55.9 |
| 405. | 1100 | Catherine Clennett  | f   | Lady Veteran 40 | Stockton Striders                    | 2:05:15.4 |
| 406. | 1101 | Chris Furphy        | m   | Veteran 50      | Stockton Striders                    | 2:05:15.6 |
| 407. | 910  | Marie Findlay       | f   |                 | Leverets Trail Runners               | 2:05:27.1 |
| 408. | 612  | Fiona Pollock       | f   | Lady Veteran 50 | U/A Whitehaven,                      | 2:06:05.2 |
| 409. | 592  | Sare Rose           | f   | Lady Veteran 50 | U/A Whitehaven, Cumbria              | 2:06:05.7 |
| 410. | 943  | Amanda Allen        | f   | Lady Veteran 50 | U/A Wellingborough,                  | 2:06:07.9 |
| 411. | 869  | Kirsty Mead         | f   |                 | U/A Wellingborough,                  | 2:06:13.9 |
| 412. | 870  | Brian Mead          | m   | Veteran 50      | U/A Wellingborough, England          | 2:06:14.2 |
| 413. | 1155 | caroline vitty      | f   | Lady Veteran 50 | U/A liverpool,                       | 2:06:55.3 |
| 414. | 901  | Fiona Murphy        | f   | Lady Veteran 60 | U/A Glasgow,                         | 2:06:56.5 |
| 415. | 521  | Cathy Jones         | f   | Lady Veteran 50 | U/A Liverpool,                       | 2:07:19.7 |
| 416. | 688  | Robert Gould        | m   | Veteran 70      | NA                                   | 2:07:24.5 |
| 417. | 594  | Christine Ryder     | f   | Lady Veteran 50 | Marshall Milton Keynes               | 2:08:18.4 |
| 418. | 698  | Hazel Cockerill     | f   | Lady Veteran 50 | Marshall Milton Keynes Athletic Club | 2:08:18.5 |
| 419. | 593  | Malcolm Kidby       | m   | Veteran 50      | Marshall Milton Keynes AC            | 2:08:18.6 |
| 420. | 791  | Justine Topping     | f   | Lady Veteran 40 | U/A Manchester,                      | 2:08:33.6 |
| 421. | 789  | Kristina mountain   | f   |                 | U/A chorley, lancashire              | 2:08:33.9 |
| 422. | 911  | Sarah Fretwell      | f   |                 | Leverets                             | 2:08:38.2 |
| 423. | 918  | Sophie Armstrong    | f   |                 | Leverets                             | 2:08:38.3 |
| 424. | 830  | Christina Greatwood | f   |                 | U/A Castle Cary , Somerset           | 2:08:45.2 |
| 425. | 831  | David Churchward    | m   |                 | U/A Newton Abbot,                    | 2:08:45.2 |
| 426. | 651  | Gillian Graves      | f   | Lady Veteran 50 | U/A York, North Yorkshire            | 2:09:24.2 |
| 427. | 514  | Jon Houlihan        | m   | Veteran 50      | U/A Birmingham, West Midlands        | 2:10:04.3 |
| 428. | 1027 | Catherine Isaac     | f   | Lady Veteran 40 | Windrush Triathlon Club              | 2:10:37.3 |
| 429. | 524  | Sam Calderwood      | f   | Lady Veteran 50 | U/A Rickmansworth, Hertfordshire     | 2:10:39.1 |
| 430. | 1128 | Cynthia Carter      | f   | Lady Veteran 60 | Crosby stormers                      | 2:10:40.2 |
| 431. | 842  | Lucy Wilkinson      | f   |                 | Washlands Women Runners              | 2:10:40.2 |
| 432. | 1007 | Maria Sowerby       | f   | Lady Veteran 60 | Stamford Striders                    | 2:12:04.9 |
| 433. | 1045 | Viv Samuelson       | f   | Lady Veteran 40 | Swinton RC                           | 2:12:12.9 |
| 434. | 1110 | Rachel Archer       | f   | Lady Veteran 40 | Swinton Running Club                 | 2:12:13.0 |
| 435. | 1038 | Gareth Finlay       | m   | Veteran 40      | Warrington Running Club              | 2:15:41.1 |
| 436. | 1043 | Alison Nordon       | f   | Lady Veteran 40 | U/A Paisley,                         | 2:17:21.0 |
| 437. | 960  | Rebecca White       | f   | Lady Veteran 40 | U/A Hemel Hempstead, Hertfordshire   | 2:17:34.2 |
| 438. | 963  | Rob Deane           | m   | Veteran 50      | Dacorum & Tring AC                   | 2:17:34.2 |
| 439. | 558  | Fiona Saxby         | f   | Lady Veteran 40 | U/A Neston, Cheshire                 | 2:19:17.9 |
| 440. | 557  | Sue Sperring        | f   | Lady Veteran 50 | U/A Wirral,                          | 2:19:18.1 |
| 441. | 1151 | Gillian Kellett     | f   | Lady Veteran 60 | Selby Striders                       | 2:20:15.1 |
| 442. | 843  | Rosemary Mellor     | f   | Lady Veteran 50 | Washlands Women Runners              | 2:21:01.0 |
| 443. | 690  | Penny Pullinger     | f   | Lady Veteran 50 | Bungay Black Dogs                    | 2:22:26.0 |
| 444. | 582  | Claire Shale        | f   | Lady Veteran 50 | U/A Birmingham ,                     | 2:22:29.9 |
| 445. | 563  | Lindsey Glenville   | f   | Lady Veteran 50 | U/A Brough, East Yorkshire           | 2:25:23.2 |
| 446. | 760  | Jaclyn Gray         | f   | Lady Veteran 40 | U/A Workington , Cumbria             | 2:25:31.2 |
| 447. | 1150 | Helen Craven        | f   | Lady Veteran 40 | Selby Striders                       | 2:25:37.8 |
| 448. | 844  | Clare Keighley      | f   | Lady Veteran 50 | U/A Lichfield, Staffs                | 2:28:57.4 |
| 449. | 1096 | Rosie KAur          | f   | Lady Veteran 40 | U/A Frodsham,                        | 2:29:30.8 |
| 450. | 709  | Bill Kelly          | m   | Veteran 60      | Burnden Road Runners                 | 2:32:39.0 |
| 451. | 873  | Katherine Self      | f   |                 | U/A Keighley,                        | 2:34:08.8 |
| 452. | 872  | Jessica Guth        | f   |                 | U/A Keighley, West Yorkshire         | 2:34:08.9 |
| 453. | 1119 | Charmain Robson     | f   | Lady Veteran 70 | St Bees Tri                          | 2:35:05.6 |
| 454. | 997  | David Elsander      | m   | Veteran 70      | Nic's Nordic Walkers                 | 2:35:14.8 |
| 455. | 1099 | Ann Johansson       | f   | Lady Veteran 40 | U/A Stockholm,                       | 2:39:04.1 |
| 456. | 1098 | Steve Webster       | m   | Veteran 50      | U/A Huddersfield, West Yorkshire     | 2:39:04.9 |
| 457. | 1077 | Peter Samuelson     | m   | Veteran 70      | Spectrum striders                    | 2:42:53.7 |
| 458. | 838  | Linda Kirke         | f   | Lady Veteran 50 | Washlands Women Runners              | 2:52:24.3 |
| 459. | 858  | Sonja Gerber        | f   | Lady Veteran 40 | U/A York, North Yorkshire            | 2:56:56.7 |
| 460. | 859  | helen graham        | f   | Lady Veteran 40 | U/A York,                            | 2:56:57.2 |
| 461. | 839  | julie honeybourne   | f   | Lady Veteran 50 | U/A mendham, suffolk                 | 3:20:04.6 |
| 462. | 541  | Pauline Mulcahy     | f   | Lady Veteran 50 | Washlands Women Runners              | 3:25:16.4 |
| 463. | 542  | Rachel Langslow     | f   | Lady Veteran 60 | Washlands Women Runners              | 3:25:17.1 |

Number of records: 463