

## Trail Run 10k

Pos	Gender Pos	Bib	Name	Age Cat	Club	Finish Time
<b>Trail Run 10k</b>						
1	1	557	William Laye	M	Howgill Harriers	0:50:52
2	2	702	Scott Smith	MV 50	Hoad Hill Harriers	0:51:03
3	3	421	Benjamin Davison	M		0:52:01
4	4	452	William Fish	M	Lancaster and Morecambe AC	0:53:49
5	5	422	Joshua Davison	M		0:53:50
6	6	183	Stephen Walker	MV 40	Tadcaster Harriers	0:54:44
7	1	369	Emily Carpenter	GU25	Preston Harriers	0:55:01
8	7	153	Macauley Bond	M		0:56:07
9	2	621	Charli Moxham	GU25		0:56:15
10	8	362	Phil Burns	MV 40	Stockport Harriers	0:56:18
11	9	589	Shaun Malone	MV 40		0:57:02
12	10	336	Oliver Blenkinsop	M	Teesdale Triathlon Club	0:57:34
13	3	535	Millie Jebb	GU21	Helm Hill Runners/Inov8	0:59:08
14	11	681	John Rourke	M		0:59:45
15	12	134	William Richardson	MV 50	Irvine Running Club	1:00:24
16	13	149	Thomas Bateson	M	LBC Tractors	1:01:02
17	14	198	Rob Clayton	MV 40	Lancaster & Morecambe AC	1:01:52
18	4	529	Sarah Ingram	F		1:02:35
19	15	195	Matthew Ashton	MV 40	Bad Boy Running Club	1:02:42
20	5	391	Annie Conway	FV 40		1:03:02
21	16	428	Martin Dick	MV 50	Red rose road runners	1:04:20
22	6	372	Jennifer Casson	FV 40		1:04:33
23	17	158	Patrick Cahill	MV 40		1:05:13
24	18	425	Benjamin de Laune	MV 40	Abingdon AC	1:05:25
25	19	805	Andrew Fleck	MV 60		1:05:26
26	20	521	Alan Huggon	MV 50	Border Reiver Runners	1:05:31
27	7	408	Rachel Crow	F		1:05:32
28	21	118	Ben Forster	MU21		1:05:36
29	22	104	Glyn Arthur	MV 40		1:05:39
30	8	467	Caroline Gibbon	FV 40	Furness Fell Runners	1:07:10
31	23	114	Jacob Davison	MU21		1:07:14
32	24	315	Lee Barlow	MV 40	Nob End Run Club	1:07:34
33	25	804	Lee Eccles	M		1:07:38
34	26	594	Kevin Mason	MV 40		1:08:49
35	27	334	Phil Blakey	MV 70		1:09:03
36	9	482	Eleanor Green	F		1:09:06
37	28	113	Dan Crossdale	M	Otley AC	1:09:09
38	29	164	Jonny Holt	M		1:09:10
39	30	429	Colin Dobbs	MV 50	Penny Lane Striders	1:09:36
40	31	344	Tony Brayshaw	MV 60	Idle AC	1:10:16
41	10	732	Jennifer Thornton-Smith	F		1:10:20
42	32	414	Connaugh Daley	M		1:10:38
43	33	168	Matt Lannaghan	MU21		1:10:44
44	34	636	Paul Otway	MV 50		1:10:46
45	35	656	Danny Price	MV 40		1:10:46
46	36	186	Jack Whitworth	M	LBC Tractors	1:10:52
47	37	494	Mikey Hanna	M	LBC Tractors	1:10:52
48	38	839	Owen Diba	M		1:11:28
49	39	752	Matthew Wardell	MU21		1:11:35
50	40	577	Hadley Lloyd	M		1:11:42
51	41	806	Jimmy Hark	MV 40	Nob end run club	1:11:45
52	42	572	Jack Liddell	M		1:11:49
53	43	102	Andrew O'Brien	M		1:12:13
54	44	573	Ralph Liddell	MV 70	Eden Runners	1:12:44
55	45	171	Decland Mernagh	M	LBC Tractors	1:13:51
56	46	641	David Parfitt	M		1:13:57
57	47	654	Mark Prescott	MV 50	Billinge Running Club	1:13:58
58	48	471	Robbie Giles	M		1:14:19
59	11	222	Laura Ashton	FV 40	Bad Boy Running Club	1:14:34
60	49	811	Matt Lambert	MV 40		1:14:36
61	50	221	Mark Wilson	MV 50	No Drama Llamas Running	1:14:37
62	12	576	Ashleigh Lloyd	F		1:14:40
63	51	790	Iain Biddle	MV 40		1:15:02
64	13	618	Eleanor Moss	F		1:15:03
65	52	176	Gary Roberts	MV 40		1:15:25
66	53	498	Mike Harris	MV 50	Wigan And District Harriers & Athletics Club	1:15:36

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67	14	199	Esme Harris	GU21	Wigan Harriers	1:15:38
68	54	120	Jack Green	M		1:15:56
69	55	383	Ryan Clegg	M		1:16:00
70	15	337	Helen Blunt	FV 40		1:16:35
71	56	188	Peter Wilkins	MV 40		1:16:51
72	57	184	Teddy Waning	MU25		1:16:53
73	16	327	Ann Birchall	FV 60	Ashington Hirst Running Club	1:16:53
74	58	310	Graeme Atkinson	MV 50		1:17:24
75	59	810	Luke Kenealy	MV 40		1:17:36
76	60	194	Iain Wood	MV 40		1:17:50
77	17	580	Kathryn Lowery	FV 60		1:18:02
78	18	751	Catherine Wardell	FV 40		1:18:19
79	61	163	Kevin Eland	M		1:18:21
80	19	747	Sally Walker	FV 50		1:19:45
81	62	515	Mark Holden	MV 40	Billinge Running Club	1:20:21
82	20	321	Lindsey Bayles	FV 60	Lakeland Orienteering Club	1:20:25
83	21	410	Iaura Cunningham	F		1:20:31
84	63	683	Daniel Rowe	M		1:21:51
85	22	638	Cheryl Pace	FV 40	Penny Lane Striders	1:21:55
86	23	159	Michelle Clemmens	F		1:22:45
87	24	52	Claudia Hammond-Price	FV 40		1:22:48
88	25	508	Jessie Hetherington	FV 40	Heaton Harriers & Athletics Club	1:23:24
89	26	487	Martha Gutteridge	F		1:24:27
90	64	734	Richard Tickner	MV 60		1:24:43
91	65	726	Dan Thomas	MV 40		1:24:48
92	27	613	Naomi Moore	F		1:24:59
93	66	817	Richard Mckenna	MV 40		1:25:00
94	28	439	Cate Eaton	F		1:25:18
95	29	736	Kitty Towndrow	GU25		1:25:19
96	30	328	Wendy Birkett	FV 60	Ambleside Athletic Club	1:25:35
97	31	389	jo colvin	FV 40		1:25:42
98	67	601	MARK MCTIGUE	MV 50		1:26:53
99	32	478	Rebecca Gosling	F		1:27:40
100	68	160	Paul Clemmens	MV 60		1:27:44
101	33	643	Magdalena Pędzik	F	DH Runners	1:28:08
102	69	400	Simon Cowling	MV 50		1:28:20
103	34	432	Jayne Dore	FV 50		1:28:20
104	35	550	Anna Larden	FV 40	Eden Runners	1:28:21
105	36	206	Anna Walker	FV 40	Tadcaster Harriers	1:28:38
106	37	401	Cristin Craig	F		1:28:48
107	38	175	Charlotte Richardson	F		1:29:00
108	39	628	Sam Nicholson	FV 50	Border Reiver Runners	1:29:04
109	40	128	Stephanie Nicol	FV 40		1:29:08
110	41	737	Jean Turner	FV 60	Wooler running club	1:29:49
111	42	449	Julie Farron	FV 50	Atherton Running Club	1:29:51
112	43	343	Neve Bradshaw	F		1:30:28
113	44	777	Isobel Williamson	FV 70		1:30:29
114	70	124	John Lannaghan	MV 50		1:30:34
115	71	316	Simon Barton	MV 60	Hoad Hill Harriers	1:30:47
116	45	28	Helen Baxter	FV 50	Wigton Road Runners	1:31:17
117	72	605	George Mila	M		1:31:22
118	46	765	Patricia White	FV 60	Women on the Run	1:31:24
119	73	612	Andrew Moore	MV 60		1:31:39
120	74	361	Peter Burlingham	MV 40		1:31:47
121	75	179	Lester Smith	MV 50		1:31:59
122	76	216	Richard Stafford	MV 40	Penny Lane Striders	1:32:29
123	47	45	Louisa Corlett	FV 50	Littleborough Runners	1:32:42
124	77	416	Terry Daley	MV 60		1:32:49
125	48	659	Rachael Price	FV 40		1:33:06
126	78	722	Gareth Taylor	MV 50		1:33:11
127	49	560	Cath Lee	FV 60		1:33:15
128	50	62	Nicky Owen	FV 60	Cheshire Hash House Harriers	1:33:39
129	51	813	Tamara Lewis	FV 50		1:33:41
130	52	624	Gemma Muldoon-smith	F		1:33:48
131	79	623	Daniel Muldoon-smith	MV 40		1:33:49
132	80	619	Paul Moss	MV 60	Garstang Running Club	1:34:19
133	53	57	Tracey Limbrick	FV 60		1:34:31
134	54	189	Jean WILKINSON	FV 50		1:34:47

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135	81	446	CLIFF ETHERDEN	MV 70		1:35:13
136	55	512	Susie Hodgson	FV 40		1:35:16
137	56	695	Sarah Shaw	GU21		1:35:24
138	82	418	Alan Davidson	MV 70		1:35:45
139	83	143	Peter WILKINSON	MU21		1:36:53
140	57	20	Danielle Hannam	F		1:37:11
141	58	798	Andrea Counce	FV 50		1:37:54
142	59	41	Carol Spoor	FV 50	Tri Preston	1:37:54
143	84	531	Mahfuzul Islam	MV 40		1:38:18
144	60	415	Jasmine Daley	F		1:40:48
145	61	785	Hannah Woods	F		1:41:07
146	85	801	Martin Creasor	MV 60		1:41:26
147	62	630	Mia O'Callaghan	FV 40		1:41:29
148	63	483	Heather Gregory	FV 40		1:41:30
149	86	729	Michael Thompson	MV 40		1:41:47
150	64	567	Jennifer Lewis	FV 40		1:42:49
151	65	72	Caroline Stafford	FV 40		1:42:55
152	66	125	Jane Malcolm	FV 50	The Kilted Lassies	1:43:58
153	67	204	Kirsty Pettit	FV 50		1:44:10
154	68	200	Jude Hayward	FV 50		1:44:10
155	87	103	Ruarri Scott	MV 40		1:45:15
156	69	146	Samantha Arden	F		1:45:23
157	70	395	Faye Coppack	F		1:45:23
158	88	510	Ben Higginson	MV 70	Preston Harriers	1:46:18
159	71	606	Sara Mila	F		1:46:55
160	72	147	Lucy Barker	F		1:48:43
161	73	148	Nicky Barker	FV 50		1:48:43
162	74	637	Anne Oxbrough	FV 40	Penny Lane Striders	1:48:47
163	89	692	Tony Seddon	MV 50	Team Caterpillar	1:50:48
164	75	427	Alison Dick	FV 50	Red Rose Road Runners	1:53:10
165	90	781	Brian Winder	MV 70	Trailblazers	1:56:40
166	76	622	Elizabeth Muir	FV 50		1:59:26
167	77	609	Rachel Miller	FV 50		1:59:26
168	78	691	Sian Saxby	GU21		2:00:04
169	79	690	Dawn Saxby	FV 60	DCH Run Club	2:00:05
170	80	172	Jane Mooney	FV 40		2:02:36
171	81	387	Ursula Collie	FV 60		2:05:34
172	82	32	Caroline Bowsheer	FV 60		2:07:25
173	83	39	Lisa Paxton	FV 40		2:38:39
174	84	154	Helen Borking	FV 60		2:38:39
175	85	60	Julie Loftus	FV 50		2:44:30
176	91	684	John Rudd	MV 60	Dundee Road Runners	2:44:30
177	86	685	Linda Rudd	FV 60	Dundee Road Runners	2:44:30
178	87	837	Janet Finn	FV 50		2:44:31
179	92	211	Philip Loftus	MV 60		2:44:31
180	88	169	Nicola Loftus	F	N/A	2:44:31
181	93	838	Mark Finn	MV 50		2:44:31

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