

Lakeland Trails in Hawkshead
Hawkshead Trail Run 10k - Waves



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
1	943	Louie Clark	m			0:52:02
2	903	Owain Clark	m		Leven Valley AC	0:53:50
3	1006	Emily Gibbins	f		Ilkley harriers	0:54:54
4	1072	Ian Marsh	m			0:55:28
5	1034	Ronnie Haddow	m	MV 50	Furness Fell Runners	0:55:46
6	1084	Karl Dickenson	m		Lonely Goat Rc	0:56:23
7	1090	Daniel Brookfield	m			0:57:22
8	1062	Michael Clarkson	m			0:57:46
9	834	Gordon Blunt	m	MV 40	Kendal Hockey Club	0:59:39
10	906	Joe Taylor	m			0:59:46
11	805	Taylor Leah	f			1:00:54
12	1085	Matthew Ashton	m	MV 40		1:01:12
13	839	Jamie Quan-soon	m	MV 40		1:02:02
14	1043	Stephen Johnson	m			1:03:03
15	868	Steve Jones	m	MV 40		1:03:16
16	806	JOHN LAFFERTY	m			1:03:17
17	942	Stuart Clark	m	MV 50		1:03:41
18	950	Kevin Scott	m	MV 50		1:03:56
19	847	Simon Major	m			1:04:15
20	1124	Robbie Jones	m	MV 50		1:04:23
21	978	Ross Whitaker	m			1:04:29
22	1103	Chris Hughes	m			1:04:42
23	893	Ellie Wilkinson	f		Walden Tri	1:04:45
24	900	Nick Clarke	m		Walden Tri	1:04:45
25	1067	Malcolm Roberts	m	MV 60	St Austell Running Club, Cornwall	1:04:48
26	1015	james Galloway-Booth	m			1:04:58
27	854	William Smith	m			1:05:11
28	1109	Michael Harding	m			1:05:51
29	934	Paul Gibson	m			1:06:03
30	807	Vicki Greenall	f	FV 50		1:06:33
31	954	John Gray	m	MV 50		1:06:49
32	994	Hailey Fletcher	f		Sedbergh school running club	1:06:58
33	1107	Jonathan Hughes	m			1:07:39
34	933	Kieran Parker	m			1:07:46
35	1163	Ann Birchall	f	FV 50	Ashington Hirst Running Club	1:08:12
36	804	Sean Mitchell	m	MV 40	Barnet & District Ac	1:08:12
37	905	Laura Taylor	f			1:08:25
38	1016	Liam Conway	m		Wigan Harriers	1:08:30
39	1021	Joanne Mcleod	f	FV 50		1:08:40
40	935	Tessa Young	f			1:08:47
41	1145	Steve Howell	m	MV 50	Quakers Running Club	1:08:49
42	827	Mark Blundell	m	MV 50	Edge Pistols	1:08:59
43	1125	Alecia Johnstone	f			1:09:00
44	966	Alex Hankinson-lawley	m			1:09:32
45	938	David Macgillivray	m	MV 60	Dh Runners	1:10:03
46	1152	Harry Vaneris	m	MV 40		1:10:23
47	972	Simon Cocker	m	MV 60		1:10:30
48	1056	Spencer Dowdeswell	m			1:10:33
49	1205	Alan Wilson	m	MV 50	Glaxo Hoad Hill Harriers	1:10:52
50	811	Carl Wild	m			1:11:01
51	812	Mark Taylor	m	MV 60		1:11:02
52	822	Tom Kirkup	m			1:11:05
53	824	Liam Hall	m			1:11:05
54	849	David Hull	m	MV 60		1:11:10
55	1026	Jessica Booth	f			1:11:32
56	1014	Angela Grace	f	FV 40		1:11:35
57	982	Duncan Roy	m	MV 40		1:11:35
58	855	Sam Robson	f	FV 50	N/a	1:12:10
59	801	Jonty Tarbuck	m	MV 40		1:12:11
60	896	David Offord	m	MV 50		1:12:18
61	1086	Laura Ashton	f	FV 40		1:12:18
62	803	Gerard Rooney	m	MV 60		1:12:53
63	1066	Philip Blakeley	m			1:12:54
64	862	Martin Tilbury	m	MV 50		1:13:02
65	1020	Daniel Mitchell	m	MV 40	Elvet Striders	1:13:12



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66	879	Gillian Doolan	f	FV 50		1:13:19
67	1065	Hannah Brookfield	f			1:13:23
68	860	Andy Brayshaw	m	MV 40		1:13:37
69	1075	Lisa Bolton	f	FV 40	Red Rose Road Runners	1:13:57
70	1110	Isabella Cuthbert	f			1:14:14
71	1088	Andrew Reid	m	MV 40		1:14:17
72	962	Bethan Murray	f			1:14:27
73	1013	Jim Grace	m	MV 50		1:14:29
74	826	Mike Crowther	m	MV 40	Red Rose Runners	1:15:03
75	946	Lynne Carruthers	f	FV 60	Dch	1:15:04
76	984	Vincent Mann	m	MV 40		1:15:06
77	986	Adam Birch	m			1:15:11
78	823	Davinia Jackson	f	FV 40	Thornton Cleveleys Running Club	1:15:13
79	830	Wendy Birkett	f	FV 60		1:15:28
80	952	Mark James	m	MV 60	Lancaster Runner's	1:15:44
81	1017	Stef Williams	f	FV 50	Ponteland Runners	1:15:50
82	940	Katherine France	f	FV 40		1:15:53
83	963	Andy Murray	m	MV 50		1:15:56
84	1069	Keith Patterson	m	MV 50	North Shields Poly	1:16:13
85	1081	Luke Kenealy	m			1:16:30
86	1028	Susanne Parry	f	FV 40		1:17:17
87	816	Peter Lane	m	MV 40	Notfast Rc	1:17:21
88	957	Helen Field	f		Women on the run	1:18:17
89	850	Richard Hudson	m			1:18:26
90	851	Jessica Clifton	f	FV 40		1:18:26
91	1266	Alison Gill	f	FV 40		1:18:41
92	1265	Justin Gill	m	MV 40		1:18:43
93	1116	Stephen Hancock	m	MV 50	Lostock AC	1:18:50
94	1068	Sophie Patterson	f			1:18:53
95	1054	Nick Lewer	m	MV 70		1:18:57
96	833	Tony Bond	m	MV 50		1:19:10
97	969	Anthony Marechal	m	MV 60		1:19:27
98	842	Tim Castelyn	m	MV 40		1:19:32
99	958	Robert Thomas	m	MV 50		1:19:49
100	926	Georgina Hampson	f			1:19:52
101	965	Pete Holding	m	MV 60		1:20:01
102	1048	Lorraine Thompson	f	FV 40	N/A	1:20:15
103	810	Fiona Bannister	f	FV 40	Leven Valley AC	1:20:38
104	964	Jude Horsnell	f	FV 50		1:20:57
105	1076	Kathryn Barrett	f	FV 50		1:20:58
106	873	Lizzie Simmons	f	FV 40		1:21:07
107	953	Kathryn Jacobs	f	FV 40		1:21:19
108	931	ian campbell	m	MV 40	Ashington Hirst Running Club	1:21:40
109	1057	Jane Taylor	f	FV 50	Women On The Run	1:22:52
110	890	Bernice Blundell	f	FV 50	Edge Pistols	1:22:58
111	941	Felicity Cross	f	FV 60	Preston Harriers	1:23:05
112	1042	Sharon-lee Lukas	f	FV 50	Ladies Who Run	1:23:05
113	867	David Lomas	m	MV 50	Littleborough Runners	1:23:16
114	1018	David Williams	m	MV 50	Ponteland Runners	1:23:21
115	832	Roy Barton	m	MV 50		1:23:24
116	865	Amie Stott	f		Hackbridge Harriers	1:23:37
117	863	Natalie Stott	f		Hackbridge Harriers	1:24:09
118	864	Mike Stott	m	MV 50	Hackbridge Harriers	1:24:17
119	898	Kathryn Greenlees	f			1:24:18
120	981	Caroline Squires	f	FV 60	Lancaster Runners	1:24:29
121	883	Shirley Spratt	f	FV 50		1:24:30
122	992	Nicola Hartley	f	FV 50		1:24:32
123	1047	Amanda Walsh	f	FV 50		1:24:57
124	891	Jayne Batt	f	FV 60		1:25:01
125	809	Lynda Davenport	f	FV 40		1:25:12
126	947	Liesl Allcock	f	FV 50		1:25:24
127	887	Tricia Griffiths	f	FV 50		1:25:39
128	996	Margaret Dixon	f	FV 50		1:26:02
129	1073	Jackie Frank	f	FV 40		1:26:07
130	872	Angie Trippitt	f	FV 50		1:26:13
131	1209	Nicholas Green	m			1:26:22
132	1079	Rach Stavert	f	FV 50		1:26:22



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133	955	Amanda Gray	f	FV 50		1:26:39
134	1080	Rebecca Modeley	f			1:26:44
135	1082	Sarah Freeman	f			1:26:44
136	1045	Suzanne Green	f	FV 50	Red Rose Runners	1:27:00
137	970	Chris Furphy	m	MV 50	Stockton Striders	1:27:21
138	974	Catherine Clennett	f	FV 40	Stockton Striders	1:27:21
139	1050	Lesley Skelton	f	FV 50		1:27:21
140	949	Ian Walker	m	MV 50	Glaxo Hoad Hill Harriers	1:27:25
141	1150	Rebecca Bibby	f		Helm Hill Runners	1:27:28
142	927	jo fowler	f	FV 40		1:27:43
143	928	Jo Clayton	f	FV 50		1:27:43
144	1127	Zoe Clarke	f	FV 50		1:27:44
145	990	Anna Holmes-Rand	f			1:28:02
146	987	Howard Rand	m	MV 40		1:28:05
147	968	Terry Peet	m	MV 60		1:28:06
148	991	Nic Holmes	f	FV 40		1:28:12
149	857	Alice Marsden	f			1:28:13
150	858	Lucy Currie	f			1:28:13
151	1162	Di Blackshaw	f	FV 40		1:28:23
152	1146	Sharon Hill	f	FV 50	Parkside Panthers	1:28:39
153	1128	Andrew Bird	m	MV 50		1:28:42
154	1208	Ben Higginson	m	MV 60	Preston Harriers	1:29:01
155	886	Andrea Lancaster	f	FV 40		1:29:04
156	876	Michael Holmes	m	MV 50	Lonely goat rc	1:29:43
157	817	Andrew Jones	m	MV 40		1:29:48
158	1000	Lizzie Morley	f			1:29:49
159	866	Shelley Regan	f			1:30:11
160	908	Brian Winder	m	MV 70	Darwen Running Group	1:30:24
161	909	Jean Turner	f	FV 60	Telford Harriers	1:30:25
162	845	David Hurst	m	MV 50		1:30:26
163	1053	Sara Master	f	FV 40		1:30:29
164	993	Dave Haines	m	MV 40		1:30:38
165	871	Derek Delaney	m	MV 60		1:31:21
166	1113	Tracy Buer	f	FV 40		1:31:44
167	907	Sarah Carlick	f	FV 40		1:32:09
168	995	Phil Dixon	m	MV 50		1:32:11
169	829	Julie Jerram	f	FV 50		1:32:26
170	976	Natalie Bibby	f	FV 40		1:32:26
171	1012	Helen Honeyman	f	FV 60		1:32:31
172	835	Ruth Younger	f			1:32:33
173	836	Alison Wright	f	FV 40		1:32:33
174	1010	Jane Nicholson	f	FV 50		1:32:36
175	821	Tracey Martin	f	FV 40	Widnes Wasps	1:32:46
176	828	David Allen	m			1:32:46
177	889	Helen Bowerman	f	FV 50		1:32:57
178	1133	John Dickinson	m	MV 50	Liverpool Pembroke Sefton	1:33:12
179	922	Judith Stockton	f	FV 40		1:33:28
180	1171	Michael Milburn	m	MV 60		1:33:36
181	930	Liam Amos	m			1:33:48
182	929	Paul Amos	m	MV 50		1:33:48
183	1041	Angela Martland	f	FV 40		1:34:17
184	1046	Anna Adams	f	FV 50		1:34:45
185	920	Gemma Elysee	f	FV 40	Orchard Eagles	1:34:57
186	944	Joanne Chard	f	FV 40	Women On The Run	1:35:00
187	1140	Rosin Dickinson	f	FV 50		1:35:12
188	885	Leslie Mault	m	MV 70		1:35:35
189	1232	Sue Kearney	f	FV 50		1:35:43
190	844	Louise Rooney	f	FV 60		1:35:49
191	1074	Richard Campbell	m	MV 40		1:35:54
192	1036	Fiona Batty	f			1:36:24
193	1027	Ben Safrany	m			1:36:24
194	837	Karen Quan-soon	f	FV 50		1:37:02
195	1228	Sara Summers	f	FV 50		1:38:16
196	921	Carole Wood	f	FV 60		1:38:22
197	1049	Ann Spencer-dowdeswell	f	FV 50	Knowle And Dorrige	1:38:51
198	1215	Mark Thorber	m	MV 60		1:39:01
199	1219	Paula Byrne	f	FV 60		1:39:02



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200	1104	Paula Dowse	f			1:39:24
201	1111	Catherine Cuthbert	f	FV 40		1:39:40
202	1273	Angela Green	f			1:39:49
203	901	Alison Spiby	f	FV 50		1:40:08
204	882	John Wiseman	m	MV 50	Red Rose Road Runners	1:40:09
205	1100	John Parry-Billings	m	MV 50		1:40:26
206	911	Alison Hardiker	f	FV 40		1:40:37
207	912	Stewart Grieve	m	MV 40		1:40:38
208	894	Lenka Ward	f		Susie Anton Ladies On The Run	1:40:45
209	892	Gwen Woznikowska	f		Susie Anton Pt Ladies On The Run	1:40:46
210	848	Karen Lamb	f	FV 40		1:41:19
211	1024	Deborah Catlow	f	FV 50	Blackburn Road Runners	1:42:05
212	918	Helen Hall	f			1:42:10
213	1032	Kate Houlden	f	FV 50	Women On The Run, Kendal	1:42:50
214	1040	Alison Medicott	f	FV 50	Warrington Running Club	1:43:42
215	904	Alexandra White	f	FV 40	Davenport Runners	1:43:47
216	1022	Deborah Lund	f	FV 40		1:43:52
217	846	Gill Morgan	f	FV 50	A&T running club	1:46:17
218	1148	Matt Dunn	m	MV 40	Orchard Eagles	1:47:25
219	1071	Liz Mounsey	f	FV 60		1:47:43
220	1033	Jennifer Hale	f			1:47:54
221	925	Ruth Seton	f	FV 40		1:48:42
222	1039	Rebecca Moon	f	FV 40		1:49:26
223	1023	Siobhan Grimshaw	f	FV 50	Blackburn Road Runners	1:50:17
224	1019	Ellen Pope	f	FV 60	Blackburn Road Runners	1:50:17
225	813	Elizabeth Phillipson	f		St. Helens Striders	1:51:35
226	814	Karen Mason	f	FV 50	St Helens Striders	1:51:35
227	960	Dawn Saxby	f	FV 50	DCH Run Club	1:51:37
228	959	Graham Stenson	m			1:51:39
229	967	Paul Coldham	m	MV 50	DCH Run Club	1:51:43
230	916	Cathryn Hardwick	f	FV 40		1:52:59
231	915	David Hardwick	m	MV 40		1:53:00
232	1044	Janet Holmes	f	FV 60	St Helens Striders	1:53:01
233	917	Val Hall	f	FV 60	Orchard Eagles	1:53:21
234	1239	Cath Malone	f	FV 40		1:54:00
235	897	Claire Mason	f			1:55:56
236	1002	Ben Kay	m	MV 40		1:56:31
237	1001	Sinead Kay	f	FV 40	Jogging Pals	1:56:31
238	971	Christina Davies	f	FV 40		1:59:53
239	859	Lorna Coy	f	FV 40		2:00:28
240	861	Matt Boot	m	MV 40		2:00:29
241	1083	Dawn Evans	f	FV 50	Ramsbottom Running Club	2:00:44
242	1224	Dot Carr	f	FV 70		2:05:23
243	899	Katy Fawcett	f	FV 40		2:05:26
244	998	Graham Nuttall	m	MV 60		2:06:32
245	999	Angela Nuttall	f	FV 60		2:06:32
246	1037	Alison Unsworth	f	FV 50		2:13:40
247	1031	Jo McCallum	f		Ramsbottom Running Club	2:17:57
248	1035	Iain Dixon	m	MV 50		2:18:17
249	877	Gillian Holmes	f	FV 50		2:20:51
250	880	Hannah Beattie	f			2:20:53
251	856	Chris Robson	m	MV 80		2:31:40
252	1122	Heather Allen	f	FV 40		2:34:45
253	1005	Paul Hancock	m	MV 50		2:52:19
254	1055	Tanya Hancock	f	FV 50		2:57:19

Number of records: 254

