

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Hawkshead Trail Run10km							
1.	1457	Paul Graham	m		Derwent AC	0:51:28	0:51:27
2.	1523	Alistair Fisher	m		Manchester Tri Club	0:52:53	0:52:50
3.	1069	John Widdrington	m		U/A Newcastle upon Tyne,	0:53:02	0:52:48
4.	1512	Aravind Ramesh	m		U/A Newcastle upon Tyne,	0:54:18	0:54:17
5.	1569	Robbie Robson	m		South Axholme Academy	0:54:27	0:54:25
6.	1582	Mark Elsdon	m		U/A Hawick,	0:54:37	0:54:35
7.	1405	Chris Pell	m		Cambridge and Coleridge AC	0:54:46	0:54:45
8.	1166	Murray Murray	m		Barrow stiders	0:55:02	0:55:01
9.	1479	Gareth Treharne	m	Veteran 40	U/A Glasgow,	0:55:11	0:55:06
10.	1480	Christopher Nattress	m		U/A Ripon, North Yorkshire	0:55:56	0:55:53
11.	1316	David Antill	m		Tyne Bridge Harriers	0:56:19	0:56:16
12.	1118	Christopher Lewarne	m		U/A Blackburn, Lancashire	0:56:22	0:56:15
13.	1503	Craig Marsh	m		Keswick AC	0:56:33	0:56:31
14.	1049	Nick Sharp	m	Veteran 40	U/A Wakefield, West Yorkshire	0:56:42	0:56:41
15.	1259	Wayne Laird	m		Border Warrior	0:57:40	0:57:38
16.	1532	Laurens Damminga	m		U/A Carlisle, Cumbria	0:57:45	0:57:39
17.	1416	Stephen McFarlane	m	Veteran 40	Meltham AC	0:57:59	0:57:57
18.	1437	Dan Collins	m		U/A salford,	0:58:14	0:58:14
19.	1102	Thomas Deakin	m		U/A Stockport, Cheshire	0:59:08	0:59:07
20.	1047	Lawrence Mannion	m	Veteran 50	U/A Kendal,	0:59:34	0:59:32
21.	1092	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	0:59:37	0:59:35
22.	1111	Martin Elsdon	m	Veteran 60	U/A Hawick, No preference	0:59:53	0:59:51
23.	1073	andrew pye	m	Veteran 40	U/A skelsmergh,	1:00:52	1:00:22
24.	1596	Christian Hosker	m		Otley ac	1:01:28	1:01:19
25.	1150	Laura Gilderdale	f		Blackpool Wyre and Fylde	1:01:34	1:01:29
26.	1056	Louise Winter	f		Keswick AC	1:02:05	1:02:04
27.	1164	Lynn Murray	f	Lady Veteran 40	Barrow striders	1:02:23	1:02:20
28.	1122	Bob Wells	m	Veteran 60	Bedford harriers	1:02:28	1:02:19
29.	1058	Ryan Mewis	m		U/A Preston,	1:02:37	1:02:28
30.	1105	Graham Jordan	m		U/A OLDHAM,	1:02:41	1:02:36
31.	1491	Corey Ogden	m		Bury College	1:02:51	1:02:46
32.	1036	Richard Whall	m		U/A Kirkham, Lancashire	1:02:58	1:02:55
33.	1490	Lauren Booth	f		Bury Athletics Club	1:03:03	1:02:59
34.	1152	Andy Bennett	m		U/A Morecambe, Lancashire	1:03:15	1:02:49
35.	1391	sean barry	m	Veteran 40	U/A huddersfield,	1:04:16	1:04:08
36.	1173	David Mossop	m	Veteran 40	Banned out the multi.	1:04:34	1:04:14
37.	1444	aaron dodd	m	Veteran 40	U/A whitley bay, tyne and wear	1:04:38	1:04:18
38.	1421	Dan Wright	m		U/A Macclesfield , Cheshire	1:04:50	1:04:38
39.	1167	jon shard	m	Veteran 40	U/A manchester, lancashire	1:04:51	1:04:47
40.	1055	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:05:01	1:04:55
41.	1365	anna stancombe	f		none	1:05:15	1:05:11
42.	1162	David Huddleston	m		U/A Askam in Furness, Cumbria (county)	1:05:30	1:05:28
43.	1453	Robert Jordan	m		U/A Glossop , Derbyshire	1:05:31	1:05:30
44.	1313	Jonathan Antill	m		U/A Oxford,	1:05:39	1:05:12
45.	1430	George Barnes	m		York acorn running club	1:05:41	1:05:13
46.	1385	James Robinson	m		U/A Chorlton-Cum-Hardy, Manchester	1:05:47	1:04:59
47.	1271	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:05:47	1:05:43
48.	1174	JILL DOUGHERTY	f	Lady Veteran 40	Banned out the multi	1:06:07	1:05:47
49.	1308	Mike Scott	m	Veteran 40	U/A Guiseley, West Yorkshire	1:06:19	1:06:12
50.	1157	Lee Lawrenson	m		U/A Preston, Lancs	1:06:20	1:06:12
51.	1352	Andy Powell	m		U/A Barnsley, South Yorkshire	1:06:28	1:06:13
52.	1327	Kris Dale	m		U/A Wakefield,	1:06:34	1:06:17
53.	1601	Andy Walch	m		U/A Barnsley, South yorkshire	1:06:36	1:06:24
54.	1292	Stephen Robertson	m	Veteran 50	red rose road runners	1:06:44	1:06:37
55.	1196	Neil Truan	m	Veteran 40	U/A Northampton,	1:06:56	1:06:49
56.	1404	Jess Cocker	f		Cambridge and Coleridge AC	1:07:15	1:07:06
57.	1194	andrew foster	m	Veteran 40	U/A southport,	1:07:25	1:07:19
58.	1040	Jo Haigh	f	Lady Veteran 50	U/A Skipton, North Yorkshire	1:07:37	1:07:27
59.	1593	Adam Clammer	m	Veteran 40		1:07:37	1:07:03
60.	1475	Matthew Hillen	m		U/A Newcastle-Upon-Tyne,	1:07:57	1:07:47
61.	1301	Joanne Wilson	f		Wigton Road Runners	1:08:23	1:08:15
62.	1256	Andrew Ritchie	m		U/A Wigan,	1:08:33	1:08:19
63.	1377	Julia Gray Carnaffin	f	Lady Veteran 50	U/A Bardon mill, Northumberland	1:08:49	1:08:39
64.	1266	Bruce Helme	m		U/A Preston, Lancashire	1:08:52	1:08:37
65.	1044	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:09:21	1:09:16
66.	1131	Ian Waddingham	m		Red Rose Road Runners	1:09:39	1:09:31
67.	1250	Emily Roche	f		U/A London,	1:09:48	1:09:35
68.	1482	Michael Fordyce	m	Veteran 50	U/A Carlisle, Cumbria	1:09:53	1:09:11
69.	1048	Gill Petrucci	f	Lady Veteran 40	U/A Skipton, North Yorks	1:09:56	1:09:32
70.	1138	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	1:10:08	1:09:58
71.	1034	Andrew Hemsley	m	Veteran 50	U/A Penrith, Cumbria	1:10:13	1:10:11
72.	1233	Lisa Darby	f	Lady Veteran 40	Sledge field Harriers	1:10:26	1:09:57
73.	1269	Dean Graham	m		Hardly AC	1:10:41	1:10:33
74.	1085	Lisa Bolton	f		Red rose road runners	1:10:55	1:10:47
75.	1369	jerry barnes	m	Veteran 50	york acorn running club	1:11:06	1:10:40
76.	1234	Steve Crame	m	Veteran 50	U/A Kendal, Cumbria	1:11:14	1:11:09
77.	1057	Ruth Mewis	f		U/A Preston,	1:11:16	1:11:09

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78.	1093	Toby Gregory	m		U/A Preston, Lancashire	1:11:18	1:10:57
79.	1147	Liam Aplin	m	Veteran 40	U/A Cockermouth, Cumbria	1:11:23	1:11:08
80.	1407	Ian Whalley	m		U/A Huddersfield, West Yorkshire	1:11:31	1:11:27
81.	1165	Michael Watson	m	Veteran 40	Banned out the multi	1:11:41	1:11:06
82.	1249	Andrea Geoghegan	f		U/A London,	1:11:44	1:11:31
83.	1374	Justin Parr	m	Veteran 40	U/A Knutsford, Cheshire	1:11:49	1:11:24
84.	1277	Ruud Palmer	m		Chorlton Runners	1:11:50	1:11:19
85.	1392	Ste Davison	m	Veteran 40	U/A Manchester,	1:11:52	1:11:40
86.	1470	martyn davidson	m	Veteran 60	U/A weybridge, surrey	1:11:58	1:11:31
87.	1091	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, cumbria	1:12:17	1:12:15
88.	1169	Steve Boston	m	Veteran 40	U/A Manchester,	1:12:32	1:12:16
89.	1181	Claire Platt	f		Tri Preston	1:12:35	1:12:07
90.	1198	Cathryn Hayhurst	f		U/A Ulverston, Cumbria	1:12:37	1:12:33
91.	1004	Keith Jackson-Horner	m	Veteran 60	Milltown Milers	1:12:39	1:12:24
92.	1549	Matthew McColl	m		U/A Preston, Lancashire	1:12:46	1:12:18
93.	1399	Grant Bezuidenhout	m		U/A South Shields,	1:12:55	1:12:36
94.	1567	Annabelle Innerdale	f	Lady Veteran 40	U/A Appleby, Cumbria	1:12:58	1:12:49
95.	1159	Suzanne Kapitonec	f			1:12:59	1:12:58
96.	1389	Michael Jones	m	Veteran 60	Altrincham AC	1:13:00	1:12:48
97.	1524	David Halliwell	m	Veteran 40	U/A Ambleside, Cumbria	1:13:03	1:12:46
98.	1533	Andrew Ward	m		U/A CARNFORTH,	1:13:06	1:13:03
99.	1310	Joanne May	f	Lady Veteran 40	Eden Runners	1:13:29	1:13:24
100.	1471	katherine davidson	f		U/A weybridge, surrey	1:13:31	1:13:05
101.	1265	Harry Matthews	m	Veteran 50	elswick harriers	1:13:32	1:13:25
102.	1557	john edge	m	Veteran 60	none	1:13:32	1:13:26
103.	1197	glenn bailey	m		none	1:13:33	1:13:29
104.	1594	Daniel Arrastraria Orti	m			1:13:34	1:13:00
105.	1133	Jonty Tarbuck	m	Veteran 40	U/A Newcastle upon Tyne,	1:13:45	1:13:17
106.	1328	Josh Hindmoor	m		U/A Wetheral,	1:13:58	1:13:02
107.	1550	Robin Weston	m	Veteran 40	U/A Preston, Lancashire	1:14:25	1:13:55
108.	1130	Darren Entwistle	m	Veteran 40	Fylde Coast Runners	1:14:33	1:13:50
109.	1359	Ellen Stephenson	f		Moss Park Strollers	1:14:38	1:14:07
110.	1513	Susannah Eyre-Brook	f		U/A Newcastle upon Tyne,	1:14:40	1:14:18
111.	1236	Maureen Parker	f	Lady Veteran 50	Tynedale Harriers	1:14:55	1:14:32
112.	1201	Tony Swann	m	Veteran 50	AlbaRosaCC	1:15:01	1:14:16
113.	1451	KRISTIAN ROBINSON	m	Veteran 40	Rochdale Harriers	1:15:06	1:14:46
114.	1062	Hayley Livesey	f	Lady Veteran 40	U/A Lincoln, Lincolnshire	1:15:14	1:15:03
115.	1378	Mark Beswick	m	Veteran 40	U/A Bingley, West Yorkshire	1:15:14	1:14:49
116.	1492	Jonny Eldridge	m		U/A Caernarfon, Gwynedd	1:15:18	1:14:59
117.	1204	Keith Tolley	m	Veteran 50	U/A Buxton,	1:15:22	1:14:36
118.	1002	Samantha Webb	f		U/A	1:15:23	1:14:54
119.	1003	Emmanuelle Matthews	f		U/A	1:15:23	1:14:56
120.	1431	Simon Cocker	m	Veteran 50	U/A Grantham, lincolnshire	1:15:25	1:14:49
121.	1041	Angie Trippitt	f	Lady Veteran 40	Kendal Tri Club	1:15:29	1:15:25
122.	1295	luke kenealy	m		U/A lowton, cheshire	1:15:29	1:15:15
123.	1116	Jackie Welburn	f		U/A Nottingham ,	1:15:36	1:15:26
124.	1350	Sian Mitchell	f		Garden City Runners	1:15:43	1:15:39
125.	1402	Hunter Lyden	m		U/A Manchester,	1:15:44	1:15:03
126.	1304	David Round	m	Veteran 50	Sedgefield Harriers	1:15:47	1:15:33
127.	1335	Gail Hoyle	f	Lady Veteran 40	Red Rose Runners	1:16:01	1:15:50
128.	1193	Paul Thompson	m	Veteran 50	Hornsea Harriers	1:16:32	1:16:18
129.	1016	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:16:36	1:16:32
130.	1206	Sue McRobin	f		Keswick AC	1:16:47	1:16:43
131.	1506	Graham Collins	m	Veteran 60	Milltown Milers	1:16:55	1:16:37
132.	1148	Nicola Stanley	f	Lady Veteran 40	U/A SOUTHPORT,	1:17:05	1:16:33
133.	1149	Lee Johnston	m	Veteran 40	U/A SOUTHPORT,	1:17:06	1:16:33
134.	1558	John Croxford	m	Veteran 50	U/A Coniston, Cumbria	1:17:07	1:16:42
135.	1037	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:17:12	1:16:48
136.	1517	Evonne Carr	f		U/A Manchester, LANCS	1:17:15	1:16:58
137.	1176	Rebecca Hilland	f		Banned out the multi	1:17:25	1:17:02
138.	1595	Jonathan Power	m	Veteran 40		1:17:37	1:17:02
139.	1139	Ellie Nicholson	f		U/A Broughton-in-Furness, none	1:17:45	1:17:33
140.	1140	Allan Nicholson	m	Veteran 50	U/A Broughton-in-Furness, none	1:17:45	1:17:33
141.	1311	Stephen Donne	m		U/A Skipton, North Yorkshire	1:17:45	1:17:38
142.	1371	Ben Metcalf	m	Veteran 40	U/A Preston, Lancashire	1:17:47	1:17:40
143.	1145	Rebecca Hodgson	f		U/A Kendal, Cumbria	1:17:53	1:17:25
144.	1010	Andrew Goodson	m	Veteran 50	U/A Bowness on Windermere, Cumbria	1:17:53	1:17:52
145.	1307	Richard Tickner	m	Veteran 50	U/A Kendal, Cumbria	1:18:00	1:17:24
146.	1356	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:18:03	1:17:50
147.	1202	Rachel Robinson	f	Lady Veteran 40	U/A Hyde, Cheshire	1:18:14	1:17:42
148.	1119	Gerry Burns	m	Veteran 50	U/A Kendal,	1:18:49	1:18:36
149.	1543	Angela Cockram	f	Lady Veteran 40	High Vis Ladies	1:18:54	1:18:33
150.	1423	Claire Newton	f		U/A Wakefield, West Yorkshire	1:18:55	1:18:36
151.	1474	Jen Smith	f		U/A Newcastle-Upon-Tyne,	1:18:55	1:18:45
152.	1160	Laurence Wilkinson	m		N/A	1:18:58	1:18:08
153.	1478	Vivienne Gough	f	Lady Veteran 40	U/A Glasgow,	1:19:04	1:18:53
154.	1278	Victoria Fergusson	f		Chorlton Runners	1:19:05	1:18:32
155.	1212	Christine Angus	f	Lady Veteran 40	U/A Heriot, Midlothian	1:19:07	1:18:30
156.	1213	Scott Amos	m	Veteran 40	U/A Hawick,	1:19:07	1:18:31
157.	1276	nick bell	m	Veteran 50	unattached	1:19:11	1:19:09

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	1380	jane Hallows	f	Lady Veteran 40	Penny lane striders	1:19:12	1:18:54
159.	1401	Fergus Morris	m		U/A Warrington, Cheshire	1:19:16	1:18:51
160.	1337	Steven Campbell	m		U/A Dalbeattie,	1:19:19	1:18:30
161.	1527	HILARY DICKINSON	f	Lady Veteran 60	TYNEDALE HARRIERS & A C	1:19:21	1:18:49
162.	1560	Ian Paterson	m		U/A Bootle, Merseyside	1:19:33	1:19:14
163.	1347	Rachael Broadbent	f		Commando Fit	1:19:39	1:19:21
164.	1205	Sarah Shaw	f	Lady Veteran 40	U/A Wigan,	1:19:48	1:19:13
165.	1046	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:19:53	1:19:50
166.	1273	Damian Duffy	m		U/A Manchester,	1:19:55	1:19:13
167.	1439	Louise Mainwaring	f		U/A Northwich, Cheshire	1:19:58	1:19:24
168.	1209	Tim Massey	m	Veteran 50	U/A Stoke-on-Trent, Staffordshire	1:20:03	1:19:39
169.	1117	Andrew Whitehead	m	Veteran 50	U/A Carnforth, Lancashire	1:20:03	1:19:57
170.	1590	Stuart Rome	m		U/A Carlisle, Cumbria	1:20:12	1:19:32
171.	1487	Rachael Edgar	f		U/A Carlisle,	1:20:31	1:19:54
172.	1331	Kevin Hancock	m	Veteran 40	U/A ashbourne, derbyshire	1:20:36	1:19:49
173.	1525	Julia Forsyth	f	Lady Veteran 40	Unattached	1:20:52	1:20:24
174.	1551	John Hodson	m	Veteran 40	U/A Durham, Durham	1:20:55	1:20:40
175.	1465	Jane Edwards	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:21:10	1:20:44
176.	1386	Dominic Coleman	m		U/A Manchester,	1:21:21	1:20:31
177.	1001	Lucy Derby	f	Lady Veteran 40	Moss Park Strollers	1:21:29	1:20:59
178.	1466	Michael Collins	m	Veteran 40	U/A Liverpool,	1:21:45	1:21:18
179.	1043	Linda Gant	f	Lady Veteran 50	St.Bees Triers	1:21:58	1:21:35
180.	1441	Timon Robson	m	Veteran 40	U/A St Bees, Cumbria	1:22:09	1:21:44
181.	1406	Christopher Snell	m		U/A Kendal, Cumbria	1:22:12	1:21:12
182.	1348	Felicity Cross	f	Lady Veteran 50	Preston Harriers	1:22:17	1:22:02
183.	1270	Steve Starkie	m		U/A Whitehaven,	1:22:19	1:22:10
184.	1552	Nicola Phillips	f	Lady Veteran 50	U/A Manchester,	1:22:32	1:22:21
185.	1224	Ioan Waight	m		U/A Ambleside,	1:22:35	1:21:47
186.	1398	Rachael Holloway	f		U/A Liverpool,	1:22:35	1:22:30
187.	1539	Yolanda Metcalfe	f		High Vis Ladies	1:22:41	1:22:16
188.	1542	Heidi Pearson	f	Lady Veteran 40	High Vis Ladies	1:22:41	1:22:13
189.	1538	Maxine Ogden	f	Lady Veteran 40	High Vis Ladies	1:22:41	1:22:16
190.	1364	Christine Hearmon	f	Lady Veteran 50	Sedgefield Harriers	1:22:52	1:22:02
191.	1132	Paul Shawcross	m	Veteran 40	Banned out the multi	1:22:57	1:22:21
192.	1403	Katie Wray	f		U/A Manchester,	1:23:08	1:22:28
193.	1109	Sharron Elsdon	f		U/A Hawick, Scottish Borders	1:23:08	1:23:04
194.	1366	Claire Schofield	f	Lady Veteran 40	U/A York,	1:23:11	1:22:30
195.	1515	Libby Dixon	f		U/A Ambleside, cumbria	1:23:19	1:22:34
196.	1050	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:23:39	1:23:15
197.	1528	David Stacey	m		U/A Chorley, Lancashire	1:23:42	1:23:11
198.	1094	Sara Brookes	f	Lady Veteran 40	U/A Preston, Lancashire	1:23:43	1:23:29
199.	1413	Claire Haigh	f	Lady Veteran 40	U/A Hexham,	1:23:48	1:23:10
200.	1412	Kate Lowe	f		U/A Hexham,	1:23:53	1:23:16
201.	1045	Laura Robson	f		York Postal Harriers	1:23:59	1:23:50
202.	1101	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:23:59	1:23:48
203.	1286	Mark Lovering	m	Veteran 40	U/A Chorley, Lancashire	1:24:15	1:23:20
204.	1290	Glenn Morris	m	Veteran 40	U/A Lancaster, Lancs	1:24:16	1:23:20
205.	1241	Pete Holding	m	Veteran 50	U/A Kendal, Cumbria	1:24:17	1:23:41
206.	1449	Katie Dodd	f	Lady Veteran 40	Sluice	1:24:30	1:24:10
207.	1592	Tony Rankin	m	Veteran 40		1:24:38	1:24:04
208.	1536	Linda Francis	f	Lady Veteran 50	High Vis Ladies	1:24:46	1:24:25
209.	1579	Anthony Vincent	m	Veteran 50	Parbold Pink Panthers	1:24:47	1:24:26
210.	1510	Anthony Stacey	m	Veteran 60	U/A Burnley, Lancashire	1:24:56	1:24:26
211.	1436	John Howells	m		U/A Anslow,	1:25:00	1:24:20
212.	1362	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:25:19	1:25:12
213.	1190	Ross Crombie	m	Veteran 50	U/A West Bridgford,	1:25:33	1:25:16
214.	1084	Hannah Rosborough	f	Lady Veteran 40	U/A Ashton Under Lyne, Lancs	1:25:35	1:25:18
215.	1339	Haris Kaloudis	m		U/A Lancaster,	1:25:38	1:24:38
216.	1135	ian mitchell	m	Veteran 50	helm hill runners	1:25:39	1:24:45
217.	1280	Nicola Sloan	f	Lady Veteran 40	U/A Cockermouth, Cumbria	1:25:51	1:25:47
218.	1588	Gillian Wilkinson	f	Lady Veteran 50	U/A Kendal,	1:26:05	1:25:34
219.	1260	Lucy Smith	f		U/A Castle Douglas ,	1:26:08	1:25:19
220.	1324	Georgina Sinfield	f	Lady Veteran 40	U/A Mayfield Ashbourne, Derbyshire	1:26:12	1:25:27
221.	1368	Kate Tilsley	f	Lady Veteran 40	Ashbourne Running Club	1:26:23	1:25:38
222.	1268	Lynne Sweeney	f	Lady Veteran 50	U/A Bowness On Windermere, Cumbria	1:26:25	1:25:41
223.	1089	Lindsey McGahey	f		Women on the Run	1:26:42	1:26:25
224.	1493	Mark Eldridge	m	Veteran 50	U/A Caernarfon, Gwynedd	1:26:52	1:26:32
225.	1020	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:26:55	1:26:33
226.	1433	kate furness	f	Lady Veteran 50	U/A burton upon trent, staffordshire	1:26:56	1:26:18
227.	1382	Oliver Collins	m		U/A Bolton, Lancashire	1:27:06	1:26:18
228.	1381	Jonathan Downs	m		U/A Preston,	1:27:07	1:26:18
229.	1603	Ruth Bowden	f		U/A	1:27:18	1:26:53
230.	1257	David Western	m	Veteran 50	U/A Sutton, Surrey	1:27:20	1:26:22
231.	1124	Catherine Betley	f		N/A	1:27:26	1:26:42
232.	1113	John Slater	m	Veteran 50	U/A Carnforth, Lancs	1:27:26	1:26:42
233.	1559	Michelle Clough	f	Lady Veteran 40	U/A Newsham, North Yorkshire	1:27:32	1:27:10
234.	1291	Ben Paglia	m		U/A Aughton, Lancashire	1:27:34	1:27:23
235.	1142	Ellena Gamberini	f		Rocktart Runners	1:27:45	1:27:21
236.	1498	SARAH LAWLEY	f		U/A APPLEBY, CUMBRIA	1:27:47	1:27:09
237.	1545	Karen White	f	Lady Veteran 40	High Vis Ladies	1:27:47	1:27:16

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	1477	gavin fisk	m	Veteran 40	U/A manchester,	1:27:49	1:27:11
239.	1282	Barbara Hills	f	Lady Veteran 50	Goyt Valley Striders	1:27:53	1:27:41
240.	1141	David Cassels	m	Veteran 50	Rocktart Runners	1:27:56	1:27:33
241.	1015	Dave Hall	m	Veteran 50	Honister 92	1:28:03	1:27:07
242.	1602	Kate Maynard	f		U/A	1:28:25	1:28:00
243.	1434	harriet furness	f		U/A burton upon trent, staffordshire	1:28:25	1:27:46
244.	1580	Ray Bessant	m	Veteran 50		1:28:31	1:28:18
245.	1223	Sue Dobson	f	Lady Veteran 40	Sedgefield harriers	1:28:31	1:27:40
246.	1243	Samantha Edwards	f		Childrens cancer and leukaemia group	1:28:51	1:28:45
247.	1591	Viv Riley	f	Lady Veteran 50		1:29:02	1:28:31
248.	1013	Jayne Hall	f	Lady Veteran 50	U/A Egremont, Cumbria	1:29:11	1:28:15
249.	1376	Helen Dodd	f		U/A Hexham, Northumberland	1:29:16	1:29:08
250.	1585	Clare Mason	f	Lady Veteran 40	U/A Widnes , Cheshire	1:29:33	1:29:21
251.	1079	Elaine Tompkins	f		U/A Colne, Lancashire	1:29:36	1:29:01
252.	1424	Karen Christou	f	Lady Veteran 40	U/A Milnthorpe, CUMBRIA	1:29:40	1:29:36
253.	1237	Peter Jameson	m	Veteran 60	Arragon Triathlon Club	1:29:47	1:29:23
254.	1112	Gary Goodall	m		U/A Morecambe, lancs	1:29:54	1:29:07
255.	1508	Claire Weller	f		U/A WIGTON,	1:29:56	1:29:25
256.	1384	Martha Laxton-Kane	f	Lady Veteran 40	Milltown Milers	1:29:59	1:29:43
257.	1417	Peter Spencer	m	Veteran 60	Milltown Milers	1:29:59	1:29:43
258.	1330	Andrea Hancock	f	Lady Veteran 40	U/A Ashbourne, Derbyshire	1:30:03	1:29:16
259.	1408	Elizabeth Ribchester	f		U/A Ambleside, Cumbria	1:30:03	1:29:20
260.	1245	Ursula Kaul	f	Lady Veteran 40	U/A Ashbourne,	1:30:06	1:29:20
261.	1283	Catherine Higson	f		U/A Keswick, Cumbria	1:30:12	1:29:38
262.	1394	Mark Wilson	m	Veteran 40	U/A Skipton, North Yorkshire	1:30:17	1:29:49
263.	1065	Kevin Bloor	m	Veteran 40	U/A Rothwell,	1:30:22	1:30:09
264.	1066	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:30:22	1:30:10
265.	1360	Robin Stebbings	m	Veteran 60	Unattached	1:30:34	1:29:57
266.	1287	Anthony McCully	m	Veteran 50	none	1:30:40	1:30:11
267.	1096	amy wright	f		U/A tarporley, cheshire	1:30:43	1:29:56
268.	1151	Jenna Butler	f		U/A Kendal, Cumbria	1:30:45	1:30:18
269.	1379	Simon Grayston	m		U/A Preston, Lancs	1:30:50	1:30:43
270.	1031	Jackie Frank	f		U/A Redcar,	1:30:56	1:30:14
271.	1351	Laraine Lindsey	f	Lady Veteran 40	U/A Clitheroe, Lancashire	1:31:00	1:30:20
272.	1358	louise weller	f	Lady Veteran 50	styal running club	1:31:13	1:30:55
273.	1500	Alison Hodges	f	Lady Veteran 40	Blackhill Bounders	1:31:24	1:31:01
274.	1390	brian richardson	m	Veteran 50	blackhill bounders	1:31:25	1:31:01
275.	1326	gillian atkinson	f	Lady Veteran 50	U/A neston, cheshire	1:31:34	1:31:08
276.	1189	Philip Loftus	m	Veteran 50	U/A Bolton, Lancashire	1:31:34	1:30:59
277.	1235	Jennifer Prattley	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:31:52	1:31:32
278.	1103	catherine wileman	f		na	1:31:54	1:31:44
279.	1035	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:32:04	1:31:30
280.	1314	Jayne Dore	f	Lady Veteran 40	U/A Formby,	1:32:10	1:32:02
281.	1315	Simon Cowling	m	Veteran 40	U/A Formby,	1:32:10	1:32:02
282.	1300	anneke ramsay	f	Lady Veteran 40	U/A silloth, cumbria	1:32:16	1:32:08
283.	1511	Dawn Gray	f	Lady Veteran 40	Wigton Road Runners	1:32:16	1:32:08
284.	1000	sue woods	f	Lady Veteran 50	U/A levens, cumbria	1:32:29	1:31:58
285.	1344	Linda Lancaster	f	Lady Veteran 50	The Ulverston Wolves	1:32:38	1:32:06
286.	1200	Dan Babic	m	Veteran 50	Independent	1:32:42	1:31:56
287.	1288	Tara McCully	f		none	1:32:59	1:32:30
288.	1432	ray furness	m	Veteran 50	U/A burton upon trent, staffordshire	1:33:05	1:32:25
289.	1435	Charlotte Furness	f		U/A Anslow,	1:33:06	1:32:25
290.	1275	LAURENCE CATHERINE	f	Lady Veteran 40	U/A WHITLEY BAY, TYNE & WEAR	1:33:10	1:32:34
291.	1509	Jim Dean	m	Veteran 70	U/A Kendal, Cumbria	1:33:15	1:33:00
292.	1529	Nick Marr	m	Veteran 50	U/A Reading, Berkshire	1:33:30	1:32:31
293.	1526	andy hayes	m	Veteran 50	U/A wigton, England	1:33:30	1:32:31
294.	1373	Steve Senior	m		U/A Horsforth,	1:33:34	1:33:11
295.	1072	alison chambers	f		U/A skelsmergh,	1:33:53	1:33:23
296.	1546	Lizzie Williams	f		High Vis Ladies	1:33:54	1:33:30
297.	1485	Laura Keeler	f		U/A Kirkby Lonsdale, Lancs	1:34:00	1:33:23
298.	1486	Tamara Skelton	f	Lady Veteran 40	U/A Kirkby Lonsdale, Cumbria	1:34:01	1:33:24
299.	1110	Emma Johnson	f		Red Rose Road Runners	1:34:03	1:33:10
300.	1217	Elizabeth Penrose	f	Lady Veteran 40	U/A Lewes, Sussex	1:34:11	1:33:56
301.	1216	Ruth Clements	f	Lady Veteran 40	U/A Scarborough, North Yorkshire	1:34:11	1:33:56
302.	1554	Victoria Maxfield	f		U/A Bolton,	1:34:12	1:33:38
303.	1555	Gail Maxfield	f		U/A Bolton,	1:34:12	1:33:39
304.	1097	Lorraine Yuill	f	Lady Veteran 40	U/A Lancaster ,	1:34:20	1:34:11
305.	1323	Roisin Black	f		U/A Skipton, North Yorkshire	1:34:22	1:33:55
306.	1303	Tom French	m		U/A Skipton, North Yorkshire	1:34:22	1:33:56
307.	1519	Ceri Milton	f		U/A Stockport,	1:34:28	1:34:17
308.	1095	Dave Newton	m		None	1:34:35	1:34:21
309.	1052	Louise Corrigan	f		Swinton RC	1:34:40	1:33:51
310.	1425	Kelly Barrett	f		U/A Stockton on Tees,	1:34:52	1:34:14
311.	1426	martin barrett	m	Veteran 40	U/A stockton-on-tees,	1:34:52	1:34:15
312.	1007	Helen Kilner	f	Lady Veteran 40	U/A York,	1:35:02	1:34:49
313.	1318	Linda Kelly	f	Lady Veteran 40	Shildon Athletic Running Club	1:35:04	1:34:05
314.	1319	Denise Kelly	f	Lady Veteran 40	U/A Ferryhill, Durham	1:35:04	1:34:06
315.	1264	Lauren Jennison	f		U/A Grange-over-sands, Cumbria	1:35:06	1:34:20
316.	1573	Emily Roberts	f	Lady Veteran 50	Asics	1:35:06	1:34:44
317.	1083	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:35:06	1:34:48

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	1082	Peter Phillips	m	Veteran 60	Loftus and Whitby AC	1:35:06	1:34:49
319.	1060	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:35:07	1:34:35
320.	1030	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:35:08	1:34:34
321.	1489	Amy Duncan	f		U/A BT28 2JS, Antrim	1:35:14	1:34:22
322.	1488	Lucy Duncan	f		U/A Lisburn,	1:35:15	1:34:23
323.	1238	Catherine Haggerty	f		U/A St Helens,	1:35:30	1:34:52
324.	1053	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:35:39	1:34:46
325.	1415	Ian Beadle	m	Veteran 40	U/A durham, durham	1:35:51	1:35:04
326.	1321	Katie Harrison	f	Lady Veteran 40	U/A York, North Yorkshire	1:36:01	1:35:48
327.	1454	Becky Goulding	f		U/A Brighouse, West Yorkshire	1:36:03	1:35:20
328.	1340	angela turner	f		ulverston wolves	1:36:08	1:35:36
329.	1179	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:36:30	1:36:22
330.	1563	Kathryn McGregor	f		U/A Liverpool,	1:36:39	1:35:37
331.	1564	Eliza Pye	f		U/A Liverpool,	1:36:40	1:35:37
332.	1226	Shelly Allen	f	Lady Veteran 40	U/A Bury, Lancashire	1:36:40	1:36:04
333.	1562	Marie Stolbrink	f		U/A Liverpool,	1:36:40	1:35:38
334.	1225	Nicole Carter	f		U/A Salford, Greater Manchester	1:36:40	1:36:04
335.	1227	Nick Archer	m	Veteran 40	U/A Manchester,	1:36:55	1:36:05
336.	1080	Leanne Morgan-Hillam	f		U/A Wigan, Lancs	1:36:56	1:36:12
337.	1537	Sophie Ridsdale	f	Lady Veteran 40	High Vis Ladies	1:36:58	1:36:27
338.	1281	Chris Ennis	m	Veteran 40	U/A York,	1:37:10	1:36:41
339.	1232	Graham Darby	m	Veteran 40	Sledge field Harriers	1:37:13	1:36:22
340.	1006	Susan Averill	f	Lady Veteran 50	NWR	1:37:27	1:36:52
341.	1516	Tia Harbour	f		U/A Rochdale, Lancs	1:37:27	1:36:31
342.	1547	Judith Cansfield	f	Lady Veteran 40	High Vis Ladies	1:37:41	1:37:14
343.	1349	Freda Peacock	f	Lady Veteran 60	U/A PRESTON, Lancashire	1:37:45	1:37:29
344.	1215	Helen Larkin	f	Lady Veteran 40	U/A Motherwell,	1:37:46	1:36:49
345.	1520	Caroline Prince	f		U/A Andover,	1:38:00	1:37:16
346.	1521	Darren Cross	m		U/A Andover, Hampshire	1:38:00	1:37:16
347.	1240	Maureen Lees	f	Lady Veteran 40	U/A Strathaven, Lanarkshire	1:38:04	1:37:07
348.	1464	BARRY GREEN	m	Veteran 60	NONE	1:38:31	1:38:25
349.	1566	Sophie Armstrong	f		Leverets	1:38:37	1:37:52
350.	1514	Jayne Smith	f		U/A Ambleside, Cumbria	1:38:39	1:37:54
351.	1576	Eilidh Simpson	f	Lady Veteran 50	U/A East Kilbride, Lanarkshire	1:38:40	1:37:44
352.	1121	Sophie McIntosh	f		U/A Burnley, Lancashire	1:39:23	1:38:29
353.	1504	Martin Parsons	m	Veteran 60	U/A Sedbergh, Cumbria	1:39:29	1:39:16
354.	1443	Fiona Wood	f		Elvet Striders	1:39:38	1:38:46
355.	1522	Cath Jones	f	Lady Veteran 50	Bramhall Runners	1:39:47	1:38:45
356.	1011	Laura Clements	f	Lady Veteran 50	U/A Penrith, Cumbria	1:39:51	1:39:46
357.	1104	Janine Jordan	f		U/A Oldham,	1:40:27	1:39:42
358.	1577	Michelle Mackay	f	Lady Veteran 40	DH Runners	1:40:31	1:40:02
359.	1483	Jo Hall	f	Lady Veteran 40	U/A Carnforth, Lancashire	1:41:01	1:40:44
360.	1586	Rachael Atkinson	f		U/A Ulverston, Cumbria	1:41:07	1:40:38
361.	1499	Laura Sweeting	f		U/A Manchester,	1:41:17	1:40:49
362.	1042	Jonathan Perry	m	Veteran 40	North Wales Road Runners Club	1:41:19	1:41:17
363.	1272	Kathryn Nicholson	f		U/A Leeds,	1:41:23	1:40:22
364.	1342	Joanne King	f		U/A Ulverston , Cumbria	1:41:29	1:40:56
365.	1195	ERYL ANDREW	f	Lady Veteran 50	EASINGWOLD	1:41:36	1:40:59
366.	1022	Jan Molyneux	f	Lady Veteran 40	U/A Manchester,	1:41:39	1:40:50
367.	1009	Emma Houlihan	f		U/A Windermere, Cumbria	1:41:46	1:41:03
368.	1184	Dagmar Sharples	f	Lady Veteran 40	U/A Smethwick,	1:41:47	1:41:18
369.	1026	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:42:05	1:41:25
370.	1507	Tom Johnson	m		U/A Ottringham, East Yorkshire	1:42:14	1:41:18
371.	1388	jo keenan	f	Lady Veteran 40	U/A york,	1:42:32	1:41:52
372.	1387	dyfed evans	m	Veteran 40	U/A york,	1:42:33	1:41:52
373.	1600	Martyn Willacy	m	Veteran 40	U/A Grange-Over-Sands, Cumbria	1:42:33	1:41:41
374.	1462	Tracy Davis	f	Lady Veteran 40	U/A London,	1:42:33	1:41:41
375.	1548	Paula Day	f	Lady Veteran 40	Widnes Wasps Ladies Running Club	1:42:38	1:41:55
376.	1363	Richard Hearmon	m	Veteran 60	Sedgefield Harriers	1:43:23	1:42:32
377.	1346	laura wigley	f		U/A wakefield,	1:43:25	1:43:06
378.	1302	Jennie Eastham	f		Commando Fit	1:43:25	1:43:06
379.	1214	Sarah Vickery	f	Lady Veteran 40	Rayleigh Road Runners	1:43:32	1:42:38
380.	1244	Cathrine Holland	f	Lady Veteran 40	Moss Park Strollers	1:43:39	1:43:07
381.	1410	Rachel Antill	f		U/A Witney, Oxfordshire	1:43:45	1:42:54
382.	1284	Ruth Wilson	f	Lady Veteran 50	U/A Hayfield, High Peak	1:43:58	1:43:45
383.	1599	David Mair	m	Veteran 40	U/A Edinburgh,	1:43:59	1:43:49
384.	1598	Lisa Colgan	f	Lady Veteran 40	U/A Edinburgh,	1:43:59	1:43:49
385.	1258	Lyndsey Clark	f		U/A Edinburgh,	1:44:00	1:43:10
386.	1544	Chris McGregor	f	Lady Veteran 60	High Vis Ladies	1:44:15	1:43:54
387.	1597	Helen Holmes	f	Lady Veteran 40	U/A Normanton, West yorkshire	1:44:28	1:43:30
388.	1279	Sarah cowdell	f	Lady Veteran 50	U/A Huddersfield, west yorks	1:44:30	1:43:39
389.	1075	Rachel Brownsmith	f		U/A Lancaster,	1:44:32	1:43:59
390.	1469	Chris Hutchinson	m	Veteran 50	U/A Hull, East Riding of Yorkshire	1:45:07	1:44:16
391.	1251	Alda Hummelinck	f	Lady Veteran 40	Sedgefield Harriers	1:45:08	1:44:18
392.	1400	Faith Hillier	f		U/A Kendal, Cumbria	1:45:21	1:44:35
393.	1005	Gillian Graves	f	Lady Veteran 50	U/A York, North Yorkshire	1:45:26	1:45:17
394.	1518	Jill Burns	f	Lady Veteran 40	U/A Kendal,	1:45:36	1:45:23
395.	1334	Briony Mawson	f	Lady Veteran 50	U/A Tadcaster, North Yorkshire	1:45:39	1:44:48
396.	1274	Anne Molloy	f	Lady Veteran 50	U/A Halifax, West Yorkshire	1:45:40	1:44:50
397.	1476	jonathan fisk	m	Veteran 70	U/A york,	1:46:23	1:45:45

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
398.	1027	David Binks	m	Veteran 60	Allithwaite Running Club	1:46:25	1:45:21
399.	1051	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:46:29	1:45:40
400.	1372	Val Cumberpatch	f	Lady Veteran 50	U/A Cirencester, Gloucestershire	1:46:40	1:45:49
401.	1267	Yvonne Reape	f	Lady Veteran 40	U/A Leeds,	1:46:49	1:45:51
402.	1191	Clare Image	f	Lady Veteran 40	U/A Leeds, West Yorkshire	1:46:49	1:45:49
403.	1008	Caroline Kenyon	f	Lady Veteran 50	U/A Liverpool,	1:46:55	1:46:31
404.	1306	Helen Letts	f	Lady Veteran 40	Sedgefield Harriers	1:47:14	1:46:27
405.	1064	Jack Waite	m	Veteran 50	U/A Milnthorpe, Cumbria	1:47:20	1:46:34
406.	1396	Anna Walton	f	Lady Veteran 40	None	1:47:27	1:46:29
407.	1228	Heidi Martin	f		St.Bees Triers	1:48:14	1:47:32
408.	1263	Alison Wright	f		U/A Carlisle,	1:48:35	1:47:35
409.	1343	Sue Raynerd	f		U/A Carlisle, Cumbria	1:48:36	1:47:36
410.	1254	samantha hodgson	f	Lady Veteran 40	U/A grange over sands, cumbria	1:48:40	1:47:45
411.	1531	Lucy Tasker	f		WeRunLiv	1:48:57	1:47:58
412.	1144	Eleanor Seddon	f		U/A Richmond, North Yorkshire	1:49:13	1:49:08
413.	1578	Frances Braithwaite	f			1:49:38	1:49:08
414.	1540	Sheelagh Warner	f	Lady Veteran 50	High Vis ladies	1:49:46	1:49:25
415.	1450	BRENDA ROBINSON	f	Lady Veteran 70	Rochdale Harriers	1:50:05	1:49:51
416.	1106	claire wearden	f	Lady Veteran 40	U/A poulton le fylde,	1:50:10	1:49:15
417.	1107	neil wearden	m	Veteran 40	U/A preston,	1:50:10	1:49:16
418.	1192	Julie Thompson	f	Lady Veteran 50	Hornsea Harriers	1:51:10	1:50:12
419.	1188	Julie Loftus	f	Lady Veteran 50	U/A Bolton, Lancashire	1:51:22	1:50:46
420.	1409	Liam Cawley	m	Veteran 40	U/A durham,	1:51:26	1:51:10
421.	1137	Simon Osmond	m	Veteran 40	U/A Carnforth, Lancashire	1:51:38	1:50:54
422.	1442	Ruth Little	f		U/A Sheffield, UK	1:51:38	1:50:54
423.	1414	Sarah Clancy	f		U/A Halifax,	1:52:10	1:51:17
424.	1355	John Thomson	m	Veteran 50	U/A Penicuik, Midlothian	1:53:21	1:52:20
425.	1494	Diane Blagden	f	Lady Veteran 40	Wesham Road Runners	1:53:39	1:52:40
426.	1361	Frances Lloyd	f	Lady Veteran 40	U/A Todmorden, West Yorkshire	1:53:51	1:52:57
427.	1505	Jayne Hurst	f	Lady Veteran 40	U/A Preston, Lancashire	1:53:51	1:52:51
428.	1262	Christine Winder	f	Lady Veteran 50	U/A Ulverston, Cumbria	1:53:53	1:52:58
429.	1353	Sara Robinson	f	Lady Veteran 40	None	1:54:02	1:53:08
430.	1495	Julie Rooney	f	Lady Veteran 40	Wesham road runners	1:54:12	1:53:13
431.	1068	Rosa Elliott	f	Lady Veteran 50	U/A Sale, Cheshire	1:54:36	1:53:37
432.	1155	Louise Murray	f	Lady Veteran 50	U/A Manchester,	1:54:55	1:54:19
433.	1561	Jemma Gillman	f		U/A Stratford upon Acon,	1:55:02	1:54:00
434.	1455	Stewart McNicholl	m	Veteran 40	U/A Seaton sluice, Northumberland	1:55:31	1:55:08
435.	1143	Ursula Collie	f	Lady Veteran 50	U/A Richmond, North Yorks	1:56:06	1:55:20
436.	1473	Sadie Mulkeen	f		U/A Huddersfield , West Yorkshire	1:56:10	1:55:14
437.	1297	Laura Ashton	f		U/A Telford, Shropshire	1:58:15	1:57:21
438.	1296	steven kenealy	m		U/A lowton, Cheshire	1:58:16	1:57:22
439.	1568	Dot Carr	f	Lady Veteran 60	U/A harrogate, yorkshire	1:58:34	1:57:56
440.	1472	Suzanne Arnold	f		U/A Cleckheaton, West Yorkshire	1:58:42	1:57:45
441.	1565	Amanda Skelton	f	Lady Veteran 40	U/A Penrith , Cumbria	1:58:50	1:58:11
442.	1239	Karen Cummings	f	Lady Veteran 40	U/A St Helens, Merseyside	1:58:55	1:58:16
443.	1090	Helen Borking	f	Lady Veteran 50	Women on the Run	1:59:09	1:58:51
444.	1411	Anna Yates	f		U/A Castle Douglas, Kirkcudbrightshire	1:59:13	1:58:24
445.	1161	Clare Proctor	f		U/A Manchester,	1:59:19	1:58:26
446.	1354	Kate Thomson	f	Lady Veteran 40	U/A Penicuik, Midlothian	1:59:25	1:58:24
447.	1172	Sue Smith	f	Lady Veteran 40	U/A Morecambe, Lancs	1:59:31	1:58:41
448.	1336	Anna Smith	f		U/A Dalbeattie,	1:59:36	1:58:47
449.	1393	sheree lyons	f		sedgefield harriers	2:00:15	1:59:27
450.	1333	Norman Wilson	m	Veteran 70	U/A Lancaster,	2:01:00	2:00:12
451.	1203	Mary Moden	f	Lady Veteran 40	U/A Hyde, Cheshire	2:01:04	2:00:34
452.	1163	Dawn Anderson	f	Lady Veteran 40	U/A Rochdale, Lancashire	2:02:48	2:01:54
453.	1208	Lisa Kemp	f	Lady Veteran 40	U/A Liverpool, Merseyside	2:03:08	2:02:25
454.	1440	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	2:03:39	2:02:36
455.	1128	Fiona McAuley	f	Lady Veteran 50	U/A Manchester, Greater Manchester	2:04:38	2:04:16
456.	1126	Clare Crawford	f	Lady Veteran 50	U/A Altrincham, Cheshire	2:04:44	2:04:23
457.	1583	Clare Houlihan	f	Lady Veteran 50	U/A Windermere, Cumbria	2:06:12	2:05:30
458.	1261	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	2:07:31	2:06:29
459.	1428	Paula Dailey	f	Lady Veteran 40	U/A Newcastle Upon Tyne, Tyne & Wear	2:08:11	2:07:15
460.	1429	Steven Dailey	m	Veteran 40	U/A Newcastle Upon Tyne,	2:08:12	2:07:16
461.	1589	Tira Moore	f	Lady Veteran 40	U/A Durham,	2:09:46	2:08:53
462.	1129	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	2:11:32	2:10:43
463.	1125	Karen Braddon	f	Lady Veteran 60	U/A Lancaster, Lancashire	2:11:32	2:10:44
464.	1570	Niki Roberts	f		Asics	2:12:17	2:11:56
465.	1574	Melanie Smethurst	f			2:12:18	2:11:56
466.	1100	Claire Pearson	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	2:16:02	2:15:22
467.	1099	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	2:16:04	2:15:23
468.	1211	Nicola Higham	f	Lady Veteran 40	Ainsdale Stormers	2:16:54	2:16:11
469.	1187	Nicola Richmond	f	Lady Veteran 40	Jelly Legs	2:29:59	2:28:57
470.	1185	Dawn Branson	f	Lady Veteran 40	U/A Keswick, Cumbria	2:29:59	2:28:57
471.	1467	Malcolm Curtis	m	Veteran 50	U/A Durham,	2:52:36	2:52:26
472.	1468	James Curtis	m		U/A Durham,	2:52:37	2:52:17
473.	907	N.N. 907				3:58:13	1:42:28
474.	908	N.N. 908				4:05:59	1:50:27
475.	909	N.N. 909				4:10:32	1:54:52
476.	906	N.N. 906				4:20:15	2:04:00

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
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Number of records: 476