

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Hawkshead Trail Run10km							
1.	1402	Paul Graham	m		Derwent AC	0:49:54	0:49:58
2.	1425	Chris Essex-Crosby	m		Horwich RMI Harriers	0:53:36	0:53:36
3.	1229	sean mcgill	m		U/A wallsend, tyne and wear	0:54:22	0:54:19
4.	1043	Thomas Feather	m		Leeds Bradford Tri Club	0:54:56	0:55:00
5.	1210	david whitfield	m	Veteran 50	U/A clitheroe, lincs	0:55:15	0:55:24
6.	1274	Samuel Morgan	m		AmblesideRC	0:55:25	0:55:18
7.	1214	William Richardson	m	Veteran 40	Irvine Running Club	0:55:45	0:55:45
8.	1422	Christina Wiejak	f			0:55:52	0:55:52
9.	1153	Steven Henderson	m		U/A Manchester,	0:56:01	0:55:37
10.	1196	Christopher Durkin	m		None	0:58:12	0:57:56
11.	1376	michael Weedall	m	Veteran 50	vale royal	0:58:36	0:58:30
12.	1080	Liam Gorman	m		U/A Grange over sands, Cumbria	0:58:43	0:58:40
13.	1099	Thomas Deakin	m		U/A Stockport, Cheshire	0:58:53	0:58:52
14.	1247	Suzanne Toppin	f	Lady Veteran 40	U/A Penrith, Cumbria	0:58:57	0:59:00
15.	1023	Helen Woodley	f	Lady Veteran 40	U/A Ulverston, Cumbria	0:59:23	0:59:21
16.	1009	anthony kavanagh	m	Veteran 40	arragons cumbrian tri club	1:00:19	1:00:16
17.	1358	Sam Edmondson	m	Veteran 40	U/A Lancaster, Lancashire	1:00:47	1:00:45
18.	1280	Danny Roberts	m		U/A Sale, Cheshire	1:00:47	1:00:45
19.	1365	Mick Monkman	m	Veteran 40	U/A Sunderland,	1:00:57	1:00:53
20.	1418	Kath Atherton	f			1:01:09	1:01:07
21.	1113	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	1:01:16	1:00:56
22.	1417	Graham Millington	m	Veteran 40	Wigan Harriers	1:01:20	1:01:18
23.	1149	Kristian Robinson	m	Veteran 40	Rochdale Harriers and A.C	1:01:24	1:01:15
24.	1407	Michael Dickinson	m		U/A Ulverston, Cumbria	1:01:30	1:01:26
25.	1347	Lawrence Mannion	m	Veteran 50	U/A Kendal,	1:01:30	1:01:29
26.	1385	Craig Lavery	m		U/A Ulverston , Cumbria	1:01:31	1:01:27
27.	1320	John Cant	m		City Hash House Harriers	1:01:46	1:01:40
28.	1322	john allton	m	Veteran 40	U/A Northwich, Cheshire	1:01:55	1:01:54
29.	1176	Andy Dodd	m	Veteran 40	Dow Schofield Watts Running Club	1:02:15	1:02:14
30.	1216	Harry matthews	m	Veteran 60	Elswick harriers	1:02:59	1:02:56
31.	1075	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:03:25	1:03:24
32.	1225	Clare Smith	f	Lady Veteran 40	U/A Bolton,	1:03:30	1:03:27
33.	1143	Kris Carson	m	Veteran 40	U/A Egremont, Cumbria	1:03:32	1:03:31
34.	1024	tim Palmer	m	Veteran 50	Deeside RC	1:03:52	1:03:51
35.	1117	jon shard	m	Veteran 40	U/A manchester, lancashire	1:04:13	1:04:08
36.	1100	Jackie Chapman	f	Lady Veteran 50	Lakeland Orienteering Club	1:04:30	1:04:18
37.	1290	Jens Meierhenrich	m	Veteran 40	U/A London,	1:04:32	1:04:24
38.	1198	David Johnson	m	Veteran 50	North Shields Polytechnic Athletic Club	1:04:34	1:04:29
39.	1296	Stephen Richards	m	Veteran 40	U/A East Barnet, hertfordshire	1:04:50	1:04:41
40.	1048	Steve Foreman	m	Veteran 40	Sedgefield Harriers	1:04:58	1:04:24
41.	1205	Emma Essex-Crosby	f		Preston Harriers	1:05:06	1:05:05
42.	1227	James Walsh	m		Kirkby Stephen Grammar School	1:05:17	1:05:12
43.	1334	Andrew Quinn	m		U/A Lancaster, Lancashire	1:05:21	1:05:09
44.	1219	Phillip Doyle	m		U/A Newcastle Upon Tyne,	1:05:27	1:04:56
45.	1178	Guy Lewcock	m		U/A Whitley Bay, Tyne and Wear	1:05:44	1:05:38
46.	1077	Graham Jackson	m		U/A G-o-S, Cumbria	1:05:47	1:05:46
47.	1310	Robin Seymour	m		U/A Manchester,	1:05:56	1:05:50
48.	1022	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:06:02	1:05:57
49.	1324	Catriona Curtis	f		U/A Kirkby Lonsdale, Cumbria	1:06:15	1:06:08
50.	1284	Andrew Backhouse	m	Veteran 40	U/A Windermere,	1:06:30	1:06:29
51.	1188	David Langrish	m	Veteran 60	SGRAC	1:06:41	1:06:30
52.	1242	Mark Wilkie	m		U/A Barrow-in-Furness,	1:06:55	1:06:50
53.	1414	Paul Vousden	m			1:06:56	1:06:54
54.	1228	anna stancombe	f		none	1:07:18	1:07:15
55.	1211	aaron dodd	m	Veteran 40	U/A Whitely Bay, Tyne and Wear	1:07:31	1:07:22
56.	1141	Neil Webster	m		U/A Wigan,	1:07:34	1:07:24
57.	1068	Chris Burstow	m		U/A Bowness on Windermere, Cumbria	1:07:36	1:07:21
58.	1232	Katherine France	f	Lady Veteran 40	Helm Runners	1:07:39	1:07:17
59.	1078	Martin Burn	m	Veteran 40	U/A Millom,	1:07:46	1:07:41
60.	1270	Louise Hobson	f		U/A Pontefract, West Yorkshire	1:07:48	1:07:38
61.	1008	Gill Petrucci	f	Lady Veteran 40	U/A Skipton, North Yorks	1:07:49	1:07:36
62.	1371	wayne palethorpe	m		U/A wallasey, merseyside	1:07:53	1:07:49
63.	1051	Peter Evans	m	Veteran 40	Kings Heath Running Club	1:07:55	1:07:30
64.	1430	Jo Haigh	f	Lady Veteran 50	U/A Skipton, North Yorkshire	1:08:01	1:07:53
65.	1370	pete irwin	m		U/A wallasey, merseyside	1:08:02	1:07:58
66.	1180	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:08:11	1:07:59
67.	1059	Stephen Clements	m	Veteran 50	U/A Stansted, Essex	1:08:28	1:08:19
68.	1289	Anne Budenberg	f	Lady Veteran 50	Vale Royal	1:08:48	1:08:40
69.	1245	Steffen Petersen	m	Veteran 40	U/A London,	1:08:53	1:08:35
70.	1112	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, cumbria	1:08:59	1:08:39
71.	1007	Sam Perkins	f		U/A Hexham,	1:10:10	1:10:06
72.	1387	CRAIG MORROW	m		U/A Egremont, Cumbria	1:10:15	1:10:10
73.	1013	John Tomlinson	m	Veteran 50	U/A Bolton,	1:10:23	1:10:19
74.	1339	Samuel Reindler	m		U/A London,	1:10:23	1:10:08
75.	1363	Ian Waddingham	m		Red Rose Road Runners	1:10:34	1:10:20
76.	1167	Simon Withey	m		U/A Shipley, West Yorkshire	1:10:36	1:10:10
77.	1293	Ben Ross	m		U/A St Asaph,	1:10:46	1:10:29

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	1004	Robert Ginder-Poulsen	m	Veteran 40	U/A Cheadle, Cheshire	1:10:48	1:10:18
79.	1416	Brian Richardson	m	Veteran 50	Blackhill Bounders	1:10:50	1:10:40
80.	1359	gary thacker	m	Veteran 50	U/A mkt harborough, leics	1:10:54	1:10:40
81.	1123	Clwyd Price-Jones	m	Veteran 50	U/A Penrith,	1:11:15	1:11:09
82.	1282	Clare Schofield	f		U/A Newcastle upon Tyne,	1:11:33	1:11:02
83.	1278	Gerard Hurst	m	Veteran 50	U/A Wigan,	1:11:41	1:11:22
84.	1397	Frances Simpson	f		U/A Cononley, North Yorkshire	1:11:48	1:11:36
85.	1138	Jason Lane	m	Veteran 40	U/A Chorley, Lancs	1:11:55	1:11:47
86.	1031	Peter Hatch	m	Veteran 50	U/A Billingham,	1:11:57	1:11:36
87.	1398	Louise Mainwaring	f		U/A Northwich, Cheshire	1:12:14	1:11:38
88.	1311	Catherine Lomax	f		U/A Edinburgh, Midlothian	1:12:35	1:11:54
89.	1396	Andrew Reid	m		U/A Merseyside,	1:12:37	1:12:04
90.	1076	Kevin McDermott	m		U/A NEWCASTLE UPON TYNE, Tyne & Wear	1:12:40	1:12:23
91.	1025	Angie Trippitt	f	Lady Veteran 40	Kendal Tri Club	1:12:44	1:12:42
92.	1262	Emma Spooner	f		U/A Morecambe, Lancs	1:12:47	1:12:36
93.	1119	Paul Thompson	m	Veteran 50	Hornsea Harriers	1:13:00	1:12:53
94.	1161	Peter Eastham	m		Commando Fit	1:13:10	1:12:58
95.	1341	Grant Clark	m		U/A London,	1:13:41	1:13:25
96.	1182	Jim Robertson	m	Veteran 50	U/A St Neots, Cambridgeshire	1:13:43	1:13:22
97.	1433	Matthew Elliott	m		U/A Manchester,	1:13:46	1:13:37
98.	1122	alison price-jones	f	Lady Veteran 50	U/A penrith, cumbria	1:14:04	1:13:57
99.	1217	Kim Matthews	f	Lady Veteran 50	elswick harriers	1:14:13	1:14:03
100.	1423	Joanne Malcomson	f		Red Rose Road Runners	1:14:23	1:14:10
101.	1427	Louise Meynell	f	Lady Veteran 50	Billingham Marsh House Harriers	1:14:28	1:14:05
102.	1424	Andy Walch	m		U/A Barnsley, South yorkshire	1:14:33	1:13:45
103.	1172	William Thompson	m		U/A Barrow-in-Furness, Cumbria	1:14:47	1:14:42
104.	1124	Zoe Bridges	f	Lady Veteran 40	U/A Sudbury, Suffolk	1:14:55	1:14:34
105.	1348	Hilde Krynen	f	Lady Veteran 40	U/A Kendal, Cumbria	1:15:04	1:15:00
106.	1186	Ryan Fishpool	m		U/A Driffield, East Yorkshire	1:15:09	1:14:48
107.	1003	bridget slater	f	Lady Veteran 50	U/A Skipton, N Yorks	1:15:25	1:15:12
108.	1421	Marian Cox	f	Lady Veteran 50	U/A Lancaster, Lancashire	1:15:26	1:15:10
109.	1294	Mark Strickland	m	Veteran 50	U/A Axton, Flintshire	1:15:37	1:15:16
110.	1318	Robert Cook	m		U/A Windermere,	1:15:47	1:15:22
111.	1158	Oliver Chilvers	m		U/A Cambridge,	1:15:47	1:15:21
112.	1377	suzie high	f	Lady Veteran 40	U/A kendal,	1:15:52	1:15:16
113.	1383	Ian Paterson	m		U/A Bootle, Merseyside	1:16:08	1:15:35
114.	1283	Fletch Schofield	m		U/A Newcastle upon Tyne,	1:16:14	1:15:42
115.	1020	Glenn Cundy	m	Veteran 40	U/A Warrington, Cheshire	1:16:17	1:15:37
116.	1015	Chloe Ainsworth	f		U/A Wigan,	1:16:20	1:16:10
117.	1001	Julia Sayburn	f	Lady Veteran 50	U/A Grange over sands, Cumbria	1:16:22	1:16:17
118.	1039	Michael Ball	m	Veteran 40	U/A Swindon, Wiltshire	1:16:39	1:16:15
119.	1328	Alex Kavanagh	m	Veteran 40	U/A Newcastle upon Tyne,	1:16:40	1:16:30
120.	1327	Claire Newton	f		U/A Wakefield, West Yorkshire	1:16:42	1:16:32
121.	1028	Gary Pargeter	m	Veteran 50	U/A Northwich, Cheshire	1:16:43	1:16:34
122.	1084	paul beaumont	m	Veteran 40	U/A Burscough, Lancashire	1:16:52	1:16:30
123.	1079	Kevin Gorman	m	Veteran 60	U/A Grange over sands, Cumbria	1:17:05	1:17:02
124.	1231	Paula Holdsworth	f	Lady Veteran 40	U/A Burnley, Lancashire	1:17:09	1:16:50
125.	1428	JACQ JONES	f		Delamere Spartans	1:17:15	1:17:21
126.	1224	Amy Bastow	f		U/A Chester,	1:17:19	1:16:58
127.	1221	dave pearson	m	Veteran 60	burden road runners	1:17:27	1:17:12
128.	1312	David Stacey	m		U/A Chorley, Lancashire	1:17:49	1:17:41
129.	1006	Vicky Collingwood	f		U/A Stocksfield, Northumberland	1:17:58	1:17:53
130.	1197	Chris Kelly	m	Veteran 40	U/A Warrington, Cheshire	1:17:58	1:17:46
131.	1263	Nathan Sowerby	m		U/A Workington, Cumbria	1:17:59	1:17:43
132.	1012	Pamela McIlidowie	f	Lady Veteran 40	U/A Glasgow,	1:18:05	1:17:47
133.	1326	Michael Hughes	m		U/A Poulton-le-Fylde, Lancashire	1:18:08	1:17:25
134.	1019	Amanda Seago	f	Lady Veteran 40	Black Combe Runners	1:18:08	1:17:38
135.	1301	STEPHEN HELLEWELL	m		U/A Wigan,	1:18:25	1:18:17
136.	1069	Dave Walton	m	Veteran 60	LOC	1:18:51	1:18:50
137.	1179	Carol Lewcock	f	Lady Veteran 40	U/A Whitley Bay, Tyne and Wear	1:18:53	1:18:47
138.	1067	Alison Saunders	f		The Northern Collective	1:19:01	1:18:51
139.	1102	Andrew Whitehead	m	Veteran 40	U/A Carnforth, Lancashire	1:19:08	1:19:05
140.	1083	Vicky Gore	f		Red Rose Road Runners	1:19:14	1:18:47
141.	1342	Kate McBlane	f		U/A Derby, Derbyshire	1:19:18	1:18:58
142.	1169	Felicity Cross	f	Lady Veteran 50	Preston Harriers	1:19:23	1:19:15
143.	1313	Anthony Stacey	m	Veteran 50	U/A Burnley, Lancashire	1:19:40	1:19:33
144.	1160	Jennie Eastham	f		Commando Fit	1:19:42	1:19:32
145.	1098	Helen Bowers	f	Lady Veteran 40	U/A kirkby lonsdale, lancashire	1:19:43	1:19:38
146.	1057	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:19:43	1:19:36
147.	1056	Nick Sharp	m	Veteran 40	U/A Wakefield, West Yorkshire	1:19:44	1:19:37
148.	1391	Nina McGregor	f		U/A Glasgow, Lanarkshire	1:19:49	1:19:38
149.	1375	Dan Jones	m		U/A Todmorden , West Yorkshire	1:19:50	1:19:38
150.	1364	Emma Johnson	m		Red Rose Road Runners	1:19:52	1:19:24
151.	1226	Ian McDowall	m	Veteran 50	U/A Linlithgow,	1:19:57	1:19:20
152.	1152	Laura Stanley	f		U/A Manchester,	1:20:09	1:19:45
153.	1193	Jonathan Levitt	m		U/A Leeds, West Yorkshire	1:20:10	1:19:44
154.	1329	Helen Wilding	f	Lady Veteran 40	U/A Newcastle upon Tyne,	1:20:49	1:20:39
155.	1403	Carolyn Middleton	f		U/A bowness-on-Windermere , cumbria	1:20:56	1:20:40
156.	1264	Cameron Sowerby	m		U/A Workington, Cumbria	1:20:56	1:20:42
157.	1121	Martha Laxton-Kane	f	Lady Veteran 40	Milltown Milers	1:21:01	1:20:45

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	1081	Kate Bowden	f	Lady Veteran 40	U/A Glossop, Derbyshire	1:21:22	1:20:58
159.	1218	John Slater	m	Veteran 50	U/A Carnforth, Lancs	1:21:24	1:21:01
160.	1389	Simon Edens	m	Veteran 40	U/A Aberford, Yorkshire	1:21:27	1:20:49
161.	1134	Nicola Ashton	f	Lady Veteran 40	U/A Aberford,	1:21:27	1:20:50
162.	1011	Jennifer Palmer	f	Lady Veteran 40	Helsby Running Club	1:21:28	1:21:09
163.	1241	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:21:35	1:21:17
164.	1159	Michelle Bartram	f		Commando Fit	1:21:53	1:21:41
165.	1413	Catherine Clennett	f	Lady Veteran 40	Billingham Marsh House Harriers	1:21:56	1:21:15
166.	1412	Chris Furphy	m	Veteran 50	U/A Guisborough,	1:21:56	1:21:15
167.	1346	Luke Blakey	m		U/A Manchester,	1:22:00	1:21:16
168.	1177	Amanda Prescott	f	Lady Veteran 40	Bridgnorth Running Club	1:22:01	1:21:34
169.	1201	janis meek	f		U/A Seaham, Durham	1:22:05	1:21:18
170.	1352	shaun nesbitt	m		U/A London, Greater London	1:22:07	1:21:53
171.	1292	Robert Davies	m		U/A St Asaph,	1:22:10	1:21:47
172.	1384	David Hankin-Rendle	m		U/A Sowerby Bridge, West Yorks	1:22:13	1:21:36
173.	1154	Jackie Tomlinson	f	Lady Veteran 40	U/A Bolton ,	1:22:17	1:22:02
174.	1356	Lenka Habsudova	f		U/A Manchester, Lancashire	1:22:19	1:22:16
175.	1029	Jackie Frank	f		U/A Redcar,	1:22:21	1:22:08
176.	1431	Rebecca Hanson	f		U/A Manchester,	1:22:22	1:22:11
177.	1063	Nigel Forster	m	Veteran 40	U/A Whitehaven, Cumbria	1:22:28	1:21:54
178.	1315	Toby Cartwright	m		U/A Manchester,	1:22:32	1:22:13
179.	1351	alicia pedersen	f		U/A London, Greater London	1:22:54	1:22:39
180.	1156	Mandy Baldam	f	Lady Veteran 50	U/A preston, lancs	1:22:55	1:22:29
181.	1162	Kiran Norman	f		U/A Walton-on-Thames, Surrey	1:22:55	1:22:29
182.	1317	Frances Perry	f		U/A Llangoed, Anglesey	1:23:16	1:22:51
183.	1101	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:23:17	1:22:43
184.	1297	rosalind Ghosh	f		U/A east barnet, hertfordshire	1:23:31	1:23:11
185.	1010	Carolyn Burns	f	Lady Veteran 40	U/A Penrith, Cumbria	1:23:36	1:23:34
186.	1088	sarah barry	f	Lady Veteran 40	U/A huddersfield,	1:23:58	1:23:37
187.	1096	Caroline Rowland	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:24:10	1:23:39
188.	1187	Georgina Robertson	f		U/A Salisbury, Wiltshire	1:24:20	1:24:00
189.	1199	Julie Guy	f	Lady Veteran 40	North Shields Polytechnic Athletic Club	1:24:24	1:24:19
190.	1168	Sarah England	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:24:24	1:23:55
191.	1382	Deborah Williams	f	Lady Veteran 40	Team Go-Debs!	1:24:41	1:24:06
192.	1139	Ian Beadle	m	Veteran 40	U/A durham, durham	1:24:42	1:24:28
193.	1140	Karenza Passmore	f	Lady Veteran 40	U/A Langley Park, Durham	1:24:42	1:24:28
194.	1415	Susan Sowerby	f	Lady Veteran 40	U/A workington, cumbria	1:24:59	1:24:44
195.	1034	Jayne Hall	f	Lady Veteran 50	U/A Egremont, Cumbria	1:25:24	1:24:50
196.	1261	Elizabeth Ribchester	f		U/A Ambleside, Cumbria	1:25:31	1:25:05
197.	1065	Louise Corrigan	f		Swinton RC	1:25:33	1:25:02
198.	1331	Kathryn Bryant	f		U/A Wigton,	1:25:36	1:25:03
199.	1082	alison jackson	f	Lady Veteran 50	U/A windermere, cumbria	1:25:48	1:25:26
200.	1288	steven mackenzie	m		N/A	1:25:54	1:25:18
201.	1345	Mike Duckworth	m	Veteran 40	U/A Bolton, Lancashire	1:26:01	1:25:41
202.	1144	Darren Talbot	m	Veteran 40	U/A Chorley, Lancs	1:26:01	1:25:41
203.	1256	Anna Senior	f		U/A Wantage, Oxfordshire	1:26:09	1:25:39
204.	1386	Abi Catt	f		U/A Coniston, Cumbria	1:26:16	1:25:51
205.	1362	Gill McKinnon	f	Lady Veteran 40	U/A Ulverston, Cumbria	1:26:25	1:26:03
206.	1150	Harriet Owens	f		U/A Clapham, London	1:27:26	1:26:57
207.	1151	Alex Mills	m		U/A Stratford-on-Avon, Warwickshire	1:27:26	1:26:58
208.	1285	Nicola Walker	f		U/A Newcastle Upon Tyne, Tyne & Wear	1:27:41	1:27:10
209.	1050	Julie Evans	f	Lady Veteran 40	Kings Heath Running Club	1:27:41	1:27:14
210.	1105	amy wright	f		U/A tarporley, cheshire	1:27:43	1:27:22
211.	1237	Georgina Ruth	f		BMF	1:27:45	1:27:17
212.	1064	Sue Kearney	f	Lady Veteran 50	U/A Bolton, Lancs	1:27:51	1:27:20
213.	1243	Anna Hager	f		U/A West Bridgford, Nottinghamshire	1:28:06	1:27:27
214.	1183	Jonathan Morris	m	Veteran 50	U/A newcastle upon tyne,	1:28:14	1:27:29
215.	1128	Sarah Wright	f	Lady Veteran 40	U/A Penrith, Cumbria	1:28:28	1:28:21
216.	1103	Claire Shaw	f		Red Rose Running Club	1:28:31	1:28:03
217.	1277	Amy Barber	f		U/A Stockport ,	1:28:52	1:28:06
218.	1307	Susannah Rolls	f	Lady Veteran 40	U/A York, Yorkshire	1:28:54	1:28:40
219.	1323	Nicky Steels	f	Lady Veteran 40	U/A Ambleside, Cumbria	1:29:00	1:28:35
220.	1114	JO ANDREWS	f	Lady Veteran 40	U/A windermere, cumbria	1:29:00	1:28:35
221.	1104	Heather Mannings	f	Lady Veteran 40	U/A Holmfirth, West Yorkshire	1:29:05	1:28:38
222.	1014	Paul Blakemore	m		U/A Wigan,	1:29:14	1:29:04
223.	1249	Stuart Wakeham	m		U/A Wigan,	1:29:15	1:28:58
224.	1038	Dave Hall	m	Veteran 50	North Highland Harriers	1:29:39	1:29:03
225.	1086	Jim Dean	m	Veteran 70	U/A Kendal, Cumbria	1:29:44	1:29:37
226.	1137	Hayley Lane	f		U/A Chorley, Lancashire	1:29:49	1:29:42
227.	1033	N.N. 1033	m			1:29:50	1:29:40
228.	1300	Emma Mythen	f		U/A Wigan, Lancashire	1:29:53	1:29:45
229.	1040	Jane Dowson	f	Lady Veteran 40	U/A Tadcaster, North Yorkshire	1:29:59	1:29:34
230.	1332	Susan Renucci	f		U/A Carlisle, Cumbria	1:30:00	1:29:26
231.	1147	Georgie Wright	f		FitBitch Running Club	1:30:17	1:29:51
232.	1273	Ruth Toller	f	Lady Veteran 60	Dundee Road Runners AC	1:30:18	1:29:44
233.	1146	Charlotte Driscoll	f		U/A Hove,	1:30:18	1:29:52
234.	1305	James Fletcher	m		U/A Stockport,	1:30:55	1:30:35
235.	1052	Kate Broome	f	Lady Veteran 50	Achille Ratti	1:31:07	1:30:36
236.	1047	Tracy Brown	f		Sedgefield Harriers	1:31:15	1:31:01
237.	1212	Finbar O'Mahony	m		U/A Manchester, Lancashire	1:31:18	1:30:47

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	1213	Kieran O'Mahony	m		U/A Co Cork, Cork	1:31:19	1:30:48
239.	1335	Kelly Barrett	f		U/A Stockton on Tees,	1:31:33	1:31:04
240.	1336	martin barrett	m	Veteran 40	U/A stockton-on-tees,	1:31:34	1:31:06
241.	1373	Katie Sharp	f		U/A Arnside,	1:31:42	1:31:09
242.	1279	Iain Spence	m	Veteran 60	U/A Wigan,	1:31:58	1:31:41
243.	1374	Maarit Hill	f	Lady Veteran 50	U/A Kendal,	1:32:06	1:31:33
244.	1194	Philip Loftus	m	Veteran 50	U/A Bolton, Lancashire	1:32:16	1:31:41
245.	1306	paula ainsley	f	Lady Veteran 40	U/A york, north yorkshire	1:32:27	1:32:13
246.	1106	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:32:36	1:32:29
247.	1354	Katerina Pearson	f		U/A Manchester,	1:32:37	1:32:34
248.	1295	Anne Strickland	f	Lady Veteran 40	U/A Axton,	1:32:46	1:32:26
249.	1355	Adam Pearson	m		U/A Manchester ,	1:32:47	1:32:43
250.	1401	Sarah Corbett	f		Me	1:32:51	1:32:22
251.	1408	Claire Bradley	f	Lady Veteran 50	Warwickshire RC	1:32:54	1:32:31
252.	1368	Leanne Morgan-Hillam	f		U/A Wigan, Lancashire	1:33:01	1:32:48
253.	1291	Shan Lam	f		U/A London,	1:33:03	1:32:41
254.	1200	Aimee Short	f		U/A Manchester,	1:33:20	1:32:33
255.	1220	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:34:00	1:33:39
256.	1157	Maddy Aulakh	f		U/A Preston, Lancs	1:34:09	1:33:42
257.	1042	Niki Stockton	f	Lady Veteran 40	Swinton Running Club	1:34:26	1:33:43
258.	1016	Dawn Robinson	f		U/A Grange, Cumbria	1:34:29	1:33:49
259.	1035	Rachael Hamblin	f	Lady Veteran 40	U/A Brampton, Cumbria	1:34:31	1:33:48
260.	1045	Nick Archer	m	Veteran 40	U/A Manchester,	1:34:35	1:34:03
261.	1255	Sophie McIntosh	f		Clayton-le-moors	1:34:40	1:34:21
262.	1054	Rachel Lee	f	Lady Veteran 50	DH Runners	1:34:44	1:34:21
263.	1118	Julie Thompson	f	Lady Veteran 50	Hornsea Harriers	1:34:49	1:34:11
264.	1073	Lorraine Yuill	f	Lady Veteran 40	U/A Lancaster ,	1:35:07	1:34:52
265.	1325	Emma Hughes	f		U/A Manchester,	1:35:16	1:34:32
266.	1060	Laura Hipple	f	Lady Veteran 50	U/A Penrith, Cumbria	1:35:18	1:35:09
267.	1406	josie bamford	f		Headway	1:35:31	1:35:03
268.	1002	Mark Heaney	m	Veteran 50	U/A Rochdale, Lancashire	1:35:35	1:34:56
269.	1145	Steven Grundy	m	Veteran 40	U/A Bolton,	1:35:38	1:35:20
270.	1432	Lisa Whitehead	f	Lady Veteran 40	Swinton	1:35:41	1:34:58
271.	1240	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	1:35:54	1:35:38
272.	1239	Angela Irving	f		U/A Sillith, Cumbria	1:35:55	1:35:25
273.	1234	anneke ramsay	f	Lady Veteran 40	U/A wigton, Cumbria	1:35:55	1:35:25
274.	1116	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:36:10	1:35:27
275.	1087	Claire Welburn	f		U/A Basingstoke,	1:36:18	1:36:06
276.	1276	jenny clare	f	Lady Veteran 50	U/A bowness on windermere, cumbria	1:36:41	1:36:02
277.	1208	Adrian Moore	m		U/A Potters Bar, Hertfordshire	1:36:41	1:36:30
278.	1209	Sarah Brooks	f		U/A Potters Bar, Hertfordshire	1:36:42	1:36:30
279.	1131	Jennifer Prattley	f	Lady Veteran 40	U/A Altrincham, Cheshire	1:36:43	1:36:20
280.	1165	Kerry Walker	f	Lady Veteran 40	U/A Stockton on tees ,	1:37:25	1:36:44
281.	1164	David Hall	m	Veteran 40	U/A Stockton on Tees,	1:37:25	1:36:45
282.	1235	Jenni Barrowclough	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:37:27	1:36:49
283.	1189	hazel hughes	f	Lady Veteran 60	Guinea Pig Racing Club	1:38:17	1:37:50
284.	1046	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:38:23	1:37:52
285.	1333	julia kidd	f	Lady Veteran 40	U/A Liverpool, Merseyside	1:38:38	1:38:21
286.	1036	Peter Phillips	m	Veteran 60	loftus and Whitby AC	1:38:43	1:38:38
287.	1037	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:38:43	1:38:38
288.	1353	Farina Harris	f		U/A Ambleside, Cumbria	1:38:47	1:38:03
289.	1000	joe dobbs	m	Veteran 70	independent	1:38:47	1:38:01
290.	1206	Stewart McNicholl	m		U/A Seaton sluice, Northumberland	1:38:50	1:38:40
291.	1018	Richard Brookes	m	Veteran 60	U/A Kendal, Cumbria	1:38:53	1:38:30
292.	1253	Carolina Bourgeat	f		U/A Ambleside,	1:38:58	1:38:50
293.	1321	Ekua Boateng	f		City Hash House Harriers	1:39:04	1:38:22
294.	1181	Kathryn Taylor	f	Lady Veteran 50	unattached	1:39:21	1:39:06
295.	1074	lynn wilson	f	Lady Veteran 40	none	1:39:54	1:39:37
296.	1369	Laura Lindley	f		U/A Liverpool, Merseyside	1:39:56	1:39:16
297.	1155	Catherine Mann	f	Lady Veteran 40	Uttoxeter Road Runners	1:40:04	1:39:24
298.	1419	Susannah Tudge	f		Sweatshop Running Community	1:40:19	1:39:40
299.	1095	Sheila Gillie	f	Lady Veteran 60	U/A Lancaster,	1:40:36	1:39:51
300.	1420	Julie Wareing	f	Lady Veteran 40	U/A Chorley, Lancashire	1:40:58	1:40:20
301.	1257	Isla Fitzgerald	f	Lady Veteran 40	U/A Kendal, Cumbria	1:41:08	1:40:39
302.	1244	Colette Kon	f	Lady Veteran 40	U/A Harrogate, North Yorkshire	1:41:15	1:40:42
303.	1252	Jenny Scott	f	Lady Veteran 40	U/A Sale, Cheshire	1:41:20	1:40:50
304.	1017	Martin Stanley	m	Veteran 40	U/A Wirral, Merseyside	1:41:20	1:40:49
305.	1308	teresa Gallagher	f	Lady Veteran 50	U/A Carlisle, Cumbria	1:41:37	1:40:53
306.	1309	Brendan Gallagher	m	Veteran 50	U/A Carlisle, Cumbria	1:41:37	1:40:52
307.	1093	Charles Crossland	m		U/A Holmfirth,	1:41:39	1:40:57
308.	1233	Anne Jones	f	Lady Veteran 40	Valley Striders	1:41:41	1:41:15
309.	1286	BARRY GREEN	m	Veteran 60	NONE	1:41:41	1:41:00
310.	1366	neil stirling	m	Veteran 70	U/A cartmel, cumbria	1:41:46	1:41:21
311.	1090	Anna Walton	f	Lady Veteran 40	None	1:41:56	1:41:33
312.	1319	Dolores Marshall	f	Lady Veteran 50	U/A BRAMPTON, CUMBRIA	1:41:59	1:41:15
313.	1268	Alison Merifield	f		U/A Stockton on tees, Cleveland	1:42:09	1:41:42
314.	1267	Hannah Pratt	f		U/A Menston,	1:42:09	1:41:41
315.	1269	Pam Bayston	f	Lady Veteran 50	U/A Northallerton, North yorkshire	1:42:09	1:41:43
316.	1092	William Armitage	m	Veteran 40	U/A HOLMFIRTH, West Yorkshire	1:42:16	1:41:34
317.	1236	Bev Barnes	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:42:19	1:41:42

Lakeland Trails in Hawkshead

Hawkshead Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	1298	Helen Taylor	f	Lady Veteran 40	U/A Houghton le Spring,	1:42:24	1:41:53
319.	1271	Julie Houghton	f		U/A Liverpool,	1:42:50	1:42:05
320.	1215	claire clark	f	Lady Veteran 40	formby stormers	1:42:51	1:42:07
321.	1173	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:43:08	1:42:33
322.	1171	Liane Thompson	f	Lady Veteran 40	U/A Barrow-in-Furness, Cumbria	1:43:08	1:42:33
323.	1174	samantha hodgson	f	Lady Veteran 40	U/A grange over sands, cumbria	1:43:09	1:42:26
324.	1399	Rachel TICKNER	f	Lady Veteran 60	U/A Cockermonth, Cumbria	1:43:24	1:42:47
325.	1203	Simon Webb	m		U/A Lancaster,	1:44:12	1:44:06
326.	1390	Charlotte Gaines	f	Lady Veteran 40	U/A Hexham, Northumberland	1:44:39	1:44:03
327.	1148	Brenda Robinson	f	Lady Veteran 70	U/A Rochdale, Greater Manchester	1:44:45	1:44:38
328.	1175	Nicola Donald	f	Lady Veteran 40	Muckle Toon Joggers	1:44:53	1:44:18
329.	1299	Emma Matthews	f	Lady Veteran 40	U/A Chester- Le-St, Durham	1:45:03	1:44:32
330.	1127	Georgina Chippendale	f		PHMG Foundation	1:45:35	1:45:15
331.	1344	Liam Cawley	m	Veteran 40	U/A durham,	1:46:15	1:46:04
332.	1400	Victoria Dewhurst	f	Lady Veteran 40	U/A Bolton, Lancs	1:46:21	1:46:05
333.	1251	Samantha Dennis	f		U/A Manchester,	1:46:38	1:46:21
334.	1125	Lucy Mortimer	f		U/A Altrincham,	1:47:59	1:47:41
335.	1126	Dean Walker	f		U/A Altrincham,	1:48:01	1:47:43
336.	1021	Ron McCormack	m	Veteran 60	Alnwick Harriers	1:48:20	1:47:41
337.	1248	jenny gillatt	f	Lady Veteran 50	U/A hexham, northumberland	1:48:34	1:47:57
338.	1250	Nicky Watson	f	Lady Veteran 40	U/A Newcastle upon Tyne , Tyne and Wear	1:48:34	1:47:57
339.	1302	Claire Gill	f		U/A Manchester,	1:50:08	1:49:49
340.	1303	Christine Howells	f		U/A Bury, Lancashire	1:50:08	1:49:48
341.	1429	Ravinder Norman	m	Veteran 50		1:50:40	1:50:14
342.	1195	Julie Loftus	f	Lady Veteran 40	U/A Bolton, Lancashire	1:50:40	1:50:06
343.	1049	Kathryn Wesley	f	Lady Veteran 50	U/A Livingston, West Lothian	1:51:07	1:50:21
344.	1027	Helen Scott	f		U/A Osgodby,	1:52:12	1:51:59
345.	1190	Rachel Robinson	f	Lady Veteran 40	U/A Dukinfield, Cheshire	1:55:21	1:55:08
346.	1272	Peter Spencer	m	Veteran 60	Milltown Milers	1:55:24	1:54:46
347.	1094	Hilary Chuter	f	Lady Veteran 50	U/A Lancaster,	1:56:17	1:55:32
348.	1207	Ann Russek	f	Lady Veteran 40	U/A POTTSTOWN, Pennsylvania	1:56:28	1:55:42
349.	1191	Mary Moden	f	Lady Veteran 40	Rossendale Harriers	1:56:37	1:56:25
350.	1381	Ramsay Sloss	m	Veteran 60	Larkhall YMCA Harriers	1:57:46	1:57:04
351.	1185	Kirsty Macdonald	f	Lady Veteran 40	U/A Bridge of weir, Renfrewshire	1:57:54	1:57:12
352.	1072	Lee Smith	m	Veteran 40	U/A Wigan, Lancs	1:59:53	1:59:22
353.	1071	Rebecca Moon	f		U/A Wigan, Lancs	1:59:53	1:59:24
354.	1343	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	2:02:28	2:02:17
355.	1109	Jennifer Taylor	f		U/A Ulverston, Cumbria	2:03:06	2:02:34
356.	1108	Sarah Pritchard	f		U/A Richmond, North Yorkshire	2:06:25	2:05:52
357.	1202	Geraldine Luxton	f	Lady Veteran 60	U/A WALLASEY, Wirral	2:20:39	2:20:03
358.	1136	Jean Lowe	f	Lady Veteran 50	Creation PT	2:25:18	2:24:44

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