

Lakeland Trails 2015 Dirty Double 10km Ladies

Name	Category	Club	Helvellyn	Ullswater	Total
Suzanne Toppin	Lady V40	U/A Penrith, Cumbria	0:45:21.9	1:01:40.4	1:47:02
Sarah linton	Lady V40	U/A st Anne's, Lancashire	0:48:54.2	1:05:58.8	1:54:53
Nickey Russell	Lady V40	U/A Lancaster, Lancs	0:48:32.1	1:07:50.0	1:56:22
Dawn Trueman	Lady V40	Smiley Paces	0:50:48.0	1:08:49.4	1:59:37
Gill Petrucci	Lady V40	U/A Skipton, North Yorks	0:49:57.5	1:13:05.7	2:03:03
Julia Gray Carnaffin	Lady V50	U/A Bardon mill, Northumberland	0:49:57.1	1:13:34.2	2:03:31
Rebecca Mills		Swinton Running Club	0:52:11.4	1:11:33.5	2:03:45
Ruth Mewis		U/A York, North Yorkshire	0:52:24.9	1:13:10.5	2:05:35
Sam Perkins		U/A Hexham,	0:53:49.2	1:13:34.2	2:07:23
Kerry Mee		U/A Newcastle-upon-Tyne, Tyne and	0:54:57.6	1:14:42.8	2:09:40
Kirsty McIntyre		Chorlton Runners	0:57:20.8	1:14:49.8	2:12:11
Alison Saunders		The Northern Collective	0:58:37.3	1:17:53.4	2:16:31
Chloe Ainsworth		U/A Wigan,	0:58:03.7	1:18:42.7	2:16:46
Louise Barley	Lady V40	U/A Harrogate,	0:57:09.6	1:21:33.9	2:18:43
Julia Sayburn	Lady V50	U/A Grange over sands, Cumbria	0:58:06.5	1:21:02.3	2:19:09
Jackie Frank		U/A Redcar,	0:58:30.2	1:20:39.5	2:19:10
nicola watt	Lady V40	U/A hexham,	0:59:17.6	1:21:11.5	2:20:29
Hazel Ward	Lady V60	Jog on the Tyne	0:59:17.5	1:21:11.7	2:20:29
Zoe Dixon	Lady V40	Jog on the tyne	0:59:17.7	1:21:11.6	2:20:29
sarah barry	Lady V40	U/A huddersfield,	0:58:52.9	1:21:39.6	2:20:33
bridget slater	Lady V50	U/A Skipton, N Yorks	0:57:56.0	1:23:56.5	2:21:52
Vicky Gore		Red Rose Road Runners	0:58:25.8	1:24:56.2	2:23:22
Hilde Krynen	Lady V50	U/A Kendal, Cumbria	1:00:07.8	1:23:27.8	2:23:36
Carolyn Burns	Lady V40	U/A Penrith, Cumbria	0:59:20.3	1:24:29.5	2:23:50
Zoe Bridges	Lady V40	U/A Sudbury, Suffolk	1:01:19.0	1:22:46.4	2:24:05
Heather Marsden	Lady V50	Tideswell Running Club	0:59:14.9	1:25:03.5	2:24:18
Fiona Newman	Lady V40	U/A Calver,	0:59:16.4	1:25:03.8	2:24:20
Louise Meynell	Lady V50	Billingham Marsh House Harriers	1:03:27.4	1:21:58.7	2:25:26
JACQ JONES		Delamere Spartans	1:02:39.2	1:26:05.6	2:28:45
Susan Sharp	Lady V50	U/A Wakefield, west Yorkshire	1:02:22.6	1:26:28.1	2:28:51
Lynn Melvin	Lady V50	South Ribble runners	1:01:42.4	1:27:39.6	2:29:22
Sue Kearney	Lady V50	U/A Bolton, Lancs	1:01:19.2	1:28:38.5	2:29:58
Anne Barber	Lady V40	U/A Manchester,	1:03:13.1	1:27:08.2	2:30:21
jan phillips		none	1:04:18.0	1:26:23.0	2:30:41
Natalie Stewart		U/A Lochinver,	1:05:58.7	1:24:56.0	2:30:55
Melissa Preston		U/A London,	1:05:57.4	1:25:12.8	2:31:10
Helen Dodd		U/A Hexham, Northumberland	1:02:53.8	1:28:57.6	2:31:51
Susan Jones	Lady V40	thornton cleveleys	1:02:56.8	1:28:55.5	2:31:52
Louise Corrigan		Swinton RC	1:03:21.6	1:29:10.7	2:32:32
Vicky Collingwood		U/A Stocksfield, Northumberland	1:04:39.1	1:28:57.4	2:33:37
Laura Robson		York Postal Harriers	1:06:41.1	1:29:15.3	2:35:56
Tracy Brown		Sedgefield Harriers	1:04:17.5	1:31:53.3	2:36:11
Julie Evans	Lady V40	Kings Heath Running Club	1:07:37.6	1:29:18.7	2:36:56
Claire Shaw		Red Rose Running Club	1:06:04.4	1:32:00.5	2:38:05
Mags Cook	Lady V60	Roundhay Runners	1:07:04.3	1:31:33.3	2:38:38
Rachel Leach		Stubbington Green Runners	1:07:09.5	1:31:33.2	2:38:43
Heather Mannings	Lady V40	U/A Holmfirth, West Yorkshire	1:05:25.0	1:34:39.8	2:40:05
Helen Scott		U/A Osgodby,	1:08:20.3	1:32:23.2	2:40:43
lindsey whiteside		women on the run	1:06:44.3	1:33:59.6	2:40:44
Dawn Robinson		U/A Grange, Cumbria	1:07:42.1	1:33:02.1	2:40:44
Vivienne Watson	Lady V40	U/A Hexham, Northumberland	1:08:14.2	1:33:26.6	2:41:41
paula ainsley	Lady V40	U/A york, north yorkshire	1:08:35.2	1:33:34.0	2:42:09
Debbie Dales	Lady V40	Cleethorpes AC	1:07:50.2	1:37:20.7	2:45:11
Maxine Wilson	Lady V40	U/A Haltwhistle, Northumberland	1:08:53.5	1:39:46.7	2:48:40

