

Trail Run 10k

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Trail Run 10k						
1	1229	Chris Holdsworth	m		Team inov-8	0:43:43
2	1103	Tom Levi	m		Thirsk & Sowerby Harriers	0:51:57
3	381	Chris Gray	m	MV 40	Tri Lakeland	0:56:12
4	176	Macauley Bond	m			0:56:30
5	397	Karl Dickenson	m		Lonely Goat Rc	0:56:48
6	1049	Adrian Favill	m		Scunthorpe and District Running Club	0:57:54
7	501	Craig Miller	m	MV 50		0:58:05
8	813	Marcus Carter-Strutt	m			0:58:26
9	275	Anna Hoogkamer	f			0:59:05
10	117	Joe Brown	m			0:59:26
11	225	Gary O'Neill	m	MV 40	Furness Fell Runners	0:59:35
12	502	Tanya Blake Miller	f	FV 40		1:01:16
13	873	Stuart Parry	m	MV 50	Northern Fells Running Club	1:01:34
14	274	Ronnie Haddow	m	MV 50	Furness Fell Runners	1:03:26
15	756	Matthew Ashton	m	MV 40	Bad Boy Running Club	1:03:29
16	239	Rachel Crow	f		BFR	1:03:34
17	1095	William Trewby	m			1:03:39
18	872	Alex Parry	m			1:04:52
19	532	Alan Huggon	m	MV 50	Border Reiver Runners	1:05:28
20	731	Jack Ball	m		Settle Harriers	1:05:30
21	248	Cameron Littler	m			1:05:30
22	567	Gary Moran	m			1:06:10
23	1206	Michel Carrillo	m			1:06:42
24	523	Paul Amiss	m	MV 40		1:06:45
25	697	Richard Bergin	m		Nob End RC	1:06:54
26	406	Neil Mistry	m			1:06:58
27	1075	Bob O'Neil	m	MV 40	Helm Hill	1:07:53
28	1208	James Gray	m			1:08:27
29	1200	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:08:28
30	347	Ellie price	f			1:08:38
31	1102	Andrew Anderson	m	MV 50	Dunbar Running Club	1:08:44
32	553	Georgia Marsh	f			1:08:47
33	557	Jack Wilson	m			1:08:51
34	541	Luisa Blake	f			1:09:13
35	446	Tom Gathercole	m			1:09:14
36	623	Mark Wilson	m	MV 50	No Drama Llamas Running	1:09:25
37	548	Stephen Jolly	m	MV 60	Allithwaite Running Club	1:09:43
38	90	Kevin Eland	m			1:09:54
39	163	Tania Huddleston	f			1:09:59
40	123	Richard Newbert	m	MV 40		1:10:08
41	162	Robert Storm	m	MV 50		1:10:15
42	354	Daniel Tierney	m			1:10:42
43	540	Adrian Blake	m	MV 40		1:10:56
44	1042	Ralph Liddell	m	MV 70	Eden Runners	1:11:09
45	343	Jeff Conabere	m	MV 50		1:11:31
46	708	Colin Howard	m	MV 60	Furness Fell Runners	1:12:04
47	484	Brian McGinn	m	MV 40		1:12:20
48	88	Jennifer Casson	f	FV 40		1:12:26
49	866	Richard Brown	m	MV 40	Belper Harriers	1:12:33
50	94	Ray Padgett	m	MV 70		1:12:34
51	335	Scott Houston	m			1:12:40
52	857	Nick Brookes	m	MV 50		1:12:47
53	874	Emily-Kate Turner	f			1:13:17
54	840	David Macgillivray	m	MV 60	Dh Runners	1:13:21
55	346	Carwyn Greaves	m			1:13:26
56	568	Kelly Cassidy	f			1:13:52
57	1111	Steve Wilkinson	m	MV 40		1:14:03
58	467	Rebecca Humphreys	f			1:14:11
59	401	John-Robert Welsh	m			1:14:17
60	724	Daniel Shard	m	MV 40		1:14:18
61	471	Dawn harrison	f	FV 50	loftus & whitby AC	1:14:36
62	150	Stuart Holding	m	MV 40	Wigan & District Harriers Ac	1:14:39
63	1219	David Ward	m	MV 40		1:14:41



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
64	309	Shaun Favill	m	MV 60	LINCSQUAD	1:14:55
65	853	Martyn Anderton	m		Nob end running club	1:15:04
66	628	Nick Henry	m	MV 40		1:15:21
67	583	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	1:15:30
68	1037	Kate Platt	f	FV 40	Hay Hotfooters	1:15:34
69	1116	Hannah Heron	f	FV 40	Didsbury runners	1:15:37
70	515	Tom Wild	m			1:15:49
71	447	Thomas Gorst	m			1:16:06
72	1125	Dickie Felton	m	MV 40		1:16:08
73	733	Simon Burgess	m			1:16:11
74	868	David Chow	m	MV 50	Eden runners	1:16:12
75	141	Andrew Johnson	m	MV 40		1:16:17
76	109	David Bayliss	m	MV 40	Red Rose Road Runners	1:16:30
77	1214	Ian Stainthorpe	m	MV 60		1:17:11
78	828	Oliver Chanarin	m	MV 50		1:17:13
79	747	Sally Caton	f	FV 40	Stainland Lions Running Club	1:17:17
80	1168	Tracy Pinder	f	FV 40		1:17:26
81	1038	Guy Platt	m	MV 40		1:17:28
82	1209	Laura Fildes	f			1:17:30
83	757	Laura Ashton	f	FV 40	Bad Boy Running Club	1:18:26
84	341	Rachel Dobson	f			1:18:35
85	214	Ben Poole	m			1:18:38
86	780	John Birkett	m	MV 60		1:18:46
87	545	Lizzie Simmons	f	FV 40		1:18:48
88	546	Richard Walker	m	MV 40		1:18:48
89	1033	Claudia Pagoulatou	f	FV 50	Pensby Runners	1:18:56
90	157	Jennifer Smith	f			1:19:02
91	771	Laura Avey	f			1:19:21
92	295	Peter EVANS	m	MV 50	Kings heath rc	1:19:36
93	1211	David Harrow	m	MV 40		1:19:48
94	424	Sally McFarlane	f	FV 40	None	1:20:06
95	779	Wendy Birkett	f	FV 60	Ambleside Athletic Club	1:20:21
96	856	Alex Moran	m	MV 40	None	1:20:31
97	755	Fiona Jane Burgess	f			1:20:42
98	1108	Katie Wilkinson	f	FV 40		1:20:49
99	210	Tim Smith	m	MV 50		1:20:57
100	732	Holly Maxwell	f			1:21:15
101	252	Frans Strydom	m	MV 40	Furness Fell Runners	1:21:43
102	299	Charles Richardson	m			1:21:43
103	801	Leigh Curran	m			1:21:44
104	224	Nathan Greenwood	m			1:21:53
105	764	Hanna Burgess	f			1:21:56
106	1050	Gemma Favill	f		LINCSQUAD	1:22:04
107	637	Justin Wetters	m	MV 50	Goodgym Race Team	1:22:30
108	1221	Matthew Affolter	m	MV 50		1:22:50
109	15	Andy Hickson	m	MV 60	Mornington Chasers	1:23:01
110	730	Tom Saxby	m			1:23:01
111	196	Mike Harvey	m	MV 40		1:23:09
112	1105	Delia Watts	f	FV 50	Smiley Paces	1:23:14
113	681	Lynne Carruthers	f	FV 60	Dch	1:23:17
114	1156	Simon Robson	m	MV 40		1:23:27
115	635	Suzanne Green	f	FV 50	Red Rose Runners	1:23:31
116	60	Paul Abrams	m	MV 40		1:23:39
117	427	Sarah Adams	f	FV 40		1:23:44
118	128	Will Douthwaite	m			1:24:11
119	1210	Holly Harrow	f	FV 40		1:24:18
120	748	Ian Johnson	m	MV 50	Stainland Lions Running Club	1:24:19
121	356	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	1:24:21
122	528	Justin Hill	m	MV 40		1:24:32
123	870	Adam Pattinson	m	MV 40	Eden Runners	1:24:38
124	666	Mike Parker	m	MV 40		1:24:59
125	612	Susan Bibby	f	FV 40		1:25:01
126	370	Jackie Watts	f	FV 40		1:25:06
127	114	Graeme Atkinson	m	MV 50		1:25:10
128	669	Jimmy Hark	m			1:25:18
129	510	Eleanor Ward	f			1:25:29



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Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
130	237	Nicky Owen	f	FV 60	Cheshire Hash House Harriers	1:25:34
131	445	Deborah Thorneycroft	f	FV 50		1:25:52
132	662	David Hurst	m	MV 50		1:25:53
133	761	Viki Sutton	f	FV 60		1:26:18
134	296	Guy Bebbington	m	MV 40		1:26:22
135	301	Tony Priest	m	MV 50		1:26:23
136	698	Simon Forshaw	m	MV 50		1:26:37
137	112	Carl Wild	m	MV 40		1:26:40
138	693	Ritchie Head	m	MV 50		1:27:10
139	538	James Skivington	m			1:27:16
140	740	Ellie Dwan	f			1:27:24
141	195	Cath Brownsell	f	FV 50		1:27:25
142	212	Graham Todd	m	MV 50		1:27:42
143	549	Richard Clements	m	MV 50	Hip Replacement Runners	1:27:45
144	766	Nick Helliwell	m	MV 50		1:27:45
145	164	Andrew Storm	m	MV 40		1:27:57
146	507	Kevin Greenwood	m	MV 60		1:28:03
147	871	Susanne Parry	f	FV 50		1:28:27
148	550	Belinda Schofield	f	FV 50		1:28:35
149	1000	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:28:42
150	854	Ellena Farrow	f			1:28:42
151	558	Stuart Brown	m	MV 50		1:28:43
152	1119	Nigel Ezard	m	MV 50		1:28:45
153	363	Mark Bottomley	m	MV 50	Idle Ac	1:29:00
154	194	Jake Kitching	m		N/a	1:29:01
155	606	Phil Chew	m	MV 60		1:29:06
156	76	Mark Allitt	m	MV 60	Snaith & Cowick Running Club	1:29:07
157	222	Philip Loftus	m	MV 60		1:29:09
158	100	Richard Campbell	m	MV 40		1:29:10
159	437	Robert Myatt	m	MV 50		1:29:36
160	598	Martin Bates	m	MV 60	Wesham Road Runners	1:29:38
161	1139	Pete Holding	m	MV 60		1:29:57
162	784	Mark Wardley	m	MV 50	Red rose	1:29:58
163	379	Richard Quine	m	MV 50		1:29:59
164	35	Isobel Williamson	f	FV 70		1:30:30
165	398	Rebecca Modeley	f			1:30:52
166	529	Glyn Arthur	m			1:31:18
167	1084	Karen Harper	f	FV 50	Sytal Running Club	1:31:19
168	1212	Stephen Shore	m			1:31:26
169	1213	Matthew Shore	m			1:31:28
170	1220	Emily Ward	f	FV 40		1:31:29
171	1020	Ben Higginson	m	MV 60	Preston Harriers	1:31:47
172	533	Sam Nicholson	f	FV 50	Border Reiver Runners	1:31:52
173	1107	Jim Lucas	m	MV 40		1:32:00
174	643	Mary Clifford	f	FV 40		1:32:25
175	652	Leanne Topcuoglu	f	FV 40	ACF Standish	1:33:08
176	815	Sharon-lee Lukas	f	FV 50		1:33:29
177	555	Clare Moody	f	FV 50	Smiley Paces	1:33:31
178	1132	Nicola Sewell	f	FV 50	Smiley Paces	1:33:31
179	177	Mart Kissick	m	MV 40		1:33:41
180	670	Jordan Nicholson	m			1:33:55
181	692	Louisa Dever	f	FV 50		1:34:07
182	386	Zara Gall	f	FV 40	Didsbury Ladies	1:34:12
183	544	Helen Jack	f	FV 50		1:34:12
184	294	Julie EVANS	f	FV 50	Kings heath rc	1:34:17
185	419	Rachael Price	f	FV 40		1:34:21
186	1063	Andrew Wilkinson	m	MV 50		1:34:53
187	69	Jean Turner	f	FV 60	Telford Harriers	1:35:01
188	1186	Claire Bartlett	f	FV 40		1:35:21
189	325	Nic Holmes	f	FV 50		1:35:28
190	326	Anna Holmes-Rand	f			1:35:42
191	562	Amy Fern	f			1:35:49
192	1056	Howard Rand	m	MV 50		1:35:51
193	188	Mark Shaw	m	MV 50		1:35:53
194	534	Joanne Roberts	f	FV 40	Smiley Paces	1:35:58
195	513	Rebecca Barnshaw	f	FV 40		1:36:16



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196	1113	Andrew Spink	m	MV 50		1:36:16
197	535	Nicky Grace	f	FV 40		1:36:24
198	300	Charlotte Richardson	f			1:36:55
199	725	Ruth Hutchison	f			1:37:23
200	80	Tina Gee	f	FV 60		1:37:35
201	1016	Catherine Doyle	f	FV 50		1:37:37
202	710	Anna Christina Denby	f	FV 40		1:37:38
203	178	Natasha Cruickshank	f	FV 40		1:37:58
204	894	Annabel Howell	f			1:38:05
205	1123	Allan Nicholson	m	MV 60		1:38:48
206	496	Lisa Hext	f	FV 50		1:38:53
207	495	Keith Hext	m	MV 50		1:38:54
208	728	Georgia May	f			1:40:17
209	1161	Claire Rawlinson	f			1:40:17
210	211	Sean Garner	m	MV 50		1:40:39
211	330	Dave Prescott	m	MV 50	Bridgnorth Running Club	1:40:41
212	227	Melissa Grocock	f	FV 40		1:41:03
213	554	Jackie Frank	f	FV 40		1:41:16
214	531	Nicky Mohan	m	MV 50		1:41:31
215	865	Nicola Brown	f	FV 40		1:41:48
216	799	Kate James	f	FV 50		1:41:59
217	448	Terry Peet	m	MV 60		1:42:03
218	530	Louise Siddle	f	FV 50		1:42:12
219	52	Arwa Eskander	f	FV 40	Colt	1:42:17
220	848	Alison Rayner	f	FV 50		1:42:19
221	1035	Rosie Sharp	f			1:42:23
222	1034	Dale Harrison	m			1:42:24
223	270	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	1:42:42
224	302	Nicki Hewson	f	FV 40		1:42:43
225	458	Laura Beggs	f			1:42:50
226	121	Andrea Caunce	f	FV 40		1:42:53
227	699	Carol Cox	f	FV 50		1:42:58
228	251	Katie Jones	f	FV 40		1:43:14
229	644	Danny Thompson	m	MV 60		1:43:25
230	1158	Katie Welch	f	FV 50		1:43:25
231	810	Hannah Hobson	f			1:43:25
232	449	Caroline Peet	f	FV 60		1:43:28
233	1117	Nicola Browne	f	FV 40		1:43:31
234	303	Steve Twomlow	m	MV 40		1:45:08
235	190	Helen Craven	f	FV 50		1:45:44
236	1064	Joanna Amos	f	FV 50		1:47:35
237	614	Paula Byrne	f	FV 60		1:48:17
238	245	Kerry Howard	f	FV 40		1:48:17
239	244	Rachel Taylor	f			1:48:22
240	332	Emma Teggart	f	FV 40	Lonely goat	1:48:39
241	817	Jane Hunter	f	FV 60		1:48:42
242	75	Brian Winder	m	MV 70	Darwen Running Group	1:48:48
243	1080	Jacqueline Shore	f	FV 60		1:49:19
244	539	Tricia Wilson	f	FV 50	Pendle Parkrun	1:49:21
245	199	Judith Stockton	f	FV 40		1:49:22
246	34	Caitlin Stokes	f			1:49:35
247	492	Melanie Foster	f	FV 50	Thornton-cleveleys Running Club	1:50:02
248	663	Claire Logan	f	FV 40		1:50:12
249	189	mark taylor	m	MV 60	audenshaw asthmatics running society	1:50:16
250	50	Ruth Shooter	f	FV 40	Ruth's Runners	1:50:45
251	148	Greg Murphy	m	MV 50		1:50:45
252	122	Ann-marie Johnstone	f	FV 40		1:51:31
253	798	Joanne Lewis	f	FV 50		1:51:31
254	124	Jessica Allason	f	FV 40		1:51:59
255	82	Lesley McGrail	f	FV 40	St Helens Striders	1:52:19
256	113	Jenny Appleton	f	FV 40	St Helens Striders	1:52:19
257	849	Melanie Burton	f	FV 40		1:52:40
258	292	David Rosen	m	MV 60	Lancaster & Morecambe AC	1:53:32
259	149	Elaine Baker	f	FV 50	St Helens Striders	1:53:38
260	713	Helen Patten	f	FV 50	Red Rose Runners	1:53:39
261	153	Joshua Reed	m			1:53:40



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262	182	Samantha Mitchell	f			1:53:56
263	1077	Tony Seddon	m	MV 50		1:54:30
264	1070	Despina Smith	f	FV 40	Didsbury Mums on the Run	1:54:31
265	804	Nigel Corbett	m	MV 50		1:54:32
266	426	Charlotte Bennett	f			1:55:05
267	860	Tom Reid	m	MV 40		1:56:03
268	454	James Clarke	m			1:56:03
269	116	Bryony Littler	f			1:56:09
270	184	Clare Hiscock	f	FV 40		1:56:27
271	682	Hilary Beach	f	FV 50		1:56:53
272	763	Clare Love	f	FV 40		1:56:53
273	715	Nicola Machin	f	FV 50		1:57:07
274	77	Sarah Allitt	f	FV 50	Snaith & Cowick Running Club	1:57:39
275	1076	Ursula Collie	f	FV 60		1:58:46
276	796	Edward Melling	m	MV 60		1:59:40
277	243	Janet Holmes	f	FV 60	St Helens Striders	2:00:07
278	155	J Graham Smith	m	MV 50		2:00:12
279	795	John Melling	m	MV 60		2:00:15
280	572	Gareth McGuire	m			2:00:17
281	573	Katie McGuire	f			2:00:19
282	438	Ann Myatt	f	FV 60	Cheadle	2:01:06
283	1140	Carole Wood	f	FV 60		2:01:08
284	85	Jo Moss	f			2:01:10
285	1170	Gillian MacDonald	f			2:01:12
286	1149	Isobel Jenkins	f	FV 40		2:02:44
287	869	Sarah Boyle	f	FV 50		2:05:20
288	1188	Julie Dugdale	f	FV 50		2:05:20
289	451	Sharon Hill	f	FV 50	Parkside Panthers	2:05:25
290	563	Vicky Willett	f	FV 40	Sbc Plodders	2:06:57
291	1086	Kirsty Pettit	f	FV 50	Keighley And Craven	2:06:57
292	1121	Rosie Egan	f	FV 50	Cheshire Hash House Harriers	2:07:38
293	385	James Kirkpatrick	m	MV 40		2:08:14
294	187	Julie Loftus	f	FV 50		2:09:42
295	93	Lauren Dean-Ashton	f	FV 40		2:15:01
296	318	Alison Spencer	f			2:19:16
297	1143	Beverley Mulholland	f			2:19:16
298	120	Jo Shuttleworth	f	FV 40		2:19:26
299	311	Jaclyn Gray	f	FV 40		2:19:26
300	317	Louise Hill	f	FV 40	Astley & Tyldesley Road Runners	2:19:46
301	638	Karen Livesey	f	FV 50	Thornton Cleveleys Running Club	2:20:40
302	154	Holly Unsworth	f			2:20:40
303	634	Jackie Routledge	f	FV 60	Thornton Cleveleys	2:20:40

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