

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
1.	415	Michael OPENSHAW	m	Vet 40	Birtly	1:05:08.6	1:04:58.1
2.	806	Paul MACFARLANE	m		Batala Mountain Runners	1:06:18.3	1:06:17.0
3.	555	Adam OLIVER	m		Unattached : Stourbridge	1:08:17.8	1:08:13.2
4.	857	Martin MIDDLEMISS	m	Vet 40	Mutzig Tri	1:09:07.9	1:09:07.5
5.	1081	Graeme MADDISON	m		Unattached - Liverpool	1:10:17.5	1:09:52.3
6.	1031	Jeremy LEFTON	m		Unattached : Windermere	1:10:47.0	1:10:21.3
7.	949	Gregory DU TERTRE	m		Unattached : Selby	1:11:00.4	1:10:53.9
8.	1008	Helen SMITH	f		Unattached : Market Rasen	1:11:05.9	1:11:04.9
9.	932	Joshua VINCENT	m		Unattached - Wigan	1:11:08.6	1:11:06.7
10.	1034	Michael WILLIAMS	m		Unattached : Chester	1:11:16.3	1:11:03.7
11.	760	Gope WALKER	m		Berkshire Tri Squad	1:11:51.7	1:11:51.0
12.	1076	Simon GREENWOOD	m	Vet 40	Unattached : Chester	1:12:30.0	1:12:28.4
13.	845	Mike HOPKINS	m	Vet 50	Unattached - Liverpool	1:12:34.3	1:12:04.6
14.	495	Clive STEELE	m	Vet 40	Unattached : Carlisle	1:13:03.1	1:13:02.9
15.	421	K Perrault	m			1:13:33.4	1:13:02.6
16.	864	Phil BEARD	m	Vet 40	Unattached	1:13:43.6	1:13:24.8
17.	1098	David LOGAN	m		Unattached - Brighouse	1:14:21.9	1:14:20.5
18.	888	Brian CULLEN	m		Unattached - Harrogate	1:14:33.5	1:14:27.8
19.	938	Charles COLBY	m	Vet 40	Bowland FR	1:14:40.9	1:14:38.2
20.	603	Steve BROWN	m	Vet 50	Unattached : Windermere	1:14:59.1	1:14:37.9
21.	836	Darren CARR	m		Unattached :	1:15:07.8	1:14:54.5
22.	843	Ingrid STORM	f		Chorlton Runners	1:15:09.6	1:15:08.4
23.	881	Jonathan FLETCHER	m	Vet 40	Bedale and Aiskew	1:15:14.6	1:15:09.8
24.	747	Mark DONOHUE	m		Unattached - Leeds	1:15:31.1	1:15:23.8
25.	777	Mark JONES	m		Unattached : Cookham	1:15:57.4	1:15:46.3
26.	1047	Ian MACNAMEE	m	Vet 40	Unattached : Breaston	1:15:59.0	1:15:51.7
27.	498	Andrew WADESON	m	Vet 40	Unattached - Lancaster	1:16:13.9	1:16:09.3
28.	797	Martin SMITHHURST	m	Vet 40	Unattached	1:16:16.6	1:16:14.5
29.	803	John MERCER	m	Vet 50	Unattached - Wigan	1:16:27.3	1:16:20.0
30.	959	Andrew PHILLIPS	m		Unattached - Manchester	1:16:37.4	1:16:34.5
31.	966	Shaun MCGLYNN	m		Unattached - Sunderland	1:17:49.5	1:17:41.3
32.	976	Janice HIGGINSON	f		Elswick Harriers	1:17:53.1	1:17:51.3
33.	648	Christopher ROBERTS	m	Vet 40	Unattached	1:18:07.0	1:17:50.8
34.	1079	Philip ROSE	m		Unattached - Liverpool	1:18:12.5	1:17:48.3
35.	707	Stuart HERRINGTON	m	Vet 40	Ilkley Harriers	1:18:15.6	1:18:07.3
36.	680	Andrew CORRIGAN	m	Vet 40	Carnethy Hill Rc	1:18:18.4	1:18:12.2
37.	1087	James CULL	m		Unattached - Liverpool	1:18:24.5	1:18:00.9
38.	505	David VAUGHAN	m		Unattached - Ormskirk	1:18:45.2	1:18:37.9
39.	891	Damian BURAKOWSKI	m		Edinburgh Running Network	1:19:08.2	1:18:45.4
40.	837	Peitr CUTLER	m		Unattached : Chorley	1:19:11.6	1:19:06.6
41.	516	Paul ROSS	m		Mac1 Fitness	1:19:15.6	1:19:12.4
42.	402	Julie MOORE	f	Lady Vet 40	Trismart	1:19:31.1	1:19:13.4
43.	762	Marc FISHER	m		Unattached : Bourne End	1:19:33.8	1:19:23.0
44.	898	Craig HETHERINGTON	m		Stirling Tri Club	1:19:37.2	1:19:03.7
45.	652	Dan LEWIS	m		Unattached : Kikoswald	1:19:40.3	1:19:33.9
46.	620	John ALEXANDER	m	Vet 40	Unattached - Kendal	1:19:52.8	1:19:52.8
47.	820	Gareth NICHOLSON	m		Unattached : Windermere	1:19:55.2	1:19:29.1
48.	631	Phillip HIGGINS	m	Vet 40	Kendal Tri Club	1:20:02.4	1:19:58.8
49.	497	Stephen HUYTON	m		Unattached - Ormskirk	1:20:06.9	1:20:00.3
50.	570	James HUXFORD	m		York Triathlon Club	1:20:07.5	1:20:00.6
51.	745	Mark SIMPSON	m		Unattached - Warrington	1:20:09.1	1:20:05.0
52.	1009	Michael LEMMY	m	Vet 40	Unattached - Manchester	1:20:11.8	1:20:11.3
53.	674	Tim WALDRON	m		Unattached - Liverpool	1:20:21.4	1:20:02.8
54.	740	Neil SIMPSON	m		Unattached - Warrington	1:20:33.3	1:20:29.3
55.	977	Peter LITTLE	m	Vet 40	Unattached	1:20:37.9	1:20:07.3
56.	459	Dale ALLTREE	m	Vet 40	Unattached : Haltwhistle	1:20:54.7	1:20:31.0
57.	799	Ben BRENNAN	m	Vet 40	Unattached : Poulton Le Fylde	1:20:59.4	1:20:39.4
58.	988	Michael RATHBONE	m	Vet 40	ua Alnwick	1:21:10.7	1:21:02.7

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
59.	1075	Andrew WITHERUP	m		Unattached - Southport	1:21:11.1	1:20:45.5
60.	995	John STEELE	m	Vet 50	Unattached - Wigton	1:21:33.8	1:21:26.0
61.	1027	Terry MOSS	m	Vet 40	Unattached - Preston	1:21:33.8	1:21:06.0
62.	683	Phil BABB	m	Vet 40	Unattached : High Wycombe	1:21:41.5	1:21:35.9
63.	906	Dave BARTRUM	m	Vet 40	Alnwick Harriers	1:21:54.5	1:21:38.0
64.	1055	Chris VINCENT	m	Vet 50	Unattached - Ormskirk	1:21:55.2	1:21:27.0
65.	567	Leanne JACKSON	f		Unattached : Millom	1:21:56.8	1:21:53.2
66.	856	Chris CULLEN	m	Vet 40	Stockport Tri	1:22:01.7	1:22:00.9
67.	475	Anne CASPI	f	Lady Vet 50	Mornington Chasers	1:22:03.1	1:21:58.2
68.	621	Pete LASHLEY	m	Vet 40	Unattached : Milnthorpe	1:22:11.0	1:21:39.9
69.	939	Angela COLBY	f	Lady Vet 40	Bowland FR	1:22:17.7	1:22:15.1
70.	578	Andrew HEMSLEY	m	Vet 50	Unattached - Penrith	1:22:43.4	1:22:20.3
71.	895	Paul DUNNE	m		Unattached : Kingslynn	1:22:56.5	1:22:24.7
72.	979	Matthew SNARR	m		Unattached	1:23:06.5	1:23:05.6
73.	782	Gillian LEE	f	Lady Vet 40	St Helen's Striders	1:23:09.2	1:22:50.1
74.	517	Trevor FRANCIS	m		Mac1 Fitness	1:23:23.7	1:23:20.6
75.	873	Trudy COYLE	f	Lady Vet 40	ua Largs	1:23:24.4	1:23:16.2
76.	492	Mark OPENSHAW	m		Unattached : Chester-Le-Street	1:23:24.9	1:23:13.7
77.	605	Alan PARKER	m	Vet 50	Unattached : Stoke On Trent	1:23:30.0	1:22:54.7
78.	844	Matt MCCAIRN	m		Unattached - St Helens	1:23:35.7	1:23:06.2
79.	975	Ryan FULTON	m		Unattached : Chester-Le-Street	1:23:35.7	1:23:27.3
80.	742	Stephen DAVIES	m		Unattached Durham	1:23:50.5	1:23:41.6
81.	744	Adam DUNN	m		Unattached - Newcastle	1:23:51.5	1:23:42.4
82.	705	Paul WALDRAM	m	Vet 40	Unattached - Bolton	1:23:57.2	1:23:55.2
83.	779	Matthew SMITH	m	Vet 40	Unattached - Lancaster	1:24:13.1	1:23:37.4
84.	717	Ruth DODWELL	f		Unattached - Lancaster	1:24:13.9	1:24:08.6
85.	947	Michael CROWE	m		Unattached - Sunderland	1:24:21.0	1:24:15.1
86.	964	Clare FOGDEN	f		Unattached - Manchester	1:24:27.8	1:24:23.3
87.	823	Ray PADGETT	m	Vet 60	Unattached :	1:24:43.4	1:23:18.2
88.	629	Robert FRY	m		Unattached - Wigan	1:25:16.5	1:24:55.0
89.	787	Bill MUMFORD	m	Vet 50	Unattached : Barford St Michael	1:25:26.1	1:25:17.0
90.	1007	Anna ANDERSON	f		Unattached - Edinburgh	1:25:29.4	1:25:25.4
91.	973	Frank TIPPIN	m	Vet 50	Unattached - Southport	1:25:35.2	1:24:46.8
92.	851	Peter COX	m		ua Tonbridge	1:25:36.4	1:25:24.0
93.	962	Delphine HORODYSKI	f		Mornington Chasers	1:25:36.8	1:25:33.9
94.	586	Roger HARRISON	m	Vet 50	Cheshire Hash House Harriers	1:25:49.0	1:25:35.6
95.	521	Guillaume SLEE	m		Unattached :Timperley	1:25:53.7	1:25:26.3
96.	1015	Chris MOORS	m		Unattached - Newcastle	1:26:00.4	1:25:59.2
97.	1048	Billie Jean WALCH	f		Unattached - Sheffield	1:26:10.7	1:25:38.2
98.	643	Lynne SWEENEY	f	Lady Vet 50	Unattached : Windermere	1:26:11.8	1:25:49.8
99.	838	Alex KAVANAGH	m	Vet 40	Unattached - Newcastle	1:26:17.5	1:26:10.0
100.	583	Susan PRITCHARD	f	Lady Vet 40	Unattached - Manchester	1:26:20.6	1:25:58.0
101.	1049	Lindsey MAIDMENT	f		Unattached - Sheffield	1:26:21.0	1:25:47.9
102.	790	Sarah POOL	f	Lady Vet 40	Unattached : Langholm	1:26:24.3	1:25:54.3
103.	582	Andrew DRAPER	m		Unattached - Blackpool	1:26:26.5	1:26:03.7
104.	684	Karen BABB	f	Lady Vet 40	Unattached : High Wycombe	1:26:29.9	1:26:24.0
105.	858	Deborah CURLE	f	Lady Vet 50	Unattached : Carlisle	1:26:31.4	1:26:30.7
106.	1026	Chris MARRITT	m		Unattached : Altrincham	1:26:33.0	1:26:16.1
107.	689	Helen GARTH	m	Vet 40	Unattached - Preston	1:26:41.8	1:26:39.5
108.	690	Jamie LITTLEWOOD	m	Vet 40	Unattached - Preston	1:26:43.2	1:26:40.8
109.	781	Stuart BELL	m	Vet 50	Kendal AC	1:26:49.1	1:26:32.9
110.	453	Darren GILLMAN	m	Vet 40	Cambridge & Coleridge	1:26:51.9	1:26:16.9
111.	696	William POWIS	m		Unattached - Newcastle	1:26:56.3	1:26:10.9
112.	967	Katie GREAVES	f		Chorlton Runners	1:26:58.1	1:26:42.5
113.	591	David COOKE	m		Unattached : Doncaster	1:27:00.1	1:26:37.2
114.	835	Stephen WILSON	m	Vet 40	Unattached :	1:27:08.5	1:26:56.0
115.	798	Richard WATSON	m	Vet 40	Unattached	1:27:13.0	1:27:10.7
116.	729	Neil BRANNELLY	m	Vet 40	Unattached - Prescott	1:27:14.8	1:27:14.8

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
117.	818	Ashley KAYE	m		Unattached : Garforth	1:27:16.9	1:27:11.7
118.	653	Susan CHILTON	f	Lady Vet 50	Lune Valley Hash House	1:27:19.3	1:27:15.1
119.	993	Peter DOBBS	m		Unattached : Milton Keynes	1:27:20.4	1:27:09.1
120.	935	Dominic POPE	m	Vet 40	Unattached : Ulverston	1:27:23.1	1:26:46.8
121.	945	Richard PENNOCK	m	Vet 40	Unattached : Bridgend	1:27:25.6	1:26:54.2
122.	758	Barry GREEN	m		Unattached : Cookham	1:27:51.1	1:27:39.9
123.	718	Elizabeth HOUGH	f		Unattached - Lancaster	1:28:01.5	1:28:01.2
124.	454	Katie SAMUELSON	f		Cambridge & Coleridge	1:28:04.9	1:27:31.3
125.	825	Neil KING	m	Vet 50	Unattached - Huddersfield	1:28:09.5	1:28:02.0
126.	704	Fay SMITH	f	Lady Vet 40	Unattached - Bolton	1:28:11.7	1:28:09.6
127.	612	Robert MYATT	m	Vet 50	Unattached - Stoke-on-Trent	1:28:18.4	1:27:42.3
128.	413	Karen FOSTER	f	Lady Vet 40	North Shields Polly	1:28:20.3	1:27:36.3
129.	503	Fiona JOHNSTON	f	Lady Vet 40	Parbold Pink Panthers	1:28:25.6	1:28:15.6
130.	614	Mark JESSON	m	Vet 40	Pendle Forest Orienteers	1:28:50.6	1:28:30.4
131.	890	Howard OKELY	m	Vet 60	Harmony AC	1:29:20.7	1:28:44.4
132.	594	Nigel WOLSTENHOLME	m		Unattached - Manchester	1:29:22.8	1:28:43.3
133.	414	Robert FOSTER	m	Vet 40	North Shields Polly	1:29:29.9	1:28:46.0
134.	850	Rob WALKER	m	Vet 50	Unattached - Bacup	1:29:35.6	1:29:17.4
135.	590	Stephen DRAPER	m		Unattached : Chorley	1:29:39.0	1:29:15.3
136.	499	Stuart TILL	m	Vet 40	ua Caton	1:29:42.9	1:29:37.2
137.	953	Jenny SIMPSON	f		North Shields Polly	1:29:50.3	1:29:05.7
138.	877	Oliver MATHAI	m	Vet 60	Unattached - London	1:29:53.5	1:29:20.5
139.	926	Shaun JOUGHIN	m	Vet 40	Unattached - Guisborough	1:30:03.8	1:29:31.7
140.	759	James BARRY	m		Unattached : High Wycombe	1:30:12.4	1:30:02.1
141.	916	Mark FIDLER	m	Vet 40	Delamere Spartans	1:30:17.4	1:29:41.2
142.	889	Kathleen BATTY	f		Carlisle Triathlon	1:30:23.2	1:30:18.1
143.	866	Michael PICKARD	m	Vet 50	Unattached : Leeds	1:30:26.9	1:29:49.8
144.	726	Philip LYNN	m		Unattached : Grimsby	1:30:39.3	1:30:24.5
145.	450	Helen HALSALL	f	Lady Vet 40	Unattached : Altrincham	1:30:41.4	1:30:35.4
146.	768	Hilary PAGE	f	Lady Vet 50	Unattached - Hebden Bridge	1:30:43.8	1:30:39.3
147.	960	Louisa PHILLIPS	f		Unattached - Manchester	1:30:46.5	1:30:43.9
148.	970	Michael RAFFERTY	m		Unattached : Cremlington	1:31:03.3	1:31:09.5
149.	950	Kirsten DU TERTRE	f		Unattached : Surrey	1:31:06.8	1:31:00.0
150.	506	Emma DENT	f		Unattached - Kendal	1:31:10.6	1:31:03.9
151.	931	Laura IRVING	f		Unattached - Newcastle	1:31:13.4	1:30:50.5
152.	610	William GRAYSON	m	Vet 50	Unattached - Manchester	1:31:29.2	1:30:34.7
153.	928	Charlotte LOGIE	f		Unattached : Aston	1:31:47.1	1:31:21.0
154.	1044	Alison CHALMERS	f		SWITZERLAND	1:32:22.3	1:31:41.7
155.	807	Jenny WROE	f		Batala Mountain Runners	1:32:23.7	1:31:52.3
156.	951	Claire BLANCHFORD	f		Unattached : Peterborough	1:32:29.4	1:32:20.6
157.	647	Jason DIXON	m	Vet 40	Unattached - Kendal	1:32:32.1	1:31:53.2
158.	727	Patrick GOVER	m	Vet 50	Unattached : Grimsby	1:32:36.7	1:32:21.4
159.	633	Joanna DUNCAN	f		Unattached - Kendal	1:32:42.6	1:32:31.2
160.	562	Helen DEASON	f	Lady Vet 40	Dallam RC	1:32:47.5	1:32:35.8
161.	996	Rebecca ROBSON	f		Unattached : Warminster	1:32:54.1	1:32:46.9
162.	753	Steve JOBSON	m	Vet 40	Yoga-Spirit international	1:33:08.1	1:32:17.0
163.	821	George CRAIG	m	Vet 50	Unattached : Tynemouth	1:33:11.3	1:33:07.0
164.	641	Anne MACFARLANE	f	Lady Vet 50	Unattached : Dumfries	1:33:12.8	1:33:09.1
165.	508	Ginny NEWMAN	f	Lady Vet 50	Unattached - Manchester	1:33:14.0	1:32:43.8
166.	901	Duncan MILNE	m		Unattached : Northborough	1:33:14.8	1:32:57.4
167.	1011	Louise LANGMEAD	f	Lady Vet 40	Unattached - London	1:33:15.2	1:32:38.7
168.	884	Joe PARKINS	m	Vet 40	Unattached - Kendal	1:33:20.8	1:33:08.6
169.	1010	David RAMPTON	m	Vet 60	Unattached - London	1:33:23.3	1:32:49.2
170.	814	Martin HENDERSON	m	Vet 40	Unattached - Preston	1:33:29.1	1:33:20.0
171.	411	Sarah HORNBY	f		Unattached - Wigan	1:33:41.7	1:33:05.1
172.	711	Shiran YAKOBI	f	Lady Vet 40	RSCAC	1:33:41.8	1:33:31.5
173.	815	Mark CUERDEN	m	Vet 50	Unattached - Preston	1:33:45.7	1:33:37.0
174.	978	Helen LITTLE	f	Lady Vet 40	Unattached	1:33:49.2	1:33:18.3

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175.	675	Chris SMART	m		Unattached - Halifax	1:33:49.3	1:33:37.5
176.	502	Liam MODEN	m	Vet 40	Unattached - Haslingden	1:33:50.9	1:33:26.3
177.	708	Liz PRICE	f	Lady Vet 40	Ilkley Harriers	1:33:51.0	1:33:11.3
178.	793	Charles SATTERLY	m	Vet 40	Lancaster & Morcambe AC	1:33:52.3	1:33:31.7
179.	749	Debbie WATSON	f		Unattached : Leeds	1:33:52.8	1:33:40.8
180.	599	Igal NAGAR	m	Vet 50	Unattached : Sutton Coldfield	1:33:54.6	1:33:44.7
181.	477	Clare LAYBOURN	f	Lady Vet 40	Unattached - Edinburgh	1:33:55.8	1:33:46.5
182.	1040	Sarah WALCH	f		Penistone	1:33:59.7	1:33:26.5
183.	531	Richard CROSSLEY	m	Vet 40	Unattached : Stafford	1:34:00.6	1:33:36.9
184.	879	John PARRY	m		Unattached :	1:34:01.2	1:33:48.3
185.	839	Helen WILDING	f	Lady Vet 40	Unattached - Newcastle	1:34:01.8	1:33:54.0
186.	958	Pella FROST	f		Unattached - London	1:34:07.6	1:33:52.8
187.	954	David LUNAN	m	Vet 60	Unattached - Leyland	1:34:15.5	1:33:57.2
188.	955	Amanda HALL	f		ua North Shields	1:34:18.3	1:33:33.4
189.	1078	Sebastian CLOHERTY	m		Unattached : West Kirby	1:34:20.1	1:33:30.8
190.	1080	Matthew JENKINS	m		Unattached - Liverpool	1:34:23.8	1:33:34.7
191.	401	Clayare LYONS	f	Lady Vet 50	Crosby Stormers	1:34:25.9	1:34:02.1
192.	638	Ruth BESFORD	f	Lady Vet 40	Unattached : St Helens	1:34:30.5	1:34:11.0
193.	812	Stuart WARING	m		Unattached - Blackburn	1:34:32.4	1:34:26.8
194.	642	Sean MCGLEENAN	m	Vet 50	Unattached - Dumfries	1:34:53.0	1:34:49.3
195.	1068	Rachel MCCOY	f		Alnwick Harriers	1:34:59.7	1:34:39.1
196.	479	David CHALMERS	m	Vet 60	Unattached : Symington	1:35:01.4	1:34:49.3
197.	635	Simon JONES	m	Vet 40	Unattached : Sawbridgeworth	1:35:05.4	1:34:41.3
198.	1053	Owen DAVIES	m	Vet 60	Unattached : Sedbergh	1:35:19.3	1:35:03.0
199.	404	David GREEN	m	Vet 50	100 Marathon Club	1:35:25.0	1:34:56.4
200.	887	Tony AINSWORTH	m	Vet 40	Unattached - Kendal	1:35:30.2	1:35:16.7
201.	469	Viv SAMUELSON	f		Swinton Running Club	1:35:30.9	1:34:57.0
202.	716	Kath LAMBERT	f		Unattached - Leeds	1:35:33.5	1:34:53.2
203.	946	Marianne MITCHELL	f	Lady Vet 40	Ware Joggers	1:35:35.9	1:34:47.5
204.	751	Maxine GEARY	f	Lady Vet 40	Yoga Spirit International	1:35:36.7	1:34:46.2
205.	644	David OXLEY	m	Vet 50	Unattached - Horncastle	1:35:37.9	1:35:17.4
206.	930	Nichola SWINBOURNE	f		Hartlepool Burn Road Harriers	1:35:54.0	1:35:31.7
207.	816	Rebecca GREAVES	f		Unattached - Blackpool	1:36:04.3	1:35:15.4
208.	869	Anna BRADY	f		Unattached : Brampton	1:36:16.4	1:36:03.5
209.	1006	Rachel HEATHCOTE	f		Hunters Bog Trotters	1:36:22.2	1:36:18.3
210.	755	Stephen DUFFY	m	Vet 50	Micks RR	1:36:30.5	1:36:27.0
211.	800	Mike SINCLAIR	m	Vet 50	Unattached - Warrington	1:36:38.5	1:36:30.5
212.	913	Kevin MATHER	m	Vet 50	Unattached - Warrington	1:36:40.4	1:35:57.9
213.	656	Nathan PAWLOWSKI	m	Vet 40	Kendal Tri Club	1:36:44.0	1:36:08.0
214.	1063	Stephen CURRY	m	Vet 50	Elswick Harriers	1:36:49.0	1:36:46.5
215.	1021	Julia FIDLER	f	Lady Vet 40	Unattached : Ellesmere Port	1:36:50.2	1:36:14.1
216.	999	Wayne SINGLETON	m		Unattached - Barrow in Furness	1:36:57.7	1:36:17.7
217.	830	Garry RICHARDS	m	Vet 50	Unattached - Wakefield	1:37:01.1	1:33:13.4
218.	607	Ann CARNEY	f	Lady Vet 50	Chorlton Runners	1:37:02.0	1:36:54.1
219.	824	Karen KING	f	Lady Vet 40	Unattached - Huddersfield	1:37:03.6	1:36:55.3
220.	580	Catherine POTTS	f		Unattached : Newton le Willows	1:37:07.1	1:36:26.1
221.	761	Sarah LITT	f		Silloth	1:37:08.8	1:36:33.8
222.	925	Ross SINGLETON	m	Vet 50	Unattached - Bristol	1:37:11.0	1:36:32.2
223.	461	Graeme LEE	m	Vet 40	Meltham AC	1:37:13.1	1:36:56.1
224.	686	Laura-Ann HARTLEY	f		Unattached - Blackpool	1:37:30.9	1:37:09.7
225.	685	Warren HARTLEY	m	Vet 40	Unattached - Blackpool	1:37:31.1	1:37:11.2
226.	874	Angela JONES	f		Unattached - Kendal	1:37:38.5	1:37:01.0
227.	878	Leo PONTON	m	Vet 50	Not fast Just Furious	1:37:54.7	1:37:33.1
228.	974	Susan TIPPIN	f	Lady Vet 50	Unattached - Southport	1:38:01.0	1:37:13.6
229.	1025	Deborah HAWKER	f	Lady Vet 40	Ellesmere Port Running Club	1:38:01.1	1:37:26.2
230.	952	Ian COOPER	m	Vet 40	Unattached Whitley bay	1:38:03.8	1:37:47.3
231.	452	Andrew TRAVIS	m	Vet 40	Unattached - Lancaster	1:38:09.9	1:38:04.1
232.	671	Helen JONES	f		Unattached : Burntisland	1:38:11.0	1:37:58.1

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
233.	826	Chris DUGGAN	m		Unattached : North Allerton	1:38:14.7	1:37:22.9
234.	907	Maureen BARTRUM	f	Lady Vet 40	Alnwick Harriers	1:38:21.1	1:38:04.5
235.	776	David CARTER	m		Unattached :	1:38:23.0	1:37:52.7
236.	560	Marie BAINBRIDGE	f		Unattached	1:38:24.6	1:38:14.7
237.	478	Jo FALCONER	f		Fellside Ladies	1:38:24.8	1:37:42.3
238.	627	Emma BOYD	f		Fellside Ladies	1:38:24.9	1:37:42.3
239.	1016	Helen WHITEHOUSE	f	Lady Vet 50	Dallam RC	1:38:31.8	1:38:20.3
240.	811	Elizabeth JAMESON	f		Unattached : Wetherby	1:38:32.1	1:37:44.7
241.	1050	Gaynor RILEY	f	Lady Vet 40	Unattached - Ilkley	1:39:00.5	1:38:50.8
242.	1060	Neil MACNEILL	m	Vet 40	Unattached - Edinburgh	1:39:01.8	1:38:16.7
243.	880	Amanda ANDERSON	f	Lady Vet 40	Unattached : Brompton on	1:39:06.7	1:38:53.0
244.	406	Morag Donoghue	f		Alnwick Harriers	1:39:09.5	1:38:53.0
245.	910	Nicky JEFFREY	f	Lady Vet 50	Tynedale Harriers	1:39:11.3	1:38:46.1
246.	682	Alison KITCHING	f	Lady Vet 40	Unattached : Lytham St Annes	1:39:16.2	1:38:56.5
247.	407	Eddie CRAGHILL	m		Unattached : Chorley	1:39:21.3	1:38:35.0
248.	493	Kevin KELLY	m		Unattached - Carnforth	1:39:28.2	1:38:58.1
249.	1051	Kevin BORLASE	m	Vet 50	Unattached : Carlisle	1:39:29.5	1:39:01.5
250.	872	Elaine STATHAM	f	Lady Vet 70	Unattached : Stoke On Trent	1:39:33.6	1:39:26.0
251.	721	Paul ROUND	m	Vet 40	Unattached : Birmingham	1:39:47.1	1:39:30.9
252.	676	Robert TERRY	m	Vet 40	Belper Harriers	1:39:51.7	1:39:40.0
253.	862	Jo VINCENT	f	Lady Vet 40	Unattached - Kendal	1:40:02.6	1:39:12.9
254.	1059	Ann NICHOLSON	f	Lady Vet 60	Unattached : Cartmel	1:40:05.4	1:39:42.4
255.	867	John STOUT	m	Vet 60	Unattached - Aughton	1:40:07.3	1:39:19.1
256.	1095	Lucy BARNES	f		Unattached - Lancaster	1:40:12.2	1:40:07.2
257.	1022	Karen ROBB	f		Unattached - Glasgow	1:40:35.5	1:39:54.1
258.	1023	Christopher ROBB	m	Vet 40	Unattached - Glasgow	1:40:35.7	1:39:53.7
259.	847	David KNAPPETT	m	Vet 40	Unattached - Stockport	1:40:44.7	1:40:00.5
260.	1085	Steve GOLDEN	m	Vet 40	Unattached - Runcorn	1:40:49.0	1:40:00.2
261.	1084	Helen LEARY	f		Ua Kirkby	1:40:49.3	1:39:59.9
262.	494	Stephen BROHAN	m	Vet 40	Unattached - Worcester	1:40:58.0	1:40:38.5
263.	1012	Victoria CARTER	f		Unattached :	1:41:07.0	1:40:36.4
264.	990	Angela COLES	f	Lady Vet 40	Unattached	1:41:20.0	1:40:49.1
265.	841	Michael PETTIGREW	m	Vet 50	Unattached - Blackburn	1:41:27.3	1:41:26.2
266.	846	Cathy KARN	f	Lady Vet 50	South Ribble Runners	1:41:35.0	1:40:57.8
267.	670	Dawn SAXBY	f	Lady Vet 50	Unattached - Harrogate	1:41:35.9	1:41:21.0
268.	1090	Penny HILL	f	Lady Vet 40	Roundhay Runners	1:41:36.4	1:41:18.4
269.	462	Janice ALLAN	f	Lady Vet 50	Unattached - Dumfries	1:41:36.5	1:41:21.1
270.	914	Gillian FELTON	f	Lady Vet 40	Valley Striders, Leeds	1:41:36.6	1:41:18.8
271.	724	Hilary STEPHENSON	f		Unattached : Leeds	1:41:38.1	1:41:05.9
272.	725	Craig STEPHENSON	m		Unattached : Leeds	1:41:38.2	1:41:05.9
273.	563	Pauline SHEARER	f	Lady Vet 40	Unattached - Runcorn	1:41:46.6	1:41:41.1
274.	786	Gina MUMFORD	f	Lady Vet 50	Unattached : Barford St Michael	1:41:46.7	1:41:22.1
275.	1002	Ruth MORGAN	f		Unattached - Edinburgh	1:41:49.2	1:41:45.6
276.	1064	Carol DAVISON	f	Lady Vet 40	Alnwick Harriers	1:41:53.8	1:41:36.7
277.	509	Stuart ROME	m		Unattached - Carlisle	1:41:55.7	1:41:28.4
278.	1061	Alison MACDONALD	f	Lady Vet 50	Unattached - Edinburgh	1:42:04.0	1:41:16.9
279.	412	Andrew WOOD	m	Vet 40	Unattached : Leigh-on-Sea	1:42:09.0	1:41:30.5
280.	489	Philippa MOORSE	f		Nidd Valley Road Runners	1:42:10.2	1:41:58.2
281.	1032	Jan PHILLIPS	f		Unattached : Near Oswestry	1:42:11.9	1:41:50.7
282.	1038	Ashley CUERDEN	m		Unattached - Preston	1:42:12.2	1:42:02.8
283.	813	Angela IRVING	f		Unattached : Silloth	1:42:17.6	1:41:42.3
284.	730	Johnny WILD	m	Vet 50	Lytham St Annes RRC	1:42:26.2	1:42:11.0
285.	784	Keith WISE	m	Vet 50	Unattached : Dalry	1:42:32.6	1:41:40.2
286.	1046	Christine TELLER	f	Lady Vet 50	Unattached : Austwick, N Yorks	1:42:48.3	1:41:59.5
287.	1033	Ben VILES	m		Unattached - Liverpool	1:42:52.4	1:42:03.1
288.	766	Helen WHITE	f	Lady Vet 40	Unattached - Sunderland	1:42:53.6	1:42:28.4
289.	804	Elizabeth ZAMBO	f	Lady Vet 40	Unattached - Southport	1:42:57.4	1:42:32.1
290.	738	Emma BURKE	f		Unattached - Sunderland	1:42:57.4	1:42:28.0

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
291.	737	Dave BURKE	m	Vet 60	Unattached - Sunderland	1:42:57.4	1:42:28.0
292.	796	Paul WHITEHEAD	m	Vet 50	Blackpool, Wyre & Fylde AC	1:43:07.9	1:42:55.7
293.	649	Jane DAVIES	f	Lady Vet 40	Unattached - Manchester	1:43:11.4	1:42:40.4
294.	639	Jill EZARD	f	Lady Vet 40	Unattached - Ilkley	1:43:15.7	1:43:05.4
295.	933	Stuart WHITTAKER	m	Vet 50	Hartlepool Burn Road Harriers	1:43:29.0	1:43:07.1
296.	465	Nancy MELROSE	f	Lady Vet 40	Unattached : Chorley	1:43:33.3	1:42:39.8
297.	486	Richard WHEATLEY	m	Vet 40	Redhill Road Runners	1:43:43.9	1:43:24.7
298.	915	Paul FELTON	m	Vet 40	Valley Striders, Leeds	1:43:49.9	1:43:31.3
299.	942	Rose EGAN	f	Lady Vet 50	Unattached : West Kirby	1:44:01.0	1:43:46.1
300.	464	Jan RAYNER	f	Lady Vet 40	Roundhay Runners	1:44:10.3	1:44:03.1
301.	598	Susan HEANEY	f	Lady Vet 50	Royton Road Runners	1:44:13.8	1:43:47.0
302.	870	Anne CROCKER	f	Lady Vet 40	Unattached - Manchester	1:44:14.6	1:43:41.6
303.	924	Matt CARTER	m	Vet 40	Unattached : Berkhamsted	1:44:16.6	1:43:36.6
304.	576	Dave MANGAN	m	Vet 50	Penny Lane Striders	1:44:18.5	1:43:32.6
305.	658	David GOODYEAR	m	Vet 40	Eccleshill Road Runners	1:44:29.8	1:43:57.7
306.	405	Ann KISLUK	f	Lady Vet 40	Eccleshill Road Runners	1:44:29.9	1:43:57.6
307.	474	Gary WHITELEY	m	Vet 40	Unattached - Manchester	1:44:32.7	1:43:47.8
308.	518	Gordon SLAYMAKER	m	Vet 70	Garstang RC	1:44:48.5	1:44:07.9
309.	943	Miyako SHIMOJI	f	Lady Vet 40	Unattached : York	1:45:02.8	1:44:14.7
310.	860	Sophie WILSON	m		Unattached - Threlkeld	1:45:03.6	1:44:30.7
311.	918	Emily ALSTON	f		Edinburgh Running Network	1:45:05.3	1:44:33.8
312.	595	Michelle MCCRORY	f		Unattached - Manchester	1:45:09.1	1:44:29.4
313.	829	Kath PADGETT	f	Lady Vet 50	Unattached - Wakefield	1:45:15.8	1:41:29.0
314.	817	Mark LOBB	m		Unattached : Leeds	1:45:28.3	1:45:22.3
315.	551	Andrew TAN	m		Unattached - Cheadle	1:45:32.6	1:44:30.8
316.	1058	Nina MCGREGOR	f		Unattached - Glasgow	1:45:38.6	1:45:25.4
317.	929	Greg SWINBOURNE	m	Vet 40	Hartlepool Burn Road Harriers	1:45:44.1	1:45:22.0
318.	1056	Jill COLBERT	f	Lady Vet 40	Manchester Tri Club	1:45:59.4	1:45:45.2
319.	998	Andy HOLOHAN	m	Vet 40	Unattached - Harrogate	1:46:09.4	1:45:29.9
320.	876	Lynn SMITH	f	Lady Vet 50	Crosby Stormers	1:46:25.3	1:46:01.5
321.	899	Sean BACKHOUSE	m	Vet 40	Unattached : Selby	1:46:31.9	1:46:08.4
322.	573	Lynne JARVIS	f	Lady Vet 40	Dallam RC	1:46:36.4	1:46:24.7
323.	882	Laura IREDALE	f		Unattached - Ambleside	1:46:40.1	1:46:24.9
324.	883	Rosie BOOTH	f		Unattached - Penrith	1:46:40.3	1:46:24.1
325.	852	Alison FORMBY	f	Lady Vet 40	Pinetops RC	1:46:41.6	1:46:28.3
326.	558	Julie WAREING	f	Lady Vet 40	Unattached : Chorley	1:46:44.3	1:46:35.7
327.	694	Gillian GRAVES	f	Lady Vet 50	Unattached - York	1:46:45.8	1:46:19.1
328.	559	Gavin SPICKETT	m	Vet 50	Tynedale Harriers	1:46:57.6	1:46:47.1
329.	1088	Colette DOWLING	f	Lady Vet 40	Unattached - Liverpool	1:47:05.0	1:46:26.5
330.	1082	Les MCKENNA	m	Vet 40	Unattached - Liverpool	1:47:05.3	1:46:26.8
331.	1039	Leanne DAY	f	Lady Vet 40	Unattached - Keswick	1:47:05.4	1:46:45.5
332.	997	Kate LEE	f		Unattached - Manchester	1:47:06.5	1:47:00.2
333.	788	Petrina CASSELL	f	Lady Vet 50	Unattached : Barford St Michael	1:47:10.9	1:46:46.0
334.	524	Shirley CONNER	f	Lady Vet 40	Unattached Darlington	1:47:21.7	1:47:05.3
335.	523	Kate SCHWEIZER	f	Lady Vet 40	Quakers Running Club	1:47:21.9	1:47:05.7
336.	400	Tina MILLER	f	Lady Vet 50	GRC Tri	1:47:23.4	1:46:57.5
337.	922	Frances TOMLIN	f		Unattached - Edinburgh	1:47:23.4	1:46:57.2
338.	1000	Chris CHADWICK	m	Vet 40	Unattached : Hull	1:47:45.3	1:47:04.5
339.	533	David CASSELS	m	Vet 50	Rocktart Runners	1:47:54.6	1:47:34.1
340.	532	Lorna GAMBERINI	f	Lady Vet 50	Rocktart Runners	1:47:54.7	1:47:33.4
341.	809	Anna MCCLARNON	f	Lady Vet 40	Unattached : Eastleigh	1:48:02.5	1:47:37.8
342.	1036	John SLATER	m	Vet 50	Unattached - Carnforth	1:48:13.9	1:47:56.0
343.	904	Richard POYNTON	m	Vet 40	Unattached - Wigan	1:48:17.4	1:47:48.2
344.	581	Erin BOLTON	f	Lady Vet 40	Unattached : Oswaldtwistle	1:48:37.6	1:47:47.9
345.	855	Cathy JONES	f	Lady Vet 40	Unattached - Liverpool	1:48:40.7	1:48:27.1
346.	819	Victoria BARKER	f	Lady Vet 40	Unattached : Altrincham	1:48:49.2	1:48:20.8
347.	697	Victoria SEWELL	f		Unattached - Kendal	1:48:54.4	1:48:07.7
348.	853	Angela LARSON	f	Lady Vet 50	Pinetops RC	1:48:56.9	1:48:43.3

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
349.	491	Michael SCOTT	m	Vet 50	ua Stockton on Tees	1:49:11.2	1:48:20.8
350.	1037	Donna PICKUP	f		Unattached - Leyland	1:49:17.4	1:48:24.0
351.	484	Steven ALLIN	m	Vet 50	Unattached : Chorley	1:49:18.1	1:48:25.3
352.	587	Jane WHEATLEY	f	Lady Vet 40	Unattached : Nottingham	1:49:33.1	1:49:14.3
353.	1018	Lois TACK	f		North Shields Polly	1:49:33.8	1:48:48.2
354.	961	Sylvie HEATH	f		North Shields Polly	1:49:33.9	1:48:47.7
355.	1019	Gemma THOMPSON	f		North Shields Polly	1:49:34.0	1:48:48.6
356.	892	Jennifer WILLIAMS	f	Lady Vet 50	Stormers	1:49:37.9	1:49:30.4
357.	894	Alison BELFORD	m	Vet 50	Formby Stormers	1:49:38.5	1:49:31.1
358.	1003	Alison HANION	f		Unattached - Edinburgh	1:50:01.7	1:49:58.5
359.	710	Jo REELY	f	Lady Vet 40	Boldmere KB Club	1:50:04.7	1:49:53.9
360.	515	Jane MARSHALL	f	Lady Vet 40	Unattached - York	1:50:09.4	1:49:35.3
361.	1052	Jennie DAVIES	f	Lady Vet 60	Unattached : Sedbergh	1:50:16.7	1:49:59.4
362.	482	Eilidh SIMPSON	f	Lady Vet 50	Unattached : East Kilbride	1:50:18.4	1:49:42.5
363.	944	Beverley HUGHES	f	Lady Vet 50	Crosby Stormers	1:50:19.4	1:49:55.3
364.	1057	Fiona SUTHERLAND	f	Lady Vet 50	Unattached : York	1:50:25.0	1:49:44.0
365.	706	Amanda POPPLETON	f	Lady Vet 50	ua Baildon	1:50:25.6	1:49:44.9
366.	657	Sue TUPLING	f	Lady Vet 40	Unattached - Otley	1:50:25.9	1:49:41.7
367.	805	Elizabeth RATTIGAN	f		Unattached : Douglas	1:50:26.0	1:49:42.3
368.	757	Gareth TAYLOR	m		Unattached - Kendal	1:50:38.1	1:50:10.5
369.	619	Kev KENDAL	m	Vet 40	Howgill Harriers	1:51:03.4	1:50:28.9
370.	789	Vivienne LUMB	f	Lady Vet 50	Unattached - Kendal	1:51:17.6	1:51:04.2
371.	473	Amy CALDERBANK	f		Unattached : Chorley	1:51:50.4	1:50:57.8
372.	466	Sharon SUTCLIFFE	f	Lady Vet 40	Unattached : Chorley	1:51:52.4	1:50:59.2
373.	1074	Timothy SHEPHERD	m	Vet 40	Alnwick Harriers	1:52:00.3	1:51:38.2
374.	630	Sabine SCHINDLER	f	Lady Vet 40	Unattached Durham	1:52:01.9	1:51:13.8
375.	808	Sarah CORBETT	f		Japenese Muscle	1:52:02.2	1:51:29.8
376.	1041	Suzanne BIRCHALL	f		Unattached - Warrington	1:52:06.0	1:51:31.6
377.	1014	Rob FORDHAM	m		Unattached - Glasgow	1:52:19.5	1:51:50.8
378.	1013	Steph FIELD	f		Unattached - Glasgow	1:52:20.3	1:51:51.2
379.	956	Heather THOMPSON	f		Unattached - Coventry	1:52:22.0	1:51:37.9
380.	842	Amy BROOKES	f		Unattached : Chorley	1:52:26.5	1:51:49.0
381.	833	Kerry DAVIDSON	f	Lady Vet 40	Unattached : Leicester	1:52:27.1	1:51:34.0
382.	695	Alisdair AU-YONG	m		Unattached	1:52:27.6	1:51:32.3
383.	552	Ann LISTER	f	Lady Vet 60	Glasgow Running Network	1:52:41.5	1:51:47.6
384.	420	Allison Pollard	f	Lady Vet 50		1:52:42.0	1:51:48.0
385.	418	Elizabeth SLOAN	f	Lady Vet 40	Glasgow Running Network	1:52:42.9	1:51:49.6
386.	723	Simpson OVANS	m		Unattached : Malvern	1:52:58.4	1:52:27.4
387.	722	Helen OVANS	f		Stowmarket	1:53:04.4	1:52:32.7
388.	564	Margaret MOORE	f	Lady Vet 60	Unattached : Paisley	1:53:20.0	1:52:26.4
389.	527	Janice METCALF	f	Lady Vet 50	Preston Harriers	1:53:40.1	
390.	1070	Rhona LAWSON	f		Alnwick Harriers	1:53:40.5	1:53:19.3
391.	731	Deirdre DOBSON	f	Lady Vet 40	Unattached : Ulverston	1:53:51.3	1:53:31.5
392.	732	Catherine HUMPHREYS	f	Lady Vet 40	Unattached : Ulverston	1:53:52.1	1:53:31.8
393.	902	Rosalind DYDE	f	Lady Vet 50	Winston Runners	1:54:10.8	1:53:29.2
394.	912	Carron LANE	f	Lady Vet 50	Winston Runners	1:54:28.8	1:53:47.5
395.	1004	Elizabeth GARTSHORE	f	Lady Vet 60	Pensby Running Club	1:54:33.5	1:53:51.4
396.	733	Ryan BANKS	m		Unattached : Pontefract	1:54:37.1	1:53:46.6
397.	678	Richard EDNEY	m		Unattached - Preston	1:54:43.8	1:54:25.2
398.	736	Gemma MACHEN	f		Unattached : Pontefract	1:54:55.3	1:54:05.6
399.	957	Andrew THOMPSON	m		Unattached - Coventry	1:55:14.7	1:54:25.6
400.	468	Amanda BENSON	f		Unattached : Leeds	1:55:22.0	1:55:14.7
401.	1072	Laura RICE	f		Alnwick Harriers	1:55:44.0	1:55:22.1
402.	698	Alison JILKS	f		Unattached - Kendal	1:55:44.1	1:54:57.9
403.	625	Anthony JENNER	m	Vet 40	Unattached - Sunderland	1:55:56.8	1:55:55.5
404.	624	Giselle DUDLEY	f	Lady Vet 50	Unattached - Sunderland	1:55:56.8	1:55:55.1
405.	501	Paula SWAN	f	Lady Vet 40	Unattached - Dumfries	1:56:05.9	1:55:51.0
406.	828	Andree ROSE	f	Lady Vet 40	Unattached : Tarporley	1:56:06.0	1:55:31.0

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
407.	571	Sharon WHITE	f	Lady Vet 40	Unattached - Kendal	1:56:08.8	1:55:25.8
408.	728	Iain WOOD	m	Vet 40	Unattached - Ormskirk	1:56:57.5	1:56:42.6
409.	21	Lindsey HIGHAM	f	Lady Vet 40	Lancaster & Morcambe AC	1:57:01.1	1:56:09.8
410.	455	Lucy MAGGIORI	f	Lady Vet 40	Unattached - Dumfries	1:57:15.4	1:57:00.4
411.	865	Lorna SEAL	f	Lady Vet 40	Styal Running Club	1:57:20.6	1:57:17.6
412.	483	Penny MORETON	f	Lady Vet 50	Black Combe	1:57:40.8	1:57:01.1
413.	403	Angela SALTER	f		Unattached : Iianymyneck	1:57:47.5	1:57:26.3
414.	885	Stephen TOWARD	m	Vet 40	Gainsborough & Morton	1:58:12.6	1:57:49.4
415.	886	Vicky TOWARD	f	Lady Vet 40	Gainsborough & Morton	1:58:12.6	1:57:49.9
416.	940	Charlotte HAINES LYON	f	Lady Vet 40	ua Selby	1:58:24.5	1:58:07.3
417.	765	Helen REES	f		Chorlton Runners	1:58:26.7	1:57:48.2
418.	1073	Ron MCCORMACK	m	Vet 60	Alnwick Harriers	1:58:54.7	1:58:37.3
419.	756	Daniel LAING	m		Unattached : York	1:58:57.2	1:58:14.4
420.	632	Catherine LAING	f		VCAC	1:58:57.3	1:58:15.0
421.	419	Dawn Fortun	f			1:59:30.0	1:58:59.6
422.	720	Dave COPE	m	Vet 60	Unattached - Kendal	1:59:36.1	1:58:50.4
423.	783	Kirsty WISE	f		Unattached : Dalry	1:59:47.6	1:58:55.2
424.	637	Anita HALL	f	Lady Vet 40	St Helen's Striders	1:59:59.8	1:59:33.2
425.	534	Caroline VITTY	f	Lady Vet 50	Unattached - Liverpool	2:00:12.1	1:59:30.7
426.	596	Caroline KENYON	f	Lady Vet 50	Unattached - Liverpool	2:00:12.4	1:59:30.3
427.	1062	Mark HUME	m	Vet 60	Alnwick Harriers	2:00:34.5	2:00:21.7
428.	719	Helen SMITH	f	Lady Vet 40	Lakeland Cross Country Ski	2:00:46.8	2:00:00.0
429.	923	Barbara SHIRT	f	Lady Vet 60	Totley AC	2:00:50.6	2:00:41.7
430.	936	Jeanette MCCORMACK	f	Lady Vet 50	Crosby Stormers	2:01:15.7	2:00:50.4
431.	1029	Martin MICELI	m		Unattached : Northwich	2:01:26.8	2:00:44.0
432.	623	Jane AMBLER	f		Razzers Runners	2:01:27.3	2:00:44.2
433.	409	Niki STOCKTON	f	Lady Vet 40	Swinton Running Club	2:03:05.6	2:02:35.7
434.	871	Mick STATHAM	m	Vet 70	Unattached : Stoke On Trent	2:03:14.3	2:02:39.9
435.	1091	Gerald BRADLEY	m	Vet 40	Unattached : West Cornforth	2:04:08.0	2:03:20.8
436.	645	Charmian ROBSON	f	Lady Vet 70	St Bees Triers	2:05:40.2	2:04:50.6
437.	774	Eleanor ABRAHAMS	f	Lady Vet 40	Unattached : Tadley	2:05:42.0	2:05:04.6
438.	1001	Nikki KNAPPETT	f	Lady Vet 40	Bramhall Runners	2:07:48.1	2:07:03.3
439.	937	Marie CAVEEN	f	Lady Vet 60	Crosby Stormers	2:08:10.8	2:07:45.3
440.	802	Catherine MERCER	f	Lady Vet 50	ua Wigan	2:09:24.0	2:08:32.8
441.	470	Alison NORDON	f	Lady Vet 40	Unattached : Paisley	2:09:39.4	2:08:48.1
442.	408	Lisa WHITEHEAD	f	Lady Vet 40	Swinton Running Club	2:10:10.2	2:09:41.0
443.	410	Kate JONES	f	Lady Vet 50	Unattached : Eccles	2:10:12.5	2:09:43.2
444.	989	Maxine GRIMSHAW	f	Lady Vet 50	WalkB4Urun	2:13:09.9	2:12:25.7
445.	775	Sarah BURROWS	f		Unattached : Tadley	2:14:04.3	2:13:26.5
446.	628	Vince KELLY	m	Vet 40	Leverets	2:14:04.6	2:13:27.9
447.	557	Maureen KELLY	f	Lady Vet 40	Leverets	2:14:04.6	2:13:26.2
448.	693	Tracey WAKE	f	Lady Vet 40	Spenborough & District AC	2:15:22.1	2:14:47.0
449.	984	Steven HAMBLETT	m	Vet 40	Unattached - Warrington	2:15:45.8	2:14:50.4
450.	767	Jennifer TURNER	f		Chorlton Runners	2:16:21.6	2:15:43.2
451.	679	Emma MATTHEWS	f	Lady Vet 40	Unattached : Chester-Le-Street	2:17:07.9	2:17:02.6
452.	748	Helen STEVENS	f		Chorlton Runners	2:20:25.3	2:19:46.0
453.	982	Rachel PEEL	f	Lady Vet 40	Unattached Durham	2:20:25.3	2:19:58.5
454.	983	David TOTH	m	Vet 40	Unattached Durham	2:20:25.3	2:19:57.9
455.	752	Catherine CUTTS	f		Chorlton Runners	2:20:40.9	2:20:01.7
456.	646	Chris ROBSON	m	Vet 70	St Bees Triers	2:23:37.0	2:22:44.9
457.	981	Christine WINCH	f		Unattached : South Tyneside	2:25:31.5	2:24:45.1
458.	618	Ian HOLLOWAY	m	Vet 60	Unattached : Whitley Bay	2:27:14.1	2:27:03.7
459.	519	Edwina RICKARDS	f	Lady Vet 50	Nordic Walker	2:27:26.6	2:26:41.9
460.	801	Karen BRADDON	f	Lady Vet 60	Unattached - Lancaster	2:27:27.2	2:26:43.1
461.	416	John GRIFFITHS	m	Vet 50	Preston Harriers	2:27:29.6	2:26:45.6
462.	681	Emma MARSHALL	f		ua Selby	2:27:31.4	2:27:11.2
463.	522	Keith HARDCASTLE	m	Vet 50	Unattached - York	2:28:31.8	
464.	919	Carl LOCKWOOD	m	Vet 50	Unattached : Leeds	2:29:40.3	2:29:05.3

Lakeland Trails Helvellyn

Helvellyn Trail Challenge 15km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
465.	750	Jan MAKINSON	f	Lady Vet 50	WalkB4Urun	2:32:28.6	2:31:44.6
466.	1069	Kate LAWSON	f		Alnwick Harriers	2:37:36.5	2:37:07.9
467.	1067	Angie EMBLETON	f	Lady Vet 40	Alnwick Harriers	2:37:36.5	2:37:08.5
468.	1066	Sheona DUFFY	f	Lady Vet 40	Alnwick Harriers	2:37:37.4	2:37:10.3

Number of records: 468