

Lakeland Trails 2019 14-15K Dirty Double Results : Women					
Pos	Name	Club	HEL	ULL	Total
1	Robertson, Karen	Northumberland Fell Runners	997	999	1996
2	Sharman, Helen	U/A Banbury , Oxfordshire	993	996	1989
3	Clarkson, Alice	U/A Cambridge,	990	998	1988
4	Fowler, Mindy	U/A Louisville, Colorado, Boulder	991	994	1985
5	Brown, Jo	Northbrook AC	988	988	1976
6	Crooks, Samantha	U/A Newcastle,	984	991	1975
7	Robinson, Emily	Cumberland Fell Runners	989	986	1975
8	Broome, Molly	Achille Ratti	982	990	1972
9	Hailey, Lindsay	U/A Grange Over Sands, Cumbria	971	979	1950
10	Phair, Melanie	U/A High Wycombe ,	970	980	1950
11	Clancy, Joanne	Dundee Road Runners	969	976	1945
12	Fairclough, Mary	U/A Ilkley, West Yorkshire	964	973	1937
13	Fitch, Joanna	U/A Wandsworth, London	958	975	1933
14	Trace, Katie	Biddulph Running Club	962	970	1932
15	Owen, Lynn	Giffnock North Athletics Club	953	978	1931
16	Fenn, Cath	Northbrook AC	966	962	1928
17	Butler, Amy	Olney runners	947	972	1919
18	Graham, Penny	Biddulph Running Club	952	967	1919
19	Young, Helen	York Knavesmire Harriers	960	959	1919
20	Nutt, Sarah	U/A Stockport,	961	957	1918
21	Smallwood, Sarah	U/A Chorley, Lancashire	949	964	1913
22	Winstanley, Dawn	U/A Preston, Lancashire	944	968	1912
23	O'Sullivan, Katie	U/A Liverpool,	945	965	1910
24	Livingstone, Mandy	U/A WGC , Hertfordshire	922	981	1903
25	Howard, Rebecca	Quakers	973	927	1900
26	Naylor, Amy	Knaresborough Striders	955	944	1899
27	Brenyah, Charmain	U/A Chinnor hill, Oxfordshire	938	954	1892
28	Byrne, Rebecca	St Bees Trier	940	951	1891
29	Saunders, Lucy	U/A Grange Over Sands, Cumbria	927	963	1890
30	connell, sandra	U/A Liverpool,	943	946	1889
31	Broome, Rebecca	Achille Ratti	931	953	1884
32	Blanks, Zoe	knavrsmire Harriers	936	942	1878
33	Tisnes, Lucia	Dundee Roadrunners	906	969	1875
34	Owen-Hughes, Ruth	U/A Yarm,	923	949	1872
35	Milner, Helen	ledbury Harriers	924	948	1872
36	Temple, Kelly	U/A York,	926	945	1871
37	Heathcock, Kate	Mow Cop Runners	892	958	1850
38	Cornell, Marie	U/A Eaglescliffe ,	896	943	1839
39	Robins, Helen	U/A Welwyn Garden City, Herts	912	926	1838
40	Drummond, Kay	Birtley ac	897	934	1831
41	Newman, Ginny	U/A Manchester,	893	931	1824
42	Bradley, Zoe	U/A Nottingham, Nottinghamshire	900	922	1822
43	Atkinson, Rebecca	Helm Hill Runners	884	936	1820
44	Neil, Elizabeth	Bmf Glasgow	902	918	1820
45	Lupton, Margaret	Red Rose Road Runners	888	930	1818
46	Dore, Jayne	U/A Formby,	894	924	1818
47	Cresswell, Michelle	U/A Kendal, Cumbria	885	929	1814
48	Summers, Rachel	U/A Preston,	889	914	1803

49	Bristo, Gail	Red Rose Road Runners	890	911	1801
50	Wicks, Dawn	U/A Penrith, Cumbria	874	923	1797
51	Shaw, Gerry	St Helens Striders	907	874	1781
52	Ruscoe, Faye	U/A Warrington, Cheshire	867	913	1780
53	Platten, Shaneen	City of Hull AC	863	916	1779
54	Kay, Janet	U/A Hull, East Yorkshire	862	917	1779
55	Jones, Helen	U/A Burntisland , Fife	870	901	1771
56	King, Sara	U/A Marlow, Bucks	861	907	1768
57	Stanley, Laura	U/A Manchester,	866	881	1747
58	Bentley, amanda	Warrington Running Club	859	885	1744
59	Walton, Liz	NOTFAST	845	898	1743
60	Sutherland, Karen	U/A Richmond, North Yorkshire	860	879	1739
61	Hoggarth, Sarah	Orchard Eagles Running Club	850	886	1736
62	Maxfield, Gail	U/A Bolton	872	856	1728
63	Mackenzie, Lesley	none	841	882	1723
64	BARKER, KIRSTY	U/A WIGTON, Cumbria	819	900	1719
65	Hutchinson, Claire	U/A Liverpool	824	894	1718
66	Stephenson, Heather	U/A Wallsend, Tyne and Wear	829	883	1712
67	Yakobi, Shiran	RSCAC	846	864	1710
68	Samuelson, Katie	Cambridge & Coleridge AC	905	805	1710
69	Aust, Lorna	Stamford striders	825	884	1709
70	Whitehead, Debbie	Farnham Runners	847	858	1705
71	Cullum, Sue	Liss Runners	839	853	1692
72	Sloan, Elizabeth	Glasgow Running Network	904	788	1692
73	Reekie, Deborah	U/A holmrook, cumbria	811	880	1691
74	Bailey, Joanne	BRC	834	851	1685
75	Fleming, Kirsty	Kelvin Runners	717	966	1683
76	Dunne, Sarah	U/A Chester-Le-Street , Durham	826	857	1683
77	Jeffrey, Helen	U/A HALIFAX, West Yorkshire	812	866	1678
78	Wilcock, Alexa	U/A Old Langho, Lancashire	809	868	1677
79	Irving, Jill	Glasgow Running Network	831	845	1676
80	Roblin, Aimee	U/A Richmond, North Yorkshire	807	867	1674
81	Swift, Hannah	U/A Wigan, Lancashire	808	863	1671
82	Sandell, Sarah	U/A Richmond, North Yorkshire	806	865	1671
83	Marshall, Jane	U/A York,	817	850	1667
84	lewis, katy	U/A Liverpool,	810	854	1664
85	Farr, Gail	west hull.ladies	803	859	1662
86	Park, Karen	West Hull Ladies	798	862	1660
87	Davies, Jan	U/A RHAYADER, Powys	795	855	1650
88	Mitchell, Sian	Garden City Runners	799	847	1646
89	McNeill, Cindy	U/A Glasgow,	796	846	1642
90	Collie, Rachel	U/A Edinburgh , Midlothian	767	872	1639
91	Allen, Jane	West Hull ladies RRC	797	839	1636
92	Seigler, Jackie	U/A London,	787	840	1627
93	Davies, Jennie	Women on the Run	776	848	1624
94	Haworth, Sarah	U/A Castle Douglas, Kirkcudbrightshire	786	837	1623
95	Lister, Ann	Glasgow Running Network	784	835	1619
96	Kallal, Lisa	U/A London,	783	832	1615
97	Bala, Deepa	U/A London ,	820	795	1615
98	Thomson, Amy	U/A York,	777	829	1606

99	Cullum, Laura	Striders of Croydon	744	860	1604
100	Ormerod-Pateman, Helen	Red Rose Road Runners	774	824	1598
101	Bodi, Ros	U/A Sandy, Bedfordshire	764	833	1597
102	Mundy, Lorna	U/A Brdaford	753	841	1594
103	Dickson, Linda	U/A Glasgow,	763	831	1594
104	Bland, Yvonne	U/A Alton,	771	822	1593
105	Beard, Mandy	Swinton running club	772	815	1587
106	Willett, Vicky	SBC Plodders	769	817	1586
107	White, Debs	Cambridge and Coleridge	792	792	1584
108	Peill, Laura	Runstrong	770	810	1580
109	Winn, Sara	U/A YORK, North Yorkshire	768	811	1579
110	Nordon, Alison	U/A Paisley,	754	818	1572
111	Rooney, Louise	U/A Carlisle,	757	803	1560
112	Samuelson, Viv	Swinton RC	751	804	1555
113	Alston, Emily	Edinburgh Running Network	736	816	1552
114	Shaw, Claire	Red Rose Running Club	760	791	1551
115	Dyer, Charlotte	Fen Edge Runners	758	793	1551
116	guttridge, marie	U/A Liverpool, Merseyside	773	778	1551
117	Greenhalgh, Helen	Red Rose Road Runners	761	789	1550
118	Ward, Wendy	Red rose road runners	759	790	1549
119	Meeten, Rebecca	U/A Manchester,	739	806	1545
120	Wright, Joanna	U/A Glasgow,	732	794	1526
121	Mccormack, Jeanette	Kirkby Stormers	746	779	1525
122	CAVEEN, MARIE	Kirkby Stormers	745	777	1522
123	Freeman, Jean	U/A Ipswich, Select	738	783	1521
124	Sutherland, Lorna	U/A Glasgow ,	734	786	1520
125	Dyson, Cath	West Hull Ladies	735	781	1516
126	Wilkinson, Helen	U/A Lutterworth,	724	774	1498
127	Simpson, Amanda	RunSmart	730	765	1495
128	Woods, Tracy	Red Rose Road Runners	728	764	1492
129	Sowerby, Maria	Stamford Striders	708	780	1488
130	Reely, Jo	Boldmere Bullets	719	768	1487
131	Walsh, Josephine	Red Rose Road Runners	718	767	1485
132	Pryce, Beverley	U/A Alton, Hampshire	716	769	1485
133	Rixon, Caroline	U/A Alton, Hampshire	714	770	1484
134	Colquhoun, Nina	Red Rose Road Runners	709	771	1480
135	Corinaldi, Ashlin	Razzers Runners	711	763	1474
136	Davies, Marie	Razzers Runners	712	762	1474
137	Biggs, Gina		710	761	1471
138	Wright-Smith, Amanda	Birchfield Harriers		1000	1000
139	Osborn, Lou	Ambleside AC	1000		1000
140	Smith, Karen	St Bees Triers	999		999
141	TUFFS, Heather	Team Nidderdale	998		998
142	MacFarlane, Kate	Penny Lane Striders		997	997
143	Jones, Wendy	U/A Bradford, West yorkshire	996		996
144	Ayres, Leanne	Ambleside AC		995	995
145	Havelock-Allan, Hannah	Keele University Athletics Club	995		995
146	Munro, Pauline	Ilkley harriers	994		994
147	Pilkington, Sophie	Red Rose Road Runners		993	993
148	Reedy, Jane	Ambleside AC		992	992

149	Rotherham, Isabelle	U/A Leeds,	992		992
150	Ayres, Kate	Ambleside A.C.		989	989
151	Mcvittie, Rachel	Chorlton runners		987	987
152	Dermott, Louise	U/A Ormskirk, Lancashire	987		987
153	Lynch, Gemma	U/A Stockport ,	986		986
154	Perowne, Rachael	Tyne Bridge Harriers		985	985
155	Banks, Helen	U/A Tynemouth, Tyne and Wear	985		985
156	Booth, Jessica	U/A		984	984
157	Rooney, Katherine	U/A Glasgow,	983		983
158	Paul, Therasa	U/A Kendal		983	983
159	Newland, Samantha	U/A Keswick, Cumbria		982	982
160	Foley, Charlotte	U/A East Boldon, Tyne and Wear	981		981
161	Neate, Charlotte	U/A Allithwaite ,	980		980
162	Goddard, Louise	Lancaster & Morecambe	979		979
163	Chippendale, Sarah	Red rose Road runners	978		978
164	Musetti, Cath	Ambleside AC		977	977
165	Murnane, Joanna	U/A Bridge of Weir, Renfrewshire	977		977
166	Holmes, Barbara	LSARRC	976		976
167	Bower, Janet	Saltaire Striders	975		975
168	Heaney, Rachel	Tri Preston		974	974
169	Smith, Julie	The Fell Devils	974		974
170	Bryan, Hannah	U/A Darlington,	972		972
171	Oldcorn, Karen	U/A Wantage, Oxon		971	971
172	tuffen, fay	U/A troutbeck bridge, cumbria	968		968
173	Elderkin, Valerie	U/A Challock, Kent	967		967
174	Bates, Helen	U/A Sheffield,	965		965
175	Ball, Elaine	NYP TRI	963		963
176	Rowley, Lucy	U/A Penrith ,		961	961
177	Caygill, Nina	U/A Kendal, Cumbria		960	960
178	Hack, Olivia	Pebbles	959		959
179	Phillips, Luned	U/A Leeds,	957		957
180	Wright, Phoebe	U/A Keswick, Cumbria		956	956
181	Hale, Sally	U/A Arnold, Nottingham	956		956
182	Bailey, Rachel	U/A Marple Bridge,		955	955
183	Stewart, Katherine	Winslow Warriors	954		954
184	McGreevy, Kay	BMF Glasgow		952	952
185	jones, dawn	Harlow Athletic Club	951		951
186	WATSON, NICOLA	U/A CHORLEY, LANCS		950	950
187	Clark, Debbie	Spey Runners	950		950
188	Humphris, Claire	U/A Potters bar,	948		948
189	Lowe, Gail	Newcastle staffs ac		947	947
190	Chicken, Louise	Tynedale harriers	946		946
191	Pritchard, Suzanne	U/A St Albans,	942		942
192	Russell, Vicky	U/A Carlisle, Cumbria		941	941
193	Pritchard, Rebecca	U/A St Albans,	941		941
194	Gill, Olivia	U/A Glasgow,		940	940
195	Rousell, Christine	U/A Cockermonth, Cumbria		939	939
196	Paterson, Helen	U/A London,	939		939
197	Platt, Claire	Tri Preston		938	938
198	Cornish, Sue	U/A Bedford, Bedfordshire, England		937	937

199	Anderson, Liz	U/A Newcastle upon Tyne,	937		937
200	Mcknight, Sara	Saltwell Harriers		935	935
201	Palmer, Helen	U/A London,	935		935
202	ORRICK, Cheryl	ST HELENS STRIDERS	934		934
203	Starks, Madeleine	U/A Reading, Berkshire		933	933
204	Hopwood-Turner, Julia	U/A Stockport	933		933
205	McCoy, Hayley	U/A Dursley, Gloucestershire		932	932
206	Cook, Julie	Tynedale Harriers	932		932
207	Preston, Laura	U/A Glasgow,	930		930
208	Bennewith, Rebecca	U/A Newcastle upon Tyne,	929		929
209	de Joux, Alexandra	U/A Oxenhope , West Yorkshire		928	928
210	Jackson, Angela	U/A Preston,	928		928
211	Leigh, Suzanna	U/A Crewe, Cheshire		925	925
212	Harrison, Ellie	COLT	925		925
213	O'Doherty, Ree	New Balance Run Club Keswick		921	921
214	Rix, Linda	Manchester Fronrunners	921		921
215	Bateman, Belinda	U/A Morpeth, Northumberland		920	920
216	Jones, Karen	U/A ORMSKIRK,	920		920
217	Hadley, Emma	Helm Hill		919	919
218	Mason, Sandra	U/A Cockermouth, Cumbria	919		919
219	Kay, Vanessa	U/A Dundee, Scotland	918		918
220	Lashley, Louise	U/A	917		917
221	ryder, megan	U/A galgate, lancashire	916		916
222	Davies, Jill	U/A Penrith, Cumbria		915	915
223	Simm, Emma	U/A St Albans,	915		915
224	Crane, Millie	Bambino Atletico	914		914
225	Stewart, Kirsty	bambino atletico	913		913
226	Winspear, Clare	U/A Guisborough , North Yorkshire		912	912
227	Parker, Joanne	U/A Northwich,	911		911
228	Thornton, Faye	U/A Lancaster, -----		910	910
229	Singleton, Karen	Tri Northumberland	910		910
230	Bryant, Sue	U/A Leamington Spa, Warwickshire		909	909
231	Procter, Sue	U/A Hungerford, Berkshire	909		909
232	Bryant, Kathryn	U/A Wigton,		908	908
233	Gartside, Sarah	Gosforth Harriers	908		908
234	Rees-Clarke, Tracy	Blackwater Valley Runners		906	906
235	Woodward, Alexandra	Ambleside AC		905	905
236	Wallbank, Karen	Dallam Running Club		904	904
237	Stead, Rebecca	Lonely Goat Running Club		903	903
238	Wyles, Jan	U/A Wilmslow , Cheshire	903		903
239	Rouse, Jo-Anne	U/A Olney, Bucks		902	902
240	Waddingham, Hannah	U/A London,	901		901
241	Sewell, Nicola	Smiley Paces	899		899
242	Johnson, Christine	10km Running Pals		899	899
243	Bibby, Sarah	Redcar RC	898		898
244	O'Connor, Hannah	U/A Morecambe ,		897	897
245	Durrant, Alice	Chorlton Runners		896	896
246	Elbag, Katrin	Red Rose Road Runners		895	895
247	Brown, Vicki	Blackhill Bounders	895		895
248	Barber, Natalie	Red Rose Road Runners		893	893

249	Pearson, Emma	U/A Darlington,		892	892
250	Whitfield, Georgina	U/A Darlington,		891	891
251	Abbott, Kathryn	RED ROSE ROAD RUNNERS	891		891
252	Pritchard, Michaela	U/A Selby, North Yorkshire		890	890
253	Snell, Claerwen	Didsbury Runners		889	889
254	Hines, Charlotte	U/A Knareborough , North Yorkshire		888	888
255	sunderland, samantha	U/A dalton-in-furness, cumbria		887	887
256	Hughes, Hannah	U/A Stockport, Cheshire	887		887
257	D'Andreta, Sonia	Manchester Road Runners	886		886
258	Zablocki, Janine	U/A Wednesbury, West Midlands	883		883
259	Hollyoak, Catherine	U/A Ilkley, West Yorkshire	882		882
260	Blake, Rachel	U/A Bingley , West Yorks	881		881
261	Seago, Amanda	U/A Ulverston, Cumbria	880		880
262	Woods, Charlotte	U/A Leeds,	879		879
263	Bowyer, Jodi	U/A Lancaster ,	878		878
264	Frost, Amy	U/A London,		878	878
265	Taylor, Julie	NA		877	877
266	Gilson, Julie	Na	877		877
267	Saxby, Dawn	U/A		876	876
268	Bettinson, Zoe	St Bees Triers	876		876
269	Jefferies, Victoria	U/A Lancaster,	875		875
270	Anderson, Amanda	U/A Topcliffe, North Yorkshire		875	875
271	Knopp, Alexandra	U/A Whitley Bay, Tyne And Wear		873	873
272	Wilcockson, Diane	U/A Bolton,	873		873
273	teggart, Emma	U/A Grange-Over-Sands , Cumbria		871	871
274	Small, Hazel	U/A Edinburgh,	871		871
275	Cooper, Theresa	Fellside ladies		870	870
276	Gamberini, Lorna	Rocktart Runners		869	869
277	Croft, Alicia	Red rose road runners	869		869
278	Wynne, Anna	U/A Cairndow, Argyll	868		868
279	Shaw, Emma	U/A Lancashire, Lancashire	865		865
280	Keighley, Harriet	Darlington Triathlon Club	864		864
281	McColm, Emma	Dallam		861	861
282	Ingram, Amanda	U/A WIGTON, Cumbria	858		858
283	Gilbertson, Sarah	U/A Hope Valley,	857		857
284	Stirling, Hannah	U/A Wilmslow,	856		856
285	Smalley, Diana	St. Bees Triers	855		855
286	fell, natasha	U/A waddington,	854		854
287	Wither, Caroline	U/A Leeds,	853		853
288	Hilton, Tara	U/A Ulverston, Cumbria	852		852
289	Simms, Emma	U/A Manchester,		852	852
290	Huertas, Laura	St Bees Triers	851		851
291	Stolworthy, Kate	U/A Huddersfield,		849	849
292	Trottet, Rebecca	U/A Glasgow,	849		849
293	Broome, Kate	Achille Ratti	848		848
294	Rayner, Jan	Roundhay Runners		844	844
295	Hollister, Sarah	U/A Milnthorpe , Cumbria	844		844
296	Francis, Nadine	U/A Warrington, Cheshire		843	843
297	Holmes, Kathryn	U/A Bingley,	843		843
298	Hawksley-Beake, Charlotte	U/A London,		842	842

299	Harland, Jackie	U/A Warrington, Cheshire	842		842
300	Stevenson, Carol	U/A Lutterworth, Leics	840		840
301	Haggie, Emma	U/A West Rainton Durham		838	838
302	Ormerod, Alison	U/A Lytham, Lancashire	838		838
303	Ing, Charlotte	U/A Bingley,	837		837
304	McWilliam, Norah	U/A Bradford,		836	836
305	Irving, Angela	U/A Silloth, Cumbria	836		836
306	Scaife, Nadine	U/A Keighley, West yorkshire	835		835
307	Furgusson, Wendy	U/A Eastleigh , Hampshire		834	834
308	Quayle, Marina	U/A Keswick, Cumbria	833		833
309	Saxby, Dawn	U/A	832		832
310	McIntyre, Helen	U/A Warrington, Cheshire		830	830
311	Formby, Alison	Pinetops Running Club	830		830
312	Woodcock, Anne-Marie	U/A Bamber Bridge, Lancashire	828		828
313	Whelan, Alison	U/A Newton Aycliffe, Durham		828	828
314	Travis, Karen	U/A York,		827	827
315	morris, jess	U/A Ainsdale, southport	827		827
316	Carlin, Audrey	U/A Glasgow,		826	826
317	Leitch, Laura	U/A Lancaster,		825	825
318	Hackenbroich, Anneke	One life		823	823
319	McCallum, Jo	Ramsbottom Running Club	823		823
320	Townsend, Robyn	Sunderland Harriers & AC	822		822
321	Pollard, Allison	U/A glasgow ,		821	821
322	Findlay, Marie	Leverets	821		821
323	Tabbiner, Adele	U/A Stoke on trent, Staffordshire		820	820
324	Allen, Caroline	U/A Shrewsbury , Shropshire		819	819
325	Leader, Jill	U/A Windermere, Cumbria	818		818
326	Hall, Anita	St Helens Striders	816		816
327	Jones, Michelle	Wigan Harriers	815		815
328	Lester, Roisin	Olney Runners		814	814
329	Miller, Jessica	U/A London,	814		814
330	Diston, Fiona	U/A Olney, Bucks		813	813
331	Strickland, Lesley	Hartlepool Burn Road Harriers	813		813
332	Fearnside, Diana	U/A Thirsk,		812	812
333	Cook, Elizabeth	Northwich RC		809	809
334	Cook, Grace	U/A Barrow in Furness		808	808
335	Taylforth, Andrea	U/A		807	807
336	Ridings, Kate	Lancaster Women's Running Group	805		805
337	Santar, Heather	U/A Huddersfield	804		804
338	grimes, jeanette	U/A prescot, merseyside		802	802
339	Maxwell, Holly	St bees triers	802		802
340	Farron, Julie	Atherton RC	801		801
341	Witkowska, Magda	U/A Stanstead Abbots, Hertfordshire		801	801
342	Atkinson, Kathryn	Pendle Triathlon Club	800		800
343	Pirie, Cherry	None		800	800
344	Griffiths, Samantha	Orchard eagles		799	799
345	Charnock, Jayne	Parbold Pink Panthers		798	798
346	Voller, Fay	U/A Ormskirk, Lancs		797	797
347	Jones, Katie	Lonely goat		796	796
348	johnson, michelle	Catherines Anyone Can Run	794		794

349	Hardacre, Mary	Lions Running Community	793		793
350	Agar, Clare	Redcar running club	791		791
351	Kirkham, Ronni	Redcar running club	790		790
352	Wilde, Jeannie	Redcar running club	789		789
353	Little, Fiona	U/A Carlisle, Cumbria	788		788
354	brown, julie	U/A Glasgow,		787	787
355	Chapman, Rachael	U/A London,		785	785
356	Gibson, Jo	U/A Kendal , Cumbria	785		785
357	Byrne, Mrs Emma	Newlyweds		784	784
358	Colvin, Jo	U/A Bolton, Lancs	782		782
359	Davidson, Katherine	U/A Carlisle,		782	782
360	Coleman, Tracey	VPRC	781		781
361	Owens, Sophie	Stockton Striders	780		780
362	Owens, Lucy	Stockton Striders	779		779
363	Brown, Sarah	Derwent Valley Trail Runners	778		778
364	Grover, Marianne	U/A Kilmarnock, Ayrshire		776	776
365	Sadler, Debbie	U/A Malton ,		775	775
366	Strang, Sue	U/A Wilmslow , Cheshire	775		775
367	Hulley, Lisa	U/A Welham Green, Herts		773	773
368	Hulley, Nicole	U/A Manchester,		772	772
369	Clark, Kathryn	Elvet Striders		766	766
370	Ruderham, Samantha	Lonely goat running club	766		766
371	Owen, Sara	U/A Arnside, Cumbria	765		765
372	Maggs, Claire	U/A Solihull, West Midlands	762		762
373	Heaton, Carole	Lions Running Community	756		756
374	Sidery, Caroline	Lions Running Community	755		755
375	Clarke, Fiona	U/A Maryport, Cumbria	752		752
376	Conway, Mary	Red Rose Runners	750		750
377	Berry, Amanda	Red Rose Road Runners	749		749
378	Habsudova, Lenka	U/A Manchester,	748		748
379	Mercer, Elaine	Women on the rum	747		747
380	Hunt, Catherine	Women on the Run	743		743
381	Burns, Susan	Pinetops Running Club	742		742
382	Jones, Cathy	U/A Liverpool,	741		741
383	Dixon, Joanne	U/A Blackpool, Lancashire	740		740
384	Connor, Simone	U/A Dalbeattie ,	737		737
385	Holland, Sarah	U/A Ilkley, West Yorkshire	733		733
386	Moore, katy	U/A Hebden Bridge,	731		731
387	Maxfield, Victoria	U/A Bolton	729		729
388	Dean, Rebecca	Victoria Park Running Club	727		727
389	Shaw, Emma	Victoria Park Running Club Warrington	726		726
390	Peterkin, Sharon	Radcliffe AC	725		725
391	Berry, Sarah	U/A Consett, Durham	723		723
392	Collins, Tricia	Blackhill Bounders	722		722
393	Dick, Alison	Red rose road runners	721		721
394	Gutteridge, Fiona	Red Rose Road Runners	720		720
395	Gray, Jaclyn	U/A Workington , Cumbria	715		715
396	Bartlett, Miranda	U/A ulverston, cumbria	713		713
397	Thomas, Bev	U/A Huddersfield , West Yorkshire	707		707
398	Tosh, Claire	U/A Halifax,	706		706