

Lakeland Trails in Helvellyn

Helvellyn Trail Race 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
1.	64	Ben Livesey	m		U/A Lincoln,	0:54:52.7	0:54:52.1
2.	1	Johnathan Cox	m		Eden Runners	0:55:07.9	0:55:07.7
3.	378	Tom Collins	m		Medway & Maidstone AC	0:57:28.1	0:57:27.5
4.	116	Tim Campbell	m	Veteran 40	U/A Warrington, Cheshire	0:58:51.0	0:58:49.0
5.	346	Tom Smith	m	Veteran 40	Lochaber AC	0:59:08.8	0:59:06.7
6.	382	Matthew Reedy	m	Veteran 40	Ambleside AC	0:59:24.8	0:59:23.6
7.	354	Andrew Cumine	m		U/A London, City of London	0:59:55.9	0:59:53.9
8.	111	Howard Seal	m	Veteran 40	Derwent Athletic Club	1:00:05.9	1:00:04.4
9.	5	Paul Riley	m	Veteran 40	Helm Hill Runners	1:00:17.9	1:00:16.9
10.	379	Heidi Dent	f		Howgill Harriers	1:00:21.6	1:00:20.2
11.	319	Jonathan Smith	m		Lymm Runners	1:01:44.2	1:01:41.1
12.	222	Chris Richardson	m		Metro Aberdeen RC	1:01:47.5	1:01:47.0
13.	383	Anna Lupton	f		Black Combe Runners	1:02:22.0	1:02:21.1
14.	93	Duncan Hill	m	Veteran 40	Sale Manchester Harriers	1:02:29.7	1:02:26.8
15.	304	Robert Jackson	m	Veteran 40	ProwBoBob	1:03:10.9	1:03:02.5
16.	14	Lou Roberts	f	Lady Veteran 40	Ambleside	1:03:42.3	1:03:40.9
17.	80	Daniel Pratt	m		U/A Shipley, West Yorkshire	1:04:00.2	1:03:59.5
18.	220	Stephen Hall	m		U/A North Shields, Tyne & Wear	1:04:02.6	1:03:50.1
19.	344	Chris corless	m	Veteran 40	Team mountain fuel	1:04:36.0	1:04:33.5
20.	256	Matthew Rooke	m		Black Combe Runners	1:04:41.6	1:04:40.9
21.	139	Daniele Trinca	m		U/A Leeds,	1:04:41.6	1:04:25.7
22.	309	David Oldfield	m		Harrogate Harries & A.C.	1:04:43.7	1:04:42.4
23.	307	darren allan	m	Veteran 40	U/A BARNARD CASTLE,	1:05:01.9	1:04:34.9
24.	158	Merlin Duff	m		U/A Newcastle upon Tyne,	1:05:15.3	1:05:14.1
25.	260	Stephen Ray	m		Chorlton Runners	1:05:20.8	1:05:15.2
26.	257	Victoria Sewell	f		Knavesmire Harriers	1:05:31.6	1:05:29.9
27.	209	Mark Blackwell	m	Veteran 40	West Cumbria Tri	1:05:59.9	1:05:58.0
28.	235	Ian Hammett	m		Bedford Harriers AC	1:06:52.6	1:06:49.3
29.	258	Bruce Penhale	m	Veteran 50	Trafford AC	1:07:37.5	1:07:25.6
30.	287	Stuart Towns	m	Veteran 40	Wigan Harriers	1:07:45.7	1:07:34.2
31.	153	Ben Hall	m		Elswick	1:07:47.9	1:07:44.6
32.	201	Michael McLean	m	Veteran 40	U/A Catterick Garrison,	1:07:53.8	1:07:51.1
33.	175	Alan Ramsay	m	Veteran 40	U/A South Queensferry,	1:07:54.6	1:07:49.5
34.	276	Sam Bayer	m		U/A Streatham Hill, London	1:08:21.0	1:08:13.5
35.	13	Catherine Slater	f		Preston Harriers	1:08:23.2	1:08:17.5
36.	173	Ben Heathcote	m		Northumberland Fell Runners	1:08:24.3	1:08:23.3
37.	384	Choe Routledge	f		Ambleside AC	1:08:25.7	1:08:23.7
38.	92	Jamie Arkle	m		Eden Runners	1:08:43.7	1:08:36.3
39.	366	Martin Haworth	m		U/A Blackburn, Lancashire	1:08:54.2	1:08:24.1
40.	15	Rebecca Winter	f		Ackworth road runners	1:08:55.9	1:08:54.0
41.	355	Alasdair Grubb	m		Chester Water Polo	1:09:03.3	1:08:40.4
42.	210	David Blake	m		U/A Birmingham,	1:09:13.2	1:09:04.7
43.	350	Andy Shannan	m	Veteran 40	DH RUNNERS	1:09:32.8	1:09:24.0
44.	95	Mick Allen	m		Cumberland Fell Runners	1:09:38.5	1:09:17.6
45.	265	Dan Hartley	m	Veteran 40	Ulverston Tri Club	1:09:58.7	1:09:55.8
46.	205	Chris Chalmers	m		U/A London,	1:10:08.2	1:09:55.9
47.	27	Garry Owens	m	Veteran 50	NFR	1:10:14.8	1:09:57.3
48.	83	Kristina Jackson	f		Allithwaite Running Club	1:10:16.8	1:10:14.2
49.	381	Robert Moss	m		U/A	1:10:37.6	1:10:30.2
50.	81	Abigail Tiplady	f		U/A Stockton, Cleveland	1:10:42.5	1:10:37.1
51.	341	Michael Richardson	m	Veteran 40	n/a	1:10:43.9	1:10:28.5
52.	300	peter fishpool	m	Veteran 40	U/A driffield, east yorks	1:10:47.4	1:10:40.4
53.	329	Andy Williams	m	Veteran 50	U/A Northwich , Cheshire	1:10:53.8	1:10:42.4
54.	24	Anthony Irving	m	Veteran 40	U/A Carlisle,	1:11:01.7	1:10:44.0
55.	253	gary bastow	m	Veteran 50	Ripon	1:11:06.5	1:11:05.0
56.	84	Rachel Kane	f		U/A Carlisle, Cumbria	1:11:10.3	1:10:59.2
57.	328	Adam Armata	m		U/A Carlisle ,	1:11:11.8	1:11:09.3
58.	263	Jonathan Poirrette	m	Veteran 50	U/A Windermere, Cumbria	1:11:16.0	1:11:00.1
59.	251	Jeff Belt	m	Veteran 40	North York Moors AC	1:11:26.8	1:11:18.8
60.	104	Hannah Gilman	f	Lady Veteran 40	Smiley Paces	1:11:28.2	1:11:24.3
61.	247	Vicky Brotherton	f		U/A Stoke Newington,	1:11:30.3	1:11:24.2
62.	270	Stephen Regan	m		U/A Wigan, Lancashire	1:11:31.1	1:11:04.7
63.	229	Sean Mitchell	m	Veteran 40	Barnet & District AC	1:11:38.5	1:11:11.2
64.	296	Paul Hempstock	m		U/A Stockport, Cheshire	1:11:39.8	1:11:14.5
65.	356	Simon Ghey	m	Veteran 40	U/A Carlisle, Cumbria	1:11:59.9	1:11:49.9
66.	168	Rebecca Piggott	f		London Heathside	1:12:07.2	1:11:59.5
67.	169	Kimon Doulis	m		London Heathside	1:12:07.2	1:11:59.8

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
68.	37	Richard Hawkins	m		York Postal Harriers	1:12:10.4	1:11:58.8
69.	231	David Pryor	m		U/A Warrington, Cheshire	1:12:11.3	1:12:03.7
70.	82	Peter Clayton	m	Veteran 50	Unattached	1:12:13.1	1:12:10.4
71.	248	Byron Morgan	m	Veteran 40	U/A Cockerham, Lancashire	1:12:19.1	1:11:55.3
72.	48	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:12:31.2	1:12:24.5
73.	336	Sarah Atkinson	f		U/A Kendal, Cumbria	1:12:39.0	1:12:31.5
74.	351	Ian Hall	m	Veteran 40	N/a	1:12:40.7	1:12:34.1
75.	157	Roger Taylor	m	Veteran 40	U/A Erding,	1:12:43.3	1:12:41.3
76.	245	Nick Cox	m	Veteran 40	U/A ambleside, cumbria	1:12:47.7	1:12:38.2
77.	206	Richard Folley	m		U/A London,	1:12:54.4	1:12:42.0
78.	275	Paul Whittemore	m		U/A Manchester,	1:12:59.5	1:12:52.2
79.	372	Christopher Fleming-Williams	m	Veteran 40	U/A Cockerham, Cumbria	1:13:07.2	1:12:57.7
80.	85	Michael Storey	m		DH Runners	1:13:10.0	1:12:53.0
81.	211	Simon Eaton	m	Veteran 40	Wesham Road Runners	1:13:14.0	1:13:10.8
82.	42	Nick Higham	m	Veteran 40	Lancaster and Morecambe AC	1:13:35.0	1:13:03.1
83.	325	Paul Dobson	m	Veteran 50	Keswick AC	1:13:47.7	1:13:22.6
84.	49	Paul Rawlinson	m		DH Runners	1:13:56.1	1:13:39.5
85.	348	PHIL RILEY	m	Veteran 40	Astley & Tyldesley Road Runners	1:13:57.5	1:13:47.3
86.	176	Glenn Tait	m		U/A Edinburgh ,	1:13:58.9	1:13:54.0
87.	189	Harry Vaneris	m		U/A London,	1:14:22.7	1:14:16.4
88.	212	Nathan Drinkall	m		U/A Scunthorpe , North Links	1:14:28.8	1:14:02.6
89.	199	Jeffrey Counce	m	Veteran 40	U/A Southport, Merseyside	1:14:30.7	1:14:09.5
90.	30	Amelie Thickett	f		U/A Liverpool,	1:14:34.3	1:14:07.1
91.	357	paul bryan	m	Veteran 40	U/A noryon, stockton on tees	1:14:37.0	1:14:18.1
92.	349	Anthony Hart	m	Veteran 40	Astley & Tyldesley Road Runners	1:14:56.8	1:14:46.4
93.	178	Karen Foster	f	Lady Veteran 40	North Shields Poly AC	1:14:58.1	1:14:52.5
94.	242	Alex Cotterill	m		U/A London,	1:15:19.8	1:14:50.5
95.	385	Anthony James	m		u/a	1:15:20.6	1:15:06.0
96.	50	Richard Smith	m	Veteran 50	U/A Potefract, West Yorkshire	1:15:43.6	1:15:40.1
97.	108	Charlotte Jenkinson	f		Smiley Paces	1:15:44.4	1:15:36.1
98.	233	Paul Shaw	m	Veteran 40	U/A Wigan, Lancashire	1:16:01.6	1:15:50.6
99.	321	Ben Hoyle	m		U/A Penrith, Cumbria	1:16:26.1	1:15:57.0
100.	155	Robert Hartley	m	Veteran 40	U/A Paisley, Renfrewshire	1:16:33.9	1:16:11.6
101.	150	Mary Lisle	f		Elswick Harriers	1:16:35.1	1:16:27.1
102.	322	Darren Leech	m		Calthwaite RC	1:16:42.0	1:16:12.5
103.	323	Nathan Davies	m	Veteran 40	U/A Kendal, Cumbria	1:16:53.3	1:16:31.0
104.	148	Ashley Loader	m		Jarrow and Hebburn AC	1:17:08.0	1:16:48.3
105.	254	Bridget Bastow	f	Lady Veteran 40	Ripon	1:17:17.2	1:17:12.6
106.	250	richard johnson	m	Veteran 40	U/A hull, east yorkshire	1:17:20.4	1:17:05.5
107.	345	Andrew Cloaky	m		Team endure	1:17:23.3	1:17:15.9
108.	22	Tom Wright	m	Veteran 40	U/A Lytham St.Annes, Lancashire	1:17:31.1	1:17:22.0
109.	303	Annabel Prow	f		U/A Nottingham,	1:17:45.0	1:17:30.7
110.	327	Paul Hudson	m	Veteran 40	U/A Carlisle, Cumbria	1:17:53.8	1:17:46.7
111.	193	DAVID BURTON	m	Veteran 50	KESWICK	1:18:04.0	1:17:48.5
112.	338	Roberto Raso	m	Veteran 50	Manchester Fronrunners	1:18:04.5	1:17:45.2
113.	187	Russell Thompson	m	Veteran 50	U/A Barrow-in-Furness,	1:18:05.9	1:17:35.5
114.	94	MICHAEL ARMSTRONG	m	Veteran 50	sunderland strollers	1:18:08.0	1:17:43.8
115.	293	frank mcpartland	m	Veteran 50	haddington pacemakers	1:18:15.6	1:17:56.0
116.	282	Lesley Jeffrey	f	Lady Veteran 40	U/A Dumfries, Dumfriesshire	1:18:17.8	1:17:49.3
117.	130	Margaret Duncan	f	Lady Veteran 40	Smiley Paces	1:18:20.3	1:18:16.0
118.	280	Michael Smith	m		U/A St Helens, Merseyside	1:18:23.3	1:18:02.9
119.	73	Ian Pass	m	Veteran 40	St Helens Sutton	1:18:26.3	1:17:54.8
120.	151	Mr Lowes	m		Elswick Harreris	1:18:33.1	1:18:30.0
121.	353	Graeme Stewart	m		U/A Edinburgh,	1:18:34.6	1:18:27.9
122.	57	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:18:36.2	1:18:29.0
123.	21	Andy Yates	m	Veteran 50	N/A	1:18:38.1	1:18:27.5
124.	200	Richard Harrison	m	Veteran 50	Ambleside AC	1:18:43.6	1:18:32.2
125.	294	Aidan Robson	m		U/A Helton,	1:18:46.8	1:18:36.4
126.	223	Anna Reeves	f		U/A Salford,	1:18:50.7	1:18:32.5
127.	310	Andi Herrick	f	Lady Veteran 40	Smiley Paces	1:18:56.5	1:18:46.3
128.	123	Abigail Hathway	f		Smiley Paces	1:19:00.0	1:18:55.7
129.	285	Nickey Russell	f	Lady Veteran 40	U/A Lancaster, Lancs	1:19:07.9	1:18:57.6
130.	326	Carl Dobson	m		U/A Wigton, Cumbria	1:19:09.1	1:18:42.4
131.	288	Jenn Ruddick	f		Clapham Chasers	1:19:10.0	1:18:46.7
132.	44	Tamsin Cass	f		Tynedale Harriers	1:19:17.4	1:19:05.6
133.	266	Alexandra Fairer	f		Ulverston Triathlon Club	1:19:17.8	1:19:13.4
134.	66	David Cummins	m	Veteran 40	U/A Preston, Lancashire	1:19:19.9	1:19:14.9

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
135.	219	Jason Preston	m	Veteran 40	U/A Penrith, Cumbria	1:19:24.3	1:19:05.5
136.	170	Claire Antrobus	f	Lady Veteran 40	York Knavesmire Harriers	1:19:41.1	1:19:32.0
137.	324	Jennifer Lapping	f	Lady Veteran 40	Jog on the Tyne	1:19:43.1	1:19:36.5
138.	237	Richard Toller	m	Veteran 60	Dundee Road Runners AC	1:19:47.9	1:19:31.6
139.	331	Caroline Evans	f		DH Runners	1:19:55.8	1:19:42.9
140.	160	Isobel Graham	f	Lady Veteran 50	U/A	1:20:01.2	1:19:38.6
141.	297	Rob Marshall	m	Veteran 50	Scunthorpe and District AC	1:20:10.9	1:19:59.0
142.	74	Glyn Smith	m	Veteran 70	Cambridge and Coleridge ac	1:20:17.6	1:19:56.6
143.	162	Mark Osborne	m	Veteran 50	Wakefield Triathlon club	1:20:22.1	1:20:13.9
144.	308	Caroline Oldfield	f		Harrogate Harries & A.C.	1:20:23.5	1:20:21.7
145.	188	Robert Foster	m	Veteran 40	North Shields Poly AC	1:20:32.1	1:20:25.9
146.	367	David Pickering	m		U/A Blackburn, Lancashire	1:20:46.3	1:20:16.2
147.	255	Paul Fisher	m		Wigan & district harriers	1:20:49.5	1:20:22.7
148.	315	Jonathan Buckley	m		U/A Frizington, Cumbria	1:20:51.4	1:20:47.1
149.	58	Nicola Raby	f	Lady Veteran 40	Chorley Athletic and Tri Club	1:21:27.0	1:21:10.8
150.	100	jane langham	f	Lady Veteran 50	smiley paces	1:21:31.3	1:21:25.0
151.	311	Jens Meierhenrich	m	Veteran 40	U/A London,	1:21:41.2	1:21:25.4
152.	283	Suzanne McArdle	f		U/A Carlisle, Cumbria	1:21:48.2	1:21:37.1
153.	271	James Walsh	m		Kirkby Stephen Grammar School	1:21:50.3	1:21:38.0
154.	227	Gavin Weidman	m	Veteran 40	U/A Stockton, Cleveland	1:22:06.3	1:21:44.9
155.	144	Lee Darch	m	Veteran 50	U/A Ellesmere Port, Cheshire	1:22:10.0	1:22:00.8
156.	289	Tom Finch	m		U/A Isle of Mull, Argyll	1:22:10.3	1:21:46.6
157.	249	David Smallwood	m	Veteran 40	U/A west auckland, durham	1:22:15.9	1:22:04.9
158.	318	Steve Webster	m	Veteran 40	unaffiliated	1:22:22.4	1:22:11.4
159.	332	Thomas Davison	m		U/A Stockton on Tees, County Durham	1:22:30.5	1:22:12.4
160.	225	Guy Lewcock	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:22:31.3	1:22:12.8
161.	215	Mark Twitchett	m	Veteran 40	U/A Leeds,	1:22:41.5	1:22:18.1
162.	316	Emma Jennings	f	Lady Veteran 40	Helm Hill Runners	1:22:46.8	1:22:24.4
163.	337	Paul Roche	m	Veteran 50	U/A Chester,	1:22:51.6	1:22:40.3
164.	306	Hannah Wignall	f		U/A Keswick, Cumbria	1:23:06.2	1:23:00.4
165.	217	David Cavill	m		U/A Otley, LEEDS	1:23:40.7	1:23:11.9
166.	54	Larry Horne	m	Veteran 50	Eden runners	1:23:46.7	1:23:29.1
167.	369	Rachel Hudson	f	Lady Veteran 40	U/A Todmorden,	1:23:59.7	1:23:39.6
168.	182	Chris Adams	m		I Wear Womens Knickers	1:24:03.8	1:23:54.1
169.	86	Christina McGuire	f	Lady Veteran 50	Lancaster & Morecambe	1:24:06.6	1:23:53.8
170.	65	Kay McGreevy	f	Lady Veteran 50	BMF Glasgow	1:24:08.5	1:23:47.6
171.	174	Nina Tomlin	f		Stockport Harriers	1:24:58.3	1:24:52.3
172.	70	Peter Myerscough	m	Veteran 60	Asics	1:25:14.5	1:24:50.7
173.	269	Chris Farrimond	m		U/A Wigan, Greater Manchester	1:25:20.5	1:24:54.1
174.	241	Rob Beer	m		Warrington triathlon club	1:25:28.0	1:25:12.9
175.	99	Fiona Panes	f	Lady Veteran 40	U/A Sheffield,	1:25:31.2	1:25:17.6
176.	370	Ben Hudson	m		U/A Todmorden,	1:25:31.4	1:25:11.3
177.	264	Jonathan Broadley	m	Veteran 40	U/A Newport Pagnell, Bucks	1:25:56.9	1:25:51.8
178.	28	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	1:25:58.6	1:25:38.0
179.	208	Jane Kirkby	f		U/A Sheffield,	1:26:01.6	1:25:39.7
180.	67	Michael Cummins	m	Veteran 50	U/A Lancashire,	1:26:30.2	1:26:25.6
181.	102	Isabelle Pound	f	Lady Veteran 50	Smiley Paces	1:26:34.3	1:26:21.2
182.	361	Catherine Peake	f		U/A Norton, Stockton on Tees	1:26:34.9	1:26:16.7
183.	122	karen stevens	f	Lady Veteran 40	Smiley paces	1:26:41.0	1:26:31.4
184.	29	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	1:26:56.4	1:26:35.6
185.	295	Hazel Robson	f		U/A Helton,	1:27:00.4	1:26:50.1
186.	87	Claire Platt	f		Tri Preston	1:27:15.0	1:27:08.3
187.	156	Chris Green	m	Veteran 40	U/A Derby, Derbyshire	1:27:22.8	1:26:58.8
188.	152	Catherine Lee	f		Elswick Harriers	1:28:07.0	1:27:50.5
189.	131	Ruth Ford	f	Lady Veteran 40	Washlands Women Runners	1:28:13.0	1:27:59.5
190.	121	Sophie Milner	f	Lady Veteran 40	Smiley Paces	1:28:16.9	1:28:04.9
191.	120	Maeve Largey	f		U/A Sheffield, South Yorkshire	1:28:21.0	1:28:09.8
192.	281	Suzy Beck	f		Pudsey Pacers	1:28:38.9	1:28:25.1
193.	181	Ian Moir	m	Veteran 40	British Military Fitness	1:28:40.4	1:28:15.6
194.	284	Matthew Skelton	m		U/A Leeds, West Yorkshire	1:28:43.9	1:28:29.5
195.	55	peter reed	m	Veteran 60	Northumberland Fell Runners	1:28:53.6	1:28:36.3
196.	274	June Harrison	f	Lady Veteran 40	U/A Chester, Cheshire	1:28:56.2	1:28:51.0
197.	77	Gill Cox	f		U/A Ambleside, Cumbria	1:28:57.3	1:28:35.7
198.	305	Catherine Kenning	f		U/A Wigton, Cumbria	1:28:58.7	1:28:27.6
199.	171	Lauren Hadfield	f		Washlands Womens Runners	1:29:06.1	1:28:52.5
200.	273	katie Georgeson	f		U/A liverpool,	1:29:15.1	1:28:44.5
201.	112	Pamela Leon	f	Lady Veteran 40	Smiley Paces	1:29:15.6	1:29:02.7

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202.	163	Michelle Tones	f	Lady Veteran 40	Wakefield Triathlon club	1:29:20.5	1:29:11.7
203.	88	John Humphryes	m		U/A Chester, Cheshire	1:29:28.8	1:29:06.7
204.	79	Sarah Nutt	f		U/A Stockport,	1:29:29.3	1:29:10.9
205.	172	Miyako Shimoji	f	Lady Veteran 40	City of York AC	1:29:36.6	1:29:27.5
206.	119	Sarah gibbon	f	Lady Veteran 40	Smiley Pacers, Sheffield	1:30:15.9	1:30:06.3
207.	365	Alan Smith	m	Veteran 40	U/A Eaglesham,	1:30:18.4	1:29:51.7
208.	261	David Smith	m	Veteran 50	U/A Manchester,	1:30:31.4	1:30:00.8
209.	132	Damien Cullington	m		U/A Leeds, West Yorkshire	1:30:38.5	1:30:13.5
210.	89	David Ferrier	m	Veteran 50	Keswick AC	1:30:45.7	1:30:20.7
211.	246	Patrick Duce	m		U/A Stoke Newington,	1:30:59.8	1:30:40.4
212.	154	Elizabeth Neil	f		Bmf Glasgow	1:31:06.7	1:30:43.9
213.	360	Sarah Bickford-Yates	f	Lady Veteran 40	U/A Garstang, LANCASHIRE	1:31:11.6	1:31:07.3
214.	359	jonathan yates	m	Veteran 40	U/A Garstang, LANCASHIRE	1:31:11.6	1:31:07.9
215.	98	Sarah Crossland	f		Smiley Paces	1:31:13.1	1:31:00.0
216.	133	Nick Pape	m	Veteran 40	Hermitage harriers	1:31:23.5	1:31:00.0
217.	335	Stephen Kiszow	m	Veteran 40	Sunderland Strollers	1:31:50.1	1:31:25.9
218.	135	Paddy Mcdonald	m	Veteran 60	Haddington Pacemakers	1:32:01.5	1:31:34.9
219.	230	Alexander Kington	m		U/A Sutton, Surrey	1:32:09.7	1:31:54.5
220.	141	Amanda Mellor	f	Lady Veteran 40	U/A Leeds, Leeds	1:32:49.8	1:32:23.6
221.	140	Joe Mellor	m	Veteran 50	U/A Leeds, ---Please Select---	1:32:50.3	1:32:24.5
222.	128	Clare Thompson	f		Smiley Paces	1:32:54.4	1:32:35.1
223.	109	Rosie Clegg	f	Lady Veteran 40	Smiley Paces	1:32:54.5	1:32:39.9
224.	103	Helen Walker	f	Lady Veteran 40	U/A Kendal, Cumbria	1:33:01.3	1:32:37.0
225.	203	Ruth Mcdonald	f	Lady Veteran 50	Bentham Beagles	1:33:15.5	1:32:47.8
226.	204	Dave Ramsay	m	Veteran 50	Bentham beagles running club	1:33:15.8	1:32:48.0
227.	232	Alison Jones	f		U/A Sheffield,	1:33:17.5	1:32:58.2
228.	226	Richard Mackey	m		U/A Stockton, Cleveland	1:33:24.4	1:33:03.3
229.	60	Richard Clements	m	Veteran 40	U/A Manchester,	1:33:52.4	1:33:33.0
230.	136	Jan Forster	f	Lady Veteran 40	U/A Leeds, West Yorkshire	1:34:07.7	1:33:44.4
231.	239	Iain Robertson	m	Veteran 40	U/A Corbridge, Northumberland	1:34:40.5	1:34:26.4
232.	20	Malcolm Marshall	m	Veteran 50	Scunthorpe & District AC	1:34:43.0	1:34:27.0
233.	129	Julie Peckett	f	Lady Veteran 50	Smiley Paces	1:35:55.1	1:35:41.0
234.	110	Claire MacDermott	f		Smiley Paces	1:35:57.4	1:35:39.0
235.	213	Emma Kamillo-Price	f		U/A Leeds, West Yorkshire	1:35:58.1	1:35:30.0
236.	214	Mark Price	m	Veteran 40	U/A Leeds, West Yorkshire	1:35:58.2	1:35:30.3
237.	146	Isabelle Booker	f		Smiley Paces	1:36:27.7	1:36:22.5
238.	117	Lotty Bradford	f		Smiley Paces	1:36:37.0	1:36:23.6
239.	68	David Devine	m	Veteran 50	U/A Glasgow, Scotland	1:36:42.2	1:36:17.9
240.	33	Graham Schofield	m	Veteran 60	Chorley Harriers	1:36:52.3	1:36:35.7
241.	207	Hazel Smith	f		U/A Isle of South Uist, Western Isles	1:36:55.1	1:36:32.9
242.	147	Amy Sixsmith	f		Elswick Harriers	1:37:30.1	1:37:10.0
243.	228	Glen Wiedman	m		U/A Carlisle,	1:37:51.3	1:37:29.4
244.	101	Peter BADKIN	m	Veteran 50	Abbey Runners	1:37:53.8	1:37:45.3
245.	51	Stephen Harding	m	Veteran 40	Jog Scotland	1:38:26.1	1:37:59.8
246.	339	Linda Rix	f	Lady Veteran 50	Manchester Fronrunners	1:39:18.5	1:38:52.9
247.	298	Jeanette Fisher	f	Lady Veteran 40	St Helens Striders	1:40:01.8	1:39:29.8
248.	352	Claire Blennerhassett	f		U/A Rsinford,	1:40:01.9	1:39:29.9
249.	299	Andy Fisher	m	Veteran 40	St Helens Striders	1:40:16.7	1:39:45.4
250.	290	Bruce Ruddick	m	Veteran 50	U/A Carlisle, Cumbria	1:41:32.2	1:41:07.4
251.	240	Patrick Stanley	m	Veteran 40	Victoria Park Running Club	1:42:46.8	1:42:31.5
252.	380	Doug Kington	m		Reigate Priory AC	1:43:45.2	1:43:29.7
253.	167	Fran Tomlin	f		U/A Edinburgh, Midlothian	1:44:40.7	1:44:34.4
254.	221	Rachel Tejera	f		U/A Merstham, Surrey	1:45:46.5	1:45:30.8
255.	113	Sandi Carman	f	Lady Veteran 40	Smiley Paces	1:47:03.9	1:46:50.1
256.	183	Julia Delaney	f	Lady Veteran 40	Smiley Paces	1:47:07.6	1:46:50.4
257.	191	Lily Dyu	f	Lady Veteran 40	U/A HEREFORD,	1:47:14.8	1:46:44.9
258.	192	Chris Cuncell	m	Veteran 50	U/A Hereford,	1:47:15.1	1:46:45.5
259.	134	Cath Wheen	f	Lady Veteran 40	Smiley Paces	1:47:21.1	1:47:02.9
260.	105	Bronwen Doyle	f	Lady Veteran 40	Smiley Paces	1:48:46.7	1:48:29.6
261.	115	Kerrys Clark	f	Lady Veteran 40	Smiley Paces	1:53:54.7	1:53:36.1
262.	138	Helen Michael	f		U/A Leeds,	1:57:01.4	1:56:35.6
263.	197	Laura Broatch	f		U/A Thornhill, Dumfries and galloway	1:58:31.0	1:58:02.2
264.	198	Jody Dempster	f		U/A Thornhill, Dumfries and galloway	1:58:32.4	1:58:03.8

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