

The Dirty Double 15k Male/Female 2014 Results

Pos	Bib	Name	M	Age Cat	Club	Helvellyn	Ullswater	Time
1.	296	Carl AVERY	m		Alnwick Harriers	0:54:22.9	0:53:12.3	1:47:35.2
2.	591	Scott CAMPBELL	m		Westbury Harriers	0:58:48.6	0:59:53.6	1:58:42.3
3.	651	Jonathan COX	m		Eden Runners	1:00:19.6	0:58:56.4	1:59:16.0
4.	293	Adam FLETCHER	m	Vet 40	Alnwick Harriers	0:59:19.0	1:02:45.2	2:02:04.2
5.	681	Matt HUXFORD	m		Unattached	1:01:19.3	1:00:55.8	2:02:15.1
6.	567	Hamish CROPPER	m		Unattached - London	1:00:41.0	1:03:32.8	2:04:13.8
7.	559	Will JOHNSON	m		Spa Striders	1:01:16.3	1:03:08.6	2:04:24.9
8.	607	Scott SMITH	m		Unattached : Selby	1:04:21.9	1:03:16.6	2:07:38.6
9.	287	Steve PATTERSON	m		Alnwick Harriers	1:03:16.6	1:05:06.4	2:08:23.1
10.	579	Andy STAVELEY	m	Vet 50	Burnden Road Runners	1:03:54.3	1:05:28.1	2:09:22.4
11.	592	Mark WADE	m		Aycliffe RC	1:04:41.3	1:04:54.4	2:09:35.8
12.	633	Mick ALLEN	m		Unattached - Cokermouth	1:05:20.6	1:04:48.7	2:10:09.4
13.	609	Marc CURTIS	m	Vet 40	Kenilworth Runners	1:06:10.2	1:07:20.2	2:13:30.4
14.	636	Dan PRATT	m		Unattached : Shipley	1:07:17.5	1:07:30.4	2:14:48.0
15.	285	Adam SPILLER	m	Vet 40	Alnwick Harriers	1:06:28.1	1:09:25.5	2:15:53.7
16.	164	Adam OLIVER	m		Unattached : Stourbridge	1:08:17.8	1:07:48.1	2:16:06.0
17.	635	Richard BROADBENT	m	Vet 40	Kenilworth Runners	1:06:52.9	1:10:55.9	2:17:48.9
18.	655	Michael SMITH	m		Unattached - Wigan	1:08:06.6	1:09:44.1	2:17:50.8
19.	613	Pete WILKIE	m		Roundhay Runners	1:09:26.9	1:08:35.0	2:18:01.9
20.	669	Rob LANGTON	m		The Always Merk	1:08:52.8	1:09:29.7	2:18:22.6
21.	670	Stephen COOPER	m		Unattached : Ealing	1:08:46.0	1:09:39.0	2:18:25.1
22.	116	Joshua VINCENT	m		Unattached - Wigan	1:11:08.6	1:09:13.8	2:20:22.4
23.	588	Josh COMLEY	m		Unattached - London	1:10:17.7	1:10:31.4	2:20:49.2
24.	288	Stuart MORRIS	m	Vet 40	Alnwick Harriers	1:10:49.2	1:11:07.4	2:21:56.6
25.	597	Alexander NANCOLAS	m		Valley Striders, Leeds	1:09:42.0	1:12:22.8	2:22:04.9
26.	689	Nick HIGHAM	m	Vet 40	Lancaster & Morcambe AC	1:10:16.2	1:12:44.4	2:23:00.7
27.	629	Mike BODDY	m	Vet 40	Unattached - York	1:11:29.2	1:11:52.6	2:23:21.9
28.	594	Mark AYRE	m	Vet 40	Roundhay Runners	1:10:04.5	1:13:21.7	2:23:26.2
29.	573	Russell THOMPSON	m	Vet 50	Unattached : Barrow in Fu	1:12:26.2	1:11:10.4	2:23:36.6
30.	100	Gregory DU TERTRE	m		Unattached : Selby	1:11:00.4	1:14:05.3	2:25:05.8
31.	576	Matthew TREND	m		Unattached	1:12:59.4	1:12:09.4	2:25:08.8
32.	584	Ian STAINTHORPE	m	Vet 50	Rochdale Harriers	1:13:55.4	1:13:32.3	2:27:27.7
33.	298	Michael ALSTON	m	Vet 40	Alnwick Harriers	1:12:06.1	1:15:26.8	2:27:33.0
34.	695	Allan SUMNER	m	Vet 40	Unattached : Poulton Le Fy	1:14:00.4	1:13:44.8	2:27:45.2
35.	342	Clive STEELE	m	Vet 40	Unattached : Carlisle	1:13:03.1	1:15:16.4	2:28:19.6
36.	617	Steve BROADFOOT	m	Vet 50	Knowsley Harriers	1:12:45.1	1:15:43.0	2:28:28.2
37.	530	Julian Sartori	m	Vet 40	Unattached	1:14:24.4	1:14:20.9	2:28:45.4
38.	593	Frank MCPARTLAND	m	Vet 50	Haddington & E Lothian Pa	1:11:38.6	1:17:16.3	2:28:55.0
39.	691	Iain RANKIN	m	Vet 40	Unattached : Macclesfield	1:12:39.0	1:16:39.9	2:29:18.9
40.	590	Jeremy LOUGHRAN	m	Vet 50	Unattached : Stoke On Tre	1:13:59.2	1:16:26.5	2:30:25.8
41.	563	Kieran SMALLBONE	m		Goyt Valley Striders	1:12:22.6	1:18:30.7	2:30:53.3
42.	110	Charles COLBY	m	Vet 40	Bowland FR	1:14:40.9	1:17:47.3	2:32:28.3
43.	622	Neil CASSIDY	m	Vet 60	Tynedale Harriers	1:15:14.0	1:17:21.1	2:32:35.1
44.	259	Steve BROWN	m	Vet 50	Unattached : Windermere	1:14:59.1	1:18:31.0	2:33:30.2
45.	521	Andrew PHILLIPS	m		Unattached - Manchester	1:16:37.4	1:17:10.3	2:33:47.8
46.	693	Andy YATES	m	Vet 50	Unattached	1:15:04.8	1:19:18.3	2:34:23.1
47.	339	Andrew WADESON	m	Vet 40	Unattached - Lancaster	1:16:13.9	1:19:02.8	2:35:16.8

48.	560	Barry WAKE	m		Wellingborough & District	1:17:26.5	1:18:40.3	2:36:06.8
49.	514	Shaun MCGLYNN	m		Unattached - Sunderland	1:17:49.5	1:18:55.0	2:36:44.6
50.	268	Steve DUGGAN	m	Vet 40	Totley AC	1:17:37.7	1:19:33.1	2:37:10.8
51.	198	David VAUGHAN	m		Unattached - Ormskirk	1:18:45.2	1:18:46.7	2:37:32.0
52.	279	Phil FORTUN	m	Vet 40	Coniston Fell Running Club	1:17:37.5	1:20:00.0	2:37:37.5
53.	686	Jon HAWKER	m	Vet 50	Delamere Spartans	1:16:16.9	1:21:42.5	2:37:59.5
54.	436	Edward HORTON	m		Unattached : Salford	1:17:18.8	1:20:58.2	2:38:17.1
55.	664	Jonathan PIERCE	m	Vet 50	ua Wheaton Aston	1:17:55.7	1:20:23.2	2:38:19.0
56.	149	Craig HETHERINGTON	m		Stirling Tri Club	1:19:37.2	1:18:53.7	2:38:31.0
57.	555	Marcus SAUNDERS	m	Vet 40	Lincoln & District Runners	1:17:25.4	1:21:13.4	2:38:38.9
58.	517	Paul Rawlinson	m			1:15:00.7	1:24:38.2	2:39:38.9
59.	574	Mr LOWES	m		Elswick Harriers	1:18:51.6	1:20:50.7	2:39:42.3
60.	473	Michael LEMMY	m	Vet 40	Unattached - Manchester	1:20:11.8	1:20:26.9	2:40:38.8
61.	230	James HUXFORD	m		York Triathlon Club	1:20:07.5	1:20:58.9	2:41:06.4
62.	146	Phillip HIGGINS	m	Vet 40	Kendal Tri Club	1:20:02.4	1:21:10.1	2:41:12.6
63.	340	Stephen HUYN	m		Unattached - Ormskirk	1:20:06.9	1:21:36.9	2:41:43.8
64.	572	Ashley LOADER	m		Jarrow and Hebburn AC	1:17:54.3	1:24:31.0	2:42:25.3
65.	627	Andy LETHERAN	m	Vet 40	Unattached - Kendal	1:20:53.9	1:22:05.2	2:42:59.1
66.	696	John ANGUS	m	Vet 40	Unattached Darlington	1:21:02.3	1:21:58.7	2:43:01.0
67.	624	Matty BASTERFIELD	m		BastyPro Running Team	1:20:20.9	1:22:41.6	2:43:02.6
68.	504	Peter LITTLE	m	Vet 40	Unattached	1:20:37.9	1:22:40.4	2:43:18.4
69.	188	Paul ROSS	m		Mac1 Fitness	1:19:15.6	1:24:03.2	2:43:18.8
70.	493	Michael RATHBONE	m	Vet 40	ua Alnwick	1:21:10.7	1:22:11.0	2:43:21.8
71.	295	Dave BARTRUM	m	Vet 40	Alnwick Harriers	1:21:54.5	1:23:35.6	2:45:30.2
72.	375	Dale ALLTREE	m	Vet 40	Unattached : Haltwhistle	1:20:54.7	1:24:43.8	2:45:38.6
73.	582	Kevin MCGILVRAY	m	Vet 60	Rochdale Harriers	1:22:37.5	1:23:03.5	2:45:41.0
74.	14	John STEELE	m	Vet 50	Unattached - Wigton	1:21:33.8	1:24:25.8	2:45:59.6
75.	602	Ben SEED	m		Garstang Running club	1:23:21.1	1:22:53.6	2:46:14.7
76.	468	Chris MOORS	m		Unattached - Newcastle	1:26:00.4	1:20:40.4	2:46:40.8
77.	599	Malcolm MARSHALL	m	Vet 50	Unattached : Scunthorpe	1:20:18.9	1:26:41.9	2:47:00.9
78.	502	Matthew SNARR	m		Unattached	1:23:06.5	1:23:56.3	2:47:02.9
79.	697	Mark OSBORNE	m	Vet 50	Unattached - Leeds	1:20:06.6	1:27:36.8	2:47:43.5
80.	211	Andrew DRAPER	m		Unattached - Blackpool	1:26:26.5	1:22:20.2	2:48:46.8
81.	644	Ian HENDERSON	m		The Always Merk	1:22:00.0	1:27:00.0	2:49:00.0
82.	657	Martyn COTTESS	m	Vet 40	ua Newbiggin-by-the-sea	1:21:23.1	1:27:50.9	2:49:14.1
83.	223	Andrew HEMSLEY	m	Vet 50	Unattached - Penrith	1:22:43.4	1:27:02.1	2:49:45.5
84.	102	Michael CROWE	m		Unattached - Sunderland	1:24:21.0	1:25:56.9	2:50:17.9
85.	258	Alan PARKER	m	Vet 50	Unattached : Stoke On Tre	1:23:30.0	1:27:10.1	2:50:40.1
86.	506	Ryan FULTON	m		Unattached : Chester-Le-St	1:23:35.7	1:28:03.3	2:51:39.1
87.	270	Charles ALLEN	m	Vet 50	Datchet Dashers	1:24:07.6	1:28:12.6	2:52:20.3
88.	187	Trevor FRANCIS	m		Mac1 Fitness	1:23:23.7	1:28:57.5	2:52:21.3
89.	238	Robert FRY	m		Unattached - Wigan	1:25:16.5	1:27:19.4	2:52:35.9
90.	566	Nick PAPE	m	Vet 40	Derby Tri Club	1:32:35.9	1:22:15.4	2:54:51.3
91.	215	Roger HARRISON	m	Vet 50	Cheshire Hash House Harri	1:25:49.0	1:29:19.3	2:55:08.4
92.	623	Ed BASTERFIELD	m		BastyPro Running Team	1:26:42.7	1:28:32.3	2:55:15.1
93.	274	Robert FOSTER	m	Vet 40	North Shields Polly	1:29:29.9	1:26:00.5	2:55:30.5
94.	380	Darren GILLMAN	m	Vet 40	Cambridge & Coleridge	1:26:51.9	1:29:00.5	2:55:52.4
95.	113	Dominic POPE	m	Vet 40	Unattached : Ulverston	1:27:23.1	1:28:36.9	2:56:00.0
96.	654	Jonathan WATT	m	Vet 50	Unattached : Altrincham	1:27:04.8	1:30:17.7	2:57:22.5
97.	56	Rob WALKER	m	Vet 50	Unattached - Bacup	1:29:35.6	1:28:08.2	2:57:43.8

98.	207	Nigel WOLSTENHOLME	m		Unattached - Manchester	1:29:22.8	1:28:23.5	2:57:46.4
99.	104	Richard PENNOCK	m	Vet 40	Unattached : Bridgend	1:27:25.6	1:30:29.8	2:57:55.5
100	596	Garry HOBSON	m	Vet 50	Scunthorpe & District AC	1:26:39.8	1:31:36.2	2:58:16.0
101	658	Glenn CUNDY	m	Vet 40	Unattached - Warrington	1:28:00.8	1:30:18.9	2:58:19.7
102	631	Tom ROBINSON	m		Unattached : Poulton Le Fy	1:25:12.5	1:33:13.0	2:58:25.5
103	252	Robert MYATT	m	Vet 50	Unattached - Stoke-on-Tre	1:28:18.4	1:30:24.2	2:58:42.6
104	652	David COATES	m	Vet 50	Alnwick Harriers	1:27:07.0	1:33:20.5	3:00:27.5
105	562	Neil SWAINSTON	m	Vet 40	Chorlton Runners	1:29:29.0	1:31:20.1	3:00:49.2
106	457	Chris MARRITT	m		Unattached : Altrincham	1:26:33.0	1:34:22.7	3:00:55.8
107	488	Peter DOBBS	m		Unattached : Milton Keyne	1:27:20.4	1:34:20.1	3:01:40.6
108	338	Stuart TILL	m	Vet 40	ua Caton	1:29:42.9	1:32:03.7	3:01:46.7
109	250	Mark JESSON	m	Vet 40	Pendle Forest Orienteers	1:28:50.6	1:33:12.9	3:02:03.6
110	132	Mark FIDLER	m	Vet 40	Delamere Spartans	1:30:17.4	1:32:44.2	3:03:01.6
111	219	Stephen DRAPER	m		Unattached : Chorley	1:29:39.0	1:36:24.6	3:06:03.7
112	508	Frank TIPPIN	m	Vet 50	Unattached - Southport	1:25:35.2	1:40:30.2	3:06:05.4
113	604	Paddy MCDONALD	m	Vet 60	Haddington & E Lothian Pa	1:30:09.1	1:36:34.6	3:06:43.7
114	510	Michael RAFFERTY	m		Unattached : Cremlington	1:31:03.3	1:38:05.1	3:09:08.4
115	122	Shaun JOUGHIN	m	Vet 40	Unattached - Guisborough	1:30:03.8	1:40:18.6	3:10:22.5
116	472	David RAMPTON	m	Vet 60	Unattached - London	1:33:23.3	1:38:00.5	3:11:23.8
117	526	David LUNAN	m	Vet 60	Unattached - Leyland	1:34:15.5	1:39:00.4	3:13:15.9
118	483	Wayne SINGLETON	m		Unattached - Barrow in Fu	1:36:57.7	1:38:21.9	3:15:19.6
119	254	William GRAYSON	m	Vet 50	Unattached - Manchester	1:31:29.2	1:44:35.3	3:16:04.5
120	135	Kevin MATHER	m	Vet 50	Unattached - Warrington	1:36:40.4	1:39:49.2	3:16:29.6
121	202	Igal NAGAR	m	Vet 50	Unattached : Sutton Coldfi	1:33:54.6	1:44:19.1	3:18:13.7
122	123	Ross SINGLETON	m	Vet 50	Unattached - Bristol	1:37:11.0	1:41:58.6	3:19:09.7
123	634	Kevin BURSE	m	Vet 40	Unattached : Staines	1:37:20.6	1:41:51.5	3:19:12.2
124	381	Andrew TRAVIS	m	Vet 40	Unattached - Lancaster	1:38:09.9	1:41:32.7	3:19:42.7
125	460	Christopher ROBB	m	Vet 40	Unattached - Glasgow	1:40:35.7	1:39:39.9	3:20:15.7
126	282	Stephen CURRY	m	Vet 50	Elswick Harriers	1:36:49.0	1:43:27.3	3:20:16.4
127	97	Ian COOPER	m	Vet 40	Unattached Whitley bay	1:38:03.8	1:43:20.1	3:21:24.0
128	115	Stuart WHITTAKER	m	Vet 50	Hartlepool Burn Road Harr	1:43:29.0	1:40:22.4	3:23:51.4
129	194	Stuart ROME	m		Unattached - Carlisle	1:41:55.7	1:43:59.2	3:25:55.0
130	167	Andrew TAN	m		Unattached - Cheadle	1:45:32.6	1:40:34.1	3:26:06.7
131	10	Andrew WOOD	m	Vet 40	Unattached : Leigh-on-Sea	1:42:09.0	1:44:02.0	3:26:11.0
132	553	David WEST-WATSON	m	Vet 60	Unattached : Rhosneigr	1:39:07.0	1:47:25.1	3:26:32.2
133	343	Stephen BROHAN	m	Vet 40	Unattached - Worcester	1:40:58.0	1:45:50.2	3:26:48.2
134	133	Paul FELTON	m	Vet 40	Valley Striders, Leeds	1:43:49.9	1:45:00.2	3:28:50.1
135	352	Steven ALLIN	m	Vet 50	Unattached : Chorley	1:49:18.1	1:41:06.6	3:30:24.7
136	484	Andy HOLOHAN	m	Vet 40	Unattached - Harrogate	1:46:09.4	1:45:56.9	3:32:06.3
137	554	Mark EVERINGTON	m	Vet 60	Unattached - Hebden Bridg	1:46:22.6	1:45:47.9	3:32:10.5
138	692	Stephen WEBSTER	m	Vet 50	Unattached - Huddersfield	1:32:47.3	1:59:37.7	3:32:25.0
139	225	Dave MANGAN	m	Vet 50	Penny Lane Striders	1:44:18.5	1:49:24.6	3:33:43.1
140	482	Chris CHADWICK	m	Vet 40	Unattached : Hull	1:47:45.3	1:46:01.8	3:33:47.1
141	350	Richard WHEATLEY	m	Vet 40	Redhill Road Runners	1:43:43.9	1:50:29.1	3:34:13.0
142	577	Matt MUSTOE	m		Unattached	1:44:15.0	1:51:00.0	3:35:15.1
143	124	Matt CARTER	m	Vet 40	Unattached : Berkhamsted	1:44:16.6	1:51:15.9	3:35:32.5
144	119	Greg SWINBOURNE	m	Vet 40	Hartlepool Burn Road Harr	1:45:44.1	1:50:05.8	3:35:50.0
145	54	David CHALMERS	m	Vet 60	Unattached : Symington	1:35:01.4	2:01:54.8	3:36:56.3
146	148	Sean BACKHOUSE	m	Vet 40	Unattached : Selby	1:46:31.9	1:52:08.5	3:38:40.4
147	144	Richard POYNTON	m	Vet 40	Unattached - Wigan	1:48:17.4	1:51:44.3	3:40:01.7

148	346	Michael SCOTT	m	Vet 50	ua Stockton on Tees	1:49:11.2	1:51:22.7	3:40:34.0
149	452	Ben VILES	m		Unattached - Liverpool	1:42:52.4	1:57:45.8	3:40:38.3
150	160	Gavin SPICKETT	m	Vet 50	Tynedale Harriers	1:46:57.6	1:56:23.1	3:43:20.7
151	469	Rob FORDHAM	m		Unattached - Glasgow	1:52:19.5	1:51:33.3	3:43:52.9
152	153	Alison BELFORD	m	Vet 50	Formby Stormers	1:49:38.5	1:54:38.1	3:44:16.6
153	173	David CASSELS	m	Vet 50	Rockart Runners	1:47:54.6	1:59:34.2	3:47:28.8
154	245	Kev KENDAL	m	Vet 40	Howgill Harriers	1:51:03.4	1:59:18.4	3:50:21.9
155	286	Timothy SHEPHERD	m	Vet 40	Alnwick Harriers	1:52:00.3	2:00:32.3	3:52:32.6
156	523	Andrew THOMPSON	m		Unattached - Coventry	1:55:14.7	1:58:35.3	3:53:50.1
157	242	Anthony JENNER	m	Vet 40	Unattached - Sunderland	1:55:56.8	2:01:26.5	3:57:23.4
158	185	Guillaume SLEE	m		Unattached :Timperley	1:25:53.7	2:31:33.8	3:57:27.6
159	283	Mark HUME	m	Vet 60	Alnwick Harriers	2:00:34.5	2:02:34.8	4:03:09.4
160	55	Gerald BRADLEY	m	Vet 40	Unattached : West Cornfor	2:04:08.0	1:59:22.5	4:03:30.5
161	239	Vince KELLY	m	Vet 40	Leverets	2:14:04.6	2:19:15.6	4:33:20.2
162	497	Steven HAMBLETT	m	Vet 40	Unattached - Warrington	2:15:45.8	2:20:38.7	4:36:24.5
163	129	Carl LOCKWOOD	m	Vet 50	Unattached : Leeds	2:29:40.3	2:22:44.0	4:52:24.3
164	498	David TOTH	m	Vet 40	Unattached Durham	2:20:25.3	2:42:31.5	5:02:56.9

Pos	Bib	Name	F	Age Cat	Club	Helvellyn	Ullswater	Time
f								
1.	557	Emma BUCKLAND	f	Lady Vet 40	Cambridge & Coleridge	1:11:58.0	1:12:58.9	2:24:57.0
2.	474	Helen SMITH	f		Unattached	1:11:05.9	1:14:50.9	2:25:56.9
3.	505	Janice HIGGINSON	f		Elswick Harriers	1:17:53.1	1:19:03.6	2:36:56.7
4.	580	Lindsay WALKER	f		Unattached - Whitehaven	1:19:30.8	1:24:38.5	2:44:09.4
5.	233	Leanne JACKSON	f		Unattached : Millom	1:21:56.8	1:22:48.0	2:44:44.8
6.	575	Renata RUSZKIEWICZ	f	Lady Vet 50	Ealing Eagles	1:20:49.0	1:25:54.5	2:46:43.6
7.	675	Maggie DAVIES	f		ua Fraserburgh	1:21:48.3	1:25:45.3	2:47:33.6
8.	578	Shirley STAVELEY	f	Lady Vet 50	Burnden Road Runners	1:22:29.2	1:25:25.9	2:47:55.2
9.	671	Stephanie GOODCHILD	f	Lady Vet 40	Manchester YMCA	1:22:16.7	1:26:31.7	2:48:48.4
10.	611	Sara HABIB	f		Kenilworth Runners	1:21:43.6	1:30:38.7	2:52:22.3
11.	266	Ruth DODWELL	f		Unattached - Lancaster	1:24:13.9	1:28:30.4	2:52:44.3
12.	641	Anna BLACKBURN	f	Lady Vet 50	CFR	1:24:45.8	1:28:18.1	2:53:03.9
13.	625	Michelle TONES	f	Lady Vet 40	Unattached - Leeds	1:24:34.4	1:28:37.3	2:53:11.8
14.	565	Katherine CARMEN	f		Unattached : Felton	1:26:15.2	1:27:14.8	2:53:30.0
15.	269	Alison ALLEN	f	Lady Vet 50	Burnham Joggers	1:22:59.1	1:31:35.2	2:54:34.3
16.	276	Clare FOGDEN	f		Unattached - Manchester	1:24:27.8	1:30:32.2	2:55:00.1
17.	612	Hayley MASON	f		Roundhay Runners	1:26:20.5	1:29:28.3	2:55:48.8
18.	518	Delphine HORODYSKI	f		Mornington Chasers	1:25:36.8	1:31:06.5	2:56:43.4
19.	379	Katie SAMUELSON	f		Cambridge & Coleridge	1:28:04.9	1:30:07.8	2:58:12.7
20.	275	Karen FOSTER	f	Lady Vet 40	North Shields Polly	1:28:20.3	1:31:09.1	2:59:29.5
21.	475	Anna ANDERSON	f		Unattached - Edinburgh	1:25:29.4	1:34:16.4	2:59:45.8
22.	359	Anne CASPI	f	Lady Vet 50	Mornington Chasers	1:22:03.1	1:38:10.2	3:00:13.3
23.	311	Denise DRUMMOND	f	Lady Vet 40	Alnwick Harriers	1:26:01.7	1:35:26.8	3:01:28.5
24.	513	Katie GREAVES	f		Chorlton Runners	1:26:58.1	1:34:53.2	3:01:51.4
25.	316	Sue BOLAM	f	Lady Vet 50	Alnwick Harriers	1:27:14.7	1:35:26.6	3:02:41.4
26.	603	Amy FISHER	f		Garstang Running club	1:30:55.3	1:32:25.3	3:03:20.6
27.	581	Paula Marie ABERNETHY	f	Lady Vet 40	Unattached : Bury	1:28:40.5	1:35:23.3	3:04:03.9
28.	583	Ann-Marie MCGILVRAY	f	Lady Vet 40	Rochdale Harriers	1:28:40.8	1:35:23.7	3:04:04.5
29.	200	Fiona JOHNSTON	f	Lady Vet 40	Parbold Pink Panthers	1:28:25.6	1:35:45.1	3:04:10.7
30.	197	Emma DENT	f		Unattached - Kendal	1:31:10.6	1:34:42.0	3:05:52.7

31.	616	Ann CHIVERS	f		Roundhay Runners	1:30:40.6	1:37:00.6	3:07:41.3
32.	99	Kirsten DU TERTRE	f		Unattached : Surrey	1:31:06.8	1:37:00.2	3:08:07.0
33.	117	Laura IRVING	f		Unattached - Newcastle	1:31:13.4	1:37:16.5	3:08:30.0
34.	503	Helen LITTLE	f	Lady Vet 40	Unattached	1:33:49.2	1:35:56.8	3:09:46.0
35.	195	Ginny NEWMAN	f	Lady Vet 50	Unattached - Manchester	1:33:14.0	1:36:37.9	3:09:51.9
36.	571	Diane HAMBLETT	f	Lady Vet 40	Unattached - Warrington	1:34:20.9	1:35:38.7	3:09:59.6
37.	9	Clare LAYBOURN	f	Lady Vet 40	Unattached - Edinburgh	1:33:55.8	1:36:11.5	3:10:07.4
38.	98	Claire BLANCHFORD	f		Unattached : Peterborough	1:32:29.4	1:37:38.3	3:10:07.7
39.	558	Laura BOOTHMAN	f		London Heathside	1:32:23.6	1:37:47.4	3:10:11.1
40.	120	Charlotte LOGIE	f		Unattached : Aston	1:31:47.1	1:38:28.2	3:10:15.4
41.	365	Viv SAMUELSON	f		Swinton Running Club	1:35:30.9	1:34:58.5	3:10:29.4
42.	476	Rachel HEATHCOTE	f		Hunters Bog Trotters	1:36:22.2	1:34:43.6	3:11:05.9
43.	273	Louise LANGMEAD	f	Lady Vet 40	Unattached - London	1:33:15.2	1:38:05.2	3:11:20.5
44.	522	Pella FROST	f		Unattached - London	1:34:07.6	1:37:24.4	3:11:32.1
45.	520	Louisa PHILLIPS	f		Unattached - Manchester	1:30:46.5	1:41:59.2	3:12:45.7
46.	630	Denise WALKER	f	Lady Vet 50	Unattached : York	1:35:29.1	1:39:01.1	3:14:30.2
47.	221	Catherine POTTS	f		Unattached : Newton le W	1:37:07.1	1:38:18.8	3:15:26.0
48.	589	Christine LOUGHRAN	f	Lady Vet 40	Unattached : Stoke On Tre	1:35:47.7	1:39:42.9	3:15:30.7
49.	303	Mary PLUMLEY	f	Lady Vet 40	Alnwick Harriers	1:33:54.9	1:41:38.1	3:15:33.0
50.	626	Ailsa ROWLES	f		Hermitage Harriers	1:32:35.8	1:43:24.1	3:16:00.0
51.	118	Nichola SWINBOURNE	f		Hartlepool Burn Road Harr	1:35:54.0	1:40:21.7	3:16:15.8
52.	249	Jo FALCONER	f		Fellside Ladies	1:38:24.8	1:38:44.2	3:17:09.0
53.	240	Emma BOYD	f		Fellside Ladies	1:38:24.9	1:38:44.1	3:17:09.0
54.	645	Stef LUNN	f		Kenilworth Runners	1:20:59.3	1:57:12.6	3:18:11.9
55.	685	Sandra WILLIAMS	f	Lady Vet 40	Meirionnydd RC	1:36:19.8	1:42:10.1	3:18:29.9
56.	507	Susan TIPPIN	f	Lady Vet 50	Unattached - Southport	1:38:01.0	1:40:30.9	3:18:31.9
57.	598	Alexandra BURNS	f		Roundhay Runners	1:36:39.1	1:42:02.5	3:18:41.6
58.	317	Maureen BARTRUM	f	Lady Vet 40	Alnwick Harriers	1:38:21.1	1:40:57.5	3:19:18.6
59.	222	Catherine Clennett	f			1:40:08.1	1:40:18.0	3:20:26.1
60.	138	Nicky JEFFREY	f	Lady Vet 50	Tynedale Harriers	1:39:11.3	1:42:20.5	3:21:31.9
61.	462	Julia FIDLER	f	Lady Vet 40	Unattached : Ellesmere Po	1:36:50.2	1:45:34.5	3:22:24.8
62.	486	Rebecca ROBSON	f		Unattached : Warminster	1:32:54.1	1:49:32.7	3:22:26.8
63.	458	Deborah HAWKER	f	Lady Vet 40	Ellesmere Port Running Clu	1:38:01.1	1:44:47.8	3:22:49.0
64.	278	Jenny SIMPSON	f		North Shields Polly	1:29:50.3	1:53:10.3	3:23:00.7
65.	159	Marie BAINBRIDGE	f		Unattached	1:38:24.6	1:45:35.0	3:23:59.6
66.	480	Ruth MORGAN	f		Unattached - Edinburgh	1:41:49.2	1:42:23.6	3:24:12.9
67.	467	Helen WHITEHOUSE	f	Lady Vet 50	Dallam RC	1:38:31.8	1:46:07.8	3:24:39.7
68.	312	Morag Donoghue	f		Alnwick Harriers	1:39:09.5	1:45:39.7	3:24:49.3
69.	471	Victoria CARTER	f		Unattached : Ashton-Unde	1:41:07.0	1:43:52.1	3:24:59.1
70.	313	Carol DAVISON	f	Lady Vet 40	Alnwick Harriers	1:41:53.8	1:45:15.5	3:27:09.3
71.	525	Amanda HALL	f		ua North Shields	1:34:18.3	1:53:10.3	3:27:28.7
72.	363	Lucy BARNES	f		Unattached - Lancaster	1:40:12.2	1:47:26.6	3:27:38.9
73.	134	Gillian FELTON	f	Lady Vet 40	Valley Striders, Leeds	1:41:36.6	1:46:52.9	3:28:29.6
74.	369	Nancy MELROSE	f	Lady Vet 40	Unattached : Chorley	1:43:33.3	1:45:19.9	3:28:53.3
75.	348	Philippa MOORSE	f		Nidd Valley Road Runners	1:42:10.2	1:47:41.0	3:29:51.3
76.	491	Angela COLES	f	Lady Vet 40	Unattached	1:41:20.0	1:48:45.5	3:30:05.6
77.	92	Penny HILL	f	Lady Vet 40	Roundhay Runners	1:41:36.4	1:48:39.4	3:30:15.9
78.	237	Pauline SHEARER	f	Lady Vet 40	Unattached - Runcorn	1:41:46.6	1:49:14.6	3:31:01.2
79.	684	Emily BEAUMONT	f		Unattached Darlington	1:45:46.1	1:45:28.1	3:31:14.3
80.	372	Janice ALLAN	f	Lady Vet 50	Unattached - Dumfries	1:41:36.5	1:50:23.3	3:31:59.8

81.	130	Emily ALSTON	f		Edinburgh Running Netwo	1:45:05.3	1:47:33.5	3:32:38.8
82.	106	Rose EGAN	f	Lady Vet 50	Unattached : West Kirby	1:44:01.0	1:50:00.0	3:34:01.0
83.	161	Julie WAREING	f	Lady Vet 40	Unattached : Chorley	1:46:44.3	1:48:07.5	3:34:51.9
84.	370	Jan RAYNER	f	Lady Vet 40	Roundhay Runners	1:44:10.3	1:50:46.0	3:34:56.3
85.	182	Shirley CONNER	f	Lady Vet 40	Unattached Darlington	1:47:21.7	1:48:23.1	3:35:44.8
86.	183	Kate SCHWEIZER	f	Lady Vet 40	Quakers Running Club	1:47:21.9	1:48:22.9	3:35:44.9
87.	556	Sheela KENNEDY	f		Kenilworth Runners	1:39:21.6	1:57:12.2	3:36:33.8
88.	485	Kate LEE	f		Unattached - Manchester	1:47:06.5	1:49:32.9	3:36:39.5
89.	206	Michelle MCCRORY	f		Unattached - Manchester	1:45:09.1	1:53:02.2	3:38:11.3
90.	189	Jane MARSHALL	f	Lady Vet 40	Unattached - York	1:50:09.4	1:49:27.7	3:39:37.2
91.	126	Frances TOMLIN	f		Unattached - Edinburgh	1:47:23.4	1:53:53.7	3:41:17.1
92.	8	Tina MILLER	f	Lady Vet 50	GRC Tri	1:47:23.4	1:53:53.8	3:41:17.2
93.	466	Gillian BRIGHTWELL	f	Lady Vet 50	Wellingborough & District	1:43:19.9	1:58:20.6	3:41:40.6
94.	220	Erin BOLTON	f	Lady Vet 40	Unattached : Oswaldtwistl	1:48:37.6	1:53:15.5	3:41:53.2
95.	6	Elizabeth SLOAN	f	Lady Vet 40	Glasgow Running Network	1:52:42.9	1:49:51.8	3:42:34.8
96.	315	Helen BURN	f	Lady Vet 40	Alnwick Harriers	1:44:32.8	1:58:02.3	3:42:35.2
97.	465	Lois TACK	f		North Shields Polly	1:49:33.8	1:53:10.0	3:42:43.8
98.	519	Sylvie HEATH	f		North Shields Polly	1:49:33.9	1:53:10.0	3:42:44.0
99.	464	Gemma THOMPSON	f		North Shields Polly	1:49:34.0	1:53:10.2	3:42:44.3
100.	166	Ann LISTER	f	Lady Vet 60	Glasgow Running Network	1:52:41.5	1:50:08.9	3:42:50.4
101.	105	Beverley HUGHES	f	Lady Vet 50	Crosby Stormers	1:50:19.4	1:53:07.7	3:43:27.2
102.	470	Steph FIELD	f		Unattached - Glasgow	1:52:20.3	1:51:33.7	3:43:54.0
103.	155	Jennifer WILLIAMS	f	Lady Vet 50	Stormers	1:49:37.9	1:54:37.8	3:44:15.8
104.	453	Jan PHILLIPS	f		Unattached : Near Oswest	1:42:11.9	2:02:56.9	3:45:08.9
105.	214	Jane WHEATLEY	f	Lady Vet 40	Unattached : Nottingham	1:49:33.1	1:57:47.7	3:47:20.9
106.	361	Amy CALDERBANK	f		Unattached : Chorley	1:51:50.4	1:55:30.5	3:47:20.9
107.	174	Lorna GAMBERINI	f	Lady Vet 50	Rocktart Runners	1:47:54.7	1:59:34.6	3:47:29.4
108.	368	Sharon SUTCLIFFE	f	Lady Vet 40	Unattached : Chorley	1:51:52.4	1:56:20.9	3:48:13.4
109.	568	Joanne BAKER	f	Lady Vet 50	Unattached : Whaley Bridg	1:48:55.6	2:00:49.6	3:49:45.2
110.	569	Patricia JUSTIN	f	Lady Vet 50	High Peak Tri Club	1:48:55.8	2:00:49.6	3:49:45.5
111.	570	Elizabeth BROOKS	f	Lady Vet 40	High Peak Tri Club	1:48:55.8	2:00:49.7	3:49:45.6
112.	524	Heather THOMPSON	f		Unattached - Coventry	1:52:22.0	1:57:40.1	3:50:02.2
113.	354	Eilidh SIMPSON	f	Lady Vet 50	Unattached : East Kilbride	1:50:18.4	1:59:45.8	3:50:04.3
114.	306	Rachel MCCOY	f		Alnwick Harriers	1:34:59.7	2:16:59.8	3:51:59.6
115.	366	Amanda BENSON	f		Unattached : Leeds	1:55:22.0	1:57:14.0	3:52:36.1
116.	267	Lindsey HIGHAM	f	Lady Vet 40	Lancaster & Morcambe AC	1:57:01.1	1:58:51.0	3:55:52.1
117.	478	Elizabeth GARTSHORE	f	Lady Vet 60	Pensby Running Club	1:54:33.5	2:02:04.4	3:56:37.9
118.	243	Giselle DUDLEY	f	Lady Vet 50	Unattached - Sunderland	1:55:56.8	2:01:26.5	3:57:23.4
119.	108	Charlotte HAINES LYON	f	Lady Vet 40	ua Selby	1:58:24.5	1:58:59.1	3:57:23.6
120.	145	Rosalind DYDE	f	Lady Vet 50	Winston Runners	1:54:10.8	2:03:30.4	3:57:41.2
121.	136	Carron LANE	f	Lady Vet 50	Winston Runners	1:54:28.8	2:03:53.4	3:58:22.2
122.	229	Sharon WHITE	f	Lady Vet 40	Unattached - Kendal	1:56:08.8	2:02:43.8	3:58:52.6
123.	301	Laura RICE	f		Alnwick Harriers	1:55:44.0	2:04:20.4	4:00:04.4
124.	271	Angela SALTER	f		Unattached : lianymyneck	1:57:47.5	2:02:56.9	4:00:44.4
125.	172	Caroline VITTY	f	Lady Vet 50	Unattached - Liverpool	2:00:12.1	2:01:33.5	4:01:45.6
126.	205	Caroline KENYON	f	Lady Vet 50	Unattached - Liverpool	2:00:12.4	2:01:33.9	4:01:46.3
127.	272	Paula SWAN	f	Lady Vet 40	Unattached - Dumfries	1:56:05.9	2:06:14.8	4:02:20.8
128.	378	Lucy MAGGIORI	f	Lady Vet 40	Unattached - Dumfries	1:57:15.4	2:09:16.4	4:06:31.8
129.	304	Rhona LAWSON	f		Alnwick Harriers	1:53:40.5	2:17:00.0	4:10:40.5
130.	112	Jeanette MCCORMACK	f	Lady Vet 50	Crosby Stormers	2:01:15.7	2:10:44.1	4:11:59.9

131	111	Marie CAVEEN	f	Lady Vet 60	Crosby Stormers	2:08:10.8	2:10:44.6	4:18:55.5
132	364	Alison NORDON	f	Lady Vet 40	Unattached : Paisley	2:09:39.4	2:10:19.7	4:19:59.2
133	492	Maxine GRIMSHAW	f	Lady Vet 50	WalkB4Urun	2:13:09.9	2:10:24.3	4:23:34.2
134	156	Maureen KELLY	f	Lady Vet 40	Leverets	2:14:04.6	2:19:15.6	4:33:20.3
135	309	Angie EMBLETON	f	Lady Vet 40	Alnwick Harriers	2:37:36.5	2:16:59.5	4:54:36.1
136	305	Kate LAWSON	f		Alnwick Harriers	2:37:36.5	2:20:13.4	4:57:50.0
137	499	Rachel PEEL	f	Lady Vet 40	Unattached Durham	2:20:25.3	2:42:31.3	5:02:56.6
138	500	Christine WINCH	f		Unattached : South Tyneside	2:25:31.5	2:52:23.6	5:17:55.2