

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
1.	Nick Sharp		m	U/A Wakefield, West Yorkshire	0:45:55.5	0:50:54.4	1:36:50.0
2.	Lance Saxby		m	U/A Harrogate N Yorks	0:47:35.1	0:53:06.3	1:40:41.5
3.	Scott Friend		m	Darwen Cricket Club	0:49:50.7	0:56:09.2	1:46:00.0
4.	Louise Winter		f	Keswick AC	0:50:12.9	0:57:07.9	1:47:20.8
5.	Lawrence Mannion		m	U/A Kendal,	0:50:41.9	0:58:21.2	1:49:03.1
6.	Louis McCarthy		m	Rochdale Harriers	0:52:34.9	0:57:37.3	1:50:12.2
7.	Jeff McCarthy		m	Rochdale Harriers	0:52:42.9	0:58:25.3	1:51:08.3
8.	Mark Friend		m	U/A Manchester,	0:54:43.5	0:57:44.9	1:52:28.5
9.	Jonny Grisedale		m	Team inov-8.com	0:51:06.7	1:05:10.2	1:56:17.0
10.	Kevin Stead		m	U/A Kendal,	0:54:48.9	1:05:02.1	1:59:51.1
11.	Jennifer Lapping		f	Jog on the Tyne	0:55:07.9	1:05:33.2	2:00:41.2
12.	Adam Birch		m	U/A Kendal, Cumbria	0:53:53.6	1:08:03.9	2:01:57.5
13.	Julia Gray Carnaffin		f	Jog on the Tyne	0:55:39.7	1:06:33.4	2:02:13.2
14.	Graham Ingham		m	U/A Kirkham,	0:55:42.6	1:06:32.9	2:02:15.6
15.	Andrew MacKenzie		m	U/A London,	0:55:13.8	1:07:15.6	2:02:29.4
16.	Mark Blackwell		m	WestCumbriaTri	1:10:33.4	0:53:33.5	2:04:06.9
17.	John young		m	Ilkley Harriers AC	0:56:10.5	1:08:14.9	2:04:25.5
18.	Tom French		m	U/A Skipton, North Yorkshire	0:56:21.9	1:08:32.5	2:04:54.4
19.	Katie Trace		f	Biddulph Running Club	0:55:36.9	1:09:43.7	2:05:20.7
20.	Andy Neville		m	U/A Wesham, Lancs	0:56:15.7	1:09:25.7	2:05:41.4
21.	Paul Evans		m	Wirral Vikings	0:48:24.4	1:17:26.4	2:05:50.8
22.	Gerard Hurst		m	U/A Wigan,	0:55:54.2	1:10:24.2	2:06:18.4
23.	Catherine Eversfield		f	Ilkley Harriers	0:58:28.7	1:08:11.6	2:06:40.4
24.	Phil Stones		m	U/A Cleator Moor, Cumbria	0:58:05.2	1:09:21.7	2:07:26.9
25.	Michael Gudgeon		m	U/A Settle, North Yorkshire	0:56:09.2	1:11:35.8	2:07:45.1
26.	Jane Mellor		f	U/A Bridge of Weir,	0:59:47.1	1:09:48.0	2:09:35.2
27.	Andy Rankine		m	U/A Chorley, Lancashire	0:57:56.9	1:11:40.1	2:09:37.0
28.	Tony Mather		m	U/A Stockport, Cheshire	1:00:34.1	1:10:11.3	2:10:45.4
29.	Helen Johnson		f	Wirral Vikings	0:54:00.4	1:17:27.0	2:11:27.5
30.	Peter Adlard		m	Wirral Vikings TRC	0:54:44.5	1:17:26.2	2:12:10.7
31.	Michael Johnson		m	U/A London,	1:04:05.7	1:08:11.3	2:12:17.1
32.	Alecia Johnstone		f	Red rose road runners	1:01:36.8	1:10:44.5	2:12:21.3
33.	Reece Davies		m	DCC	1:02:30.2	1:10:04.3	2:12:34.5
34.	Kate Macfarlane		f	Penny Lane Striders	1:20:14.9	0:53:17.2	2:13:32.1
35.	Zoe Bridges		f	U/A Sudbury, Suffolk	1:02:46.1	1:10:49.3	2:13:35.5
36.	Richard Docherty		m	Jarrow and Hebburn AC	1:01:58.7	1:12:05.4	2:14:04.2
37.	Antonia Docherty		f	Jarrow and Hebburn AC	1:01:58.4	1:12:05.7	2:14:04.2
38.	Sean Lynn		m	U/A Newcastle	1:02:24.7	1:11:58.0	2:14:22.8
39.	Mark Cowan		m	Wirral Vikings TRC	0:56:59.9	1:17:26.9	2:14:26.8
40.	Julie Paton		f	U/A Preston, Lancashire	1:03:01.9	1:12:49.4	2:15:51.4
41.	Phil Hayes		m	Thornton Cleveleys	1:03:14.0	1:12:43.2	2:15:57.2
42.	David Ellicott		m	Keswick AC	1:03:43.4	1:12:34.6	2:16:18.1
43.	Sara Brookes		f	U/A Preston, Lancashire	1:04:40.6	1:11:49.7	2:16:30.4
44.	steven burgess		m	thornton cleveleys running club	1:03:33.9	1:13:09.6	2:16:43.6
45.	David Bowden		m	Darwen Cricket Club	1:02:25.8	1:14:41.2	2:17:07.1
46.	Steven Robinson		m	U/A Poulton le Fylde ,	1:04:10.2	1:13:08.0	2:17:18.2
47.	Warren Anderson		m	U/A Slough,	1:06:50.8	1:10:42.7	2:17:33.6
48.	Gillian Pryor		f	Thornton Cleveleys Running Club	1:04:12.7	1:13:23.9	2:17:36.6
49.	Andrew Reid		m	U/A Merseyside,	1:00:53.9	1:16:43.8	2:17:37.7
50.	Gerry Shaw		f	Warrington Running Club	1:00:19.0	1:17:24.1	2:17:43.2
51.	Alastair Coldham		m	Wirral Vikings TRC	0:59:19.7	1:18:23.7	2:17:43.5
52.	Liz Bale		f	U/A Penrith,	1:06:50.8	1:10:54.2	2:17:45.0
53.	Hilary Johnson		f	U/A London,	1:04:12.9	1:13:40.6	2:17:53.6
54.	Kat McKay		f	U/A Glasgow,	1:06:53.4	1:11:09.8	2:18:03.2
55.	Don Oldcorn		m	U/A Wantage, Oxon	1:00:32.9	1:17:42.0	2:18:15.0
56.	Sarah Lockett		f	U/A Frodsham , Cheshire	1:06:29.3	1:12:35.5	2:19:04.9
57.	Beth Irving		f	U/A Carlisle,	1:07:20.4	1:11:54.1	2:19:14.6
58.	Rose Ward		f	Smiley Paces	1:06:16.0	1:13:04.2	2:19:20.2
59.	Gill Hindle		f	Jog on the Tyne	1:07:11.9	1:12:32.4	2:19:44.4
60.	Amy Silcock		f	U/A Frodsham,	1:05:52.7	1:13:54.0	2:19:46.8
61.	Stewart McNicholl		m	U/A Morpeth , Northumberland	1:07:09.4	1:12:40.1	2:19:49.6
62.	Lois Lee		f	SDC	0:46:30.1	1:34:36.8	2:21:07.0
63.	Susan Richardson		f	St Bees Triers	1:09:05.6	1:12:25.2	2:21:30.8
64.	Callum Grant-Cawdell		m	U/A London, Outside U.S./Canada	1:06:22.3	1:15:23.4	2:21:45.8
65.	Sam Perkins		f	U/A Hexham,	1:05:56.9	1:15:49.4	2:21:46.4
66.	Paul Avison		m	Wirral Vikings	1:00:07.9	1:21:54.2	2:22:02.1
67.	Shirley Spratt		f	U/A Congleton, Cheshire	1:06:37.6	1:15:51.6	2:22:29.3
68.	Emily Hufton		f	U/A longridge, lancs	1:18:30.4	1:04:55.0	2:23:25.4
69.	Dave Newton		m	None	1:10:16.4	1:13:19.6	2:23:36.1

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
70.	Jean Turner		f	Telford Harriers	1:07:03.6	1:16:40.8	2:23:44.5
71.	Peter Phillips		m	Loftus and Whitby AC	1:10:32.5	1:14:18.3	2:24:50.9
72.	Sue Cash		f	Wirral Vikings TRC	1:06:39.9	1:19:50.6	2:26:30.6
73.	Rachel Gasior		f	Keighley and Craven Athletic Club	1:11:47.9	1:16:14.6	2:28:02.5
74.	Sarah Sandell		f	U/A Richmond, North Yorkshire	1:10:13.1	1:18:26.4	2:28:39.5
75.	Aimee Roblin		f	U/A Richmond, North Yorkshire	1:10:14.1	1:18:26.1	2:28:40.3
76.	Kate Elliott		f	U/A	1:12:01.2	1:17:26.0	2:29:27.3
77.	Jackie Seigler		f	U/A London,	1:13:52.4	1:15:53.9	2:29:46.3
78.	Kerry Edwards		f	U/A Cupar, Fife	1:10:43.0	1:19:04.1	2:29:47.1
79.	Hilde Krynen		f	U/A Kendal, Cumbria	1:13:13.1	1:16:55.5	2:30:08.6
80.	Dave Fisher		m	Wirral Vikings	1:08:21.7	1:22:22.3	2:30:44.1
81.	Rachel Tejera		f	U/A Merstham, Surrey	1:09:51.1	1:20:55.8	2:30:47.0
82.	Sara Summers		f	U/A Preston,	1:11:15.2	1:20:02.8	2:31:18.1
83.	Susan Sharp		f	U/A Wakefield, west Yorkshire	1:14:26.8	1:17:05.0	2:31:31.8
84.	Gill Horne		f	Biddulph Running Club	1:14:12.6	1:17:38.9	2:31:51.6
85.	Fiona O'Brien		f	Jog on the Tyne	1:12:10.9	1:19:43.4	2:31:54.4
86.	David Simmons		m	Wirral vikings TRC	0:55:35.7	1:36:29.2	2:32:05.0
87.	Sarah Dodd		f	U/A Barrow In Furness, Cumbria	1:12:46.1	1:19:42.5	2:32:28.6
88.	Claire Knowles		f	Jog on the Tyne	1:13:52.3	1:19:38.4	2:33:30.7
89.	Deborah Williams		f	Jog on the Tyne	1:13:52.5	1:19:39.4	2:33:32.0
90.	James Trace		m	U/A Congleton, Cheshire	1:16:37.8	1:17:11.8	2:33:49.7
91.	Nick Kaufmann		m	U/A Edgware, Middx	1:12:22.0	1:22:05.8	2:34:27.9
92.	Beverley Crate		f	U/A Bedlington , Northumberland	1:12:35.1	1:22:14.4	2:34:49.5
93.	Rachel Ashton		f	U/A Nottingham ,	1:15:41.9	1:19:18.5	2:35:00.5
94.	Wendy Navin		f	St Bees Triers	1:21:05.6	1:13:58.5	2:35:04.2
95.	Samantha Sunderland		f		1:08:45.7	1:26:36.7	2:35:22.5
96.	John Kirkham		m	Holcombe Harriers	1:13:03.6	1:23:16.5	2:36:20.1
97.	Carol Gunn		f	St Bees Triers	1:09:26.0	1:27:01.3	2:36:27.4
98.	Vicky Johnston		f	St Bees Triers	1:22:06.4	1:15:15.9	2:37:22.4
99.	Jo Grisedale		f	Team inov-8.com	1:21:09.2	1:16:52.4	2:38:01.6
100.	Lizzie Morley		f	U/A Ambleside, Cumbria	1:17:14.8	1:21:12.6	2:38:27.4
101.	julie thomas		f	hampstead health park run	1:15:18.0	1:25:22.6	2:40:40.6
102.	Carol Mossop		f	Dumfries Running Club	1:17:49.9	1:24:24.7	2:42:14.6
103.	graham coupe		m	Wirral Vikings TRC	1:25:45.2	1:17:27.1	2:43:12.4
104.	Heidi Martin		f	St.Bees Triers	1:16:25.2	1:26:57.6	2:43:22.8
105.	Caroline Noon		f	U/A London,	1:20:23.4	1:24:32.6	2:44:56.0
106.	Fiona Fawkes		f		1:18:58.1	1:26:38.9	2:45:37.1
107.	Tracey Brocklehurst		f	U/A Wigan, Lancashire	1:18:08.7	1:27:39.9	2:45:48.6
108.	Sian Hamilton		f	Washlands Women Runners	1:26:48.7	1:19:16.8	2:46:05.6
109.	Jessica Stafford		f	U/A Preston, Lancashire	1:16:28.9	1:31:31.6	2:48:00.5
110.	Kirsty Dumelow		f	Washlands Women Runners	1:37:45.7	1:11:34.3	2:49:20.0
111.	Lisa Mather		f	U/A Stockport, Cheshire	1:22:11.0	1:27:26.6	2:49:37.7
112.	Bridget Peacock		f	U/A London,	1:18:49.6	1:30:49.7	2:49:39.3
113.	Ruth Ford		f	Washlands Women Runners	1:35:39.7	1:14:42.8	2:50:22.5
114.	Angela Adlard		f	Wirral Vikings TRC	1:18:23.2	1:32:22.1	2:50:45.3
115.	Tracy Moor		f	Loftus and Whitby athletics	1:19:30.9	1:31:35.8	2:51:06.8
116.	Dave Moor		m	U/A Saltburn, Cleveland	1:19:28.9	1:32:17.7	2:51:46.6
117.	Claire Machin		f		1:18:57.5	1:33:39.1	2:52:36.6
118.	Pamela Leon		f	Smiley Paces	1:40:26.8	1:12:18.9	2:52:45.7
119.	Nicola Sewell		f	Smiley Paces	1:37:33.1	1:15:14.6	2:52:47.8
120.	Brenda Kirkham		f	U/A Bury, Greater Manchester	1:21:42.9	1:31:30.2	2:53:13.1
121.	David Cummins		m	U/A chorley,	1:39:25.1	1:13:58.5	2:53:23.6
122.	Lauren Hadfield		f	Washlands Womens Runners	1:37:45.8	1:15:54.6	2:53:40.5
123.	Richard Cawdell		m	U/A London,	1:13:55.0	1:40:14.2	2:54:09.2
124.	Robert Shanahan		m	Wirral Viking	1:17:42.3	1:36:28.0	2:54:10.4
125.	Marina Gromova		f	U/A London,	1:25:14.9	1:30:19.7	2:55:34.6
126.	Abby Wilson		f	U/A Chester,	1:22:37.9	1:34:18.0	2:56:56.0
127.	Cassandra Dowthwaite		f	Smiley Paces	1:23:18.9	1:34:19.6	2:57:38.6
128.	Joanne Avison		f	Wirral Vikings TRC	1:22:39.1	1:36:28.0	2:59:07.1
129.	Nicola Simmons		f	Wirral vikings TRC	1:22:44.4	1:36:26.4	2:59:10.8
130.	Liane Thompson		f	U/A Barrow-in-Furness, Cumbria	1:25:48.9	1:33:39.0	2:59:28.0
131.	Sylvia Franklin		f	Washlands women runners	1:26:49.1	1:34:39.5	3:01:28.7
132.	Torrie Sullivan		f	U/A Brampton, Cumbria	1:24:39.0	1:37:09.5	3:01:48.5
133.	Ruth Jacobs		f	Smiley Paces	1:47:19.0	1:15:14.7	3:02:33.7
134.	Jane Slaney		f	U/A Blackpool, Lancashire	1:26:04.0	1:41:45.9	3:07:50.0
135.	Joanne Battersby		f	Smiley Paces	1:53:29.0	1:17:29.4	3:10:58.5
136.	Amanda Beresford		f	Roundhay Runners	1:28:16.9	1:43:56.6	3:12:13.6
137.	David Watson		m	Red rose road runners	1:29:05.1	1:46:44.1	3:15:49.2
138.	lynn WILSON		f	U/A New Milton, Hants	1:33:10.2	1:42:58.5	3:16:08.7

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
139.	Claire Leigh		f	Washland Women Runners	1:54:31.2	1:23:11.6	3:17:42.8
140.	Allyson Miller		f	U/A Chorley, Lancashire	1:29:04.6	1:48:56.7	3:18:01.3
141.	Suzanne Fairless-Aitken		f	Jog on the Tyne	1:36:19.9	1:49:14.3	3:25:34.3
142.	Edwina Rickards Collinson		f	U/A CARNFORTH,	1:47:02.4	1:44:37.9	3:31:40.3
143.	Karen Braddon		f	Crocwalkers	1:47:02.0	1:48:15.0	3:35:17.1
144.	Sharon Ward		f	Smiley Paces	2:36:51.3	1:41:31.1	4:18:22.4
1.	Mark Thornton-Smith		m	U/A Edinburgh,	1:03:16.9		1:03:16.9
2.	Simon Midwood		m	Valley Striders	1:04:05.8		1:04:05.8
3.	Paul Brunger		m	Derwent Valley RC	1:04:08.0		1:04:08.0
4.	Jamie Arkle		m	Esk Valley	1:05:26.7	1:05:41.1	1:05:26.7
5.	Jonny Stephenson		m	Gosforth Harriers	1:05:33.4		1:05:33.4
6.	Victoria Wilkinson		f	Team inov-8.com	1:05:37.0		1:05:37.0
7.	Ewan Sewell		m	U/A York, North Yorkshire	1:05:38.3		1:05:38.3
8.	Peter Walker		m	U/A York,	1:06:11.4	1:04:19.8	1:06:11.4
9.	Sam Green		m	Team inov-8.com	1:07:43.9		1:07:43.9
10.	Victoria Sewell		f	Knivesmire Harriers	1:07:53.7		1:07:53.7
11.	Graham Patten		m	Team Lakeland Trails	1:08:06.0		1:08:06.0
12.	Daniel Thacker		m	U/A Salford, Greater Manchester	1:08:57.6	1:32:28.7	1:08:57.6
13.	Chris Gray		m	Tri Lakeland	1:09:31.0		1:09:31.0
14.	Chris Smith		m	Keswick AC	1:09:40.9		1:09:40.9
15.	darren allan		m	U/A BARNARD CASTLE,	1:10:05.5	1:08:30.9	1:10:05.5
16.	Benjamin Potter		m	Darlington Harriers	1:10:22.3	1:10:43.4	1:10:22.3
17.	Steven Henderson		m	Sale Harriers Manchester	1:10:36.2	1:05:49.6	1:10:36.2
18.	Anthony Spruce		m	U/A Winsford, Cheshire	1:10:51.4		1:10:51.4
19.	Darran Carr		m	U/A GRANGE-OVER-SANDS, CUMBRIA	1:10:51.6	0:54:14.6	1:10:51.6
20.	Daniel Bradbury		m	U/A Crewe, Cheshire	1:10:54.4		1:10:54.4
21.	Dave Edwards		m	N/A	1:11:09.3		1:11:09.3
22.	Greg Judges		m	U/A York,	1:11:12.2		1:11:12.2
23.	Simon Fawcett		m	U/A Stoke on trent, Staffordshire	1:11:16.3		1:11:16.3
24.	Leon Flesher		m	Thornton cleveleys running club	1:11:22.3		1:11:22.3
25.	Mark Morgan-Hillam		m	Wigan Harriers	1:12:30.3	1:15:54.4	1:12:30.3
26.	Sam Carr		m	Liverpool Pembroke & Sefton	1:12:50.6	1:16:02.3	1:12:50.6
27.	Dave Ramsay		m	Bentham Beagles	1:12:53.4		1:12:53.4
28.	Michael Richardson		m	n/a	1:13:06.8	1:12:12.0	1:13:06.8
29.	Joe Dorgham		m	U/A Liverpool,	1:14:06.4	0:53:07.8	1:14:06.4
30.	Ivan Holroyd		m	U/A Keswick, Cumbria	1:14:10.6	1:11:00.0	1:14:10.6
31.	Marcus Tarnowski		m	SV Untermeitingen	1:14:20.6	1:15:46.2	1:14:20.6
32.	KELLY HAMILTON		f	St Helens Striders	1:14:21.5		1:14:21.5
33.	Stuart Mallender		m	Team Nidderdale	1:14:23.7		1:14:23.7
34.	Emmanuel SECHER		m	U/A HELSBY,	1:14:25.0		1:14:25.0
35.	denis cleary		m	none	1:14:29.3		1:14:29.3
36.	Andy Staveley		m	Burnden Roadrunners	1:14:32.2		1:14:32.2
37.	Stuart Parry		m	U/A Carlisle,	1:14:38.4		1:14:38.4
38.	Timothy Santon		m	U/A Leamington Spa,	1:14:40.1	1:13:20.7	1:14:40.1
39.	peter cushion		m	wirral vikings trc	1:14:45.0	1:16:05.8	1:14:45.0
40.	Sophie Hunt		f	U/A Wirral,	1:14:45.8	1:13:48.4	1:14:45.8
41.	Peter Jobs		m	U/A Gateshead,	1:16:05.4		1:16:05.4
42.	Jo Brown		f	Northbrook AC	1:16:05.8	1:15:51.1	1:16:05.8
43.	Philip Lonsdale		m	U/A Durham ,	1:16:13.7		1:16:13.7
44.	Mark Saunders		m	U/A Wymondham, Norfolk	1:16:13.8	1:16:25.7	1:16:13.8
45.	john skelton		m	brickers	1:16:17.7		1:16:17.7
46.	Daniel Whatmough		m	U/A Radcliffe, Greater Manchester	1:16:20.0	1:17:03.3	1:16:20.0
47.	Roger Taylor		m	Preston Harriers	1:16:23.7	1:14:25.7	1:16:23.7
48.	David Penman		m	Valley Striders	1:16:33.8		1:16:33.8
49.	Anthony Irving		m	U/A Carlisle,	1:16:36.1		1:16:36.1
50.	Andy Phillips		m	U/A Manchester, Greater Manchester	1:16:52.6	0:52:13.8	1:16:52.6
51.	Andrew Pye		m	U/A Kendal, Cuumbria	1:16:53.0		1:16:53.0
52.	Colin Bretherton		m	U/A Ormskirk, Lancashire	1:16:57.2		1:16:57.2
53.	Sebastien Carter		m	U/A London,	1:17:05.9		1:17:05.9
54.	Nigel Barnes		m	Steel City Striders	1:17:09.1		1:17:09.1
55.	James Shirley		m	USS	1:17:16.6		1:17:16.6
56.	Andrew Kelly		m	U/A Burnley, Lancashire	1:17:25.1		1:17:25.1
57.	Roberto Raso		m	Manchester Fronrunners	1:17:38.7		1:17:38.7
58.	Richard Brown		m	Belper Harriers	1:17:39.0		1:17:39.0
59.	Josephine Harbison		f	U/A Carnforth,	1:17:46.9	1:23:06.4	1:17:46.9
60.	Liam Crossey		m	U/A Manchester, Greater Manchester	1:17:56.1		1:17:56.1
61.	Philip Cornforth		m	Knaresborough Striders	1:18:16.2		1:18:16.2
62.	Adam Fawcett		m	U/A southport, Merseyside	1:18:26.2	1:20:49.8	1:18:26.2
63.	Iain McKinnon		m	U/A Isle of South Uist Western Isles	1:18:26.6	1:19:06.6	1:18:26.6

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
64.	Iain Davidson		m	U/A Crewe,	1:18:27.7		1:18:27.7
65.	Rebecca Winter		f	Ackworth road runners	1:18:28.4		1:18:28.4
66.	Claire Wilson		f	Helm Hill	1:18:29.8		1:18:29.8
67.	Emma Johnston		f	Helm Hill Runners	1:18:34.6		1:18:34.6
68.	Robert Davenport		m	U/A St Helens, Merseyside	1:18:35.9	1:22:22.6	1:18:35.9
69.	Liam Widdrington		m	U/A Windermere, Cumbria	1:18:41.5		1:18:41.5
70.	David Pipe		m	U/A Cambridge,	1:19:03.2		1:19:03.2
71.	Luke Healy		m	U/A Wood Green,	1:19:41.0	1:20:27.8	1:19:41.0
72.	Darren Horobin		m	U/A Hemsworth,	1:19:42.2		1:19:42.2
73.	Eve Newton		f	Abingdon Vale Tri Club	1:19:47.3		1:19:47.3
74.	Matthew Wilson		m	U/A Workington, Cumbria	1:20:29.1		1:20:29.1
75.	Christopher Hargreaves		m	Red rose runners	1:20:34.3		1:20:34.3
76.	Liam Heaphy		m	U/A Warrington,	1:20:36.1		1:20:36.1
77.	Ben Ashton		m	U/A Nottingham, NOTTINGHAMSHIRE	1:20:39.4	1:20:00.5	1:20:39.4
78.	Derek Brown		m	city of Hull AC	1:21:03.1		1:21:03.1
79.	Robert Thirkell		m	U/A East Boldon, Tyne and Wear	1:21:03.8		1:21:03.8
80.	Matt Brash		m	U/A Leamington Spa,	1:21:09.1		1:21:09.1
81.	Thomas Jenkinson		m	U/A Bromma,	1:21:10.1	1:16:44.9	1:21:10.1
82.	Andrew Christie		m	Red Rose Road Runners	1:21:12.3	1:20:49.8	1:21:12.3
83.	Jonathan Fletcher		m	Ripon Runner	1:21:13.8	1:20:48.6	1:21:13.8
84.	Steven Sandilands		m	U/A Milltimber ,	1:21:15.1	1:17:54.5	1:21:15.1
85.	Cadeyrn Thomas		m	U/A Bury, Lancashire	1:21:17.3		1:21:17.3
86.	Mark Aldred		m	U/A Durham,	1:21:24.9		1:21:24.9
87.	Paul Rawlinson		m	U/A Carlisle, Cumbria	1:21:25.6	1:19:39.6	1:21:25.6
88.	Gary Dempsey		m	Blackhill Bounders	1:22:06.9		1:22:06.9
89.	Kevin Melling		m	Team Lakeland Trails	1:22:16.9		1:22:16.9
90.	Roy Young		m	North Shields Poly	1:22:29.4	1:18:49.9	1:22:29.4
91.	David Husselbee		m	Derby Mercury	1:22:30.0		1:22:30.0
92.	john spowart		m	U/A Spennymoor, Durham	1:22:34.0	1:21:07.3	1:22:34.0
93.	Richard George Spowart		m	U/A Spennymoor, Durham	1:22:40.8	1:21:11.2	1:22:40.8
94.	David Aiken		m	Darlington Harriers & AC	1:22:53.9	1:26:27.8	1:22:53.9
95.	Peter Fairclough		m	St Helens Striders	1:22:54.5		1:22:54.5
96.	Rachael Fairclough		f	St Helens Striders	1:22:54.9		1:22:54.9
97.	david everson		m	U/A Wrea Green, Lancashire	1:23:02.5	1:27:00.8	1:23:02.5
98.	eric herly		m	U/A trÅ¥ngsund,	1:23:04.5	1:23:14.4	1:23:04.5
99.	leslie johnson		m	Northwich Running Club	1:23:06.8	1:25:21.0	1:23:06.8
100.	Michael Holman		m	U/A Manchester,	1:23:10.0		1:23:10.0
101.	Oscar Garcia Rodriguez		m	Aguas Nuevas	1:23:21.9	1:22:08.7	1:23:21.9
102.	Charlotte Logie		f	South Cheshire Harriers	1:23:30.9	1:24:39.1	1:23:30.9
103.	Craig Rimmer		m	U/A Warrington,	1:23:31.3	1:25:21.3	1:23:31.3
104.	David Craggs		m	U/A Hartlepool,	1:23:34.1		1:23:34.1
105.	John Morley		m	Mrs	1:23:34.4	0:57:56.5	1:23:34.4
106.	Damien Brook		m	U/A Chorley, Lancashire	1:23:42.0		1:23:42.0
107.	Max Irving		m	U/A Carnforth, Lancs	1:23:46.9		1:23:46.9
108.	Aaron Hollyoak		m	U/A Menston,	1:23:51.2		1:23:51.2
109.	Robert Walling-Wefelmeyer		m	U/A London,	1:23:53.7		1:23:53.7
110.	Jeremy Crate		m	U/A Bedlington , Northumberland	1:23:54.1	1:23:50.1	1:23:54.1
111.	christophe herly		m	Stockholm city triathlon	1:24:08.7	1:42:03.4	1:24:08.7
112.	Simon Wallbank		m	U/A Wigan,	1:24:18.4		1:24:18.4
113.	Andrew Draper		m	U/A Chorley, Lancashire	1:24:35.9	1:07:10.0	1:24:35.9
114.	Andrew Green		m	U/A York , North Yorkshire	1:24:36.0	1:27:15.4	1:24:36.0
115.	Kerry Costello		f	Portobello	1:24:52.9	1:25:34.3	1:24:52.9
116.	Oliver Pegden		m	U/A London,	1:24:54.7		1:24:54.7
117.	andrew douglas		m	U/A kendal, cumbria	1:25:05.5		1:25:05.5
118.	Emily Fitzherbert		f	Helm Hill	1:25:05.7		1:25:05.7
119.	carl ward		m	U/A driffield, east yorkshire	1:25:13.8		1:25:13.8
120.	Andy Jackson		m	The Fell Devils	1:25:23.0		1:25:23.0
121.	Dominic Brophy		m	U/A kirkham, Lancashire	1:25:32.4		1:25:32.4
122.	Dave Raynor		m	Red Rose Road Runners	1:25:35.1		1:25:35.1
123.	Richard Toller		m	Dundee Road Runners	1:25:36.8	1:26:53.9	1:25:36.8
124.	Chris Pilkington		m	U/A Preston, Lancashire	1:25:37.7	1:23:58.6	1:25:37.7
125.	dean rowlandson		m	U/A grange over sands, cumbria	1:25:37.8		1:25:37.8
126.	Nick Howe		m	U/A Liverpool,	1:25:53.2	0:58:22.0	1:25:53.2
127.	Josie Rothera		f	U/A Leeds, West Yorkshire	1:25:57.7		1:25:57.7
128.	Nick Postill		m	U/A Ormskirk,	1:26:05.7		1:26:05.7
129.	Richard Smith		m	U/A Ackworth, West Yorkshire	1:26:09.7		1:26:09.7
130.	Mike Holmes		m	U/A Skipton,	1:26:17.6		1:26:17.6
131.	Ben Clarke		m	Team Nidderdale	1:26:29.2		1:26:29.2
132.	Aidan Robson		m	U/A Helton,	1:26:32.4		1:26:32.4

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
133.	peter fishpool		m	U/A driffield, east yorks	1:26:33.4		1:26:33.4
134.	Gary Smith		m	COLT	1:26:38.3	1:30:50.8	1:26:38.3
135.	Steven Thornton		m	U/A Newton Aycliffe, Durham	1:26:41.4		1:26:41.4
136.	Greg Atkins		m	U/A London,	1:26:46.2		1:26:46.2
137.	megan ryder		f	U/A boston spa,	1:26:54.1	1:14:25.8	1:26:54.1
138.	Dan Lewis		m	Keswick AC	1:27:19.7		1:27:19.7
139.	Tom Coupe		m	U/A Liverpool,	1:27:31.9		1:27:31.9
140.	Steve Gee		m	Cannock Chase Trail Runners	1:27:47.5		1:27:47.5
141.	Chris Price		m	York Acorns	1:27:53.8	1:23:03.1	1:27:53.8
142.	Alan Reynolds		m	The Fell Devils	1:27:56.3		1:27:56.3
143.	Stu Francis		m	U/A Stockport , Cheshire	1:28:00.1		1:28:00.1
144.	Hannah Walsh		f	Team inov-8.com	1:28:07.2		1:28:07.2
145.	nichola swinbourne		f	Hartlepool burn road harriers	1:28:09.7	1:30:00.1	1:28:09.7
146.	Christian Oxley		m	Stockton Striders	1:28:09.9	1:09:48.2	1:28:09.9
147.	Rob Batey		m	Team BDE	1:28:10.1		1:28:10.1
148.	Ben Read		m	U/A Caversfield,	1:28:14.0		1:28:14.0
149.	Philip Love		m	U/A Leeds, West Yorkshire	1:28:15.0	1:30:06.1	1:28:15.0
150.	Matthew Elliott		m	U/A Manchester,	1:28:27.9	1:09:53.3	1:28:27.9
151.	Richard McQuade		m	Gosforth Harriers	1:28:31.5		1:28:31.5
152.	Eleanor Houghton		f	U/A Liverpool,	1:28:35.0	1:06:32.3	1:28:35.0
153.	James Kidd		m	U/A Chester ,	1:28:38.0		1:28:38.0
154.	Andrew O'Boyle		m	U/A Warrington, Cheshire	1:28:38.4		1:28:38.4
155.	dawn jones		f	Harlow Athletic Club	1:28:41.0		1:28:41.0
156.	Samantha Crooks		f	U/A Newcastle,	1:28:56.8		1:28:56.8
157.	James Waterhouse		m	U/A Harrogate, N.Yorks	1:29:07.1		1:29:07.1
158.	Paul Clemmens		m	Rotherham Harriers	1:29:07.1		1:29:07.1
159.	Mark Cooling		m	U/A Lancaster,	1:29:11.5		1:29:11.5
160.	Stephen Lester		m	U/A Ross-on-Wye, Herefordshire	1:29:16.3		1:29:16.3
161.	Philip Boylin		m	U/A Hexham, Northumberland	1:29:18.7		1:29:18.7
162.	Alex Newton		m		1:29:18.9		1:29:18.9
163.	Dave Brooks		m	U/A Coxhoe , Durham	1:29:21.0		1:29:21.0
164.	Christopher Brookes		m	U/A Preston , Lancashire	1:29:22.9	1:09:18.2	1:29:22.9
165.	Andy Stiles		m	U/A Buckingham, Buckinghamshire	1:29:25.8		1:29:25.8
166.	Simon Wood		m	U/A Lytham,	1:29:27.7		1:29:27.7
167.	Chris Green		m	U/A Matlock, Derbyshire	1:29:33.4	1:33:58.8	1:29:33.4
168.	Terry Wilkinson		m	U/A Durham,	1:29:40.8		1:29:40.8
169.	Hazel Robson		f	U/A Helton,	1:29:46.8		1:29:46.8
170.	Terry Moss		m	U/A Preston	1:29:59.7	1:07:45.9	1:29:59.7
171.	Tom Stratton		m	U/A Manchester,	1:30:11.6	1:27:11.6	1:30:11.6
172.	Rob Altham		m	U/A Southport,	1:30:14.9		1:30:14.9
173.	Mark HAMILTON		m	St Helens Striders	1:30:15.3		1:30:15.3
174.	Katie Shorrock		f	U/A Leamington Spa, Warwickshire	1:30:21.3		1:30:21.3
175.	Rob Twedde		m	Cumberland AC	1:30:48.4	1:32:06.2	1:30:48.4
176.	David Burns		m	Dumfries RC	1:30:51.1		1:30:51.1
177.	Paul Smitham		m	GMFRS	1:30:51.7	1:35:46.3	1:30:51.7
178.	Robyn Anderson		f	Preston Harriers	1:30:52.8	1:31:02.4	1:30:52.8
179.	John Pyrah		m	U/A London,	1:30:55.1	0:56:58.0	1:30:55.1
180.	adrian byrom		m	ackworth rr	1:30:57.3		1:30:57.3
181.	Mike Duffy		m	The Fell Devils	1:31:00.0		1:31:00.0
182.	phillip Johnson		m	U/A manchester,	1:31:02.5	1:05:12.8	1:31:02.5
183.	Chris Cairns		m	U/A Glasgow,	1:31:19.7		1:31:19.7
184.	alan parker		m	U/A stoke on trent,	1:31:24.6	1:10:40.4	1:31:24.6
185.	Adam Rowntree		m	U/A Lancaster,	1:31:28.2		1:31:28.2
186.	Geoff Marchment		m	York Knavesmire Harriers	1:31:30.1	1:25:46.2	1:31:30.1
187.	Nigel Ezard		m	U/A Ilkley	1:31:34.8		1:31:34.8
188.	Katherine Baines		f	U/A Manchester,	1:31:37.2	1:27:33.1	1:31:37.2
189.	Richard Harrison		m	Ambleside AC	1:31:41.7		1:31:41.7
190.	Sally Hale		f	U/A Arnold Nottingham	1:31:44.6	1:07:33.1	1:31:44.6
191.	Simon Wiggins		m	Felixstowe Road Runners	1:31:44.7	1:28:34.3	1:31:44.7
192.	Hannah Cummins		f	U/A Glasgow ,	1:31:46.4	1:34:44.7	1:31:46.4
193.	andrew turner		m	U/A whipsnade,	1:31:52.1		1:31:52.1
194.	John Rudd		m	U/A Dundee	1:31:52.6	1:11:07.6	1:31:52.6
195.	Luke Watson		m	U/A Manchester,	1:32:01.8		1:32:01.8
196.	Mark Darby		m	U/A Shrewsbury, Shropshire	1:32:02.2	1:10:30.4	1:32:02.2
197.	greg swinbourne		m	Hartlepool burn road harriers	1:32:05.0	1:34:30.2	1:32:05.0
198.	Simon Lawlor		m	Hartlepool Burn Road Harriers	1:32:07.9	1:25:44.4	1:32:07.9
199.	John Menendez		m	U/A Sheffield, South Yorkshire	1:32:15.0		1:32:15.0
200.	James Atherton		m	U/A Stockport,	1:32:17.1		1:32:17.1
201.	Huw Parry		m	North Shields Polytechnic	1:32:22.8	1:34:11.5	1:32:22.8

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
202.	Nick Rogerson		m	U/A Wallsend,	1:32:30.1	1:34:41.2	1:32:30.1
203.	Cefn Willis		m	USS	1:32:41.6		1:32:41.6
204.	Ian Lewis		m	St Bee's Triers	1:32:43.1	1:29:23.9	1:32:43.1
205.	Shaun McMullen		m	U/A Kendal,	1:32:45.5		1:32:45.5
206.	peter myerscough		m	Sunderland Strollers	1:32:46.6		1:32:46.6
207.	David Kay		m	U/A Wysall, Nottinghamshire	1:32:53.8	1:30:30.5	1:32:53.8
208.	San San BUCKLEY		f	Me	1:33:02.5		1:33:02.5
209.	Nigel Forster		m	U/A Whitehaven, Cumbria	1:33:05.4	1:34:23.5	1:33:05.4
210.	Robyn Turner		f	U/A Blackburn,	1:33:06.5	1:09:50.2	1:33:06.5
211.	Abigail Chard		f	U/A Halifax, West Yorkshire	1:33:11.2		1:33:11.2
212.	Find Jorgensen		m	U/A Bjornemyr, Akershus	1:33:16.2	1:33:39.5	1:33:16.2
213.	sandra connell		f	U/A Liverpool,	1:33:17.5	2:22:28.0	1:33:17.5
214.	Martyn Wigglesworth		m	U/A Richmond,	1:33:19.6	1:33:35.3	1:33:19.6
215.	Gordon Sharp		m	U/A Poynton, Cheshire	1:33:28.1		1:33:28.1
216.	Janet Burthem		f	U/A Prestatyn, Denbighshire	1:33:31.5		1:33:31.5
217.	Ian Abbott		m	U/A Nottingham,	1:33:32.1		1:33:32.1
218.	David Spowart		m	U/A Spennymoor, Durham	1:33:40.6	1:32:46.8	1:33:40.6
219.	James Kirkpatrick		m	U/A Wakefield,	1:33:40.7		1:33:40.7
220.	Sam Rowan		f	Unaffiliated	1:33:48.1		1:33:48.1
221.	Deborah Farrington		f	U/A Southport , Merseyside	1:33:48.5		1:33:48.5
222.	Helen clark		f	Washington running club	1:33:56.7		1:33:56.7
223.	Nigel Meier		m	n/a	1:33:58.8		1:33:58.8
224.	Richard Crankshaw		m	U/A Southport, Merseyside	1:34:09.8		1:34:09.8
225.	Kay McGreevy		f	BMF Glasgow	1:34:10.5	1:33:48.5	1:34:10.5
226.	Stuart Johnson		m	Tynedale	1:34:20.1		1:34:20.1
227.	Jonathan Mock		m	Tynedale rfc	1:34:20.4		1:34:20.4
228.	Chris Hall		m	U/A Hexham ,	1:34:20.4		1:34:20.4
229.	Phill Berry		m	Lions Running Community	1:34:26.4		1:34:26.4
230.	Gillian Tomlinson		f	Houghton Harriers AC	1:34:26.4		1:34:26.4
231.	Louisa Phillips		f	U/A Manchester, Greater Manchester	1:34:26.7	1:12:02.4	1:34:26.7
232.	Hilary Davies		f	U/A Whitley Bay,	1:34:28.0		1:34:28.0
233.	Laura Davies		f	U/A Whitley Bay,	1:34:28.3		1:34:28.3
234.	Michael Bowden		m	Holcombe Harriers	1:34:42.2		1:34:42.2
235.	Simon Baker		m	U/A Newcastle upon Tyne ,	1:34:43.8		1:34:43.8
236.	Shirley Staveley		f	Burnden RR	1:34:44.3	1:33:54.9	1:34:44.3
237.	Jonathan McCabe		m	U/A wilmslow,	1:34:57.8		1:34:57.8
238.	Az Alam		m	U/A Wilmslow,	1:34:58.1		1:34:58.1
239.	Paul Waldram		m	U/A Bolton,	1:35:10.0	1:38:43.8	1:35:10.0
240.	Johnny Powell		m	None	1:35:11.5	1:39:14.2	1:35:11.5
241.	John Boardman		m	North Derbyshire Running Club	1:35:11.6	1:39:14.0	1:35:11.6
242.	Jill Pittard		f	Northbrook AC	1:35:16.9	1:35:41.3	1:35:16.9
243.	John Hamilton		m	U/A Milton Keynes,	1:35:22.2		1:35:22.2
244.	Tony Perry		m	Running4cf	1:35:24.5		1:35:24.5
245.	Antoinette Perry		f	Running4cf	1:35:24.6		1:35:24.6
246.	Robert Turner		m	U/A Blackburn,	1:35:25.1		1:35:25.1
247.	Katie O'Sullivan		f	BMF	1:35:29.1	1:13:59.7	1:35:29.1
248.	Mike Lloyd		m	U/A Ossett,	1:35:32.2	1:37:31.8	1:35:32.2
249.	Caroline Lloyd		f	U/A Ossett,	1:35:32.9	1:37:32.1	1:35:32.9
250.	anna sundberg		f	Stockholm city triathlon	1:35:49.2	1:42:03.1	1:35:49.2
251.	Carole Webster		f	U/A Warrington,	1:35:52.1		1:35:52.1
252.	Ioan Charnley-Parry		m	CP	1:36:05.2		1:36:05.2
253.	Ian Davenport		m	U/A Harrogate, North yorkshire	1:36:13.4	1:12:15.9	1:36:13.4
254.	Andrew Hollowbread		m	U/A DURHAM, Co Durham	1:36:17.4	1:45:24.9	1:36:17.4
255.	Andrew Bagshaw		f	Bramhall Runners	1:36:20.8		1:36:20.8
256.	PAUL GOODHEW		m	ICHS	1:36:37.0	1:36:47.1	1:36:37.0
257.	Richard Skelton		m	None of the above	1:36:49.7		1:36:49.7
258.	Andrew Edwards		m	U/A Cupar, Fife	1:37:03.6	1:37:44.5	1:37:03.6
259.	RAy Foulkes		m	Redcar running club	1:37:13.6		1:37:13.6
260.	Ian Birkett		m	U/A Northwich, Cheshire	1:37:16.7		1:37:16.7
261.	kathryn heaphy		f	U/A stamford, Lincs	1:37:20.3		1:37:20.3
262.	Dawn Winstanley		f	U/A Preston, Lancashire	1:37:33.6	1:38:47.6	1:37:33.6
263.	Linda Rix		f	Manchester Fronrunners	1:37:38.0		1:37:38.0
264.	Andrew Price		m	Team inov-8.com	1:37:40.2		1:37:40.2
265.	Chris Wilson		m	U/A New Milton, Hants	1:37:41.7	1:11:48.8	1:37:41.7
266.	Kayleigh Lord		f	U/A Salford, Manchester	1:37:44.3		1:37:44.3
267.	Richard Pennock		m	U/A Bridgend,	1:37:54.0	1:41:55.1	1:37:54.0
268.	Branwell Spencer		m	U/A Neston , Cheshire	1:37:57.3		1:37:57.3
269.	Andrew Laycock		m	U/A Skipton,	1:38:02.3		1:38:02.3
270.	Robert Tomlin		m	Prestwich AC	1:38:03.8		1:38:03.8

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
271.	Hayley Staunton		f	U/A warrington, cheshire	1:38:05.4	1:12:50.0	1:38:05.4
272.	Mike Wood		m	U/A Ryton, Tyne & Wear	1:38:10.2		1:38:10.2
273.	Richard Hawkins		m	York Postal Harriers	1:38:26.9	1:44:33.1	1:38:26.9
274.	Michael Burkitt		m	U/A Lancaster, Lancashire	1:38:35.4		1:38:35.4
275.	John Wiggins		m	Red Rose Road Runners	1:38:38.3		1:38:38.3
276.	Diane Wilson		f	U/A Richmond, North Yorkshire	1:38:41.5	1:38:30.6	1:38:41.5
277.	Rebecca Poole		f	Fairwater Runners Cwmbran	1:38:45.5		1:38:45.5
278.	James Davis		m	U/A Carlisle,	1:38:49.6		1:38:49.6
279.	Jane Kirkby		f	U/A Sheffield,	1:38:51.8	1:34:26.2	1:38:51.8
280.	Emma Smith		f	U/A Warrington ,	1:38:53.4	1:39:46.5	1:38:53.4
281.	Kristy Wonders		f	North Shields Poly	1:38:58.6	1:37:23.0	1:38:58.6
282.	simon jones		m	U/A Bishops Stortford, herts	1:39:07.9		1:39:07.9
283.	Angela Dixon		f	Elvet Striders	1:39:10.6	1:41:40.8	1:39:10.6
284.	Chris Muir		m	U/A Nantwich , Cheshire	1:39:11.0		1:39:11.0
285.	Louise Bowden		f	Radcliffe atheltic club	1:39:14.9		1:39:14.9
286.	Sarah Nutt		f	U/A Stockport,	1:39:36.8	1:43:11.7	1:39:36.8
287.	Darren Gillman		m	Cambridge & Coleridge AC	1:39:48.0	1:41:36.0	1:39:48.0
288.	Owen Davies		m	U/A	1:39:50.4	1:38:51.3	1:39:50.4
289.	Julie Smith		f	The Fell Devils	1:40:05.3		1:40:05.3
290.	Julian Brook		m	U/A Grundsiburgh,	1:40:09.0	1:44:10.4	1:40:09.0
291.	Gary Lunn		m	U/A Leeds,	1:40:13.8		1:40:13.8
292.	Dean Hamer		m	U/A Whitefield, Manchester	1:40:15.2		1:40:15.2
293.	James Bolm		m	U/A St. Neots, Cambridgeshire	1:40:17.9	1:45:58.0	1:40:17.9
294.	David Walsh		m	U/A Walkden, Manchester	1:40:37.2		1:40:37.2
295.	Bob Hartley		m	U/A Sheffield, South Yorkshire	1:40:52.3		1:40:52.3
296.	Alison Jones		f	U/A Sheffield,	1:41:04.4		1:41:04.4
297.	Jon Horne		m	Biddulph Running Club	1:41:14.2	1:09:43.7	1:41:14.2
298.	Robert Terry		m	Belper Harriers	1:41:39.1		1:41:39.1
299.	Katharine Greenwood		f	U/A Stockton-on-Tees,	1:41:56.1	1:36:56.3	1:41:56.1
300.	MICHAEL ARMSTRONG		m	sunderland strollers	1:41:56.2	1:43:00.3	1:41:56.2
301.	Jill Ezard		f	U/A Ilkley,	1:42:04.6		1:42:04.6
302.	Ian Moir		m		1:42:07.6	1:48:33.9	1:42:07.6
303.	Ginny Newman		f	U/A Manchester,	1:42:12.1	1:38:17.0	1:42:12.1
304.	Nick Pape		m	Hermitage harriers	1:42:14.9	1:52:06.5	1:42:14.9
305.	Jack Youngs		m	U/A Barnsley , South Yorkshire	1:42:33.6		1:42:33.6
306.	Hannah Wood		f	Ipswich JAFFA	1:42:55.8	1:53:41.1	1:42:55.8
307.	Graham Fisher		m	Biddulph Running Club	1:42:56.0	1:17:38.9	1:42:56.0
308.	peter reed		m	Northumberland Fell Runners	1:43:14.1	1:15:26.4	1:43:14.1
309.	Hazel Smith		f	U/A Isle of South Uist, Western Isles	1:43:15.0	1:43:27.5	1:43:15.0
310.	Elaine Ball		f	NYP TRI	1:43:26.6		1:43:26.6
311.	Simon Herriman		m	Cannock Chase Trail Runners	1:43:31.4		1:43:31.4
312.	David Cooper		m	Ackworth Road Runners	1:43:33.1		1:43:33.1
313.	Mark Jesson		m	Pendle Forest Orienteers	1:43:40.8	1:16:00.0	1:43:40.8
314.	Cameron Lane		m	U/A Coleford, Gloucestershire	1:43:57.4		1:43:57.4
315.	Francesca Ring		f	U/A Leamington Spa, Warwickshire	1:44:00.8		1:44:00.8
316.	John Sergeant		m	U/A Bolton, Lancs	1:44:08.9		1:44:08.9
317.	Gill Earl		f	U/A Edinburgh ,	1:44:11.5	1:40:16.7	1:44:11.5
318.	Steph Steele		f	U/A London,	1:44:22.1	1:33:36.3	1:44:22.1
319.	Amanda Cirelli		f	U/A Blackpool	1:44:51.1	1:50:16.8	1:44:51.1
320.	Beth Laycock		f	U/A Skipton	1:44:51.8		1:44:51.8
321.	Ross Crombie		m	U/A West Bridgford	1:44:59.0	1:17:42.8	1:44:59.0
322.	Katy Blake		f	U/A Harrogate,	1:45:01.5		1:45:01.5
323.	Matt Wynne		m	U/A Cairndow, Argyll & Bute	1:45:03.4		1:45:03.4
324.	Jacob Sturgess		m	U/A Romiley,	1:45:10.1		1:45:10.1
325.	John Cunningham		m	U/A Stockport, Cheshire	1:45:19.9		1:45:19.9
326.	Dave Eatough		m	U/A Stockport, Cheshire	1:45:20.0		1:45:20.0
327.	Darren Mayock		m	USS	1:45:20.3		1:45:20.3
328.	Catherine Gardiner		f	U/A Menston,	1:45:23.0		1:45:23.0
329.	Laura Stanley		f	U/A Manchester,	1:45:26.4	1:46:48.8	1:45:26.4
330.	Peter Wallwork		m	U/A Wilmslow, Cheshire	1:45:28.0		1:45:28.0
331.	Ruth Owen-Hughes		f	U/A Yarm,	1:45:30.0		1:45:30.0
332.	Stephanie Goodchild		f	Manchester YMCA Harriers	1:45:34.0	1:37:57.9	1:45:34.0
333.	Valerie O'Donnell		f	U/A Lancaster, Lancashire	1:45:37.0		1:45:37.0
334.	Kathleen Proctor		f	NBRC Keswick	1:45:39.5	1:13:51.0	1:45:39.5
335.	Julie Gray		f	n/a	1:45:40.0	1:15:57.1	1:45:40.0
336.	Michael Price		m	Team inov-8.com	1:45:47.6		1:45:47.6
337.	Angela Lawlor		f	Hartlepool Burn Road Harriers	1:45:49.0	1:39:32.1	1:45:49.0
338.	Iain Mitchell		m	Red Rose Road Runners	1:45:55.1	1:26:13.2	1:45:55.1
339.	Sam Son		m	U/A London,	1:46:03.3	1:51:08.8	1:46:03.3

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
340.	Angela Bamford		f	Altrincham and District AC	1:46:13.1		1:46:13.1
341.	John Goss		m	U/A London,	1:46:17.7		1:46:17.7
342.	Sarah Gartside		f	Gosforth Harriers	1:46:22.1		1:46:22.1
343.	Steven Slaney		m	Fylde Tri Club	1:46:35.0	1:12:09.4	1:46:35.0
344.	Guy Simpson		m	U/A Penrith, Cumbria	1:46:39.5	1:47:41.5	1:46:39.5
345.	Elizabeth Jones		f	U/A Ansdell, Lancashire	1:46:50.4		1:46:50.4
346.	Andrew Whiles		m	Redcar Running Club	1:46:59.5		1:46:59.5
347.	Kristin Raassum		f	Serpentine	1:47:00.1	1:16:00.3	1:47:00.1
348.	Leanne Nield		f	U/A Lytham St. Annes, Lancashire	1:47:00.9		1:47:00.9
349.	Mehul Vaita		m	Beaumont RC	1:47:06.8		1:47:06.8
350.	Donna Madden		f	U/A Ramsbottom	1:47:09.4	1:49:25.1	1:47:09.4
351.	Rick Madden		m	U/A Ramsbottom, Lancashire	1:47:10.1	1:49:25.2	1:47:10.1
352.	Janice Metcalf		f	U/A Preston, Lancs.	1:47:10.9	1:42:00.4	1:47:10.9
353.	Alan Metcalf		m	Preston Harriers	1:47:12.9	1:41:02.8	1:47:12.9
354.	Claire Gilchrist		f	U/A Newcastle upon Tyne, Tyne and	1:47:13.0		1:47:13.0
355.	Ben Melrose		m	U/A Newcastle,	1:47:13.2		1:47:13.2
356.	Iorna Taylor		f	Red Rose road runners	1:47:18.6		1:47:18.6
357.	Colin Griffiths		m	U/A Bournemouth, Dorset	1:47:28.0	1:46:08.4	1:47:28.0
358.	Paul Lacey		m	U/A High Wycombe, Buckinghamshire	1:47:35.2	1:50:42.4	1:47:35.2
359.	Les Turton		m	Marshall Milton Keynes Athletic Club	1:47:42.3		1:47:42.3
360.	Rasmus Skovhede Hviid		m	Copenhagen Adventure Sport	1:47:44.8		1:47:44.8
361.	Maiken Petersen		f	U/A RÅdovre, Denmark	1:47:44.8		1:47:44.8
362.	Richard Crossley		m	U/A Stafford, Staffs	1:47:45.2		1:47:45.2
363.	Martin McPheat		m	Bridlington Road Runners	1:47:55.2		1:47:55.2
364.	Elizabeth Chaplin-Brice		f	U/A Keswick,	1:47:57.2	1:13:11.0	1:47:57.2
365.	James Chaplin-Brice		m	U/A Keswick,	1:47:57.2	1:16:14.5	1:47:57.2
366.	Kirsty Heath		f	U/A Stoke on trent, Staffordshire	1:48:03.0		1:48:03.0
367.	Alon Caspi		m	Mornington Chasers	1:48:23.8	1:31:49.6	1:48:23.8
368.	Laura Broatch		f	Dumfries RC	1:48:41.6		1:48:41.6
369.	Anna Wynne		f	U/A Cairndow, Argyll	1:49:07.5		1:49:07.5
370.	Vicki Dempsey		f	Blackhill Bounders	1:49:07.7		1:49:07.7
371.	Martin Free		m	U/A Huddersfield,	1:49:08.5	1:14:02.1	1:49:08.5
372.	Kerry Grant-Rush		f	U/A Wolverhampton,	1:49:09.1		1:49:09.1
373.	Ricky Poole		m	U/A Cwmbran, Gwent	1:49:18.4		1:49:18.4
374.	Lesley Needham		f	Ackworth Road Runners	1:49:24.8		1:49:24.8
375.	James Needham		m	Ackworth Road Runners	1:49:25.4		1:49:25.4
376.	Anne Caspi		f	Mornington Chasers	1:49:41.2		1:49:41.2
377.	Nick Grant-Rush		m	U/A Wolverhampton ,	1:49:41.9		1:49:41.9
378.	Chris Smith-Duque		m	U/A Southampton, Hants	1:49:47.8	1:08:37.9	1:49:47.8
379.	Richard Dodds		m	U/A Southampton, Hampshire	1:49:51.9	1:08:37.6	1:49:51.9
380.	Rebecca Atkinson		f	U/A Kendal, Cumbria	1:49:53.2	1:41:52.0	1:49:53.2
381.	Steven OHara		m	U/A Sunderland, Tyne & Wear	1:50:01.0	1:52:11.4	1:50:01.0
382.	Jenny Foster		f	U/A Manchester,	1:50:13.8	1:19:23.7	1:50:13.8
383.	Jen Scott		f	U/A Cambridge, Cambridgeshire	1:50:17.3	1:45:04.7	1:50:17.3
384.	John Kleiser		m	Delamere Spartans	1:50:35.8	1:43:04.5	1:50:35.8
385.	Darren Dunne		m	U/A Chester-le-Street,, Durham	1:50:38.5	1:51:00.4	1:50:38.5
386.	Joseph Dawson		m	U/A Leeds,	1:50:48.9		1:50:48.9
387.	Jamie Nicolls		m	U/A Hebden Bridge, West Yorkshire	1:50:49.1		1:50:49.1
388.	Jayne Dore		f	U/A Formby,	1:50:58.9	1:45:58.3	1:50:58.9
389.	Marie Bainbridge		f	Derwent Valley Trail Runners	1:51:05.2		1:51:05.2
390.	Tom Lawson		m	U/A Maryport, Cumbria	1:51:22.6	1:16:26.2	1:51:22.6
391.	Emma Boyd		f	FellsideLadies	1:51:25.5	1:50:10.0	1:51:25.5
392.	Jo Falconer		f	Fellside Ladies	1:51:25.8	1:50:09.5	1:51:25.8
393.	Edward Ryder		m	None	1:51:32.0	1:51:05.2	1:51:32.0
394.	Christopher Taylor		m	Ackworth Road Runners	1:51:33.8		1:51:33.8
395.	Glyn Jones		m	Outlaw	1:51:36.5		1:51:36.5
396.	Julie Gettings		f	Tring Running Club	1:51:37.4	1:47:52.1	1:51:37.4
397.	Robert Myatt		m	U/A Stoke on trent, Staffordshire	1:51:38.7		1:51:38.7
398.	Jane Joughin		f	None	1:52:00.7		1:52:00.7
399.	Shaun Joughin		m	U/A Guisborough, Redcar and Cleveland	1:52:01.1		1:52:01.1
400.	Andrew Stevens		m	U/A Wigton, Cumbria	1:52:06.4		1:52:06.4
401.	Michael Gray		m	Thornton and cleveleys RC	1:52:10.4	1:52:07.4	1:52:10.4
402.	Ross Singleton		m	U/A Bristol,	1:52:15.3	1:15:51.5	1:52:15.3
403.	Rachel Chester		f	Wymondham Athletic Club	1:52:43.4	1:51:42.7	1:52:43.4
404.	Hannah Stirling		f	U/A Wilmslow,	1:52:47.8		1:52:47.8
405.	John Waring		m	U/A Warrington, Cheshire	1:52:53.3	1:45:40.1	1:52:53.3
406.	Amanda Anderson		f	U/A Topcliffe, North Yorkshire	1:52:55.7	1:52:56.3	1:52:55.7
407.	Ruth McDonald		f	Bentham Beagles Running Club	1:52:57.9		1:52:57.9
408.	David Foster		m	Vegan runners	1:53:03.5		1:53:03.5



# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
409.	Holly Blakemore		f	Warrington running club	1:53:06.0	1:18:10.3	1:53:06.0
410.	katy lewis		f	U/A Liverpool,	1:53:12.9	2:22:28.0	1:53:12.9
411.	Louise Corrigan		f	Swinton RC	1:53:17.5	1:57:29.7	1:53:17.5
412.	Elaine Corcoran		f	Trawden AC	1:53:17.5	1:57:29.8	1:53:17.5
413.	Russ Kelly		m	Redcar Running club	1:53:18.6		1:53:18.6
414.	Sue Evison		f	U/A Darlington,	1:53:22.7	2:05:06.4	1:53:22.7
415.	Liz Meekings		f	Smiley Paces	1:53:29.2		1:53:29.2
416.	Steve Barnes		m	U/A Newcastle upon Tyne,	1:53:32.5	1:21:21.7	1:53:32.5
417.	Jessica Mather		f	U/A Warrington,	1:53:35.9	1:54:24.1	1:53:35.9
418.	Liz Preston		f	U/A St Helens, Merseyside	1:53:37.1	1:54:23.0	1:53:37.1
419.	Mark Rowntree		m	U/A Wetherby, West Yorks	1:53:42.6		1:53:42.6
420.	Morven Walker		f	U/A Leamington Spa,	1:53:42.6		1:53:42.6
421.	Andrea Hobbs		f	U/A Bolton le Sands, Lancashire	1:53:43.1	1:56:38.3	1:53:43.1
422.	liza tattersall		f	U/A carnforth, lancashire	1:53:43.2	1:56:37.8	1:53:43.2
423.	Lindsay Bennison		f	The Fell Devils	1:53:51.9		1:53:51.9
424.	Judith Rudolf		f	SV Untermeitingen	1:53:58.0	1:51:01.6	1:53:58.0
425.	Greg Oulton		m	Lytham St Annes Road Runners	1:54:01.6	1:49:13.1	1:54:01.6
426.	Samantha Darby		f	U/A Shrewsbury , Shropshire	1:54:18.7	1:17:35.2	1:54:18.7
427.	Susan Lonsdale		f	Atherton Running Club	1:54:25.0		1:54:25.0
428.	Heather Stephenson		f	U/A Wallsend, Tyne and Wear	1:54:25.0		1:54:25.0
429.	Janice Allan		f	U/A Dumfries, Dumfries & Galloway	1:54:41.9		1:54:41.9
430.	Linda Hull		f	U/A Richmond, N. YORKS	1:54:47.8	2:05:06.2	1:54:47.8
431.	Chris Howard		m	USS	1:54:53.1		1:54:53.1
432.	Richard Wheatley		m	Redhill Road Runners	1:55:03.6	1:54:47.7	1:55:03.6
433.	Miriam Ager		f	U/A Banbury,	1:55:15.4		1:55:15.4
434.	Miriam Howarth		f	Chester Road Runners	1:55:19.9		1:55:19.9
435.	Andrew Byron		m	U/A London,	1:55:29.9	1:12:22.3	1:55:29.9
436.	Anna Battersby		f	U/A London,	1:55:30.4	1:14:40.6	1:55:30.4
437.	Kate Bowden		f	U/A Glossop, Derbyshire	1:55:57.2	1:51:50.1	1:55:57.2
438.	Michael Smith		m	Olney Runners	1:55:57.4		1:55:57.4
439.	Nikki Cryer		f	U/A Bicester, Oxfordshire	1:56:01.7		1:56:01.7
440.	jon stock		m	U/A penarth,	1:56:01.8		1:56:01.8
441.	Ruth Akers		f	Keswick AC	1:56:20.4	1:54:22.8	1:56:20.4
442.	Benjamin Hancock		m	U/A MIDDLESBROUGH, CLEVELAND	1:56:21.7	1:22:44.6	1:56:21.7
443.	John Stout		m	U/A Leigh, Greater Manchester	1:56:28.5	1:25:27.8	1:56:28.5
444.	Deborah Reekie		f	U/A holmrook, cumbria	1:56:55.1	1:58:21.2	1:56:55.1
445.	Chris Furphy		m	Stockton Striders	1:56:56.0		1:56:56.0
446.	Catherine Clennett		f	Stockton Striders	1:56:57.4	1:15:51.7	1:56:57.4
447.	Judith Benson		f	Ponteland Runners	1:57:42.6	1:21:32.5	1:57:42.6
448.	Nicki Cartwright		f	U/A St. Neots, Cambridgeshire	1:57:53.5		1:57:53.5
449.	Martin Wiblishauser		m	SV Untermeitingen	1:57:56.7	1:56:17.6	1:57:56.7
450.	Stephen Draper		m	U/A Chorley, Lancashire	1:58:12.4		1:58:12.4
451.	Colin Campbell		m	U/A askam-in-furness, cumbria	1:58:19.3		1:58:19.3
452.	Debs White		f	Cambridge and Coleridge	1:58:24.2	2:06:31.2	1:58:24.2
453.	Celia Wiblishauser		f	Sport Club Untermeitingen Germany	1:58:25.8	2:04:52.1	1:58:25.8
454.	Rebecca Stringer		f	Washlands Womens Runners	1:58:29.7	1:19:16.7	1:58:29.7
455.	Michelle Cleaver		f	Washlands Women Runners	1:58:29.8	1:19:17.0	1:58:29.8
456.	Julie Pemberton		f	U/A Nantwich, Cheshire	1:58:47.5		1:58:47.5
457.	Chloe Hardman		f	U/A Bury,	1:58:50.6		1:58:50.6
458.	Rhian Broomhead		f	U/A Sale,	1:59:02.5		1:59:02.5
459.	Paul Jones		m	Trail Tuesday	1:59:04.7		1:59:04.7
460.	Emma Vincent		f	U/A Ambleside ,	1:59:23.8		1:59:23.8
461.	Richard Caverner		m	Northumberland Fell Runners	1:59:50.0	1:21:33.3	1:59:50.0
462.	Sarah Hollister		f	U/A Milnthorpe , Cumbria	1:59:55.7		1:59:55.7
463.	Elizabeth Lewis		f	U/A Broad Haven, Pembrokeshire	2:00:14.7		2:00:14.7
464.	Jake Gotham		m	U/A Carmarthen, Sir Gaerfyrddin	2:00:15.3		2:00:15.3
465.	Michael Watson		m	Redcar Running Club	2:00:30.0		2:00:30.0
466.	Elsbeth Alexander		f	Redcar Running Club	2:00:30.2		2:00:30.2
467.	John Harris		m	U/A Bradford, County (optional)	2:00:33.0	2:03:34.8	2:00:33.0
468.	Diana Birkett		f	U/A Northwich, Cheshire	2:00:39.0		2:00:39.0
469.	Shiran Cleminson		f	Boldmere Bullets	2:00:44.3	1:29:20.2	2:00:44.3
470.	Tara Oxley		f	Stockton Striders	2:00:47.9	1:22:03.4	2:00:47.9
471.	Molly Hopkinshaw		f	U/A Whitchurch On Thames, Berkshire	2:00:51.5		2:00:51.5
472.	Bryony Hopkinshaw		f	U/A London,	2:00:51.5		2:00:51.5
473.	Alexandra Knopp		f	U/A Whitley Bay, Tyne And Wear	2:01:05.8		2:01:05.8
474.	Joshua Haist		m	U/A Whitley Bay, Tyne and Wear	2:01:06.0	1:27:38.3	2:01:06.0
475.	Peter Deeks		m	U/A Cockermonth, Cumbria	2:01:17.0		2:01:17.0
476.	Lucy Owens		f	Stockton Striders	2:01:17.5	2:03:55.5	2:01:17.5
477.	Leon Aaron		m	U/A Blackpool , Lancashire	2:01:18.5		2:01:18.5

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
478.	Laura Jackson		f	Washland Women Runners	2:01:22.1	1:23:55.2	2:01:22.1
479.	John Harrington		m	U/A Sheffield ,	2:01:23.0	1:24:28.5	2:01:23.0
480.	marie guttridge		f	U/A Liverpool, Merseyside	2:01:24.0	1:24:29.2	2:01:24.0
481.	Bonnie Aaron		f	U/A Blackpool, Lancashire	2:01:28.2		2:01:28.2
482.	Lisa Jones		f	Valley Striders	2:01:47.6		2:01:47.6
483.	Kate Schweizer		f	quakers Running Club	2:01:57.7	2:05:05.9	2:01:57.7
484.	Shirley Conner		f	U/A Darlington, Co Durham	2:01:57.9	2:05:05.9	2:01:57.9
485.	Sophie Owens		f	Stockton Striders	2:02:09.4	2:05:17.9	2:02:09.4
486.	Hannah Dickinson		f	U/A Warrington ,	2:02:15.4		2:02:15.4
487.	Garance Fourie		f	U/A London,	2:02:15.5		2:02:15.5
488.	Elizabeth Orr		f	U/A burton in kendal, Please select	2:02:21.2		2:02:21.2
489.	Tony Orr		m	U/A Burton in Kendal Cumbria	2:02:21.3		2:02:21.3
490.	Matt Carter		m	U/A Berkhamsted,	2:02:39.6	1:23:04.5	2:02:39.6
491.	Martin Donohue		m	U/A Wigan , Lancs	2:02:40.7		2:02:40.7
492.	Gill Nevin		f	Crosby Stormers	2:02:42.6		2:02:42.6
493.	Petrina Cassell		f	U/A Barford St Michael, Oxfordshire	2:03:07.7		2:03:07.7
494.	Pella Frost		f	U/A London, London	2:03:15.4		2:03:15.4
495.	Jeremy Dyer		m	Fen edge runners	2:03:23.3	1:53:46.6	2:03:23.3
496.	Anne Stockley		f	U/A St Albans, Herts	2:03:42.8	1:24:06.5	2:03:42.8
497.	Helen Donohue		f	U/A Wigan, Lancs	2:03:54.4		2:03:54.4
498.	AUSTIN TRELFA		m	Red Rose Road Runners	2:03:59.3	1:23:20.2	2:03:59.3
499.	Anthony Barnes		m	U/A London,	2:04:08.4	1:27:15.0	2:04:08.4
500.	Carolyn Hiron		f	WilmslowRC	2:04:13.4		2:04:13.4
501.	Bernard McCarron		m	U/A Lostock Gralam,	2:04:13.4		2:04:13.4
502.	Sarah Holland		f	U/A Leeds, West Yorkshire	2:04:20.6		2:04:20.6
503.	Stuart Ramsay		m	U/A Manchester,	2:04:23.8		2:04:23.8
504.	Peter Baines		m	Lune Valley Hash House Harriers	2:04:24.0		2:04:24.0
505.	Ruth Toller		f	Dundee Road Runners	2:04:28.1	2:02:13.1	2:04:28.1
506.	alison eley		f	washlands women runners	2:04:32.6	1:19:16.8	2:04:32.6
507.	Hannah Noble		f	Washlands	2:04:32.7	1:19:16.6	2:04:32.7
508.	Helen Dyche		f	Washland women runners	2:04:32.8	1:20:54.0	2:04:32.8
509.	Kev Kendal		m	Howgill Harriers	2:04:41.6	2:06:58.0	2:04:41.6
510.	Courtney Benson		f	Howgill harriers	2:04:41.7	2:06:57.6	2:04:41.7
511.	Philip Loftus		m	U/A Bolton, Lancashire	2:04:48.6		2:04:48.6
512.	Mark Finn		m	U/A Bolton, Lancashire	2:04:48.7		2:04:48.7
513.	Jane Warner		f	Skelmersdale Boundary Harriers	2:04:58.1	1:25:06.7	2:04:58.1
514.	Robert Gould		m	U/A	2:05:14.2		2:05:14.2
515.	Linda O'Neill		f	U/A Dundee	2:06:13.2	1:20:48.8	2:06:13.2
516.	Jane Marshall		f	U/A York,	2:06:13.7	2:03:14.9	2:06:13.7
517.	Beata Mihaly		f	U/A Sidcup, Kent	2:06:31.2	1:33:23.4	2:06:31.2
518.	mark shaw		m	U/A Audenshaw, MANCHESTER	2:06:40.5		2:06:40.5
519.	Raymond Dang		m	Eaglescliffe Running Group	2:06:49.7		2:06:49.7
520.	Claire Hutchinson		f	U/A Liverpool,	2:07:05.2	1:59:16.6	2:07:05.2
521.	mark taylor		m	U/A manchester, lancashire	2:07:17.1		2:07:17.1
522.	Jan Molyneux		f	Swinton Running Club	2:08:39.3		2:08:39.3
523.	Karen Moody		f	U/A Liverpool	2:08:54.9	2:01:23.7	2:08:54.9
524.	Anna Finn		f	100 Marathon club	2:09:14.6	2:06:15.3	2:09:14.6
525.	Joanne Keenan		f	U/A Wetherby,	2:09:29.9	2:04:32.9	2:09:29.9
526.	Dyfed Evans		m	U/A York,	2:09:32.4	1:37:11.5	2:09:32.4
527.	Dawn Saxby		f	U/A Harrogate, North Yorkshire	2:09:45.0	2:12:17.0	2:09:45.0
528.	Paul Coldham		m	U/A Keswick, Cumbria	2:09:45.2	2:12:17.5	2:09:45.2
529.	Sarah Haworth		f	U/A Castle Douglas, Kirkcudbrightshire	2:09:56.6	2:14:44.0	2:09:56.6
530.	Joanne Bell		f	Washlands women runners	2:10:46.0	1:33:00.7	2:10:46.0
531.	Jane Wheatley		f	U/A Nottingham, Notts	2:11:30.3	2:12:38.6	2:11:30.3
532.	Jeannie Wilde		f	Redcar running club	2:11:35.4		2:11:35.4
533.	Clare Agar		f	Redcar running club	2:11:35.4		2:11:35.4
534.	Gavin Spickett		m	Tynedale Harriers	2:12:08.9		2:12:08.9
535.	Charlotte Dyer		f	Fen Edge Runners	2:12:11.0	2:04:07.1	2:12:11.0
536.	Kate Craggs		f	U/A Hartlepool,	2:12:12.6		2:12:12.6
537.	Cecilia Pipe		f	U/A Cambridge,	2:12:19.6		2:12:19.6
538.	Carol Reid		f	U/A Leeds,	2:12:27.3		2:12:27.3
539.	Jacqueline Woods		f	U/A Leeds,	2:12:27.8		2:12:27.8
540.	Paul Freeman		m	U/A Gloucester,	2:12:32.5		2:12:32.5
541.	cath Fairlam		f	wigton road runners	2:12:38.9		2:12:38.9
542.	Maddy Stretton		f	Washland womens runner	2:12:56.7	1:38:16.1	2:12:56.7
543.	Donna Thorpe		f	U/A Hornby, Lancs	2:13:17.1	2:13:54.4	2:13:17.1
544.	Al Marron		f	U/A Lancaster , Lancashire	2:13:17.4	2:13:54.7	2:13:17.4
545.	Julie Spencer		f	U/A Neston, Cheshire	2:13:53.5		2:13:53.5
546.	Vicky Willett		f	SBC Plodders	2:14:03.2		2:14:03.2

# Dirty Double 10K Results 2018

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
547.	Katie Scott		f	U/A Shevington, Lancashire	2:14:04.2	2:17:05.9	2:14:04.2
548.	Gareth Maguire		m	U/A Hale,	2:14:10.7		2:14:10.7
549.	Anna Stubbs		f	Washlands Women Runners	2:14:54.1	1:38:16.4	2:14:54.1
550.	Helen Greenhalgh		f	Red Rose Road Runners	2:15:14.6	1:33:15.7	2:15:14.6
551.	Jennie Davies		f	Women on the run	2:15:21.4		2:15:21.4
552.	Lucie Gage		f	Elswick Harriers	2:15:40.9		2:15:40.9
553.	Ronni Kirkham		f	Redcar running club	2:15:49.8		2:15:49.8
554.	Lynne Owen		f	Ackworth road runners	2:16:12.7		2:16:12.7
555.	katy Moore		f	U/A Hebden Bridge,	2:16:17.0		2:16:17.0
556.	ruth piblett-tattley		f	U/A hebden bridge, w yorks	2:16:30.9		2:16:30.9
557.	Ian Patterson		m	Preston Harriers	2:16:40.7		2:16:40.7
558.	Julie Tyrer		f	U/A Preston,	2:16:49.5		2:16:49.5
559.	Andy Suddrick		m	U/A Sheffield, South Yorkshire	2:17:38.4		2:17:38.4
560.	Anna Howard		f	U/A Scarborough,	2:17:40.2	2:15:24.8	2:17:40.2
561.	Rebecca Howard		f	Quakers	2:17:40.3	2:15:24.5	2:17:40.3
562.	Margaret Kaye		f	U/A Carlisle, Cumbria	2:17:41.3		2:17:41.3
563.	ALasdair Fuller		m	U/A Lincoln,	2:18:17.4		2:18:17.4
564.	Elizabeth Coupe		f	U/A Lincoln, Lincoln	2:18:17.7		2:18:17.7
565.	Lucy Maggiori		f	U/A Dumfries,	2:19:21.5		2:19:21.5
566.	Janet Morris		f	Knaresborough Striders	2:20:22.0		2:20:22.0
567.	Nicola Knowles		f	U/A Manchester,	2:20:30.1		2:20:30.1
568.	Amy Thomson		f	U/A York,	2:20:39.3	2:22:42.6	2:20:39.3
569.	Christina Greatwood		f	U/A Castle Cary , Somerset	2:21:27.5		2:21:27.5
570.	David Churchward		m	U/A Newton Abbot,	2:21:27.7		2:21:27.7
571.	Elaine Robinson		f	U/A Barnsley , South Yorkshire	2:21:40.6		2:21:40.6
572.	Alison Nordon		f	U/A Paisley,	2:22:29.2	2:15:01.2	2:22:29.2
573.	Viv Samuelson		f	Swinton RC	2:22:56.3	2:24:36.6	2:22:56.3
574.	Katie Samuelson		f	Cambridge & Coleridge AC	2:22:56.8	2:24:36.5	2:22:56.8
575.	Vicki Grant		f	U/A Holme, Cumbria	2:23:39.0	2:20:55.3	2:23:39.0
576.	Sam Owen		f	Washland women	2:24:15.0	1:38:56.9	2:24:15.0
577.	Karen Jackson		f	Washlands Women Runners	2:24:15.2	1:38:56.3	2:24:15.2
578.	Karen Travis		f	U/A York,	2:24:28.9	2:26:00.5	2:24:28.9
579.	Lynne Terry		f	U/A Belper, Derbyshire	2:25:07.6		2:25:07.6
580.	Nicola Brown		f	Jog Derbyshire	2:26:15.8		2:26:15.8
581.	STEVEN MOORE		m	NORDIC WALKING UK	2:26:30.1		2:26:30.1
582.	Alison Husselbee		f	Derby Mercury	2:26:44.8		2:26:44.8
583.	ROB WHISTON		m	U/A CREWE, CHESHIRE	2:26:49.7		2:26:49.7
584.	Zandile Nare		f	U/A Whitley Bay,	2:27:58.2		2:27:58.2
585.	Josephine Walsh		f	Red Rose Road Runners	2:28:29.5	1:45:46.7	2:28:29.5
586.	Heath Farrington		m	U/A Southport ,	2:28:49.3		2:28:49.3
587.	caroline vitty		f	U/A liverpool,	2:30:41.7	1:41:24.2	2:30:41.7
588.	Cynthia Carter		f	Crosby stormers	2:30:41.9	1:41:24.0	2:30:41.9
589.	Corrin Davies		f	U/A Warwick, Warwickshire	2:31:16.3	2:33:31.1	2:31:16.3
590.	Katrina Stewart		f	U/A Warwick,	2:31:16.4	2:33:31.7	2:31:16.4
591.	Ann Johansson		f	U/A Stockholm,	2:31:57.7		2:31:57.7
592.	Steve Webster		m	U/A Huddersfield, West Yorkshire	2:31:57.8		2:31:57.8
593.	Jo Reely		f	Boldmere Bullets	2:32:13.0		2:32:13.0
594.	Samantha Gowney		f	USS	2:33:46.1		2:33:46.1
595.	Lauren Walker		f	USS	2:33:46.9		2:33:46.9
596.	Jane Allen		f	West Hull ladies RRC	2:34:59.6	2:26:09.5	2:34:59.6
597.	Cath Dyson		f	U/A Huddersfield,	2:34:59.9	2:39:29.4	2:34:59.9
598.	Sally Wallwin		f	U/A Belper, Derbyshire	2:40:37.0		2:40:37.0
599.	Peter Samuelson		m	Spectrum striders	2:43:03.4	2:48:15.3	2:43:03.4
600.	Jaclyn Gray		f	U/A Workington , Cumbria	2:45:53.7		2:45:53.7
601.	Chris Robson		m	U/A St Bees, Cumbria	2:46:37.9		2:46:37.9
602.	Jenny Murphy		f	USS	2:48:06.7		2:48:06.7
603.	Steven Snape		m	U/A BOLTON, Lancs	3:06:08.6		3:06:08.6
604.	Joyce Tyldesley		f	U/A BOLTON, Lancs	3:06:09.5		3:06:09.5
605.	Megan Smith		f	U/A Sheffield,	3:06:59.6		3:06:59.6
606.	Derek Smith		m	U/A Sheffield,	3:06:59.7		3:06:59.7
607.	Sarah Langford		f	Washland Women Runners	3:19:02.7		3:19:02.7
608.	Margaret Grahamslaw		f	Washlands Women	3:19:03.0		3:19:03.0
609.	Carl Lockwood		m	U/A Leeds, West Yorkshire	3:30:35.9	3:25:53.5	3:30:35.9
610.	Julie Honeybourne		f	Washlands woman runners	3:30:48.0		3:30:48.0
611.	Linda Kirke		f	Washlands Women Runners	3:30:49.0		3:30:49.0
612.	Mairead Hughes		f	U/A Manchester , Greater Manchester	1:21:58.3		DSQ
613.	Luci Dobbin		f	U/A London,	1:40:55.6		DSQ
614.	Teagan Morton		f	U/A Manchester,	1:54:09.6		DSQ

# Dirty Double 10K Results 2018

---

Pos	Name	Age Cat	M/F	Club	Helvellyn	Ullswater	Total Time
-----	------	---------	-----	------	-----------	-----------	------------

---

Number of records: 758