Lakeland Trails 2012 Dirty Double 10km

Name	Club	Category	Helvellyn	Ullswater	Total	
SMITH, Will	Helm Hill		0:36:38	0:45:26	1:22:04	
ANDERSON, Steve	Tewkesbury AC	Vet50	0:46:48	1:00:24	1:47:12	
THORNTON, Shaun	Unattached : Barnard Castle	Vet40	0:47:43	1:03:14	1:50:57	
BERGER, Harry	Unattached : Eskdale	Vet40	0:53:06	1:09:56	2:03:02	
CARTMELL, Tony	Unattached : Poulton Le Fylde	Vet40	0:53:19	1:13:10	2:06:29	
GREEN, Duncan	Unattached : Marple		0:54:44	1:14:51	2:09:35	
NELSON, Finlay	Unattached : Stamford	Vet50	1:00:53	1:18:38	2:19:31	
LODGE, Kat	Unattached : Normanton		1:03:18	1:17:00	2:20:18	
JONES, Jacq	Run England		1:00:25	1:23:17	2:23:42	
TURNER, Louisa	Unattached - Huddersfield	LadyVet40	1:03:14	1:24:06	2:27:20	
STEAD, Debbie	Unattached - Holmfirth	LadyVet40	1:04:02	1:25:06	2:29:08	
ADAMS, Anna	Unattached : melton Mowbury	LadyVet50	1:08:22	1:32:48	2:41:10	
STANLEY, Martin	Quaysiders	Vet40	1:09:53	1:32:40	2:42:33	
VLIES, Ben	Unattached - Liverpool		1:04:42	1:46:38	2:51:20	
VLIES, Ruth	Unattached - Liverpool		1:22:26	1:46:38	3:09:04	
MARTIN, Heidi	St Bees Triers		1:30:14	1:57:06	3:27:20	