

Lakeland Trails in Hawkshead

Hawkshead Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1664	Andrew Payne	m	Veteran 40	Ribble Valley Harriers	0:48:56
2.	1401	Joe Kenny	m		U/A	0:49:26
3.	1505	Christopher Pell	m		Cambridge and Coleridge AC	0:54:27
4.	1345	Richard Healy	m	Veteran 40	Dragons	0:56:23
5.	1668	Jake Lowther	m		Team inov-8	0:56:49
6.	1413	Ben Lee	m		U/A Edinburgh	0:57:17
7.	1406	Wayne Laird	m		Border Warrior	0:58:18
8.	1561	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	0:58:36
9.	1133	tom Bartram	m	Veteran 40	n/a	0:58:45
10.	1558	Aaron Spencer	m		U/A Whitehaven, Cumbria	0:58:46
11.	1439	Simon Maughan	m	Veteran 50	U/A Blackburn, Lancashire	0:58:50
12.	1138	Charles Beck	m		U/A LANCASHIRE,	0:58:53
13.	1578	Martin Thomlinson	m		Muckle Toon Sloggers	0:58:56
14.	1667	Anna Hoogkamer	f		Team inov-8	0:59:11
15.	1395	John Jones	m	Veteran 50	Kendal Amateur Athketic Club	0:59:14
16.	1143	Andy Bennett	m		U/A Morecambe, Lancashire	0:59:21
17.	1368	Paul Hughes	m	Veteran 40	Claremont Road Runners	1:00:08
18.	1383	alex jarzyna	m	Veteran 40	langholm primary	1:00:15
19.	1533	Ian Robinson	m	Veteran 40	SCC	1:00:36
20.	1421	Bethan Lowe	f		U/A Manchester,	1:02:11
21.	1201	Jessica Cocker	f		Cambridge and Coleridge AC	1:02:43
22.	1381	Graham Jackson	m		Allithwaite Running Club	1:03:14
23.	1208	Craig Coombes	m	Veteran 40	U/A Kendal, Cumbria	1:04:02
24.	1417	Nick Lewthwaite	m	Veteran 40	U/A Windermere, Cumbria	1:04:09
25.	1507	Stephen Peters	m		Glaxo Hoad Hill Harriers	1:04:18
26.	1385	Neil Jenkins	m	Veteran 50	U/A Ellesmere Port, Cheshire	1:04:21
27.	1130	James Barsby	m		U/A clitheroe, Lancashire	1:04:27
28.	1347	margaret henderson	f		U/A warton, lancs	1:04:32
29.	1512	Stephen Potter	m		Kendal AAC	1:04:35
30.	1329	RICHARD HALLY	m	Veteran 40	Red Rose Runners	1:04:39
31.	1312	Steve Foreman	m	Veteran 40	Sedgefield Harriers	1:04:43
32.	1661	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:04:48
33.	1450	Sam Mckinley	m		U/A driffield, East Riding of Yorkshire	1:04:51
34.	1662	Jonny Grisedale	m	Veteran 40	Team inov-8.com	1:04:54
35.	1526	Lee Rice	m		U/A Chester le street , Durham	1:04:55
36.	1284	Luke fishpool	m		U/A driffield, East Riding of Yorkshire	1:05:06
37.	1369	David Hull	m	Veteran 50	U/A Nr Chorley, Lancashire	1:05:09
38.	1560	Matthew Spillman	m	Veteran 50	Tri-anglia	1:05:12
39.	1226	Allison Daly	f	Lady Veteran 40	Kendal AC	1:05:18
40.	1557	Andy Southcott	m	Veteran 50	Me	1:05:20
41.	1446	Nick McConnell	m		U/A YORK, NORTH YORKSHIRE	1:05:21
42.	1310	John Gorman	m		U/A Preston , Lancashire	1:05:26
43.	1120	Matthew Ashton	m	Veteran 40	U/A Telford, Shropshire	1:05:33
44.	1105	Louise Winter	f	Lady Veteran 40	Keswick AC	1:05:34
45.	1470	terry moss	m	Veteran 40	U/A preston, lancashire	1:05:46
46.	1114	Dave Antill	m	Veteran 40	U/A Newcastle upon Tyne,	1:05:54
47.	1594	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:06:00
48.	1547	Charles Shaw	m	Veteran 40	U/A Kendal, Cumbria	1:06:10
49.	1374	Graham Ingham	m	Veteran 50	U/A Kirkham,	1:06:17
50.	1158	Lauren Booth	f		Bury Athletics Club	1:06:38
51.	1563	Dave Stephens	m	Veteran 60	Clwydian range runners	1:06:39
52.	1327	Jo Haigh	f	Lady Veteran 60	U/A Skipton, North Yorkshire	1:06:46
53.	1210	Peter Cottam	m		U/A Higher Kinnerton, Flintshire	1:06:49
54.	1659	Megan Fitzpatrick	f		Team inov-8.com	1:06:53
55.	1642	Joanne Wilson	f	Lady Veteran 40	U/A Wigton , Cumbria	1:07:15
56.	1307	Jose Gonzalez	m		U/A Manchester,	1:07:26
57.	1544	jon shard	m	Veteran 40	U/A manchester, lancashire	1:07:40
58.	1416	Rodney Lewis	m		U/A Brixton, London	1:07:56
59.	1258	Robbie Edwards	m	Veteran 40	Southport running cluc	1:08:38
60.	1387	karen johnson	f	Lady Veteran 40	U/A Ulverston,	1:08:38
61.	1378	Chris Jackson	m	Veteran 40	U/A Tunstall, East Riding of Yorkshire	1:08:56
62.	1173	Jane Bryant	f	Lady Veteran 50	Ilkley Harriers	1:09:04
63.	1640	Alan Wilson	m	Veteran 50	Glaxo Hoad Hill Harriers	1:09:04
64.	1606	carl ward	m	Veteran 40	U/A driffield, east yorkshire	1:09:13
65.	1225	Martin Cuthbertson	m		U/A Manchester , Lancashire	1:09:14
66.	1300	James Gaffney	m		-	1:09:24
67.	1296	Katherine France	f	Lady Veteran 40	U/A Kendal, Cumbria	1:09:26
68.	1477	Robert Myatt	m		U/A Liverpool,	1:09:32
69.	1321	Joe Grimwade	m		U/A Shap , Cumbria	1:09:33
70.	1243	Gareth Dixon	m	Veteran 40	U/A Woodthorpe, Nottinghamshire	1:09:46
71.	1269	John Evans	m	Veteran 50	U/A Brampton, Cumbria	1:09:57
72.	1613	Steve Watson	m	Veteran 50	U/A Gleaston, Ulverston	1:09:57
73.	1322	Michael Gudgeon	m	Veteran 40	U/A Settle, North Yorkshire	1:10:09
74.	1239	Bart Decadt	m	Veteran 50	U/A Bolton,	1:10:16
75.	1562	Kevin Stead	m	Veteran 40	U/A Kendal,	1:10:29
76.	1400	luke kenealy	m		U/A lowton, cheshire	1:10:33
77.	1473	Paul Mounsey	m	Veteran 60	U/A Preston, Lancs	1:10:43

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
78.	1645	Paul Wilson	m	Veteran 50	U/A Durham, Durham	1:10:46
79.	1566	Phil Stones	m	Veteran 60	U/A Cleator Moor, Cumbria	1:10:51
80.	1193	Alistair Clay	m		U/A Carnforth	1:10:53
81.	1250	Mark Donohue	m	Veteran 40	U/A Leeds, West Yorkshire	1:11:09
82.	1292	Ged Foster	m	Veteran 50	U/A Whickham, Newcastle upon Tyne	1:11:13
83.	1318	Toby Gregory	m	Veteran 40	U/A Preston, Lancashire	1:11:19
84.	1445	Colin McConnell	m	Veteran 50	NYMAC	1:11:38
85.	1291	Andy Foster	m		U/A Leeds, Yorkshire	1:11:53
86.	1636	Ross Williams	m		U/A Langwathby, Cumbria	1:11:56
87.	1372	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:11:59
88.	1414	Lois Lee	f		SDC	1:12:22
89.	1202	Simon Cocker	m	Veteran 50	U/A Grantham,	1:12:23
90.	1522	Stephen Reddington	m		U/A Manchester , Greater Manchester	1:12:25
91.	1122	Linda Aspinall	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:12:32
92.	1139	luke bell	m		U/A castleford, west yorkshire	1:12:38
93.	1456	Jane Mellor	f	Lady Veteran 40	U/A Bridge of Weir,	1:12:50
94.	1513	Edward Prichard	m		U/A Manchester,	1:13:07
95.	1245	aaron dodd	m	Veteran 40	U/A whitley bay, tyne and wear	1:13:10
96.	1583	Paul Thompson	m	Veteran 50	Hornsea Harriers	1:13:12
97.	1175	Sarah Burnett	f	Lady Veteran 50	U/A Kendal, Cumbria	1:13:25
98.	1151	Elena Bluck	f		Tynedale Harriers	1:13:38
99.	1124	David Baglee	m	Veteran 50	U/A Penrith, Cumbria	1:13:43
100.	1153	Lisa Bolton	f		Red rose road runners	1:13:43
101.	1595	Kate Turnbull	f		U/A Kendal ,	1:13:51
102.	1132	Simon Barton	m	Veteran 60	Hoad Hill Harriers	1:13:53
103.	1410	Nick Langdale	m		U/A Preston, Lancs	1:14:11
104.	1482	Anna Nolan	f	Lady Veteran 40	Ilkley Harriers	1:14:19
105.	1531	KRISTIAN ROBINSON	m	Veteran 40	Rochdale Harriers	1:14:46
106.	1136	David Bayliss	m		Red Rose Road Runners	1:15:03
107.	1285	Ryan Fishpool	m		U/A Driffield, East Yorkshire	1:15:14
108.	1630	Jonathan Willett	m		U/A Braco, Pethshire	1:15:25
109.	1438	Harry Matthews	m	Veteran 70	Elswick Harriers	1:15:54
110.	1165	Andy Brayshaw	m	Veteran 40	U/A Kendal, Cumbria	1:16:09
111.	1313	Margaret Gorman	f	Lady Veteran 60	U/A	1:16:31
112.	1596	Jean Turner	f	Lady Veteran 50	Telford Harriers	1:16:50
113.	1506	Mark Pemberton	m	Veteran 40	Trawden AC	1:16:53
114.	1147	Susan Bibby	f	Lady Veteran 40	U/A cumbria,	1:16:53
115.	1166	Kate Brayshaw	f	Lady Veteran 40	U/A Kendal,	1:16:59
116.	1644	Mark Wilson	m	Veteran 40	Skipton Athletics Club	1:16:59
117.	1433	Dawn Trueman	f	Lady Veteran 40	Smiley Paces	1:17:10
118.	1656	Jo Grisedale	f	Lady Veteran 40	Team inov-8.com	1:17:41
119.	1394	Michael Jones	m	Veteran 50	U/A Carnforth, Lancashire	1:17:41
120.	1235	Owen Davies	m	Veteran 70	U/A Sedbergh,	1:17:44
121.	1601	Stewart Walker	m	Veteran 50	U/A Egremont, CUMBRIA	1:17:45
122.	1576	Helen Taylor	f	Lady Veteran 40	U/A Bury, Greater Manchester	1:18:01
123.	1586	Martin Tilbury	m	Veteran 40	U/A Sale, Cheshire	1:18:02
124.	1457	Kate Mellor	f		U/A Wetherby, W Yorkshire	1:18:03
125.	1523	Andrew Reid	m		U/A Merseyside,	1:18:04
126.	1272	Peter Evans	m	Veteran 50	Kings Heath Running Club	1:18:15
127.	1626	Lisa Whiteley	f		LWhiteley-Personal Training	1:18:39
128.	1435	Steven Marsh	m	Veteran 60	U/A Penrith, Cumbria	1:18:40
129.	1167	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	1:18:40
130.	1195	Richard Clements	m	Veteran 40	U/A Manchester,	1:18:47
131.	1498	Keith Patterson	m	Veteran 40	North Shields Poly	1:18:49
132.	1315	Julie Gray	f	Lady Veteran 50	n/a	1:19:02
133.	1574	Cara Taylor	f	Lady Veteran 40	U/A Ulverston ,	1:19:09
134.	1386	Mary Jenner	f	Lady Veteran 40	U/A Ambleside,	1:19:12
135.	1437	Tim Mathews	m	Veteran 50	U/A Port Sunlight, Wirral	1:19:19
136.	1509	Louisa Phillips	f		U/A Manchester, Greater Manchester	1:19:21
137.	1311	Kevin Gorman	m	Veteran 60	U/A Grange over sands, Cumbria	1:19:40
138.	1550	Jessica Sherlock-Smith	f		U/A Macclesfield,	1:20:05
139.	1431	Christina Marechal	f		U/A Manchester, Lancashire	1:20:14
140.	1422	Anna Lynch	f		Ilkley Running Group	1:20:26
141.	1157	Jessica Booth	f		U/A Salford, Greater Manchester	1:20:33
142.	1535	Simon Robson	m		U/A York, North Yorkshire	1:20:41
143.	1303	Tom Gelder	m		U/A Bury, Lancashire	1:20:47
144.	1344	Peter Hatch	m	Veteran 50	U/A Billingham,	1:21:05
145.	1494	Andrew Partington	m	Veteran 50	U/A Lancaster, Lancashire	1:21:06
146.	1627	Andrew Whitton	m	Veteran 50	Lancaster & Morecambe	1:21:06
147.	1289	Derek Forrest	m	Veteran 40	U/A Hawick, Roxburghshire	1:21:09
148.	1382	Stephen James	m	Veteran 40	Lancaster Runners	1:21:10
149.	1519	Andy Rankine	m	Veteran 40	U/A Chorley, Lancashire	1:21:15
150.	1633	Claire Williams	f	Lady Veteran 50	Eryri Harriers	1:21:15
151.	1408	Sally Lambert	f	Lady Veteran 50	U/A Ambleside, Cumbria	1:21:19
152.	1493	Susanne Parry	f	Lady Veteran 40	U/A Carlisle,	1:21:26
153.	1220	Michael Crozier	m	Veteran 50	U/A Colne,	1:21:34
154.	1600	Sean Vardy	m		U/A Bacup, Lancashire	1:21:35
155.	1597	Tara Oxley	f		Stockton Striders	1:21:43
156.	1176	James Burt	m	Veteran 40	Stepping Stone Striders	1:21:57
157.	1333	Brian Hanley	m	Veteran 50	Red Rose Road Runners	1:21:59

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
158.	1110	Louise Addy	f		U/A Kendal, Cumbria	1:22:05
159.	1219	Sarah Crowther	f		U/A Ambleside , Cumbria	1:22:16
160.	1541	Belinda Schofield	f	Lady Veteran 50	U/A Manchester,	1:22:17
161.	1593	Angie Trippitt	f	Lady Veteran 50	Kendal Tri Club	1:22:24
162.	1503	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:22:30
163.	1328	Sarah Hall	f	Lady Veteran 40	U/A Leeds,	1:22:34
164.	1598	Mark Twitchett	m	Veteran 40	U/A Leeds,	1:22:34
165.	1297	Jackie Frank	f	Lady Veteran 40	U/A Redcar,	1:22:36
166.	1363	Helen Horton	f	Lady Veteran 50	U/A Otley ,	1:22:54
167.	1205	Debbie Collier	f	Lady Veteran 40	Thornton Cleveleys Running Club	1:22:59
168.	1603	Natasha Walsh	f	Lady Veteran 40	COLT	1:23:07
169.	1552	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:23:10
170.	1119	Laura Ashton	f		U/A Telford, Shropshire	1:23:10
171.	1654	Dan Yates	m		U/A Colwyn Bay,	1:23:15
172.	1653	Andrew Yates	m	Veteran 50	U/A Colwyn Bay Conwy	1:23:15
173.	1478	Wendy Navin	f	Lady Veteran 40	Cumberland AC	1:23:41
174.	1390	Angela Jones	f	Lady Veteran 40	U/A Kendal, Cumbria	1:23:50
175.	1458	Lyn Melvin	f	Lady Veteran 50	Red Rose Road Runners	1:23:57
176.	1244	Mark Dobbin	m	Veteran 40	U/A Whitley Bay, Tyne and Wear	1:23:59
177.	1302	Kevin Gelder	m	Veteran 50	U/A Cleckheaton, West Yorkshire	1:24:05
178.	1140	nick bell	m	Veteran 50	unattached	1:24:07
179.	1149	Elaine Black	f		U/A Dundee,	1:24:15
180.	1252	Sarah Dove	f	Lady Veteran 40	U/A Blackburn, Lancashire	1:24:17
181.	1118	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:24:40
182.	1459	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	1:24:40
183.	1515	Christopher Pye	m	Veteran 60	U/A LIVERPOOL, Merseyside	1:24:41
184.	1131	Sally Barton	f	Lady Veteran 50	Hoad Hill Harriers	1:24:56
185.	1298	Martin Free	m	Veteran 40	U/A Huddersfield,	1:24:58
186.	1211	Julian Coulthard	m	Veteran 50	Border Harriers	1:25:02
187.	1171	Tracy Brown	f	Lady Veteran 40	Sedgefield Harriers	1:25:07
188.	1592	AUSTIN TRELFA	m	Veteran 60	Red Rose Road Runners	1:25:11
189.	1362	Fran Horne	f	Lady Veteran 40	U/A Grange over Sands,	1:25:22
190.	1242	HILARY DICKINSON	f	Lady Veteran 60	TYNEDALE HARRIERS & A C	1:25:31
191.	1570	Rachel Summers	f	Lady Veteran 40	U/A Preston,	1:25:31
192.	1342	James Hartley	m		U/A Kendal, Cumbria	1:25:33
193.	1194	Jon Clement	m		U/A Kendal, Cumbria	1:25:33
194.	1134	Paul Bates	m	Veteran 40	Mossley AFC Running Club	1:25:34
195.	1135	Steve Bates	m	Veteran 60	Mossley AFC Running Club	1:25:34
196.	1622	Angela White	f	Lady Veteran 40	CFR	1:25:55
197.	1532	Trevor Robinson	m	Veteran 50	U/A Carlisle, Cumbria	1:25:56
198.	1442	Abigail McAninly	f	Lady Veteran 40	Durham	1:26:21
199.	1346	Juliet Heatley	f	Lady Veteran 50	Smiley Paces	1:26:51
200.	1389	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:26:55
201.	1256	Sal Edgar	f	Lady Veteran 40	U/A Ormskirk,	1:26:58
202.	1279	Sarah Ferreira	f	Lady Veteran 40	U/A Ormskirk,	1:26:58
203.	1609	Jonathan Washington	m		U/A Dalton-in-Furness, Cumbria	1:27:02
204.	1117	Richard Ashdown	m	Veteran 40	U/A Carshalton, Surrey	1:27:07
205.	1375	Angela Irving	f		U/A Silloth, Cumbria	1:27:11
206.	1293	Jenny Foster	f		U/A Manchester,	1:27:14
207.	1497	Julie Paton	f	Lady Veteran 40	U/A Preston, Lancashire	1:27:16
208.	1620	Jacqui Weston	f	Lady Veteran 40	Ilkley Harriers	1:27:29
209.	1154	Isabelle Bond	f		U/A Windermere,	1:27:32
210.	1398	Alex Keegan	f	Lady Veteran 40	U/A Carlisle,	1:27:35
211.	1174	Carolyn Burn	f	Lady Veteran 50	U/A Millom,	1:27:38
212.	1448	Sophie McIntosh	f		U/A Burnley, Lancashire	1:27:48
213.	1317	Nicholas green	m		U/A penrith, cumbria	1:28:04
214.	1587	Alana Tinsley	f		U/A Preston, Lancashire	1:28:12
215.	1373	Karen Hyatt	f	Lady Veteran 40	Smiley Paces	1:28:17
216.	1240	Jeannette Denning	f	Lady Veteran 50	Dragons running club leeds	1:28:26
217.	1108	Ahmed Abbas	m	Veteran 50	U/A Manchester,	1:28:33
218.	1521	Stef Rebello	f	Lady Veteran 40	U/A Bollington,	1:28:36
219.	1286	gavin fisk	m	Veteran 40	U/A manchester,	1:28:36
220.	1447	Patrick McDonald	m	Veteran 50	U/A Formby, Merseyside	1:28:42
221.	1155	Jo Bonham	f	Lady Veteran 50	U/A Barrow in Furness, Cumbria	1:28:47
222.	1525	John Reynolds	m	Veteran 50	U/A Wigton, Cumbria	1:28:47
223.	1579	Dave Thompson	m	Veteran 50	U/A Stoke on Trent, Staffordshire	1:28:49
224.	1428	Nikky Majtanova	f		U/A Lostock Hall, Lancashire	1:28:51
225.	1306	Jon Gilson	m	Veteran 40	U/A Leek,	1:28:56
226.	1658	Jordi Ballester	m	Veteran 50	U/A Worsley, Manchester	1:29:01
227.	1490	Sally Palmer	f	Lady Veteran 40	U/A London,	1:29:05
228.	1126	Nicky Ball	f	Lady Veteran 50	U/A Bolton , Lancashire	1:29:18
229.	1500	Owen Peacock	m	Veteran 40	U/A Shipton by Beningbrough, North Yorkshire	1:29:22
230.	1489	Kirsty Owen	f		U/A Whickham , Tyne and Wear	1:29:51
231.	1514	Alison Pye	f		U/A Kendal, Cumbria	1:29:52
232.	1137	mhairi beattie	f		langholm primary	1:30:10
233.	1607	Rose Ward	f		Smiley Paces	1:30:12
234.	1625	David Whiteley	m	Veteran 60	U/A Kendal, Cumbria	1:30:15
235.	1337	Simon Hanson-Hamilton	m	Veteran 40	U/A Preston,	1:30:17
236.	1615	stephen watt	m	Veteran 50	U/A hexham, northumberland	1:30:31
237.	1614	nicola watt	f	Lady Veteran 40	U/A hexham,	1:30:31

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
238.	1530	Susan Ridings	f	Lady Veteran 50	U/A Mold, Flintshire	1:30:34
239.	1111	Stephen Alecock	m	Veteran 50	U/A Carlisle, Cumbria	1:30:43
240.	1352	Catherine Higson	f		U/A Keswick	1:30:45
241.	1537	Kate Rollason	f		U/A Skipton, North Yorkshire	1:30:58
242.	1355	Susie Hodgson	f		U/A Ambleside, Cumbria	1:30:59
243.	1189	Pauline Christmas	f	Lady Veteran 60	U/A Kidderminster,	1:31:04
244.	1275	Elsbeth Faulkner	f		Smiley Paces	1:31:09
245.	1283	Alex fishpool	f	Lady Veteran 40	U/A driffield, East Riding of Yorkshire	1:31:11
246.	1278	THOMAS FENNA	m		U/A ORMSKIRK, LANCASHIRE	1:31:11
247.	1294	David Fox	m	Veteran 40	U/A Altrincham, Cheshire	1:31:14
248.	1510	Peter Phillips	m	Veteran 70	Loftus and Whitby AC	1:31:40
249.	1402	Zoe Kitchen	f		U/A morecambe,	1:31:45
250.	1467	Heather Moorhouse	f		Women on the Run-Kendal	1:31:51
251.	1308	Gay Goodson	f	Lady Veteran 40	U/A kirkby-in-Furness, cumbria	1:31:57
252.	1180	Kirsty Carruthers	f		U/A Morpeth, Northumberland	1:32:06
253.	1404	Ella Kon	f		U/A Harrogate,	1:32:16
254.	1571	Sara Summers	f	Lady Veteran 50	U/A Preston,	1:32:25
255.	1616	Delia Watts	f	Lady Veteran 50	Smiley Paces	1:32:29
256.	1343	Stephen Harwood	m	Veteran 70	Keswick AC	1:32:38
257.	1216	Rebecca Crellin	f		U/A Frizington, Cumbria	1:32:41
258.	1430	Anthony Marechal	m	Veteran 60	U/A STROUD, Glos	1:32:43
259.	1184	Jennifer Chambers	f	Lady Veteran 40	Tattenhall Runners	1:32:46
260.	1485	Martin O'Neill	m	Veteran 40	U/A Liverpool, Merseyside	1:32:56
261.	1391	Eileen Jones	f	Lady Veteran 60	Clayton le Moors Harriers	1:33:00
262.	1168	Gail Bristo	f	Lady Veteran 40	Red Rose Road Runners	1:33:08
263.	1608	Mark Wardley	m	Veteran 40	U/A preston, lancs	1:33:08
264.	1270	Julie Evans	f	Lady Veteran 50	Kings Heath Running Club	1:33:10
265.	1172	Rachel Brownsmith	f		U/A Lancaster,	1:33:14
266.	1588	Jacqueline Tomlins	f	Lady Veteran 50	U/A Edinburgh,	1:33:14
267.	1164	Steph Bradshaw	f		U/A Keswick,	1:33:16
268.	1163	Heather Bradshaw	f		U/A Workington, Cumbria	1:33:16
269.	1162	Charles Bradshaw	m	Veteran 60	U/A Workington, Cumbria	1:33:16
270.	1145	David Beuzeval	m	Veteran 40	U/A Minlthorpe,	1:33:18
271.	1487	Joanna Outterside	f		U/A Cheadle, Cheshire	1:33:26
272.	1652	Graeme Wordsworth	m	Veteran 40	North Shields Poly	1:33:26
273.	1233	Mark Davies	m	Veteran 40	U/A Formby, Merseyside	1:33:52
274.	1629	David Wileman	m	Veteran 50	U/A Heswall,	1:34:01
275.	1424	Caroline Mack	f	Lady Veteran 40	U/A Sale, Cheshire	1:34:05
276.	1425	John Mack	m	Veteran 40	U/A Sale,	1:34:05
277.	1502	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:34:08
278.	1353	Micheala Hill	f	Lady Veteran 40	U/A Huddersfield, West Yorkshire	1:34:21
279.	1412	Jill Leader	f	Lady Veteran 50	U/A Kendal , Cumbria	1:34:24
280.	1453	Stewart Mcnicholl	m	Veteran 40	U/A Morpeth , Northumberland	1:34:25
281.	1584	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:34:27
282.	1499	Kathy Peacock	f	Lady Veteran 40	U/A Shipton by Beningbrough ,	1:34:46
283.	1660	Britta Sendlhofer	f	Lady Veteran 40	Team inov-8.com	1:34:46
284.	1259	Stuart Edwards	m	Veteran 50	U/A North Shields, Tyne and Wear	1:35:11
285.	1326	Catherine Haggerty	f		U/A St Helens, Merseyside	1:35:34
286.	1464	Sian Mitchell	f	Lady Veteran 40	Garden City Runners	1:35:35
287.	1230	Jennie Davies	f	Lady Veteran 60	U/A Sedbergh, Cumbria	1:35:35
288.	1336	Laura Hanson	f		U/A NEWCASTLE UPON TYNE, Tyne and Wear	1:35:41
289.	1548	Roger Shearer	m	Veteran 50	U/A Kendal, Cumbria	1:35:45
290.	1423	Jenny Mabbutt	f		U/A Accrington , Lancashire	1:35:48
291.	1128	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:35:48
292.	1575	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:35:48
293.	1358	Rachael Holloway	f		U/A Liverpool,	1:36:18
294.	1484	Belinda O'Hare	f	Lady Veteran 50	U/A Leeds, West Yorkshire	1:36:42
295.	1249	Helen Donohue	f		U/A Wigan, Lancs	1:36:48
296.	1251	Martin Donohue	m		U/A Wigan , Lancs	1:36:48
297.	1107	Casey Childe	f		U/A Abberley,	1:37:07
298.	1305	Kelly Gibson	f		Darlington Tri	1:37:08
299.	1224	catherine cuthbert	f	Lady Veteran 40	wallasey ac	1:37:09
300.	1320	jeanette grimes	f	Lady Veteran 50	U/A prescot, merseyside	1:37:10
301.	1486	Matt Osborne	m	Veteran 40	Team Ella	1:37:11
302.	1274	Jennie Fasolino	f	Lady Veteran 40	U/A Wallasey, Merseyside	1:37:12
303.	1341	Tammy Harrison-Round	f		U/A westhoughton, Lancashire	1:37:51
304.	1331	Paul Hancock	m	Veteran 50	Wigan harriers	1:37:51
305.	1218	Rachael Croft	f		U/A Didsbury, Manchester	1:37:57
306.	1471	Carol Mossop	f	Lady Veteran 50	Dumfries Running Club	1:38:01
307.	1546	Naomi Sharples	f	Lady Veteran 50	U/A Bury, Lancashire	1:38:02
308.	1623	Martin White	m	Veteran 50	CFR	1:38:05
309.	1268	Mark Etherington	m	Veteran 40	U/A Preston, Lancs	1:38:07
310.	1361	Sarah Hopkins	f	Lady Veteran 40	U/A Preston, Lancs	1:38:07
311.	1160	Jodi Bowyer	f		U/A Lancaster , Lancashire	1:38:12
312.	1469	Lizzie Morley	f		U/A Ambleside, Cumbria	1:38:13
313.	1379	Elizabeth Jackson	f		U/A Tunstall, East Riding of Yorkshire	1:38:27
314.	1649	Jonathan Woodhead	m		U/A Grange Over Sands,	1:38:36
315.	1227	Carrie Davenport	f		U/A Stockport,	1:38:54
316.	1116	Shelley Aplin	f		U/A Kendal, Cumbria	1:38:55
317.	1115	Liam Aplin	m	Veteran 40	U/A Cockermonth, Cumbria	1:38:56

Lakeland Trails in Hawkshead

Hawkshead Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
318.	1121	Rachel Ashton	f	Lady Veteran 40	U/A Nottingham, NOTTINGHAMSHIRE	1:38:59
319.	1190	Eddie Clague	m		U/A Manchester, Lancashire	1:39:00
320.	1631	Lesley Willett	f		U/A Braco, Perthshire	1:39:15
321.	1646	Sam Wilson	m		U/A Manchester,	1:39:23
322.	1129	Paul Bamber	m	Veteran 40	U/A Altrincham,	1:39:23
323.	1287	Nick Fleming	m	Veteran 40	U/A Largs ,	1:39:51
324.	1248	Sarah Dodd	f		U/A Barrow In Furness, Cumbria	1:40:27
325.	1262	Kate Elliott	f		U/A Manchester,	1:40:32
326.	1377	Mahfuzul Islam	m	Veteran 40	U/A Sabden,	1:40:36
327.	1290	Dawn Fortun	f	Lady Veteran 40	U/A SOT, Staffordshire	1:41:26
328.	1364	Emma Houlihan	f		U/A Windermere, Cumbria	1:41:44
329.	1628	Hannah Wilding	f		U/A Lakeside, Ulverston,	1:41:45
330.	1559	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:41:49
331.	1182	Emma Cartledge	f		U/A Gatley, Cheadle, Greater Manchester	1:42:07
332.	1501	Sara Pearce	f	Lady Veteran 50	U/A Ilkley,	1:42:16
333.	1582	Michael Thompson	m		U/A Cheadle Hulme, Cheshire	1:42:18
334.	1238	Hannah Dawson	f		U/A Kendal, Cumbria	1:42:29
335.	1565	Hannah Stirling	f		U/A Wilmslow,	1:42:34
336.	1271	Kate Evans	f		U/A Kendal, Cumbria	1:42:36
337.	1403	Colette Kon	f	Lady Veteran 50	U/A Harrogate, North Yorkshire	1:42:44
338.	1209	Peter Cornwall	m		U/A Lancaster,	1:43:03
339.	1316	angela green	f		U/A penrith, cumbria	1:43:11
340.	1217	Helen Crimlisk	f	Lady Veteran 50	Smiley Paces	1:43:24
341.	1354	Alison Hodges	f	Lady Veteran 50	Blackhill Bounders	1:43:26
342.	1527	brian richardson	m	Veteran 50	blackhill bounders	1:43:28
343.	1295	Jo Fox	f		U/A Altrincham,	1:43:30
344.	1257	Kerry Edwards	f	Lady Veteran 40	U/A Cupar, Fife	1:43:49
345.	1187	Joanne Chard	f	Lady Veteran 40	Women on the Run	1:43:55
346.	1148	Deborah Birch	f		U/A Lancaster, Lancashire	1:43:57
347.	1371	Bethane Huntley	f		Team Cropper	1:43:58
348.	1573	Rebecca Talbot	f	Lady Veteran 40	Elves Striders	1:44:13
349.	1186	John Chapple	m	Veteran 50	U/A Brentwood,	1:44:21
350.	1647	Elizabeth Wilson-Lagan	f		Crosby Stormers	1:44:36
351.	1474	Jane Mulcrone	f	Lady Veteran 40	Penny Lane Striders	1:44:58
352.	1543	Katherine Self	f		U/A Keighley,	1:45:04
353.	1255	Alex Earley	f		Lakeland Orienteering	1:45:04
354.	1156	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:45:42
355.	1581	Liane Thompson	f	Lady Veteran 50	U/A Barrow-in-Furness, Cumbria	1:45:42
356.	1460	David Midgley	m	Veteran 50	U/A YORK, North Yorkshire	1:45:52
357.	1367	Ellen Hughes	f	Lady Veteran 40	U/A Manchester, Greater Manchester	1:45:52
358.	1452	Friitha McNicholl	f	Lady Veteran 40	U/A Morpeth, Northumberland	1:45:52
359.	1540	Sabine Schindler	f	Lady Veteran 50	U/A Durham, Durham	1:46:00
360.	1221	Deborah Cummings	f	Lady Veteran 40	U/A St. Helens, Merseyside	1:46:01
361.	1223	Mark Cummings	m	Veteran 40	U/A St. Helens, Merseyside	1:46:01
362.	1605	Beverley Ward	f		U/A Stocksfield, Tyne & Wear	1:46:08
363.	1650	ANDREW WOODS	m	Veteran 60	Fell Striders	1:46:36
364.	1585	Donna Thorpe	f	Lady Veteran 40	U/A Hornby, Lancs	1:46:36
365.	1434	Al Marron	f	Lady Veteran 40	U/A Lancaster , Lancashire	1:46:37
366.	1441	Victoria Maxfield	f		U/A Bolton,	1:46:37
367.	1388	Sue Johnson	f	Lady Veteran 60	U/A Penrith	1:46:56
368.	1393	Kate Jones	f	Lady Veteran 50	U/A Eccles,	1:47:04
369.	1488	Katherine Owen	f	Lady Veteran 50	U/A Bury, Lancs	1:47:06
370.	1564	David Stirling	m	Veteran 60	U/A Lancaster, Lancashire	1:47:25
371.	1529	Kate Ridings	f		Lancaster Women's Running Group	1:48:00
372.	1273	Alison Ewing	f	Lady Veteran 50	Warrington Running Club	1:48:12
373.	1351	Ben Higginson	m	Veteran 60	Preston Harriers	1:48:13
374.	1212	Sarah cowdell	f	Lady Veteran 50	U/A Huddersfield, west yorks	1:48:32
375.	1440	Briony Mawson	f	Lady Veteran 50	U/A Tadcaster, North Yorkshire	1:48:37
376.	1465	Anne Molloy	f	Lady Veteran 60	U/A Halifax, West Yorkshire	1:48:37
377.	1181	Marc Carruthers	m		U/A Stonehaven,	1:48:38
378.	1299	Tom French	m		U/A Skipton, North Yorkshire	1:48:47
379.	1234	Martin Davies	m	Veteran 50	U/A Settle, North Yorkshire	1:48:49
380.	1213	Angela Cox	f	Lady Veteran 40	U/A Skipton, North Yorkshire	1:48:50
381.	1188	David Christmas	m	Veteran 50	U/A Kidderminster,	1:49:08
382.	1639	Abby Wilson	f		U/A Chester,	1:49:44
383.	1229	Hannah Davies	f		U/A Liverpool, Merseyside	1:49:45
384.	1304	Fiona Gemson	f	Lady Veteran 40	U/A Lancaster, Lancashire	1:50:08
385.	1366	Catherine Hrachowina	f	Lady Veteran 40	U/A Heysham, Lancashire	1:50:08
386.	1144	Clare Bennett	f	Lady Veteran 50	unattached	1:50:08
387.	1301	Christine Garnock-Jones	f	Lady Veteran 50	Smiley Paces	1:50:39
388.	1449	Helen McIntyre	f		U/A Warrington, Cheshire	1:50:39
389.	1651	MARGARET WOODS	f	Lady Veteran 60	FELLSTRIDERS	1:50:40
390.	1334	Gillian Hanley	f	Lady Veteran 50	U/A Warrington, Cheshire	1:51:10
391.	1392	Heidi Jones	f		U/A Carnforth, Lancashire	1:52:00
392.	1407	Kathryn Lamb	f	Lady Veteran 50	U/A Carnforth , Lancashire	1:52:00
393.	1399	Rebecca Kelly	f	Lady Veteran 40	U/A Leeds, West Yorkshire	1:52:26
394.	1463	Heather Minshall	f	Lady Veteran 40	U/A Bolton,	1:52:53
395.	1236	Tracy Davies	f	Lady Veteran 40	Knowle & Dorrige Running Club	1:52:56
396.	1232	Lorna Davies	f	Lady Veteran 50	Knowle and Dorrige	1:52:56
397.	1496	Jackie Paterson	f	Lady Veteran 50	Knowle &Dorrige RC	1:52:56

Lakeland Trails in Hawkshead

Hawkshead Trail Run 10km

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
398.	1610	Sue Wassell	f	Lady Veteran 70	Knowle & Dorrige Running Club	1:52:57
399.	1237	Vanessa Davies	f	Lady Veteran 40	U/A Formby, Merseyside	1:53:00
400.	1276	DENNIS FENNA	m	Veteran 60	U/A ORMSKIRK, LANCASHIRE	1:53:01
401.	1277	JOANNE FENNA	f	Lady Veteran 40	U/A ORMSKIRK, LANCASHIRE	1:53:01
402.	1266	Bev Ensor	f		Smiley Paces	1:53:01
403.	1648	Carole Wood	f	Lady Veteran 50	U/A Kendal, Cumbria	1:53:08
404.	1123	Kathryn Atkins	f	Lady Veteran 60	U/A Leeds, West Yorkshire	1:53:27
405.	1481	David Nicholson	m	Veteran 50	Team Cropper	1:53:35
406.	1524	Stephen Reid	m		U/A Manchester, Greater Manchester	1:53:59
407.	1569	Torrie Sullivan	f		U/A Brampton, Cumbria	1:54:10
408.	1338	John Harrison	m	Veteran 70	U/A Carlisle, Cumbria	1:54:42
409.	1590	Fiona Tracey	f		U/A Northallerton, NORTH YORKSHIRE	1:55:14
410.	1612	David Watson	m	Veteran 50	Red rose Road runners	1:55:36
411.	1635	Laura Williams	f	Lady Veteran 40	U/A Harrogate,	1:56:19
412.	1472	Elizabeth Mounsey	f	Lady Veteran 50	U/A Preston , Lancashire	1:56:29
413.	1376	Elizabeth Islam	f		U/A Sabden,	1:56:42
414.	1508	Amy Davies	f		U/A Settle, North Yorkshire	1:57:21
415.	1641	Alison Wilson	f	Lady Veteran 40	U/A Summerbridge,	1:57:22
416.	1380	Elizabeth Jackson	f	Lady Veteran 40	U/A Tunstall, East Riding of Yorkshire	1:57:23
417.	1665	Caroline Kaye	f	Lady Veteran 50	U/A Windermere, Cumbria	1:58:10
418.	1325	Graham Hagger	m	Veteran 60	U/A Leigh,	1:58:17
419.	1191	Lyndsey Clark	f	Lady Veteran 40	U/A Edinburgh,	1:58:34
420.	1332	Tanya Hancock	f	Lady Veteran 40	Wigan harriers	1:58:38
421.	1169	Amanda Brooks	f	Lady Veteran 40	U/A Preston, Lancashire	1:58:52
422.	1454	Alison Medicott	f	Lady Veteran 50	U/A Leigh, Lancs	1:58:53
423.	1419	Martin Lomas	m	Veteran 40	U/A Warrington, Cheshire	1:58:53
424.	1420	Sarah Lomas	f	Lady Veteran 40	U/A Warrington, Cheshire	1:58:53
425.	1324	Lenka Habsudova	f		U/A Manchester, Lancashire	1:59:01
426.	1330	Robyn Hamilton	f		U/A Morpeth, Northumberland	1:59:16
427.	1411	DAVID LASH	m	Veteran 60	U/A SEAHAM, CO. DURHAM	1:59:19
428.	1443	Fiona McAuley	f	Lady Veteran 50	U/A Manchester, Greater Manchester	2:00:19
429.	1476	Ann Myatt	f	Lady Veteran 50	Cheadle	2:01:42
430.	1624	Carole Whiteley	f	Lady Veteran 50	U/A Kendal, Cumbria	2:01:44
431.	1461	Allyson Miller	f	Lady Veteran 40	U/A Chorley, Lancashire	2:01:47
432.	1542	Fred Seddon	m		U/A Richmond, North Yorkshire	2:01:49
433.	1125	Richard Barker	m	Veteran 60		2:01:51
434.	1617	Catherine Wearing	f		U/A Lancaster,	2:02:31
435.	1666	Agata Jaszczuk	f	Lady Veteran 40	U/A	2:02:59
436.	1222	Karen Cummings	f	Lady Veteran 50	U/A St Helens, Merseyside	2:04:00
437.	1618	Emma Weekes	f	Lady Veteran 40	U/A Saffron Walden Essex	2:04:32
438.	1253	Cassandra Dowthwaite	f	Lady Veteran 40	Smiley Paces	2:05:03
439.	1260	Rosie Egan	f	Lady Veteran 50	Cheshire Hash House Harriers	2:05:28
440.	1637	Sara Lloyd Williams	f		U/A Carlisle, Cumbria	2:05:34
441.	1492	Abbie Parry	f		U/A Caernarfon, Gwynedd	2:05:34
442.	1536	Sue Rodman	f	Lady Veteran 50	U/A Stoke on Trent, Staffordshire	2:06:02
443.	1589	Kerry Townley	f	Lady Veteran 40	U/A Cambridge	2:06:07
444.	1577	Julie Taylorson	f	Lady Veteran 50	U/A Hartlepool , Cleveland	2:06:11
445.	1468	Leanne Morgan-Hillam	f	Lady Veteran 40	Wigan and District Harriers	2:06:56
446.	1350	Donna Higgins	f	Lady Veteran 40	U/A Wigan , Lancashire	2:06:57
447.	1480	Emma Nicholls	f		U/A Millom, Cumbria	2:07:41
448.	1518	Christopher Ramshaw	m	Veteran 50	U/A Newcastle Upon Tyne, Tyne and Wear	2:08:10
449.	1556	Sue Smith	f	Lady Veteran 50	U/A Morecambe, Lancs	2:08:42
450.	1568	Mark Sullivan	m	Veteran 50	U/A FRODSHAM, Cheshire	2:09:44
451.	1572	JAMES SWIRE	m		U/A Southport,	2:09:56
452.	1177	Carol Campbell	f	Lady Veteran 60	U/A Grange over Sands, Cumbria	2:11:52
453.	1528	Edwina Rickards-Collinson	f	Lady Veteran 50	Croc walkers	2:11:52
454.	1280	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	2:16:24
455.	1281	Gillian Finn	f	Lady Veteran 50	Nordic Walking Preston	2:16:25
456.	1161	Karen Braddon	f	Lady Veteran 60	Crocwalkers	2:16:38
457.	1323	Jessica Guth	f		U/A Keighley, West Yorkshire	2:17:48
458.	1365	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	2:17:48
459.	1263	Rosie Elmore	f	Lady Veteran 70	Smiley Paces	2:18:46
460.	1319	Vikki Gregson	f	Lady Veteran 40	U/A Leyland, Lancashire	2:19:25
461.	1264	David Elsender	m	Veteran 70	Nic's Nordic Walks	2:20:02
462.	1567	Jo Stoney	f	Lady Veteran 60	U/A Ulverston, Cumbria	2:21:37
463.	1215	Helen Crank	f	Lady Veteran 40	U/A Ulverston, Cumbria	2:21:37
464.	1335	vicki Hanley	f	Lady Veteran 40	Nordic walking Preston	2:22:48
465.	1534	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	2:31:29
466.	1466	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	2:33:56
467.	1418	Christine Lomas	f	Lady Veteran 50	Nordic Walking Preston	2:34:16

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