

Lakeland Trails in Hawkshead

Hawkshead Trail Race 16K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
	11	Lou Stubbings	f		St Bees Triers	
1.	1	Chris Holdsworth	m		Team Inov 8	1:00:26
2.	12	Jonathan Cox	m		Eden Runners	1:03:43
3.	131	Paul Brunger	m		Derwent Valley Running Club	1:09:04
4.	117	Matthew Doey	m		Kendal AAC	1:09:54
5.	64	David Jackson	m	Veteran 40	Horwich RMI Harriers	1:11:11
6.	107	Eddie Ware	m	Veteran 40	U/A London, - -	1:11:26
7.	2	Mark Palmer	m	Veteran 50	Achille Ratti	1:11:27
8.	39	Richard Wilson	m	Veteran 40	Kendal AC	1:11:27
9.	57	Steven Henderson	m		Sale Harriers Manchester	1:12:23
10.	153	Wayne Gregson	m	Veteran 40	Tri Preston	1:12:54
11.	4	Matt Wilson	m	Veteran 40	Kendal AC	1:13:43
12.	5	Chris Corless	m	Veteran 40	Team Mountain Fuel	1:14:47
13.	82	Martin Klavon	m		U/A Huddersfield, West Yorkshire	1:15:14
14.	192	Ryan Crawley	m		U/A Carlisle, Cumbria	1:15:23
15.	133	Matthew Birket	m		Manchester Road Runners	1:15:28
16.	47	Guy Bettinson	m	Veteran 40	St Bees Triers	1:16:01
17.	187	martin oldfield	m	Veteran 50	darwen dashers	1:16:15
18.	142	Ian Roberts	m		LIVERPOOL PEMBROKE AND SEFTON HARRIERS	1:16:35
19.	36	Adam Lyons	m		U/A Lisburn,	1:18:41
20.	141	Peter Roome	m	Veteran 50	Southport Waterloo AC	1:19:00
21.	35	Katie Beecher	f	Lady Veteran 40	Les Croupiers RC	1:19:09
22.	51	Frazer Durris	m	Veteran 40	Trawden AC	1:20:20
23.	206	James Carvello	m	Veteran 40	Roundhay Runners	1:20:58
24.	128	Jack Siddoway	m		U/A Newcastle upon tyne,	1:21:42
25.	129	Chris Smith	m		Keswick AC	1:21:45
26.	197	Christine Holmes	f		Trentham Running club	1:21:46
27.	60	yulan brosse	m		U/A grassington, SKIPTON	1:22:04
28.	80	Chris Astles	m		U/A wimblodsley,	1:22:18
29.	66	Saul Shimmin	m		U/A Bolton,	1:22:20
30.	70	Matthew Little	m	Veteran 40	Trawden running club	1:22:24
31.	78	Robert Jackson	m	Veteran 40	ProwBoBob	1:23:05
32.	210	Chris Graham	m	Veteran 40	U/A winderemere,	1:23:13
33.	95	Iain Bethune	m		Run Sandymoor	1:23:20
34.	209	Sam Crompton	m	Veteran 40	U/A Kendal, Cumbria	1:23:32
35.	181	Peter Fishpool	m	Veteran 50	U/A	1:24:16
36.	26	David Walker	m	Veteran 50	Sedgefield Harriers	1:24:16
37.	63	Justin Barritt	m	Veteran 40	U/A Manchester, Greater Manchester	1:24:17
38.	228	Jo Sutton	f		Shrewsbury Athletics Club	1:24:29
39.	177	Ben Oldendorp	m	Veteran 40	U/A Blackpool , Lancashire	1:25:20
40.	168	Andrew Pye	m	Veteran 40	U/A Kendal, Cuumbria	1:25:25
41.	213	Andrew Clokey	m		U/A Lancaster , Lancashire	1:25:33
42.	203	David Calder	m	Veteran 50	Westerlands Cross Country Club	1:25:45
43.	122	Mark Duncan	m	Veteran 40	Lanehead Runners	1:26:18
44.	100	Raymond Duff	m	Veteran 40	U/A Dumfries,	1:26:18
45.	155	Ian Crook	m	Veteran 50	Barrow Striders	1:26:18
46.	50	Richard Hankins	m	Veteran 40	Helsby Running Club	1:26:45
47.	33	Dave Burne	m	Veteran 40	U/A Wendover , Bucks	1:27:16
48.	151	Nigel Leeson	m	Veteran 50	Macclesfield Canoe Club	1:27:27
49.	193	Alan Barr	m	Veteran 40	Howgill Harriers	1:28:10
50.	41	Ben Hoyle	m		U/A Penrith, Cumbria	1:28:29
51.	89	Chris Davies	m		U/A Witton le wrar, Durham	1:29:06
52.	88	David Rice	m	Veteran 40	Keswick AC	1:29:10
53.	65	leslie johnson	m	Veteran 50	Northwich Running Club	1:29:20
54.	201	Chris Cobb	m		Roudhay Runners	1:29:25
55.	182	Maria Armstrong	f	Lady Veteran 40	Tynedale Harriers	1:29:39
56.	194	David Davies	m		U/A Nr. Ulverston, Cumbria	1:30:18
57.	200	Nick Haughton	m		U/A Lancaster, Lancashire	1:30:32
58.	43	Steve Parker	m	Veteran 50	U/A Chester, Cheshire	1:30:35
59.	136	Dominic Brophy	m	Veteran 50	U/A kirkham, Lancashire	1:30:36
60.	149	Rob Fawdington	m		U/A Linlithgow, West Lothian	1:30:54
61.	233	Tom Kirk	m			1:31:22
62.	121	Ian Croft	m	Veteran 50	Red rose road runners	1:31:24
63.	37	Gavin Heaton	m		U/A Stockport,	1:31:28
64.	217	Hannah Walsh	f		Team inov-8	1:31:29
65.	94	Adam McGinley	m		U/A Carlisle, Cumbria	1:31:41
66.	44	Mark Newman	m	Veteran 40	U/A Cambridge,	1:32:38
67.	81	Andy Harrod	m		Lonsdale Fell Runners	1:32:44
68.	140	Ian MacNamee	m	Veteran 50	Erewash Valley Running Club	1:32:51
69.	124	Roberto Raso	m	Veteran 50	Manchester Frontrunners	1:33:12
70.	184	Beverley Jackson	f	Lady Veteran 50	Altrincham and District AC	1:33:24
71.	191	Ian Robinson	m	Veteran 50	U/A Beckermest,	1:34:00
72.	221	Neil Dunlop	m	Veteran 50	U/A Linlithgow, West Lothian	1:34:21
73.	77	Annabel Prow	f		U/A Nottingham,	1:34:39
74.	62	Andrew Davidson	m		U/A Altrincham, Cheshire	1:34:49
75.	99	Thomas Price	m		U/A WIGAN, Greater Manchester	1:35:02
76.	24	Bleddyn Edwards	m	Veteran 40	Cardiff Triathletes	1:35:06

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
77.	220	Phillip Whettlock	m	Veteran 50	Queensbury RC	1:35:55
78.	34	Carl Dunk	m	Veteran 50	U/A Shipley,	1:36:10
79.	91	Richard Hodgson	m	Veteran 50	Wray Runners	1:36:13
80.	174	Tom Wright	m	Veteran 40	U/A Lytham St.Annes, Lancashire	1:36:23
81.	93	Andrew Mitchinson	m	Veteran 40	Team Otter	1:36:24
82.	92	Jennifer Lapping	f	Lady Veteran 40	Jog on the Tyne	1:36:39
83.	74	Aaron Hargreaves	m		U/A Huddersfield, West Yorkshire	1:36:49
84.	46	Stephen Clarke	m	Veteran 60	U/A Kelsall, Cheshire	1:36:52
85.	110	Wayne Fox	m		St. Bees Triers	1:37:02
86.	138	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:37:02
87.	190	Richard Hall	m	Veteran 50	Bramhall Runners	1:37:17
88.	119	RYLAND HOWARD	m		U/A Todmorden, West Yorkshire	1:37:57
89.	120	Tom Bateson	m		U/A Rochdale, Lancs	1:37:58
90.	156	Richard Smith	m	Veteran 50	U/A Ackworth, West Yorkshire	1:38:19
91.	207	Philip Boylin	m	Veteran 40	U/A Hexham, Northumberland	1:38:19
92.	71	Katie Quincey	f		U/A Bingley, West Yorkshire	1:39:30
93.	135	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:40:24
94.	52	tim kings	m	Veteran 50	U/A KENDAL,	1:40:35
95.	69	Lawrence Collinson	m	Veteran 50	None	1:40:35
96.	214	Rachel Mann	f		Kendal AC	1:40:41
97.	146	Jon Meeten	m	Veteran 50	U/A Manchester,	1:40:57
98.	195	Jo Brockhouse	f	Lady Veteran 60	U/A Hexham, Northumberland	1:41:38
99.	139	Stephen Lester	m	Veteran 60	Cumberland Fell Runners	1:41:46
100.	159	Andrew Taylor	m	Veteran 40	Running 4CF	1:42:11
101.	67	Katherine Smoker	f		U/A London,	1:42:32
102.	130	graham coupe	m	Veteran 40	Wirral Vikings TRC	1:42:46
103.	185	Jade Gilchrist	f		U/A Barrow-In-Furness, Cumbria	1:42:51
104.	170	Neil Paterson	m	Veteran 60	U/A Hexham, Northumberland	1:42:51
105.	227	Rebecca Smith	f	Lady Veteran 40	Glossopdale Harriers	1:43:27
106.	101	Adrian Cross	m	Veteran 40	U/A Arnside, CUMBRIA	1:43:33
107.	72	Stewart Walker	m	Veteran 50	U/A Egremont, CUMBRIA	1:43:43
108.	83	Natalie Saunders	f		U/A Leeds, West Yorkshire	1:44:12
109.	127	Clare Lynam	f		U/A Leeds ,	1:44:13
110.	158	Benedict Farrell	m		U/A manchester,	1:44:29
111.	114	Jane Turner	f		U/A Newbiggin-on-Lune, Cumbria	1:45:15
112.	115	Richard Greener	m		U/A Newbiggin-on-Lune,	1:45:15
113.	205	rich roberts	m	Veteran 50	elswick	1:45:49
114.	204	Mike Wood	m	Veteran 50	U/A Ryton, Tyne &Wear	1:45:49
115.	32	Stuart O'Neill	m	Veteran 40	U/A Lindal - In - Furness, Cumbria	1:45:51
116.	176	john wilson	m		U/A Lytham, Lancashire	1:46:03
117.	169	MICHAEL ARMSTRONG	m	Veteran 50	sunderland strollers	1:46:06
118.	188	rosanne gittins	f	Lady Veteran 50	keswick ac	1:46:11
119.	45	Sally Barton	f	Lady Veteran 50	Hoad Hill Harriers	1:46:20
120.	125	Paul Roche	m	Veteran 50	U/A Chester,	1:46:26
121.	223	Ellena Farrow	f		Cambridge & Coleridge AC	1:46:46
122.	49	Ian Birkett	m	Veteran 40	U/A Northwich, Cheshire	1:46:57
123.	56	Philip Charles	m	Veteran 50	U/A Glasgow,	1:47:14
124.	53	Jane Lewis	f	Lady Veteran 50	U/A Nottingham,	1:47:14
125.	183	Joris Volmer	m		U/A Nethy Bridge	1:47:36
126.	29	Paul Stevenson	m	Veteran 40	U/A Selby, North Yorkshire	1:47:52
127.	134	Stuart Bell	m	Veteran 60	Kendal AC	1:48:17
128.	31	Claire Mills	f	Lady Veteran 40	Sodbury Cycle Sport	1:49:14
129.	23	Emma Jenkins	f	Lady Veteran 40	Cardiff Tri	1:49:20
130.	61	michael hoare	m	Veteran 40	U/A nelson, lancashire	1:49:20
131.	189	steve fairclough	m	Veteran 50	Bramhall Runners	1:49:59
132.	186	Peter Mylett	m	Veteran 40	Wirral Vikings TRC	1:50:38
133.	90	David Moston	m	Veteran 40	Wirral Vikings	1:50:38
134.	106	EDYTA WIERZBOWSKA	f		U/A London, - -	1:50:43
135.	160	John Bamforth	m	Veteran 50	U/A Wigton, Cumbria	1:51:20
136.	218	David Walsh	m	Veteran 50	Team inov-8	1:51:50
137.	25	Paul Oâ€™Regan	m	Veteran 40	U/A Edinburgh,	1:51:56
138.	40	ALAN JONES	m	Veteran 60	GARSTANG RUNNING CLUB	1:52:10
139.	48	Zoe Bettinson	f	Lady Veteran 40	St Bees Triers	1:52:11
140.	1187	ian rayner	m	Veteran 50	Roundhay Runners	1:52:24
141.	30	Debra Stevenson	f	Lady Veteran 40	U/A Doncaster, South Yorkshire	1:52:35
142.	102	Olivia Gill	f	Lady Veteran 40	U/A Glasgow,	1:53:09
143.	150	Graham Schofield	m	Veteran 60	Chorley Harriers	1:54:41
144.	175	John Harris	m	Veteran 40	U/A Bradford, County (optional)	2:01:24
145.	97	Richard Stokes	m	Veteran 60	FRA	2:01:26
146.	79	Lucy Owens	f	Lady Veteran 40	Stockton Striders	2:01:40
147.	58	Alison Andrew	f	Lady Veteran 50	Cumberland AC	2:02:16
148.	152	Colin Wightman	m	Veteran 40	U/A Formby,	2:02:20
149.	148	Sophie Owens	f		U/A Stockton on Tees,	2:02:24
150.	196	Mark Grundy	m	Veteran 50	Bramhall Runners	2:02:32

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