

2019 Dirty Double

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	HEL	ULL	Total
Lakeland Trails 2019 14-18K Series Results : Men					
1.	French, John	Eden Runners	999	999	1998
2.	warburton, james	U/A knaresborough, north yorkshire	995	998	1993
3.	Henderson, Steven	Sale Harriers Manchester	994	997	1991
4.	Tait, Christopher	Eton Manor AC	990	996	1986
5.	Birket, Matthew	Manchester Road Runners	993	992	1985
6.	crawley, ryan	U/A Carlisle, Cumbria	987	995	1982
7.	Smith, Chris	Keswick AC	986	991	1977
8.	Blackwell, Mark	WestCumbriaTri	985	988	1973
9.	Walker, Stephen	Beverley AC	988	982	1970
10.	Holland, Tommy	U/A Edgworth,	981	986	1967
11.	Blake, David	U/A Birmingham,	976	983	1959
12.	Ball, Nathan	Manchester Tri	978	979	1957
13.	Rose-Coulthard, Richard	Brooks RunHappy Team	979	977	1956
14.	Small, Derek	U/A Edinburgh ,	963	980	1943
15.	Allison, Mike	Eden Runners	957	978	1935
16.	Gray, Jonathan	Richmond & Zetland harriers	959	974	1933
17.	Sammut, John	U/A Newcastle-under-Lyme,	945	971	1916
18.	cushion, peter	wirral vikings trc	944	970	1914
19.	Entwistle, Stephen	Wirral Vikings TRC	939	958	1897
20.	Airey, Stuart	Eden runners	942	948	1890
21.	Drummond, Lee	Birtley ac	922	963	1885
22.	Howarth, Hadrian	U/A Rickmansworth,	927	950	1877
23.	McNally, Warren	None	909	966	1875
24.	Fearnhead, Ben	U/A Windsor, BERKSHIRE	920	955	1875
25.	Mcevoy, Colin	Wigan & District H & AC	933	934	1867
26.	Brear, Paul	U/A Cambridge,	897	969	1866
27.	Ashton, Ben	U/A Nottingham, NOTTINGHAMSHIRE	905	953	1858
28.	Johnson, Mark	Sweatshop Running Community	904	945	1849
29.	Smith, Gary	COLT	893	952	1845
30.	Platten, Steve	City of Hull AC	902	939	1841
31.	schofield, john	U/A Nottingham,	877	956	1833
32.	Hind, Andrew	Northwich Running Club	879	949	1828
33.	Fletcher, Jonathan	Ripon Runner	883	938	1821
34.	Webster, Gary	Knaresborough Striders	882	936	1818
35.	Lobas, Simon	Swinton	866	947	1813
36.	Holland, Iain	U/A Edgworth,	871	937	1808
37.	Pye, Andrew	U/A Kendal, Cuumbria	874	930	1804
38.	Wood, Kelvin	Tamar trotters	940	864	1804
39.	Dodd, Simon	U/A Brampton, Cumbria	858	942	1800
40.	Brophy, Dominic	U/A kirkham, Lancashire	868	931	1799
41.	Chambers, James	York Knavesmire Harriers	869	928	1797
42.	Corinaldi, Rob	Vale Royal	848	940	1788
43.	coupe, graham	Wirral Vikings TRC	855	929	1784
44.	Pattinson, Robert	Motherwell Ac	850	921	1771
45.	ward, carl	U/A driffield, east yorkshire	842	920	1762
46.	Mason, John	U/A Kendal, Cumbria	792	967	1759
47.	Burke, Michael	Swinton running club	823	933	1756
48.	Howe, Nick	U/A Liverpool,	829	926	1755
49.	Gooding, Adrian	Quakers	845	905	1750
50.	Crate, Jeremy	U/A Bedlington , Northumberland	834	915	1749

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Pos	Name	Club	HEL	ULL	Total
51.	Davies, Chris	U/A Witton le wrar, Durham	824	918	1742
52.	White, Scott	Cambridge & Coleridge	819	922	1741
53.	Green, Chris	U/A Matlock, Derbyshire	827	914	1741
54.	Ions, Justin	U/A Ilkley,	814	927	1741
55.	Cornwell, Paul	Biddulph Running Club	816	919	1735
56.	Sharman, Alexander	U/A Banbury, Oxfordshire	789	935	1724
57.	rowlandson, dean	U/A grange over sands, cumbria	810	910	1720
58.	Holmes, Mike	U/A Skipton,	811	907	1718
59.	parker, alan	U/A stoke on trent,	826	890	1716
60.	Joshi, Mihir	U/A Glasgow,	818	898	1716
61.	Baker, Simon	U/A Newcastle upon Tyne ,	797	913	1710
62.	Thompson, Russell	U/A Barrow-in-Furness,	800	901	1701
63.	Charles, Terence	Wirral Vikings TRC.	782	908	1690
64.	Harrison, Richard	Ambleside AC	776	911	1687
65.	Bailey, David	BRC	786	900	1686
66.	Whalley, Ian	U/A Huddersfield, West Yorkshire	784	889	1673
67.	Spowart, David	U/A Spennymoor, Durham	764	902	1666
68.	Flatres, Neil	U/A Wakefield, West Yorkshire	765	894	1659
69.	Clemens, Jonathan	Knutsford Tri Club	778	879	1657
70.	Nagar, Igal	U/A Sutton Coldfield, West Midlands	783	870	1653
71.	Hawkins, Richard	York Postal Harriers	777	869	1646
72.	Byrne, Simon	St Bees Trier	768	876	1644
73.	Whettlock, Phillip	Queensbury RC	770	872	1642
74.	Clitheroe, Andrew	U/A Carlisle,	743	897	1640
75.	Horne, Jonathan	Biddulph Running Club	757	881	1638
76.	Tomkins, Anthony	U/A Abergavenny (Y Fenni), Gwent	741	895	1636
77.	moss, terry	U/A preston, lancashire	752	877	1629
78.	Burkitt, Michael	U/A Lancaster, Lancashire	756	871	1627
79.	Abbott, Ian	U/A Nottingham,	749	873	1622
80.	Love, Philip	U/A Leeds, West Yorkshire	751	862	1613
81.	Wimpenny, David	U/A St. Helens ,	729	875	1604
82.	Fisher, Graham	Biddulph Running Club	648	956	1604
83.	Robertson, Iain	U/A Corbridge, Northumberland	750	852	1602
84.	Hemsley, Andrew	Walney Wind Cheetahs	698	903	1601
85.	Tippin, Frank	U/A	731	859	1590
86.	Haydon, Paul	U/A Great Ayton, North Yorksire	625	953	1578
87.	Paterson, Neil	U/A Hexham, Northumberland	689	888	1577
88.	Wilcock, Adam	U/A Old Langho, Lancashire	692	883	1575
89.	Bateman, Tim	U/A Preston , Lancashire	718	844	1562
90.	Raynor, Dave	Red Rose Road Runners	693	868	1561
91.	Smitham, Paul	Chorlton Runners	701	860	1561
92.	Davies, Owen	U/A Kendal,	671	861	1532
93.	Langrish, David	Sunderland Strollers	668	863	1531
94.	Stolworthy, Dan	U/A Huddersfield, West Yorkshire	664	857	1521
95.	Richardson, Jonathan	York Postal Harriers	682	822	1504
96.	little, jim	U/A cheshire,	707	794	1501
97.	Barrett, Neil	U/A Preston, Lancashire	645	855	1500
98.	Pennock, Richard	U/A Bridgend,	660	838	1498
99.	Gillman, Darren	Trail Running Association	652	840	1492
100.	Meeten, Jon	U/A Manchester,	629	846	1475
101.	Watt, David	U/A Gelston, Lincolnshire	641	831	1472
102.	Ryan, Ferg	SW Running Crew	559	906	1465

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Pos	Name	Club	HEL	ULL	Total
103.	Waring, John	U/A Warrington, Cheshire	620	843	1463
104.	Jorgensen, Find	U/A Bjornemyr, Akershus	607	850	1457
105.	Schaffer, Nicholas	Millom Striders	632	823	1455
106.	Collins, Paul	Garscube Harriers	618	832	1450
107.	Atkinson, Matt	U/A Kendal, Cumbria	606	841	1447
108.	Pryce, Alan	U/A Alton, Hampshire	594	842	1436
109.	Rooney, Gerry	U/A Carlisle,	615	819	1434
110.	Jeffrey, Alex	U/A Lightcliffe,	587	845	1432
111.	Booth, Craig	U/A Kendal, Cumbria	590	820	1410
112.	Price, Andrew	Team inov-8	603	799	1402
113.	Wiseman, John	Red Rose Road Runners	613	788	1401
114.	wardley, mark	U/A preston, lincs	581	816	1397
115.	Cummins, David	U/A Preston, Lancashire	583	812	1395
116.	Brown, Malcolm	Hook Norton Harriers	595	798	1393
117.	Cummins, Michael	U/A Lancashire,	579	811	1390
118.	Bidwell, Clement	U/A Salford,	561	827	1388
119.	Crombie, Ross	U/A West Bridgford,	557	821	1378
120.	Rose, Brian	Billingham Marsh House Harriers	576	801	1377
121.	Stout, John	U/A Leigh, Greater Manchester	540	825	1365
122.	larsson, charles	newcastle staffs	509	847	1356
123.	Ryder, Edward	None	534	818	1352
124.	Bowen, Stuart	Orchard Eagles Running Club	533	808	1341
125.	Navesey, Steve	U/A South Chailey,	530	803	1333
126.	Dunne, Raphael	U/A Irby, Merseyside	494	813	1307
127.	Myatt, Robert	U/A Stoke on trent, Staffordshire	519	786	1305
128.	Harkin, Thomas	Oisins Gaa	495	805	1300
129.	Houghton, Steven	U/A Beetham , Cumbria	498	800	1298
130.	Morton, Gary	U/A Brighouse, West Yorkshire	518	779	1297
131.	Nelson, Michael	U/A Barrow in Furness, Cumbria	466	830	1296
132.	Donkersley, Philip	U/A Lancaster, Lancashire	524	771	1295
133.	cass, dylan	mersey tri	481	792	1273
134.	Devine, David	U/A Glasgow, Scotland	479	791	1270
135.	Ash, Nigel	U/A Coventry,	462	790	1252
136.	Waring, Mel	U/A St. Helens, Merseyside	486	766	1252
137.	Mcnicholl, Stewart	U/A Morpeth , Northumberland	451	795	1246
138.	Kinner, Phil	U/A Ashby De La Zouch,	445	797	1242
139.	Simpson, MARTIN	Red Rose Road Runners	483	751	1234
140.	OHara, Steven	U/A Sunderland, Tyne & Wear	441	783	1224
141.	Webster, Nicholas	U/A Northallerton ,	439	782	1221
142.	Henderson, Ian	U/A Northallerton ,	435	784	1219
143.	Gray, Michael	Thornton and cleveleys RC	425	793	1218
144.	Dunne, Darren	U/A Chester-le-Street,, Durham	438	773	1211
145.	TRELFA, AUSTIN	Red Rose Road Runners	424	777	1201
146.	Farr, wayne	U/A HULL, East Yorkshire	426	770	1196
147.	Price, Michael	Team inov-8	412	780	1192
148.	Williams, Martin	Stockport Harriers	403	789	1192
149.	Aust, David	Stamford striders	401	781	1182
150.	Farmer, Clive	Redway Runners	406	765	1171
151.	Batley, Mark	U/A York,	356	758	1114
152.	Farmer, Mark	U/A Lincoln, Lincolnshire	340	760	1100
153.	Hopkinson, Greg	Team Inov-8/Trail Running Magazine		1000	1000
154.	Cox, Jonathan	Eden Runners	1000		1000

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Pos	Name	Club	HEL	ULL	Total
155.	Arkle, Jamie	Esk Valley Fell Club	998		998
156.	Ronaldson, Cameron	U/A Manchester , Lancashire	997		997
157.	Chapman, James	Northern Fells Running Club	996		996
158.	Harratt, Matt	U/A Oldham,		994	994
159.	corless, Chris	Lancaster and morcambe AC		993	993
160.	Cooper, Jack	Trafford AC	992		992
161.	Santo, Matt	U/A Durham, Durham	991		991
162.	Pickett, Ian	Tyne Bridge Harriers		990	990
163.	Lloyd, Peter	U/A Stoke on trent, Staffordshire		989	989
164.	Staniforth, Alex	Helm Hill Runners	989		989
165.	Thompson, Ben	U/A Middleton Greater Manchester		987	987
166.	Watson, Nick	U/A Darlington,		985	985
167.	Fletcher, Adam	U/A		984	984
168.	Everett, Steve	Durham city harriers	984		984
169.	Ryder, Robert	U/A Altrincham ,	983		983
170.	Anderson, David	Shildon Running and Athletic Club	982		982
171.	Hannah, John	Lancaster and morecambe athletics		981	981
172.	Gray, Chris	Tri Lakeland	980		980
173.	Garlick, Kevin	Bingley	977		977
174.	fishpool, peter	U/A driffield, east yorks		976	976
175.	Gora, Simon	Garstang RC		975	975
176.	Fawcett, Simon	U/A Stoke on trent, Staffordshire	975		975
177.	Pilkington, Joel	U/A Accrington, Lancashire		973	973
178.	Shirley, James	U/A Liverpool, Merseyside	973		973
179.	Walker, David	Sedgefield Harriers		972	972
180.	Edwards, Dave	N/A	972		972
181.	Barton, Sam	U/A Bowness, Cumbria	971		971
182.	Jenkinson, Daniel	U/A Lancaster,	970		970
183.	Huins, Charlie	U/A London,	969		969
184.	Nuttall, Greg	U/A Bolton , Lancashire		968	968
185.	Law, Paul	U/A Kendal, Cumbria	968		968
186.	Heardman, Martin	GRC	967		967
187.	Bettinson, Guy	St Bees Triers	966		966
188.	Smith, Louis	U/A Bolton,		965	965
189.	Hilton, Christopher	U/A Leeds, West Yorkshire	965		965
190.	Abbott, Dave	U/A PRESTON,		964	964
191.	robinson, george	blackpool		962	962
192.	Morgan-Hillam, Mark	Wigan Harriers	962		962
193.	Jabbar, Mohammed	U/A Southport, Merseyside		961	961
194.	Hemmings, Ross	U/A Goostrey ,	961		961
195.	Baglee, David	Eden Runners		960	960
196.	Robinson, Martyn	BATS		959	959
197.	Tomlinson, Matty	Houghton harriers	958		958
198.	Abbott, Steve	Wesham Road Runners		957	957
199.	Skelton, Alastair	U/A Glasgow,	956		956
200.	Wilkinson, Ali	Team inov-8		954	954
201.	Wakeman, Karl	COLT Tri Club	954		954
202.	Weaver, Lewis	U/A London, London	953		953
203.	Irving, Anthony	U/A Carlisle,	952		952
204.	Foster, Andy	U/A Leeds, Yorkshire		951	951
205.	lonsdale, philip	U/A durham,	951		951
206.	Cash, Dan	U/A Bristol, Avon	950		950

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Pos	Name	Club	HEL	ULL	Total
207.	Waddingham, Peter	U/A London,	949		949
208.	Poirrette, Jonathan	U/A Windermere, Cumbria	948		948
209.	simpson, jonny	U/A hornsea, east yorkshire	947		947
210.	Clokey, Andrew	Lancaster and morcambe AC		946	946
211.	Birkett, Gareth	Team Cherwell	946		946
212.	Bryant, James	Kenilworth Wheelers CC		944	944
213.	Davenport, Stephen	U/A Warrington,		943	943
214.	Connolly, David	U/A Burscough, Lancs	943		943
215.	Newland, Ian	U/A Chelmsford , Essex		941	941
216.	Coupe, Tom	U/A Liverpool,	941		941
217.	Black, Reece	Wearside Tri	938		938
218.	Phillips, Andy	U/A Manchester, Greater Manchester	937		937
219.	Jackson, Andy	The Fell Devils	936		936
220.	Cassie, Gus	Bambino Athletico	934		934
221.	Casstles, Toby	U/A Rainford, Merseyside		932	932
222.	skelton, john	brickers	932		932
223.	Norman, David	Dudley Kingswinford	931		931
224.	Fuller, Jack	U/A London, Lambeth	930		930
225.	Spowart, Richard George	U/A Spennymoor, Durham	929		929
226.	Lingard, Gary	U/A Ulverston,	928		928
227.	Taylor, Richard	GMFRS Mountain Running Section	926		926
228.	Carter, Geoffrey	U/A Cockermouth		925	925
229.	Stockton, Daniel	The Fell Devils	925		925
230.	Gane, Jason	U/A Stocksfield , Northumberland		924	924
231.	Lazenby, Stuart	U/A Hull, East Yorkshire	924		924
232.	Clarke, stuart	U/A MILTON KEYNES, Northamptonshire		923	923
233.	Sears, Steve	U/A Brighouse, West Yorkshire	918		918
234.	Thacker, Dan			917	917
235.	Clarke, Ben	Team Nidderdale	917		917
236.	Speake, Ian	U/A milton keynes, Northamptonshire		916	916
237.	Marshall, Neil	U/A Chester, Cheshire	916		916
238.	ROBERTS, CHRISTOPHER	Unattached	915		915
239.	Barker-Field, Lee	U/A Leeds, West Yorkshire	913		913
240.	Walkden, Michael	U/A Bolton		912	912
241.	Rowley, Dave	U/A Bolton , England	912		912
242.	Logan, David	U/A Brighouse,	910		910
243.	Chamraz, Stefan	Slovakia		909	909
244.	Brown, Derek	city of Hull AC	908		908
245.	Elderkin, Steve	U/A Challock, Kent	907		907
246.	Wood, Ben	U/A Wilmslow,	906		906
247.	Davis, John	Eden Runners		904	904
248.	Stuart, Andrew	U/A Lancaster, Lancashire	903		903
249.	Shard, Matthew	U/A Bristol, North Somerset	901		901
250.	Low, Aaron	U/A CUMBRIA, CUMBRIA	900		900
251.	Thomson, Mike	Lower Hardhorn AC		899	899
252.	Walker, Thomas	U/A Rothbury , Northumberland	898		898
253.	colman, sam	U/A otley, yorkshire		896	896
254.	Low, Ryan	U/A Manchester, Greater Manchester	896		896
255.	Fearnside, Edward	U/A Thirsk,		893	893
256.	Bagshaw, Andrew	Bramhall Runners		892	892
257.	Lewis, Rodney	U/A Brixton, London	892		892
258.	Eggleston, Simon	U/A Sunderland, Tyne & Wear		891	891

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Pos	Name	Club	HEL	ULL	Total
259.	Hillas, Stephen	Saltaire Striders	891		891
260.	Lloyd, Huw	U/A Richmond, North Yorkshire	890		890
261.	Asher, Kevin	U/A London ,	889		889
262.	Morris, Christopher	Team Windmill	888		888
263.	Beake, Merlin	U/A London,		887	887
264.	Hood, Peter	Dudley Kingswinford (DK) Running Club	887		887
265.	Burkitt, Gregory	U/A Preston, Lancashire		886	886
266.	Macfarlane, Jim	U/A Newcastle upon Tyne,	886		886
267.	Harrison, John	U/A North Shields, Tyne and Wear		885	885
268.	Macfarlane, Robert	U/A Cambridge,	885		885
269.	kings, tim	U/A KENDAL,		884	884
270.	Johnson, Johnny	U/A Guisborough,	884		884
271.	Greatorex, Guy	U/A STOCKPORT, Cheshire		882	882
272.	Gilbert, David	U/A Liverpool, Merseyside		880	880
273.	Raso, Roberto	Manchester Frontrunners	880		880
274.	Lazenby, Charles	U/A Kingston-Apon-Hull, East Yorkshire		878	878
275.	Banks, Tom	U/A North Shields, Tyne and Wear	875		875
276.	Furness, Paul	City of Hull AC		874	874
277.	Jack, Richard	U/A Cockermouth, Cumbria	873		873
278.	Penhale, Bruce	Trafford AC	872		872
279.	Thomas, Peter	N/A		867	867
280.	Pansegrouw, Etienne	U/A Southport ,	867		867
281.	Lehninger, Alex	U/A Keswick, Cumbria		866	866
282.	Higgs, David	Walton AC		865	865
283.	Darcy, Ben	U/A Newcastle ,	864		864
284.	Shaw, Tom	U/A Barrow in Furness,	863		863
285.	Allinson, Robert	U/A Redcar	862		862
286.	Webb, Gareth	Sale Harriers Manchester	861		861
287.	Hollyoak, Arran	U/A Ilkley, West Yorkshire	860		860
288.	Murtagh, Wayne	City of Hull AC	859		859
289.	Jennings, Phil	City of Hull AC		858	858
290.	douglas, andrew	U/A kendal, cumbria	857		857
291.	Watts, Bill	Riversway Road Runners		856	856
292.	cleary, denis	none	856		856
293.	Berry, Mark	U/A Consett, Durham	854		854
294.	Rose, Mark	U/A Fleetwood , Lancashire		853	853
295.	Smith, Mark	U/A Northampton	853		853
296.	spowart, john	U/A Spennymoor, Durham	852		852
297.	Hadley, Paul	Stornoway AC		851	851
298.	Neil-Boss, Michael	Lonely Goat Running Club	851		851
299.	Cattaneo, Scott	East Dunford Griffins ASC		849	849
300.	Owen, Steven	U/A Runcorn , Cheshire		848	848
301.	Waterhouse, James	U/A Harrogate, N.Yorks	847		847
302.	Wood, Alan	Lonely Goat RC	846		846
303.	Capsey, Ben	Salford Mets	844		844
304.	May, Adam	U/A Leeds ,	843		843
305.	Croft, Ian	Red rose road runners	841		841
306.	Sheridan, Robert	U/A Gateshead, Tyne and Wear		839	839
307.	McQuade, Richard	Gosforth Harriers	839		839
308.	Fairbairn, Steven	U/A Durham, County Durham	838		838
309.	Hall, Michael	U/A Kinross,		837	837
310.	Wort, Callum	U/A St Albans,	837		837

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311.	Hammond, Paul	Stubbington Green Runners		836	836
312.	Oxtoby, David	Kenilworth Runners	836		836
313.	Minns, Gary	U/A Bishop Auckland,	835		835
314.	McCoy, Michael	U/A Dursley, Gloucestershire		835	835
315.	Walls, Danny	Scarborough ac		834	834
316.	Toole, Daniel	Methley Striders		833	833
317.	Beardmore, Paul	Na	833		833
318.	Donohue, Daniel	U/A Morecambe, Lancashire	832		832
319.	Broadbent, Tom	U/A Elgin, Scotland	831		831
320.	Jarrett, Austin	Dawn Jarrett	830		830
321.	King, Stewart	U/A Chorley, Lancs		829	829
322.	Aiken, David	Quakers Running Club		828	828
323.	Brinn, Gareth	U/A Leamington Spa,	828		828
324.	Bond, Stuart	U/A Preston, Lancashire		826	826
325.	Lashley, Pete	Unattached	825		825
326.	Gard, Jefferson	Penny lane striders		824	824
327.	White, Paul	U/A Durham, County Durham	822		822
328.	Garner, Mark	Radcliffe AC	820		820
329.	Hall, Michael	U/A Seaham, Co Durham		817	817
330.	McKechnie, Stuart	U/A Witney,	817		817
331.	Slater, Shaun	Heaton Harriers		815	815
332.	McCann, Joel	U/A Lancaster, -----		814	814
333.	Wynne, Chris	U/A Ormskirk,	813		813
334.	Davies, Nathan	U/A Kendal, Cumbria	812		812
335.	Jones, Richard	Blackwater Valley Runners		810	810
336.	Machin, William	U/A Bolton		809	809
337.	Birchall, Gavin	U/A Preston,	809		809
338.	Bend, Mat	U/A Leyland, Lancas	808		808
339.	Welsh, Michael	U/A Northallerton, North Yorkshire		807	807
340.	Percival, Darren	Lonely Goat Running Club		806	806
341.	Sharp, Gordon	U/A Poynton, Cheshire	805		805
342.	Murphy, Steve	Red Rose Road Runners		804	804
343.	Davidson, Richard	U/A Newcastle upon Tyne , Tyne and wear	804		804
344.	O'Connor, Stuart	U/A Morecambe ,		802	802
345.	Leslie, Tom	U/A Morpeth, Northumberland	799		799
346.	Carrick, Neil	West Cumbria Tri	796		796
347.	King, Alan	U/A Carnwath,		796	796
348.	Broome, Jon	Achille Ratti	795		795
349.	Genovese, Salvatore	U/A Garstang, Lancashire	793		793
350.	Brown, Marc	U/A Carlisle , Cumbria	791		791
351.	Medhurst, Alex	U/A London, Lambeth	790		790
352.	Young, Duncan	Manchester Road Runners	788		788
353.	Taylor, Alan	U/A Rochdale, Greater Manchester		787	787
354.	shard, jon	U/A manchester, lancashire	787		787
355.	Hume, Sam	U/A Runcorn, Cheshire		785	785
356.	French, Rob	U/A Liverpool, Merseyside	785		785
357.	ryder, jack	U/A liverpool, merseyside	781		781
358.	Hollowbread, Andrew	U/A DURHAM, Co Durham	779		779
359.	Cassels, David			778	778
360.	Hardcastle, Keith	U/A YORK,		776	776
361.	Vickerstaff, Ian	U/A Edinburgh,		775	775
362.	Fergusson, Carl	U/A Eastleigh , Hampshire		774	774

2019 Dirty Double

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	HEL	ULL	Total
363.	Fox, Wayne	St. Bees Triers	773		773
364.	Harrison, Richard	Didsbury Runners		772	772
365.	Pape, Nick	Hermitage harriers	771		771
366.	Mundy, Robert	Ripon Runners		769	769
367.	Comley, Josh	U/A London, London	769		769
368.	White, Fiachra	U/A Kendal,		768	768
369.	Langhorne, John	U/A Kendal , Cumbria		767	767
370.	Fitzpatrick, Finbarre	U/A Halifax,		764	764
371.	Speed, Reuben	U/A heighington, durham		763	763
372.	Grainger, Scott	U/A Yarm ,		762	762
373.	fitton, colin	U/A Wrenthorpe, Please Select	762		762
374.	Scott, John	U/A Haltwhistle , Northumberland		761	761
375.	Allen, Christopher	U/A Shrewsbury , Shropshire		759	759
376.	Clayson, George	Brighton and Hove Athletics	759		759
377.	G, Mark	U/A Stanstead Abbots,		757	757
378.	Chappell, James	U/A Cottingham,		756	756
379.	leary, ron	U/A hull,		755	755
380.	Stokes, Mike	U/A Ormskirk, Lancashire	755		755
381.	Stewart, Sally	U/A Glasgow,		754	754
382.	Bowker, Ian	U/A Marple, Stockport	754		754
383.	Whyte, Jack	U/A London,		753	753
384.	Byrne, Mr Chris	Newlyweds		752	752
385.	Jessop, Alex	U/A Manchester,		750	750
386.	Hulley, Rory	U/A Welham Green, Herts		749	749
387.	Hulley, Jake	U/A Welham Green, Herts		748	748
388.	Williams, Glyn	Salford Harriers	738		738
389.	TOSH, GARETH	U/A Halifax,	736		736
390.	Procter, Mark	U/A Cranwell, Lincolnshire	728		728
391.	Trottet, Joe	U/A Glasgow,	727		727
392.	Shevelan, John	Black Coombe Runners	726		726
393.	McCairn, Matt	U/A St Helens, Merseyside	725		725
394.	Wallbank, David	Team windmill	723		723
395.	Brooks, Neil	U/A Preston , Lancashire	722		722
396.	Craig, George	U/A Tynemouth, Tyne and Wear	720		720
397.	Harrison, Andrew	U/A Sheffield,	717		717
398.	Brown, James	SISU RUN	712		712
399.	Smith, Ian	Bolton United Harriers	711		711
400.	Podbury, Duncan	U/A Gateshead,	709		709
401.	Foulkes, RAY	Redcar running club	708		708
402.	Anderson, Warren	U/A Newcastle upon Tyne,	705		705
403.	Thomas, Luke	Vibes	703		703
404.	Davies, Sam	U/A Stockport,	702		702
405.	Cross, Peter	U/A Durham,	697		697
406.	Lowrey, Ray	U/A Bebington, Wirral	696		696
407.	Jones, Thomas	U/A Manchester,	695		695
408.	Wilcock, Daniel	U/A Stockport,	694		694
409.	Spivey, Garry	Meltham A.C.	691		691
410.	Burthem, Sam	U/A Bolton, Greater Manchester	690		690
411.	Stirling, Ivor	U/A Lancaster,	679		679
412.	Howard, Andrew	U/A Northwich, Cheshire	676		676
413.	Noble, Andy	U/A Andover, Hampshire	675		675
414.	Trainor, Daniel	U/A St Helens, Merseyside	670		670

2019 Dirty Double

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	HEL	ULL	Total
415.	Ashcroft, David	U/A Warrington,	669		669
416.	Conroy, James	U/A Leeds, West Yorkshire	665		665
417.	Hirst, Christopher	U/A Sjöbo,	663		663
418.	Glass, John	U/A Lancaster, Lancs	659		659
419.	Sugden, Alexander	U/A Halifax, West Yorkshire	658		658
420.	Wild, Michael	U/A Oldham, Lancashire	657		657
421.	McCarthy, Louis	Rochdale Harriers	656		656
422.	McCarthy, Jeff	Rochdale Harriers	655		655
423.	Cliffe, Tim	U/A Alsager , Cheshire	654		654
424.	ryder, john	U/A boston spa, yorkshire	650		650
425.	Sloan, Andrew	U/A Halifax,	644		644
426.	Hadlington, Daniel	U/A Sunderland, Tyne and Wear	642		642
427.	Mcgee, Eugene	U/A Ulverston, Cumbria	640		640
428.	Sidery, Howard	Lions Running Community	638		638
429.	Fenwick, Iain	Tri Northumberland Triathlon Club	637		637
430.	Hill, Ben	U/A Manchester ,	635		635
431.	Parsons, Steve	U/A Hungerford , Berkshire	633		633
432.	O'Boyle, Andrew	U/A Warrington, Cheshire	631		631
433.	Jaques, Ric	U/A Brampton,	628		628
434.	Mcgee, Billy	U/A Lancaster , Lancashire	627		627
435.	Wennington, Rob	N/A	626		626
436.	Walsh, John	Daves stag	623		623
437.	Clarke, Michael	U/A Newcastle Upon tyne,	614		614
438.	langton, damien	U/A manchester,	611		611
439.	Tipping, James	U/A Wilmslow,	610		610
440.	Stockman, Simon	Warrington Road Runners	605		605
441.	mayson, richard	unattached	602		602
442.	Meyfroidt, Steve	U/A Penrith, Cumbria	601		601
443.	Griffiths, Matthew	St Bees Triers	600		600
444.	Pearson, Josh	U/A Preston,	598		598
445.	Wood, Dominic	U/A Salford, Lancashire	597		597
446.	Barford, Bob	U/A Laceby, Lincolnshire	592		592
447.	davidson, Alan	U/A Witney,	589		589
448.	Burlingham, Peter	Lonely Goat RC	588		588
449.	Bellwood, Michael	N/A	585		585
450.	Mairs, Richard	U/A West Auckland, Durham	577		577
451.	Hughed, Gareth	U/A Stockport,	573		573
452.	Walter, John	U/A Penrith, Cumbria	571		571
453.	Dove, Richard	U/A Leeds, Yorkshire	570		570
454.	Stevens, Joe	U/A Ormskirk, Lancashire	566		566
455.	Trubshaw, Jon	U/A Ormskirk, Lancashire	565		565
456.	shaw, mark	U/A Audenshaw, MANCHESTER	562		562
457.	Ryan, Chris	SW Running Crew	558		558
458.	Clarke, Simon	U/A Maryport, Cumbria	555		555
459.	jones, simon	U/A Bishops Stortford, herts	554		554
460.	INGRAM, JOHN	U/A OLNEY, BUCKS	553		553
461.	Postlethwaite, David	U/A Leyland, Lancashire	552		552
462.	Liptrott, Mark	U/A Ormskirk, Lancashire	549		549
463.	Madden, Michael	U/A Altrincham , Cheshire	548		548
464.	Meade, Richard	U/A Stockport, Greater Manchester	547		547
465.	chorley, Alan	U/A warrington, Cheshire	545		545
466.	Wilcockson, Paul	U/A Bolton,	541		541

2019 Dirty Double

Lakeland Trails 2019 14-18K Series Results : Men

Pos	Name	Club	HEL	ULL	Total
467.	Holden, Phil	U/A Bolton, Lancashire	539		539
468.	Bailey, Chris	U/A Marple Bridge,	535		535
469.	Dessent, Chris	U/A Hebden Bridge, West Yorkshire	531		531
470.	Wynne, Matt	U/A Cairndow, Argyll & Bute	528		528
471.	Kelly, Russ	Redcar Running club	515		515
472.	lissimore, tom	U/A London, England	514		514
473.	Ingram, Christopher	U/A WIGTON, Cumbria	513		513
474.	Savery, Richard	U/A Hope Valley,	511		511
475.	Wood, Simon	U/A Lytham,	504		504
476.	Hargreaves, Michael	U/A Ulverston, Cumbria	503		503
477.	Johnson, Stu	Tynedale Rfc	499		499
478.	Smithers, Ben	Red Rose Road Runners	493		493
479.	Donohue, Martin	U/A Wigan , Lancs	490		490
480.	Livermore, Geoff	U/A Bingley, West Yorkshire	485		485
481.	Chippendale, Richard	Red Rose Road Runners	473		473
482.	Wood, James	U/A Preston,	469		469
483.	Merritt, Jon	U/A Keswick, Cumbria	464		464
484.	ARMSTRONG, MICHAEL	sunderland strollers	452		452
485.	Burt, Gary	U/A Blackburn, Lancashire	449		449
486.	McWilliams, Timothy	U/A Wakefield , W Yorks	446		446
487.	Carter, Paul	Wigan Harriers	444		444
488.	Maxwell, Michael	St bees triers	422		422
489.	Thomas, Barry	Vicar's Cross Vet	407		407
490.	Higson, Dave	U/A kendal, cumbria	405		405
491.	Brown, Ken	Blackhill Bounders	400		400
492.	Dean, Artem	U/A Ilkley, West Yorkshire	397		397
493.	Bartlett, Richard	U/A ulverston, cumbria	388		388
494.	Mcglashan, Andrew	Derwent valley trail runners	387		387
495.	Spickett, Gavin	Tynedale Harriers	386		386
496.	taylor, mark	U/A manchester, lancashire	382		382
497.	Harrington, John	U/A Sheffield ,	380		380
498.	Barker, Tex	VPRC	373		373
499.	Harland, Philip	U/A Warrington, Cheshire	371		371
500.	Maggs, Darren	U/A Solihull ,	367		367
501.	Mayson, Anthony	Lancaster & Morecambe Athletics Club	355		355
502.	Gilmour, Jack	Wimbledon Windmilers	346		346
503.	ADAMSON, STUART	U/A BRADFORD, WEST YORKSHIRE	344		344
504.	Connor, Kirk	U/A Dalbeattie ,	335		335
505.	Kellegher, Stephen	U/A Liverpool ,	328		328
506.	Ashcroft, Adam	U/A Warrington ,	325		325
507.	Moonan, Paul	Liverpool	324		324

Number of records: 507