

2019 Dirty Double

Lakeland Trails 2019 10K Series Results : Women

Pos	Name	Club	HEL	ULL	Total
Lakeland Trails 2019 10K Series Results : Women					
1.	Pickles, Karen	Pudsey & Bramley	1000	998	1998
2.	Hatch, Jennifer	U/A Manchester,	995	997	1992
3.	Anton, Susie	Susie Anton PT and Fitness	993	996	1989
4.	Winter, Louise	Keswick AC	994	992	1986
5.	Ashton, Laura	U/A Telford, Shropshire	992	991	1983
6.	Satterly, Holly	Lancaster & Morecambe AC	989	993	1982
7.	Pittard, Jill	Northbrook AC	987	986	1973
8.	Grisedale, Jo	Team inov-8	981	984	1965
9.	Hannam, Jude	YacYak	984	979	1963
10.	Appleby, Kathy	U/A Lancaster, Lancashire	977	982	1959
11.	Bridges, Zoe	U/A Sudbury, Suffolk	976	980	1956
12.	Royle, Janice	U/A Carlisle,	968	985	1953
13.	Charles, Jacq	Wirral Vikings TRC	969	975	1944
14.	Higham, Karen	U/A Woking, Surrey	973	968	1941
15.	Hatch, Carol	U/A Stockport, Cheshire	971	967	1938
16.	Caspi, Anne	Mornington Chasers	958	974	1932
17.	Ward, Rose	Smiley Paces	966	963	1929
18.	Johnson, Hilary	U/A London,	960	949	1909
19.	McBride, Sandy	U/A London, London	959	950	1909
20.	Chilton, Dawn	U/A Preston, Lancashire	932	977	1909
21.	Robinson, Nathalie	Roefield Run Club	944	957	1901
22.	Frank, Jackie	U/A Redcar,	938	961	1899
23.	Foreman, Anne	U/A Newcastle upon Tyne, Tyne and Wear	937	959	1896
24.	Gittins, Katrina	YacYak	949	947	1896
25.	Turner, Jean	Telford Harriers	939	953	1892
26.	Krynen, Hilde	U/A Kendal, Cumbria	947	945	1892
27.	Hook, Carole	U/A Thrapston, Northants	941	944	1885
28.	Sharp, Susan	U/A Wakefield, west Yorkshire	923	939	1862
29.	Thorneycroft, Deborah	U/A Stoke on Trent, Staffs	918	935	1853
30.	Flight, Becky	N/A	910	931	1841
31.	Gilgeous, Sian	Susie Anton Ladies On The Run	917	920	1837
32.	Sewell, Alicia	Smiley Paces	860	973	1833
33.	Brookfield, Hannah	U/A Aughton, Lancashire	950	878	1828
34.	Hopkins, Sarah	U/A Preston, Lancs	892	928	1820
35.	Crate, Beverley	U/A Bedlington , Northumberland	895	924	1819
36.	Bonner, Clair	U/A Keighley, West Yorkshire	919	895	1814
37.	thomas, julie	hampstead health park run	902	911	1813
38.	Pilkington, Laura	Miss	887	922	1809
39.	Ashton, Rachel	U/A Nottingham, NOTTINGHAMSHIRE	882	926	1808
40.	Aitken, Anna	U/A West Linton,	889	914	1803
41.	Green, Suzanne	Fylde Coast Runners	884	916	1800
42.	Navesey, Bev	U/A Lewes, Sussex	886	904	1790
43.	Mather, Lisa	U/A Stockport, Cheshire	878	912	1790
44.	Martin, Heidi	St.Bees Triers	885	905	1790
45.	morrison, rosie	U/A North Tyneside,	888	901	1789
46.	BRENTNALL, Susan	U/A Cambridge,	851	930	1781
47.	Thompson, Liane	U/A Barrow-in-Furness, Cumbria	876	896	1772
48.	Noon, Caroline	U/A London,	872	893	1765
49.	Lucas, Wendy	U/A Chalgrove,	870	889	1759
50.	Burns, Gill	U/A Edgworth,	858	900	1758

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Pos	Name	Club	HEL	ULL	Total
51.	Scott, Katie	U/A Shevington, Lancashire	854	892	1746
52.	O'Neill, Ann	U/A London ,	849	897	1746
53.	Naylor, Jane	Smiley Paces	859	887	1746
54.	Goodman, Pam	U/A London,	877	865	1742
55.	Moore, Margaret	U/A Paisley, Renfrewshire	846	891	1737
56.	Peacock, Bridget	U/A London,	852	881	1733
57.	lamb, elaine	wirral runners	857	872	1729
58.	Haworth, Katie	U/A Penrith, Cumbria	850	877	1727
59.	Gromova, Marina	U/A London,	840	882	1722
60.	Beresford, Amanda	U/A	832	873	1705
61.	RICKARDS COLLINSON, EDWINA	CROCWALKERS	828	866	1694
62.	Jimenez, Lola	U/A Southport, Merseyside	827	864	1691
63.	Davies, Christina	U/A Bishop Auckland, Durham	826	863	1689
64.	Myatt, Ann	Cheadle	830	854	1684
65.	Willoughby, Becky	Helm Hill	829	851	1680
66.	Braddon, Karen	Crocwalkers	815	849	1664
67.	Davidson, Lesley	Horwich RMI Harriers	806	847	1653
68.	Smith, Lynn	Horwich RMI Harriers	805	846	1651
69.	Parry, Ella	U/A Carlisle,		1000	1000
70.	Wiggans, Olivia	Red Rose Road Runners		999	999
71.	Thomas, Jane	Sale Harriers	999		999
72.	Cooper, Emma	U/A Leeds	998		998
73.	Leese, Rona	U/A Dundee , Angus	997		997
74.	johnson, karen	U/A Ulverston,	996		996
75.	Greenall, Vicki	U/A Wigan, Lancs		995	995
76.	Taylor, Helen	Holcombe Harriers	991		991
77.	Giles, Laura	U/A Kendal		990	990
78.	Bell, Kirsten	N/A		989	989
79.	Correia, judith	U/A North Tyneside, County (optional)		988	988
80.	Tomlinson, Gillian	Houghton Harriers AC	988		988
81.	Holdich, Carole	U/A Carlisle , Cumbria		987	987
82.	Bolton, Lisa	Red Rose Road Runners	986		986
83.	Kelly, Eleanor	U/A Bury,	985		985
84.	Mason, Angela	U/A Cambridge, Cambs		983	983
85.	gerrard, laura	U/A Chorley, Lancashire	983		983
86.	Gleghorn, Emma	U/A Chorley ,	982		982
87.	Greeson, Karen	U/A St. Bees, Cumbria		981	981
88.	Waland, Jack	Team inov-8	980		980
89.	Collier, Debbie	U/A Blackpool, Lancashire	979		979
90.	McGregor, Alison	U/A Ingleton , North Yorkshire		978	978
91.	Priestley, Joanna	U/A Preston, Lancs	978		978
92.	ollier, louise	U/A london,		976	976
93.	McKelvie, Ruth	U/A Glasgow, Lanarkshire	974		974
94.	Dyson, Sadie	U/A ROSSENDALE, LANCASHIRE	972		972
95.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria		971	971
96.	Parker, Maureen	Tynedale Harriers		970	970
97.	Bowden, Louise	Ramsbottom Running Club	970		970
98.	Cooper, Vicki	U/A Oxford ,		969	969
99.	Baines, Carly	U/A Darwen , Lancs	967		967
100.	Holmes, Gillian	U/A Carlisle, Cumbria		966	966
101.	Parry, Susanne	U/A Carlisle,		965	965
102.	Hartley, Jo	U/A Elland, West yorkshire	965		965

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Pos	Name	Club	HEL	ULL	Total
103.	Clark, Denise	Sunderland Harriers		964	964
104.	Wade, Abby	U/A Kendal, Cumbria	964		964
105.	Buck, Lindsay	U/A Seascale, Cumbria	963		963
106.	Reece-Loram, Sian	U/A Cockermouth, Cumbria		962	962
107.	Sanders, Josephine	U/A Glossop, Derbyshire	962		962
108.	Fraser, Jenny	U/A Egremont, Cumbria	961		961
109.	Roberts, Louise	U/A Corby Hill,		960	960
110.	russell, georgina	U/A Cambridge ,		958	958
111.	thomas, clare	U/A kendal, cumbria	957		957
112.	Tattersall, Laura	U/A Kendal,		956	956
113.	Clarke, Katie	U/A Wigton, Cumbria	956		956
114.	Dixon, Margaret	U/A Redcar,		955	955
115.	Jerram, Melanie	U/A Strathaven, South Lanarkshire	955		955
116.	Smith, Charlene	U/A Wigan,		954	954
117.	Robinson, Lizzie	U/A Huddersfield ,	954		954
118.	Oliver, Jan	Tynedale Harriers	953		953
119.	Harrison, Tiffany	U/A Darlington, Durham		952	952
120.	Irving, Beth	U/A Carlisle,	952		952
121.	Dickie, Sue	U/A		951	951
122.	Wild, Anna	N/a	951		951
123.	Balfour, Nicola	Ponteland Runners		948	948
124.	Barrett, Kathryn	U/A Rishton , Lancashire	948		948
125.	Cansfield, Judith	U/A Carnforth, Cumbria		946	946
126.	McAninly, Abigail	Durham	946		946
127.	Bonham, Helen	U/A Barrow-In-Furness , Cumbria	945		945
128.	Averill, Susan	Notts Women's Runners		943	943
129.	Fairbairn, Sarah	U/A Durham, County Durham	943		943
130.	Armitage, Kate	U/A Sheffield,		942	942
131.	Willetts, Annie	U/A Wylam, Northumberland	942		942
132.	Dawson, Marie	U/A Peel,		941	941
133.	Dawson, Ana	U/A		940	940
134.	Webb, Gillian	U/A Urmston , Greater Manchester	940		940
135.	Richardson, Jennifer	U/A Near Kendal, Cumbria		938	938
136.	Harrison, Fiona	U/A Gateshead, Tyne and Wear		937	937
137.	Preston, Faye	Vegan Runners		936	936
138.	Brion, Miriam	U/A Slingsby ,	935		935
139.	Peters, Teresa	U/A Morpeth, Northumberland		934	934
140.	Durant, Jessica	Rugby & Northampton Athletics Club	934		934
141.	Marshall, Sarah	U/A Morecambe, Lancs		933	933
142.	Hughes, Susan	U/A Carlisle, Cumbria	933		933
143.	Goulding, Natalie	U/A Morecambe,		932	932
144.	Mckechnie, Jo	U/A Witney , Oxfordshire	931		931
145.	Averill, Susan	None	930		930
146.	Allan, Sandra	U/A Penrith		929	929
147.	Bardon, Gina	U/A Washington, Tyne and Wear	929		929
148.	Wright, Diane	Calder Valley fell runners	928		928
149.	Blake Darcy, Laura	U/A Newcastle upon Tyne ,		927	927
150.	Cooper, Ali	n/a	927		927
151.	Whitfield, Nicola	U/A Helsby, Cheshire	926		926
152.	Cooling, Lauren	U/A Bristol		925	925
153.	Newbegin, Claudia	U/A Newcastle upon Tyne,	925		925
154.	Batt, Jayne	U/A York,	924		924

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Pos	Name	Club	HEL	ULL	Total
155.	Starkey, Louise	U/A Abington Pigotts, Herts		923	923
156.	Parkes, Caron	U/A Kendal, Cumbria	922		922
157.	Lavin, Clare	U/A Blackpool, Lancashire		921	921
158.	Richmond, Julie	U/A Birmingham,	921		921
159.	cheek, hannah	Hannah the Runner		919	919
160.	Taylor, Kate	U/A Liverpool,		918	918
161.	Norton, Nicola	U/A Wigan, Lancashire		917	917
162.	Pattison, Catherine	U/A Newark, Nottinghamshire	916		916
163.	Lloyd, Gemma	U/A Twickenham , Middlesex		915	915
164.	rewcastle, claire jane	Super Fast Mums	915		915
165.	Cihlar, adele	U/A Prestwich , Manchester	914		914
166.	Schmutz, Alison	U/A Carlisle, Cumbria		913	913
167.	Gee, Tina	Bingham tri	913		913
168.	Dowson, Jane	Tadcaster Harriers	912		912
169.	Stothard, Jenny	U/A Chorley, Lancashire	911		911
170.	hartley, stephanie	U/A Glasgow,		910	910
171.	Stockton, Judith	U/A Carnforth, Lancashire		909	909
172.	Edwards, Debbie	Tadcaster Harriers	909		909
173.	Macdonald, Jen	U/A Cockermouth,		908	908
174.	Birchall, Lucy	U/A Chorley,	908		908
175.	Foister, Rachel	U/A Chichester, West Sussex		907	907
176.	Atkins, Emma	U/A London,	907		907
177.	Shipton, Kate	U/A Lancaster, Lancashire		906	906
178.	Vernon, Ali	U/A LONDON,	906		906
179.	Reynolds, Jodie	U/A Rochdale,	905		905
180.	WHEATLEY, VANESSA	U/A Derby, Derbyshire	904		904
181.	Bowerman, Helen	U/A York,	903		903
182.	Bannon, Ceit	U/A Liverpool,		903	903
183.	Dixon, Paula	U/A Liverpool,		902	902
184.	Master, Sara	U/A lancaster, Lancs	901		901
185.	stephenson, Hilary	U/A leeds,	900		900
186.	curry, katherine	U/A newcastle upon tyne,		899	899
187.	Nevin, Gill	Crosby Stormers	899		899
188.	Viccars, Becky	U/A Nr Kendal,		898	898
189.	Tomlinson, Jackie	U/A Bolton ,	898		898
190.	Dewhurst, Victoria	U/A Bolton, Lancs	897		897
191.	Roberts, Rose	261 Fearless	896		896
192.	Starkey, Nicola	U/A Leeds,		894	894
193.	Barton, Catherine	U/A Carnforth ,	894		894
194.	Birch, Deborah	U/A Lancaster, Lancashire	893		893
195.	Edwards, Antoinette	U/A Stockport, Cheshire	891		891
196.	Burns, Liz	U/A Knightswood gate , Glasgow		890	890
197.	O'boyle, Gillian	U/A warrington, Cheshire	890		890
198.	Noble, Rachel	U/A Andover, Hampshire		888	888
199.	Mount, Fritha	U/A Lancaster,		886	886
200.	McIntyre, Lynda	U/A Longton, Lancashire		885	885
201.	Prescott, Emma	U/A Liverpool, Merseyside		884	884
202.	Penny, Joanne	U/A St Helens, Merseyside		883	883
203.	Large, Anne Marie	U/A Shepshed, Leicestershire	883		883
204.	Whyatt, Kirstie	U/A Cleveleys, Lancashire	881		881
205.	Hocking, Elizabeth	U/A Upton Snodsbury, WORCS		880	880
206.	Hudson, Elaine	U/A Preston, Lancashire	880		880

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Pos	Name	Club	HEL	ULL	Total
207.	Heggie, Claire	Border reiver runners		879	879
208.	Stavert, Rachel	U/A Grange over Sands, Cumbria	879		879
209.	Bodenham, Rachel	U/A CARNFORTH, Lancashire		876	876
210.	Dunbar, Fiona	U/A Buxton, Derbyshire		875	875
211.	Spanswick, Catherine	U/A Thornaby, Stockton on Tees	875		875
212.	Lewis, Sarah	U/A Buxton, Derbyshire		874	874
213.	Meyrick, Kathrin	U/A Windermere, Cumbria	874		874
214.	Williams, Kerry	U/A Wigan,		871	871
215.	Eccles, Kathryn	U/A Lincoln,	871		871
216.	King, Clare	U/A Chester, Cheshire		870	870
217.	Goodliffe, Liz	Norfolk Trail Runners		869	869
218.	Hull, Sarah	U/A Six Mile Bottom, Suffolk	869		869
219.	Hill, Annie	Rosley Rockets		868	868
220.	Holmes, Nic	U/A Ulverston,	868		868
221.	Marsh, Fiona	U/A Penrith , Cumbria		867	867
222.	Holmes-Rand, Anna	U/A Ulverston,	867		867
223.	Bostock, Carrie	U/A Ulverston , Cumbria	866		866
224.	Clarke, Rebecca	U/A Kendal, Cumbria	865		865
225.	Brown, Vikki	U/A Kendal, Cumbria	864		864
226.	Atkinson, Sarah	U/A Kendal, Cumbria	863		863
227.	Taylor, Alexia	U/A Tonbridge,		862	862
228.	jackson-roe, katie	U/A wigan,	862		862
229.	Taylor, Julie	U/A St. Bees, Cumbria		861	861
230.	Butler, Jenna	U/A Kendal, Cumbria	861		861
231.	Graham, Sonia	U/A Rosley, CUMBRIA		860	860
232.	Massey, Sam	Rosley		859	859
233.	Howe, Joanne	U/A Rosley, Cumbria		858	858
234.	Lonergan Cooke, Tracy	iStayLakes		857	857
235.	Oldcorn, Karen	U/A Wantage, Oxon		856	856
236.	Love, Leanne	Farsley Flyers	856		856
237.	Taylor, Aimee	U/A Grange Over Sands		855	855
238.	Donohue, Helen	U/A Wigan	855		855
239.	Strother, Susan	U/A Lytham St Annes, Lancashire		853	853
240.	Pringle, Gill	U/A Woodford Green , Essex	853		853
241.	Smith, Andrea	U/A Lytham St Annes, Lancashire		852	852
242.	McDougall, Sue	DH Runners		850	850
243.	Knowles, Nicola	Chorlton Runners	848		848
244.	Eccles, Anne	U/A Lincoln, Lincs	847		847
245.	Heighton, Sandra	Women On The Run	845		845
246.	Sanders, Wendy	U/A Glossop, Derbyshire	844		844
247.	Sugden, Fiona	U/A Huddersfield ,	842		842
248.	Malcolm, Rhona	U/A Penicuik, Midlothian	839		839
249.	devlin, sandra	U/A workington,	838		838
250.	Mault, Tracy	U/A Preston, Lancs	837		837
251.	White, Alexandra	U/A Stockport, Cheshire	835		835
252.	Jardine, Abigail	U/A Penrith, Cumbria	834		834
253.	McDonough, Jenn	U/A Bamber Bridge,	833		833
254.	Mounsey, Elizabeth	U/A Preston , Lancashire	831		831
255.	Morgan-Hillam, Leanne	Wigan Harriers	823		823
256.	Higgins, Donna	U/A Wigan , Lancashire	822		822
257.	Oldham, Audrey	Fylde Coast Runners	821		821
258.	Kee-McParlin, Leyla	U/A Bromborough , Merseyside	820		820

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Pos	Name	Club	HEL	ULL	Total
259.	Finch, Joanne	U/A Liverpool,	819		819
260.	Stockton, Niki	U/A Manchester,	818		818
261.	Porter, Catriona	Women on the Run	817		817
262.	Jackson, Chrissie	WOTR	816		816
263.	BROWN, Jo	U/A Hessle, East Yorkshire	814		814
264.	Wishart, Samantha	West Hull Ladies	813		813
265.	Saxby, Fiona	U/A Neston, Cheshire	812		812
266.	Sperring, Sue	U/A Bebington,	811		811
267.	blackburn, susie	U/A Barnard Castle , Co Durham	810		810
268.	muir, rachel	U/A alyth, perthshire	809		809
269.	Brignall, Matisse	U/A Lancashire,	808		808
270.	FENNA, JOANNE	Southport & Waterloo AC	807		807

Number of records: 270